

Granulocyte-Macrophage Colony Stimulating Factor As an Indirect Mediator of Nociceptor Activation and Pain

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The interaction between the immune system and the nervous system has been at the center of multiple research studies in recent years. Whereas the role played by cytokines as neuronal mediators is no longer contested, the mechanisms by which cytokines modulate pain processing remain to be elucidated. In this study, we have analyzed the involvement of granulocyte-macrophage colony stimulating factor (GM-CSF) in nociceptor activation in male and female mice. Previous studies have suggested GM-CSF might directly activate neurons. However, here we established the absence of a functional GM-CSF receptor in murine nociceptors, and suggest an indirect mechanism of action, via immune cells. We report that GM-CSF applied directly to magnetically purified nociceptors does not induce any transcriptional changes in nociceptive genes. In contrast, conditioned medium from GM-CSF-treated murine macrophages was able to drive nociceptor transcription. We also found that conditioned medium from nociceptors treated with the well established pain mediator, nerve growth factor, could also modify macrophage gene transcription, providing further evidence for a bidirectional crosstalk.

Key words: chronic pain; GM-CSF; neuroimmune interaction

Significance Statement

The interaction of the immune system and the nervous system is known to play an important role in the development and maintenance of chronic pain disorders. Elucidating the mechanisms of these interactions is an important step toward understanding, and therefore treating, chronic pain disorders. This study provides evidence for a two-way crosstalk between macrophages and nociceptors in the peripheral nervous system, which may contribute to the sensitization of nociceptors by cytokines in pain development.

Introduction

Chronic pain is a debilitating condition affecting large numbers of people (Phillips, 2009), with the prevalence in Europe estimated to be ~20% (Breivik et al., 2006). More surprising perhaps

is that >50% of those suffering do not respond or get effective relief with current treatments (Nicol et al., 2018). Over the last decade, considerable advances have been made toward understanding the neurobiological mechanisms underlying chronic pain, with several promising trials of new classes of drug (Brown et al., 2012; Ford, 2012; Schwertner et al., 2013).

Substantial evidence has been presented to suggest that the interaction between neurons and immune cells can result in pain-related conditions stemming from the activation of nociceptors by immune system mediators (Marchand et al., 2005; Cook et al., 2018; Hore and Denk, 2019). Cytokines are also potent neuro-modulators that are capable of activation and sensitization of nociceptors (Moalem and Tracey, 2006; Scholz and Woolf, 2007). One such mediator that we have chosen to investigate in

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this study is granulocyte-macrophage colony stimulating factor (GM-CSF).

GM-CSF has been shown to act as a proinflammatory cytokine (Hamilton, 2008). GM-CSF can enhance antigen presentation and drive macrophages into a proinflammatory phenotype that produces inflammatory cytokines such as TNF, IL-6, IL-1 β , and CCL17 (Cook et al., 2004; Fleetwood et al., 2007; Hamilton, 2008; Metcalf, 2008; Achuthan et al., 2016; Wicks and Roberts, 2016). GM-CSF signaling requires the presence of the GM-CSF receptor (CSF2R), a heterodimer made up of a low-affinity ligand binding α chain (CSF2R α) and the signal transducing β chain (CSF2R β) in a ternary complex (Hamilton, 2008; Hansen et al., 2008; Broughton et al., 2016). Downstream signaling of GM-CSF involves the Ras/MAPK pathway as well as the JAK/STAT pathway (Hansen et al., 2008; Broughton et al., 2016).

Within the CNS, GM-CSF has been shown to play a neuroinflammatory role by activating microglia (Parajul et al., 2012; Nicol et al., 2018). The expression of GM-CSFR has also been shown to be increased in infiltrating macrophages and in microglia-like cells in human spinal cord of patients with multiple sclerosis (Donatien et al., 2018). Inhibition of GM-CSF signaling was found to attenuate arthritic pain (Cook et al., 2012). Additionally, silencing GM-CSF and the gene for its receptor resulted in analgesic effects in models of bone cancer and inflammatory pain (Schweizerhof et al., 2009; Cook et al., 2013). Functional studies have shown that injection of GM-CSF into the paw of laboratory animals produces pain-related behavior (Schweizerhof et al., 2009; Achuthan et al., 2016).

However, the pathways and mechanisms behind GM-CSF mediated pain remain elusive (Wicks and Roberts, 2016). There have been claims that the receptor for GM-CSF is expressed in the peripheral nervous system, suggesting that GM-CSF could directly activate nociceptors and thereby drive pain and hyperalgesia (Schweizerhof et al., 2009; Bali et al., 2013). However, multiple recent high-throughput RNA sequencing studies suggest that neurons in the dorsal root ganglion (DRG) express the CSF2R α transcript at very low levels but do not express any CSF2R β (Thakur et al., 2014; Flegel et al., 2015; Lopes et al., 2017; Zeisel et al., 2018). Because both receptor subunits are needed for GM-CSF signaling, these datasets suggest that any effect of GM-CSF on neurons would have to be indirect, i.e., via another cell type. Many immune cells found in neuronal tissues do express appropriate receptors. Many studies of GM-CSF have to date studied systems containing multiple cell types, making it difficult to identify direct versus indirect effects.

This study addresses this discrepancy and seeks to elucidate the mechanism behind the activation of nociceptors by GM-CSF. It demonstrates that GM-CSF can exert an indirect effect on nociceptors via macrophages. We show that pain-related genes are transcriptionally upregulated by conditioned media from bone marrow-derived macrophages (BMDMs) treated *in vitro* with GM-CSF. Hence, although GM-CSF may be incapable of directly activating nociceptors, it can do so indirectly, and contribute to the algic effects of GM-CSF.

Materials and Methods

Animals. For most experiments, adult female C57BL/6J mice 6–8 weeks of age, weighing ~20–25 g were ordered from Envigo. The animals were housed with a 12 h light/dark cycle with lights on between 7:00 A.M. and 7:00 P.M. and unrestricted access to food and water. Animals were housed in groups of 4–8 and cared for in accordance to the United Kingdom Animals Scientific Procedures Act (1986).

In some experiments, adult male and female C57BL/6J mice from the Walter and Eliza Hall Institute were used. *Nav1.8-cre Csfr2rb^{fl/fl}* mice were generated by crossing the *Csfr2rb^{fl/fl}* mouse (Croxford et al., 2015) with the *Nav1.8-cre* mouse (gift from J. N. Wood, Institute for Biomedical Research, University College London, London; described by Stirling et al., 2005), i.e., mice with any GM-CSFR expression deleted in *Nav1.8⁺* neurons. Where appropriate, experiments were approved by The University of Melbourne Animal Ethics Committee.

Isolation of DRGs and their dissociation by magnetic separation. Adult female C57BL/6J mice were killed with an overdose of pentobarbital and death confirmed by decapitation. The DRG were taken from all vertebral levels as previously described (Malin et al., 2007). DRG were washed in F12 medium and then dissociated by enzymatic digestion, followed by gentle mechanical dissociation (Thakur et al., 2014). The single-cell suspension was exposed to a biotinylated non-neuronal antibody mixture (Miltenyi MACS Neuron Isolation Kit), followed by antibiotin microbeads (Miltenyi MACS Neuron Isolation Kit). Cells were then run through a LD exclusion column and placed in a QuadroMACS separator (Miltenyi Biotec) so that only neuronal cells were eluted (>95% pure neuronal cells generated). Neurons were then plated on Matrigel-coated coverslips and cultured for 48 h (5% CO₂, 95% O₂, at 37°C) in medium with different stimuli as discussed in the following sections on cell culture. For the initial set of experiments, magnetically-activated cell sorting (MACS) nociceptor cultures were prepared in parallel to traditional whole DRG cultures. These were treated for 48 h with either mouse GM-CSF (2 μ g/ml; Peprotech) or, as a positive control, mouse 2.5S nerve growth factor (NGF; 10 ng/ml; Alomone Labs).

