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Next-Generation Molecular-Diagnostic Tools for Gastrointestinal Nematodes of Livestock, with an Emphasis on Small Ruminants: A Turning Point?

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Abstract

Parasitic nematodes of livestock have major economic impact worldwide. Despite the diseases caused by these nematodes, some advances towards the development of new therapeutic agents and attempts to develop effective vaccines against some of them, there has been limited progress in the development of practical diagnostic methods. The specific and sensitive diagnosis of parasitic nematode infections of livestock underpins effective disease control, which is now particularly important given the problems associated with anthelmintic resistance in parasite populations. Traditional diagnostic methods have major limitations, in terms of sensitivity and specificity. This chapter provides an account of the significance of parasitic nematodes (order Strongylida), reviews conventional diagnostic techniques that are presently used routinely and describes advances in polymerase chain reaction (PCR)-based methods for the specific diagnosis of nematode infections. A particular emphasis is placed on the recent development of a robotic PCR-based platform for high-throughput diagnosis, and its significance and implications for epidemiological investigations and for use in control programmes.



1. INTRODUCTION

The phylum Nematoda (roundworms) includes many parasites that are of major socio-economic importance. For example, grazing ruminants are frequently parasitized by multiple species of the order Strongylida, which can cause significant disease, known as parasitic gastroenteritis (PGE) (Kassai, 1999). Different species of strongylid nematodes can vary considerably in their pathogenicity, geographical distribution and susceptibility to anthelmintic drugs (Dobson et al., 1996). Mixed infections, involving multiple

genera and species are common, and usually have a greater impact on the host than monospecific infections. Furthermore, the species composition of the parasites present in a host animal plays an important role in the severity of infection (Wimmer et al., 2004). Depending on the number, species and burden of parasitic nematodes, common symptoms of PGE include reduced weight gain or weight loss, anorexia, diarrhoea, reduced production and, in the case of blood-feeding species, anaemia and oedema, due to the loss of blood and/or plasma proteins (Kassai, 1999). Therefore, the knowledge of the nematode species present in a particular geographical area, their biology and epidemiology have important implications for the control of parasitism, particularly given the increasing problems of drug resistance in strongylid nematodes of livestock (Kaplan, 2004; Sangster, 1999; Wolstenholme et al., 2004).

Conventional coprological and immunological methods of diagnosis can be time consuming and have limitations, in terms of their sensitivity and specificity, and often do not achieve a specific diagnosis (Gasser, 2006). In particular, in the case of mixed infections, the specific detection and identification of parasites (and specific diagnosis of infection) can be laborious and time consuming using conventional methods, such as faecal egg counts (FECs) or larval culture (LC) and differentiation (Wimmer et al., 2004). Molecular techniques that rely on the amplification of nucleic acids, particularly those coupled to the polymerase chain reaction (PCR) (Saiki et al., 1988), are effective for the specific identification of parasites, and aid the diagnosis of infections from minute amounts of target template, if suitable markers are utilized. Such methods are likely to provide powerful alternative tools to traditional approaches, to underpin fundamental research into parasite epidemiology and to improve the control of parasitic disease (Gasser, 2006).

The knowledge of epidemiological factors, such as geographical and seasonal occurrence of different species of parasitic nematodes, has major implications for the control of parasitism and the development of better strategic, anthelmintic treatment regimens (Barger, 1999). For instance, in Australia, several studies have been carried out to investigate the epidemiology of livestock parasites, but there is a paucity of recent, published data for the south-eastern part of this continent; most studies were published in the 1970s (Anderson, 1972, 1973). Furthermore, published data have been based largely on the use of traditional diagnostic approaches, and no detailed epidemiological investigations of gastrointestinal nematodes of sheep have been conducted using molecular tools.

The purpose of this chapter was to (i) concisely cover the economic impact of the diseases of livestock caused by gastrointestinal strongylid nematodes; (ii) provide a background on the biology and epidemiology of these important nematodes, and to review current information on anthelmintic resistance (AR); (iii) review conventional methods for the diagnosis of strongylid nematode infections and discuss their constraints; (iv) provide an account of key molecular-diagnostic methods, with an emphasis on recent advances through the development of robotic PCR-based technology and its significance and implications.



2. ECONOMIC IMPACT OF PARASITIC DISEASES OF LIVESTOCK

The livestock industry plays a major role in the economies of many developed and developing countries. The production of livestock animals provides food, animal products (e.g. leather, hides and wool), income, employment, a source of organic fertilizer and biogas as well as draught and work power (particularly important in developing countries in which modern machinery is not affordable or available). Globally, parasite infections are associated with significant economic losses to the livestock industry (Vercruyse and Claerebout, 2001). For example, nematode infections of sheep were estimated, in 2006, to cost the Australian grazing industry 369 million dollars per annum, making these parasites one of the greatest constraints on the Australian grazing industry (McLeod, 1995; Sackett and Holmes, 2006). The economic impact of parasitic diseases differs between the developed and developing worlds. In the developing world, the greatest impact of parasitic diseases relates to direct productivity losses and lost socio-economic potential. In the developed world, on the other hand, the main impact is in the costs of control (Hawkins, 1993; Perry and Randolph, 1999) associated with the use of anthelmintics, strategic anthelmintic programmes and improved pasture utilization, which all limit the impact of parasitism at the subclinical or economical levels (Corwin, 1997). How the economic impact of parasitism should be assessed, in order to aid decisions in disease control, is a topic of debate and has been reviewed in detail (Hawkins, 1993; Perry and Randolph, 1999).

In general, to measure the effects of subclinical parasitic infections, performance parameters, such as weight gain, feed conversion, forage utilization, conception rate, calving–breeding interval, milk production and disease resistance, are employed routinely (Corwin, 1997). Parasites can

have various pathological effects on their host and may contribute to a decreased production performance (Hawkins, 1993).

Whilst lungworms, such as species of *Dictyocaulus*, *Protostrongylus* or *Muellerius*, are economically important, gastrointestinal nematodes that parasitize the abomasum, small and large intestines of ruminants are also responsible for major losses to the livestock industries (Hawkins, 1993; McLeod, 1995). Strongylid nematodes of the superfamily Trichostrongyloidea, including species of *Haemonchus*, *Ostertagia*, *Teladorsagia*, *Trichostrongylus*, and, to lesser extent, *Nematodinus* spp. are regarded to be of great importance, particularly in small ruminants (Berghen et al., 1993; Zajac, 2006). Other important gastrointestinal nematodes include species of *Oesophagostomum*, *Chabertia* and the bovine hookworm, *Bunostomum*, of which the latter two genera are regarded to be less common (Zajac, 2006). Usually, low intensities of infection do not cause a serious hazard to the health of livestock animals and may be tolerated (i.e. allowing the development of some immunity in the host), but as the numbers of worms increase, subclinical disease can manifest itself by signs of reduced appetite, weight gain, wool production and fertility, and is, therefore, of great economic importance (Fox, 1997; Zajac, 2006). These factors affect the herd productivity, the capacity to maintain and improve a herd (i.e. its health and genetic potential), human nutrition, community development and cultural issues relating to the use of livestock (Perry and Randolph, 1999). This is of particular relevance in regards to a rapidly growing human population and an associated increase in the global demand for products of animal origin, emphasizing the importance of maintaining and/or increasing the productivity of the livestock industry (Nonhebel and Kastner, 2011).



3. STRONGYLID NEMATODES OF RUMINANT LIVESTOCK

The order Strongylida includes five superfamilies: the Diaphanocephaloidea, Ancylostomatoidea, Strongyloidea, Trichostrongyloidea and Metastrongyloidea. The Strongylida are characterized by the presence of a copulatory bursa and are, therefore, referred to as bursate nematodes (Anderson, 2000). The first four of these superfamilies are monoxenous (single host) and mainly inhabit the gastric and/or intestinal tracts of their vertebrate hosts. In contrast, members of the Metastrongyloidea are almost entirely heteroxenous (multiple hosts), relying in their transmission on intermediate hosts, such as earthworms and gastropods (Anderson, 2000). Adult metastrongyloids are usually found in the lungs of their hosts, but some species can be associated with the vascular system external to the lung (Anderson, 2000).

In general, with some exceptions (e.g. *Nematodirus*), the life cycle of the most important gastrointestinal strongylid nematodes follows a similar pattern (Fig. 4.1) (Levine, 1968). Sexually dimorphic adults are present in the digestive tract, where fertilized females produce large numbers of eggs which are passed in the faeces. Strongylid eggs (70–150 μm) usually hatch within 1–2 days. After hatching, larvae feed on bacteria and undergo two moults to then develop to ensheathed third-stage larvae (L3s) in the environment (i.e. faeces or soil). The sheath (which represents the cuticular layer shed in the transition from the L2 to L3 stage) protects the L3 stage from environmental conditions but prevents it from feeding. Infection of the host occurs by ingestion of L3s (with the exception of *Nematodirus* spp., for which the infective L3 develops within the egg). During its passage through the stomach, the L3 stage loses its protective sheath and has a histotrophic phase (tissue phase), depending on species, prior to its transition into the L4 and adult

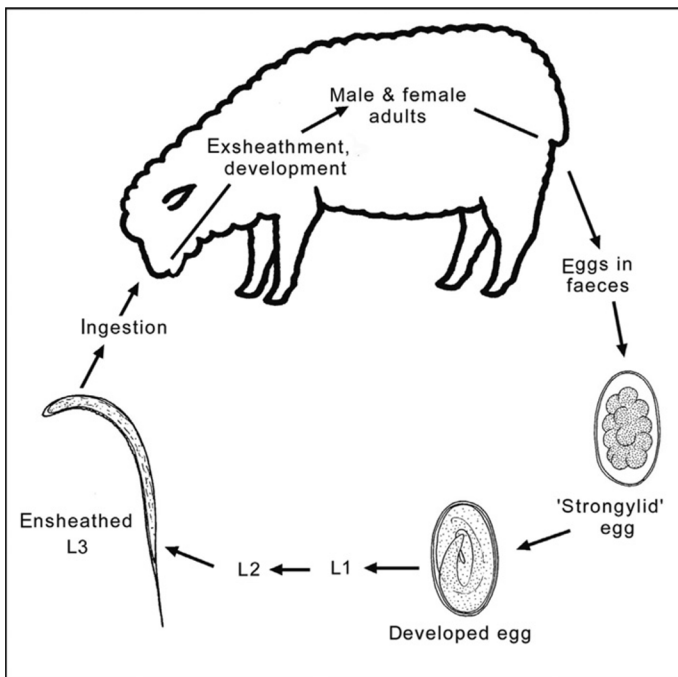


Figure 4.1 Life cycle representing gastrointestinal nematodes (order Strongylida) of small ruminants. First-, second- and third-stage larvae (L1, L2 and L3, respectively) are free-living in the environment. The fourth larval (L4) and adult stages (dioecious) are parasitic in the gastrointestinal tract of the ruminant host. Adapted from Demeler (2005).

stages (Levine, 1968). Under unfavourable conditions, the larvae undergo a period of hypobiosis (arrested development; typical for species of *Haemonchus* and *Teladorsagia*). Hypobiotic larvae usually resume their activity and development in spring in the case of *Haemonchus* or autumn in the case of *Teladorsagia*. This may be synchronous with the start of the lambing season, manifesting itself in a peri-parturient increase in FECs in ewes (Salisbury and Arundel, 1970). The peri-parturient reduction of immunity increases the survival and egg production of existing parasites, increases susceptibility to further infections and contributes to the contamination of pasture with L3s when young, susceptible animals begin grazing (Hungerford, 1990).

3.1. Key gastrointestinal nematode species of small ruminants

Of the numerous genera and species of gastrointestinal nematodes that infect small ruminants, the key representatives known to occur in Australasia are listed in Table 4.1. The major species responsible for most disease in grazing sheep are *Haemonchus contortus*, *Teladorsagia circumcincta* and intestinal species of *Trichostrongylus* (Besier and Love, 2003).

3.2. Pathogenesis and clinical signs of disease

Almost all sheep are infected with one or more gastrointestinal parasites, but the degree of severity of infection and the clinical signs associated with infections may vary considerably (e.g. Donald et al., 1978). The severity of disease is mainly influenced by factors such as the parasite species present, the number of worms present in the gastrointestinal tract, the general health and immunological state of the host, environmental factors, such as climate and pasture type, stress, stocking rate, management and/or diet (Kassai, 1999). Usually, three groups of animals are prone to heavy worm burdens: (i) young, non-immune animals; (ii) adult, immuno-compromised animals; and (iii) animals exposed to a high infection pressure from the environment (Zajac, 2006). Nematode populations in sheep are generally over-dispersed with only few sheep carrying heavy worm burdens, whilst the majority of sheep harbour low numbers of worms (Barger, 1985).

