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Targeting epigenetic regulators in the treatment of T-cell lymphoma

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Abstract

Introduction: T-cell lymphomas represent a broad group of malignant T-cell neoplasms with marked molecular, clinical, and biologic heterogeneity. Survival rates after conventional chemotherapy regimens are poor for most subtypes and new therapies are needed. Rapidly expanding knowledge in the field of epigenomics and the development of an increasing number of epigenetic modifying agents have created new opportunities for epigenetic therapies for patients with this complex group of diseases.

Areas covered: The present review summarizes current knowledge on epigenetic alterations in T-cell lymphomas, availability and mechanisms of action of epigenetic modifying agents, results of clinical trials of epigenetic therapies in T-cell lymphomas, status of FDA approval, and biomarker approaches to guide therapy. Promising future directions are discussed.

Expert commentary: Mutations in epigenetic modifying genes are among the most common genetic alterations in T-cell lymphomas, highlighting the potential for epigenetic therapies to improve management of this group of diseases. Single-agent efficacy is well documented, leading to FDA approval for several indications, but overall response rates and durability of responses remain modest. Critical next steps for the field include optimizing combination therapies that incorporate epigenetic modifying agents and developing predictive biomarkers that help guide patient and drug selection.

Keywords

Epigenetics; peripheral T-cell lymphoma; angioimmunoblastic T-cell lymphoma; histone deacetylase inhibitor; DNA methylation; targeted therapy; predictive biomarkers

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1. Introduction

T-cell lymphomas represent a diverse group of non-Hodgkin lymphomas of mature T-cell origin that generally are associated with unfavorable prognosis [1]. However, recent breakthroughs have allowed a better understanding of pathogenetic mechanisms of T-cell lymphomagenesis and uncovered molecular alterations that can be assessed using new biomarker approaches and can be specifically targeted with documented improvements in outcomes [2]. A particularly promising area in which significant progress has been made is the role of epigenetic alterations, including dysregulation of DNA methylation and histone modifications, in T-cell lymphomagenesis. Consequently, epigenetic-directed therapy of T-cell lymphoma has been widely investigated in pre-clinical models and in clinical trials with promising results, showing activity as single-agent therapy, as a component of combination therapies, and as a means to combat chemotherapy resistance [3]. Several epigenetic modulating drugs have been approved for specific T-cell lymphoma indications. In this review we discuss the background, current status, and future potential of these therapeutic approaches.

2. Overview of T-cell lymphoma

T-cell lymphomas represent 10–15% of non-Hodgkin lymphomas in the United States, and are thus less frequent than their B-cell counterparts [1,4]. Tumors of mature (post-thymic or peripheral) T-cell origin (peripheral T-cell lymphomas [PTCLs]) are loosely grouped by their predominant clinical presentation as leukemic, extranodal, or nodal subtypes. The World Health Organization defines more than 25 entities as "mature T- and NK-cell neoplasms" (Table 1) [5,6]. The most frequent in North America are nodal T-cell lymphomas, particularly PTCL, not otherwise specified; anaplastic large cell lymphoma (ALCL); and angioimmunoblastic T-cell lymphoma (AITL). Frequencies of specific subtypes vary significantly in different parts of the world [7]. Combination chemotherapy (e.g., cyclophosphamide, doxorubicin, vincristine, and prednisone [CHOP]) is the standard treatment approach for most PTCLs [1], but the prognosis remains poor for most subtypes except anaplastic lymphoma kinase (ALK) -positive ALCL. The marked clinicopathological and molecular heterogeneity, aggressive clinical behavior of most subtypes, inability of conventional combination chemotherapy to produce durable remissions in most patients, and new subgroups afforded through novel molecular approaches [8,9] underscore the need for new therapies and promise of targeted therapeutic approaches.

3. Epigenetic mechanisms

Epigenetics refers to the study of heritable DNA changes independent of DNA sequence alterations. The most common epigenetic alterations are DNA methylation and histone modification through the transfer of acetyl or methyl groups, often leading to silencing of tumor-suppressor genes and/or overexpression of proto-oncogenes in cancer (Figures 1 and 2) [10]. Gene silencing is also mediated in part by microRNAs, a class of short noncoding RNAs that regulate gene expression at the post-transcriptional stage by inducing degradation or inhibiting translation of the target gene [11]. Epigenetic modifications are often reversible, facilitating opportunities for targeted treatment by inhibiting proteins that modify

