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# mGluR5 Contribution to Neuropathology in Alzheimer Mice Is Disease Stage-Dependent

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**ABSTRACT:** Alzheimer's disease (AD) is the most prevalent neurodegenerative disease and is characterized by a progressive cognitive decline in affected individuals. Current therapeutic strategies are limited in their efficacy and some have proven to be even less effective at later disease stages or after extended use. We previously demonstrated that chronic inhibition of mGluR5 signaling using the selective negative allosteric modulator (NAM) CTEP in APPswe/PS1 $\Delta$ E9 mice can rescue cognitive function, activating the ZBTB16-mediated autophagy pathway to reduce  $A\beta$ , the principal neurotoxic species in AD brains. Here, we evaluated the efficacy of long-term treatment with CTEP in 6 month old APPswe/PS1 $\Delta$ E9 mice for either 24 or 36 weeks. CTEP maintained its efficacy in reversing working and spatial memory deficits and mitigating neurogliosis in APPswe/PS1 $\Delta$ E9 mice when administered for 24 weeks. This was paralleled by a significant reduction in  $A\beta$  oligomer and plaque load as a result of autophagy activation via ZBTB16 and mTOR-dependent pathways. However, further



extension of CTEP treatment for 36 weeks was found ineffective in reversing memory deficit, neurogliosis, or A $\beta$ -related pathology. We found that this loss in CTEP efficacy in 15 month old APPswe/PS1 $\Delta$ E9 mice was due to the abolished contribution of ZBTB16 and mTOR-mediated signaling to AD neuropathology at this advanced disease stage. Our findings indicate that the contribution of pathological mGluR5-signaling to AD may shift as the disease progresses. Thus, we provide the first evidence that the underlying pathophysiological mechanism(s) of AD may unfold along the course of the disease and treatment strategies should be modified accordingly to ensure maximal therapeutic outcomes.

KEYWORDS: Alzheimer's disease, autophagy, mGluR5, neuroglia, age, beta amyloid

A lzheimer's disease (AD) is a neurodegenerative disorder primarily characterized by progressive memory loss and cognitive decline. It is the most common form of dementia affecting people over 65 years of age<sup>1</sup> with more than 40 million people diagnosed with AD worldwide.<sup>2</sup> At present, AD has no known cure and the existing treatments only provide symptomatic relief with limited disease-modifying efficacy.<sup>3,4</sup> With an aging population the incidence of AD is continuing to rise,<sup>1</sup> emphasizing the need for effective, safe, long-term and/or late stage therapeutic strategies for the treatment of AD.

Associated with the neurotoxic effects that characterize AD is the protein amyloid  $\beta$  (A $\beta$ ). In its fibrillar plaque form, A $\beta$ forms one of the main hallmarks for AD. However, it is the soluble oligomeric A $\beta_{1-42}$  that is believed to be the more neurotoxic amyloid species.<sup>5,6</sup> AD is known to be associated with a disruption of glutamatergic signaling, and this is believed to be due to the enhanced binding of A $\beta$  oligomers to metabotropic glutamate receptor 5 (mGluR5) in association with cellular prion proteins.<sup>7</sup> Specifically, mGluR5 can act as an extracellular scaffold for a A $\beta$ / cellular prion protein (PrP<sup>c</sup>) complex that results in impaired lateral diffusion and enhanced clustering of the receptor leading to excessive release of intracellular Ca<sup>2+</sup> and neurotoxicity.<sup>8-10</sup> We have previously shown that the genetic deletion of mGluR5 in the APPswe/ PS1 $\Delta$ E9 mouse model of AD prevented memory loss and reduced  $A\beta$ -related neuropathology in male animals.<sup>11</sup> We then showed that the pharmacological inhibition of mGluR5 using a selective negative allosteric modulator (NAM) CTEP (2-chloro-4-[2[2,5-dimethyl-1-[4-(trifluoromethoxy) phenyl] imidazol-4-yl] ethynyl] pyridine) in two male mouse models of AD, APPswe/PS1 $\Delta$ E9 and 3xTg-AD, rescued deficits in learning and memory and enhanced autophagic clearance of  $A\beta$  oligomers and plaques from the brain.<sup>12,13</sup> Others have also reported that mGluR5 silent allosteric modulators can improve cognitive impairment but not  $A\beta$  deposition in an AD mouse model.<sup>14</sup> More so, mGluR5 positive allosteric modulator was proven to reverse  $A\beta$ -mediated neurotoxicity but was not successful in reversing cognitive deficits in an AD mouse

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model.<sup>15</sup> Through this work, we and others have demonstrated a contributory role for mGluR5 in AD pathophysiology and highlighted the potential therapeutic applicability of mGluR5 in AD.

