



Ecdysone controlled cell and tissue deletion

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Abstract

The removal of superfluous and unwanted cells is a critical part of animal development. In insects the steroid hormone ecdysone, the focus of this review, is an essential regulator of developmental transitions, including molting and metamorphosis. Like other steroid hormones, ecdysone works via nuclear hormone receptors to direct spatial and temporal regulation of gene transcription including genes required for cell death. During insect metamorphosis, pulses of ecdysone orchestrate the deletion of obsolete larval tissues, including the larval salivary glands and the midgut. In this review we discuss the molecular machinery and mechanisms of ecdysone-dependent cell and tissue removal, with a focus on studies in *Drosophila* and Lepidopteran insects.

Facts

- Ecdysone is a key developmental regulator in holometabolous insects that triggers the degradation and remodeling of larval tissues during metamorphosis.
- Ecdysone-mediated larval tissue deletion is spatiotemporally regulated and involves both apoptotic and autophagy-dependent cell deaths.
- Ecdysone mediates its regulatory effects via a nuclear hormone receptor complex that drives the expression of target genes directly or through ecdysone-induced transcription factors.

Open questions

- How does ecdysone trigger different spatiotemporal cell death responses during larval tissue degradation?
- What are the key features of apoptosis and autophagy-dependent cell death?
- Why is autophagy preferred in some circumstances over apoptosis as a cell death mediator?

Introduction

The proper development of metazoans requires a tight balance between cell death, proliferation, and differentiation [1]. Programmed cell death, defined as cell death mediated by a highly regulated genetic program, is essential for tissue patterning and deleting superfluous cells and tissues during animal development. A well-studied example of developmentally programmed cell death is tissue removal and remodeling during molting and metamorphosis of insects. The molting and metamorphosis are stimulated by secretion of ecdysteroid hormones from the prothoracic glands (PGs) [2]. During insect metamorphosis, larval tissues or entire organs can be removed by cell death as their functions are not required for adult life [3]. One of the first descriptions of developmental cell death was the degradation of insect intersegmental muscles mediated by the ecdysone pulse at the onset of metamorphosis [4]. Steroid hormone regulated cell death is not limited to insects. For example in mammals glucocorticoids are potent inducers of apoptosis in many cell types and tissues [5]. The vinegar fly, *Drosophila melanogaster*, with its extensively studied genetics during the past 120 years, has been widely used as a model for studying the molecular mechanisms that regulate developmental transitions including cell death. Lepidopteran insects, the butterflies and moths, have also been used to study cell death, with their large body size being an advantage for both morphological studies as well as biochemical analyses.

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Cell death mechanisms regulated by ecdysone

There are multiple ways by which animal cells can die in a regulated manner, with apoptosis being the most common one [1]. Apoptosis is a highly conserved process that is dependent on the activation of cysteine proteases, known as caspases, and features cytoplasmic condensation, nuclear fragmentation, and dismantling of cells into apoptotic bodies that are removed by phagocytosis [1]. In *Drosophila* there are seven caspases and while the cell death functions of all have not been fully established, they can be classified as initiator caspases (Dronc, Strica, and Dredd) and effector caspases (Drice, Dcp-1, Decay and Damm) [6–10]. Initiator caspases with long N-terminal prodomains and their adaptors enable the formation of platforms, such as the apoptosome, that regulate their activation [7, 9, 11–15]. The adaptor protein Dark in *Drosophila* is required for apoptosome assembly that is essential for the activation of the initiator caspase Dronc [16]. Once activated, Dronc then cleaves effector caspases facilitating their activation. In *Drosophila*, activation of apoptosis is triggered by the proapoptotic proteins, Reaper (Rpr), Head involution defect (Hid), and Grim (refer to as RHG), which are upregulated by ecdysone or stress signals [17–20]. The RHG proteins act by binding to *Drosophila* Death-associated inhibitor of

apoptosis protein 1 (Diap1), an essential caspase inhibitor, initiating autoubiquitination and degradation of Diap1, alleviating its inhibitory effects on caspases [21, 22] (Fig. 1a).

Although most cell death in animals are mediated by apoptosis, in some cases macroautophagy (referred to as autophagy) can be adapted as a mechanism of cell or tissue deletion [1]. Autophagy is an evolutionarily conserved process whereby cytoplasmic components are engulfed in a double-membrane vesicle, the autophagosome, which then fuses with the lysosome where the contents are degraded [23]. The multi-step process of autophagy is regulated by a series of Autophagy-related (Atg) proteins [24], that function in induction, nucleation, expansion and completion, then lysosomal fusion (Fig. 1b). In most cases, autophagy maintains cellular health and survival under both physiological conditions and in response to hormones, cellular stresses, including nutrient deprivation, intracellular metabolic stress, and growth factor withdrawal [25]. Moreover, depending on the context, autophagy can either cooperate with apoptosis and finalize the cell death event, or act as an independent cell death mechanism [26]. As discussed below such autophagy-dependent cell death (ADCD) is essential for the removal of larval midgut in *Drosophila* and is tightly regulated by ecdysone.

