

HHS Public Access

Author manuscript *Exp Eye Res.* Author manuscript; available in PMC 2021 April 01.

Published in final edited form as:

Exp Eye Res. 2020 April ; 193: 107956. doi:10.1016/j.exer.2020.107956.

Increased endogenous dopamine prevents myopia in mice

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Abstract

Experimental evidence suggests that dopamine (DA) modulates refractive eye growth. We evaluated whether increasing endogenous DA activity using pharmacological or genetic approaches decreased myopia susceptibility in mice. First, we assessed the effects of systemic L-3,4-dihydroxyphenylalanine (L-DOPA) injections on form deprivation myopia (FDM) in C57BL/6J (WT^{C57}) mice. WT^{C57} mice received daily systemic injections of L-DOPA (n=11), L-DOPA + ascorbic acid (AA, n=22), AA (n=20), or Saline (n=16). Second, we tested transgenic mice with increased or decreased expression of vesicular monoamine transporter 2 (VMAT2^{HI}. n=22; WT^{HI}, n=18; VMAT2^{LO}, n=18; or WT^{LO}, n=9), which packages DA into vesicles under normal and form deprivation conditions, affecting DA release. At post-natal day 28 (P28), monocular FD was induced in each genotype. Weekly measurements of refractive error, corneal curvature, and ocular biometry were performed until P42 or P49, WT^{C57} mice exposed to FD developed a significant myopic shift (treated-contralateral eye) in AA (-3.27±0.73D) or saline $(-3.71\pm0.80D)$ treated groups that was significantly attenuated by L-DOPA ($-0.73\pm0.90D$, p=0.0002) or L-DOPA + AA (-0.11±0.46D, p=0.0103). The VMAT2^{LO} mice, with underexpression of VMAT2, were most susceptible to FDM. VMAT2^{LO} mice developed significant myopic shifts to FD after one week compared to VMAT2^{HI} and WT mice (VMAT2^{LO}: $-5.48 \pm$ 0.54D; VMAT2^{HI}: $-0.52 \pm 0.92D$, p<0.05; WT: $-2.13 \pm 0.78D$, p<0.05; ungoggled control: -0.22 \pm 0.24D, p<0.001). These results indicate that endogenously increasing DA synthesis and release by genetic and pharmacological methods prevents FDM in mice.

Keywords

myopia; dopamine; form-deprivation; VMAT2; L-DOPA; mouse; retina

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1. Introduction

For a growing number of individuals around the world, refractive development is disrupted by either genetic or environmental factors which cause the eye to develop myopia (Fricke et al., 2018; Morgan et al., 2018). Myopia is caused by light focusing in front of the retina, typically caused by axial elongation, which causes a blurred image of objects at a distance. Though relatively easy to treat with corrective lenses, myopia increases the risk for a number of blinding eye diseases later in life such as cataracts, retina detachments, and glaucoma (Morgan et al., 2017; Verkicharla et al., 2015). Myopia dramatically increases the burden on health care systems and negatively impacts educational and economic productivity when left untreated (Resnikoff et al., 2008).

The factors influencing myopia development and the ocular signaling mechanisms controlling it are still largely unknown. The retinal mechanisms by which the eye detects and responds to defocus during development and emmetropization are currently being investigated in animal models with experimentally induced myopia (Schaeffel and Feldkaemper, 2015). Several chemical messengers have been proposed as regulators of refractive eye growth including the neuromodulator dopamine (DA) (Ashby et al., 2007; Nickla et al., 2009; Stone et al., 1989; Stone et al., 1991; Stone et al., 2003). DA is responsible for many important functions of the retina such as gap junction and circadian rhythm regulation (Chakraborty et al., 2018; Jackson et al., 2012; Witkovsky, 2004).

DA has been implicated in myopia and refractive development in many animal studies (Feldkaemper and Schaeffel, 2013; Iuvone et al., 1991; Stone et al., 1989). In chicks with form deprivation (FD), retinas show decreased levels of DA relative to control eyes (Stone et al., 1989). DA receptor agonists generally decrease the response to both FD or lens-induced myopia (Huang et al., 2018; Iuvone et al., 1991; Nickla et al., 2010; Schmid and Wildsoet, 2004), while decreasing DA signaling through receptor antagonists generally exaggerates the response (McCarthy et al., 2007; Rohrer et al., 1993; Schaeffel et al., 1995). While it is unlikely that DA is the only signaling molecule to impact the regulation of ocular growth, it is likely that DA activity is an early signaling mechanism triggering downstream effects on the choroid, sclera, or even cornea (Cavallotti et al., 1999; Grueb et al., 2006; Zhou et al., 2017). Therefore, increasing DA levels and DA activity in the retina may prevent myopia development.