histones or promote DNA methylation. Experimental evidence and clinical observations demonstrate that epigenetic alterations contribute to a preleukemic state but are usually incapable of singlehandedly inducing full-blown hematological malignancy [12]. Targeting these abnormalities in early clones may therefore prove particularly effective at eradicating the disease or forestalling its progression. DNA methylation and demethylation at cytosine residues regulate gene expression associated with early cell development, somatic cell differentiation, cellular reprogramming, and malignant transformation. DNA methylation within gene regulatory elements is typically associated with gene silencing and is directly mediated by 3 members of the DNA methyltransferase (DNMT) family – DNMT1, DNMT3A, and DNMT3B -that carry out and maintain the methylation of CpG dinucleotides. DNMT1 predominantly maintains current methylation patterns while DNMT3A and DNMT3B initiate de novo DNA methylation [13]. Notably, methylation of specific genes such as CDKN2A encoding p16 can drive progression of T-cell malignancy [14]. DNA methylation can be reversed by DNMT inhibitors such as 5-azacytidine and 5aza-2'-deoxycytidine, which incorporate into the DNA of actively proliferating cells and form covalent complexes with DNA methyltransferases, thus trapping the enzymes at DNA sites. At low doses they inhibit the propagation of DNA methylation during each round of replication, whereas at high doses they are cytotoxic [15]. The histone code serves as a framework for assembling transcriptional regulatory apparatus. Histone-modifying enzymes, including writers, erasers, and chromatin remodelers, edit the histone code; other enzymes (readers), which contain specific domains that recognize different modifications, then interpret this code and initiate additional chromatin modifications that impact downstream biological processes [16]. This tightly-woven network plays an essential role in lymphoid development, and genetic abnormalities involving readers, writers, erasers, and remodelers have been implicated in many lymphoid malignancies [17]. Table 2 shows common histone modifiers with a focus on those involved in hematological malignancies.

4. Current epigenetic therapies in T cell lymphomas

In spite of substantial advances in the treatment of lymphoma in general, the prognosis of patients with relapsed or treatment-refractory T-cell lymphoma remains poor, necessitating the development of novel approaches and therapies. Epigenetic dysregulation has a potential role in initiating and promoting a wide variety of malignancies and is observed in both B-cell and T-cell lymphomas. Genes and proteins involved in epigenetic alterations specifically in T-cell lymphomas are shown in Table 3. Particularly, genes recurrently mutated in T-cell lymphomas may specifically contribute to lymphomagenesis via epigenetic dysregulation and represent potential targets for epigenetic therapies (Figure 3).

DNMT3A, TET2, IDH2, and RHOA mutations predominantly impact DNA methylation and are seen most frequently in angioimmunoblastic T-cell lymphoma and other lymphomas of T-follicular helper cell origin [18]. DNMT3A encodes a DNA methyltransferase that initiates de novo methylation; loss of function mutations typically occur in early stages of disease, often with loss-of-function co-mutation of TET2 [19,20]. TET2 encodes a methylcytosine dioxygenase that catalyzes oxidation of methylcytosine to hydroxymethylcytosine. TET2 mutations are associated with adverse clinical features in T-cell lymphomas [21]. IDH2 mutations are generally found at residue R172, often associated

with TET2 mutations. Its protein product, isocitrate dehydrogenase 2, is a metabolic enzyme that participates in conversion of isocitrate to 2-oxoglutarate. However, the mutated enzyme catalyzes the conversation of ketoglutarate to 2-hydroxyglutarate, which inhibits TET family enzymes and leads to DNA hypermethylation [22]. Of note, TET2 and IDH2 mutations also occur in myeloid malignancies and some neural and other solid tumors. The IDH2 R172 gain-of-function hotspot, with a secondary site at the neighboring R140, is common across tumor histologies; early data suggest that specific mutations may vary in their function and chemosensitivity, but the clinical implications for treatment of T-cell lymphoma remain unclear [23,24]. In contrast, loss-of-function TET2 mutations do not tend to have specific hotspot amino acids, although its catalytic domains are preferentially affected across tumor histologies [25]. Of note, the same TET2 founder mutation can be present in T-cell lymphoma and myeloid malignancy occurring in the same patient [19]. Although therapeutic opportunities for patients with TET2 mutations are incompletely understood, ascorbic acid has been reported to increase TET activity in PTCL cells in vitro, leading to DNA demethylation, up-regulation of tumor suppressor genes, and improved chemosensitivity [26]. Mutations in the small GTPase gene RHOA, particularly the G17V variant, also occur in lymphomas of T follicular helper-cell origin [20]; although the primary role of RhoA protein is not epigenetic, recent data have shown that *RHOA* and *TET2* mutations cooperate to disrupt T-cell homeostasis [27].

A number of genes mutated in T-cell lymphomas are involved in histone modifications and chromatin remodeling. *KMT2D* and *KMT2A* encode H3K4 methyltransferases, *KDM6A* encodes an H3K27 demethylase, and *SETD2* encodes an H3K36 methyltransferase and also recruits DNMT3B. *EP300* and *CREBBP* encode H3K18 acetyltransferases. Mutations in one of these 6 genes have been identified in 36% of peripheral T-cell lymphoma, not otherwise specified [28]. *KMT2D* is one of the most commonly mutated genes across all T-cell lymphomas [29], while *SETD2* mutations are seen particularly in enteropathy-associated T-cell lymphomas [30,31]. *ARID1A* and its paralog *ARID1B* encode AT-rich DNA interacting domain-containing proteins that are components of the SWI/SNF chromatin remodeling complex and have been characterized as tumor suppressors [32]. Loss of function mutations have been identified across a variety of T-cell lymphomas [33–35].

