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Non-coding RNAs in CD8 T cell biology

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Abstract

CD8 T cells are among the most vigorous soldiers of the immune system that fight viral infections and cancer. CD8 T cell development, maintenance, activation and differentiation are under the tight control of multiple transcriptional and post-transcriptional networks. Over the last two decades it has become clear that non-coding RNAs (ncRNAs), which consist of microRNAs (miRNAs) and long ncRNAs (lncRNAs), have emerged as global biological regulators. While our understanding of the function of specific miRNAs has increased since the discovery of RNA interference, it is still very limited, and the field of lncRNAs is just starting to blossom. Here we will summarize our knowledge on the role of ncRNAs in CD8 T cell biology, including differentiation into memory and exhausted cells.

Keywords

miRNA; lncRNA; naïve; effector; CTL; exhaustion; memory

Introduction

CD8 T cells protect the host organism by eliminating virally infected and cancerous cells, yet CD8 T cells must first acquire cytotoxic function. Prior to antigen encounter, naïve CD8 T cells are transcriptionally inactive and are maintained in a quiescent ‘resting’ state, in which they undergo minimal proliferation and rely primarily on oxidative phosphorylation, as they have very low metabolic demands. Maintenance of the quiescent state in the absence of infection or cancer is critical both for the long-term preservation of naïve cells, and to prevent unwarranted inflammation, including autoimmune diseases. Upon antigen recognition, naïve CD8 T cells increase the use of both glycolysis and oxidative phosphorylation to support the rapid proliferation of antigen specific cells, and the acquisition of effector functions. Although the majority of the responding cells die via apoptosis upon clearance of the invading pathogen or tumor, in an event known as

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contraction, a small number of cells will survive and differentiate into long-lived memory cells which provide life-long antigen-specific protection to the host. However, this differentiation program is often coopted by the immunosuppressive environments established during cancer and chronic viral infection, diverting responding CD8 T cells into the exhausted state. CD8 T cell exhaustion is characterized primarily by a gradual loss of effector function and eventually compromised survival. It has been recognized that this population is heterogeneous and contains less differentiated progenitors that are required for the repopulation of exhausted cells^{1, 2, 3}. Although the presence of these cells in pathological conditions is viewed beneficial to the organism as they protect from immune-related pathology during a chronic immune response^{4, 5}, exhausted CD8 T cells fail to form the highly protective memory pool. Accordingly, a more comprehensive understanding of the molecular mechanisms which orchestrate CD8 T cell differentiation, and support the survival of CD8 T cells at each stage is of great interest.

Here, we will review the post-transcriptional regulation of gene expression mediated by non-coding RNAs (ncRNAs) during CD8 T cell development and differentiation. ncRNAs include small non-coding RNAs called microRNAs (miRNAs), and long non-coding RNAs (lncRNAs). Specifically, this review will focus on miRNAs as they have been the most extensively studied. Although there is much less known regarding lncRNAs, we will also highlight the emerging evidence suggesting an important role for lncRNAs in CD8 T cells as well.

miRNA mediated regulation of gene expression

The most well-studied ncRNAs are miRNAs- short ~22 nucleotide (nt) RNAs that inhibit gene expression by sequence-specific Watson Crick base pairing to target mRNAs. Although it has been reported that up to 1,193 miRNAs have been identified in mice⁶, and 2,588 in humans^{7, 8}, the use of stringent functional and molecular parameters during *in silico* analysis suggests the actual number of miRNAs is closer to 475 and 519 in mouse and human, respectively⁶. The genomic organization of miRNAs is an important factor which contributes to the tissue and context specific expression of these regulatory RNAs⁹. The expression of genes encoding miRNAs can be controlled by their own promoters or by the promoters of other genes. Interestingly, some promoters of miRNA encoding genes may control expression of one miRNA gene, or several^{10, 11}. The latter are referred to as clustered miRNAs.

