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## Molecular basis of $\beta$ -arrestin coupling to formoterol-bound $\beta_1$ -adrenoceptor

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### Abstract

The  $\beta_1$ -adrenoceptor ( $\beta_1$ AR) is a G-protein-coupled receptor (GPCR) that couples<sup>1</sup> to the heterotrimeric G protein  $G_s$ . G-protein-mediated signalling is terminated by phosphorylation of the C terminus of the receptor by GPCR kinases (GRKs) and by coupling of  $\beta$ -arrestin 1 ( $\beta$ arr1, also known as arrestin 2), which displaces  $G_s$  and induces signalling through the MAP kinase pathway<sup>2</sup>. The ability of synthetic agonists to induce signalling preferentially through either G proteins or arrestins—known as biased agonism<sup>3</sup>—is important in drug development, because the therapeutic effect may arise from only one signalling cascade, whereas the other pathway may mediate undesirable side effects<sup>4</sup>. To understand the molecular basis for arrestin coupling, here we

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#### Data availability

Structures of formoterol-bound  $\beta_1$ AR–Nb80 and formoterol-bound  $\beta_1$ AR– $\beta$ arr1–F<sub>ab</sub>30 have been deposited in the PDB with accession numbers 6IBL and 6TKO, respectively. The cryo-EM data for 6TKO has also been deposited in the Electron Microscopy Data Bank under accession number EMDB-10515. All other data are included within the paper and its Supporting Information.

**Author contributions** Y.L. performed receptor, arrestin and zap1 expression, purification, nanodisc reconstitution and complex formation, cryo-EM grid preparation, data collection, data processing and model building. T.W. performed receptor and nanobody expression, purification and complex formation, crystallization, cryo-cooling of the crystals, X-ray data collection, data processing and X-ray structure refinement. Y.L. and T.W. performed the pharmacological analyses. S.P. and H.D.-A. performed Fab expression, purification and validation; H.D.-A. carried out GloSensor and Tango assays for  $\beta_1$ AR constructs with help from S.P. and M.C.; and M.C. performed the confocal microscopy experiments. R.N. developed the sortase ligation of phosphorylated peptides onto  $\beta_1$ AR. P.C.E. purified mini- $G_s$ . J.G.-N. advised on cryo-EM data collection, data processing and model building. A.G.W.L. advised on X-ray data processing, structure solution and analysis. Y.L. and C.G.T. carried out structure analysis and manuscript preparation. A.K.S. supervised the expression and purification of F<sub>ab</sub>, and functional characterization of the  $\beta_1$ AR constructs. C.G.T. analysed data and managed the overall project. The manuscript was written by C.G.T. and Y.L., and included contributions from all authors.

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determined the cryo-electron microscopy structure of the  $\beta_1$ AR– $\beta$ arr1 complex in lipid nanodiscs bound to the biased agonist formoterol<sup>5</sup>, and the crystal structure of formoterol-bound  $\beta_1$ AR coupled to the G-protein-mimetic nanobody<sup>6</sup> Nb80.  $\beta$ arr1 couples to  $\beta_1$ AR in a manner distinct to that<sup>7</sup> of  $G_s$  coupling to  $\beta_2$ AR—the finger loop of  $\beta$ arr1 occupies a narrower cleft on the intracellular surface, and is closer to transmembrane helix H7 of the receptor when compared with the C-terminal  $\alpha 5$  helix of  $G_s$ . The conformation of the finger loop in  $\beta$ arr1 is different from that adopted by the finger loop of visual arrestin when it couples to rhodopsin<sup>8</sup>.  $\beta_1$ AR coupled to  $\beta$ arr1 shows considerable differences in structure compared with  $\beta_1$ AR coupled to Nb80, including an inward movement of extracellular loop 3 and the cytoplasmic ends of H5 and H6. We observe weakened interactions between formoterol and two serine residues in H5 at the orthosteric binding site of  $\beta_1$ AR, and find that formoterol has a lower affinity for the  $\beta_1$ AR– $\beta$ arr1 complex than for the  $\beta_1$ AR– $G_s$  complex. The structural differences between these complexes of  $\beta_1$ AR provide a foundation for the design of small molecules that could bias signalling in the  $\beta$ -adrenoceptors.

Ligand bias in the GPCRs arises through differential activation of the G-protein pathway and the arrestin pathway, and has been observed for ligands binding to many different GPCRs such as the  $\mu$ -opioid receptor<sup>9</sup>, the angiotensin receptor AT<sub>1</sub>R (ref. <sup>10</sup>) and the  $\beta$ -adrenoceptors  $\beta_1$ AR and  $\beta_2$ AR (refs. <sup>5,11</sup>). The molecular basis for this is poorly understood. Biased signalling is a complex process that can arise through several different factors<sup>3,12</sup>, including cellular effects (the concentration and distribution of, for example, G proteins, arrestins and GRKs), the kinetics of interaction between the various components, the energy landscape of the receptor and its dynamics, and the structure of the ligand–receptor–arrestin complex. The relative contributions of each of these factors are unknown and could vary between different GPCRs; however, for AT<sub>1</sub>R there is good evidence from electron paramagnetic resonance data that arrestin-biased ligands stabilize a different subset of conformations compared with G-protein-biased ligands<sup>13</sup>. Here we address one aspect of the puzzle by determining the structural differences between a formoterol-bound  $\beta_1$ AR– $\beta$ arr1 complex and a formoterol-bound  $\beta_1$ AR–Nb80 complex. Formoterol was chosen because it is known to be an arrestin-biased agonist<sup>5</sup> and it is also a full agonist for the coupling of  $G_s$  to  $\beta_1$ AR (ref. <sup>14</sup>).

The  $\beta_1$ AR construct that we used for structure determination of the  $\beta_1$ AR– $\beta$ arr1 complex ( $\beta$ 83) (Extended Data Fig. 1) contained six mutations to improve thermostability and a C-terminal sortase sequence to enable the ligation of the phosphorylated peptide V<sub>2</sub>R<sub>6p</sub>, which is identical to the phosphorylated C-terminal sequence of the vasopressin receptor V<sub>2</sub>R. To test the functionality of this construct, a chimaera between  $\beta$ 83 and the V<sub>2</sub>R C terminus ( $\beta$ 83–V<sub>2</sub>R), which enables efficient *in vivo* phosphorylation of the receptor and arrestin recruitment, was constructed. In HEK293 cells,  $\beta$ 83–V<sub>2</sub>R coupled efficiently to the G protein  $G_s$  and also to  $\beta$ arr2 ( $\beta$ -arrestin 2, also known as arrestin 3), although its coupling efficiency was lower compared with that of the control construct  $\beta$ 44–V<sub>2</sub>R, which did not contain thermostabilizing mutations (Extended Data Fig. 2). However,  $\beta$ 83–V<sub>2</sub>R maintained the arrestin recruitment bias for formoterol with reference to isoprenaline, although the bias factor was lower compared with that of  $\beta$ 44–V<sub>2</sub>R ( $1.45 \pm 0.3$  and  $2.3 \pm 0.4$ , respectively). Stimulation of  $\beta$ 83–V<sub>2</sub>R with formoterol also induced the redistribution of  $\beta$ arr1–YFP from the cytosol to the plasma membrane and then into endosomes; however,  $\beta$ 83–V<sub>2</sub>R

trafficking was apparently slower compared with that of  $\beta_{44}$ -V<sub>2</sub>R (Extended Data Fig. 2). After purification of the  $\beta_1$ AR construct  $\beta_{83}$ , the V<sub>2</sub>R<sub>6P</sub> peptide was ligated to the C terminus of the receptor to give the phosphorylated receptor  $\beta_1$ AR<sub>6P</sub>.  $\beta$ arr1 did not couple efficiently to detergent-solubilized  $\beta_1$ AR<sub>6P</sub>, so  $\beta_1$ AR<sub>6P</sub> was inserted into nanodiscs before  $\beta$ arr1 coupling (Extended Data Fig. 1). Pharmacological analysis of the  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1 complex in nanodiscs showed that the coupling of  $\beta$ arr1 caused a 36-fold increase in agonist affinity compared with the uncoupled  $\beta_1$ AR<sub>6P</sub>, which was lower than the increase observed upon the coupling of mini-G<sub>s</sub> (2,100-fold) (Extended Data Fig. 1). This implied that  $\beta_1$ AR<sub>6P</sub> coupled to arrestin was in an active state—as has been also observed for other GPCRs<sup>15</sup>—and that arrestin coupling and G-protein coupling have different effects on the orthosteric binding site.

The structure of the formoterol-bound  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1 complex in nanodiscs (Fig. 1a–d) was determined by cryo-electron microscopy (cryo-EM) (Methods and Extended Data Figs. 3–5) in the presence of the antibody fragment F<sub>ab</sub>30, which locks arrestin into an active conformation<sup>16</sup>. F<sub>ab</sub>30 is also required to provide sufficient mass for the alignment of the particles during structure determination. In the cryo-EM structure,  $\beta_1$ AR<sub>6P</sub> contained six thermostabilizing mutations and three additional mutations to improve folding and remove palmitoylation (Extended Data Fig. 1). The overall resolution was 3.3 Å, with the best-resolved regions of the cryo-EM map at the interface between  $\beta_1$ AR<sub>6P</sub> and  $\beta$ arr1, reaching a local resolution of 3.2 Å (Extended Data Fig. 3, Extended Data Table 1). We also determined the structure of the formoterol-bound  $\beta_1$ AR–Nb80 complex in detergent by X-ray crystallography at 2.9 Å resolution (Fig. 1e, Extended Data Table 2) to enable a direct comparison between  $\beta_1$ AR coupled to either  $\beta$ arr1 or Nb80 and bound to the same ligand.  $\beta_1$ AR in this structure had an N-terminal thioredoxin fusion, four thermostabilizing mutations and two additional mutations to improve folding and remove palmitoylation (Extended Data Fig. 1). The  $\beta_1$ AR–Nb80 complex was too small (approximately 50 kDa of ordered protein) for structure determination by single-particle cryo-EM.

The overall structures of formoterol-bound  $\beta_1$ AR in the  $\beta_1$ AR–Nb80 and  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1 complexes were very similar, with a root-mean-square deviation (r.m.s.d.) of 0.7 Å over 1,759 atoms. However, there were small but important differences in the extracellular surface, intracellular surface and in the orthosteric binding site that explain the differences between arrestin coupling and G-protein coupling.  $\beta_1$ AR<sub>6P</sub> in complex with  $\beta$ arr1 was also very similar to  $\beta_2$ AR coupled to heterotrimeric G<sub>s</sub> (Protein Data Bank (PDB) ID: 3SN6; r.m.s.d. 1.1 Å over 1,453 atoms)<sup>7,17</sup>. This enabled a detailed comparison between  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1,  $\beta_2$ AR–G<sub>s</sub> and  $\beta_1$ AR–Nb80. The thermostabilizing mutations used in all the structures presented here do not prevent the coupling of G proteins<sup>17</sup> or of  $\beta$ arr1 (Extended Data Figs. 1, 2); however, they could alter the kinetics of interactions, and we also cannot rule out any minor effects of the mutations on the structures.

The overall structure of  $\beta$ arr1 coupled to  $\beta_1$ AR<sub>6P</sub> (Fig. 2a) is very similar to the X-ray structure of visual arrestin (also known as S-antigen or arrestin 1) coupled to rhodopsin<sup>8</sup> (PDB ID: 5W0P; r.m.s.d. 1.3 Å, 1,853 atoms) and the structure of activated  $\beta$ arr1 coupled to F<sub>ab</sub>30 and the V<sub>2</sub>Rpp peptide<sup>16</sup> (PDB ID: 4JQI; r.m.s.d. 1.1 Å, 1,861 atoms). The buried surface area of  $\beta_1$ AR<sub>6P</sub> that makes contact with  $\beta$ arr1 (approximately 1,200 Å<sup>2</sup>; excluding

the phosphopeptide interface involving residues Glu356–Asp368) is slightly smaller than the surface area of rhodopsin that makes contact with visual arrestin (around 1,400 Å<sup>2</sup>). In addition, there is a 20° difference in the tilt of arrestin relative to rhodopsin compared with that of  $\beta$ arr1 relative to  $\beta_1$ AR<sub>6P</sub> (Extended Data Fig. 6). However, the regions of  $\beta_1$ AR<sub>6P</sub> and rhodopsin that make contact with either  $\beta$ arr1 or visual arrestin, respectively, are conserved, as are the positions on the arrestin molecules that make contacts to the receptors (Extended Data Figs. 7, 8). The position of the C-terminal V<sub>2</sub>R<sub>6P</sub> segment in the cryo-EM structure of  $\beta_1$ AR<sub>6P</sub>– $\beta$ arr1 is also almost identical to the position of the peptide in the crystal structure of the  $\beta$ arr1–F<sub>ab30</sub>–V<sub>2</sub>Rpp complex (Extended Data Fig. 6), with the exception of the phosphate on Thr359. Phospho-Thr359 does not make any contacts to  $\beta$ arr1 in the  $\beta$ arr1–F<sub>ab30</sub>–V<sub>2</sub>Rpp complex, but it seems to make contact with the tip of the lariat loop (Lys294 and His295) of  $\beta$ arr1 in the  $\beta_1$ AR<sub>6P</sub>– $\beta$ arr1 complex. No density was observed in the  $\beta_1$ AR<sub>6P</sub>– $\beta$ arr1 cryo-EM structure that is equivalent to the N-terminal region of V<sub>2</sub>Rpp (R[pT]PP[pS] LGP) adjacent to the finger loop in the  $\beta$ arr1–F<sub>ab30</sub>–V<sub>2</sub>Rpp structure; this would clash with the new orientation of the finger loop and the receptor in the  $\beta_1$ AR<sub>6P</sub>– $\beta$ arr1 complex. The most notable difference between these three structures is the orientation and structure of the finger-loop region (Fig. 2b–e). In the activated non-receptor-bound  $\beta$ arr1–F<sub>ab30</sub>–V<sub>2</sub>Rpp structure, the finger loop forms an unstructured region that does not superpose either with the finger loop in visual arrestin coupled to rhodopsin or with  $\beta$ arr1 coupled to  $\beta_1$ AR<sub>6P</sub>. By contrast, the receptor-bound finger loop of visual arrestin and  $\beta$ arr1 do superpose, but they adopt different structures (Fig. 2c). The finger loop of visual arrestin contains a short  $\alpha$ -helical region, whereas in  $\beta$ arr1 it forms a  $\beta$ -hairpin. When the arrestin molecules are aligned, it also seems that the tip of the  $\beta$ -hairpin of  $\beta$ arr1 protrudes about 5 Å deeper into the receptor than does the  $\alpha$ -helical region of visual arrestin. A notable observation is that the CDR3 loop of nanobody Nb80, which inserts into the receptor, bears a strong resemblance to the finger loop of  $\beta$ arr1 (Fig. 2d), although the polypeptides run in antiparallel directions and show little sequence similarity except for the Val–Leu residues at the tip of the loops. One caveat in the comparison of the finger-loop structures is that  $\beta$ arr1 coupled to  $\beta_1$ AR<sub>6P</sub> contains a leucine-to-cysteine mutation at residue 68 (L68C) at the base of the finger loop, pointing away from the receptor towards the lipid bilayer; we cannot rule out that this mutation has an effect on the structure of the finger loop.

After this work was completed, cryo-EM structures of  $\beta$ arr1 in complex with neurotensin receptor 1 (NTSR1) in detergent were published<sup>18,19</sup>. Comparison with the  $\beta_1$ AR<sub>6P</sub>– $\beta$ arr1 complex showed two key differences. The finger loop of  $\beta$ arr1 in complex with NTSR1 contains an  $\alpha$ -helix and does not penetrate deeply into the receptor; in addition, the orientation of  $\beta$ arr1 with respect to NTSR1 differs from that with respect to  $\beta_1$ AR by approximately 80° about an axis perpendicular to the membrane plane (Extended Data Fig. 6), and by a 10° rotation towards the membrane owing to the structures being determined in detergent. A cryo-EM structure of the muscarinic M2 receptor– $\beta$ arr1 complex<sup>20</sup> in nanodiscs seems to be similar to that of the  $\beta_1$ AR<sub>6P</sub>– $\beta$ arr1 complex. These structures highlight an unexpected diversity in the coupling arrangement of arrestin to GPCRs, analogous to the diversity of G-protein coupling<sup>21</sup>.

