## Role of Heparin-Binding Epidermal Growth Factor-Like Growth Factor in Oxidative Stress-Associated Metabolic Diseases

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### Abstract

Heparin-binding EGF-like growth factor (HB-EGF) is an EGF family member that interacts with epidermal growth factor receptor (EGFR) and ERBB4. Since HB-EGF was first identified as a novel growth factor secreted from a human macrophage cell line, numerous pathological and physiological functions related to cell proliferation, migration, and inflammation have been reported. Notably, the expression of HB-EGF is sensitively upregulated by oxidative stress in the endothelial cells and functions for auto- and paracrine-EGFR signaling. Overnutrition and obesity cause elevation of HB-EGF expression and EGFR signaling in the hepatic and vascular systems. Modulations of HB-EGF signaling showed a series of protections against phenotypes related to metabolic syndrome and advanced metabolic diseases, suggesting HB-EGF as a potential target against metabolic diseases.

Keywords: HB-EGF, endothelial cells, metabolic syndrome, atherosclerosis, NAFLD

### Introduction

HEPARIN-BINDING EGF-LIKE growth factor (HB-EGF) is a primary protein in the macrophage cell supernatants that interacts with the heparin column.<sup>1</sup> Later, it was shown to be a member of the EGF family that interacts with epidermal growth factor receptor (EGFR) and ERBB4.<sup>2-4</sup> The HB-EGF-EGFR pathway induces multiple signaling pathways depending on cell types, including ERK1/2, PI3K-Akt, PLC- $\gamma$ , and STATs.<sup>5</sup> HB-EGF is expressed as a type I transmembrane protein on the cell surface.<sup>4,6</sup> A list of metalloproteinases (MPs) activates the HB-EGF for autoor paracrine-signaling.<sup>7</sup> Mature HB-EGF still contains a heparin-binding motif; thus, it interacts with cell surface proteoglycan.<sup>1,6,8,9</sup> Membrane-tethered HB-EGF can form a complex with neighbor cell EGFR for juxtacrine signaling.<sup>4,10</sup> Oxidative stress inducers sensitively upregulate the HB-EGF transcription in the endothelial cells.<sup>11,12</sup> HB-EGF expression in bone marrow stromal cells increases the proliferation of the hematopoietic stem cells and progenitor cells (HSPCs).<sup>13,14</sup> Recent research results indicate that increased myeloid cell production in bone marrow is a significant feature in the development of metabolic diseases.<sup>15,16</sup>

The regulatory function of HB-EGF in hematopoiesis may be a connection of oxidative stress with induction of lowgrade inflammation under metabolic stress environments. We also summarized recent reports on the potential of HB-EGF targeting against the advancement of metabolic diseases (Table 1). Different approaches of HB-EGF targeting induced a list of protective phenotypes in the animal and human studies, suggesting HB-EGF as a potential target for therapeutic purposes.

## Effects of the HB-EGF gene deletion and overexpression in metabolic disease phenotypes

Germline deletion of HB-EGF in systemic or vascular endothelium caused cardiac hypertrophy with gross enlargement of ventricular chambers of the heart<sup>17,18</sup>; however, the postnatal induction of HB-EGF gene deletion did not induce the deleterious effects.<sup>19–21</sup> Although the basal level of HB-EGF expression in the hepatocytes is low, hepatocyte-specific HB-EGF gene deletion induced an increase of inflammation and fibrosis in the liver.<sup>22–24</sup> Interestingly, HB-EGF overexpression also enhanced the induction

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Physiological and pathophysiological function	Cell type or tissues involved	Refs.
Interaction with EGFR and ERBB4 for cell signaling	Multiple cell types that express EGFR and ERBB4	1
Induction of proliferation of HSPCs	Bone marrow hematopoietic and stromal cells	13,14
Development of the heart structure and function	Endothelial cells	17
Liver function	Hepatocytes	22-24
Renal function	Renal endothelial cells	19
	Renal podocytes	21
	Renal tubular epithelial cells	112,116
EGER transactivation	Multiple cell types under stress environments	12,29
Induction of insulin resistance	Adipocytes and skeletal muscle cells	37
Interaction with adiponectin	Vascular smooth muscle cells	82,83
Induction of neointimal thickness	Vascular smooth muscle cells	49
Regulation of hepatic VI DL production	LSECs or hepatocytes	92
Regulation of inflammatory cytokine expression	Vascular endothelial cells	34
Atherosclerosis and aneurysm development	Aortic smooth muscle cells	61,98,99,102,103
Interaction with diphtheria toxin	Multiple cell types	134