BMDM isolation and cell culture. Adult female C57BL/6J mice were killed with pentobarbital and death confirmed by decapitation. The lower body was sterilized with 70% ethanol. The skin, muscles and fat surrounding femur, tibia, and fibula were removed, and the bones collected in cold DMEM. The bones were flushed with 5–10 ml of cold PBS and the cells collected, resuspended and plated in DMEM containing 10% FBS, 1% penicillin–streptomycin (Sigma-Aldrich) and macrophage-CSF (M-CSF; CSF-1; PeproTech). Cultures were maintained for 1 week at 37°C (5% CO₂/95% O₂). Once confluent, cells were incubated with non-enzymatic cell dissociation buffer (Millipore) at 37°C for 10 min, scraped carefully and re-plated at a density of 30,000–50,000 cells per well in DMEM containing M-CSF. Twenty-four hours later, the medium was replaced with M-CSF-free medium and cells were treated with either GM-CSF (2 μ g/ml) or LPS (100 ng/ml) for 48 h.

Cross stimulation of nociceptor and BMDM cultures. To look for indirect effects of mediators on pure nociceptors and BMDMs, MACS-sorted neurons and BMDMs were cultured for 48 h with either media alone, GM-CSF, or, as a positive control, NGF (for neurons) or LPS (for BMDMs). Forty-eight hours later, fresh cultures of MACS-sorted neurons and BMDMs were plated, as described. Supernatants from the neurons treated for 48 h were added to the fresh BMDM cultures, and similarly supernatants from the BMDMs treated for 48 h were added to the fresh neuron cultures. Supernatants were centrifuged to remove any cells and then 1 ml was added to the respective wells. These were further cultured for 24 h, following which cells were taken for RNA extraction and gene expression analysis.

RNA extraction and TaqMan qPCR array cards. In each of the experiments, cells were lysed and RNA was extracted from cultured whole DRG and MACS-sorted DRG samples using the RNeasy microkit (Qiagen) following the manufacturer's protocol with some minor modifications. RNA integrity was assessed on the Agilent 2100 Bioanalyzer Pico Chip (Agilent). The RNA integrity number (RIN) for each of the samples used was >8. Samples with a RIN of <8 were not used for qPCR analysis. Following RNA extraction, the samples were amplified and reverse transcribed using the Repli-g WTA single-cell amplification kit (Qiagen). The cDNA was used for gene expression analysis by using the TaqMan custom-made microfluidic array cards (ThermoFisher). These custom-made cards were designed in-house and contained primers and probes to detect 45 test genes as well as three housekeeping genes for reference [*18S*, *GAPDH*, and *Ywhaz* (*B2M* in macrophage card)]. Three types of cards were used in this study. The first card, used to look for differences between whole DRG and MACS-sorted samples, contained probe sets for a

Table 1. Genes probe sets present on qPCR array cards

A		B		C	
Adcyap1	Tac1	Gapdh	Sfpq	Arg1	Il4ra
Atf3	Trpa1	Ywhaz	Scn10a	B2m	Il6
Bdnf	Trpv1	Hbb	Calca	Gapdh	Irf4
Cacna2d1	Gapdh	Fabp7	Hoxb5	Cd17	Irf5
Calca	Ywhaz	Sox10	Kcnt1	Cd22	Mertk
Ccl2	Il6st	CCL21b	Scn4a	Cd24	Mmp9
Nos1	Ccl4	Csf1	Prdm12	Ccr2	Nfkibz
Vgf	Il6	Il34	Gamt	Ccr6	Nos2
Gal	Il11	Gap43	Prmt8	Cd19	Ppard
Gch1	Stat3	Gal	Ngf	Fcgr1	Pparg
18S	Tnf	18S	Areg	18S	Ptgs2
Ngf	Tlr4	Bdnf	Il6	Chil3	Retnlb
Ngfr	Il1b	Sema6a	Vgf	Cybb	Sbno2
Npy	Ccl3	Npy	Dpysl5	Foxp3	Socs1
Ntrk1	Ccl5	Nts	Jak2	Gata3	Socs2
Ntrk2	Cxcl12	Npy2r	Srrm4	Gata6	Socs3
Ntrk3	Il18	Star	Camk1	Ido1	Sox10
Oprm1	Areg	Adam8	Usp18	Ilfn3	Stat1
P2rx3	Csf1	Casp3	Ntrk1	Il10	Stat6
P2rx4	Csf3	Atf3	Ucn	Il12a	Tbx21
Il6ra	Csf2ra	Cacna2d1	Jun	Il1b	Dpysl5
Scn10a	Ccl20	P2rx3	Anxa1	Il22	Tgfb2
Scn11a	Il17a	Kcnmb1	Ngfr	Il27	Tnf
Scn9a	Ereg	Dnm3	Tnfsf12	Il4	Nfil3

A, Genes represented on a DRG card. B, Genes represented on an axotomy card. C, Genes represented on a macrophage card.

mixture of neuronal and non-neuronal genes known to be present in the DRG that can be activated by NGF and other mediators. These include genes such as *TRPVI* and *TRPA1*, ion channels widely expressed on neuronal cells known to be involved in nociception (Caterina and Julius, 2001; Bevan et al., 2014; Huang et al., 2017). In addition, the array card contained probe sets for some cytokine and chemokine genes. The second card contained probe sets for genes that are known to be specifically involved in axotomy and pain-related behavior. These included neuropeptides, such as galanin and neuropeptide Y, known for their role in nociception (Kerr et al., 2000; Brothers and Wahlestedt, 2010), proteins such as annexin 1 and ADAM8 known for their role in modulating inflammatory pain (Schlomann et al., 2000; Chen et al., 2014) in addition to other markers associated with pain such as CSF-1, BDNF, and NGF. Finally, the third card contained probe sets for genes that are present in macrophages. They include canonical inflammatory mediators such as IL6, TNF, and CCL17 (Laskin, 2009). The transcripts measured by each card are given in Table 1.

Each cDNA sample was quantified using a Qubit BR ssDNA assay kit and diluted in PCR grade water to a final concentration of 6 ng/ μ l. This was added to TaqMan Universal 2x Master mix (ThermoFisher) to achieve a final volume of 100 μ l. TaqMan array cards were run on a 7900HT Fast Real-Time PCR system (Applied Biosystems) and gene expression calculated using the ddCT method (normalizing each sample to the average of the three housekeeping genes and then to their respective internal controls, usually the unstimulated/untreated samples). Samples with cycling thresholds of 40 in the unstimulated conditions were not included in the analysis.