The generation of mature miRNAs is a multi-step process that has been well described in great detail previously⁸. For this review, it is important to know that the last step of miRNA biogenesis involves processing of the pre-miRNA intermediate precursor by the endonuclease Dicer to generate a fully mature double stranded miRNA, one strand of which is loaded into RNA-Induced Silencing Complex (RISC). The RISC contains the Argonaute-2 protein which binds to the miRNA and is critical for its mRNA-silencing function.

miRNAs bind their mRNA targets using a highly conserved motif in the 2–8 nt position in the 5' end of the miRNA, which is termed the seed region. miRNAs are grouped together in

'families' based on the shared use of the same seed sequence for targeting mRNAs⁶. These miRNAs are generally distinguished by the placement of a letter following the miRNA name, and are referred to as 'sister' miRNAs (*let-7a*, *let-7b*, *let-7c* and etc.). Typically, the region of the mRNA to which the miRNA seed sequence binds is located in the 3'UTR, although non-canonical binding sites within the open reading frame of mRNAs have been described^{12, 13, 14}. The degree of sequence complementarity between the miRNA seed sequence and the target mRNA determines the mechanism by which the expression of the mRNA is prevented. If a miRNA seed sequence is a perfect match to the target sequence in the mRNA, the poly-A tail is degraded, leading to destabilization of the mRNA⁸. Rather, if a miRNA binds with less-than-perfect complementarity, ribosomal progression is blocked by the RISC. The net result of both of these mechanisms is inhibition of gene expression at the post-transcriptional level.

Evidence of RNA interference in CD8 T cell immunity

It is important to note that miRNA-mediated RNA interference is a very ancient process that evolved at the dawn of multicellular organisms. Therefore, it is not surprising that many miRNAs and their targets co-evolved together and are ultra-conserved among different animals. Furthermore, many miRNA genes (e.g. *let-7*) were duplicated multiple times during evolution, suggesting a vital importance for such miRNAs in the regulation of various biological processes. It is also interesting to mention the peculiar co-appearance of some miRNAs and the adaptive immunity in early vertebrate animals. As such, it is likely that miRNA-mediated regulation is widespread and highly conserved throughout the adaptive immune system⁶. The significance of the contribution of RNA interference to T cell immunity was first observed by T cell specific deletion of the miRNA biogenesis enzyme Dicer, using Lck driven Cre. These mice had a smaller thymus, with reduced CD4 and CD8 T cell numbers in the thymus, despite no defects in the proportion of CD4 and CD8 single positive cells, and the dramatic loss of mature T cells in the periphery^{15, 16}. Interestingly, CD8 T cell specific deletion of Dicer caused cells to respond more rapidly to T cell receptor (TCR) stimulation, ultimately resulting in compromised differentiation into short-lived effector cells (SLECs), and a failure to survive contraction and seed the memory pool^{17, 18, 19}. MiRNA profiling in naïve, effector, and memory CD8 T cells demonstrated that miRNAs are differentially expressed in different CD8 T cell states²⁰. Since then, several miRNAs have been implicated in controlling the development, maintenance and differentiation of CD8 T cells.

miRNAs in the development and maintenance of naïve CD8 T cells

Efficient CD8 T cell responses in the periphery are only possible if mature CD8 T cells are successfully generated in the thymus. The first evidence elucidating the role of specific miRNAs in CD8 T cells came from the pioneering work of the lab of David Bartel, where the ectopic expression of miR-181 in hematopoietic stem cells blocked the development of CD8 T lymphocytes²¹. It was later shown that miR-181 targets multiple phosphatases, negative regulators of TCR-signaling, suggesting a potential positive role in thymic selection²². It is well documented that the compromised proliferation or survival of immature thymocytes may negatively affect the numbers of mature T cells. Depletion of miR-142 in T cell precursors triggered upregulation of the expression of the cell cycle

inhibitor, Cdkn1 resulting in severe lymphopenia due to the suppressed proliferation of thymocytes and mature T cells²³. Recent publication demonstrated that miRNA cluster miR17–92 is critical for IL-7 signaling and therefore the survival of developing thymocytes²⁴. Consistent with reports of Dicer-deficient mice, it was suggested that miRNAs may also be directly involved in lineage commitment and thymic selection by silencing of co-receptor genes and lineage specifying transcription factors Runx3 and Thpok, thus influencing productive CD8 T cell development²⁵. However, the true impact of miRNAs in the development of mature $\alpha\beta$ T cells in the thymus remains largely unknown.

Upon egress from the thymus, mature naïve CD8 T cells populate secondary lymphoid organs where they are retained for the lifetime of the host until they encounter their cognate antigen. In the adult organism, the fitness and longevity of naïve CD8 T cells become critical to preserve the diversity of the TCR repertoire because of the rapid decline of T cell development due to age-related thymic involution²⁶. It has been shown that the maintenance of naïve T cells depends primarily on tonic TCR signaling through self-peptide:MHC interactions, and the cytokine IL-7^{26, 27, 28}. These signals keep T cells in a quiescent state resulting in low metabolism and minimal proliferation.