 TABLE 1. FUNCTIONS OF HEPARIN-BINDING EGF-LIKE GROWTH FACTOR RELATED

 TO PHENOTYPES OF METABOLIC SYNDROME AND DISEASES

EGFR, epidermal growth factor receptor; HSPCs, hematopoietic stem and progenitor cells; LSECs, liver sinusoidal endothelial cells; VLDL, very-low-density lipoprotein.

of liver damage,<sup>25</sup> suggesting that a physiological range of HB-EGF expression is essential for a healthy liver. The endothelial cell-specific HB-EGF gene deletion protected against both diabetic- and angiotensin-II (AngII)-induced renal disease phenotypes in animal models.<sup>19,26</sup> The podocyte-specific HB-EGF gene deletion also induced protection against acute renal disease in a mouse model.<sup>21</sup>

## HB-EGF mediates EGFR transactivation under oxidative stress

Reactive oxygen species (ROS) formations and activation of MPs are involved in EGFR transactivation in the cells and tissues under oxidative stress environments.3,12,27,28 Numerous reports indicated a crucial role of HB-EGF in the EGFR transactivation by oxidative stress inducers,<sup>3,29,30</sup> including AngII,<sup>31</sup> catecholamines,<sup>32</sup> and lipid oxidation products.<sup>33,34</sup> Differently to the canonical ligand-activated signaling, the stress-induced EGFR transactivation showed a low-level but prolonged signaling with minimal internalization or desensitization of EGFR.<sup>30</sup> Although there are >10 ligands for EGFR, the HB-EGF almost exclusively mediates EGFR transactivation under various stress environments,<sup>4,35</sup> suggesting that the HB-EGF is a specialized and conserved mediator for the connection of oxidative stress with cell signaling.<sup>3,36</sup> A report indicated that the EGFR was activated in <1 min by endothelin-1, suggesting a mechanism of transcription-independent fashion for the transactivation process.<sup>37</sup> In addition, the upregulation of HB-EGF expression would contribute to the sustained EGFR signaling.<sup>12</sup> The transcription of HB-EGF is mainly controlled by a stress signal associated activator protein-1 (AP-1) tran-scriptional factor in the cells.<sup>11,38</sup> Oxidative stress inducers also upregulated a list of MPs involved in the HB-EGF processing on the cell surface of endothelial cells.<sup>7,12,34</sup>

The obese individuals showed accumulations of oxidation products of phospholipid in the adipose and skeletal muscle tissues.<sup>39–41</sup> The oxidation products activated AP-1 in the endothelial cells, as demonstrated by a recent Chip-Seq analysis.<sup>42</sup> AngII is a well-known oxidative stress inducer

via ROS production through the NADPH oxidase (NOX) system in the vascular smooth muscle cells.<sup>43,44</sup> Correspondingly, AngII induces EGFR transactivation in the cells via HB-EGF mediation.<sup>7,45,46</sup> The EGFR transactivation was an underlying mechanism for the proliferation and migration of vascular smooth muscle or glomerular mesangial cells under the stress conditions.<sup>35,45,47,48</sup> Unsaturated lysophosphatidic acid also induced intimal thickness in the carotid artery via HB-EGF-mediated EGFR transactivation.<sup>29,30,49,50</sup>

## Role of HB-EGF in the Development of Metabolic Syndrome and Low-Grade-Inflammation

The metabolic syndrome is a cluster of metabolic dysfunctions, including central obesity, insulin resistance, dyslipidemia with a manifestation of hypertriglyceridemia, and hypertension.<sup>51–53</sup> Downregulation of high-density lipoprotein (HDL) and production of small dense low-density lipoprotein (sdLDL) are frequently associated because of the enzyme activity of cholesteryl ester transfer protein, specifically in humans.<sup>53,54</sup>

Hyperlipidemia, particularly hypercholesterolemia, is closely associated with the proliferation of HSPCs and the production of myeloid cell progenitors in the bone marrow.<sup>15,55–57</sup> Under obesity, there are increases in bone marrow-derived monocytes in the bloodstream (monocytosis) and accumulation of proinflammatory macrophages in the adipose tissue.<sup>58</sup> There is also an increase in the local proliferation of macrophages in the atherosclerotic lesion.<sup>59</sup>

