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## Slice Selection in Low-Temperature, DNP-Enhanced Magnetic Resonance Imaging by Lee-Goldburg Spin-Locking and Phase Modulation

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## Abstract

Large enhancements in nuclear magnetic resonance (NMR) signals provided by dynamic nuclear polarization (DNP) at low temperatures have the potential to enable inductively-detected <sup>1</sup>H magnetic resonance imaging (MRI) with isotropic spatial resolution on the order of one micron, especially when low temperatures and DNP are combined with microcoils, three-dimensional (3D) phase encoding of image information, pulsed spin locking during NMR signal detection, and homonuclear dipolar decoupling by Lee-Goldburg (LG) irradiation or similar methods. However, the relatively slow build-up of nuclear magnetization under DNP leads to very long acquisition times for high-resolution 3D images unless the sample volume or field of view (FOV) is restricted. We have therefore developed a method for slice selection in low-temperature, DNP-enhanced MRI that limits the FOV to about 50  $\mu$ m in one or more dimensions. This method uses small-amplitude phase modulation of LG irradiation in the presence of a strong magnetic field gradient to invert spin-locked <sup>1</sup>H magnetization in the selected slice. Experimental results are reported, including effects of radio-frequency field inhomogeneity, variations in the amplitude of phase modulation, and shaped phase modulation.

## **Graphical Abstract**

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Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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## Introduction

Under conventional conditions, spatial resolution in magnetic resonance imaging (MRI) is limited by the relatively low sensitivity of inductively-detected nuclear magnetic resonance (NMR). An MRI image with isotropic resolution  $\rho$  requires detection of signals from a volume  $\rho^3$ . If  $\rho$  is on the scale of microns, it becomes necessary to use radio-frequency (rf) coils with sub-millimeter dimensions for NMR signal detection, because the signal-to-noise ratio (SNR) for a fixed sample volume in a solenoid with volume V scales approximately as  $V^{-1/2}$ . Paramagnetic doping to reduce recycle delays between scans and spin echo trains to increase the total signal from each scan also improve the net sensitivity. With these methods, <sup>1</sup>H MRI images of liquid test samples with  $\rho \approx 3 \,\mu$ m have been obtained at room temperature with total measurement times  $\tau_{tot}$  in the 30–58 h range [1, 2].

In chapter III of his classic textbook on nuclear magnetism, Abragam derives an expression for the sensitivity of inductively-detected one-dimensional (1D) NMR, assuming an ideal solenoid, no noise contributions from other circuit elements, a single temperature for the solenoid and the sample, and nuclear spin polarization at thermal equilibrium [3]. According to Abragam's expression, the ideal signal-to-noise ratio for the <sup>1</sup>H NMR signal of a 5.0  $\mu$ m<sup>3</sup> volume of water in a solenoid with a volume of 3 X 10<sup>-3</sup>  $\mu$ l is 0.053 after a single scan, assuming a 9.39 T magnetic field, 300 K temperature, a solenoid Q factor of 100, and a 10 Hz NMR linewidth. The signal-to-noise ratio is proportional to the nuclear spin polarization and inversely proportional to the square root of the solenoid temperature. The signal-to-noise ratio is also inversely proportional to the square root of the NMR linewidth. For example, a single scan at 10 K with thermal equilibrium polarization and a 10 kHz linewidth would yield an ideal signal-to-noise ratio of 0.28.

In principle, significant improvements in MRI resolution can be achieved at low temperatures, especially if dynamic nuclear polarization (DNP) is used to enhance NMR signals [4]. Low-temperature <sup>1</sup>H MRI requires that homonuclear decoupling be employed during spatial encoding periods of the MRI pulse sequence, to overcome <sup>1</sup>H-<sup>1</sup>H dipolar broadening that would otherwise make high-resolution MRI impossible with realistic magnetic field gradient strengths. In experiments at 9.39 T without DNP [5, 6], we have recently demonstrated three-dimensional (3D) MRI of glass beads in frozen glycerol/water at 28 K with  $\rho = 2.8 \,\mu$ m, using Dy<sup>3+</sup> doping to reduce recycle delays to 0.5 s, Lee-Goldburg

(LG) decoupling [7, 8] to attenuate <sup>1</sup>H-<sup>1</sup>H dipole-dipole couplings, pulsed spin-locking (PSL) to maximize the total NMR signal per scan [9, 10], and a solenoidal rf coil with 150  $\mu$ m inner diameter. For an image with  $\rho = 2.8 \mu$ m and SNR = 11  $\pm$  1,  $\tau_{tot}$  was 108 h.