Measurement of $[Ca^{2+}]_i$ in DRG neuron. Mouse DRG neurons were dissociated from whole DRGs as previously described (Rajasekhar et al., 2015) and plated onto coverslips coated with poly-L-lysine and 100 μ g/ml laminin. The DRG neurons were maintained in DMEM containing antibiotic-antimitotic, 10% FBS, and N-1 supplement at 37°C (5% CO₂/95% O₂) for 24 h. The DRG neurons were loaded with Fura-2/AM ester (5 μ M, 45 min, 37°C) in calcium assay buffer (10 mM HEPES, 0.5% BSA, 10 mM [SCAP] [SCAP]D [SCAP]-glucose, 2.2 mM CaCl₂·6H₂O, 2.6 mM KCl, 150 mM NaCl) containing 4 mM probenecid and 0.05% pluronic F127. Cells were washed and incubated in calcium assay buffer for 30 min before imaging. Cells were observed using a Leica DMI-6000B microscope with an HC PLAN APO 0.4 numerical aperture 10 \times objective and

maintained at 37°C. Images were collected at 1 s intervals (excitation: 340 nm/380 nm; emission: 530 nm). Cells were challenged sequentially with vehicle, GM-CSF (200 ng/ml), capsaicin (0.5 μ M; TRPV1 agonist). KCl (50 mM) in calcium assay buffer containing probenecid, was applied at the end of the experiment to obtain maximal $[Ca^{2+}]_i$.

Results are expressed as the 340/380 nm fluorescence emission ratio, which is proportional to changes in $[Ca^{2+}]_i$. Data are presented as F/F_0 , where F is the measured fluorescence intensity and F_0 is the basal fluorescence. All F/F_0 values have been subtracted by 1. In each experiment two technical replicates were included with 68–559 neurons recorded in each repeat. The experiment was repeated three times ($n = 3$) with equivalent results. A response was deemed positive if it was $\geq 10\%$ above baseline. Results were excluded from the analysis if they showed a fluctuating calcium response before addition of GM-CSF or did not show pronounced reversibility (>50%) from the peak response to GM-CSF application and did not respond to KCL addition. This constituted <1% of DRG neurons studied.

Detection of ERK1/2 and STAT5 activation in neurons stimulated with GM-CSF. The dissociated DRG neurons plated onto coverslips, as described above for measurement of $[Ca^{2+}]_i$ (Rajasekhar et al., 2015), were also used for the detection of ERK1/2 and STAT5 activation following GM-CSF stimulation. Following a 24 h culture in DMEM containing antibiotic-antimitotic, 10% FBS, and N-1 supplement at 37°C (5% CO₂/95% O₂), the neurons were serum-starved overnight (17–18 h) by incubating them in DMEM supplemented with 0.1% (w/v) BSA, 100 U/ml penicillin, 100 mg/ml streptomycin, and 1% (v/v) N1 in a humidified incubator at 37°C (95% O₂, 5% for CO₂). Subsequently, neurons were stimulated for 15 min with PBS, GM-CSF (200 ng/ml) or PMA (2 μ M; Sigma-Aldrich). Cells were then washed in ice-cold PBS and fixed in 4% paraformaldehyde in PBS for 20 min at room temperature. After three washes with PBS, cells were blocked and permeabilized by incubating with PBS supplemented with 0.01% Triton-X, 5% heat-inactivated FBS, and 5% goat serum for 60 min. Neurons were washed (3 \times PBS), then stained overnight with mouse anti-mouse NeuN mAb (clone A60; Millipore) in combination with either rabbit anti-mouse phospho-p44/42 MAPK (Erk1/2) (Thr202/Tyr204) (197G2) mAb (Cell Signaling Technology) or rabbit anti-mouse phospho-STAT5 (Y694) (D47E7) XP mAb (Cell Signaling Technology); all primary antibodies were diluted in PBS with 5% FBS and 0.01% Triton-X. Following washing (3 \times PBS), neurons were incubated with goat anti-rabbit IgG (H+L) antibody, AlexaFluor 568 conjugate (ThermoFisher) and goat anti-mouse IgG (H+L) antibody, Alexa Fluor488 conjugate (ThermoFisher). Neurons were washed (3 \times PBS), then stained with DAPI (1 μ g/ml, 5 min; EMD Millipore). In all experiments, secondary antibody only and single primary antibody controls were included to check for nonspecific secondary binding and bleed-through of fluorochromes, respectively.

Images were obtained with a Zeiss Axioskop 2 at 10 \times magnification and captured by a Zeiss AxioCam MRm. Each condition included two technical replicates and five images were taken from each replicate. Quantification of positive cells was performed with ImageJ software. For neurons, only NeuN-positive cells were included in the analysis. To determine when cells were positive a lower threshold for staining intensity in the green channel (AlexaFluor 488) was set based on the PBS-treated control cells. Cells with fluorescence intensities above this threshold were regarded as positive. A mean of positive cells across the 10 images from each condition was calculated. Three separate experiments were performed.

GM-CSF-induced inflammatory pain. Inflammatory pain was induced by a single intraplantar injection (10 μ l) of GM-CSF (50 ng/paw; R&D Systems) into the left hind footpad (Achuthan et al., 2016; Cook and Hamilton, 2018).

mBSA/GM-CSF-induced arthritis. Monoarticular arthritis was induced by an intraarticular injection of methylated BSA (mBSA; 100 μ g in 10 μ l) into the right knee on Day 0, and saline into the left knee, followed by a subcutaneous injection of GM-CSF (600 ng) into the scruff of the neck on Days 0–2, as before (Achuthan et al., 2016; Cook and Hamilton, 2018). Mice were killed (Day 7) and knee joints were removed, fixed, decalcified, and paraffin embedded (Achuthan et al., 2016; Cook and Hamilton, 2018). Frontal sections (7 μ m) were stained with H&E and

cellular infiltration, synovitis, pannus formation, cartilage damage, and bone erosions were each scored separately from 0 (normal) to 5 (severe) as described previously (Achuthan et al., 2016; Cook and Hamilton, 2018); these scores were then added to give the total histologic score for each mouse.

Assessment of pain-related behaviors. As an indicator of pain, the differential weight distribution over a 3 s period between the inflamed paw or limb relative to the non-inflamed paw or limb was measured using the incapacitance meter (IITC Life Science). This technique has been validated for measurement of both paw and arthritic knee pain (Achuthan et al., 2016; Cook and Hamilton, 2018). Mice were acclimated to the incapacitance meter on at least 3 separate days before the commencement of the experiment. Three measurements were taken for each time point and averaged.

Experimental design and statistical analysis. All data are expressed as mean \pm SEM, except where stated as median. Statistical analyses were performed using SPSS v23 (IBM). Kruskal–Wallis nonparametric independent samples tests were used for analysis of Figures 1, 3, and 4. The samples were corrected for multiple testing using the Bonferroni correction. For calcium imaging in Figure 2, GM-CSF activation of neurons and histology, a one-way ANOVA was used, and for pain readings, a two-way ANOVA was used, with either a Bonferroni or Tukey *post hoc* test. A *p* value < 0.05 was considered significantly different to the null hypothesis of no difference at the 95% confidence level.

Results

The literature around the involvement of GM-CSF in chronic and neuropathic pain remains sparse. However, even within this limited literature there is little consensus on the possible mechanisms behind the actions of GM-CSF in pain. To clarify, we have undertaken a number of experiments, as follows in the next sections.