## Role of HB-EGF in the development of low-grade inflammation

The oxidation products of phospholipids induced the upregulation of HB-EGF in the vascular wall, causing inflammatory responses.<sup>60,61</sup> Also, the products of phospholipid peroxidation upregulated the expression of inflammatory cytokines (IL-8 and MCP1/CCL2) and cell adhesion molecules (*e.g.*, ICAM1) in the endothelial cells, leading to the recruitment of bone marrow-derived monocytes into the subendothelial space.<sup>62,63</sup>

Under homeostatic conditions, the liver sinusoidal endothelial cells (LSECs) effectively clear any harmful oxidants in circulation, such as oxidized LDL particles (Ox-LDLs) and advanced glycation end products (AGEs).<sup>64–67</sup> However, a sustained influx of oxidants overproduced in the systemic or splanchnic circulation may induce saturation and activation of the endothelial cells.<sup>68</sup> The saturation of LSECs leads to the activation of extrahepatic endothelial cells and chronic inflammation by prolonged exposure to proinflammatory oxidants.

Krampera et al. demonstrated that HB-EGF is a crucial regulator for the self-renewal of hematopoietic stem cells (HSCs) in the bone marrow.<sup>13,14</sup> The coordination of HB-EGF and CXCL12/SDF-1 in the hematopoietic niches is a determinant for stem cell proliferation and blood cell production in the bone marrow.<sup>14</sup> Various exogenous and endogenous stress inducers, including phorbol myristate acetate and tumor necrosis factor-alpha, upregulated HB-EGF gene expression in the bone marrow. Bone marrow sinusoidal endothelial cells also effectively endocytose oxidants, including minimally oxidized LDLs and AGEs.<sup>64,67</sup> The upregulation of HB-EGF expression in the sinusoidal endothelial cells may lead to the proliferation of HSPCs and the production of myeloid progenitor cells.<sup>69</sup> The endothelial permeability also increased by oxidants,<sup>70</sup> which would lead to the increased mobilization of the HSPCs and immune cells from the bone marrow tissues into circulation.<sup>71</sup>

# Role of HB-EGF in the development of insulin resistance

Insulin resistance is a central phenotype of metabolic syndrome and is frequently associated with systemic oxidative stress and low-grade inflammation.<sup>53,72</sup> HB-EGF was shown to be involved in the development of insulin resistance by oxidative stress inducers, including endothelin-1, thrombin, and 5-hydroxytryptamine (serotonin) in the adipocytes and skeletal muscle cells.<sup>73</sup> Obesity is a risk factor for the accumulation of ROS in adipose, skeletal muscle tissues, and circulation.<sup>39,40,51</sup> A list of phospholipid peroxidation products also induced insulin resistance in the primary culture of adipocytes and skeletal muscle cells.<sup>41,74–</sup> <sup>76</sup> The obese adipose tissue is enriched with proinflammatory M1 macrophages.<sup>39</sup> Concordantly, the HB-EGF gene expression is upregulated in adipose tissue in obese persons.<sup>77</sup> Adiponectin is an established adipokine that is a potent insulin sensitizer.<sup>78,79</sup> The adiponectin level inversely correlated with systemic oxidative stress and visceral obesity.<sup>51,80</sup> Intriguingly, adiponectin directly interacts with HB-EGF for sequestering,<sup>81–83</sup> which may partly explain the anti-atherogenic and anti-inflammatory functions of adiponectin.<sup>84</sup>

#### The role of HB-EGF in the induction of dyslipidemia

Dyslipidemia, as manifested by hypertriglyceridemia and the reduction of HDL, is the earliest event of metabolic syndrome in obese people.<sup>85</sup> Hepatic very-low-density lipoprotein (VLDL) overproduction is a common feature of hypertriglyceridemia in obese individuals.<sup>53</sup> HB-EGF is mainly expressed in the LSECs in the liver tissue.<sup>86,87</sup> The antisense oligonucleotide (ASO) with a phosphorothioate modification is effectively uptaken by LSECs with effective induction of target gene silencing in the cells.<sup>88–91</sup> A recent report showed that the HB-EGF ASO administration induced a competent downregulation of circulatory triglyceride (TG) levels by suppressing hepatic VLDL production in a mouse model.<sup>92</sup> Under the obesity condition, the elevated HB-EGF expression in the LSECs may enhance VLDL production in the hepatocytes via a paracrine mechanism. As shown in several cancer cell types, the EGFR pathway may activate the sterol regulatory element-binding protein 1c (SREBP-1c) pathway for the increase of lipogenesis in the hepatocytes.<sup>93,94</sup>