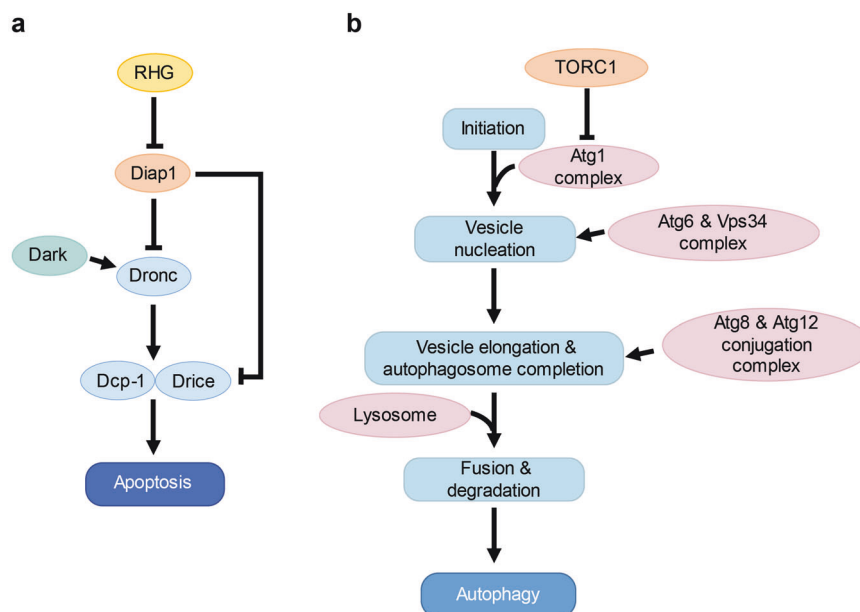


Fig. 1 Apoptosis and autophagy pathways in *Drosophila*. **a** Apoptosis: Diap1 inhibits the activation of Dronc, as well as active forms of Drice and Dcp-1, in the absence of apoptotic signals thus keeping the apoptotic machinery in check. RHG proteins (Reaper, Hid, and Grim) act as Diap1 antagonists, promoting its autoubiquitination and degradation, thus allowing Dronc activation via the Dark apoptosome. This initiates activation of downstream effector caspases Drice and Dcp-1, initiating apoptosis. **b** Autophagy: Target of rapamycin complex 1 (TORC1) negatively regulates autophagy by repressing Atg1, which is

critical for the initiation phase of autophagy. Ecdysone signaling upregulates many of the *Atg* genes required for various stages of autophagy. A phagophore is formed under the regulation of Atg1 complex and Atg6 complex, which subsequently expands and matures into the autophagosome with the assistance of two ubiquitin-like conjugation systems (Atg8 and Atg12). In the final step autophagosomes fuse with the lysosomes. The luminal contents and the inner layer of the autophagosomes are degraded by lysosomal hydrolases

Ecdysone signal

In insects, ecdysone is the central regulator of developmental transitions including molting and metamorphosis, which require tissue remodeling and removal of obsolete tissue by cell death. The biosynthesis of ecdysone occurs in the PGs [27]. Once produced from cholesterol, the precursor ecdysone is released into the hemolymph and is converted to the active form, 20-hydroxyecdysone (20E) by P450 enzymes [28, 29]. In target cells/tissues, 20E binds to heterodimeric nuclear hormone receptors, Ecdysone receptor/ Ultraspiracle (EcR/USP), to regulate expression of genes that are responsible for physiological, morphological, and behavioral changes associated with molting and metamorphosis [30, 31]. The term “ecdysone” has often been used as a generic name for both the precursor and the mature 20E. As the key regulator of numerous biological processes, ecdysone biogenesis in PG must be tightly regulated. Prothoracicotropic Hormone (PTTH) is a brain-derived neuropeptide that acts as the major signal for the onset of ecdysone synthesis [32, 33]. Insulin-like hormones have also been found to stimulate ecdysone secretion in the PGs of various insects [34]. In *Drosophila*, insulin-like peptides (dILPs) bind to insulin receptor (InR) and activate the phosphatidylinositol 3-kinase (PI3K) cascade [35]. The

basal level of ecdysone biosynthesis is promoted by PI3K signaling in PG and as a negative feedback, high ecdysone levels in the fat body inhibits organismal growth [36]. As an exception, ecdysone secretion by the PG in tobacco hornworm, *Manduca sexta*, is not stimulated by insulin [37].

Studies in *Drosophila* identified three EcR isoforms (EcR-A, EcR-B1 and EcR-B2) [38, 39], with EcR-A and EcR-B1 isoforms also present in Lepidoptera including *Manduca sexta* and *Bombyx mori* [40, 41]. The isoforms of EcR result from alternative splicing and share the same DNA and ligand binding domains, with unique N-terminal A/B domain. The isoforms are expressed in different spatial and temporal patterns [42]. The EcR-B isoforms perform an activation function whereas EcR-A has an inhibitory function in transcriptional regulation [43]. Therefore, tissues with different metamorphic responses to ecdysone express different ecdysone receptor isoforms.

Ecdysone induced cell death in *Drosophila*

There are three main ecdysone pulses during *Drosophila* metamorphosis, the late-larval, the prepupal, and the pupal pulse [44] (Fig. 2). At the transition from third instar larvae to prepupae, the degradation of larval tissues including the midgut, abdominal and anterior muscles is initiated by

