# *Review Article* Heterogeneous responses in hepatocellular carcinoma: the achilles heel of immune checkpoint inhibitors

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Abstract: Treatment of patients with hepatocellular carcinoma (HCC) remains a serious challenge due to high heterogeneity and limited treatment options. In the past few decades, immune therapy, especially immune checkpoint therapy, has become an alternative option for the treatment of malignancies including HCC. Immune checkpoint inhibitors (ICIs) have raised attention because of their significant antitumor effect and low toxicity. However, such immunotherapy fails to be responsive in a major proportion of patients with HCC. Recent studies suggest that failures in antigen presentation, an impaired immune microenvironment, alterations in immune checkpoint molecules and immune-suppressive cells are responsible for the heterogeneous responses and resistance. Based on the specific characteristics above, we proposed a model stratifying patients with HCC into two subtypes that could predict response or resistance to ICI. Furthermore, supplementing ICIs with agents targeting the microenvironment could achieve an increased response rate, which is a step forward in precision treatment for HCC. In addition, emerging studies have revealed that liver transplantation, epigenetic drugs and other novel strategies also provide synergistic effects with ICIs in the treatment of HCC.

Keywords: Hepatocellular carcinoma, immune checkpoint inhibitors, resistance, combination therapy

#### **Background**

Liver cancer was the sixth most commonly diagnosed cancer and the fourth leading cause of cancer-related deaths worldwide in 2018 [1]. Among all liver cancer cases, hepatocellular carcinoma (HCC) constitutes 75-85%. The main risk factors for HCC have been well demonstrated, including chronic viral hepatitis, heavy alcohol intake and obesity. Due to differences in etiology and high mortality, HCC is regarded as a heterogeneous and refractory disease [2]. Therefore, it is a focus of research to explore strategies to control HCC. Liver transplantation (LT) and hepatectomy are curative treatments for HCC, and the indications have been safely expanded [3, 4]. However, some tumors are still too advanced to be cured by surgical resection and orthotopic liver transplantation at diagnosis. Therefore, it is of great importance to administer palliative treatments to achieve downstaging for surgical therapy or delay the progression of tumors.

In the past few decades, cancer immunotherapy has experienced a paradigm shift from "novelty" to "common clinical practice", and it has become one of the most effective treatments and has been validated in various tumors [5, 6]. In the tumor microenvironment, tumor cells interact with the host immune response to promote or inhibit tumor progression. The immune system can recognize cancer cells and kill them via the immune response. In the early stages of research, most researchers spared no efforts to enhance the antitumor immune responses directly or indirectly via effector cells, cytokines and antibodies. Cytokines are one of the most important components of the immune system and contribute to the growth, differentiation and activation of immune cells. Most cytokines are produced by immune cells, including interleukins (ILs, e.g., IL-1α, IL-1β, IL-2, IL-5, etc.) and other cytokines [e.g., tumor necrosis factor (TNF) and interferon (IFN)] [7]. Several studies have revealed that an alteration in cytokine levels is correlated with carcinogenesis and pro-

gression in different tumors, including liver cancer [7, 8]. T cell receptor (TCR)-engineered T cell therapy and chimeric antigen receptor (CAR) T cell therapy are two types of adoptive T cell therapy that use genetically modified T cells to treat cancers [9]. By genetic engineering, T cells can be endowed with the capacity to react against tumors, generating an intracellular signaling cascade causing the release of cytokines and enhancement of cytotoxic activity [10, 11]. However, the unsatisfactory effect and frequent immune-related adverse events of these immune enhancement strategies due to immune escape and immune suppression have been discouraging [12, 13].

Since the advent of ICIs, the concept of normalizing the tumor immune microenvironment by correcting dysfunctions of the immune response has drawn attention again to immunotherapy. Immune checkpoint therapy, which is at the forefront of immunotherapy, has demonstrated clinical activity in several malignances, including HCC, although the response rate to ICIs varies in patients [14, 15]. In this review, we present a description of the current state of immune checkpoint therapy for HCC and attempt to provide insight into the resistance mechanisms. However, there are still a number of unanswered questions remaining; thus, we give our suggestions carefully and raise some future possible solutions based on current research.

# Current state of immune checkpoint therapyan acceptable strategy for advanced HCC

In the tumor microenvironment, a group of cell surface molecules, named immune checkpoints, determine T cell activation and the intensity of the immune response. They can be either stimulatory or inhibitory and participate in various stages of the T cell response [16]. The most studied immune checkpoint molecules include cytotoxic T lymphocyte-associated antigen 4 (CTLA-4), programmed cell death protein-1 (PD-1), programmed cell death protein ligand-1 (PD-L1), T cell immunoglobulin- and mucin-domaincontaining molecule-3 (TIM-3), lymphocyte activation gene-3 (LAG-3) and TNF receptor superfamily member 4 (TNFRSF4). Zhou et al reported that the expression levels of immune checkpoint inhibitory molecules were significantly upregulated on tumor-associated antigen (TAA) specific T cells isolated from human HCC tissues compared with the levels on T cells isolated from normal liver tissues or blood [17]. The responses of HCC-derived T cells to tumor antigens could be further restored by PD-L1, TIM3, or LAG3. Inhibitors of CTLA-4 and PD-1 have already been FDA-approved for the treatment of melanoma and are also currently being developed for HCC. Especially for patients with Barcelona clinical liver cancer (BCLC) stage B or C HCC that is not amenable to curative treatment, immune checkpoint therapy has become a promising approach.