Implementation of DNP in low-temperature MRI requires doping of frozen solutions with organic free radical compounds that produce large <sup>1</sup>H nuclear hyperpolarization through the cross effect mechanism [11]. Such compounds typically produce relatively short nuclear spin T<sub>2</sub> and T<sub>1p</sub> relaxation times [12, 13] because their intramolecular and intermolecular electron-electron couplings cause electron-electron flip-flop transitions, which in turn produce fluctuations in local magnetic fields at the nuclei (*i.e.*, dipolar hyperfine field fluctuations). Short T<sub>2</sub> and T<sub>1p</sub> relaxation times result in significant signal losses in spatial encoding periods and PSL periods of the MRI pulse sequence, potentially cancelling signal gains from DNP. In experiments on frozen glycerol/water solutions doped with the triradical compound DOTOPA, we have recently shown that these relaxation times become longer at temperatures below 10 K, where the electron spins are strongly polarized at equilibrium in 9.39 T and where electron-electron flip-flop transitions are consequently suppressed [13]. Thus, if DNP-enhanced MRI is performed near 5 K, images with  $\rho \approx 1 \,\mu$ m become feasible from the standpoint of sensitivity.

MRI images with  $\rho \approx 1 \,\mu\text{m}$  could in principle provide new information about the architecture of organelles and other compartments within individual biological cells, about the composition of phase-separated domains within cytoplasm or membranes, about the organization of different cell types within cell clusters (*e.g.*, pancreatic islets), and about tissue microstructure. Of course, the information content of MRI images depends on contrast mechanisms. Contrast mechanisms in DNP-enhanced MRI images at low temperatures remain to be explored. Local differences in DNP enhancement factors, build-up times, and spin relaxation times may provide useful contrast, along with differences in <sup>1</sup>H densities and nuclear double-resonance effects.

A technical problem that remains is the long build-up time for cross-effect DNP at low temperatures [13–15]. <sup>1</sup>H NMR signal enhancements by factors of approximately 100 can be obtained (relative to signals at thermal equilibrium at 5 K), but with build-up times on the order of 30 s or longer. If the sample volume to be imaged (*i.e.*, the field of view, FOV) contains N<sub>v</sub> volume elements  $\rho^3$ , then a fully sampled 3D image requires roughly 2N<sub>v</sub> scans. An image with FOV =  $(50 \ \mu\text{m})^3$  and  $\rho = 1.5 \ \mu\text{m}$  then requires about 74000 scans, corresponding to  $\tau_{tot} \approx 25$  days if the image is fully sampled and if the recycle delay is set to the DNP build-up time. Extrapolating from results mentioned above, such an image would have SNR ~ 300.

Thus, spatial resolution in DNP-enhanced <sup>1</sup>H MRI at very low temperatures is no longer limited by sensitivity. Instead, it is limited by the time required to record a data set from which an image with the desired resolution can be reconstructed. When the SNR is much higher than needed, this time can be reduced by using a recycle delay that is less than the DNP build-up time (sacrificing signal in each scan), by using sparse or non-uniform sampling (sacrificing generality of the object shapes within the image) [16, 17], or by reducing the FOV.

In conventional MRI, the FOV can be reduced by "slice selection", *i.e.*, by using magnetic field gradient pulses and frequency-selective rf waveforms to excite NMR signals from selected regions within the sample. In our low-temperature <sup>1</sup>H MRI experiments, standard slice selection methods are not practical because <sup>1</sup>H-<sup>1</sup>H dipolar broadening makes frequency-selective excitation by shaped RF pulses ineffective with realistic field gradients. In this paper, we describe and demonstrate a slice selection method that overcomes the problem of dipolar broadening. This method uses a combination of LG irradiation, for homonuclear decoupling, and rf phase modulation, to generate frequency-selective spin inversion when a field gradient is applied during the LG period. The work described below is motivated by our goal of obtaining DNP-enhanced, micron-scale MRI images with  $\tau_{tot} < 24$  h.

