Aquatic bryophytes in Himalayan streams: testing a distribution model in a highly heterogeneous environment

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SUMMARY

1. Aquatic bryophytes were sampled from 108 streams spanning over 3000 m of altitude in four regions of Nepal. Richness, cover and community composition were related to physicochemistry using multiple regression, DECORANA ordination and TWINSPAN. The performance of a hierarchically scaled descriptive model, developed in New Zealand for predicting bryophyte distribution, was examined in this highly heterogeneous Himalayan region.

2. Community composition and cover varied highly significantly with altitude, streambed stability and alkalinity, with evidence of effects of riparian land use on bryophyte cover. Cover was greatest in streams at low to middle altitudes with steep slopes $(>15^{\circ})$, high stability and low conductivity ($< 60 \mu S \text{ cm}^{-1}$), where communities were dominated by two Isopterygium spp., two Philonotis spp., Mnium punctatum and Lejeuneaceae.

3. Richness, by contrast, increased significantly but weakly at high altitude and moderate stability, where streams were dominated by Eurynchium praelongum, Rhynchostegium spp., Fissidens grandifrons and Hygroamblystegium spp. Richness and cover were lowest in unstable streams at the lowest altitude, where no single taxon was consistently most abundant.

4. Although these results were similar to those in the descriptive model developed for bryophytes in New Zealand, subtle differences were apparent. Substrate size, although influencing the presence of bryophytes in New Zealand streams, appeared to be unimportant in Nepal. By contrast, streambed stability was more important in Nepal than New Zealand, perhaps reflecting pronounced monsoonal floods, and subsequent increased frequency of bed movement in the former. A suggested habitat template indicates that large plant size and vegetative reproduction may be responsible for the widespread distribution of some species, even into unstable Himalayan streams.

Keywords: aquatic bryophytes, distribution patterns, predictive models, New Zealand, Himalaya, habitat templates

Introduction

Headwater streams are perceived as harsh environments for benthic organisms. They are generally steep, and characterized by turbulent flow over large substrata, forming riffles, steps and chutes intermingled with pools. Intense rainfall and discharge sometimes occur, and at extreme altitudes, elevated ultraviolet-B (UVB) radiation, icing, nutrient scarcity,

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low ionic strength, low catchment productivity, reduced barometric pressures, and accompanying low gas concentrations, may combine to restrict diversity (Ward, 1994).

Conditions of this type are not favourable to aquatic plant growth. Macrophytes are generally absent (Haslam, 1978; Sheath et al., 1986; Howard-Williams et al., 1987), while periphyton standing stock is often low and transient (Suren, 1991; Biggs, 1995; and see Stevenson, Bothwell & Lowe, 1996 for reviews). Aquatic bryophytes, however, are a common feature of headwaters (Glime, 1970; Sheath et al., 1986; Ormerod, Wade & Gee, 1987; Suren, 1996), and may be the major autotrophs in these streams, contributing greatly to nutrient dynamics (Meyer, 1979; Steinman & Boston, 1993). Bryophytes support high invertebrate densities (e.g. Percival & Whitehead, 1929; Suren, 1991) and enhance periphyton and detrital biomass (Suren, 1992), presumably by increasing surface area, while reducing nearbed water velocities and turbulence energy (Nikora et al., 1998). As such, aquatic bryophytes have important ecological roles in headwater streams, and may represent stable, persistent microhabitats in otherwise unstable ecosystems (but see Steinman & Boston, 1993 for evidence that some species have low flood resistance). As a result of their temporal persistence and resistance to grazing (Gerson, 1972; Suren & Winterbourn, 1991), bryophytes can be sampled at any time of the year without compounding influences of community changes caused by floods or life cycles. Thus they act as good integrators of antecedent conditions, and represent useful organisms in which to test ecological theory (During & van Tooren, 1987; Muotka & Virtanen, 1995).

Despite their obvious ecological importance, attempts at modelling bryophyte distribution-even conceptually-are in their infancy. Recent studies have reported the restriction of aquatic bryophytes to large, stable substrata (McAuliffe, 1983; Slack & Glime, 1985; Englund, 1991; Steinman & Boston, 1993), as a result of their slow recolonization rates after disturbances (Glime et al., 1979; Englund, 1991). In a broad-scale survey in New Zealand's South Island, Suren (1996) investigated the effects of macroscale (i.e. geology and land use), mesoscale (i.e. hydrology and water quality) and microscale (i.e. substrate size, localized flow type, streambed stability and stream slope) features on aquatic bryophytes. In a summary

model, he suggested that microscale variables, especially streambed stability, substrate size and slope appeared fundamental to the presence of bryophytes in streams. Macro- and mesoscale variables, such as geology, land use, hydrology and water quality by contrast, seemed to influence community type, although the number of low flow events also appeared central to the occurrence of bryophytes within a catchment. So far, however, this hierarchically scaled conceptual model is untested elsewhere.

The Himalayan mountains represent an ideal location in which to extend bryological studies, both to examine communities in their own right, and to test Suren's (1996) conceptual model. Streams here have a variety of inherent features that help test ecological models. They display pronounced environmental heterogeneity, occurring over an extreme altitudinal range $(300 - 5000 \text{ m})$ through which many taxonomic groups vary (Rundle, Jenkins & Ormerod, 1993; Ormerod et al., 1994; Suren, 1994; Rothfritz et al., 1997). Marked geological complexity and anthropogenic activities combine to cause intercatchment variations in stream chemistry. Stream geomorphology is also variable and dynamic, and there are marked variations in climate across latitudes and altitudes (Ormerod et al., 1994, 1997). The area is also characterized by high biodiversity and pronounced endemism (Shengji, 1996), reflecting its dynamic character, structural heterogeneity and situation on the borders of the Oriental and Palaearctic biogeographical regions.

This paper reports the results of an extensive ecological survey of Himalayan river bryophytes. A wide range of macro-, meso- and microscale data were collected through 3000 m of altitude, and \approx 900 km of latitude, allowing testing of Suren's (1996) model of bryophyte distributions against macro-, meso- and microscale variables in this heterogeneous environment.