There are 116 atomic contacts (3.9 Å or less) between 27 residues in  $\beta_1$ AR<sub>6P</sub> and 20 residues in  $\beta$ arr1, comprising 107 van der Waals interactions (92%) and 9 hydrogen bonds

(excluding interactions to the phosphopeptide). All structural elements on the cytoplasmic face of  $\beta_1$ AR, with the exception of H1 and intracellular loop (ICL)3, make contacts with  $\beta$ arr1 (Extended Data Fig. 7). In  $\beta$ arr1 there are seven structural elements that make contact with the receptor—namely the  $\beta$ -sheets S5, S6 and S15 and the loops s5s6 (finger loop), s8s9 (middle loop), s15s16 (C-loop) and s17s18 (Extended Data Fig. 8). The nomenclature for structural elements and numbering in arrestin is that implemented in GPCRdb<sup>22</sup>. The majority of contacts made by  $\beta_1$ AR<sub>6P</sub> are mediated by ICL2 (45% of total contacts), which interacts with S5, s5s6, S15 and s17s18 in  $\beta$ arr1. In  $\beta$ arr1, the finger loop makes the majority of contacts with the receptor (37% of total contacts), with the majority of these contacts being made to H6, H2 and ICL2. Of the 27 amino acid residues in  $\beta_1$ AR at the interface, 40% of the contacts are made by residues Phe147<sup>34,51</sup>, Gln150<sup>34,54</sup>, Thr154<sup>4,38</sup> and Arg155<sup>4,39</sup> (Extended Data Fig. 7; superscripts denote Ballesteros–Weinstein numbering for GPCRs<sup>23</sup>). Residues in  $\beta$ arr1 that make the most contacts are Arg285<sup>s17s18.11</sup>, Leu71<sup>s5s6.08</sup> and Tyr249<sup>S16.03</sup> (Extended Data Fig. 7).

Acidic phospholipids are known to have an important role in the binding of arrestin to GPCRs<sup>24,25</sup>. Mutagenesis of arrestin<sup>26–29</sup> identified six loops that interact with the lipid bilayer and residues that bind phosphoinositides<sup>30</sup> (Extended Data Fig. 8). In nanodiscs, the  $\beta_1$ AR<sub>6P</sub>– $\beta$ arr1 structure is shown in relation to the surface of the lipid bilayer (Fig. 1b). This enabled the identification of 32 amino acid residues in  $\beta$ arr1 that potentially interact with lipid head groups. Ordered density for the negatively charged lipids (phosphatidylglycerol) was not observed, but the regions identified are consistent with the biochemical data (Extended Data Fig. 8). The L68C mutation at the base of the finger loop is also accessible to the lipid bilayer, and this is consistent with functional labelling of  $\beta$ arr1 by monobromobimane at this position<sup>31</sup>. Coupling of the G protein G<sub>s</sub> is also known to be influenced by phosphoinositides<sup>32</sup>, and it will be of interest to see whether the lipid composition of membranes can affect biased signalling in GPCRs.

The structure of the formoterol-bound  $\beta_1$ AR<sub>6P</sub>– $\beta$ arr1 complex was compared with that of the  $\beta_2$ AR–G<sub>s</sub> complex<sup>7</sup>.  $\beta_1$ AR and  $\beta_2$ AR have 59% sequence identity—excluding the N terminus, C terminus and ICL3—and have very similar inactive state structures (r.m.s.d. 0.4–0.6 Å)<sup>33,34</sup> and active state structures coupled to nanobodies (r.m.s.d. 0.4–0.6 Å)<sup>6,17,35</sup>. The comparison is therefore justified, but we cannot exclude the possibility that G<sub>s</sub> couples to  $\beta_1$ AR in a different manner to its coupling to  $\beta_2$ AR. Superposition of  $\beta_1$ AR and  $\beta_2$ AR from the respective complexes (r.m.s.d. 1.0 Å, 1,634 atoms) shows that the long axis of  $\beta$ arr1 is at an approximately 90° angle to the long axis of G<sub>s</sub> (Extended Data Fig. 6). The most obvious difference in structure between the different receptors is that the cytoplasmic end of H6 is an additional 7 Å away from the receptor in  $\beta_2$ AR–G<sub>s</sub> compared with in  $\beta_1$ AR<sub>6P</sub>– $\beta$ arr. The cleft in the intracellular face is thus 8 Å narrower (Fig. 3b, c) when  $\beta$ arr1 is coupled to  $\beta_1$ AR compared with when G<sub>s</sub> is coupled to  $\beta_2$ AR (measured between the C $\alpha$  of Ser346<sup>8,47</sup>–Arg284<sup>6,29</sup> in  $\beta_1$ AR and the C $\alpha$  of Ser329<sup>8,47</sup>–Lys267<sup>6,29</sup> in  $\beta_2$ AR). The amino acid residues that form the interface between  $\beta_1$ AR<sub>6P</sub> and  $\beta$ arr1 are very similar to those that form the interface between  $\beta_2$ AR and G<sub>s</sub> (Fig. 3a). In particular, both complexes rely on extensive contacts between ICL2 and the cytoplasmic end of H3 of the receptor and either  $\beta$ arr1 or G<sub>s</sub>. However, there are contacts between the cytoplasmic ends of H2, H3, H7 and H8 in the  $\beta_1$ AR<sub>6P</sub>– $\beta$ arr1 complex that are absent in the  $\beta_2$ AR–G<sub>s</sub> complex. There are also

more extensive contacts between H5 and H6 of  $\beta_2$ AR to  $G_s$  compared with in the  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1 complex. The amino acid side chains in  $\beta_1$ AR and  $\beta_2$ AR at the respective interfaces are also similarly positioned, with the exception of Arg<sup>3.50</sup> (Arg139 in  $\beta_1$ AR and Arg131 in  $\beta_2$ AR) in the DRY motif (Fig. 3d, e). In the  $\beta_2$ AR- $G_s$  complex—and also in related complexes, such as that between the adenosine A<sub>2A</sub> receptor and  $G_s$ <sup>36</sup>—Arg<sup>3.50</sup> extends away from the helix axis of H3 to form an interface between Tyr391<sup>H5.23</sup> of the G protein and the hydrophobic interior of the receptor (Fig. 3e). By contrast, Arg<sup>3.50</sup> in the  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1 complex adopts a different rotamer that makes extensive polar interactions with Asp138<sup>3.51</sup> and Thr76<sup>2.39</sup> in the receptor and with Asp69<sup>s5s6.6</sup> of  $\beta$ arr1 in the finger loop (Fig. 3d). The rotamer of Arg<sup>3.50</sup>, and its interactions to other  $\beta_1$ AR side chains in the  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1 complex, are similar to those observed in inactive state structures of  $\beta_1$ AR and in active state structures stabilized by nanobodies<sup>17,34</sup>. One final observation in the comparison between the  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1 and the  $\beta_2$ AR- $G_s$  complexes is that the  $\alpha 5$  helix of  $G_s$  does not overlap precisely with the position of the finger loop of  $\beta$ arr1; the finger loop lies closer to H7–H8 than does the  $\alpha 5$ -helix (Fig. 3b, c).

To identify structural changes in  $\beta_1$ AR when G protein dissociates and arrestin couples, we compared the structures of formoterol-bound  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1 and formoterol-bound  $\beta_1$ AR-Nb80 (Nb80 being a known mimetic of the G protein  $G_s$ ; ref. <sup>6</sup>). The largest differences were observed on the intracellular face of  $\beta_1$ AR, where the ends of H5 and H6 were closer to the receptor core by 6.7 Å (C $\alpha$  of Ile241) and 1.9 Å (C $\alpha$  of Lys284), respectively, when  $\beta$ arr1 was coupled compared with when Nb80 was coupled (Fig. 4b). On the extracellular face of the receptor (Fig. 4c), the largest difference is in extracellular loop (ECL)2, which occludes the entrance to the orthosteric binding pocket through a 2.2 Å shift in its position upon arrestin coupling (as measured at C $\alpha$  of Arg317<sup>ECL3</sup>). There was no notable density for side chains in ECL3 of the  $\beta_1$ AR- $\beta$ arr1 structure, so we cannot compare changes in their interactions. In the orthosteric binding site there were considerable differences in the interactions between formoterol and  $\beta_1$ AR upon arrestin coupling (Fig. 4a), with an overall reduction in atomic contacts of 11%. The largest reduction was with H3 and H5, and there was an increase in interactions between formoterol and H6 (Extended Data Fig. 7). Structures of  $\beta_1$ AR bound to the arrestin-biased ligands carmoterol or carvedilol (Fig. 4d) also implicated the extracellular region of H6 in the action of ligand bias<sup>34,37</sup>. The 50% decrease in atomic contacts between formoterol and H5 is particularly notable. This includes the loss of two hydrogen bonds to Ser211<sup>5.41</sup> (Fig. 4a) and lengthening of the remaining hydrogen bond. In addition, the hydrogen bond between Ser215<sup>5.46</sup> and formoterol lengthens by 0.5 Å, and Ser215<sup>5.46</sup> is known to be a key residue in receptor activation<sup>6,7,34</sup>. The data are all consistent with the decreased affinity of formoterol to  $\beta_1$ AR<sub>6P</sub> when  $\beta$ arr1 is coupled compared with when mini- $G_s$  is coupled (Extended Data Fig. 1). These observations can be combined into a model that describes changes in  $\beta_1$ AR in the transition from the G-protein-coupled state to the arrestin-coupled state (Extended Data Fig. 9). Upon G-protein dissociation and arrestin coupling, there is an inward movement of the cytoplasmic end of H5, resulting in its outward movement away from the ligand in the orthosteric binding site. This results in weakening of interactions between formoterol and H5 and a subtle adjustment of the ligand in the orthosteric binding site, resulting in a weakening of interactions with H3 and additional interactions with H6.

The structure of  $\beta_1\text{AR}_{6P}$ - $\beta\text{arr}1$  suggests the possibility of designing biased agonists that, when bound, result in a repositioning of H5 compared with its location in the presence of balanced agonists. There are also new opportunities for developing drugs that bind specifically to the receptor-arrestin complex, rather than the receptor-G protein complex, where they differ on the intracellular surface (Extended Data Fig. 9). The challenge will be to design compounds that specifically target these sites.

## Methods

### Cloning, expression and purification of $\beta_1\text{AR}$

The turkey (*Meleagris gallopavo*)  $\beta_1\text{AR}$  construct used for crystallization (Extended Data Fig. 1) of the  $\beta_1\text{AR}$ -Nb80 complex (trx- $\beta_1\text{AR}$ ) was based on  $\beta 44$ -m23 (ref. <sup>34</sup>). The construction of trx- $\beta_1\text{AR}$  has been described previously<sup>17</sup>. Relative to wild-type  $\beta_1\text{AR}$ , trx- $\beta_1\text{AR}$  contains truncations at the N and C termini (upstream of A33 and downstream of L367, respectively) and in the third intracellular loop (C244 to R271, inclusive). Thioredoxin (*Escherichia coli* trxA, with mutations C32S and C35S) was attached to the N terminus via the linker EAAAK. trx- $\beta_1\text{AR}$  also contains the four thermostabilizing mutations (R68S<sup>1.59</sup>, M90V<sup>2.53</sup>, F327A<sup>7.37</sup> and F338M<sup>7.48</sup>) as well as two additional mutations C116L<sup>3.27</sup> and C358A<sup>8.59</sup>. A hexahistidine tag is fused to the C terminus of trx- $\beta_1\text{AR}$ .

The turkey  $\beta_1\text{AR}$  construct used for cryo-EM of the  $\beta_1\text{AR}_{6P}$ - $\beta\text{arr}1$ -F<sub>ab</sub>30 complex ( $\beta 83$ ) was also based on  $\beta 44$ -m23<sup>34</sup>.  $\beta 83$  shares the same truncations at the N terminus and in the third intracellular loop as trx- $\beta_1\text{AR}$  (Extended Data Fig. 1).  $\beta 83$  contains six thermostabilizing mutations (M44C<sup>1.35</sup>, M90V<sup>2.53</sup>, V103C<sup>2.66</sup>, D322K<sup>7.32</sup>, F327A<sup>7.37</sup> and F338M<sup>7.48</sup>) as well as three additional mutations C116L<sup>3.27</sup>, E130W<sup>3.41</sup> and C358A<sup>8.59</sup>. The sequence downstream of C358A<sup>8.59</sup> has been replaced with a linker sequence mimicking the C-terminal tail of vasopressin receptor 2 (V<sub>2</sub>R). The sequence contains a sortase recognition site (in bold) followed by a heptahistidine tag [ARGRPL**PETGGRRHHHHHHH**]. The sortase site is positioned so as to maintain the relative distance between helix H8 in V<sub>2</sub>R and the conserved phosphoserine triad motif after sortase-mediated assembly (see below). MBP- $\beta 83$  is identical to  $\beta 83$  except for an N-terminal maltose-binding protein fusion constructed with a flexible linker region.

For generating  $\beta_1\text{AR}$  Tango assay constructs, the coding region of  $\beta 44$  ( $\beta 44$ -m23 without thermostabilizing mutations—that is, wild-type  $\beta_1\text{AR}$  with aforementioned truncations at the N- and C termini and ICL3 and the mutations C116L<sup>3.27</sup> and C358A<sup>8.59</sup>) and  $\beta 83$  were amplified by PCR and cloned using BamHI and KpnI into an in-house Tango assay vector (synthesized by GenScript on pCDNA3.1 backbone) containing the V<sub>2</sub>R C-terminal sequence, a downstream TEV protease cleavage site (ENLYFQL) and tetracycline-controlled transcription activator (tTA) sequence. These constructs also contain an N-terminal HA signal sequence followed by a Flag tag. For confocal microscopy studies,  $\beta 44$  and  $\beta 83$  coding regions were sub-cloned into pCDNA3.1 vector containing the N-terminal HA signal sequence and Flag tag as well as the V<sub>2</sub>R C-terminal sequence. All  $\beta_1\text{AR}$  constructs used in the functional assays contain the C-terminal region of V<sub>2</sub>R. For simplicity, they are simply referred to as  $\beta 44$ -V<sub>2</sub>R and  $\beta 83$ -V<sub>2</sub>R (Extended Data Fig. 1), and collectively as  $\beta_1\text{AR}$ -

V<sub>2</sub>R. All constructs were sequence validated (Macrogen). HEK-293 cells were purchased from ATCC and cultured in DMEM containing 10% FBS, 100 U/ml penicillin and 100 µg/ml streptomycin. Cells were maintained under sterile conditions in 10-cm culture dishes at 37 °C with 5% CO<sub>2</sub> and sub-cultured at 70–80% confluency. For functional in vivo assays, 60–70% confluent cells were transfected with β<sub>1</sub>AR–V<sub>2</sub>R constructs using polyethylenimine (PEI) as transfection agent at 1:3 DNA:PEI ratio. The experiments were performed 24–48 h after transfection.

The generation of trx-β<sub>1</sub>AR baculovirus and its expression and subsequent purification were performed as described previously<sup>17</sup>. It was solubilized and purified in decylmaltoside (DM, Generon) and eluted off the alprenolol Sepharose ligand affinity column as described previously<sup>34,39,40</sup> with 100 µM formoterol. The β83 construct was cloned into the baculovirus transfer vector pBacPAK8 (Clontech). Baculovirus expressing β83 was prepared using the flashBAC ULTRA system (Oxford Expression Technologies). β83 and MBP-β83 were expressed in *Trichoplusia ni* cells (Expressions Systems). Cells were grown in suspension in ESF 921 medium (Expressions Systems) to a density of 3 × 10<sup>6</sup> cells per ml. Cultures were supplemented with 5% (v/v) fetal bovine serum before infection with β83 baculovirus and incubated for 40 h.

β83 was solubilized in 2% (w/v) dodecylmaltoside (DDM, Generon) from the membrane fraction and further purified in 0.02% (w/v) DDM by Ni<sup>2+</sup>-affinity chromatography and alprenolol Sepharose ligand affinity chromatography. It was eluted from the alprenolol Sepharose column with 100 µM alprenolol. β83 was further polished on a Superdex 200 Increase column to remove excess alprenolol. β<sub>1</sub>AR<sub>6P</sub> was generated by sortase A-mediated covalent assembly<sup>41</sup> of purified β83 with a synthetic phosphopeptide, V<sub>2</sub>R<sub>6P</sub> (GGGDE[pS]A[pT][pT]A[pS][pS][pS] LAKDTSS, Tufts University Core Facility). The expression plasmid for sortase A (P94S/D160N/D165A/K196T) was a gift from S. Eustermann and D. Neuhaus. β83 (1 mg/ml) was incubated overnight on ice with tenfold molar excess of V<sub>2</sub>R<sub>6P</sub> and His-tagged sortase A at 1:10 (mol/mol) enzyme:receptor ratio, in the presence of 5 mM CaCl<sub>2</sub>. The assembly mixture was pre-adjusted with NaOH to pH 7.5 before the addition of receptor. Unreacted β83 and enzyme were removed by negative Ni<sup>2+</sup>-affinity chromatography. β<sub>1</sub>AR<sub>6P</sub> was further polished on a Superdex 200 Increase column.