#### **Experimental Methods**

Experiments were performed at 30 K and 9.38 T, corresponding to a <sup>1</sup>H NMR frequency of 399.2 MHz, using the cryostat and MRI apparatus described previously [5, 6, 13]. A Tecmag Redstone NMR spectrometer, a 50 W radio-frequency (RF) amplifier (AMT model 01525031), and AE Techron model 7548 gradient amplifiers were used. Although our MRI apparatus includes three orthogonal field gradient coils, only gradients in the x direction were used in experiments described below, corresponding to the direction of the long axis of the sample. Gradients produced by the x-gradient coil had amplitudes of 0.385 T/m-A. The sample, consisting of a d8-glycerol/D<sub>2</sub>O/H<sub>2</sub>O mixture (12:3:5 volume ratio) at pH 7.5 (40 mM phosphate buffer) with a 10 mM concentration of the triradical dopant succinyl-DOTOPA [18], was contained in a fused silica microcapillary with 106 µm outer diameter and 40 µm inner diameter. As shown in Fig. 1a, a solenoidal RF microcoil (6.5 turns, 300 µm length, 20–25 µm gaps between turns) was wound around the microcapillary (Molex, Inc.), using bare copper wire with 20 µm diameter (California Fine Wire Co.). For DNP, 30 mW of microwave power was supplied by a solid-state source (Virginia Diodes, Inc.), transmitted to a Teflon window at the bottom of the cryostat by a quasi-optical platform and corrugated waveguide (Thomas Keating, Ltd), and transmitted to the sample within the cryostat by a corrugated horn and tapered Teflon rod.

Slice selection was performed and demonstrated with the pulse sequence in Fig. 1b. This pulse sequence consists of four periods. In the first period, pre-existing <sup>1</sup>H nuclear magnetization is destroyed by a train of nine  $\pi/2$  pulses with 1.0 ms spacings. Microwave irradiation then generates <sup>1</sup>H magnetization along the laboratory z direction during the DNP period  $\tau_{DNP}$ . In the experiments described below, a  $\tau_{DNP}$  value of 0.5 s was sufficient to generate strong <sup>1</sup>H NMR signals, although the DNP build-up time was approximately 15 s. In the second period, which is the slice selection period, an on-resonance RF pulse with flip angle  $\alpha = 125.3^{\circ}$  aligns the <sup>1</sup>H magnetization with an effective field created by an RF field with nominal amplitude  $\nu_1$  (204.124 kHz in experiments described below) and resonance offset  $\tau_{SS}$ , satisfying the LG condition  $\nu_1/\Delta_{SS} = \sqrt{2}$ . A gradient pulse with amplitude  $g_x$  is then applied, with rise and fall times  $t_R$  and  $t_F$  and a central period  $\tau_{SS}$  during which the gradient is constant. During  $\tau_{SS}$ , the RF phase is modulated by  $\pm \phi_{SS}$  (relative to phase y) at frequency  $\nu_{SS}$ . As explained below, this phase modulation inverts the <sup>1</sup>H magnetization relative to the effective field in a spatially-selective manner. After the gradient pulse, <sup>1</sup>H

magnetization is returned to the z (or -z) direction by another RF pulse with flip angle  $\alpha$ . In experiments described below,  $g_x = 25$  T/m,  $t_R = t_F = 50 \ \mu s$ , and  $\nu_{SS} = 250.000$  kHz.

The third and fourth periods in Fig. 1b are the imaging and <sup>1</sup>H NMR signal detection periods. As described previously [5, 6], constant-time phase-encoded imaging is performed with frequency-switched LG irradiation [7, 8, 19] for homonuclear decoupling, with effective RF fields of 250 kHz and a phase-encoding period  $\tau_{PE}$ . Real or imaginary parts of complex magnetization at the end of the  $\tau_{PE}$  period are stored along z. <sup>1</sup>H NMR signals are then detected with PSL after a  $\pi/2$  pulse. Signals from the desired slice are selected by taking the difference between signals with and without RF phase modulation during  $\tau_{SS}$ . In experiments described below,  $\tau_{PE} = 420 \ \mu$ s. Gradients in the x direction during the first half of the  $\tau_{PE}$  period were incremented from 4.6 T/m to 4.3 T/m in steps of 0.288 T/m, giving an FOV of 336.6  $\mu$ m and a resolution of 10.5  $\mu$ m. (Note that the reported gradient amplitudes do not include the scaling factor of  $1/\sqrt{3}$  that arises from LG irradiation.) RF pulses with flip angles of  $\pi$ ,  $\pi/2$ ,  $\alpha$ , and  $\beta$  in Fig. 1b had amplitudes of 156 kHz. A total of two scans were acquired for each PSL free-induction decay, so that the total time to acquire a complete 1D slice image was only 64 s.

