Circulation Research

ORIGINAL RESEARCH

Atherogenic Lipoprotein(a) Increases Vascular Glycolysis, Thereby Facilitating Inflammation and Leukocyte Extravasation

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RATIONALE: Patients with elevated levels of lipoprotein(a) [Lp(a)] are hallmarked by increased metabolic activity in the arterial wall on positron emission tomography/computed tomography, indicative of a proinflammatory state.

OBJECTIVE: We hypothesized that Lp(a) induces endothelial cell inflammation by rewiring endothelial metabolism.

METHODS AND RESULTS: We evaluated the impact of Lp(a) on the endothelium and describe that Lp(a), through its oxidized phospholipid content, activates arterial endothelial cells, facilitating increased transendothelial migration of monocytes. Transcriptome analysis of Lp(a)-stimulated human arterial endothelial cells revealed upregulation of inflammatory pathways comprising monocyte adhesion and migration, coinciding with increased 6-phophofructo-2-kinase/fructose-2,6-biphosphatase (PFKFB)-3–mediated glycolysis. ICAM (intercellular adhesion molecule)-1 and PFKFB3 were also found to be upregulated in carotid plaques of patients with elevated levels of Lp(a). Inhibition of PFKFB3 abolished the inflammatory signature with concomitant attenuation of transendothelial migration.

CONCLUSIONS: Collectively, our findings show that Lp(a) activates the endothelium by enhancing PFKFB3-mediated glycolysis, leading to a proadhesive state, which can be reversed by inhibition of glycolysis. These findings pave the way for therapeutic agents targeting metabolism aimed at reducing inflammation in patients with cardiovascular disease.

VISUAL OVERVIEW: An online visual overview is available for this article.

Key Words: endothelial cell ■ glycolysis ■ inflammation ■ lipoprotein(a) ■ metabolism

Lipoprotein(a) [Lp(a)] is an LDL (low-density lipoprotein)-like particle characterized by covalently bound apo(a) (apolipoprotein(a)) to apoB (apolipoprotein B-100) of LDL. On an equimolar basis, Lp(a) is considered more atherogenic than LDL due to the presence of phosphocholine containing oxidized phospholipids (OxPLs) bound to apo(a).[1,2] OxPLs are recognized as endogenous danger-associated molecular patterns.[3] Bound to Lp(a), OxPLs are capable of activating circulating monocytes, rendering them highly inflammatory leading to enhanced monocyte transendothelial migration

(TEM).[4] Lp(a) elevation (≥50 mg/dL, >125 nmol/L) is a highly prevalent condition[5,6] that is associated with a 2- to 4-fold increase in cardiovascular morbidity and mortality.[7,8] Lp(a) levels are inversely correlated to the number of kringle repeats found in the apo(a) entity of Lp(a).[9,10] The mechanisms by which Lp(a) mediates enhanced arterial inflammation and accelerated atherogenesis may comprise accumulation of Lp(a) in atherosclerotic plaques, enhanced thrombogenic potential, and proinflammatory effects from its content of OxPLs.[2] Whereas we and others have focused on the interaction of Lp(a) with immune

Novelty and Significance

What Is Known?

- Genetic and observational data have demonstrated that elevated lipoprotein(a) [Lp(a)] is a causal risk factor for cardiovascular disease.
- Patients with elevated levels of Lp(a) are noted to have increased metabolic activity in the arterial wall on positron emission tomography/computed tomography.
- Glycolysis is an important source of energy for endothelial cells.

What New Information Does This Article Contribute?

- Lp(a) and its associated oxidized phospholipids induce endothelial cell inflammation and thereby facilitate leukocyte transendothelial migration—a hallmark of atherosclerosis.
- Lp(a) activates the endothelium by enhancing 6-phophofructo-2-kinase/fructose-2,6-biphosphatase (PFKFB3)—mediated glycolysis—the main glycolytic orchestrator of Lp(a)-induced endothelial inflammation.
- Carotid endarterectomy patients with elevated levels of Lp(a) show increased endothelial PFKFB3 and ICAM (intercellular adhesion molecule)-1 expression.

- Inhibition of PFKFB3 abolishes the inflammatory potential of oxidized phospholipids associated with Lp(a).
- Selective endothelial targeting of PFKFB3-mediated glycolysis may offer a new target for future anti-inflammatory therapy in patients at increased cardiovascular risk.

Lp(a) and its associated oxidized phospholipids induce endothelial cell inflammation leading to increased leukocyte transendothelial migration. Endothelial cells must alter their metabolic pathways so as to meet the energy demand required to facilitate an inflammatory state. As a pivotal driver of glycolysis, the glycolytic enzyme PFKFB3 mediates Lp(a)-induced endothelial cell inflammation. Blocking PFKFB3 activity diminishes endothelial inflammation and markedly reduces leukocyte migration through the vessel wall. From a clinical perspective, our findings suggest that selective targeting of endothelial metabolism, in particular, PFKFB3-mediated glycolysis, may offer a new promising strategy for anti-inflammatory therapy in patients at increased cardiovascular risk.

Nonstandard Abbreviations and Acronyms

2-NBDG	2-(N-[7-nitrobenz-2-oxa-1,3-diazol-4-yl]amino)-2-deoxyglucose
apo(a)	apolipoprotein(a)
apoB	apolipoprotein B-100
EC	endothelial cell
GLUT1	glucose transporter 1
HIF1α	hypoxia inducible factor 1α
HK2	hexokinase 2
ICAM-1	intercellular adhesion molecule 1
IL	interleukin
LDL	low-density lipoprotein
LDL-c	low-density lipoprotein cholesterol
Lp(a)	lipoprotein(a)
MCP-1	monocyte chemoattractant protein 1
OxPL	oxidized phospholipid
PFKFB3	6-phophofructo-2-kinase/fructose-2,6-biphosphatase
TEM	transendothelial migration

mechanism required to provide energy and building blocks for inflammatory reactions.[4,19–21] In contrast, the impact of Lp(a) on endothelial cells (ECs) with respect to changes in metabolism has not been studied. Since tumor angiogenesis has been found to coincide with EC metabolic alterations,[22] we hypothesize that Lp(a) induces EC activation fueled by metabolic alterations to sustain a proinflammatory state.

In the present study, we reveal a novel role of Lp(a) and in particular, Lp(a)-bound OxPLs in driving EC inflammation. Targeting these Lp(a)-induced endothelial metabolic alterations provides a fruitful strategy to reverse EC inflammation, which may eventually help to reduce the atherogenic risk in patients.

METHODS

A detailed description of the Methods is available in the Data Supplement.

The RNA sequencing data generated in this study are available at the National Center for Biotechnology Information Gene Expression Omnibus database under accession No. GSE145898.

