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## Review

## Medical applications of infrared thermography: A review

B.B. Lahiri, S. Bagavathiappan, T. Jayakumar, John Philip\*

Smart Materials and Radiation Techniques Section, Non-Destructive Evaluation Division, Metallurgy and Materials Group, Indira Gandhi Centre for Atomic Research, Kalpakkam 603 102, Tamil Nadu, India

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## ABSTRACT

Abnormal body temperature is a natural indicator of illness. Infrared thermography (IRT) is a fast, passive, non-contact and non-invasive alternative to conventional clinical thermometers for monitoring body temperature. Besides, IRT can also map body surface temperature remotely. Last five decades witnessed a steady increase in the utility of thermal imaging cameras to obtain correlations between the thermal physiology and skin temperature. IRT has been successfully used in diagnosis of breast cancer, diabetes neuropathy and peripheral vascular disorders. It has also been used to detect problems associated with gynecology, kidney transplantation, dermatology, heart, neonatal physiology, fever screening and brain imaging. With the advent of modern infrared cameras, data acquisition and processing techniques, it is now possible to have real time high resolution thermographic images, which is likely to surge further research in this field. The present efforts are focused on automatic analysis of temperature distribution of regions of interest and their statistical analysis for detection of abnormalities. This critical review focuses on advances in the area of medical IRT. The basics of IRT, essential theoretical background, the procedures adopted for various measurements and applications of IRT in various medical fields are discussed in this review. Besides background information is provided for beginners for better understanding of the subject.

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\* Corresponding author. Tel.: +91 044 27480500x26447; fax: +91 044 27480356.

E-mail address: [philip@igcar.gov.in](mailto:philip@igcar.gov.in) (J. Philip).

## 1. Introduction

Historically, temperature has been proved to be a very good indicator of health [1,2]. Since 400 BC temperature has been used for clinical diagnosis [3]. Human, being a homeotherm, is capable of maintaining a constant temperature of the body, which may be different from surrounding temperature [4]. The body of homeotherms can be divided into two parts, viz. the inner core and the outer periphery [5]. The core temperature is preserved within a narrow limit (approximately 42–33 °C) [5]. This regulation of inner core temperature is essential for normal performance of human body. Change of core temperature by a few degrees is considered as a clear indication of probable illness [4]. The body controls its temperature by a physiological process, called thermoregulation [5].

Thermometers were developed around 17th century [2,6]. George Martine regularly used thermometers to measure diurnal changes of temperature in normal subjects [7]. In 1868, Carl Wunderlich first systematically studied the temperature of subjects suffering from fever and compared with that of the normal subjects and thereby established temperature as a scientific indicator of illness [8]. He established that, temperature range between 36.3 and 37.5 °C could be considered as normal and temperature beyond this range should be considered as an indication of possible illness. During the initial days, liquid based thermometers were used [2]. The discovery of infrared radiation by Sir William Herschel in 1800 was quickly followed by the recording of first thermal image by his son, John Herschel, which opened new dimensions in the field of temperature measurement [2]. Hardy, in 1934, described the physiological role of infrared emission from human body and proposed that human skin can be considered as a blackbody radiator [9,10]. He established the diagnostic importance of temperature measurement by infrared technique which paved the way for using infrared thermography (IRT) in medical sciences. But the first use was reported in the year 1960 only, because of non-availability of quality equipment and technical knowhow [6].

All objects with temperature above absolute zero emit electromagnetic radiation, which is known as infrared (i.e. below red) radiation or thermal radiation [4,11,12]. Wavelength of this radiation lies within a range of 0.75–1000 μm. This wide range can be further subdivided into three smaller groups, viz. near infrared or NIR (0.76–1.5 μm), medium infrared or MIR (1.5–5.6 μm) and far infrared or FIR (5.6–1000 μm). According to thermal radiation theory, blackbody is considered as a hypothetical object that absorbs all incident radiation and radiates a continuous spectrum according to Planck's law [12]. Integrating Planck's law for all frequencies, we get Stefan–Boltzman's law (Eq. (1)), which describes the total emissive power from a blackbody [12].

$$E = \sigma T^4 \quad (1)$$

Here  $E$  is the total emissive power ( $\text{W}/\text{m}^2$ ),  $\sigma$  is the Stefan Boltzman's constant ( $\sigma = 5.676 \times 10^{-8} \text{ W}/\text{m}^2 \text{ K}^4$ ) and  $T$  is the absolute temperature (K). For real surfaces the Stefan Boltzman's law is modified to the following form

$$E = \varepsilon \sigma T^4 \quad (2)$$

where  $\varepsilon$  is the emissivity of the emitting surface at a fixed wavelength and absolute temperature  $T$ . For a perfect blackbody emissivity is unity, but for real materials emissivity is always less than unity. Table 1 shows the emissivity of different human tissues at infrared wavelengths [4,13].

Though the infrared emissions from human skin at 27 °C lies within the wavelength range of 2–20 μm, it peaks around 10 μm. For medical applications a very narrow wavelength band (8–12 μm), termed as body infrared rays, is in general used [14]. With

**Table 1**

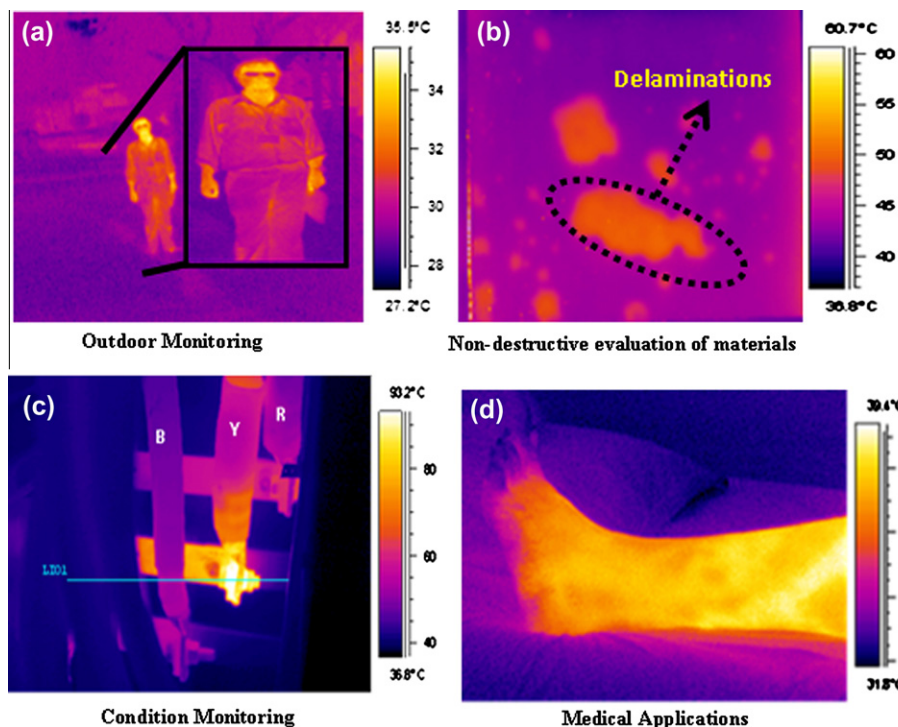
Emissivity of various human tissues at 40 °C in infrared wavelength [4,13].

Tissue	Emissivity
Black skin (3–12 μm)	0.98 ± 0.01
White skin (3–14 μm)	0.97 ± 0.02
Burnt skin (3–14 μm)	0.97 ± 0.02
Epicardium (fresh: 0.5 h) 3 μm	0.85
Epicardium (fresh: 0.5 h) 5 μm	0.86
Epicardium (9 days at –20 °C)	0.99
Pericardium (3 μm)	0.88
Pericardium (5 μm)	0.94
Pericardium (9 μm)	0.95

the advent of newer generations of detectors, NIR and MIR regions are also used in medical thermography [15,16]. The first modern infrared detector of lead-sulfide photo-detector, was originally developed for military applications, around World War II [17]. But later the technology was released for civilian uses and thereafter IRT has been used in medical sciences as well as in the field of non-destructive testing (NDT). In the field of NDT, the application of IRT is mainly in surface and sub-surface defect detection and on-line monitoring of processes [11,18]. In IRT, thermal patterns on the surface of the test objects are monitored. Subsurface defects cause abnormal thermal patterns, which indicate the presence of those defects. Similarly in medical applications, due to clinical illness abnormal thermal patterns on the skin surfaces are monitored. A few typical applications of IRT are shown in Fig. 1.