GM-CSF does not modulate gene expression in purified neurons from mouse DRG

Previous studies have reported that GM-CSF can act directly on nociceptive neurons, and as a result, cause hyperalgesia (Schweizerhof et al., 2009; Parajul et al., 2012). Here, we began by addressing the discrepancy in the literature on the mode of action of GM-CSF by using MACS to enrich for small and medium diameter neurons (which are nearly all nociceptors) from mouse DRG. Thakur et al. (2014) showed that dissociated DRG preparations that are commonly used for analysis actually contain predominantly non-neuronal cells. In contrast, they showed, that following MACS isolation, a culture of 95% pure nociceptors can be produced from adult mouse DRG. Large diameter neurons ($> 30 \mu\text{m}$), which are lost during MACS, are largely non-nociceptive (Dubin and Patapoutian, 2010), and hence their absence is an asset rather than a disadvantage when studying the role of GM-CSF is nociception and peripheral sensitization.

Parallel cultures of cells from adult mouse DRG were set up using either the traditional dissociation technique to prepare the mixed (i.e., unsorted) cultures and purified cultures (i.e., sorted) from adult mouse DRG obtained after MACS. For these sets of experiments, 48 genes that are known to be expressed in the DRG, including some internal housekeeping controls (*GAPDH*, *18S*

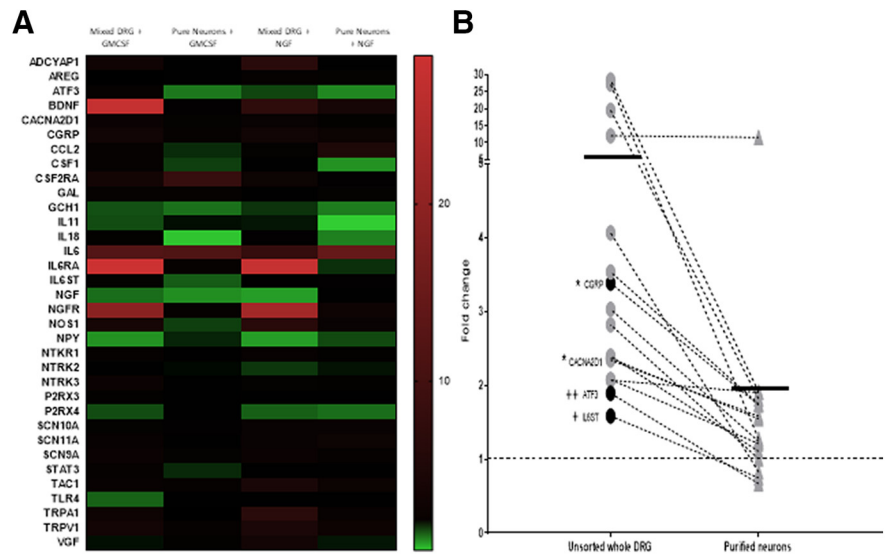


Figure 1. GM-CSF causes dysregulation of genes in mixed DRG cultures but not in purified neuronal cultures. **A**, Heatmap representing the transcriptional changes in a panel of genes (Table 2) was assessed in mixed DRG cultures and pure MACS sorted neuronal cultures from C57BL/6J mice following treatment with GM-CSF ($2 \mu\text{g/ml}$) for 48 h and NGF (10 ng/ml). Each column represents average data of $n = 8$ independent experiments. Each individual experiment contained pooled cells from two mice. **B**, Genes showing a twofold or greater change in expression changes following GM-CSF treatment in unsorted DRG cell cultures as compared with purified neurons. Each dot represents a separate gene which is an average of $n = 8$ experiments. Dotted line represents untreated control. Solid line represents mean of each group. Kruskal–Wallis test was conducted to identify genes that were significantly modulated after treatment with GM-CSF in mixed DRG cultures (highlighted black dots). The results were corrected for multiple comparisons using the Bonferroni correction. *adjusted $p < 0.05$; *genes significantly different from untreated control. + adjusted $p < 0.05$ and ++ adjusted $p < 0.01$; + genes significantly different between whole DRG and purified neurons.

and *YWHAZ*), were developed into a Taqman qPCR array card (ThermoFisher). This card was used as a screening tool to help provide an indication toward specific pathways or areas of interest to be investigated further. The list of genes present on the card is provided in Table 1, column A.

Figure 1A is a heatmap that shows the gene expression changes in mixed DRG cultures and pure neurons following GM-CSF and NGF treatment in the panel tested. It is evident that GM-CSF had an overall greater impact in mixed cultures as compared with pure neuronal cultures. Only 6% of the genes ($n = 2/34$, namely *CSF2RA* and *IL6*) showing a > 2 -fold average increase in expression level following GM-CSF treatment in the purified neuronal cultures and none of the differences reached statistical significance.

However, when GM-CSF was applied to the mixed DRG cultures, 44% of the genes ($n = 15/34$) showed a twofold or more average increase in gene expression, and four of these were found to reach statistical significance with an average increase in expression of 2.3-fold. Figure 1B shows the significantly altered genes (black dots) along with those showing a > 2 -fold increase in expression. The overall average increase in gene expression in the mixed cultures with GM-CSF stimulation was 3.9-fold, whereas purified cultures following GM-CSF stimulation showed an average of 1.6-fold increase.

As a positive control, we applied NGF instead of GM-CSF to the mixed and purified cultures and found, as expected, a significantly increased expression of 12 and 5 genes, respectively. Fifty percent of the genes showed a twofold or greater average increase in expression in the mixed DRG cultures, whereas $\sim 32\%$ of the genes in purified cultures showed a two-fold or more average increase in expression. The average fold increase of the significant

Table 2. GM-CSF receptor subunit expression in neurons by RNA sequencing[1]

Expression Units	Mouse tissue			Human tissue				
	Thakur et al., 2014; MACS-sorted nociceptors		Lopes et al., 2017; MACS-sorted nociceptors after nerve injury	Lopes et al., 2017; FACS-sorted nociceptors		Flegel et al., 2015; Whole DRG	Ray et al., 2018; Whole DRG	Ray et al., 2019; Human tibial nerve
	FPKM	FPKM	FPKM	FPKM	TPM	TPM	TPM	
Csf2ra	4	3	2	0	0	CSF2RA	15	
Csf2rb	1	0	0	1	1	CSF2RB	6	
Calca	912	3987	10287	313	1701	CD40	49	
TrpV1	58	154	112	48	73	TRPV1	7	
Dnmt3a	4	2	2	5	4	UCHL1	92	

Expression values derived from publicly available bulk RNA-sequencing datasets. Data for *Csf2ra* and *Csf2rb* are provided along with the following control/comparison genes: *Calca*, which is one of the most highly expressed genes in DRG; *TrpV1*, which is well expressed in nociceptive neurons; *Dnmt3a*, which is very lowly expressed if at all in neurons (Saunders et al., 2018); *Nav1.8*; *CD40*, a myeloid cell marker; and *Uchl1*, the gene coding for a protein which is highly expressed in nerve fibers. FPKM, Fragments per kilobase per million mapped reads; TPM, transcripts per million.