RESULTS

Lp(a) Elicits a Proinflammatory Response in ECs

To determine whether Lp(a) elicits EC activation leading to increased transmigration of monocytes, we stimulated

cells and coagulation,[4,11] functional data on the impact of Lp(a) on the endothelium—the first line of defense against atherosclerosis—remain scarce.[12–18]

In the context of atherosclerosis, it became evident that monocytes rewire their metabolism as a common

human aortic ECs for 18 hours with a physiological relevant concentration of 100 mg/dL of Lp(a). Subsequently, healthy monocytes were added to ECs incubated with Lp(a) [Lp(a)-ECs] or unstimulated ECs. The rate of adhesion of monocytes to the endothelium doubled in Lp(a)-ECs compared with control ECs (Figure 1A and 1B), with a concomitant 5-fold increase in TEM of monocytes in the Lp(a)-EC condition (Figure 1A and 1C). To visualize transcriptional changes in Lp(a)-ECs, we incubated human aortic ECs with either low (5 mg/dL) or high Lp(a) (100 mg/dL) and performed RNA sequencing. Heat map analysis of Lp(a)-ECs upregulated transcripts revealed an activated EC phenotype, with clustering of genes involved in leukocyte chemotaxis and migration (Figure 1D; Figure IA in the Data Supplement). Furthermore, 2 distinct groups were separated by principle component analysis (Figure IB in the Data Supplement). Volcano plot analysis showed 270 differentially expressed genes (134 genes upregulated and 136 genes downregulated; Figure IC in the Data Supplement). Validation of key molecules involved in TEM (Figure 1E) by targeted quantitative polymerase chain reaction confirmed significantly increased expression of *SELE*, *ICAM1*, and *VCAM1* in Lp(a)-ECs (Figure 1F). In addition, expression of *MCP1* (*monocyte chemoattractant protein 1*) showed a 3-fold increase; cytokines *IL6* and *IL8* revealed a 2- and 20-fold increase, respectively (Figure 1G). Functionally, this resulted in increased secretion of IL (interleukin)-6 and IL-8 (Figure 1H) and a 3.5-fold increase in ICAM (intercellular adhesion molecule)-1 protein (Figure 1I). ICAM-1 is essential for efficient monocyte TEM as a knockdown of ICAM-1 in human aortic ECs led to decreased TEM of monocytes (Figure ID in the Data Supplement). Secretion of MCP-1, IL-6, and IL-8 significantly increased over time as well (Figure IE in the Data Supplement). In addition, the observed effects of Lp(a) were independent of factors present in human serum (Figure IIA in the Data Supplement). Together these data show that Lp(a) induces a proinflammatory signature of ECs.

OxPLs Carried by Lp(a) Drive Endothelial Inflammation

In view of the recently reported role of OxPLs in Lp(a) and its effects on immune cells,[3] we investigated which moiety of the Lp(a) particle mediates the inflammatory response in the endothelium. To this end, we used either the 17-kringle recombinant apo(a) species 17K r-apo(a), containing OxPLs, or 17KΔLBS r-apo(a), which lacks OxPL-binding capacity due to a mutation in the lysine-binding site (Figure IIB in the Data Supplement).[4,23] Gene expression revealed that TEM-associated expression of *SELE*, *MCP1*, *ICAM1*, *VCAM1*, *IL6*, and *IL8* was increased if ECs were exposed to 17K r-apo(a) treatment (Figure 2A; red bars). In contrast, 17KΔLBS r-apo(a) had no significant effect on inflammatory gene expression (Figure 2A; green bars). To functionally assess these changes, we determined adhesion and

migration of healthy monocytes and found that monocyte adhesion was significantly increased when ECs were incubated with 17K apo(a), whereas no significant difference was found between unstimulated and 17KΔLBS-stimulated ECs (Figure 2B and 2C). Furthermore, 17K apo(a) significantly increased TEM 7-fold compared with 17KΔLBS apo(a) (Figure 2B and 2D), underlining the importance of OxPL-Lp(a) in mediating the proinflammatory responses. To validate the importance of OxPLs carried by Lp(a), both OxPL-apoB and OxPL-apo(a) levels were measured in the isolated Lp(a) fraction of used donors. The OxPL-apo(a) content was similar between donors, and correspondingly, the OxPL-apoB levels were comparable in different donors (Figure IIC in the Data Supplement). To confirm whether OxPLs bound to Lp(a) are driving EC activation, we coincubated Lp(a)-ECs with the murine IgM monoclonal antibody E06 (100 μg/mL), which binds the phosphocholine moiety of OxPLs.[24,25] Blocking E06-detectable OxPLs abolished Lp(a)-induced *ICAM1*, *VCAM1*, *IL6*, and *IL8* gene expression (Figure 2E). Blocking OxPLs by the antibody E06 led to a significant reduction in both monocyte adhesion and TEM (Figure 2F and 2G). In contrast, isolated LDL did not significantly change endothelial phenotype compared with the same concentration of Lp(a) based on apo(a) (Figure IID in the Data Supplement). However, incubation of LDL based on apoB levels did lead to a small, albeit significant increase in IL-8 expression compared with control ECs (Figure IIE and IIF in the Data Supplement). Collectively, these data indicate that the activated state of ECs needed for monocyte TEM is primarily orchestrated by OxPLs present on Lp(a).