Many epigenetic-modifying agents have been identified over the past decade and introduced into clinical practice [10]. There are two main types of therapeutics in clinical trials that target the epigenome: broad reprogrammers and more specifically targeted agents for particular patient groups. Within the appropriate dosage ranges, both broad and "narrow" reprogrammers achieve precise interactions with the epigenetic regulatory proteins that are targeted. Broad reprogrammers are further subclassified into DNMT inhibitors, histone deacetylase (HDAC) inhibitors, and bromodomain and extra-terminal motif protein (BET) inhibitors [36]. These classes of agents have a large-scale effect on gene expression with the potential for reversing neoplastic alterations in the expression of a wide variety of cancerassociated genes [36,37]. In contrast, targeted therapies are based largely on pharmacological agents developed to address epigenetic alterations associated with specific and recurrent molecular alterations such as mutations involving epigenetic modifying genes. For example, activating mutations in the H3K27 histone N-methyltransferase gene *EZH2* are commonly found in lymphomas [38], and EZH2 inhibitors have been shown to induce

selective eradication of cell lines having these mutations [39]. Mutations of *EZH2* do not appear to be common in T-cell lymphomas, though they have been identified in T-prolymphocytic leukemia [40]. However, a JAK3-induced non-canonical function of EZH2 as a transcriptional co-activator has been identified in natural killer/T-cell lymphomas and inhibiting this function might play a role in management of this disease [41,42]. Gliomas and acute myeloid leukemia (AML) frequently carry mutations in the tricarboxylic acid (TCA) cycle genes encoding isocitrate dehydrogenases IDH1 and/or IDH2, which promote abnormal hypermethylation by producing a demethylation-inhibiting metabolite [43,44].

Epigenetic modulating agents approved by the United States Food and Drug Administration (FDA) include the HDAC inhibitors vorinostat (2006), romidepsin (2009), panobinostat (2015) and belinostat (2015); the DNMT inhibitors azacytidine (2004) and decitabine (2006); and the IDH inhibitors enasidenib (2017) and ivosidenib (2018) [10]. Drugs that target the epigenome that are currently approved for hematological malignancies are shown in Table 4 [10,45]. Key findings in clinical trials leading to approval of drugs specifically in T-cell lymphoma are shown in Table 5.

4.1. HDAC inhibitors

The acetylation of both histone and non-histone proteins is synchronized through the opposing actions of histone acetyltransferases (HATs) and HDACs. Human HDACs are categorized into 4 main classes of 18 proteins based on their respective yeast homologues and shared cellular localization and function: class I (HDAC1, HDAC2, HDAC3, and HDAC8); class II (HDAC4, HDAC5, HDAC6, HDAC7, HDAC9, and HDAC10); class III (the NAD-dependent protein deacetylase sirtuins SIRT1-SIRT7); and class IV (HDAC11) [46]. HDAC inhibitors exhibit differential abilities to inhibit HDAC classes I, II, and IV.

Clinical studies have confirmed the antineoplastic activity of HDAC inhibitors both as single-agent therapies and in combination with hypomethylating agents, targeted therapies, and conventional chemotherapeutic agents in various hematological malignancies including acute lymphoblastic leukaemia, cutaneous T cell lymphoma (CTCL), diffuse large B-cell lymphoma, Hodgkin lymphoma, and Burkitt lymphoma [47–54]. Collectively, these data suggest that deregulation of HDACs and/or HATs is a critical mechanism in lymphomagenesis and therefore an attractive target for pharmacological modulation [10].

Although preclinical studies in T-cell lymphoma cell lines have shown that HDAC inhibitors promote cell-cycle arrest, apoptosis, and DNA damage and modulate a number of cellular pathways, the exact mechanisms behind the activity and specificity of HDAC inhibitors in T-cell lymphomas remain unclear [55–58]. No common set of genes that are induced or inactivated in response to HDAC inhibitor treatment has been identified so far, and although potential biomarkers to guide patient selection have been investigated, none has been validated as being predictive of response in routine clinical practice [59,60]. However, because of the clinical activity noted with prior HDAC inhibitors, newer generation HDAC inhibitors are being tested in T-cell lymphomas even without extensive agent-specific preclinical data [61].

While new HDAC inhibitors continue to be developed, the FDA has approved 5 for clinical use including 3 for T-cell lymphoma: romidepsin for CTCL and PTCL patients who have finished one course of systemic therapy; vorinostat for CTCL patients with relapsed/ refractory disease after finishing two courses of systemic therapy; and belinostat for relapsed/refractory PTCL [62–66]. Of note, romidepsin has induced rapid and durable complete responses in the subset of patients with AITL, including those refractory to previous treatments [67]. Other HDAC inhibitors have shown potential in lymphoma treatment including panobinostat, abexinostat and quisinostat (broad-spectrum HDAC inhibitors); entinostat and mocetinostat (HDAC1, 2, 3, and 11 inhibitors); and chidamide (an HDAC1, 2, 3, and 10 inhibitor) [68].

Response rates of HDAC inhibitors depend on both the drug and the lymphoma subtype. Among the highest response rates have been those reported with chidamide in AITL (50% overall response rate [ORR] and 40% complete response [CR] rate) [69]. It remains unclear whether mutations in genes encoding HAT enzymes can be used as a reliable biomarker to predict response to HDAC inhibitors and specifically no definitive association has been demonstrated between *CREBBP* or *EP300* mutations and response to therapy [70]. Of note, HDAC inhibitors are often associated with side effects depending on the drug, including thrombocytopenia (80–90% of patients), fatigue (30–50%), and gastrointestinal toxicities (40–60%) [69,71–73].