Investigation of specific miRNAs identified in the miRNA signature of CD8 T cells²⁰, suggested the regulatory potentials of miRNAs in T cell maintenance (FIG-1 shows only non-coding RNAs that have been demonstrated experimentally to be involved in the maintenance and differentiation of CD8 T cells). Although only a fraction of such miRNAs have been characterized, it is reasonable to predict that the main function of miRNAs that are highly expressed in naïve T cells, and suppressed upon activation, is to maintain the quiescent phenotype of naïve cells by promoting survival while restricting cell activation and proliferation. It has been shown that the most highly expressed miRNAs²⁹ in naïve T cells, such as miR-150^{18, 20, 30, 31, 32}, miR-26^{20, 33, 34}, miR-15/16^{20, 35}, miR-142–3p/miR-142–5p^{20, 33, 36, 37, 38}, miR-342³¹, miR-30²⁰, miR-181^{31, 36}, miR-101³⁴ and the let-7 family¹⁴ of miRNAs are downregulated after activation, through an as of yet unknown mechanism.

It was shown that miRNAs positively regulate the quiescent state of naïve cells by promoting IL-7 cytokine signaling and preventing cell activation by tonic TCR/MHC signals. For example, homeostatic cytokine signaling was shown to be dependent on miR-191³⁹, which is expressed in both thymocytes and mature T cells. Specifically, miR-191 targets insulin receptor substrate 1 (IRS1), an antagonist of STAT5 activation that in turn is necessary for IL-7 signaling. Thus, upon T cell specific deletion of miR-191, aberrant IRS1 over-expression led to compromised STAT5 signaling and therefore gradual loss of lymphocytes, including naïve CD8 T cells. Perhaps the most notable miRNAs demonstrated to play a role in the maintenance of naïve CD8 T cells is the let-7 family of miRNAs, which are abundantly expressed in naïve CD8 T cells^{14, 20, 40, 41}. Loss of let-7 miRNA expression in naïve CD8 T cells resulted in upregulation of the activation marker CD44 and heightened expression of the IL-2 receptor beta chain, CD122¹⁴. Moreover, let-7 deficiency facilitated the entry of naive cells into the cell cycle, ultimately increasing the rate of proliferation^{14, 40}. Consistent with this report, fetal derived T cells expressing the protein Lin28B, which inhibits let-7 expression, have a hyperactivated phenotype⁴². Not only is let-7 expression necessary to maintain the quiescent state of naïve CD8 T cells, but also to support the long

term survival of CD8 T cells, as indicated by rampant apoptosis of naïve CD8 T cells and lymphopenia in let-7 deficient mice⁴⁰. The transcripts which let-7 miRNAs target to maintain naïve CD8 T cell quiescence and survival are not yet clear.

It is also important to limit the spontaneous activation of naïve CD8 T cells in the absence of cognate antigen and costimulation, as this may result in anergy⁴³. In fact, miR-150 was demonstrated to suppress such activation of naïve CD8 T cells by inhibiting TMEM20 expression to prevent the accumulation of intracellular calcium and activation of downstream signaling cascades that drive cells into an anergic dysfunctional state⁴⁴.

The activation of CD8 T cells is dependent on modulation of miRNA expression

The activation of naïve CD8 T cells through TCR-peptide:MHC recognition, costimulation, and cytokines leads to the initiation of several signal transduction cascades. These signaling events trigger T cell reprogramming on both chromatin and transcriptional levels, which is driven by transcription factors (e.g. RUNX3, AP-1, NF-AT, NF-κB, Notch, MYC, JAK/STAT) in combination with chromatin remodeling complexes. Interestingly, signaling through the TCR drastically changes the expression of many miRNAs during initial T cell activation. In contrast to the vast majority of miRNAs that are expressed in naïve T cells and are downregulated by TCR signaling, the miR-17-92 cluster³¹, miR-221^{20, 31}, miR130/301^{19, 20}, miR-222^{20, 31}, miR-21^{20, 31, 45, 46}, miR-146^{33, 46, 47, 48}, miR-29⁴⁹, miR-31⁵⁰, miR-193a⁵⁰, miR-320⁵⁰, miR-132^{31, 50}, miR-101b⁵⁰, miR-298⁵⁰, miR-7^{31, 50}, miR-345⁵⁰, miR-155^{31, 51}, miR-34a⁵² and miR-720 are directly upregulated through TCR stimulation^{13, 53, 54, 55} which suggests they may positively regulate and support the activation of CD8 T cells. For example, the rapid upregulation of CD69 on activated T cells is critical for the retention of antigen specific T cells in lymphoid organs during priming, whereas its expression must be downregulated to facilitate effector cell egress to the site of inflammation. It has been reported that downregulation of CD69 is controlled by the miR-130/301 family of miRNAs that are gradually induced upon TCR-signaling¹⁹. Moreover, miR-155 limits the expression of the inhibitor of AKT, SHIP1, suppressor of cytokine signaling-1, SOCS1 and the protein tyrosine phosphatase Ptpn2 to amplify TCR and common gamma chain mediated cytokine signals^{53, 56, 57, 58}, to improve effector CD8 T cell survival and function^{56, 59, 60}. During T cell activation, costimulatory signaling through AKT is amplified by miR-21 that increases IFN-γ production and consequently improves the anti-tumor function of cytotoxic T lymphocytes (CTLs) *in vivo*⁶¹.