## The Role of HB-EGF in the Progress of Metabolic Disease Phenotypes

## Role of HB-EGF in the development of atherosclerosis

The elevation of TG-rich VLDL particles in circulation is an independent risk factor for the development of ath-erosclerosis and coronary artery disease.<sup>95,96</sup> Particularly, VLDL remnant and LDL particles derived from VLDLs have optimal sizes for the infiltration into the vascular wall.<sup>62</sup> In addition, the modification of the lipoprotein particles induced self-aggregation in the subendothelial space,<sup>97</sup> which are associated with enhanced scavenging by the macrophages in the subendothelial space.<sup>62</sup> The bioactive components of minimally modified LDL particles, oxidized phospholipids (Ox-PLs), increased gene transcription of HB-EGF and MPs like a disintegrin and metalloproteinase 17 (ADAM17) in the vascular endothelial cells<sup>34,63</sup> (Fig. 1). There were positive associations of HB-EGF content in the vessel wall with the intensity of atherosclerosis in hyperlipidemic mouse and human vessels.<sup>61,98,99</sup> AngII infusion, which elevates HB-EGF-EFR signaling, significantly increased atherosclerosis and aneurysm in hyperlipidemic animal models via HB-EGF upregulation in the vessel wall.<sup>7,100,101</sup> Small-molecule inhibitors of EGFR also showed protection against atherosclerosis and aneurysm in hyperlipidemic animal models.102,103

## Role of HB-EGF in the development of hepatic inflammation

HB-EGF is mainly expressed in the sinusoidal endothelial cells in the liver.<sup>86,87</sup> Different from the endothelial cells in the other tissues of the body, the LSECs are the scavenger endothelial cells as gatekeepers of the body.<sup>68,104</sup> LSECs effectively scavenge oxidant wastes, including modified (heavily- or minimally oxidized) LDL particles and AGEs, which are significantly enriched in the splanchnic circulation of centrally obese individuals.<sup>51,66,105,106</sup> The sustained influx of oxidants into the hepatic sinusoidal lumen causes the saturation and activation of LSECs for the induction of inflammatory cytokine expression.<sup>68,107,108</sup> The upregulation of HB-EGF in the activated LSECs would induce paracrine EGFR signaling in the hepatocytes for the stimulation of VLDL production. The HB-EGF expressed on and released from the LSECs may cause dyslipidemia and low-grade inflammation in the liver (Fig. 2 for the schematic diagram for events related to chronic inflammation and



**FIG. 1.** Lipid peroxidation products increased the expression of genes involved in the HB-EGF-activated EGFR pathway in the vascular endothelial cells. The human aortic endothelial cells isolated from 96 different human donors were treated with vehicle and oxidized phospholipid (Ox-PAPC,  $50 \mu g/mL$ ) for 4 hr. The HB-EGF, ADAM10, -17, and EGFR transcript values from the microarray dataset of the donor cells were plotted by order of basal transcript levels. The openly available dataset was reanalyzed (NCBI GEO: www.ncbi.nlm.nih.gov/geo/; reference number GSE20060).<sup>63</sup> The unique probe ID was inserted for each gene. *P* values mean the differential *P*-value from the Student's *t*-test for paired values of the vehicle and Ox-PAPC treatment groups after adjustment for multiple comparisons. ADAM, a disintegrin and metalloproteinase; EGFR, epidermal growth factor receptor; HB-EGF, heparin-binding EGF-like growth factor; Ox-PAPC, oxidized *1*-palmitoyl-2-arachidonyl-*sn*-glycero phosphorylcholine.

dyslipidemia induced by the overnutrition). The saturation of the LSECs would also induce extrahepatic endothelial cell activation, causing low-grade systemic inflammation.

#### Pathological role of HB-EGF in renal diseases

Previous reports indicated that HB-EGF-mediated EGFR signaling is involved in the pathology of renal diseases.<sup>21,43,48,109–112</sup> HB-EGF mediates the disease phenotypes associated with AngII signaling in the kidney.<sup>43</sup> The HB-EGF-mediated EGFR transactivation signaling mediates the fibronectin and transforming growth factor-beta upregulation in renal mesangial cells induced by AngII or high glucose.<sup>47,48</sup> Bollee et al. demonstrated that the podocyte-specific HB-EGF gene deletion or the administration of EGFR blocker induced protections against rapidly progressive glomerulonephritis in a mouse model.<sup>21</sup> The endothelial-specific HB-EGF deletion also induced a series of protection against renal disease induced by AngII, unilateral nephrectomy,<sup>19,113–115</sup> or ischemic reperfusion.<sup>116</sup> In contrast, the administration of recombinant HB-EGF down-

regulated glomerulus filtration in the animal model of glomerulonephritis.<sup>20</sup> Because HB-EGF is abundantly expressed in the epithelial cells in distal tubules, there were significant increases in soluble HB-EGF content in the urines under renal disease conditions.<sup>116</sup> Overstreet et al. showed that renal tubular HB-EGF overexpression caused the development of renal fibrosis.<sup>112</sup>

