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## DIFFERENTIAL EXTRACELLULAR, BUT SIMILAR INTRACELLULAR, DISPOSITION OF TWO TENOFOVIR FORMULATIONS IN THE MALE GENITAL TRACT

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### Abstract

**Background:** The male genital tract (MGT) is a viral sanctuary and likely HIV reservoir; understanding MGT pharmacokinetics (PK) of antiretrovirals (ARVs) used for curative strategies is critical to eradication and cure. Tenofovir alafenamide (TAF) is a tenofovir (TFV) formulation designed to maximize efficacy/minimize toxicity with unknown MGT PK.

**Methods:** HIV-positive and HIV-negative men receiving TFV-based regimens provided 6 paired blood plasma (BP) and semen samples. Extracellular (TFV, TAF, emtricitabine [FTC]) drug concentrations in BP and seminal plasma (SP), and intracellular metabolite (IM) and endogenous nucleotide (EN) concentrations were measured in peripheral blood mononuclear cells (PBMCs) and seminal mononuclear cells (SMCs). Exposure ratios for SP:BP, SMC:PBMC, and IM:EN were calculated from PK parameters generated by noncompartmental analysis. HIV viral load was measured in BP and SP.

**Results:** Sixteen HIV-positive (n=8, TDF/FTC; n=8, TAF/FTC) and eight HIV-negative (TDF/FTC) men provided samples. Median TFV SP:BP ratios differed between TDF and TAF (1.5 vs 7.4), due to lower TFV BP concentrations with TAF coupled with TFV SP concentrations similar to TDF. FTC SP:BP ratios were approximately 3. SMC concentrations of IMs and ENs were a

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fraction of PBMC concentrations (1–22%), though IM:EN ratios exceed a suggested protective threshold.

**Conclusions:** TAF SP PK was unexpected. IM SMC concentrations were low relative to PBMC, as were EN concentrations, suggesting differences in cell phenotype and lineage in the MGT; these differences in phenotype and pharmacology may have an impact on selecting and dosing ARVs used in cure strategies.

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## INTRODUCTION

The blood-testes barrier acts to limit drug penetration into the male genital tract (MGT). P-glycoprotein in this barrier returns drug to the blood, limiting entry of substrates such as HIV protease inhibitors.(1) For nucleoside reverse transcriptase inhibitors (NRTIs), equilibrative nucleoside transporters facilitate entry into the MGT(2), generally resulting in high seminal plasma (SP) concentrations relative to blood.(1)

Several lines of investigation suggest viral compartmentalization in the MGT.(3–6) Its immune system mainly resides in the testes(7) and seminal vesicles(8), comprised mainly of monocyte-and macrophage-derived cells. These macrophages may constitute a viral reservoir and contribute to HIV persistence (8–10). For “kick and kill” cure strategies to be successful, drug penetration into the MGT and cell entry is necessary.(11)

Tenofovir/emtricitabine (TFV/FTC) are widely used NRTIs; both are intracellularly to active phosphorylated forms and compete with endogenous nucleotides for virologic activity.(12) The ratio of the metabolite to its corresponding endogenous nucleotide is a critical component of protecting vulnerable cells from HIV infection.(13, 14) Tenofovir is approved in two forms, tenofovir disoproxil fumarate (TDF) and tenofovir alafenamide (TAF). Tenofovir diphosphate (TFVdp) is the active metabolite of both, though pharmacokinetics of TFV and TFVdp differ between the two.(15)

Here, our goal was to characterize TFVdp in seminal mononuclear cells (SMCs) following TAF administration and TDF administration. We hypothesized that SMC concentrations of TFVdp with TAF would reflect the increased PBMC concentrations observed with TAF administration, compared to TDF, and expected TFV exposure in BP and SP would be lower with TAF compared to TDF.

## METHODS

### Clinical Study Design

A full description of the study protocol is available in the Supplemental Material. Briefly, men receiving either TDF/FTC (HIV-negative [Arm 1] and HIV-positive [Arm 2]) or TAF/FTC (HIV-positive only, Arm 3) participated in a study protocol approved by the UNC Biomedical Institution Review Board. All provided written informed consent prior to study procedures. Eight men per arm were enrolled. Paired blood and semen samples were obtained at 6 times post-dose; semen samples were self-collected. Detailed sample processing and analytical chemistry information are provided in Supplemental Material. TFV, FTC and TAF were measured in BP and SP; TFVdp, FTC triphosphate (FTCtp), and

the endogenous nucleotides dATP and dCTP were measured in PBMCs and SMCs; SMC samples with <300,000 cell/mL were pooled within a participant. HIV RNA in BP and SP was measured using the Abbott RealTime HIV-1 Viral Load Assay (Abbott Laboratories, Abbott Park, Illinois, US).