With FDA approval of HDAC inhibitors for the treatment of CTCL and PTCL, these agents are currently used in the treatment of relapsed/refractory T-cell lymphoma and new, more selective compounds are being intensively developed and evaluated. Of note, resistance to vorinostat did not predict resistance to romidepsin in preclinical studies, and therefore patients who fail one HDAC inhibitor may still be eligible for others [74]. Acquired vorinostat resistance has shown partial cross-resistance to second-generation HDAC inhibitors, and correlated with loss of histone acetylation and apoptosis [74]. Both romidepsin and belinostat are rational options in the treatment of relapsed/refractory PTCL, although safety data with romidepsin are better established. Belinostat may be preferred in thrombocytopenic patients with a baseline platelet count <100,000/ μ L; efficacy and safety of romidepsin in thrombocytopenic patients is not well established. The response rates of currently approved HDAC inhibitors in T-cell lymphoma are still relatively low, about 30%, leaving room for improvement.

Current studies continue to investigate whether the combination of HDAC inhibitors with chemotherapy such as CHOP would be safe and more effective than conventional multiagent chemotherapy alone [61]. Studies involving smaller cohorts of patients receiving vorinostat or panobinostat combined with rituximab, ifosfamide, carboplatin and etoposide (R-ICE) have shown a 70% ORR and a 30% CR rate across various lymphoma subtypes, and an 82% CR rate in patients with Hodgkin lymphoma; however, this combination was accompanied by significant levels of hematological toxicity, including grade 4 neutropenia in 55% of patients and thrombocytopenia in 100% [75,76]. Two trials in T-cell lymphoma patients have investigated the effect of romidepsin in combination with CHOP; both showed clinical improvement from this combination while maintaining safety and tolerability [77,78]. Larger, randomized controlled trials combining HDAC inhibitors with chemotherapy are

Finally, it is important to note that the effects of HDAC inhibitors are not entirely specific for histones and also promote acetylation of some non-histone targets in both the nucleus and cytoplasm that may contribute to their efficacy and/or toxicity [79]. Protein acetylation is a critical post-translational event that guides protein localization, folding, and degradation and modulates a wide variety of cellular functions such as DNA damage repair, cell cycle, metabolism, and transcription [80]. Little is known about non-histone targets of HDAC inhibitors in T-cell lymphoma specifically [61,81]. However, non-histone protein targets that are generally relevant in lymphoma include heat shock proteins such as HSP90, NF-B family proteins, and BCL6, and p53 [79,82-84] Better understanding of these non-histone targets in T-cell lymphoma may lead to improved ability to select specific HDAC inhibitors for the optimal safety and efficacy profile. For example, HDAC6 modulates HSP90 chaperone activity [82], HDAC2 deacetylates p53 [84], and a broad range of non-histone HDAC1 substrates (e.g., CDK1 and SMH6) have been identified [85]. Therefore HDAC1/2 inhibitors (e.g., romidepsin), HDAC6 inhibitors (e.g., ricolinostat), and pan-HDAC inhibitors (e.g. vorinostat) may differ not only in their effects on chromatin-mediated transcriptional regulation but also in their impact on non-histone protein acetylation and its functional consequences.

4.2. DNMT inhibitors

DNMT inhibitors can be classified into 3 groups: nucleotide inhibitors, non-nucleotide inhibitors, and rationally-designed inhibitors. None is currently FDA-approved for treatment of T-cell lymphoma. Nucleotide inhibitors, such as 5-azacytidine and 5-aza-2'-deoxycytidine (decitabine), block methylation by incorporating into DNA, where they bind and degrade DNMT1. Nucleotide inhibitors are broadly used in myeloid malignancies and are FDA-approved for myelodysplastic syndrome and acute myeloid leukemia; they are being evaluated in other malignancies, including T-cell lymphoma. Among T-cell lymphomas, they may have particular application in AITL [86]. Non-nucleotide inhibitors, such as procainamide, epigallocatechin-3-gallate (EGCG, a component of green tea), procaine, and hydralazine, act by blocking the active site of DNMTs to reactivate methylated genes; this class of agents is not yet approved for cancer treatment [87]. Rationally-designed inhibitors, such as RG108, S110, and MG98, are small molecules that specifically bind to the active site of DNMTs and are currently under study [87,88].

As with HDAC inhibitors, the optimal use of DNMT inhibitors is likely to be as a part of therapeutic combinations. The combination of DNMT inhibitors with HDAC inhibitors is currently being explored because both hypermethylated DNA and hypoacetylated histones are associated with closed chromatin states that repress gene expression through independent mechanisms. These combinations may be particularly attractive for achieving synergy with a favorable toxicity profile since both therapies can have cytotoxic effects at high doses but retain their chromatin-modifying properties at lower doses [10]. Notably, a recent phase I study of 5-azacytadine and romidepsin identified an overall response rate of 73% and a

complete response rate of 55% in T-cell lymphomas; these response rates were substantially superior to those seen in Hodgkin and B-cell non-Hodgkin lymphomas and a phase II trial is underway [89]. Other studies have investigated the potential role of DMNT inhibitors in the prevention of T-cell lymphomas [90,91]. As with the HDAC inhibitors, the potential for expanding the role of DNMT inhibitors will be facilitated by the development of biomarkers that can predict response [54].