### The HB-EGF as a Potential Target Against Metabolic Diseases

The accumulation of lipid peroxidation products (*e.g.*, Ox-PLs) in circulation appears to be a risk factor for the development of metabolic syndrome associated with central obesity.<sup>51,52,117,118</sup> The inhibition of ROS production or the neutralization of the oxidants is a possible approach for the protection against metabolic syndrome and disease phenotypes.<sup>119</sup> Considering the upregulation of the HB-EGF in the endothelium by oxidative stress, the HB-EGF targeting or modulation of the HB-EGF signaling could be another option for treatment. The clinical application of HB-EGF



**FIG. 2.** The role of HB-EGF in the regulation of the hepatic inflammation under overnutrition and obesity. In homeostatic condition, HB-EGF is constitutively expressed in and released from the LSECs for the paracrine EGFR signaling in the hepatocytes for basal VLDL production. The oxidative stress associated with nutrition excess and visceral obesity increased the production of harmful oxidants, including oxidized LDL particles in circulation. The oxidants induce saturation and activation of LSECs and upregulation of HB-EGF expression, which may cause extrahepatic endothelial cell activation and recruitment of bone marrow-derived monocyte recruitment and hepatic VLDL overproduction. The elevation of the circulatory cholesterol induces increased proliferation of the myeloid progenitor in the bone marrow, leading to monocytosis and low-grade inflammation. KC, Kupffer cell; LDL, low-density lipoprotein; LSECs, liver sinusoidal endothelial cells; MOMF, monocyte-derived macrophage; MTP, microsomal triglyceride transfer protein; VLDL, very-low-density lipoprotein. Color images are available online.

modulators on the development of metabolic dysfunction has not been reported yet (as far as we know). Most of the previous interventional clinical studies using HB-EGF modulators have focused on the treatment of cancer patients.<sup>3,34,120,121</sup>

## Antioxidant approaches against metabolic dysfunction

Obesity is closely associated with the induction of oxidative stress in adipose tissue and circulation.<sup>51</sup> There was a close association of oxidative stress with the development of metabolic syndrome.<sup>52,84,118</sup> As an example of the useful therapeutic application of antioxidants, the administration of a free thiol N-acetyl-L-cysteine ameliorated the liver endothelial cell damage caused by the paracetamol overdose.<sup>122-124</sup> However, the beneficial effects of neutralization of the oxidants using antioxidants against metabolic disease phenotypes are still under controversy.<sup>119,125</sup> Because local transient ROS production is essential for physiological and cellular functions,<sup>125,126</sup> nonspecific targeting of superoxide  $(O_2^{-})$  and hydrogen peroxide  $(H_2O_2)$  may cause deleterious effects. Another pitfall of antioxidant therapy could be the differential reactivities of an antioxidant with oxidants due to different chemical structures and properties.<sup>119</sup> The time point for the administration might be another determining factor for therapeutic effects.<sup>119,127</sup> Administration of antioxidants at the end stage of metabolic diseases did not induce significant beneficial effects.<sup>125,126</sup>

## HB-EGF targeting against metabolic diseases

HB-EGF blocking antibodies were evaluated for therapeutic applications for antitumor purposes.<sup>128–132</sup> In human clinical trials, the administration of HB-EGF neutralizing antibody showed protection against cancer progression. However, the administration induced unexpected psychiatric side effects.<sup>130,133</sup> A recent trial using another HB-EGF blocking antibody did not show the deleterious effects.<sup>132</sup> The membrane-tethered HB-EGF is the *bona fide* receptor for diphtheria toxin (DTX) in primates.<sup>134</sup> Inert DTX analog has been evaluated for the suppression of HB-EGF signaling in varying pathological conditions.<sup>121,135–137</sup> A representative DTX analog, CRM-197, showed protection against the proliferation and metastasis of cancer cells<sup>135–139</sup>; however, the effects of the analog on the metabolic disease phenotypes have not yet been reported.