### Pharmacokinetic and Statistical Analysis

The six BP and SP concentrations provided a composite concentration-time profile, and noncompartmental analysis (Phoenix Win Nonlin v6.3, Certara Inc, Princeton, NJ) was performed to calculate the area-under-the-curve (AUC) over a dosing interval.

For PBMC and non-pooled SMC concentrations, AUC was calculated as above, and then divided by 24 hours to obtain an average steady-state concentration. Concentrations below the limit of quantification (BLQ) were imputed as one-half of the sample-specific LLOQ (1/2 LLOQ). For pooled samples, the concentration was used as the average steady-state concentration; BLQ pooled samples were also imputed as 1/2 LLOQ. Ratios between SMC and PBMC (SMC:PBMC), and ratios of drug metabolite to its endogenous nucleotide in each matrix (TFVdp:dATP, FTCtp:dCTP) were calculated.

These outcomes were compared among the three groups of men using nonparametric statistics (R version 3.5.1, [r-project.org](http://r-project.org)). A Kruskal-Wallis test was performed, followed by Dunn's test for any p-value <0.05. No adjustments for multiple comparisons were made.

## RESULTS

### Participant Characteristics and Blood/Semen Viral Loads

The demographics and viral loads of the participants are shown in Table 1. All had normal renal function and most were African-American. Background regimen varied for the HIV-positive men.

### Seminal Plasma Tenofovir Exposure

The median concentration-time profiles for BP and SP by dosage form are presented in Figure 1; here, TDF men were combined (n = 16). Four SP samples lacked sufficient volume to measure TFV/FTC concentrations.

BP AUC of TFV is lower in men receiving TAF, compared to both HIV+ and HIV- men receiving TDF (p = 0.001 for both). For SP, TFV concentrations and AUC are similar regardless of dosage form (p=0.44). Owing to the lower BP AUC of TFV in the TAF men, the SP:BP AUC ratio is significantly higher, at 7.4 in TAF men, compared to median ratios near 1 for those receiving TDF (p = 0.006 for HIV-, p = 0.03 for HIV+). AUC values are provided in Supplemental Materials.

TAF was also measured in BP and SP for TAF recipients (Figure 1); 11/48 SP samples lacked sufficient volume to measure TAF after TFV/FTC measurement, with 80% of these at 9 hours post-dose. No TAF concentrations were detectable after 6 hours post-dose. In 6/8 men, BP and SP concentrations were similar at 3 and 6 hours post-dose.

### Seminal Mononuclear Cell Tenofovir Diphosphate Exposure

Given low SMC recovery, samples for 8/8 men in the TAF arm were pooled within a participant. Four pooled samples were imputed at 1/2 LLOQ for TFVdp, though FTCtp concentrations were quantifiable. In the TDF arms, 5/16 men's samples were pooled and returned BLQ values for TFVdp, with measurable FTCtp concentrations.

For TFVdp in PBMCs, concentrations in TAF men were significantly higher than the TDF men, as expected ( $p = 0.004$  for HIV $-$ ,  $p = 0.03$  for HIV $+$ ). Consistent with similar SP concentrations, TFVdp in SMCs were similar between dosage forms, ranging from 3–22% of PBMCs. Table 2 reports the average concentration over a dosage interval for TFVdp by dosage form and HIV serostatus, as well the SMC:PBMC ratios.

### Emtricitabine and Emtricitabine Triphosphate Exposures in the MGT

FTCtp average concentrations in PBMCs and SMCs, and the SMC:PBMC ratios are presented in Table 2. Median FTC BP and SP concentration-time profiles are shown in Figure 1. FTC SP:BP AUC ratios were approximately 3 across the groups (Supplemental Material). FTCtp concentrations in SMCs were substantially lower than those observed in PBMCs (SMC:PBMC ratios < 2%). No statistically significant differences between groups were observed for FTC- and FTCtp-related parameters ( $p > 0.05$ ).

### Endogenous Nucleotide Concentrations in the MGT

dATP and dCTP (Table 2) concentrations in PBMCs and SMCs were compared by matrix (SMC:PBMC ratio) and by concentrations of the drug metabolite with which they compete (TFVdp:dATP, FTCtp:dCTP). dCTP concentrations were similar across arms; dATP PBMC concentrations were significantly higher in HIV $+$  men, compared to HIV $-$  ( $p = 0.007$  for TDF and TAF), though not in SMCs or in the SMC:PBMC ratio ( $p > 0.05$ ). For both dATP and dCTP, SMC concentrations were 6–54% lower than PBMC concentrations. The TFVdp:dATP ratio was ~1 for PBMC and SMC, except for men receiving TAF. The ratio of 5.95 for TAF was due to the significantly increased PBMC TFVdp concentrations compared to both HIV $+$  ( $p = 0.002$ ) and HIV $-$  ( $p = 0.001$ ) men receiving TDF. For FTC, FTCtp:dCTP PBMC ratios were approximately 11; in SMCs, ratios ranged from 1.40 to 3.81 and did not differ by group.