PFKFB3-Mediated Glycolysis Drives Lp(a)-Induced Endothelial Inflammation

Next, we evaluated the metabolic changes in ECs after 17K r-apo(a) or Lp(a) stimulation (Figure 3A). Expression of the glycolytic enzymes *SLC2A1* (GLUT1 [glucose transporter 1]), 6-phophofructo-2-kinase/fructose-2,6-biphosphatase (*PFKFB3*), and *PFKM* increased 2- to 4-fold, whereas *HK2* (*hexokinase 2*) expression remained unaltered after 18-hour incubation with 17K, when compared with EC under control conditions (Figure 3B; red bars). No significant differences were found for these glycolytic genes between unstimulated cells and 17KΔLBS (Figure 3B). Since PFKFB3 acts as an important glycolytic regulator, we investigated the upstream regulators of PFKFB3, HIF1α (hypoxia inducible factor 1α), and KLF2.[26] As expected, HIF1α protein expression increased (Figure IIG in the Data Supplement) and the expression of the negative regulator of HIF1<, KLF2,[27] was decreased after 17K stimulation (Figure IIH in the Data Supplement). The increase in glycolytic gene expression coincided with enhanced glucose uptake in Lp(a)-ECs, as assessed with labeled 2-(N-[7-nitrobenz-2-oxa-1,3-diazol-4-yl]amino)-2-deoxyglucose (2-NBDG;
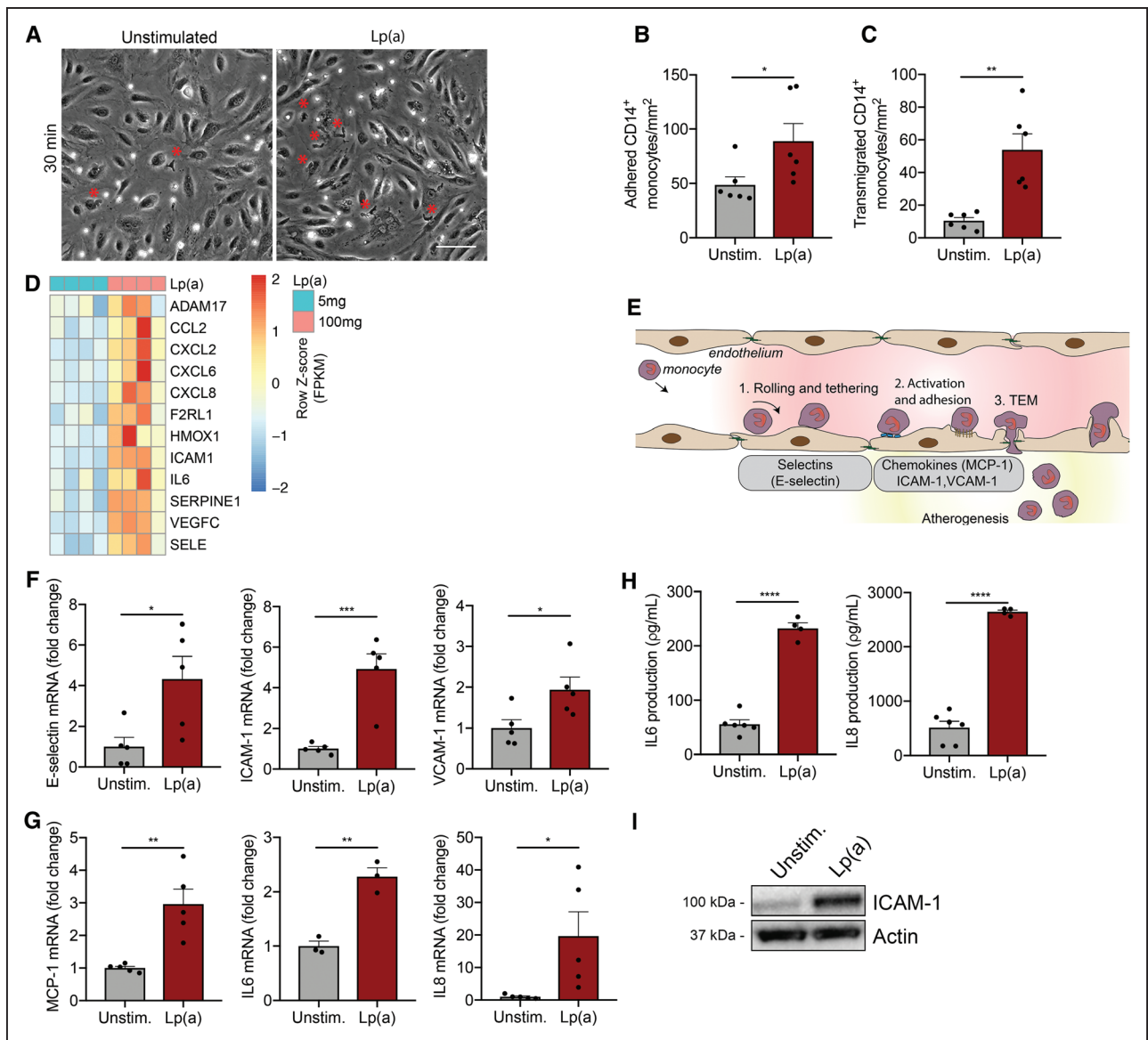
Figure 1. Increased inflammation in Lp(a) (lipoprotein(a))-vs endothelial cells (ECs) facilitates excessive monocyte transmigration.
A, Representative differential interference contrast images of transendothelial migration (TEM) in unstimulated ECs (**left**) compared with Lp(a)-stimulated ECs [Lp(a)-EC] for 18 h. Transmigrated monocytes are visualized as black cells with a red asterisk and adhered monocytes as white cells. White bar=200 μm. **B**, Quantification of adhered (n=6; P=0.0466) and (**C**) transmigrated monocytes (n=6; P=0.0014). Data were analyzed using 2-tailed Student unpaired t test. **D**, Heat map of selected genes involved in TEM and leukocyte chemotaxis of 5 mg/dL Lp(a)-EC compared with 100 mg/dL Lp(a)-EC (6 h stimulation; n=4). **E**, Schematic overview of the key steps and molecules involved in leukocyte TEM. **F**, Genes important in rolling and tethering of leukocytes are upregulated in Lp(a)-ECs relative to unstimulated ECs. Data were analyzed using 2-tailed Student unpaired t test (6 h stimulation; n=5; P=0.0253 for E-$selectin$; P=0.0008 for $ICAM1$; P=0.0333 for $VCAM1$). **G**, Chemotactic gene expression is elevated in Lp(a)-ECs compared with unstimulated ECs. Data were analyzed using 2-tailed Student unpaired t test (6 h stimulation; n=3 for $IL6$ and rest is n=5; P=0.0030 for $MCP1$; P=0.0025 for $IL6$; P=0.0368 for $IL8$). **H**, IL (interleukin)-6 and IL-8 cytokine secretion in cell medium increased in Lp(a)-ECs (n=4) vs unstimulated ECs (n=6). Data were analyzed using 2-tailed Student unpaired t test (P<0.0001 for IL-6; P<0.0001 for IL-8; 18 h stimulation). **I**, Representative immunoblot revealing increased EC ICAM (intercellular adhesion molecule)-1 protein expression after incubation with 100 mg/dL Lp(a) compared with unstimulated ECs (18 h stimulation). All data are mean±SEM. MCP-1 indicates monocyte chemoattractant protein 1; and VCAM-1, vascular adhesion molecule 1. *P<0.05, **P<0.005, ***P<0.0005, ****P<0.00005.

Figure 3C and 3D), and increased lactate production (Figure 3E). Whereas aforementioned cytokine secretion occurred as early as in 2 hours in Lp(a)-ECs (Figure IE in the Data Supplement), the increase in lactate secretion, observed from 6 hours onward (Figure III in the Data Supplement), coincided with a steep increase in second-wave cytokine secretion. This suggests an increase in glycolysis downstream of inflammation and substantiates the correlation between inflammation and metabolic reprogramming. Seahorse flux analysis corroborated these findings, revealing an increase in both glycolysis and glycolytic capacity following Lp(a) stimulation (Figure 3F).

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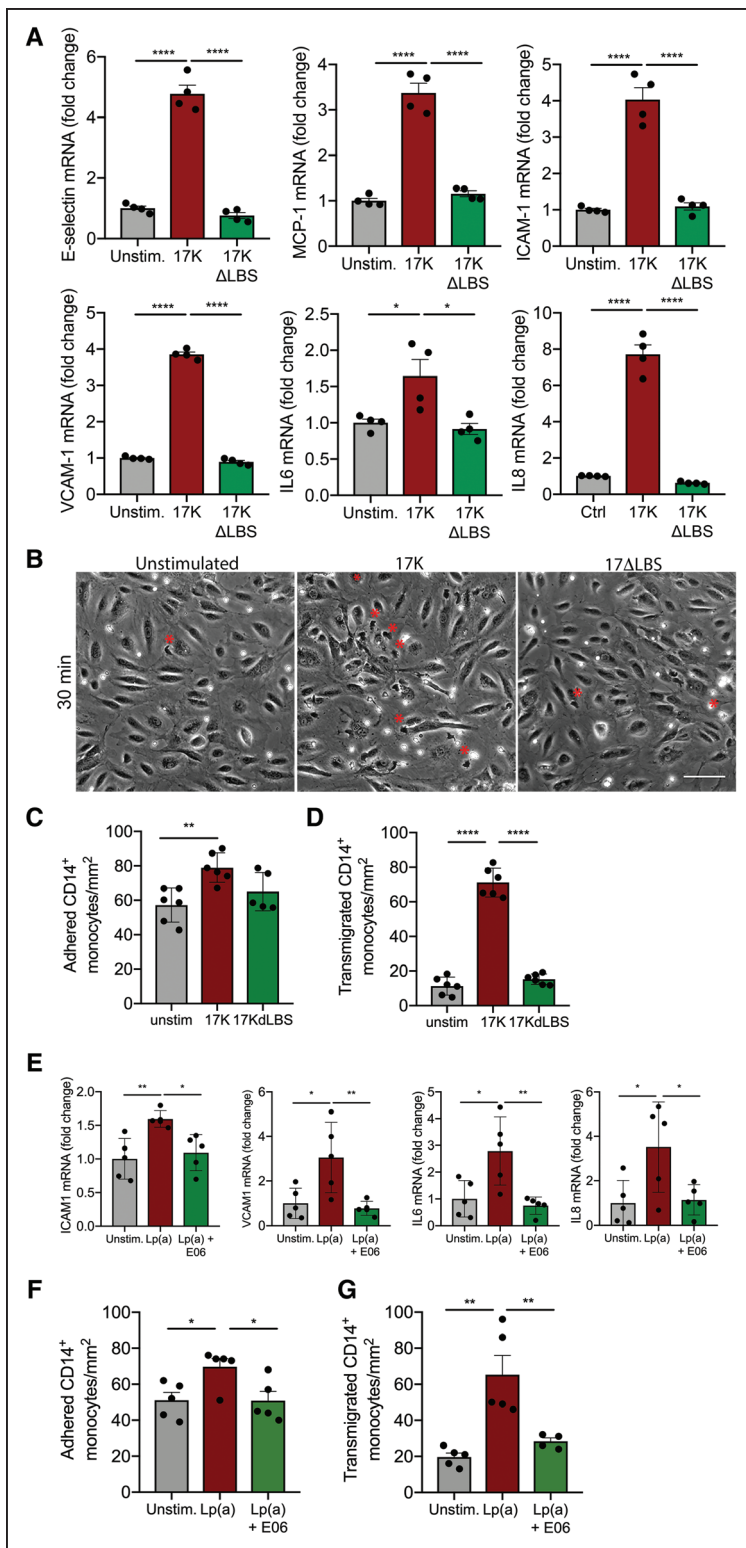
Figure 2. Oxidized phospholipids induce a proinflammatory EC phenotype and thereby facilitate monocyte transendothelial migration (TEM).