In 1963, Barnes demonstrated that thermograms can provide information of physical anomalies and thereby be useful for diagnosis of physical illness [19]. Sherman et al. used IRT for assessment of skin temperature asymmetries between paired limbs of subjects and concluded that IRT along with grid map of body is the simplest method for scanning body temperature [20]. Fauci et al. reviewed the history of IRT, various detector systems and its application in medical diagnosis [21]. Jiang et al. reviewed the perspective of IRT in medical thermography [22]. Ring et al. have highlighted the interesting opportunities for IRT in the medical field [23]. Several applications of IRT in medical science has been highlighted by Jung et al. [24] and Ammer and Ring [25]. IRT has been extensively used for diabetic neuropathy [16,26–31], vascular disorder [6,32,33], breast cancer detection [34–40], thermoregulation study [4,5], fever screening [41–44], brain imaging (thermoencephalography) [45], dentistry and dermatology [46–48], muscular pain and shoulder impingement syndrome study [49], diagnosis of rheumatologic diseases [50–52], dry eye syndrome diagnosis [53], treatment of parasitic liver diseases [54], detection of metastatic liver disease [55], bowel ischemia [56], renal transplantation [57,58], heart treatment [59], and gynecology [60–62]. IRT has been used in acupuncture treatment [63–65], cryotherapy [66], forensic medicine [67,68] and assessment of radiation damage to human body [69] also. A comprehensive list of published literature (between 1989 and 2003) on various medical application of IRT and other relevant developments are reviewed by Ammer [70,71].

On the basis of temperature sensing methodology, medical thermography can be subdivided into four principal categories, viz. electrical contact thermometry, cutaneous temperature discrimination, liquid crystal thermography and IRT [27]. In electrical contact thermometry, a single element or arrays of transducers (generally made of semiconductor resistors) are used to measure surface temperature of the subject in contact [27]. This technique sometimes serves as a reference for IRT, though it must be considered that excessive pressure from the sensor can alter the blood flow and thereby change the temperature [27]. Cutaneous temperature discrimination threshold is a measure of small nerve fiber function and Bertelsmann et al. have shown that it could be used



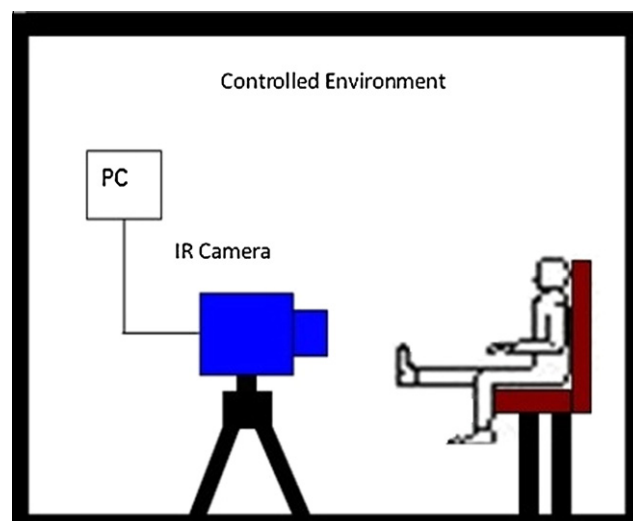
**Fig. 1.** Various applications of infrared thermography: (a) Outdoor monitoring during night time. The objects could be easily visualized due to infrared emissions from the surfaces. (b) Non-destructive evaluation of materials, where delaminations appear as hot spots, in glass fiber reinforced polymer specimen. (c) Condition monitoring of three phase electrical panel. Here local hot spots are developed due to loose contact. (d) Medical application: thermal image of lower limb of a diabetic subject.

for early diagnosis of diabetic subjects [27,72]. In the case of liquid crystal thermography, the thermometer consists of flexible rubber sheets within which thermochromic cholesteric liquid crystals are arranged in several layers [73]. As the rubber sheets have a provision for inflation, the heat sensitive sheets are in good contact with the curved body surface. The liquid crystals change their color due to change in temperature and the resulted pattern represents the temperature distribution of the body surface. Though the technique is very cheap, it is contact based and time consuming. Moreover the technique has low thermal sensitivity ( $\sim 0.3$ – $1.0$  °C) and poor spatial resolution ( $>5$  mm) [73]. In case of IRT, the thermal radiation emitted by a surface is detected by an infrared camera and the intensity of the emitted radiation is converted to temperature. IRT can be static or dynamic. In the former case, instantaneous temperature distribution is monitored, whereas in the latter case, temporal variation of temperature distribution is monitored. A series of thermal images are acquired, which constitute a time series in temperature. The dynamics is quantitatively analyzed by performing Fast Fourier transform (FFT) of the time series of temperature.

In this article, we have discussed the experimental conditions in detail, followed by discussions on skin emissivity, infrared cameras, development of infrared detectors, various image processing methods and data analysis. Finally various medical applications of IRT are highlighted.

## 2. Experimental conditions for medical IRT

Infrared radiation emitted by a surface depends on the experimental conditions such as moisture, airflow and surrounding temperature. Hence, it is an absolute necessity for thermography experiments, especially in medical applications where temperature changes are within a few degrees, to be performed in controlled environments. For comparing thermographic images, a standard



**Fig. 2.** Schematic of a typical experimental set-up for medical thermography experiment. The temperature and humidity of the experiment-room is kept within a comfortable limit. The camera is placed normal to the observation surface to minimize geometrical errors in temperature measurement.

protocol must be followed. Clark et al. presented a draft version of such a standard [74]. Ring and Ammer, in a recent paper, rightly reported that IRT can produce reliable results in medical application only when certain established standards are followed [75]. They lucidly described in detail the basic standards for examination room, temperature control, subject information processing, imaging system, image acquisition, image processing and analysis of results. These standards serve as a very useful guide for researchers pursuing research in the field of medical thermography.

During thermography experiments, the subjects are kept in a comfortable environment so that the mild thermal stress produced

**Table 2**  
Experimental conditions used by various research groups for recording of infrared thermal images.

Researchers [Ref.]	Year	Study	Experimental conditions	
			Ambient room temperature (°C)	Acclimation time (min)
Bagavathiappan et al. [16]	2010	Diabetic neuropathy	25	5
Bouzida et al. [5]	2009	Thermoregulation	24 ± 2	10
Park et al. [49]	2007	Shoulder impingement syndrome	19–21	15
Sun et al. [107]	2006	Diabetic at-risk feet	21 ± 1	15–20
Hosaki et al. [33]	2002	Peripheral circulation in subjects with diabetes mellitus	20	15
Gratt and Anbar [47]	1998	Facial telethermography	21–23	15
Armstrong et al. [26]	1997	High risk diabetic foot	21 ± 2	15
Branemark et al. [127]	1967	Diabetes mellitus subjects	18–20	15–20

results in vasoconstriction aided cooling of skin which renders the hot spots due to underlying abnormalities clearly visible [4]. Amalu et al. reported that, the temperature and the humidity of the examination room must be controlled in such a way that the physiology of the subjects is not “stressed into a condition of shivering or perspiring” [36]. It is advisable that the subjects should refrain from exposure to direct sunlight and uses of cosmetics, antiperspirants or deodorants immediately before the thermography examinations. A thermal acclimation time is required for the subjects to achieve thermal equilibrium. The acclimation may be nude or normal depending upon the parts of the body to be examined. Fig. 2 shows the schematic of a typical experimental set-up. Experimental conditions exercised by a few research-groups are summarized in Table 2. Gratt et al. discussed the additional requirements for facial thermography as clear faces (free from make-up) and no intervention from hairs [47]. Amalu et al. reported that, the experiment-room must be free from any secondary infrared sources like incandescent lamp or direct sun-light [36].