MBP-β83 was purified as β83, except that it was essential that the receptor did not contain any ligand, and therefore the ligand affinity chromatography step was not used.

### G<sub>s</sub>- and arrestin-coupling activity of β<sub>1</sub>AR–V<sub>2</sub>R

Surface expression of β<sub>1</sub>AR–V<sub>2</sub>R constructs was measured using a whole cell surface ELISA protocol described previously<sup>42</sup>, and it was similar between constructs. In brief, 24 h post-transfection, cells were seeded at 0.2 million cells per well in a 24-well plate, pre-coated with 0.01% (w/v) poly-D-lysine. Cells were washed once with ice-cold TBS, fixed with 4% (w/v) paraformaldehyde on ice for 20 min, and washed three times with TBS. The cells were incubated with 1% (w/v) BSA solution to block non-specific binding sites followed by incubation with HRP-conjugated anti-Flag M2 antibody (Sigma, A8592) prepared at 1:10,000 dilution in 1% (w/v) BSA for 90 min. Subsequently, cells were washed three times with 1% (w/v) BSA in TBS, 200 µl of TMB substrate was added to cells, and the



reaction was stopped using 1 M H<sub>2</sub>SO<sub>4</sub>. Absorbance at 450 nm was measured using a multi-mode plate reader (Victor X4, Perkin Elmer). For normalization, cell density was measured using Janus Green staining by incubating the cells with 0.2% (w/v) Janus Green for 20 min followed by three washes with 18.2 MΩ cm water and addition of 800 μl of 0.5 M HCl per well. The absorbance (*A*) at 595 nm was read and the  $A_{450}:A_{595}$  ratio was used as a readout of receptor surface expression.

The G<sub>s</sub>-coupling activity of β<sub>1</sub>AR–V<sub>2</sub>R was measured using a GloSensor assay as described previously<sup>43</sup>. In brief, HEK-293 cells were co-transfected with β<sub>1</sub>AR–V<sub>2</sub>R and the luciferase-based cAMP reporter plasmid (pGloSensor™-22F, Promega). 16–18 h after transfection, cells were trypsinized, pelleted and resuspended in buffer (HBSS with 20 mM HEPES-NaOH pH 7.4) containing 0.5 mg/ml luciferin (GoldBio). Subsequently, the cells were seeded into a white, clear-bottom, 96-well microplate at a density of 0.8–1 × 10<sup>5</sup> cells per 100 μl per well. The plate was kept at 37 °C for 90 min in a CO<sub>2</sub> incubator followed by 30 min at room temperature. The basal reading was first measured in luminescence mode using a multi-mode plate-reader (Victor X4, Perkin Elmer). After stimulation with varying doses of isoprenaline and formoterol, luminescence was measured continuously over a period of 60 min.

Agonist-induced βarr2 recruitment was measured using a Tango assay following a previously described protocol<sup>44</sup>. In brief, HTLA cells were transfected with β<sub>1</sub>AR–V<sub>2</sub>R. 24 h after transfection, cells were trypsinized and seeded at a density of 5 × 10<sup>4</sup> cells per well in a white 96-well microplate. After 16 h, cells were stimulated with varying doses of isoprenaline or formoterol for 8 h. Subsequently, culture medium was aspirated and 100 μl luciferin (0.5 mg/ml in HBSS buffer) was added to each well, and luminescence intensity was measured using a multi-mode plate-reader (Victor X4, Perkin Elmer).

Data were plotted and analysed using the GraphPad Prism software and normalized as indicated in the relevant figure legends. The bias factors of formoterol for β<sub>44</sub>–V<sub>2</sub>R and β<sub>83</sub>–V<sub>2</sub>R were calculated with isoprenaline as a reference ligand following the equiactive comparison approach and equations described previously<sup>5</sup>.

### Visualization of agonist-induced βarr1 trafficking

The βarr1–mYFP plasmid constructs used for confocal microscopy have been described previously<sup>45</sup>. HEK-293 cells were transfected with β<sub>1</sub>AR–V<sub>2</sub>R and βarr1–YFP plasmids. Twenty-four hours after transfection, 1 × 10<sup>6</sup> cells were seeded in 35-mm glass bottom confocal imaging plates pre-coated with 0.01% (w/v) poly-D-lysine. Cells were allowed to adhere for 24 h, and then serum-starved for 3–4 h. Cells were stimulated with 100 μM formoterol and live-cell imaging was carried out using a LSM780NLO confocal microscope fitted with 32x array GaAsP descanned detector (Zeiss) under 63×/1.40 NA objective with oil-immersion. A multiline argon laser source was used for monitoring YFP fluorescence and the raw images were processed with the ZEN lite (ZEN-black) software suite from Zeiss. For comparing the two β<sub>1</sub>AR–V<sub>2</sub>R constructs, imaging conditions including the laser intensity and pinhole settings were maintained in the same range.

## Expression and purification of nanobody Nb80

A synthetic gene (Integrated DNA Technologies) for Nb80 (ref. <sup>6</sup>) was cloned into plasmid pET-26b(+) (Novagen) with an N-terminal His<sub>6</sub> tag followed by a thrombin protease cleavage site. Expression in *E. coli* strain BL21(DE3)RIL (Agilent Technologies) and purification from the periplasmic fraction was as described elsewhere<sup>35</sup>. The His<sub>6</sub> tag was removed by a thrombin (Sigma) protease cleavage step before concentration of the nanobody to 40 mg/ml.

## Formation of formoterol-bound $\text{trx-}\beta_1\text{AR}$ -nanobody complex and purification with detergent exchange by size exclusion chromatography

Preparation of the receptor–nanobody complex was performed as described previously<sup>17</sup>. Formoterol-bound  $\text{trx-}\beta_1\text{AR}$  (1.5 mg) was mixed with 1.5-fold molar excess of nanobody (0.65 mg), cholesteryl hemisuccinate (Sigma) was added to 0.1 mg/ml in a final volume of 150  $\mu\text{l}$ , and then the mixture was incubated for 2 h at room temperature.

After incubation, size-exclusion chromatography (SEC) was performed to separate the receptor–nanobody complex from excess nanobody and to exchange the detergent from DM to HEGA-10 (Anatrace) for crystallization by vapour diffusion. A Superdex 200 10/300 GL Increase column (GE Healthcare) was used at 4 °C. The column was equilibrated with SEC buffer (10 mM Tris-Cl<sup>-</sup> pH 7.4, 100 mM NaCl, 0.1 mM EDTA, 0.35% HEGA-10) supplemented with 10  $\mu\text{M}$  formoterol. Samples containing complex were mixed with 200  $\mu\text{l}$  SEC buffer and centrifuged (14,000g, 5 min) immediately before SEC (flow rate 0.2 ml/min), with a run time of one hour which was sufficient for a near-complete detergent exchange as indicated by quantification of residual glycosidic detergent<sup>46</sup>. Peak fractions corresponding to complex were concentrated to 15 mg/ml for crystallization by vapour diffusion using 50 kDa-MWCO Amicon Ultra-4 centrifugal filter units (EMD-Millipore).

## Crystallization of receptor–nanobody complex, data collection, processing and refinement

Crystals were grown in 150 + 150 nl sitting drops by vapour diffusion at 18 °C against reservoir solutions containing 0.1 M HEPES-Na<sup>+</sup> pH 7.5 and 21–24% (w/v) PEG1500. Crystals usually appeared within 2 h and grew to full size (up to 200  $\mu\text{m}$  in length) within 48 h. Crystallization plates were equilibrated to 4 °C for at least 24 h before cryo-cooling. Crystals were picked with LithoLoops (Molecular Dimensions) and dipped in 0.1 M HEPES-Na<sup>+</sup> pH 7.5, 25% (w/v) PEG1500, 5% (v/v) glycerol before plunging into liquid nitrogen.

Diffraction data for the  $\text{trx-}\beta_1\text{AR}$ -Nb80 complex with formoterol bound were collected at ESRF, Grenoble using the autonomous beamline MASSIF-1<sup>47</sup>. X-ray diffraction data were collected from a single point on the crystal using automatic protocols for the location and optimal centring of crystals<sup>48</sup>. The beam diameter was selected automatically to match the crystal volume of highest homogeneous quality and was therefore collimated to 30  $\mu\text{m}$ , and strategy calculations accounted for flux and crystal volume in the parameter prediction for complete datasets<sup>49</sup>. Diffraction data were processed using MOSFLM<sup>50</sup> and AIMLESS<sup>51</sup>, the structure was solved using PHASER<sup>52</sup> with use of the crystal structures of the active state  $\beta_2\text{AR}$  stabilized with nanobody Nb80 (ref. <sup>6</sup>) and wild-type thioredoxin (PDB ID:

3P0G, 2H6X) as search models. Diffraction was anisotropic, as indicated by the estimated resolution limits (cross-correlation between intensities from half datasets ( $CC_{1/2}$ ) = 0.3) in  $h,k,l$  directions (Extended Data Table 2). To retain statistically significant diffraction data, but eliminating reflections in less well diffracting directions, the data were truncated anisotropically using the UCLA Diffraction Anisotropy Server (<http://services.mbi.ucla.edu/anisoscale/>). Model refinement and rebuilding were carried out with REFMAC5<sup>53</sup> and Coot<sup>54</sup>.

### Cloning, expression and purification of human $\beta$ arr1

Wild-type human  $\beta$ arr1 was cloned into the pTrcHisB vector with a TEV protease-cleavable N-terminal His<sub>6</sub> and Flag tag. Two mutations were introduced by site-directed mutagenesis: L68C, a finger-loop mutation commonly used in the functional labelling of arrestins<sup>31</sup>, and R169E, which disrupts the polar core and predisposes arrestin to activation<sup>55</sup>. Arrestin was expressed in BL21 cells. Cells were grown in LB medium supplemented with 100  $\mu$ g/ml ampicillin at 25 °C. Expression was induced with 30  $\mu$ M IPTG at a cell optical density at 600 nm ( $OD_{600}$ ) of 0.5. The temperature was lowered to 15 °C and the cells allowed to grow for an additional 20 h. Cells were collected and flash-frozen in liquid nitrogen and stored at -80 °C. Arrestin was purified sequentially by Ni<sup>2+</sup>-affinity chromatography, TEV protease-cleavage of its N-terminal affinity tags, and heparin chromatography, eluting off the heparin column using 1 M NaCl. Purified arrestin was further polished on a Superdex 200 prep grade column (GE Healthcare) equilibrated in 20 mM Tris-Cl<sup>-</sup> pH 8.0, 0.1 M NaCl, 10% (v/v) glycerol, 0.5 mM DTT. Peak fractions were pooled and concentrated to 20 mg/ml and flash-frozen as aliquots in liquid nitrogen and stored at -80 °C.

### Expression and purification of zebrafish apo-lipoprotein A-1

Zebrafish apo-lipoprotein A-1 (zap1) was expressed and purified as previously described<sup>56</sup>. In brief, a pET-28a vector containing zap1 with a HRV-3C protease-cleavable N-terminal His<sub>6</sub> tag was transformed into *E. coli* BL21(DE3)RIL cells. Cells were grown at 37 °C in TB medium supplemented with kanamycin. Expression was induced at  $OD_{600}$  1–1.5 with 1 mM IPTG. The temperature was lowered to 25 °C and the culture was allowed to grow for 3 h. Cells were lysed by sonication in the presence of 1% (v/v) Triton X-100. Cell lysate was clarified by centrifugation and passage through a 0.22- $\mu$ m filter before loading onto a HisTrap-FF column. The pellet from the previous centrifugation step was resuspended in buffer containing 6 M guanidine hydrochloride (GnHCl), clarified by centrifugation, and loaded onto the HisTrap-FF column. The column was washed in successive buffers (base: 20 mM Tris-Cl<sup>-</sup> pH 7.5, 0.3 M NaCl, 20 mM imidazole) containing first, 6 M GnHCl, then 0.2% (v/v) Triton X-100, followed by 50 mM Na-cholate, before eluting in 20 mM Tris-Cl<sup>-</sup> pH 7.5, 150 mM NaCl, 20 mM Na-cholate, 0.3 M imidazole. Purified zap1 was treated with HRV-3C protease in the presence of 0.5 mM TCEP to remove the His<sub>6</sub> tag before polishing on a Superdex 200 Increase column equilibrated in 20 mM Tris-Cl<sup>-</sup> pH 7.5, 150 mM NaCl, 20 mM Na-cholate.

### Expression and purification of F<sub>ab</sub>30

The coding region of F<sub>ab</sub>30 was synthesized by GenScript on the basis of the previously published crystal structure (PDB ID: 4JQI). For large-scale purification, F<sub>ab</sub>30 was

expressed in the periplasmic fraction of *E. coli* 55244 cells (ATCC) and purified using Protein L (GE Healthcare) gravity flow affinity chromatography as published previously<sup>31</sup>. In brief, cells containing F<sub>ab</sub>30 plasmid were used to inoculate 2xYT and grown overnight at 30 °C. Fresh 2xYT was inoculated with 5% vol. initial inoculum and grown for an additional 8 h at 30 °C. Cells were collected and resuspended in an equal volume of CRAP medium supplemented with ampicillin, and grown for 16 h at 30 °C.

For F<sub>ab</sub>30 purification, cells were lysed in F<sub>ab</sub>-lysis buffer (50 mM HEPES-Na<sup>+</sup> pH 8.0, 0.5 M NaCl, 0.5% (v/v) Triton X-100, 0.5 mM MgCl<sub>2</sub>) by sonication. Crude cell lysate was heated in a 65-°C water bath for 30 min and chilled immediately on ice for 5 min. Subsequently, lysate was clarified by centrifugation at 20,000g and passed through pre-equilibrated Protein L resin packed gravity flow affinity column. After binding at room temperature, beads were washed extensively with wash buffer (50 mM HEPES-Na<sup>+</sup> pH 8.0, 0.5 M NaCl). Protein was eluted with 100 mM acetic acid into tubes containing 10% vol neutralization buffer (1 M HEPES pH 8.0). After elution, the sample was desalted into F<sub>ab</sub>-storage buffer (20 mM HEPES-Na<sup>+</sup> pH 8.0, 0.1 M NaCl) using a pre-packed PD-10 column (GE Healthcare). Purified F<sub>ab</sub>30 was flash-frozen and stored in buffer supplemented with 10% (v/v) glycerol.

### Functional validation of purified F<sub>ab</sub>30

The functionality of purified F<sub>ab</sub>30 was assessed using co-immunoprecipitation with reactivity towards V<sub>2</sub>Rpp-bound βarr1 as readout following a previously published protocol<sup>45</sup>. In brief, F<sub>ab</sub>30 (1.5 μg) was incubated with purified βarr1 (2.5 μg) in the presence or in the absence of V<sub>2</sub>Rpp (pre-incubated with 5–10 fold molar excess compared to βarr1) in 100–200 μl reaction volume. After 1 h incubation at room temperature, pre-equilibrated Protein L beads were added to the reaction mixture and incubated for an additional 1 h. Subsequently, Protein L beads were washed 3–5 times using 20 mM HEPES-Na<sup>+</sup> pH 7.4, 150 mM NaCl, 0.01% (w/v) LMNG to remove non-specific binding. Bound proteins were eluted using 2 × SDS loading buffer and separated by SDS–PAGE. Interaction of F<sub>ab</sub>30 with activated βarr1 was visualized using Coomassie-staining and western blot.

