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[Intervention Review]

# Anthelmintic drugs for treating ascariasis

Lucieni O Conterno<sup>1</sup>, Marília D Turchi<sup>2</sup>, Ione Corrêa<sup>3</sup>, Ricardo Augusto Monteiro de Barros Almeida<sup>4</sup>

<sup>1</sup>Medical School, Department of Internal Medicine, Infectious Diseases Division, State University of Campinas (UNICAMP), Campinas, Brazil. <sup>2</sup>Department of Public Health, Institute of Tropical Pathology and Public Health, Federal University of Goiás, Goiania, Brazil.

<sup>3</sup>Department of Nursing, Botucatu Medical School, UNESP - Univ Estadual Paulista, Botucatu, Brazil. <sup>4</sup>Department of Tropical Diseases and Imaging Diagnosis, Botucatu Medical School, UNESP - Univ Estadual Paulista, Botucatu, Brazil

**Contact:** Lucieni O Conterno, Medical School, Department of Internal Medicine, Infectious Diseases Division, State University of Campinas (UNICAMP), Rua Tessália Vieira de Camargo, 126, Cidade Universitária "Zeferino Vaz", Campinas, São Paulo, 13083-887, Brazil. [lucieni@unicamp.br](mailto:lucieni@unicamp.br), [lucieniconterno@gmail.com](mailto:lucieniconterno@gmail.com).

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## ABSTRACT

### Background

*Ascaris lumbricoides* is a common infection, and mainly affects children living in low-income areas. Water and sanitation improvement, health education, and drug treatment may help break the cycle of transmission, and effective drugs will reduce morbidity.

### Objectives

To compare the efficacy and safety of anthelmintic drugs (albendazole, mebendazole, ivermectin) for treating people with *Ascaris* infection.

### Search methods

We searched the Cochrane Infectious Disease Group Specialized Register, CENTRAL, MEDLINE, Embase, LILACS, three other databases, and reference lists of included studies, without language restrictions, up to 4 July 2019.

### Selection criteria

Randomized controlled trials (RCT) that compared albendazole, mebendazole, and ivermectin in children and adults with confirmed *Ascaris* infection.

### Data collection and analysis

Two review authors independently assessed studies for inclusion, assessed risk of bias, and extracted data from the included trials. A third review author checked the quality of data extraction. We used the Cochrane 'Risk of bias' assessment tool to determine the risk of bias in included trials. We used risk ratios (RRs) with 95% confidence intervals (CIs) to compare dichotomous outcomes in treatment and control groups. We used the fixed-effect model for studies with low heterogeneity and the random-effects model for studies with moderate to high heterogeneity. We assessed the certainty of the evidence using the GRADE approach. We used the control rate average to provide illustrative cure rates in the comparison groups.

### Main results

We included 30 parallel-group RCTs, which enrolled 6442 participants from 17 countries across Africa, Asia, Central America and the Caribbean, and South America. Participants were from 28 days to 82 years of age, recruited from school, communities, and health facilities.

### Anthelmintic drugs for treating ascariasis (Review)

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Twenty studies were funded or co-funded by manufacturers, while 10 studies were independent of manufacturer funding. Twenty-two trials had a high risk of bias for one or two domains (blinding, incomplete outcome data, selective reporting).

Single dose of albendazole (four trials), mebendazole (three trials) or ivermectin (one trial) was compared to placebo. Parasitological cure at 14 to 60 days was high in all the studies (illustrative cure of 93.0% in the anthelmintic group and 16.1% in the placebo group; RR 6.29, 95% CI 3.91 to 10.12; 8 trials, 1578 participants; moderate-certainty evidence). Single dose of albendazole is as effective as multiple doses of albendazole (illustrative cure of 93.2% with single dose, 94.3% with multiple doses; RR 0.98, 95% CI 0.92 to 1.05; 3 trials, 307 participants; high-certainty evidence); or as single dose of mebendazole (illustrative cure of 98.0% with albendazole, 96.9% with mebendazole; RR 1.01, 95% CI 1.00 to 1.02; 6 trials, 2131 participants; high-certainty evidence). Studies did not detect a difference between a single dose of albendazole and a single dose of ivermectin (cure rates of 87.8% with albendazole, 90.2% with ivermectin; RR 0.99, 95% CI 0.91 to 1.08; 3 trials, 519 participants; moderate-certainty evidence).

Across all the studies, failure after single dose of albendazole ranged from 0.0% to 30.3%, mebendazole from 0.0% to 22.2%, and ivermectin from 0.0% to 21.6%.

The egg reduction rate (ERR) measured up to 60 days after the treatment was high in all treated groups, regardless of the anthelmintic used (range 96% to 100%). It was not possible to evaluate parasitological cure by classes of infection intensity.

No included trials reported complication or serious adverse events. Other adverse events were apparently similar among the compared anthelmintic groups (moderate- to low-certainty evidence). The most commonly reported other adverse events were nausea, vomiting, abdominal pain, diarrhoea, headache, and fever.

### Authors' conclusions

Single-dose of albendazole, mebendazole, and ivermectin all appeared effective against *Ascaris lumbricoides* infection, yielding high parasitological cure and large reductions in eggs excreted, with no differences detected between them. The drugs appear to be safe to treat children and adults with confirmed *Ascaris* infection. There is little to choose between drugs and regimens in terms of cure or adverse events.

## PLAIN LANGUAGE SUMMARY

### Comparing the effect of medications for treating *Ascaris* infection

#### What was the aim of this review?

We aimed to compare the effect of different medications for treating people with *Ascaris* infection. Albendazole and mebendazole are most commonly used to treat ascariasis. Ivermectin can also be used. We wanted to know if there was anything to choose between these drugs for eradicating the worms and their eggs in stool samples. We included 30 relevant studies.

#### Key messages

Mebendazole, albendazole, and ivermectin single dose were effective against *Ascaris lumbricoides* infection, yielding high parasitological cure without any differences detected between them. There were no serious side effects reported.

#### What was studied in the review?

*Ascaris lumbricoides*, also known as roundworm, is a soil-transmitted worm that can infect people. Ascariasis is common worldwide and mainly affects children living in low-income areas. Interventions against ascariasis include water and sanitation improvement, health education, and medicine treatment for infected individuals. Treatment with medications removes adult worms from the gastrointestinal tract reducing morbidity (illness) and infection transmission. Although many medicines exist to treat people who have worms (anthelmintic drugs), the most effective regimen and the optimal doses are not well known. We assessed studies that compared the use of anthelmintic medications in adults and children, as a single or a combined therapy, and in single or multiple dose regimens.

#### What were the main results of the review?

We included 30 randomized controlled trials (clinical studies where people are randomly put into one of two or more treatment groups), enrolling 6442 children and adults aged from 28 days to 82 years, with *Ascaris* infection. Twenty studies were funded or co-funded by manufacturers (which may introduce bias), while 10 were independent of manufacturer funding.

Parasitological cure is probably six-fold more frequent in people receiving anthelmintic medicines when compared to people receiving placebo (treatment with no active ingredient) (moderate-certainty evidence).

No difference in ascariasis cure was found in comparisons between single dose albendazole with single doses of either mebendazole or ivermectin; and no difference was found between single dose albendazole compared with giving multiple doses.

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Severe side effects were not reported. The occurrence of other side effects (feeling sick, being sick, diarrhoea, abdominal discomfort, headache, fever) may be uncommon among the compared anthelmintic medicines (moderate- to low-certainty evidence).

**How up-to-date is this review?**

We searched for studies published up to 4 July 2019.

## SUMMARY OF FINDINGS

### Summary of findings for the main comparison. Any anthelmintic drug single dose compared to placebo for treating ascariasis

#### Any anthelmintic drug single dose compared to placebo for treating ascariasis

**Patient or population:** children and adults

**Setting:** school and community (United Republic of Tanzania, Haiti, Rwanda, Ethiopia, Guatemala, Republic de Cote d'Ivoire; 1983–2018)

**Intervention:** any anthelmintic drug single dose

**Comparison:** placebo

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	Nº of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with placebo	Risk with any anthelmintic drug single dose				
<b>Parasitological cure</b> assessed with: parasitological examination  Follow-up: range 14–60 days	16 per 100	93 per 100 (81 to 98)	<b>RR 6.29</b> (3.91 to 10.12)	1578 (8 RCTs)	⊕⊕⊕⊖ <b>Moderate<sup>a</sup></b>	Any anthelmintic as a single dose probably results in a large increase in parasitological cure compared to placebo.
<b>Faecal egg count</b> assessed with: ERR of epg (GM or AM)  Follow-up: range 14–60 days	The ERR of GM ranged from 96.1% to 100% in anthelmintic single-dose group and from 11.7% to 33.9% in placebo group.		—	1020 (5 RCTs)	⊕⊕⊕⊕ <b>High</b>	Any anthelmintic as a single dose results in large reduction in faecal egg count compared to placebo.
<b>Adverse events</b> assessed with: report  Follow-up: range 14–60 days	The adverse events reported were few (headache, fever, myalgia, cough, epigastric pain, and diarrhoea) and similar among the groups.		—	744 (4 RCTs)	⊕⊕⊕⊖ <b>Moderate<sup>b</sup></b>	Any anthelmintic as a single dose probably results in few adverse events compared to placebo.

\***The risk in the intervention group** (and its 95% CI) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**AM:** arithmetic mean egg count; **CI:** confidence interval; **epg:** eggs per gram; **ERR:** egg reduction rate; **GM:** geometric mean egg count; **RCT:** randomized controlled trial; **RR:** risk ratio.

#### GRADE Working Group grades of evidence

**High certainty:** we are very confident that the true effect lies close to that of the estimate of the effect.  
**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.  
**Low certainty:** our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.  
**Very low certainty:** we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

<sup>a</sup>Downgraded one level: there was a high level of heterogeneity among trials not explained by subgroup analysis ( $I^2 = 86\%$ ).

<sup>b</sup>Downgraded one level due to risk of performance bias.

## Summary of findings 2. Albendazole 400 mg single dose compared to albendazole 400 mg multiple doses for treating ascariasis

### Albendazole 400 mg single dose compared to albendazole 400 mg multiple doses for treating ascariasis

**Patient or population:** children and adults

**Setting:** school and community (People's Republic of China, Kenya, Gabon; March 1990 to December 2008)

**Intervention:** albendazole 400 mg single dose

**Comparison:** albendazole 400 mg multiple doses

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	N° of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with albendazole 400 mg multiple doses	Risk with albendazole 400 mg single dose				
<b>Parasitological cure</b> assessed with: parasitological examination  Follow-up: range 21–42 days	94 per 100	92 per 100 (87 to 99)	<b>RR 0.98</b> (0.92 to 1.05)	307 (3 RCTs)	⊕⊕⊕⊕ <b>High</b>	Albendazole 400 mg single dose or albendazole multiple doses results in large parasitological cure after the treatment.
<b>Faecal eggs count</b> assessed with: ERR of epg (GM or AM)  Follow-up: range 21–42 days	ERR of AM of epg of faeces ranged from 94% to > 99% in albendazole single-dose group and 87% to > 99.9% in albendazole multiple-dose group		—	249 (2 RCTs)	⊕⊕⊕⊖ <b>Moderate<sup>a</sup></b>	Albendazole 400 mg single dose or albendazole multiple doses probably results in a large reduction in the faecal egg count.
<b>Adverse events</b> assessed with: report	2 trials reported no adverse events. Few mild adverse events were reported in 1 trial (headache, abdominal cramps, vomiting, diar-		—	316 (3 RCTs)	⊕⊕⊕⊖ <b>Moderate<sup>a</sup></b>	Albendazole 400 mg single dose or albendazole multiple doses probably

results in little to no difference in adverse events.

Follow-up: range 21–42 days  
rhoea, chills, vertigo, fever), and they were similar among groups.

\***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**AM:** arithmetic mean egg count; **CI:** confidence interval; **epg:** eggs per gram; **ERR:** egg reduction rate; **GM:** geometric mean egg count; **RCT:** randomized controlled trial; **RR:** risk ratio.

#### GRADE Working Group grades of evidence

**High certainty:** we are very confident that the true effect lies close to that of the estimate of the effect.

**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

**Low certainty:** our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.

**Very low certainty:** we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

<sup>a</sup>Downgraded one level for imprecision: very few participants included.

### Summary of findings 3. Albendazole 400 mg single dose compared to mebendazole 500 mg single dose for treating ascariasis

#### Albendazole 400 mg single dose compared to mebendazole 500 mg single dose for treating ascariasis

**Patient or population:** children and adults

**Setting:** school and community (Thailand Kingdom, United Republic of Tanzania, People's Republic of China, Republic of Indonesia; August 1991 to November 2012)

**Intervention:** albendazole 400 mg single dose

**Comparison:** mebendazole 500 mg single dose

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	N° of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with mebendazole 500 mg single dose	Risk with albendazole 400 mg single dose				
<b>Parasitological cure</b> assessed with: parasitological examination  Follow-up: range 7–31 days	97 per 100	98 per 100 (97 to 99)	<b>RR 1.01</b> (1.00 to 1.02)	2131 (6 RCTs)	⊕⊕⊕⊕ <b>High</b>	Albendazole 400 mg single dose or mebendazole 500 mg single dose results in large parasitological cure.
<b>Faecal egg count</b>	ERR was almost 100% in albendazole and mebendazole groups.		—	1902 (5 RCTs)	⊕⊕⊕⊕ <b>High</b>	Albendazole 400 mg single dose or mebendazole 500mg single dose



assessed with: ERR (GM or AM)					results in large reduction in faecal egg count.
Follow-up: range 14–31 days					
<b>Adverse events</b> assessed with: report	1 trial reported adverse events in 12.5% of participants in albendazole group and 18.1% in the mebendazole group. The main adverse events reported were headache vomiting, diarrhoea, abdominal discomfort, fatigue.	—	1902 (5 RCTs)	⊕⊕⊕⊖ <b>Low</b> <sup>a,b</sup>	Albendazole 400 mg single dose or mebendazole 500 mg single dose may result in little to no difference in adverse events
Follow-up: range 14–31 days					

\***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**AM:** arithmetic mean egg count; **CI:** confidence interval; **epg:** eggs per gram; **ERR:** egg reduction rate; **GM:** geometric mean egg count; **RCT:** randomized controlled trial; **RR:** risk ratio.

#### GRADE Working Group grades of evidence

**High certainty:** we are very confident that the true effect lies close to that of the estimate of the effect.

**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

**Low certainty:** our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.

**Very low certainty:** we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

<sup>a</sup>Downgraded one level for risk of detection and performance bias.

<sup>b</sup>Downgraded one level for imprecision.

### Summary of findings 4. Albendazole single dose compared to ivermectin single dose cure rate for treating ascariasis

#### Albendazole single dose compared to ivermectin single dose cure rate for treating ascariasis

**Patient or population:** children and adults

**Setting:** school, hospital (People's Republic of China, Haiti, Republic of Philippines; January 1998–2008)

**Intervention:** albendazole 400 mg single dose

**Comparison:** ivermectin 100–400 µg/kg single dose

Outcomes	Anticipated absolute effects* (95% CI)	Relative effect (95% CI)	Nº of participants (studies)	Certainty of the evidence (GRADE)	Comments
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	Risk with ivermectin single dose cure rate	Risk with albendazole single dose				
<b>Parasitological cure</b> assessed with: parasitological examination  Follow-up: range 7–35 days	90 per 100	89 per 100 (82 to 97)	<b>RR 0.99</b> (0.91 to 1.08)	519 (3 RCTs)	⊕⊕⊕⊖ <b>Moderate</b> <sup>a</sup>	Albendazole single dose or ivermectin single dose results in large parasitological cure.
<b>Faecal egg count</b> assessed with: parasitological examination  Follow-up: range 7–35 days	The ERR was 93% in albendazole group and 100% in ivermectin group		—	315 (2 RCTs)	⊕⊕⊕⊕ <b>High</b>	Albendazole single dose or ivermectin single dose results in large reduction in faecal egg count.
<b>Adverse outcomes</b> assessed with: report  Follow-up: range 7–35 days	No complication and serious adverse events were reported. Other adverse events were mild and self-limiting such as dizziness, abdominal pain, tiredness, and diarrhoea		—	204 (1 RCT)	⊕⊕⊖⊖ <b>Low</b> <sup>b,c</sup>	Albendazole single dose or ivermectin single dose may result in little to no difference in adverse events.

\***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**AM:** arithmetic mean egg count; **CI:** confidence interval; **epg:** eggs per gram; **ERR:** egg reduction rate; **GM:** geometric mean egg count; **RCT:** randomized controlled trial; **RR:** risk ratio.

#### GRADE Working Group grades of evidence

**High certainty:** we are very confident that the true effect lies close to that of the estimate of the effect.

**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

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**Very low certainty:** we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

<sup>a</sup>Downgraded one level for inconsistency ( $I^2 = 74\%$ ); subgroup analysis did not carry out: few trials included.

<sup>b</sup>Downgraded one level for risk of performance and detection bias.

<sup>c</sup>Downgraded one level for imprecision: few events reported.

## BACKGROUND

*Ascaris lumbricoides*, also known as roundworm, is a soil-transmitted helminth (STH) that infects humans and animals. It is common worldwide and affects mainly tropical and subtropical areas, such as sub-Saharan Africa and Southeast Asia (Bethony 2006; WHO 2011). The most affected groups are preschool- and school-age children living in low-income areas (Xu 1995). A modelling study showed that the prevalence of *A lumbricoides* declined in some parts of the world after 1990, probably as a result of improvements in living conditions and deworming programmes (Pullan 2014). However, ascariasis remains one of the most prevalent diseases affecting around 738 million to 872 million people worldwide (GBD 2017).

*A lumbricoides* infection rarely causes direct mortality, but it contributes to chronic lifetime morbidity. The morbidity attributable to *Ascaris* infection is difficult to measure considering the non-specificity of clinical manifestation (Campbell 2016; Pullan 2014). Complications related to *Ascaris* infection may cause up to 60,000 deaths annually (WHO 2011).

Ascariasis is transmitted through the faecal–oral route. Infection occurs when embryonated eggs that contaminate food, utensils, or hands are ingested. The eggs hatch in the small intestine, releasing the larvae that pass through the intestinal wall and migrate through the liver and heart, up to the lungs. In the lung passage, the larvae are expectorated and swallowed, passing through the gastrointestinal tract until they arrive at the small intestine, where they mature into adult worms and produce new eggs which are expelled with faeces contaminating the environment (CDC 2009; WHO 2001; WHO 2011). Reinfection occurs only when contaminated eggs are ingested, since these parasites do not multiply in the human host (WHO 2011). The distribution of *A lumbricoides* in the community can be either aggregated or over dispersed, with most people who are infected harbouring few worms, and a small proportion of people who are infected harbouring a very high number of worms (Holland 2009).

The relationship between *A lumbricoides* infection and socioeconomic variables is intense, as STH infections are linked to a lack of sanitation and poverty (Steppek 2006; WHO 2011). Other factors such as unhygienic housing conditions, precarious health care, and poor educational or financial resources result in difficulties in ascariasis management, especially among economically disadvantaged groups (Bethony 2006; WHO 2001; WHO 2002; WHO 2005; WHO 2011).

### Description of the condition

In general, people infected with *A lumbricoides* are asymptomatic. However, the infection can manifest as abdominal discomfort, anorexia, diarrhoea, and vomiting (Bethony 2006; Jardim-Botelho 2008), and is associated with both chronic and acute morbidity, particularly in growing children. Specialists consider nutritional impairment as a common condition, mainly manifested by anaemia. *A lumbricoides* infection can also result in an allergic inflammatory response to parasites and parasite antigens in people who are infected. A classic example is the asthma-like illness, Loeffler's syndrome, caused by the passage of *A lumbricoides* larvae through the lungs. Also, exposure to *A lumbricoides* can cause or increase asthma symptoms and bronchial hyperreactivity (Cooper 2009; Leonardi-Bee 2006). *A lumbricoides* is a persistent parasite

and may have impact on a person's immune responses to other pathogens. The bystander chronic infection is associated with increased susceptibility to other pathogens as well as reduced vaccine efficacy (Stelekati 2012). Despite the large number of studies, the potential interaction of intestinal helminths and other pathogens remains controversial. Studies focusing on the coinfection of *A lumbricoides* and *Plasmodium* yield conflicting conclusions. In some studies, the interaction results in worsening of a specific clinical condition whereas other studies demonstrate it may protect severe manifestation (Degarege 2016; Fenton 2013).

In general, most of the affected individuals have mild *Ascaris* infections. However, children may have high parasitic burden resulting in increased morbidity and complications (de Silva 2015). Complications of *A lumbricoides* infection are related to intestinal or biliary obstruction, or both, that lead to pancreatitis, cholecystitis, cholangitis, appendicitis, intestinal volvulus, perforation of an intestinal segment, and peritonitis (Hefny 2009; Khuroo 1990; Pawlowski 1985). Notably, the same clinical features can occur in people infected with *Ascaris suum*, which is a similar species with characteristics that make it very difficult to distinguish from *A lumbricoides* infection (Crompton 1989). It is likely that both species co-occur especially in places where pigs and humans coexist (Kofie 1983; Maruyama 1997).

Helminth infection may cause damage to the intestinal mucosa, resulting in malabsorption of nutrients. Also, the helminth competes for nutritional resources with its human host (Hall 2008; Stepek 2006; WHO 2011), and can cause lactose intolerance (Hall 2008; Stephenson 2000). Poor school attendance and low cognitive performance are associated with ascariasis infection in school-aged children. Comparisons between infected and uninfected children have shown a lower academic performance of infected children at school, mainly when the children harboured moderate to heavy infections (Bethony 2006; De Silva 2003; Stepek 2006; Stephenson 2000; WHO 2000; WHO 2011). Treatment of *A lumbricoides* infection, either alone or in combination with treatment for other helminth infections, is associated with improvements in appetite, weight gain, and physical fitness in school children (Hall 2008). A decrease in infection incidence and an improvement in nutritional status are likely to lead to improvements in children's school performance (Steppek 2006).

### Diagnosis

Peripheral eosinophilia occurs during migration of *A lumbricoides* larvae through the infected person's lungs, but sometimes appears at other stages of *A lumbricoides* infection (Ehrhardt 2008). In individuals with heavy infections, a mass of worms may be detectable following X-ray of the abdomen. The worms contrast against the gas in the bowel, typically producing a 'whirlpool' effect (Reeder 1998). Ultrasound and endoscopy are useful for diagnosis of hepatobiliary and pancreatic duct involvement (Reeder 1998). Computed tomographic (CT) scanning or magnetic resonance imaging (MRI) may identify worms in the liver or bile ducts, but are not usually necessary (Khuroo 1985; Khuroo 1990).

Parasitological diagnosis of ascariasis is made by examining stool specimens for the microscopic identification of eggs. Characteristic eggs may be seen on direct examination of faeces or by using concentration techniques (CDC 2009). Faecal smears and the Kato technique, also referred to as Kato thick smear examination, consist of the microscopic examination of a known amount of faecal

material that allows an egg count to be performed (Katz 1972; Santos 2005; WHO 2001; WHO 2011). This method is widely used to confirm ascariasis infection and is recommended by the World Health Organization (WHO) as the standard method for evaluating prevalence and intensity of soil-transmitted helminthiasis in endemic communities. It is an easy technique to use in field situations or when a great number of specimens need to be examined. However, it requires well-trained laboratory technicians and quality control measures to ascertain accurate diagnosis of ascariasis and other helminth infections (Bergquist 2009; Montresor 1998; Pawlowski 1985). The sensitivity of faecal smears decrease with low-intensity infection and with liquid stool samples. The stool filtration method, which has been previously described for finding *Schistosoma mansoni* eggs in stool samples, is an option to detect *A lumbricoides* eggs (Bell 1975). Intensity of infection is measured in terms of eggs per gram (epg) of faeces and is classified as a light-intensity infection (between one and 4999 epg), moderate-intensity infection (between 5000 and 49,999 epg), or heavy-intensity infection (more than 50,000 epg) based on the report of WHO Expert Committee (WHO 2002). Adult worms are occasionally present in the stools. They may pass through the mouth, nose, or rectum and are recognizable by their macroscopic characteristics (WHO 2011). An increasing number of studies have presented the results of development and standardization of molecular tests for intestinal pathogens (Ayana 2019; Cools 2019; Papaikovou 2019). However, until 2019, molecular diagnosis for *A lumbricoides* was mainly restricted to research settings with no commercial tests available (Khurana 2017; O'Connell 2016).

### Description of the intervention

Interventions against worm infection include deworming using anthelmintic drugs, water and sanitation improvement, and health education. The WHO recommends three public health drug treatment policies (WHO 2011; WHO 2017a).

- Selective: individual deworming based on a diagnosis of infection.
- Targeted: group deworming where a specific risk group is treated without prior diagnosis.
- Universal: population deworming in which the whole community is treated irrespective of infection status.

The WHO considers the target groups for drug treatment to be preschool-age children (aged between one and five years), school-age children (aged between six and 15 years), women of childbearing age including pregnant women in the second and third trimesters and breastfeeding women, and adults in certain high-risk occupations (such as tea-pickers and miners).

The recommended frequency of treatment is once per year for low-risk communities with between 20% and 50% infection prevalence, or twice per year for high-risk communities with more than 50% infection prevalence (WHO 2011). Infections of heavy intensity are absent when the prevalence of any STH infection is less than 20% (Montresor 2015). However, the advantages to recommend universal (also called mass or whole community) deworming or targeted deworming for STHs is still controversial. One systematic review and meta-analysis compared the effect of universal and targeted anthelmintic delivery strategies on STH prevalence in school-aged children (Clarke 2017). The results of this meta-analysis suggest that universal deworming programmes led to a greater reduction in the prevalence of STHs rather than targeted

strategy (Clarke 2017). According to another systematic review and meta-analysis, treating children known to have worm infection may achieve nutritional benefits for the individual. However, universal treatment seems to have little or no effect on haemoglobin levels, nutritional status, school performance, or survival rates among children in endemic area (Taylor-Robinson 2019).

### Anthelmintic drugs for treating ascariasis

The current WHO Model List of Essential Medicine for treating intestinal helminths includes seven drugs: albendazole, mebendazole, levamisole, ivermectin, niclosamide, praziquantel, and pyrantel (WHO 2017b). The benzimidazoles drugs (i.e. albendazole and mebendazole), are used to treat a variety of parasitic infestations by interfering with the parasitic worm microtubular system (Utzinger 2004). They are considered the mainstay drugs for roundworm and hookworm treatment. They are low cost, safe, easily administered, and children do not need to be weighed. Dosage is the same for children and adults. Albendazole 400 mg once a day and mebendazole 100 mg orally twice daily for three days or 500 mg orally once are given.

The accumulated scientific knowledge shows high efficacy, resulting in large-scale use of these drugs for treatment and preventive chemotherapy (Bennett 2000; Keiser 2008). Albendazole and mebendazole are donated to national ministries of health through WHO in endemic countries for the treatment of school-age children (WHO 2012; WHO 2017a). Single-dose albendazole achieves high cure rates against *A lumbricoides* infection. However, there are differences in the cure rates obtained among trials (Venkatesan 1998; Vercruyssen 2011a).