### 3. Emissivity of human skin

Emissivity of human skin is reported to be almost constant and its value is  $0.98 \pm 0.01$  for wavelength range of 2–14  $\mu\text{m}$  [4,13]. Steketeer reported that the emissivity of black, white or burnt skin is the same and it is independent of the nature of the experiments, i.e. in vivo or in vitro [13]. It has also been reported that application of cosmetics may cause skin emissivity to change [76]. Clark reported that surface curvature plays a role in the value of surface emissivity [77]. His findings were in accordance with the results of Watmough et al. that, the errors in surface temperature measurement are small for viewing angles up to 45°. According to Watmough et al., the emissivity of a surface at a wavelength  $\lambda$  and viewing angle  $\phi$  is given by the following equation [78]

$$\varepsilon_{\phi\lambda} = 1 - \left[ \frac{1}{2} \left( \frac{\beta - \cos \phi}{\beta + \cos \phi} \right)^2 \right] \left[ 1 + \left( \frac{\beta \cos \phi - \sin^2 \phi}{\beta \cos \phi + \sin^2 \phi} \right)^2 \right] \quad (3)$$

where  $\beta = (n_i^2 \sin^2 \phi)^{0.5}$  and  $n_i$  is the refractive index of the material. For medical applications, surface curvature is not a problem except for female breast imaging. In such cases, silvered mirrors, aluminized mylar mirrors or copper mirrors have been used as front surface mirrors with necessary correction factors [76].

### 4. Instrumentation: infrared camera and detectors

IRT experiments require an infrared camera, a tripod, a display device and an image processing unit. Nowadays display and image processing are done digitally using a personal computer and dedicated software packages.

Since from its inception, the infrared cameras have undergone three generations of advancements [14]. Development and basic working principles of various infrared detectors and sensors are

described in detail by Zhang et al. [79] and Jones [80]. The first generation cameras used a single element detector, and two scanning mirrors to produce images. They suffered from white out (i.e. saturation due to high intensity) problems. Two scanning mirrors along with a large linear array or small 2-D array as detectors and time delay integration algorithm for image enhancement were used in the second generation cameras. Third generation cameras are without mirrors and had large focal plane array (FPA) detectors and on-chip image processing, thereby increasing the reliability and sensitivity of such systems [14]. Thermal detectors are classified into two categories: cooled and uncooled. Modern developments in solid state systems have paved the way for production of newer types of detectors which have better accuracy and resolution. Currently, thermal sensitivity of the uncooled cameras is about 0.05 °C compared to 0.01 °C of the cooled ones [14]. These cameras have many advantages, viz. high spatial and temperature resolutions, compactness and portability. Besides, these cameras are light weight, manufactured by silicon wafer technology and are cheap compared to the cooled infrared cameras [81–83]. Such modern digital uncooled infrared cameras improved medical thermal imaging immensely. Ring reported that FPA based cameras have spatial resolution less than 2 mm over a range of distances and fields of view ( $200 \times 200$  mm to  $500 \times 500$  mm at a distance of 1 m) [84]. Cameras used by a few research-groups for medical IRT experiments are tabulated in Table 3.

### 5. Image processing, data analysis and numerical modeling

In a review article in 2002, Jones and Plassmann, discussed about the importance of image processing techniques in IRT [85]. Nowadays images acquired by a camera are directly fed to a digital computer, where the images are post processed. The need to form a common database of normal thermal images of all possible parts of a human body has been identified [86]. Ring et al. have discussed the technical challenges for constructing a digital medical IR image database [87]. Fujimasa et al. developed an internet based image database [88]. Ring et al. have developed an Anglo-Polish reference database of medical thermal images [89]. For comparison of multiple thermal images Vardasca has developed an interpolation based comparison methods of various regions of interest (ROI) in multiple thermal images where the ROIs are semi automatically aligned [90]. Data acquisition software plays an important role in IRT. Plassmann and Ring have developed Bath thermal imaging software (B THERM), which can acquire, store and manipulate images from both older and modern digital cameras [91]. A modern version of the software, called C THERM, has also been developed by Plassmann and Murawski, which runs on a modern PC [92]. Modern high-end softwares like Altair and Matlab are much faster and available with more options for automatic image processing. Image acquisition may be standardized with the use of software masks (automated or manual), which provide an outline of the regions

**Table 3**

Infrared cameras used for different studies by various research groups for medical thermography experiments.

Researchers [Ref.]	Year	Study	Camera used
Bagavathiappan et al. [16,32]	2010, 2009	Diabetic neuropathy and vascular disorder	AGEMA Thermovision 550
Bouzida et al. [5]	2009	Thermoregulation	FLIR Phoenix Model
Park et al. [49]	2007	Shoulder impingement syndrome	IRIS 5000 (Medicore, Seoul, Korea)
Brioschi et al. [104]	2007	3D MRI and IR image fusion	Agema Thermovision 470 and ThermoCAM P65HS (FLIR Systems)
Sun et al. [107]	2006	Diabetic at-risk feet	Spectrum 9000 MB; Bio vision technologies, Inc. Taipei, Taiwan
Deng and Liu [35]	2005	Effect of induced evaporation on thermal diagnostics of tumors	HR-II Medical Infrared Imaging System, Institute of Optics and Electronics of North China
Hosaki et al. [33]	2002	Peripheral circulation in subjects with diabetes mellitus	Infrared ray thermo tracer 6T66 (NEC-Sanei Co. Japan)
Lo [63]	2002	Acupuncture	Meditherm 2000
Shevelev [45]	1998	Functional imaging of brain	AGA Thermovision 780 M
Armstrong et al. [26]	1997	High risk diabetic foot	Exergen DT 1001 infrared skin temperature probe
Carlo [48]	1995	Clinical and experimental dermatology	AGA Thermovision 680
Gulyaev et al. [95]	1995	Thermoregulation and effect of psychological factors on skin temperature	AGA Thermovision 780 & 880; Infracom-93 & TV-03 (Russia)
Thompson et al. [34]	1978	Microwave heating enhanced thermal detection of tumors	AGA Thermovision 1680

of interest. A series of such automated masks were developed at the University of Glamorgan [6].

Thermal waves attenuate exponentially in a medium and hence, the thermal signatures of the abnormalities are often subtle [93]. Thermal images also suffer from a comparatively low signal to noise ratio (SNR). Hence image processing is of prime importance in the field of IRT. Various filters (in both time and frequency domains) and algorithms are used for minimizing noise, reducing blurring and edge preservation in thermal images [94]. Gulyaev et al. suggested four fundamental numerical operations on the thermograms to increase accuracy of the data extracted from them [95]. These four operations are, (i) subtraction of background in each frame of interest, (ii) construction of temperature time profile at chosen point or regions, (iii) spatio-temporal projections of image sequences and (iv) calculation of time derivative of temperature data. Fourier analysis is another very useful image processing technique, which enables isolating signals of a particular frequency. Anbar developed dynamic area telethermography (DAT), where FFT is performed over a large number of consecutive infrared images acquired at 15–150 ms time intervals, to determine the amplitudes of the various frequency components. Frequencies in the range 8–815 mHz are ascribed to neuronal controlling effects whereas those above 815 mHz to hemodynamic effects [96,97]. Diakides and Bronzino described the recent advancements in the image processing techniques relevant to the field of medical infrared imaging [98]. Another aspect of medical image processing is asymmetry analysis, where temperature differences between the diseased and contralateral healthy body parts are analyzed. This technique is particularly useful in female breast imaging. Kuruganti and Qi have shown that higher order statistics (e.g. variance, skewness and kurtosis) and joint entropy are the most effective measures of asymmetry [99]. Qi et al. developed an automatic asymmetry analysis approach based on Hough transform aided image segmentation and pattern classification [100]. The latest development in medical image processing is introduction of hitherto strictly military oriented automatic target recognition (ATR) algorithm [101,102]. Introduction of this highly sophisticated and accurate technique is expected to result in a paradigm shift in infrared image based computer aided diagnosis (CAD) [14]. Artificial neural network (ANN) and fuzzy logic will play an important role in the development of this CAD technology [103]. Brioschi et al. developed a method for fusion of 2D infrared images, which lack information about local anatomy, with 3D magnetic resonance imaging (MRI) for superior diagnosis [104–106]. Temperature data, derived from the thermograms, are in general presented in the

form of mean  $\pm$  S.D. (standard deviation). These deviations are due to unavoidable fluctuations in experimental conditions. Hence statistical analyses are preferred for reducing experimental variations and correlating the temperature data with other clinical data. Most common statistical approaches are analysis of variance (ANOVA), hypothesis testing (like Fischer's exact test, Student's *t* test, etc.),  $\chi^2$  test and correlation analysis [26,49,107]. In general various software packages, like SPSS and SAS are used for data analysis.