## DISCUSSION

We determined the disposition of TFV in the MGT, in men receiving TDF or TAF. We did not observe differences in disposition of TFV following TDF administration in HIV-positive men receiving TDF/FTC (with a 3<sup>rd</sup> agent) for treatment and HIV-negative men receiving TDF/FTC for prophylaxis. We confirmed previous findings from our group and others that TFV and FTC penetrate SP at concentrations ~ BP, which is typical of the NRTI class.<sup>(1)</sup>

Unexpectedly, we observed TFV SP concentrations that were similar regardless of dosage form. SMC concentrations of TFVdp following both TDF and TAF were similar, and <20% of those in PBMCs. This was also unexpected, as we expected TFVdp concentrations in SMCs following TAF administration to be higher than for TDF administration, as seen in

PBMCs. However, this observation is consistent with similar extracellular SP TFV concentrations. Other investigators have recently reported similar findings.(16) Several mechanisms for our observations are possible, ranging from the increased plasma stability of TAF, increased presence of cathepsin A in the MGT, and differences in transporter expression on SMCs vs PBMCs.

The low metabolite concentrations in SMC for both TFVdp and FTCtp is consistent with data for lamivudine and zidovudine.(17) Further, the concentrations of the endogenous nucleotides dATP and dCTP in SMCs demonstrate this same phenomenon. Many of the SMCs may derive from monocyte-derived lineages,(7–9) which have different biology than PBMCs.(18) These SMC dATP and dCTP concentrations are consistent with slower cellular growth and replication, providing further support for this theory. NRTI concentrations needed to inhibit HIV replication are lower in macrophage-and monocyte-derived cell lines, (19) and NRTI resistance may manifest differently in these cells.(20) Nevertheless, TFVdp:dATP and FTCtp:dCTP ratios exceed those thought to protect uninfected cells against HIV infection in an *in vitro* model of blood-derived white cell populations.(13)

Our findings are limited by the small sample size in each group; statistical comparisons should be interpreted cautiously. Our initial aim to characterize SMC TFVdp concentrations dictated our sampling scheme, which limited our ability to detect differences in drug absorption/bioavailability and to describe the full time-course of TAF. Semen sample processing for cells was complicated by low sample volumes and low cell yields, resulting in samples with concentrations below the limit of quantification and pooling of SMC samples.

In conclusion, TAF and TDF demonstrated similar extracellular TFV concentrations in semen, despite the lower blood concentrations with TAF. Intracellular TFVdp concentrations in SMCs were similar, and markedly less than PBMC concentrations. Regardless of TFV formulation with which it was administered, FTC penetrated SP at high concentrations relative to BP, and exhibited low SMC FTCtp concentrations compared to PBMCs. The decreased dATP and dCTP SMC concentrations are consistent with reports that cells recovered from semen are derived from slowly replicating cells, which requires further exploration to ensure the most effective use of these drugs in a “kick and kill” cure strategy.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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#### DISCLOSURES

A version of this work has been previously presented at the 2017 Conferences on Retroviruses and Opportunistic Infections, February 13–16, Seattle, WA, Abstract 406.

At the time of the work, Dr. Jingxian Chen and Dr. Brian Mass were employees of the UNC Eshelman School of Pharmacy; both are currently employed at Merck.

AK has received research support from Gilead Sciences.