Mebendazole is an equivalent alternative to albendazole and may cause the same adverse effects, such as transient gastrointestinal discomfort, headache, and leukopenia. Levamisole and pyrantel pamoate act as nicotinic acetylcholine receptor agonists (Utzinger 2004). Levamisole has been studied less intensively, and the availability of this drug is limited, but it is currently considered a safe and effective drug. In mass treatment, it showed significant differences pre- and post-treatment egg count values (Asaolu 1991). Pyrantel pamoate is cited in the WHO Model List of Essential Medicine for treating intestinal helminths (WHO 2017b). It is considered an effective single-dose drug for treating ascariasis in one systematic review and meta-analysis (Keiser 2008). Ivermectin is most commonly used to treat lymphatic filariasis, onchocerciasis, loiasis, and strongyloidiasis. It is also moderately effective against *Trichuris trichiura* and is approved for treating human ascariasis. It causes paralysis of adult worms and seems to be effective. Piperazine citrate acts by paralyzing the worms, which aids expulsion from the infected person's body (del Castillo 1964). However, it is now being withdrawn from the market as other alternative drugs are less toxic and more efficacious. Nitazoxanide is a new antiprotozoal drug reported as an effective choice against a broad range of parasites, including *A lumbricoides* (Galvan-Ramirez 2007). This drug has been listed as a potential candidate for human-soil transmitted helminthiasis and further research has been suggested (Diaz 2003). Anthelmintic drugs not registered for treating ascaris but occasionally compared with these drugs are praziquantel and diethylcarbamazine (Long 2007; WHO 2000).

### Anthelmintic drugs for treating ascariasis (Review)

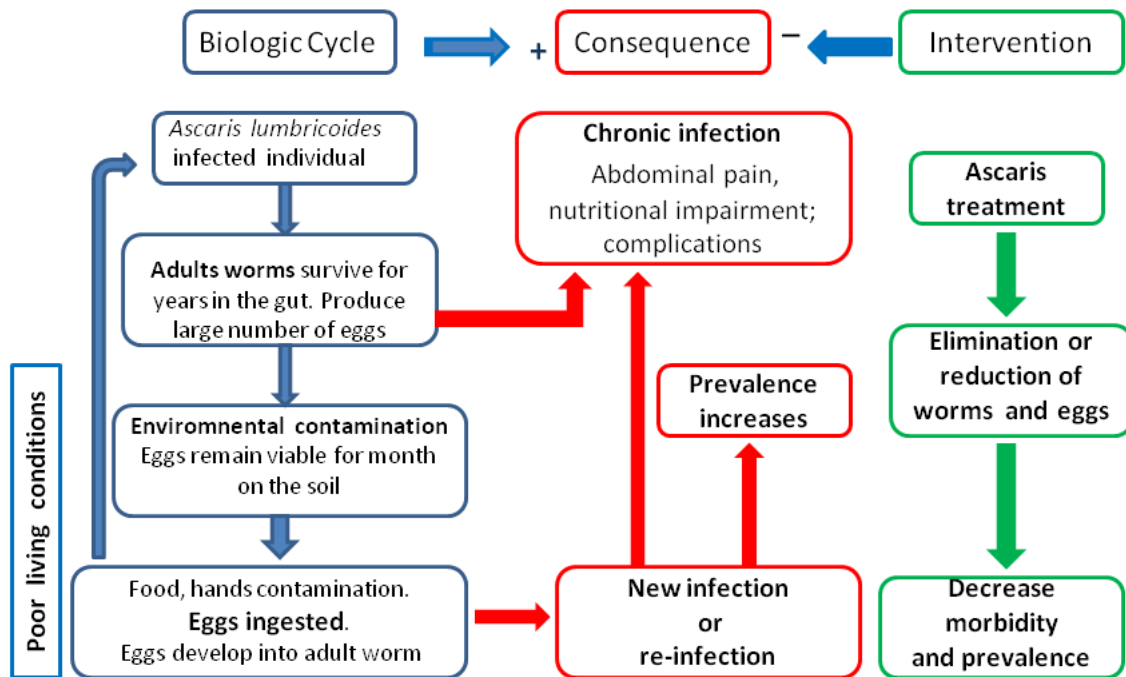
### How the intervention might work

Ascariasis causes a high disease burden worldwide. Health education, access to good-quality water, and improvements in basic sanitation are crucial to reduce the number of people infected globally. Drug treatment for infected individuals, in combination with other public health measures, is necessary to break the cycle of transmission (Bethony 2006; WHO 2005). Infected individuals should be treated with anthelmintic drugs to remove adult worms from the gastrointestinal tract aiming to reduce morbidity and infection transmission (Bethony 2006). In preventive chemotherapy programmes, the purpose of anthelmintics administration is to control morbidity by maintaining the intensity of the infection low (WHO 2001).

Some randomized trials suggest that poor cognitive performance, malnutrition, and anaemia may be potentially reversible following treatment with anthelmintic drugs (Hall 2008; Stepek 2006). Even when a person has concomitant infections, such as hookworm, *T trichiura*, or *Schistosoma haematobium* infection, treatment may improve nutritional status (Stephenson 2000). One systematic review suggested that selective deworming probably increases weight gain (low-quality evidence) and may increase haemoglobin in children confirmed to have worms based on screening. According to this review there is limited evidence of other benefits on selective deworming (Taylor-Robinson 2019).

Figure 1 shows a logic diagram of relationship between anthelmintic use and expected outcomes.

Figure 1. Logic diagram of relationship between anthelmintic use and expected outcomes.



Logic diagram of relationship between anthelmintic use and expected outcomes

### Why it is important to do this review

Ascariasis remains a neglected disease despite its global distribution and the high number of infected individuals. It is still one of the most prevalent STH in the world. *A lumbricoides*, like other helminth infections, can affect the immune system and alter susceptibility to other parasitic diseases, such as malaria. The potential interaction between STH and malaria is complex. Previous studies suggest that large-scale deworming programmes can have a protective effect on malaria morbidity in children (Stelekati 2012). One systematic review and meta-

analysis suggested that STH infection is associated with an increased prevalence and density of asymptomatic/uncomplicated *Plasmodium falciparum* infection but with a decreased occurrence of anaemia (Degarege 2016).

The main goals of deworming programmes are to reduce the number of people who have heavy infections; reduce environmental contamination and risk of infection for other people; reduce micronutrient loss (e.g. iron loss through intestinal bleeding in hookworm infection); and improve nutritional status, cognitive functions, and learning abilities (WHO 2011).



Some specialists believe that wide-scale administration of anthelmintic drugs will exert increasing drug pressure on parasite populations and favour parasite genotypes resistant to anthelmintic drugs (Vercruyse 2011a). Occurrence of resistance to anthelmintic drugs in nematode populations has been described in veterinary medicine. It highlights the potential for selecting drug-resistant worms when chemotherapy programmes are widely adopted (Wolstenholme 2004). For example, reduction in the efficacy of mebendazole compared with historical controls has been documented in studies in Vietnam (Flohr 2007).

The WHO has highlighted the need to closely monitor anthelmintic drug efficacy (Vercruyse 2011a). Currently, there have been few research-based studies about anthelmintic drugs, a very limited number of drugs that do not meet all needs in terms of efficacy, and there are no new anthelmintic drugs in late-stage development (Geary 2010).

One network meta-analysis evaluated the efficacy of mebendazole, albendazole, levamisole, and pyrantel pamoate against *A lumbricoides*, hookworms and *T trichiura*. It included 55 randomized controlled trials (RCTs) to assess the cure rate and 46 RCTs to assess the egg reduction rates (ERR), with a single-dose of anthelmintic drugs (Moser 2017b). In this network meta-analysis, all drugs presented high efficacy against *Ascaris*.

Although using different methodological approaches, these two systematic reviews published with an interval of about 10 years (Keiser 2008; Moser 2017b) focus on the same anthelmintic drugs. Another meta-analysis using individual patient data analysis evaluated the efficacy and safety of co-administered ivermectin plus albendazole for treating STH. According to this systematic review, the coadministration resulted in no benefit on cure and ERRs over albendazole alone for *A lumbricoides* (Palmeirim 2018b).

Some anthelmintic drugs, for example nitazoxanide and ivermectin, potentially effective against *A lumbricoides*, have not been evaluated in previous systematic reviews. Although many anthelmintic drugs exist, the most effective regimen and the optimal doses to treat ascariasis are not well known. In this sense, further systematic reviews are necessary to evaluate efficacy and safety of these drugs.

## OBJECTIVES

To compare the efficacy and safety of anthelmintics (albendazole, mebendazole, ivermectin) for treating people with *Ascaris* infection.

## METHODS

### Criteria for considering studies for this review

#### Types of studies

We included RCTs.

#### Types of participants

Participants were adults and children with infection by *A lumbricoides* confirmed by direct examination of faeces or by using concentration techniques.

We excluded anthelmintic drugs used for treating ascariasis exclusively in pregnant women and in people with HIV infection.

## Types of interventions

### Intervention

We included the most currently used drugs for treating *A lumbricoides*: albendazole and mebendazole. We also included ivermectin and nitazoxanide. We decided not to include other anthelmintic drugs as initially proposed in the protocol (Conterno 2013) (levamisole, pyrantel-oxantel pamoate, piperazine) because they are not currently among the main drugs recommended to treat ascariasis. See [Differences between protocol and review](#).

We included studies examining the use of drugs either as a monotherapy or as a combined therapy, in single dose or multiple dose regimens.

When additional interventions were used, they had been given to the control and intervention groups. The additional interventions included, but were not limited to, education, micronutrient supplementation, malaria chemoprevention, or use of other drugs.

We did not include studies evaluating repeat treatments with anthelmintic drugs, and studies comparing different deworming programmes where it was not possible to know the number of participants with *A lumbricoides* pre- and post-treatment, or when the effect was measured after multiple treatment rounds.

### Control

No intervention, placebo, different doses of any of the drugs, or a different combination of drugs.

## Types of outcome measures

### Primary outcomes

- Parasitological cure.

We defined parasitological cure as the eradication of parasites from stool samples. We calculated parasitological cure as the percentage of people with positive *A lumbricoides* eggs before the treatment who had negative eggs from stool samples after the treatment.

### Secondary outcomes

- Faecal egg count (FEC) pre- and post-treatment, or egg reduction rate (ERR). See [Differences between protocol and review](#).

FEC was measured by geometric mean (GM) or arithmetic mean (AM) of epg of faeces.

ERR compares the mean epg count pre- and post-treatment expressed as a percentage (1 – mean post-deworming epg/mean pre-deworming epg) (Vercruyse 2011b; WHO 2011).

We excluded effects on nutritional indicators, haemoglobin, and school performance. There is a specific systematic review about this topic already published (Taylor-Robinson 2019).

- Adverse events
  - Any type of complication (intestinal or biliary obstruction, pancreatitis, cholecystitis, cholangitis, appendicitis, intestinal volvulus, perforation of an intestinal segment and peritonitis, etc.).
  - Serious adverse events (hospitalizations, life-threatening events, or death).

## Anthelmintic drugs for treating ascariasis (Review)

- Other adverse events.

## Search methods for identification of studies

### Electronic searches

Vittoria Lutje, the Cochrane Infectious Diseases Group (CIDG) Information Specialist, performed the literature searches in the CIDG Specialized Register, CENTRAL, MEDLINE, Embase, LILACS, three other databases, and reference lists of included studies, without language restrictions or publication status (published, unpublished, in press, and in progress), up to 4 July 2019, using the search terms detailed in [Appendix 1](#). We also searched the metaRegister of Controlled Trials and the WHO Clinical Trials Search Portal using 'ascariasis\*' or 'roundworm' search terms, without language restrictions, up to 4 July 2019.

### Searching other resources

We checked the reference lists of all trials and relevant articles identified by the above methods.

## Data collection and analysis

### Selection of studies

Two review authors (LOC and RAMBA or MDT or IC) independently screened all citations and abstracts identified by the search against the inclusion criteria. Two review authors (LOC and MDT or IC or RAMBA) independently obtained and assessed potentially eligible articles for inclusion in the review using a pre-designed eligibility form based on the inclusion criteria. We resolved any disagreements through discussion. We documented the reasons for the exclusion of studies that did not meet the inclusion criteria.

For multiple publications from the same trial, we considered only one data set.

### Data extraction and management

Two review authors (LOC and RAMBA or MDT or IC) extracted data independently from included studies using a data extraction form. We resolved any differences through discussion. A third review author checked the quality of data extraction (RAMBA). Overall, we extracted the number of participants (*A lumbricoides* confirmed) randomized and analyzed in each treatment group of each trial, characteristics of participants, characteristics of interventions, characteristics of outcome measures, date of trial, location of trial, sponsor of trial, design, interventions (treatment, days, doses), outcomes (prevalence pre- and post-treatment, cure rate, epg of faeces before and after the treatment, ERR, adverse events). We calculated the follow-up loss in each group.

For dichotomous outcomes, we extracted the number of participants with the event.

For continuous outcomes, we extracted means and standard deviation (SD) when reported. Otherwise, we tried to extract medians and ranges and entered them into tables. Where change from baseline results were presented alongside results purely based on the end value, we only extracted the change from baseline results.

ERRs were extracted when possible and reported as point estimates but, due to differences in the reported mean (GM versus AM) and lack of reported SDs, it was not possible to conduct a meta-analysis

with these measures. The quantitative analysis of adverse events was not carried out because the small number of studies in each comparison that reported them. We presented AM and GM pre- and post-treatment, ERR, and adverse events in additional tables.

We planned for cluster-randomized trials that adjusted for clustering in the analysis, to extract a measure of effect and its standard error and to extract the average cluster size, intracluster correlation coefficient (ICC), number of clusters, and cluster type ([Higgins 2011a](#)). For cluster RCTs that did not adjust for clustering, we planned to attempt to adjust the results for clustering by estimating the design effect calculated as  $1 + (m - 1) \times ICC$ , where  $m$  was the mean cluster size. To make the adjustment, we planned to estimate a treatment effect that does not adjust for clustering and then multiply the standard errors of the estimate by the square root of the design effect.

When the true ICC was unknown, we intended to estimate it from other included cluster-RCTs ([Higgins 2011b](#)).

One review author (LOC) entered the data into Review Manager 5 (RevMan 5) ([Review Manager 2014](#)), which was checked by a second review author (RAMBA).

### Assessment of risk of bias in included studies

Two review authors (LOC and MDT or IC or RAMBA) independently assessed the risk of bias in the included trials. We assessed the following domains: sequence generation (selection bias), allocation concealment (selection bias), blinding of participants and personnel (performance bias), blinding of outcome assessor (detection bias), incomplete outcome data (attrition bias), selective outcome reporting (reporting bias), and other biases.

For each of these domains, we placed a judgement of risk of bias as low, high, or unclear/unknown ([Appendix 2](#)). We resolved any disagreements through discussion.

We planned for RCTs randomized by cluster to assess several additional components including: recruitment bias, baseline imbalance, loss of clusters, incorrect analysis, and compatibility with RCTs randomized by individual.

### Measures of treatment effect

We used the risk ratio (RR) to compare the treatment and control groups for dichotomous outcomes. We presented all treatment effects with 95% confidence intervals (CIs). We used a fixed-effect model if there was no moderate or substantial heterogeneity. If there was clinical heterogeneity or if we detected substantial statistical heterogeneity, we used a random-effects model. We planned to summarize continuous data (means and SDs) using mean differences (MDs).

### Unit of analysis issues

We did not include cluster-RCTs. See [Data extraction and management](#) for our intended methods should we have found such studies.

### Certainty of the evidence

We used the principles of the GRADE system to assess the certainty of the evidence associated with all main outcomes ([Schünemann 2011](#)). The GRADE approach appraises the certainty of a body of evidence considering within study risk of bias, the directness of the

evidence, heterogeneity of the data, precision of effect estimates, and risk of publication bias. We constructed 'Summary of findings' tables using the GRADEpro software ([GRADEpro](#)).

### Dealing with missing data

We assessed missing outcomes data and reported the proportion of participants lost to follow-up for each study. We used the number of available participants at the time point at which the outcome was measured as the denominator.

### Assessment of heterogeneity

We assessed heterogeneity by visual inspection of the forest plot for overlapping CIs and outlying data and we used the  $\text{Chi}^2$  test with a P value of 0.1 to indicate statistically significant heterogeneity, and the  $I^2$  statistic. We used an  $I^2$  statistic of 50% to denote moderate heterogeneity and 75% or greater to denote substantial heterogeneity. We intended to investigate possible causes of heterogeneity in subgroup analyses.

### Assessment of reporting biases

We planned to construct funnel plots to assess publication bias, but did not as there was a limited number of trials in each analysis.

### Data synthesis

We used RevMan 5 to perform analyses ([Review Manager 2014](#)). We combined the primary outcome, parasitological cure, from the individual trials in a meta-analysis to provide a pooled effect estimate because the studies were sufficiently similar in terms of anthelmintic drug and doses used. We carried out analyses according to the comparison (as in the [Types of interventions](#) section), by the time of follow-up (up to 60 days and more than 60 days after the treatment in the comparisons: any anthelmintic dose single versus placebo ([Analysis 1.1](#)), albendazole single dose versus albendazole multiple doses ([Analysis 2.1](#)), and by region ([Analysis 3.1](#)).

We performed fixed-effect meta-analysis when there was no moderate or substantial heterogeneity, and random-effects meta-analysis if the assessment results revealed heterogeneity and the heterogeneity could not be explained by performing subgroup analysis ([Higgins 2011b](#)).

We included only a single pair-wise comparison in each meta-analysis of studies with multiple intervention groups. When we considered all intervention groups to be eligible for the same meta-analysis, we combined the groups creating a single pair-wise comparison. We combined all relevant experimental intervention groups into a single group and all relevant control groups into a single control group.

We presented AM and GM pre- and post-treatment, ERR, and adverse events in additional tables, because they could not be pooled (medians, means without measure of variance, ranges) ([Table 1](#); [Table 2](#)).

We planned to include cluster-RCTs pooling the results from trials that randomized individuals and results from cluster RCTs that adjusted for clustering in meta-analysis, using the generic inverse variance method. We intended to present results from trials that did not adjust for clustering in the text or additional tables and labelled as "other results."

We carried out the following comparisons.

- Comparison 1: any anthelmintic drug single dose versus placebo.
- Comparison 2: albendazole 400 mg single dose versus albendazole 400 mg multiple doses.
- Comparison 3: albendazole 400 mg single dose versus mebendazole 500 mg single dose.
- Comparison 4: albendazole 400 mg single dose versus ivermectin 100 µg/kg to 400 µg/kg single dose.
- Other comparisons.

### Subgroup analysis and investigation of heterogeneity

We planned to explore heterogeneity conducting the following subgroup analyses: age (preschool children, school children, and adults), period of follow-up, intensity of infection (according to WHO classification), geographical region (Asia, Africa, Mediterranean basin, and South America), and decade of studies publication. We performed subgroup analysis by period of follow-up ([Analysis 2.1](#)) and region ([Analysis 3.1](#)).

### Sensitivity analysis

We intended to perform the following sensitivity analyses, but the number of studies identified were insufficient.

- Assess the effect of including only cluster designs.
- Assess the effect of including studies at 'low risk of bias' overall versus those identified at 'high risk of bias' overall ([Higgins 2011a](#)).
- Exclude studies with high levels of missing data (percentage of participants lost greater than 30%, or where differences between the groups exceed 10%, or both).

## RESULTS

### Description of studies

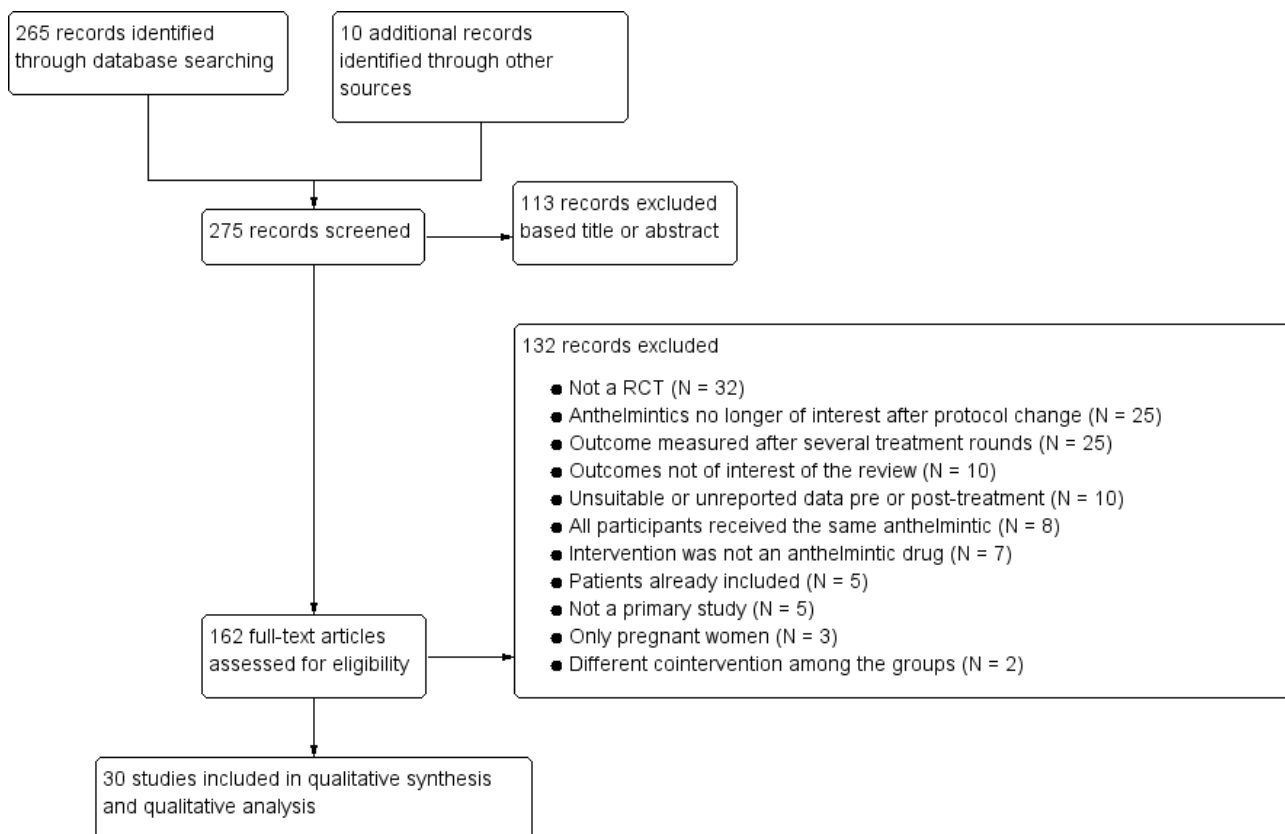
See [Characteristics of included studies](#); [Characteristics of excluded studies](#); [Characteristics of ongoing studies](#) tables.

### Results of the search

The electronic search generated 265 citations and 10 additional records were identified through other sources. We screened the title and abstracts and selected 162 as potentially relevant and assessed the full text. Thirty trials met the inclusion criteria and were included in the qualitative and quantitative analyses (meta-analysis). We illustrated the selection process in a flow diagram ([Figure 2](#)).



**Figure 2. Study flow diagram.**



**Included studies**

We included 30 parallel-group randomized trials (see [Characteristics of included studies](#) table).

Two trials were conducted between 1981 and 1990 (Rossignol 1983; Stephenson 1989), eight between 1991 and 2000 (Adams 1994; Albonico 1994; Beach 1999; Hadju 1997; Jongsuksuntigul 1993; Nokes 1992; Stephenson 1993; Watkins 1996a), 12 between 2001 and 2010 (Adams 2004; Albonico 2002; Albonico 2003; Belizario 2003; Fox 2005; Haque 2010; Knopp 2010; Legesse 2002; Legesse 2004; Ortiz 2002; Wen 2008; Zani 2004), and eight after 2011 (Adegnika 2014; Lubis 2012; Palmeirim 2018a; Silber 2017; Speich 2014; Steinmann 2011; Yap 2013; Wimmersberger 2018).

**Location**

Fifteen studies were undertaken in the African continent, eight in Asia, four in Central America and the Caribbean, two in South America, and one study was multicontinental. The countries included were: China (three trials); Ethiopia (two trials); Haiti (two trials); Indonesia (two trials); Kenya (three trials); Tanzania (six trials); and Bangladesh, Brazil, Côte d'Ivoire, Gabon, Guatemala, Jamaica, Peru, Philippines, South Africa, and Thailand (one trial each). One trial included two countries (Rwanda and Ethiopia) (Silber 2017), and one trial was multicentre including 11 countries (Rossignol 1983).

Eleven trials recruited the participants from schools, five trials from communities, and one trial from a health facility. Three trials did not report how the participants were recruited.

**Participants**

The total number of participants enrolled in the selected studies was 16,475, of whom 7647 had a positive parasitological examination for *A lumbricoides*, and 6442 were included in the review. We included only participants with pretreatment positive parasitological examinations for *A lumbricoides*, treated with one of the anthelmintic drugs included in the study, and with cure control data available after the first treatment.

All participants were screened before the treatment was given. In two trials, 100% of participants had *A lumbricoides* (Haque 2010; Lubis 2012). The percentage of participants with *A lumbricoides* ranged from 12% (Knopp 2010) to 85.8% (Yap 2013) in the other trials.

The age of participants varied from 28 days to 82 years. Twenty-four trials included participants under 18 years old (Adams 1994; Adams 2004; Adegnika 2014; Albonico 1994; Albonico 2002; Albonico 2003; Beach 1999; Belizario 2003; Fox 2005; Hadju 1997; Haque 2010; Knopp 2010; Lubis 2012; Nokes 1992; Ortiz 2002; Palmeirim 2018a; Silber 2017; Speich 2014; Steinmann 2011; Stephenson 1989; Stephenson 1993; Watkins 1996a; Wimmersberger 2018; Yap 2013), and six studies included participants under and over 18 years (Jongsuksuntigul 1993; Legesse 2002; Legesse 2004; Rossignol 1983; Wen 2008; Zani 2004).

Six trials classified the intensity of infection. Three trials considered light infection as from 1 to 4999 epg of faeces, moderate as 5000 to 9999 epg, and heavy as more than 10,000 epg (Albonico 1994;

Albonico 2002; Albonico 2003). The trial authors presented the values in graphs.

Two trials considered light infection as from 1 to 4999 epg, moderate as 5000 to 49,999 epg, and heavy as more than 50,000 epg (Speich 2014; Watkins 1996a). In Speich 2014, 51.8% of participants had light infection, 46.6% moderate, and 1.6% heavy infection. Watkins 1996a reported that more than 50% of participants had greater than 10,000 and less than 50,000 epg, and 25% had 50,000 epg or greater.

In 25 trials the participants had multiple other helminth infections (*T trichiura*, *Enterobius vermicularis*, hookworm). In two trials, they were also treated for lymphatic filariasis caused by *Wuchereria bancrofti* (Beach 1999; Fox 2005), and in three trials for *Schistosoma* spp (Legesse 2002; Legesse 2004; Wimmersberger 2018).