Study area and methods

The Langtang, Simikot, Dunai and Makalu regions of Nepal provided all 108 sites for this work, and their catchment vegetation, climate and land use have been described previously (Ormerod et al., 1994; Rothfritz et al., 1997). Land uses were mostly low intensity, including rough seasonal pasture or subsistence crops of barley, wheat, millet and potatoes, with some

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terracing at lower altitudes. Most catchments still contain seminatural vegetation, however, including mixed or Sal (Shorea robusta) forest at low altitudes (350 m a.s.l.), pines at medium altitude, and scrub, alpine meadows and boulder fields at higher altitudes (to 4000 m). Streams in the four remote regions were surveyed during November and December 1994, and were all reached by teams each walking for $\approx 150-$ 200 km.

Chemistry. At each location, stream water was collected in a 100-mL syringe and filtered immediately through a 0.45-µm cellulose-ester membrane into two 50-mL high-density polyethylene bottles. One of these bottles was acidified immediately to 1% using high purity, concentrated HNO₃. Samples were transported to the U.K. and analysed 4-6 weeks after collection. Electrical conductivity, temperature and pH were measured in the field using portable meters. In the laboratory, the acidified sample was analysed for Ca^{2+} , Mg^{2+} , Na^{1+} , K^{1+} , Si^{4+} , Sr^{2+} , Ba^{2+} , Fe^{3+} , Mn^{4+} , ${SO_4}^{1-}$ and Al^{3+} using inductively coupled plasma optical emission spectrophotometry (ICPOES). The unacidified sample was analysed for $NO₃^{1–}, F^{1–}, Cl^{1–}$ and $PO₄³⁻$ using colorometric procedures. Sampling was timed to occur at least 2 months after the midsummer monsoon, under stable flow, so that antecedent chemical conditions experienced by bryophytes were likely to be faithfully reflected (Jenkins, Sloan & Cosby, 1995 and unpublished data).

Physical features. Stream width and maximum depth were measured at ten cross-sections, and slope measured with Abney levelling instruments over a 20 m reach. Streambed sediments were characterized by Wolman sampling (Wolman, 1954; Mosely, 1982), which involved sizing at least 100 randomly selected sediment particles per stream. The resultant substrate data were grouped into five qualitative size classes (Jowett et al., 1991): (i) bedrock (or material > 2056 mm that would rarely move during a flood); (ii) boulders $(256-2056 \text{ mm})$; (iii) cobbles $(64-255 \text{ mm})$; (iv) gravel $(10-63 \text{ mm})$; and (v) sand (< 10 mm). All substrate measurements were converted to a single substrate index (see Suren, 1996) such that: substrate $index = 0.08*$ bedrock% + 0.07* boulder% + $0.06*$ cobbles% + $0.05*$ gravel% + $0.04*$ sand%. Low values represented streams with smaller substrates, and high values represented streams with coarser substrate particles.

Streambed stability was assessed by the bottom component of the Pfankuch score (Pfankuch, 1975); a qualitative index which scores the degree to which substrate-moving spates occur and the likelihood of substrate movement during high discharge: the higher the score, the lower the stability. This score, or various modifications of it, has successfully been used to describe interactions between stream stability and invertebrate communities (Death & Winterbourn, 1994; Townsend, Doledec & Scarsbrook, 1997a), bryophyte communities (Suren, 1993, 1996), and retention of organic matter in forest streams (Trotter, 1990). Because the original score involves assessing fifteen variables in three regions (upper banks, lower banks and streambed), it measures environmental stability at a relatively coarse scale (i.e. the stream reach: Collier, 1992; Townsend, Doledec & Scarsbrook, 1997a). To assess the stability of a stream at a finer level, only the bottom component was used (see Winterbourn & Collier, 1987).

Catchment variables, including valley form, dominant catchment land use, channel form, flow type, bank structure and other aspects of habitat character over a 200 m reach at each site were assessed using a modified version of the U.K. Environment Agency's River Habitat Surveys (RHS; Buckton & Ormerod, 1997; Ormerod et al., 1997; Raven et al., 1997; see Table 1). Altitudes were determined on-site using altimeters precalibrated at locations of known elevation.

Bryophytes. Aquatic bryophyte cover was estimated along a 50 m reach at each site and assigned to one of six cover classes: $1 =$ absent; $2 =$ rare $(1-5\%)$; $3 = \text{occasional}$ $(6-25\%)$; $4 = \text{common}$ $(26-50\%)$; 5 = abundant (51–75%); 6 = extensive (>76%). Only aquatic bryophytes-those permanently submerged, or continually wetted by splash or spray-were included in this assessment. Representative samples of aquatic bryophytes were collected from a variety of microhabitats within the study reach in each stream to ensure that no taxa were missed. Samples were air dried and stored in plastic bags pending identification.

In the laboratory, all samples were rehydrated and washed free of accumulations of detritus/periphyton,

Table 1 Catchment and habitat details were assessed at all sites, with information collected on valley shape, channel form, flow type, land use and bank structure. All qualitative categories used in these assessments are given

and identified using regional keys of Gangulee (1969– 80), Vohra (1983), and Kattel & Adhikari (1992).

Statistical analysis. The survey reported here, gave data on bryophyte cover and taxonomic richness at each site, as well as information about physical variables (altitude, slope, Pfankuch stability score, substrate index), water quality [pH, conductivity, nutrients $(PO₄³⁻$ and NO₃¹⁻), and fourteen major anions/ cations] and catchment variables (valley form, channel form, flow type, dominant land use and bank structure). This represented a large dataset of both quantitative (physical and water quality) and semiquantitative (physical variables) data. To simplify this dataset, a principal components analysis (PCA) was performed on data for all anion/cations and data for catchment variables. Catchment data were essentially ordinal in nature, with four classes for each land use type, ranging from 'absent' to 'extensive'. The use of ordinal data in this way parallels their use in modern logit regression, or as dummy variables in multiple regression, and is acceptable in PCA (Hair et al., 1995; Jongman, ter Braak & van Tongeren, 1995). Resulting gradients from the PCA of anion/cation data from all streams were expressed as CHEMISTRY1 and CHEM-ISTRY2, while PCA gradients for catchment variables were expressed as CATCHMENT1 and CATCH-MENT2.