DA in the retina is synthesized when tyrosine hydroxylase (TH) is stimulated by light to convert tyrosine to L-DOPA which is then converted to DA by aromatic amino acid decarboxylase (AADC) in dopaminergic amacrine cells (DACs). Treating animals with L-DOPA could increase the levels of DA synthesized and therefore increase the amounts of DA released into the extracellular space, increase downstream signaling, and prevent myopia. Previous work with L-DOPA to prevent myopia in guinea pigs showed that the drug was effective at increasing DA levels and preventing the response to form deprivation (Mao et al., 2010); however, the effect of L-DOPA has not been tested in mice. In these experiments, we determined the effect of increasing endogenous levels of DA on myopia development by treating form deprived mice with L-DOPA, the DA precursor. We

hypothesized that administering L-DOPA to C57BL/6J WT (WT^{C57}) mice would endogenously increase DA activity leading to a protective effect on FDM.

Vesicular monoamine transporter 2 (VMAT2) packages cytosolic DA into vesicles for exocytotic release (Parsons et al., 1993; Reimer et al., 1998; Rudnick et al., 1990). Just as TH is the rate limiting step in DA synthesis, VMAT2 is a critical step in DA release in neural tissue. VMAT2 is vital for maintaining cellular DA capacity and DA cannot be released without VMAT2.

VMAT2^{HI} mice with bacterial artificial chromosome (BAC)-mediated increased expression of VMAT2 have been used to study how altering DA activity could impact DA-related disease states (Lohr et al., 2014). Early characterization of the VMAT2^{HI} mouse showed increased expression of VMAT2 in the striatum, leading to increased vesicle capacity and volume, increased DA levels, and increased DA release upon cellular stimulation (Lohr et al., 2014). This increased DA signaling in VMAT2^{HI} mice resulted in resistance to neurotoxicity from methamphetamines and 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) (Lohr et al., 2016; Lohr et al., 2015). In contrast, VMAT2^{LO} mice with underexpression of the VMAT2 gene by targeted insertion of a neomycin replacement vector have decreased retinal DA and DOPAC levels and increased nigrostriatal degeneration and motor deficits (Caudle et al., 2007; Taylor et al., 2009). Together, these studies show that VMAT2 has dramatic regulatory effects on DA release and downstream signaling as well as related health outcomes.

Despite its potential role in DA signaling, VMAT2 has not been closely studied in the retina. Studies characterizing VMAT2 in the rat and mouse retina have localized it to dopaminergic amacrine cells (DACs) and have shown how its expression is increased as DACs mature (Burger et al., 2011; Hirasawa et al., 2012; Witkovsky et al., 2005). Some of the initial studies on DA dynamics in myopia were conducted on chick using the non-specific VMAT inhibitor, reserpine, to dampen DA and serotonin activity by depleting its intracellular stores (Diether and Schaeffel, 1997; Ohngemach et al., 1997; Schaeffel et al., 1995). Surprisingly, most of these studies found that reserpine had an inhibitory effect on FDM and LIM. A more recent investigation of the role of VMAT2 in myopia using PET/CT imaging of FD treated guinea pigs, showed that VMAT2 and DA levels were decreased with myopia (Sun et al., 2018).

This study aims to test the hypothesis that increasing endogenous DA can protect against myopia development. WT^{C57} mice with FD were given L-DOPA to increase DA synthesis and activity in the retina. We also examined whether altered levels of packaging DA into vesicles for release in VMAT2^{HI} and VMAT2^{LO} mice can change susceptibility to FDM. These studies provide novel insights on the role of endogenous DA in refractive development and suggest potential preventative strategies.

2. Methods

2.1 Transgenic and wild-type animals

All animals were bred and raised in the animal facility of the Atlanta VA Medical Center in Atlanta, GA. Mice were given unrestricted access to food and water, kept on a 12:12 hr light:dark cycle at approximately 20-200 lux during the light phase, and their health was checked daily. All mice were used according to the approved Institutional Animal Care and Use Committee protocol and the Association for Research in Vision and Ophthalmology Statement for the Use of Animals in Ophthalmic and Vision Research.

Male and female mice of each genotype were included in this study. C57BL/6J wild-type mice (WT^{C57}, n= 66) were ordered from Jackson Laboratories or derived from an in-house breeding colony. VMAT2^{HI} (n=32), VMAT2 WT (n=33), and VMAT2^{LO} (n=19) mice were from in-house breeding colonies established from mice generously shared by Dr. Gary Miller (Emory University). VMAT2^{HI} mice were generated with a BAC-mediated chromosomal insert using pronuclear injections into C57BL6 embryos (Lohr et al., 2014). The BAC-insert contained the entire VMAT2 locus (*Slc18a2*). VMAT2^{LO} mice were generated with the targeted insertion of a neomycin resistance replacement vector (Mooslehner et al., 2001). This transgenic mouse line expresses a hypomorphic allele of the gene, reducing expression of VMAT2. Each strain was bred separately, but in all cases, VMAT2 WT mice were littermates of the VMAT2^{HI} or VMAT2^{LO} mice. Pups were genotyped for either the BAC or neomycin inserts, and non-carriers were categorized as VMAT2 WT^{HI} or VMAT2 WT^{LO} respectively. All genotyping was done by Transnetyx, Inc. (Cordova, TN). Copy numbers of inserted VMAT2 were kept consistent by mating VMAT2^{HI} mice with C57BL/6 mice obtained from Charles River Labs (Wilmington, MA).