As mentioned, the administration HB-EGF ASO significantly downregulated the rate of hepatic VLDL production and effectively suppressed circulatory VLDL- and LDLassociated TG and cholesterol levels in hyperlipidemic mouse models (LDLR- or apoE-deficient mice under the Western diet).<sup>92</sup> Concordantly, the ASO administration

#### **Overnutrition & Oxidative stress**



Dyslipidemia & atherosclerosis↑

**FIG. 3.** The working hypothesis of HB-EGF in metabolic disease development. Oxidants produced by the oxidative stress increased HB-EGF expression in the sinusoidal endothelial cells in the liver and bone marrow, causing increases in hepatic VLDL secretion and myeloid cell production. The bone marrow-derived monocytes can be recruited into the subendothelial space of the liver sinusoids and vessel endothelium for the development of inflammation in the liver and vessels. HB-EGF targeting would downregulate the hepatic VLDL production and reduction of the myeloid cell production. FFA, free fatty acid; HSPC, hematopoietic stem and progenitor cell; M $\phi$ , macrophage; MO, monocyte; MPC, myeloid progenitor cell. Color images are available online.

induced an effective suppression of atherosclerosis and aneurysm developments in the models.<sup>92,140</sup> The inhibition of hepatic VLDL production and downregulation of innate immune cell production in the bone marrow appears to be involved in the protection.<sup>14</sup>

Recently, a list of small-molecule EGFR blockers (*e.g.*, gefitinib and AG1478) showed protection against atherosclerosis and hyperlipidemia in animal models.<sup>102,141</sup> The inhibitors also downregulated circulatory lipid levels in hyperlipidemic mouse models. The EGFR blocker erlotinib showed protection against diabetes in humans by suppressing inflammatory cytokine production and inflammatory cell infiltration into the pancreas.<sup>142</sup> Gefitinib administration protected against renal, vascular, and glomerular fibrosis.<sup>109</sup> Potentially, the re-evaluation of the clinically available EGFR blockers could be an approach for the development of therapeutic tools against metabolic diseases.<sup>12,43</sup>

#### **Conclusion and Perspectives**

Since the first identification of the HB-EGF as a ligand of EGFR and ERBB4,<sup>1</sup> numerous features of HB-EGF associated with cell proliferation and metabolic disease phenotypes were reported. Different from the other EGFR ligands, the HB-EGF transcription is sensitively upregulated by oxidative stresses in the endothelial cells. The role of the HB-EGF in regulating the proliferation and differentiation of HSCs could be a compelling connection of oxidative stress with the induction of low-grade inflammation in obese people. The increase of the hepatic VLDL production by the HB-EGF signaling in the hepatocytes could be the linkage of oxidative stress with dyslipidemia in obese people. As illustrated in Fig. 3, the HB-EGF upregulated in the hepatic or bone marrow sinusoidal endothelial cells by overproduction of harmful oxidants in circulation appears to be a

Although the therapeutic potential of the HB-EGF modulation is a promising approach from the experimental results using animal models, still many barriers are to be overcome for the clinical applications. Previous reports indicated barriers in the translational application of the preclinical results to humans on metabolic and vascular disease phenotypes,<sup>143,144</sup> as exemplified by the increased susceptibility of the patients with anti-inflammatory reagent canakinumab (IL-1beta blocking antibody) administration to the sepsis and infection.<sup>145</sup> For each approach of HB-EGF targeting, a thorough evaluation of the potential side effects should be addressed. The administration of an HB-EGF blocking antibody caused psychiatric disturbances in human studies, partly because of the interruption of the cere-bral function of HB-EGF.<sup>130,133</sup> The ASO would provide a benefit of minimal side effects in the brain via the impermeability of the ASO through the blood-brain barrier<sup>146</sup>; however, the HB-EGF ASO induced buildup of the neutral lipids (TG and cholesterol ester) in the liver and potential suppression of blood cell formation in the bone marrow.<sup>92</sup> Further evaluation of the side effects associated with liver and bone marrow functions is required. The DTX analog showed significant beneficial effects in suppressing cancer cell proliferation and metastasis. The cost of production of DTX analog and residual toxic effects of the analog could be barriers for long-term clinical usages. Collectively, considerable results indicate that the HB-EGF pathway is a target candidate for the prevention and reverse of metabolic diseases in humans, although further evaluation on potential side effects is needed.

#### Disclaimer

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#### Authors' Contributions

S.K. made contributions to the acquisition and interpretation of experimental data associated with the article. V.S. and A.A.-L. provided insights into the experiments and direction of the projects related to the article. S.L. originally drafted the article with an agreement to be accountable for all aspects of the work.

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