### Intervention

Twenty-four studies included albendazole in one of the treatment arms, 12 trials included mebendazole, four trials included ivermectin, and one trial included nitazoxanide.

#### Albendazole

Eleven trials compared albendazole to placebo (Adams 1994; Beach 1999; Fox 2005; Hadju 1997; Haque 2010; Nokes 1992; Rossignol 1983; Stephenson 1989; Stephenson 1993; Watkins 1996a; Yap 2013), nine trials to mebendazole (Albonico 1994; Jongsuksuntigul 1993; Knopp 2010; Legesse 2002; Legesse 2004; Lubis 2012; Speich 2014; Steinmann 2011; Zani 2004), three trials to ivermectin (Beach 1999; Belizario 2003; Wen 2008), and one trial to nitazoxanide (Ortiz 2002).

Albendazole dose was 400 mg single dose in 17 trials. Four trials compared different doses of albendazole (400 mg once a day to 400 mg each two consecutive days or 400 mg each three consecutive days) (Adams 2004; Adegnikina 2014; Hadju 1997; Steinmann 2011). The dose of albendazole was 600 mg single dose in one study (Stephenson 1993).

#### Mebendazole

Three trials compared mebendazole to placebo (Albonico 2002; Albonico 2003; Silber 2017). Nine trials used mebendazole 500 mg single dose (Albonico 1994; Albonico 2002; Albonico 2003; Knopp 2010; Legesse 2002; Lubis 2012; Palmeirim 2018a; Speich 2014). One trial used mebendazole 300 mg single dose in one of the comparison arms (Jongsuksuntigul 1993). Four trials used mebendazole 200 mg each three consecutive days (Legesse 2002; Legesse 2004; Steinmann 2011; Zani 2004). One trial compared mebendazole 500 mg single dose to mebendazole 200 mg each three consecutive days (Palmeirim 2018a).

#### Ivermectin

Two studies compared albendazole 400 mg single dose to ivermectin or to ivermectin plus albendazole (Beach 1999; Belizario 2003); the doses of ivermectin were 200 µg/kg to 400 µg/kg. One trial compared albendazole 6.7 mg/kg to ivermectin 100 µg/kg (Wen 2008). One trial compared different doses of ivermectin with placebo (Wimmersberger 2018).

### Control

Fifteen studies used placebo (Adams 1994; Albonico 2002; Albonico 2003; Beach 1999; Fox 2005; Hadju 1997; Haque 2010; Nokes 1992; Rossignol 1983; Silber 2017; Stephenson 1989; Stephenson 1993; Watkins 1996a; Wimmersberger 2018; Yap 2013). Two trials used vitamin C as placebo (Beach 1999; Fox 2005); see Characteristics of included studies table.

### Study designs

Twenty-nine studies were parallel-group randomized trials and the individual was the randomization unit. One trial had a factorial-randomized clinical trial design (Haque 2010).

### Outcomes

Twenty-five trials diagnosed *A lumbricoides* by Kato-Katz or modified Kato-Katz, two studies by a modification to the method of Stoll (Beach 1999; Fox 2005), and three trials did not report the methods used for diagnosis (Adams 2004; Haque 2010; Silber 2017).

All included trials reported the prevalence pre- and post-treatment and it was possible to calculate the parasitological cure.

Twenty-five studies did the parasitological examination for cure control between seven and 60 days post-treatment (Adams 2004; Adegnikina 2014; Albonico 1994; Albonico 2002; Albonico 2003; Beach 1999; Belizario 2003; Fox 2005; Jongsuksuntigul 1993; Knopp 2010; Legesse 2002; Legesse 2004; Lubis 2012; Nokes 1992; Ortiz 2002; Palmeirim 2018a; Rossignol 1983; Silber 2017; Speich 2014; Steinmann 2011; Watkins 1996a; Wen 2008; Wimmersberger 2018; Yap 2013; Zani 2004), and five trials did the cure control between 61 and 180 days after the treatment (Adams 1994; Hadju 1997; Haque 2010; Stephenson 1989; Stephenson 1993).

Twenty-five trials reported the AM or GM of epg pre- and post-treatment (Adams 1994; Adegnikina 2014; Albonico 1994; Albonico 2002; Albonico 2003; Beach 1999; Belizario 2003; Fox 2005; Hadju 1997; Haque 2010; Jongsuksuntigul 1993; Knopp 2010; Legesse 2002; Legesse 2004; Nokes 1992; Ortiz 2002; Palmeirim 2018a; Speich 2014; Steinmann 2011; Stephenson 1989; Stephenson 1993; Watkins 1996a; Wen 2008; Wimmersberger 2018; Yap 2013). Twenty-three trials reported the ERRs (Table 1). Only five trials reported the impact of treatment stratified by infection intensity (mild, moderate, or heavy) (Albonico 1994; Albonico 2002; Albonico 2003; Rossignol 1983; Speich 2014).

Seventeen trials reported adverse events (Adams 2004; Adegnikina 2014; Albonico 1994; Albonico 2002; Albonico 2003; Fox 2005; Jongsuksuntigul 1993; Knopp 2010; Legesse 2002; Ortiz 2002; Palmeirim 2018a; Rossignol 1983; Silber 2017; Speich 2014; Steinmann 2011; Wen 2008; Wimmersberger 2018) (Table 2).

Several trials reported the prevalence pre- and post-treatment of other helminths: *T trichiura* (25 trials), hookworm (17 trials), *Enterobius vermicularis* (two trials), *Schistosoma mansoni* (three trials), *Wuchereria bancrofti* (two trials), but we did not include these outcomes in this review.

The main objective of 10 trials was to evaluate the impact of anthelmintic treatment on anthropometric measurements, school performance, appetite, and haemoglobin level (Adams 1994; Adams 2004; Adegnikina 2014; Beach 1999; Fox 2005; Hadju 1997; Nokes 1992; Stephenson 1989; Stephenson 1993; Watkins 1996a).

## Anthelmintic drugs for treating ascariasis (Review)

From these trials, we included in this review only the data related to pre- and post-treatment prevalence of *A lumbricoides*.

Other outcomes evaluated were beta-carotene level (Haque 2010), egg maturation (Lubis 2012), and reinfection (Yap 2013), but we did not include in this review.

**Excluded studies**

We excluded 132 studies. The main reasons for exclusion were: 32 were not randomized trials, 25 compared anthelmintics that were not of interest in this review, and 25 trials carried out cure control after several treatment rounds. See the other reasons for exclusion in Characteristics of excluded studies table.

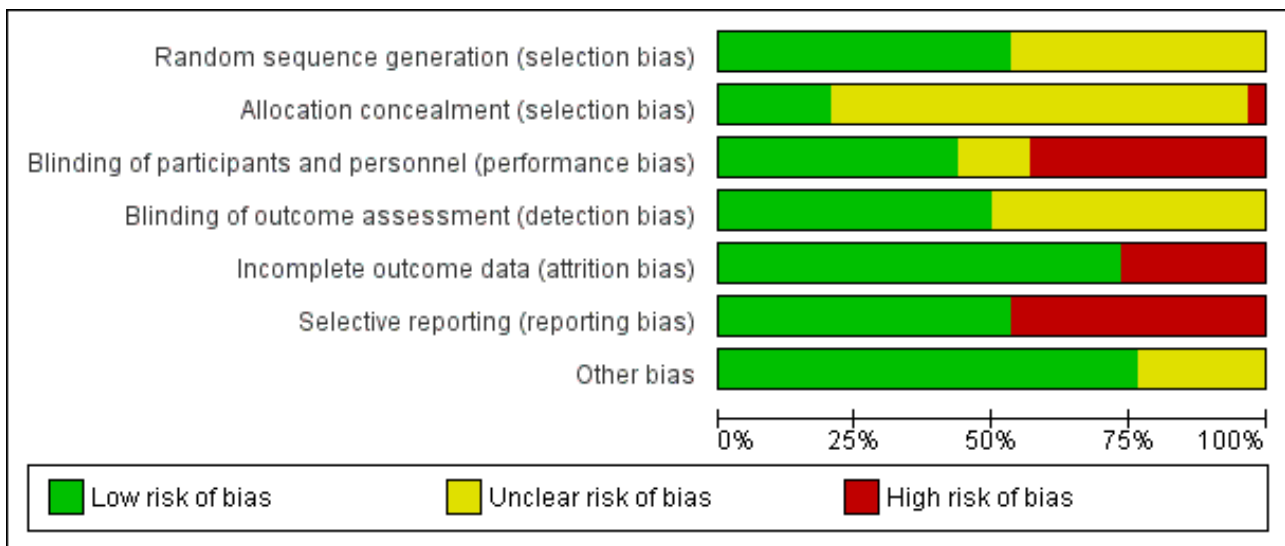
**Ongoing studies**

Two trials are ongoing (see Characteristics of ongoing studies table).

**Risk of bias in included studies**

The overall risk of bias is presented graphically in Figure 3 and summarized in Figure 4. The Characteristics of included studies table shows details of the risk of bias. When the studies did not describe adequately the method to allow the judgement of the of risk of bias, it was classified as unclear.

**Figure 3. 'Risk of bias' graph: review authors' judgements about each risk of bias item presented as percentages across all included studies.**



**Figure 4. 'Risk of bias' summary: review authors' judgements about each 'Risk of bias' item for each included study.**

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Adams 1994	?	?	+	?	+	-	+
Adams 2004	+	+	+	+	-	+	+
Adegnika 2014	+	+	-	+	+	+	+
Albonico 1994	+	?	?	?	+	+	+
Albonico 2002	+	+	+	+	+	+	+
Albonico 2003	+	+	+	+	-	+	+
Beach 1999	+	?	?	+	+	-	+
Belizario 2003	?	?	-	?	+	-	+
Fox 2005	+	?	-	+	+	-	+
Hadju 1997	?	?	?	?	-	-	+
Haque 2010	?	?	+	?	+	-	+
Jongsuksuntigul 1993	?	?	-	+	+	+	?
Knopp 2010	+	-	-	+	+	+	+
Legesse 2002	+	?	-	?	+	+	+
Legesse 2004	+	?	-	?	-	-	+
Lubis 2012	+	?	-	?	+	-	+
Nokes 1992	?	?	+	?	-	-	+
Ortiz 2002	?	?	-	?	-	+	?
Palmeirim 2018a	+	+	+	+	+	+	+
Rossignol 1983	+	?	?	?	-	-	?

**Figure 4. (Continued)**

Rossignol 1983	+	?	?	?	-	-	?
Silber 2017	?	?	+	?	+	+	?
Speich 2014	?	?	+	+	+	+	+
Steinmann 2011	+	?	-	+	+	+	?
Stephenson 1989	?	?	+	+	+	-	?
Stephenson 1993	?	?	+	+	+	-	?
Watkins 1996a	?	?	+	+	+	-	+
Wen 2008	?	?	-	?	+	+	+
Wimmersberger 2018	+	?	-	+	+	+	+
Yap 2013	+	+	+	?	+	+	+
Zani 2004	?	?	-	?	-	-	+

**Allocation**

Sixteen trials described adequate sequence generation methods, and the risk of bias was considered low (Adams 2004; Adegnika 2014; Albonico 1994; Albonico 2002; Albonico 2003; Beach 1999; Fox 2005; Knopp 2010; Legesse 2002; Legesse 2004; Lubis 2012; Palmeirim 2018a; Rossignol 1983; Steinmann 2011; Wimmersberger 2018; Yap 2013). The other trials did not reported details to judge the risk of selection bias and were considered unclear.

Six trials described adequate allocation concealment, and were considered of low risk of selection bias (Adams 2004; Adegnika 2014; Albonico 2002; Albonico 2003; Palmeirim 2018a; Yap 2013). One trial was considered of high risk of selection bias (Knopp 2010).

**Blinding**

Thirteen trials blinded participants and personnel (Adams 1994; Adams 2004; Albonico 2002; Albonico 2003; Haque 2010; Nokes 1992; Palmeirim 2018a; Silber 2017; Speich 2014; Stephenson 1989; Stephenson 1993; Watkins 1996a; Yap 2013). The risk of performance bias was unclear in four trials (Albonico 1994; Beach 1999; Hadju 1997; Rossignol 1983), and high in 13 trials (Adegnika 2014; Belizario 2003; Fox 2005; Jongsuksuntigul 1993; Knopp 2010; Legesse 2002; Legesse 2004; Lubis 2012; Ortiz 2002; Steinmann 2011; Wen 2008; Wimmersberger 2018; Zani 2004) (Figure 3).

Fifteen trials blinded the outcome assessor (Adams 2004; Adegnika 2014; Albonico 2002; Albonico 2003; Beach 1999; Fox 2005; Jongsuksuntigul 1993; Knopp 2010; Palmeirim 2018a; Speich 2014; Steinmann 2011; Stephenson 1989; Stephenson 1993; Watkins 1996a; Wimmersberger 2018). There was insufficient information for judgement in the other trials, and the risk of detection bias was unclear.

**Incomplete outcome data**

Eight trials were at high risk of attrition bias because more than 20% of participants lost follow-up, or there was great imbalance of

lost follow-up among the treatment groups (Adams 2004; Albonico 2003; Hadju 1997; Legesse 2004; Nokes 1992; Ortiz 2002; Rossignol 1983; Zani 2004). The remaining trials were at low risk of attrition bias.

**Selective reporting**

Fourteen trials did not report the adverse events after anthelmintic treatment (Adams 1994; Beach 1999; Belizario 2003; Fox 2005; Hadju 1997; Haque 2010; Legesse 2004; Lubis 2012; Nokes 1992; Rossignol 1983; Stephenson 1989; Stephenson 1993; Watkins 1996a; Zani 2004). We considered these trials at high risk of reporting bias because we judged that adverse events after anthelmintic treatment should be reported. In one study, authors described the results of placebo group just for "adult" patients and it was considered at high risk too (Rossignol 1983). The remaining trials were at low risk of reporting bias.

**Other potential sources of bias**

Seven trials were at unclear risk of other bias (Jongsuksuntigul 1993; Ortiz 2002; Rossignol 1983; Silber 2017; Steinmann 2011; Stephenson 1989; Stephenson 1993). The other trials were at low risk of other bias. See Characteristics of included studies table.

**Effects of interventions**

See: **Summary of findings for the main comparison** Any anthelmintic drug single dose compared to placebo for treating ascariasis; **Summary of findings 2** Albendazole 400 mg single dose compared to albendazole 400 mg multiple doses for treating ascariasis; **Summary of findings 3** Albendazole 400 mg single dose compared to mebendazole 500 mg single dose for treating ascariasis; **Summary of findings 4** Albendazole single dose compared to ivermectin single dose cure rate for treating ascariasis

We could not conduct quantitative analysis comparing the FEC pre- and post-treatment or ERR because of insufficient number of studies reporting egg counts in the same format (AM or GM,



including SD). In addition, quantitative analysis of adverse events were not possible because of the small number of studies in each comparison that reported them.

### Comparison 1: any anthelmintic drug single dose versus placebo

Twelve studies compared any anthelmintic single dose with placebo (Albonico 2002; Albonico 2003; Beach 1999; Fox 2005; Hadju 1997; Haque 2010; Rossignol 1983; Silber 2017; Stephenson 1989; Stephenson 1993; Watkins 1996a; Wimmersberger 2018).

Six trials were conducted in the African continent (Albonico 2002; Albonico 2003; Stephenson 1989; Silber 2017; Stephenson 1993; Wimmersberger 2018); three trials in Central America and the Caribbean (Beach 1999; Fox 2005; Watkins 1996a); and two in Asia (Hadju 1997; Haque 2010). Rossignol 1983 included participants from different continents.

Eleven trials included participants between 28 days and 18 years old (Albonico 2002; Albonico 2003; Beach 1999; Fox 2005; Hadju 1997; Haque 2010; Silber 2017; Stephenson 1989; Stephenson 1993; Watkins 1996a; Wimmersberger 2018).

Six trials used albendazole 400 mg single dose in experimental arms (Fox 2005; Hadju 1997; Haque 2010; Rossignol 1983; Stephenson 1989; Watkins 1996a); one trial used albendazole 600 mg single dose (Stephenson 1993); three trials used mebendazole 500 mg single dose (Albonico 2002; Albonico 2003; Silber 2017); and one trial used ivermectin 200 µg to 400 µg/kg or albendazole 400 mg single dose in the experimental arms (Beach 1999).

#### 1.1. Parasitological cure

Eight trials performed the parasitological examination between 14 and 60 days after the treatment (Albonico 2002; Albonico 2003; Beach 1999; Fox 2005; Rossignol 1983; Silber 2017; Watkins 1996a; Wimmersberger 2018). The cure rate measured was 93.0% in the any anthelmintic single-dose group compared to 16.1% in the placebo group (RR 6.29, 95% CI 3.91 to 10.12;  $I^2 = 86\%$ ; Analysis 1.1).

The treatment failure rate in any anthelmintic single-dose group ranged from 1.9% (Albonico 2002) to 18.8% (Watkins 1996a), and in the placebo group ranged from 62.9% (Beach 1999) to 98% (Watkins 1996a).

Four trials performed the parasitological examination between 61 and 180 days after the treatment (Hadju 1997; Haque 2010; Stephenson 1989; Stephenson 1993). The parasitological cure was 68.6% in the any anthelmintic group and 14.4% in the placebo group (RR 4.44, 95% CI 3.13 to 6.28;  $I^2 = 0\%$ ; Analysis 1.1). Treatment failure was 31.4% in the any anthelmintic group and 85.6% in the placebo group.

#### 1.2. Faecal egg count

See Table 1.

Nine trials reported the ERR of GM of epg of faeces but they provided data in a form that we could not use in a meta-analysis (Albonico 2002; Albonico 2003; Beach 1999; Fox 2005; Hadju 1997; Haque 2010; Silber 2017; Stephenson 1989; Stephenson 1993).

Five trials (1020 participants) reported the ERR of GM of faeces between 14 and 60 days after the treatment and ranged from 96.1%

to 100% in the any anthelmintic single-dose group and from 11.7% to 33.9% in the placebo group (Albonico 2002; Albonico 2003; Beach 1999; Fox 2005; Silber 2017).

Four trials (404 participants) reported the ERR of GM epg of faeces between 90 and 180 days after the treatment and ranged from 91.0% to 100% in the any anthelmintic group and from 15.0% to 60.0% in the placebo group (Hadju 1997; Haque 2010; Stephenson 1989; Stephenson 1993).

#### 1.3. Adverse outcomes

See Table 2.

Four trials (744 participants) investigated adverse events (Albonico 2002; Albonico 2003; Fox 2005; Silber 2017). The adverse events reported were few (headache, fever, myalgia, cough, epigastric pain, and diarrhoea) and similar among the groups.

### Comparison 2: albendazole 400 mg single dose versus albendazole 400 mg multiple doses

Four studies were included, one trial was carried out in South Africa (Adams 2004), one in Gabon (Adegnika 2014), one in Indonesia (Hadju 1997), and one in China (Steinmann 2011). The trials included children and adults, and 194 participants received albendazole 400 mg single dose and 251 received albendazole 400 mg multiple doses.

#### 2.1. Parasitological cure

Three trials determined the parasitological cure between 21 and 42 days (Adams 2004; Adegnika 2014; Steinmann 2011). The cure rate was 93.2% among participants who received albendazole 400 mg single dose compared to 94.3% among participants who received albendazole 400 mg multiple doses (RR 0.98, 95% CI 0.92 to 1.05; 307 participants; Analysis 2.1).

The failure of treatment range from 0.0% (Adams 2004) to 15.4% (Adegnika 2014) in albendazole single-dose group, and from 0.0% (Adams 2004) to 11.6% (Adegnika 2014) in the albendazole multiple-dose group.

One trial determined parasitological cure at 90 days after the treatment (Hadju 1997). The cure rate was 40.3% among participants who received albendazole 400 mg single dose compared to 50.7% among participants who received albendazole 400 mg multiple dose (RR 0.79 95% CI 0.54 to 1.17; 129 participants).

#### 2.2. Faecal egg count

See Table 1.

Two trials reported the ERR of AM of epg of faeces determined between 21 and 42 days after the treatment (Adegnika 2014; Steinmann 2011). It ranged from 94% to greater than 99% in the albendazole single-dose group and from 87% to greater than 99.9% in the albendazole multiple doses group.

One trial reported the ERR of GM of epg of faeces at 90 days after the treatment was 100% in the albendazole single-dose group and 99% in the albendazole multiple-dose group (Hadju 1997).

#### 2.3. Adverse outcomes

See Table 2.

## Anthelmintic drugs for treating ascariasis (Review)

Three trials (316 participants) investigated the occurrence of adverse events (Adams 2004; Adegnika 2014; Steinmann 2011). In one trial, few participants of two groups reported headache, abdominal cramps, vomiting, diarrhoea, chills, vertigo, throat pain, and fever (Steinmann 2011). Two studies did not observe adverse events among the participants (Adams 2004; Adegnika 2014).

### Comparison 3: albendazole 400 mg single dose versus mebendazole 500 mg single dose

We included six trials: three carried out in Tanzania (Albonico 2002; Knopp 2010; Speich 2014), one in Thailand (Jongsuksuntigul 1993), one in Indonesia (Lubis 2012), and one in China (Steinmann 2011). Albendazole 400 mg single dose was used in 1121 participants and mebendazole 500 mg single dose in 1010 participants. Five studies included children up to 14 years old, and one trial included children and adults up to 82 years old (Jongsuksuntigul 1993).

#### 3.1. Parasitological cure

All trials determined the parasitological cure up to 31 days after the treatment, and it was achieved in 98.0% of participants who received albendazole compared to 96.9% of participants who received mebendazole (RR 1.01, 95% CI 1.00 to 1.02; 6 trials, 2131 participants; Analysis 3.1). There was low heterogeneity among the trials ( $I^2 = 33%$ ,  $P = 0.23$ ; fixed-effect model).

The result was consistent by region (Africa: RR 1.01, 95% CI 1.00 to 1.03; 3 trials, 1723 participants; Asia: RR 0.99, 95% CI 0.96 to 1.03; 3 trials, 408 participants; test for subgroup difference:  $\text{Chi}^2 = 1.14$ ,  $P = 0.29$ ; Analysis 3.1).

The failure rates after the treatment in the albendazole single-dose group ranged from 0.0% (Albonico 1994) to 8.0% (Speich 2014), and in the mebendazole single-dose group from 0.0% (Lubis 2012) to 22.2% (Knopp 2010).

#### 3.2. Faecal egg count

See Table 1.

Five trials reported the intensity of infection (GM or AM egg counts) and the ERR, but it was not possible to pool the data due to the different unit used, and the SD was not reported (Albonico 1994; Jongsuksuntigul 1993; Knopp 2010; Speich 2014; Steinmann 2011). It was not possible to estimate the effect of intervention by the infection intensity due to the different classification used by the studies.

The ERR of GM and AM of epg of faeces was high in all trials, and it was almost 100% for both drugs albendazole and mebendazole (5 trials, 1902 participants).

#### 3.3. Adverse outcomes

See Table 2.

Five trials investigated the occurrence of adverse events (Albonico 1994; Jongsuksuntigul 1993; Knopp 2010; Speich 2014; Steinmann 2011).

In the Speich 2014 study, the frequency of adverse events in the albendazole group was 12.5% and in the mebendazole group was 18.1%.

The main adverse events reported in three trials were headache, vomiting, diarrhoea, abdominal discomfort, and fatigue (Albonico 1994; Knopp 2010; Steinmann 2011). There were no adverse events detected among the participants in Jongsuksuntigul 1993.

### Comparison 4: albendazole 400 mg single dose versus ivermectin 100 µg/kg to 400 µg/kg single dose

Three studies compared albendazole single dose versus ivermectin single dose (Beach 1999; Belizario 2003; Wen 2008). One trial was carried out in Haiti (Beach 1999), one in the Philippines (Belizario 2003), and one in China (Wen 2008). A total of 263 participants received albendazole 400 mg single dose and 256 received ivermectin 100 µg/kg to 400 µg/kg single dose.

Two trials included only participants up to 12 years old (Beach 1999; Belizario 2003), and one trial between 6 and 70 years old (Wen 2008).

#### 4.1. Parasitological cure

The parasitological cure rate was 87.8% among the participants who received albendazole single dose compared to 90.2% of participants who received ivermectin single dose (RR 0.99, 95% CI 0.91 to 1.08; 3 trials, 519 participants; Analysis 4.1). There was moderate heterogeneity among the trials ( $I^2 = 74%$ ,  $P = 0.02$ ; random-effects model).

The failure rate in the albendazole single-dose group ranged from 1% (Wen 2008) to 32% (Belizario 2003), and from 0% (Wen 2008) to 21.6% (Belizario 2003) in the ivermectin group.

#### 4.2. Faecal egg count

See Table 1.

One trial reported the ERR of AM epg of faeces, which was 93.0% in albendazole single-dose group and 94.3% in ivermectin single-dose group (Belizario 2003). In other trial, the ERR of GM epg of faeces was 100% in both groups (Beach 1999).

#### 4.3. Adverse events

See Table 2.

Only Wen 2008 reported adverse events (dizziness, abdominal pain, and tiredness), with no difference between the groups.

#### Other comparisons

One trial from Peru compared albendazole 400 mg single dose versus nitazoxanide single dose (100 mg/5 mL for children aged 2 to 3 years, and 200 mg/10 mL for children aged 4 to 11 years) (Ortiz 2002). The parasitological cure rates were 91.4% in albendazole group and 89.3% in the nitazoxanide group (RR 0.98, 95% CI 0.83 to 1.15). The ERR of AM of epg of faeces was 99.9% in both groups (Table 1). A small percentage of children presented with adverse events, mainly abdominal pain, diarrhoea, vomiting, and headache (Table 2).

One trial carried out in Tanzania compared mebendazole 500mg single dose to mebendazole 100 mg twice a day for three consecutive days (Palmeirim 2018a). The parasitological cure measured between 18 and 22 days was 100% in the mebendazole single-dose group and 98% in the mebendazole multiple-dose group (RR 1.02, 95% CI 0.96 to 1.08; 98 participants). The ERR

was 100% the mebendazole single-dose group and 99.1% in the mebendazole multiple-dose group (Table 1). The adverse events were mild and similar between groups (Table 2).

Four trials compared albendazole 400 mg single dose to mebendazole 200 mg for three consecutive days (Legesse 2002; Legesse 2004; Steinmann 2011; Zani 2004; Appendix 3). The parasitological cure rates were 97.0% in albendazole single-dose group and 95.3% in mebendazole multiple-dose group (RR 1.01, 95% CI 0.98 to 1.04; 1052 participants; Analysis 5.1). The ERR of egg ranged from 99.0% to more than 99.9% in both group (Table 1). The most common reported adverse events were vomiting, headache, diarrhoea, and worm expulsion through mouth and faeces (Table 2).

## DISCUSSION

### Summary of main results

See [Summary of findings for the main comparison](#); [Summary of findings 2](#); [Summary of findings 3](#); and [Summary of findings 4](#).