2.2 L-DOPA and ascorbic acid treatment

WT^{C57} mice were divided into four treatment groups; L-DOPA (1.0 mg/kg body weight), ascorbic acid (AA) only (1.0 mg/kg body weight), L-DOPA + AA (1.0 mg/kg body weight each, Thermo Fisher Scientific, Waltham, MA), and saline (0.9% NaCl). The dose of L-DOPA was based on previous L-DOPA treatment studies in form-deprived guinea pigs (Mao et al., 2010). AA was added to solutions of L-DOPA to prevent oxidation. All drug treatments were prepared in saline immediately before administration, kept in light tight containers, and administered daily via intraperitoneal injection between 9-11 hours after light onset. To prevent added time and oxidation, the pH was not measured and solutions were not titrated. Treatments for all groups began at P28, when a subset of animals were given FD to induce myopia.

2.3 Refractive and ocular measurements

At P28, baseline measurements of refractive error and ocular biometrics were collected for all animals. As previously described, refractive error was measured with a custom-made automated photorefractor (Schaeffel, 2008). Mouse eyes were dilated using 1% tropicamide. The mice were then anesthetized [ketamine (80 mg/kg):xylazine (16 mg/kg)], and the refractive error was measured. Animals that showed a baseline difference between treated

right (OD) and naïve, contralateral left (OS) eyes greater than 2.0 diopters (D) in either direction were eliminated from the study.

Following refractive error measurements, the corneal curvature of each eye was recorded using a custom-made keratometer (Schaeffel, 2008). Finally, the axial ocular measurements and retinal thicknesses were measured using a spectral domain optical coherence tomography (SD-OCT) system (Bioptogen Envisu R4300, Leica Microsystems Inc., Wetzlar, Germany). From these images, corneal thickness, lens thickness, and anterior and vitreous chamber depths were measured. After baseline measurements, a subset of animals was treated with form deprivation (FD), as described below. All mice were given atipamezole (Antisedan, 1mg/kg) and saline eye drops to aid in recovery.

Measurements were repeated weekly for FD experiments until P42 (WT^{C57} mice with L-DOPA) or P49 (VMAT2 mice). A subset of VMAT2 WT^{HI+LO} (n=8), VMAT2^{HI} (n=15), and VMAT2^{LO} (n=7) mice were measured every two weeks beginning at P28 until P112 to determine the effect of VMAT2 expression on refractive development under normal visual conditions.

2.4 Inducing form deprivation

Immediately following baseline measurements (at P28), a subset of mice was exposed to FD by surgically attaching a head mounted diffuser goggle over the right eye (Faulkner et al., 2007). Goggles were removed weekly under darkened conditions for cleaning and to measure changes in refractive error. For FD experiments, WT^{C57} (n=32), VMAT2 WT^{HI} (n=7), VMAT2^{HI} (n=4), VMAT2 WT^{LO} (n=2), VMAT2^{LO} (n=5) mice were used. Mice from each genotype without FDM were used as littermate controls for each experiment (VMAT2 WT^{HI}: n=7, VMAT2^{HI}: n=5, VMAT2 WT^{LO}: n=3, VMAT2^{LO}: n=6). FD treatment continued until P44 (WT^{C57}) or P51 (VMAT2), two days after the final measurements were taken.

2.5 HPLC analysis of dopamine and DOPAC in the retina

Two days after the final ocular measurements, all mice were sacrificed via cervical dislocation 4-6 hours after light onset. Retinas were immediately frozen on dry ice and stored at -80° C until all tissue samples had been collected. To measure DA and DOPAC content in the retinas, high performance liquid chromatography (HPLC) with electrochemical detection and a 1.4-1.7 mM 1-octanesulfonic acid sodium, 75 mM NaH₂PO₄, 0.025% triethylamine, and 8% acetonitrile at pH 2.93-3.0. mobile phase was used (Song et al., 2012). The retinas were homogenized in 0.1 N HClO4 solution (0.01% sodium metabisulfite and 50 ng/mL internal standard 3,4-dihydroxybenzylamine hydrobromide) and centrifuged (10,000g for 10 minutes) to separate debris. The supernatant was then filtered (0.22 μ m PVDF microcentrifuge filter tube (Thermo Fisher Scientific, Waltham, MA) spun at 5,000g for 2 minutes) and collected for testing. All samples were kept cold during preparation and were randomized for testing. Resulting HPLC peaks were analyzed based on a DA standard curve with 0.1 to 1 ng DA and DOPAC (Sigma Chemical Co., St. Louis, MO). Resulting values were normalized to total protein concentration (ng/mg) as determined by bicinchoninic acid (BCA) assay. Left and right retinas were tested individually.