Table 3. Single-cell Sequencing of mouse DRG (Zeisel et al; mousebrain.org): Trinarization scores

	Csf2ra	Csf2rb	Calca	TrpV1	Dnmt3a	Nav1.8
Peptidergic (TrpM8), DRG	0.18	0	0.39	2.21	0.36	0
Peptidergic (TrpM8), DRG	0.27	0	0.32	0.67	0.11	0.08
Peptidergic (TrpM8), DRG	0.11	0	4.04	0.31	0.22	0
Peptidergic (PEP1.2), DRG	0.2	0	11.3	3.07	0.1	0.19
Peptidergic (PEP1.3), DRG	0.13	0	43.4	2.68	0.15	1.56
Peptidergic (PEP1.1), DRG	0.19	0	37.3	1.02	0.13	1.16
Peptidergic (PEP1.4), DRG	0.19	0	52.3	3.26	0.32	2.51
Peptidergic (PEP2), DRG	0.12	0	61.6	0.56	0.24	3.38
Neurofilament (NF2/3), DRG	0	0	0.64	0	0.19	0.61
Neurofilament (NF4/5), DRG	0.11	0	0.07	0.05	0.35	0.04
Neurofilament (NF1), DRG	0.08	0	0.07	0	0.13	0.03
Non-peptidergic (TH), DRG	0.18	0	0.17	0.01	0.35	1.08
Non-peptidergic (NP1.1), DRG	0.15	0	6.38	0.06	0.33	3.71
Non-peptidergic (NP1.2), DRG	0.22	0	3.23	0.05	0.27	5.28
Non-peptidergic (NP2.1), DRG	0.24	0	11.1	0.04	0.38	5.47
Non-peptidergic (NP2.2), DRG	0.18	0	34.5	0.73	0.27	4.99
Non-peptidergic (NP3), DRG	0.26	0	0.74	1.95	0.26	4

Expression values derived from publicly available B single-cell RNA-sequencing datasets. Data for *Csf2ra* and *Csf2rb* are provided along with the following control/comparison genes: *Calca*, which is one of the most highly expressed genes in DRG; *TrpV1*, which is well expressed in nociceptive neurons; *Dnmt3a*, which is very lowly expressed if at all in neurons (Saunders et al., 2018); *Nav1.8*; *CD40*, a myeloid cell marker; and *Uchl1*, the gene coding for a protein which is highly expressed in nerve fibers.

genes was 5.8- and 2.5-fold in the mixed and purified cell cultures, respectively (data not shown).

These results suggest that GM-CSF is incapable of driving direct transcriptional changes in neuronal genes in nociceptors. However, changes in neuronal genes in the mixed cultures following GM-CSF treatment indicate that it might be having an indirect effect on nociceptors via satellite cells or other non-neuronal cell types that make up the majority of the cells in the DRG, and indeed in the mixed DRG cultures. To obtain supporting evidence for the proposal that GM-CSF is incapable of directly stimulating nociceptor transcription, we reviewed recent publications that have made use of RNA sequencing to examine gene expression in mouse and human DRG (Tables 2, 3; Thakur et al., 2014; Flegel et al., 2015; Lopes et al., 2017; Ray et al., 2018, 2019; Zeisel et al., 2018). The Table compares the expression of the two GM-CSF receptor chains to several control transcripts: *Calca*, one of the most highly expressed genes in DRG; *TrpV1* and *Nav1.8*, which are well expressed in nociceptive neurons; and *Dnmt3a*, which is very lowly expressed (Saunders et al., 2018). It is evident the two transcripts coding for the receptor chains of the GM-CSF receptor, namely *CSF2RA* and *CSF2RB*, are expressed at levels below our negative control transcript in the DRG, the

CSF2RB gene, in particular, appears to be undetectable, even by a technique as sensitive as RNA-seq. In whole human tibial nerve, mRNA for both receptors can be detected at higher levels, presumably because of a contribution from non-neuronal cells (Ray et al., 2019).

GM-CSF does not directly activate neurons in vitro and in vivo

To support the above gene expression data, suggesting an indirect effect of GM-CSF on neurons, we monitored some signaling pathways in cultured DRG neurons. We were unable to observe any GM-CSF-stimulated elevation in intracellular Ca^{2+} levels (Fig. 2A,B) or ERK1/2 phosphorylation (Fig. 2C) compared with our positive controls, namely capsaicin and PMA, respectively. We were also unable to detect STAT5 phosphorylation following GM-CSF stimulation in these neurons, unlike in murine macrophages grown from bone marrow cells in GM-CSF (Fleetwood et al., 2007; data not shown).

Table 3 indicates that *Nav1.8*⁺ neurons do not express the *Csf2rb* gene and therefore cannot express a functional GM-CSFR. To demonstrate *in vivo* that GM-CSF-induced pain development is not due to GM-CSF receptor signaling via *Nav1.8*⁺ neuronal cells (that is, the majority of nociceptors), *Nav1.8-cre Csf2rb*^{fl/fl} mice were generated by crossing the *Csf2rb*^{fl/fl} mouse (Croxford et al., 2015) with the *Nav1.8-cre* mouse (Stirling et al., 2005), these mice will lack any functional GM-CSF receptors that may possibly be expressed in *Nav1.8*⁺ neurons. GM-CSF-induced inflammatory pain and GM-CSF-induced arthritic pain were then initiated, and pain development measured by a change in weight distribution (using the well validated incapitance meter method; Achuthan et al., 2016; Cook et al., 2018). Following intraplantar injection of GM-CSF, pain was evident in *Csf2rb*^{fl/fl} control and also in *Nav1.8-cre Csf2rb*^{fl/fl} mice (Fig. 2D). Similarly, following induction of mBSA/GM-CSF arthritis, similar pain development was evident in WT, *Csf2rb*^{fl/fl} control and *Nav1.8-cre Csf2rb*^{fl/fl} mice from Day 3 onward (Fig. 2E); all three strains developed a similar degree of arthritis (at Day 7, as judged by histology; Fig. 2E). Together, these *in vitro* and *in vivo* data do not support a direct action of GM-CSF on neurons consistent with a lack of GM-CSF receptor gene expression in neurons.

Nociceptor gene expression can be indirectly modulated by GM-CSF stimulated BMDMs

As mentioned, based on these data, we hypothesized that GM-CSF might be having an indirect effect on nociceptors via non-neuronal cells that are present within the DRG and in the