4.3. Protein Arginine Methyltransferase (PRMT) inhibitors

PRMTs catalyze protein arginine methylation on histone and non-histone proteins (posttranslational regulation). They are involved in a wide variety of cellular processes and are potential molecular targets for improving current cancer therapy. Nine human PRMTs are known, but their function in disease pathways remains poorly understood. PRMT5 appears to be particularly relevant to oncogenesis. PRMT5 is a type II PRMT that specifically catalyzes the symmetrical dimethylation of arginine residues located on H3 or H4 proteins, causing gene silencing [92].

No PRMT inhibitors have received FDA approval to date. The first clinical trial to study PRMT5 inhibition was initiated in patients with solid tumors or non-Hodgkin lymphoma in 2016. Activating mutations in *PRMT5* have not yet been reported in lymphoma, but PRMT5 is overexpressed in several subtypes and might possibly serve as a predictive biomarker [10]. Specifically, PRMT5 expression is upregulated in human T-lymphotropic virus-1 (HTLV-1) - transformed adult T cell leukemia/lymphoma (ATLL), and PRMT5 inhibition has selective cytotoxic effects on HTLV-1-positive lymphoma cells [93]. Overexpression of PRMT5 in ATLL seems to interact with oncogenic cyclin D1, MYC, and NOTCH1 in driving lymphomagenesis and might also directly silence p53 [94].

4.4. Isocitrate dehydrogenase (IDH) inhibitors

IDHs catalyze the oxidative decarboxylation of isocitrate to a-ketoglutarate. IDH has three isoforms: IDH1, IDH2, and IDH3. Mutations in IDH1 or IDH2 lead to the accumulation of 2-hydroxyglutarate (2-HG), which inhibits several demethylation pathways, including those driven by ten-eleven translocation (TET) proteins, and therefore act as indirect epigenetic regulators [10]. Dysregulation of the IDH epigenetic pathway has been well studied in T-cell lymphoma. Whole-exome sequencing has revealed recurrent IDH2 mutations in a variety of PTCL subtypes, including around 30% of AITLs [22,95,96]. The R172 residue is most commonly affected by IDH2 mutations, and is associated with the highest resultant levels of 2-HG compared with hotspot mutations affecting IDH1R132 and IDH2R140 [97]. Mutations may prove to be a key biomarker to select patients to receive IDH inhibitors regardless of tumor pathology. Notably, T-cell lymphomas having IDH2 mutations express programmed cell death protein-1 (PD-1) and are associated with downregulation of $T_{\rm H}$ 1 differentiation genes such as STAT1 and IFNG [22,95,96]. Integrative analysis has suggested a possible role of IDH gene mutations in lymphomagenesis, demonstrating increased methylation of the promoters that regulate T-cell receptor signaling and T-cell differentiation in cell lines with IDH2^{R172K} [22].

Both the IDH2 inhibitor enasidenib and, the IDH1 inhibitor ivosidenib have been approved for relapsed/refractory AML patients who carry mutations in *IDH2* or *IDH1*, respectively [98,99]. IDH inhibitors have the pathognomonic adverse effect of differentiation syndrome in around 11% of patients, which presents with dyspnea, fever, pulmonary infiltrates, acute kidney injury, bone and joint pain, lymphadenopathy, or rash [10]. Other side effects include hyperbilirubinemia, anemia, and thrombocytopenia [98–100]. Interestingly, patients with acquired resistance to enasidenib were found to have new point mutations at either Q316 or I319, both of which were associated with increased circulating 2-HG levels [101]. Though results from trials of IDH inhibitors in lymphoma are not currently available, clinical trials investigating IDH2 inhibitors (enasidenib), IDH1 (ivosidenib), and both IDH1 and IDH2 (vorasidenib) in patients with advanced-stage hematological malignancies are being conducted, and enasidenib is being investigated in a phase I/II trial specifically for AITL patients [10].

4.5. Bromodomain and extra-terminal motif protein (BET) inhibitors

Bromodomains represent a conserved family of motifs that recognize and bind acetylated lysine residues in histone tails, thereby facilitating recruitment of protein complexes that enable transcription [102]. BET bromodomains have two tandem N-terminal bromodomains and an extra-terminal domain at the C-terminus. BET bromodomains are critical in transcriptional elongation and are important in regulating expression of genes such as *MYC*, NF-B-dependent genes, and cell cycle genes that play a central role in various cancers including lymphoma [103]. Following initial development of the BET inhibitor JQ1 [104], at least 14 BET inhibitor compounds have been or are being tested in clinical trials for solid tumors and/or hematologic malignancies [102]. While these trials have not specifically targeted T-cell lymphoma and limited data are available on efficacy in lymphomas in general [105], preclinical studies have shown promising results alone or in combination in cutaneous T-cell lymphoma and some ALCLs [106–108].

