Original Article

Impact of gender on survival in patients with laryngeal squamous cell carcinoma: a propensity score matching analysis

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Abstract: Background: In the world, there are approximately 160,000 cases of laryngeal cancer newly diagnosed every year and 95% of the cases are squamous cell carcinoma (LSCC). We conduct this study to investigate the influencing factors in LSCC. Method: We used cohort of LSCC cases form the Surveillance, Epidemiology, and End Results (SEER) database (1973-2014) to investigate the relationship between gender and survival. We conducted 1:1 propensity matching to mimic randomized controlled trials. Using the matched group, we investigate the effect of gender on cancer-specific survival (CSS) and overall survival (OS). Result: In total, 47881 patients were brought into an unmatched cohort and 17985 cases were brought into a matched cohort. Using the matched group, we conducted a survival analysis. The 1-year, 3-year, and 5-year CSS and OS rates were better in female patients and the subgroup analysis showed the same trend. Cox regression analysis showed gender was an independent prognostic indicator for LSCC patients. Conclusion: Gender is an independent prognostic indicator for LSCC patients. Male patients are a high-risk population.

Keywords: Laryngeal neoplasms, gender, propensity score matching, SEER

Introduction

In the world, there are approximately 160,000 cases of laryngeal cancer newly diagnosed every year [1]. Among them, 95% of the cases are laryngeal squamous cell carcinoma (LSCC) [2]. Although the treatment methods have developed over the past 30 years, the survival rates of patients with LSCC have not significantly improved [3]. In order to make the therapy more efficient and improve LSCC patient prognosis and long-term quality of life, understanding the potential influencing factors of LSCC is important.

It has been reported that in Europe, the United States, and Korea, females have an advantage over males in surviving a diagnosis of cancer [4]. Endogenous sex hormones may lead to the difference in survival rates [5]. Another possibility is that women generally have healthier attitudes and living habits [6, 7]. However, few

studies have included gender-associated differences in the survival rates of patients with LSCC.

In our study, we obtained data on patients with a diagnosis of LSCC in the United States between 1973 and 2014 from the Surveillance, Epidemiology, and End Results (SEER) database. We used the propensity score matching method creating well-matched cohort to investigate the effects of gender on clinical outcomes of LSCC patients.

Materials and methods

Data extraction and management

We used a cohort of LSCC cases form the SEER database (1973-2014) for analysis. Using the topography codes (C32.0-C32.3 and C32.8-C32.9) and historical type code (8070/3) of the International Classification of Diseases for On-

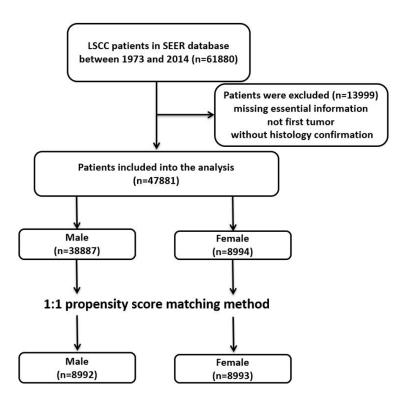


Figure 1. Flow chart for this study.

cology, third edition (ICD-0-3), we retrieved the LSCC patients' data. We excluded patients using the following criteria: (1) age at diagnosis < 18 years; (2) LSCC was not the first tumor; (3) lack of histologic confirmation; (4) missing essential information. The patient demographics, clinical characteristics, follow-up, and vital status were acquired using SEER*Stat software (version 8.3.4; National Cancer Institute, Bethesda, MD, USA). We set cancer-specific survival (CSS) and overall survival (OS) as the endpoints.

Statistical analysis

For baseline characteristics, continuous variables were described as the means and standard deviations, and compared by t-test. Categorical variables were shown using frequencies and percentages, and compared using the Chi-square test or Fisher's exact test. The survival period was calculated from the date of LSCC diagnosis until the time of death or the last follow-up. Survival analysis was conducted using Kaplan-Meier method with log-rank test. We also conducted univariate and multivariate Cox regression method to ascertain the prognostic value of gender in LSCC.

We used a propensity score matching (1-to-1) method to mimic randomized controlled trials and reduce the selection bias. Nearest-neighbor matching was performed with a stringent caliper of 0.05 [8], and all the baseline variables were selected into the logistic regression model. We conducted all the analyses and generated matched datasets using SPSS, version 24.0 (SPSS Inc., Chicago, IL). Two-sided P < 0.05 was considered significant.