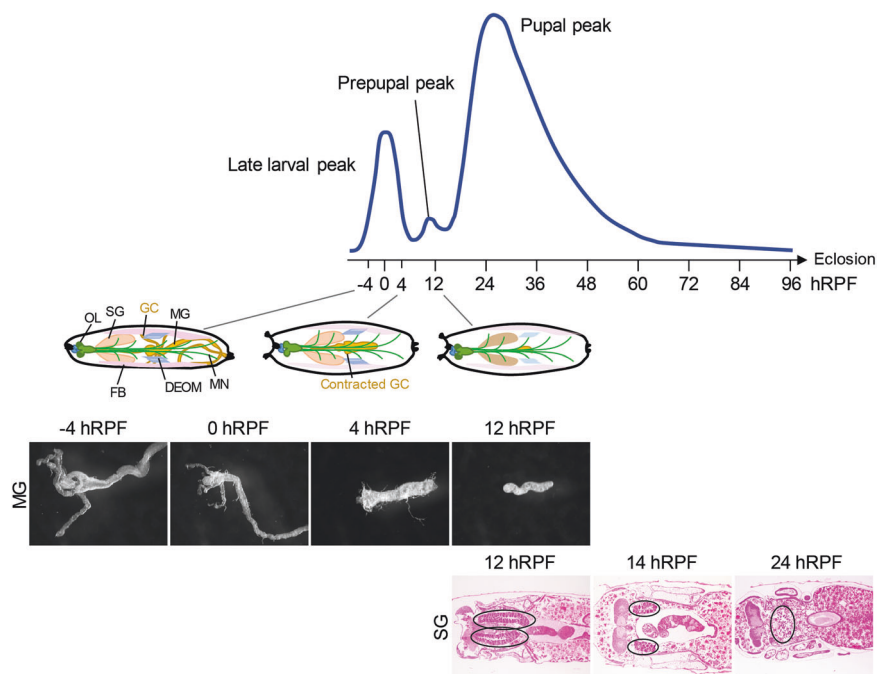


Fig. 2 Ecdysone triggers the stage-specific cell death of *Drosophila* larval tissues. The PG produces ecdysone. There are three ecdysone pulses that mediate metamorphosis. The late larval pulse triggers puparium formation, defining the larval-prepupal transition. The larval midgut (MG) degradation starts at -4 h RPF with contraction of gastric caeca (GC) and remodeling of fat body (FB) initiates in response to this pulse. Degradation of the dorsal external oblique

muscles (DEOM) occurs at 8–12 h RPF. At 12 h RPF, the larval midgut condenses to form the yellow body. The prepupal ecdysone pulse triggers the prepupal to pupal transition and involves the degradation of salivary glands (SG), optic lobe (OL) and motoneurons (MN). The larval salivary glands survive the late larval ecdysone pulse but die rapidly following the prepupal pulse of ecdysone from 12 h RPF (circled)

the late larvae ecdysone pulse [45–48]. The same ecdysone pulse also regulates the cell death in the optic lobe and two distinct groups of neurons in the ventral central nervous system (CNS), starting 6 h later relative to puparium formation (RPF) [49–51]. The prepupal pulse of ecdysone at 12 h RPF leads to head eversion, which marks transition to the pupal stage, and degradation of the larval salivary glands (Fig. 2) [18, 52]. This pulse of ecdysone also regulates the remodeling of neurons and the fat body during metamorphosis [53–55]. The pupal pulse that peaks about 30 h RPF is responsible for adult development [44] (Fig. 2). In the adult, ecdysone and nutrients coordinate cell death and enable the regular physiological function of the adult ovary [56]. We summarise below the current state of knowledge of ecdysone regulated cell and tissue degradation in *Drosophila*.

Salivary glands

Cell death of the *Drosophila* larval salivary glands has been well studied. The prepupal ecdysone pulse at 12 h RPF triggers the degradation of the salivary glands that are then rapidly removed by 16 h RPF [45, 57] (Fig. 2). The increased expression of cell death related genes, including caspases and autophagy genes, occurs in response to the increased ecdysone titre [58, 59]. Features of both apoptosis and autophagy are exhibited during salivary gland histolysis including apoptotic gene induction, enhanced caspase activity, DNA fragmentation, as well as upregulation of autophagy genes and the cytoplasmic vacuolization [58–60]. Indeed, inhibiting either apoptosis or autophagy delays the degradation of salivary glands, whilst simultaneous suppression of both autophagy and apoptosis further delays the process. This indicates that both autophagy and apoptosis are crucial for salivary gland removal [59, 60].

In response to the late-larval pulse, ecdysone binds to EcR/USP complex and initiates the expression of a set of primary response genes (or early puff genes) encoding transcription factors Broad-Complex (BR-C) (a zinc finger transcription factor), E74A (a ETS-domain transcription factor) and E75 (an orphan nuclear receptor) [61–65] (Fig. 3). The timing of salivary gland histolysis is tightly coordinated by the balance between cell death activators and inhibitors. For example, *Diap1* is actively expressed at mid-larval stage to prevent salivary gland cell death before the prepupal increase of ecdysone level [66, 67]. The late-larval ecdysone pulse activates EcR and cAMP-response element-binding protein (CBP), which is necessary and sufficient to downregulate *Diap1* [66, 67]. The remaining *Diap1* level is sufficient to prevent early salivary glands removal until its caspase inhibitory activity is overcome by later expression of *rpr* and *hid* in response to the prepupal pulse of ecdysone [66, 67] (Fig. 3). The transcription factor