5. Expert commentary

Epigenetic alterations are taking on a pivotal role in the diagnosis, prognosis, and therapy of hematological malignancies. Clinical trials of epigenetic-directed therapies initially were focused on myeloid and B-cell neoplasms, but have expanded to include T-cell lymphomas as well and have led to FDA approval of HDAC inhibitors for several T-cell lymphoma indications. However, additional research is needed before the full potential of epigenetic therapies to improve patient outcomes can be achieved. Three specific areas for future progress are drug development, combination therapies, and biomarker discovery.

Emphasis should be placed on the development of new epigenetic modifying agents, including HDAC inhibitors with greater target specificity and improved safety/efficacy profiles. In conjunction with these efforts, development of new HDAC inhibitors will be facilitated by additional mechanistic and molecular profiling studies to understand the role of specific HATs and HDAC classes in T-cell lymphomagenesis. Furthermore, it will be necessary to dissect the histone-specific effects of HDAC inhibitors from off-target effects on acetylation of non-histone proteins. Finally, concentrated efforts are needed to develop

new agents targeting epigenetic mechanisms other than histone acetylation and DNA methylation, such as the emerging development of BET inhibitors.

Another area where we anticipate significant advances is the development of more effective combination regimens in both the first-line and relapsed/refractory settings. As discussed, combinations of epigenetic modulating agents with conventional chemotherapy are being investigated in clinical trials and potential synergistic combination of more than one epigenetic agent such as combining demethylating agents with HDAC inhibitors is being explored. We anticipate that these rational combinations will facilitate "non-chemotherapy" approaches in the treatment of T-cell lymphomas, potentially obviating the need for cytotoxic agents in at least a subset of patients. The first frontline non-chemotherapy combination for non-Hodgkin lymphoma was ibrutinib/rituximab for lymphoplasmacytic lymphoma [109]. Although limited data are available for non-chemotherapy approaches for PTCL in the frontline setting, occasional sustained responses to epigenetic modifying drugs such as azacytidine in the relapsed/refractory setting [86,110] suggest that frontline approaches might be developed with a better understanding of mechanisms of action and development of predictive biomarkers [111].

Epigenetic modifying agents may also facilitate immunotherapy approaches. One rationale is that by reversing epigenetic silencing, these agents may increase expression of neoantigens that stimulate the host antitumor immune response. In ALCL, hypomethylation has been shown to correlate with expression of cancer-testis antigens that can serve as targets for anti-tumor immune responses, and this expression profile can be reproduced in vitro by treating hypermethylated ALCL cells with demethylating agents [112]. Epigenetic agents may demonstrate efficacy in combination with immune checkpoint blockade, vaccine approaches, genetically modified T cells, and other immunotherapeutic strategies. Further studies are needed to elucidate the mechanisms of action of epigenetic modifying agents, which currently are incompletely understood. By characterizing the main gene targets of epigenetic modifying agents, better rational combination strategies can be devised. It should be noted that since epigenetic agents have common hematological toxicities, it is likely that they impact elements of the host immune response. This area is understudied and better understanding will facilitate more effective combinations.

Finally, the clinical application of both new drugs and new combinations will be facilitated by predictive biomarkers that help identify patients most likely to respond to epigenetic modifying agents, and by monitoring biomarkers that help gauge the efficacy of therapy in real time. Extensive correlative studies should be performed in clinical trials involving epigenetic modifying agents whenever feasible, so that such biomarkers can be identified and also so that drugs that demonstrate a high degree of efficacy in a relatively small fraction of patients can be pursued using biomarker-guided approaches, potentially with accompanying development of companion diagnostics, rather than assessed only based on cohort-wide responses. Advances in the understanding of the epigenome and highthroughput approaches to characterize it in clinical samples and experimental models are facilitating this biomarker discovery. In addition to base-level, feature-level, or gene-level alterations, the areas of three-dimensional chromatin configuration and telomere science are rapidly expanding to afford new insights into potential targets for future novel agents.

In summary, emerging availability of epigenetic modifying agents has shown substantial promise, but overall response rates remain modest and additional work is needed to develop more effective and less toxic agents, rational combination therapy strategies, and biomarkers to guide their use. High-throughput molecular tools to characterize the epigenome in cancer and normal cells are facilitating greater mechanistic understanding that will fuel these advances and likely lead to improved survival for patients with T-cell lymphoma.

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Papers of special note have been highlighted as:

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Article highlights

- Epigenetic alterations play a significant role in hematological malignancies, in large part through changes in gene expression regulated by changes in DNA methylation and histone modifications.
- Epigenetic-modifying agents that are FDA-approved for T-cell lymphoma indications include HDAC inhibitors such as vorinostat, romidepsin, and belinostat.
- DNA demethylating agents have shown promise in T-cell neoplasms such as angioimmunoblastic T-cell lymphoma, and clinical trials are underway.
- Critical areas for future work include development of more specific and less toxic epigenetic drugs; clinical validation of rational drug combinations that include epigenetic agents; and development of epigenetic biomarkers that help guide patient and drug selection.



Figure 1.

DNA methylation is the covalent modification of cytosine residues in CpG dinucleotides. When occurring in or near gene sequences, it may lead to transcriptional silencing.