More recently, we have shown that mGluR5 does not play a major role in AD pathology in female APPswe/PS1 $\Delta$ E9, and the use of mGluR5 NAMs does not represent a successful strategy for treating symptomatic female APPswe/PS1 $\Delta$ E9 mice.<sup>16</sup> While these observations clearly indicate that mGluR5 signaling can be regulated in a sex-specific manner, it also points to the fact that mGluR5 contribution to AD neuropathology and therapy may be affected by nonmodifiable risk factors. Given that AD patients are diagnosed at various disease stages and ages, it is imperative that we assess whether age/disease stage, as nonmodifiable risk factors at the time of diagnosis, influence mGluR5-mediated neuropathology and responses to mGluR5 NAM treatment in AD mouse models. In human AD patients, the age of the patient has been found to be a key determinant of the pathogenesis of AD and response to acetylcholine esterase inhibitors, the most prescribed class of medications for symptomatic treatment of AD in patients.<sup>3,4</sup> For instance, young symptomatic patients appear to respond better to rivastigmine when compared to donepezil.<sup>17</sup> Moreover, head-to-head comparison of donepezil and galantamine showed that although long-term treatment with galantamine is superior to that with donepezil, it offers a temporary initial phase of improvement in memory function followed by a continuation in cognitive decline at later disease stages.<sup>18</sup> Taken together, these observations highlight the need to study longitudinal alterations in the pathophysiological mechanisms of AD, as well as the long-term efficacy and tolerability of potential therapies. This is of a particular importance in AD since patients are usually diagnosed at different disease stages and medications are intended to be used for prolonged periods.<sup>19</sup>

We have previously reported that the mGluR5 NAM, CTEP, improves cognitive deficits and mitigates AD pathology in male APPswe/PS1 $\Delta$ E9 mice following 12 weeks of treatment at either 6 or 9 months of age.<sup>12,13,16</sup> CTEP is an orally bioavailable, blood brain barrier permeable, selective mGluR5 NAM.<sup>20</sup> Here, we evaluated the efficacy of CTEP by treating symptomatic 6 month old male APPswe/PS1 $\Delta$ E9 mice for extended periods (24 and 36 weeks). We show that CTEP retained its efficacy in reversing memory deficits, mitigating neurogliosis, and activating autophagic clearance of  $A\beta$ oligomers and plaques in APPswe/PS1 $\Delta$ E9 mice when administered for 24 weeks. When the treatment was extended to 36 weeks, A $\beta$  oligomers continued to accumulate, but CTEP lost its ability to reverse memory deficits or AD neuropathology. We also found that this loss in CTEP efficacy in 15 month old APPswe/PS1 $\Delta$ E9 mice was likely due to the abolished contribution of mGluR5 to AD-related neuropathology at this advanced disease stage. This study has critical implications regarding the potential repurposing of mGluR5 NAMs for the long-term treatment of AD. It suggests that age and disease stage should be factored in AD drug trial results and it also highlights the potential usefulness of disease stage-tailored treatment strategies for AD patients.

## RESULTS

Chronic Blockade of mGluR5 with CTEP for 24, but not 36, Weeks Ameliorates Cognitive Deficits in APPswe/PS1 $\Delta$ E9 Mice. We have previously shown that 12 week treatment of either 6 or 9 month old symptomatic male APPswe/PS1 $\Delta$ E9 with CTEP ameliorated learning deficits in novel object recognition and Morris water maze (MWM) tests.<sup>12,16</sup> Here, we tested the efficacy of extended CTEP treatment of 6 month old male APPswe/PS1 $\Delta$ E9 mice for 24 or 36 weeks in improving working and spatial memory during the novel object recognition and MWM tasks. As previously reported, <sup>12,21</sup> vehicle treated 12 and 15 month old APPswe/PS1 $\Delta$ E9 mice did not discriminate between novel and familiar objects (Figure 1A,B). While treatment of 6 month old



**Figure 1.** CTEP treatment for 24, but not 36, weeks improved recognition scores of APPswe/PS1 $\Delta$ E9 mice. Mean  $\pm$  SD of recognition index, for exploring one novel object versus familiar object in the second day of novel object recognition test following a 24 week (A) or 36 week (B) treatment with either vehicle or CTEP (2 mg/kg) of age-matched wild-type (wt) and APPswe/PS1 $\Delta$ E9 (APP) mice (n = 10-12). \*P < 0.05 versus novel object values. Statistical significance was assessed by two-way ANOVA and Fisher's LSD comparisons.

APPswe/PS1 $\Delta$ E9 mice with CTEP for 24 weeks rescued impaired novel object discrimination, the behavioral improvement induced by CTEP treatment was not evident following a 36 week treatment of mice (Figure 1A,B). CTEP did not affect performance of wild-type mice at either time point (Figure 1A,B).

When tested in the MWM and Reverse Morris Water (RMWM) tasks, APPswe/PS1 $\Delta$ E9 mice treated with vehicle for 24 and 36 weeks showed significant impairments in their ability to perform both tasks, with deficits observed in escape latency, path length, and time spent in the target quadrant (Figure 2A–H). Treatment of 6 month old APPswe/PS1 $\Delta$ E9 mice with CTEP for 24 weeks reversed the behavioral impairment in both the MWM and RMWM, as measured by shorter escape latency, path lengths, and longer time spent in target quadrant (Figure 2A–H). In contrast, APPswe/PS1 $\Delta$ E9 mice treated with CTEP for 36 weeks showed only modest improvement in the MWM (Figure 2A–D) and were impaired in the RMWM (Figure 2E–H). CTEP treatment of wild-type



**Figure 2.** CTEP treatment for 24, but not 36, weeks improved performance of APPswe/PS1 $\Delta$ E9 mice in the Morris Water Maze and Morris Water Maze with reversal. Mean ± SEM of (A) escape latency, (B) path length, (C) swim speed obtained for Morris Water Maze acquisition phase, and (D) mean ± SD of time spent in the target quadrant during the probe trial following a 24 week or 36 week treatment with either vehicle or CTEP (2 mg/kg) of age matched wild-type (wt) and APPswe/PS1 $\Delta$ E9 (APP) mice. Mean ± SEM of (E) escape latency, (F) path length, and (G) swim speed obtained for Reversal Morris Water Maze acquisition phase, and (H) mean ± SD of time spent in the target quadrant during the probe trial following a 24-week or 36-week treatment with vehicle or CTEP of age matched wt and APP mice (n = 9-11). \*P < 0.05 versus age-matched, vehicle-treated wt mice. Statistical significance was assessed by two-way ANOVA and Fisher's LSD comparisons. Mice were excluded from analysis due to spontaneous death.