CTLA-4 negatively regulates the T cell response by binding to B7 and delivering an inhibitory signal directly. In addition, it can also interfere with the binding between B7 and CD28 and result in the suppression of T cell activation [18]. It has been demonstrated that blockage of CTLA-4 can lead to the enhancement of antitumor effects by changing cytokine and chemokine profiles [19]. Tremelimumab is a monoclonal antibody (mAb) that blocks CTLA-4 and further inhibits CTLA-4-mediated downregulation of T cell activation. A clinical trial showed that tremelimumab had effective antitumor and antiviral activity in patients with advanced HCC resulting from HCV-induced liver cirrhosis [20].

Success in blocking CTLA-4 has led to progress in targeting other immune checkpoints, namely, PD-1/PD-L1. Binding of PD-1 to its ligand can suppress T cell migration, proliferation, and secretion of cytotoxic mediators and thus limits the activity of T cells in various stages of the immune response [14]. In HCC, the expression levels of PD-1 and PD-L1 had a significant correlation with CD8+ T cell infiltration, and high PD-1 expression was demonstrated as an independent poor prognostic factor for disease-free survival [21]. Nivolumab, a human IgG4 mAb against PD-1, received FDA approval in 2017 for advanced HCC patients who previously received sorafenib [22]. In the phase 1/2 trial, 262 patients with advanced-stage HCC were treated with nivolumab in a dose-escalation cohort (n=48) and a dose-expansion cohort (n=214); the objective response rates (ORR) were 15% and 20%, respectively, with a 9-month survival up to 66% [23]. The feasibility and safety of nivolumab were validated in many other centers as well, and most studies showed promising efficacy with acceptable adverse effects [24-27]. A clinical study based on an Asian cohort demonstrated a shorter duration of response in Asian patients than in the intention-to-treat (ITT) cohort, although overall survival was similar and unaffected by etiology in the Asian cohort [26]. Pembrolizumab, another humanized IgG4 antibody to PD-1, has also been assessed in a phase 2 study of advanced HCC patients who were sorafenib-refractory, in which the ORR was 16.3% among 104 treated patients [28].

In addition to the studies mentioned above, other agents targeting immune checkpoint molecules, such as durvalumab (NCT03899428), avelumab (NCT03389126) and XmAb®22841 (NCT03849469), are all in ongoing clinical trials for HCC (Table  $1$ ). Owing to the diverse expression levels of immune checkpoint molecules in different patients, the utilization of multiple ICIs might enhance antitumor activity, albeit with additional toxicity. The combination therapy of nivolumab and CTLA-4 blockade has achieved a significantly higher response rate than monotherapy in patients with melanoma, although most of those patients experienced treatment-related adverse events [29, 30]. In the field of HCC, Zhou et al reported that combining anti-PD-L1 antibodies with antibodies against TIM3, LAG3, or CTLA4 further increased tumor-infiltrating lymphocyte functions [17]. Kim et al demonstrated that 4-1BB costimulation with agonistic antibodies could enhance anti-PD-1 antibody-mediated CD8+ TIL reinvigoration [31]. Other agonists targeting stimulatory molecules such as CD137 and TNFRSF4 also achieved satisfactory efficacy in HCC models [32, 33]. Recently, strategies such as dual utilization of tremelimumab plus durvalumab (NCT03298451) and nivolumab plus ipilimumab (NCT03202204 and NCT03222076) have been validated in HCC-specific cohorts. Agonists of glucocorticoid-induced TNF receptor (GITR) or TNFRSF4, combined with classical ICIs, are also being evaluated in phase 1/2 studies (NCT03126110 and NCT03241173).

# The dilemma in immune checkpoint therapyheterogeneous response rates in HCC

The encouraging results from clinical trials of immune checkpoint therapy have resulted in increased clinical implementation in various types of cancer, including HCC. However, only approximately 20% of advanced HCC patients benefit from ICIs, and most of them have disease progression after 3-9 months [34]. These results indicate that a substantial proportion of patients treated with ICIs suffer primary or acquired resistance. Therefore, studying the underlying mechanism and maximizing the curative effect of immune checkpoint therapy have become a focus in the field of HCC treatment.

The immune response in the tumor microenvironment is a multistep process. The generation and activation of tumor-specific CD8+ T cells are the basis of the immune response, which requires successful presentation of TAAs by antigen-presenting cells (APCs) and immunorecognition of these antigenic peptides displayed by major histocompatibility complex (MHC) I/II molecules [35]. Naïve CD8+ T cells subsequently differentiate into effector T cells and kill tumor cells with a cascade of cytolytic molecules (e.g., IFN-γ, granzyme and perforin). The amplitude and quality of the response result from the regulation of costimulatory molecules, immune checkpoint molecules and immune-modulating cells. Thus, abnormal conduct in any step would contribute to resistance to immune checkpoint therapy (Figure 1).