3.2.1 *Haemonchus contortus*

H. contortus is one of the most fecund strongyle nematodes; individual females are capable of producing thousands of eggs per day, which can lead to rapid larval pasture contamination and associated outbreaks of

Table 4.1 The key morphological characteristics, pre-patent periods and locations in the host of the most important genera and species of gastrointestinal nematodes infecting sheep in Australasia (Anderson, 2000; Besier and Love, 2003; Gibbons, 2010; Levine, 1968; Taylor et al., 2007)

Family	Species	Morphometrics/morphology		Pre-patent period (days)	Location in the host
		Length (mm)	Features		
Trichostrongylidae	<i>Haemonchus contortus</i>	♂ 10–20 ♀ 18–30	Red pseudocoelomic fluid and white, coiled uterus, giving a barber's pole appearance. Presence of vulvar flap depends on strain	18–21	Abomasum
	<i>Teladorsagia circumcincta</i>	♂ 7–8 ♀ 10–12	Small head and buccal cavity In females, a vulvar flap can be present	15–21	Abomasum
	<i>Trichostrongylus axei</i>	♂ 2–6 ♀ 3–8	Dissimilar spicules of unequal length	15–23	Abomasum or stomach
	<i>T. colubriformis</i>	♂ 4–8 ♀ 5–9	Equal length spicules with triangular tip	15–23	Anterior small intestine
	<i>T. vitrinus</i>	♂ 4–7 ♀ 5–8	Equal length spicules with sharp tips	15–23	Anterior small intestine
	<i>T. rugatus</i>	♂ 4–7 ♀ 6–7	Dissimilar spicules with foot-like appearance	15–23	Small intestine
	<i>Cooperia curticei</i>	♂ 4–5 ♀ 5–6	Transverse striation of cuticle in all species Watch-spring-like body posture and the presence of a small cephalic vesicle are characteristic	14–15	Small intestine

Molineidae	<i>Nematodirus spathiger</i>	♂ 10–19 ♀ 15–29	Small but distinct cephalic vesicle Very long spicules ending in a spoon-shaped terminal piece	18	Small intestine
	<i>N. filicollis</i>	♂ 10–15 ♀ 15–20	Small but distinct cephalic vesicle Long and slender spicules with a narrow lanceolate membrane	18	Small intestine
Ancylostomatidae	<i>Bunostomum trigonocephalum</i>	♂ 12–17 ♀ 19–26	Anterior end is bend dorsally Buccal capsule with is equipped with two cutting plates	40–70	Small intestine
Chabertiidae	<i>Oesophagostomum columbianum</i>	♂ 12–16 ♀ 14–18	Have two leaf crowns and a shallow buccal capsule. Position of cervical papillae used for species differentiation	40–45	Large intestine
	<i>Oe. venulosum</i>	♂ 11–16 ♀ 13–24	Cervical papillae are situated posterior to the oesophagus	40–45	Large intestine
	<i>Chabertia ovina</i>	♂ 13–14 ♀ 17–20	Mouth is directed antero-ventrally Buccal capsule is subglobular without teeth	42–50	Large intestine

haemonchosis (Levine, 1968). In sheep, the pre-patent period of *H. contortus* is 18–21 days; adult worms are short-lived, surviving in their hosts for only a few months. The main pathogenic effects are caused by the L4s and adults, which both feed on blood, causing severe anaemia which usually becomes apparent after two weeks of infection (Baker et al., 1959). Acute disease is usually intensity-dependent and is associated with signs of haemorrhagic anaemia, dark-coloured faeces, oedema, weakness, reduced production of wool and muscle mass, or sometimes sudden death. In cases of chronic disease, decreased food intake, weight loss and anaemia are most commonly observed (Kassai, 1999). Unlike many other gastrointestinal parasites, *H. contortus* is not a primary cause of diarrhoea, and its effects on a flock are often not readily detected by routine observation (Zajac, 2006).

3.2.2 *Teladorsagia circumcincta*

Females of *Te. circumcincta* are less fecund than *H. contortus*, with an average egg production of 100–200 eggs per female per day (Cole, 1986). *Teladorsagia* does not feed on blood, and the main pathogenic effects are caused by its larval stages. Larval development takes place in the gastric glands, leading to nodule formation in abomasal mucosa and extensive damage to parietal cells, in turn causing a decrease in hydrochloric acid production (Levine, 1968). Subsequently, the increase in abomasal pH causes a failure of pepsinogen to convert to the active form, pepsin, which results in elevated plasma pepsinogen levels and reduced protein digestion. The severity of the infection depends on concurrent infections, nutritional state of the host and also the ability to develop an immunogenic response (Stear et al., 2003). Commonly, moderate or subclinical infections occur, causing diarrhoea, poor weight gain, weight loss and reduced wool production (Zajac, 2006).

3.2.3 *Trichostrongylus* species

Species of *Trichostrongylus* represent an important group of parasites of grazing small ruminants. These parasites occur in the small intestine and mainly exert their pathogenic effects in lambs and weaners, but have also been reported to cause a significant depression of wool growth in old animals (Donald et al., 1978). In Australia, the three most common species are *Trichostrongylus colubriformis*, *Trichostrongylus vitrinus* and *Trichostrongylus rugatus* (see Beveridge et al., 1989a). The main pathogenic effects are caused by the exsheathed L3s of *T. vitrinus*, which burrow between the intestinal villi and lead to the formation of sub-epithelial tunnels (Beveridge et al., 1989b). Young nematodes developing in these tunnels are released

10–12 days following infection. The liberation of young adults is associated with extensive damage to the duodenal mucosa and with signs of generalized enteritis, including haemorrhage, oedema and plasma protein loss into the intestinal lumen, and subsequent hypoalbuminaemia and hypoproteinaemia (Taylor et al., 2007). Infections with *Trichostrongylus* are often difficult to distinguish from malnutrition in the case of low-intensity infections (Taylor et al., 2007) but, if present at high numbers, cause protracted watery diarrhoea which stains the fleece of the hindquarters “black scours” (Levine, 1968). *Trichostrongylus axei*, which inhabits the abomasum, is less common and occurs usually in smaller numbers (Donald et al., 1978).

3.2.4 Other species of veterinary significance

Cooperia curticei, *Nematodirus spathiger*, *N. fillicollis*, *Oesophagostomum venulosum* are common parasites of the small and/or large intestine, whilst *Chabertia ovina* and the hookworm, *Bunostomum trigonocephalum*, are less common (Zajac, 2006). Individually, these species have relatively low pathogenicity, but may contribute to PGE in grazing small ruminants. *Nematodirus battus* is of particular pathogenic significance in some temperate areas, such as the British Isles, where the mass-hatching of infective L3s occurs during spring, causing disease of young lambs (Taylor and Thomas, 1986); however, this species of *Nematodirus* has not been reported in Australasia.



4. SOME GENERAL ASPECTS OF THE EPIDEMIOLOGY OF GASTROINTESTINAL NEMATODES OF LIVESTOCK

In general terms, infectious diseases can be transmitted horizontally (from one animal to another) or vertically (from one generation to the next). Horizontal transmission can occur either directly or indirectly (Thrusfield, 2005). In the case of gastrointestinal nematodes infecting sheep, transmission occurs exclusively horizontally and directly and can be captured as a relationship among the parasite, host and environment (Fig. 4.2) (Levine, 1968). Various factors linked to this relationship determine the type and severity of infection, and many interactions occur among these components. Host-related factors include species, genotype, age, sex and immunity; parasite-related factors include life history, duration of the histotrophic phase, survival of larvae in the environment and their location in the host; environmental factors include climate, weather, season, type of vegetation and microclimate. The interactions between host and parasite

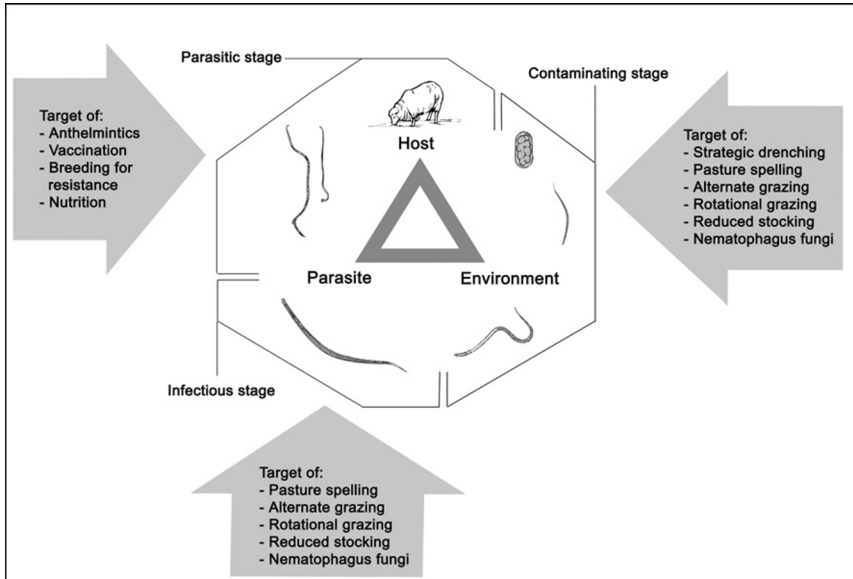


Figure 4.2 Relationship among host, parasites and environment, and factors that affect parasite control. Adapted from *Gordon (1948)*, *Levine (1968)* and *Donald et al. (1978)*.

mainly determine the potential for disease to occur and the pattern/course of infection, whereas the interaction between host–environment and parasite–environment influence disease transmission (*Levine, 1968*). In addition, the relationship among host (e.g. genotype), parasites and the host microbiome (particularly at the infection site) could play a key role in governing parasite burdens, disease progression and also disease transmission, and warrants detailed investigation.

Regional differences in climate have major effects on the epidemiology of nematode infections and their geographical distribution (*Beveridge et al., 1989a; Cole, 1986; De Chanee and Dunsmore, 1988*). Because species distributions and the seasonal availability of different parasites are largely determined by their ecological needs (e.g. for the successful development of their free-living stages), environmental conditions, in particular temperature and relative humidity, are of major importance (*Beveridge et al., 1989a; O'Connor et al., 2006*) (*Table 4.2*). Thus, climate impacts directly on the distribution of parasites. However, there are other exogenous factors, such as anthelmintic treatment regimens or host movement, which can influence the distribution and prevalence of these parasitic nematodes in a particular geographical environment (*Blouin et al., 1995; Gordon, 1948*).

Table 4.2 Key features of major trichostrongylid nematodes of sheep and environmental influences on survival

Nematode species	Life-cycle stage			
	Unembryonated egg	Embryonated egg	Pre-infective larvae	Infective larvae
<i>H. contortus</i>	High susceptibility to cold and desiccation. High mortality <10 °C.	Susceptible to cold and desiccation. Low hatching in the absence of moisture and/or <10 °C.	High susceptibility to cold and desiccation.	Optimum survival under warm and moist conditions. Poor survival in dry climates (warm or cool) and sub-freezing winter.
<i>T. colubriformis</i>	Intermediate susceptibility to cold and desiccation. High mortality <5 °C.	Intermediate susceptibility to cold. Low susceptibility to desiccation.	Susceptible to cold and desiccation. High mortality <5 °C.	Optimum survival under warm or cool moist conditions. Poor survival over sub-freezing winters.
<i>Te. circumcincta</i>	Low susceptibility to cold. Intermediate susceptibility to desiccation. High egg viability at 0–10 °C.	Low susceptibility to cold and desiccation. Hatching <5 °C.	Intermediate susceptibility to cold. Susceptible to desiccation.	Optimum survival under cool moist conditions and sub-freezing winters. Poor survival under warm, dry conditions.

Adapted from O'Connor et al. (2006).

4.1. Distribution of trichostrongylids of sheep according to climate zone

H. contortus is regarded as the most important nematode species in tropical (between 23.5N° and 23.5S°) and subtropical climates (north of 23.5N° and south of 23.5S°), where usually warm temperatures and summer-dominant or uniform rainfall favour the development of this species

(O'Connor et al., 2006). In cool, temperate zones (between latitudes 45° and 65°), conditions throughout most of the year are limiting for the development of *H. contortus*, because its free-living stages are susceptible to low temperatures and desiccation (O'Connor et al., 2006). In the United States, for example, the climate is most suitable for *H. contortus* in the south-eastern to north-eastern and mid-western states, whilst in the western part of the country cold winters and dry summers reduce the success of this species (see Zajac, 2006). *Trichostrongylus* and *Teladorsagia* are more dominant in winter and uniform rainfall zones, because of their resistance to desiccation and their ability to develop at lower environmental temperatures (Beveridge et al., 1989a; Donald et al., 1978; Young and Anderson, 1981). In Mediterranean regions (between latitudes 30° and 40°), cool and wet winters favour the development of free-living stages of *Teladorsagia* and *Trichostrongylus*, whilst hot and dry summer conditions cause a decrease in larval pasture contamination (O'Connor et al., 2006). For example, in western regions of the United States, arid summers reduce the transmission rate of most gastrointestinal nematodes, and PGE is usually less important than in the eastern part of the United States (Zajac, 2006). In temperate zones (>40°), the cooler environment creates a perfect climate for *Teladorsagia* and *Trichostrongylus*, and peak infections occur during summer and autumn (O'Connor et al., 2006). In warmer temperate zones, such as in south-eastern Australia, where milder winters prevail, peak infections occur in late winter to early spring (Brunsdon, 1980). In the tropics and subtropics, these two genera may be prevalent, but extend to regions with cooler, humid early spring or late autumn conditions (O'Connor et al., 2006). The three most common intestinal species of *Trichostrongylus*, namely *T. vitrinus*, *T. colubriformis* and *T. rugatus*, may occur sympatrically, but usually one species predominates in a particular geographical region and/or season (De Chaneet and Dunsmore, 1988). *T. vitrinus* predominates in lambs in Britain (Parnell et al., 1954), northern Europe (Eysker, 1978) or in the winter rainfall environments of south-eastern Australia (Anderson, 1972). *T. colubriformis* is most prevalent in North America (Levine, 1968), East and South Africa (Grant, 1981) and in the summer rainfall zones of eastern Australia (Southcott et al., 1976). In uniform rainfall zones of eastern Australia and in New Zealand, *T. colubriformis* and *T. vitrinus* occur together, but which species predominates depends on the season (Brunsdon, 1970; Waller et al., 1981). *T. rugatus* is most common in arid climates of South Africa or the inland of Australia (De Chaneet and Dunsmore, 1988).



5. THE CONTROL OF GASTROINTESTINAL NEMATODES AND ANTHELMINTIC RESISTANCE (AR)

Various approaches are used for the control of gastrointestinal helminths of livestock (Fig. 4.2). These are based on three basic principles (Hoste and Torres-Acosta, 2011):

- i. The first principle is to reduce the exposure of the host to the infective stages (L3s), mainly achieved by strategies of grazing management (e.g. rotational grazing, alternate grazing, pasture-spelling and/or reduced stocking rates).
- ii. The second principle targets the development of a more favourable response of the host to gastrointestinal parasite infection (e.g. achieved through vaccination, improved nutrition, genetic selection of hosts and breeding for resistance).
- iii. The third principle directly targets the elimination of worms from their hosts through the administration of conventional (synthetic formulations) or non-conventional (plant or mineral) anthelmintic compounds.