Results

Demographics

61880 patients diagnosed with LSCC between 1973 and 2014 from the SEER database were extracted. After excluding the cases according to the selection criteria, 47881 patients were brought into unmatched

cohort (**Figure 1**). In this group, 38887 cases were male and 8994 cases were female, and the baseline characteristics showed significant differences (**Table 1**).

After we conducted 1-to-1 propensity score matching, there were 17985 cases (8992 men and 8993 women) brought into analysis. All the baseline characteristics were well-matched between male and female patient groups.

Effect of gender in CSS and OS

As shown in **Table 2**, the 1-year, 3-year, and 5-year CSS rates were 79%, 70%, and 65% for female patients, and 75%, 64%, and 59% for male patients. Median survival months were 181.4 and 135.2, for female and male patients. The 1-year, 3-year and 5-year OS rates were 72%, 59% and 50% for female patients, and 68%, 53% and 44% for male patients. Median survival months were 73.2 and 56.5 for female and male patients. The Kaplan-Meier analysis showed that, in both original and matched groups, female patients had better prognosis than male patients (**Figure 2**). As shown in **Table 3**, in univariate analysis for CSS, all baseline characteristics were identified as signifi-

Table 1. Baseline characteristics of the male and female patients with LSCC in the original/matched cohort

Characteristics	Origina	l cohort (n =	47881)	Matched cohort (n = 17985)		
	Female	Male	<i>P</i> -value	Female	Male	<i>P</i> -value
Year of diagnosis			< 0.001			0.875
1973-1982	1215	6258		1215	1184	
1983-1992	1479	6501		1479	1487	
1993-2002	2319	9380		2318	2300	
2003-2014	3981	16748		3981	4021	
Age at diagnosis			< 0.001			0.700
≤ 60 years	3837	15428		3836	3810	
> 60 years	5157	23459		5157	5182	
Race			0.010			0.559
White	7338	32029		7338	7309	
Black	1312	5399		1312	1304	
Others	293	1319		293	328	
Unknown	51	140		50	51	
Marital status			< 0.001			0.940
Married	4882	22122		4882	4891	
Unmarried	3671	15034		3671	3671	
Unknown	441	1731		440	430	
Site			< 0.001			0.999
Supraglottis	4786	11787		4785	4783	
Glottis	3155	22354		3155	3157	
Subglottis	119	497		119	121	
Others	934	4249		934	931	
Grade			< 0.001			0.054
Well differentiated	1454	6145		1454	1472	
Moderately differentiated	4144	16851		4144	4142	
Poorly differentiated	1574	7136		1574	1587	
Undifferentiated	40	226		40	30	
Unknown	1782	8529		1781	1761	

cantly predictive factors, except for patients diagnosed in 1983-1992 (P=0.156), as well as blacks (P=0.65) and other races (P=0.144), and location of the tumor in the subglottis (P=0.726). The multivariate analysis results showed that, most variables were still independent prognostic indicators, except race, marital status, and pathologic grade (aside from the grade for moderately differentiated). The univariate analysis for OS showed similar results as for CSS. Black race, other races, subglottic location, and most pathologic grades (moderately differentiated, poorly differentiated and undifferentiated) were not independent prognostic indicators. As for the multivariate analysis results, they were basically the same as the results of the previously obtained multivariate analysis for OS, except that all pathologic grades were not associated with patient outcome.

Subgroup analysis for different genders

Because of the distribution difference of pathologic grade between the two groups in the matched cohort, we conducted subgroup analysis according to gender. The Kaplan-Meier survival results for CSS (Figure 3A-E) and OS (Figure 3F-J) showed that female patients had a better prognosis at almost all pathologic grades (except for patients with pathologic grade of undifferentiated). As shown in Table 4, we also performed a subgroup analysis grouped by year of diagnosis, age at diagnosis, race, mari-

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Table 2. Univariate and multivariate analysis of the effect of gender on survival outcome in LSCC