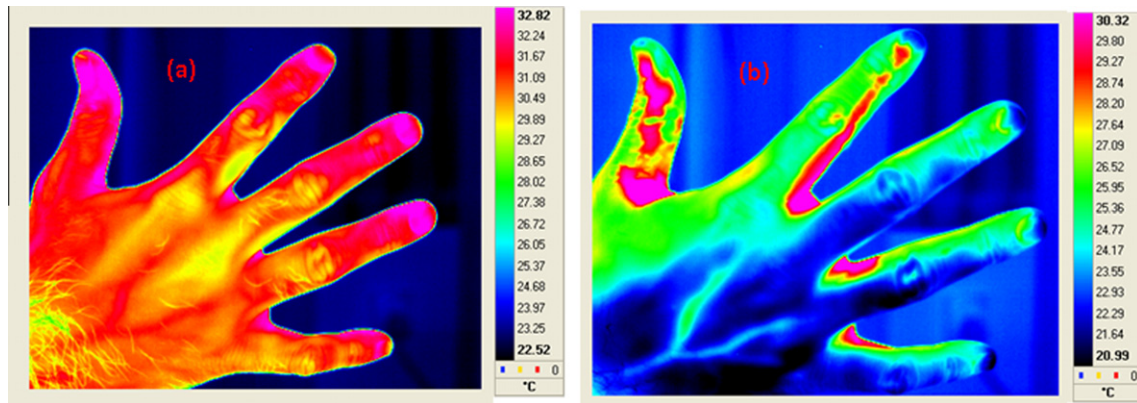
Blood circulation is the principle mechanism of heat transfer in human body. Heat emanating onto the skin surface and surrounding blood flow can be described by the following equation, which is known as Pennes bio-heat equation [108].

$$k\Delta^2 T - c_b w_b (T - T_a) + q_m = 0 \quad (4)$$

Here  $k$  is the thermal conductivity of tissue material,  $q_m$  is the volumetric metabolic rate of the tissue,  $c_b w_b$  is the product of the specific heat capacity and the mass flow rate of blood per unit volume of tissue,  $T$  is the unknown tissue temperature and  $T_a$  is the arterial temperature. Based on this bio-heat equation, various numerical models have been developed. Apart from basic understanding of the problem, such numerical models, in principle, serve two purposes, viz. to predict skin temperature on the basis of internal heat generation and solving the inverse bio-heat equation to estimate temperature of internal organs by observing skin temperature. Such numerical modeling also helps in optimization of the experimental parameters. Deng and Liu, based on predictions from a similar numerical model, concluded that induced evaporation is an effective method to improve the sensitivity of IRT images [35]. In Fig. 3, typical IR images of the right hand of a normal subject, before and after 1 min of mild cold stimulation, are shown. Veins could be clearly visualized after cold stimulation, as it increases the sensitivity of thermal images and renders subtle thermal signatures to be clearly discernible.

## 6. IRT in medical science

As abnormal thermal patterns are easily recognizable by IRT, an early diagnosis is possible from these thermal images. Thermographic findings are in general compared with other clinical findings to assess for possible correlations. Though the technique is nonspecific and sometimes depends heavily on background and surrounding environment, there are a number of reasons for which IRT has found wide acceptance among the medical community. First of all, IRT is a remote, non-contact and non-invasive technique. It is fast,



**Fig. 3.** Typical thermal images of right hand of a normal subject (a) before cold stimulation and (b) 1 min after mild cold stimulation. Cold stimulation was applied by placing the hand on ice surface for 30 s. Application of such cold stimulations increases the sensitivity of the thermal images. Veins are clearly visible in the thermal image recorded after cold stimulation.

**Table 4**

Contralateral (left vs. right) temperature differences of various body segments in normal human subjects [4,109].

Body segment	Mean temperature difference (°C)
Forehead	0.12
Cheek	0.18
Chest	0.14
Abdomen	0.18
Neck (posterior)	0.15
Lumbar (back)	0.25
Trunk average	0.17
Arm (biceps)	0.13
Palm (medial)	0.23
Thigh (anterior)	0.11
Thigh (posterior)	0.15
Foot (dorsal)	0.30
Finger-tips average	0.38
Toe-tips average	0.50

and simultaneous large area monitoring is possible. Interpretations from pseudo color coded thermograms are easier and faster. Moreover, this technique records only the natural radiation emanating from the skin surfaces and has no harmful radiation effects. So, it is suitable for prolonged and repeated use. Finally, IRT is a real time technique, which enables monitoring of dynamical variations of temperature. Due to these advantages, thermography has been established as an effective alternative diagnosis tool. Table 4 shows the contralateral temperature difference (between left and right sides) for a few body parts in normal subjects [4,109].

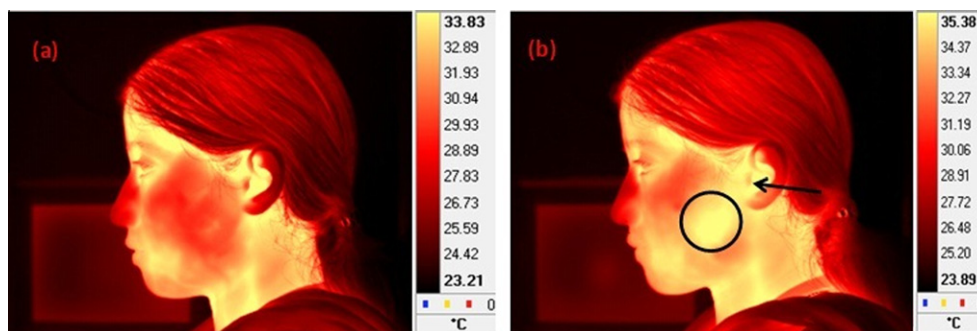
### 6.1. Thermoregulation study

Metabolism and flexing of muscles during exercise are the principal sources of heat in body core [4]. Thereafter, the heat is transferred from the core towards the outer periphery of the body by blood flow through blood vessels. Blood gains heat from the core of the body and loses heat at the peripheral parts, especially skin. This monitoring process is called thermoregulation. Dynamics of surface temperature distribution is governed by a number of factors, viz. blood flow in the surface layer, heat conduction from deeper blood vessels and sweat evaporation from surface [95]. Thermography is an effective tool for monitoring thermoregulation processes. Gulyaev et al. observed that, in majority of healthy subjects, temperature of the hands, feet and facial regions increases after immobilization [95]. This is because immobilization is generally followed by relaxation and blood redistribution, which causes the surface skin temperature to increase. They further observed spontaneous oscillations, due to changes in sympathetic system

and blood flow, in the temperature profiles of hands and feet. Oscillations having period less than 4 min are related to capillaries whereas those with higher periods are due to arterio-venous anastomose. Vainer in his monograph on cutaneous perspiration, used short wave (about 3  $\mu\text{m}$ ) infrared radiation to study sweating procedure [110]. He found that low temperature region surrounding the secretory duct of each individual sweat gland is axisymmetric. He studied kinetics of excretory function of individual cutaneous glands, local sweating induced by excitation of central nervous system and avalanche (abrupt) sweating due to metabolic and external overheating. An insightful discussion correlating sweating and thermoregulatory mechanism is also presented by him. Bouzida et al. studied thermoregulatory mechanism by two approaches, viz. blood flow modulation and cold stress [5]. In the first approach, blood pressure is modulated, within the systolic and diastolic values, by using a suitable mechanical arrangement. This modulation creates a periodical variation of blood volume in the blood vessels, which is manifested as a periodic change in temperature. Based on frequency analysis, these oscillations were categorized into three groups, viz. very low frequency (0.01–0.04 Hz) due to frequency of breathing and parasympathetic control, low frequency (0.04–0.15 Hz) due to myogenic mechanism and high frequency (0.15–0.30 Hz) due to thermoregulation. In the second approach, a cold stress was applied by placing the left hand on a cold metal surface and temperature dynamics on both hands were observed using IRT. It was observed that, after a long steady state period of 85 s the temperature on the stimulated hand decreased while the temperature on the other hand increased. This phenomenon is attributed to the fact that thermoregulatory mechanism responds in such a way that the core temperature remains undisturbed. Using IRT, Kargel monitored local heating in ear-skull regions of human subjects while using different hand-held mobile phones [111]. They observed that, while in operation, mobile phones with higher specific absorption rate (SAR) value caused higher temperature rise. It has also been reported that maximum temperature increase is at the end of talking phase and its value increases with the duration of talking period [112]. Fig. 4 shows typical facial thermal images of a subject using hand-held mobile phone. Fig. 4a shows the thermal image after 1 min of talking and Fig. 4b shows the thermal image after 15 min of talking. The encircled region shows an increase in temperature of 4.59 °C after 15 min of talk.