Following the introduction of phenothiazines in the 1950's, the control of gastrointestinal parasites has been achieved using chemical anthelmintics (Hoste and Torres-Acosta, 2011) and still predominantly relies on the treatment with broad-spectrum parasiticides, including the benzimidazoles (BZs), macrocyclic lactones (MLs) and imidazothiazoles/tetrahydropyrimidines (LVs) (Besier and Love, 2003) (Table 4.3). Although there has been a recent breakthrough with the development of a new drug, monepantel, from an alternative compound class (amino-acetonitrile derivatives) (Kaminsky et al., 2008), success in the discovery of new anthelmintics, more generally, has been extremely limited over the past two decades (Kaplan, 2004).

The frequent and often uncontrolled use of these drugs has led to widespread problems with AR in parasites of livestock (Taylor, M.A., Learmount, J., Lunn, E., Morgan, C., Craig, B.H., 2009). AR in parasites of veterinary importance has emerged as a major bionomic and economic problem worldwide, being currently most severe in parasitic nematodes of small ruminants (von Samson-Himmelstjerna, 2006; Waller, 1994, 1997). For instance, in Australia, it has been proposed that the prevalence and extent of resistance to all major classes of broad-spectrum anthelmintics is so widespread that it threatens the profitability of the entire sheep industry

Table 4.3 Main anthelmintics used for the treatment of nematode infections in livestock; their mode of action (if known) and proposed mechanisms of resistance

Anthelmintics	Understood mode of action	Proposed mechanisms of resistance	References
Benzimidazoles	Bind to β -tubulin and prevent the formation of microtubules. Causes the inhibition of glucose uptake, protein secretion and microtubule production, leading to starvation of the parasite.	Mutations in the β -tubulin gene causing structural changes in β -tubulin. As a consequence the drug can no longer bind to its target site.	Lacey (1988) Winterrowd et al. (2003)
Imidazothiazoles/ tetrahydropyrimidines	Mimic the action of acetylcholine causing spastic paralysis of the worms. Paralyzed worms are expelled by normal gut peristalsis leading to rapid removal of present worms.	Poorly understood, possible involvement of structural changes in the nicotinic acetylcholine receptor preventing the binding of the drug. Also proposed have been changes in the sensitivity of the receptor towards acetylcholine which can lead to a cross-resistance with organophosphates.	Richmond and Jorgensen (1999) Robertson et al. (1999) Martin et al. (2003) Martin and Robertson (2007)
Macrocyclic lactones (avermectins/ milbemycins)	Causes an opening of glutamate-gated chloride channels (GluCl). This leads to an increased Cl^- ion influx into nerve cell causing flaccid paralysis of the worm.	Poorly understood, possible involvement of: Mutations in P-glycoprotein gene could cause a gain-of-function leading to a more rapid removal of the drug from the parasite. Selection at glutamate- and γ -aminobutyric-acid-gated chloride channels.	Blackhall et al. (1998) Blackhall et al. (2003) Kerboeuf et al. (2003)
Amino-acetonitrile derivatives	The hypothesized mode of action involves a nematode-specific clade of acetylcholine receptor subunits.	Full or partial loss of the gene which encodes the particular type of acetylcholine receptor.	Kaminsky et al. (2008)
Cycloocta- depsipeptides (emodepside/ PFIO22A)	Binds to a presynaptic latrophilin receptor in nematodes.		Harder et al. (2003) Harder et al. (2005) von Samson-Himmelstjerna et al. (2005)

(Besier and Love, 2003). However, Larsen et al. (2006) showed that, despite widespread problems of drug resistance, farm productivity can be maintained or increased if sound farm management practices are put in place, emphasizing the need for integrated approaches of worm control.

Although there is hope for new, effective anthelmintics, there is also a major need to preserve those that we currently have at our disposal. Hence, monitoring the drug-susceptibility and -resistance status of strongylid nematode populations in livestock must be a high priority and should be an important component of integrated management strategies. Various methods, such as faecal egg count reduction test (FECRT) and egg hatch and larval development assays, have been used for estimating levels of drug-susceptibility/resistance in strongylid nematodes of small ruminants, cattle and horses (Coles et al., 1992) (Table 4.4).

Most recent advances in the diagnosis of AR have focused on the implementation of a standardized protocol for the egg hatch test (von Samson-Himmelstjerna et al., 2009) and the development and standardization of a larval migration inhibition test (Demeler et al., 2010a). However, many of these assays can be very time consuming to carry out, suffer from a lack of reliability and sensitivity as well as reproducibility of results (Taylor et al., 2002). Therefore, novel approaches of AR diagnosis are needed.

Molecular methods have been proposed to provide new alternatives to the most commonly applied *in vivo* and *in vitro* techniques for the diagnosis of AR and might be capable of overcoming some of their limitations (Beech et al., 2011; Demeler et al., 2010a,b; von Samson-Himmelstjerna, 2006). Critical to the development of molecular-diagnostic assays for AR is the in-depth knowledge of the mode of action of these chemicals, their target sites and mutations in the genome of parasitic helminths linked to a reduced susceptibility to these drugs (Beech et al., 2011; von Samson-Himmelstjerna, 2006; Wolstenholme et al., 2004). However, although the molecular basis of mechanisms of AR is currently best understood for BZ anthelmintics, concise information for other classes of broad-spectrum anthelmintics is far less elucidated (Taylor et al., 2002). In the case of BZ, a single-nucleotide polymorphism (SNP) at codon 200 of the β -tubulin isotype 1 is currently believed to be most closely linked to BZ resistance (Wolstenholme et al., 2004) and has been demonstrated in resistant strains of *H. contortus* (see Geary et al., 1992), *T. colubriformis* (see Silvestre and Humbert, 2002) and *Te. circumcincta* (see Elard and Humbert, 1999) in sheep. At least two more SNPs at position 167 and 198 have been identified, but appear to be less common amongst different species of trichostrongylid

Table 4.4 Summary of *in vivo* and *in vitro* tests currently used for the diagnosis of anthelmintic resistance in gastrointestinal nematodes of livestock, and their principles and limitations

	Assay	Principle	Comments and existing limitations	References
<i>In vivo</i>	Faecal egg count reduction test	Provides an estimate of anthelmintic efficacy by comparing faecal egg counts from sheep before and after treatment. Resistance is declared if reduction in the number of eggs counted is <95% and the lower confidence interval for the percentage of reduction is below 90%.	<ul style="list-style-type: none"> – Does not accurately estimate the efficacy of an anthelmintic to remove worms. It rather measures the effects on egg production by mature female worms. – Different anthelmintics require sample collection at different time intervals. – No agreed standard for faecal egg count method or for the calculation of reduction. – Results can be inconclusive due to low analytical sensitivity of the technique. – Different results in repeated experiments. – Does not provide species specific information if undifferentiated. Larval culture required for further differentiation 	Martin et al. (1985) Presidente (1985) Coles et al. (1992) Jackson (1993) Grimshaw et al. (1996) McKenna (1996, 1997, 2006) Taylor et al. (2002) Coles et al. (2006) Miller et al. (2006) Dobson et al. (2009) Levecké et al. (2011)
	Controlled test	Involves the infection of worm free sheep. Infective larvae (of susceptible and resistant strains) are inoculated together with the tested anthelmintic at 0.5, 1 and 2 times the recommended dose. Resistance is declared if reduction in geometric mean worm counts is less than 90% or greater than 1000 worms surviving treatment.	<ul style="list-style-type: none"> – This test is considered the most reliable method. – Rarely used because of high costs due to labour requirements and animals that need to be necropsied. 	Presidente (1985) Taylor et al. (2002)

<i>In vitro</i> Egg hatch test	<p>Known numbers of undeveloped eggs are incubated in serial dilutions of the anthelmintic.</p> <p>The percentage of eggs that hatch at each concentration is then determined and the dose response calculated for the different concentrations of the drug tested (calculated as ED₅₀ = the concentration of drug required to kill 50% of eggs).</p>	<ul style="list-style-type: none"> - Was developed for benzimidazoles (thiabendazole) which prevents nematode eggs from embryonation and hatching. Therefore, determined ED₅₀ values are variable, depending on the counting method, by counting either only hatched larvae or hatched larvae and embryonated eggs. - Different ED₅₀ values can be determined throughout the course of infection, thus providing an inconclusive result. - Day-to-day variation in calculated levels of resistance may be observed. - Technique lacks sensitivity to detect levels of resistance <25%. - False-positive results can be obtained if eggs are used that have advanced their development past the ventral indentation stage. - Test results can be influenced by the water used (mainly its calcium, magnesium and phosphorus concentration) and the method of preparing the anthelmintic solution. 	<p>Le Jambre (1976) Boersema (1983) Weston et al. (1984) Borgsteede and Couwenberg (1987) Kerboeuf and Hubert (1987) Martin et al. (1989) Scott et al. (1989) von Samson-Himmelstjerna et al. (2009)</p>
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Continued

Table 4.4 Summary of *in vivo* and *in vitro* tests currently used for the diagnosis of anthelmintic resistance in gastrointestinal nematodes of livestock, and their principles and limitations—cont'd

Assay	Principle	Comments and existing limitations	References
Larval paralysis test	<p>Infective third-stage larvae are incubated for 24 h in serial dilutions of the anthelmintic.</p> <p>After 24 h the percentage of paralysed larvae is determined at each concentration of the drug and a dose response line is plotted and compared to known reference strains.</p>	<p>– Repeatability of this method is uncertain.</p>	<p>Martin and Le Jambre (1979) Boersema (1983) Geerts et al. (1989) Sutherland and Lee (1990)</p>
Larval motility test	<p>Measures the motility of larval and adult nematodes after incubation together with dilutions of anthelmintics. A motility index is then calculated by a computer.</p>	<p>– Was reported to be not suitable to detect levamisole resistance.</p>	<p>Bennett and Pax (1986, 1987) Coles et al. (1989) Gill et al. (1991)</p>
Migration test	<p>Adult worms are used to differentiate between susceptible and resistant nematode strains.</p> <p>Worms are incubated for 30 min in anthelmintic dilutions and then transferred to migration chambers where their ability to migrate through a polyamide net is evaluated.</p> <p>A dose response is plotted based on the inhibited migratory capacity.</p>	<p>– Requires adult worms collected from their host at necropsy.</p>	<p>Petersen et al. (1997, 2000)</p>

Larval development test

Nematode eggs are cultured to the third-larval stage in the presence of a food source (*E. coli* or yeast extract and the anthelmintic to be tested).
Larvae affected by the anthelmintic fail to develop to the third-stage larvae, expressed as LD₅₀ (=the concentration of the drug required to kill 50% of larvae).

- Currently, only standardized for the detection of benzimidazole and levamisole resistance in sheep parasitic nematodes.
- Restricted in terms of labour and time requirements.

Coles et al. (1988)
Giordano et al. (1988)
Taylor (1990)
Gill et al. (1995)
Gill and Lacey (1998)
Demeler et al. (2010a, 2010b)

nematodes (Beech et al., 2011; Wolstenholme et al., 2004). Besides the sequence changes in β -tubulin, which are currently believed to be the major cause of BZ resistance, more recent investigations have also suggested a link to the drug transporter P-glycoprotein, which plays a role in the transport of the anthelmintic away from its site of action and may also select for resistance to MLs (Beech et al., 2011).

Based on the current knowledge of the mechanism of AR to BZ anthelmintics, conventional, allele-specific PCRs were developed to determine the genotype of adult worms of *H. contortus* (see Kwa et al., 1994) and *Te. circumcincta* (see Elard and Humbert, 1999). This work was further extended by Silvestre and Humbert (2000) by combining the previously described PCR assays with a RFLP procedure, which allowed the phenetic characterization and identification of L3s of *H. contortus*, *T. colubriformis* and *Te. circumcincta*. Alvarez-Sanchez et al. (2005) designed a real-time PCR (RT-PCR) method to determine the allele frequency of β -tubulin isotype 1 (codon 200) in nematode DNA samples. As stated by the authors, the diagnosis of BZ resistance using this assay showed a significant agreement with phenotypic tests, such as the egg hatch test and the faecal egg count reduction test, and allowed the analysis of allele frequencies in DNA samples from pooled larvae (von Samson-Himmelstjerna, 2006).

Despite these developments, there has been no assessment of the suitability of these assays for applications to field samples containing mixed species of gastrointestinal parasites, which limits their practical utility at this stage. Furthermore, all currently employed molecular assays involve adult nematodes (only available through necropsy of the host) or infective L3s (requires culturing of eggs for 7–10 days), but none of the existing assays has yet been assessed for the detection of AR directly from (mixed populations of) eggs, which would significantly reduce the time required for diagnosis. In contrast to the BZs, the molecular mechanisms associated with resistance to LEV and ML anthelmintics are not yet understood in detail, and recent research has suggested that in both cases multiple genes (Beech et al., 2011) are involved in resistance and that resistance is often the result of changes in the parasite other than the immediate drug target, including transporters and drug metabolism (Cvilink et al., 2009). Consequently, the polygenic nature of resistance to these anthelmintics and the lack of reliable or universal markers represent a major obstacle to the development of molecular-diagnostic tools for AR. No molecular test is yet available for these two groups of broad-spectrum anthelmintics.



6. TRADITIONAL METHODS FOR THE DIAGNOSIS OF STRONGYLID NEMATODE INFECTIONS AND THEIR LIMITATIONS

Different species of nematodes can be variable in their pathogenicity, seasonal and geographical distribution and susceptibility towards different anthelmintics. Therefore, the accurate diagnosis of infections and the detailed knowledge of which parasites are present in a particular geographical environment are of major importance. Such information directly supports parasite control strategies and is of relevance for investigations into parasite biology, ecology and epidemiology.

6.1. Validation of diagnostic tests

The validation of a diagnostic test involves the determination of basic parameters (Table 4.5) and can be achieved in five steps (Table 4.6) (OIE, 2004). As a first step, a test suitable for a particular use has to be selected, developed and optimized. Subsequently, validation parameters have to be determined, such as analytical sensitivity and analytical specificity (Conraths and Schares, 2006). Following this initial assessment, the diagnostic sensitivity and specificity are determined by examining a larger number of samples for which the true disease or infection status of the animals being tested is known (determined by a ‘gold standard’). After a test has been evaluated, it may be considered validated (Conraths and Schares, 2006). However, a continuous monitoring of test performance during routine application is advisable.