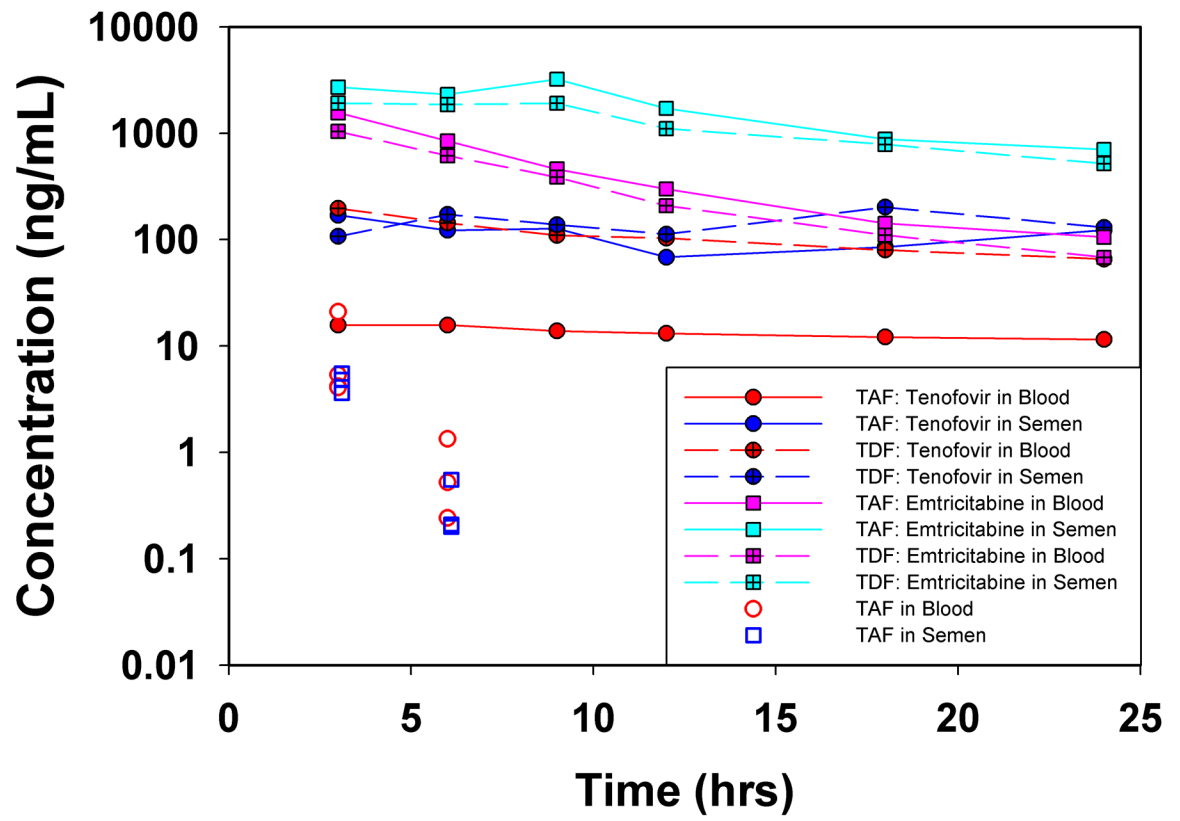
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The remaining authors declare no competing interests.

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**Figure 1.** Median/IQR TFV concentrations in the blood plasma and seminal plasma following TDF and TAF administration



**Table 1.**

Demographics of participants, by tenofovir (TFV) formulation and serostatus. Data are reported as median (25<sup>th</sup>, 75<sup>th</sup> percentile) or number. TAF: Tenofovir alafenamide; TDF: tenofovir disoproxil fumarate; BMI: body mass index; eGFR: estimated glomerular filtration rate; EVG: elvitegravir; COBI: cobicistat; DRV: darunavir; RAL: raltegravir; RPV rilpivirine; EFV: efanvirenz; ATV/r: atazanavir/ritonavir

	HIV+ TAF (n=8)	HIV+ TDF (n=8)	HIV- TDF (n=8)
Age, years	45.5 (34 – 52)	36.5 (33 – 41)	30.5 (24 – 39)
BMI, kg/m <sup>2</sup>	28.8 (25 – 31)	29.8 (27 – 33)	28.3 (24 – 32)
eGFR, mL/min	109 (97 – 122)	133 (117 – 154)	115 (109 – 149)
African-American	5	7	5
Caucasian	2	0	3
Mixed Race	1	1	0
Other ARVs in Regimen	3: EVG/COBI <sup>*</sup>	3: EVG/COBI	N/A
	2: DRV/COBI <sup>*</sup>	2: RPV	
	1: DTG/DRV/COBI <sup>**</sup>	1: RAL	
	1: RAL <sup>**</sup>	1: EFV	
	1: RPV <sup>**</sup>	1: ATV/r	
Blood Plasma Viral Load	8/8: undetectable	6/8: undetectable	N/A
		2/8: detectable, <100 copies/mL	
Seminal Plasma Viral Load	5/5: undetectable <sup>#</sup>	6/6: undetectable <sup>##</sup>	N/A

<sup>\*</sup> TAF dose: 10mg with 200mg emtricitabine

<sup>\*\*</sup> TAF dose: 25mg with 200mg emtricitabine

<sup>#</sup> 2 men did not have sufficient sample volume for virology; 1 man had a low-volume sample that resulted in machine error and were unmeasurable