The center of our microcoil was displaced by  $x_c \approx 200 \ \mu m$  from the center of the x gradient. This displacement existed because the microcoil was wound around the sample, then soldered in place by hand. Small movements during the soldering process inevitably introduce small misalignments with the gradient coils. Therefore, gradient pulses shift the <sup>1</sup>H NMR frequency at the center of the microcoil from its nominal value  $v_0$  to  $\tilde{v}_0(g_x) = v_0 + \gamma g_x x_c/2\pi$ , where  $\gamma$  is the <sup>1</sup>H gyromagnetic ratio. To compensate for this large NMR frequency shift (up to about 40 kHz), LG offsets  $\pm \ _{PE}$  during  $\tau_{PE}$  were set relative to  $\tilde{v}_0(g_x)$ , rather than relative to  $v_0$ . Specifically,  $\pm \ _{PE} = \pm 144.337 \ \text{kHz} + \gamma g_x x_c/2\pi$ . With a nominal RF field amplitude of 204.124 kHz, this gives an effective LG field of 250.000 kHz in the yz plane of the rotating frame, at the magic angle relative to z, for <sup>1</sup>H nuclei near the center of the microcoil. The FOV of the image is then centered at  $x_c$ .

Similarly, the gradient pulse in the slice selection period produces large frequency shifts. Therefore, during  $\tau_{SS}$ , the RF carrier offset  $_{SS}$  was set to 144.337 kHz +  $\gamma g_x x_S / 2\pi$ , where  $x_S$  is the displacement of the desired slice from the center of the x gradient. In order to keep the effective field direction at the magic angle relative to z, the RF field amplitude was ramped down or up during  $t_R$  and  $t_F$ , according to the equation  $\nu_{RF}(t) = \sqrt{2} \{144.337 \text{ kHz} + \gamma g_x x_S [1 - f(t)]/2\pi\}$ , where f(t) is the gradient waveform, normalized to its maximum value  $g_x$ . The RF amplitude during  $\tau_{SS}$  was 204.124 kHz.

As discussed below, RF inhomogeneity affects slice selection significantly. Therefore, the pulse sequence in Fig. 1c was used to obtain an RF nutation image, *i.e.*, map the dependence of the RF amplitude on x. This pulse sequence is identical to the sequence in Fig. 1b, but without the slice selection period and with a pulse with variable length  $t_p$  at the beginning of the signal detection period (instead of a  $\pi/2$  pulse). The value of  $t_p$  was incremented from 0.2 µs to 52.4 µs in steps of 0.6 µs. A total of two scans were acquired for each PSL free-induction decay, so that the total time to acquire a complete RF nutation image was 1.6 h.

Data were processed and plotted using our own scripts in Python with NumPy and Matplotlib packages (available on request from hsueh-ying.chen@nih.gov). For data acquired with the pulse sequence in Fig. 1b, free-induction decays (FIDs) under PSL were first Fourier transformed and phased as usual. Real parts of signals in the center of the resulting spectra (proportional to the areas of the FIDs for the real and imaginary parts of each value of  $g_x$ ) were extracted to produce complex 1D signals  $S(k_x)$ , with  $k_x = \gamma g_x \tau_{PE}/\sqrt{3}$ , including both positive and negative values of  $k_x$ . After zero-filling to 64 points, complex Fourier transformation with respect to  $k_x$  yielded 1D images as functions of x. For data acquired with the pulse sequence in Fig. 1c, the same procedure yielded complex 2D signals  $S(k_x,t_p)$ . Real Fourier transformation with respect to  $k_x$  (after zero-filling to 64 points) and complex Fourier transformation with respect to  $k_x$  (after zero-filling to 64 points) yielded a 2D image as a function of x and the RF nutation frequency  $v_{nut}$ .