2.6 Statistical analysis

Analyses were done using Graphpad Prism 7 (La Jolla, CA) and SigmaPlot version 13.0 (Systat Software, San Jose, CA). The response to FD was quantified as a myopic shift: the difference between the refractive error of the FD treated right eye and the naïve contralateral left eye (OD-OS). For comparison, the interocular difference is also calculated for control animals that did not receive FD. The myopic shift and other ocular biometric differences across treatment groups were tested using two-way repeated measures ANOVAs with Holm-Sidak post-hoc comparisons. Final myopic shifts across all mouse genotypes and treatment groups were compared using two-way ANOVAs. Refractive development values under normal conditions in VMAT2 mice were compared across genotypes using two-way repeated measures ANOVAs with Holm-Sidak post-hoc tests to determine significant effects of genotype and age. DA and DOPAC levels were analyzed with one-way ANOVA. The ungoggled left eye was used as an internal control, here referred to as the naïve, contralateral eye. ANOVA effect statistics are described in the text of this paper and post-hoc statistics are included in the figures and captions. All results are plotted as means with standard error.

3. Results

3.1 L-DOPA prevents form deprivation myopia in WT^{C57} mice

Systemic L-DOPA treatment beginning at P28, the day FD treatment began, was sufficient to prevent myopia development in WT mice (Figure 1). After 2 weeks of treatment, saline and AA mice showed less hyperopic refractive errors compared to both contralateral and control eyes (Figure 1A and B). At P42, mice treated with saline had significant relative myopia in response to FD (0.68±0.56D) compared to the contralateral and control eyes [contralateral: 4.99y±0.40D; control: 4.08±0.52D; Two-way RM ANOVA, interaction effect, F(4,40)=6.78, p<0.001; Figure 1A]. In AA treated mice, the FDM eyes (0.07±0.75D) developed significant relative myopic refractive errors by P42 than both the contralateral eyes $(3.35 \pm 1.05D)$ and the eyes of control mice [3.97±0.71D; Two-way RM ANOVA, interaction effect, F(4,44)=3.66, p<0.05, Figure 1B]. WT mice given L-DOPA + AA or L-DOPA showed a low susceptibility to FDM after one week of treatment (Figure 1C and D). After two weeks, FD mice treated with L-DOPA + AA showed no significant differences in refractive error $(3.04\pm0.75D)$ compared to their contralateral, untreated eyes $(2.83\pm0.68D)$ and eyes from control mice with L-DOPA + AA (4.40±0.46D, Figure 1C). With L-DOPA treatment, both the FDM (1.81±1.63D) and contralateral eyes (2.54±0.90D) were significantly less hyperopic than control mice [5.64±0.62D; RM Two-way ANOVA, main effect of age, F(2,30)=4.69, p<0.05], but the differences between the eyes in the FD mice were not statistically significant (Figure 1D).

The effect of L-DOPA treatment on myopia susceptibility was measured by comparing the myopic shifts of FD and ungoggled control animals. Significantly different effects were found after 2 weeks of drug treatment [Two-way ANOVA, interaction effect, F(3,58)=3.65, p<0.05]. Significant myopic shifts were found for both saline (FD: $-3.71\pm0.80D$, controls: $0.31\pm0.31D$, post-hoc comparison p<0.001) and AA (FD: $-3.27\pm0.73D$, controls: $-0.75\pm0.59D$, post-hoc comparison p<0.01, Figure 1E) treated animals. In contrast, treatments containing L-DOPA prevented myopic shifts such that there were no statistical

differences with the control groups (L-DOPA + AA FD: $-0.11\pm0.46D$, controls: 0.39±0.36D, p=0.99; L-DOPA FD: $-0.73\pm0.90D$, controls: 0.60±0.037D, p=0.92; Figure 1E). Among the FDM animals, saline treated mice had significantly higher myopic shifts than L-DOPA + AA (p=0.002) and L-DOPA mice (p=0.035). FD mice treated with AA were significantly more myopic than FD mice with L-DOPA + AA (p=0.011). No significant differences between control groups were found.

To isolate the effects of drug treatment on the response to FD, the difference between FD and contralateral eye biometrics, termed "shift", was compared across drug treatment groups (Figure 2). No differences in corneal curvature shifts were found in FD mice after drug treatment (Figure 2A). The retinal thickness shifts were not statistically different between FDM groups (Figure 2B). Axial length and vitreous chamber shifts were also not significantly different across FDM mice (Figure 2C and D). No differences were found in these parameters across treatment group for the ungoggled control mice (Supplemental Figure 1). Additionally, changes in corneal thickness, anterior chamber depth, and lens thickness were not detected in FD or control mice (Supplemental Table 1).