	Cancer-specific Survival S			Overall Survival				
-	Univariate and	ivariate analysis Multivariate analysis		Univariate analysis		Multivariate analysis		
-	HR (95% CI)	<i>P</i> -value	HR (95% CI)	<i>P</i> -value	HR (95% CI)	<i>P</i> -value	HR (95% CI)	P-value
Gender								
Female	Reference		Reference		Reference		Reference	
Male	1.19 (1.14-1.25)	< 0.001	1.20 (1.16-1.25)	< 0.001	1.15 (1.11-1.19)	< 0.001	1.16 (1.12-1.20)	< 0.001
Year of diagnosis								
1973-1982	Reference		Reference		Reference		Reference	
1983-1992	1.04 (0.99-1.09)	0.156	1.05 (1.00-1.10)	0.051	1.10 (1.04-1.16)	0.001	1.02 (0.97-1.08)	0.440
1993-2002	1.14 (1.09-1.19)	< 0.001	1.15 (1.10-1.20)	< 0.001	1.18 (1.12-1.25)	< 0.001	1.13 (1.07-1.19)	< 0.001
2003-2014	1.18 (1.13-1.24)	< 0.001	1.16 (1.11-1.22)	< 0.001	1.19 (1.13-1.26)	< 0.001	1.12 (1.06-1.19)	< 0.001
Age at diagnosis								
≤ 60 years	Reference		Reference		Reference		Reference	
> 60 years	1.31 (1.27-1.35)	< 0.001	1.46 (1.42-1.51)	< 0.001	1.79 (1.73-1.86)	< 0.001	1.91 (1.84-1.99)	< 0.001
Race								
White	Reference		Reference		Reference		Reference	
Black	1.04 (1.00-1.09)	0.65	0.97 (0.93-1.02)	0.213	1.03 (0.98-1.09)	0.190	0.97 (0.92-1.02)	0.195
Others	1.06 (0.98-1.16)	0.144	1.02 (0.94-1.11)	0.680	1.00 (0.91-1.10)	0.961	0.98 (0.89-1.08)	0.643
Unknown	1.31 (1.05-1.63)	0.016	1.08 (0.87-1.35)	0.491	1.26 (1.01-1.58)	0.044	0.98 (0.84-1.32)	0.63
Marital status								
Married	Reference		Reference		Reference		Reference	
Unmarried	1.14 (1.10-1.17)	< 0.001	1.02 (0.99-1.05)	0.190	1.09 (1.05-1.13)	< 0.001	1.02 (0.99-1.06)	0.243
Unknown	1.16 (1.08-1.25)	< 0.001	1.04 (0.97-1.11)	0.307	1.11 (1.03-1.21)	0.010	1.05 (0.97-1.14)	0.214
Site								
Supraglottis	Reference		Reference		Reference		Reference	
Glottis	0.37 (0.46-0.38)	< 0.001	0.35 (0.34-0.36)	< 0.001	0.52 (0.50-0.55)	< 0.001	0.49 (0.47-0.51)	< 0.001
Subglottis	1.02 (0.91-1.15)	0.726	0.97 (0.86-1.10)	0.645	1.00 (0.87-1.17)	0.954	0.93 (0.79-1.08)	0.322
Others	1.17 (1.12-1.22)	< 0.001	1.21 (1.15-1.27)	< 0.001	1.13 (1.07-1.19)	< 0.001	1.15 (1.08-1.22)	< 0.001
Grade								
Well differentiated	Reference		Reference		Reference		Reference	
Moderately differentiated	0.95 (0.91-0.99)	0.022	1.07 (1.02-1.11)	0.006	0.99 (0.94-1.04)	0.681	1.01 (0.96-1.06)	0.698
Poorly differentiated	0.90 (0.85-0.94)	< 0.001	1.01 (0.96-1.07)	0.642	0.95 (0.89-1.00)	0.070	1.00 (0.94-1.06)	0.860
Undifferentiated	0.61 (0.49-0.77)	< 0.001	0.80 (0.63-1.00)	0.051	0.82 (0.62-1.08)	0.162	0.82 (0.62-1.08)	0.148
Unknown	0.87 (0.83-0.91)	< 0.001	0.96 (0.91-1.01)	0.084	0.93 (0.88-0.99)	0.013	0.96 (0.91-1.02)	0.202

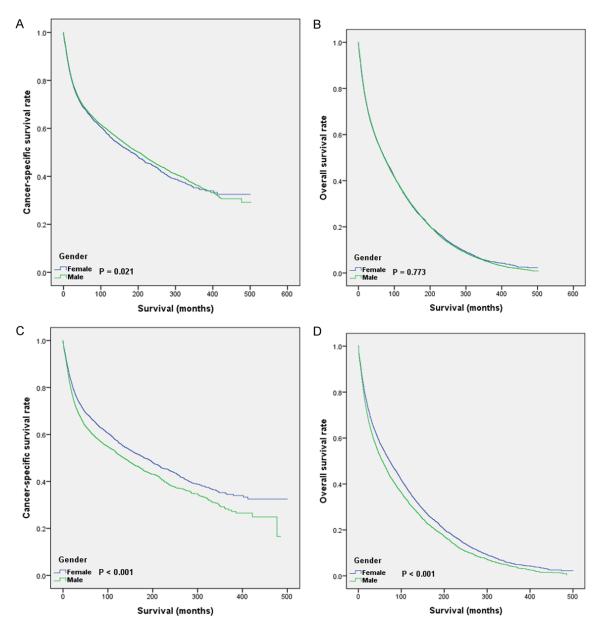


Figure 2. Kaplan-Meier curves for LSCC patients in original and matched groups. A. CSS of LSCC patients in original group; B. OS of LSCC patients in original group; C. CSS of LSCC patients in matched group; D. OS of LSCC patients in matched group.

tal status, and tumor site. Female gender was also a protective effect in those subgroups, except with other races, unknown races, and subglottic location. However, in the black race, unknown marital status, and undifferentiated pathological grades, the results of the subgroup analysis were inconsistent in OS/CSS.