# *Failures in antigen presentation*

A lack of neoantigens and alterations in antigen-processing pathways are associated with an impaired antitumor immune response, since neoantigens are essential for immune response reactivation in immune therapy. Some researchers have performed comparative analyses of various TAA-specific T cell responses in HCC patients and identified useful antigens for immunotherapy, such as GPC3, P53, multidrug resistance-associated protein 3 (MRP3), α-fetoprotein (AFP), and human telomerase reverse transcriptase (hTERT) [19, 36]. TAA-specific immunotherapy combined with systemic treatment or immune checkpoint inhibitors has the possibility to produce stronger immune responses than monotherapies. Anagnostou et al demonstrated that the loss of 7-18 putative neoantigens could be observed in resistant clones by comparing the neoantigen landscape of matched biopsy samples from patients with non-small-cell lung cancer (NSCLC) treated with ICIs [37]. In the field of HCC, high-throughput sequencing might also reveal the differences in neoantigens between resistant clusters

Conditions	<b>Strategies</b>	Phases	Enrollment	<b>Study Designs</b>	Start Year	Completion year	<b>NCT Number</b>	<b>Status</b>
HCC	Nivolumab	Phase 3	1723	Randomized	2015	2020	NCT02576509	Active, not recruiting
HCC	Pembrolizumab	Phase 2	29	Single Group Assignment	2016	2020	NCT02658019	Active, not recruiting
HCC	Pembrolizumab	Phase 3	414	Randomized	2016	2020	NCT02702401	Active, not recruiting
HCC	Pembrolizumab	Phase 2	150	Non-Randomized	2016	2021	NCT02702414	Active, not recruiting
Selected cancers (including HCC)	INCAGN01876 (GITR stimulant) + nivolumab + ipilimumab	Phase 1/2	285	Non-Randomized	2017	2020	NCT03126110	Recruiting
HCC	Pembrolizumab	Phase 3	450	Randomized	2017	2022	NCT03062358	Recruiting
<b>HCC</b>	Nivolumab + ipilimumab	Phase 1	50	Randomized	2017	2020	NCT03203304	Recruiting
HCC	Nivolumab + ipilimumab	Phase 2	45	Randomized	2017	2022	NCT03222076	Recruiting
Selected cancers (including HCC)	INCAGN01949 (TNFRSF4 agonist) + nivolumab + ipilimumab	Phase 1/2	52	Non-Randomized	2017	2020	NCT03241173	Active, not recruiting
HCC	Tremelimumab + durvalumab	Phase 3	1310	Randomized	2017	2021	NCT03298451	Recruiting
<b>HCC</b>	Pembrolizumab	Phase 2	50	Single Group Assignment	2017	2020	NCT03337841	Not yet recruiting
HCC	Avelumab	Phase 2	30	Single Group Assignment	2017	2020	NCT03389126	Active, not recruiting
HCC	Nivolumab	Phase 3	530	Randomized	2017	2025	NCT03383458	Recruiting
<b>HCC</b>	Pembrolizumab	Phase 2	60	Single Group Assignment	2017	2020	NCT03163992	Recruiting
HCC	Pembrolizumab	Phase 2	30	Single Group Assignment	2018	2020	NCT03419481	Recruiting
HCC	Nivolumab + ipilimumab	Phase 2	40	Single Group Assignment	2018	2022	NCT03510871	Not yet recruiting
HCC	Nivolumab	Phase 2	50	Single Group Assignment	2018	2020	NCT03630640	Recruiting
HCC	Pembrolizumab	Not Applicable	200	Randomized	2018	2021	NCT03755739	Recruiting
HCC	Ipilimumab + nivolumab	Phase 1/2	32	Single Group Assignment	2019	2022	NCT03682276	Recruiting
HCC	Pembrolizumab	Phase 3	950	Randomized	2019	2025	NCT03867084	Recruiting
Solid tumors (including HCC)	Pembrolizumab + XmAb®22841 (CTLA-4 x LAG-3 dual inhibitor)	Phase 1	242	Non-Randomized	2019	2027	NCT03849469	Recruiting
HCC	Pembrolizumab/nivolumab/JS001 (PD-1 inhibitor)	Phase 2	50	Single Group Assignment	2019	2019	NCT03939975	Completed
HCC	Durvalumab + tremelimumab	Phase 2	30	Non-Randomized	2019	2020	NCT03638141	Recruiting
<b>HCC</b>	Durvalumab	Phase 2	30	Non-Randomized	2019	2020	NCT03899428	Not yet recruiting
HCC	Nivolumab + ipilimumab	Phase 3	1084	Randomized	2019	2023	NCT04039607	Recruiting

Table 1. Ongoing clinical trials on immune checkpoint therapy in hepatocellular carcinoma

CTLA-4: Cytotoxic T lymphocyte-associated antigen 4; GITR: Glucocorticoid-induced TNF receptor; HCC: Hepatocellular carcinoma; LAG-3: Lymphocyte activation gene-3; PD-1: Programmed cell death protein-1; TNF: Tumor necrosis TNFRSF4: TNF receptor superfamily member 4.