All bryophyte data were ordinated by DECORA-NA to produce information on beta diversity (i.e. changes in diversity along environmental gradients; Whittaker, 1973) in bryophyte communities, represented by the DECORANA scores for each sample. Following this, all environmental data were correlated with the DECORANA scores to assess which variables might influence bryophyte community composition.

Many of the environmental variables identified by Suren (1996) as influencing bryophyte distribution in New Zealand streams were measured in this survey. Relationships between these variables and bryophyte communities in the Nepalese streams were therefore examined to see whether Nepalese bryophyte communities might be controlled by similar variables. All streams were classified by TWINSPAN into groups of similar environmental conditions, on the basis of physical variables (altitude, slope, Pfankuch stability score, substrate index, width and depth), water quality (pH, conductivity, CHEMISTRY1 and CHEMISTRY2) and catchment variables (CATCHMENT1 and CATCHMENT2). Variables were first standardized by ranks prior to the TWINSPAN analysis. Differences in all physicochemical variables between TWINSPAN groups were assessed by ANOVA, with post hoc Tukey's tests, corrected for unequal sample sizes, being used to assess pairwise differences.

Table 2 Streams (108) were surveyed from four geographically distinct areas in Nepal, two regions in western Nepal (Simikot and Dunai), one region in north-central Nepal (Langtang region) and the Makalu region in eastern Nepal. Streams in these regions differed with respect to their altitude, physical nature (e.g. slope, stability, size) and chemistry ($x \pm 1$ SD). The calculated *F*-ratio for each variable is also shown, as are the results from the post hoc Tukey's test; different letters denote which variables are statistically similar to each other $(P > 0.05)$; NS, not significant

Variable	Dunai $(n=20)$	Langtang $(n=23)$	Makalu $(n=33)$	Simikot $(n=32)$	F-ratio
Altitude (m)	$3087 \pm 487^{\rm A}$	$2430 \pm 666^{\rm B}$	1212 ± 4739 ^C	$2222 \pm 418^{\rm B}$	40.42
Slope $(°)$	$16 \pm 9^{\rm A}$	$15 + 9^{\rm A}$	$11 + 6^{\rm A}$	$8 + 5^B$	5.39
Width (m)	1.2 ± 0.9 ^A	2.0 ± 0.9 ^A	$6.8 \pm 6.4^{\rm B}$	$2.6 \pm 2.2^{\rm A}$	9.67
Depth (cm)	$11 \pm 13^{\rm A}$	$17 \pm 14^{\rm A}$	$36 \pm 45^{\rm B}$	$22 \pm 17^{\rm A}$	4.25
PH	$8.1 \pm 0.4^{\rm A}$	$7.9 \pm 0.4^{\rm A}$	$7.3 \pm 0.5^{\rm B}$	$7.7 \pm 0.6^{\rm A}$	10.50
Conductivity $(\mu S \text{ cm}^{-1})$	$128 \pm 49^{\rm A}$	$60 \pm 53^{\rm B}$	39 ± 28^{B}	$137 \pm 124^{\rm A}$	11.69
Pfankuch stability	41 ± 6	37 ± 9	38 ± 9	35 ± 10	NS
NO_3 (g m ⁻³)	0.116 ± 0.188	0.098 ± 0.066	0.277 ± 0.690	0.175 ± 0.163	NS

Differences in bryophyte communities between the resultant TWINSPAN groups were next assessed. Differences in taxon richness between groups were assessed by ANOVA, whereas the Kruskal-Wallis test was used to assess differences in bryophyte cover. Differences in species composition in each of the TWINSPAN groups was also examined by calculating the mean DECORANA axis 1 scores for each group. Because ordination scores are not independent of each other, ANOVA for this analysis was invalid. Ordination scores were presented only to show whether there was any trend in differences in community composition between the TWINSPAN groups, but it is acknowledged that such trends could not be statistically validated.

The percentage occurrence of the most common bryophyte taxa (i.e. those collected more than seven times) in each TWINSPAN group was examined to assess whether their distributions differed between groups. As only the percentage occurrence of each species between TWINSPAN groups was being compared, it was not possible to assign a statistical significance level to the data, but, instead, any large, obvious trends were reported.

Suren (1996) suggested that New Zealand streams had to be of a minimal 'stability threshold' before bryophytes occurred. Furthermore, he showed that streams without bryophytes differed from streams with bryophytes in certain macro-, meso- and microscale variables. This observation was also tested in the Nepalese streams by assigning all streams a priori to bryophyte cover classes. ANOVA was used to determine whether environmental variables differed

between streams with and without bryophytes, and between streams supporting different bryophyte cover.

Finally, the relative strengths of physicochemical variables putatively influencing DECORANA ordination scores, bryophyte cover classes and taxonomic richness were investigated by stepwise regression analysis. All variables were first examined for colinearity, and stream slope was removed, as it was highly correlated with seven of the ten variables.

Results

Physicochemical conditions

Stream altitudes ranged from 350 m to 4000 m; those in the Makalu region were generally lower than in the Langtang or Simikot regions, while the highest streams were in Dunai (Table 2). Stream gradient was lowest in the Simikot and Makalu regions, and greatest in Dunai and Langtang. The largest streams were sampled in the Makalu area. These streams also had the lowest pH and conductivity (Table 2). Stability of streams in each region was similar. Concentrations of $PO₄³⁺$ were mostly below detection (0.02 g m^{-3}) and therefore were not considered in further analyses. Concentrations of $NO₃⁻$ were higher in streams draining the Makalu region and lowest in streams draining the Langtang region, although these differences were not significant (Table 2).