mice for 24 and 36 weeks had no effect on the performance of these mouse groups in either the MWM or RMWM (Figure 2A–H). The swim speed of the mice during the MWM and RMWM tasks was comparable between all groups indicating that the observed differences are not due to deficits in swimming capabilities of the mice due to aging (Figure 2C,G). Taken together this data shows that while extended mGluR5 antagonism seems to be tolerable in all groups of mice, it only improved working and spatial memory in APPswe/PS1 $\Delta$ E9 mice up to 12 months of age suggesting that the efficacy of mGluR5 NAM can be limited at an advanced stage of AD.

Chronic Inhibition of mGluR5 with CTEP for 24, but Not 36, Weeks Reduces  $A\beta$  Pathology in APPswe/ PS1 $\Delta$ E9 Mice. To determine whether the differences in cognitive function observed in APPswe/PS1 $\Delta$ E9 mice treated, beginning at 6 months of age, with CTEP for 24 and 36 weeks were reflected on differences in  $A\beta$  pathology, we quantified plaque density in both the cortex and hippocampus of vehicleand CTEP-treated APPswe/PS1 $\Delta$ E9 mice. We found the plaque density was significantly lower in both the cortex and hippocampus of APPswe/PS1 $\Delta$ E9 mice following treatment with CTEP for 24 weeks (Figure 3A). In contrast, CTEP treatment of APPswe/PS1ΔE9 mice for 36 weeks modestly reduced plaque density in the cortex, but did not affect plaque density in the hippocampus (Figure 3B). Moreover, treatment of APPswe/PS1 $\Delta$ E9 mice with CTEP for 24 weeks significantly reduced soluble  $A\beta$  oligomer levels, whereas treatment for 36 weeks did not alter soluble A $\beta$  oligomer levels, and overall soluble A $\beta$  oligomer levels at 36 weeks of treatment were significantly higher than those observed at 24 weeks (Figure 3C). Since the APPswe/PS1 $\Delta$ E9 mouse model was a mutant amyloid precursor protein (APP) overexpression model,<sup>21,22</sup> we tested whether the changes in  $A\beta$  burden between the two age groups of APPswe/PS1 $\Delta$ E9 mice was due

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**Figure 3.** CTEP treatment for 24, but not 36, weeks reduced  $A\beta$  pathology in APPswe/PS1 $\Delta$ E9 mice. Representative images of  $A\beta$  staining and quantification of plaque density in cortical and hippocampal brain slices from age-matched APPswe/PS1 $\Delta$ E9 (APP) mice following treatment with either vehicle or CTEP (2 mg/kg) for (A) 24 or (B) 36 weeks. Images are representative of four independent experiments (scale bar, 50  $\mu$ m). Data represent mean  $\pm$  SD following the quantitation of five different 900  $\mu$ m<sup>2</sup> regions in the cortex and two different 900  $\mu$ m<sup>2</sup> regions in the hippocampus from six brain slices in four independent mice for each group. \**P* < 0.05 versus the same region of vehicle-treated age-matched APP mice. Statistical significance was assessed by unpaired Student's *t* test. (C) Mean  $\pm$  SD of the whole-brain  $A\beta$  oligomer concentrations (pg/mg protein) in age-matched wt and APP mice after either a 24 week or 36 week treatment with either vehicle or CTEP (*n* = 4–5). The asterisk (\*) denotes significant difference at *P* < 0.05. (D) Representative Western blots and quantification of folds change in Amyloid precursor protein with the corresponding  $\beta$ -tubulin loading control from age-matched wt and APP mice after either a 24 week or 36 week treatment with either vehicle or CTEP (*n* = 4). Values represent mean  $\pm$  SD and were expressed as a fraction of the 24 week, vehicle-treated wt value. \**P* < 0.05 versus 24 week, vehicle-treated wt mice. Statistical significance for panels C and D was assessed by two-way ANOVA and Fisher's LSD comparisons.

to altered APP expression. We found that the expression of APP was not altered by disease progression or CTEP treatment (Figure 3D). Taken together, these observations indicated that extended mGluR5 NAMs could be effective in clearing the A $\beta$  load in APPswe/PS1 $\Delta$ E9 mice, but this efficacy can be significantly abolished in advanced stages of the disease.

ZBTB16- and mTOR-Dependent Autophagic Pathways Contribute to Reduced A $\beta$  Pathology in APPswe/ PS1 $\Delta$ E9 Mice Following CTEP Treatment for 24, but Not 36, Weeks. We previously demonstrated that mGluR5 inhibits a GSK3 $\beta$ /Zinc Finger and BTB Domain Containing 16 (ZBTB16)/Autophagy Related 14 (ATG14) autophagic pathway in APPswe/PS1 $\Delta$ E9 mice.<sup>13,23</sup> We found here that GSK3 $\beta$ -pS9 phosphorylation, and both ZBTB16 and the