### 6.2. Breast cancer detection

Breast cancer is the most commonly diagnosed cancer in female subjects accounting for about 30% cancers [113]. During 2003–2007,

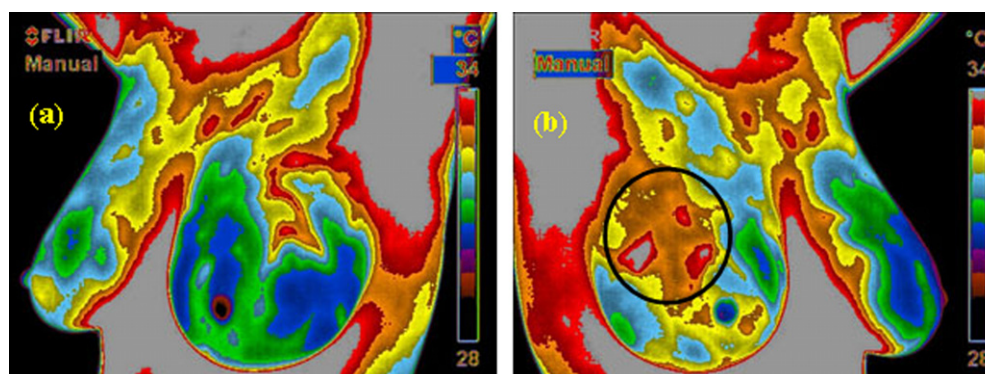


**Fig. 4.** Typical thermal images of a subject talking on a hand-held mobile phone; (a) after 1 min of talking and (b) after 15 min of talking. After 15 min of talking the temperature of the encircled region increased from 30.56 to 35.15 °C, whereas the temperature of the ear region (indicated by an arrow) increased from 33.35 to 34.82 °C.

average age for death due to breast cancer was 68 years. Approximately 0.0%, 0.9%, 6.0%, 15.0%, 20.8%, 19.7%, 22.6% and 15.1% deaths occurred between the age groups of under 20, 20–34, 35–44, 45–54, 55–64, 65–74, 75–84 and above 85 years respectively [114]. It has been reported that 0% diagnosis was possible under age of 20 years, whereas 1.9%, 10.2%, 22.6%, 24.4%, 19.7%, 15.5% and 5.6% diagnosis were possible within the age groups of 20–34, 34–44, 45–54, 55–64, 65–74, 75–84 and above 85 years respectively [114]. Studies show that, early detection can lead to 85% survival chance compared to 10% for late detection [115]. Therefore, early detection is the key factor for successful breast cancer treatments. In 1982, US Food and Drug Administration (FDA) approved IRT as an adjunctive tool for diagnosis of breast cancer. Kennedy et al., in a recent review, presented a comparative study of IRT and other imaging techniques for breast screening and concluded that IRT provides additional functional information on the thermal and vascular condition of the tissues [116]. Ng presented an excellent review of IRT as a non-invasive breast tumor detection modality, where he described the basic methodology, standard practices, image capture and image analysis in detail [117]. He described that, abnormal breast thermogram indicate significant biological risk. Tumors generally have an increased blood supply and an increased metabolic rate which leads to localized high temperature spots over such areas, rendering them to be visualized by IRT. Apart from passive breast imaging, cold stimulation based imaging procedures are also in practice [36]. Blood vessels, produced by cancerous tumors are simple endothelial tubes devoid of a muscular layer. Such blood vessels fail to constrict in response to sympathetic stimulus like a sudden cold stress and show a hyperthermic pattern due to vasodilatation. Deng and Liu showed that, induced evaporation enhances thermographic

contrast in case of tumors underneath the skin [35]. They used water and 75% medical ethanol solution as evaporant, which was sprayed over the skin surface and then images were acquired. Their study shows an improved diagnostic accuracy especially in the early stages of deeply embedded tumors. Spitalier et al. screened 61,000 women using thermography over a period of 10 years and found that, thermography was the earliest indicator of breast cancer in 60% cases [118]. It has been confirmed that abnormal patterns in the infrared images are the highest risk indicators of breast cancer development in future [119]. Gamagami studied angiogenesis by IRT and reported that in 15% cases IRT could detect cancers which were not discernible by mammography [120]. He had also shown that, hypervascularity and hyperthermia were visible in 86% cases of nonpalpable breast cancers. Head et al. reported that, growth rate related prognostic indicators are strongly associated with the thermograms [121]. Thermovascular activities in breast are directly related to prognosis and aggressiveness of the tumor. It has been reported that, hot cancers (most active cancer cells) show a poorer prognosis with 24% survival rate in 3 years, whereas for cooler cancers prognosis is much better with 80% survival rate [36]. Aweda et al. has used IRT for cancer management and reported that, mean oxygen consumption and mean metabolic heat production rate in controls are higher than in breast, head and neck, cervical and other types of cancer [38].

Apart from IRT many other techniques are available for breast imaging, like mammography, MRI, CT, ultrasound, etc. Mammography is the most popular technique, but suffers from a few inherent problems, like exposure to X-ray radiation, relatively higher cost, problem in detecting tumors of smaller sizes and low sensitivity for firm breasts of younger women. IRT does not suffer from such problems and hence, it is a novel tool for investigation of breast



**Fig. 5.** Typical thermal images of a female subject suffering from breast cancer [123]; (a) left breast thermogram and (b) right breast thermogram. The encircled region in the right breast thermogram shows higher temperature with respect to the surrounding normal regions. Later biopsy confirmed existence of cancer in the right breast.

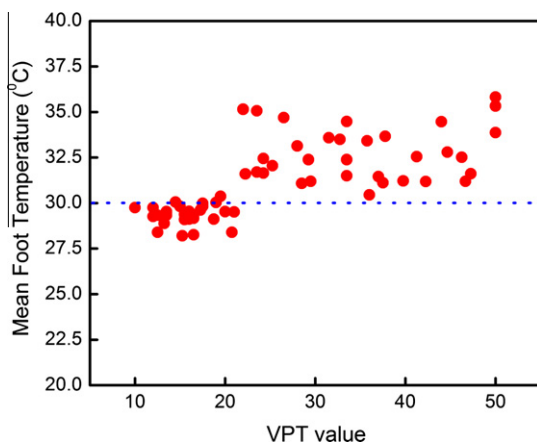


cancer. Arora et al. observed that, IRT is an effective alternative diagnosis tool, especially in female subjects with dense breast parenchyma [122].

A typical case study, which demonstrates the effectiveness of IRT as an early indicator of breast cancer, is discussed below [123]. A female subject reported a lump in the right breast, mammography report of which was negative. Fig. 5 shows the thermograms of the left and right breasts respectively [123]. From Fig. 5b, it can be clearly seen that the lump region (encircled) is at an elevated temperature with respect to the surrounding normal tissues. Later biopsy confirmed the lump as a cancer. Kateb et al. used intraoperative thermal imaging on a 76 years old female subject suffering from metastatic intracortical melanoma [124]. The IR images of the tumor and the surrounding normal cortex regions show that, the former is at a higher temperature compared to the later.