Figure 1. The putative mechanism of resistance to immune checkpoint inhibitors. The schematic shows the detailed steps involved in the generation and activation of tumor-specific T cells. The boxes on the right list the possible abnormities contributing to resistance to immune checkpoint therapy.

and responsive clusters. Mutated human leukocyte antigen (HLA) ligands are regarded as promising targets for tumor-specific immunotherapy [38, 39]. A multiomics study pointed out that exome-derived mutated HLA ligands remained elusive in HCC, which results from HCC having a lower mutational burden than other malignancies such as melanoma and lung cancer [40]. The results were consistent with the higher response rate to immune checkpoint therapy in tumors harboring high levels of mutations, such as melanoma.

Antigen presentation apparatuses such as MHC class I molecules and β2-microglobulin (B2M) are also necessary for immune therapy. B2M is essential for proper MHC class I folding and further transport to cell surface. Zaretsky et al found that a 4-bp homozygous frameshift deletion in B2M was closely associated with acquired resistance to a PD-1 inhibitor in a laterelapse patient with melanoma [41]. Moreover, copy number alterations in B2M were observed in nonresponders to CTLA-4 blockade [42]. The expression of HLA class I molecules and transporters associated with antigen processing genes (TAP1 and TAP2) varies in different HCC cell lines [43], which may contribute to resistance to immune therapy. Umemoto et al indicated that HLA class I expression on HCC cells was correlated with CD3-positive cell infiltration, and patients with high HLA class I expression showed an improved prognosis compared with those with low HLA class I expression [44]. These findings revealed that proficient antigen presentation is essential for immunotherapy.

#### *Impaired immune microenvironment*

In the past few years, the success of immune therapy has drawn attention towards the tumor immune microenvironment. The immune microenvironment, consisting of intratumoral infiltrating immune cells, cytokines and chemokines, is the functional foundation of immune response. Heterogeneity in the immune microenvironment contributes to the different response rates to immune checkpoint therapy. Sia et al found that approximately 25% of HCCs, making up the "immune class", had significantly higher immune infiltration and more tumorinfiltrated lymphocytes (TILs) than the rest of

HCCs [45]. Patients with tumors belonging to this particular class had markers of inflammatory response and cytolytic activity with high expression levels of PD-1/PD-L1. The immune class contained 2 subtypes, characterized by adaptive immune response elements [e.g., T cell receptor G, CD8A, granzyme B (GZMB), and IFN-γ signaling] or immunesuppressive components [e.g., transforming growth factor-β (TGFβ) signaling and M2 macrophages], though there was no significant difference in PD-1/ PD-L1 expression. Furthermore, they discovered another group of patients characterized by exclusion of TILs and enrichment in catenin beta 1 (CTNNB1) mutations, named the "HCC exclusion class", and those within the group might exhibit innate resistance to immune therapy [46, 47]. This might be because activation of β-catenin could promote immune escape as a result of defective recruitment of dendritic cells and impaired T cell activity [48]. In addition, Kurebayashi et al classified the immune microenvironment of HCC into three distinct immune subtypes based on immune cell infiltration: immune-high, immune-mid, and immune-low, and the expression of PD-1/PD-L1 was associated with the immune-high subtype [49]. Recently, Zhang et al identified three distinctive HCC subtypes with immunocompetent, immunodeficient, and immunosuppressive features [50]. The immunocompetent subtype showed relatively higher T cell infiltration levels than the other two subtypes, while the immunosuppressive subtype was characterized by high frequencies of immunosuppressive cells with upregulated immune checkpoint molecules. The immunocompetent and immunosuppressive subtypes had significantly increased immune cell infiltration and better prognosis than the immunodeficient subtype. Therefore, the studies above revealed that microenvironments with robust immune infiltration were closely associated with high response rates to immunotherapy.

# *Alterations in immune checkpoint molecules*

As is widely reported, an elevated level of immune checkpoint molecules indicates a poor prognosis in HCC patients and an aggressive phenotype in tumors [51, 52]. Apparently, the existence of immune checkpoint molecules is the basis for immune checkpoint therapy, which could help to select a subgroup of HCC patients