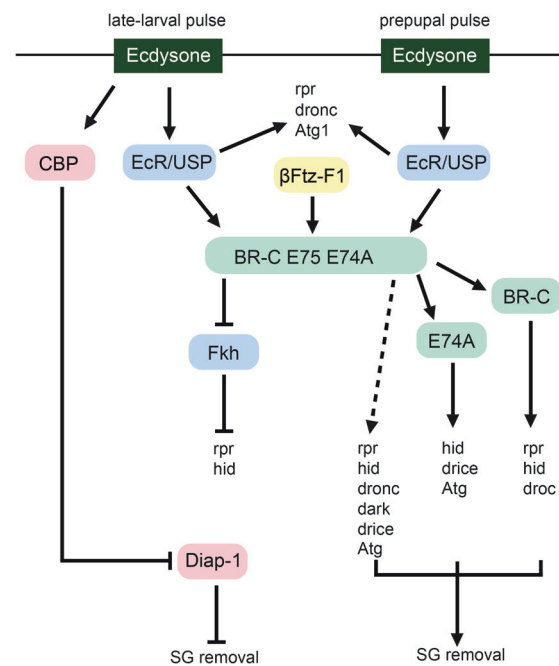


Fig. 3 Two pulses of ecdysone lead to *Drosophila* larval salivary gland degradation. Late larval ecdysone pulse activates EcR/USP receptor complex, which initiates the expression of primary genes *BR-C*, *E74A*, and *E75*. *Fkh* inhibits *rpr* and *hid* expression prior to the prepupal ecdysone pulse. *CBP* downregulates *Diap1* expression. The remaining *Diap1* prevents salivary gland from dying. The dip of ecdysone pulse after the larval stage activates *ftz-fl*, which works together with EcR/USP regulated by the pupal stage ecdysone release to re-induce the expression of *BR-C* and *E74A*. These primary response genes then initiate the expression of late genes or secondary response, promoting the transcriptions of several apoptotic and autophagic genes. EcR/USP can also directly regulate the expression of *hid*, *rpr*, *dronc*, and *Atg1*

Fork head (*Fkh*) inhibits *rpr* and *hid* expression prior to the prepupal ecdysone pulse [68]. In response to the late-larval pulse, *BR-C* downregulates *Fkh*. This is followed by *rpr* and *hid* expression in response to prepupal pulse of ecdysone, thus driving the temporal regulation and tissue specificity of salivary gland cell death [68] (Fig. 3).

The *E93* gene was previously identified as a primary response gene, encoding a large DNA binding protein that influence the transcription of secondary response genes in both salivary glands and midgut [69]. However, a more recent study demonstrated that mutant alleles of *E93* used in earlier studies were in fact alleles of a nearby gene *Iso-citrate dehydrogenase 3b* (*Idh3b*), which encodes a key enzyme of the citric acid cycle in the mitochondria [70]. Further work will be necessary to fully resolve the controversy as to whether *E93* has any role in cell death.

β FTZ-F1, an orphan nuclear receptor, is expressed during the mid-prepupal dip in ecdysone titre and acts as a competence factor functioning together with EcR/USP complex to induce the transcription of *BR-C* and *E74A* [63, 71–73] (Fig. 3). In response to ecdysone, EcR/USP directly mediates

the transcription of *rpr*, *dronc*, and *Atg1* by binding to their promoters [18, 74, 75] (Fig. 3). In addition, BR-C and E74A transduce and amplify the ecdysone signal to induce cell death by regulating a group of secondary-response genes (or late puff genes) associated with both apoptosis and autophagy [18, 52, 76–82] (Fig. 3). The *Drosophila* H3K27me3 demethylase UTX (dUTX) interacts with EcR/USP to modulate the transcription of the apoptosis and autophagy genes, suggesting a regulatory role of epigenetic modifications in ecdysone mediated cell death [75]. As part of the secondary response, ‘late’ genes including pro-apoptotic genes *hid*, *drice*, and *dark* are upregulated, whereas *Diap1* is down-regulated [18, 45, 76–78, 80]. Expression of most of the key *Atg* genes is also upregulated [81–83] (Fig. 3).

Interestingly, cell death of the salivary glands involves crosstalk between layers of the ecdysone-induced transcriptional hierarchy and shows the mediation of spatially self-limiting behaviour. For instance, expression of the secondary response gene *belle* requires primary response genes *BR-C* and *E74A*, meanwhile *belle* is required for proper translation of *E74A* mRNA during the onset of salivary gland degradation [84, 85]. Another relatively well-characterised secondary response gene during salivary gland degradation is *med24*, which encodes a component of the RNA polymerase II mediator complex [85, 86]. While loss of function of *med24* results in defects in amplitude of transcriptional response and a reduced rate of transcriptional initiation leading to an inhibition of caspase activation and salivary gland cell death, it does not fully block transcriptional induction of *rpr* and *hid* [85–87].

Other context-specific regulators of autophagy in salivary gland cell death have been identified. MicroRNA *miR-14* has been shown to regulate autophagy during salivary gland degradation through targeting inositol 1,4,5-triphosphate kinase 2 (IP3K2) activity [88]. Manipulating *miR-14* levels lead to a corresponding change in autophagy levels in dying salivary glands but not during starvation-induced autophagy in the fat body [88]. Loss of *miR-14* does not affect EcR and BR-C during salivary gland degradation, indicating that it may act downstream of ecdysone during in salivary glands clearance [88]. While such functional specificity of *miR-14* distinguishes cell death from cell survival, alternative pathways may exist to regulate salivary gland degradation in addition to ecdysone signaling. Ral, a member of the Ras superfamily of small GTPases, together with exocyst components, were also shown to be essential for autophagy in dying salivary glands but not for starvation induced autophagy in fat body [89]. *Hermes*, a proton-coupled pyruvate transporter, functions as a positive regulator of autophagy by inhibiting TOR in salivary glands [90].