3.2 Alternations in DA levels and DA activity with VMAT2 expression

Levels of DA and DOPAC did not vary significantly with FD in any of the genotypes used here, therefore only data from ungoggled, control mice (between P28-P49) are reported. VMAT2 WT includes both VMAT2 WT^{HI} and VMAT2 WT^{LO} mice which were not significantly different. VMAT2 WT (786.5±52.6 pg/retina) and VMAT2^{HI} (781.6±63.4 pg/ retina) mice had statistically similar levels of DA in the retina. In contrast, VMAT2^{LO} mice showed significantly decreased retinal DA (164.1±38.4 pg/retina, One-way ANOVA, F(2,28)=20.12, p<0.001, Figure 3A). Levels of DOPAC, the DA metabolite, followed a similar trend between the three genotypes (VMAT2 WT^{HI}: 69.9±5.4 pg/retina; VMAT2^{HI}: 71.7±7.5 pg/retina, VMAT2^{LO}: 25.2±5.2 pg/retina; One-way ANOVA, F(2.28)=8.82, p<0.01, Figure 3B).

3.3 Refractive development normal in VMAT2 mutant mice

Refractive error in VMAT2 WT and VMAT2^{HI} mice became more hyperopic with age [RM Two-way ANOVA, main effect of age, F(6,162)=4.27, p<0.001, Figure 4]. While not statistically different from the other genotypes, VMAT2^{LO} mice had similar refractions across all ages tested (Figure 4). Here VMAT2 WT includes both VMAT2 WT^{HI} and VMAT2 WT^{LO} mice as there were no statistical differences between groups. By P112, VMAT2 WT (4.88±0.42D), VMAT2^{HI} (4.84±0.27D) and VMAT2^{LO} (5.01±0.51D) mice had similar refractive errors.

3.4 Increased susceptibility to FDM in VMAT2^{LO} mice

Both VMAT2^{HI} and VMAT2^{LO} mice showed a response to FD, but the magnitude of the response was significantly different. (RM Two-way ANOVA, interaction effect, F (9, 95) = 4.87, p<0.001, Figure 5). There were no significant differences between the ungoggled, control mice of any genotype, therefore these groups were combined for analysis and referred to as Control mice. After one week of FD, VMAT2^{LO} mice showed the largest myopic shift in response to FD ($-5.48\pm0.54D$, p<0.001 compared to controls), while

VMAT2 WT and VMAT2^{HI} mice had a myopic shift of approximately -1D (p>0.05 compared to Control mice). After two weeks of FD the VMAT2^{LO} mice were significantly more myopic than control mice (VMAT2^{LO}: $-4.96\pm0.96D$, Control: $-0.22\pm0.40D$, p<0.05). VMAT2 WT mice developed a myopic shift after two weeks ($-3.72\pm0.65D$) relative to control mice (p<0.01). The significant response in VMAT2^{LO} mice grew less robust after three weeks of FD such that after 3 weeks of goggling the myopic shifts were not different across genotypes (VMAT2^{LO}: $-4.07\pm2.03D$, VMAT2^{HI}: $-3.10\pm0.39D$, VMAT2 WT: $-3.76\pm0.59D$).

4. Discussion

4.1 Pharmacologically increasing endogenous DA prevents FDM in mice

The administration of L-DOPA, the DA precursor, prevented the myopigenic effects of FD in C57BL/6J mice. This finding supports the hypothesis that DA activity plays an important role in myopia development, specifically as a stop signal for myopic eye growth (Feldkaemper and Schaeffel, 2013; Stone et al., 1989). This finding also suggests myopia can be prevented by increasing endogenous DA synthesis in the retina. The results presented here confirm previous studies that showed protective effects of systemic L-DOPA administration in guinea pigs with FDM (Mao et al., 2010) and topical L-DOPA treatment in form-deprived chicks (Thomson et al., 2019). While direct measurements of retinal DA content after systemic L-DOPA treatments were not completed here, these previous studies have demonstrated that systemic or topical L-DOPA treatment will increase retinal DA levels (Mao et al., 2010; Thomson et al., 2019). Additionally, increased DA levels are predicted to increase DA receptor activity which has been reported to alter the effects of FDM or LIM (McCarthy et al., 2007; Nickla et al., 2010; Schaeffel et al., 1995). This is the first study to show prevention of myopia with L-DOPA treatment in mice.

We have shown that L-DOPA administration alone is sufficient to completely prevent the effects of FDM. Thus, while other eye growth signaling may occur in the retina, the effects of DA may dominate or preclude other signaling. It seems unlikely that DA is directly impacting the development of the choroid or sclera. However, it is possible that by increasing DA signaling, the downstream effects of FDM on those tissues are prevented. Here, systemic injections, rather than previously used, more invasive, intravitreal injections, prevented FDM (Ward et al., 2016).