autophagy marker p62 protein expression were increased in brain lysates of 6 month old APPswe/PS1 $\Delta$ E9 mice treated with vehicle for 24 weeks compared to wild-type mice. CTEP treatment reduced GSK3 $\beta$ -pS9 phosphorylation, ZBTB16, and p62 expression and increased ATG14 expression (Figure 4A– D). In contrast, in 6 month old APPswe/PS1 $\Delta$ E9 mice treated with either vehicle or CTEP for 36 weeks, we did not observe any changes in either GSK3 $\beta$ -pS9 phosphorylation or protein expression levels of either ZBTB16, ATG14 or p62, when compared to vehicle-treated wild-type mice (Figure 4A-D). However, CTEP treatment induced an increase in ZBTB16 expression in wild-type mice (Figure 4B). The loss of mGluR5mediated regulation of the GSK3 $\beta$ /ZBTB16/ATG14 autophagic pathway with age was similar to what we previously reported for younger female APPswe/PS1 $\Delta$ 9 mice.<sup>16</sup>

mGluR5 also contributed to the regulation of Akt/ mammalian Target of Rapamycin (mTOR) signaling in a zQ175 Huntington's disease (HD) mouse model.<sup>24</sup> mGluR5 can activate phosphoinositide 3-kinase (PI3K) that in turn recruits and activates Akt via direct phosphorylation and results in activation of mTOR downstream signaling to suppress autophagy.<sup>24-28</sup> It is worth noting that mTOR phosphorylation at S2448 and the downstream effector p70S6K1 at T389 are both considered hallmarks of mTOR activity.<sup>25</sup> When tested in AD mice, we found that Akt-pS473, mTORpS2448, and p70S6K1-pT389 phosphorylation were increased in APPswe/PS1 $\Delta$ 9 mice treated with vehicle for 24 weeks starting at 6 months of age and that CTEP treatment normalized phosphorylation to wild-type levels (Figure 5A-C). In contrast, no increase in Akt-pS473, mTOR-pS2448, or p70S6K1-pT389 phosphorylation was observed in mice treated with vehicle or CTEP for 36 weeks (Figure 5A-C). Taken together this data indicated that in advanced disease, the contribution of mTOR- and ZBTB16-autophagic pathways to AD-like neuropathology can be diminished, rendering the continued mGluR5 blockade inadequate in reversing  $A\beta$ pathology and cognitive deficits.

mGluR5 Inhibition with CTEP for 24 Weeks, but Not 36, Weeks Reduces Neuroglial Activation in APPswe/ **PS1\DeltaE9 Mice.** Glial cells, namely astrocytes and microglia, can induce a robust neuroinflammatory response that contributes to synaptic dysfunction and neuronal death in AD.<sup>33-35</sup> Specifically, ionized calcium binding adaptor molecule 1 (Iba1)-positive microglia and glial fibrillary acidic protein (GFAP)-positive astrocytes were previously detected around A $\beta$  plaques.<sup>33–36</sup> Similarly, we detected a significant increase in the number of Iba1- and GFAP-positives in cortical brain slices derived from 6 month old APPswe/PS1 $\Delta$ E9 mice treated with vehicle for 24 and 36 weeks (Figure 6A,B). The treatment of 6 month old APPswe/PS1ΔE9 mice with CTEP for 24 weeks reduced the markers of activated microglia and reactive astrocytes (Figure 6A,B). However, continued treatment of the APPswe/ $PS1\Delta E9$  mice with CTEP for 36 weeks no longer promoted a reduction in astrogliosis and microgliosis (Figure 6A,B). These findings indicate that neuroglial activation contributes to AD neuropathology in APPswe/ PS1 $\Delta$ E9 mice but, at later disease stages microglial and astrocytic activation is likely meditated by mGluR5-independent mechanisms.

It was important to confirm that the difference in mGluR5 downstream signaling between the two age groups of APPswe/PS1 $\Delta$ E9 mice was not due to age-related alteration in mGluR5 expression. Thus, we quantified the total expression of



**Figure 4.** ZBTB16 autophagic pathway was activated in 12 month old APPswe/PS1 $\Delta$ E9 mice by 24 weeks of CTEP treatment. Representative Western blots and quantification of folds change in (A) GSK3 $\beta$ -pS9, (B) ZBTB16, (C) ATG14, and (D) p62 with the corresponding loading controls in brain lysates from age matched wild-type (wt) and APPswe/PS1 $\Delta$ E9 (APP) mice after either a 24 week or 36 week treatment with either vehicle or CTEP (2 mg/kg). GSK3 $\beta$ -pS9 was normalized to total GSK3 $\beta$ , ZBTB16, ATG14, and p62 were normalized to vinculin (n = 5 for each group). Values represent mean  $\pm$  SD and are expressed as a fraction of the age matched, vehicle treated wt value. \*P < 0.05 versus age-matched, vehicle-treated wt values. Statistical significance was assessed for GSK3 $\beta$ -pS9, ATG14, and p62 after 24 weeks of treatment with Kruskal–Wallis test and by two-way ANOVA and Fisher's LSD comparisons for the rest of the panels.