We undertook this Cochrane Review to assess the efficacy of albendazole, mebendazole, and ivermectin in the parasitological cure of *A lumbricoides* infection. Thirty RCTs, including 6442 participants from Africa, Asia, Central America and the Caribbean, and South America were evaluated for the treatment of *Ascaris* infection confirmed by parasitological examination. Trials recruited people from schools, communities, and health facilities. The age of participants varied from 28 days to 82 years. All drugs achieved a high cure rate with few adverse events reported. The certainty of evidence was graded as high to moderate. The incidence of mild adverse events was small and similar among anthelmintic drugs. Twenty-two trials had high risk of bias for one or two domains (blinding, incomplete outcome data, selective reporting).

The parasitological cure of ascariasis was six times higher in the group receiving any anthelmintic compared to those receiving placebo (93.0% versus 16.1%; moderate-certainty evidence).

Three main comparisons (albendazole single dose versus albendazole multiple dose, albendazole single dose versus mebendazole single dose, and albendazole single dose versus ivermectin single dose) reported cure control up to 60 days after treatment and parasitological cure ranged from 87.8% to 98.0% with no difference among the compared drugs and doses. The cure rate ranged from 40.3% to 72.8% among trials that measured parasitological cure after 60 days of the treatment.

For parasitological cure, single-dose albendazole appears to be as effective as multiple doses of albendazole or single-dose mebendazole (high-certainty evidence). Single-dose albendazole is probably as effective as single-dose ivermectin (moderate-certainty evidence).

The failure rates after single dose of albendazole ranged from 0.0% to 30.3%, mebendazole from 0.0% to 22.2% and ivermectin from 0.0% to 21.6%.

The ERR measured up to 60 days after treatment was high in all treated groups, regardless of the anthelmintic used (96.0% to 100%), but it was not possible to conduct a meta-analysis or to evaluate the impact of anthelmintic drugs according to the intensity of the infection (high- to moderate-certainty evidence).

There were no reports of complications or serious adverse events. The incidence of mild adverse events was small and similar among anthelmintic drugs, but it was not possible to perform a meta-analysis (moderate- to low-certainty evidence). The most commonly reported adverse events were nausea, vomiting, abdominal pain, diarrhoea, headache, and fever.

### Overall completeness and applicability of evidence

The elimination of worms and the reduction of egg burden are essential to decrease morbidity and transmission of *Ascaris* infection on individual and community level in different epidemiological scenarios. In the present review, the clinical trials analysed included children and adults from Africa, Asia, Central America and the Caribbean, and South America. Twelve studies were carried out in Africa (Ethiopia, Gabon, Kenya, Rwanda, South Africa, Tanzania), eight in Asia (Bangladesh, China, Indonesia, Philippines), four in Central America and the Caribbean (Haiti, Guatemala, Jamaica), two in South America (Peru, Brazil), and one was multicontinental. Given this spread, the results of this review can probably be applied to children and adults living in countries with moderate-to-high ascariasis endemicity.

In the included trials, the participants had the diagnosis of ascariasis confirmed by parasitological examination before treatment, mainly using the Kato-Katz or modified Stoll technique.

We did not include ERR in the quantitative analysis due to differences in the reported mean (geometric or arithmetic) and the lack of measures of variation in some trials. Therefore, solid conclusions about these measures could not be drawn.

The trials were analysed together according the time of follow-up. The cure rate was lower among the trials that measured parasitological cure between 60 and 180 days after treatment, probably because the prolonged follow-up time could falsely reduce the effectiveness of the treatment, since the treated participants could be reinfected and eliminate eggs within this period.

The results of this review suggest that there were no difference in parasitological cure rates among the compared anthelmintic drugs and doses for *Ascaris* treatment. Mebendazole, albendazole, and ivermectin, were effective against *A lumbricoides* infection, yielding high parasitological cure rates without differences among them. It was not possible to generate a summary on effects estimate of FEC pre- and post-treatment, neither for the effect of anthelmintic drugs by the intensity of the infection, nor for the adverse outcomes.

Despite the concern regarding *Ascaris* resistance to anthelmintics currently in use, the data from this review suggest that mebendazole, albendazole, and ivermectin remain highly effective for the treatment of people with documented infection for this parasite yielding small failure rates for these drugs.

Three of the anthelmintic drugs evaluated are the most currently used at usual prescribed doses (albendazole 400 mg single dose, mebendazole 500 mg, and ivermectin 200 µg/kg), and they are on WHO Model List of Essential Medicine for treating intestinal helminths (WHO 2017a).



## Certainty of the evidence

We assessed the certainty of the evidence across trials using the GRADE approach, and reported the outcomes in 'Summary of findings' tables.

The certainty of the evidence for parasitological cure comparing the different anthelmintic drugs was high to moderate. The certainty of evidence was downgraded mainly due to the concern about inconsistency. However, the results were consistent by geographical region in the main comparisons between albendazole single dose and mebendazole single dose. We could not evaluate the risk of publication bias because of the few studies included in each comparison.

The estimate of ERR was graded as high- to moderate-certainty evidence and downgraded mainly due to imprecision. Meta-analysis was not possible for these outcomes.

The certainty of the evidence for other adverse events was moderate to low and downgraded mainly due to concern of risk of performance, detection, and reporting bias. Meta-analysis was not possible for this outcome due to insufficient number of studies reporting them.

## Potential biases in the review process

We attempted to limit bias in the review process. Vittoria Lutje, the CIDG Information Specialist, performed the literature searches, and we checked the reference list of relevant studies. It is unlikely that these searches missed any major trials. We were able to obtain all published and unpublished selected studies.

At least two review authors selected the studies and extracted data. A third review author discussed the disagreement and double-checked the data extraction. We excluded one RCT that met the inclusion criteria from the quantitative analysis because it used a different anthelmintic dose from all other trials. We did not conduct an intention-to-treat analysis, indeed the data represented the number of events and participants with available data.

We excluded studies that assessed parasitological cure after several rounds of treatment since the objective of this review was to evaluate the efficacy of anthelmintic drugs after a single treatment at the individual level. Our aim was not to evaluate the deworming programmes, whose periodicity considers the probability of reinfection or of new infections between treatment rounds. We believe that the exclusion of these studies did not impact negatively the results of the review.

Most studies that did not report adverse events were conducted more than 10 years ago, so we decided not to contact the authors for additional information.

We could not evaluate the risk of publication bias because there were too few trials included in each main analysis, therefore, we cannot rule out publication bias.

## Agreements and disagreements with other studies or reviews

We identified three reviews that evaluated the parasitological cure of anthelmintic drugs compared to placebo for treating *Ascaris* (Keiser 2008; Moser 2017b; Mrus 2017). However, these reviews had wider inclusion criteria, included not only RCTs, and they did not directly compare different anthelmintic drugs or different doses of anthelmintics as we did in this review.

We also identified two large uncontrolled trials that evaluated the parasitological cure after treatment with anthelmintic drugs (Levecke 2014; Vercruysse 2011a). Vercruysse 2011a was conducted in seven countries and included 1834 children treated with albendazole single dose. Levecke 2014 was conducted in six countries and included 1209 children treated with a single dose of mebendazole. These trials did not use placebo or different anthelmintic drug or different doses of anthelmintic drug to determine the efficacy of albendazole and mebendazole. The present review included only studies with control groups.

## AUTHORS' CONCLUSIONS

### Implications for practice

The head-to-head comparisons suggested that there is little to choose between the drugs evaluated in terms of cure: mebendazole, albendazole, and ivermectin all yielded high parasitological cure with no differences between them. We do not know in *Ascaris*-confirmed infections the effect of anthelmintic drugs on egg reduction rate (ERR) according to the class of infection intensity. High- to moderate-certainty evidence suggests that albendazole, mebendazole, and ivermectin are safe drugs to treat children and adults with confirmed *Ascaris* infection, showing low failure rates.

### Implications for research

These drugs are effective and it is unclear whether outstanding questions remain.

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**CHARACTERISTICS OF STUDIES**
**Characteristics of included studies [ordered by study ID]**
**Adams 1994**

Methods	<b>Design:</b> parallel group randomized trial  <b>Duration of study:</b> March to May 1990  <b>Duration of follow-up:</b> 63 days
Participants	<b>Country:</b> Kenya  <b>Setting:</b> school  <b>Number included in study:</b> 56  <b>Age:</b> 5-10 years  <b>Sex:</b> 31 girls, 25 boys  <b>Inclusion criteria:</b> children in nursery and standard 1 classes of Mvinden Primary School in Kwale District Coast Province Kenya, who had more than 500 epg of <i>T trichiura</i> or > 1000 epg of <i>A lumbricoides</i> or hookworm, prepubertal and > 5 years old  <b>Lost at follow-up:</b> 1 (1.8%)  <b>Number positive for <i>A lumbricoides</i>:</b> 16  <b>Number included in review:</b> 16  <b>Exclusion criteria:</b> children with severe anaemia
Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>• Group 1: albendazole 400 mg single dose 3 consecutive days (n = 9)</li> <li>• Group 2: placebo (n = 7)</li> </ul>

**Anthelmintic drugs for treating ascariasis (Review)**

**Adams 1994** (Continued)

Outcomes **Outcomes included:** *Ascaris* prevalence pre- and post-treatment, pre- and post-treatment AM and GM epg, ERR.

**Outcomes not included in review:** efficacy of anthelmintic treatment for *T trichiura* and hookworm and anthropometric measurements, activity and appetite, haemoglobin concentration

Notes **Diagnostic technique:** Modified Kato-Katz

**Funding support:** Thrasher Research Fund, SmithKline Beecham, Ltd. and NIH Nutrition Training Grant 2-T32-DK07158

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "subjects were grouped according to sex and paired according to hookworm intensity; one of each pair was allocated at random to the albendazole-treated group or the placebo group."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "three 400 mg doses of either albendazole (SmithKline Beecham, Brentford, Middlesex, U.K.) or an identical-appearing placebo were administered to each child on three consecutive school days (MIMS Africa 1989)."
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	Low risk	1 (1.8%) participant lost to follow-up and data not considered in analysis.
Selective reporting (reporting bias)	High risk	Adverse events not reported.
Other bias	Low risk	No obvious source of other bias.

**Adams 2004**

Methods **Design:** parallel group randomized trial

**Duration of study:** not reported

**Duration of follow-up:** 30 days

Participants **Country:** Republic of South Africa

**Setting:** school

**Number included in study:** 150

**Age:** 6–16 years (mean 10 years)

**Sex:** 75 girls, 75 boys

**Anthelmintic drugs for treating ascariasis (Review)**

**Adams 2004** (Continued)

**Inclusion criteria:** pupils at a primary school serving a wine-producing area were eligible to receive albendazole if they were infested by *T trichiura*. Children not infected by any species of helminth were suitable for the placebo group.

**Exclusion criteria:** chronic prescription medication, clinically evident illness, or both

**Lost at follow-up:** 37 (24.6%)

**Number positive for *A lumbricoides*:** 58

**Number included in review:** 58

Interventions	<p><b>Treatment strategy:</b> screening and treat all included participants</p> <ul style="list-style-type: none"> <li>Group 1: albendazole 400 mg single dose (n = 15)</li> <li>Group 2: albendazole 400 mg 2 consecutive days (n = 22)</li> <li>Group 3: albendazole 400 mg 3 consecutive days (n = 21)</li> <li>Group 4: placebo (no randomized group; not included in the review)</li> </ul>
Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment cure rates and adverse events</p> <p><b>Outcomes not included in review:</b> efficacy of anthelmintic treatment for <i>T trichiura</i> not reported</p>
Notes	<p><b>Diagnostic technique:</b> "Standard methods"</p> <p><b>Funding support:</b> The Peninsula School Feeding Association; Anglo American Chairman's Fund, AngloGold Fund, De Beers Fund, and AusAID supported operational and developmental research to implement crèche- and school-based deworming, health education and sanitation in impoverished communities in the south-western Cape. GlaxoSmithKline donated the albendazole and placebo tablets.</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "A statistician operating independently of the researchers in the field used random permutations to allocate the 150 <i>Trichuris</i> infected children into 3 groups, which were again randomized to the different doses of albendazole."
Allocation concealment (selection bias)	Low risk	Quote: "Set of three blister packs for each code recipient were prepared in laboratory. Packs were marked for use on day 1, 2 and 3 respectively."
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Placebo tablets matched the albendazole tablets in appearance, as did the blister packs. All treatments comprised 1 tablet a day for 3 days. At the school, neither the person administering the treatment, nor the child receiving the tablet, was aware of the dose."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Faecal samples were coded and microscopist who processed and examined the specimens for helminth eggs were unaware which treatment group any sample corresponded to.
Incomplete outcome data (attrition bias) All outcomes	High risk	37 (24.7%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	Low risk	All stated outcomes reported.
Other bias	Low risk	No other obvious source of bias.



**Adegnika 2014**

Methods	<b>Design:</b> parallel group randomized trial  <b>Duration of study:</b> August 2010 to June 2011  <b>Duration of follow-up:</b> 42 days	
Participants	<b>Country:</b> Gabon  <b>Setting:</b> school  <b>Number included in study:</b> 175 children  <b>Age:</b> 4–14 years (mean 8.7 years)  <b>Sex:</b> not reported  <b>Inclusion criteria:</b> aged 4–14 years and $\geq 5$ eggs or larvae of <i>A lumbricoides</i> , <i>T trichiura</i> , or hookworm  <b>Exclusion criteria:</b> known HIV infection, allergy to albendazole, severe anaemia, and any other underlying severe physical condition  <b>Lost to follow-up:</b> 0 (0%)  <b>Number positive for <i>A lumbricoides</i>:</b> 108  <b>Number included in review:</b> 108	
Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>• Group 1: albendazole 400 mg single dose (n = 39)</li> <li>• Group 2: albendazole 400 mg single dose 2 consecutive days (n = 32)</li> <li>• Group 3: albendazole 400 mg single dose 3 consecutive days (n = 37)</li> </ul>	
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rate, pre- and post-treatment AM egg, ERR rate, and adverse events  <b>Outcomes not included in review:</b> efficacy of anthelmintic treatment for <i>Trichuris</i> , hookworm, and mean haemoglobin	
Notes	<b>Diagnostic technique:</b> Kato-Katz  <b>Funding support:</b> EDCTP Senior Fellowship TA 11 40200025, the Deutsche Forschungsgemeinschaft-funded project Deutsch-Afrikanische Kooperationsprojekte in der Infektiologie (DFG-Projekt KR 1150/6-1), and EU-funded project Immunological Interplay between Poverty Related Diseases and Helminth Infections: An African-European Research Initiative (IDEA) (HEALTH-F3-2009-241642). "Targeted Development of a New Generation Vaccine for Schistosomiasis" ("TheSchistoVac") (Health-2009-242107)	
<b>Risk of bias</b>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Low risk	Quote: "The randomizations code was generated with the use of R statistical software by an investigator not involved in patient study procedures."
Allocation concealment (selection bias)	Low risk	Quote: "The code was kept concealed on a password-protected personal computer inaccessible to study staff. The treatment group assignments were communicated to the study staff after study numbers were given to the eligible subjects and shortly before the beginning of treatment."

**Adegnika 2014** (Continued)

Blinding of participants and personnel (performance bias) All outcomes	High risk	Different treatment schedule.
Blinding of outcome assessment (detection bias) All outcomes	Low risk	2 laboratory technicians independently read slides and were blinded to assigned drug regimen.
Incomplete outcome data (attrition bias) All outcomes	Low risk	All randomized participants were included in analysis.
Selective reporting (reporting bias)	Low risk	All stated outcomes reported.
Other bias	Low risk	No other obvious source of bias.

**Albonico 1994**

Methods	<b>Design:</b> parallel group randomized trial <b>Duration of study:</b> October 1992 to February 1993 <b>Duration of follow-up:</b> 18–31 days (mean 22.5 days)
Participants	<b>Country:</b> United Republic of Tanzania <b>Setting:</b> school <b>Number included in study:</b> 2650 <b>Age:</b> 6–12 years (mean 10 years) <b>Sex:</b> not reported <b>Inclusion criteria:</b> school children aged 6–12 years who had never been treated for intestinal helminths <b>Exclusion criteria:</b> not reported <b>Lost to follow-up:</b> 356 (13.4%) <b>Number positive for <i>A lumbricoides</i>:</b> 1548 <b>Number included in review:</b> 1548
Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>Group 1: albendazole 400 mg single dose (n = 818)</li> <li>Group 2: mebendazole 500 mg single dose (n = 730)</li> </ul>
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rates, pre- and post-treatment GM epg, ERR, adverse events <b>Outcomes not included in review:</b> efficacy of anthelmintic treatment for <i>Trichuris</i> , and hookworm
Notes	<b>Diagnostic technique:</b> Kato-Katz

**Anthelmintic drugs for treating ascariasis (Review)**

**Albonico 1994** (Continued)

**Funding support:** World Health Organization Programme of Intestinal Parasitic Infection Division of Communicable Diseases and by Direzione Generale per la Cooperazione allo Sviluppo, Italian Ministry of Foreign Affairs

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Before the start of the trial, sequentially numbered envelopes were prepared, each envelope containing a single dose of one of 2 antihelminthic drugs. Half of envelopes, selected using computer generated random numbers, contained albendazole (400 mg (SmithKline Beecham) and other half mebendazole 500 mg (Jansen Pharmaceutica)."
Allocation concealment (selection bias)	Unclear risk	Quote: "About 110 faecal specimens were collected each day, allocated a trial number sequentially, and whichever treatment was in the envelope with that number was administered to the child on the spot."
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Details not reported.  Quote: "single blind randomized clinical trial"
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	Low risk	354 (13.4%) participants lost at follow-up, and not included in analysis; 11% (148) in albendazole group and 16% (206) in mebendazole group. Loss was balanced between groups.
Selective reporting (reporting bias)	Low risk	All stated outcomes reported.
Other bias	Low risk	No other obvious source of bias.

**Albonico 2002**

Methods	<p><b>Design:</b> parallel group randomized trial</p> <p><b>Duration of study:</b> September to October 2000</p> <p><b>Duration of follow-up:</b> mean 21 days (range 20–23 days)</p>
Participants	<p><b>Country:</b> United Republic of Tanzania</p> <p><b>Setting:</b> school</p> <p><b>Number included in study:</b> 1435</p> <p><b>Age:</b> 8–13 years (mean 9.4 years)</p> <p><b>Sex:</b> 795 girls, 640 boys</p> <p><b>Inclusion criteria:</b> 1st and 2nd grade school children from 7 primary public school randomly selected among 72 schools</p> <p><b>Exclusion criteria:</b> significant comorbidities (e.g. severe diarrhoea, severe anaemia, high fever); and had received anthelmintic treatment in previous month</p>

**Anthelmintic drugs for treating ascariasis (Review)**

**Albonico 2002** (Continued)

**Lost at follow-up:** 106 (7.4%)

**Number of participants positive for *A lumbricoides*:** 310

**Number of participants included in review:** 210

Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>Group 1: mebendazole 500 mg single dose (n = 107)</li> <li>Group 2: placebo (n = 103)</li> <li>Group 3: pyrantel-oxantel single dose: bodyweight 15–20 kg: 150 mg; 21–30 kg: 300 mg; 31–40 kg: 450 mg (n = 103; not included)</li> </ul>
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> cure rates, pre- and post-treatment GM epg, ERR, adverse events  <b>Outcomes not included in review:</b> efficacy of anthelmintic treatment for <i>Trichuris</i> ; efficacy of pyrantel-oxantel for <i>Ascaris</i>
Notes	<b>Diagnostic technique:</b> Kato-Katz  <b>Funding support:</b> Parasitic and Vector Control, Division of Communicable Diseases, World Health Organization Pharmamed (Malta) donated placebo and mebendazole, and Pfizer (Indonesia) donated pyrantel-oxantel.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Randomization was blocked on weight and a computer-generated program was used to create 3 randomized treatment list."
Allocation concealment (selection bias)	Low risk	Quote: "Treatments were placed in sealed, opaque envelopes and coded with a number."
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Placebo pills resembled mebendazole in colour, size, taste, and shape."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "All laboratory investigations were blinded, i.e. the technicians examining the slides were unaware of the treatment regimen of the patients."
Incomplete outcome data (attrition bias) All outcomes	Low risk	106 (7.4%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	Low risk	All stated outcomes were reported.
Other bias	Low risk	No other obvious source of bias.

**Albonico 2003**

Methods	<b>Design:</b> parallel group randomized trial  <b>Duration of study:</b> August 1999
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**Anthelmintic drugs for treating ascariasis (Review)**

**Albonico 2003** (Continued)

**Duration of follow-up:** 21 days

Participants	<b>Country:</b> United Republic of Tanzania  <b>Setting:</b> school  <b>Number included in study:</b> 1137  <b>Age:</b> 7–18 years (mean 11.5 years)  <b>Sex:</b> girls 625, boys 512  <b>Inclusion criteria:</b> children in 1st grade (Standard 1) and 5th grade (Standard 5) of 10 public school on Pemba Island.  <b>Exclusion criteria:</b> no parental or guardian permission to participate, no stool sample, significant comorbidities (e.g. severe diarrhoea, severe anaemia, or high fever), or had recently transferred to the school from an area outside Zanzibar.  <b>Lost at follow-up:</b> 233 (20.5%)  <b>Number positive for <i>A lumbricoides</i>:</b> 538  <b>Number included in review:</b> 279
Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>• Group 1: mebendazole 500 mg single dose (n = 141)</li> <li>• Group 2: placebo (n = 138)</li> <li>• Group 3: levamisole 40 mg (weight 15–20 kg) or 80 mg (weight 21–60 kg) single dose (not included)</li> <li>• Group 4: mebendazole 500 mg single dose + levamisole 40 mg single dose (not included)</li> </ul>
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> cure rates, pre- and post-treatment AM and GM epg, ERR, adverse events  <b>Outcomes not included in review:</b> efficacy of anthelmintic treatment for <i>Trichuris</i> and hookworms; mebendazole + levamisole efficacy for <i>Ascaris</i> ; levamisole efficacy for <i>Ascaris</i>
Notes	<b>Diagnostic technique:</b> Kato-Katz  <b>Funding support:</b> Parasitic Disease and Vector Control, Prevention and Eradication, World Health Organization, Geneva. Pharmamed (Malta) and Janssen (Belgium) donated placebo and mebendazole, Zeneca (UK) donated levamisole.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Randomization was blocked on weight, and a computer-generated programme was used to create two randomized treatment list: one for children who weighed 15–20 kg, who were to receive one tablet of 40 mg levamisole, and another for children who weighed 21–60 kg, who were to receive two tablets (80 mg)."
Allocation concealment (selection bias)	Low risk	Quote: "Treatments given were placed in sealed, opaque envelopes and were coded with a number. Children were identified by these numbers only throughout the study."
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Placebo pills resembled mebendazole colour, size, taste and shape."

**Anthelmintic drugs for treating ascariasis (Review)**



**Albionico 2003** (Continued)

Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "All laboratory investigators were blinded."
Incomplete outcome data (attrition bias) All outcomes	High risk	233 (20.5%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	Low risk	Quote: "Although adverse effects were not investigated actively, no adverse events were reported after any single or combined treatment in the week following the administration of anthelmintics."
Other bias	Low risk	No other obvious source of bias.

**Beach 1999**

Methods	<b>Design:</b> parallel group randomized trial  <b>Duration of study:</b> started January 1996  <b>Duration of follow-up:</b> 35 days
Participants	<b>Country:</b> Haiti  <b>Setting:</b> school  <b>Number included in study:</b> 965  <b>Age:</b> 5–11 years  <b>Sex:</b> 407 girls, 446 boys  <b>Inclusion criteria:</b> aged 5–11 years; anthropometric measurements before and 4 months after treatment; stool specimens before and 5 weeks after treatment; random assignment to a treatment group; and height, weight, and age within limits of the anthropometric database  <b>Exclusion criteria:</b> haematocrit levels < 22%  <b>Lost at follow-up:</b> 112 (11.6%)  <b>Number positive for <i>A lumbricoides</i>:</b> 249  <b>Number included in review:</b> 249
Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>• Group 1: albendazole 400 mg single dose (n = 62)</li> <li>• Group 2: ivermectin 200–400 µg/kg (mean 282.7 µg/kg) (n = 52)</li> <li>• Group 3: albendazole 400 mg single dose + ivermectin 200–400 µg/kg (n = 73)</li> <li>• Group 4: placebo (vitamin C 250 mg) (n = 62)</li> </ul>
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, prevalence reduction, pre- and post-treatment AM and GM epg, ERR  <b>Outcomes not included in review:</b> efficacy of anthelmintic treatment for <i>Trichuris</i> , hookworm, and <i>W bancrofti</i> microfilariae; nutritional and anthropometric measures; data after 4 months of treatment
Notes	<b>Diagnostic technique:</b> modified Stoll method

**Anthelmintic drugs for treating ascariasis (Review)**

**Beach 1999** (Continued)

**Funding support:** United States Agency for International Development; Merck Inc. donated the ivermectin and SmithKline Beecham donated the albendazole.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "All eligible students were assigned, using a random number table, to four treatment groups."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Details not reported for parasitological cure outcome.
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "Laboratory personnel, measurement teams, and personnel evaluating students for adverse reactions were blinded to the treatment status of the children."
Incomplete outcome data (attrition bias) All outcomes	Low risk	112 (11.6%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	High risk	Adverse events not reported.
Other bias	Low risk	No other obvious source of bias.

**Belizario 2003**

Methods	<p><b>Design:</b> parallel group randomized trial</p> <p><b>Duration of study:</b> second half of 1998</p> <p><b>Duration of follow-up:</b> 7–14 days</p>
Participants	<p><b>Country:</b> Republic of the Philippines</p> <p><b>Setting:</b> school</p> <p><b>Number included in study:</b> 784</p> <p><b>Age:</b> 6–12 years</p> <p><b>Sex:</b> not reported</p> <p><b>Inclusion criteria:</b> boys or girls; aged 6–12 years; informed consent; <i>A lumbricoides</i> or <i>T trichiura</i> (or both) eggs in stool samples; and compliance with protocol, requiring stool samples at the specified times after treatment</p> <p><b>Exclusion criteria:</b> previous hypersensitivity reaction to benzimidazole, ivermectin, diethylcarbamazine, or any related compound; other helminths; without the target helminths listed; diarrhoea disease; receipt of any anthelmintic in the 2 weeks before enrolment; receipt of an anthelmintic during the study period; and concomitant infection or underlying disease compromising evaluation of the response to the medications being studied</p>

**Anthelmintic drugs for treating ascariasis (Review)**

**Belizario 2003** (Continued)

**Lost at follow-up:** 29 (3.7%)

**Number positive for *A lumbricoides*:** 528

**Number included in review:** 306

Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>Group 1: albendazole 400 mg single dose + placebo (n = 99)</li> <li>Group 2: ivermectin 200 µg/kg bodyweight + placebo (n = 102)</li> <li>Group 3: albendazole 400 mg + ivermectin 200 µg/kg bodyweight (n = 105)</li> <li>Group 4: diethylcarbamazine 150 mg + placebo (not included)</li> <li>Group 5: albendazole 400 mg + diethylcarbamazine 150 mg (not included)</li> </ul>
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rate, pre- and post-treatment AM epg, ERR  <b>Outcomes not included in review:</b> efficacy of anthelmintic treatment for <i>Trichuris</i> ; efficacy of diethylcarbamazine and albendazole + diethylcarbamazine for <i>A lumbricoides</i> .
Notes	<b>Diagnostic technique:</b> Kato-Katz  <b>Funding support:</b> World Health Organization

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Details not reported.
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	High risk	Quote: "Placebo resembling albendazole was used together with the one-drug treatments in order to make it appear that all pupils were receiving a combination of two drugs."  Comment: ivermectin not blinded.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	Low risk	29 (3.7%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	High risk	Adverse events not reported.
Other bias	Low risk	No obvious source of bias.