6.2. Diagnosis in the live animal

Various methods are employed for the *ante mortem* diagnosis of gastrointestinal nematode infections. The most commonly employed methods are based on the observation of clinical signs indicative of disease, microscopic examination of faeces from infected hosts, biochemical and/or serological diagnostic approaches. However, widespread standardization of many laboratory techniques, including FECs or LCs, does not exist, and most diagnostic, research and teaching facilities apply their own modifications to published protocols (Kassai, 1999). Although these techniques are regarded to be standard diagnostic procedures, there is a lack of detailed studies of diagnostic performance, including the diagnostic sensitivity, specificity and/or repeatability.

Table 4.5 Important validation parameters used in the assessment of diagnostic tests (Conraths and Schares, 2006; Pfeiffer, 2010; Thrusfield, 2005)

Term	Definition	Method of assessment
Sensitivity	The proportion of animals with the disease and which test positive.	Assessment of these two parameters requires an independent, valid criterion termed a 'gold standard' used to define the true disease status of an animal.
Specificity	The proportion of animals without the disease and which test negative.	
Agreement	The agreement in results between two diagnostic tests, with one of the tests being a generally accepted diagnostic method.	Frequently assessed by the Kappa test, which measures the proportion of agreement beyond that to be expected by chance.
Accuracy	Refers to the concordance between test results and the 'true' clinical state.	Depends on the number of 'false-positives' and 'false-negatives', in comparison with the true infection state as determined by the 'gold standard'.
Reliability	The extent to which test results are consistent in repeat experiments.	This includes the assessment of repeatability, reproducibility, inter- and intra-assay variability. Repeatability assessment can be done by running the test two or more times on the same samples in the same laboratory under the same conditions. Additionally, the intra-assay variability (between replicates within the same run) and inter-assay variability (replicates between different runs) can be assessed. Reproducibility can be assessed in the same manner as described before, and assessed between different laboratories.

6.2.1 Diagnosis based on clinical signs of disease

Disease caused by gastrointestinal nematodes manifests itself in a variety of clinical signs, including scouring, anaemia, loss of body condition and in severe cases death (Hungerford, 1990). The type and degree of clinical manifestation are also influenced by factors, such as the species of worms

Table 4.6 Stages of test validation
Stages of test validation

1. Feasibility studies
2. Assay development and standardization
 - optimization of reagents, protocols and equipment
 - preliminary estimate of repeatability
 - determination of analytical sensitivity and specificity
3. Determination of assay performance characteristics
 - diagnostic sensitivity and specificity
 - repeatability and reproducibility
4. Monitoring the validity of assay performance
5. Maintenance and enhancement of validation criteria

Adapted from [Conraths and Schares \(2006\)](#).

involved, the present worm burden, the plane of nutrition and reproductive/immunological status of the host animal ([Hungerford, 1990](#); [Levine, 1968](#)). To aid the diagnosis of gastrointestinal nematode infections, a number of approaches have been developed for the interpretation of clinical signs linked to PGE. These approaches include, for example, body condition- ([Russel et al., 1969](#)), ‘dag’- ([Larsen et al., 1994](#)) or anaemia-scoring ([van Wyk and Bath, 2002](#)). Although useful as indicators for PGE, with applicability on a farm level, these approaches are subjective and lack specificity, as clinical signs can relate to an extremely wide range of diseases and problems affecting the host ([van Wyk and Bath, 2002](#)).

6.2.2 Faecal egg counts

The enumeration of eggs in faeces is the most common method for the diagnosis of gastrointestinal nematode infections and is routinely employed in parasitology. The technique is inexpensive, easy to perform and does not require specialized instrumentation, which makes it suitable for use in most diagnostic settings and countries. Important applications of this method include estimating infection intensity ([McKenna, 1987](#); [McKenna and Simpson, 1987](#)), determining the degree of contamination with helminth eggs ([Gordon, 1967](#)), assessing the effectiveness of anthelmintics ([Waller et al., 1989](#)), determining the breeding value of an animal when selecting for worm resistance ([Woolaston, 1992](#)), and guiding control and treatment decisions ([Brightling, 1988](#)).

This method involves mixing faeces with a high-density solution (e.g. saturated sucrose, sodium chloride or sodium nitrate) to float parasite eggs

(with the exception of trematode eggs) on the surface of the suspension. An aliquot of this suspension is withdrawn to count the eggs present and to then extrapolate the number to the volume of faeces used (in eggs per gram, EPG). Different methods have been developed for this purpose, such as the direct centrifugal flotation method (Lane, 1922), the Stoll dilution technique (Stoll, 1923), the McMaster method (Gordon and Whitlock, 1939) and the Wisconsin flotation method (Cox and Todd, 1962), of which the McMaster method is most widely used (Nicholls and Obendorf, 1994). For decades, numerous modifications of these methods have been described (Levine et al., 1960; Raynaud, 1970; Roberts and O'Sullivan, 1950; Whitlock, 1948), and most teaching and research institutions apply their own modifications to existing protocols (Kassai, 1999). Many of these modifications make use of different flotation solutions, sample dilutions and counting procedures, which achieve varying sensitivities and can complicate the comparison of FECs between laboratories. These inconsistencies make a pooled data analysis or retrospective studies of results between laboratories virtually impossible. The choice of flotation solution, sample dilution and volume examined can have a significant impact on the results obtained using this approach (Cringoli et al., 2004); similarly, biological factors can also limit the interpretation of these results, as described in the following.

Fecundity. The biotic potential of different species of trichostrongylid nematodes varies (Gordon, 1981), and parasite density and immune-mediated 'control' by the host have been shown to influence the egg production of female worms in different species (Rowe et al., 2008; Stear and Bishop, 1999). The diagnostic value of FECs to estimate worm burdens for the highly fecund nematode species, *H. contortus*, has been shown (Le Jambre et al., 1971; Roberts and Swan, 1981). However, the correlation between FECs and worm burdens is much lower for genera with a low fecundity, such as species of *Teladorsagia* (*Ostertagia*) (Martin et al., 1985), *Trichostrongylus* (Sangster et al., 1979) and *Nematodirus* (Martin et al., 1985; McKenna, 1981).

Water content of faeces. Samples intended for faecal analysis can be of varying consistencies, being soft to watery (diarrhoeic) or hard and desiccated (mostly from animals following transport and without access to food or water) (Gordon, 1953, 1981). These aspects are of importance, as the water content of the sample can either dilute or concentrate the numbers of eggs determined from 1 g of faeces, depending on the actual amount of dry matter (Le Jambre et al., 2007).

Storage of faeces. For practical reasons, faecal material requires proper storage prior to coprological examination. Storage conditions are of importance because they can cause a reduction in egg numbers. An artefactual reduction in FECs occurs primarily due to hatching of eggs or biological degradation (Nielsen et al., 2010). To circumvent this problem, different strategies, such as chemical preservation (Whitlock, 1943), airtight storage (Rinaldi et al., 2011) or refrigeration (Nielsen et al., 2010), have been recommended. Additional considerations are that FECs (i) only reflect patent but not pre-patent infections (Thienpont et al., 1986), (ii) do not provide any information regarding male or immature worms present (McKenna, 1981) and (iii) can be influenced by variation in times of egg excretion by adult worms (Villanua et al., 2006), age of the worm population and/or the immunity, age and sex of the host (Thienpont et al., 1986). Although there are morphological differences between the eggs of socio-economically important nematodes (Georgi and McCulloch, 1989), specific identification cannot be achieved by routine microscopy (with few exceptions, such as *Nematodirus* spp.) (Lichtenfels et al., 1997).

Therefore, FECs alone should not be used to make a diagnosis or guide treatment decisions, but should be interpreted in conjunction with information about the nutritional status, age and management of sheep in a flock (McKenna, 2002). However, according to common practice, an FEC of ≥ 200 EPG is regarded to indicate a significant worm burden and is used as basis for the decision for anthelmintic treatment (www.wormboss.com.au). The value of FEC results also depends on the hosts and/or parasite species involved. For example, FEC results for adult cattle are of limited diagnostic value, as they do not usually correlate with worm burden (McKenna, 1981); FECs in cattle are usually low and require more sensitive flotation techniques than for sheep (Mes et al., 2001); for species of *Nematodirus*, egg counts are also regarded to be of limited value, as most damage is caused by the immature stages before egg-laying commences (McKenna, 1981). In addition, the low sensitivity of FEC techniques, being in the range of 10–50 EPG for the McMaster technique, represents a limitation in relation to the diagnosis of AR by FECRT (Levecke et al., 2012).

Although it is unlikely that some of the current limitations of FEC will be resolved in the near future (i.e. those which relate to the fecundity of the nematodes), some recent developments have been made towards improving the procedure. Attempts have been made by the World Association for the Advancement of Veterinary Parasitology (WAAVP) to implement FEC protocols for the assessment of AR in different species of animals (Coles

et al., 2006). Lectin staining for the identification of *H. contortus* eggs (Palmer and McCombe, 1996), computerized image recognition of strongylid eggs (Sommer, 1996) and automated egg counting (Mes et al., 2007) are interesting developments towards improved species identification and differentiation. However, the suitability of the latter two approaches needs rigorous assessment for routine applications because of their technical complexity. With the development of FECPAK, a diagnostic test-kit containing the necessary equipment for coproscopic examination (www.techiongroup.co.nz), efforts have been made to enable sheep farmers to carry out FECs themselves. However, the implementation of such a system requires a significant level of cooperation by farmers, adequate training and integrated quality assurance to ensure that correct diagnoses are made (McCoy et al. 2005). Despite the provision of training courses for farmers, many difficulties in the differentiation of structures observed during coproscopy were encountered for inadequately trained farm employees, limiting the value of the results obtained (McCoy et al., 2005). The development of the FLOTAC egg counting method (Cringoli et al., 2010), seems to be promising. Once validated for different host and parasite species, this method may deliver FECs with increased sensitivity (i.e. 1 EPG) and might represent an alternative to current flotation techniques.

6.2.3 Larval culture

To aid the identification of different nematode genera present in mixed infections, faecal culture methods have been developed to identify first-stage (L1) or infective L3s of strongylid nematodes. The most commonly used methods involve the incubation of faecal material, in order to produce infective L3s for subsequent morphological differentiation. Currently, a number of protocols have been published which differ in the temperatures, times and media used for culture and the approach of larval recovery (Dinaburg, 1942; Hubert and Kerboeuf, 1984; MAFF, 1986; Roberts and O'Sullivan, 1950; Whitlock, 1956). Probably, the most widely employed protocol suggests incubation at 27 °C for 7 days (MAFF, 1986).

However, studies investigating the ecology and developmental requirements of various species of gastrointestinal nematodes infecting livestock (Beveridge et al., 1989a; O'Connor et al., 2006) have shown that different species of strongylid nematodes require different conditions, such as environmental temperature and relative humidity, to enable adequate development. This is particularly important to consider when LC results are used to estimate the contribution of different species to mixed infections.

One culture protocol is likely to favour the development of one species over others (Dobson et al., 1992). For instance, Whitlock (1956) observed that culture conditions (27 °C for 7 days) are suitable for most species, but that the free-living stages of *Teladorsagia* (*Ostertagia*) species develop better at somewhat lower temperatures. This statement was supported by the findings of Dobson et al. (1992) who demonstrated that the developmental success of the infective larvae in faecal cultures was lower for *Te. circumcincta* than for *T. colubriformis* when cultured alone or concurrently, thus indicating that LCs are unreliable for estimating the contribution of individual species in mixed infections. Similar observations were made by Berrie et al. (1988) for the bovine parasites *Haemonchus placei*, *Oesophagostomum radiatum* and *Cooperia pectinata*. In this study, these authors observed that the recovery of larvae of *H. placei* was significantly lower compared with the other two species under the same culture conditions. Based on their findings, the authors stated that faecal culture and subsequent larval differentiation are unsuitable for an accurate estimation of the proportions of individual species in mixed infections and can only be used to provide an indication of the species present (Berrie et al., 1988).

Further variability in the results obtained from LCs have been attributed to differences in the composition of the culture medium used, which influences the moisture, oxygen availability and/or pH that larvae encounter during their development (Hubert and Kerboeuf, 1984; Roberts and O'Sullivan, 1950). Therefore, it had been suggested that providing a better-defined medium than faeces might help to obtain more consistent results (Hubert and Kerboeuf, 1984). To further examine this hypothesis, Hubert and Kerboeuf (1984) developed a modified method of LC using an 'on-agar' approach to provide well-defined and standardized conditions. Their results showed that the culture on agar medium led to higher recoveries of larvae compared with traditional faecal cultures. However, lengthy preparation times and increased laboratory requirements appear to limit the routine application of this method.

In addition to the variability of results related to the culture conditions employed, the specific identification of cultured larvae provides challenges (Fig. 4.3). For the identification of infective L3s to the species or genus level, a number of different approaches have been described. A commonly employed method for species differentiation involves the detection of particular morphological features of the larvae (e.g. the length of the tail sheath extension and total body length of L3s) and their comparison with published identification keys (Dikmans and Andrews, 1933; Gordon, 1933; MAFF,

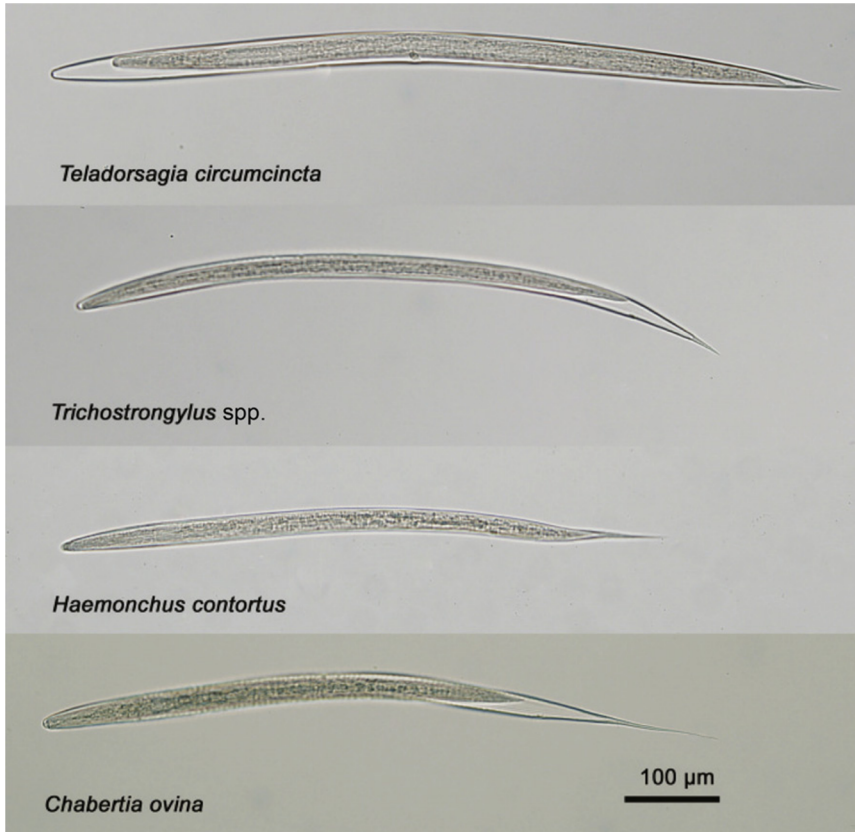


Figure 4.3 Third-stage larvae (L3s) of key species of gastrointestinal nematodes of sheep, encountered following larval culture (LC).