The first two axes in PCA of the anion/cation data explained 47% of the variation in sample spread. On

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the basis of factor loadings (Table 3), high CHEMIS-TRY1 scores represented high concentrations of SO_4^2 and base cations, whereas low CHEMISTRY1 scores indicated high concentrations of Al^{3+} and F^{1-} . High CHEMISTRY2 scores represented high concentrations

Table 3 Pearson correlation coefficients (r) of factor loadings for the water anion/cation data on axes 1 and 2 of the principal components analysis (PCA) (called CHEMISTRY1 and CHEMISTRY2). * indicates those variables where concentrations were significantly correlated to the PCA factor loading scores $(P < 0.05)$

Anion/cation	CHEMISTRY1	CHEMISTRY2
Ca^{2+}	0.250 (*)	0.016
Sr^{2+}	0.259 (*)	-0.073
Al^{3+}	-0.249 (*)	0.093
Ba^{2+}	0.185 (*)	0.013
Mn^{2+}	0.178 (*)	-0.024
SO_4^{1-}	0.149 (*)	0.123 (*)
Na^{1+}	-0.063	0.319 (*)
K^{1+}	0.051	0.277 (*)
Cl ^{1–}	-0.060	0.287 (*)
Mg^{2+}	0.105 (*)	0.147 (*)
$Si4+$	-0.028	0.121 (*)
F^{1-}	-0.088 (*)	0.113 (*)
Fe^{3+}	0.124 (*)	-0.030

of electrolytes such as Na⁺, Cl⁻, K⁺, Mg²⁺, SO₄²⁻, and also Si^{4+} and F^{1-} (Table 3).

The first two axes of the PCA of catchment data explained 57% of the variation in sample spread. Correlations of each variable with the PCA scores showed that channel variables were negatively correlated, and land use and flow variables positively correlated, with CATCHMENT1 scores. Samples with high CATCHMENT1 scores were from turbulent natural streams flowing through relatively unmodified valleys (Table 4). Samples with low CATCH-MENT1 scores were from modified streams flowing through catchments where land use changes were quite apparent. Bank structure and dominant flow were positively correlated with CATCHMENT2 scores, while valley form and land use were negatively correlated (Table 4). Streams with high CATCH-MENT2 scores thus flowed through terraced catchments where stream channels had been modified, dug or dammed, and where water flow was not turbulent (Table 4). Streams with low CATCHMENT2 scores were from catchments dominated by coniferous forest or alpine vegetation in natural valleys, and had pristine channels characterized by torrential water flow.

Table 4 Factor loadings for the semiquantitative data that described catchment and stream conditions were correlated to the principal components analysis (PCA) scores (CATCHMENT1 and CATCHMENT2). The table shows those variables that were significantly correlated with the PCA factor loading scores (P < 0.05), and shows what variables were indicative of samples with high or low PCA scores

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Bryophyte communities

Of 108 streams surveyed, thirty-one contained no bryophytes. A total of fourty-four taxa were identi fied, with a maximum of seven at any one site. Mosses were dominant (thirty-eight taxa), while only six liverwort taxa were collected. The most diverse genera were Fissidens and Rhynchostegium (five species each) and Philonotis (four species each).

The most common plants collected were the mosses Rhynchostegium riparioides, Fissidens grandifrons and Eurhynchium praelongum, which were found in thirty-three, twenty-seven and twentythree streams, respectively. Almost one-third of all plants collected were found at only one stream.

Community composition: DECORANA analysis

DECORANA axes 1 and 2 explained 77% of the variation in species sample spread explained by the first three axes, with axis 1 explaining 46%. DECORANA axis 1 scores were strongly negatively correlated with altitude, CHEMISTRY1 scores (i.e. base status), conductivity and slope, but they were positively correlated with the Pfankuch stability score (Table 5). Three bryophyte taxa declined significantly along DECORANA axis 1, suggesting that they were more common in the higher altitude and base-rich sites; five bryophyte taxa increased significantly along DECORANA axis 1 (Table 5), suggesting that these taxa were restricted to the lower, base-poorer sites, predominantly in the Makalu region.

Bryophyte communities: TWINSPAN analysis

DECORANA implicated altitude, stability and water quality in regulating bryophyte community structure, and these results were generally corroborated by TWINSPAN on physicochemical attributes.

TWINSPAN revealed four distinct groups of sites after two divisions. Groups 1 and 2 were from small, high altitude streams with steep slopes and of intermediate stability (Fig. 1a,b,e). They had moderate-low CATCHMENT2 scores (Fig. 1f), suggesting that they generally drained catchments with little modification (Table 4). They were the most alkaline streams, had high CHEMISTRY1 scores and high conductivity (Fig. 1g,h,i). Bryophyte cover, and taxonomic richness were relatively high, and DECORA-NA scores low (Fig. 2).

TWINSPAN group 3 streams were assessed as being the most stable (Fig. 1e). They drained moderately low catchments (Fig. 1a) and flowed through generally unmodified catchments (i.e. had lowest CATCHMENT2 scores; Fig. 1f). Their stream channels were unmodified, generally steep, shallow and narrow (Fig. 1b,c,d). They had the lowest pH, CHEMIS-TRY1 scores and conductivity (Fig. 1g,h,i), indicating low base-richness but modestly elevated Al^{3+} concentrations. Bryophyte cover and taxonomic richness were highest in these streams (Fig. 2). DECORANA scores were also high, indicating strong differences in community from TWINSPAN groups 1 and 2 (Fig. 2).

Streams in TWINSPAN group 4 had the lowest altitudes, and were generally low gradient, wide and deep (Fig. 1a-d). They had high Pfankuch scores,

Table 5 Pearson correlation coefficients (r) of measured environmental variables and bryophyte species to DECORANA ordination scores of bryophyte communities encountered in the streams. Only significant correlations to DECORANA axis 1 scores are shown $(P < 0.05)$

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Fig. 1 TWINSPAN analysis of the 108 streams produced four discrete groups. Streams within these groupings differed significantly ($P < 0.05$) with respect to many variables: (a) altitude $(F_{3,104} = 32.61)$; (b) slope, $(F_{3,104} = 12.36)$; (c) depth $(F_{3,104} = 16.79)$; (d) width $(F_{3,104} = 14.11)$; (e) Pfankuch stability $(F_{3,102} = 7.29)$. Streams in each TWIN-SPAN group also differed with respect to (f) land use, as expressed as CATCHMENT2 $(F_{3,104} = 16.25)$, respectively); (g) pH $(F_{3,104} = 23.81)$; (h) base richness, expressed as CHEMISTRY1 ($F_{3,104}$ = 17.67); and (i) conductivity $(F_{3,103} = 18.51)$. Letters above each group indicate that they were not significantly different to each other (Tukey's test; $P > 0.05$).

suggesting physical instability (Fig. 1e). Streams in this group had the highest CATCHMENT2 scores, suggesting that they were characterized by terraced agriculture, and had mainly non-turbulent flows. They also had a high pH and conductivity (Fig. 1g,i). Bryophyte cover and richness were the lowest of any streams (Fig. 2), but high DECORANA scores suggested that these streams supported similar bryophyte communities to streams in TWINSPAN group 3.