In addition, immune signaling is also important in regulating salivary glands degradation. Studies have shown that dying salivary glands exhibit enrichment of multiple

engulfment factors including immune receptor Draper (*Drpr*) and Croquemort (*Crq*) [78, 91]. *Drpr* presents on the surface of salivary gland cells and acts upstream of autophagy initiation in salivary gland degradation cell-autonomously. This function is not observed during starvation-induced autophagy in the fat body. Loss of function mutations or knockdown of *Drpr* blocks salivary glands degradation and prevents autophagy initiation which can be rescued by *Atg1* expression in *Drpr*-deficient salivary glands [91]. Another regulator identified is Macroglobulin complement-related (*Mcr*), which acts non-cell autonomously, upstream of *Drpr* to regulate salivary gland cell death and embryonic wound healing by influencing autophagy in neighboring cells [92]. This function presents specifically in dying salivary glands, but not in the fat body under nutrient deprivation or during cell death in the midgut [92]. Moreover, the Nuclear Factor κ B transcription factor Relish and the peptidoglycan recognition protein (PGRP) receptor, components of the immune deficiency pathway, are needed for autophagy in salivary gland degradation by mediating *Atg1* expression [93]. Transcription of *crq* increases in late prepupal salivary glands, immediately before the onset of cell death, possibly directly in response to primary response gene [78]. Reduced function of *crq*, *drpr*, or other genes such as *simu*, *crq*, *ced-6*, *src42a*, *ced-12*, *crk*, and *mbc* involved in engulfment pathway blocks the clearance of dying salivary glands [91]. While all of this implicates a context-specific relationship between immune signaling component in mediating autophagy for cell death, the interconnection between ecdysone signaling, cell death and immune signaling needs further exploration.

Growth arrest is also important for normal degradation of larval tissues including the salivary glands and the midgut [60, 94]. Under normal growth conditions, signaling through the insulin receptor/class I PI3K pathway and receptor tyrosine kinase via Ras/mitogen-activated protein kinase (MAPK) pathway inhibits autophagy by activating TORC1 [95]. Down regulation of these growth signals is required for autophagy-dependent cell death. Unlike in vertebrates, growth signaling suppresses cell death in salivary glands independent of FOXO [96]. Sustained growth signaling by class I PI3K pathway blocks ADCD and results in persistent salivary glands and midgut while downregulation of PI3K activity prematurely induces ADCD in these tissues [60, 94]. Thus, while there are distinct regulators of salivary gland cell death, there are similarities in the signals triggering larval midgut and salivary glands degradation.

Larval midgut

Drosophila larval midgut degradation is triggered by the late larval pulse of ecdysone [46]. The larval midgut is a

large tissue with a proventriculus and anterior appendages called gastric caeca (GC). Initiation of midgut cell death at -4h RPF leads to contraction of proventriculus and GC, followed by midgut condensation [30, 46, 97] (Fig. 2). The adult gut starts forming 2 h RPF encompassing the remnants of the condensed larval midgut tissue [46]. The midgut degradation has been used as a model to study ADCD [26].

Consistent with the ecdysone-mediated upregulation of cell death-related genes during salivary gland cell death, many autophagy- and apoptosis-associated genes are transcriptionally upregulated in the dying midgut. The transcription of *rpr* and *hid* is increased by BR-C following the increase in ecdysone concentration, preceding both larval midgut and salivary gland cell death [45, 46]. Other apoptotic genes such as *dronc*, *dark*, *crq*, and *decay* are all upregulated in response to increased ecdysone titre during midgut removal [46]. Coincident with the increase in ecdysone, high levels of expression of *Atg* genes are observed just before midgut histolysis including *Atg1*, *Atg2*, *Atg3*, *Atg4*, *Atg7*, *Atg6*, *Atg8a*, *Atg12*, and *Atg18* [98]. The knockdown of *EcR* blocks this increase in transcription of *Atg* genes and delays midgut removal [99]. A detailed analysis of the requirements of *Atg* genes in midgut degradation revealed that the autophagy machinery involved differs to that of autophagy induced in response to starvation required for cell survival. Several *Atg* genes in the conjugation pathway including *Atg3* and *Atg7* are expressed but not essential for ADCD [100, 101]. Uba1, the ubiquitin activating enzyme, is required for *Atg3* and *Atg7* independent autophagy and midgut degradation [101].

Surprisingly, the increased expression of apoptotic genes and caspase activity in the dying midgut is dispensable for the degradation of this tissue [98]. Blocking apoptosis by expressing the caspase inhibitor *p35* or by genetic ablation of multiple apoptotic genes, does not affect midgut degradation [46, 98]. In contrast, blocking autophagy delays the degradation of the midgut [98]. The combined suppression of both autophagy and caspase activity does not further delay this process compared with the inhibition of autophagy alone, suggesting that caspase activity is not required for midgut removal [98, 102].

Recent studies identified the *Drosophila* BMP/TGF- β homologue, Decapentaplegic (Dpp), as a regulator of midgut degradation [99]. Maintained expression of Dpp suppresses autophagy initiation and midgut cell death; whereas blocking Dpp signaling promotes early autophagy and rapid midgut cell death [99]. Additional studies indicate that knockdown of *Tor*, a key negative regulator of autophagy, can restore the block in autophagy-dependent midgut removal resulting from Dpp signaling [103]. The sustained Dpp signaling in the larval midgut also impairs the transcriptional expression of ecdysone biosynthesis genes in the PG blocking production of ecdysone [99]. This reveals that

Dpp signaling may act to coordinate ecdysone biosynthesis and developmental timing of autophagy-dependent midgut removal, possibly via TOR and other signaling pathways for mediating ecdysone-dependent cell death mechanisms. While Dpp is essential in regulating ecdysone-mediated ADCD, Hedgehog (Hh) and Wingless (Wg) signaling pathways are not involved in this process [104]. Intriguingly, the *Drosophila* Glycogen Synthase Kinase 3, Shaggy, a key component in Hh and Wg pathways, may act as a novel regulator of midgut cell size contraction independent of these pathways [104]. The receptor protein tyrosine phosphatase PTP52F is also required for midgut removal [105], but its role in ADCD remains unknown. It is worth noting that the destruction of midgut is delayed but not completely blocked in autophagy deficient background [98, 106]. In Dpp active midgut however, the process is completely blocked [99], suggesting that other unknown factors may be involved.