The downstream effect of the afore mentioned transcriptional programs is a rapid proliferative burst, termed clonal expansion, and the acquisition of effector function, both of which significantly increase the demand for biomacromolecules. Accordingly, these transcriptional networks also change the metabolism of the cell by initiating glycolysis and increasing rates of oxidative phosphorylation^{62, 63}. Thus, the initiation of these programs is essential for successful CD8 T cell differentiation. In fact, more evidence indicating that the early events of T cell activation may regulate the subsequent differentiation and fate of effector CD8 T cells has recently emerged^{64, 65, 66, 67, 68, 69}.

Clonal expansion ensures that there are sufficient numbers of antigen specific CD8 T cells to clear an infection, and is initiated first by entry into the cell cycle, which can be observed by

exit from the G₁ phase into S phase. The phosphatase Cdc25a, and a complex formed by Cnd2 and Cdk6 is essential for progression into S phase. The let-7 miRNAs target the mRNA of all three of these proteins, and failure to downregulate let-7 severely impairs CD8 T cell proliferation¹⁴. In addition, the cell cycle regulator Cdk4 is a direct target of miR-491, such that when miR-491 is overexpressed, CD8 T cell proliferation is inhibited⁷⁰. The transcriptional network which drives proliferation downstream of these factors, is also regulated by miRNAs. MiR-720 restrains CD8 T cell proliferation by repressing the AP-1 family member FOSB¹³. Several negative regulators of the cell cycle are also targeted by miRNAs to facilitate clonal expansion, including the transcription factors E2f7 and E2f8, which are direct targets of miR-142³⁷. Cluster of miRNAs, miR-17–92 is induced by NFκB-signaling through TCR-stimulation and inhibits expression of two tumor suppressors, PTEN the negative regulator of TCR-mediated activation and pro-apoptotic molecule Bim⁷¹. Overexpression of the miR-17–92 cluster in T cells resulted in lymphoproliferative disease and rampant autoimmunity. It was reported that another miRNA, miR-214, which is induced by co-stimulatory signals, can also accelerate the proliferation of CD8 T cells by targeting PTEN⁷². To further facilitate clonal expansion, activated CD8 T cells become less dependent on the homeostatic cytokines IL-7 and IL-15 and more dependent on the growth factor IL-2^{73, 74}. In fact, activated CD8 T cells upregulate the expression of CD25, the alpha-subunit of high affinity IL-2 receptor, and downregulate miR-150, which has been reported to decrease expression of CD25¹⁸.

To accommodate the immediate increase in bioenergetic demands required to support clonal expansion, CD8 T cells modify their metabolism, not only by increasing rates of oxidative phosphorylation, but also initiating glycolysis^{62, 63}. In fact, let-7 works as a molecular brake of this “metabolic switch” by targeting several of the enzymes and transporters involved in glycolysis¹⁴. Importantly, the expression of many of these genes is induced by the transcription factor MYC. Although it plays a central role in metabolism, the tight regulation of MYC is essential for T cell survival, as prolonged expression in some cases is associated with hyperproliferation in leukemia cancers⁷⁵, while in others it can lead to apoptosis⁷⁶. Accordingly, MYC has been shown to be a direct target of both let-7 and miR-720 in CD8 T cells^{13, 14}. mTOR is a metabolic hub that also facilitates the metabolic switch in activated CD8 T cells. Interestingly, one of the consequences of PTEN suppression by miR-17–92 cluster, is an indirect increase of mTOR activity^{54, 55}.