## **Results and Discussion**

#### RF inhomogeneity and microwave penetration

Fig. 2a shows data obtained with the pulse sequence in Fig. 1c after Fourier transformation with respect to  $k_x$  to yield a series of 1D images as a function of the length  $t_p$  of the RF pulse at the beginning of the PSL period (labeled  $\theta$  in Fig. 1c). Fourier transformation with respect to  $t_p$  yields the map of RF amplitude as a function of x in Fig. 2b. In this map, signals in each horizontal row (*i.e.*, each value of x) were normalized to the maximum value in that row. According to Fig. 2b, the RF amplitude within the microcoil varied between 143 kHz and 178 kHz, as plotted in a green line.

Fig. 2c superimposes the RF amplitude (green) on a 1D image (red) along the x axis. Variations in signal intensity as a function of x are attributable to variations in microwave penetration through the turns of the RF microcoil, as well as variations in RF amplitude. The RF amplitude affects the signal intensity because homonuclear decoupling by LG irradiation is less effective when the RF amplitude differs from its nominal value, leading to signal loss during the phase encoding period  $\tau_{PE}$ . It is worth noting that the slice selection method described below allows us to focus on regions with the greatest signal intensity, if desired.

#### Slice selection conditions

During the  $\tau_{SS}$  period in Fig. 1b, <sup>1</sup>H magnetization is initially aligned with the effective field direction z' in the usual rotating frame, which has a y-component equal to  $v_1(x_S)$  and z-component equal to  $SS - \gamma g_x x_S/2\pi$  at position  $x_S$ , where SS is the offset of the RF carrier frequency from the <sup>1</sup>H NMR frequency with zero gradient. The magnitude of this effective field is  $v_{eff}(x_S) = [(SS - \gamma g_x x_S/2\pi)^2 + v_1(x_S)^2]^{1/2}$ . A small sinusoidal RF phase modulation, with amplitude  $\phi_{SS}$  and frequency  $v_{SS}$ , produces an x-component equal to  $v_1(x_S) \sin \phi_{SS} \cos v_{SS} t$ . In a second rotating frame that rotates around z' at frequency  $v_{SS}$ , the effective field has a z' component equal to  $v_{eff} - v_{SS}$  and a constant x-component equal to  $v_x = \frac{1}{2}v_1(x_S)\sin\phi_{SS}$  (ignoring a counter-rotating component, in analogy to the usual rotating frame transformation in magnetic resonance). If

$$\nu_{\rm eff}(\mathbf{x}_{\rm S}) = \nu_{\rm SS} \tag{1}$$

and

$$\nu_{\rm X} \tau_{\rm SS} = \pi \tag{2}$$

then the <sup>1</sup>H magnetization will rotate around x from +z' to -z' in this second rotating frame. Since z' is the same in both rotating frames, the magnetization will also end up at -z' in the usual rotating frame after phase modulation for period  $\tau_{SS}$ . However, if  $|v_{eff}(x_S) - v_{SS}| \gg v_x$ , the magnetization will remain close to +z'. The dependence of these conditions on  $x_S$  allows for slice selection. In addition, to avoid magnetization decay due to <sup>1</sup>H-<sup>1</sup>H dipole-dipole couplings during  $\tau_{SS}$ , the usual LG condition should be satisfied:

$$\sqrt{2}|\Delta_{\rm SS} - \gamma g_{\rm x} x_{\rm S}/2\pi| = \nu_1(x_{\rm S}) \tag{3}$$

which implies  $\nu_1(\mathbf{x}_S) = \sqrt{\frac{2}{3}}\nu_{SS}$  and  $|\Delta_{SS} - \gamma g_x \mathbf{x}_S/2\pi| = \sqrt{\frac{1}{3}}\nu_{SS}$ .