**Fox 2005**

Methods	<b>Design:</b> parallel group randomized trial
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**Anthelmintic drugs for treating ascariasis (Review)**

**Fox 2005** (Continued)

**Duration of study:** October 1998 to May 1999

**Duration of follow-up:** 35 days

## Participants

**Country:** Haiti

**Setting:** school

**Number included in study:** 1292

**Age:** 5–11 years (mean 7.7 years)

**Sex:** 656 girls, 636 boys

**Inclusion criteria:** aged 5–11 years, anthropometric measurements collected before and 6 months after treatment, stool specimens collected before and 5 weeks after treatment, microfilaria smears prepared before and 6 months after treatment, and random assignment to a treatment group

**Exclusion criteria:** not reported

**Lost at follow-up:** 43 (3.3%)

**Number positive for *A lumbricoides*:** 383

**Number included in review:** 188

## Interventions

**Treatment strategy:** screening and treat all included participants

- Group 1: albendazole 400 mg single dose (n = 91)
- Group 2: placebo (vitamin C 250 mg), (n = 97)
- Group 3: albendazole 400 mg single dose + diethylcarbamazine 6 mg/kg single dose (not included in review)
- Group 4: diethylcarbamazine 6 mg/kg single dose (not included in review)

## Outcomes

**Outcomes included:** *Ascaris* prevalence pre- and post-treatment, cure rates, pre- and post-treatment AM epg, ERR, adverse events

**Outcomes not included in review:** anthelmintic efficacy for *Trichuris*, hookworm, and *W bancrofti*; diethylcarbamazine and diethylcarbamazine + albendazole efficacy for *A lumbricoides*; nutritional and anthropometric measurements

## Notes

**Diagnostic technique:** Stoll modified method

**Funding support:** emerging Infections Program of the Centers for Disease Control and Prevention and by an Institutional Strengthening Grant from the World Health Organization to the Hôpital Sainte Croix.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "all eligible students were assigned using a random number table to one of four treatment groups."
Allocation concealment (selection bias)	Unclear risk	No detail reported
Blinding of participants and personnel (performance bias) All outcomes	High risk	Quote: "given by CDC staff either a placebo (250mg of vitamin C), 400 mg of ALB [albendazole] (Zentel; SmithKline Beecham, Philadelphia, PA or generic drug; BeltaPharm Srl., Milan, Italy), a single 6 mg/kg dose of DEC [diethylcarbamazine] (Hetrazan; Lederle, Grosport, Hampshire, United Kingdom), or a combination of DEC and ALB."

**Anthelmintic drugs for treating ascariasis (Review)**

**Fox 2005** (Continued)

Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "Laboratory personnel, measurement teams, and personnel evaluating students for adverse reactions were blinded to the treatment status of the children."
Incomplete outcome data (attrition bias) All outcomes	Low risk	43 (3.3%) participants lost at follow-up, and not included in analysis.
Selective reporting (reporting bias)	High risk	Adverse events just reported for children with heavy microfilaria infection.
Other bias	Low risk	No obvious other source of bias.

**Hadju 1997**

Methods	<b>Design:</b> parallel group randomized trial  <b>Duration of study:</b> not reported  <b>Duration of follow-up:</b> 90 days
Participants	<b>Country:</b> Republic of Indonesia  <b>Setting:</b> school  <b>Number included in study:</b> 507  <b>Age:</b> ≤ 10 years  <b>Sex:</b> not reported  <b>Inclusion criteria:</b> primary school children attending to grades 1, 2, and 3  <b>Exclusion criteria:</b> children aged > 11 years old or with signs of puberty, with signs of severe protein energy malnutrition, with deformity or congenital abnormality  <b>Lost at follow-up:</b> 177 (34.9%)  <b>Number positive for <i>A lumbricoides</i>:</b> 308  <b>Number included in review:</b> 198
Interventions	<b>Treatment strategy:</b> screening and treat all participants <ul style="list-style-type: none"> <li>• Group 1: placebo (n = 69)</li> <li>• Group 2: albendazole 400 mg single dose (n = 62)</li> <li>• Group 3: albendazole 400 mg twice (n = 67)</li> <li>• Group 4: pyrantel pamoate 10 mg/kg single dose (not included in review)</li> <li>• Group 5: pyrantel pamoate 10 mg/kg twice (not included in review)</li> </ul>
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rates, pre- and post-treatment GM epg, ERR  <b>Outcomes not included in review:</b> anthropometric measures; efficacy of pyrantel pamoate for <i>A lumbricoides</i>
Notes	<b>Diagnostic technique:</b> modified Kato-Katz

**Anthelmintic drugs for treating ascariasis (Review)**



**Hadju 1997** (Continued)

**Funding support:** Directorate of Higher Education, Government of Indonesia; SmithKline Beecham Ltd. in the UK produced the placebo and albendazole.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "All eligible children were randomized to five treatments groups. Randomization was based on sex and eggs counts of <i>Ascaris</i> ."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Quote: "The placebo table was similar to the albendazole tablet but pyrantel was different, Children and field workers were not informed of the actual name of both drugs. Each treatment was put in three different boxes label A, B, C. No one except the principal investigator was made aware of the labels."  Comment: no details if albendazole twice group received 2 days of placebo.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	High risk	177 children lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	High risk	Adverse events not reported.
Other bias	Low risk	No other obvious source of bias.

**Haque 2010**

Methods	<p><b>Design:</b> parallel group randomized trial (factorial)</p> <p><b>Duration of study:</b> not reported</p> <p><b>Follow-up:</b> 120 days</p>
Participants	<p><b>Country:</b> Bangladesh</p> <p><b>Setting:</b> community</p> <p><b>Number included in study:</b> 248</p> <p><b>Age:</b> 24–60 months</p> <p><b>Sex:</b> 121 boys, 100 girls</p> <p><b>Inclusion criteria:</b> <i>Ascaris</i> infection was prerequisite for enrolment to study; children apparently healthy without a history of chronic illness; without hookworm infection, and willing to take daily <math>\beta</math>-carotene capsule and 2 doses of albendazole during study</p> <p><b>Exclusion criteria:</b> severe malnutrition, clinical vitamin A deficiency (as indicated by corneal involvement), chronic diseases, or persistent diarrhoea</p> <p><b>Lost at follow-up:</b> 27 (10.9%)</p>

**Anthelmintic drugs for treating ascariasis (Review)**

**Haque 2010** (Continued)

**Number positive for *A lumbricoides*: 248**
**Number included in review: 111**

Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>Group 1: albendazole 400 mg single dose + placebo (n = 55)</li> <li>Group 2: placebo + placebo (n = 56)</li> <li>Group 3: albendazole 400 mg single dose + <math>\beta</math>-carotene (not included in review)</li> <li>Group 4: <math>\beta</math>-carotene + placebo (not included in review)</li> </ul>
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rates, pre- and post-treatment AM epg, ERR  <b>Outcomes not included in review:</b> efficacy of albendazole + $\beta$ -carotene and $\beta$ -carotene + placebo for <i>A lumbricoides</i> ; anthelmintic efficacy for <i>Trichuris</i> ; $\beta$ -carotene levels
Notes	<b>Diagnostic technique:</b> not reported  <b>Funding support:</b> Thrasher Research Fund, USA. Eskayef Bangladesh Ltd. provided albendazole

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Block randomization was used for recruiting children in the treatment group and placebo (control) groups."
Allocation concealment (selection bias)	Unclear risk	Details not reported
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Placebo forms for both albendazole tablets and $\beta$ -carotene capsules were of identical size, shape, and colour."
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	27 (10.9%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	High risk	Adverse events not reported.
Other bias	Low risk	The pharmaceutical industry donated the drug.

**Jongsuksuntigul 1993**

Methods	<b>Design:</b> parallel group randomized trial  <b>Duration of study:</b> 5–30 August 1991  <b>Follow-up:</b> 14 days
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**Anthelmintic drugs for treating ascariasis (Review)**

**Jongsuksuntigul 1993** (Continued)

Participants

**Country:** Thailand Kingdom

**Setting:** community

**Number included in study:** 196

**Age:** 3–80 years

**Sex:** 98 male, 98 female

**Inclusion criteria:** single or multiple infections of hookworm, *Ascaris*, and *Trichuris*
**Exclusion criteria:** pregnant women and breastfeeding mothers

**Lost at follow-up:** 0 (0%)

**Number positive for *A lumbricoides*:** 56

**Number included in review:** 56

Interventions

**Treatment strategy:** screening and treat all included participants

- Group 1: mebendazole 300 mg single dose (original) (n = 12)
- Group 2: mebendazole 300 mg single dose (n = 14)
- Group 3: mebendazole 500 mg single dose (n = 17)
- Group 4: albendazole 400 mg single dose (n = 13)

Outcomes

**Outcomes included:** *Ascaris* prevalence pre- and post-treatment, cure rates, pre- and post-treatment GM epg, ERR adverse events

**Outcomes not included in review:** anthelmintic efficacy for hookworm, *Trichuris*, and *Enterobius*

Notes

**Diagnostic technique:** Kato-Katz

**Funding support:** SmithKline Beecham Pharmaceuticals Ltd and Janssen Pharmaceutica Ltd

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Details not reported. Quote: "patients were randomly assigned into four treatment groups."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	High risk	Drugs had different appearance.
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "The laboratory technicians were blind to the respective treatment of each patient group."
Incomplete outcome data (attrition bias) All outcomes	Low risk	All randomized participants included in analysis.

**Anthelmintic drugs for treating ascariasis (Review)**

**Jongsuksuntigul 1993** (Continued)

Selective reporting (re-reporting bias)	Low risk	All stated outcomes were reported.
Other bias	Unclear risk	Pharmaceutical support unclear.

**Knopp 2010**

Methods	<p><b>Design:</b> parallel group randomized trial</p> <p><b>Duration of study:</b> March to May 2009</p> <p><b>Follow-up:</b> 21 days</p>
Participants	<p><b>Country:</b> Tanzania</p> <p><b>Setting:</b> school</p> <p><b>Number included in study:</b> 610</p> <p><b>Age:</b> mean 11 years</p> <p><b>Sex:</b> 55% girls</p> <p><b>Inclusion criteria:</b> children attending grades 1–7 in the 2 schools with written informed consent provided by parents or guardians, aged <math>\geq 5</math> years, sufficiently large stool sample to perform duplicate Kato-Katz thick smears at baseline survey, infection with <i>T trichiura</i>, and submission of second stool sample subjected to duplicate Kato-Katz thick smears before treatment</p> <p><b>Exclusion criteria:</b> pregnant (for girls), as verbally assessed by medical personnel; presence of systemic illnesses (e.g. fever or severe illness); and anthelmintic treatment within the previous 4 weeks</p> <p><b>Lost at follow-up:</b> 62 (10.0%)</p> <p><b>Number positive for <i>A lumbricoides</i>:</b> 73</p> <p><b>Number included in review:</b> 64</p>
Interventions	<p><b>Treatment strategy:</b> screening and treat all included participants</p> <ul style="list-style-type: none"> <li>Group 1: albendazole 400 mg single dose + placebo (n = 14)</li> <li>Group 2: albendazole 400 mg single dose + ivermectin 200 <math>\mu\text{g}/\text{kg}</math> single dose (n = 14)</li> <li>Group 3: mebendazole 500 mg single dose + placebo (n = 18)</li> <li>Group 4: mebendazole 500 mg + ivermectin 200 <math>\mu\text{g}/\text{kg}</math> single dose (n = 18)</li> </ul>
Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rates, pre- and post-treatment GM epg, adverse events</p> <p><b>Outcomes not included in review:</b> anthelmintic efficacy for <i>Trichuris</i> and hookworm</p>
Notes	<p><b>Diagnostic technique:</b> Kato-Katz</p> <p><b>Funding support:</b> Commission for Research Partnerships with Developing Countries (through the Swiss Agency for Development and Cooperation–sponsored program "Jeunes Chercheurs" to S.K.), the Swiss National Science Foundation (project PPOOB-102883 and PPOOB-119129), the EU (FP6 STREP CONTRAST project, contract 032203), and Burckhardt Foundation Basel.</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
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**Anthelmintic drugs for treating ascariasis (Review)**

**Knopp 2010** (Continued)

Random sequence generation (selection bias)	Low risk	Quote: "The trial statistician was provided with the list of identification numbers of 618 <i>T.trichiura</i> -positive children and generated a computer-based random allocation sequence (numbers 1–4)."
Allocation concealment (selection bias)	High risk	Quote: "The numbers were decoded for each school by 1 of 2 researchers (S.K. for Kilombero and B.S. for Kinyasini) to assign children either to albendazole (400 mg; Laboratoria Wolfs) plus placebo (Hermes Edulcorants), albendazole plus ivermectin (200 mg/kg; Merck), mebendazole (500 mg; Janssen-Cilag) plus placebo, or mebendazole plus ivermectin."
Blinding of participants and personnel (performance bias) All outcomes	High risk	Quote: "Trial medications were prepared in identical envelopes labelled with unique identification numbers and sealed. Because ivermectin is administered according to patient weight, ivermectin and placebo tablets were counted and packed according to children's weight. The gravure on the albendazole or mebendazole tablets was not identical, and placebos were slightly smaller than ivermectin tablets."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "All laboratory personnel, including the outcome assessors, were masked to group assignment."
Incomplete outcome data (attrition bias) All outcomes	Low risk	62 (10.0%) participants lost at follow-up.
Selective reporting (reporting bias)	Low risk	All stated outcomes were reported.
Other bias	Low risk	No other obvious source of bias.

**Legesse 2002**

Methods	<b>Design:</b> parallel group randomized trial <b>Duration of study:</b> November 2000 <b>Follow-up:</b> 21 days
Participants	<b>Country:</b> Ethiopia <b>Setting:</b> community <b>Number included in study:</b> 520 <b>Age:</b> 2–80 years <b>Sex:</b> 221 male, 299 female <b>Inclusion criteria:</b> not reported <b>Exclusion criteria:</b> not reported <b>Lost at follow-up:</b> 52 (11.0%) <b>Number positive for <i>A lumbricoides</i>:</b> 387 <b>Number included in review:</b> 387
Interventions	<b>Treatment strategy:</b> screening and treat all included participants

**Anthelmintic drugs for treating ascariasis (Review)**



**Legesse 2002** (Continued)

- Group 1: mebendazole 100 mg twice a day for 3 days (n = 153)
- Group 2: albendazole 400 mg single dose (n = 234)

Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rates, pre- and post-treatment GM epg, ERR, adverse events</p> <p><b>Outcomes not included in review:</b> anthelmintic efficacy for <i>Trichuris</i> and <i>S mansoni</i></p>
Notes	<p><b>Diagnostic technique:</b> Kato-Katz</p> <p><b>Funding support:</b> not reported</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "A sequentially numbered list of individuals positive for <i>Ascaris lumbricoides</i> and/or <i>Trichuris trichiura</i> infections was prepared. The list was randomly divided into treatment group using random numbers obtained from a random number table."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	High risk	Different treatment schedule.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	Low risk	52 (11.0%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	Low risk	All stated outcome were reported.
Other bias	Low risk	No other obvious source of bias.

**Legesse 2004**

Methods	<p><b>Design:</b> parallel group randomized trial</p> <p><b>Duration of study:</b> March 2003</p> <p><b>Follow-up:</b> 21 days</p>
Participants	<p><b>Country:</b> Ethiopia</p> <p><b>Setting:</b> school</p> <p><b>Number included in study:</b> 661</p> <p><b>Age:</b> 6–19 years (mean 10.6 years)</p>

**Anthelmintic drugs for treating ascariasis (Review)**

**Legesse 2004** (Continued)

**Sex:** female 254, male 280

**Inclusion criteria:** did not receive any anthelmintic drugs in the past 3 months; positive for  $\geq 1$  helminth infections

**Exclusion criteria:** not reported

**Lost at follow-up:** 127 (19.2%)

**Number positive for *A lumbricoides*:** 432

**Number included in review:** 432

Interventions	<p><b>Treatment strategy:</b> screening and treat all included participants</p> <ul style="list-style-type: none"> <li>Group 1: mebendazole 100 mg twice a day for 3 days (n = 325)</li> <li>Group 2: albendazole 400 mg single dose (n = 107)</li> </ul>
Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rates, pre- and post-treatment GM epg, ERR</p> <p><b>Outcomes not included in review:</b> anthelmintic efficacy for <i>Trichuris</i> and <i>S mansoni</i></p>
Notes	<p><b>Diagnostic technique:</b> Kato-Katz</p> <p><b>Funding support:</b> mebendazole donated by Dr AR Hashim, Manager of East African Pharmaceuticals in Addis Ababa.</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "A sequentially numbered list of students positive for at least one of the two helminth infections (Ascariasis or Trichuriasis) was prepared and randomly divided into four treatment groups using random numbers obtained from a random number table."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	High risk	Different treatment schedule.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	High risk	127 (19.2%) participants lost at follow-up and not included in analysis. Balanced lost among groups.
Selective reporting (reporting bias)	High risk	Adverse events not reported.
Other bias	Low risk	No other obvious source of bias.

**Lubis 2012**

Methods	<p><b>Design:</b> parallel group randomized trial</p> <p><b>Duration of study:</b> not reported</p> <p><b>Follow-up:</b> 7 days</p>
Participants	<p><b>Country:</b> Republic of Indonesia</p> <p><b>Setting:</b> school</p> <p><b>Number included in study:</b> 229</p> <p><b>Age:</b> not reported (primary school children)</p> <p><b>Sex:</b> not reported</p> <p><b>Inclusion criteria:</b> primary school children with single infection of <i>A lumbricoides</i> or mixed infections of <i>A lumbricoides</i> with other soil-transmitted helminths</p> <p><b>Exclusion criteria:</b> children infected by single infections of <i>T trichiura</i>, hookworm, or <i>Enterobius vermicularis</i></p> <p><b>Lost at follow-up:</b> 0 (0%)</p> <p><b>Number analysed for primary outcome of review:</b> 229</p> <p><b>Number positive for <i>A lumbricoides</i>:</b> 229</p> <p><b>Number included in review:</b> 229</p>
Interventions	<p><b>Treatment strategy:</b> screening and treat the positive participants</p> <ul style="list-style-type: none"> <li>Group 1: albendazole 400 mg single dose (n = 123)</li> <li>Group 2: mebendazole 500 mg single dose (n = 106)</li> </ul>
Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> cure rates, ERR</p> <p><b>Outcomes not included in review:</b> observation and counting of the egg maturation stages taken from the egg culture.</p>
Notes	<p><b>Diagnostic technique:</b> Kato-Katz</p> <p><b>Funding support:</b> not reported</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "infected children were randomly assigned using random-number table into two groups."
Allocation concealment (selection bias)	Unclear risk	Not reported.
Blinding of participants and personnel (performance bias) All outcomes	High risk	Treatment drugs had different appearance.
Blinding of outcome assessment (detection bias)	Unclear risk	Not reported.

**Anthelmintic drugs for treating ascariasis (Review)**

**Lubis 2012** (Continued)

## All outcomes

Incomplete outcome data (attrition bias) All outcomes	Low risk	All randomized children included in analysis.
Selective reporting (reporting bias)	High risk	Adverse events not reported.
Other bias	Low risk	No other obvious source of bias.

**Nokes 1992**

Methods	<b>Design:</b> parallel group randomized trial  <b>Duration of study:</b> not reported  <b>Follow-up:</b> 10–30 days	
Participants	<b>Country:</b> Jamaica  <b>Setting:</b> school  <b>Number included in study:</b> 140  <b>Age:</b> 9–12 years  <b>Sex:</b> 35 boys, 68 girls  <b>Inclusion criteria:</b> children from 3 schools in Mandeville with <i>Trichuris</i> egg counts > 1900, but low hookworm counts on 2 occasions before the trial separated by 3 months  <b>Exclusion criteria:</b> twins, children with severe illness, physical disabilities, and neurological disorders  <b>Lost at follow-up:</b> 37 (26.4%)  <b>Number positive for <i>A lumbricoides</i>:</b> 60  <b>Number included in review:</b> 60	
Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>• Group 1: albendazole 400 mg daily for 3 consecutive days (n = 38)</li> <li>• Group 2: placebo (n = 22)</li> </ul>	
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> cure rates, pre- and post-treatment AM epg, ERR  <b>Outcomes not included in review:</b> anthelmintic efficacy for <i>Trichuris</i> and <i>Necator americanus</i> ; data of uninfected control group; measures of cognitive function	
Notes	<b>Diagnostic technique:</b> Kato-Katz  <b>Funding support:</b> Rotary International Scholarship, Wellcome Trust	
<b>Risk of bias</b>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>

**Nokes 1992** (Continued)

Random sequence generation (selection bias)	Unclear risk	Quote: "Those selected were randomly assigned to treatment or placebo groups."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "double blind controlled trial;" "identical placebo."
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	High risk	37 (26.4%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	High risk	Adverse events not reported.
Other bias	Low risk	No obvious other source of bias.

**Ortiz 2002**

Methods	<b>Design:</b> parallel group randomized trial  <b>Duration of study:</b> 2000  <b>Follow-up:</b> 21–30 days
Participants	<b>Country:</b> Peru  <b>Setting:</b> not reported  <b>Age:</b> 4–11 years (mean 7.9 years)  <b>Sex:</b> not reported  <b>Number included in study:</b> 210  <b>Inclusion criteria:</b> aged 2–11 years with eggs of <i>A lumbricoides</i> , <i>T trichiura</i> , or <i>Hymenolepis nana</i> in a faecal sample  <b>Exclusion criteria:</b> not reported  <b>Lost at follow-up:</b> 22 (10.5%)  <b>Number positive for <i>A lumbricoides</i>:</b> 70  <b>Number included in review:</b> 63
Interventions	<b>Treatment strategy:</b> screening and treat the positive <ul style="list-style-type: none"> <li>• Group 1: nitazoxanide 100 mg/5 mL (2–3 years of age), 200 mg/10 mL (4–11 years of age) in the morning and evening for 3 consecutive days with food (n = 28)</li> <li>• Group 2: albendazole single 10 mL dose of 200 mg/5 mL suspension (n = 35)</li> </ul>

**Anthelmintic drugs for treating ascariasis (Review)**



**Ortiz 2002** (Continued)

- Group 3: praziquantel 25 mg/kg/dose, 600 mg tablets (not included)

Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rates, pre- and post-treatment GM epg, ERR, adverse events</p> <p><b>Outcomes not included in review:</b> anthelmintic efficacy for <i>Trichuris</i> and <i>Hymenolepis</i>; efficacy of praziquantel for <i>A lumbricoides</i></p>
Notes	<p><b>Diagnostic technique:</b> Kato-Katz</p> <p><b>Funding support:</b> Romark Laboratories (Tampa, Florida, USA) provided the nitazoxanide suspension and gave financial support.</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "the children were randomized to treatment with either nitazoxanide suspension or the comparator drug."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	High risk	Different treatment schedule.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	High risk	22 (10.5%) participants lost at follow-up, dropouts not balanced among groups and not included in analysis.
Selective reporting (reporting bias)	Low risk	All stated outcome were reported.
Other bias	Unclear risk	Financial support by Romark laboratories.

**Palmeirim 2018a**

Methods	<p><b>Design:</b> parallel group randomized trial</p> <p><b>Duration of study:</b> July to September 2017</p> <p><b>Follow-up:</b> 21–30 days</p>
Participants	<p><b>Country:</b> Tanzania</p> <p><b>Setting:</b> school</p> <p><b>Age:</b> 6–12 years (mean 10.1 years)</p> <p><b>Sex:</b> 46% girls</p> <p><b>Number included in study:</b> 186</p>

**Anthelmintic drugs for treating ascariasis (Review)**

**Palmeirim 2018a** (Continued)

**Inclusion criteria:** 2 stool samples positive for hookworm eggs in the stool ( $\geq 100$  epg or  $\geq 2$  Kato-Katz thick smears slides with  $> 1$  hookworm egg)

**Exclusion criteria:** had menarche (for females); presence of severe anaemia (haemoglobin 8.0 g/dL considered severe anaemia); had any known or reported history of chronic illness such as cancer, diabetes, chronic heart, liver, or renal disease; received any recent anthelmintic treatment (within past 4 weeks); had any known allergy to mebendazole or albendazole

**Lost at follow-up:** 1 (0.5%)

**Number positive for *A lumbricoides*:** 98

**Number included in review:** 98

Interventions	<p><b>Treatment strategy:</b> screening and treat the positive</p> <ul style="list-style-type: none"> <li>Group 1: mebendazole 100 mg twice a day for 3 consecutive days + placebo (n = 47)</li> <li>Group 2: mebendazole 500 mg single dose + placebo for 3 consecutive days (n = 51)</li> </ul>
Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rates, pre- and post-treatment GM epg, ERR, adverse events</p> <p><b>Outcomes not included in review:</b> anthelmintic efficacy for <i>Trichuris</i> and hookworm</p>
Notes	<p><b>Diagnostic technique:</b> Kato-Katz</p> <p><b>Funding support:</b> PATH</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "The trial statistician (JH), who was not involved in any field work, provided a computer-generated stratified (by baseline infection intensities), block randomisation code (blocks of size ten). Participant were allocated 1:1 to one of the two treatment arms: single dose (500 mg) or multiple dose (100 mg twice a day during three consecutive days) of mebendazole."
Allocation concealment (selection bias)	Low risk	Quote: "the envelopes containing the drugs were in bags of ten and, within each group of ten, envelopes were stacked on each other, preventing the administrator from seeing the next envelope."
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Matching placebos were manufactured at the University of Basel (100 mg mebendazole matching placebo) or purchased at Fagron, Germany (500 mg mebendazole matching placebo). Trial medications were prepared in advance in identical plastic envelopes labelled with the children's unique treatment identification numbers and sealed. The treatment lasted 3 days and children received tablets at six different time points (mornings and evenings of each of the 3 days). At the first time point, all participants received two tablets: either 500 mg mebendazole plus 100 mg mebendazole matching placebo, or 500 mg mebendazole matching placebo and 100 mg mebendazole; at the remaining Five time points, children only received one tablet: either 100 mg mebendazole or matching placebo, depending to which treatment arm they were allocated."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Participants, investigators, caregivers, outcome assessors, and trial statistician were blinded.
Incomplete outcome data (attrition bias)	Low risk	1 (1.0%) participant lost at follow-up.

**Anthelmintic drugs for treating ascariasis (Review)**

**Palmeirim 2018a** (Continued)

All outcomes

Selective reporting (reporting bias)	Low risk	All stated outcomes were reported.
Other bias	Low risk	No obvious other source of bias.