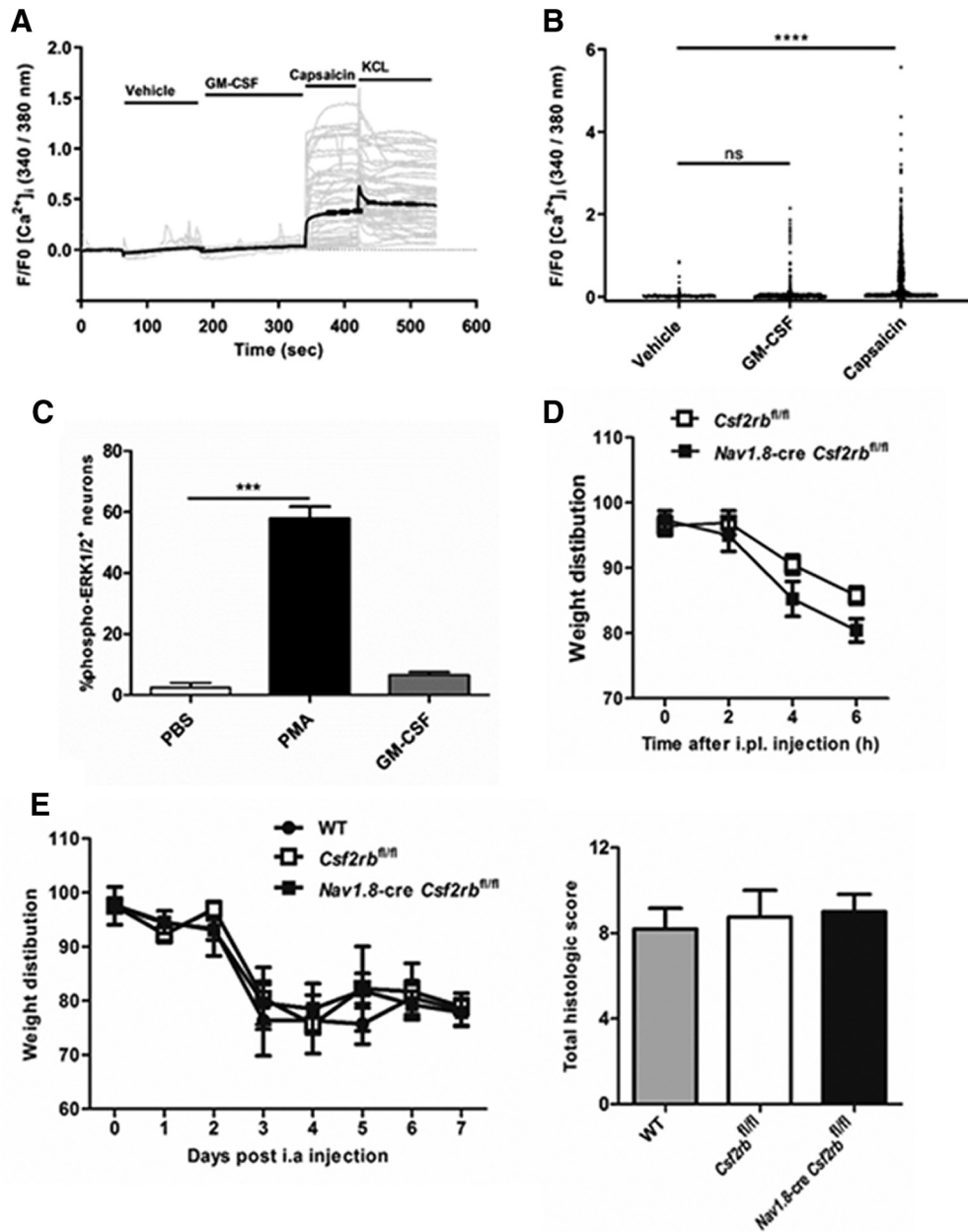


Figure 2. GM-CSF does not directly activate neurons *in vitro* and *in vivo*. **A, B**, Time course and peak Ca^{2+} responses in mixed DRG cultures in response to vehicle, GM-CSF (200 ng/ml), capsaicin (0.5 μM), and KCl (50 mM; only **A**), respectively. **A**, Gray lines, Individual traces from 50 random cells; black lines, mean response; (**B**) $n = 1767$ neurons (pooled data from two independent experiments). **C**, Percentage of DRG neurons positive for phospho-ERK1/2 following stimulation with PBS, PMA, or GM-CSF (200 ng/ml) for 15 min. Three independent experiments were performed. **D, E**, Pain development (incapacitance meter, ratio of weight bearing on injected relative to non-injected knee/hindpaw, a value < 100 indicates pain) was measured following (**D**) intra-planar (i.pl.) injection of GM-CSF (20 ng) in *Csf2rb^{fl/fl}* and *Nav1.8-cre Csf2rb^{fl/fl}* mice ($n = 5-8$ mice/group); and (**E**) mBSA/GM-CSF arthritis [mBSA intra-articular (i.a.) (Day 0); GM-CSF or saline subcutaneously (Days 0–2)] induction in WT, *Csf2rb^{fl/fl}*, and *Nav1.8-cre Csf2rb^{fl/fl}* mice ($n = 4-7$ mice/group). Arthritis (histology, Day 7) was also assessed in **E**. **C–E**, Data are expressed as mean \pm SEM. For **B** and **C**, a one-way ANOVA was used. $***p < 0.001$, $****p < 0.0001$.

periphery at a site of injury. Macrophages are one cell type present in the DRG and known to be responsive to GM-CSF as well as being a potential source of pain mediators (Cook et al., 2018; Hore and Denk, 2019). To look for potential indirect effects of GM-CSF, supernatants from GM-CSF-stimulated BMDM cultures were added to sorted neuronal cultures to test whether these BMDMs are capable of producing mediators that can elicit transcriptional changes in neurons. Because our overall aim was to look at the mechanism of GM-CSF action in pain, a second Taq-Man card containing probe sets for genes that are known to be involved in axotomy and pain-related behavior was used (Table 1, column B).

Once again, direct treatment of purified nociceptors with GM-CSF did not cause any significant dysregulation in the genes present on this array card (Fig. 3). Conditioning medium from unstimulated BMDMs had no significant impact on neuronal gene transcription (data not shown). Following treatment with conditioning medium from GM-CSF treated BMDMs, 31% of the genes tested showed twofold or more average increase in gene expression, calculated by normalizing the transcriptional changes to neuronal cultures that received supernatants from unstimulated BMDMs. Six genes were found to be significantly dysregulated following indirect stimulation with GM-CSF. These were *ADAM8* (3-fold increase), *ANXA1* (5-fold increase), *IL6* (3.5-

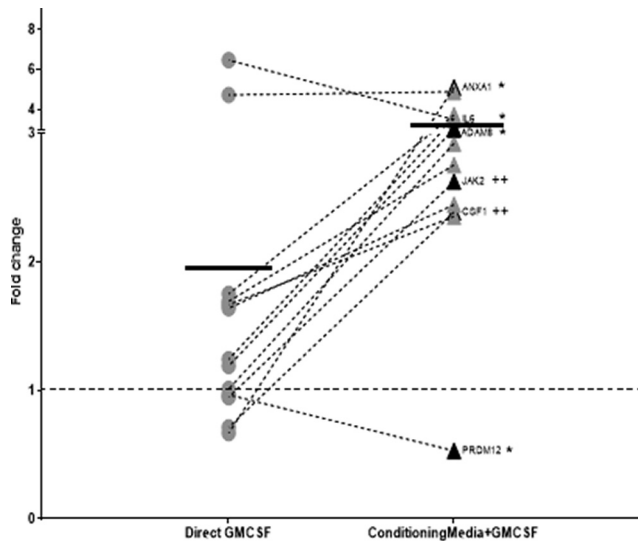


Figure 3. Nociceptor gene expression can be indirectly modulated by conditioning media from GM-CSF stimulated BMDMs. Genes dysregulated by twofold or more from nociceptors that received conditioning medium from GM-CSF (2 μ g/ml) treated BMDMs. Each dot represents a separate gene which is an average of $n = 10$ individual experiments. Kruskal–Wallis test was conducted to identify genes that were significantly modulated after treatment with the conditioning medium (highlighted black dots). The results were corrected for multiple comparisons using the Bonferroni correction. None of the genes from purified neuronal cultures that were treated directly with GM-CSF (2 μ g/ml) reached statistical significance. Samples with cycling thresholds of 40 in the unstimulated conditions were not included in the analysis. Dotted line represents untreated control. Solid line represents mean of each group. No significant changes were seen with untreated conditioning media control from BMDMs on neuronal cultures. *adjusted $p < 0.05$; *genes significantly different from untreated control. ++ adjusted $p < 0.01$; + genes significantly different between direct GM-CSF stimulation and conditioning media with GM-CSF.

fold increase), *PRDM12* (0.5-fold decrease), *CSF-1* (2.4-fold increase), and *JAK2* (2.6-fold increase). In addition to the genes that reached statistical significance, there were several other changes in known pain-related genes, such as *TNFSF12* (3.6-fold increase), *USP18* (5-fold), *GAL* (2.9-fold), *NGF* (2.4-fold), and *NPY* (2.4-fold), which showed increased expression following indirect activation using GM-CSF treated conditioning medium, but which did not reach statistical significance (Fig. 3).