1986; McMurtry et al., 2000; van Wyk et al., 2004). Various keys for the identification of L3s have been published (Dikmans and Andrews, 1933; Gordon, 1933; MAFF, 1986), and there is a substantial overlap between the body length measurements of different species, and a substantial variability in the length of L3s has been reported by different authors (McMurtry et al., 2000).

Van Wyk et al. (2004) developed a simplified approach which uses the mean length of the tail sheath extension to differentiate L3s of *Teladorsagia* and/or *Trichostrongylus* from the larvae of *Haemonchus* and *Chabertia* and/or *Oesophagostomum*. However, although useful for a differentiation of genera, without the requirement to measure every single larva (and thus being more time efficient), this approach has the disadvantage that it does not allow the unequivocal differentiation of all genera. For instance, *Teladorsagia* and

Trichostrongylus (being the most common genera in winter rainfall areas) cannot be differentiated based on sheath extension length alone. To further refine their differentiation, additional morphological features are required. Lancaster and Hong (1987) proposed the presence of an inflexion ('shoulder') at the cranial extremity of *Teladorsagia* larvae as an informative morphological feature. However, this feature is very subtle and its detection is subjective.

Another approach to differentiate L3s of *Teladorsagia* from those of *Trichostrongylus* was proposed by Gordon (1933); it is based on the body length measurements of the larvae. According to this author, and based on the measurements of 1000 larvae of each genus, a body length 'cut-off' value of 720 μm allowed reliable differentiation of these genera, with *Trichostrongylus* larvae being $\leq 720 \mu\text{m}$ and those of *Teladorsagia* being $> 720 \mu\text{m}$. Although, practical, this technique requires the measurement of individual larvae and does not take into account variability in the length of developing larvae (e.g. influenced by culture conditions employed, climate/season in a particular environment, availability of appropriate food for developing L1s and L2s and/or immune status of the host) (McMurtry et al., 2000).

A third approach for the differentiation of *Teladorsagia* from *Trichostrongylus* L3s was described by McMurtry et al. (2000). The latter approach involves the treatment of cultured larvae with sodium hypochlorite to exsheath the larvae and count tubercles at the posterior end of the exsheathed L3. As claimed by the authors, this approach allows the differentiation among populations of *T. axei*, *T. colubriformis*, *T. vitrinus* and *Te. circumcincta*. However, the authors acknowledge that there is a degree of variability in the number of observed tubercles and that the tails of *Te. circumcincta* and *T. axei* lack these structures (McMurtry et al., 2000). Although being regarded as economically 'less important' parasites, the differentiation of L3s of *Oesophagostomum* and *Chabertia*, which infect the large intestine, is not considered possible using current techniques for larval differentiation, which makes this approach unsuitable if detailed epidemiological information on distribution and prevalence of genera and species is required. A less commonly used method for larval differentiation involves the culture and morphological identification of L1s (Whitlock, 1959). This technique has the advantage of being rapid, since the time required for the development of the L1 stage is shorter; however, the same limitations for the culture and identification of L3s exist for L1s and L2s (Lichtenfels et al., 1997).

In conclusion, although regarded as a standard diagnostic procedure, the technique of LC coupled to larval differentiation has the disadvantage of being time consuming and laborious, cannot readily be automated, and the morphological identification/differentiation, based on available publications, requires substantial expertise and training (Johnson et al., 1996; Lichtenfels et al., 1997).

6.2.4 Biochemical and immunological methods

In addition to commonly used coprodiagnostic methods, a number of biochemical and immunological approaches have been developed that aim at the specific diagnosis of infection. These methods are mainly based on the detection and measurement of parameters (e.g. detection of elevated serum pepsinogen and gastrin levels or circulating antibodies) that might be indicative of parasitic infections.

6.2.5 Pepsinogen and gastrin

Chief cells of the gastric fundus produce the pro-enzyme pepsinogen, which is converted to its active form by acid produced by parietal cells. When parasitized glands of the gastric mucosa are destroyed, the hydrochloric acid production of parietal cells decreases, causing a rise in abomasal pH and resulting in a failure to convert pepsinogen to active pepsin (Levine, 1968). Accumulating pepsinogen can escape between disrupted cell junctions into the blood. Therefore, an increase in serum pepsinogen concentration has been regarded to relate to mucosal damage by developing larval stages of *Ostertagia* (Levine, 1968). Berghen et al. (1993) reviewed the value and application of pepsinogen, gastrin and antibody responses as diagnostic indicators for ostertagiasis and identified a number of potentially limiting factors. The authors suggested that other parasitic or non-parasitic diseases can be responsible for a moderate rise in pepsinogen concentrations in blood, thus limiting the specificity of this approach.

Gastrin is a hormone produced by G-cells in the stomach. Gastrin stimulates parietal cells to secrete acid and also stimulates pepsinogen secretion, stomach motility and blood circulation in gastric vessels. It was suggested that strongylid nematodes can directly stimulate G-cells, causing an increased gastrin production (Berghen et al., 1993). However, as demonstrated for pepsinogen, the specificity of this approach was questioned (Berghen et al., 1993), because other parasites or factors, such as diet, lactation or abomasal lesions, can also affect gastrin levels. Furthermore, in an experimental context, it has been shown that high infective doses need to

be administered to parasite-naïve calves to provoke a significant gastrin release (Berghen et al., 1993).

6.2.6 Immunological methods of diagnosis

A wide range of immunological methods, including those that are based on the detection of an immune response in an infected animals and those for the detection of parasite antigens, have been developed for the specific diagnosis of parasitic infections (e.g. Engvall and Ruitenberg, 1974; Fletcher, 1965; Ogunremi et al., 2008). Based on the target molecule (antigen or antibody), such immunological methods can be classified as being either direct or indirect.

Direct immunological methods are those that provide direct evidence of an infection and can be based on the detection of parasite antigens present in the circulation and/or excreta from infected hosts. Parasitic extracts have a complex composition and contain molecules which are sometimes shared by other parasites (Cohen and Sadun, 1976). Shared antigenic composition of closely related parasite species is a challenge, particularly for nematodes, and often leads to cross-reactivity in immunological tests (Eysker and Ploeger, 2000; Noordin et al., 2005). Also the presence of host materials associated with the parasite can complicate antigen purification and can interfere with the specificity of a diagnostic assay. Furthermore, the life-cycle stage of the parasite used as an antigen source can influence immuno-diagnostic results, as parasites undergo significant structural and biochemical changes during their development (Cohen and Sadun, 1976). As an example, the antigenic composition of larval stages differs from that of adults (Williams and Soulsby, 1970) and can give rise to variations in diagnostic sensitivity and specificity (McLaren et al., 1978).

Although limited research has been undertaken, to date, for livestock parasites, Johnson et al. (1996) described an immuno-diagnostic assay for the quantitative detection of excretory/secretory parasite antigens in host faeces (coproantigens). These authors evaluated the usefulness of this approach in a murine model system using *Heligmosomoides polygynus*, a trichostrongyloid gastrointestinal nematode related to the common nematode species infecting ruminants. The authors also suggested that the enzyme-linked immunosorbent assay (ELISA) was useful to specifically detect parasite antigens in the host faeces and might have potential to detect pre-patent infections and make large scale, rapid screening possible. The diagnostic performance of the assay was promising under experimental conditions, but cross-reactivity, faecal

components interfering with the reactivity and the loss of antigens in faeces have been reported (Johnson et al., 1996).

Indirect immunological methods are usually based on the detection of anti-parasite antibodies or cell-mediated immune responses in infected hosts. A variety of methods have been developed and applied to the diagnosis of nematode infections, such as the complement fixation test, indirect immunofluorescence, indirect haemagglutination and ELISA, of which the latter has been most commonly used (Doenhoff et al., 2004). However, parasitic helminths possess a huge variety of antigens, and there is limited information on which stages and antigens are actually responsible for eliciting immune responses (Berghen et al., 1993). Antibody detection from serum has several disadvantages, including that it cannot distinguish between a current and past infection, which is a major challenge when evaluating the effects of chemotherapy, does often not reflect infection intensity and sometimes achieves poor specificity, particularly in disease-endemic areas (Doenhoff et al., 2004).

The detection of anti-*Ostertagia* antibodies in the serum of cattle has been found to be useful for epidemiological and cross-sectional studies, but only of limited utility for diagnosis on an individual animal basis (Berghen et al., 1993). Although anti-*Ostertagia* antibodies are detectable in milk samples by ELISA, there are also some limitations to this approach (Charlier et al., 2010). The response to parasitic infections is variable among host individuals, and it has been shown that serum antibody levels can be influenced by factors, such as milk yield, season, mastitis, the number of pregnancies of a cow, stage of lactation and genetic constitution (Gasbarre et al., 1993; Kloosterman et al., 1993; Sanchez et al., 2004). Also the use of bulk milk samples has been investigated, which has the advantage of being an inexpensive and user-friendly approach (Charlier et al., 2010). However, bulk milk samples taken only a few weeks apart can show significant variation in test results, depending on calving patterns, number of cows contributing to the milk in a tank (i.e. dilution effect) and their relative milk yields (Pritchard, 2001).

6.3. *Post-mortem* diagnosis

The *post-mortem* diagnosis of infections is routinely employed in parasitology to determine the number of nematode parasites present in the gastrointestinal tract, for epidemiological studies or to assess anthelmintic efficacy. Generally, these techniques involve the opening and washing of the respective parts of the GI tract and the examination of subsamples of the washes to

estimate the total numbers of nematodes present. A number of different techniques have been described (Eysker and Kooyman, 1993; MAFF, 1986; Robertson and Elliott, 1966). The differences among these techniques exist in the counting of nematode worms from either the chyme or digesta and/or the washes (separately or combined); the soaking or not of the organ in water or saline (mainly used to recover immature stages); and the proportion of the total volume and the number of aliquots examined (reviewed by Gaba et al., 2006). Other differences exist in the length of the intestinal section examined (proximal 10 m of small intestine vs. the entire length) and the mesh size of the sieve used to remove plant debris from the washes (McKenna, 2008). Most necropsy techniques for the estimation of the intensity of infection involve the counting of worms from pooled gut contents and washes.

Eysker and Kooyman (1993) described a method that involves three components (contents, immediate water wash of the organ and the saline wash after 5 h of soaking the organ). The disadvantage of this method is that it involves more labour at necropsy, but it has the distinct advantage that worms are separated from the bulk of the gut contents, allowing a more rapid worm count in the laboratory. Gaba et al. (2006) assessed their approach for *H. contortus* and *Te. circumcincta* and suggested that the estimation of infection intensity, based on gut washes alone, is reliable. However, a prerequisite is that abomasas are processed rapidly (within 15 min) after the death of the sheep, as worms progressively start migrating into the contents (Gaba et al., 2006). Gaba et al. (2006) also stated that immediate washing of the gut is insufficient for extracting *T. axei* or larvae from the mucosa and, therefore, may distort the results if necropsy is carried out for the purpose of assessing trichostrongylid diversity or to examine the gut for the presence of immature larval stages.

Similarly, the choice of mesh size of the sieves used is dictated by the purpose of the worm counting procedure, as the use of a smaller mesh size enables a higher recovery of early L4s, but has the disadvantage that more debris is held back in the subsample examined, resulting in a prolonged time for counting (McKenna, 2008). Therefore, a small sieve size (e.g. 38 µm aperture) is only necessary if information about early L4s is required, whereas, if studies are carried out to confirm AR (reflected by a reduced efficacy against adult worms), also larger mesh sizes (e.g. 250 µm aperture) can be used (McKenna, 2008).

The common practice of examining the proximal 10 m of the small intestine is based on the observation that most intestinal *Trichostrongylus*

spp. occur within the first 6 m of the small intestine (Beveridge and Barker, 1983), whereas larger amounts of plant debris are present in the more distal part of the small intestine (McKenna, 2008). McKenna (2008) claimed that processing only the first 10 m of the small intestine led to a recovery of <50% of the worms located in the entire length, resulting in serious underestimates of the total number of worms present. However, the data presented were based on the necropsy of only 15 sheep, and a recovery of less than 50% of the total number was observed only in a few individual sheep, whereas in most infected sheep trichostrongylid nematodes were located in the proximal 10 m of the small intestine (cf. McKenna, 2008). Therefore, it can be concluded that the improvement of accuracy achieved by processing the entire small intestine is marginal and involves a significant increase in the amount of labour and time required for processing.