### 6.3. Diagnosis of diabetic neuropathy and vascular disorder

About 50% of diabetes subjects are hospitalized due to foot complications which are the most common problems with diabetes mellitus subjects [125]. Principal causes of such foot complications are decreased blood supply (vascular disorder) and loss of sensation (neuropathy). An excellent review on role of IRT in foot complication due to diabetes is presented by Bharara et al. [28]. Both vascular disorder and diabetic neuropathy cause changes in skin surface temperature, which makes IRT a suitable tool for diagnosing diabetic neuropathy or vascular disorders. Jiang et al. analyzed metabolic parameters of diabetic subjects based on IRT [126]. Branemark et al. studied a number of diabetes subjects and found that, all of them had abnormal temperature patterns in feet and hands, like reduced temperature on the toes, metatarsal regions and fingers [127]. Sun et al. studied the relationship between plantar skin temperature and sympathetic dysfunction in diabetic at-risk feet [107]. They found that, diabetes at-risk subjects have significantly higher mean foot temperature ( $30.2 \pm 1.3$  °C) compared to the normal subjects ( $26.8 \pm 1.8$  °C). Their studies indicated that, thermoregulatory sweating disorder signified early sympathetic damages in diabetic feet, which can be detected in the initial stages using IRT. Bagavathiappan et al. studied several randomly chosen type 2 diabetes subjects without feet problems [16]. They established that, subjects with vibratory perception threshold (VPT) values greater than 20, show a higher mean foot temperature (MFT) band. Neuropathic subjects have higher MFT compared to the non-neuropathic ones and



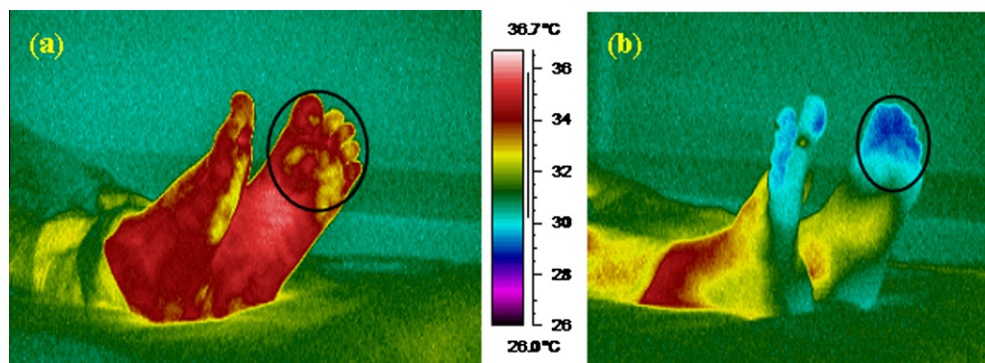
**Fig. 6.** Mean foot temperature (MFT) of diabetic subjects as a function of their VPT values [16]. For non-neuropathic subjects with VPT values less than 20, MFT values are within 27–30 °C, whereas for neuropathic subjects with VPT values greater than 20, MFT values are within a temperature band 30–37 °C.

the MFT values show a positive correlation with the right and left great toe VPT values. Fig. 6 shows the MFT values as a function of mean VPT values. There are 28 subjects with VPT value less than 20 and MFT values within a temperature band of 27–30 °C, whereas there are 33 subjects with diabetic neuropathy (VPT values greater than 20), whose MFT values were within a temperature band of 30–37 °C. Fig. 7 shows the thermal images of the lower extremities of two diabetic subjects. The subject in Fig. 7a is a 44 year old non-neuropathic male, whereas the subject in Fig. 7b is a 67 year old non-neuropathic female. The average foot temperature in the encircled regions is 34.1 and 29.3 °C for the two cases respectively. Armstrong et al. compared skin temperatures of subjects with asymptomatic peripheral sensory neuropathy, neuropathic ulcers and Charcot's arthropathy, using contralateral limb as a control [26]. They reported significant differences in skin temperature between the affected foot and its contralateral part for subjects with Charcot's arthropathy and neuropathic ulcers, whereas there was no such temperature difference observed for subjects with asymptomatic peripheral sensory neuropathy.

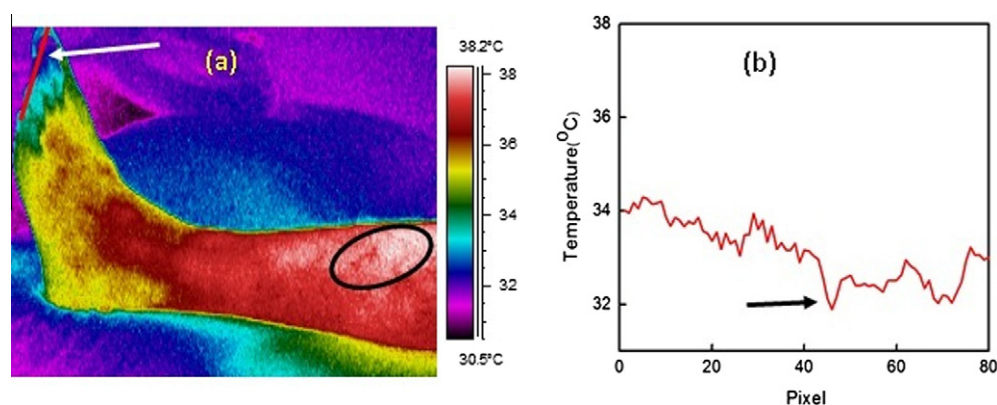
In the earlier stages of arteriosclerosis obliterans (ASO), peripheral circulation is one of the complications of diabetes mellitus subjects. Hosaki et al. investigated peripheral circulation quantitatively by IRT in diabetes mellitus subjects [33]. They observed that, temperature gradients indicating abnormal blood flow in the affected regions are correlated with clinical findings. Bagavathiappan et al. investigated diabetes mellitus subjects with vascular disorder and found that, temperature of the affected regions is higher than that of the unaffected regions [32,128,129]. This abnormal temperature rise is attributed to slow blood circulation in the affected regions [129]. Fig. 8a shows the thermal image of left lower limb of a 28 year old male subject suffering from pain and varicosity of the long saphenous system of the left lower limb for 1 year. Clinical examinations of the limb confirmed the existence of dilated tortuous veins in the dorsal aspect of the foot. From the thermal image, it can be clearly seen that the distal portion (indicated by an arrow) of the foot is at a lower temperature, due to slow blood circulation and varicosity induced inadequate venous drainage [32]. Fig. 8b shows the temperature plot along the straight line shown in Fig. 8a. Temperature of the encircled region, as shown in Fig. 8a, is 0.7–1.0 °C higher compared to the surrounding regions. This abnormal temperature is attributed to the presence of varicose veins with mild inflammation [32].

### 6.4. Fever screening

Nguyen et al. studied the effectiveness of infrared thermal imaging for mass screening of fever, where thermograms of the neck and facial regions were recorded [130]. They observed that, sensitivity of the thermal imaging methodology was similar to that of self-reported fever cases and concluded that IRT is an effective tool for fast and non-contact mass screening of fever. Chamberlain et al. used infrared emission based thermometer for normal ear temperature determination in various age groups [131]. The outbreak of pandemics like severe acute respiratory syndromes (SARS) and avian influenza has paved the way for effective utilization of IRT based techniques for mass screening of fever [42–44,132,133]. Recently IRT was used successfully for mass screening of fever in subjects with SARS, a highly infectious disease caused by coronavirus [134]. Chiang et al. also reported similar results [135]. Screening of potential infected subjects is a primary requirement for prevention of mass spreading of SARS. Ng studied the effectiveness of IRT in mass screening of fever. He concluded that elevated body temperature is one of the most common syndromes of many infectious diseases, including SARS and hence IRT is a powerful tool for initial mass screening of subjects during public health crisis [136]. Nishiura and Kamiya used IRT for entry



**Fig. 7.** Typical thermal images of plantar region for two diabetic subjects [16]; (a) 44 year old neuropathic male subject with HbA1c value of 9.6% and (b) 67 year old non-neuropathic female subject with HbA1c value of 6.6%. Average temperature of the encircled regions in case of neuropathic and non-neuropathic subjects is 34.1 and 29.1 °C.



**Fig. 8.** (a) Thermal image of left lower limb of a 28 year old male diabetic subject suffering from vascular disorder [32]. The distal portion (indicated by an arrow) is at a lower temperature due to slow blood circulation and varicosity induced inadequate venous drainage. The encircled region is at 0.7–1 °C higher temperature with respect to the surrounding region. This elevated temperature is attributed to the presence of varicose veins, with probable mild inflammation. (b) Temperature profile along the line shown in Fig. 8a. The lowest temperature is indicated with an arrow.

screening of passengers at Narita international airport in Japan during influenza (H1N1) pandemic during 2009 [137]. Bitar et al. described the effectiveness and potential use of IRT for fever screening during epidemics and presented an elaborate literature review on the topic [41]. Ring et al. observed that, the highest at-risk group in case of a pandemic fever is the children and performed IRT based studies for detection of fever in children [138]. They reported that, IRT can be considered as a potential tool for fever screening and found that, the temperature of the axilla (measured by conventional thermometer) and that of the inner canthi of the eyes (measured by IRT) were highly correlated. The studies further indicated that temperature above 37.5 °C, with  $\pm 0.5$  °C tolerance for the measurement system, must be considered as possible indication of fever instead of 38 °C as reported earlier. SARS, influenza, swine flu, tuberculosis, etc. are perceived as global threat and initial mass screening of fever is the most effective way to control the spread of these pandemic diseases. Hence, joint working group has been setup by International Organization for Standardization (ISO) and the International Electrochemical Commission (IEC) for development of international standards for deployment of thermography systems, selection of thermal imaging systems, human temperature measurement and procedural recommendations [42,139–141]. The ISO (ISO/TR 13154:2009) and SPRING (TR 15-1: requirements and test methods and TR 15-2: users' implementation guidelines) standards recommend strict operational protocols and guidelines for reliable and reproducible use of IRT based techniques for mass screening of fever [142–144].