Macrophage gene expression can be indirectly modulated by NGF stimulated nociceptors

We investigated next the possibility of cross talk between stimulated nociceptors and macrophages. Although there is growing evidence to support the view that stimulated immune cells can communicate with neurons (Watkins and Maier, 2002; Marchand et al., 2005; Scholz and Woolf, 2007; Sorge et al., 2015; Hore and Denk, 2019), which is supported by the data in Figure 3, the literature on the ability of stimulated neurons to communicate with immune cells is more limited (McMahon et al., 2015). To examine this possibility, we used a similar strategy to that used in Figure 3 to explore whether nociceptors that had been treated with NGF were capable of producing mediators that could modulate macrophage gene expression. A third TaqMan card containing 48 genes, of which 29 genes are known to be expressed in macrophages at levels which depend on their functional state (Murray et al., 2014) was used (Table 1, column C).

As positive controls, we found that GM-CSF (Fig. 4A) and LPS (4B) stimulation of BMDMs, as expected, had large impacts on gene transcription. GM-CSF treatment led to 55% of the genes

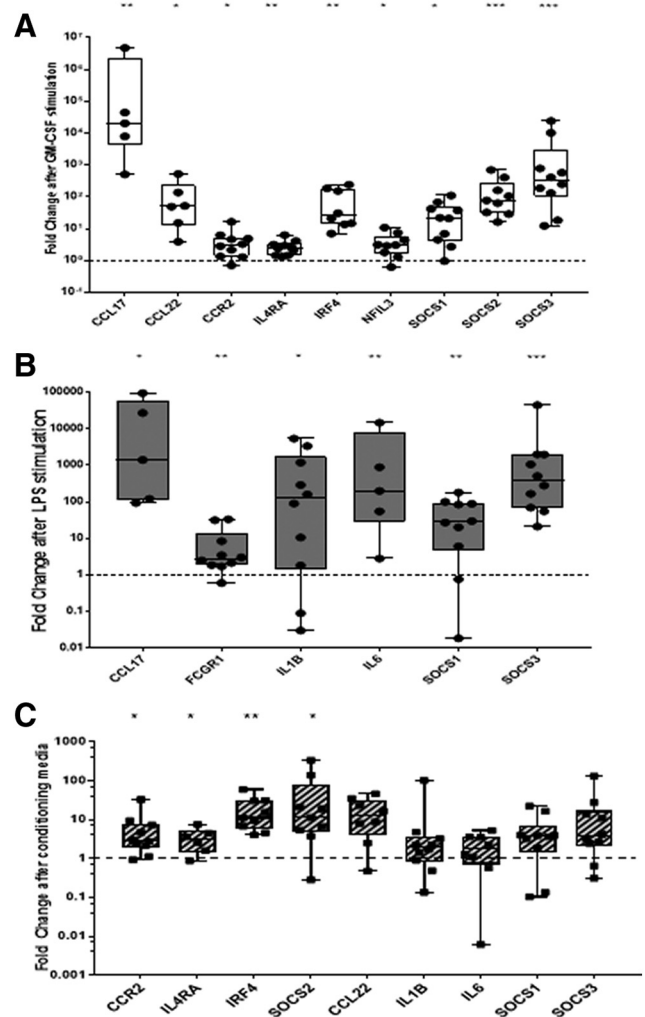


Figure 4. Macrophage gene expression can be indirectly modulated by NGF stimulated nociceptors. BMDMs were treated with (A) GM-CSF, (B) LPS, and (C) conditioning medium from NGF-stimulated nociceptors for 48 h (see Materials and Methods). The fold-change in the expression of dysregulated genes on a macrophage card (Table 1, column C) is depicted on a \log_{10} scale. Only significantly dysregulated genes are depicted in A and B. Each dot represents a separate experiment ($n = 10$). Kruskal–Wallis test was conducted to identify genes that were significantly modulated after treatment. The results were corrected for multiple comparisons using the Bonferroni correction. Dotted line represents untreated controls where conditioning media from untreated nociceptors was applied to BMDMs. No significant changes were seen in BMDM cultures treated with conditioning medium from untreated nociceptors as a control. Box-and-whisker plots showing maximum to minimum range. Samples with cycling thresholds of 40 in the unstimulated conditions were not included in the analysis. *adjusted $p < 0.05$, **adjusted $p < 0.01$, ***adjusted $p < 0.001$.

having a twofold or more increase in expression; of these, nine were found to be statistically significant after correcting for multiple testing. They were *Ccl17*, *Ccl22*, *Ccr2*, *Il4ra*, *Irf4*, *Nfil3*, *Socs1*, *Socs2*, and *Socs3* (Fig. 4A). Additionally, cytokine genes such as *Il6*, *Il1b*, and *Il27* were also found to be upregulated, although without reaching statistical significance. Stimulation of BMDMs with LPS led to 72% of the genes having a twofold or more increase in expression and, of these, six reached statistical significance, namely, *Ccl17*, *Fcgr1*, *Il1b*, *Il6*, *Socs1*, and *Socs3* (Fig. 4B).

Conditioning medium from unstimulated neurons had no impact on BMDM gene transcription (data not shown). Conditioning medium from NGF treated nociceptors caused a twofold or more increase in 69% of the genes. Although only four genes reached statistical significance, namely *CCR2*, *IL4RA*, *IRF4*, and

SOCS2 (Fig. 4C). There were several other genes, namely *CCL22*, *IL1b*, *IL6*, *SOCS1*, and *SOCS3*, that showed a trend toward increased expression following treatment with NGF-stimulated conditioning medium (Fig. 4C). It should be noted that BMDMs do not express the receptors for NGF (TRKA and p75; e.g., see RNA-seq data by Ostuni et al., 2013; Piccolo et al., 2017; Hill et al., 2018), demonstrating that NGF-stimulated neurons can produce mediators capable of activating macrophages.

Discussion

In this present study we provide evidence that GM-CSF does not directly activate nociceptors but suggest that GM-CSF acts via macrophages to produce mediators that interact with nociceptors. We provide evidence for a bidirectional cross talk between neurons and macrophages.

Previous studies have suggested that GM-CSF can act on and stimulate sensory neurons. Bali et al. (2013) suggested that GM-CSF brought about transcriptional regulation of several pain genes in sensory neurons in a model of cancer pain, an observation replicated by Schweizerhof et al. (2009) and F. Zhang et al. (2019). Donatien et al., 2018 report that GM-CSF can enhance capsaicin-induced calcium influx in DRG neurons, although not directly induce calcium influx. However, these studies did not separate neuronal cells from non-neuronal cells within the DRG and hence it is difficult to attribute these changes specifically to sensory neurons. In contrast, other recent publications (Lopes et al., 2017; Zeisel et al., 2018) making use of RNA-sequencing to look for transcriptional changes in a cell-specific manner have indicated the absence of the GM-CSFR β chain on nociceptors, indicating alternate mechanisms of action. In this context, a TrkA inhibitor was able to reduce the GM-CSF enhanced capsaicin-induced calcium influx response, suggesting that GM-CSF may be acting indirectly via NGF (Donatien et al., 2018).