4.2 Normal refractive development in VMAT2 mutant mice

VMAT2 over-expression or under-expression did not alter refractive development with normal visual conditions. The VMAT2 mice had similar refractive development curves as other WT mice (Figure 4) (Pardue et al., 2008; Park et al., 2014; Park et al., 2013). These results indicate that refractive development was unaffected despite potentially altering DA release in the retina due to modulation of VMAT2 expression. This is particularly surprising for VMAT2^{LO} mice which had reduced retinal DA content and DA turnover.

Visual function testing in VMAT2^{HI} and VMAT2^{LO} using optomotor response showed no significant differences in spatial frequency or contrast sensitivity thresholds (Supplemental

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on electroretinogram responses (Taylor et al., 2009). However, mice with reduced DA levels from a conditional retinal-specific knock-out of TH show significant deficits in both contrast sensitivity and spatial frequency thresholds (Jackson et al., 2012). Studies have also linked the effects of DA on circadian rhythms to daily changes in contrast sensitivity (Hwang et al., 2013; Jackson et al., 2014).

In this study, DA levels were measured from whole retina tissue using HPLC. This method does not differentiate where DA resides in the tissue: intracellular vs extracellular. Therefore, while DA levels in VMAT2^{LO} retinas are decreased compared to VMAT2 WT retinas, the localization of DA is unknown. Unfortunately, due to lack of established techniques for measuring retinal DA, it is not possible to determine if these results are masking changes to DA localization caused by VMAT2. Measurement of extracellular DA after light stimulation through the eye cup perfusion assay described previously (Cameron et al., 2018; Perez-Fernandez et al., 2019) may be useful for determining how DA release might be altered with VMAT2 over-expression or under-expression. Given the absence of visual deficits in VMAT2^{LO} mice, it is unlikely that VMAT2 expression has a similar detrimental effect in the retina, as in the brain (Taylor et al., 2009). In tests of VMAT2^{HI} striatal tissue, small but significant increases in DA were found (Lohr et al., 2014). VMAT2^{LO} mice have significant decreases in striatal DA as well as decreases in the dopamine transporter (DAT) and TH (Caudle et al., 2007).

Without a myopiagenic factor, such as FD, DA activity may not significantly impact refractive development. However, other transgenic mice, such as the retinal-specific TH mice, with low levels of DA (7% of WT) show myopic refractive errors throughout development (Bergen et al., 2016). Thus, it is also possible that dopamine packaging and release have less of an impact on visual function and/or refractive development than dopamine synthesis or that there is a critical level of DA release that is needed for normal refractive development and the retinal DA levels in VMAT2^{LO} mice are above this critical value (20% of VMAT2^{WT}).

4.3 Altering VMAT2 modulates the early response to FDM in mice

In the early stages of FD (1 or 2 weeks post-goggling) the VMAT2^{HI} mice showed the smallest myopic shift while the VMAT2^{LO} mice showed the greatest susceptibility to FD with a nearly 6 D myopic shift after 1 week of goggling. By three weeks of FD, the myopic shifts between the three genotypes were indistinguishable. This data suggests that the level of DA release in the retina may alter the initial response to myopigenic visual stimuli.

Interestingly, the VMAT2^{HI} mice did not show sustained protection from FD. A potential explanation for these findings could be an incomplete mutation in the VMAT2^{HI} mouse that results in normal levels of VMAT2 in the retina. Previously, this BAC-mediated mutation was assumed to be complete; however, Western blots of adult VMAT2 WT and VMAT2^{HI} retinas showed no clear differences in band size or intensity (data not shown). An analysis of the copy number of the VMAT2 gene (*Slc18a2*) showed a significant increase in gene copies in VMAT2^{HI} mice relative to their WT^{HI} littermates (Supplementary Figure 3). VMAT2^{HI} brain regions have similarly shown higher western blot intensity and 2.5 fold higher gene

copies than VMAT2 WT mice (Lohr et al., 2014). Another potential explanation for the lack of sustained refractive changes with increasing VMAT2 expression would be a simultaneous change in other proteins involved in DA signaling to compensate and bring DA activity back to WT levels. Due to the cytotoxicity of DA and the importance of small changes in DA signaling, the proteins which control the dopaminergic system are highly adaptable, and therefore, a closer study of the mechanisms of action in DA signaling is necessary to fully determine the effects of VMAT2 in the retina.