Increased metabolism is also necessary to produce effector molecules, including cytotoxic proteins that mediate CD8 T cell killing of target cells. The acquisition of cytotoxic function is driven by a complex network of transcription factors including Eomes, T-bet and Blimp-1. It has been noted that many of the genes involved in CD8 T cell differentiation may not be accessible at first, and the chromatin will need to be remodeled before a transcription factor can bind to the promoter. Downregulation of two miRNAs miR-26a and miR-101 upon T cell activation, has been described to promote generation of polyfunctional effector cells by de-repressing the histone methyltransferase and transcriptional repressor, EZH2 which positively regulates Notch signaling by suppressing its transcriptional inhibitors NUMB and FBXW7³⁴.

Once the chromatin has been made accessible, transcription factors can then bind target gene promoters and initiate their transcriptional programs. Upon TCR engagement, upregulation of miR-155 has been reported to enhance T-bet expression by targeting the SHIP-1 phosphatase to drive IFN-g production while restraining type I interferon signaling and thus inducing STAT5 activation during anti-tumor and anti-viral responses^{77, 78, 79, 80}. Consistent with these observations, mice deficient in miR-155 have impaired responses to both bacterial and acute viral infections, and in anti-tumor responses, while over expression of miR-155 enhanced anti-tumor responses by inhibiting SOCS1 and SHIP1, and therefore promoting chromatin remodeling through upregulation of PRC2-associated factor Phf19^{56, 57, 81}. A very elegant study performed by the Rudensky group took the issue even further by generating knockin mice with the mutated miR-155 site in the 3'UTR region of the SOCS1 gene⁵³. Interestingly, they demonstrated that miR-155-dependent regulation of SOCS1 in CD8 T cells is necessary for CD8 T cell responses during persistent chronic infection, and is dispensable during acute infection, suggesting that miR-155 regulates the function of CD8 T cells in acute viral infection through other targets.

Interestingly, several miRNAs were described as negative regulators of this program, and thus their downregulation is essential for efficient cytotoxic responses. MiR29, and the let-7 miRNAs directly target Eomes and T-bet, consequently inhibiting expression of Granzymes, Perforin, and IFN-g^{14, 82, 83}. Moreover, miR-23a inhibits Blimp-1 to suppress cytotoxic function⁸⁴. In addition, the effector molecules themselves may also be regulated by miRNAs. It has been shown that miR-29 may also directly inhibit IFN-g expression⁸⁵, while miR-139-3p specifically targets perforin¹⁸, adding another layer of regulatory complexity. In addition, it was observed that miR-491 can inhibit IFN-g production, although no mechanism was described⁷⁰. It is important to mention that many processes that control the activation and differentiation of CD8 T cells have a profound impact on the formation of memory exhaustion suggesting potential importance of miRNAs regulating them in CD8 T cell fate (FIG-1).

miRNAs drive formation of the memory pool

Transition through the effector stage of CD8 T cell differentiation and survival during contraction is essential for the proper development of a functional memory pool. This includes changing cytokine dependence back to the homeostatic cytokines, IL-7 and IL-15, as they promote long term survival^{28, 74}. Mir-146a has been shown to be important for the resolution of the T cell immune response by inhibiting IL-2 production through AP-1^{47, 48, 86}. It has also been suggested to be important for surviving contraction as it acts as an anti-apoptotic factor by directly targeting and suppressing the expression of FADD, Fas-associated death domain gene⁴⁷. Mir-143 was also demonstrated to decrease cell apoptosis in a HER2 chimeric antigen receptor-T (CAR-T) cell model⁸⁷. Another important component of memory CD8 T cell survival and function is the switch back to slow proliferation and a reduction in glycolytic metabolism. For example, re-expression of miR-143 in memory T cells facilitates metabolic reprogramming by directly targeting GLUT1 and suppressing glycolysis⁸⁷. Conversely, miRNAs such as miR-17/92 are silenced in memory T cells, leading to inhibition of mTOR signaling through upregulation of upstream inhibitors of this pathway and therefore a reduction of effector-like metabolism⁵⁵. Another