Figure 2.

Unlike DNA methylation, histone modifications can lead to either activation or repression of gene transcription, depending upon which residues are modified and which modifications take place. The N-terminal tails of histones can undergo a variety of post-translational covalent modifications, including methylation and acetylation, by a variety of histone-modifying enzymes, including readers, writers, and erasers. The combined effects of these enzymes iteratively alter the histone code and play a critical role in both normal lymphoid development and lymphomagenesis. DNMT, DNA methyltransferase; HAT, histone acetyltransferase; HDAC, histone deacetylase; HDM, histone demethylase; HDP, histone dephosphorylation; HP, histone phosphorylation.



Figure 3.

Epigenetic modifier genes mutated in T-cell lymphomas. Mutations of *DNMT3A*, *TET2*, *IDH2*, and *RHOA* are seen predominantly in T-cell lymphomas of T-follicular helper cell origin and lead to alterations in methylation patterns. Mutations of histone modifier genes lead to a variety of histone alterations and changes in chromatin remodeling.

Table 1.

Subtypes of mature T-cell lymphoma based on the WHO classification [5,6]

Predominantly Leukemic or Disseminated
T-cell prolymphocytic leukemia
Adult T-cell leukemia/lymphoma
Extranodal
Extranodal NK-/T-cell lymphoma, nasal type
Enteropathy-associated T-cell lymphoma
Hepatosplenic T-cell lymphoma
Subcutaneous panniculitis-like T-cell lymphoma
Monomorphic epitheliotropic intestinal T-cell lymphoma *
Indolent T-cell lymphoproliferative disorder of the gastrointestinal tract *
Primary Cutaneous
Mycosis fungoides
Sézary syndrome
Lymphomatoid papulosis
Primary cutaneous anaplastic large cell lymphoma
Primary cutaneous γδ T-cell lymphoma
Primary cutaneous CD8+ aggressive epidermotropic cytotoxic T-cell lymphon
Primary cutaneous acral CD8+ T-cell lymphoma*
Primary cutaneous CD4+ small/medium T-cell lymphoproliferative disorder*
Predominantly Nodal
Peripheral T-cell lymphoma, not otherwise specified
Angioimmunoblastic T-cell lymphoma
Follicular T-cell lymphoma*
Nodal peripheral T-cell lymphoma with TFH phenotype $*$
Anaplastic large-cell lymphoma, ALK+
Anaplastic large-cell lymphoma, ALK-
Breast implant-associated anaplastic large-cell lymphoma*
EBV-positive lymphoproliferative disorders
Systemic EBV+ T-cell lymphoma of childhood *
Hydroa vacciniforme–like lymphoproliferative disorder *

Provisional entities in the WHO classification.

Abbreviations: ALK, anaplastic lymphoma kinase; EBV, Epstein-Barr virus; TFH, T-follicular helper; WHO, World Health Organization.

Common writers, erasers, and readers involved in lysine methylation on histones H3 and H4 [16]

Site	Writers	Erasers	Readers
H3K4	MLL1/KMT2A MLL2/KMT2D PRDM9/KMT8B	-	CFP1 PHF23
НЗК9	SUV39H/KMT1A–B PRDM family	JHDM2B/KDM3B JHDM3C/KDM4C	-
H3K27	-	JMJD3/KDM6B	-
H3K36	NSD1/KMT3B NSD2/KMT3G NSD3/KMT3F ASH1L/KMT2H SETD3 SETMAR	JHDM1B/KDM2B JHDM3C/KDM4C	DNMT3A
H3K79	DOT1L/KMT4	-	TP53BP1
H4K20	-	-	TP53BP1

Table 3.

Genes and proteins involved in epigenetic alterations in T-cell lymphomas

Subtype	DNA Methylated Genes	Deregulated Histone Modifying Enzymes		
ATLL	CDKN2A, CDKN2B, CDKN1A, HCAD, SHP1, DAPK, BMP6, APC, CD26 [14,113–118]	PRC2 hyperactivation with genome-wide trimethylation of H3K27 (H3K27m3) [119]		
CTCL	FAS (CD95) promoter [120], CDKN2A-CDKN2B locus [121], indirect silencing of tumor suppressor genes by STAT3 through induction of DNMT1 expression [120]	HDAC6, KMT2D/MLL2 [122,123]		
PTCL, NOS	<i>TET1, TET2, DNMT3A</i> [21,124]	Histone methylation: KMT2D, KMT2A, KDM6A, SETD2, EZH2; histone acetylation: CREBBP, EP300 [35,125–127]		
AITL, other TFH- derived lymphomas	Mutations of TET2, DNMT3, IDH2 [128]			
HSTL	Hypermethylation: BCL11B, CD5, CXCR6, GIMAP7, LTA, SEPT9, UBAC2, UXS1; hypomethylation: ADARB1, NFIC, NR1H3, ST3GAL3[129]	Silencing of <i>SETD2</i> (histone lysine methyltransferase) [33]		
ENKTL	Mutations of KMT2D, ASXL3, ARID1A, EP300) [35,130]			

Abbreviations: AITL, angioimmunoblastic T-cell lymphoma; ATLL, adult T-cell leukemia/lymphoma; CTCL, cutaneous T-cell lymphoma; DNMT, DNA methyltransferase; ENKTL, extranodal NK-/T-cell lymphoma, nasal type; HDAC, histone deacetylase; HSTL, hepatosplenic T-cell lymphoma; PTCL, NOS, peripheral T-cell lymphoma, not otherwise specified.