A, Recombinant 17K apo(a) (apolipoprotein(a)) induces increased expression of TEM-associated genes (50 μg/mL; red bars). No differences were observed in ECs stimulated with 17KΔLBS (50 μg/mL; green bars). Data were analyzed using 1-way ANOVA with Tukey correction (for *E-selectin*, $P < 0.0001$ for unstimulated vs 17K, $P < 0.0001$ for 17K vs 17KΔLBS; for *MCP1*, $P < 0.0001$ for unstimulated vs 17K, $P < 0.0001$ for 17K vs 17KΔLBS; for *ICAM1*, $P < 0.0001$ for unstimulated vs 17K, $P < 0.0001$ for 17K vs 17KΔLBS; for *VCAM1*, $P < 0.0001$ for unstimulated vs 17K, $P < 0.0001$ for 17K vs 17KΔLBS; for *IL6*, $P = 0.037$ for unstimulated vs 17K, $P = 0.0156$ for 17K vs 17KΔLBS; for *IL8*, $P < 0.0001$ for unstimulated vs 17K, $P < 0.0001$ for 17K vs 17KΔLBS 6 h stimulation; n=4). **B**, Representative differential interference contrast (DIC) images of unstimulated ECs, 17K-stimulated ECs, and 17KΔLBS-stimulated HAECs. Transmigrated monocytes are visualized as black cells with a red asterisk and adhered monocytes as white cells (18 h stimulation; n=6; white bar=200 μm). **C**, Quantification of adhered monocytes. Data were analyzed using 1-way ANOVA with Tukey correction. $P = 0.0049$ for unstimulated vs 17K (17K, red bars; 17KΔLBS, green bars) and (**D**) transmigrated monocytes. Data were analyzed using 1-way ANOVA with Tukey correction. $P < 0.0001$ for unstimulated vs 17K, $P < 0.0001$ for 17K vs 17KΔLBS (18 h stimulation; n=6). **E**, Monoclonal antibody E06 (100 μg/mL), decreased expression of *ICAM1*, *VCAM1*, *IL6*, and *IL8* in Lp(a) (lipoprotein(a))-ECs (green bars) vs Lp(a)-ECs (red bars). Data were analyzed using 1-way ANOVA with Tukey correction. For *ICAM1*, $P = 0.0059$ for unstimulated vs Lp(a), $P = 0.0173$ for Lp(a) vs Lp(a)+E06; for *VCAM1*, $P = 0.0187$ for unstimulated vs Lp(a), $P = 0.0099$ for Lp(a) vs Lp(a)+E06; for *IL6*, $P = 0.0162$ for unstimulated vs Lp(a), $P = 0.0070$ for Lp(a) vs Lp(a)+E06; for *IL8*, $P = 0.0324$ for unstimulated vs Lp(a), $P = 0.0431$ for Lp(a) vs Lp(a)+E06 (6 h stimulation; n=5). **F**, ECs incubated with 100 mg/dL Lp(a) increased monocyte adhesion (red bars) but coincubation with E06 diminished Lp(a)-induced adhesion (green bars). Data were analyzed using 1-way ANOVA with Tukey correction. $P = 0.0342$ for unstimulated vs Lp(a), $P = 0.0324$ for Lp(a) vs Lp(a)+E06 (18 h stimulation; n=5). **G**, Monocyte TEM was increased when ECs were incubated with 100 mg/dL Lp(a) (red bars) and decreased after coincubation with E06 (green bars). Data were analyzed using 1-way ANOVA with Tukey correction. $P = 0.0014$ for unstimulated vs Lp(a), $P = 0.0095$ for Lp(a) vs Lp(a)+E06 (18 h stimulation; n=5). All data are mean±SEM. 17K indicates 17K recombinant apolipoprotein(a); 17KΔLBS, 17K recombinant apolipoprotein(a) with a mutation in the lysine-binding site; E06, murine IgM monoclonal antibody E06 that binds the PC moiety of oxidized phospholipids; ICAM-1, intercellular adhesion molecule 1; IL, interleukin 6; MCP-1, monocyte chemoattractant protein 1; and VCAM-1, vascular adhesion molecule 1. *$P < 0.05$, **$P < 0.005$, ***$P < 0.0005$, ****$P < 0.00005$.