Abdominal muscles

The process of abdominal muscle histolysis is less well studied compared with larval midgut and salivary gland cell death. The degradation of the DEOMs initiates at 8 h RPF and is completed by 12 h RPF [107]. In response to the ecdysone signal through EcR-B1, destruction of DEOMs is executed solely by apoptosis, not autophagy, although the latter is also observed in degrading tissue [48, 108]. Dying DEOMs display nuclei containing condensed chromatin and muscle-specific expression of the caspase inhibitor *p35* significantly inhibits active caspase staining and DEOM histolysis [48]. While blocking autophagy by knockdown of key components including *Atg1*, *Atg5*, or *Atg18* shows reduced muscle autophagosome formation, it has no impact on muscle degradation [48]. Interestingly, a small subset of the abdominal muscles named the dorsal internal oblique muscles (DIOMs) are excluded from the degradation although EcR-B1 is highly expressed in DIOMs [107, 108]. The mechanism of how DIOMs evade ecdysone induced cell death remains to be further investigated.

Several nuclear proteins have been identified as regulators for DEOMs degeneration during metamorphosis. The nuclear protein Chromator promotes larval muscle histolysis whereas the nuclear protein East prevents muscle degeneration, and these antagonistic effects spatial-temporally regulate DEOMs degeneration [109]. Similarly, β FTZ-F1, opposed by Hr39, another nuclear receptor, is critical in regulating the timing of larval muscle destruction. Knockdown of *ftz-fl* or overexpression of *Hr39* delays caspase activation and results in persistent DEOMs past the normal timing of removal [48]. A recent study revealed that *Thin (tn)*, encoding a TRIM E3, acts as a novel regulator for apoptotic cell death specifically in DEOM by

targeting *Diap1* [110]. Mutation of *tn* blocks caspase-3 staining and DEOM destruction, increases *Diap1* expression therefore impedes activation of Dronc independent of ecdysone signaling [110]. Nevertheless, precise mechanisms regulating integration of signals among ecdysone, these regulators, and cell death pathways remain unknown.

Nervous system

During *Drosophila* metamorphosis, the transformation from a crawling, feeding larva into a complex adult capable of flight and reproduction, requires a dramatic change in neurons. Previously quiescent adult-specific imaginal neurons start to develop, some neurons remodel their dendrites and axons to fit new function in the adult nervous system, some are programmed for elimination to establish a CNS as well as peripheral nervous system suitable for adult lifestyle [111].

In the CNS, the isoforms of EcR differently regulate *grim* and *rpr* expressions in different neurons to induce apoptosis [112, 113]. In response to the late larval pulse of ecdysone, the cell death of peptidergic neurons that secrete the neuropeptide Corazonin is triggered via EcR-B1 and B2. Later after a low prepupal pulse, RP2 motoneurons in abdominal segments A2-A7 are eliminated, also requiring B isoforms of EcR [49, 51].

Cell death in the developing optic lobe occurs in two waves during metamorphosis in a unique spatio-temporal pattern triggered by ecdysone [50, 114]. EcR-B1 is expressed between 9 and 48 h RPF then disappears by 60 h RPF. EcR-A is expressed in optic lobe neurons and many types of glia from 0 to 60 h RPF in a different pattern from EcR-B1. At 0 h RPF, optic lobe cell death is independent of any EcR isoforms. Two distinct clusters of cells undergo apoptosis in the lamina, most dying cells are neurons, and the others are glia. By 24 h RPF most cells are eliminated in the first cluster. Surprisingly, this process does not rely on EcR-B1 or A, indicating regulators other than ecdysone might be necessary [114]. From 48 h RPF to eclosion, a smaller number of cells are removed by apoptosis. EcR-B1 is required for the ecdysone signal transduction in optic lobe in the later cluster [50].

Although not a classical cell death event, the neuronal remodeling is an important process for the nervous system during metamorphosis [54]. In *Drosophila*, the dendritic arborisation (da) sensory neurons, Class IV (ddaC) neurons, larval motoneurons, mushroom body (MB) neurons, and FMR Famide expressing thoracic ventral neurons go through remodeling in response to the prepupal ecdysone pulse. The ecdysone signal upregulates *sox14* and *headcase* (*hac*) expression via EcR-B1/USP and triggers apoptotic cell death in ddaC neurons [53, 115, 116]. Similar to cell death in salivary glands and midgut, the elimination of MB

neuroblasts at the end of neurogenesis requires autophagy. Ecdysone downregulates PI3K via E93 at late pupal stage to activate autophagy [117]. Interestingly, while ecdysone triggers apoptosis in the neurons, it is also responsible for the survival of nerve cord type II neurons during metamorphosis. These neurons survive until eclosion and undergo repaired degeneration with reduced ecdysone level [112, 118].

Fat body

The *Drosophila* larval fat body undergoes remodeling during metamorphosis in response to ecdysone. Fat body cells disassociate from a single layer of cells to become individual cells, these cells are then removed at early adulthood [55, 119]. Following the ecdysone pulse at the larval-prepupal transition, fat body remodeling requires E74 for the induction of both autophagy and apoptosis genes, whereas BR-C induces apoptosis but not autophagy [120]. The remodeling is achieved mainly by autophagy, which initiates upon downregulation of PI3K [121, 122]. Although caspase activity is elevated, it does not lead to classical cellular features of apoptosis [122]. Inhibiting apoptosis or autophagy leads to upregulation of the other pathway and pupal lethality, indicating a balanced level between apoptosis and autophagy is important for normal remodeling of fat body [122].