### 6.5. Dental diagnosis

IRT has been used widely in dentistry [145]. Gratt et al. in 1996 developed a new classification system using thermograms for subjects with chronic orofacial pain [146]. The thermograms were classified as normal, hot and cold when selected anatomic area  $\Delta T$  values (right vs. left side temperature difference) were 0–0.25 °C, greater than 0.35 °C and lesser than 0.35 °C respectively. They reported that, hot thermograms have the clinical diagnosis of sympathetically maintained pain, peripheral nerve mediated pain, temporomandibular joint (TMJ) arthropathy or maxillary sinusitis whereas the cold thermograms have the clinical diagnosis of peripheral nerve mediated pain or sympathetically independent pain. Normal thermograms included subjects with clinical diagnosis of cracked tooth syndrome, trigeminal neuralgia, pretrigeminal neuralgia or psychogenic facial pain. This new methodology was found to be accurate in 92% cases. It has been shown that asymptomatic TMJ subjects have symmetrical thermal patterns with mean  $\Delta T$  values of 0.1 °C; whereas subjects suffering from TMJ pain were found to have asymmetrical thermal patterns with increased temperature over the affected TMJ region with mean  $\Delta T$  values of 0.4 °C [147,148]. Canavan et al. studied a group of mild-to-moderate temporomandibular joint disorder (TMD) subjects and found that  $\Delta T$  values are correlated with the level of pain in the subjects [149]. Gratt et al. reported that, IRT of chin is an effective method to diagnose inferior alveolar nerve (IAN) deficit [150]. They reported that, subjects with IAN deficit have a mean  $\Delta T$  value

of 0.5 °C whereas subjects with no IAN deficit have symmetrical thermal patterns, which can be attributed to the blockage of vascular neuronal vasoconstrictive messages [151].

In spite of its many advantages, electro-thermal debonding (ETD), which is a popular technique for debonding of orthodontic brackets, may cause thermal damage to the dental pulpal tissue. Cummings et al. performed in vitro study, using IRT, on extracted human premolar teeth and found that, during ETD, pulpal temperature increases from 16.8 to 45.6 °C and thereby posing serious damage to the pulpal tissues [152]. Using IRT, Carson et al. studied the heat distribution pattern during high speed cavity preparation using both air–water spray and air spray and they found that, mean temperature increase in the two processes are 2.8 and 3.7 °C respectively [153]. Watanabe et al. investigated generation and spreading of heat during drilling of dental bone, using IRT [154]. Benington et al. also used IRT for monitoring changes in bone temperature during drilling process for implant site preparation [155]. Madura et al. used in vitro IRT for studying thermal influence of Nd:YAG laser on a tooth root during sterilization process [156]. Experiments were performed on an extracted single rooted human tooth. They studied the influence of heat transmission, tissue thickness and irradiation time on the temperature rise of the tooth. Based on the above studies it can be concluded that, IRT can be successfully used for temperature monitoring of the dental tissue and optimization of sterilization process. Other applications of infrared thermography in dental sciences include evaluation of craniomandibular disorders [157], detection of carotid occlusal disease [158], quantification of the effects of post-surgical inflammation [159,160].

#### 6.6. Dermatological applications

Skin diseases, in general, cause inflammation which in turn causes abnormal temperature pattern on skin surface. Hence, IRT may be considered as a suitable technique for studying skin diseases. IRT has been used for diagnosis of leprosy subjects and it has been reported that, cooler areas (like ear and nasal rim region) are heavily affected [161,162]. Vargas et al. developed a normalized thermography methodology, where they used dimensionless average temperature (i.e. ratio of measured average temperature to a reference temperature), for leprosy diagnosis on a 50 year old male subject with hepatitis-C history of 20 years [163]. They monitored the subject for 587 days and found that, using thermal images effectiveness of leprosy treatment is detectable in 87 days whereas repigmentation is visually detectable only after 182 days. Benko et al. studied the thermal effects of exposure to beta radiation using IRT [69]. They observed that, the average temperature of the exposed region increases immediately after absorption of beta dose.

Thomas et al. had highlighted the use of IRT in laser based skin treatment especially in cases of vascular lesions and depilation, where IRT was used for optimization of laser parameters [164]. Mason et al. used IRT for assessment of burn injury depth and concluded that thermographic findings are far more accurate than clinical findings [165]. Cole et al. also reported similar results and concluded that, IRT might be helpful for selecting subject for early surgery [166]. Schnell and Zaspel used IRT for cooling management of extensive burns [167]. Mercer et al. have used IRT for monitoring the improvement of wound healing by water-filtered infrared-A (WIRA) in human subjects with chronic venous stasis ulcers [168]. Weerd et al. used IRT in autologous breast reconstruction with a deep inferior epigastric perforator flap [169]. They described that, this technique can be used for indirect monitoring of skin blood perfusion, pre-operative planning and post-operative monitoring. Recently Flores-Sahagun et al. used IRT for diagnosis and analysis of basal cell carcinoma, which is the most common skin cancer malignancy [170]. They proposed a method of conjugated gradients and

concluded that IRT is an effective tool for such applications. Costello et al. have used IRT for assessing decrease in skin temperature in human subjects following cryotherapy, which is therapeutic use of cold in various clinical settings [66].

#### 6.7. Blood pressure monitoring

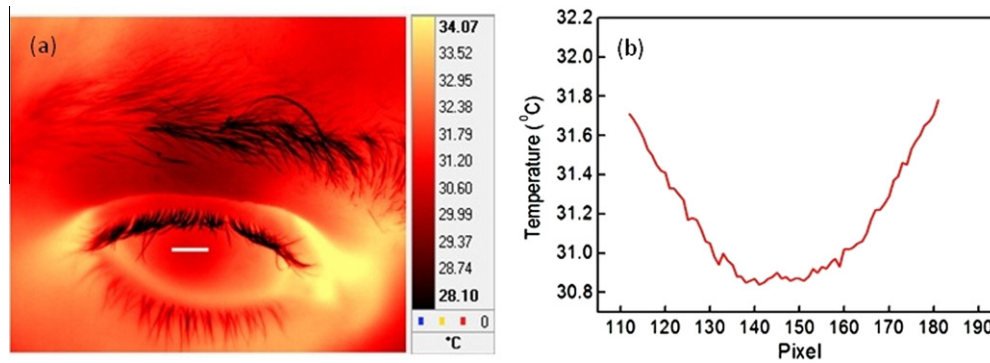
Arterial blood pressure and the corresponding thermograms, in two different groups of hypertensive subjects, one treated with a combination of atenolol ( $\beta_1$  receptor antagonist) plus chlorthalidone and the other treated with labetalol (mixed  $\alpha/\beta$  adrenergic antagonist) plus chlorthalidone were monitored by Cesaris et al. [171]. Using IRT, hypothermia was observed on the hands of the subjects in both the groups before treatment. After 1 month of treatment, no changes in peripheral vascular flow could be observed in the former group, whereas significant improvements in vascular flow were observed in the second group.