4.4 Challenges and future directions

Several animal models have been used to study refractive eye growth, each with advantages and disadvantages [see review (Schaeffel and Feldkaemper, 2015)]. The mouse model has been used extensively in studies of retinal biology and visual processing. The ability to manipulate both genes and environment in mice provides a powerful opportunity to advance our understanding of the mechanisms underlying visually driven refractive development and myopia. While the mouse model of myopia has been shown to develop relative myopic shifts in refractive error with form deprivation and lens defocus [see review (Pardue et al., 2013)], it can be difficult to obtain accurate axial measurement in the small mouse eye. In the mouse, it is estimated that 1D of refractive error corresponds to ~6 microns of axial length change (Schmucker and Schaeffel, 2004). This small difference is at the resolution limit of our SD-OCT instrument (~5 microns). With the overall small myopic shifts that develop with FD, several of our studies have not measured significant differences in axial length or other axial parameters, despite the development of significant myopic shifts (Bergen et al., 2016; Chakraborty et al., 2014; Chakraborty et al., 2015; Chakraborty et al., 2019). Thus, advances in current SD-OCT resolution to measure axial parameters may be necessary to confirm that the mouse eye elongates with experimental myopia development.

The role of DA in myopia has been established using different experimental models of myopia, in which retinal or vitreal DA levels are decreased with myopia development (Iuvone et al., 1991; Stone et al., 1989). In the mouse model, FD does not always induce changes in retinal DA and DOPAC (Chakraborty et al., 2014; Chakraborty et al., 2015; Park et al., 2014; Park et al., 2013), as observed in this study with the VMAT2 mice. However, DA does seem to influence refractive eye growth in the mouse. In this study, the use of both L-DOPA and VMAT2 transgenic mice to pharmacologically and genetically alter endogenous DA levels altered the response to form deprivation with higher levels of DA consistently providing protective effects. Several other mouse studies have also shown that altered endogenous DA levels due to mutations are associated with altered refractive errors (Bergen et al., 2016; Park et al., 2013). The lack of differences found with FD treatment in mice may be due to the homeostasis in DA production and signaling commonly seen in neuronal tissue (Cooper et al., 2003). Since retinal tissue for DA analysis was taken 2-3 weeks following FD induction, a shorter time span between FD induction and DA and DOPAC measurements may provide an opportunity to observe this homeostasis process in the mouse model.

While the response to FD seems to be highly conserved across species, the mechanism of that response and the role of DA may differ. Further investigation into the mechanisms

behind myopic eye growth in these animal models are needed to increase our understanding of human myopia.

4.5 Potential clinical applications for increasing endogenous retinal dopamine

The protective effects of L-DOPA treatment against FDM highlights the importance of DA activity in myopia and the potential for increasing DA activity as a preventative strategy to treat myopia clinically. While several studies have associated DA activity with myopia, this study clearly shows how increasing DA levels might directly benefit those at risk of myopia.

Systemic treatment with L-DOPA for children at risk of developing myopia is unlikely as it can have dramatic impacts on movement and other DA related neural functioning. However, a more localized delivery of L-DOPA to the retina might provide some benefit. A recent study found that topical delivery of levodopa inhibited myopia progression in chickens with FD and decreased axial eye growth without any detectable side effects (Thomson et al., 2019), offering potential for L-DOPA treatment to be developed as a topical eye drop for clinical treatment of myopia.

Alternatively, increasing endogenous levels of DA in the retina can also be achieved by increasing exposure to bright light (Iuvone, 1984). Higher intensity light increases the activity of TH and therefore the synthesis of DA (Iuvone et al., 1978). Bright light also reduces experimental myopia in animal models - likely by increasing DA synthesis and signaling (Ashby et al., 2009; Siegwart Jr et al., 2012; Smith et al., 2012). Early studies in human populations have shown that spending more time outdoors in bright sunlight reduces the incidence and progression of myopia (Jones et al., 2007; Rose et al., 2008; Wu et al., 2018). The mechanism behind this bright light protection is not completely known, although DA has been implicated [for review (Norton and Siegwart, 2013)]. Future investigations of how increased DA activity alters refractive error development are necessary to uncover safe and effective prevention strategies.

5. Conclusions

Systemic L-DOPA administration prevented the effects of FD in mice. These results support the hypothesis that DA activity is involved in myopic eye growth and that myopia could be prevented by increasing DA in the retina. Our second approach to increasing DA activity by potentially increasing or decreasing DA release through increased and decreased VMAT2 expression showed the potential of DA packaging and presumed release to impact FDM. VMAT2 levels may play a role in the early onset of FDM with increased expression providing protection and decreased expression increasing susceptibility. A more careful characterization of these mouse models will be necessary to confirm its effect on retinal DA release and myopia and further investigate how the dopamine signaling pathway modulates myopia development.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgements

This study was supported in part by the Emory HPLC Bioanalytical Core (EHBC), which was supported by the Department of Pharmacology, Emory University School of Medicine and the Georgia Clinical & Translational Science Alliance of the National Institutes of Health under Award Number UL1TR002378. We would also like to acknowledge the Miller Lab at Emory University (Gary Miller) for sharing their VMAT2 mouse colonies.