In accordance, 17K r-apo(a)−stimulated ECs induced a similar response in extracellular acidification rate, where the 17KΔLBS r-apo(a) construct showed no significant increase in endothelial glycolysis (Figure 3G). This increase in glycolysis coincided with only minor changes in endothelial respiration, as reflected by the minimal difference in oxygen consumption rate (Figure 3H). The findings were substantiated by stable isotope ^{13}C-glucose tracer experiments (Figure 3I), where an Lp(a)-induced increase in glycolytic metabolic fluxes was observed with
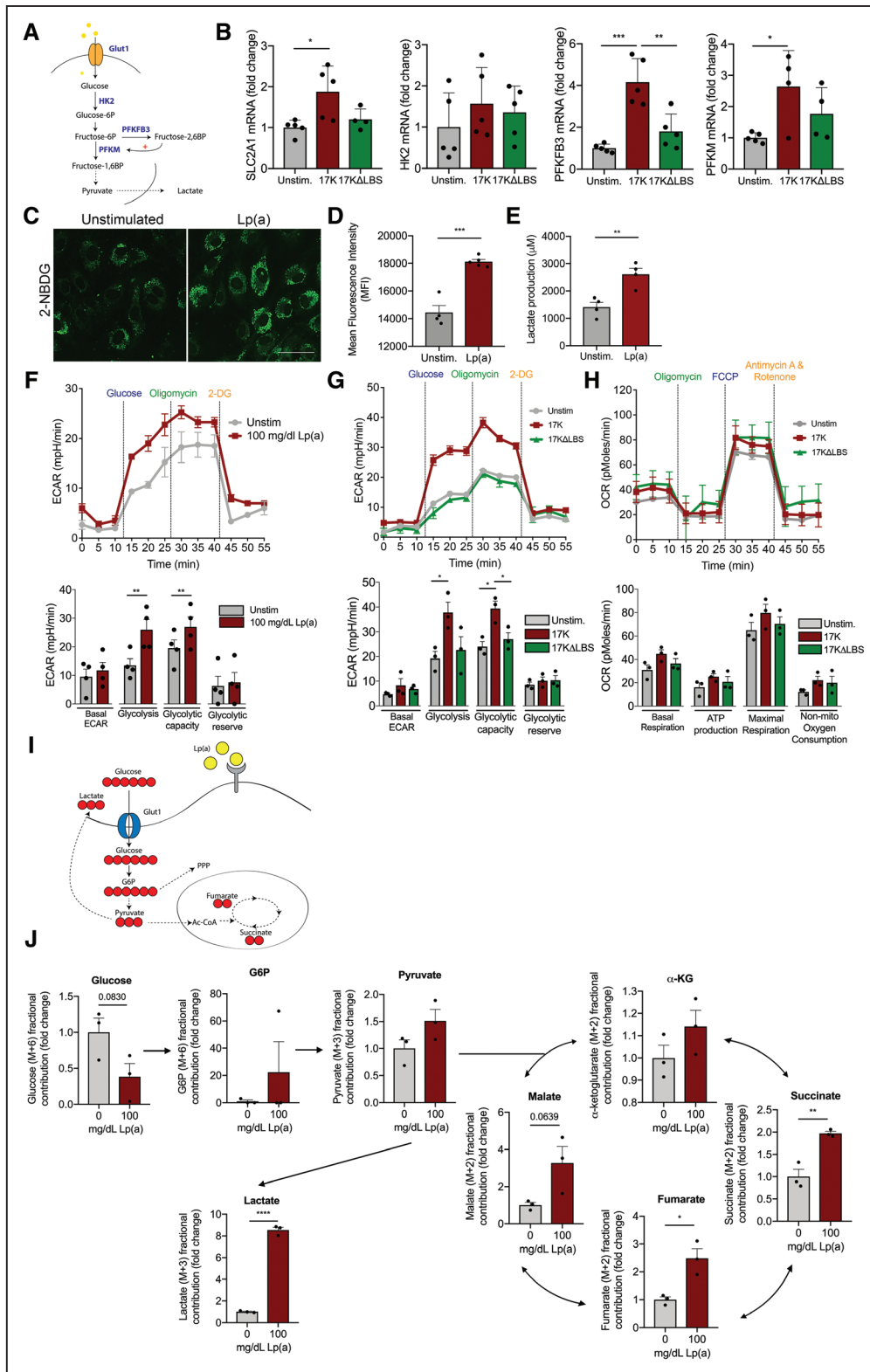
Figure 3. Glycolysis drives inflammation in Lp(a) (lipoprotein(a))-ECs.

A, Schematic overview of the EC glycolytic pathway and its key enzymes in blue. **B**, Glycolytic gene expression profiles of unstimulated EC (gray bars) vs 17K- (red bars) vs 17KΔLBS-stimulated ECs (green bars). Data were analyzed using 1-way ANOVA with Tukey correction. For *SLC2A1*, $P=0.0204$ for unstimulated vs 17K; for *PFBFB3*, $P=0.0002$ for unstimulated vs 17K, $P=0.0013$ for 17K vs 17KΔLBS; for *PFKM* (*6-phosphofructokinase, muscle*), $P=0.0332$ for unstimulated vs 17K (18 h incubation; n=5). **C**, Representative image of unstimulated ECs (**left**) and Lp(a)-ECs (**right**), incubated with 50 µM 2-(N-[7-nitrobenz-2-oxa-1,3-diazol-4-yl]amino)-2-deoxyglucose (2-NBDG) for 2 h (18 h incubation with Lp(a); n=4; white bar=200 µm). **D**, Flow cytometric analysis of 2-NBDG uptake (2 h) of unstimulated (gray bar) and (*Continued*)

Figure 4. 6-Phophofructo-2-kinase/fructose-2,6-biphosphatase (PFKFB3) expression is increased in murine vessels upon Lp(a) (lipoprotein(a)) stimulation.
A, Representative images of murine WT (wild type) aortas ex vivo stimulated with (lower images; n=5) and without (upper images; n=6) 100 mg/dL Lp(a) stimulation. Nuclei were stained with DAPI (4′,6-diamidino-2-phenylindole; blue); ECs are stained with PECAM-1 (platelet endothelial cell adhesion molecule 1; red), PFKFB3 (green), and ICAM (intercellular adhesion molecule)-1 (magenta; 18 h incubation; white bar=200 μm). **B**, Quantification of **A**. Data were analyzed using 2-tailed Student unpaired *t* test, *P*=0.0004. **C**, Representative images of aortas derived from Lp(a) mice [Lp(a)-Tg; n=4] and mice lacking the lysine-binding site, which, therefore, cannot carry oxidized phospholipids (LBS-Lp(a)-Tg; n=6) stained for PECAM-1 (red) and PFKFB3 (green); nuclei were stained with DAPI (blue; white bar=200 μm). **D**, Quantification of **C**; EC PFKFB3 expression in aortas of Lp(a)-Tg and LBS-Lp(a)-Tg mice on a chow diet. Data were analyzed using 2-tailed Student unpaired *t* test, *P*=0.0354. **E**, Images representing human carotid plaques derived from patients with low Lp(a) vs high Lp(a) levels. Nuclei were stained with DAPI (blue); ECs are stained with vWF (von Willebrand factor; red), PFKFB3 (green), and ICAM-1 (magenta; n=6 per group; white bar=200 μm). **F**, Quantification of **E**. Data were analyzed using 2-tailed Student unpaired *t* test; for PFKFB3, *P*=0.0206; for ICAM-1, *P*=0.0134. All data are mean±SEM. *$P<0.05$, ***$P<0.0005$.

Table. Clinical Characteristics of Included Patients of Athero-Express Biobank

	Lp(a), Low (n=7)	Lp(a), High (n=7)	P Value
Age, y	75.3±6.3	69.0±7.1	0.107
Men	7 (100%)	7 (100%)	1.000
Systolic blood pressure, mm Hg	143±25	152±28	0.541
BMI, kg/m²	23.6±1.7	24.5±3.6	0.589
Current smoker, yes (%)	2 (28.6%)	3 (42.9%)	0.500*
Cholesterol-lowering medication, yes (%)	0 (0%)	0 (0%)	1.000
Antihypertensive drugs, yes (%)	1 (14.3%)	1 (14.3%)	1.000
Antiplatelet drugs, yes (%)	1 (14.3%)	1 (14.3%)	1.000
Total cholesterol, mmol/L	4.1±1.3	5.4±0.8	0.046
HDL cholesterol, mmol/L	0.9±0.2	1.3±0.3	0.019
LDL cholesterol, mmol/L	2.2±0.8	3.1±0.6	0.032
Triglycerides, mmol/L	1.6 (1.0–2.0)	1.2 (1.0–1.8)	0.805
Lipoprotein(a), nmol/L	7.6 (7.6–12.0)	197.9 (170.2–229.0)	0.001
Lipoprotein(a), mg/dL†	3.2 (3.2–5.0)	82,5 (70.9–95.4)	0.001
Glucose, mmol/L	6.2±1.0	5.6±0.9	0.415

BMI indicates body mass index; HDL, high-density lipoprotein; LDL, low-density lipoprotein; Lp(a), lipoprotein(a); max, maximum; and min, minimum.