7. DNA-BASED METHODS FOR SPECIFIC DIAGNOSIS OF STRONGYLID NEMATODES INFECTIONS IN LIVESTOCK: SAMPLE PREPARATION, MARKERS AND DEVELOPMENTS

Clearly, traditional methods (reviewed in Section 6) have limitations, in terms of sensitivity and/or specificity. In addition, they can be time consuming and costly to carry out. Advances in molecular biological technologies have enabled the development of new, sensitive and specific diagnostic methods that have found applications in the field of veterinary parasitology. The ability to specifically identify and study parasites (irrespective of life-cycle stage) using such tools has provided new insights into parasite systematics, population genetics, ecology and epidemiology, and has important implications for the specific diagnosis, treatment and control of parasitic diseases (Gasser, 2006). In particular, methods that rely on the enzymatic amplification of nucleic acids can overcome some of the limitations of traditional approaches (Gasser, 2006). Techniques that employ the PCR (Mullis et al., 1986; Saiki et al., 1988) can selectively amplify *in vitro* target DNA sequences from complex genomes or matrices and have led to advances in many areas of the biological sciences. PCR involves the heat denaturation of double-stranded DNA, followed by a decrease in temperature to allow oligonucleotide primers to bind (=anneal) to their complementary sequence on sense and antisense strands of the target template. Then, the temperature is increased again to enhance the enzymatic activity of a thermostable DNA polymerase, which extends the complementary strands from the primer sites.

These synthesis steps are usually repeated 20–40 times in an automated thermal cycler, resulting in an exponential increase in target DNA copies. The major advantage of this methodology is that it enables the study of parasite DNA from minute amounts of template, which would otherwise be insufficient for conventional analysis. The value of this technology in the field of diagnostic veterinary parasitology lies in its ability to specifically identify parasites, detect infection and analyse genetic variation, which are particularly important, given the increasing problems of AR in parasitic nematodes (Gasser, 2006; Gasser et al., 2008).

7.1. Sample preparation prior to PCR

The main goals of sample preparation are to (i) concentrate the target organisms and, subsequently, the template for the PCR; (ii) eliminate possible PCR inhibitors; and (iii) produce a homogenous sample for specific and sensitive enzymatic amplification (Rådström et al., 2004). Complex biological (e.g. faecal) samples can contain a wide range of inhibitory substances (e.g. bile salts, collagen, haeme, humic acids and polysaccharides), which are capable of reducing or preventing PCR amplification (Rådström et al., 2004; Wilson, 1997). Different samples can have very different compositions, and the presence of substances potentially inhibitory to the PCR can vary depending on the sample type and composition (Hoorfar et al., 2004; Wilson, 1997). Therefore, the selection and evaluation of the sample preparation approach and a suitable reaction mixture, including polymerases and primers, are critical to obtain PCR-compatible samples of comparable composition, irrespective of the variation in the original matrix (e.g. batch-to-batch variation) (Hoorfar et al., 2004).

The selection of the most suitable method for sample preparation depends on the type of sample and the purpose of the PCR analysis, as there is no universal approach that would equally suit all sample matrices and/or applications (Hoorfar et al., 2004). Besides the choice of the adequate sample preparation approach, also the choice of the polymerase and the inclusion of ‘amplification enhancers’ (e.g. bovine serum albumin or dimethylsulphoxide) may improve enzymatic amplification and reduce the effects of inhibitory substances (Rådström et al., 2004). As an additional control for the presence of inhibitory substances in the amplification mixture and the efficiency of the DNA isolation and/or PCR reaction, the use of ‘spike-control DNA’ (natural or synthetic nucleotide sequences/fragments introduced into the sample) can be used (Ninove et al., 2011).

7.2. Specific genetic markers for strongylid nematodes

The key to the development of a reliable, PCR-based method for the specific diagnosis of infection is the definition of one or more suitable DNA target regions (genetic marker or locus) based on DNA sequencing. Since different genes evolve at different rates, the DNA region selected should be sufficiently variable in sequence to allow the identification of parasites to the taxonomic level required. For specific identification, the target DNA should display no or minor sequence variation within a species and differ sufficiently in sequence to consistently allow the delineation among species. In contrast, for the purpose of identifying population variants ('strains' or genotypes), a considerable degree of variation in the sequence should exist within a species. A range of target regions in the nuclear and mitochondrial genomes have been employed to achieve the identification of parasites to species or sub-specific genotypes (Anderson et al., 1998; Blouin, 2002; Chilton, 2004; Gasser, 2006). In nuclear ribosomal genes and spacers, there is often less sequence variation among individuals within a population and between populations, which makes them suitable as species-specific markers. Hence, in the case of genetic markers for the specific identification of strongylid nematodes of livestock, most of the focus has been on investigating nuclear ribosomal DNA (rDNA).

Although some success has been achieved with other DNA targets (e.g. Callaghan and Beh, 1994, 1996; Christensen et al., 1994; Roos and Grant, 1993; Zarlenga et al., 1994), most studies have consistently demonstrated that the first (ITS-1) and second (ITS-2) internal transcribed spacers (ITSs) of nuclear rDNA provide reliable genetic markers for the specific identification of a range of strongylid nematodes of livestock, including species of *Haemonchus*, *Teladorsagia* and *Ostertagia* (abomasum), *Trichostrongylus* (abomasum or small intestine), *Cooperia*, *Nematodirus*, *Bunostomum* (small intestine), *Oesophagostomum* and *Chabertia* (large intestine), *Dictyocaulus*, *Protostrongylus* and *Metastrongylus* (lung) (reviewed by Gasser, 2006; Gasser et al., 2008).

A comparison of the ITS sequences from a range of bursate nematodes has shown that the ITS-1 (364–522 bp) is usually larger in size than the ITS-2 (215–484 bp) (see Chilton, 2004). For instance, the ITS-1 region of the trichostrongylids *Ostertagia ostertagi* and *Ostertagia lyrata* (801 bp) (Zarlenga et al., 1998b) is longer than that of other trichostrongylids, including congeners, due to the presence of an internal 204 bp fragment, which is repeated twice (Zarlenga et al., 1998a,b, 2001). No major differences have been detected among species of *Teladorsagia/Ostertagia* in the lengths of their

ITS-2 sequences (Chilton et al., 2001; Stevenson et al., 1996). The G + C content (39–50%) of the ITS-1 sequence of species studied is usually greater than of their ITS-2 (29–45%). The ITS-2 sequences of some species can be relatively A + T-rich (60–70%), which may relate to structural aspects of the precursor rRNA molecule. In addition, studies to date, show that the magnitude of sequence variation in both the ITS-1 and ITS-2 within a species is considerably less (usually <1.5%) than the levels of sequence differences among species (Gasser, 2006), providing the basis for the specific identification of strongylids and diagnosis of infections of livestock.



8. CONVENTIONAL PCR-BASED TOOLS FOR THE IDENTIFICATION OF SPECIES OF STRONGYLID NEMATODES AND DIAGNOSIS OF INFECTIONS

The ITS-1 and/or ITS-2 rDNA regions provide useful genetic markers for the development of diagnostic PCR-based tools for strongylid nematodes (Gasser et al., 2006, 2008); in addition to being species-specific in sequence, they are short (usually ≤ 800 bp), repetitive and undergo homogenization (Elder and Turner, 1995; Gasser, 2006), the latter factors ultimately determining the efficiency, ‘sensitivity’ and specificity of any PCR amplification procedure.

PCR-coupled SSCP analysis has provided a powerful approach for the specific identification of strongylid nematodes using markers ITS-1 and/or ITS-2 and for detecting cryptic (=morphologically similar but genetically distinct) species at any stage of development (Gasser and Chilton, 2001; Gasser et al., 2006). Although there has been a considerable focus on strongylid nematodes of humans, there have been some applications to those of livestock (reviewed by Gasser et al., 2006, 2008).

Oligonucleotide primers have been designed to specific regions flanking and/or within the ITS-1 or ITS-2 for diagnostic applications (reviewed by Chilton, 2004; Gasser, 2006; Gasser et al., 2008). Using rDNA targets, this strategy has also been employed for the development of PCR assays for the genus- or species-specific identification of different developmental stages of strongylid nematodes. For instance, Zarlenga et al. (1998a,b) described the development of a semi-quantitative PCR assay for the diagnosis of patent *O. ostertagi* infection in cattle. Conserved oligonucleotide primers were used in PCR to amplify a ~ 1 kb rDNA region, spanning the ITS-1 and part of the 5.8S rRNA gene, from *O. ostertagi*, whereas amplicons of ~ 600 bp were

amplified from *H. contortus*, *Cooperia oncophora* and *O. radiatum*. When DNA samples derived from adult nematodes of the different genera were mixed and amplified simultaneously, there was no evidence of inhibition in the PCR, and *O. ostertagi*-specific amplicons were readily detected electrophoretically. There was a correlation between the intensity of the ~1-kb and 600-bp amplicons on gels and the percentage of *O. ostertagi* DNA within the mix of heterologous species. There was also a strong correlation between the percentage of *O. ostertagi* DNA and percentage of *O. ostertagi* eggs in the faeces. Effective amplification was achieved from one-twentieth of a single *O. ostertagi* egg. Hence, the establishment of this PCR assay had major implications for diagnosis of patent *O. ostertagi* infection in cattle as well as for studying the epidemiology of this parasite. Other studies (reviewed by Gasser, 2006; Gasser et al., 2008) demonstrated the diagnostic utility of PCR assays using species-specific ITS oligonucleotide primers or probes, even when the sequences of related species differ by a single nucleotide (Hung et al., 1999). For instance, Zarlenga et al. (2001) extended previous work to develop a multiplex PCR assay for the specific detection and differentiation of economically important gastrointestinal strongylid nematodes (including *H. placei*, *O. ostertagi*, *Trichostrongylus* spp., *Cooperia oncophora*/*C. surnabada* and *O. radiatum*) of cattle.



9. REAL-TIME PCR COUPLED TO HIGH-RESOLUTION MELTING ANALYSIS AS A DIAGNOSTIC TOOL

9.1. Principles of the technology

The method of RT-PCR, developed in the early 1990s (Higuchi et al., 1992), allows the enzymatic amplification to be monitored in real-time *in vitro*. All current RT-PCR systems detect the amplification using fluorescent dyes or probes. The predominant advantages of RT-PCR over-conventional PCR are that it allows high-throughput analysis in a 'closed-tube' format, not requiring handling or electrophoresis following amplification, that it can be employed for quantitation over a wide 'dynamic range' and that it can be used to differentiate amplicons of varying sequence(s) by melting-curve analysis.

The principle of the original method was to incorporate a specific, intercalating dye (e.g. ethidium bromide) into the PCR to measure the change in fluorescence after each cycle using a digital camera and a fluorometer coupled to the reaction tube (Higuchi et al., 1993). The technique has been modified to include other (non-carcinogenic) dyes, such as SYBR Green

I (Becker et al., 1996), LCGreen (Wittwer et al., 2003), SYTO9 (Monis et al., 2005a) and EvaGreen (Wang et al., 2006). RT-PCR assays using such dyes enable the relative or absolute quantitation of amplicons by allowing the identification of the cycle (C_t) at which the amplification commences. One or more DNA standards (of differing concentrations) and test samples are subjected to cycling at the same time and their C_t values established and compared. Standard curves can be constructed based on the use of reference samples, and the relative amounts of template in test samples are calculated in relation to these curves.

Intercalating dyes, such as SYBR Green I, detect any double-stranded DNA, which is advantageous because they can be incorporated into any assay. However, a disadvantage is that the dye binds to all double-stranded DNA in a reaction, which includes primer dimers and non-specific products. This limitation can be overcome by acquiring fluorescence data at a temperature that denatures the non-specific products and leaves the specific products intact. The melting point of an amplicon is linked to the composition and length of the nucleotide sequence(s) within it, which means that a melting-curve analysis can be used to detect and/or characterize sequence variation within and among samples. Other recent advances include the complementary use of high resolution melting (HRM) analysis following RT-PCR (e.g. Jeffery et al., 2007). Melting analysis using the dye LCGreen or SYTO9 has been reported to achieve acceptable levels of reproducibility, attaining better mutation detection capacity than SYBR Green I (Monis et al., 2005a; Wittwer et al 2003). Alternative, more expensive detection systems (other than intercalating dyes) include *TaqMan* probes (Heid et al., 1996), minor groove binder Eclipse probes (Afonina et al., 2002), molecular beacons (Piatek et al., 1998) and fluorescence resonance energy transfer (Chen and Kwok, 1999), ensuring specificity in the PCR through exclusive binding to the target sequence (Monis et al., 2005b).

9.2. RT-PCR assays for the diagnosis of infections with strongylid nematodes

Despite the promising results of RT-PCR for the diagnosis and quantification of selected protozoan and metazoan parasites (Bell and Ranford-Cartwright, 2002; Monis et al., 2005b; van Lieshout and Verweij, 2010; Zarlenga and Higgins, 2001), to date, relatively little research has focused on its use for the diagnosis of strongylid infections of livestock (cf. Gasser, 2006; Gasser et al., 2008). There have been attempts to use RT-PCR for

the specific diagnosis and/or quantification of helminth eggs or larvae from the faeces from infected hosts. First efforts were made by von Samson-Himmelstjerna et al. (2002, 2003), who developed RT-PCR assays for the diagnosis and quantification of ovine gastrointestinal nematodes, including *H. contortus*, *Ostertagia leptospicularis*, *T. colubriformis*, *C. curticei* and for small strongyles (cyathostomins) of horses. However, these assays were used for the identification of larval or adult nematodes only, which limited their utility for routine diagnostic applications.

Harmon et al. (2007) evaluated the use of RT-PCR to quantify eggs of *H. contortus* from sheep faeces and examined various aspects, such as the influence of faecal inhibitors on PCR, the effects of competing and non-competing DNA in multiplex reactions and the impact of embryonic development within the egg on the PCR result. The assay developed showed linear quantifiable amplification of DNA obtained from egg quantities ranging from five to 75 eggs, whereas DNA from higher egg numbers of 75–1000 eggs did not show significant differences in C_t , limiting the quantitative capacity of the assay to a narrow detection range (Harmon et al., 2007). During this study an impact of egg embryonic development on C_t values has only been observed between 0 and 6 h of development at 21 °C, whilst later time periods at 6, 12 and 30 h did not show statistical differences in C_t when compared to each other (Harmon et al., 2007). Non-competitive DNA, derived from environmental sources, did not appear to have a negative impact on amplification, but in multiplex reactions, the presence of high amounts of competing trichostrongyle DNA hindered the amplification of a different target species whose DNA is present at much smaller amounts (Harmon et al., 2007).