**Rossignol 1983**

Methods	<b>Design:</b> parallel group randomized trial  <b>Duration of study:</b> not reported  <b>Follow-up:</b> 21 days	
Participants	<b>Country:</b> 11 countries (France, Morocco, Mali, Senegal, Nigeria, Central African Republic, Kenya, Brazil, Peru, Mexico, Philippines)  <b>Setting:</b> not reported  <b>Number included in study:</b> 1100  <b>Age:</b> 3–79 years (only adult data included)  <b>Sex:</b> 525 male, 345 female  <b>Inclusion criteria:</b> people harbouring nematodes and cestodes  <b>Exclusion criteria:</b> people receiving or who had received anthelmintics during the 21 days before commencing the study, those with an acute illness (with or without fever), pregnant females, nursing mothers, children under 3 years of age, diagnosed epilepsy cases and people with generalized active skin conditions. In general, people who experienced high sensitivity to any drug or were receiving long-term therapy or having chronic illnesses or proteinuria  <b>Follow-up:</b> 230 (20.9%)  <b>Number positive for <i>A lumbricoides</i>:</b> 270  <b>Number included in review:</b> 270	
Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>Group 1: albendazole 200 mg twice daily or 400 mg once daily for adults and 100 mg twice daily for children &lt; 12 years old (n = 142)</li> <li>Group 2: placebo 1 tablet twice daily or 2 tablets once daily (n = 128)</li> </ul>	
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> cure rates and adverse events  <b>Outcomes not included in review:</b> anthelmintic efficacy for <i>T trichiura</i> , <i>Strongyloides stercoralis</i> , and hookworm	
Notes	<b>Diagnostic technique:</b> Kato-Katz  <b>Funding support:</b> Smith, Kline & French Laboratories	
<b>Risk of bias</b>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>

**Anthelmintic drugs for treating ascariasis (Review)**

**Rossignol 1983** (Continued)

Random sequence generation (selection bias)	Low risk	Quote: "Albendazole or placebo tablets were made available to patients according to randomised numbers under a code established by the manufacturer."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Details not reported.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	High risk	230 (20.9%) participants lost at follow-up, and not included in review.
Selective reporting (reporting bias)	High risk	Authors described the results of placebo group just for "adult" participants.
Other bias	Unclear risk	Smith, Kline & French Laboratories and their area medical directors helped during the multicentre study and provided albendazole 100 mg and placebo tablets.

**Silber 2017**

Methods	<b>Design:</b> parallel group randomized trial  <b>Duration of study:</b> December 2014 and September 2015  <b>Follow-up:</b> 17–21 days
Participants	<b>Country:</b> Ethiopia and Rwanda  <b>Setting:</b> community  <b>Number included in study:</b> 295  <b>Age:</b> 28 days to 17 years  <b>Sex:</b> 143 boys, 152 women  <b>Inclusion criteria:</b> not reported  <b>Exclusion criteria:</b> not reported  <b>Lost at follow-up:</b> 17 (5.8%)  <b>Number positive for <i>A lumbricoides</i>:</b> 167  <b>Number included in review:</b> 167
Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>Group 1: mebendazole 500 mg single dose (chewable) (n = 86)</li> </ul>

**Anthelmintic drugs for treating ascariasis (Review)**

**Silber 2017** (Continued)

- Group 2: identical placebo (chewable) (n = 81)

Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> cure rates, adverse events</p> <p><b>Outcomes not included in review:</b> anthelmintic efficacy for <i>T trichiura</i>, plasma concentration of mebendazole</p>
Notes	<p><b>Diagnostic technique:</b> not reported</p> <p><b>Funding support:</b> Janssen Research &amp; Development</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "double blind randomized trial."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Identical chewable tablets of mebendazole and placebo.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	Low risk	17 (5.8%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	Low risk	All stated outcomes were reported.
Other bias	Unclear risk	Project carried out by Janssen Research & Development.

**Speich 2014**

Methods	<p><b>Design:</b> parallel group randomized trial</p> <p><b>Duration of study:</b> September to November 2012</p> <p><b>Follow-up:</b> 18–23 days</p>
Participants	<p><b>Country:</b> Tanzania</p> <p><b>Setting:</b> school</p> <p><b>Number included in study:</b> 480</p> <p><b>Inclusion criteria:</b> children who were positive for either <i>T trichiura</i> or hookworm</p> <p><b>Age:</b> 6–14 years</p> <p><b>Sex:</b> 247 boys, 233 women</p>

**Anthelmintic drugs for treating ascariasis (Review)**

**Speich 2014** (Continued)

**Exclusion criteria:** children who had any systemic illness (e.g. clinical malaria or hepatosplenic schistosomiasis), as assessed by a medical doctor at the initial clinical assessment

**Lost at follow-up:** 22 (4.6%)

**Number positive for *A lumbricoides*:** 309

**Number included in review:** 143

Interventions	<p><b>Treatment strategy:</b> screening and treat all included participants</p> <ul style="list-style-type: none"> <li>Group 1: albendazole 400 mg single dose (n = 75)</li> <li>Group 2: mebendazole 500 mg single dose (n = 68)</li> <li>Group 3: oxantel pamoate 20 mg/kg + albendazole 400 mg (not included)</li> <li>Group 4: oxantel pamoate 20 mg/kg (not included)</li> </ul>
Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rate, pre- and post-treatment GM egg, adverse events</p> <p><b>Outcomes not included in review:</b> oxantel pamoate, oxantel pamoate + albendazole efficacy for <i>Ascaris</i>, anthelmintic efficacy for <i>T trichiura</i> and hookworm</p>
Notes	<p><b>Diagnostic technique:</b> Kato-Katz</p> <p><b>Funding support:</b> Medicor Foundation and the Swiss National Science Foundation</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Children were randomly assigned, with the use of block sizes of four, to receive one of four treatments."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Children, study-site investigators were unaware of the study-group assignments. In the first day children were given either oxantel pamoate or identical placebo tablets. On the second day, children were administered two tablets albendazole or placebo table plus mebendazole."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "Laboratory technicians were unaware of the treatment assignments."
Incomplete outcome data (attrition bias) All outcomes	Low risk	22 (4.6%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	Low risk	All stated outcomes were reported.
Other bias	Low risk	No obvious source of other bias.

**Steinmann 2011**

Methods	<b>Design:</b> parallel group randomized trial
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**Anthelmintic drugs for treating ascariasis (Review)**



**Steinmann 2011** (Continued)

**Duration of study:** October to December 2008

**Follow-up:** 21 days

## Participants

**Country:** People's Republic of China

**Setting:** community

**Number included in study:** 378

**Age:** > 5 years

**Sex:** 163 male, 151 female

**Inclusion criteria:** all residents of Nongyang aged  $\geq$  5 years

**Exclusion criteria:** presence of diagnosed or perceived chronic disease or other conditions likely to interfere with anthelmintic treatment (e.g. hypersensitivity to anthelmintics), pregnancy (verbally assessed at enrolment and again before treatment), recent history of anthelmintic treatment, and participation in other trials (within 1 month)

**Lost at follow-up:** 64 (16.9%)

**Number positive for *A lumbricoides*:** 284

**Number included in review:** 284

## Interventions

**Treatment strategy:** screening and treat all included participants

- Group 1: albendazole 400 mg single dose (n = 78)
- Group 2: mebendazole 500 mg single dose (n = 71)
- Group 3: albendazole 400 mg single dose over 3 consecutive days (n = 63)
- Group 4: mebendazole 500 mg single dose over 3 consecutive days (n = 72)

## Outcomes

**Outcomes included:** *Ascaris* prevalence pre- and post-treatment, cure rates, pre- and post-treatment AM and GM epg, ERR, adverse events

**Outcomes not included in review:** anthelmintic efficacy for *Trichuris*, hookworm, and *Taenia* spp, median epg of faeces

## Notes

**Diagnostic technique:** Kato-Katz

**Funding support:** Novartis Foundation, Stanley Thomas Johnson Foundation

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "All participants were randomly assigned either to the albendazole or the mebendazole arm of the study. In an independent randomization step, single or triple dose treatment using two computer-generated random sequences of 0 and 1 which were aligned with the list of participants in ascending order of their identification numbers."
Allocation concealment (selection bias)	Unclear risk	Quote: "For each day of treatment, an envelope of the type locally used to hand out drugs was labelled with the name, identification number, and number of treatment, loaded with the appropriate drugs, and sealed, single or 3 consecutive days."
Blinding of participants and personnel (performance bias)	High risk	Quote: "No placebo drugs were given to individuals assigned to single dose treatment (open label)."

**Anthelmintic drugs for treating ascariasis (Review)**

**Steinmann 2011** (Continued)

## All outcomes

Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "outcome assessors-blinded."
Incomplete outcome data (attrition bias) All outcomes	Low risk	64 (16.9%) participants lost at follow-up and not included in analysis. Balanced lost among groups.
Selective reporting (reporting bias)	Low risk	All stated outcomes were reported.
Other bias	Unclear risk	PS is supported by the Novartis Foundation through a personal stipend.

**Stephenson 1989**

Methods	<b>Design:</b> parallel group randomized trial <b>Duration of study:</b> 1989 <b>Follow-up:</b> 180 days
Participants	<b>Country:</b> Kenya <b>Setting:</b> school <b>Number included in study:</b> 17 <b>Age:</b> 6–16 years <b>Sex:</b> 96 boys, 75 girls <b>Inclusion criteria:</b> all available children in the lower grades (Standards I and II) in Mvindeni Primary School in Kwale District, Coast Province, Kenya <b>Exclusion criteria:</b> severe anaemia at stool examination 1 (haemoglobin < 8.0 g/dL) <b>Lost at follow-up:</b> 21 (12.3%) <b>Number positive for <i>A lumbricoides</i>:</b> 73 <b>Number included in review:</b> 73
Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>• Group 1: albendazole 200 mg 2 tablets single dose (n = 34)</li> <li>• Group 2: placebo (n = 39)</li> </ul>
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, AM and GM epg <b>Outcomes not included in review:</b> anthropometric measures, anthelmintic efficacy for <i>T trichiura</i> and hookworm
Notes	<b>Diagnostic technique:</b> modified Kato-Katz <b>Funding support:</b> Smith Kline & French Laboratories, Ltd., and the Edna McConnellClark Foundation

**Risk of bias**
**Anthelmintic drugs for treating ascariasis (Review)**

**Stephenson 1989** (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "the children were allocated at random within sex to albendazole (A) or placebo (PL) groups and treated."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Control group received identical placebo."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "examinations were carried out with the same team of worker and were done in a blind fashion."
Incomplete outcome data (attrition bias) All outcomes	Low risk	21 (12.3%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	High risk	Adverse events not reported.
Other bias	Unclear risk	Financial support: Smith Kline & French Laboratories, Ltd.

**Stephenson 1993**

Methods	<b>Design:</b> parallel group randomized trial <b>Duration of study:</b> September 1989 to July 1990 <b>Follow-up:</b> 108 days
Participants	<b>Country:</b> Kenya <b>Setting:</b> school <b>Number included in study:</b> 328 <b>Age:</b> mean 10.5 years <b>Sex:</b> not reported <b>Inclusion criteria:</b> all available children in the lower grades (Standards I–V) in Mvinden Primary School in Kwale District, Coast Province, Kenya <b>Exclusion criteria:</b> children with heavy hookworm egg counts (> 20,000 epg of faeces) at examination 1 or 2 <b>Lost at follow-up:</b> 44 (13.4%) <b>Number positive for <i>A lumbricoides</i>:</b> 89 <b>Number included in review:</b> 89
Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>Group 1: albendazole 200 mg 3 tablets (600 mg) single dose (n = 59)</li> </ul>

**Anthelmintic drugs for treating ascariasis (Review)**

**Stephenson 1993** (Continued)

- Group 2: placebo (n = 30)

Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, AM and GM epg</p> <p>Group 1 and 2 analysed together in review after the first round of treatment</p> <p><b>Outcomes not included in review:</b> outcomes after the second round of treatment, anthropometric measures, anthelmintic efficacy for <i>T trichiura</i> and hookworm</p>
Notes	<p><b>Diagnostic technique:</b> modified Kato-Katz</p> <p><b>Funding support:</b> supported in part by Thrasher Research Fund and SmithKline Beecham, Ltd.</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "At exam 1, children were allocated at random within sex by descending hookworm egg count to placebo one dose or two dose groups."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Identical placebo.
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "examinations were carried out with the same team of workers and were done in a blind fashion."
Incomplete outcome data (attrition bias) All outcomes	Low risk	44 (13.4%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	High risk	Adverse events not reported.
Other bias	Unclear risk	Quote: "Supported in part by Thrasher Research Fund and SmithKline Beecham, Ltd."

**Watkins 1996a**

Methods	<p><b>Design:</b> parallel group randomized trial</p> <p><b>Duration of study:</b> February to October 1993</p> <p><b>Follow-up:</b> 14 days</p>
Participants	<p><b>Country:</b> Republic of Guatemala</p> <p><b>Setting:</b> school</p> <p><b>Number included in study:</b> 246</p> <p><b>Age:</b> ≤ 12 years (mean 9.8 years)</p> <p><b>Sex:</b> not reported</p>

**Anthelmintic drugs for treating ascariasis (Review)**

**Watkins 1996a** (Continued)

**Inclusion criteria:** girls and boys aged  $\leq 12$  years who had not taken any deworming medicine in the past year

**Exclusion criteria:** pregnancy

**Lost at follow-up:** 22 (8.8%)

**Number positive for *A lumbricoides*:** 209

**Number included in review:** 209

Interventions	<p><b>Treatment strategy:</b> screening and treat all included participants</p> <ul style="list-style-type: none"> <li>Group 1: albendazole 200 mg 2 tablets single dose (n = 106)</li> <li>Group 2: placebo (n = 103)</li> </ul>
Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> cure rates and pre- and post-treatment AM and GM epg</p> <p><b>Outcomes not included in review:</b> anthropometric measures, anthelmintic efficacy for <i>Trichuris</i></p>
Notes	<p><b>Diagnostic technique:</b> modified Kato-Katz</p> <p><b>Funding support:</b> Pew Charitable Trusts, the US Agency for International Development University Development and Linkage Program, the Children's Miracle Network Telethon, and the ARCS Foundation</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Children were stratified by sex and age and then randomly assigned."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "The children and field workers were unaware of treatment group assignment."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "Although the 2-week posttreatment egg examination made it clear to the study director, which treatment was which, this information was not communicated to the field workers."
Incomplete outcome data (attrition bias) All outcomes	Low risk	22 (8.8%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	High risk	Adverse events not reported.
Other bias	Low risk	No obvious source of other bias.

**Wen 2008**

Methods	<p><b>Design:</b> parallel group randomized trial</p> <p><b>Duration of study:</b> not reported</p>
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**Anthelmintic drugs for treating ascariasis (Review)**

Wen 2008 (Continued)

**Follow-up:** 30 days

Participants	<b>Country:</b> People's Republic of China <b>Setting:</b> community (multicentre) <b>Age:</b> 6–70 years <b>Sex:</b> 79 male, 125 female <b>Number included in study:</b> 816 <b>Inclusion criteria:</b> faecal egg-positive farmers and children > 6 years of age from rural areas <b>Exclusion criteria:</b> other diseases such as hepatic, renal, and cardiovascular diseases; and pregnant or lactating women <b>Follow-up:</b> 0 (0%) <b>Number positive for <i>A lumbricoides</i>:</b> 204 <b>Number included in review:</b> 204
Interventions	<b>Treatment strategy:</b> screening and treat all included participants <ul style="list-style-type: none"> <li>• Group 1: ivermectin 0.1 mg/kg (1 tablet) single dose (n = 102)</li> <li>• Group 2: albendazole 6.7 mg/kg (2 tablets) single dose (n = 102)</li> </ul>
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rates, pre- and post-treatment AM epg, ERR, adverse events <b>Outcomes not included in review:</b> anthelmintic efficacy for <i>Trichuris</i> , hookworm, and <i>Enterobius vermicularis</i>
Notes	<b>Diagnostic technique:</b> Kato-Katz <b>Funding support:</b> World Health Organization

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "individuals confirmed with intestinal nematode infections were chosen and stratified by age, sex, and intensity of the infection, and then were randomly assigned into treatment groups."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	High risk	Treatment drugs had different appearance.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	Low risk	All participants included in analysis.

**Anthelmintic drugs for treating ascariasis (Review)**



**Wen 2008** (Continued)

Selective reporting (reporting bias)	Low risk	All stated outcomes were reported.
Other bias	Low risk	No obvious source of other bias.

**Wimmersberger 2018**

Methods	<b>Design:</b> parallel group randomized trial  <b>Follow-up:</b> 21 days
Participants	<b>Country:</b> République de Côte d'Ivoire  <b>Setting:</b> rural school from 7 village  <b>Age:</b> 2–12 years  <b>Sex:</b> 46% girls  <b>Number included in study:</b> 302  <b>Inclusion criteria:</b> children with <i>T trichiura</i> infection intensities of > 60 epg of stool in preschool aged and 100 epg in school age  <b>Exclusion criteria:</b> children with any systemic illness (e.g. symptomatic malaria, severe anaemia defined as haemoglobin < 70 g/L in preschool-aged and < 80 g/L in school-aged children, underwent any anthelmintic treatment within the past 4 weeks, or were allergic to ivermectin  <b>Follow-up:</b> 10 (3.3%)  <b>Number positive for <i>A lumbricoides</i>:</b> 79  <b>Number included in review:</b> 79
Interventions	<b>Treatment strategy:</b> screening and treat all included participants  Children aged 2–5 years <ul style="list-style-type: none"> <li>• Group 1: ivermectin 100 µg/kg single dose (n = 14)</li> <li>• Group 2: ivermectin 200 µg/kg single dose (n = 9)</li> <li>• Group 3: placebo single dose (n = 10)</li> </ul> Children aged 6–12 years <ul style="list-style-type: none"> <li>• Group 4: ivermectin 200 µg/kg single dose (n = 14)</li> <li>• Group 5: ivermectin 400 µg/kg single dose (n = 13)</li> <li>• Group 6: ivermectin 600 µg/kg single dose (n = 8)</li> <li>• Group 7: placebo (n = 11)</li> </ul>
Outcomes	<b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rates, GM epg, adverse events  <b>Outcomes not included in review:</b> anthelmintic efficacy for <i>Trichuris</i> , hookworm, and <i>S mansoni</i>
Notes	<b>Diagnostic technique:</b> Kato-Katz  <b>Funding support:</b> Bill and Melinda Gates Foundation (Grant number: OPP1153928)

**Risk of bias**
**Anthelmintic drugs for treating ascariasis (Review)**

**Wimmersberger 2018** (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Randomization was done using a computer-generated code with varying random blocks sizes of four or eight for school aged children and of three or six for pre school aged children stratified by their baseline infection intensities (light or moderate plus heavy infection according to WHO guidelines.)"
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	High risk	Quote: "Study-site investigators were aware of the study-group assignment."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "laboratory technicians were blinded."
Incomplete outcome data (attrition bias) All outcomes	Low risk	10 (3.3%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	Low risk	All stated outcomes were reported.
Other bias	Low risk	No obvious source of other bias.

**Yap 2013**

Methods	<b>Design:</b> parallel group randomized trial  <b>Follow-up:</b> 30 days
Participants	<b>Country:</b> People's Republic of China  <b>Setting:</b> school  <b>Age:</b> 9–12 years  <b>Sex:</b> not reported  <b>Number included in study:</b> 211  <b>Inclusion criteria:</b> submission of 2 stool samples at baseline; detection of $\geq 1$ soil-transmitted helminth egg in the samples; no major systemic illnesses as determined by a medical doctor from the Bulangshan township hospital; no known allergy to albendazole; no deworming treatment over the previous 6 months; no participation in other clinical trials; and residency in the study area for $\geq 1$ year before enrolment, as assessed by a parental questionnaire  <b>Exclusion criteria:</b> not reported  <b>Follow-up:</b> 17 (8.1%)  <b>Number positive for <i>A lumbricoides</i>:</b> 181  <b>Number included in review:</b> 181
Interventions	<b>Treatment strategy:</b> screening and treat all included participants

**Anthelmintic drugs for treating ascariasis (Review)**

**Yap 2013** (Continued)

- Group 1: albendazole 400 mg single dose for 3 days (n = 94)
- Group 2: placebo single dose for 3 days (n = 87)

Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rates, AM epg, adverse events</p> <p><b>Outcomes not included in review:</b> anthelmintic efficacy for <i>Trichuris</i>, hookworm, and reinfection rates 4 and 6 months after treatment</p>
Notes	<p><b>Diagnostic technique:</b> Kato-Katz</p> <p><b>Funding support:</b> Swiss Tropical and Public Health Institute in Basel, and the National Institute of Parasitic Diseases, Chinese Center for Disease Control and Prevention in Shanghai</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Treatment allocation was determined by a statistician using block randomization with randomly varying block sizes of 2, 4, and 6 to ensure that both treatment arms had similar sample sizes."
Allocation concealment (selection bias)	Low risk	Quote: "The assigned random number for each child corresponded to the treatment number on the sealed envelope and thus, determined the type of treatment to be allocated to the child."
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Triple-dose non flavoured albendazole (400 mg) and placebo treatments (tablets matched in colour, size, taste, and shape) were prepared by staff not involved in the field work, in sealed envelopes marked with unique identifiers."
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	Low risk	17 (8.1%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	Low risk	All stated outcomes were reported.
Other bias	Low risk	No obvious source of other bias.

**Zani 2004**

Methods	<p><b>Design:</b> parallel group randomized trial</p> <p><b>Duration of study:</b> March 2001 to March 2002</p> <p><b>Follow-up:</b> 30 days</p>
Participants	<p><b>Country:</b> Brazil</p> <p><b>Setting:</b> community</p> <p><b>Number included in study:</b> 151</p> <p><b>Age:</b> 2–82 years</p>

**Anthelmintic drugs for treating ascariasis (Review)**

**Zani 2004** (Continued)

**Sex:** not reported

**Inclusion criteria:** people positive for *A lumbricoides*, *T trichiura*, or hookworms

**Exclusion criteria:** pregnant or lactating women, children aged < 2 years, and people with intense infection involving expulsion of worms through the mouth and faeces, did not receive any medication

**Number positive for *A lumbricoides*:** 83

**Number included in review:** 83

Interventions	<p><b>Treatment strategy:</b> screened, randomized and treated all included participants</p> <ul style="list-style-type: none"> <li>Group 1: mebendazole 100 mg twice a day over 3 consecutive days (n = 41)</li> <li>Group 2: albendazole 400 mg single dose (n = 42)</li> </ul> <p>Participants positive for <i>S mansoni</i> were treated with praziquantel (60 mg/kg, Farmanguinhos/Fiocruz, 1 week after the treatment for helminthiasis)</p>
Outcomes	<p><b>Outcomes included:</b> <i>Ascaris</i> prevalence pre- and post-treatment, cure rates</p> <p><b>Outcomes not included in review:</b> anthelmintic efficacy for <i>Trichuris</i>, hookworm</p>
Notes	<p><b>Diagnostic technique:</b> Kato-Katz</p> <p><b>Funding support:</b> World Health Organization</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Each group was randomly assigned to treatment with one or the other anthelmintic drug."
Allocation concealment (selection bias)	Unclear risk	Details not reported.
Blinding of participants and personnel (performance bias) All outcomes	High risk	Different treatment schedule.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Details not reported.
Incomplete outcome data (attrition bias) All outcomes	High risk	32 (21.2%) participants lost at follow-up and not included in analysis.
Selective reporting (reporting bias)	High risk	Adverse events not reported.
Other bias	Low risk	No obvious source of other bias.

*A lumbricoides*: *Ascaris lumbricoides*; AM: arithmetic mean; epg: eggs per gram; ERR: egg reduction rate; GM: geometric mean; n: number of participants; *S mansoni*: *Schistosoma mansoni*; *T trichiura*: *Trichuris trichiura*; *W bancrofti*: *Wuchereria bancrofti*.

**Characteristics of excluded studies** [ordered by study ID]

Study	Reason for exclusion
<a href="#">Adriko 2018</a>	Not an RCT.
<a href="#">Al-Mekhlafi 2014</a>	All participants received albendazole.
<a href="#">Alavi Majd 2014</a>	Systematic review.
<a href="#">Albonico 1995</a>	Study derived from <a href="#">Albonico 1994</a> , participants already included.
<a href="#">Albonico 1999</a>	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
<a href="#">Albonico 2013</a>	All participants received albendazole.
<a href="#">Amato 1983</a>	Not an RCT.
<a href="#">Anto 2019</a>	Comparison group received albendazole or mebendazole with levamisole that was not of interest for this review.
<a href="#">Awasthi 2000</a>	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
<a href="#">Awasthi 2001</a>	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
<a href="#">Bartoloni 1993</a>	It was not possible to know how many participants were treated
<a href="#">Bassily 1984</a>	Not an RCT.
<a href="#">Behnke 1994</a>	Not an RCT.
<a href="#">Belew 2015</a>	All participants received albendazole.
<a href="#">Bell 1971</a>	Study compared pyrantel pamoate, piperazine phosphate, and placebo that were not of interest for this review.
<a href="#">Boivin 1993</a>	<i>Ascaris lumbricoides</i> prevalence not reported after treatment.
<a href="#">Brutus 2006</a>	Intervention group received levamisole that was not of interest for this review.
<a href="#">Brutus 2007</a>	Intervention group received levamisole that was not of interest for this review.
<a href="#">Campbell 2014</a>	Systematic review.
<a href="#">Carmona-Fonseca 2015</a>	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
<a href="#">Cervoni 1971</a>	Not an RCT.
<a href="#">Clarke 2016</a>	Systematic review.
<a href="#">Cleary 2007</a>	Not an RCT.
<a href="#">Coulaud 1984</a>	Not an RCT.
<a href="#">Coulibaly 2018</a>	Not an RCT.
<a href="#">De Guimaraes 2001</a>	Comparison group received placebo that was not of interest for this review.

**Anthelmintic drugs for treating ascariasis (Review)**

Study	Reason for exclusion
Donnen 1998	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
Dossa 2001	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
Ebenezer 2013	Control group did not receive the same cointervention.
Edelduok 2013	Not an RCT.
El-Masry 1983	Not an RCT.
Farahmandian 1972	Not an RCT.
Farahmandian 1977	Study compared pyrantel pamoate, levamisole, thiabendazole, and bephenium hydroxynaphthoate that were not of interest for this review.
Fernandes 1981	All participants received the same dose of different formulations of mebendazole.
Freeman 2013	Intervention was not the anthelmintic treatment.
Friis 2003	No outcome of interest for this review.
Gilgen 2001	No outcome of interest for this review.
Gizaw 2019	Intervention was not the anthelmintic treatment.
Goodwin 1954	Not an RCT.
Goodwin 1958	Not an RCT.
Greemberg 1981	Comparison group treated with piperazine citrate that was not of interest for this review.
Gupta 1982	<i>Ascaris lumbricoides</i> prevalence reported after 2 treatment rounds.
Gutierrez 1986	Comparison group received pyrantel oxantel that was not of interest for this review.
Gyorkos 2013b	Intervention was not anthelmintic treatment.
Gyorkos 2013a	All participants received albendazole.
Hadidjaja 1998	Cluster-RCT with no comparable groups at baseline.
Hadju 1996	Comparison group received pyrantel pamoate that was not of interest for this review.
Hall 1994	<i>Ascaris lumbricoides</i> prevalence not reported for each intervention group.
Hatchuel 1973	Not an RCT.
Hoang 1993	Comparison group received pyrantel analogue that was not of interest for this review.
Holland 1996	Intervention group received levamisole that was not of interest for this review.
Hurlimann 2018	Intervention was not the anthelmintic treatment.
Islam 1976	Comparison group received pyrantel pamoate that was not of interest for this review.