*χ^2 test, 1 sided. Data are presented as mean±SD, n (%), or median (min−max).

†To convert Lp(a) in nmol/L to approximate levels in mg/dL, divide by 2.4.

trial with elevated Lp(a) (mean, 203.5 mg/dL) were collected before, after 12 and 24 weeks of apo(a) anti-sense administration (100–300 mg dose).[29] ECs were incubated with serum samples obtained at baseline, at day 85 of peak drug effect, and after a washout period at day 190 when drug effect was mostly but not completely abolished. Clinically, patients showed a reduction of ≈80% of plasma Lp(a) levels at day 85, which coincided with an overall reduction of 9% to 35% in key EC inflammatory markers compared with baseline. However, *VCAM1* and *IL8* did not significantly decrease upon treatment (Figure 6A). Expression of key glycolytic genes, including *PFKFB3*, *SLC2A1*, and *PFKM*, decreased at day 85 compared with baseline (Figure 6B). After the washout period (day 190), expression of *MCP1* and *SLC2A1* returned to baseline levels, whereas others remained downregulated (Figure 6A and 6B). In parallel to the changes in gene expression levels, cytokine secretion of MCP-1 and IL-6 decreased in supernatant of ECs incubated with day 85 samples compared with baseline, whereas no significant difference was observed in IL-8 secretion (Figure 6C). Finally, a concomitant decrease in endo-thelial lactate secretion was observed (Figure 6D). Col-lectively, these data support that selective potent Lp(a) lowering in patients reduces increased EC glycolysis and EC inflammation without achieving complete reversal of the inflammatory activation.

DISCUSSION

Metabolic pathways are not only crucial in controlling energy balance but also act as critical determinants in sig-naling pathways and hence cellular phenotype.[21,30–32] In this study, we demonstrate that Lp(a) and particularly OxPLs induce EC inflammation, leading to increased adhesion and transmigration of monocytes. In parallel, we observed a marked increase of glycolytic activity in ECs exposed to Lp(a), mainly orchestrated via the glycolytic activa-tor PFKFB3. Inhibition of PFKFB3 not only reverses the increased glycolytic activity in Lp(a)-ECs but also dampens the inflammatory response and monocyte migration. Finally, using human serum samples from patients who received apo(a) antisense therapy to lower Lp(a), we find a signifi-cantly reduced inflammatory signature in ECs ex vivo.

OxPLs bound to Lp(a) were shown to induce inflam-mation in ECs and monocytes.[4,13] Monocytes derived from patients with elevated levels of Lp(a) showed increased TEM compared with monocytes derived from healthy subjects. Our data indicate that in vivo Lp(a) not only acti-vates monocytes but also ECs.[4] Lp(a) consists of different components, comprising an LDL-like particle, apo(a), and variable amounts of OxPLs present in Lp(a), chiefly on the apo(a) and apoB components.[1,2] We show that the absence of Lp(a)-OxPL signaling, using either the OxPL-deficient 17KΔLBS apo(a) construct or the E06 OxPL-blocking antibody, markedly decreases the inflammatory potential of Lp(a). In a similar manner, it was previously shown that E06 could block the ability of OxPL on apoptotic cells to similarly activate ECs.[24] In line, 17K apo(a) lacking OxPLs does not evoke an inflammatory response, which is similar to LDL alone. These data substantiate that OxPLs, rather than the apo(a) or the apoB moiety of the Lp(a) particle, are the main drivers of Lp(a)'s ability to activate ECs.

Lp(a)-OxPLs also induce a profound glycolytic activa-tion in ECs. This increase in glycolysis was manifested by enhanced expression of glycolytic genes and increased glycolytic flux. Aortas from apo(a)-overexpressing mice and murine aortas incubated with exogenous Lp(a) displayed increased EC PFKFB3 expression; however, Lp(a)-induced PFKFB3 expression was also altered in other cell types (ie, smooth muscle cells), indicating that glycolytic activation is not restricted to only ECs.[33] In sup-port, Feng et al[34] also reported increased levels of HK2, GLUT1, and PFKFB3 in atheroprone areas in hyper-cholesterolemic *Apoe⁻/⁻* mice. Mechanistically, we found that Lp(a) triggered HIF1α stabilization, which acts as an upstream regulator of PFKFB3 and GLUT1, suggest-ing that the HIF1α-PFKFB3 axis fuels inflammation.[35,36] Interestingly, our data show that Lp(a) enhances inflam-matory cytokine secretion before an increase of lactate secretion, suggesting that the increase in glycolysis is downstream of EC activation. Collectively, this implies that excessive ATP consumption and nucleotide bio-synthesis due to EC activation leads to increased ATP
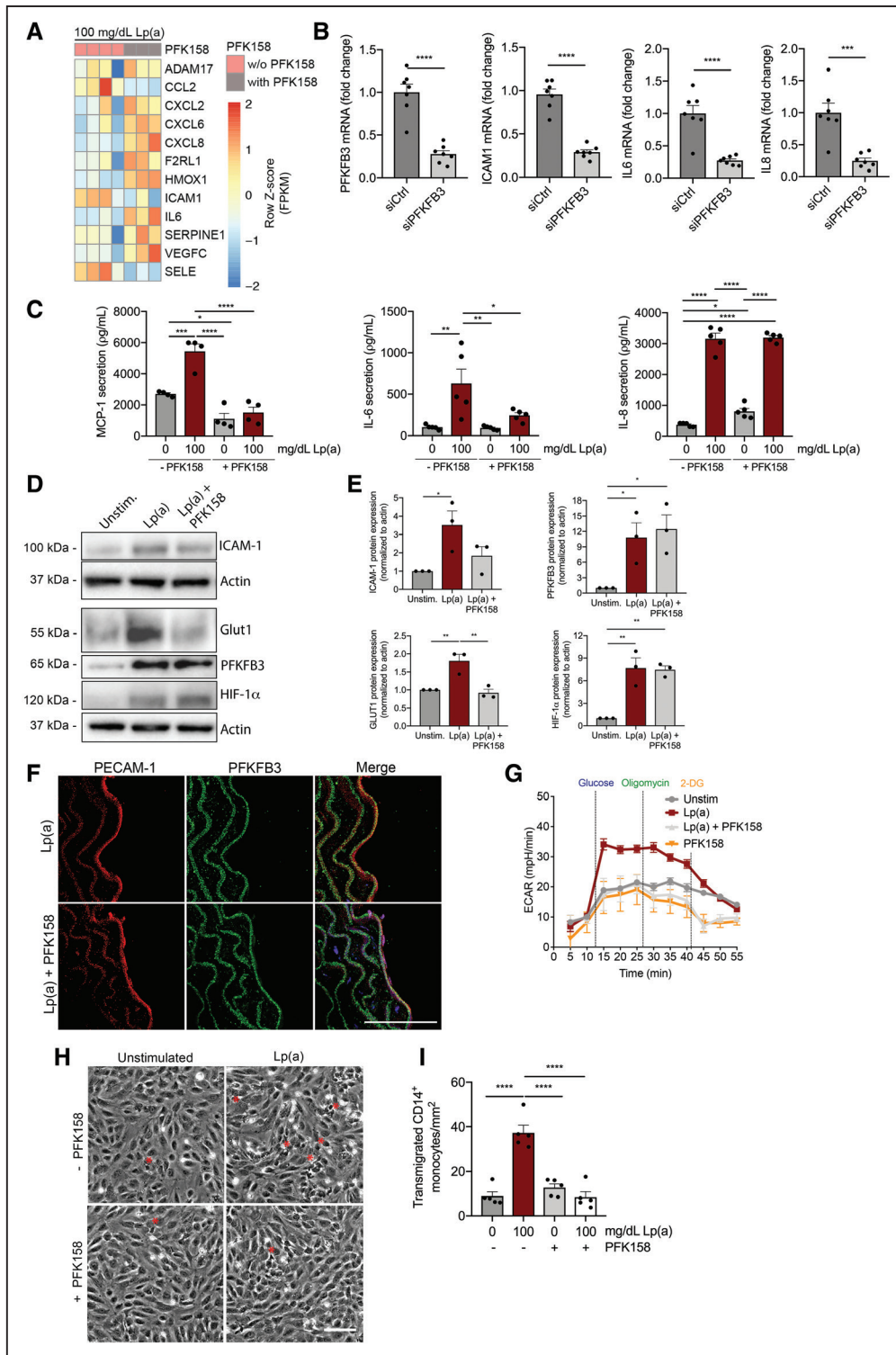
Figure 5. Inhibition with PFK158 suppresses the glycolytic tone of Lp(a) (lipoprotein(a))-ECs and thereby inflammation.
A, Heat map of transendothelial migration (TEM)–associated genes in Lp(a)-ECs with (n=3) and without (n=4) inhibition by 5 µM PFK158 (6 h incubation). **B**, Gene expression of Lp(a)-ECs knocked down for 6-phophofructo-2-kinase/fructose-2,6-biphosphatase (PFKFB3; n=6) and treated with siCtrl (n=7). Data were analyzed using 2-tailed Student unpaired t test. For *PFKFB3*, $P<0.00001$; for *ICAM1*, $P<0.00001$; for *IL6*, $P<0.00001$; for *IL8*, $P<0.0003$ (100 mg/dL Lp(a); 6 h incubation). **C**, Cytokine production of unstimulated (gray bars) and 100 mg/dL stimulated ECs (red bars) with and without 5 µM PFK158. Data were analyzed using 2-way ANOVA with Tukey correction. For MCP-1 (monocyte chemoattractant protein 1), $P=0.0004$ 0 vs 100 mg/dL Lp(a) (−PFK158); $P=0.0170$ 0 (−PFK158) vs 0 (+PFK158) mg/dL Lp(a); $P<0.0001$ 100 (−PFK158) vs 0 (+PFK158) mg/dL Lp(a); $P<0.0001$ 100 (−PFK158) vs 100 (+PFK158) mg/dL Lp(a). For IL (interleukin)-6, $P=0.0044$ 0 vs 100 mg/dL Lp(a) (−PFK158); $P=0.0039$ 100 (−PFK158) vs 0 (+PFK158) mg/dL Lp(a); $P=0.0353$ 100 (−PFK158) vs 100 (+PFK158) mg/dL Lp(a). For IL-8, $P<0.0001$ 0 vs 100 (−PFK158) mg/dL Lp(a); (*Continued*)