The storage of faecal samples is often necessary in a practical context, but the possible impact of egg embryonation during prolonged storage is known to be a critical factor relating to the accuracy of quantifying egg numbers by RT-PCR (Bott et al., 2009; Harmon et al., 2007). Therefore, strategies to circumvent this issue should be developed, which could possibly involve allowing maximum development to occur prior to DNA isolation (Harmon et al., 2007). It has been hypothesized that the technique used for DNA extraction and the presence of PCR inhibitors could be responsible also for discrepancies in the linear correlation between DNA amount and number of nematode eggs (Harmon et al., 2007). Harmon et al. (2007) suggested to account for the variability arising from DNA extraction and the presence of faecal inhibitors through the use of multiplex PCR systems that quantify, in relative terms, egg numbers using C_t values, and include an exogenous

DNA template to standardize C_t values and assess every sample individually for faecal inhibitors (Harmon et al., 2007). Further work in this field had been done by two other research teams, who developed RT-PCR assays for the diagnosis of infections with the human hookworms *Ancylostoma duodenale*, *Necator americanus* and the nodule worm *Oesophagostomum bifurcum* (see Verweij et al., 2007) and the equine parasite *Strongylus vulgaris* (see Nielsen et al., 2008). These assays employed specific primers and *TaqMan* probes to target the ITS-2 region of nuclear rDNA. Verweij et al. (2007) suggested that false-negative RT-PCR results ($n=2$) in relation to LC might be explained by the fact that the amount of faeces used for DNA isolation was 30 times less than that used to set up LC. However, both assays were reported by the authors to be of high analytical specificity and of a sensitivity superior to that of LC. Inhibition by faecal components was not evident. A potential limitation of these studies was that the specificity of these assays was based exclusively on the design and use of *TaqMan* probes. However, HRM or sequencing was not used to verify the identity or specificity of the amplicons produced.

Bott et al. (2009) established a combined microscopic-RT-PCR method that allows the semi-quantification of strongylid infections in sheep. During this study specific oligonucleotide primers were designed to ITS-2 and 28S rDNA regions of seven key genera or species of strongylids of sheep, including *H. contortus*, *Te. circumcincta*, *Trichostrongylus* spp., *C. oncophora*, *C. ovina*, *Oesophagostomum columbianum* and *O. venulosum*, and used in separate PCR reactions. To determine relative proportions of species/genera contributing to an FEC, standard curves were prepared for the RT-PCRs for individual species and demonstrated a log-linear relationship over four orders of magnitude. The C_t values obtained from species-specific PCR reactions showed also a linear correlation to the numbers of eggs present per gram of faeces and demonstrated the applicability of this PCR approach for semi-quantification of target species. For some of the primer pairs used in this study, as little as 0.1–2 pg of DNA was sufficient to achieve specific amplification from the respective species, which equates to a proportion of genomic DNA which can be isolated from a single egg (Bott et al., 2009). During the evaluation of this PCR assay, all amplicons generated from specific primer pairs were examined by HRM and sequence analysis to confirm their identity. Designed primers were critically assessed for their analytical specificity (i.e. against a broad range of parasites that are known to be detectable from the faeces of infected sheep, including lungworms), and there was no evidence of non-specific amplification. However, Bott et al. (2009) stated that,

due to possible sequence polymorphism or heterogeneity of ITS-2 among or within individuals from different geographical locations, the performance of the PCR platform might need additional assessment, if applied in different countries or regions.

Bott et al. (2009) also raised some points that needed consideration for future applications, such as the effect of faecal consistency on FEC and PCR results. The testing of loose/diarrhoeic and desiccated faecal samples can lead to an under- and over-estimation, respectively, of FECs (Le Jambre et al., 2007) and likely variability in semi-quantitative PCR results. Furthermore, Bott et al. (2009) discussed the need for rapid DNA isolation from faecal samples following their collection. The results of previous studies (Harmon et al., 2007) indicated that mitosis during the larval development leads to an increase of ITS-2 copy number and results in enhanced amplification during the RT-PCR. Because the storage and transport of samples at ambient temperatures is often necessary for practical reasons, approaches for the preservation of faecal material, for example, ethanol fixation might be applied. In addition, the direct extraction of DNA from faeces, using commercially available kits, has been proposed as an alternative to methods that involve the concentration of eggs by faecal flotation prior to DNA isolation (cf. Bott et al., 2009; Nielsen et al., 2008). However, such direct extraction methods need to be critically assessed for their ability to remove potential inhibitors (e.g. humic acids, phenolic compounds or blood) from faeces. A faecal flotation and egg isolation approach has been shown to remove such inhibitors (Bott et al., 2009) and has the advantage that it provides an FEC, which can be compared with a PCR result but which is not possible employing a direct DNA isolation-coupled PCR method. Furthermore, flotation allows for a concentration of eggs from multiple grams of faeces prior to DNA isolation and PCR, thus increasing the likelihood of amplifying DNA from very small numbers of nematode eggs (Bott et al., 2009; Nielsen et al., 2008). By contrast, only small amounts of faeces (e.g. ~0.25 g) are used in most commercially available, direct faecal DNA isolation methods, limiting the 'sensitivity' of subsequent PCR. Noting these limitations, the combined microscopic-molecular method (Bott et al., 2009) was established for the specific diagnosis of patent strongylid infections in sheep, and future work is required to evaluate the performance of this method for the specific diagnosis of infections with immature (pre-patent) or hypobiotic stages (e.g. *Te. circumcincta* or *H. contortus*) of nematodes and to compare it with direct amplification from DNA isolated directly from faecal samples.

9.3. Critical evaluation and application of a RT-PCR method to assess the composition of strongylid nematode populations in sheep with naturally acquired infections

Roerber et al. (2011) critically evaluated the performance of the RT-PCR method (Bott et al., 2009) for the diagnosis of naturally acquired strongylid nematode infections in sheep ($n=470$; in a temperate climatic zone of south-eastern Australia), using a panel of 100 'negative control' samples from sheep known not to harbour parasitic helminths. The authors compared the diagnostic sensitivity and specificity of this RT-PCR assay with a conventional faecal flotation method. They also established a system to rank the contribution of particular strongylid nematodes to the FECs from 'mixed infections' in individual sheep. The testing of faecal samples revealed that *Te. circumcincta* (80%) and *Trichostrongylus* spp. (66%) were most prevalent, followed by *C. ovina* (33%), *O. venulosum* (28%) and *H. contortus* (1%). For most sheep tested in this study, *Te. circumcincta* and *Trichostrongylus* spp. represented the largest proportion of strongylid eggs in faecal samples from individual sheep. This was the first large-scale prevalence survey of gastrointestinal nematodes in live sheep utilizing a molecular tool. The ability to rapidly rank strongylid nematodes according to their contribution to mixed infections represents a major advantage over routine flotation methods. The conclusion from this study was that this RT-PCR tool might be able to replace the conventional technique of LC.

This assessment showed that the RT-PCR assay achieved high diagnostic sensitivity (98%) and specificity (100%), and the test results were in 'good' agreement (i.e. Kappa: 0.95) with those achieved using conventional faecal flotation. In addition, of 53 field samples which were test-negative based on coproscopy, 23 tested positive by PCR for one or more target nematodes (a result which was confirmed by sequencing), demonstrating better sensitivity of the molecular approach compared with coproscopic examination, and reinforcing that microscopy is not an adequate reference technique (i.e. is an imperfect gold standard; cf. Conraths and Schares, 2006) for the detailed assessment of the sensitivity and specificity of a diagnostic assay. The results achieved demonstrated that the prevalences of key genera/species, such as *Te. circumcincta* and *Trichostrongylus* spp., known to be the dominant species infecting sheep in the winter rainfall environment of Victoria, Australia, were largely in accordance with information available in the published literature (e.g. Anderson, 1972, 1973). The application of an ordinal ranking system to estimate the contribution of individual

parasites to observed FEC results showed that these genera/species were also responsible for the largest proportion of strongylid eggs in the faecal samples tested. Although known to be abundant in winter rainfall environments, *C. ovina* and *O. venulosum* were found at high prevalence (33.6% and 28.7%, respectively). An unexpected finding was that *O. venulosum* was the main contributor to the observed FEC results for one of nine farms tested, which has important implications for the interpretation of FECs and anthelmintic control.

According to common practice (Brightling, 1988), FEC results of ≥ 200 EPG are considered to relate to a 'significant' worm burden, and without further considerations of the species present and their reproductive capacity, give an indication for anthelmintic treatment. This common practice, which involves frequent and, in many cases, unnecessary or excessive administration of anthelmintic drugs can promote AR development in gastrointestinal nematodes of sheep and other hosts, as recent evidence has shown (Kaplan, 2004; Wolstenholme et al., 2004). Given that *O. venulosum* is recognized to be less pathogenic than most strongylids of the upper alimentary tract (Donald et al., 1978) but has high fecundity (Gordon, 1981), FEC results (e.g. >200 EPG) in which *O. venulosum* is the sole or main contributor would be misinterpreted, and sheep harbouring this relatively non-pathogenic would be treated unnecessarily. Therefore, the specific/generic identification of infecting nematodes assists the interpretation of FEC results and, subsequently, treatment decisions, thus, directly contributing to efforts of preserving the efficacy of currently available anthelmintics.

The RT-PCR assay (Roeber et al., 2011), coupled to conventional coproscopy, and the microscopic detection of *Nematodirus*, *Trichuris* and *Moniezia* eggs in faecal samples revealed that the majority of sheep investigated were parasitized by two to four helminth taxa per animal. Data from this study provided new and important insights into the composition and distribution of nematodes, which would not have been achievable in such detail using any of the currently used coprological methods. The results indicated that this tool should be applicable in other climatic regions and/or major sheep producing countries in the world. Depending on the nematode species infecting sheep in a particular climatic zone, minor modifications could be made to the molecular assay to adapt it for the diagnosis of infections with other important parasites (e.g. hookworm or lungworm) and to provide opportunities to study their biology, prevalence and distributions. For instance, as the life cycles of some lungworms, such as *Muellerius capillaris* and *Protostrongylus rufescens*, involve invertebrate intermediate hosts, such as

snails and slugs, an adapted RT-PCR assay could be used to examine the prevalence and relative intensity of these parasites in their intermediate hosts and to study their ecology.

The ability to identify helminth species and to rank them according to their contribution to FEC results (Roeber et al., 2011) represents a novel approach that is time- and cost-efficient compared with classical diagnostic techniques and enables a better interpretation of FEC results, particularly in relation to the anthelmintic treatment of infected sheep (cf. McKenna, 1996, 1997). This advance in the diagnosis of gastrointestinal nematode infections could directly and significantly contribute to enhanced parasite control.

9.4. Assessment of RT-PCR to replace larval culture (LC) and to support conventional faecal egg count reduction testing (FECRT) of sheep

Roeber et al. (2012a) assessed the RT-PCR assay to support the diagnosis of AR in nematodes, in conjunction with conventional FECRT; in addition, a direct comparison of PCR results with those of LC and selective total worm counts (TWCs; considered a 'gold standard') was undertaken. In this assessment, the molecular assay achieved a diagnostic sensitivity of 100% and specificity of 87.5% in relation to TWC. These percentages were similar to those achieved previously (Roeber et al., 2011) (diagnostic sensitivity 98% and specificity 100% in relation to FEC), demonstrating that the RT-PCR assay consistently achieved a high diagnostic performance. DNA sequencing results also demonstrated that this molecular assay had a better sensitivity than the routinely used TWC method and, together with FECRT, was of practical value for the detection of albendazole resistance in *Te. circumcincta* and *T. colubriformis* populations. However, although the PCR test results were in accordance with TWC, the direct comparison of molecular and LC results showed markedly different findings, depending on the recommended measurements used for larval differentiation (Dikmans and Andrews, 1933; Gordon, 1933; McMurtry et al., 2000). Using the morphometric criteria given by Dikmans and Andrews (1933), the majority of L3s from the LC of the albendazole treated group of sheep were identified as *Trichostrongylus*, whereas, using the measurements recommended by Gordon (1933) and McMurtry et al. (2000), the same larvae were identified as *Teladorsagia*. This discrepancy emphasizes the complications and errors associated with the use of LC, which can readily lead to misinterpretations as to which nematodes are resistant to a particular drug. Overall, this study (Roeber et al., 2012a) demonstrated clearly that the molecular assay coupled

to FECRT provides a rapid, efficient and universally applicable tool for the diagnosis of AR and the early detection of residual populations of worms in sheep following treatment. Future studies should be conducted to test sheep on different farms and the response of gastrointestinal nematodes to the treatment with other main groups of anthelmintics, such as imidazothiazoles/tetrahydropyrimidines or MLs, and also the newly developed monepantel (Zolvix, Novartis) (Kaminsky et al., 2008).

The movement of sheep and their gastrointestinal parasites between or among farms favours the spread of drug resistance (Blouin et al., 1995). Therefore, the routine use of the RT-PCR assay, in conjunction with FECRT, could provide a universally applicable method to test sheep before transport to and/or introduction on to a new farm, in order to reduce the spread of drug-resistant populations of nematodes. In addition, the assay allows the identification of sheep shedding large numbers of parasite eggs in faeces and, in conjunction with information about the infecting helminth species, can be used to support ‘targeted, selective treatment’ approaches (Kenyon et al., 2009). Such a strategy focuses on treating only sheep that will benefit most from an anthelmintic treatment, whereas sheep with low-intensity infections remain untreated to provide refugia for the dilution of resistance genes within a parasite population. Furthermore, the present RT-PCR assay had a similar or improved sensitivity compared with *post-mortem* diagnosis, thus being able to replace the latter. In practice, this means that the presence of particular species/genera and their prevalence can be assessed reliably without the need to kill sheep.



10. A ROBOTIC, MULTIPLEXED-TANDEM PCR ASSAY FOR THE DIAGNOSIS OF GASTROINTESTINAL STRONGYLID NEMATODE INFECTIONS OF SHEEP

10.1. Rationale, establishment and critical assessment of the multiplexed-tandem PCR assay

A limitation of RT-PCR developed (Roeber et al., 2011, 2012a) was that it employs individual primer pairs for individual specific or generic amplifications and requires numerous, manual handling steps throughout the entire procedure. Therefore, the goal was to develop a user-friendly and practical platform that would allow the rapid testing of large numbers of samples at relatively low cost with limited manual intervention, and that could be introduced into a routine testing laboratory. Although conventional

multiplex RT-PCR (e.g. Chamberlain et al., 1988) seemed to be a promising prospect at first, preliminary work conducted (Bott N.J. and Gasser R.B., unpublished) showed that primer sets used in individual PCRs (cf. Bott et al., 2009) could not be incorporated into a single reaction to achieve specific amplifications. Other restrictions of a conventional multiplex PCR approach are that each target sequence requires a probe for fluorescence-based detection at a particular wave length and that such probes are costly and require the use of multi-channel RT-PCR thermocyclers—which usually have only four to six distinct wave-length channels, thus limiting the number of species/genera that can be detected.