### Reconstitution of purified β<sub>1</sub>AR<sub>6P</sub> into nanodiscs and complex formation

Reconstitution was performed by adapting established protocols<sup>57</sup>. Stocks of 16:0-18:1 PC (POPC) and 16:0-18:1 PG (POPG, Avanti Polar Lipids) in chloroform were dried down under a nitrogen stream and fully solubilized in 20 mM HEPES-Na<sup>+</sup> pH 7.5, 150 mM NaCl, 100 mM Na-cholate to make 50 mM lipid stocks. β<sub>1</sub>AR<sub>6P</sub> (500 μg) was reconstituted into zap1-supported nanodiscs containing 7:3 (mol/mol) POPC:POPG. Receptor, zap1 and lipids at a molar ratio of 1:10:1,000 (net. 18 mM cholate) were mixed and incubated for an hour on ice. A threefold excess of damp, pre-equilibrated Bio-Beads SM-2 (Bio-Rad) was added in batch and the sample was mixed end-over-end overnight at 4 °C. An absorption capacity of 80 mg cholate per gram was used to calculate the requisite amount of polystyrene beads<sup>58</sup>. The reconstituted sample, composed of a mixture of β<sub>1</sub>AR<sub>6P</sub>-incorporated nanodiscs and zap1/lipid-only nanodiscs, was further polished on a Superdex 200 Increase column equilibrated in 20 mM HEPES-Na<sup>+</sup> pH 7.5, 150 mM NaCl, 5 μM formoterol.

The nanodisc mixture was supplemented with a further 10  $\mu\text{M}$  formoterol and incubated with a twofold excess of  $\beta\text{arr}1(\text{L68C}, \text{R169E})$  for 1 h on ice. A twofold excess of His-tagged  $\text{F}_{\text{ab}30}$  was added and the mixture incubated for 1 h. Subsequently, the mixture was left to incubate in batch with 1 ml Ni-NTA resin (QIAGEN) overnight at 4 °C. A pull-down of  $\beta_1\text{AR}_{6\text{P}}\text{-}\beta\text{arr}1\text{-}\text{F}_{\text{ab}30}$  complex in nanodiscs was performed by  $\text{Ni}^{2+}$ -chromatography exploiting His-tagged  $\text{F}_{\text{ab}30}$  to remove tag-free components— $\text{zap}1/\text{lipid}$ -only nanodiscs and excess  $\beta\text{arr}1$ . The nanodisc-embedded ternary complex was separated from excess  $\text{F}_{\text{ab}30}$  on a Superdex 200 Increase column equilibrated in 10 mM HEPES- $\text{Na}^+$  pH 7.5, 20 mM NaCl, 2  $\mu\text{M}$  formoterol. SEC fractions were either used immediately for cryo-EM grid preparation or divided into aliquots and flash frozen and stored at  $-80$  °C. Grids prepared with freshly isolated complex or samples that had been subjected to a freeze/thaw cycle were identical in apparent quality.

### $\beta_1\text{AR}_{6\text{P}}\text{-}\beta\text{-arrestin}1\text{-}\text{F}_{\text{ab}30}$ cryo-grid preparation and data collection

Cryo-EM grids were prepared by applying 3  $\mu\text{l}$  sample (at a protein concentration of 1 mg/ml) on glow-discharged holey gold grids (Quantifoil Au 1.2/1.3 300 mesh). Excess sample was removed by blotting with filter paper for 2–3 s before plunge-freezing in liquid ethane (cooled to  $-181$  °C) using a FEI Vitrobot Mark IV maintained at 100% relative humidity and 4 °C. Data collection was carried out on grids made from a single preparation of  $\beta_1\text{AR}_{6\text{P}}\text{-}\beta\text{arr}1\text{-}\text{F}_{\text{ab}30}$  complex. Images were collected on a FEI Titan Krios microscope at 300 kV using a GIF Quantum K2 (Gatan) in counting mode. Data were collected in 3 independent sessions—two on LMB-Krios2; one on Diamond eBIC-Krios1—to give a total of 18,581 movies. When processing previous datasets, particles were assessed by the software cryoEF<sup>59</sup> to have an orientation distribution efficiency,  $E_{\text{od}}$ , of approximately 0.55, indicating moderately severe preferential orientation of the particles in freestanding ice. To improve orientation distribution, micrographs in this study were collected with a  $30^\circ$ -stage tilt. On LMB-Krios2, automated data acquisition was performed using serialEM<sup>60</sup>. Grid squares were subdivided into  $3 \times 3$  grid hole-matrices. Stage shift was used to align the central grid hole within the acquisition template. Subsequently, image shift with active beam-tilt compensation was used to record from the nine holes. Large changes in sample height due to stage-tilt were compensated for by an equivalent degree of defocus adjustment, pre-determined and applied so as to normalize to the target defocus value. On eBIC-Krios1, data collection was performed using EPU (Thermo Fisher Scientific). Stage shift was used to centre individual grid holes. In all sessions, two non-overlapping exposures, aligned along the tilt axis, were collected per grid hole. Micrographs were collected with a fluence of around 45–50  $e^-/\text{\AA}^2$ . Each micrograph was collected as movie frames (around 1.0  $e^-/\text{\AA}^2/\text{frame}$ ) at a flux of 4.5  $e^-/\text{pixel}/\text{s}$  (LMB) or 3.3  $e^-/\text{pixel}/\text{s}$  (eBIC) with an energy selection slit width of 20 eV. The datasets were collected at a magnification of 105,000 $\times$  (1.1  $\text{\AA}/\text{pixel}$ , LMB) and 130,000 $\times$  (1.047  $\text{\AA}/\text{pixel}$ , eBIC).

### Data processing and model building

RELION-3.0.7 was used for all data processing unless otherwise specified<sup>61</sup>. Drift, beam-induced motion and dose-weighting were corrected in Warp-1.0.6 using a spatial resolution of  $5 \times 5$  and a temporal resolution equal to the number of movie frames<sup>62</sup>. Contrast transfer function (CTF) estimation and determination of the focus gradient was performed in Warp

using movie frame input, with  $5 \times 5$  spatial resolution and a temporal resolution of 1. Micrographs were curated for quality on the basis of ice contamination, CTF fitting quality, estimated resolution and astigmatism, resulting in a trimmed dataset of 18,101 micrographs. Auto-picking was performed with a Gaussian blob as a template, which resulted in optimal particle picking. The CTF parameters for the picked coordinates were interpolated from the focus gradients modelled in Warp. Particles were extracted in a box-size equivalent to 264 Å and downsampled initially to 4.4 Å/pixel. For each LMB-Krios2 session, micrographs were further separated into two halves, generating a total of five groups of particle stacks. Each group was processed independently. For each group, particles were subjected to two rounds of 3D classification in 6 classes using an ab initio model as reference. In the second round of 3D classification, particle distribution appeared to be dictated in part by the size of the nanodisc component (Extended Data Fig. 4). Aberrant classes of particles, such as C4 and C5 (Extended Data Fig. 4) were excluded from subsequent rounds of processing, as they probably arose from distorted nanodiscs (C4) or aggregation effects (C5) that arose during grid preparation. Particles of varying nanodisc sizes were combined, re-extracted with downscaling to 1.69 Å/pixel, and refined to achieve an overall consensus alignment. Clear density could be observed for the transmembrane helices as well as two protrusions from the lipid boundary corresponding to ECL2 and ICL3, demarcating the volumes corresponding to receptor and zap1/lipid. Particles were subjected to Bayesian polishing before further refinement. Correcting for per-particle beam-induced motion consistently improved resolution by two resolution shells (according to a gold-standard Fourier shell correlation (FSC) of 0.143) at this early stage. Signal subtraction was performed to remove most of the non-receptor component of the nanodisc, facilitating refinement of the  $\beta_1AR_{6P}$ - $\beta arr1$ - $F_{ab30}$  complex that included a thin annular layer of lipid. Subsequently, 3D classification without alignment into 6 classes (regularization parameter,  $T=20$ ) identified a subset of particles (around 8%) that refined to high resolution and showed fine map details in the receptor and arrestin regions. On trace-back, this subset of good particles constituted roughly an equal proportion of the class averages identified in the preceding round of 3D classification (that is, class distributions based loosely on nanodisc morphology). At this stage, the good particles from the five groups were combined, re-extracted with downscaling of 1.1 Å/pixel, and processed as a single dataset. The merged particle set was split according to microscope session for independent Bayesian polishing before re-merging for downstream processing. Following signal subtraction of the nanodisc and refinement, the model reached a resolution of 3.43 Å. Subsequently, refined particles were imported into and processed in RELION-3.1. On account of the image shift collection strategy used in LMB-Krios2, the particles from those two sessions were assigned to 1 of 18 optical groups—by sessions and based on position within their respective  $3 \times 3$  matrices. Including the eBIC-Krios1 particles, this produced 19 optical group assignments, which were corrected independently for residual beam-tilt, anisotropic magnification, per-micrograph astigmatism, and per-particle CTF estimation. In the final refinement sequence, half maps were locally filtered between refinement iterations using SIDESPLITTER<sup>63</sup>, an adaptation of the LAFTER algorithm<sup>64</sup> that maintains gold-standard separation between the two half maps. The final model contained 403,991 particles and reached an overall resolution of 3.3 Å with side chains visible for most of the complex (Extended Data Figs. 3, 5). Local resolution estimates were calculated with RELION-3.1 showing the  $\beta_1AR$ - $\beta arr1$  and  $\beta arr1$ - $F_{ab30}$  interfaces at around

3.2 Å and rising gradually to around 3.7 Å at the level of the  $\beta_1$ AR orthosteric binding site; H1 and the extracellular regions of the receptor, the C-distal end of arrestin, and CL-CH1 domains of F<sub>ab</sub>30 are at poorer resolution, with the worst regions reaching about 4.5 Å at the most exposed edges. The final particle set was assessed to have  $\overline{EFV}_{od} \approx 0.72$ .

Model building and refinement was carried out using the CCP-EM<sup>65</sup> and PHENIX<sup>66</sup> software suites. The formoterol-bound  $\text{trx-}\beta_1\text{AR-Nb80}$  and  $\beta\text{arr1-F}_{ab}30\text{-V}_2\text{Rpp}$  crystal structures were used as starting models (PDB ID: 6IBL and 4JQI, respectively).  $\beta_1$ AR was modelled from A42 to A358 with a gap from R243 to R279 (inclusive) on account of weak density. The  $\text{V}_2\text{R}_{6P}$  portion of  $\beta_1\text{AR}_{6P}$  was modelled from E372 to D384 ( $\text{V}_2\text{R}$  numbering). The intervening linker region to A358 was too flexible to be resolved. Density for all phosphoresidues was well resolved.  $\beta\text{arr1}$  was modelled from T6 to E359, with a gap between R331 and S340 (inclusive), which constitutes a region encompassing the C-distal '344-loop' that potentially interacts with the lipid head group region. Initial manual model building was performed in Coot<sup>54</sup> following jelly-body refinement in Refmac5<sup>53</sup>. Restraints for formoterol were generated using AM1 optimization in eLBOW<sup>67</sup>. To better maintain geometry in the regions of weak density, secondary structure restraints, Ramachandran restraints and rotamer restraints were applied during real space refinement in Phenix. The model followed iterative cycles of manual modification in Coot and restrained refinement in Phenix. The final model achieved good geometry (Extended Data Table 1) with validation of the model performed in Phenix, MolProbity<sup>68</sup> and EMRinger<sup>69</sup>. The goodness of fit of the model to the map was carried out using Phenix using a global model-versus-map FSC (Extended Data Fig. 5). Over-fitting in refinement was monitored<sup>70</sup> using  $\text{FSC}_{\text{work}}/\text{FSC}_{\text{test}}$  by refining a 'shaken' model against half map-1 and calculating a FSC of the resulting refined model against half map-2.

### Expression and purification of mini-G<sub>s</sub>

Mini-G<sub>s</sub> (construct R393) was expressed in *E. coli* strain BL21(DE3)RIL and purified by Ni<sup>2+</sup>-affinity chromatography, removal of the His tag using TEV protease and negative purification on Ni<sup>2+</sup>-NTA for protease and undigested mini-G<sub>s</sub> removal, and final SEC to remove aggregated protein<sup>71</sup>. Purified mini-G<sub>s</sub> was concentrated to a final concentration of 100 mg/ml in 10 mM HEPES-Na<sup>+</sup> pH 7.5, 100 mM NaCl, 10% (v/v) glycerol, 1 mM MgCl<sub>2</sub>, 1  $\mu$ M GDP and 0.1 mM TCEP.

### Radioligand binding studies on $\beta_1$ AR in nanodiscs

Purified MBP- $\beta$ 83 was ligated to  $\text{V}_2\text{R}_{6P}$  peptide to produce MBP- $\beta_1\text{AR}_{6P}$  and inserted into nanodiscs in the absence of ligand. Nanodiscs containing MBP- $\beta_1\text{AR}_{6P}$  were diluted into assay buffer for radioligand saturation binding studies as previously described for insect cell membranes<sup>17</sup>.

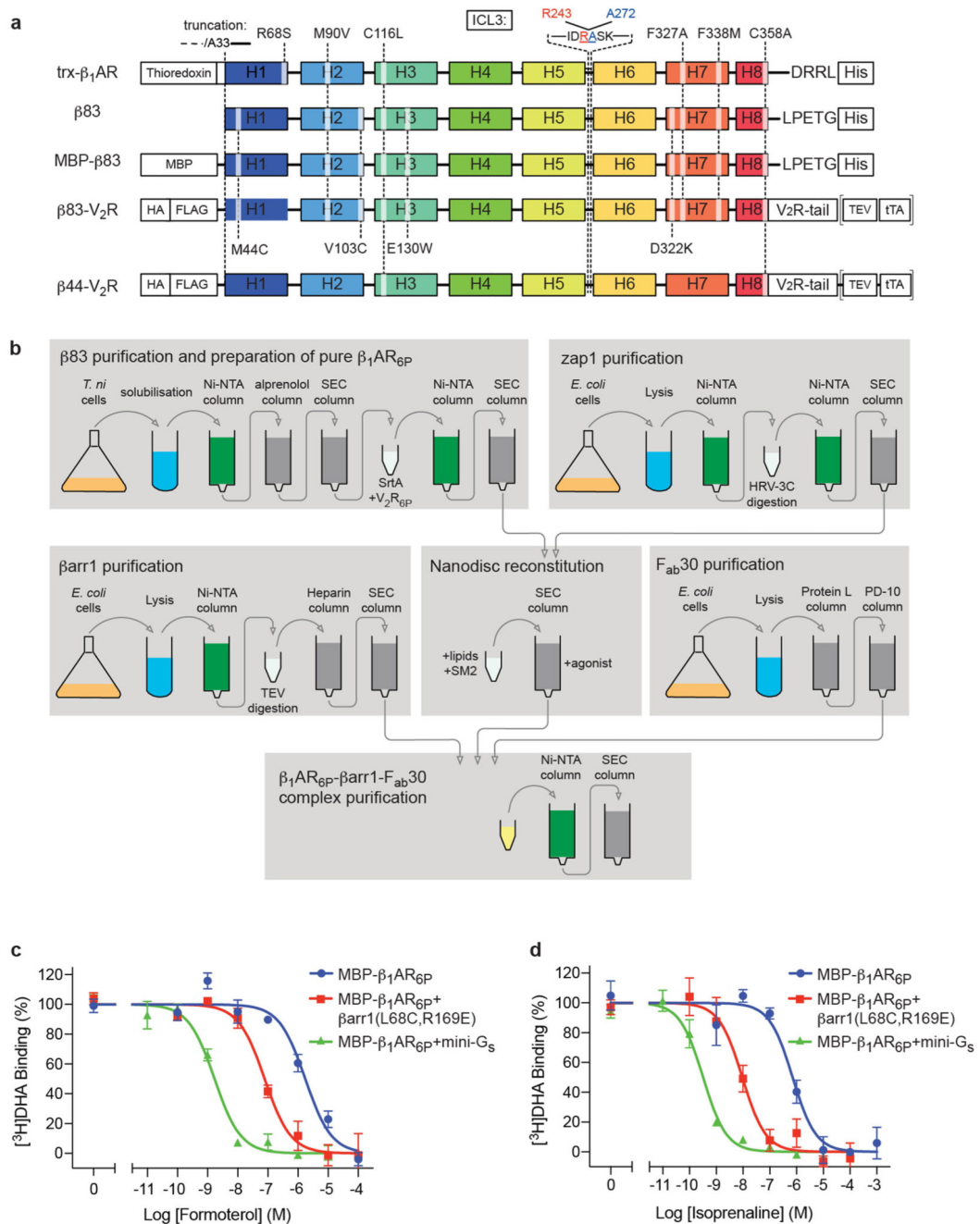
### Competition binding assays

Nanodiscs containing MBP- $\beta_1\text{AR}_{6P}$  were diluted in 20 mM HEPES-Na<sup>+</sup> pH 7.5, 50 mM NaCl, 2.5 mM MgCl<sub>2</sub>, 0.1% BSA. Aliquots were supplemented with mini-G<sub>s</sub> construct R393 or  $\beta\text{arr1}$  (final concentration 25  $\mu$ M), either formoterol or isoprenaline (8 points, with the final concentration between 1 pM and 100  $\mu$ M), and apyrase (final concentration 0.1

U/ml; only with mini-Gs) to give a final volume of 120  $\mu$ l. Samples were incubated at 20 °C for 1 h, before adding tritiated dihydroalprenolol ( $[^3\text{H}]\text{DHA}$ ) (Perkin Elmer) with concentrations of competing ligand in the range  $1\text{--}2.5 \times K_d$ , where  $K_d$  is the dissociation constant. Non-specific binding was determined by measuring binding in the presence of 100  $\mu\text{M}$  unlabelled ligand. Samples were incubated at 20 °C for 2 h, before filtering through 96-well Multiscreen HTS GF/B filter plates (Merck Millipore) pre-soaked in 0.1% (w/v) polyethyleneimine, separating bound from unbound  $[^3\text{H}]\text{DHA}$ . Filters were washed three times with 200  $\mu$ l chilled assay buffer, dried, and then punched into scintillation vials with 4 ml Ultima Gold scintillant (Perkin Elmer). Radioligand binding was quantified by scintillation counting with a Tri-Carb Liquid Scintillation Analyser (Perkin Elmer) and inhibitory constant ( $K_i$ ) values were determined using GraphPad Prism version 7.