Species distribution patterns

Out of eleven taxa widespread enough for analysis, five were collected mostly from streams in the high altitude, intermediately stable and base-rich TWIN- $SPAN$ group 1 (Table 6). Of these five, the moss Hygroamblystegium tenax was also common in group 2 (Table 6), where it occurred with the congeneric H. obtulosum. Five different taxa were common in streams in group 3, but none was most common in streams in group 4, and four taxa were not found in these streams (Table 6).

Four taxa, Rhynchostegium riparioides, Fissidens grandifrons, Eurhynchium praelongum and Mnium punctatum were found in all TWINSPAN groups, although - with the exception of M . p unctatum $-$ much less frequently in groups 3 and 4 than in groups 1 and 2 (Table 6).

A priori bryophyte cover classes

Of all measures related to bryophyte cover, the most obvious was a relationship with Pfankuch stability

Fig 1 Continued

score, with cover increasing with increasing stability (Fig. 3).

Otherwise, there were only subtle differences in physicochemistry between cover classes. Larger streams generally did not support bryophytes, which were restricted more to smaller streams (Fig. 3). Streams with little (or no) bryophyte cover were wider, deeper, lower in elevation, and less steep than streams where bryophytes were common (Fig. 3).

Stepwise regression analysis

Among the variables correlating with DECORANA axes scores (see Table 5), stepwise multiple regression showed that altitude, Pfankuch stability score, and CHEMISTRY1 could explain a highly significant 60.7% of the variance in ordination spread (Table 7).

Over 65% of the variance in bryophyte cover was explained by Pfankuch stability rating, CATCH-MENT2, altitude, substrate index and CHEMISTRY1 scores, with all these variables having significant effects on cover values.

For taxonomic richness, however, altitude (positive effects) and Pfankuch stability (negative effects) explained only 15.8% of the variation in sample spread (Table 7). Examination of scatterplots of these

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variables against bryophyte richness showed curvilinear responses, where richness appeared higher at sites of moderate altitude and stability (Fig. 4). This curvilinear response may explain the low explanatory power of the regression model.

Discussion

Overall trends in distribution

This study highlights the importance of altitude and streambed stability to aquatic bryophyte communities in Nepal. These two variables were the most important predictors for community composition and taxonomic richness, and were among the three most important predictor variables for bryophyte cover. The study showed that bryophyte cover was greatest in streams at moderately low and at high altitudes and that richness increased significantly but weakly with altitude, and that the highest richness occurred at sites of moderate-low altitude. Water quality and catchment variables were also implicated as influencing bryophyte communities, but their effects appeared secondary.

The influence of altitude on bryophyte communities confirms previous similar observations of

Fig. 2 Streams in the defined TWINSPAN groups had significantly different ($P < 0.05$) bryophyte cover ($H_{3,104} = 29.39$), taxonomic richness $(F_{3,104} = 5.31);$ conventions as in Fig. 1. Note also that streams in groups 1 and 2 had much lower DECORANA scores than streams in groups 3 and 4.

Table 6 Streams in the different TWINSPAN groups supported different species assemblages. The table shows the relative percentage occurrence of eleven common taxa in streams in each of the four TWINSPAN groups

altitudinal trends in benthic invertebrates and periphyton in Himalayan streams (Rundle et al., 1993; Ormerod et al., 1994; Suren, 1994). In particular, the results reported here were similar to those of Ormerod et al. (1994), who reported a curvilinear response of bryophyte cover and taxonomic richness with altitude. They observed highest bryophyte richness and cover in moderately high streams, but found that both taxon richness and cover decreased with increased altitude. This was attributed to scouring from anchor ice and possible abrasion from glacial flour, and indeed both anchor ice and abrasion from suspended sediments are well known to be detrimental to bryophytes (Glime, 1970; Lewis, 1973; Muotka & Virtanen, 1995).

Ormerod et al. (1994) also reported a decline in richness and cover with decreasing altitude in the Langtang-Likhu Khola region of Nepal, such that streams below 1000 m supported the fewest bryophytes. A similar pattern was found in this study,

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Fig. 3 Relationships between a priori defined bryophyte cover classes, and (a) stream altitude $(F_{4,102} = 4.55)$; (b) stream slope $(F_{4,102} = 3.25)$; (c) stream depth $(F_{4,102} = 5.91)$; (d) stream width $(F_{4,102} = 7.84)$; (e) Pfankuch stability $(F_{4,102} = 15.91)$; conventions as in Fig. 1.

Table 7 Stepwise multiple regression analysis of bryophyte community composition (as expressed as DECORANA axis 1 scores), cover and taxonomic richness against measured physicochemical parameters from the 108 streams. Significant ($P < 0.01$) values for the resultant regression model for each equation are also given

Variable	Coefficient	t-value	P -value	F-value
DECORANA scores $(n = 77, r^2 = 0.607)$				
Altitude	-0.108	-6.290	0.001	
Stability	-3.753	-2.536	0.014	
CHEMISTRY1	-29.765	-2.536	0.015	
Substrate index	-1.698	-1.177	0.245	17.08
Taxonomic richness $(n=108,r^2=0.158)$				
Altitude	0.001	3.637	0.001	
Stability	-0.043	-2.309	0.023	9.64
Bryophyte cover $(n = 108, r^2 = 0.651)$				
Stability	-0.809	-7.613	0.001	
CATCHMENT2	-0.313	-3.468	0.001	
Altitude	-0.013	2.859	0.006	
Substrate index	-0.031	-2.437	0.018	
CHEMISTRY1	-0.525	-2.133	0.037	19.28

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Fig. 4 Relationships between bryophyte taxonomic richness and stream altitude and Pfankuch stability in the 108 streams surveyed. Note the curvilinear response of richness to these variables (fitted by LOWESS: Wilkinson 1990), where maximum richness appeared at sites of moderate altitude and stability

where bryophytes were either absent, or where a few taxa occurred rarely in low altitude streams. Similar distribution patterns are common in many other countries (e.g. England: Haslam, 1978; U.S.A.: Sheath et al., 1986; New Zealand: Suren, 1991), and may reflect the lack of sufficient free $CO₂$ in these non-turbulent lowland streams for the plants to photosynthesize (Bain & Proctor, 1980; Allen & Spence, 1981).