**Figure 5.** Impaired mTOR signaling in 12 month old APPswe/PS1 $\Delta$ E9 mice was normalized by 24 weeks of CTEP treatment. Representative Western blots and quantification of folds change in (A) Akt-pS473, (B) mTOR-pS2448, and (C) P70S6K1-pT389 with the corresponding loading controls in brain lysates from age-matched wild-type (wt) and APPswe/PS1 $\Delta$ E9 (APP) mice after either a 24 week or 36 week treatment with either vehicle or CTEP (2 mg/kg). Akt-pS473 was normalized to total Akt, mTOR-pS2448 was normalized to mTOR, and p70S6K1-pT389 was normalized to vinculin (n = 5 for each group). P70S6K1-pT389 and p62 (Figure 4D) were probed on the same blot. Values represent mean  $\pm$  SD and expressed as a fraction of the age-matched, vehicle-treated wt value. \*P < 0.05 versus age-matched, vehicle-treated wt values. Statistical significance was assessed by two-way ANOVA and Fisher's LSD comparisons.

mGluR5 in brain lysates of 12 and 15 month old APPswe/ PS1 $\Delta$ E9 mice after extended treatment with either CTEP or vehicle. We detected no significant change in the total expression of mGluR5 between all groups (Figure S-1I) indicating that the shift in AD pathological mechanisms at advanced disease stages is downstream of the receptor.

# DISCUSSION

While few targets have been identified as being potential pharmacological targets for AD treatment, it remains less clear which particular target(s) will be successful in maintaining



**Figure 6.** CTEP treatment for 24, but not 36, weeks reduced neuroglial activation in APPswe/PS1 $\Delta$ E9 mice. Quantification of the number of (A) Iba1 and (B) GFAP positive cells in cortical brain slices from age-matched wild-type (wt) and APPswe/PS1 $\Delta$ E9 (APP) mice following a 24 week or 36 week treatment with either vehicle or CTEP (2 mg/kg). Data represent the quantification of five different 900  $\mu$ m<sup>2</sup> regions in six cortical slices derived from four independent mouse brains for each group and expressed as the mean  $\pm$  SD. The asterisk (\*) denotes significant difference at P < 0.05. Statistical significance was assessed by two-way ANOVA and Fisher's LSD comparisons.

favorable therapeutic outcomes as the disease progresses.<sup>3</sup> This is particularly relevant to AD therapy since patients are diagnosed at various disease stages and some of the available drugs have already proved less clinically competent in certain disease stages.<sup>17,18,37</sup> This implies a possible shift in the pathophysiological mechanism(s) underlying disease progression that should be studied to ensure that therapeutic goals are met. Moreover, it suggests that we should consider evolving treatment strategies along the course of the disease to maximize therapeutic benefit. Our previous work provides robust evidence for the disease-modifying characteristics of mGluR5 NAMs when tested in preclinical models of AD. In the current study, we challenged mGluR5 NAM for extended periods of treatment and in advanced disease stages to assess its efficacy in APPswe/PS1 $\Delta$ E9 mice.

We show evidence for a progressive accumulation of  $A\beta$  oligomer in brains of APPswe/PS1 $\Delta$ E9 mice as they age. CTEP treatment of 6 month old APPswe/PS1 $\Delta$ E9 mice effectively reverses cognitive deficits in the mice following 24 weeks of treatment and this is paralleled by GSK $3\beta$ /ZBTB16/ATG14- and Akt/mTOR/p70S6K1-mediated activation of autophagy, as well as a reduction in  $A\beta$  load and amelioration of neurogliosis. When treatment is extended to 36 weeks, CTEP is no longer effectively mitigating  $A\beta$  pathology, neuroinflammation, or cognitive deficits. This loss in the efficacy of CTEP in later disease stages appears to be related to a loss of mGluR5-driven mechanisms of AD neuropathology in APPswe/PS1 $\Delta$ E9 mice. Thus, it is clear that mGluR5 may not be the best candidate for therapeutic targeting in the late stages of AD and other targets should be considered.

The progression of AD-like neuropathology was evident in our mice as we detected higher levels of  $A\beta$  oligomers in vehicle-treated 15 month old compared to 12 month old APPswe/PS1 $\Delta$ E9 mice. These observations were consistent with previous studies from our group and others reporting that the increase in the extent of  $A\beta$  deposition in APPswe/ PS1 $\Delta$ E9 mice was age-dependent and starts as early as 6 months of age and continues up to 17 months of age.<sup>12,16,21,22,38</sup> While our study further supported the favorable outcomes of extended mGluR5 inhibition in mitigating AD-like neuropathology and cognitive deficits, it also indicated that the disease progression could also be associated with loss of mGluR5 as a disease modifying target in AD mice.

A $\beta$  is a proteolytic cleavage of APP and is normally found in the brain in a soluble form at low levels. Pathological alterations in the synthesis and/or removal of A $\beta$  increases its level and initiates aggregation that can accelerate neurodegeneration.<sup>39,40</sup> In fact, this is the rationale for generating the double transgenic APPswe/PS1 $\Delta$ E9 mouse line expressing a chimeric mouse/human APP (APP<sub>695</sub> swe) and a mutant human presenilin 1 (PS1- $\Delta$ E9) resulting in A $\beta$  deposition as early as 6 months of age.<sup>22,41</sup> We have previously reported that the ability to induce autophagic clearance of the A $\beta$  burden is a major disease-modifying mechanism that underlies beneficial outcomes of chronic treatment with mGluR5 NAMs in male AD mice.<sup>13,16</sup> This is specifically relevant to AD since  $A\beta$  is known to induce the clustering and activation of mGluR5, processes that further contribute to neuropathology.<sup>8,9</sup> A reduction in autophagy flux rates were also reported in multiple proteinopathies including AD.<sup>42–45</sup> Therefore, if mGluR5 NAMs can maintain their ability to activate autophagy and remove  $A\beta$  oligomers after an extended treatment regimen, it would represent excellent strategy to slow the process of neurodegeneration and maintain long-term therapeutic efficacy.