who are most likely to respond to ICIs. However, the expression pattern of immune checkpoint molecules differs from patient to patient due to the high heterogeneity in HCC, and alternations of these essential molecules may mediate resistance. For instance, the expression level of PD-L1 in multiple kinds of tumor cells is considered to be closely associated with intratumoral immune cell infiltration, reflecting an immune-reactive milieu with an effective response to PD-1 inhibitors [53]. The expression of peroxisome proliferator-activated receptor α (PPARα) was significantly suppressed in HCC tissues compared with para-cancerous tissues, and PPARα overexpression significantly inhibited PD-L1 expression in HCC with increased release of inflammatory cytokines by T cells [54]. Cell cycle-related kinase (CCRK) plays an important role in tumor immunity and hepatocarcinogenesis. The silencing of tumorous Ccrk could upregulate PD-L1 expression and increase intratumoral CD8+ T cells in transgenic mice, which enhanced the efficacy of a PD-L1 inhibitor in HCC treatment [55]. In addition, low expression of phosphorylated extracellular signaling-regulated kinase (pERK) in mouse and human HCC samples was associated with significant enrichment of infiltrating inflammatory cells and intratumoral CD8+ cytotoxic T lymphocytes expressing PD-1 [56]. Thymocyte selection-associated high mobility group box protein (TOX), which is a part of T cell exhaustion signatures, could maintain robust PD-1 expression and promote CD8+ T cell exhaustion by regulating endocytic recycling of PD-1 [57]. The IFN-γ pathway is essential for the surface expression of PD-L1 and MHC molecules. Activated T cells release IFN-γ to bind to IFN-γ receptors (IFNGR) on tumor cells, and subsequently, Janus kinase 1 (JAK1)/JAK2 and signal transducer and activator of transcription (STAT) signaling is triggered to activate IFN-related genes, such as interferon regulatory factor 1 (IRF1). The activation of IRF1 regulates the transcription of genes, resulting in increased expression of PD-L1 and MHC molecules [58]. Mutations in JAK1 and JAK2 were discovered in patients with metastatic melanoma who had acquired resistance to anti-PD-1 therapy [41]. Xu et al reported that the activation of the JAK/ STAT3 pathway could promote the expression of PD-L2 in HCC [59]. The expression of immune checkpoint molecules is regulated by diverse pathways, and modulating the immune micro-

environment by targeting these pathways might be a promising approach against resistance. In addition, some studies pointed out that alternative immune checkpoints could be upregulated in those with adaptive resistance to certain ICIs. Koyama et al reported that upregulation of TIM-3 and other immune checkpoints was observed in PD-1 inhibitor-resistant mouse models and patients with lung cancer [60]. Similarly, a trend of LAG3 and TIM3 upregulation on circulating T cells was observed in patients resistant to PD-1/PD-L1 blockade, which suggested that those patients could benefit from dual use of ICIs [61].

#### *Immune-suppressive cells*

However, the expression of immune checkpoint molecules and robust immune infiltration do not guarantee a high response to the treatment. More specifically, other components of the immune microenvironment may contribute to T cell dysfunction and exhaustion or immune checkpoint molecule dysregulation, which further develop the resistance to ICIs. Immunesuppressive cells, including regulatory T cells (Tregs), myeloid-derived suppressor cells (MD-SCs), and M2-polarized tumor-associated macrophages (TAMs), have been shown to influence the efficacy of immune checkpoint inhibitors. Ngjow et al constructed PD-1 inhibitor-sensitive and PD-1 inhibitor-resistant tumor mouse models and further reported that the abrogation of Tregs could recover sensitivity to PD-1 inhibitors in resistant tumors, which demonstrated that Tregs are partly responsible for resistance to immune checkpoint inhibitors [62]. Tumorinfiltrating MDSCs from patients with HCC could effectively inhibit autologous CD8+ T cell proliferation, which helped to shape the tumor immunosuppressive microenvironment and induce immune checkpoint therapy resistance [55]. Indoleamine 2,3-dioxygenase (IDO) is an enzyme associated with an aggressive tumor phenotype as well as resistance to immunotherapy [63]. A study performed by Holmgaard et al found that IDO-overexpressing cells could recruit and activate MDSCs through Tregs and further reduce the tumor response to immunotherapy, which was validated in melanoma cell lines [64]. ICIs could promote the induction of IDO and provide adaptive resistance in insensitive HCC tumors [65], although the infiltration of MDSCs in those resistant tumors remains to

be further investigated. M2-polarized TAMs are able to downregulate the antitumor activity of T cells induced by ICIs, since they can recruit regulatory T cells and release anti-inflammatory cytokines, resulting in an immunosuppressive microenvironment. Osteopontin (OPN) is a tumor-specific inflammatory biomarker associated with tumor progression and immunosuppression. Zhu et al demonstrated that OPNhigh HCC featured M2-like polarization of macrophages and upregulated PD-L1 expression via the activation of the colony-stimulating factor-1 (CSF1)/CSF1 receptor (CSF1R) pathway [66]. Blocking CSF1/CSF1R signaling prevented the recruitment of M2-polarized TAMs and thereby sensitized HCC to anti-PD-L1 blockade. Therefore, these specific types of cells could induce an immune-suppressive microenvironment to prevent antitumor cytotoxic activity and ultimately result in resistance.

Based on the rationale above, we accordingly established a model stratifying patients with HCC into two clusters, named the responsive cluster and the resistant cluster (Figure 2). The responsive cluster is characterized by robust immune infiltration and enrichment of immune checkpoint molecules, while the resistant cluster is characterized by exclusion of tumor-infiltrating lymphocytes and molecular signatures of resistance. Hopefully, our resistance-related classification may provide an overview of patients' immune landscapes and help to precisely select candidates for immune checkpoint therapy.