Therefore, we looked for changes caused by stimulating purified nociceptors with GM-CSF and found no significant transcriptional changes. Also, even if there was some expression of the GM-CSF receptor on neurons, deleting the *Csf2r β* subunit in Nav1.8⁺ neurons (i.e., most nociceptors) *in vivo* showed no effect on the generation of GM-CSF-driven inflammatory and arthritic pain, suggesting that GM-CSF does not act directly via nociceptors. It has been reported that low and high threshold A β fibers respond to GM-CSF (Schweizerhof et al., 2009). Based on our findings, we consider that these responses are possibly indirect although further studies are needed to address this issue. Overall, our results lead us to hypothesize that the reported effects of GM-CSF on DRGs (Schweizerhof et al., 2009; Bali et al., 2013) were predominantly due to the ability of GM-CSF to activate non-neuronal cells associated with nociceptors, likely in the peripheral nerve itself or during myeloid cell infiltration into the DRG. These non-neuronal cells might then indirectly bring about transcriptional changes in nociceptors associated with pain/hyperalgesia.

Macrophages are one of the most commonly studied cell type in the pain field due to their involvement in the pathogenesis of various neuropathies (Lu and Richardson, 1993). H. Zhang et al. (2016) showed that recruitment of macrophages to the DRG was important for inducing and maintaining chemotherapy-induced peripheral neuropathy, an observation in accordance with several other studies showing increased myeloid cells in the DRG following peripheral injury (Fenzi et al., 2001; Hu and McLachlan, 2002; Hu and McLachlan, 2003). Furthermore, Shepherd et al. (2018) showed that the angiotensin II receptor (AT2R) antagonist reduces neuropathic pain by blocking the downstream signaling of

AT2R in infiltrating peripheral macrophages, as sensory neurons lack expression of this receptor. Blocking of macrophage activation using TLR antagonists (Jurga et al., 2018) and inhibitors of p38 MAPK/MMP9 (Mika et al., 2007; Hutchinson et al., 2008), PI3K and NF- κ B (Popielek-Barczyk et al., 2015) has analgesic effects in various models of neuropathic pain, consistent with our proposed mechanism of action.

We therefore analyzed whether factors from stimulated macrophages can bring about transcriptional changes in nociceptors that mimic injured or activated nociceptors. We found that supernatants from GM-CSF stimulated macrophages upregulated several neuronal genes, namely *ADAM8*, *ANXA1*, *IL6*, *CSF-1*, and *JAK2*, which are also significantly upregulated following injury (Pei et al., 2011; Chen et al., 2014; Guan et al., 2016; Diaz-delCastillo et al., 2018; Tang et al., 2018). Supernatants from GM-CSF stimulated macrophages were found to significantly downregulate expression of *PRDM12*, an important nociceptor gene (Desiderio et al., 2019). There is evidence to suggest that, following injury, activated monocytes from the spleen and lymph nodes infiltrate into the site of injury as well as the associated DRG (Hu and McLachlan, 2002). It is expected that inflammatory cytokines from these immune cells can then impact the neurons by affecting their firing rates and causing changes in gene expression (Ohtori et al., 2004; Ozaktay et al., 2006).

Of the mediators that were upregulated in our experimental set up, CSF1 was of particular interest from the perspective of nerve injury. The role of microglia in chronic pain is well established, with various proposed mechanisms to drive microglial activation and central sensitization in a variety of pain states (Calvo and Bennett, 2012; Denk et al., 2016; Fernandez-Zafra et al., 2019). It has been demonstrated that peripheral nerve injury induces the production of CSF-1 in neurons, which then recruit spinal cord microglia to proliferate (Guan et al., 2016). The presence of large numbers of activated microglia is responsible for further activation of spinal neurons and maintenance of neuropathic pain through the release of inflammatory and neuropathic mediators (Kawasaki et al., 2008; Zhao et al., 2017). The release of CSF-1 from nociceptors raises the possibility of bidirectional cross talk with nociceptors further recruiting and stimulating macrophages in a positive feedback loop. Therefore, we looked for transcriptional changes in macrophages following treatment with conditioning media from stimulated neurons.

Analysis of macrophages at a site of nerve injury has shown them to be predominantly anti-inflammatory in nature and involved in regeneration and recovery of the nerve (Gaudet et al., 2011; Ydens et al., 2012). Interestingly, macrophages stimulated with supernatants from NGF treated neurons led to an upregulation of cytokine and chemokine receptors (IL4Ra and CCR2) and transcription factors (SOCS2 and IRF4). Because NGF by itself is incapable of directly activating macrophages (Ostuni et al., 2013; Piccolo et al., 2017; Hill et al., 2018), it can be assumed that the transcriptional changes in macrophages were due to mediators being released by these stimulated nociceptors. Furthermore, these transcriptional changes were distinct from those following direct stimulation with LPS or GM-CSF, suggesting a distinct mechanism of action. We found that NGF stimulated nociceptors upregulate the expression of inflammatory mediators and chemokines, such as IL-1 β , IL6, and CCL22, which have the potential to activate and recruit macrophages.

Here we, like many others, have used *in vitro* dissociated DRG cultures to study nociceptive processes. However, unlike nearly all previous studies, we use highly purified neurons in the culture.

This allows us to disambiguate direct versus indirect effects of applied agents; a key advantage and main point of this study. The disadvantage being that the cellular properties inevitably change somewhat over time in culture as seen by transcriptional profiling of such cultures (Thakur et al., 2014; Wangzhou et al., 2019; Lopes et al., 2017). Some of the emergent changes suggest that cultured nociceptors take on a “neuropathic” phenotype (Wangzhou et al., 2019) and so one caveat of the current work is that, inevitably, the neurons we studied are not in their native state.

One of the problems we faced during these experiments was the intra-group variability observed in the transcriptional analysis. Variability in transcriptional analysis is a common phenomenon (Raser and O’Shea, 2005; Volfson et al., 2006) since transcription is not a continuous process, but rather a discontinuous one that takes place in “bursts” and “pulses”. Hence differences in the expression levels of lowly and highly expressed genes can be observed even in the absence of any stimulus leading to the observed variability (Chubb and Liverpool, 2010). In this study, we have made use of stringent statistical tests to cover the inherent intra-group variability and hence identify transcripts that are genuinely dysregulated because of the treatments.

It is important to note in this context, that although nociceptor transcriptional change is very common in persistent pain states, nociceptors can be activated and sensitized without transcriptional change (Wu et al., 2001; J. M. Zhang and Strong, 2008). But transcriptional change in nociceptors, when it does occur, can lead to changes in the sensitivity and activity of these neurons and is thereby an important regulator of nociceptor function. In the current experiment we looked for acute effects of GM-CSF on calcium signaling in purified nociceptors but did not observe any of these non-transcriptional actions. Others who have seen non-transcriptional effects of GM-CSF on cultured neurons have used mixed cultures containing a variety of cell types which may allow for indirect activation of nociceptors via non-neuronal cells (Schweizerhof et al., 2009; Bali et al., 2013; Donatien et al., 2018). Indeed, in those experiments, the non-transcriptional effects of GM-CSF were blocked by *trkA* inhibitors, suggesting the release of secondary mediators.

In conclusion, the findings in this study highlight the need to dissect the mechanisms of action of cytokines at a cell-type-specific level, with a view to developing more targeted therapies and interventions to treat pain. Our findings support the concept that immune cells and neurons at the site of nerve injury are engaged in a loop that involves crosstalk between them. More specifically, proinflammatory mediators and cytokines released from GM-CSF stimulated monocytes or macrophages act on neurons, which in turn release neurotransmitters that can further activate these immune cells. The net effect is likely to be peripheral sensitization and consequent chronic pain.

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