We have previously demonstrated that mGluR5 inhibits autophagy via a ZBTB16-Cullin3-Roc1 E3-ubiquitin ligase pathway in male APPswe/PS1ΔE9 and 3xTg-AD mouse models and 12 week treatment with CTEP was able to relieve such inhibition.<sup>13,16,46</sup> Similar to 12 week, 24 week treatment of male APPswe/PS1 $\Delta$ E9 mice starting at 6 months of age with CTEP activated autophagy via the GSK3 $\beta$ /ZBTB16/ ATG14 pathway. Interestingly, independent of treatment, we observed no alterations in the markers of the GSK3 $\beta$ / ZBTB16/ATG14 autophagy pathway in 15 month old APPswe/PS1 $\Delta$ E9 mice. We also detected an upregulation in ZBTB16 in wild-type mice after 36 weeks of treatment that can be explained by either an age-dependent shift in mGluR5mediated regulation of ZBTB16 expression or a compensatory upregulation in ZBTB16 expression as a consequence of extended mGluR5 inhibition. When these were taken together, we showed that while extended pharmacological inhibition of mGluR5 was capable of activating GSK3β/ZBTB16/ATG14regulated autophagic pathway to remove  $A\beta$  oligomers in APPswe/PS1 $\Delta$ E9 mice up to 12 months of age, the contribution of this pathway to neuropathology was limited in later disease stages significantly mitigating the therapeutic value of mGluR5 NAMs in AD pathology.

Activation of PI3K/mTOR signaling is another mechanism that allows mGluR5 to regulate autophagy, since mTOR is known to be a master regulator of autophagy.<sup>47–49</sup> Canonical mTOR signaling is initiated following mGluR5-dependent

activation of PI3K to directly activate Akt via phosphorylation that results in rapid phosphorylation of mTOR at S2448 and subsequently phosphorylation of the mTOR downstream effector, p70S6K1 at T389.<sup>26,29</sup> Both mTOR-pS2448 and p70S6K1-pT389 are considered reliable biomarkers of the mTOR complex activity.<sup>29-32</sup> We have also shown that in a HD mouse model, mGluR5 inhibition can activate autophagic clearance of mutant huntingtin aggregates by suppressing mTOR signaling.<sup>24</sup> Here, we show that CTEP can normalize the mTOR signaling after a 24-week long treatment in APPswe/PS1 $\Delta$ E9 mice. However, as observed for the ZBTB16 pathway, we did not detect any evidence of mGluR5-mediated mTOR signaling in 15 month old APPswe/PS1ΔE9 mice. These observations indicate that mGluR5-mediated activation of mTOR contributes to the suppression of autophagic clearance of the A $\beta$  load and inhibiting mTOR can be another mechanism by which mGluR5 NAMs initiates autophagy in AD mice. Similar to that of the ZBTB16 pathway, mTORregulated autophagy does not seem to contribute to pathology in later stages of AD, hence the inability of mGluR5 NAM to mitigate  $A\beta$  pathology in older AD mice.

Microglia and the inflammatory mediators that it releases in response to  $A\beta$  oligomers are known to exacerbate neuroinflammation in AD.<sup>33,34,50,51</sup> Astrocytes are also activated by A $\beta$  oligomers resulting in glutamate release and inhibition of glutamate uptake from the synaptic cleft, thus contributing to excitotoxity and neuronal apoptosis in AD.<sup>52-55</sup> We find that markers of microglia activation and astrogliosis, Iba1 and GFAP, respectively, are elevated in both 12 and 15 month old APPswe/PS1 $\Delta$ E9 brains. This is consistent with previous findings showing that activated microglia and reactive astrocytes were detected around A $\beta$  plaques as early as 6 months of age in this model.<sup>34,51</sup> Treatment with CTEP reduced the number of Iba1- and GFAP-positive cells in APPswe/PS1 $\Delta$ E9 mice up to 12 months of age, yet was ineffective in 15 month old animals. Thus, it is possible that the autophagic clearance of A $\beta$  oligomers following treatment with CTEP in 12 month old APPswe/PS1 $\Delta$ E9 mice reduces A $\beta$ oligomer-activated neurogliosis resulting in reduced neuroinflammation and abolishes neurotoxicity caused by glutamate overspill from astrocytes. However, in later disease stages CTEP cannot activate autophagic removal of A $\beta$  oligomers and thus is not capable of mitigating neuroinflammation that can further contribute to therapeutic inefficacy. It is also noteworthy that the effect of CTEP on glial activation in 12 month old APPswe/PS1 $\Delta$ E9 mice was less robust than its effect on ZBTB16 and mTOR-regulated autophagy. More so, unlike all the autophagy markers that were not altered in 15 month old APPswe/PS1 $\Delta$ E9 mice, neuroglia was still significantly activated in this age group. This suggests that it is likely that neuroglial activation is less dependent on mGluR5 and there are other pathophysiological mechanism(s) driving neuroglial activation that can not be targeted by mGluR5 NAMs.