## Extended Data

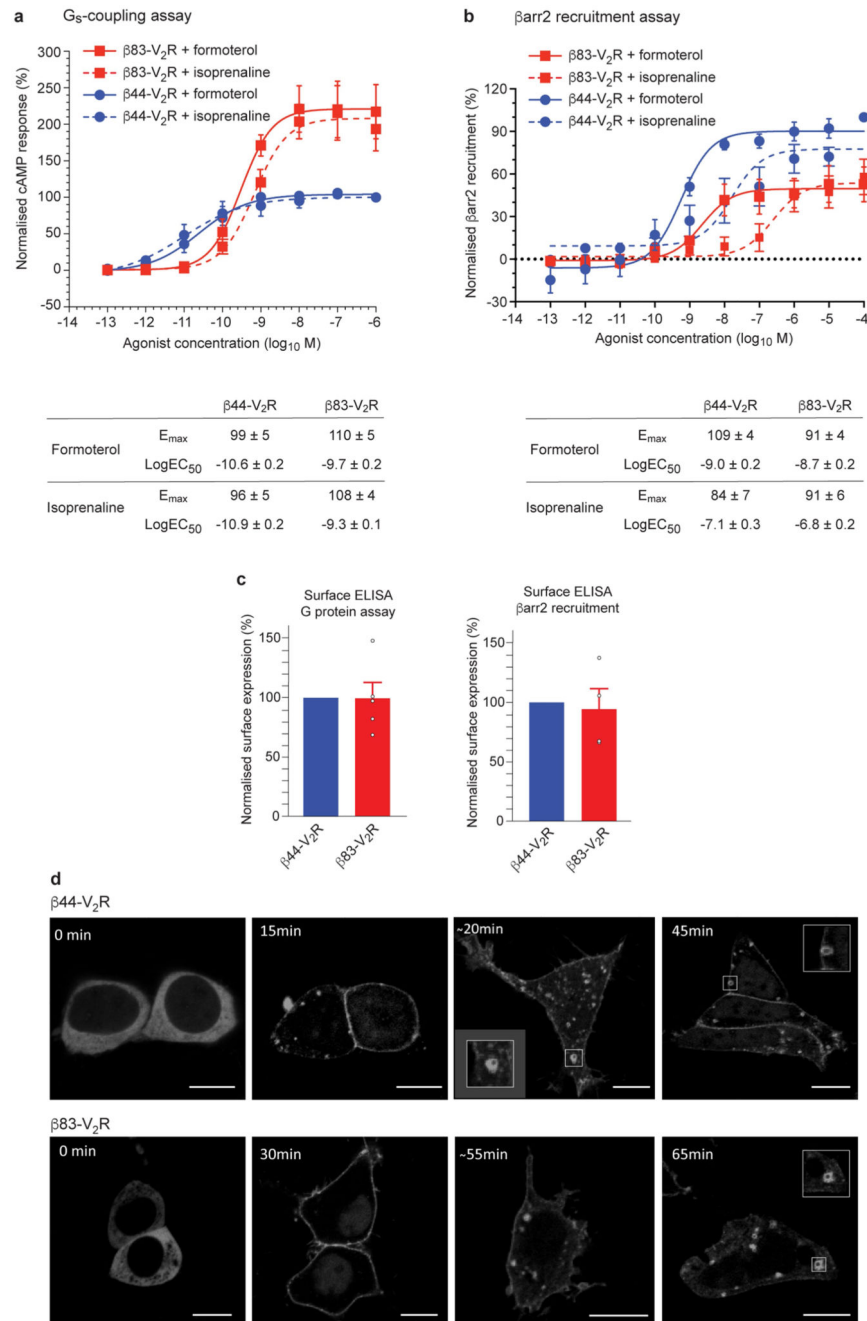




**Extended Data Fig. 1.  $\beta_1$ AR constructs, purification and activity.**

**a**, Schematic of the constructs used for X-ray crystallography (trx- $\beta_1$ AR), cryo-EM ( $\beta 83$ ), radioligand binding (MBP- $\beta 83$ ) and cell-based assays ( $\beta 44$ -V<sub>2</sub>R,  $\beta 83$ -V<sub>2</sub>R), indicating the sites of truncations, point mutations and tags. **b**, Purification scheme for the preparation of the  $\beta_1$ AR<sub>6P</sub>-barr1-F<sub>ab30</sub> complex for structure determination by cryo-EM. **c**, **d**, Representative competition binding curves using either formoterol (**c**) or isoprenaline (**d**) show the high-affinity state of MBP- $\beta_1$ AR<sub>6P</sub> stabilized by either mini-G<sub>s</sub> or barr1. Experiments (Methods) to determine the high-affinity state were performed in a molar

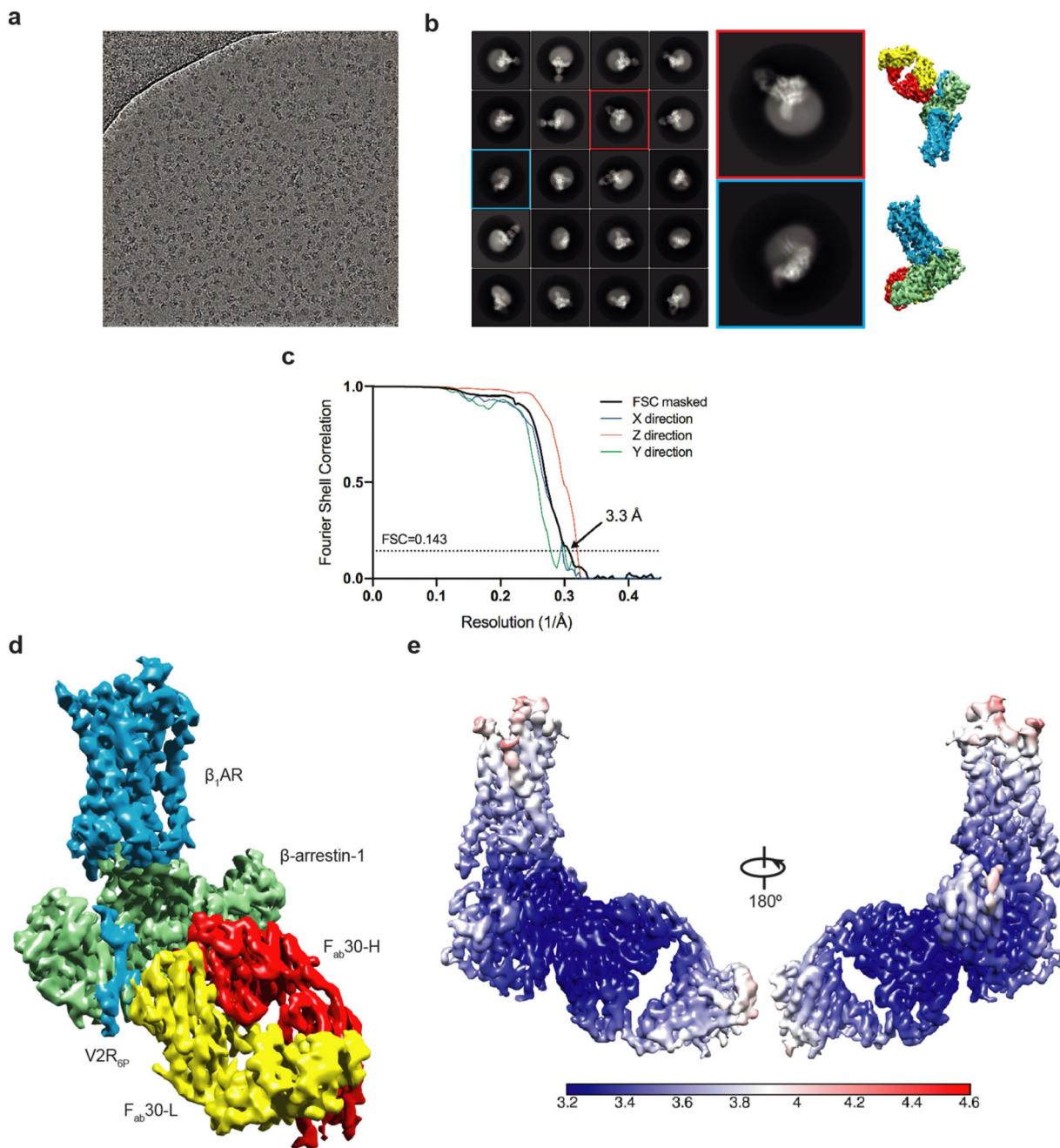
excess of mini-G<sub>s</sub> (green curves;  $n = 2$ ) or  $\beta$ arr1 (red curves;  $n = 3$  with formoterol,  $n = 4$  with isoprenaline) and compared to the low-affinity state (blue curves;  $n = 4$ ). Experiments were all performed in duplicate, with the number of independent experiments indicated ( $n$ ). Data are mean  $\pm$  s.e.m. The apparent  $K_i$  values were determined using the Cheng–Prusoff equation, using apparent  $K_d$  values for [<sup>3</sup>H]DHA of 6 nM (MBP- $\beta_1$ AR<sub>6P</sub> and MBP- $\beta_1$ AR<sub>6P</sub> +  $\beta$ arr1) and 1.5 nM (MBP- $\beta_1$ AR<sub>6P</sub> + mini-G<sub>s</sub>).  $K_i$  values for formoterol are  $1.5 \pm 0.4 \mu\text{M}$  (MBP- $\beta_1$ AR<sub>6P</sub>),  $42 \pm 18 \text{ nM}$  (MBP- $\beta_1$ AR<sub>6P</sub> +  $\beta$ arr1) and  $0.7 \pm 0.1 \text{ nM}$  (MBP- $\beta_1$ AR<sub>6P</sub> + mini-G<sub>s</sub>).  $K_i$  values for isoprenaline are  $340 \pm 70 \text{ nM}$  (MBP- $\beta_1$ AR<sub>6P</sub>),  $4.4 \pm 0.8 \text{ nM}$  (MBP- $\beta_1$ AR<sub>6P</sub> +  $\beta$ arr1) and  $0.13 \pm 0.02 \text{ nM}$  (MBP- $\beta_1$ AR<sub>6P</sub> + mini-G<sub>s</sub>).



**Extended Data Fig. 2. Functional characterization of  $\beta_1$ AR construct  $\beta 83$  in cells.**

**a**, HEK293 cells expressing the two  $\beta_1$ AR constructs  $\beta 44\text{-V}_2\text{R}$  (blue circles) and  $\beta 83\text{-V}_2\text{R}$  (red squares) together with the cAMP sensor 22F (GloSensor assay) were stimulated with the indicated concentrations of isoprenaline (dashed line) or formoterol (solid line). Subsequently, the luminescence readings were recorded and normalized with respect to the signal at the maximal dose of isoprenaline for  $\beta 44\text{-V}_2\text{R}$  (treated as 100%). The results are from four independent experiments of duplicate measurements, data are mean  $\pm$  s.e.m. The maximum effect ( $E_{\max}$ ) and half-maximal effective concentration ( $\text{EC}_{50}$ ) were calculated by

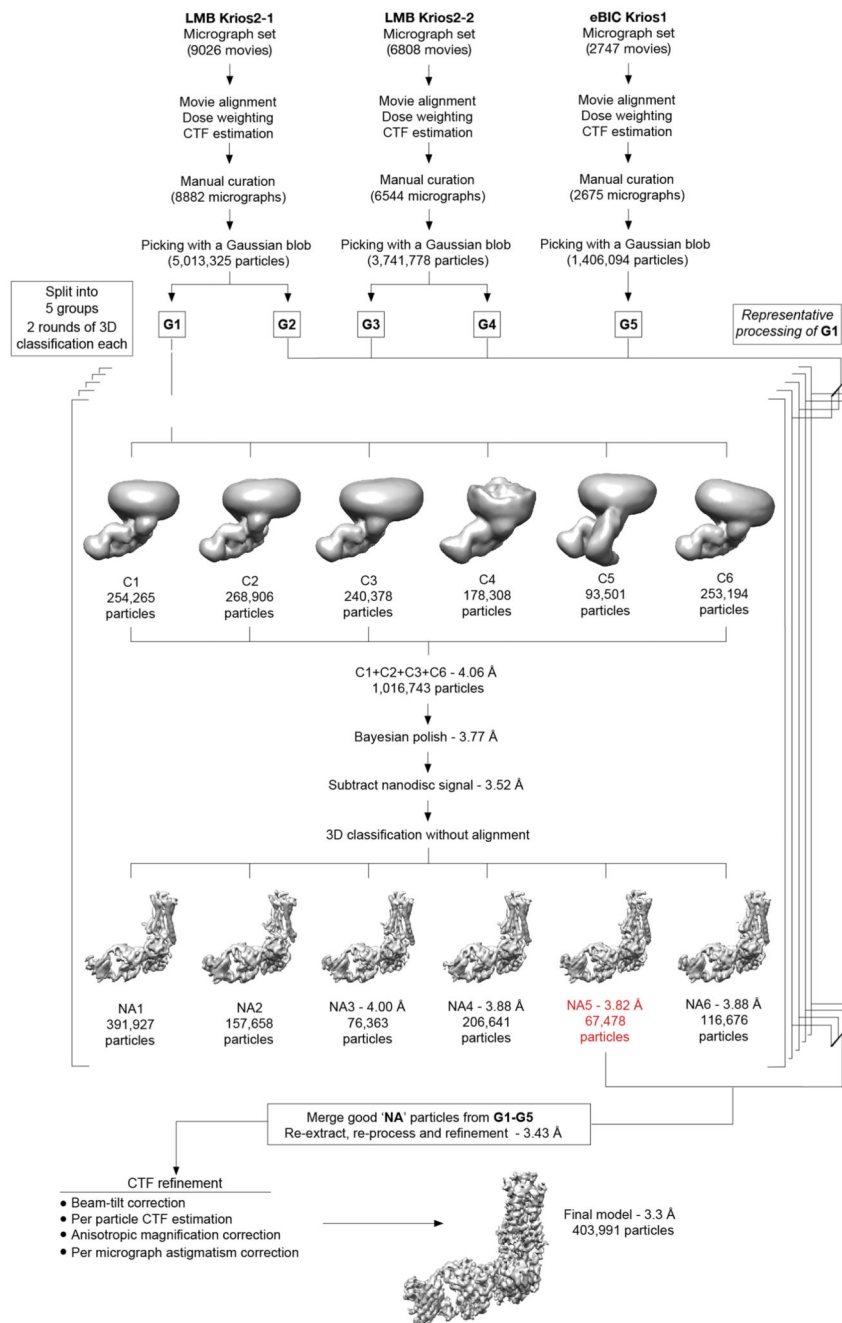
nonlinear regression (GraphPad Prism), data are mean  $\pm$  s.e.m. **b**, HTLA cells expressing the  $\beta$ 44-V<sub>2</sub>R (blue circles) and  $\beta$ 83-V<sub>2</sub>R (red squares) Tango assay constructs (Methods) were stimulated with indicated concentrations of isoprenaline and formoterol, and the luminescence readings were recorded 8 h post-stimulation. Afterwards, the data were normalized with respect to the signal at the maximal dose of isoprenaline for  $\beta$ 44-V<sub>2</sub>R (treated as 100%). Results are from five independent experiments of a duplicate measurement, data are mean  $\pm$  s.e.m.  $E_{\max}$  and EC<sub>50</sub> values were calculated by nonlinear regression (GraphPad Prism), data are mean  $\pm$  s.e.m. **c**, Surface expression of  $\beta$ 44-V<sub>2</sub>R and  $\beta$ 83-V<sub>2</sub>R constructs in cells used for assays in **a**, **b** were measured by whole-cell ELISA using anti-Flag M2 antibody. Data are normalized with respect to  $\beta$ 44-V<sub>2</sub>R (blue bars; treated as 100%). Values for  $\beta$ 83-V<sub>2</sub>R are as follows: ELISA for G-protein assay, 99%  $\pm$  13% ( $n = 5$ ); ELISA for arrestin assay, 94%  $\pm$  17% ( $n = 4$ ). Experiments were performed in duplicate with the number of independent experiments indicated ( $n$ ), data are mean  $\pm$  s.e.m. **d**, HEK293 cells expressing  $\beta$ 44-V<sub>2</sub>R and  $\beta$ 83-V<sub>2</sub>R together with  $\beta$ arr1-mYFP were stimulated with 100  $\mu$ M formoterol for the indicated times and the localization of  $\beta$ arr1-mYFP was monitored using live-cell confocal microscopy. Representative images from three independent experiments are shown. Scale bars, 10  $\mu$ m.