The exact concentrations at which $CO₂$ influences individual bryophytes still requires research. Free CO2 as a carbon source for bryophyte photosynthesis might, theoretically, be limiting in these slightly alkaline streams (mean $pH7.7$, range 6.3–8.8). The higher values in this range reflect the widespread occurrence of waters where cations are dominated by Ca^{2+} and Mg^{2+} ions, in turn a reflection of local geology. Calculations of the partial pressure of $CO₂$ ($PCO₂$) from Himalayan streams have shown that $PCO₂$ ranged from one to ten times that of atmospheric pressure at pH ranges of 7.0-8.0, although the average $PCO₂$ in this pH range was nearer to 101–303 kPa (Johnson et al., 1998). This probably reflects groundwater contributions. Although degassing of excess $CO₂$ in these high altitude, turbulent streams would quickly lower the $PCO₂$ in water, it is clear that these plants were still able to grow and photosynthesize in the calcareous streams encountered. It would however, be interesting to see whether low $PCO₂$ in some of the high altitude streams was responsible for influencing some of the observed distribution patterns.

Lowland streams such as those in the Makalu region also had finer substrates, and a high ratio of water depth to substrate size. Substrate movement in these systems is thus likely to be more common, reflecting their greater stream power (Muotka $&$ Virtanen, 1995; Suren, 1996). Under these unstable conditions, bryophytes are not expected to occur.

Some nutrient concentrations at lower altitudes in Nepal are higher than in headwater streams, reflecting increased catchment modification and increased human population at lower altitudes (Ormerod et al., 1994). Under such eutrophic conditions, benthic algae may proliferate, smothering bryophytes and leading to their eventual loss (Miller, 1990; Suren, 1996). The results obtained by the present study showed that $NO₃$ concentrations in the streams had little effect on bryophyte communities. Nitrate concentrations were similar in all TWINSPAN groups, and were not correlated to any of the ordination scores. Bryophyte cover was related to CATCHMENT2 scores, and bryophytes were more common in natural valleys with predominantly coniferous or alpine land use, and in streams where torrential flows and riffle-pool morphology were common. Streams in terraced valleys where the channel had been dug or modified supported little or no bryophytes. Absence of these plants in such streams is unlikely to reflect nutrient enrichment, and more probably reflects alteration to the stream's physical nature.

Water quality other than nutrients appeared to influence bryophyte distributions, as streams with

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Table 8 Comparison of results that examine the interactions of macro-, meso- and microscale variables on aquatic bryophytes in streams in New Zealand (Suren, 1996) and Nepal (this study). The table shows which variables were related to bryophyte presence/absence or community structure $(\sqrt{)}$, and which variables had no apparent relationship to bryophytes (\times) in each study. Some variables such as geology, hydrology and water nature were not examined by comparable methods between the two studies, so their effects on bryophyte communities are unknown (but see footnotes)

^{+Suren} (1996) suggested that geology influenced the erosion potential of rocks, and that streams dominated by easily eroded material did not support bryophytes. In the present study, streams were not classified into similar erosion groupings, so direct comparisons could not be made. However, it was found that bryophyte communities were influenced by base-richness, itself geologically derived.

‡None of the streams in Nepal were gauged, so the effects of high and low flows on bryophytes could not be ascertained. The present authors believe, however, that the fundamental hydrological differences between these two countries helps shape bryophyte communities.

§Water nature was not directly included in this study, but all bryophytes were collected from fast flowing, highly turbulent areas. As such, this gave the same result as in Suren (1996).

high base-cation concentrations (i.e. high CHEMIS-TRY1 scores) supported different bryophyte communities than streams with low base-cations. Vitt, Glime & LaFarge-England (1986) also found that bryophyte distributions in eleven streams in the Canadian Rocky Mountains were correlated with Ca^{2+} ions. Streams draining the eastern Rockies flow over dolomitic rock (MgCO₃,CaCO₃), and support different bryophyte communities than streams draining the western Rockies, which flow over non-calcareous sediments. Geological differences have also been implicated in influencing algal communities in Nepal (Jenkins et al., 1995).

Assessing a descriptive model for bryophyte distributions

This survey examined many of the variables identified by Suren (1996) as important in regulating bryophyte distribution patterns in New Zealand streams (Table 8). While some similarities existed between results of the present study and those in New Zealand, differences were also apparent.

Altitude had a pervasive influence on bryophyte distributions in both New Zealand and in Nepal (Table 8), despite the obvious differences in the altitude ranges. In both countries, bryophytes were less common, or absent in low altitude streams. Bryophyte community composition in Nepal was also structured by altitude, whereas this variable had only a very weak influence on species composition in New Zealand streams (Suren, 1996).