Ovary

The ovaries are the main ecdysone production site in adult fly, although the exact mechanism of ecdysone synthesis remains unclear [123]. The structural and functional units of the ovary are the egg chambers, which consist of germline cysts and somatic follicle cells. Oogenesis is a 14 stage process that involves the moving of egg chambers out through the germarium. One of the sixteen germline cells in the germline cyst differentiates into an oocyte and the others become nurse cells [56]. The germline cell death occurs at three stages of egg chamber development, at stage 2b in the germarium before the formation of follicle cell layer, at stages 7–9 in pre-vitellogenic mid-stages, and stages 12–14. Progression through the middle stage of oogenesis requires ecdysone. When the females are challenged by factors such as nutrient deprivation, extreme temperature, or chemical expose, the ovarian level of ecdysone is reduced [124]. Injecting ecdysone into diapaused females results in more chambers progressing to next stage [124]. The cell death in germline cells induced by nutrient deprivation in this oogenesis stage requires Dcp-1 and can be repressed by apoptosis inhibitor Diap1, however the exact cell death mechanisms in different cell types remain unclear [125]. Ecdysone signaling through EcR-B1 is required for the survival of the nurse and follicle cells until late oogenesis

[126]. At the end of oogenesis, nurse cells “dump” their cytoplasmic contents into the oocyte and undergo cell death [127]. To date, the mechanism of this cell death remains unclear as it is not prevented by blocking apoptosis or autophagy [127]. The follicle cells also undergo death, in some cases this is via apoptosis [128]. As reviewed elsewhere there are additional cell death events in ovary that are not regulated by ecdysone [129].

Ecdysone induced cell death in Lepidoptera

During metamorphosis of Lepidopteran insects ecdysone signaling also regulates cell death and autophagy. Due to a large body size for morphological analysis and the available biological background information, studies using Lepidoptera have been crucial for the understanding of endocrine regulation of animal physiology (Fig. 4). However, due to limited genetic tools compared with *Drosophila*, much less is known about the molecular mechanisms of ecdysone dependent cell death in Lepidoptera. Here we describe studies involving specific tissue degradation in various Lepidoptera.

Wings

In Lepidoptera, several species of moths have wingless females whereas males of the same species have functional wings. This sex-specific wing degeneration occurs in females of *Geometridae*, *Lymantriidae*, *Noctuidae*, *Psychidae*, and some other families. The acquisition of wings is a key innovation that may have enabled the extreme diversification of insects. Various lines of evidence indicate that this process is controlled by ecdysone [130].

In the tussock moth (*Orgyia recens*), ecdysone results in the degeneration of cultured pupal female wings to about 20% of original size with apoptosis throughout the wing. Whereas male wings cultured with ecdysone show apoptosis and signs of degeneration only at the border of the

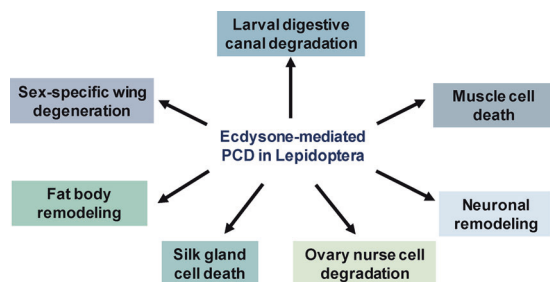


Fig. 4 Ecdysone regulated cell death in Lepidoptera. Ecdysone signaling plays critical roles in mediating diverse cell death processes during metamorphosis in lepidopteran insects, including the sex-specific wing degeneration, larval midgut histolysis, segment-specific cell death in neuronal remodeling, DEO1 muscle degradation, silk gland cell death, and fat body remodeling

developing wing [131]. Injection of winter moth (*Nyssiodes lefuarius*) pupae with ecdysone terminates the summer diapause and triggers selective cell death in the wings of female pupae. The cell death in female pupal wings has many biological characteristics of apoptosis and autophagic cell death [130]. An earlier in vitro study shows that wing degeneration can be induced by ecdysone in silkworm (*Bombyx mori*) [132]. However, the exact molecular mechanism of how ecdysone regulates cell death and the pathway mediating cell death is not clear.

Digestive canal

The larval digestive canal goes through degeneration or remodeling during metamorphosis in Lepidoptera. Commencing at the last (fifth) larval instar, the *Bombyx mori* midgut and hindgut cells undergo a complex remodeling process involving degeneration. In response to ecdysone, autophagy is activated in the whole digestive canal at the beginning of metamorphosis, followed by apoptosis activation [133, 134]. The ecdysone regulatory cascade in the larval midgut of the *Bombyx mori* required for degradation is somewhat similar to that in *Drosophila*. EcR-B1 and USP-1 are detected in cells undergoing death, and early response genes *E74B*, *E75B*, and *BR-C Z2* are involved in preparatory phase of cell death. It is likely that β FTZ-F1, *E74A*, and *BR-C Z1* are also associated with cell death [133]. Key *Atg* genes including *BmATG5*, *BmATG6*, and *BmATG8* are highly expressed at the late larval stage [135]. Interestingly however, unlike *Drosophila*, a pro-survival role of autophagy was found in the *Bombyx mori* midgut [136]. Similarly, the woolly pyrol moth (*Anticarsia gemmatalis*) hindgut and midgut show signs of both apoptosis and autophagy [137]. Whereas, tobacco budworm (*Heliothis virescens*) midgut degradation displays characteristics of autophagy in a large majority of cells with only a limited number of cells showing apoptotic features [138]. In the cotton bollworm (*Helicoverpa armigera*) larval midgut, *Atg12* depletion blocks both ecdysone-induced autophagy and apoptosis [139]. Compared with *Drosophila* larval midgut degradation where cell death is apoptosis independent, Lepidoptera digestive canal cell death appears to be more complicated as it integrates different cell death mechanisms. There is still a substantial gap in our knowledge regarding the secondary response genes and the molecular pathway in Lepidoptera midgut cell death.

