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Ebola superspreading

Ousmane Faye and colleagues¹ recently described the chains of transmission for 152 individuals infected with Ebola virus diseases in Guinea. The resulting transmission trees provide unique insights into the individual variation in the number of secondary cases generated by an infected index case. A better understanding of this variation provides crucial information about epidemic spread, the expected number of superspreading events, and the effects of control measures.²

The number of secondary cases in the transmission trees is highly skewed, with 72% of individuals not generating further cases (figure). Fitting a negative binomial distribution to the data (appendix) provides maximum-likelihood estimates of the mean (0.95, 95% CI 0.57–1.34) and the dispersion parameter ($k=0.18$, 95% CI 0.10–0.26). The mean corresponds to the basic reproduction number (R_0) of the overall population. The estimated value of k , which is substantially smaller than 1, suggests that the distribution of the

individual reproduction number is highly overdispersed.² The value for Ebola virus disease is similar to that estimated for severe acute respiratory syndrome ($k=0.16$).² This finding suggests that superspreading events for Ebola virus disease are an expected feature of the individual variation in infectiousness.³

I simulated stochastic trajectories of Ebola virus disease outbreaks starting from one infected index case (figure). To this end, I drew the number of secondary cases for each case from the fitted negative binomial distribution (appendix). The time from disease onset in one case to disease onset in the next case was drawn from the reported gamma-distributed serial interval with a mean duration of 15.3 days.⁴ Although most outbreaks rapidly become extinct, some epidemic trajectories can reach to more than 100 infected cases. This finding is particularly remarkable because R_0 is less than 1, and shows the potential for explosive outbreaks of Ebola virus disease.

R_0 during the early phase of the Ebola virus disease epidemic in Guinea has been estimated to be roughly 1.5.⁵ The transmission trees from Faye and colleagues were generated from data obtained between February and August, 2014, when the reproduction number was fluctuating around unity.^{1,4} That scenario is similar to the present situation in parts of west Africa where the incidence is declining but new outbreaks still occur. The observed variation in individual infectiousness for Ebola virus disease means that although the probability of extinction is high, new index cases also have the potential for explosive regrowth of the epidemic.

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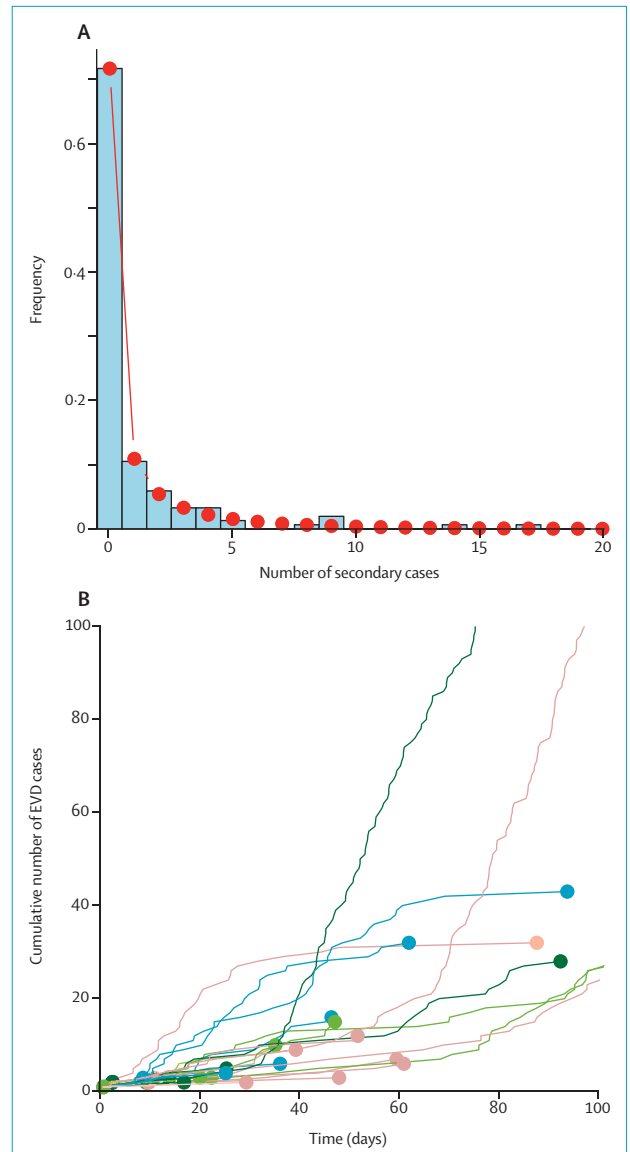


Figure: Distribution of the number of secondary cases and outbreak trajectories for Ebola virus disease

(A) The histogram represents the observed frequencies in the number of secondary cases as given by the transmission trees in Faye and colleagues' study.¹ The line and dots correspond to the fitted negative binomial distribution. (B) Each line represents one of 200 stochastic realisations of epidemic trajectories. Dots show when the outbreak becomes extinct. A detailed analysis is reported in the appendix. EVD=Ebola virus disease.