TCR-induced miRNA, miR-155, has a similar pattern of expression to miR-17/92 and was shown to be important in suppressing the differentiation of memory T cells. Specifically, miR-155 deficient T cells were demonstrated to preferentially differentiate into the extremely long-lived central memory subset⁸⁸. This would be consistent with observations that high miR-155 expression is associated with T cell exhaustion. The role of miR-150 in CD8 memory lymphocytes is less clear. One report suggested that miR-150 is required for the function of memory T cells upon restimulation *in vitro* and *in vivo*²⁹. However, later TCR-mediated downregulation of miR-150 has been reported to promote memory CD8 T cell differentiation and recall responses by derepressing the transcription factors FOXO1A and cMyb, which are direct targets of miR-150, and are responsible for the expression of Eomes and the pro-survival factors Bcl2 and Bclxl^{89, 90}. The importance of cMyb regulation was further emphasized in a recent publication, where cMyb was implicated in differentiation of memory stem cells by antagonizing the expression of transcription factor Zeb2 that is required for terminal differentiation of CD8 T cells⁹¹. To fully understand the role of different miRNAs in memory formation more miRNAs and their targets need to be tested using multiple genetic models.

miRNAs in CD8 T cell exhaustion

Our knowledge of the role of miRNAs in exhausted CD8 T cells is extremely limited, but without a doubt could have important clinical implications for manipulating the immune responses, inhibiting autoimmunity and improving therapies against cancer and chronic infection. CD8 T cell exhaustion occurs in pathological conditions, when antigen persists, driving up expression of inhibitory receptors which suppress CD8 T cell function when engaged^{43, 92}. T cells use this negative feedback mechanism to prevent hyperactivation, which may result in a cytokine storm and tissue pathology. Accordingly, although exhausted T cells come at the expense of clearance of the antigen, and are relatively fragile, the maintenance of exhausted T cells is important to prevent tissue damage caused by prolonged inflammation during chronic infection.

It has been shown that TCR-induced miR-155 is highly expressed in terminally exhausted T cells, and its overexpression leads to increased expression of inhibitory receptors. Importantly, miR-155 also supports the maintenance of T cells during chronic infection by facilitating lymphocyte survival^{53, 93}. The inflammatory milieu associated with these infections includes type I interferons. The expression of miR-31 that is upregulated in activated CD8 T lymphocytes through NFAT, drives cell dysfunction by increasing sensitivity to type I interferons, in addition to upregulating the expression of inhibitory receptors⁵⁰. Furthermore, CD8 T cells isolated from the immuno-suppressive tumor microenvironment of patients with renal cell carcinoma, have elevated expression of miR-29 and miR-198 which compromises cytokine signaling and survival through direct inhibition of JAK3 and Mcl1 expression⁹⁴. Alternatively, some miRNAs may have the ability to inhibit exhaustion. In fact, in a mouse melanoma model, miR-28 was downregulated in exhausted T cells and was proposed to increase cytokine production of activated T cells by directly binding the 3'UTR of mRNAs of inhibitory receptors PD-1, Tim-3 and Btla⁹⁵. Mir-150 has also been demonstrated to directly target PD-1, as well as CTLA4²⁹ suggesting a potential role in the regulation of exhausted T cells. Moreover, bone marrow chimeras generated from

miR-142 KO bone marrow cells yielded fewer 'exhausted' T cells upon transfer into lymphoreplete hosts³⁷. Since the role of only a few miRNAs have been tested (FIG-1), it is clear that more work needs to be done in order to fully characterize the impact of miRNAs in the differentiation of exhausted and memory T cells.

lncRNA mediated regulation of gene expression

In contrast to miRNAs, lncRNAs are greater than 200 nt in their mature form. Although also transcribed by RNAPII and processed with a 5' cap, and a polyA tail, the genomic organization of lncRNAs is somewhat more complex than that of miRNAs and has important consequences for the function of the lncRNA⁹⁶. Intergenic lncRNAs require their own promoter to be expressed as they are typically at least 1 kb away from a coding region while intronic lncRNAs are spliced out from the coding regions of the gene in which they are located. There are bidirectional lncRNAs that are positioned head-to-head with an adjacent gene, and coopt the use of that promoter in a bidirectional manner. As a result of these types of genomic organization, lncRNAs often overlap with protein-coding loci and serve to regulate the expression of these genes^{97, 98}. The regulatory functions of lncRNAs extend beyond complementary base pairing to target transcripts of coding genes to inhibit expression. lncRNAs can function either in the cytoplasm or the nucleus, and can bind DNA, RNA, and proteins^{96, 99}. The lncRNAs which are retained in the nucleus have been reported to serve as scaffold RNAs within nuclear bodies, to interact with ribonucleoprotein complexes to modify histone complexes, and in association with DNA to create R-loops that directly regulate transcription^{96, 99, 100, 101, 102}. The most common types of lncRNAs are the cytoplasmic natural antisense transcripts (NATs) which are complementary to mRNA transcripts^{96, 103}. These lncRNAs can function either in *cis*, in which the lncRNA and the target gene are located in the same genomic region, or in *trans*, where the lncRNA is expressed in a distinct genomic region than the target gene¹⁰⁴.