Neurons

Similar to *Drosophila*, in *Manduca sexta*, ecdysone controls the cell death of extra neurons not needed in the adult [140]. The larval abdominal motoneurons undergo a segment-specific pattern of autophagic cell death directly and cell

autonomously in response to prepupal and pupal pulses of ecdysone [141, 142]. Due to the relatively limited genetic tools in *Manduca*, the cell death events in these neurons are not well-characterised. The segment-specific cell death in larval accessory planta retractor (APR) motoneurons is triggered in response to the prepupal peak of ecdysone [143]. At the end of pupal stage, reduced levels of ecdysone trigger cell death of the remaining APRs [144]. Compared with *Drosophila* neurons which undergo apoptosis, morphological analysis indicates that these cell death in APR neurons have autophagic features [145], but the exact molecular mechanism remains to be discovered. In *Bombyx mori*, neurons in the lateral portions of the brain undergo apoptosis during metamorphosis [146].

Muscles

In *Manduca sexta* larvae, the major muscle group across eight abdominal segments named intersegmental muscles undergoes cell death during metamorphosis. The temporal and spatial patterning of EcR-A and EcR-B1 isoforms in the dorsal external oblique 1 (DEO1) muscle corresponds with the developmental fates of the muscle fibres. Compared with *Drosophila* DEOM degradation which occurs relatively fast, *Manduca* muscle degradation occurs in a more temporal and spatial order. Shortly after pupation, in the first two anterior and first two posterior segments, muscle fibres with low levels of expression of both EcR-A and B1 undergo cell death. In response to decreased ecdysone level in the four middle segments apoptosis is induced in muscle fibres with only EcR-A just before pupal ecdysis [147, 148]. Despite the temporal and spatial differences, once cell death is initiated, similar molecular mechanisms are used in *Manduca* and *Drosophila* [147].

Fat body

Similar to *Drosophila* the Lepidopteran fat body undergoes extensive ecdysone-dependent remodeling. In vitro studies have shown that 20E upregulates *Atg* genes to induce autophagy in the *Bombyx mori* fat body [149]. In *Manduca sexta*, during fat body remodeling there are no morphological features of apoptosis or evidence of caspases upregulation [150], suggesting that apoptosis may be dispensable for fat body remodeling. This is distinct from *Drosophila* as the remodeling of *Drosophila* fat body requires both apoptosis and autophagy.

Silk gland

The silk gland in many Lepidopteran is a specialised larval tissue, most well-known in the silkworm *Bombyx mori* for silk production. Shortly after pupation ecdysone triggers

cell death of the anterior silk glands of *Bombyx mori*. EcR-B1 level increases at late larval stage in the silk gland to enhance the death signal transduction to the silk glands [151]. Both autophagy and apoptosis are apparent in degrading silk glands. While autophagy occurs from late larval stage for several days and progressively digests silk gland cells, apoptosis is only switched on at prepupal stage, which is the late stage of silk gland degradation [152]. The main early and late ecdysone response genes involved in *Bombyx mori* are similar to those in *Drosophila*, with differential gene expression controlling the timing of autophagy and apoptosis. Expression of *BmEcR*, *BmE74A*, *BmE75C*, and *BmBR-C* are proposed to lead to autophagy, whereas *BmBFTZ-F1*, *BmHR39*, and *BmE75B* increase the expression of caspases, such as *BmCaspase-C*, and are required for apoptosis initiation [153].

Ovary

Oogenesis in *Bombyx mori* is a complex process involving pre-vitellogenesis (stage 1–3), vitellogenesis (stage 4–10), and choriogenesis (stage 11–12) [154]. Unlike the *Drosophila* ovary where ecdysone primarily function to protect cells from premature death, in *Bombyx mori* ovary, ecdysone induces expression of *BmE75*, *BmHR3*, and *BmBR-C*, and apoptosis and autophagy operate synergistically for the clearance of the degenerated nurse cell [155]. At stage 6, the nurse cells start morphological changes and decrease in size. At stage 7, caspase activity and autophagy can be observed in nurse cells. Later at stage 8 and 9, features of apoptosis such as chromatin condensation, DNA fragmentation can be observed [156].

Conclusions

Insects provide unique and useful models for studying in vivo functions of steroid hormones in various biological processes. In the context of developmental cell death, the removal and remodeling of tissues during insect metamorphosis have been used as models for understanding hormone regulated cell death. Given the tight spatial and temporal nature of ecdysone-mediated responses, including cell death, these models, especially the degradation of larval midgut and salivary glands in *Drosophila*, have provided critical insights into transcriptional control of cell death. It is interesting that ecdysone-mediated transcription controls not only the genes of the apoptotic machinery, but also autophagy where this process has been adapted for tissue deletion, such as in the *Drosophila* midgut. This regulation of two different types of cell death by ecdysone suggests that the one of the roles of ecdysone in metamorphosis is the removal and remodeling of larval tissues. Recent studies on

the crosstalk between *Drosophila* Dpp, a morphogen of the BMP family, and ecdysone suggests that these two are crucial mediators of inter-organ signaling, including that required for spatial and temporal control of tissue deletion. Further studies in this important area of biology will no doubt shed further light into the intricacies of hormonal signaling during animal development.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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