#### The future of immune checkpoint therapy-a step forward for precision treatment

Immune checkpoint therapy has become a promising treatment for advanced HCC, although the low response rates in HCC patients are concerning. Recently, some researchers pointed out that combination with locoregional treatment presented great potential to enhance the antitumor activity of ICIs in HCC patients [67, 68]. Eradicating tumors directly can lead to the activation of the immune system and a decrease in immunosuppression, which results from changes in cytokine profiles and T cell subset populations [69-71]. Agents targeting the tumor microenvironment could also provide a profound effect on improving responsiveness to immune checkpoint therapy [72]. For

# Heterogeneous responses to immune checkpoint therapy in HCC



Figure 2. Schematic summary of HCC classification according to the immune landscape in the tumor microenvironment. This classification defines two clusters based on the immune landscape and clinical characteristics, the responsive cluster and the resistant cluster, each of which is characterized by distinct immune-related parameters and might present a different response rate to immune checkpoint therapy.

instance, strategies combining antiangiogenetic drugs or other targeted therapies (e.g., therapies targeting Wnt/β-catenin signaling, the mTOR pathway, etc.) have already shown encouraging results in vitro and in mouse models [73-76], and related clinical trials are underway (Table 2). In addition, emerging studies have suggested that liver transplantation, epi-

genetic drugs and other novel strategies might also result in synergistic effects when they are combined with ICIs in the treatment of advanced HCC (Table 3).

LT is a curative treatment for HCC, although the high recurrence rate after LT has limited its effect. It has been reported that the recurrence

# Heterogeneous responses to immune checkpoint therapy in HCC

Conditions	<b>Strategies</b>	Phases	Enrollment	Study Designs	<b>NCT Number</b>	<b>Status</b>
<b>HCC</b>	Nivolumab + ipilimumab + cabozantinib	Phase 1/2	620	Non-Randomized	NCT01658878	Active, not recruiting
HCC	Durvalumab + tremelimumab, durvalumab + bevacizumab	Phase 2	545	Randomized	NCT02519348	Recruiting
Solid tumors (including HCC)	Mogamulizumab (CCR4 antagonist) + nivolumab	Phase $1/2$	114	Single Group Assignment	NCT02705105	Completed
Gastrointestinal or thoracic malignancies (including HCC)	Ramucirumab + MEDI4736 (PD-L1 inhibitor)	Phase 1	114	Non-Randomized	NCT02572687	Active, not recruiting
<b>HCC</b>	Pembrolizumab + lenvatinib	Phase 1	97	Single Group Assignment	NCT03006926	Active, not recruiting
Solid tumors (including HCC)	Atezolizumab + cabozantinib	Phase 1/2	1732	Non-Randomized	NCT03170960	Recruiting
<b>HCC</b>	Avelumab + axitinib	Phase 1	22	Non-Randomized	NCT03289533	Active, not recruiting
HCC	Pembrolizumab + sorafenib tosylate	Phase 1/2	27	Single Group Assignment	NCT03211416	Recruiting
<b>HCC</b>	Nivolumab + cabozantinib	Phase 1	15	Single Group Assignment	NCT03299946	Recruiting
<b>HCC</b>	Nivolumab + lenvatinib	Phase 1	30	Non-Randomized	NCT03418922	Active, not recruiting
<b>HCC</b>	Nivolumab + sorafenib	Phase 2	40	Non-Randomized	NCT03439891	Recruiting
HCC	Atezolizumab + bevacizumab	Phase 3	480	Randomized	NCT03434379	Recruiting
<b>HCC</b>	Nivolumab + bevacizumab	Phase 1	12	Single Group Assignment	NCT03382886	Active, not recruiting
<b>HCC</b>	Pembrolizumab + bavituximab	Phase 2	34	Single Group Assignment	NCT03519997	Recruiting
Solid tumors (including HCC)	Avelumab + regorafenib	Phase 1/2	362	Non-Randomized	NCT03475953	Recruiting
HCC	Pembrolizumab + regorafenib	Phase 1	40	Non-Randomized	NCT03347292	Recruiting
<b>HCC</b>	APL-501 (PD-1 inhibitor) + APL-101 (c-MET inhibitor)	Phase $1/2$	119	Non-Randomized	NCT03655613	Recruiting
Solid tumors (including HCC)	Nivolumab + vorolanib, pembrolizumab + vorolanib	Phase 1	56	Non-Randomized	NCT03511222	Recruiting
Gastrointestinal malignancies (including HCC)	Durvalumab + cabozantinib	Phase 1	30	Single Group Assignment	NCT03539822	Recruiting
<b>HCC</b>	Atezolizumab + cabozantinib	Phase 3	740	Randomized	NCT03755791	Recruiting
HCC	Pembrolizumab + lenvatinib	Phase 3	750	Randomized	NCT03713593	Recruiting
HCC	Durvalumab + bevacizumab	Phase 3	888	Randomized	NCT03847428	Recruiting
<b>HCC</b>	Nivolumab + lenvatinib	Phase 2	50	Single Group Assignment	NCT03841201	Recruiting
<b>HCC</b>	Nivolumab + GT90001 (angiogenesis inhibitor)	Phase 1/2	20	Single Group Assignment	NCT03893695	Recruiting
<b>HCC</b>	Durvalumab + tivozanib	Phase 1/2	42	Sequential Assignment	NCT03970616	Not yet recruiting
HCC	Nivolumab + lenvatinib	Phase 2/3	216	Randomized	NCT04044651	Not yet recruiting
<b>HCC</b>	Atezolizumab + bevacizumab	Phase 3	662	Randomized	NCT04102098	Not yet recruiting
Selected cancers (including HCC)	MK-3475 (PD-1 inhibitor) + INCB024360 (IDO inhibitor)	Phase 1/2	444	Non-Randomized	NCT02178722	Active, not recruiting
Solid tumors (including HCC)	Nivolumab + galunisertib ( $TGF-B$ inhibitor)	Phase $1/2$	75	Non-Randomized	NCT02423343	Active, not recruiting
<b>HCC</b>	Nivolumab + CC-122 (CRBN protein modulator)	Phase 1/2	21	Single Group Assignment	NCT02859324	Active, not recruiting
<b>HCC</b>	Nivolumab + SF1126 (PI3K inhibitor)	Phase 1	14	Single Group Assignment	NCT03059147	Active, not recruiting