Discussion

In the past few years, radiation and chemotherapy or surgery strategies based on prognostic

classifiers have slightly improved the survival rate of laryngeal squamous cell carcinoma (LSCC) [9]. It is important to know the interactions of multiple factors affecting the LSCC survival. Clinical factors and demographic data have been studied as prognostic factors for cancers, including LSCC. From the present studies, tumor characteristics such as primary tumor location and TNM stage are important factors for LSCC outcome by both univariate and multivariate analysis [10]. There are only a few old studies on the relationship between

Table 3. Subgroup analysis of the effect of gender on survival outcome in LSCC

Culadraum	Cancer-specific S	Survival	Overall Survival		
Subgroup	aHR	P-value	aHR	P-value	
Year of diagnosis					
1973-1982	1.25 (1.11-1.41)	< 0.001	1.23 (1.13-1.33)	< 0.001	
1983-1992	1.14 (1.02-1.26)	0.017	1.12 (1.04-1.21)	0.003	
1993-2002	1.17 (1.08-1.28)	< 0.001	1.09 (1.03-1.17)	0.006	
2003-2014	1.21 (1.12-1.31)	< 0.001	1.18 (1.11-1.26)	< 0.001	
Age at diagnosis					
≤ 60 years	1.32 (1.23-1.43)	< 0.001	1.27 (1.20-1.35)	< 0.001	
> 60 years	1.11 (1.04-1.18)	0.001	1.07 (1.03-1.12)	0.001	
Race					
White	1.21 (1.15-1.27)	< 0.001	1.15 (1.11-1.20)	< 0.001	
Black	1.11 (0.98-1.25)	0.094	1.12 (1.03-1.23)	0.012	
Others	1.25 (0.97-1.60)	0.084	1.18 (0.98-1.43)	0.085	
Unknown	1.06 (0.61-1.85)	0.829	1.21 (0.77-1.90)	0.416	
Marital status					
Married	1.18 (1.11-1.26)	< 0.001	1.14 (1.09-1.20)	< 0.001	
Unmarried	1.20 (1.12-1.29)	< 0.001	1.17 (1.11-1.24)	< 0.001	
Unknown	1.23 (1.01-1.52)	0.045	1.07 (0.92-1.25)	0.383	
Site					
Supraglottis	1.25 (1.18-1.33)	< 0.001	1.20 (1.14-1.26)	< 0.001	
Glottis	1.11 (1.01-1.23)	0.040	1.12 (1.05-1.19)	< 0.001	
Subglottis	0.86 (0.60-1.25)	0.432	0.85 (0.63-1.14)	0.278	
Others	1.26 (1.11-1.42)	< 0.001	1.17 (1.06-1.30)	0.002	
Grade					
Well differentiated	1.18 (1.05-1.32)	0.004	1.17 (1.08-1.27)	< 0.001	
Moderately differentiated	1.23 (1.15-1.32)	< 0.001	1.19 (1.13-1.25)	< 0.001	
Poorly differentiated	1.15 (1.03-1.29)	0.013	1.11 (1.02-1.20)	0.017	
Undifferentiated	2.04 (0.88-4.74)	0.098	2.02 (1.15-3.57)	0.015	
Unknown	1.16 (1.04-1.28)	0.006	1.09 (1.01-1.18)	0.023	

aHR, adjusted hazard ratio; CI, confidence interval.

demographic characteristics such as sex and clinical outcomes in LSCC patients [11-14], and this is controversial. Hence, it is important to use a database to focus on this issue.

In our study, all the data in the SEER database were collected directly by clinical staff. The data were then extracted according to our research requirements. The only inclusion standard was adult patients with a primary diagnosis of LSCC. Data storage and evaluation were performed by different teams. As the data had already existed in the SEER before we performed the plan, our subjective awareness did not interfere in patient selection and treatment, which ensures that our data are real and our results are believable. However, it is hard to avoid selection bias and subjective interference in some previous retrospective studies,

and this may affect research results. Also, the number of patients in our study was much larger than in any other former studies, and our study duration was much longer. Therefore, several confounding factors between the two groups of males and females are more balanced.