**Extended Data Fig. 3. Cryo-EM single-particle reconstruction of the  $\beta_1$ AR- $\beta$ arr1- $F_{ab}30$  complex.**

**a**, Representative micrograph (LMB-Krios2, magnification 105,000 $\times$ , defocus  $-1.9 \mu\text{m}$ ) of the  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1- $F_{ab}30$  complex collected using a Titan Krios with the GIF Quantum K2 detector. **b**, Representative 2D class averages of the  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1- $F_{ab}30$  complex determined using approximately 1 million particles after 3D classification. Copies of the final reconstruction are juxtaposed to indicate relative orientations. **c**, FSC curve of the final reconstruction (black) showing an overall resolution of 3.3  $\text{\AA}$  using the gold standard FSC of

0.143. The directional 3D-FSC curves calculated from the two half maps are shown in colour<sup>72</sup>. **d**, Final reconstruction coloured by polypeptides (contour level 0.023). **e**. Local resolution estimation of the  $\beta_1AR_{6P}$ - $\beta arr1$ - $F_{ab30}$  map as calculated by Relion.

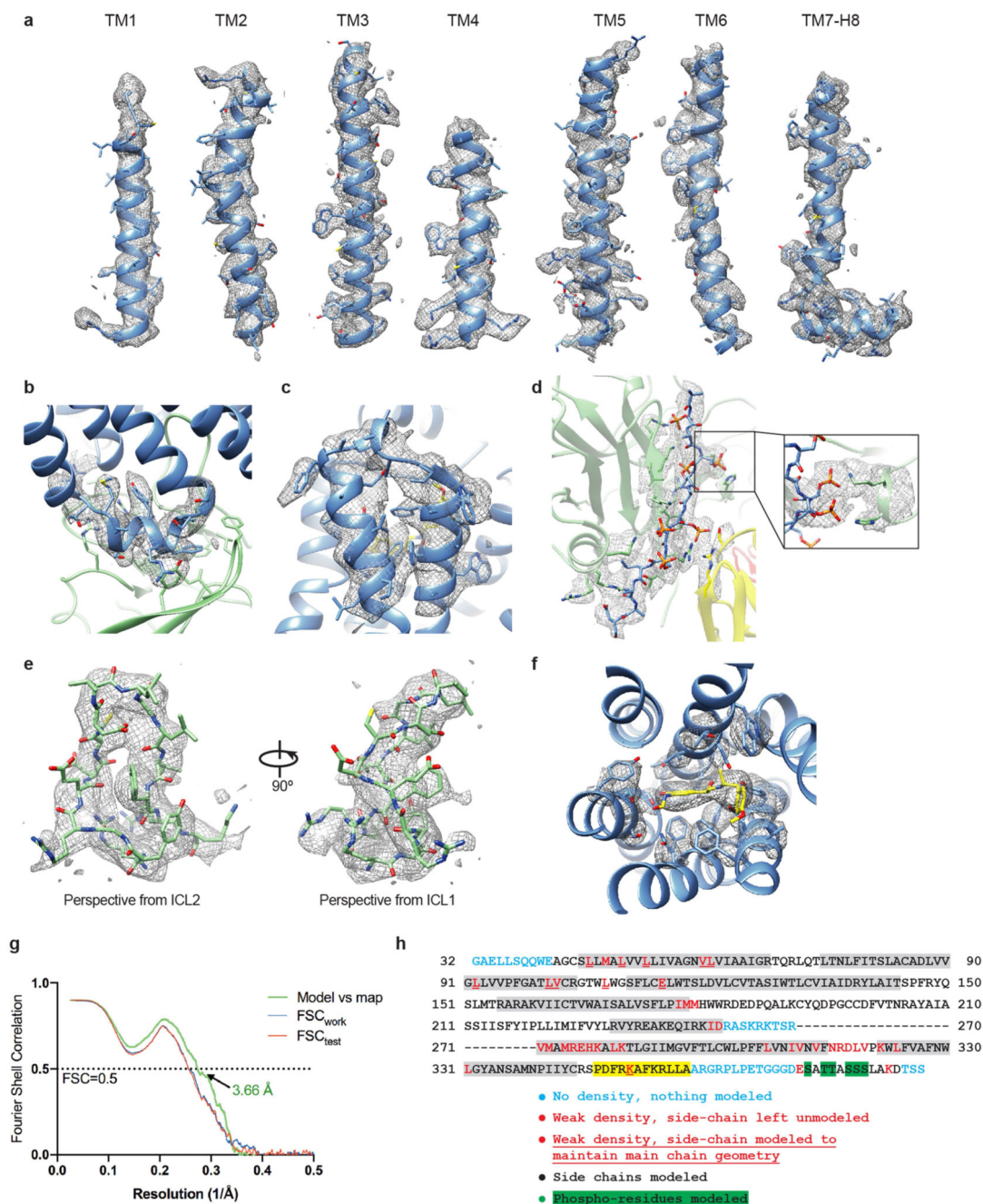


#### Extended Data Fig. 4. Flow chart of cryo-EM data processing.

Micrographs were collected during three sessions on a Titan Krios (between 48-h and 96-h long) using a 30° stage tilt to improve particle orientation distribution. Each dataset was corrected separately for drift, beam-induced motion and radiation damage. After focus gradient and CTF estimation, particles were picked using a Gaussian blob. At this stage, each of the LMB Krios2 datasets was split into two halves by micrographs, generating a total of five groups of particles. Each group was processed and curated independently. The number of particles from group G1 is indicated on the flowchart as a guide. At the bottom of

the figure, the final number of particles is shown. Particles were submitted to two rounds of 3D classification using an ab initio model as a reference. In each round, classification was performed in six classes. The models with the best features were merged and refined together before correcting for per-particle beam-induced motion. Subtracted particles were generated by removing most of the non-receptor nanodisc signal and refined. 3D classification without alignment was performed in six classes using a mask encompassing the entire complex. The models showing the best features were refined either individually or in combination. The quality of the models was judged on the basis of both resolution and map features and weighed against the size of the contributing particle set (the resolution of the models refers to the resolution after refinement and calculation of gold-standard FSC of 0.143). The best particles from each group were merged and re-extracted. After merging, the combined particle set was processed together except at the stage of per-particle beam-induced motion correction, at which particles were split into their session-stacks for Bayesian polishing. Particles were assigned to one of 19 optical groups (Methods) and corrected iteratively for beam-tilt, per-micrograph astigmatism, anisotropic magnification and per-particle CTF estimation. A final model with 403,991 particles was refined and achieved a global resolution of 3.3 Å.

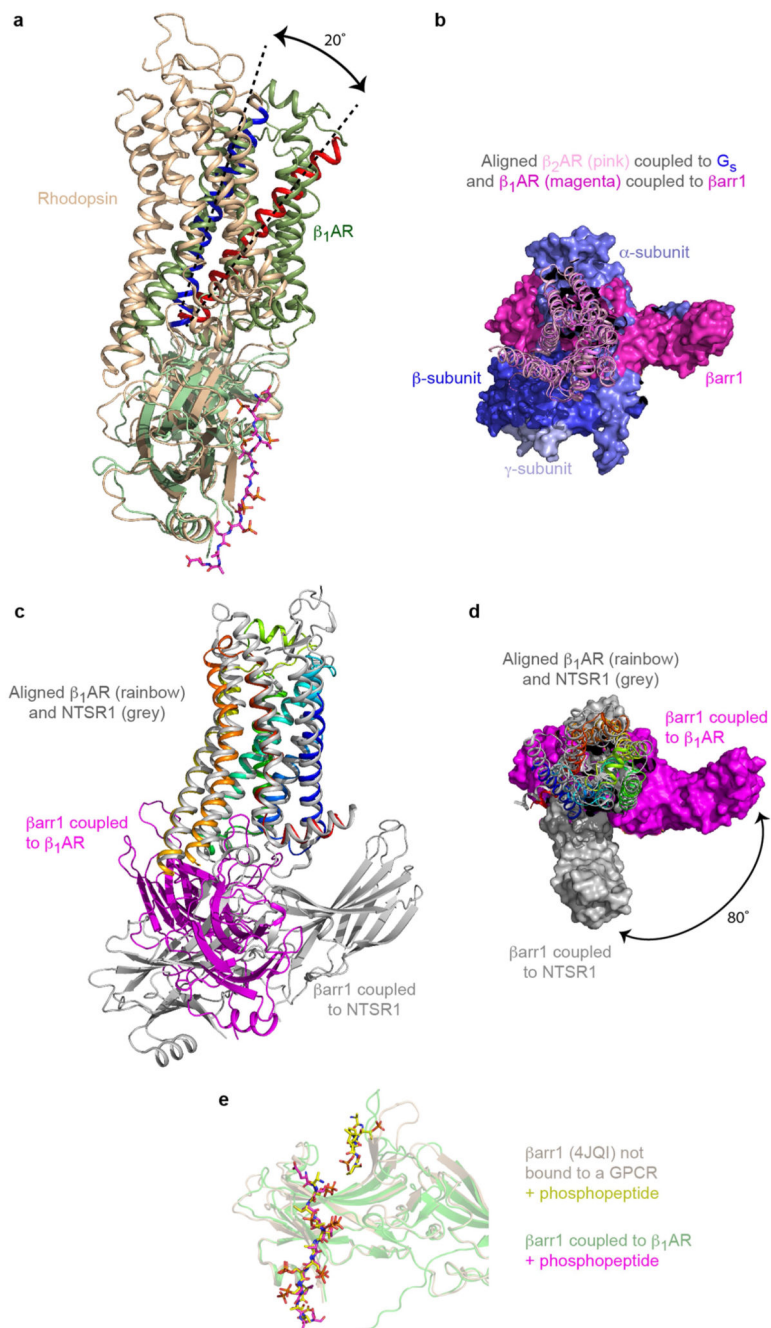




### Extended Data Fig. 5. Cryo-EM map quality of the $\beta_1AR_{6P}$ - $\beta arr1$ - $F_{ab}30$ complex and model validation.

Unless otherwise stated, density maps were visualized using Chimera<sup>38</sup> (contour level 0.017) and encompass a radius of 2 Å around the region of interest. **a**, Transmembrane helices of  $\beta_1AR_{6P}$  with density shown as a mesh. **b**, ICL2 of  $\beta_1AR_{6P}$ . For clarity, the neighbouring  $\beta arr1$  side chains are depicted without density. **c**, ECL3 of  $\beta_1AR_{6P}$  and the adjacent helical turns of H6 and H7. **d**, The phosphorylated  $V_2R_{6P}$  C terminus. Inset, interaction between the  $V_2R_{6P}$  phospho-threonine dyad and the  $\beta arr1$  lariat loop. Density in

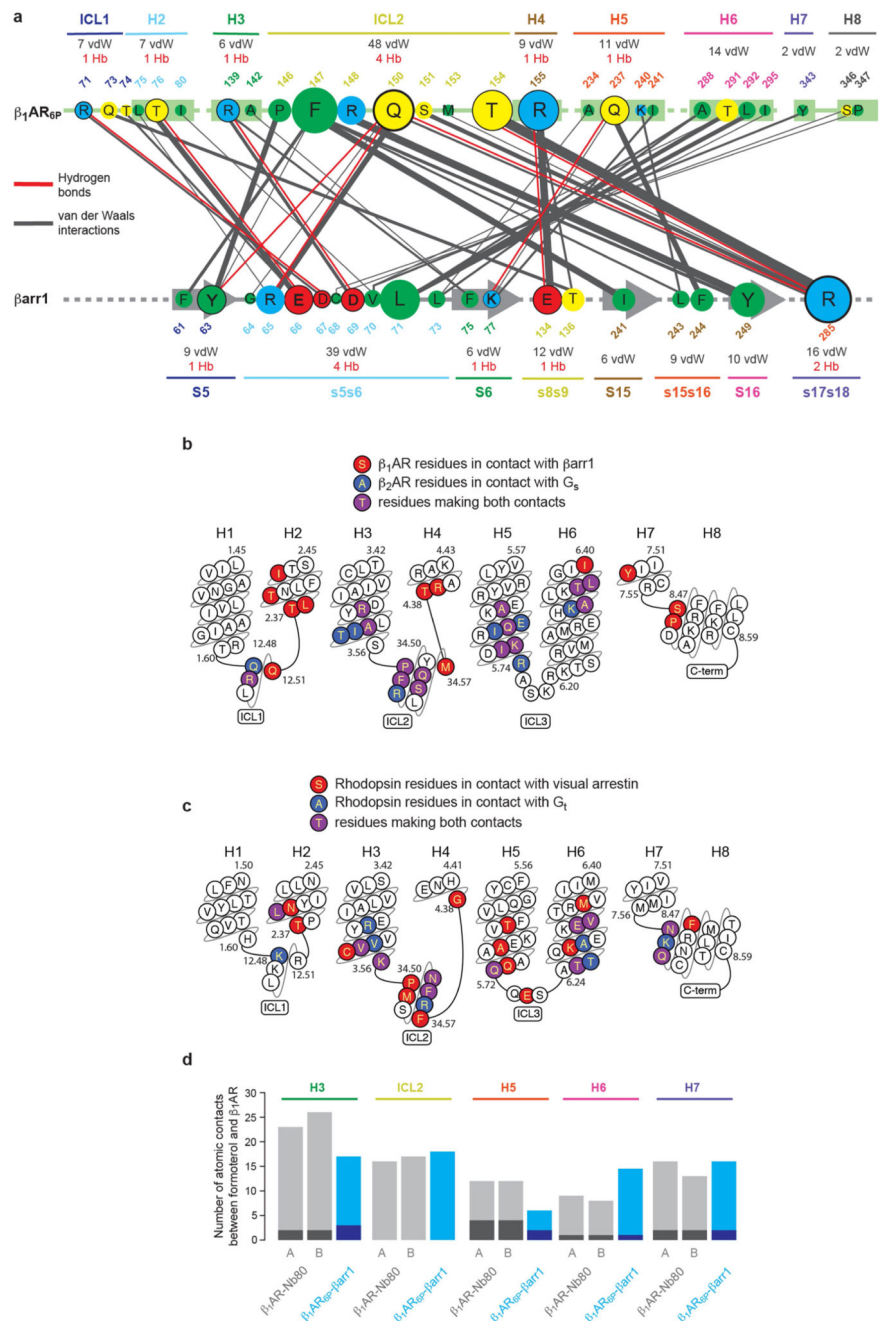
the inset is depicted with contour level 0.01 (carve radius 2 Å). **e**, The finger loop of  $\beta_{arr1}$ . **f**, Formoterol and the neighbouring side chains in the orthosteric binding site. **g**, FSC of the refined model versus the map (green curve), and  $FSC_{work}$  and  $FSC_{free}$  validation curves (blue and red curves, respectively). **h**, Amino acid sequence of the  $\beta_1AR_{6P}$  construct used for the cryo-EM structure determination. The residues are numbered according to the wild-type sequence of  $\beta_1AR$ . Residues are coloured according to how they have been modelled (key). Regions highlighted in grey represent the transmembrane  $\alpha$ -helices, amphipathic helix 8 is highlighted in yellow, and phosphorylated residues are highlighted in green. The dashes represent amino acid residues that were deleted.