#### 6.8. Diagnosis of rheumatic diseases

IRT has been successfully used in the diagnosis and assessment of recovery after treatment in Raynaud's phenomena [52,172–174], gout [175] and arthritis [176,177]. Arnold et al. reported that, IRT is an excellent technique for measurement of skin temperature over different joints [178]. Ring demonstrated that, the subjects suffering from rheumatoid arthritis, juvenile arthritis, osteoarthritis, gout, etc. show abnormal temperature distributions over joints [179]. Collins et al. developed a thermographic index based methodology for quantification of joint inflammation in human subjects [180]. Ring et al. have demonstrated the use of IRT to quantify the effects of non-steroidal anti-inflammatory drugs (aspirin, indomethacin and benorylate) in subjects with rheumatoid arthritis and gout [177]. Based on their studies it has been concluded that, IRT is a suitable tool for assessment of the response to the anti-inflammatory treatment. Paterson et al. used IRT for assessment of rheumatoid inflammation in the knee joint, while using anti-inflammatory steroid therapy [181]. Frize et al. used IRT for diagnosis of rheumatoid arthritis in human subjects and found that, metacarpal phalangeal joints of the index, middle fingers and knee are the most suitable locations for IRT based studies [182]. Wu et al. reported that, local skin temperature near the coccyx region decreases significantly after conservative therapy in subjects suffering from coccygodynia [183]. Their studies concluded that IRT is as an effective tool for assessment of pain intensity after treatment of coccygodynia. Park et al. highlighted the effectiveness of infrared thermal imaging in subjects with shoulder impingement syndrome [49]. Thermographic results were compared with other clinical findings and this study confirmed that, the decreased range of motion and hypothermic temperature patterns are correlated. Shoulder immobility causes localized muscle atrophy, which in turn induces apoptosis in the endothelial cells of the muscle capillaries, which eventually leads to a decreased blood flow in the capillary resulting in hypothermic patterns [184]. Vecchio et al. reported that most of the subjects with unilateral frozen shoulder present anomalous temperature distribution [185]. Jeracitano et al. found that, subjects with adhesive capsulitis show an abnormal temperature pattern which indicate sympathetic dysfunction in the subserving pain from the affected shoulder [186]. Thomas et al. investigated unilateral and bilateral cases of tennis elbow using IRT and observed that in 94% unilateral and 100% bilateral cases, hot spots could be detected [187].

#### 6.9. Diagnosis of dry eye syndrome and ocular diseases

Using IRT, Morgan et al. recorded thermograms of ocular surfaces of dry eye subjects and controls [188]. It was found that,



**Fig. 9.** (a) Thermal image of left eye of a normal subject, where the cornea region is clearly discernible. Cornea appears to be at a lower temperature compared to the surrounding region. (b) Temperature profile along the horizontal line shown in Fig. 9a. The line profile shows that, the temperature distribution across cornea is symmetric in normal subjects and the coolest spot is little shifted from the geometrical center of the cornea. This may be attributed to the flow of tear fluid, which causes a decrease in temperature of the cornea.

mean ocular surface temperature is greater in the dry eye subjects ( $32.38 \pm 0.69$  °C) compared to the controls ( $31.94 \pm 0.54$  °C). Tan et al. have reviewed different methodologies, like manual, semi-automatic and fully automatic methods, for studying ocular surface temperature by IRT [3,189]. Chang et al. used IRT for diagnosis of inflammatory state of subjects with Graves' ophthalmopathy [190]. Temperature at different regions such as lateral orbit (reference point), upper and lower eyelids, caruncle, medial and lateral conjunctiva and cornea was measured and it was observed that, for subjects suffering from Graves' ophthalmopathy, temperature differences between the reference point and other regions are significantly higher compared to the corresponding temperature differences in the controls. It has also been found that, IRT is useful in studying follow-up effects of methylprednisolone pulse therapy. Brunsmann et al. used IRT to evaluate thermal load during laser corneal refractive surgery [191]. Ng et al. proposed that, enhanced eye temperature could be a possible indication of fever [192]. A typical thermal image of a normal eye is shown in Fig. 9. It can be seen from Fig. 9b that, the corneal temperature distribution is symmetric in normal subjects and the coolest point of the cornea is not at the geometrical center of the cornea but slightly shifted from the center. This can be attributed to the flow of tear fluid which can cause a decrease in temperature of the cornea and presence of upper eyelid [3].

#### 6.10. Diagnosis of liver diseases

Mansfield et al. used IRT for detecting liver metastases, which cause abnormal temperature patterns on the skin surface [55]. Knobel et al. used IRT to measure body temperature of neonates housed in incubators to examine relationship between body temperature and necrotizing enterocolitis (NEC) in premature infants [193]. It was observed that, mean abdominal-thoracic temperature differential is greater in the premature infants suffering from NEC. Milonov et al. used thermography with electrothermometry in subjects with parasitic liver diseases [54]. In this study, unilocular hydatid disease (unilocular echinococcosis, caused by *Echinococcus granulosus*) and multilocular hydatid disease (multilocular echinococcosis caused by *Echinococcus multilocularis*) were detected. Their studies show that, IRT is a useful tool for detecting suppurating cysts. Bhatia et al. investigated infants and children with acute and chronic liver diseases using IRT and found that, for 96% subjects, thermograms of the abdominal regions are abnormal [194].

#### 6.11. Treatment of kidney

Studies show that, IRT enables real-time visualization of flow distribution of hemofilter [195]. Kopsa et al. concluded that,

thermographic investigation can be a complementary test in kidney transplantation subjects for diagnosis of pathological intrarenal or perirenal disorders and also for evaluating graft function [58]. Oosterlinck and De reported that, IRT can be used to detect different arterial areas in kidney and may be helpful in performing avascular plane nephrotomies with minimum bleeding and renal parenchyma loss [196].

#### 6.12. Heart operation

Manginas et al. studied the feasibility of thermography in subjects with coronary artery disease (CAD) and in subjects after heart transplantation (Tx) [59]. They performed IRT experiments in 16 subjects with CAD, 19 heart transplanted subjects and 6 subjects without structural heart diseases (control). They compared the left and right ventricular temperature and found that, CAD subjects have a significantly higher temperature difference ( $0.19 \pm 0.11$  °C) compared to the Tx subjects ( $0.10 \pm 0.06$  °C) and the controls ( $0.07 \pm 0.04$  °C). It has also been reported that, thermography can detect earliest signs of atherosclerosis and thereby can act as an early indicator of heart attack [197]. In numerous heart operation cases IRT has been used as an additional viewing technique [198]. Madjid et al. used intracoronary thermography for detection of high risk vulnerable plaques [199].

#### 6.13. Gynecology

Thermography has been extensively used in the field of gynecology also [60,61]. Birnbaum and Kliot commented that, gynecology may be the most potential field for application of thermography, as during pregnancy the internal female genitalia undergoes significant changes in size and vascularity and increase in uterine volume during pregnancy leads to increase in the number and size of blood vessels [62]. Menczer and Eskin performed IRT experiments on female subjects, where temperature was measured at the level of the nipples and at a fixed level above and below the nipples for 4 weeks prior to delivery and on the first four postpartum days [200]. It was reported that, subjects complaining about postpartum pains have significantly higher temperature compared to the subjects without postpartum pain. They commented that, postpartum pain is mainly caused by venous and lymphatic engorgement or filling of the acini with milk and both processes increase vascularity directly or indirectly causing an increase in the temperature, which renders IRT as an effective tool for diagnosis of postpartum pain. Ng et al. studied erectile dysfunction (ED) in subjects using IRT and reported that, subjects with psychogenic ED showed higher surface temperature compared to organic ED subjects [201].

#### 6.14. Personality testing and brain imaging

Gulyaev et al. observed that, thermographic patterns are influenced by the subject's personality and psychological state of mind [95]. They observed that, temperature distributions depend on the level of stress, concentration and psychological activities. Shevelev, in his monograph on functional brain imaging, described a new methodology for thermal imaging of brain cortex, called thermoencephaloscopia (TES) [45]. He discussed the principal mechanisms behind TES process as neural activity, local metabolism and local cerebral blood flow, which produced detectable variations in temperature. This technique revealed activated (heated) and deactivated (cooled) zones of the cerebral cortex. He observed that, this technique is able to detect sequences of activation in the specific cortical zones. Studies indicate that, brain tumors of glial origins are at 0.5–2.0 °C higher temperature compared to the surrounding normal tissues [202].

### 7. Conclusions

With the advent of newer generation infrared detectors, infrared thermal imaging is becoming a more accurate alternate medical diagnostic tool for abnormal temperature pattern measurements. Besides, better temperature sensitivity, spatial resolution and non-contact nature, IRT is an absolutely harmless imaging methodology. Thermal images can be stored digitally and post-processed using various software packages to obtain insight into the thermal pattern. Interpretation of pseudo-color coded thermograms is comparatively easier and faster. Studies so far indicate that, IRT can be successfully used for diagnosis of breast cancer, diabetes, dentistry, diabetic neuropathy, etc. In coming years use of IRT in medical field is likely to surge.

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