Several studies have found the relationship between sex and incidence and outcome in patients with cancer diseases. Women have better outcome than men in some cancer types. Studies have shown that females have a significant survival advantage for most cancers, including salivary gland cancer, head and neck cancer, esophageal cancer, gastric cancer, colon and rectal cancer, pancreatic cancer, lung cancer, pleural cancer, bone cancer, kidney cancer, and brain cancer [15]. Only in very

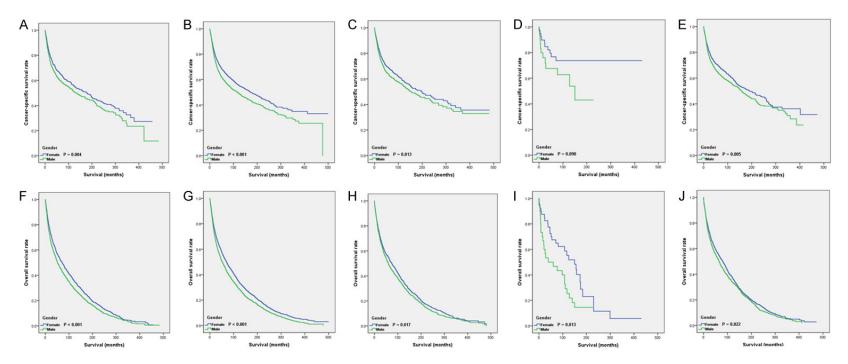


Figure 3. Kaplan-Meier curves for LSCC patients with different pathology grades. Survival curves for CSS (A-E) and OS (F-J) were stratified by gender. (A, F) grade I; (B, G) grade II; (C, H) grade II; (D, I) grade IV; (E, G) grade unknown.

Table 4. Survival status stratified by gender

Charactariatica	n	Surv	ival rate	Median Sur-	
Characteristics		1-year	3-year	5-year	vival (month)
CSS					
Female	8993	79	70	65	181.44
Male	8992	75	64	59	135.24
OS					
Female	8993	72	59	50	73.27
Male	8992	68	53	44	56.55

few cancers do women have a higher incidence than men, such as thyroid cancer. There are several views relating to reasons for different outcome in female and male cancer patients.

First, behavioral and occupational factors are widely acknowledged as potential determinants. Men have more frequent drinking occasions and smoking behavior. Smoking is a strong risk factor for LSCC in Eastern and Central Europe [16]. Current smokers have a 15-fold increased risk of larvngeal cancer and former smokers have a five-fold increase. With alcohol drinking, the risk of laryngeal cancer increases approximately 1.5 to 2.0 times. Furthermore, the researchers observed that the effect of alcohol and smoking on the risk of laryngeal cancer is greater than the multiplicative effect [17]. However, when the risk factors have been adjusted, women still have a better outcome than men in most cancers [18, 191. Thus, there must be other causes for the cancer incidence and survival difference in men and women. One cause may be the cellular/molecular mechanism for differences in cancer susceptibility between males and females, with a focus on the complicated effects of sex chromosomes and sex hormones. The X chromosome is rich in immune related genes [20], and some X-linked microRNAs may promote sex-specific modulation of immune responses by targeting related immune genes [21, 22]. Whatever the detailed mechanisms are, women are indeed more susceptible to autoimmune diseases and may also have enhanced immune surveillance for many tumor types.

Some sex hormones, such as growth hormone (GH), can get through the membrane of specific cells and combine directly with receptors that can influence the expression of specific genes [23]. The action of these hormone signaling can lead to different DNA methylation levels and chromatin conformation [24, 25]. It has been

reported that GH may affect cancer in these areas, such as liver, breast, skin, and brain [26]. The three major sex hormone receptors in our body, ER α , ER β and AR, play an important role in cell renewal, the microenvironment of tumor, the immune system, and glucose metabolism [27]. These reasons may partly explain our results.

However, there are still some disadvantages for our study: (1) SEER database didn't record the margin status, chemotherapy and radiotherapy information which could be important in survival prediction. (2) We only used one database data for analysis; more multi-center studies need to be conduct for further research. (3) Information about recurrence and comorbidities was not available.

Thus gender is an independent prognostic indicator for LSCC patients, and male patients have worse short-term and long-term survival.

Disclosure of conflict of interest

None.

Abbreviations

LSCC, laryngeal squamous cell carcinomas; SEER, Surveillance, Epidemiology, and End Results database; CSS, cancer specific survival: OS, overall survival.

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