One plausible explanation for such difference in mGluR5 NAM efficacy between 12 and 15 month old APPswe/PS1 $\Delta$ E9 mice could be an age-dependent loss in mGluR5 expression that limits the usefulness of mGluR5 as a therapeutic target; however, we did not detect any significant change in the total expression of mGluR5 with age. These findings suggest that along the disease course there might be abolished contribution of pathological mGluR5 signaling to AD neuropathology in mice and therefore mGluR5 NAM treatment becomes incapable of modifying mGluR5 signaling or disease

progression at advanced stages. It is important to acknowledge that this shift in the signaling mechanisms between both 12 and 15 month old mice could be a consequence of the extended treatment paradigm that may upregulate compensatory pathological mechanisms that are mGluR5-independent. It is also noteworthy that we reported a diminished contribution of pathological mGluR5 signaling in young females APPswe/PS1 $\Delta$ E9 mice that was due to inability of  $A\beta$  oligomers to activate mGluR5.<sup>16</sup> Thus, it will be imperative to test whether mGluR5 signaling is also regulated in a sexspecific manner in advanced stages of AD, as it will have major implications on drug discovery and interpretation of AD clinical trial results.

In summary, we find that extended mGluR5 antagonism has proven to be well-tolerated and effective in reducing cognitive impairment,  $A\beta$ -related pathology and neuroinflammation associated with AD up to a certain disease stage in AD mice. As the disease progresses, mGluR5 contribution to AD pathology is abolished that makes mGluR5 NAMs less therapeutically useful in later stages. Thus, we provide the first evidence that the pathophysiological mechanism(s) underlying AD evolve as the disease progresses and will require further optimization of treatment strategies to ensure maximal therapeutic benefits. Although our study was focused on the age-dependent changes in mGluR5 signaling, we anticipate that other pathophysiological mechanism(s) known to contribute to AD might follow a similar trend that may have major implications on drug discovery and AD clinical trials.

# MATERIALS AND METHODS

Reagents. CTEP was purchased from Axon Medchem (1972). Horseradish peroxidase (HRP)-conjugated antirabbit IgG secondary antibody was from Bio-Rad. HRP-conjugated antimouse secondary and rabbit anti-GSK3 $\beta$  (pS9, 9323), -Akt (pS437, 4060), -mTOR (pS2448, 109268), and -mTOR (2972) and mouse anti-Akt (9272), -GSK3 $\beta$  (9832) antibodies were from Cell Signaling Technology. Rabbit anti- ATG14 (PD026) were from MBL life science. Mouse anti-P62 (56416) and rabbit anti-ZBTB16 (39354), -APP (2072), -GFAP (7260), -vinculin (129002), and -Iba1 (178847) antibodies were from Abcam. Rabbit anti-mGluR5 (AB5675),  $-\beta$ -tubulin (T2200), and mouse anti-P70S6K1 (pT389, 07018I) antibodies were from Sigma-Aldrich. Rabbit anti- $\beta$ -Amyloid (715800) was from Thermo Scientific. Reagents used for Western blotting were purchased from Bio-Rad, and all other biochemical reagents were from Sigma-Aldrich.

Animals. All animal experimental protocols were approved by the University of Ottawa Institutional Animal Care Committee and were in accordance with the Canadian Council of Animal Care guidelines. STOCK B6C3-Tg  $(APPswe/PSEN1\Delta E9)85Dbo/J$  mice that carry the human APP with Swedish mutation and the DeltaE9 mutation of the human presenilin 1 gene<sup>22</sup> were purchased from Jackson Laboratory (Bar Harbor, ME). Offspring were genotyped using PCR with primers specific for the APP sequence. Animals were bred to establish littermate controlled male wild-type (WT), group-housed in cages of 2-4 animals, received food and water ad libitum, and maintained on a 12 h light/12 h dark cycle at 24 °C. Groups of 48 male wild-type and APPswe/PSEN1ΔE9 mice were aged to 6 months of age, and 12 mice from each group were treated every 48 h with either vehicle (DMSO in chocolate pudding) or CTEP (2 mg/kg in chocolate pudding)

for 24 or 36 weeks<sup>12,23</sup> based on weekly body weights. The dose was administered in a plastic dish (1.62 cm  $\times$  1.62 cm) and the dish was only removed after the experimenter verified that the animal had consumed the full dose. Cognitive and locomotor functions of all animals were assessed prior to and following 24 and 36 weeks of drug treatment. At the end of either 24- or 36-week treatment, mice were sacrificed by exsanguination and brains were collected and randomized for biochemical determinations and immunohistochemical examinations.

Immunoblotting. Freshly dissected brain hemispheres were lysed in ice-cold lysis buffer (50 mM Tris, pH 8.0, 150 mM NaCl, and 1% Triton X-100) containing a protease inhibitors cocktail (100 µM AEBSF, 2 µM leupeptin, 80 nM aprotinin, 5  $\mu$ M Bestatin, 1.5  $\mu$ M E-64, and 1  $\mu$ M pepstatin A) and phosphatase inhibitors (10 mM NaF and 500  $\mu$ M Na<sub>3</sub>VO<sub>4</sub>) and centrifuged twice for 10 min each at 15 000 rpm and 4  $^{\circ}$ C. Total protein levels were quantified in the supernatant using Bradford Protein Assay (Biorad). Homogenates were diluted in a mix of lysis buffer and  $\beta$ -mercaptoethanol containing 3× loading buffer and boiled for 10 min at 90 °C. Aliquots containing 35  $\mu$ g total proteins were resolved by electrophoresis on a 7.5% SDS-polyacrylamide gel (SDS-PAGE) and transferred onto nitrocellulose membranes (Bio-Rad). Blots were blocked in Tris-buffered saline, pH 7.6 containing 0.05% of Tween 20 (TBST) and 6% nonfat dry milk for 2 h at room temperature and then incubated overnight at 4 °C with primary antibodies diluted 1:1000 in TBST containing 1% nonfat dry milk. Immunodetection was performed by incubating with the proper secondary antibodies (antirabbit/ mouse) diluted 1:5000 in TBST containing 1% of nonfat dry milk for 1 h. Bands were detected and quantified using SuperSignal West Pico PLUS Chemiluminescent Substrate (Thermo Scientific).