lncRNAs in CD8 T cell biology

Interestingly, approximately 25% of the genes expressed in mouse and human CD8 T cells are lncRNAs, suggesting a functional importance for these genes¹⁰⁵. It has even been suggested that there may be as many lncRNA genes as there are protein coding genes in the mammalian genome¹⁰⁵. Actually, many antisense lncRNAs have been found to be highly homologous to protein coding genes and may have arisen due to duplication events¹⁰⁶. The majority of these lncRNAs are expressed simultaneously with the mRNAs of protein coding genes to which they bind⁹⁸. For example, the transcription factor Lef1 has two isoforms, a short isoform (dominantly negative) which is expressed in naïve CD8 T cells, and a long isoform (transcriptional enhancer) which is expressed in activated CD8 T cells. Antisense Lef1 ncRNA, Lef1as, specifically overlaps with the longer isoform and is more highly expressed in naïve cells suggesting its suppressive role⁹⁸. The field of lncRNAs in CD8 T cell differentiation and function is still very young. Only several lncRNAs have been identified in various subsets of CD8 T cells, and the function of most of them is not known^{107, 108} (FIG-1). For example, Malat1 is highly expressed in T cell subsets, but its depletion had no effect on CD8 T cell responses to LCMV¹⁰⁹. One of the best studied lncRNAs in CD8 T cells is NRON (non-coding RNA repressor of NFAT), which was first

found to modulate NFAT localization in a Jurkat cell line¹¹⁰. In fact, NRON is included in the ribonucleoprotein complex that, in addition to kinases, keeps NFAT phosphorylated, and thus out of the nucleus¹¹⁰. Consistent with this role, siRNA mediated knockdown of NRON results in increased IL-2 production from Jurkat cell line¹¹¹. Moreover, NRON was found to be reduced in cytomegalovirus-driven ageing CD8 T cells in elderly patients, such that uncontrolled NFAT activity may contribute to the accumulation of this population of CD8 T cells¹¹². Importantly, lncRNAs with positive regulatory functions have also been observed in CD8 T cells. NeST, one of the first described lncRNA in T cells¹¹³, improves CD8 T cell responses to bacterial and viral infections by acting as an ‘enhancer-like’ lncRNA by binding to the WDR5 component of the H3K4 methylase complex to open chromatin at the *Ifng* locus, thus promoting its expression¹¹⁴.

Some lncRNAs have also been implicated in exhaustion of CD8 T cells. For example, the lncRNA *lnc-Tim3* is highly expressed in the tumor infiltrating lymphocytes (TILs) of hepatocellular carcinoma (HCC) patients. It was found that *lnc-Tim3* binds to Tim3 to prevent its interaction with Bat3, leading to the accumulation of inactive Lck and therefore the disruption of TCR-signal¹¹⁵. Moreover, free Bat3 facilitates the nuclear translocation of acetyltransferase p300 and subsequent recruitment of p53 and RelA, leading to cell cycle arrest and potentially a survival signal in exhausted CD8 T cells^{115, 116}. Further, 2B4 expression in CD8 T cells from TB (tuberculosis) patients correlates with expression of *lncRNACd244*¹¹⁷. *lncRNACd244* recruits EZH2 to the promoters of *Ifng* and *Tnfa* to establish a closed chromatin state, thus preventing their expression and contributing to T cell dysfunction. It is interesting to mention that some expressed lncRNAs in CD8 T cells overlap with annotated miRNAs (miR-22, miR-142 and miR-17–92 cluster), suggesting an unexplored role of lncRNAs in the regulation of these miRNAs during CD8 T cell differentiation.

Concluding remarks

Although much progress has been made in identifying and understanding the role ncRNAs play in CD8 T cell differentiation and function, there is much that remains to be learned. How the expression of these ncRNAs is of particular importance. Is everything regulated through TCR and costimulatory signals? Or can cytokine signaling have direct consequences on miRNA expression? There is even a possibility ncRNAs to regulate other ncRNAs. It has been reported that the lncRNA NEAT1 is upregulated in CD8 T cells from the hepatocellular carcinoma patients, and that NEAT1 inhibits miR-155 to reduce CD8 T cell cytotoxicity and survival¹¹⁸. The continued study of ncRNAs in CD8 T cells will have important outcomes not only for our understanding of CD8 T cell biology, and RNA biology, but also for the development of novel therapeutic strategies to improve disease.