Table 2. Ongoing clinical trials of immune checkpoint therapy combined with targeted therapy in hepatocellular carcinoma

# Heterogeneous responses to immune checkpoint therapy in HCC



BTC: Bile tract carcinoma; CCR: C-C motif chemokine receptor; CDK4: Cyclin dependent kinase 4; CRBN: Cereblon; CSF1R: Colony stimulating factor 1 receptor; CTLA-4: Cytotoxic T lymphocyte-associated antigen 4; GITR: Glucoco induced TNF receptor; HAVCR2: Hepatitis A virus cellular receptor 2; HCC: Hepatocellular carcinoma; ICOS: Inducible T cell co-stimulator; IDO: Indoleamine 2,3-dioxygenase; IL: Interleukin; LAG-3: Lymphocyte activation gene small-cell lung cancer; PD-1: Programmed cell death protein-1; PD-L1: programmed cell death protein ligand-1; PI3K: Phosphatidylinositol 3-kinase; TGF-β: Transforming growth factor-β.



Table 3. Ongoing clinical trials of immune checkpoint therapy combined with novel strategies in hepatocellular carcinoma

DNMTi: DNA methyltransferase inhibitors; HCC: Hepatocellular carcinoma; p53MVA vaccine: Modified vaccinia virus Ankara vaccine expressing p53.



Figure 3. The tumor microenvironment under the treatment of immunosuppressants and immune checkpoint inhibitors. Tolerance of donor graft cells is achieved when T cells are inhibited due to immune suppressants, although the risk of tumor recurrence increases. Tumor cell killing can be induced by immune checkpoint therapy, although donor cells will be recognized and killed as well. CNIs: calcineurin inhibitors; MPA: mycophenolic acid; mTORi, mammalian target of rapamycin inhibitors.

of HCC might be partly attributable to the immunosuppressive microenvironment due to the use of immunosuppressants post-LT. Thus, immune checkpoint therapy might achieve favorable response rates as an adjuvant therapy in recipients undergoing LT. However, the utilization of ICIs is still controversial in liver transplant recipients due to the increased possibility of rejection and liver failure. T cells can recognize and kill both tumor cells and donor cells, which means that the activation of T cells would be a "double-edged sword". Three studies reviewed 33 liver transplant recipients (mainly with HCC) treated with ICIs with a relatively low response rate of 15.2%, and subsequent graft rejection was observed in 10 patients [77-79]. Rejection after immune checkpoint therapy seems inevitable, so using this method to prevent or treat tumor recurrence still has a long way to go. To acquire a durable response while avoiding rejection, we should adjust the dose of immunosuppressants and immune checkpoint inhibitors to reach a balance and further

develop biomarkers for tumor response and transplant rejection (Figure 3).

Epigenetic drugs, such as bromodomain and extraterminal domain inhibitors (iBET), histone deacetylase inhibitors (HDACi), histone methyltransferase inhibitors (HMTi) and DNA methyltransferase inhibitors (DNMTi), targeting modifications at the DNA and histone levels are a novel group of antitumor agents [80]. They can both exert influences at the tumor cell and the immune system level, resulting in tumor cell killing and immunosuppressive microenvironment remodeling. It has been reported that tumors surrounding fibrotic livers were markedly enriched with monocytic MDSCs, which was significantly correlated with reduced tumor-infiltrating lymphocytes. Inhibiting monocytic MDSCs by a combination of iBET762 and anti-PD-L1 therapy could recruit tumor-infiltrating lym-

phocytes and further lead to tumor eradication and prolonged survival in the fibrotic-HCC mouse model [81]. Llopiz et al tested HDACi in combination with ICIs for their ability to enhance tumoricidal effects in a murine model of HCC, showing a satisfactory result with enhanced IFN-γ production and a decrease in regulatory T cells [82]. Hong et al demonstrated that epigenetic modulation with an enhancer of Zeste homolog 2 (EZH2) inhibitor and a DNMT1 inhibitor could be a novel potential strategy to augment immunotherapy for HCC by stimulating T cell trafficking into the tumor microenvironment [83]. Guadecitabine, which is a second-generation DNMTi, also showed potential for combination treatment with immune checkpoint therapy [84], and related clinical trials are currently ongoing (NCT0325- 7761). Targeting the cancer epigenome has provided a feasible approach for individualized therapy, and combining epigenetic treatment with ICIs will achieve increasing success.