In order to circumvent these issues, Roeber et al. (2012b) explored the use of multiplexed-tandem PCR (MT-PCR) (Stanley and Szewczuk, 2005). MT-PCR consists of two amplification phases: (i) a primary 'target enrichment' phase (through a small number of PCR cycles) conducted using multiplexed primer sets and (ii) a subsequent analytical amplification phase (utilizing a diluted product from the primary amplification as a template), consisting of the targeted amplification, in tandem rather than by multiplex, of each genetic locus using specific, nested primers. Because the initial amplification phase is limited to 10–15 cycles, interactions between or among multiplexed primer sets is minimized, reducing competition or the generation of artefactual products and limiting amplification bias, which would otherwise prevent downstream quantification (Stanley and Szewczuk, 2005). Because the primary amplicons are diluted (e.g. 100-fold) prior to use as templates in the secondary phase, primer carry over and PCR inhibition are substantially reduced. By conducting the secondary (analytical) amplification phase in tandem, the method can be coupled to a single-channel, RT-PCR thermocycler, allowing rapid screening and quantification employing one fluorogenic dye (e.g. SYTO9), thus reducing the cost associated with detection.

Roeber et al. (2012b) established a high-throughput MT-PCR assay for the diagnosis of nematode infections in sheep, and critically assessed its diagnostic sensitivity and specificity relative to RT-PCR as well as conventional LC using faecal samples from different flocks of sheep from a broad geographical range in Australia. The MT-PCR achieved high diagnostic specificity (87.5%) and sensitivity (100%) based on the testing of a panel of 100 faecal DNA samples from helminth-free sheep and 30 samples from sheep with infections confirmed by necropsy. This MT-PCR assay was then used to test 219 faecal samples from sheep with naturally acquired infections from various geographical localities within Australia, and results were compared

with those of LC, using 139 of the 219 samples. The MT-PCR and LC results correlated significantly for most nematodes examined, but parasites of the large intestine were significantly under-represented in the LC results. The findings showed that *Trichostrongylus* spp. (87%), *Teladorsagia circumcincta* (80%) and *H. contortus* (67%) had the highest prevalences, followed by *O. venulosum* (51%) and *C. ovina* (12%). Importantly, this MT-PCR allowed a species- or genus-specific diagnosis of patent nematode infections to be made within 24 h (compared with 7–10 days for LC).

The evaluation of two different pre-PCR genomic DNA isolation methods showed that a combined egg flotation and column-purification approach achieved better sensitivity, overall, compared with direct faecal DNA isolation (Roeber et al., 2012b). The testing of samples from sheep from different geographical locations in Australia showed that the prevalence of the key nematodes investigated were consistent with their presumed distribution, based on historical data and many years of studies conducted using routine diagnostic procedures (Donald et al., 1978). Epidemiological information had not been provided in such detail prior to the use of a molecular-diagnostic tool, and the results achieved by routine LC and the molecular-diagnostic platform showed significant correlations ($r_s = 0.69–0.83$) for most nematodes. However, *C. ovina* and *O. venulosum* were both much less frequently detected in LC than by the molecular assays. Thus, the evidence showed that LC was unreliable for the diagnosis of infections with these two nematodes and did not allow their prevalence and distribution to be studied with any confidence. Importantly, the inability of LC to detect the latter two species subsequently led to an over-estimation of other nematodes, namely *H. contortus*, *Trichostrongylus* and *Teladorsagia*, present in the LCs examined, thus providing a biased result. This finding also highlights the utility of the present molecular-diagnostic platform for epidemiological studies and suggests that results obtained previously using traditional diagnostic techniques might have led to inaccurate information on the prevalence and distribution of particular species of gastrointestinal nematodes. The findings of Roeber et al. (2012a,b) showed that *C. ovina* and *O. venulosum* may contribute much more significantly to infections in sheep than currently acknowledged. Given that the pathogenicity of these parasites is considered low (Donald et al., 1978), it is likely that the inability of classical techniques to reliably identify and quantify these parasites has led to unnecessary anthelmintic treatments at increased cost to the farmer and an increased risk of AR in nematode populations.

10.2. Future applications of the assay and extensions

An important future application of the MT-PCR platform would be the testing of pasture samples for infective larvae of strongylid nematodes. This approach has significant implications for studying the epidemiology and ecology (i.e. the seasonal occurrence of species and length of larval survival) of gastrointestinal nematodes in livestock, and enables assessments of the degree of contamination and risk of infection. For this purpose, pasture foliage could be collected, washed and concentrated; DNA could then be isolated from the larval suspension and molecular testing conducted. However, as the number of cells increases during the mitotic division of developing eggs and larvae, the number of ITS-2 copies also increases, which means that the MT-PCR platform will need to be calibrated to accommodate this variation. This PCR platform permits different sensitivity settings (based on the number of amplification cycles in the primary PCR) and, whilst a medium sensitivity (15 cycles of primary amplification) was shown to produce the best results for the detection of eggs from faeces, this sensitivity setting could be adjusted for L3s from pasture samples.

There are numerous other possible applications of a high-throughput MT-PCR assay. For example, such a test could also be used to assist in evaluating the efficacy of vaccines by monitoring FEC, either at the stage of initial vaccine development or, later, in field trials, to predict levels of protection against particular parasite species in individual host animals of different genetic backgrounds (i.e. different breeds of sheep). Immunological methods could also be used in concert with FECRT to measure protective effects of anti-nematode vaccines for sheep following challenge infection/s (with reference to well-defined controls). Moreover, to further refine the diagnosis of AR, genomic DNA regions linked to resistance (e.g. β -tubulin gene) could be integrated as targets into the assay. However, as AR is frequently polygenic (Beech et al., 2011) and/or can also be associated with drug transport mechanisms (Cvilink et al., 2009), and the mechanisms of resistance are only partially understood for many drug classes (cf. Taylor et al., 2002), more research needs to focus on identifying reliable DNA markers for the specific detection of AR.

There is now major potential to extend the use of MT-PCR assay to other socio-economically important pathogens, including helminths (e.g. flukes and lungworms), protists (e.g. *Cryptosporidium*, *Eimeria* and *Giardia*), bacteria (e.g. *Campylobacter*, *Escherichia*, *Salmonella* and *Yersinia*) and viruses (e.g. Rota- and Corona-viruses). Furthermore, such a platform could also

be adapted, with modifications being made to the DNA isolation procedure and primers used, for the diagnosis of infections with blood pathogens (e.g. *Babesia* and *Theileria*) or the detection of pathogens in environmental samples. In addition, although we have focused on the development of this platform for the detection and identification of pathogens of socio-economic importance in sheep (Roeber et al., 2012b), a similar approach would be of major benefit assessing such pathogens in other hosts, including other small ruminants, cattle, horses and even humans. For example, estimating the number of nematode eggs in the faeces from adult cattle is challenging, as eggs are generally present in low numbers and, thus, require more sensitive techniques of diagnosis (Agneessens et al., 2000; Mes et al., 2001). Therefore, the MT-PCR-coupled diagnostic platform could be further enhanced by automating the counting of eggs in faecal samples prior to DNA isolation. Approaches that involve the recovery of nematode eggs from faeces and the automated counting of all eggs present in a sample (as opposed to the counting of eggs from sub-aliquots of a sample and their extrapolation to the total sample volume) by image recognition have been developed (Mes et al., 2001, 2007). Consequently, with only minor modifications, the MT-PCR-based platform could provide a major advance in the diagnosis of nematode infections in cattle.

The MT-PCR platform (Roeber et al., 2012) could also be further enhanced through the use of a robotic DNA isolation procedure. Automated DNA isolation platforms are readily available from different manufacturers and include easyMAG (BioMerieux, Marcy l'Etoile, France), m2000sp (Abbott, Abbott Park, IL, USA), MagNA Pure LC 2.0 (Roche) and QiaSymphony (Qiagen, Hilden, Germany), but their suitability for the isolation of DNA from faecal samples would need to be critically assessed before they could be incorporated into the present MT-PCR system. Further advantages of this approach include the possibility for large-scale, targeted collections and long-term storage of DNA samples. Unlike traditional coprodiagnostic testing, in which samples are usually examined only once to enumerate parasite eggs or larvae, and are then discarded. The use of DNA samples has the advantage that the sample material collected can be stored (at -80°C) in a clean and space efficient manner (i.e. either in frozen or in dehydrated form), allowing the testing of the samples many years or even decades later. This provides the opportunity of carrying out (even retrospectively) studies of 'new' or 'emerging' pathogens. These are important applications in times of changing environmental conditions (e.g. climate change, urbanization and associated changes in pathogen transmission,

distribution and epidemiology), increased problems with AR as well as the increased mobility of humans and/or animals between/among different regions or countries.



11. CONCLUDING REMARKS: REPLACING TRADITIONAL WITH MOLECULAR-DIAGNOSTIC TOOLS

The accurate diagnosis of gastrointestinal nematode infections of livestock underpins investigations of the biology, ecology and epidemiology of parasites and supports the monitoring of emerging problems with AR. Current, routinely used methods of diagnosis rely on the detection or morphological identification of the infective stages (eggs and/or larvae) of these nematodes from the faeces from their hosts. Until recently, these classical techniques, which are mostly time consuming and laborious, had not undergone any substantial technological advancement in the past decades. Because key stages (mainly eggs and larvae) of numerous genera and species of nematodes infecting livestock lack distinctive morphological features, traditional approaches are not able to achieve an accurate species- or even genus-specific diagnosis, making it difficult to conduct reliable studies of the biology, epidemiology and ecology of parasites, unless expensive and time-consuming *post-mortem* investigations are conducted. This situation has also hampered investigations of the occurrence and distribution of AR in strongylid nematodes of livestock, which represents a global problem.

Advances in PCR-based technologies and the availability of specific genetic markers in the ITSs of nuclear rDNA have provided the opportunity of developing enhanced PCR-based tools for diagnosis (reviewed by Gasser, 2006; Gasser et al., 2008). Current evidence (Roerber et al., 2011, 2012a,b) shows that RT-PCR and MT-PCR assays can replace the inaccurate and time-consuming method of LC in routine diagnostic laboratories. This high-throughput MT-PCR assay takes <1 day to perform, compared with at least a week for LC, thus reducing the time that the sheep producer has to wait for a diagnosis. From a service provision perspective, this platform does not require detailed technical expertise of the operator, has high sensitivity and specificity and has broad applicability, in that it can be used to carry out large-scale epidemiological studies, to support the diagnosis of drug resistance and will be applicable or adaptable to other parasites and/or hosts. Furthermore, the MT-PCR platform delivers, rapidly, objective and detailed results (according to genus or species),

which is of major value for the design of enhanced control strategies (Table 4.1). Overall, the evidence presented shows that the MT-PCR (Roeber et al., 2012b) essentially meets the international standards (Conraths and Schares, 2006; OIE, 2004) required for use in a laboratory setting for research or routine diagnostic purposes and has major advantages over classical methods, particularly in relation to the interpretation of FEC results and recommendations about anthelmintic treatment. This assay enhances the diagnosis of infections with nematode species, which are problematic to detect or identify by traditional coprological techniques, either because of their unfavourable development under standard culture conditions or their high morphological/morphometric similarity with other species/genera (i.e. *Teladorsagia* and *Trichostrongylus*, *C. ovina* and *O. venulosum*). Consequently, this advance in diagnosis allows gaps in our current knowledge of the epidemiology and distribution of these parasites (being associated mainly with the inaccuracy of traditional diagnostic techniques) to be overcome.

If put into a commercial context and made available to diagnostic laboratories, the MT-PCR platform could also find applicability for the rapid screening for important diseases affecting livestock production systems, including those with zoonotic potential, and assist in the better surveillance and control of disease outbreaks related to such pathogens. DNA-based methods of diagnosis have significant advantages, in terms of sensitivity and specificity, time required to conduct the assay and can be standardized among and within laboratories. These features make them suitable to be incorporated into surveillance systems, which are based on a 'from stable-to-table' approach, such as the Hazard Analysis Critical Control Point (HACCP). The routine application of such high-throughput and automated diagnostic platforms provides major scope for better disease surveillance and for detailed epidemiological investigations, shorter response times to tackle and control disease outbreaks (as the diagnosis using molecular tools generally takes less time compared with culture- or microscopy-based approaches) and, ultimately, to provide greater protection for the consumer of animal products (Fig. 4.1). The data obtained using such methods would help government authorities, such as the Food and Agricultural Organization (FAO), Office International des Epizooties (OIE) and/or the World Health Organization (WHO) in the detailed tracking and mapping of disease outbreaks or spreads, to make forecasts about their occurrence and to implement appropriate contingency plans and guidelines for effective and sustainable pathogen control.

In conclusion, the high-throughput MT-PCR assay developed recently is considered to represent a major advance for the diagnosis of gastrointestinal nematode infections in small ruminants (sheep and goats). This assay has improved diagnostic performance over-traditional diagnostic techniques and is considered to provide a new benchmark. This robotic molecular assay delivers high performance for epidemiological surveys and can be used efficiently, in combination with FECRT, to support the detection and monitoring of AR. Due to its semi-automated, high-throughput nature, this method can now replace traditional diagnostic approaches and is suitable for routine application in service and research laboratories. The assay may need to be adapted to include the testing for additional parasites, depending on where the assay is to be deployed. Current evidence indicates that this robotic assay is highly adaptable, allowing the development of a wide range of next-generation diagnostic tools to underpin the control of socio-economically important infectious diseases of animals and the detection and monitoring of drug resistance. Could this be a turning point in the diagnosis of parasitic diseases of livestock?

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