Funding Information

National Institutes of Health (NIH) [Grants R01 EY016435 (MTP) and T32 EY007092 (EGL)], and a Department of Veterans Affairs Rehabilitation R&D Service Research Career Scientist Award (MTP)

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Highlights

- Systemic L-DOPA administration prevents form-deprivation myopia in mice
- The dopamine packaging protein VMAT2 may affect early form-deprivation myopia
- Endogenously increased dopamine activity prevents form-deprivation myopia in mice



Figure 1. L-DOPA and L-DOPA + AA prevented FDM in WT mice.

FD was induced in WT mice treated with either Saline, AA, L-DOPA + AA, or L-DOPA, in daily systemic injections. The refractive error of all FD treated eyes were compared to the contralateral, treated eyes, and control eyes. (A) Saline injected eyes developed significant myopic growth in the FD eye compared to both the contralateral and control eyes at P35 and 42 [Two-way RM ANOVA, interaction effect, F(4,40)=6.78, p<0.001] (B) After two weeks of AA treatment, FD resulted in significant myopia relative to both contralateral and control eyes [RM Two-way ANOVA, interaction effect, F(4,44)=3.66, p<0.05] (C) With L-DOPA +AA treatment, no significant differences were found between FD and control eyes. (D) With L-DOPA treatment, FD and contralateral eyes showed relative myopia compared to eyes of control mice at P42, but did not differ from each other [RM Two-way ANOVA, main effect of age, F(2,30)=4.69, p<0.05] (E) Comparing the myopic shifts of control and FDM animals in each treatment group shows significant myopia in animals treated with AA or

Saline [Two-way ANOVA, interaction effect, F(3,58)=3.65, p<0.05]. Data are mean \pm SEM, *p<0.05, **p<0.01, ***p<0.001.



Figure 2. Ocular parameters of WT^{C57} FD mice are not altered by L-DOPA or AA treatment. The effects of FD with drug treatment were measured by studying the shifts (OD-OS) of corneal curvature (CC; A), retinal thickness (RT; B), axial length (AL; C) and vitreous chamber length (VCD; D) of each group from P28 to P42. No differences were found between groups for any of the ocular parameters. Data are means \pm SEM. L-DOPA + AA (*red solid*), AA (*green dotted*), L-DOPA (*blue dashed*), Saline (*grey solid*).



Figure 3. Decreased VMAT2 expression reduced retinal DA and DOPAC levels. (A) Retinal DA content was significantly lower in VMAT^{LO} (*teal*) mice compared to VMAT2^{HI} (*orange*) and VMAT2 WT (*black*) (One-way ANOVA, F(2, 28)=20.12, p<0.001). (B) Retinal DOPAC levels were also significantly decreased in VMAT2^{LO} mice (One-way ANOVA, F(2, 28)=8.82, p<0.01). Data shown are mean \pm SEM. **p<0.01, ***p<0.001.



Figure 4. Refractive development of VMAT2 WT, VMAT2 HI, and VMAT2 LO mice. Both VMAT2^{HI} (*orange*) and VMAT2 WT (*black*) mice became more hyperopic at P42 and remained at approximately 4D through the experimental period [RM Two-way ANOVA, main effect of age, F(6,162)=4.27, p<0.001). VMAT2^{LO} (*teal*) mice had refractions between 4-5D across all ages tested. There were no significant differences between genotypes. Data show mean \pm SEM.



Figure 5. $\rm VMAT2^{\rm LO}$ mice are more susceptible to FDM than both VMAT2 WT and $\rm VMAT2^{\rm HI}$ mice.

In response to FD treatment, both VMAT2 WT (includes WT^{LO} and WT^{HI} littermates, *solid black*), VMAT2^{HI} (*orange*), and VMAT2^{LO} (*teal*) mice develop a myopic shift (RM Twoway ANOVA, interaction effect, F(9,95)=4.87, p<0.001). Control mice without FD treatment (*dashed black*) did not develop a myopic shift (all genotypes are combined). VMAT2^{LO} mice develop a significant myopic shift after 1 week of treatment relative to control (p<0.001, indicated by black asterisks), WT FD (p<0.05) and VMAT2^{HI} FD (p<0.05). This difference between VMAT2^{LO} FDM treated mice and controls continued after 2 weeks of treatment (p<0.01). VMAT2^{HI} FD mice develop a myopic shift relative to control mice after 2 weeks of treatment (p<0.01). VMAT2^{HI} FDM treated mice became significantly myopic after 3 weeks of treatment (p<0.01). There were no significant differences found between the WT FD and VMAT2^{HI} FD treated mice. All data shown are mean ± SEM. Comparisons to Controls: *p<0.05, **p<0.01, ***p<0.001; Comparison to VMAT2^{HI}: orange asterisk, p<0.05; comparison to VMAT2 WT FD: # p<0.05.