**Extended Data Fig. 6. Comparison of arrestin coupled to different GPCRs.**

**a**, Superposition of arrestin molecules in the complexes of  $\beta_1$ AR<sub>6P</sub>- $\beta_{arr1}$  (green) and rhodopsin-arrestin (pale brown). The different angle between the respective receptors and coupled arrestins is shown by the 20° difference in tilt of H3 (blue, H3 in rhodopsin; red, H3 in  $\beta_1$ AR). **b**, Superposition of  $\beta_1$ AR<sub>6P</sub> and  $\beta_2$ AR (pink and purple cartoons, respectively) coupled to either  $\beta_{arr1}$  (magenta surface) or  $G_s$  (blue and purple surfaces), respectively. **c**, Superposition of  $\beta_1$ AR<sub>6P</sub> (rainbow cartoon) and NTSR1 (grey cartoon) coupled to  $\beta_{arr1}$  (magenta) and  $\beta_{arr1}$  (grey), respectively. **d**, Alignment in **c** viewed from the membrane

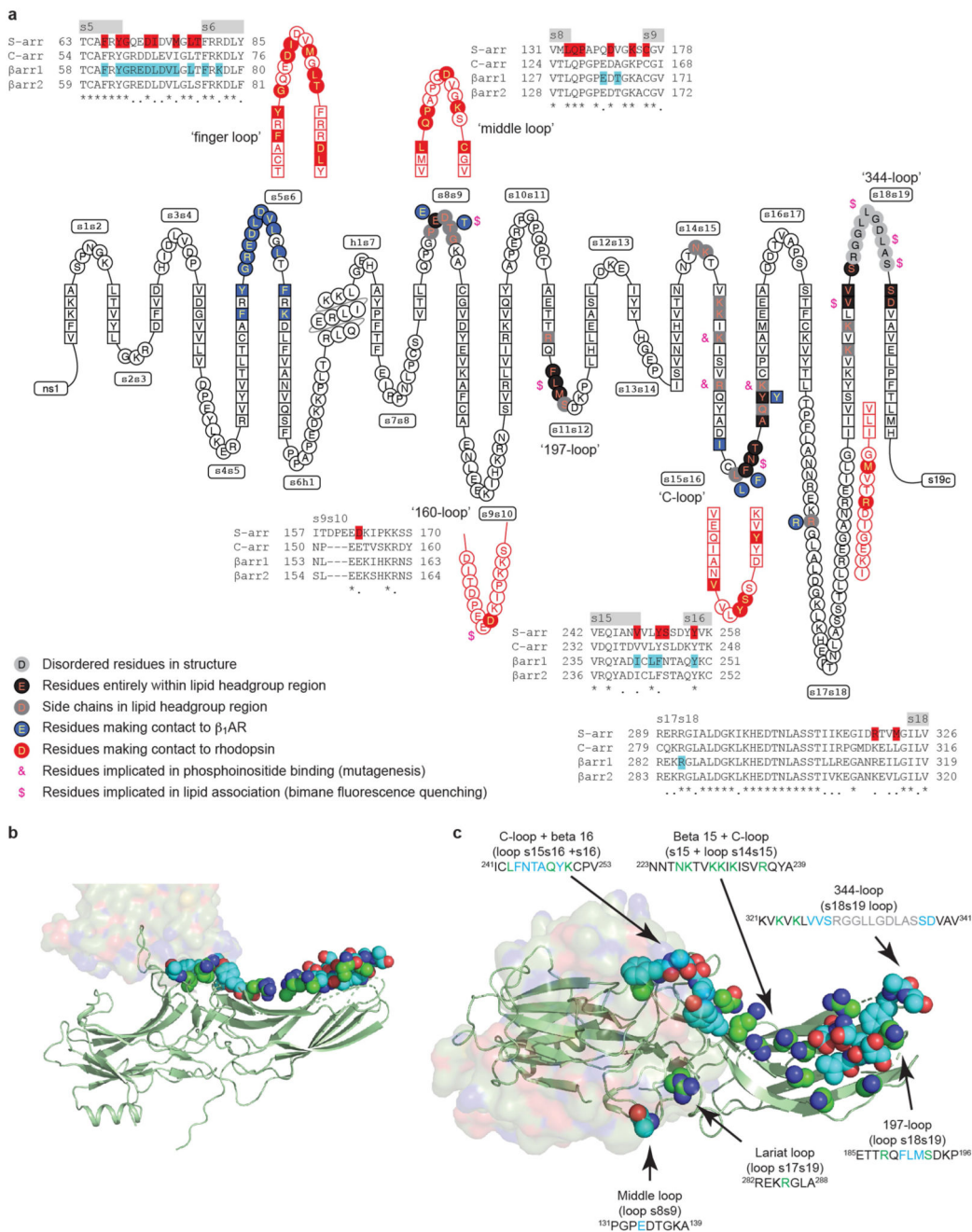
surface and the respective molecules of  $\beta$ arr shown in surface representation. **e**, Superposition of the active state of  $\beta$ arr1 (pale brown; PDB ID: 4JQI) not bound to receptor and  $\beta$ arr1 (green) coupled to  $\beta_1$ AR<sub>6P</sub>. The phosphopeptides are shown as sticks: yellow carbon atoms, V<sub>2</sub>Rpp in 4JQI; magenta carbon atoms, V<sub>2</sub>R<sub>6P</sub> in the  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1 complex.



**Extended Data Fig. 7.  $\beta_1AR_{6P}$ - $\beta arr1$  and formoterol- $\beta_1AR_{6P}$  contacts, and comparison with other complexes.**

**a**, interactions between amino acid residues in  $\beta_1AR_{6P}$  and  $\beta arr1$ . The size of the circle depicting the residue is proportional to the number of van der Waals interactions (grey lines) and hydrogen bonds (red lines) made, with residues in circles outlined in black making potential hydrogen bonds. Secondary structure elements are shown with the total number of interactions they make. The thickness of lines making contacts is proportional to the number of contacts made. **b**, Residues are depicted in  $\beta_1AR_{6P}$  that make contact (  $3.9 \text{ \AA}$ ) with  $\beta arr1$

(red) and residues in  $\beta_2$ AR (PDB ID: 3SN6) that make contact to  $G_s$  (blue); purple residues make contacts in both structures. The sequence of turkey  $\beta_1$ AR is depicted. **c**, Residues in human rhodopsin that make contact with either visual arrestin or transducin ( $G_T$ ). Plots were made using GPCRdb. **d**, The number of atomic contacts between the ligand formoterol and secondary structure elements in  $\beta_1$ AR is depicted; grey bars,  $\beta_1$ AR–Nb80 complex; blue bars,  $\beta_1$ AR<sub>6P</sub>– $\beta$ arr1 complex. Light regions correspond to the number of van der Waals interactions and dark regions correspond to the number of hydrogen bonds. Data for chain A and chain B in the crystal unit cell of the  $\beta_1$ AR–Nb80 complex are shown separately (A and B).

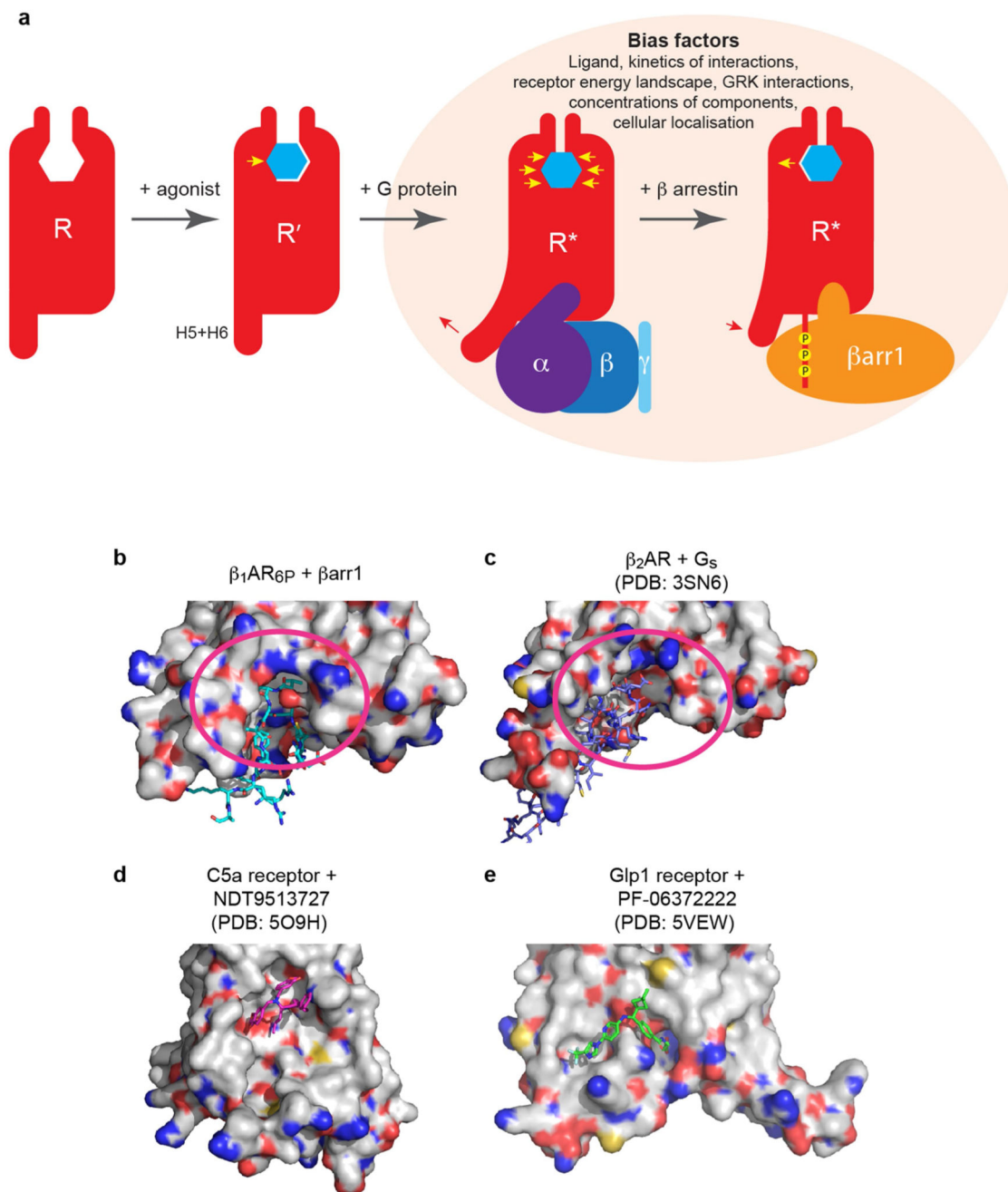


**Extended Data Fig. 8. Comparison of the visual arrestin and β<sub>1</sub>ARR interfaces with GPCRs and lipids.**

**a**, A snake plot (GPCRdb) of human β<sub>1</sub>ARR depicts the secondary structure elements in the protein, with amino acid residues that make contact with β<sub>1</sub>ARR coloured blue. Equivalent regions in mouse visual arrestin (S-arr) that make contact to rhodopsin are shown in red. Alignments of human arrestins show the variation of amino acid sequences within these specific regions, with residues that make contact to the respective receptors highlighted. Highlighted are residues equivalent to those in visual arrestin that have been shown by

mutagenesis to interact with phosphoinositides by mutagenesis (&)<sup>31</sup> or to interact with the lipid bilayer by bimane fluorescence quenching (\$) <sup>28</sup>. **b, c**,  $\beta_1AR_{6P}$  is depicted in surface representation and  $\beta arr1$  as a cartoon (green) with atoms predicted to be within the head group region of the lipid bilayer shown as spheres: oxygen, red; nitrogen, blue; carbon, green or cyan. Residues coloured cyan are predicted to be entirely within the lipid head group region, while the carbons coloured green are the portions of these side chains that are potentially interacting with lipid head groups. **b, c**, View of the lipid-interacting surface viewed parallel to the membrane plane (**b**) and through the receptor (**c**).





**Extended Data Fig. 9. Conformational changes in  $\beta_1\text{AR}$  and potential drug-interaction sites to discriminate between complexes of  $\beta$ -adrenoceptors coupled to either  $\beta\text{arr1}$  or  $G_s$ .**

**a**, The inactive state (R) of  $\beta_1\text{AR}$  binds agonist (blue hexagon) resulting in an inward movement of H5 in the orthosteric binding pocket (yellow arrow), to form an intermediate state (R'). Coupling of G protein results in outward movement of the cytoplasmic ends of H5 and H6 (red arrow) and contraction of the orthosteric binding site (yellow arrows). Displacement of G protein by arrestin results in an inward movement of the cytoplasmic ends of H5 and H6 (red arrow) and an outward movement of H5 in the orthosteric binding

pocket (yellow arrow). Receptors in the R\* state have higher affinity for agonists than those in the R state. Representative structures of each of the states depicted have been determined, but in reality there is likely to be a continuum of states between them. Several factors probably affect the arrestin bias of ligands, not just the structure of the receptor–arrestin complex. **b**, Surface view of  $\beta_1\text{AR}_{6P}$  showing the finger loop of  $\beta\text{arr}1$  (sticks). **c**, Surface view of  $\beta_2\text{AR}$  showing the  $\alpha_5$  helix of  $G_s$  (sticks). In **b**, **c**, potential druggable sites are depicted (magenta oval) in **b** and **c** that could be used to develop small molecules that discriminate between the same receptor coupled to either  $\beta\text{arr}1$  or  $G_s$ . **d**, **e**, Two examples of small-molecule negative allosteric modulators that bind to the surface of GPCRs, which give a proof of concept to the surface-interacting molecules.

**Extended Data Table 1**  
**Cryo-EM data collection and refinement statistics**

Session	Formoterol-bound $\beta_1\text{AR}$ – $\beta$ -arrestin-1–Fab30 EMDB-10515; PDB 6TKO		
	LMB Krios2-1	LMB Krios2-2	DLS eBIC Krios 1
<b>Data collection and processing</b>			
Magnification	105,000x	105,000x	130,000x
Voltage (kV)	300	300	300
Electron exposure ( $e^-/\text{\AA}^2$ )	51	49	45
Defocus range ( $\mu\text{m}$ )	-1.2 to -3.0	-1.2 to -3.0	-1.2 to -3.0
Pixel size ( $\text{\AA}$ )	1.1	1.1	1.047
Symmetry imposed	C1	C1	C1
Initial particle images* (no.)	2,257,195	1,959,236	448,633
Contribution to final particle images (no.)	175,204	183,140	45,647
Final particle images (no.)		403,991	
Map resolution ( $\text{\AA}$ )		3.3	
FSC threshold		0.143	
Map resolution range <sup>†</sup> ( $\text{\AA}$ )		~3.2 to ~4.5	
<b>Refinement</b>			
Initial model used (PDB code)		6IBL, 4JQI	
Model resolution <sup>‡</sup> ( $\text{\AA}$ )		3.66	
FSC threshold		0.5	
Map sharpening B factor ( $\text{\AA}^2$ )		-80	
<b>Model composition</b>			
Non-hydrogen atoms		8,085	
Protein residues		1,052	
Ligands		25	
<b>B factors (<math>\text{\AA}^2</math>)</b>			
Protein		80.5	
Ligand		115	
<b>R.m.s. deviations</b>			
Bond lengths ( $\text{\AA}$ )		0.001	

<b>Formoterol-bound <math>\beta_1</math>AR-<math>\beta</math>-arrestin-1-Fab30 EMDB-10515; PDB 6TKO</b>	
Bond angles (°)	0.411
Validation	
Molprobity score	1.06
Clashscore	2.75
Poor rotamers (%)	0.23
EMRinger score	2.06
Ramachandran plot	
Favored (%)	99.02
Allowed (%)	0.98
Disallowed (%)	0

\* After 3D classification.

† Local resolution range.

‡ Resolution at which FSC between map and model is 0.5.