Geological influences on bryophyte distributions in New Zealand were examined by assigning different rock types to one of five 'erosion classes', based on their resistance to fluvial erosion (Suren, 1996). Bryophytes were generally absent from catchments dominated by easily eroded rocks, such as weakly indurated sedimentary rocks (e.g. mudstone, siltstone, conglomerate). Base geology also appeared to influence community composition. Mosses were common in catchments composed of strongly indurated sedimentary rocks (e.g. argillite, sandstone, greywacke) and igneous rocks (e.g. pyroclastics, lavas, plutonics and ultramafics); these were relatively resistant to erosion. Liverworts were most common in streams dominated by igneous and metamorphic rocks (e.g. schist, gneiss, marble), which had a very low erosion index. Geological differences in Nepal were not directly examined, so a similar comparison cannot be made. As in the New Zealand study, it is assumed that differences in rock erodability exist between the different rock types encountered, so this may have played a role in structuring bryophyte communities. Geology is also known to influence base-richness, and results of the present study showed that community composition (as ordination scores) was correlated to base richness (expressed as CHEMISTRY1 PCA scores).

Dominant catchment land use regulated both bryophyte presence/absence, and community composition (of eighty-three taxa) in New Zealand streams (Table 8). Streams that flowed through modified catchments were generally devoid of bryophytes, whereas streams that flowed through pasture, tussock or beech often supported mosses (Suren, 1996). Liverworts appeared much more sensitive to catchment modification, and were primarily found in unmodified catchments dominated by beech and tussock. Bryophyte distributions in Nepal were regulated by CATCHMENT2 scores, where cover was least in heavily modified terraced catchments, and greatest in unmodified catchments. As such, this is a similar result to that found by Suren (1996) in New Zealand, but community composition in Nepal appeared largely unaffected by land use.

Many of the streams in Suren's 1996 survey were from gauged catchments, so the influence of stream hydrology in bryophyte communities could be assessed (Table 8). Low flow events were seen to have a major negative impact on bryophytes, as these plants were generally absent from streams with sustained periods of low flow. High flow events appeared to influence community composition, as liverworts were more common in streams that had a high catchment yield and frequent floods. The influence of stream hydrology on Nepalese bryophytes remains untested, as no flow records were available. Fundamental differences exist in the timing and frequency of rainfall events between the two countries. Rainfall episodes in New Zealand are generally short lived, and spread evenly, but unpredictably over the year, whereas rainfall in Nepal is strongly seasonal, with longterm periods of both high and low flow events. These fundamental differences in stream hydrology may have profound effects on the structure of stream communities in these two countries, especially given the importance of stream hydrology to benthic communities (e.g. Minshall, 1988; Poff & Ward, 1989; Clausen & Biggs, 1997).

Water quality in the New Zealand streams was variable, with dissolved reactive phosphorus concentrations up to $32 \,\mathrm{mg\,m}^{-3}$ and NO_3^{-1} -concentrations up to 1.2 g m^{-3} . These concentrations are higher than in the present survey, and may reflect the effect of more intensive agriculture on some New Zealand streams. Bryophytes were generally absent from streams with high N concentrations, and mosses were common in streams with high P concentrations, in contrast to liverworts, which were restricted to nutrient-poor waters (Suren, 1996). In contrast to New Zealand, bryophyte distributions in Nepal appeared independent of stream nutrient status.

Suren (1996) reported that bryophytes were more common in stable than unstable streams, but that there were no differences in stability between streams supporting different bryophyte communities (Table 8). The present study also found that bryophytes were more common in stable streams. However, it was found that bryophyte community composition was related to stability. Taxa such as Isopterygium, Philonotis and Lejeuneaceae were more common in unstable streams, while Eurhynchium, Hygroamblystegium and Bryum were more common in stable streams.

The results reported here reflect those of Muotka & Virtanen (1995), who examined community composition of bryophytes in north-eastern Finland. They found that frequently disturbed sites were dominated by small, potentially fast colonizing bryophytes such as Blindia, while stable sites were dominated by large, perennial species such as Fontinalis. Disturbance in their study was related

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either to substrate movement or water level fluctuations, as they sampled both aquatic and semi-aquatic bryophytes. The present survey was restricted to submerged bryophytes only, and so could only consider streambed stability, as assessed by the Pfankuch score.

Stability is a consequence of substrate size, and the propensity for substrates to move during high discharge. In New Zealand, streams without bryophytes had smaller substrates than streams with bryophytes (Suren, 1996), yet it was found that substrate size was similar in all the Nepalese streams, irrespective of bryophyte cover. Although substrate size is often equated with stability (Carling, 1983; Komar, 1988; Townsend et al., 1997a,b), this may not always be the case. Large particles protrude more into the water column and are thus subject to higher velocities and turbulent shear stress than small particles, which may lie in hydrologically quiescent areas of the streambed. Additionally, large particles become mobile when random, high-energy turbulent eddies hit them, so the longer a stream is in flood stage, the more likely this is to occur. Flow regimes in New Zealand and Nepal are very different, with New Zealand streams characterized by frequent, unpredictable, short-lived floods, and Nepalese streams characterized by long, seasonal increases in discharges as a result of monsoonal rainfall. The longer flood durations in Nepalese streams would thus increase the likelihood of a particular substrate element in being moved by random, high energy, turbulent eddies. Since even large particles - up to several metres in diameter-are sometimes moved during monsoonal floods (S. J. Ormerod, personal observation), the presence of large particles in Himalayan streams does not necessarily equate with extra stability.

The highly predictable pattern of monsoonal rainfall, and resultant regular hydrographs may, however, provide an alternative explanation as to why substrate size appeared unimportant for bryophytes in the state of the state of the state in the state of the state in the state in the state of the state in the state of Nepalese streams. Aquatic bryophytes are intolerant of desiccation (Kimmerer & Allen, 1982; Glime & Vitt, 1984) and so would be absent from streambed material that becomes exposed during the winter low flows. Differences in water level would be expected to be more pronounced on larger boulders, and if these become exposed during the

winter low flow, aquatic bryophytes would not be able to colonize them successfully.

Finally, streambed slope was identified by Suren (1996) as important for aquatic bryophytes in New Zealand (Table 8), with bryophyte cover increasing with increasing slope. A similar trend was observed in the present study. However, a decline in bryophyte cover in very steep streams was observed, reflecting either a decline in streambed stability, or the loss of continually submerged areas of the streambed.