Data in Fig. 2c can be used to choose conditions that result in slice selection at a desired value of  $x_S$ . For example, to select a region centered at 250 µm, the RF amplitude is increased by a factor of 1.24 relative to the value used in Fig. 2 in order to provide the necessary  $v_1$  value of 204.124 kHz at  $x_S = 250$  µm with  $v_{SS} = 250.000$  kHz. In addition, given that a 25 T/m gradient is applied during  $\tau_{SS}$ , corresponding to 1.064 kHz/µm for <sup>1</sup>H nuclei,  $_{SS}$  is set to 410.337 kHz = 144.337 kHz + (250 × 1.064) kHz. Under this condition, as illustrated by the intersection of the red curves and orange strips in Figs. 3a and 3b, only <sup>1</sup>H nuclei near  $x_S = 250$  µm experience an effective field during  $\tau_{SS}$  that satisfies Eqs. (1–3). As a result, the magnetization associated with a slice centered at  $x_S = 250$  µm is inverted selectively with  $\tau_{SS} = 60$  µs and  $\phi_{SS} = 3.5^\circ$ , leading to the 1D image in red in Fig. 3c. (Although the analysis above predicts  $v_x = 6.23$  kHz if  $\phi_{SS} = 3.5^\circ$ , which would imply  $\tau_{SS} = 80$  µs, this value of  $\phi_{SS}$  was determined empirically to optimize slice selection with  $\tau_{SS} = 60$  µs.)

Similarly, by adjusting the RF amplitude to account for the RF inhomogeneity profile in Fig. 2c and adjusting  $_{SS}$  to satisfy the conditions given above, slices can be selected at  $x_S = 200 \ \mu m$  and  $x_S = 150 \ \mu m$ , as indicated by green and blue curves in Fig. 3, respectively. Interestingly, the slice width around  $x_S = 150 \ \mu m$  in Fig. 3c is greater than around the other two positions. This observation is consistent with plots in Fig. 3a, which show that a larger range of x values have  $\nu_{eff} \approx \nu_{SS}$  when  $x_S = 150 \ \mu m$ , due in part to the curvature of the dependence of RF field amplitude on x shown in Fig. 2c.

Fig. 4 shows results from calculations that provide insight into factors that affect the width of selected slices. In Fig. 4a, the gradient is assumed to be 25 T/m. The dependence of  $v_{eff}$  on x is plotted for values of  $\tau_{SS}$  that select slices at  $x_S = 50 \mu m$ ,  $0 \mu m$ , and  $-50 \mu m$ , assuming perfect RF homogeneity. In Fig. 4b, the dependence of the resulting slice width, defined by the range of x for which  $v_{eff} = 250.0 \pm 8.3$  kHz, is plotted as a function of  $x_S$ . In this case, the slice width is nearly independent of  $x_S$ , indicating that variations in slice width

#### Effect of shaped phase modulation

In conventional MRI, slice selection is usually performed with shaped pulses, rather than square pulses. In our experiments, shaping of the RF phase modulation is analogous to shaping of the RF amplitude in conventional MRI, since the effective  $\pi$  pulse amplitude in the second rotating frame described above is approximately  $\frac{1}{2}\nu_1 \sin\phi_{SS}$ , with constant  $\nu_1$  but possibly with variable  $\phi_{SS}$ . Fig. 5 explores how the shape of the phase modulation affects the slice selection. In Fig. 5a,  $\phi_{SS}$  is constant over the length of the selective  $\pi$  pulse. In Figs. 5b and 5c,  $\phi_{SS}$  varies during the selective  $\pi$  pulse according to a truncated Gaussian function (truncation level = 1%) or a sinc function (truncated to its central positive lobe and two adjacent negative lobes).

Figs. 5d, 5e, and 5f show experimental results for slice selection with the shapes shown in Figs. 5a, 5b, and 5c, respectively. Values of  $\tau_{SS}$  were 60 µs, 120 µs, or 180 µs (red, green, and blue curves, respectively). Phase modulation amplitudes (*i.e.*, maximum values of  $\phi_{SS}$ ) were adjusted empirically to maximize the signal amplitudes in the selected slices. For  $\tau_{SS}$  = 60 µs, the phase modulation amplitudes in Figs. 5d, 5e, and 5f are 3.5°, 8.5°, and 13.0°. For  $\tau_{SS}$  = 120 µs and 180 µs, the phase modulation amplitudes were smaller by factors of 2.0 and 3.0. As  $\tau_{SS}$  increases, the experimentally observed slices become narrower, as expected because the condition  $\nu_x \gg |\nu_{eff} - \nu_{SS}|$  is satisfied over a narrower range of x. Maximum signal amplitudes also decrease as  $\tau_{SS}$  increases, in part due to greater dephasing of the selected <sup>1</sup>H magnetization during the longer inversion process. Based on the experimental results in Fig. 5, sinc-shaped modulation with  $\tau_{SS} = 120 - 180$  µs appears to give the best performance, producing slices with widths of approximately 50 µm without introducing large signal losses within the selected slice.