### Extended Data Table 2 X-ray data collection and refinement statistics

<b>Formoterol-bound trx-<math>\beta_1</math>AR-Nb80 PDB 6IBL</b>	
<b>Data statistics</b>	
Number of crystals	1
Space group	P 21 21 21
Cell dimensions a, b, c (Å)	116.6, 121.1, 129.8
Resolution range (Å)	44.28-2.7 (2.79-2.7) *
Unique reflections	50,611 (4,416) *
Completeness before truncation (%)	99.0 (95.3) *
Multiplicity	4.6 (4.7) *
Mean $I/\sigma$	6.6 (1.7) *
Rmerge	0.151 (0.936) *
CC1/2=0.3 h, k, l axes & overall (Å)	2.7, 3.62, 3.43, 2.92
<b>Refinement statistics</b>	
Resolution (Å)	88.6-2.7 (2.78-2.7) *
Completeness, truncated data (%)	62.71 (2.78)
No. of reflections	30,378
Rwork/Rfree (%)	0.242/0.276 (0.323/0.348) *
No. of atoms	8,271
Protein	7,984
Ligands & detergents	258
Water	29
B-factors (Å <sup>2</sup> )	
Protein	70.2

	<b>Formoterol-bound trx-<math>\beta_1</math>AR-Nb80 PDB 6IBL</b>
Ligand & detergents	57.9, 73.8
Waters	38.5
R.M.S.D.	
Bond lengths (Å)	0.008
Bond angles (°)	1.17

\* Outer resolution shell.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgements

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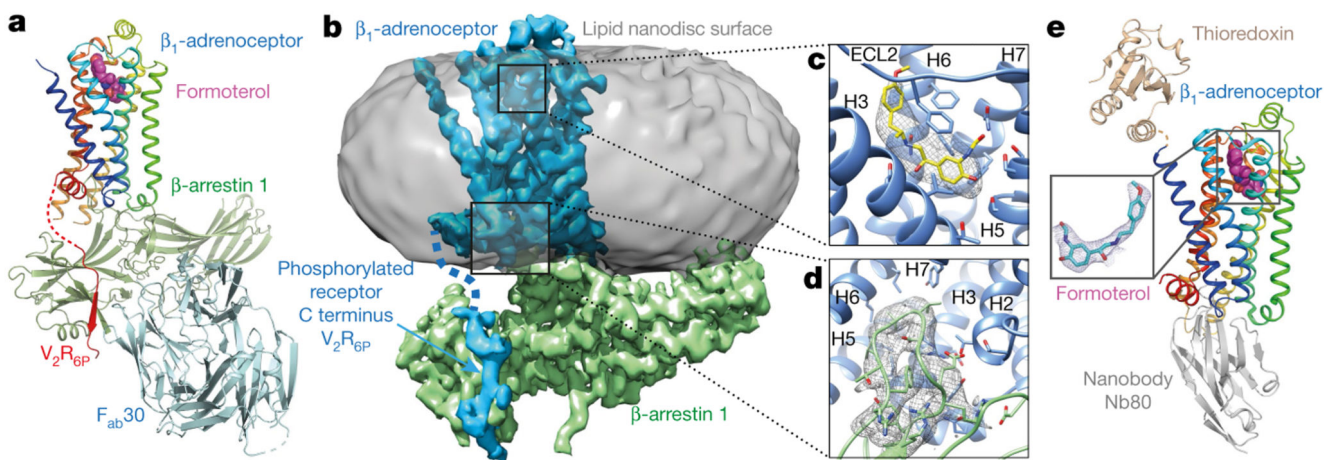
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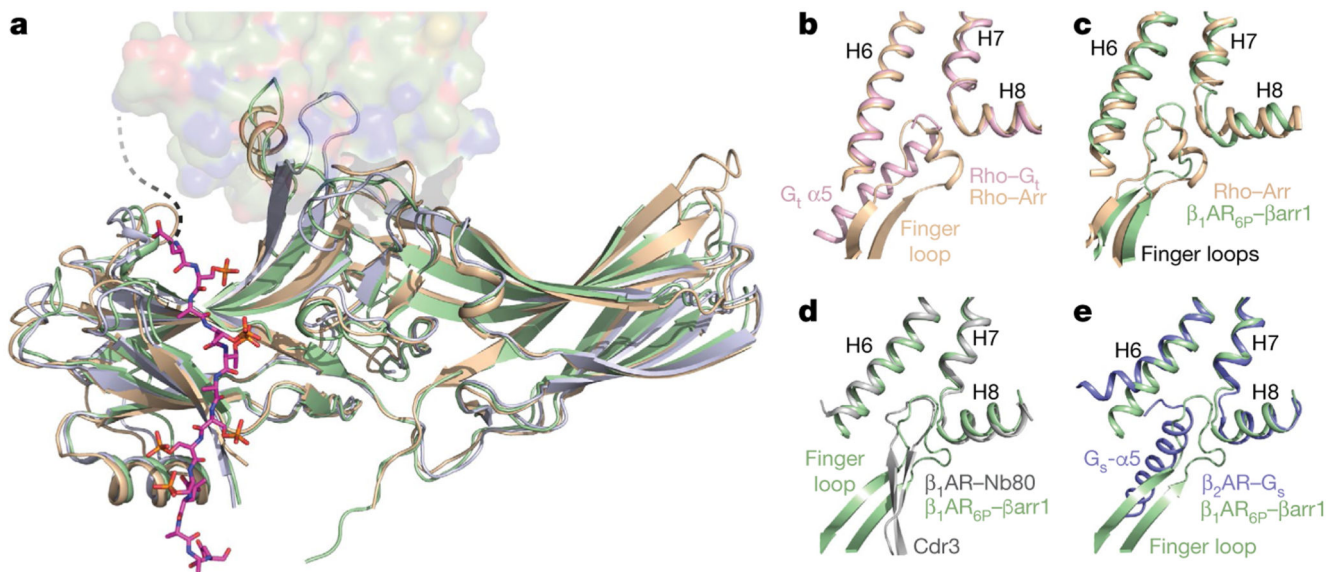
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**Fig. 1. Overall cryo-EM reconstruction of the  $\beta_1AR_{6P}$ - $\beta arr1$  complex.**

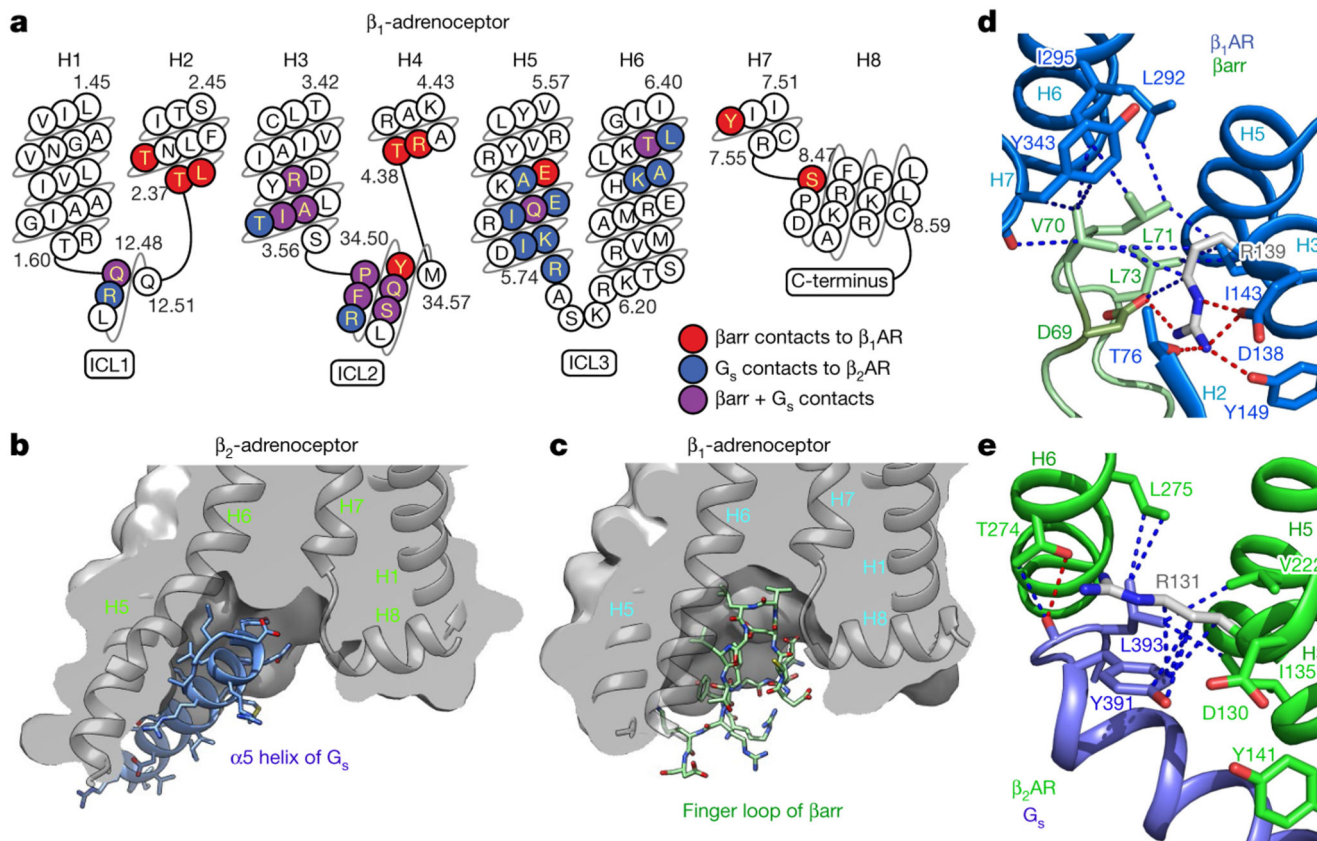
**a**, Overall structure of the  $\beta_1AR_{6P}$ - $\beta arr1$ - $F_{ab30}$  complex containing bound formoterol (magenta). **b**, The density of the cryo-EM map (sharpened with a  $B$  factor of  $-80 \text{ \AA}^2$ ) is coloured according to polypeptides ( $\beta_1AR_{6P}$ , blue;  $\beta arr1$ , green) and overlaid on the density of the nanodisc (grey).  $F_{ab30}$  has been omitted from the structure for clarity (Extended Data Fig. 3). **c**, The orthosteric binding pocket of  $\beta_1AR_{6P}$  (pale blue) with formoterol (shown as sticks: carbon, yellow; oxygen, red; nitrogen, blue) and its density in the cryo-EM map (grey mesh). **d**, The finger loop of  $\beta arr1$  with side chains shown as sticks (carbon, light green) and its density in the cryo-EM map (grey mesh). Helix 8 of  $\beta_1AR_{6P}$  has been removed for clarity. Maps were contoured at 0.02 ( $2 \text{ \AA}$  carve radius in **b**, **c**) and visualized in Chimera<sup>38</sup>. **e**, Crystal structure of the  $\beta_1AR$ -Nb80 complex.  $\beta_1AR$ , rainbow colouration; Nb80, grey; thioredoxin, brown; formoterol, magenta spheres (carbon); water molecules, red spheres. The inset shows an omit map of formoterol in the  $\beta_1AR$ -Nb80 complex contoured at  $1\sigma$  (blue mesh).





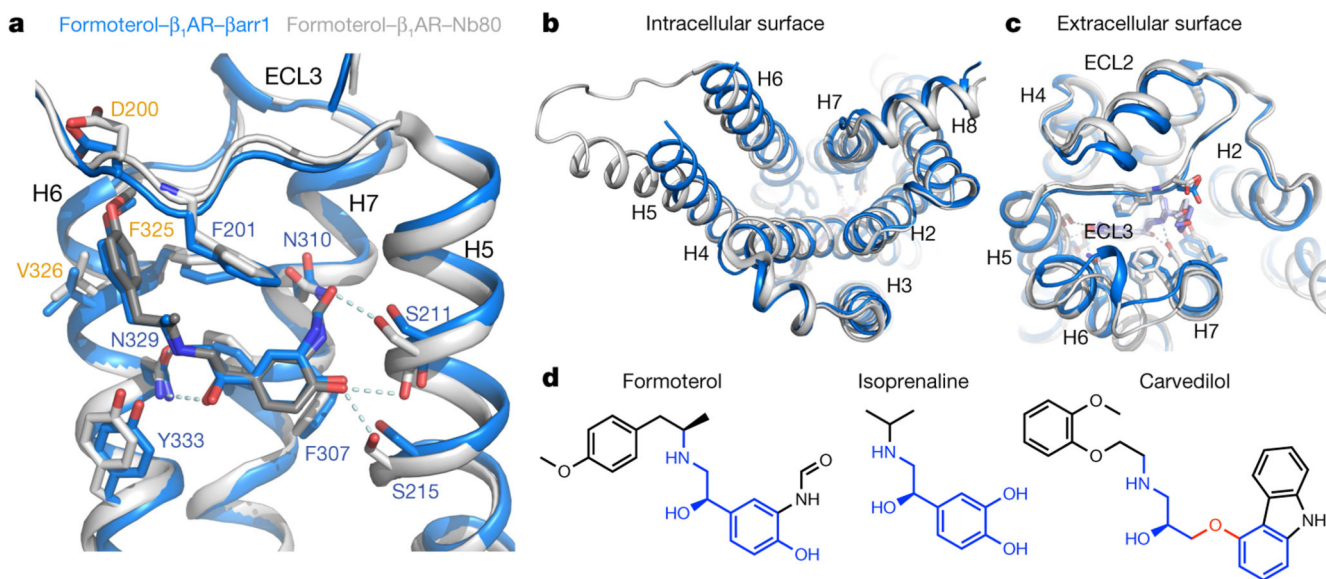
**Fig. 2. Structure of  $\beta$ arr1 in complex with  $\beta_1AR_{6P}$ .**

**a**,  $\beta$ arr1 (pale green) coupled to  $\beta_1AR_{6P}$  (surface representation) was aligned with the structures of visual arrestin (pale brown) coupled to rhodopsin (PDB ID: 5W0P) and the structure of active  $\beta$ arr1 (mauve) bound to the phosphopeptide  $V_2Rpp$  and  $F_{ab30}$  (PDB ID: 4JQI). The phosphopeptide shown (carbon, magenta) is  $V_2R_{6P}$  in  $\beta_1AR_{6P}$ . Full alignments of the phosphopeptides are shown in Extended Data Fig. 6e. **b–e**, Details of coupled arrestin finger loops and G protein  $\alpha_5$  helices after alignment of the following receptors (PDB code in parentheses) using GESAMT (CCP4 program suite): visual arrestin coupled to rhodopsin (5W0P, pale brown); transducin ( $G_t$ ) coupled to rhodopsin (6OYA, pale pink);  $\beta$ arr1 coupled to  $\beta_1AR_{6P}$  (pale green); Nb80 coupled to  $\beta_1AR$  (6IBL, grey);  $G_s$  coupled to  $\beta_2AR$  (3SN6, blue).



**Fig. 3. Comparison of the receptor-coupling interfaces in the  $\beta_1$ AR<sub>6P</sub>- $\beta$ arr1 and  $\beta_2$ AR- $G_s$  complexes.**

**a**, Snake plot of the intracellular region of turkey  $\beta_1$ AR with amino acid residues colour-coded according to interactions: red, contact between  $\beta_1$ AR<sub>6P</sub> and  $\beta$ arr1; blue, contact between  $\beta_2$ AR and  $G_s$ ; purple, both contacts. **b**, **c**, Cross-sections through the intracellular halves of  $\beta_2$ AR (**b**) and  $\beta_1$ AR<sub>6P</sub> (**c**) to highlight the different shapes of the intracellular cleft formed upon coupling of  $\beta$ arr1 compared with  $G_s$ . Transmembrane helices are shown for orientation, and are in front of the cross-section. **d**, Detail of the interface between the  $\beta$ arr1 finger loop (pale green) and  $\beta_1$ AR<sub>6P</sub> (pale blue). **e**, Detail of the interface between the  $\alpha 5$  helix of the  $G_s$   $\alpha$ -subunit (blue) and  $\beta_2$ AR (green). Depicted in **d**, **e** are polar interactions (red dashes), van der Waals interactions (blue dashes; atoms  $\sim 3.9$  Å apart) and Arg<sup>3.50</sup> (shown as sticks: carbon, grey).



**Fig. 4. Differences between formoterol-bound  $\beta_1$ AR coupled to either  $\beta$ arr1 or Nb80.**  
**a-c**, Superposition of  $\beta_1$ AR<sub>6P</sub> coupled to  $\beta$ arr1 (blue) and  $\beta_1$ AR coupled to Nb80 (grey), with residues interacting with the ligand shown as sticks. Residues labelled in orange interact with formoterol but not isoprenaline. **d**, Structures of arrestin-biased ligands (formoterol, carvedilol) and a balanced agonist (isoprenaline). Regions in blue are identical to adrenaline, and the red region in carvedilol is the oxypropylene linker that is typical of  $\beta$ -adrenoceptor antagonists of the G-protein pathway.