Tumor vaccines, oncolytic viruses and adoptive cellular therapies are also the focus of treatment for HCC and might also provide a synergistic effect in combination treatments for HCC. Chung et al genetically engineered a modified vaccinia Ankara (MVA) viral vector expressing the human p53 transgene (p53MVA), which has achieved satisfactory results in several preclinical studies [85, 86]. A phase 1 trial evaluated the safety and tolerability of a combination of the p53MVA vaccine and pembrolizumab in patients with solid tumors (NCT024329- 63). The results showed that 3 of 11 patients retained stable disease for more than 30 weeks with few side effects [87]. FT500 is an induced pluripotent stem cell (iPSC)-derived NK cell replacement product, and the clinical investigation of FT500 in combination with ICIs is now ongoing (NCT03841110). Pexastimogene devacirepvec is an oncolytic vaccinia virus, and a randomized, phase 2b trial showed that it presented a tolerable safety profile and induced T cell responses in HCC patients, though it did not improve overall survival [88]. Its preliminary activity with nivolumab is currently being tested (NCT03071094). Clinical trials combining other strategies, such as metabolic modulators (NCT04114136) and gene therapy (NCT-02509507), are also currently being carried out, and more clinical data remain to be collected.

# **Conclusions**

With the emergence of immune checkpoint therapy in the last decade, we are now entering a new era of immune therapy, following the era of cytotoxic agents and targeted therapy. Immune checkpoint therapy has become a promising treatment for various tumors, including NSCLC, melanoma and renal cell carcinoma. In the field of liver cancer, ICI-based strategies will be an important component of anticancer treatment in the near future, albeit with high cost and immune-related adverse events. However, there is still a proportion of patients who do not benefit from immune checkpoint therapy. Thus, it is of great importance to stratify patients into different subtypes based on genomic and/or transcriptomic landscapes and further identify predictive biomarkers to precisely select patients with high response rates. Combined treatment consisting of conventional therapy and immune checkpoint therapy has partly sol-

ved the problem, while combinations with targeted therapy, epigenetic drugs and other novel strategies still require more validation in clinical trials. Therefore, we need to spare no efforts in developing new strategies and minimizing adverse events in immune checkpoint therapy for patients with HCC.

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# Disclosure of conflict of interest

None.

# **Abbreviations**

AFP, α-fetoprotein; APCs, Antigen-presenting cells; BCLC, Barcelona Clinical Liver Cancer; B2M, β2-microglobulin; BTC, Bile tract carcinoma; CA, Cryoablation; CAR, Chimeric antigen receptor; CCR, C-C motif chemokine receptor; CCRK, Cell cycle-related kinase; CDK4, Cyclin dependent kinase 4; CNIs, calcineurin inhibitors; CRBN, Cereblon; CSF1, Colony stimulating factor-1; CTLA-4, Cytotoxic T lymphocyte-associated antigen 4; CTNNB1, Catenin beta 1; DNMTi, DNA methyltransferase inhibitors; ECOG, Eastern Cooperative Oncology Group; EZH2, Enhancer of Zeste Homolog 2; FDA, Food and Drug Administration; GITR, Glucocorticoidinduced TNF receptor; GZMB, Granzyme B; HAVCR2, Hepatitis A virus cellular receptor 2; HBV, Hepatitis B virus; HCC, Hepatocellular carcinoma; HCV, Hepatitis C virus; HDACi, Histone deacetylase inhibitors; HLA, Human leukocyte antigen; HMTi, Histone methyltransferase inhibitors; hTERT, Human telomerase reverse transcriptase; iBET, Bromodomain and extraterminal domain inhibitors; ICI, immune checkpoint inhibitors; ICOS, Inducible T cell co-stimulator; IDO, Indoleamine 2,3-dioxygenase; IFN, Interferon; IFNGR, IFN-γ receptors; IL, Interleukin; iPSC, Induced pluripotent stem cells; ITT, Intent-to-treat; JAK1, Janus kinase 1; LAG-3, Lymphocyte activation gene-3; LT, Liver

transplantation; ORR, Objective response rate; mAb, Monoclonal antibody; MDSC, Myeloidderived suppressor cell; MHC, Major histocompatibility complex; MPA, Mycophenolic acid; mTOR, Mammalian target of rapamycin; mTTP, Median time to progression; NSCLC, Non-smallcell lung cancer; OPN, Osteopontin; pERK, Phosphorylated extracellular signaling-regulated kinase; PD-1, Programmed cell death protein-1; PD-L1, programmed cell death protein ligand-1; p53MVA vaccine, Modified vaccinia virus Ankara vaccine expressing p53; PPARα, Peroxisome proliferator-activated receptor α; PVTT, Portal vein tumor thrombosis; STAT, Signal transducers and activators of transcription; TAA, Tumor-associated antigen; TAM, Tumor-associated macrophage; TCR, T-cell receptor; TGF-β, Transforming growth factor-β; TIL, Tumor-infiltrated lymphocyte; TIM-3, T-cell immunoglobulin- and mucin-domain-containing molecule-3; TNF, Tumor necrosis factor; TNF-RSF4, TNF receptor superfamily member 4; TOX, Thymocyte selection-associated high mobility group box protein; Treg, Regulatory T cells.

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