#### Comparisons with alternative slice selection methods

The problem of slice selection in MRI of solids has also been addressed in earlier work by others. Cory *et al.* demonstrated an approach that involves a combination of multiple-pulse homonuclear decoupling and pulsed field gradients, designed to produce an alternation between a gradient-dependent rotation of spin angular momentum about one axis and a small gradient-independent rotation about an orthogonal axis [20]. The net effect is then to produce a rotation that depends sensitively on position, in analogy to the manner in which a DANTE pulse train produces a net rotation that depends sensitively on NMR frequency in the absence of gradients [21]. Matsui demonstrated an approach in which a train of strong off-resonance RF pulses is applied in the presence of a gradient, so that the effective RF field direction is inclined at the magic angle to z only within the desired slice [22]. Nuclear magnetization outside the desired slice is then dephased more strongly by homonuclear dipole-dipole couplings. Matsui *et al.* [23] also demonstrated an approach in which DANTE-like RF pulses and gradient pulses are inserted between "magic-echo" pulse blocks [24, 25]. This approach is related to earlier work by Caravatti *et al.* [26]

While these previously-proposed approaches to slice selection in MRI of solids may be useful in certain applications, the approach described above, based on RF phase modulation during LG irradiation, has at least two important advantages. First, gradient switching need not be extremely rapid. Rise and fall times in the 50–100 µs range are acceptable because the <sup>1</sup>H magnetization is spin-locked to the LG effective field during gradient switching. Second, LG irradiation produces efficient homonuclear decoupling, especially with the large effective fields that are easily achieved with RF microcoils, and is readily implemented and optimized. It should also be noted that alternative approaches to slice selection and to solid state MRI have not achieved spatial resolution comparable to the resolution of the experiments reported above and in our previous publications [5, 6].

#### Conclusions

Results presented above demonstrate a useful method for slice selection in <sup>1</sup>H MRI of solids, with particular relevance to our own efforts to achieve higher spatial resolution by performing MRI at low temperatures and with DNP. Under the conditions of the experiments presented above, the FOV of a 3D image can be reduced by a factor of approximately six, allowing the image (within the selected slice) to be acquired in one sixth of the time that would otherwise be required. This is an important time reduction when DNP produces large signal enhancements, so that signal detection sensitivity is no longer the factor that determines the required measurement time. Generalization to slice selection in two or three dimensions would involve extending the  $\tau_{SS}$  period in Fig. 1b and applying two or three phase modulation periods, with gradients in two or three orthogonal directions.

In experiments presented above, the sample is limited in y and z directions by the fact that it is contained within a microcapillary. For a more general sample shape, it may be helpful to reduce the FOV further by selecting slices in two or three orthogonal directions. This can be readily achieved by including two or three slice selection periods in the pulse sequence, with gradients in orthogonal directions during the slice selection periods.

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## Highlights

- Phase modulation during Lee-Goldburg spin-locking produces slice selection in MRI of solids
- Slice selection reduces imaged volume, accelerating image acquisition under low-temperature DNP
- Slice width varies with modulation amplitude and modulation shape
- Slices widths of 50 microns or less can be achieved

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#### Figure 1:

(a) Photograph of the microcapillary that contains the sample in these experiments, with the RF microcoil wound around the microcapillary. The microcoil is displaced by  $x_c \approx 200 \ \mu m$  from the center of the x gradient coil. (b) Pulse sequence used to acquire 1D images with slice selection. After a train of  $\pi/2$  pulses to destroy pre-existing <sup>1</sup>H magnetization, magnetization is created by microwave irradiation for  $\tau_{DNP} = 0.5$  s. As described in the text, slice selection is carried out by RF phase modulation (on alternate scans) during a Lee-Goldburg (LG) irradiation period that is sandwiched between pulses with flip angles  $\alpha = 125.3^{\circ}$ . The phase modulation period is highlighted in cyan. Phase-encoded imaging occurs in period  $\tau_{PE}$ , and <sup>1</sup>H NMR signals are detected during pulsed spin-locking (PSL), consisting of a train of pulses with 60° flip angles. Imaginary parts of phase-encoded signals are detected by applying the  $\pi/2$  pulse shown in red. (c) Pulse sequence for imaging the RF amplitude as a function of x. The flip angle  $\theta$  and the x gradient amplitude during  $\tau_{PE}$  are incremented independently to generate a 2D data set.

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#### Figure 2:

(a) Data obtained with the pulse sequence in Fig. 1c, after Fourier transformation with respect to the x gradient amplitude. Oscillations as a function of  $t_p$ , which is the length of the  $\theta_x$  pulse, indicate RF nutation frequencies at each value of x. (b) Same as panel a, but after Fourier transformation with respect to  $t_p$  and scaling of each horizontal signal row to the maximum signal in the row. Rows without significant signals are set to zero (grey). The green curve follows the signal maxima as a function of x. (c) Superposition of the

dependence of the RF amplitude  $\nu_1$  on x (green curve, derived from panel b) on a low-temperature, DNP-enhanced 1D image of the same sample (red curve).



#### Figure 3:

(a) Effective field amplitude during the  $\tau_{SS}$  period in Fig. 1b as a function of x, calculated with the RF amplitude function from Fig. 2c and assuming a linear x gradient. Red, green, and blue curves correspond to conditions that give slice selection at  $x_S \approx 250 \ \mu\text{m}$ , 200  $\mu\text{m}$ , and 150  $\mu\text{m}$ , respectively, with RF phase modulation at  $\nu_{SS} = 250 \ \text{kHz}$ . The horizontal orange band indicates a range of  $\nu_{eff}$  values that determines the selected slice width. Predicted slice widths for the three conditions are indicated by vertical purple bands. (b) Dependence of the effective field angle, relative to z, on x for the three conditions in panel a. The horizontal orange band indicates a  $\pm 5^{\circ}$  range of  $\theta_{eff}$  values around the magic angle, within which homonuclear dipole-dipole couplings are attenuated by factors of at least 7.9. (c) Experimental 1D slice images, color coded to correspond to the conditions in panels a and b. The dashed black line is a 1D image without slice selection. All images are plotted on the same vertical scale.

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#### Figure 4:

(a) Calculated dependences of the effective field amplitude during the  $\tau_{SS}$  period on x, assuming an x gradient amplitude of 25 T/m and a constant RF field amplitude within –100  $\mu$ m < x < 100  $\mu$ m. The RF amplitude is assumed to be zero outside this interval. Red, green, and blue curves correspond to conditions that would be used for slice selection at  $x_S \approx 50$   $\mu$ m, 0  $\mu$ m, and –50  $\mu$ m, respectively. The horizontal orange band indicates a range of  $\nu_{eff}$  values that determines the slice width. (b) Dependence of the calculated slice width on  $x_S$ , from calculations shown in panel a. (c) Calculated dependences of the effective field amplitude during the  $\tau_{SS}$  period on x for conditions that would be used for slice selection at  $x_S = 0 \mu$ m. Red, green, and blue curves correspond to gradient amplitudes of 5 T/m, 20 T/m, and 40 T/m, respectively. (d) Dependence of the inverse of the slice width on the gradient amplitude, from calculations shown in panel c.

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#### Figure 5:

Effects of shaped phase modulation on slice selection. (a-c) Plots of the RF phase (relative to y) as a function of time during the slice selection period  $\tau_{SS}$  for square, truncated Gaussian, and truncated sinc shapes, respectively. In these plots,  $\tau_{SS} = 60 \,\mu\text{s}$ . (d-f) Experimental 1D slice images obtained with square, truncated Gaussian, and truncated sinc shapes, respectively. Red, green, and blue curves correspond to  $\tau_{SS} = 60 \,\mu\text{s}$ , 120  $\mu\text{s}$ , and 180  $\mu\text{s}$ , respectively. Dashed black curves are 1D images without slice selection. All images are plotted on the same vertical scale.