generation via glycolysis to maintain a state of inflammation. We observed minor changes in glucose oxidation fluxes, although we mainly focused on glycolysis, as ECs rely predominantly on glycolysis (>200-fold higher glucose fluxes as compared with oxidative phosphorylation fluxes).[22]

We validated our findings in human carotid plaques obtained from the Athero-Express database. In line with our in vitro and ex vivo data, plaques derived from subjects with high levels of Lp(a) showed a profound increase of EC PFKFB3 and ICAM-1 protein levels, suggesting increased activation, despite an advanced atherosclerotic environment in both low and high Lp(a) groups. Of note, the patients with Lp(a) elevation also had increased levels of LDL cholesterol (LDL-c) compared with low Lp(a) patients (3.1 versus 2.2 mmol/L). However, this increase largely disappears after correction for the Lp(a) elevation, which falsely leads to higher LDL-c laboratory values (LDL-c corrected: ≈2.5 mmol/L).[37] Whereas theoretically this minor LDL-c difference may have contributed to a small inflammatory effect, our recent findings in the ANITSCHKOW study make this highly unlikely.[38] Thus, in patients with marked Lp(a) elevation, treatment with a PCSK9 (proprotein convertase subtilisin/kexin type 9) antibody resulting in 60% LDL-c reduction and 14% Lp(a) reduction did not result in a reduction of the enhanced inflammatory activity in the arterial wall of these patients. In fact, the persistent inflammatory activation was attributed to the marked residual Lp(a) elevation despite PCSK9 antibody treatment.[38] To substantiate the overriding impact of Lp(a) on inflammatory activation as compared with LDL-c, we confirmed the increased inflammatory potency of Lp(a) compared with LDL-c on ECs ex vivo, on equimolar basis.

Several observations in humans underlie the validity of our findings. Thus, Tomas et al found that human unstable atherosclerotic plaques were characterized by an increased glycolytic activity. These unstable plaques displayed increased expression of glycolytic genes *HK2*, *GLUT1*, and *PFKM*, comparable with our findings. The activated metabolic state in patients with elevated Lp(a) was corroborated using ^{18}F-fluorodeoxyglucose/computed tomography scans,[4] showing a significantly higher glucose uptake in the arterial wall of subjects with Lp(a) elevation. In vitro data in human umbilical vein ECs show that oxygen-deprived activated ECs show increased HIF1α-mediated glycolysis and accumulate more ^{18}F-fluorodeoxyglucose as compared with control EC.[39] This further indicates that ECs are able to accumulate glucose and increase glycolysis when activated as we observed in human carotid plaques of Lp(a) patients.

In our ex vivo incubation experiments, using serum samples of patients with profoundly elevated Lp(a) levels before and after treatment with apo(a) antisense, we showed a marked proinflammatory and glycolytic rise in ECs. Serum obtained from patients after apo(a)-antisense treatment (80% Lp(a) reduction) showed a markedly reduced potential in glycolytic and inflammatory responses in human aortic ECs. This attenuation disappeared using serum obtained after a 185-day washout in these patients, resulting in glycolytic and inflammatory responses comparable to the pretreatment serum samples. These data imply that potent Lp(a) lowering may reduce endothelial inflammation and enhanced glycolytic activity in patients with Lp(a) elevation. However, since Lp(a) lowering only partially inhibited the inflammatory responses, interventions beyond Lp(a) lowering may still be required.