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Epigenetic drugs approved for hematological malignancies

Class	Potential Targets	Drug	Activity	Adverse events	Disease	Approval Status
		Romidepsin	HDAC class I		CTCL, PTCL	FDA
Histone deacetylase inhibitors	Loss of HATs: CREBBP, EP300; TET mutations	Vorinostat	HDAC classes I, II, IV	Thrombocytopenia (80–90%); fatigue (30– 50%); GI toxicity (40–60%)	CTCL	FDA
		Belinostat	HDAC classes I, II		PTCL	FDA
DMA mathematican		Azacytidine	Pan-DNMT		SQM	FDA, EMA
DNA menyu ansietase inhibitors	Genome-wate of promoter-specific methylation; <i>TET2</i> mutations	Decitabine	Pan-DNMT	Neutropenia, thrombocytopenia	AML, MDS	FDA (MDS); EMA (AML)
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and Drug 000 Agency; HDA, Abbreviations: AML, acute myeloid leukemia; CTCL, cutaneous T-cell lymphoma; DNMT; DNA methyltransterase; EMA, European Medic Administration; GI, gastrointestinal; HAT, histone acetyltransferase; MDS, myelodysplastic syndrome; PTCL, peripheral T-cell lymphoma.

Table 5.

Clinical trials of FDA-approved epigenetic drugs for TCL

NCT #	Phase	n	Lymphoma subtype	Response rate	Common adverse effects	Refs
Vorinostat (HDAC inhibitor, FDA approved for CTCL October 2016)						
NCT01728805	Phase III	186	CTCL	ORR: 4.8%; PFS: 3.1 months	Thrombocytopenia, neutropenia, lymphopenia, anemia; rare: cellulitis (3%), pulmonary embolism (3%), sepsis (3%)	[131]
NCT00091559	Phase IIB	74	R/R CTCL	ORR: 29.7%; median TTP: 4.9 months (9.8 months for stage IIB or higher responders)	Grade 2: diarrhea (49%), fatigue (46%), nausea (43%), and anorexia (26%); grade 3: fatigue (5%), pulmonary embolism (5%), thrombocytopenia (5%), nausea (4%)	[64]
NCT00771472	Phase I	6	R/R CTCL	No objective responses	Nausea (67%), thrombocytopenia (67%), hyperbilirubinemia (50%), vomiting (50%)	[132]
	Phase II	33	Refractory CTCL	TTR: 11.9 weeks; DoR: 15.1 weeks; TTP: 30.2 weeks	Fatigue, thrombocytopenia, diarrhea, nausea; grade 3: thrombocytopenia, dehydration	[133]
Romidepsin (HDAC inhibitor, FDA approved in November 2009 for CTCL and May 2011 for R/R PTCL)						
NCT00426764	Phase II	130	R/R PTCL	ORR: 25% (including 15% CR); DoR: 17 months; TTP: 13.4 months	Thrombocytopenia (24%), neutropenia (20%), infection (all types, 19%)	[62]
NCT00106431	Phase II	96	CTCL	ORR: 34%; CR:6%; DoR: 15 months (71% had advanced stage disease [IIB])	Pruritus (43%; median duration of reduction in pruritus, 6 months); drug- related adverse events generally mild (mainly GI disturbances and asthenic conditions)	[66]
NCT01456039	Phase I/II	50	R/R PTCL, CTCL	Phase II ORR: 43%; CR: 25%; Phase I/II PFS: 5.6 months; DoR: 11.1 months	Phase I: no DLT; phase II grade 3 adverse events: lymphopenia (74%), neutropenia (54%), leukopenia (46%), thrombocytopenia (38%)	[134]
NCT00007345	Phase II	71	CTCL PTCL	CTCL: ORR: 34%; DoR: 13.7 months; PTCL: ORR: 38%; DoR: 8.9 months	nausea, vomiting, fatigue, transient thrombocytopenia and granulocytopenia	[135,136]
Belinostat (HDAC inhibitor, FDA approved for R/R PTCL July 2014)						
NCT00274651	Phase II	24 29	R/R PTCL CTCL	ORR: 25% ORR: 14%	Nausea (43%), vomiting (21%), infusion site pain (13%), dizziness (11%); rare: ventricular fibrillation (G5), thrombocytopenia (G4), peripheral edema (G3), apraxia, paralytic ileus, pneumonitis, jugular vein thrombosis (G2).	[137]
NCT00865969	Phase II	120	R/R PTCL	Not available		
NCT01839097	Phase I	23	PTCL			

NCT#: ClinicalTrials.gov Identifier (NCT Number), n: number of analyzed participants, PFS: progression-free survival, ORR: overall response rate, CR: complete remission, DLT: dose-limiting toxicity, DoR: median duration of response, TTR: time to response, TTP: time to progression, R/R: relapsed/refractory, G: Grade of toxicity.