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Highlights

- MicroRNAs and lncRNAs regulate CD8 T cell development and differentiation
- Non-coding RNAs guide CD8 T cell differentiation into effector CTLs, memory or exhausted lymphocytes
- The most studied microRNAs in CD8 T cell biology are let-7, miR-17-92, miR-150, miR-155

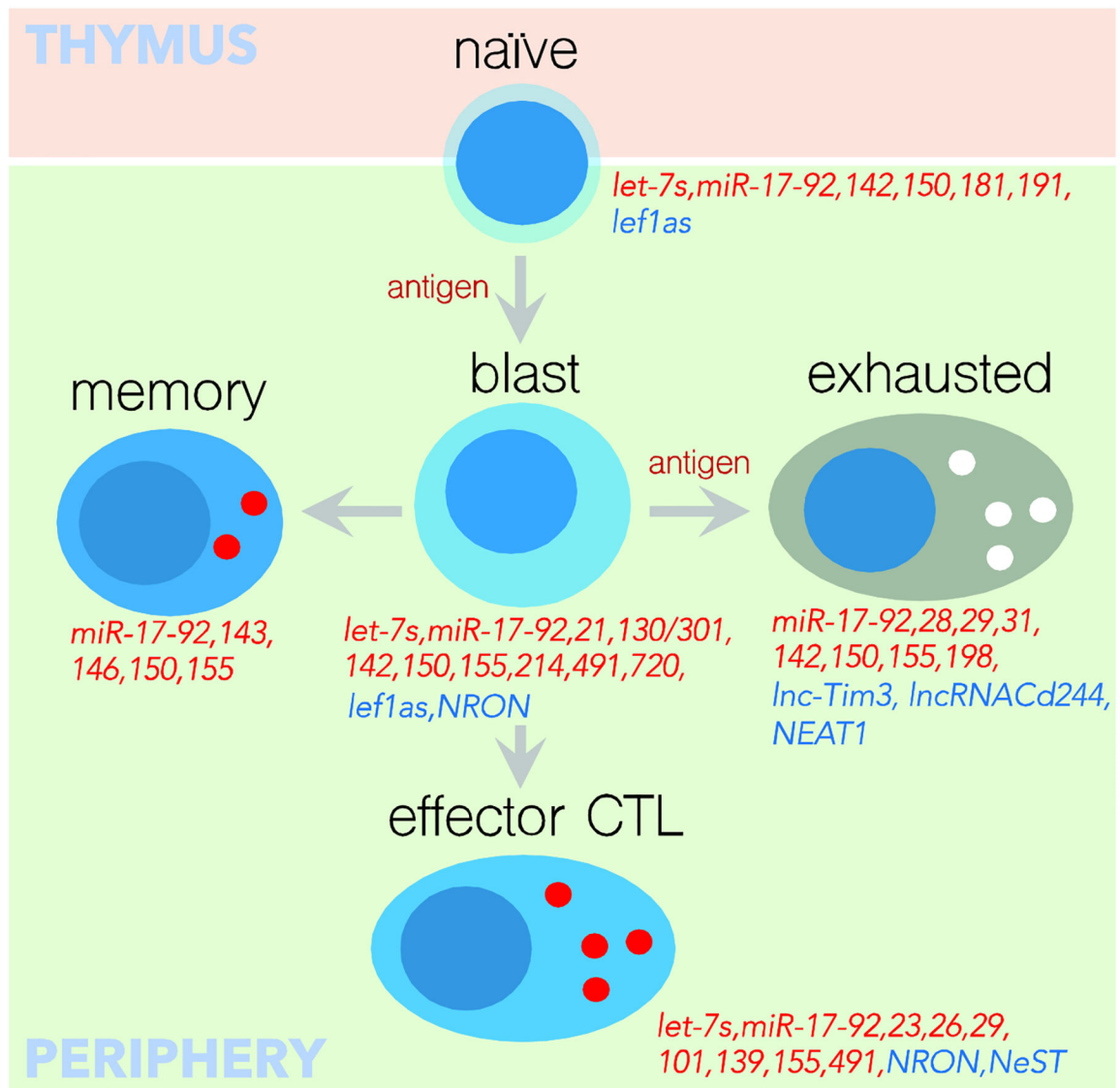


Figure-1. Validated miRNAs (in red) and lncRNAs (in blue) that play a role in CD8 T cell development and differentiation.