<sup>##</sup> 2 men had low-volume samples that resulted in machine error and were unmeasurable

**Table 2.**

Average Steady-State Concentrations and Comparative Ratios for Intracellular Analytes, by Regimen and Serostatus. Data are reported as median (25<sup>th</sup>, 75<sup>th</sup> percentile). Eight men contributed data to each group. TFV: tenofovir; BP: blood plasma; SP: seminal plasma; AUC: area-under-the-concentration-time curve; TFVdp: tenofovir diphosphate; dATP: deoxyadenosine triphosphate; PBMC: peripheral blood mononuclear cells; SMC: seminal mononuclear cells; C<sub>ss,ave</sub>: average steady-state concentration, calculated as AUC/dosing interval (PBMCs) or reported directly from pooled specimens (SMCs). TAF: Tenofovir alafenamide; TDF: tenofovir disoproxil fumarate. FTC: emtricitabine; FTCip: emtricitabine triphosphate; dCTP: deoxycytidine triphosphate

	TFVdp PBMC C <sub>ss,ave</sub> (fmol/10 <sup>6</sup> cells)	TFVdp SMC C <sub>ss,ave</sub> (fmol/10 <sup>6</sup> cells)	TFVdp SMC:PBMC C <sub>ss,ave</sub> Ratio	dATP PBMC C <sub>ss,ave</sub> (fmol/10 <sup>6</sup> cells)	dATP SMC C <sub>ss,ave</sub> (fmol/10 <sup>6</sup> cells)	dATP SMC:PBMC C <sub>ss,ave</sub> Ratio	TFVdp:dATP PBMC C <sub>ss,ave</sub> ratio	TFVdp:dATP SMC C <sub>ss,ave</sub> ratio
<b>HIV- TDF/ FTC</b>	116 (108, 164)	21 (4.2, 39.3)	0.22 (0.04, 0.32)	123 (111, 140)**	64.6 (3.82, 82.7)	0.54 (0.035, 0.78)	0.96 (0.81, 1.45)	0.656 (0.317, 1.21)
<b>HIV+ TDF/ FTC</b>	192 (156, 237)	21 (6.1, 58)	0.09 (0.04, 0.39)	192 (119, 224)	33.3 (11.6, 55.4)	0.20 (0.054, 0.35)	1.1 (0.86, 1.14)	0.99 (0.43, 1.54)
<b>HIV+ TAF/ FTC</b>	935 (684, 2024)*	35 (24, 78)	0.03 (0.01, 0.07)	184 (138, 262)	43.4 (32.6, 71.1)	0.17 (0.11, 0.35)	5.95 (5.02, 7.34)***	1.10 (0.42, 1.70)
	FTCip PBMC C <sub>ss,ave</sub> (fmol/10 <sup>6</sup> cells)	FTCip SMC C <sub>ss,ave</sub> (fmol/10 <sup>6</sup> cells)	FTCip SMC:PBMC C <sub>ss,ave</sub> Ratio	dCTP PBMC C <sub>ss,ave</sub> (fmol/10 <sup>6</sup> cells)	dCTP SMC C <sub>ss,ave</sub> (fmol/10 <sup>6</sup> cells)	dCTP SMC:PBMC C <sub>ss,ave</sub> Ratio	FTCip:dCTP PBMC C <sub>ss,ave</sub> ratio	FTCip:dCTP SMC C <sub>ss,ave</sub> ratio
<b>HIV- TDF/ FTC</b>	6460 (5060, 7837)	88.1 (62.9, 156.7)	0.016 (0.0051, 0.032)	585 (563, 698)	115 (7.5, 224)	0.22 (0.012, 0.29)	10.8 (8.27 (13.4)	1.85 (0.85, 3.31)
<b>HIV+ TDF/ FTC</b>	6397 (5263, 9408)	83.7 (52.5, 137.4)	0.013 (0.0051, 0.020)	590 (462, 825)	71 (34, 107)	0.13 (0.035, 0.17)	10.1 (8.07, 12.5)	1.40 (0.48, 1.82)
<b>HIV+ TAF/ FTC</b>	7756 (7161, 14530)	179 (135, 356)	0.014 (0.011, 0.033)	758 (712, 945)	83 (39, 172)	0.063 (0.044, 0.21)	11.3 (10.4, 12.7)	3.81 (2.30, 3.98)

\* p = 0.004 for comparison to HIV-; p = 0.03 for comparison to HIV+

\*\* p = 0.007 for TDF and TAF comparisons

\*\*\* p = 0.001 for comparison to HIV-; p = 0.002 for comparison to HIV+