Study	Reason for exclusion
Jalal 1998	Comparison groups received different cointerventions.
Jancloes 1979	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
Jinabhai 2001	Treatment efficacy reported of a subsample of participants.
Joseph 2015	Intervention groups received anthelmintic treatment at different follow-up times.
Kale 1981	Intervention groups received pyrantel pamoate and piperazine citrate + bephenium hydroxynaphthoate that were not of interest for this review.
Kale 1982	Intervention groups received different doses of pyrantel pamoate that was not of interest for this review.
Karyadi 1996	Not an RCT.
Kepha 2017	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
Kirwan 2009	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
Kirwan 2010	No outcomes of interest for this review.
Kugo 2018	Intervention group received carica papaya fruit seeds that were not of interest for this review.
Lai 1995	Intervention groups received pyrantel pamoate that was not of interest for this review.
Le Huong 2007	<i>Ascaris lumbricoides</i> prevalence reported after 2 treatment rounds.
Lechat 1974	Intervention groups received levamisole that was not of interest for this review.
Lionel 1969	Study compared levamisole to piperazine that were not of interest for this review.
Lynch 1997	Not outcomes of interest for this review.
Maipanich 1997	Not an RCT.
Mani 2002	Not an RCT.
Marti 1996	<i>Ascaris lumbricoides</i> pretreatment prevalence were not reported by each intervention group.
Martin 2018	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
Mascie-Taylor 1999	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
Means 2018	Not a primary study.
Meyrowitsch 2001	Not an RCT.
Miller 1978	Not an RCT.
Moens 1978	Review.
Moser 2017a	No outcome of interest for this review.
Muchiri 2001	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.

Study	Reason for exclusion
Murray 1978	Not an RCT.
Naquira 1989	Not an RCT.
Ndibazza 2010	Deworming during pregnancy.
Ndibazza 2012	Deworming during pregnancy.
Ndyomugenyi 2008	Deworming during pregnancy.
Newlove 2011	No outcomes of interest for this review.
Nokes 1999	It was not possible to know the number of participants in each intervention groups.
Nontasut 1997	Not an RCT.
Northrop-Clewes 2001	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
Okoyo 2016	Not an RCT.
Pene 1982	<i>Ascaris lumbricoides</i> prevalence after treatment not reported in placebo group.
Persson 2001	No outcome of interest for this review.
Pickering 2019	Intervention was not anthelmintic.
Pond 1970	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
Pullan 2019	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
Rahman 1996	<i>Ascaris lumbricoides</i> prevalence not reported for each intervention group.
Rahman 1998	Not an RCT.
Raj 1998	Not an RCT.
Reddy 1986	Intervention group received L-tetramisole that was not of interest for this review.
Restrepo 1987	<i>Ascaris lumbricoides</i> pretreatment prevalence not reported.
Rousham 1994	Not an RCT.
Sarmah 1988	Comparison group received pyrantel that was not of interest for this review.
Seftel 1968	Intervention groups received piperazine or tetramisole that were not of interest for this review.
Seo 1980	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
Sileshi 2017	All participants received the same anthelmintic.
Sinniah 1981	Intervention groups received pyrantel pamoate, oxantel pyrantel, and levamisole that were not of interest for this review.
Sood 1975	Intervention groups received pyrantel and tetramisole that were not of interest for this review.

Study	Reason for exclusion
<a href="#">Speich 2016</a>	Follow-up study of <a href="#">Speich 2014</a> ; participants already included in this review.
<a href="#">Staal 2018</a>	Not an RCT.
<a href="#">Steinmann 2008</a>	Intervention groups received pyrantel and tribendimidine that were not of interest for this review.
<a href="#">Stephenson 1990</a>	RCT derived from <a href="#">Stephenson 1989</a> . Participants already included in the review.
<a href="#">Stoltzfus 1997</a>	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
<a href="#">Stoltzfus 2001</a>	<i>Ascaris lumbricoides</i> prevalence reported after multiple treatment rounds.
<a href="#">Supali 2017</a>	Not an RCT.
<a href="#">Tankhiwale 1989</a>	Comparison group received pyrantel that was not of interest for this review.
<a href="#">Tanumihardjo 2004</a>	All participants received albendazole.
<a href="#">Taylor 2001</a>	<i>Ascaris lumbricoides</i> prevalence reported after 2 anthelmintic rounds.
<a href="#">Thein-Hlaing 1991a</a>	<i>Ascaris lumbricoides</i> prevalence reported after 3 anthelmintic rounds.
<a href="#">Thein-Hlaing 1991b</a>	No outcome of interest for this review.
<a href="#">Urjel 1985</a>	Not an RCT.
<a href="#">Vaz Nery 2019</a>	All participants received albendazole.
<a href="#">Walson 2008</a>	No outcome of interest for this review.
<a href="#">Walson 2010</a>	No outcome of interest for this review.
<a href="#">Wang 1987</a>	Not an RCT.
<a href="#">Watkins 1996b</a>	Participants already included in <a href="#">Watkins 1996a</a> .
<a href="#">Wesche 1994</a>	Intervention groups received pyrantel pamoate that was not of interest for this review.
<a href="#">Whitworth 1991</a>	<i>Ascaris lumbricoides</i> prevalence reported after multiple anthelmintic rounds.
<a href="#">Willett 1979</a>	Intervention groups received levamisole that was not of interest for this review.
<a href="#">Williams 1997</a>	Not an RCT.
<a href="#">Wright 2009</a>	<i>Ascaris lumbricoides</i> prevalence reported after 3 anthelmintic rounds.
<a href="#">Yangco 1981</a>	Not an RCT.
<a href="#">Yap 2014</a>	Participants already included in this review.

RCT: randomized controlled trial.

### Characteristics of ongoing studies [ordered by study ID]

#### Anthelmintic drugs for treating ascariasis (Review)

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**NCT02636803**

Trial name or title	An open comparative study of the efficacy of different doses of oxfendazole compared to single dose albendazole in the treatment of <i>Trichuris trichiura</i> infection in adults
Methods	Randomized clinical trial
Participants	<p><b>Estimated enrolment:</b> 200</p> <p><b>Age:</b> 16–65 years</p> <p><b>Inclusion criteria</b></p> <ul style="list-style-type: none"> <li>• Written or witnessed oral informed consent obtained</li> <li>• Has <i>Trichuris trichiura</i> demonstrated in stool samples obtained during week before enrolment: presence of other helminths: <i>Enterobius vermicularis</i>, <i>Ascaris lumbricoides</i>, <i>Necator americanus</i>, or <i>Ancylostoma duodenale</i> will not be a cause for exclusion</li> <li>• Willing to comply with the requirements of the protocol and particularly to provide 4 stool samples, pretreatment and 7, 14, and 21 days after treatment</li> <li>• Women of child-bearing potential, who are using an established method of birth control (surgically sterile, intrauterine contraceptive device, oral contraceptives, diaphragm in combination with contraceptive cream or foam, or condom in combination with contraceptive cream or foam)</li> </ul> <p><b>Exclusion criteria</b></p> <ul style="list-style-type: none"> <li>• Previous hypersensitivity reaction to benzimidazole or other related compound</li> <li>• Presence of other helminths without <i>Trichuris trichiura</i>. Note: non-target species may be present and details of response will be recorded</li> <li>• Presence of diarrhoeal disease that would interfere with the evaluation of stool samples</li> <li>• Received an anthelmintic in 2 weeks prior to enrolment into study</li> <li>• Received an investigational drug within 30 days or 5 half-lives (whichever is longer) of the screening visit or is scheduled to receive such a drug during the study period</li> <li>• Has a concomitant infection or any other underlying disease that would compromise the diagnosis and the evaluation of the response to the study medication</li> <li>• History of renal dysfunction (plasma creatinine <math>\geq</math> 1.5 times upper limit of normal for age) or hepatic dysfunction (liver enzymes <math>\geq</math> 1.5)</li> <li>• Pregnant, lactating, or planning a pregnancy during the study, or is not practicing any form of contraception</li> <li>• Unwilling or unable to take part in this study</li> <li>• Previously been enrolled in the study</li> </ul>
Interventions	<ul style="list-style-type: none"> <li>• Group 1: oxfendazole 6 mg/kg or 30 mg/kg single dose or 3 <math>\times</math> 6 mg/kg doses</li> <li>• Group 2: albendazole 400 mg single dose</li> </ul>
Outcomes	<ul style="list-style-type: none"> <li>• Cure of <i>Trichuris trichiura</i></li> <li>• Reduction in <i>Trichuris trichiura</i> eggs</li> <li>• Cure of other intestinal helminths (<i>Ascaris</i>, <i>Necator</i> eggs in stool using Kato-Katz test)</li> <li>• Safety and tolerability of oxfendazole in the treatment of adults assessed by cumulative adverse events</li> </ul>
Starting date	November 2017
Contact information	Robert H Gilman, rgilman@johnshopkins.edu
Notes	Katz test 21 days following treatment

**TCTR20190111001**

Trial name or title	Assessment of efficacy of anthelmintic drugs against soil-transmitted helminths in Thailand
Methods	Randomized trial (TCTR20190111001)
Participants	<p><b>Number of participants:</b> 252</p> <p><b>Inclusion criteria</b></p> <ul style="list-style-type: none"> <li>• Age: 18–70 years</li> <li>• Infected with any of <i>Ascaris</i>, hookworms, <i>Trichuris</i>, or <i>Strongyloides</i>)</li> </ul> <p><b>Exclusion criteria</b></p> <ul style="list-style-type: none"> <li>• History of acute or severe chronic</li> <li>• Pregnant or lactating</li> <li>• Vomited within 4 hours after drug administration</li> <li>• Unable to provide a stool sample at follow-up</li> <li>• History of allergic reaction to albendazole, mebendazole, or ivermectin</li> </ul>
Interventions	<ul style="list-style-type: none"> <li>• Group 1: albendazole 400 mg single dose</li> <li>• Group 2: albendazole 400 mg twice daily for 3 days</li> <li>• Group 3: ivermectin 200 µg/kg single dose</li> <li>• Group 4: mebendazole 100 mg twice daily for 3 days</li> <li>• Group 5: albendazole 400 mg single dose + ivermectin 200 µg/kg single dose</li> <li>• Group 6: mebendazole 500 mg single dose + ivermectin 200 µg/kg single dose</li> </ul>
Outcomes	Cure rate 3 weeks after treatment  Egg reduction rate  Modified Kato-Katz thick smear, Harada-mori
Starting date	Not reported
Contact information	Vivornpun Sanprasert  Department of Parasitology, Faculty of Medicine, Chulalongkorn University 1873 Rama IV Road, Pathumwa, Bangkok 10330, Thailand
Notes	<p><b>Funding:</b> Department of Parasitology, Faculty of Medicine, Chulalongkorn University 1873 Rama IV Road, Pathumwa, Bangkok, 10330, Thailand</p> <p>+6622564387 17; vivornpun@chula.md</p>

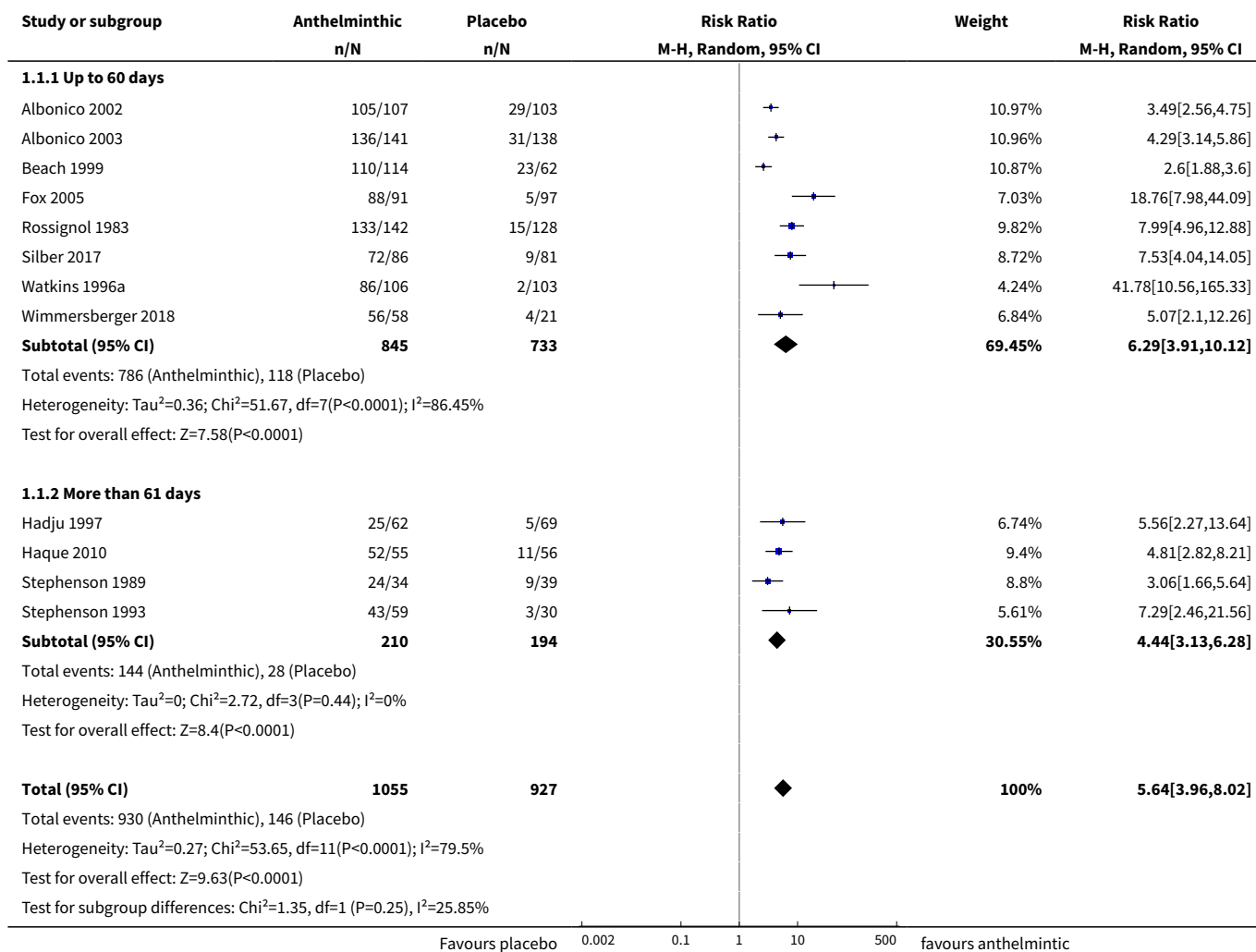
**DATA AND ANALYSES**
**Comparison 1. Any anthelmintic drug single dose versus placebo**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Parasitological cure by time of follow-up	12	1982	Risk Ratio (M-H, Random, 95% CI)	5.64 [3.96, 8.02]

**Anthelmintic drugs for treating ascariasis (Review)**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.1 Up to 60 days	8	1578	Risk Ratio (M-H, Random, 95% CI)	6.29 [3.91, 10.12]
1.2 More than 61 days	4	404	Risk Ratio (M-H, Random, 95% CI)	4.44 [3.13, 6.28]

**Analysis 1.1. Comparison 1 Any anthelmintic drug single dose versus placebo, Outcome 1 Parasitological cure by time of follow-up.**

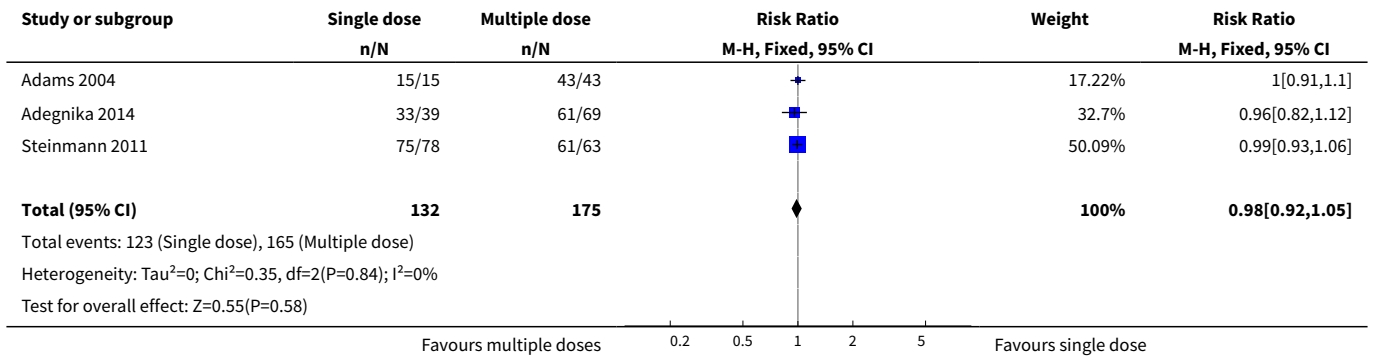


**Comparison 2. Albendazole 400 mg single dose versus albendazole 400 mg multiple doses**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Parasitological cure (up to 60 days of follow-up)	3	307	Risk Ratio (M-H, Fixed, 95% CI)	0.98 [0.92, 1.05]



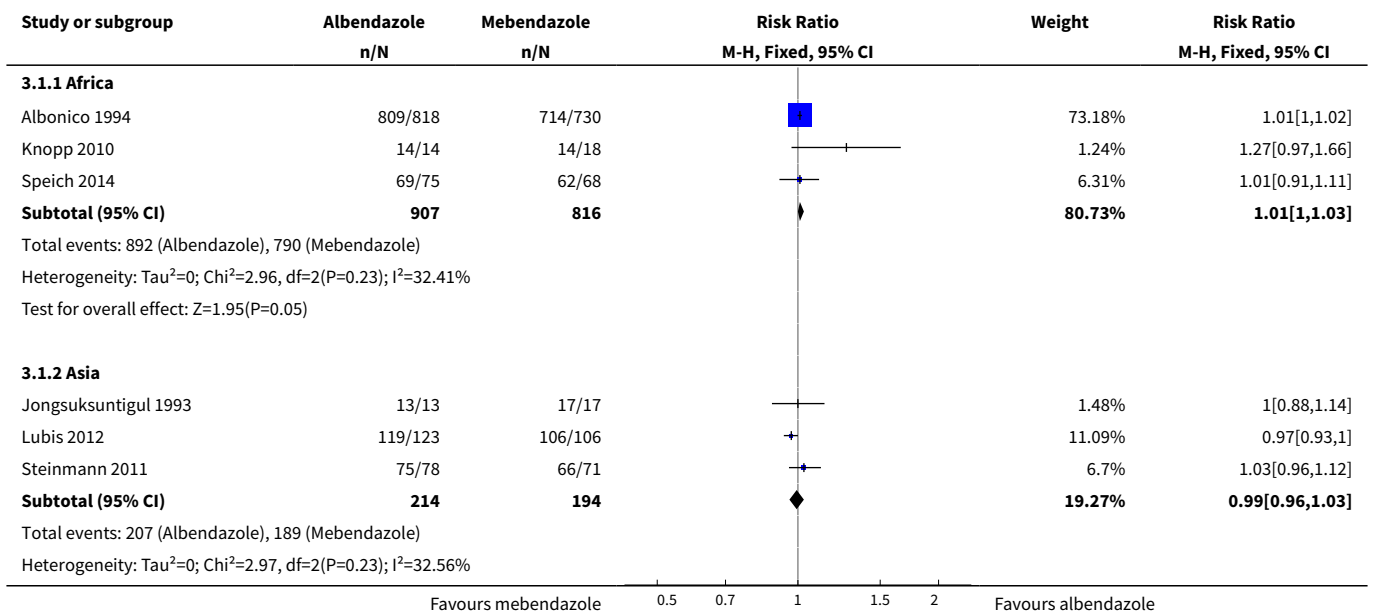
**Analysis 2.1. Comparison 2 Albendazole 400 mg single dose versus albendazole 400 mg multiple doses, Outcome 1 Parasitological cure (up to 60 days of follow-up).**

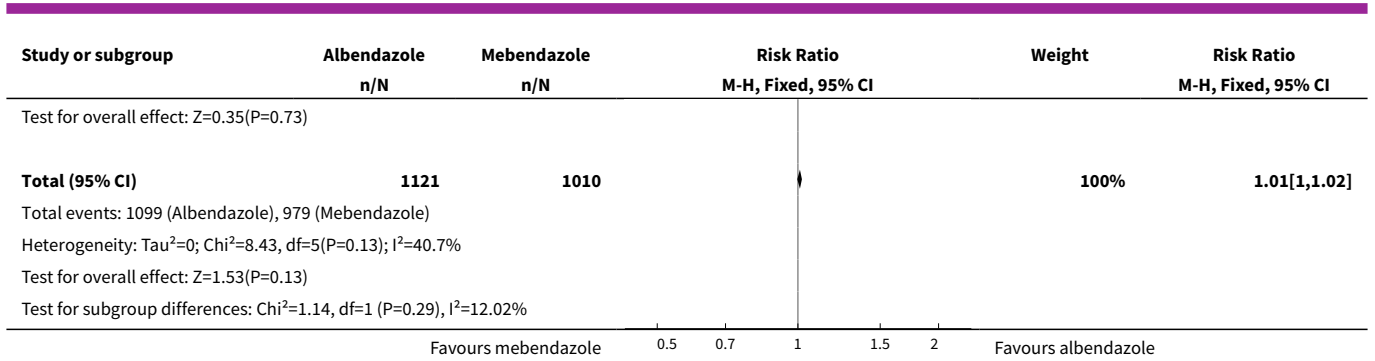


**Comparison 3. Albendazole 400 mg single dose versus mebendazole 500 mg single dose**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Parasitological cure by region	6	2131	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [1.00, 1.02]
1.1 Africa	3	1723	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [1.00, 1.03]
1.2 Asia	3	408	Risk Ratio (M-H, Fixed, 95% CI)	0.99 [0.96, 1.03]

**Analysis 3.1. Comparison 3 Albendazole 400 mg single dose versus mebendazole 500 mg single dose, Outcome 1 Parasitological cure by region.**

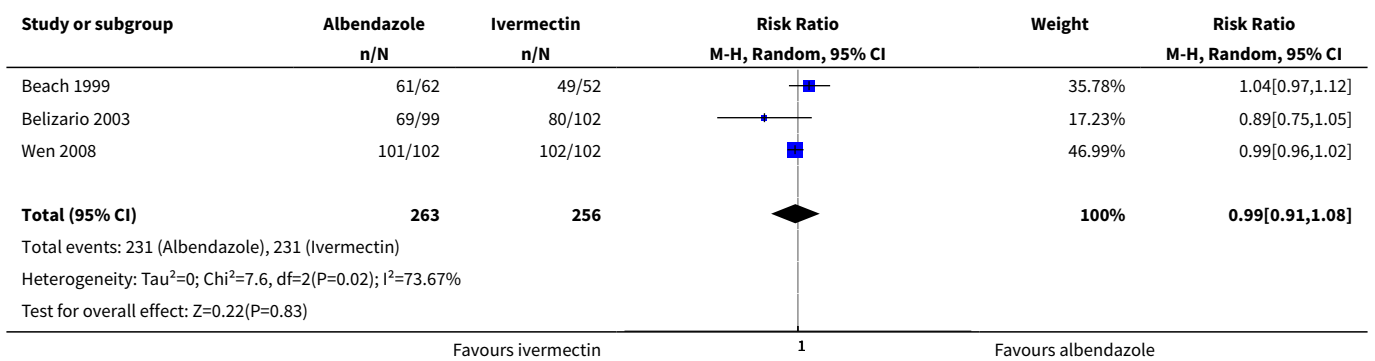




**Comparison 4. Albendazole 400 mg single dose versus ivermectin 100–400 µg/kg single dose**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Parasitological cure	3	519	Risk Ratio (M-H, Random, 95% CI)	0.99 [0.91, 1.08]

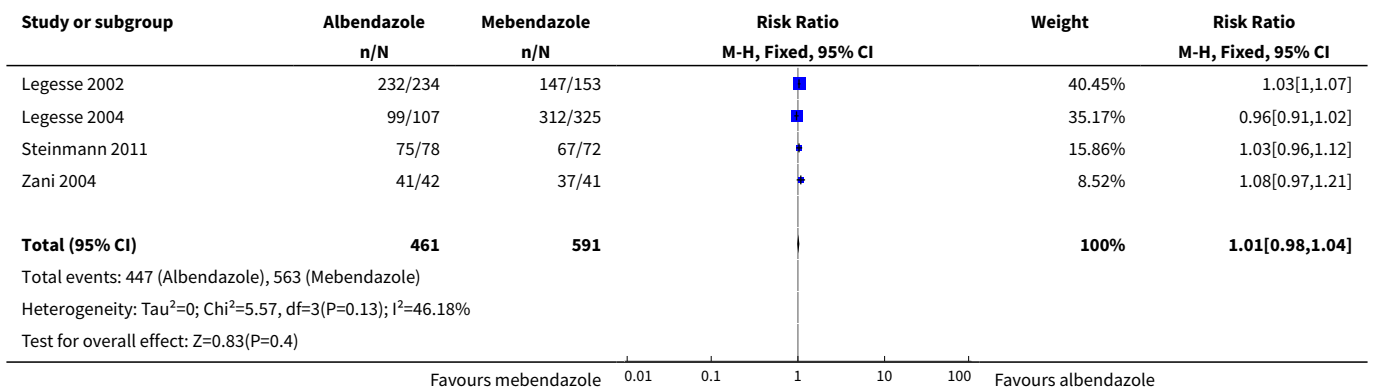
**Analysis 4.1. Comparison 4 Albendazole 400 mg single dose versus ivermectin 100–400 µg/kg single dose, Outcome 1 Parasitological cure.**



**Comparison 5. Albendazole single dose versus mebendazole multiple doses**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Parasitological cure	4	1052	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.98, 1.04]

**Analysis 5.1. Comparison 5 Albendazole single dose versus mebendazole multiple doses, Outcome 1 Parasitological cure.**