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See Online for appendix

This online publication has been corrected. The corrected version first appeared at thelancet.com/infection on May 19, 2015

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Norovirus in patients with gastroenteritis

In a comprehensive and updated systematic review and meta-analysis, Sharia Ahmed and colleagues¹ assessed the role of norovirus as a cause of endemic acute gastroenteritis worldwide. In their pooled analysis of 175 studies, noroviruses were detected in 18% of patients with acute gastroenteritis: 24% in the community, 20% in outpatients, and 17% in inpatients.¹

Identification of the causal role of noroviruses in acute gastroenteritis is very important, in view of the possibility of shifting patterns of causal agents of acute gastroenteritis in some regions, characterised by a decreasing proportion of bacterial enteropathogens and the emergent role of enteric viruses.² We do not know whether the introduction of rotavirus immunisation in many regions, with a subsequent substantial reduction in cases of rotavirus diarrhoea,³ will lead to the replacement of rotavirus by other agents (eg, norovirus) as the leading cause of paediatric diarrhoea. Thus, findings such as those reported by Ahmed and colleagues¹ are valuable for the monitoring of changes in the cause of diarrhoeal diseases and to set public health priorities.

Nonetheless, norovirus is detected in high proportions of asymptomatic people, as a result of truly asymptomatic infections or shedding after a gastroenteritis episode.⁴ Furthermore, in children residing in developing countries, mixed enteric infections are very common in both sick and healthy people. Therefore, because the assessment by Ahmed and colleagues¹ did not account for the background level of norovirus infection—ie, in

patients without diarrhoea—and the presence of other enteric pathogens in the same stool specimen, it might have overestimated the causal role of norovirus in endemic gastroenteritis.

Last, norovirus genotypes might vary between endemic and epidemic gastroenteritis. All norovirus outbreaks in adults in Israel between 2003 and 2014 were caused by genotype GII.4. Sporadic cases in adults were under-reported. Outbreaks in adults were almost exclusively associated with closed settings (eg, old age or extended care facilities) and norovirus-positive cases were diagnosed in patients, staff, and, in some cases, families of staff. By contrast, endemic cases in children younger than 5 years admitted to hospital⁵ included six genotypes in addition to GII.4. This genotype-dependent and age-dependent epidemiological difference and underdiagnosis and under-reporting of sporadic adult cases of norovirus gastroenteritis would also affect the burden estimates of norovirus illness.

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Bacterial meningitis in the USA

We read with great interest the Article by Rodrigo Lopez Castellblanco and colleagues¹ about bacterial meningitis in the USA. The authors¹ do a commendable job assessing the Nationwide Inpatient Sample, the largest nationally representative dataset of all-payer (which includes data from both private and public payers of health care) patient hospital discharges in the USA, to provide estimates for the number of admissions to hospital attributed to bacterial meningitis in the USA. Castellblanco and colleagues¹ showed that introduction of conjugated vaccines was associated with a decrease in incidence and mortality due to *Streptococcus pneumoniae* meningitis and introduction of recommendations to use adjunctive dexamethasone was associated with a reduction in mortality due to pneumococcal

	2006	2007	2008	2009	2010	2011	Total (2006–11)
320.0 (haemophilus meningitis)	187	217	243	182	244	267	1340
320.1 (pneumococcal meningitis)	1320	1297	1301	1192	1052	1106	7268
320.3 (staphylococcus meningitis)	1267	1146	1148	995	1195	1296	7047
320.82 (meningitis due to Gram-negative bacteria)	960	864	991	820	987	905	5527
036.0 (meningococcal meningitis)	752	763	763	612	400	335	3625

International Classification of Diseases 9 (ICD-9) coding is used to classify different types of meningitis. Data are from the US Agency for Healthcare Research and Quality HCUPnet.²

Table: Number of hospital emergency department visits due to bacterial meningitis in the USA, 2006–11, by ICD-9 code