*Behavioral Analysis.* Animals were habituated in the testing room for 30 min prior to testing, and all behavioral testing was blindly performed during the animal's light cycle.

Novel Object Recognition. Mice were placed in the empty box measuring  $45 \times 45 \times 45$  cm<sup>3</sup> for 5 min and 5 min later, two identical objects were placed in the box 5 cm from the edges and 5 cm apart. Mice were returned to the box for 5 min, and allowed to explore. Time spent exploring each object was captured using a camera and data were transferred to a computer in a separate room for analysis using Noldus Ethovision 10 software. Mice were considered to be exploring an object if their snout was within 1 cm of the object. The experiment was repeated 1 day after first exposure with one the objects replaced with a novel object. Recognition index was calculated as follows: time spent exploring the familiar object or the novel object over the total time spent exploring both objects multiplied by 100, and was used to measure recognition memory (TA or TB/(TA + TB))×100, where T represents time, A represents the familiar object, and B represents the novel object.

Morris Water Maze (MWM) and Reversal Morris Water Maze (RMWM). The maze is a white opaque plastic pool (120 cm in diameter), filled with water and maintained at 25 °C. An escape platform (10 cm diameter) was placed 25 cm from the perimeter, hidden one cm beneath the water surface. Visual cues were placed on the walls in the room of the maze as spatial references. Mice were trained for 4 days (four trials per day, 60 s each and 15 min apart) to find the platform at a fixed position from a random start point of the four equally spaced

points around the pool. If the mice fail to find the platform within 60 s, they were guided to the platform by the experimenter. Escape latency and swim speed were measured using Ethovision 10 automated video tracking software from Noldus. On day 5, the probe trial (a single trial of 60 s) was performed by removing the platform and allowing the mice to swim freely in the pool and recording the time spent in the target quadrant. RMWM task was initiated 24 h after completion of MWM using the same paradigm as MWM, with 3 days acquisition and probe trial on the fourth day; however, the platform was relocated to a novel position.

Determination of  $A\beta$  Oligomer by Sandwich ELISA. ELISA was performed as described previously.<sup>12,16</sup> Quantification was performed using a sandwich ELISA kit according to manufacturer's instructions, KHB3491 for oligomeric  $A\beta$ (Thermo Scientific). Briefly, one hemisphere from each mouse was lysed and centrifuged at 4 °C either at 100 000g for 1 h. The supernatant was then diluted with kit buffer 1:10 before performing the ELISA, which was carried out in triplicate and measured as detailed in the manufacturer's protocol. Protein was quantified using the Bradford protein assay. The final  $A\beta$  values were determined after normalization to total protein levels.

 $\beta$ -Amyloid, Iba1, and GFAP Immunohistochemistry. Staining was performed as described previously.<sup>12,16</sup> Briefly, brains were coronally sectioned through the cortex and hippocampus and on 40  $\mu$ m free-floating sections and every sixth section was stained per mouse using a peroxidase-based immunostaining protocol. This yielded approximately eight sections per mouse. Sections were incubated overnight in primary antibody for A $\beta$  (1:200), Iba1 (1:100), or GFAP (1:200) at 4 °C, washed, incubated in biotinylated antibody (biotinylated antirabbit, 1:400, Vector Elite ABC kit mouse) for 90 min at 4 °C, and then incubated in an avidin-biotin enzyme reagent for 90 min at 4 °C (Vector Elite ABC kit mouse, PK-6102, Vector Laboratories). Immunostaining was visualized using a chromogen (Vector SG substrate, Vector Laboratories). Sections were mounted on slides and visualized with a Zeiss AxioObserver epifluorescent microscope with a Zeiss 20× lens, using representative 900  $\mu$ m<sup>2</sup> areas of cortex and hippocampus. Five ROIs were analyzed in the cortex and 2 ROIs in the hippocampus. This number of ROIs prevents the selection of only densely stained regions. Experimenters were blinded to drugging, and analysis and images were analyzed using the cell counter tool in ImageJ (NIH, USA).

Statistical Analysis. Means  $\pm$  SD or SEM values shown for each of the independent experiments are shown in the various figure legends. GraphPad Prism software was used to analyze data for statistical significance. Data normality tested using the Anderson-Darling test and statistical significance was determined by either a series of 2 (strain)  $\times$  2 (drug treatment) ANOVAs followed by Fisher's LSD comparisons, Student's *t* test or Kruskal–Wallis test was applied as appropriate for the significant main effects or interactions.

#### ASSOCIATED CONTENT

#### **Supporting Information**

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acsptsci.0c00013.

Uncropped blots corresponding to Figures 3D, 4A–D, and 5A–C, and uncropped blots with quantification of mGluR5 total expression in brain lysates from wildtype

and APPswe/PS1 $\Delta$ E9 mice after either a 24 week or 36 week treatment with vehicle or CTEP (PDF)

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# **Author Contributions**

<sup>#</sup>These authors contributed equally to this work. K.S.A., A.H., and S.S.G.F. were responsible for the conception and design of all experiments. K.S.A., A.H., and A.A. performed the experiments and analyzed the data. K.S.A., A.H., and S.S.G.F. wrote the manuscript. S.S.G.F. supervised the study.

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#### Notes

The authors declare no competing financial interest.

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