Macroscale and mesoscale variables in New Zealand streams appeared to influence both the presence of aquatic bryophytes in streams, and the resultant community (Suren, 1996). Similar patterns were found in the study reported here, although land use played a less important role than in New Zealand. Not surprisingly, altitude was more significant in structuring bryophyte communities in Nepal than in New Zealand, reflecting the much greater altitude range and the number of altitude-related variables. Additionally, with the exception of substrate size, all microscale variables examined by Suren (1996) were implicated in regulating the presence of bryophytes in the Nepalese streams. Subtle differences in how these might influence bryophyte communities in Nepal were evident, as streambed stability had no influence on bryophyte community composition in New Zealand, but correlated strongly with communities in Nepal.

From the results given here, it is clear that the summary model presented by Suren (1996) for New Zealand bryophytes is generally valid for Nepalese aquatic bryophytes, despite the greater heterogeneity in Nepal. Differences between the behaviour of bryophyte communities in the two countries with respect to stability and substrate size can be explained by the fundamental differences in the hydrological regimes of the two countries, and the possibly greater stream power of the Nepalese streams during the monsoon.

A habitat template for Nepalese bryophytes

The above results enabled development of a conceptual habitat template for bryophytes in Nepalese streams. On the basis of the TWINSPAN and DECORANA results, altitude and streambed stability were identified as the major axes on this template (Fig. 5), although other secondary environ-

Fig. 5 Conceptual habitat-template model of the TWINSPAN groups (roman numerals) showing their position on the altitude-stability axes. Bryophyte cover and richness varied between these groups, as did the distribution patterns of common taxa, some of which were restricted to particular TWINSPAN groups, while others were found in all streams.

mental gradients such as conductivity, pH, CHEM-ISTRY1 and CATCHMENT1 were also identified. These variables showed a high correlation with altitude, and so are represented on the same axis. Although altitude (and related variables) is thought to be the dominant variable for aquatic bryophytes in these streams, stability was also of major importance, yet the two were not correlated. This variable thus forms the secondary axis of the habitat-template model.

Bryophyte cover was least in low altitude streams, which were also the least stable. Cover was highest in streams at a moderate altitude, which were also the most stable. Streams at higher altitudes were less stable and so supported fewer bryophytes. Notwithstanding any effects of altitude, the effects of streambed stability in these streams were the same as predicted by both Muotka & Virtanen (1995) and Suren (1996). The model shows how bryophyte communities changed with respect to both altitude and stability, confirming observations by Ormerod et al. (1994), of the importance of altitude, and by Muotka & Virtanen (1995), of the importance of stability to bryophytes.

Some taxa, such as Isopterygium distichaceum and Lejeunaceae were restricted to lower sites, where they were more common in stable streams. Other taxa, such as Rhynchostegium vagans and Hygroamblystegium obtulosum, were restricted to only high altitude streams. Three taxa, Fissidens grandifrons, Rhynchostegium riparioides and Eurhynchium praelongum, were notable in their broad distribution across a wide range of both altitude and stability (Table 6 and Fig. 5), and indeed were collected the most. The widespread distribution of F. grandifrons in Nepal mirrors the distribution of F. rigidulus in New Zealand, where it was found in almost half of the 118 streams surveyed throughout the South Island. These two species of Fissidens must have broad niches, and efficient means of reproduction and dispersal to explain their ubiquitous distribution patterns in these highly dynamic environments.

Traditional plant theory predicts that stable environments will be dominated by large, long-lived perennial species that rely mainly on asexual reproduction, whereas more disturbed environments would be dominated by smaller, short-lived 'shuttle' species that regularly produce spores (During, 1979; Grime, Rincon & Wickerson, 1990). It is interesting to note that sporophyte production in F. rigidulus is relatively rare (Suren, 1996; personal observation), as is also the case with F. grandifrons (Hill, 1902). These species presumably rely on vegetative propagation. The widespread occurrence of these vegetatively propagating plants throughout these two countries, where disturbance by substrate movement is common, suggests that importance of sexual reproduction in unstable environments (e.g. Muotka & Virtanen, 1995) may not be as relevant for aquatic bryophytes as is commonly assumed.

Intuitively, sexual reproduction in an unstable, high-energy stream environment would be difficult. High flows could cause high suspended sediment levels, which can reduce antheridia and archegonia formation (Lewis, 1973). Fertilization may also be difficult, especially on dioecious plants where high currents may wash sperm away from the separate female plant. Sporophyte production, successful release of spores, their subsequent entrapment in a suitable place, and their germination to form protonema and then a new gametophyte, would be difficult in highly disturbed environments such as the Himalayas. Vegetative reproduction, however, only requires a plant fragment to lodge in a suitable area for a time sufficient to enable rhizoid production to occur (\approx 2 months; Glime *et al.*, 1979).

Flow regimes in New Zealand are unpredictable, so sexual reproduction is unlikely. Although it is possible that sexual reproduction in Nepal could be common, especially given the highly predictable flow regimes, and the existence of a definite seasonal window for reproduction, the rarity of fruiting plants among the material collected, however (A. Suren, personal observation) suggests that this may not be the case.

Although results of the present study imply that vegetatively dispersing plants are ubiquitous throughout Nepal and other unstable areas, more studies are needed to see whether reproductive strategies for aquatic bryophytes do indeed match those predicted by traditional theory. Alternatively, populations of the same species may use different reproductive strategies in habitats of different stability.

Bryophyte communities in the Nepalese Himalayas are regulated mainly by altitude (and variables related to altitude) and stability. It has also been shown that the summary descriptive model developed by Suren (1996) to explain bryophyte distributions in New Zealand is relevant in this heterogeneous environment, although some discrepancies occur. Altitude appears to play a much more important role in these Nepalese streams than in New Zealand, and so this forms a major axis of the habitat-template model. As predicted by Suren (1996) and Muotka & Virtanen (1995), stability is also fundamental to the occurrence of bryophytes within Nepalese streams and forms the second axis of the template. Species distributions vary in apparently consistent patterns along these two axes, although some species appear to have wider distributions than predicted by traditional ecological theory, based on reproductive strategy. An improved knowledge of the ecology and life cycles of the common species encountered would provide valuable information and help in terms of developing a clearer understanding between species traits and their relationship to the habitat-template that has been proposed for these plants.

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