**ADDITIONAL TABLES**
**Table 1. Egg reduction rates of epg of faeces**

Study ID	Time point	Anthelmintic	Number	Geometric mean (epg faeces)			Arithmetic mean (epg faeces)		
				Baseline	Follow-up	ERR % (95% CI)	Baseline (range)	Follow-up	ERR % (95% CI)
Adams 1994	63 days	Albendazole 400 mg 3 consecutive days	9	17	1	94	10,701	1	100
		Placebo	7	13	6	54	7575	8440	-11
Adegnika 2014	42 days	Albendazole 400 mg single dose	39	—	—	—	4794 (2494–8826)	188 (24–1516)	94 (88 to 100)
		Albendazole 400 mg single dose 2 consecutive days	32	—	—	—	5409 (2554–10,118)	1136 (71–18,160)	87 (74 to 100)
		Albendazole 400 mg single dose 3 consecutive days	37	—	—	—	4734 (2519–8626)	180 (8–3504)	99 (97 to 100)
Albonico 1994	18 to 31 days (mean 22.5 days)	Mebendazole 500 mg single dose	730	164	0.08	99.3 (99.2 to 99.5)	—	—	—
		Albendazole 400 mg single dose	818	239	0.05	99.6 (99.4 to 99.7)	—	—	—
Albonico 2002	21 days (range 20 to 23 days)	Mebendazole 500 mg single dose	107	5	0.1	96.1 (94.3 to 97.9)	—	—	—
		Placebo	103	5	4	18.1 (-2.7 to 34.8)	—	—	—
Albonico 2003	21 days	Mebendazole 500 mg single dose	141	114	0.2	99.0 (98.2 to 99.4)	—	—	—
		Placebo	138	96	63	33.9 (0.4 to 56.1)	—	—	—
Beach 1999	35 days	Albendazole 400 mg single dose	62	284	NR	100	(40–20,960)	—	—

**Table 1. Egg reduction rates of egg of faeces** (Continued)

		Ivermectin 200–400 µg/kg (mean 282.7 µg/kg)	52	427	NR	100	(40–8960)	—	—
		Albendazole 400 mg single dose + ivermectin 200–400 µg/kg	73	334	NR	100	(40–26,640)	—	—
		Placebo (vitamin C 250 mg)	62	352	NR	32.9	(40–19,560)	—	—
Belizario 2003	7 to 14 days	Albendazole 400 mg single dose + placebo	99	—	—	—	21,656	1520	93.0
		Ivermectin 200 µg/kg bodyweight + placebo	102	—	—	—	36,486	2072	94.3
		Albendazole 400 mg + ivermectin 200 µg/kg bodyweight	105	—	—	—	41,011	199	99.5
Fox 2005	35 days	Albendazole 400 mg single dose	91	535	NR	98.8	(40–34,800)	—	—
		Placebo (vitamin C 250 mg)	97	393	NR	11.7	(40–24,000)	—	—
Hadju 1997	90 days	Albendazole 400 mg single dose	62	5058	52	100	—	—	—
		Albendazole 400 mg twice	67	6026	24	99	—	—	—
		Placebo	69	4518	1803	60	—	—	—
Haque 2010	120 days	Albendazole 400 mg single dose + placebo	55	—	—	—	4923 ± 551	19 ± 12	—
		Placebo + placebo	56	—	—	—	4689 ± 426	4525 ± 738	—
Jongsuk-suntigul 1993	14 days	Mebendazole 300 mg single dose	26	—	—	—	NR	NR	NR
		Mebendazole 500 mg single dose	17	—	—	—	20,986	0	100
		Albendazole 400 mg single dose	13	—	—	—	3710	0	100
Knopp 2010	21 days	Albendazole 400 mg single dose + placebo	14	3401	0	—	—	—	—
		Albendazole 400 mg single dose + ivermectin 200 µg/kg	14	1839	1	—	—	—	—

**Table 1. Egg reduction rates of egg of faeces** (Continued)

		Mebendazole 500 mg + placebo	18	2601	5	—	—	—	—
		Mebendazole 500 mg + ivermectin 200 µg/kg	18	381	0	—	—	—	—
<b>Legesse 2002</b>	21 days	Mebendazole 100 mg twice for 3 days	153	669	0.3	99.8	—	—	—
		Albendazole 400 mg	234	1843	0.1	99.9	—	—	—
<b>Legesse 2004</b>	21 days	Mebendazole 100 mg twice a day for 3 days	325	NR	NR	NR	—	—	—
		Albendazole 400 mg single dose	107	6982	305.1	99.9	—	—	—
<b>Nokes 1992</b>	10 to 30 days	Albendazole 400 mg daily for 3 consecutive days	38	—	—	—	36,012 ± 65,120	2 ± 17	99.9
		Placebo	22	—	—	—	24,298 ± 43,890	25,725 ± 38,544	NR
<b>Ortiz 2002</b>	21 to 30 days	Albendazole a single 10 mL dose of a 200 mg/5 mL suspension	35	1291	1	99.9	—	—	—
		Nitazoxanide 100 mg/5 mL (2–3 years of age), 200 mg/10 mL (4–11 years of age) in the morning and evening for 3 consecutive days with food	28	1978	1	99.9	—	—	—
<b>Palmeirim 2018a</b>	21 days	Mebendazole 500 mg single dose	47	2691	0	100%	14,597.6	0	100%
		Mebendazole 100 mg twice a day for 3 consecutive days	51	4095.9	0.2	100%	14,859.9	130.9	99.9%
<b>Silber 2017</b>	17 to 21 days	Mebendazole 500 mg single dose (chewable)	86	NR	NR	97.9	—	—	—
		Identical placebo (chewable)	81	NR	NR	19.2	—	—	—
<b>Speich 2014</b>	18 to 23 days	Albendazole 400 mg single dose	75	2426	1	100 (99.9 to 100)	—	—	—
		Mebendazole 500 mg single dose	68	1876	1	99.9 (99.8 to 100)	—	—	—

**Table 1. Egg reduction rates of egg of faeces** (Continued)

Steinmann 2011	21 days	Albendazole 400 mg single dose	78	8442	0.1	> 99.9 (> 99.9 to 100)	—	—	—
		Mebendazole 500 mg single dose	71	7855	0.5	> 99.9 (> 99.9 to > 99.9)	—	—	—
		Albendazole 400 mg single dose over 3 consecutive days	63	6485	0.2	> 99.9 (99.9 to 100)	—	—	—
		Mebendazole 500 mg single dose over 3 consecutive days	72	8435	0.2	> 99.9 (> 99.9 to > 99.9)	—	—	—
Stephenson 1989	180	Albendazole 200 mg 2 tablets single dose	34	86	2	NR	32,996	2959	91
		Placebo	39	284	72	NR	32,044	24,400	24
Stephenson 1993	108 days	Albendazole 200 mg 3 tablets (600 mg) single dose	33	33	0.4	99	16,074	39	99.8
		Placebo	30	20	17	15	8470	12,379	-46
Watkins 1996a	14 days	Albendazole	106	21,677	964	NR	38,485	10,000	NR
		Placebo	101	21,528	23,014	NR	37,442	45,984	NR
Wen 2008	30 days	Albendazole 6.7 mg/kg (2 tablets) single dose	102	—	—	—	7438 (1245 to 16,936)	110	98.5
		Ivermectin 0.1 mg/kg (1 tablet) single dose	102	—	—	—	7286 (1195 to 15,235)	0	110
Wimmersberger 2018	21 days	Ivermectin 100 µg/kg	14	2809.9	0	100%	—	—	—
		Ivermectin 200 µg/kg	23	1565.8	0	100%	—	—	—



**Table 1. Egg reduction rates of epg of faeces** (Continued)

		Ivermectin 400 µg/kg	13	2037.3	0	100%	—	—	—
		Ivermectin 600 µg/kg	8	2826.8	0	100%	—	—	—
		Placebo (children aged 2–5 years)	10	3694.0	575	84.4%	—	—	—
		Placebo (children aged 6–12 years)	11	2037.3	64.2	68.3%	—	—	—
<a href="#">Yap 2013</a>	30 days	Albendazole 400 mg single dose for 3 days	94	15,850 (10,834 to 23,189)	1.3 (1.0 to 1.7)	—	—	—	—
		Placebo single dose for 3 days	87	19,101 (13,198 to 27,644)	21,001 (12,835 to 34,362)	—	—	—	—

CI: confidence interval; epg: eggs per gram; ERR: eggs reduction rate; NR: not reported.

**Table 2. Adverse events**

Study ID	Timepoint	Anthelmintic	N	Adverse events monitoring	Summary of adverse events findings
Adams 2004	30 days	Albendazole 400 mg one single dose	31	Not reported	"No adverse drug-related effects were reported or detected in any treatment group"
		Albendazole 400 mg two consecutive days	43		
		Albendazole 400 mg three consecutive days	39		
Adegnika 2014	42 days	Albendazole 400 mg one single dose	39	"Study participants were followed-up passively every day and actively every 2 weeks for any adverse events, including nausea, vomiting, abdominal pain, headaches, fever, fatigue, rash, dizziness, or temporary hair loss"	"There were no clinically important adverse events attributable to the study drug during the course of the study".
		Albendazole 400 mg one single dose two consecutive days	32		
		Albendazole 400 mg one single dose three consecutive days	37		
Albonico 1994	18 to 31 days	Mebendazole 500 mg one single dose	730	In the initial part of the trial (the first 1360 children), children found to be relatively infected with one of helminths were questioned in private by health worker, using an open ended questionnaire 7 days after treatment, about any problems or symptoms experienced after consumption of the drugs	"The frequencies of the different symptoms reported by the children (for the 7 days following treatment) were not significantly different between the 2 treatment groups. The percentages of children reporting symptoms, other than passing worms, following albendazole and mebendazole treatment, respectively, were: headache, 9.7% and 12.7%; abdominal discomfort, 9.0% and 9.3%; diarrhoea 4.9% and 3.4%; nausea, 0.7% and 8%; itching, 1.4% and 0.8%; rash, 1.4% and 0.0%; fever, 0% and 1.7%; and vomiting, 0% and 0.8%"
		Albendazole 400 mg one single dose	818		
Albonico 2002	21 days (range 20 to 23 days)	Mebendazole 500 mg single dose	107	"Parents and children were instructed to report to the teacher and refer to the nearest health centre any severe adverse effects	No adverse events were reported after any of the treatments
		Placebo	103		

**Table 2. Adverse events** (Continued)

				occurring in the week after treatment"	
Albonico 2003	21 days	Mebendazole 500 mg single dose	141	"Parents and children were instructed to report to the teacher and refer to the nearest health centre with any severe adverse effects that occurred in the week after treatment"	"Although adverse effects were not investigated actively, no adverse events were reported after any single or combined treatment in the week following the administration of anthelmintics"
		Placebo	138		
Fox 2005	35 days	Albendazole 400 mg single dose	91	"Every day for seven days after treatment, a clinician who was blinded as to treatment group questioned and examined the children at school for adverse reactions"	"The percentage of children reporting symptoms, following albendazole and placebo respectively were: headache, 24% and 28%; self reported or documented fever, 20% and 23%; Myalgia, 2% and 16%; cough, 2% and 16%."
		Placebo (vitamin C 250 mg)	97		
Jongsuksuntigul 1993	14 days	Mebendazole 300 mg single dose	26	"Each participants was given a questionnaire to record the severity and duration of any treatment induced side effects"	No side effects were reported among the four participant groups
		Mebendazole 500 mg single dose	17		
		Albendazole 400 mg single dose	13		
Knopp 2010	21 days	Albendazole 400 mg single dose + placebo	14	At 48 hours after treatment, AEs due to the treatment were assessed by a pre-tested questionnaire. Children were interviewed by trained personnel of the Helminth Control Laboratory Uguja (HCLU)	The main symptoms reported were: abdominal cramps (range from 11% to 14.6%), fatigue (range from 6.4% to 2.8%), headache (range from 3.5% to 5.9%), diarrhoea (range from 2.8 to 4.2%), vertigo (range from 1.7% to 4.4%) without difference among the groups.
		Albendazole 400 mg single dose+ ivermectin 200 mcg/kg	14		
		Mebendazole 500 mg + placebo	18		
		Mebendazole 500 mg + ivermectin 200 mcg/kg	18		
Legesse 2002	21 days	Mebendazole 100 mg twice a day for three days	153	"All treated individuals were interview for any symptoms or complaints experienced after receiving the treatment. For children un-	The percentage of children reporting symptoms, following albendazole and mebendazole treatment, were respectively: headache, 3.4% and 2%; abdominal comfort, 7.1% and 3%; vomiting 2.6% and 0%; di-

**Table 2. Adverse events** (Continued)

		Albendazole 400 mg single dose	234	der five years, information was obtained from their parents or guardians”	arrhoea 8.9% and 1%; fever, 0.4% and 0.5%; worm expulsion through mouth, 1.5% and 0.5%; and worm expulsion through faeces, 52.6% and 55.0%.
Ortiz 2002	21 to 30 days	Nitazoxanide 100 mg/5 mL (2 to 3 years of age), 200 mg/10 mL (4 to 11 years of age) in the morning and evening for 3 consecutive days with food	28	The guardians of the children were given instructions for recording the occurrence of adverse events	The percentage of children reporting symptoms, following nitazoxanide and albendazole treatment, respectively were: abdominal pain 8.6% and 1.9%; diarrhoea 1.9% and 0.0%; nausea 1.0% and 1.9%; vomiting 0.0% and 1.9%; headache 1.0% and 0.0%
		Albendazole a single 10 mL dose of a 200 mg/5 mL suspension	35		
Palmeirim 2018a	21 to 30 days	Mebendazole 100 mg twice a day for 3 consecutive days plus placebo	47	Tolerability (number of adverse events) assessed 3, 24, and 48 hours post-treatment	“Children in the multiple dose treatment arm reported slightly more adverse events than those in the single dose arm. In total, throughout all adverse event assessment time points, 34 children (37%) reports), headache (46 reports) and diarrhoea (17 reports) during all treatment points. All events were mild.”
		Mebendazole 500 mg single dose plus placebo	51		
Rossignol 1983	21 days	Albendazole 200 mg twice daily or 400 mg once daily for adults and 100 mg twice daily for children under 12 years old	142	“The same physical examination and laboratory investigations were carried out 24 to 72 hours after the last treatment, and each patient was carefully questioned about side effects”	The number of children reporting symptoms, following albendazole and placebo treatment, respectively were: dizziness 3 and 5; epigastric pain 30 and 22; diarrhoea 8 and 4; vomiting 2 and 1; headache 8 and 10; pruritus 2 and 1; fever 1 and 1; dry mouth 1 and 0
		Placebo	128		
Silber 2017	17 to 21 days	Mebendazole 500 mg single dose (chewable)	86	“The safety analysis set consisted of all randomized subjects who received 1 dose of study agent (mebendazole or placebo) at baseline. An adverse event is any untoward medical occurrence in a subject who received study drug without regard to possibility of causal rela-	The percentage of subjects presenting adverse effects, following mebendazole and placebo, were respectively: cough 0.69% and 1.43%; night blindness 0.00% and 0.71%; abdominal distension 1.39% and 0.71%; abdominal pain 0.69% and 0.71%; rash pruritic 0.69% and 0.00%; vitamin A deficiency 0.69% and 0.00%; conjunctivitis 0.00% and 0.71%; conjunctivitis bacterial 0.00% and 0.71%; gastroenteritis 0.69% and 0.00%;
		Identical placebo (chewable)	81		

**Table 2. Adverse events** (Continued)

				<p>tionship. An serious adverse event (SAE) is an AE resulting in any of the following outcomes or deemed significant for any other reason: death; initial or prolonged inpatient hospitalization; life-threatening experience (immediate risk of dying); persistent or significant disability/incapacity; congenital anomaly. End point timeframe: Up to Visit 3 (Day 19 +/-2)”</p>	<p>nasopharyngitis 0.69% and 1.43%; tinea infection 0.69% and 0.00%; tonsillitis 0.00% and 0.71%</p>
Speich 2014	18 to 23 days	Albendazole 400 mg single dose	69	“Adverse events were assessed and graded by means of active questioning at four time points after treatment — at 3 hours and 24 hours after the first and second treatments”	“No serious side events were noted. Number of participants with adverse events: albendazole group: 3 hours after the treatment 15/120 (12.5%); 24 hours after the treatment 12/120 (10.0%); mebendazole group: 3 hours after the treatment 8/116 (6.9%); 24 hours after the treatment 21/116 (18.1%)”
		Mebendazole 500 mg single dose	75		
Steinmann 2011	21 days	Albendazole 400 mg single dose	78	“On the second morning – 36 hours after the first dosing – all participating households were visited and participants actively solicited to report any potential adverse events”	"Thirteen study participants (4.1%) reported between one and five adverse events following drug administration. Four of these individuals were treated with a single dose (3 with mebendazole, 1 with albendazole) while the remaining nine were treated with triple mebendazole (N=5) or triple albendazole (N=4). Adverse events included headache (N=3; all mebendazole), abdominal cramps (N=3; 2 mebendazole, 1 albendazole) and the closely related “full stomach” (N=2; mebendazole), and waist pain (N=1; albendazole). Two individuals each reported vomiting, including production of <i>A. lumbricoides</i> worms (1 albendazole, 1 mebendazole), diarrhoea (2 mebendazole), fatigue (1 albendazole, 1 mebendazole), and chills (2 mebendazole). Vertigo (albendazole), throat pain (albendazole), fever (mebendazole), and a swollen face (mebendazole) were each reported once."
		Mebendazole 500 mg single dose	71		
		Albendazole 400 mg single dose over three consecutive days	63		
		Mebendazole 500 mg single dose over three consecutive days	72		
Wen 2008	30 days	Ivermectin 0.1 mg/kg (one tablet) single dose	102	“During hospitalizations, medical history and health checks including ultrasound	“Overall, 8 out of 408 (1.96%) cases receiving ivermectin treatment showed side-effects that included dizziness (N = 4), abdominal

**Table 2. Adverse events** (Continued)

		Albendazole 6.7 mg/kg (two tablets) single dose	102	and X-ray, and basic laboratory tests were carried out before treatment and enquiry and physical examination were done 24 H post-treatment. If any side effects occurred, the participants and the laboratory indices were carefully observed for days until the symptoms disappeared”	pain (N = 2) and tiredness (N = 2) 2–12 hour after drug administration. These side effects were mild and transient, and no special treatment was provided. For albendazole, a total of 9 out of 408 (2.21%) had side effects including dizziness (N = 3), vomiting (N = 3, one with Ascaris worms), and diarrhoea (N = 3). No significant difference (2 = 0.061, P = 0.806) between the two treatments in terms of side effects was shown. There were no significant differences before and post-treatment in the laboratory tests including hematology, urinalysis, liver and renal functions and electrocardiograms for all participants. Those with side effects in the trial did not show abnormal laboratory test at 24 H followed-up”
Wimmers-berger 2018	21 days	Ivermectin 100 µg/kg	14		“In the present study, it was well tolerated in both age groups at all doses studied. Data from blood samples taken at baseline and 72 hours after treatment did not reveal any significant hematotoxic, nephrotoxic or hepatotoxic effect”.
		Ivermectin 200 µg/kg	23		
		Ivermectin 400 µg/kg	13		
		Ivermectin 600 µg/kg	8		
		Placebo	21		

**APPENDICES**

**Appendix 1. Search strategies**

Search set	CIDG SR <sup>a</sup>	CENTRAL	MEDLINE	Embase	LILACS
1	Ascari*	Ascariasis [MeSH]	Ascariasis [MeSH]	Ascariasis [Emtree]	Ascari\$
2	albendazole	Ascaris [Mesh]	Ascaris [Mesh]	Ascaris ti, ab	albendazole
3	mebendazole	Ascari* ti, ab	Ascari* ti, ab	1 OR 2	mebendazole
4	levamisole	1 OR 2 OR 3	1 OR 2 OR 3	Albendazole [Emtree]	levamisole
5	ivermectin	Albendazole [MeSH]	Albendazole [MeSH]	Mebendazole [Emtree]	ivermectin
6	pyrantel	Mebendazole [MeSH]	Mebendazole [MeSH]	Levamisole [Emtree]	pyrantel

**Anthelmintic drugs for treating ascariasis (Review)**

(Continued)

7	piperazine	Levamisole [MeSH]	Levamisole [MeSH]	Ivermectin [Emtree]	piperazine
8	nitazoxanide	Ivermectin [MeSH]	Ivermectin [MeSH]	Pyrantel palmoate ti, ab	nitazoxanide
9	tetrachlorethylene	Pyrantel palmoate [MeSH]	Pyrantel palmoate [MeSH]	Piperazine citrate [Emtree]	Tetrachlorethylene
10	thiabendazole	Piperazine citrate ti, ab	Piperazine citrate ti, ab	Nitazoxanide [Emtree]	Thiabendazole
11	tiabendazole	Nitazoxanide ti, ab	Nitazoxanide ti, ab	Tetrachlorethylene [Emtree]	2-10/OR
12	2-11/OR	Tetrachlorethylene [MeSH]	Tetrachlorethylene [MeSH]	Thiabendazole ti, ab	1 AND 11
13	1 AND 12	Thiabendazole [MeSH]	Thiabendazole [MeSH]	Tiabendazole [Emtree]	
14		Tiabendazole ti, ab	Tiabendazole ti, ab	4-13/OR	
15		5-14/OR	5-14/OR	3 AND 14	
16		4 AND 15	4 AND 15	Limit 15 to Humans	
17			Limit 16 to Human		

<sup>a</sup>Cochrane Infectious Diseases Group (CIDG) Specialized Register

## Appendix 2. 'Risk of bias' assessments

Potential bias	Authors' judgement
<b>Random sequence generation (selection bias)</b>	High – not randomized or quasi-randomized
	Unclear – randomized stated, but method not reported
	Low – described method of randomization
<b>Allocation concealment (selection bias)</b>	High – not concealed, open-label trial for individually randomized or method of concealment not adequate
	Unclear – details of method not reported or insufficient details
	Low – central allocation, sequentially numbered opaque sealed envelopes
<b>Blinding (performance bias and detection bias)</b>	High – personnel, participants, or outcome assessors not blinded
	Unclear – no details or insufficient details reported
	Low – personnel, participants, and outcome assessors blinded
<b>Incomplete outcome data (attrition bias)</b>	High – losses to follow-up not evenly distributed across intervention and control group, high attrition rate ( $\geq 20\%$ for the main outcome)
	Unclear – no details reported, insufficient details reported

### Anthelmintic drugs for treating ascariasis (Review)



(Continued)

Low – no losses to follow-up, losses &lt; 20% and evenly distributed across groups, intention-to-treat analysis used

Note: for cluster randomized controlled trials, the loss relates to the clusters

**Selective reporting (reporting bias)**

High – did not fully report measured or relevant outcomes

Unclear – insufficient information reported to judge

Low – all expected outcomes were reported

**Other bias**

Low – no obvious other source of bias of concern to review authors

High – major source of bias such as unexplained differences in baseline characteristics

**Appendix 3. Summary of findings table 5: albendazole single dose compared to mebendazole multiple doses for treating ascariasis**
**Albendazole single dose compared to mebendazole multiple doses for treating ascariasis**
**Patient or population:** treating ascariasis

**Setting:** school and community

**Intervention:** albendazole single dose

**Comparison:** mebendazole multiple doses

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	Nº of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with mebendazole multiple doses	Risk with albendazole single dose				
<b>Parasitological cure</b> assessed with: parasitological examination  Follow-up: range 21–30 days	95 per 100	<b>96 per 100</b> (93 to 99)	<b>RR 1.01</b> (0.98 to 1.04)	1052 (4 RCTs)	⊕⊕⊕⊖ <b>Moderate</b> <sup>a</sup>	Albendazole single dose is probably as effective as mebendazole multiple doses for treating ascariasis.
<b>Faecal egg count</b> assessed with: ERR (GM or AR)  Follow-up: range 21–30 days	ERR of epg of faeces was almost 100% in albendazole single dose and mebendazole multiple doses			969 (3 RCTs)	⊕⊕⊕⊕ <b>High</b>	Albendazole single dose and mebendazole multiple doses result in large reductions in faecal eggs count.
<b>Adverse outcomes</b> Follow-up: range 21–30 days	The percentage of children reporting symptoms, following albendazole and mebendazole treatment was small and included headache abdominal comfort, vomiting diarrhoea,			537 (2 RCTs)	⊕⊕⊕⊖ <b>Low</b> <sup>b,c</sup>	There may be little to no difference in adverse outcomes for albendazole single dose compared to

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(Continued)

fever, and worm expulsion through mouth.

mebendazole multiple doses.

**\*The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**AM:** arithmetic mean egg count; **CI:** confidence interval; **epg:** eggs per gram; **ERR:** egg reduction rate; **GM:** geometric mean egg count; **RCT:** randomized controlled trial; **RR:** risk ratio.

#### GRADE Working Group grades of evidence

**High certainty:** we are very confident that the true effect lies close to that of the estimate of the effect.

**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

**Low certainty:** our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.

**Very low certainty:** we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

#### Footnotes

<sup>a</sup>Downgraded one level for inconsistency ( $I^2 = 46\%$ ).

<sup>b</sup>Downgraded one level for risk of performance bias.

<sup>c</sup>Downgraded one level for imprecision: very few events reported.

## CONTRIBUTIONS OF AUTHORS

LOC conceived, designed, and co-ordinated the review, extracted data, assessed the risk of bias, and analyzed and interpreted data. She wrote and edited the review and is the guarantor of the review.

MDT updated the background, extracted data, assessed the risk of bias, analyzed and interpreted data. She wrote and edited the review and approved the final review prior to submission.

IC extracted data, assessed the risk of bias, and approved the final review prior to submission.

RAMBA extracted data, assessed the risk of bias, checked the quality of the data extraction, and analyzed and interpreted data. He wrote and edited the review and approved the final review prior to submission.

## DECLARATIONS OF INTEREST

LOC has no known conflicts of interest.

MDT has no known conflicts of interest.

IC has no known conflicts of interest.

RAMBA has no known conflicts of interest.

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### Internal sources

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## Anthelmintic drugs for treating ascariasis (Review)

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## DIFFERENCES BETWEEN PROTOCOL AND REVIEW

- We defined better faecal egg count (FEC) and included the egg reduction rate (ERR) as comparison between pre- and post-treatment eggs count.
- We decided to include only the main drugs currently used (albendazole, mebendazole, ivermectin, and nitazoxanide) and excluded the studies or participants who received levamisole, pyrantel oxantel, or piperazine.
- We excluded trials that evaluated anthelmintic treatment only for pregnant women because that it was subject of another review ([Salam 2015](#)).
- We excluded studies when the parasitological cure after the first treatment was not reported, or those that compared different deworming programmes, as it was subject of another review ([Taylor-Robinson 2019](#))
- We excluded the studies or outcomes when they were reported only in graphic form.
- The author team has changed since protocol publication: Marcos Vinicius Fernandes and Garcia and Natália Sayuri Mukai participated in the protocol. Lucieni Oliveira Conterno, Marília Dalva Turchi, Ione Corrêa, and Ricardo AMB Almeida carried out the review.

## INDEX TERMS

### Medical Subject Headings (MeSH)

Albendazole [administration & dosage] [therapeutic use]; Anthelmintics [administration & dosage] [\*therapeutic use]; Ascariasis [\*drug therapy]; *Ascaris lumbricoides*; Ivermectin [administration & dosage] [therapeutic use]; Mebendazole [administration & dosage] [therapeutic use]; Parasite Egg Count; Placebos [therapeutic use]; Randomized Controlled Trials as Topic

### MeSH check words

Adolescent; Adult; Aged; Aged, 80 and over; Animals; Child; Child, Preschool; Humans; Infant; Middle Aged; Young Adult