Reducing glycolysis via inhibition of PFKFB3 decreased endothelial secretion of IL-6 and MCP-1, with a concomitant decrease of monocyte TEM. Importantly, endothelial knockdown of PFKFB3 does not result in hypometabolism as ECs generate ATP at a normal rate compared with control.[40] Additionally, we show that PFK158 treatment reduces lactate production. Uptake of extracellular lactate stabilizes HIF1α, which in turn increases EC activation in tumor ECs.[36] Thus, Lp(a)-induced lactate production could potentially increase

Figure 5 Continued. P=0.0476 0 (−PFK158) vs 0 (+PFK158) mg/dL Lp(a); P<0.0001 0 (−PFK158) vs 100 (+PFK158) mg/dL Lp(a); P<0.0001 100 (−PFK158) vs 0 (+PFK158) mg/dL Lp(a); P<0.0001 0 (+PFK158) vs 100 (+PFK158) mg/dL Lp(a) (18 h incubation; n=4 for MCP-1; n=5 for IL-6 and IL-8). **D**, Representative immunoblots of ICAM (intercellular adhesion molecule)-1, Glut1, PFKFB3, and HIF1α (hypoxia inducible factor 1α) protein expression. **E**, Quantification of immunoblots of ICAM-1 (upper left graph), GLUT1 (glucose transporter 1; lower left graph), PFKFB3 (upper right graph), and HIF-1α (lower right graph) in Lp(a)-ECs (red bars) and 5 μM PFK158-treated Lp(a)-ECs (light gray bars). Actin was used as loading control (100 mg/dL Lp(a); 18 h incubation; n=3). Data were analyzed using 1-way ANOVA with Tukey correction. For ICAM-1, P=0.0315 unstimulated vs Lp(a); for PFKFB3, P=0.0226 unstimulated vs Lp(a) and P=0.0416 unstimulated vs Lp(a)+PFK158; for GLUT1, P=0.0065 unstimulated vs Lp(a) and P=0.0040 Lp(a) vs Lp(a)+PFK158; for HIF-1α, P=0.0021 unstimulated vs Lp(a) and P=0.0026 Lp(a) vs Lp(a)+PFK158. **F**, Aortas of WT (wild type) mice ex vivo incubated with 100 mg/dL Lp(a) and 100 mg/dL Lp(a)+5 μM PFK158 (nuclei were stained with DAPI [4′,6-diamidino-2-phenylindole; blue], ECs with PECAM-1 [platelet endothelial cell adhesion molecule 1; red], and PFKFB3 was stained [green]; 18 h incubation; n=5; white bar=100 μm). **G**, Extracellular acidification rate (ECAR) of unstimulated ECs (gray line/bar), Lp(a)-ECs (red line/bar), Lp(a)-ECs+PFK158 (light gray line/bar), and ECs stimulated with only 5 μM PFK158 (orange line/bar; 100 mg/dL Lp(a); 18 h incubation; n=3). **H**, Representative DIC images TEM assay with unstimulated ECs (**upper left**), 100 mg/dL ECs (**upper right**), Lp(a)+PFK158-stimulated ECs (**lower right**), and ECs incubated with 5 μM PFK158 (**lower left**; 18 h incubation; white bar=200 μm). **I**, Quantification of **H**; transmigrated monocytes through Lp(a)-ECs coincubated with and without 5 μM PFK158. Gray bars indicate unstimulated ECs, red bar shows Lp(a)-ECs, light gray indicates Lp(a)-ECs coincubated with PFK158, and white bars represent PFK158-stimualted ECs. Data were analyzed using 2-way ANOVA with Tukey correction. P<0.0001 0 vs 100 (−PFK158) mg/dL Lp(a); P<0.0001 100 (−PFK158) vs 0 (+PFK158) mg/dL Lp(a); P<0.0001 100 (−PFK158) vs 100 (+PFK158) vs 100 mg/dL Lp(a) (18 h incubation; n=5). All data are mean±SEM. 2-DG indicates 2-deoxyglucose. *P<0.05, **P<0.005, ***P<0.0005, ****P<0.00005.
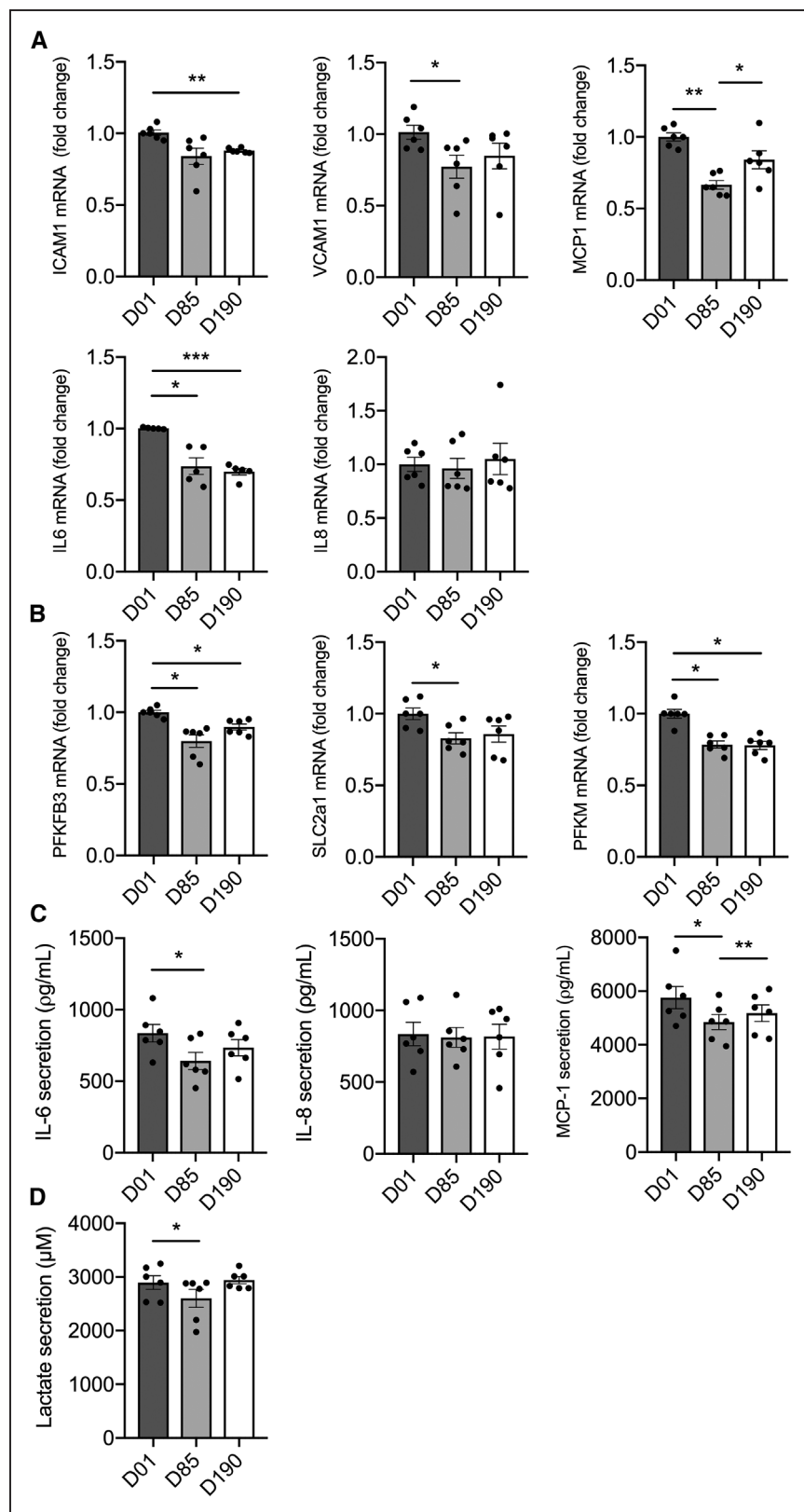
Figure 6. A strong Lp(a) (lipoprotein(a)) decrease in human serum partly reduces inflammatory and glycolytic mediators in ECs.
A, Gene expression of ECs incubated with serum derived from subjects with elevated Lp(a) of the IONIS-APO(a)$_{Rx}$ study (1:1 incubation with endothelial growth medium). Data were analyzed using repeated measures 1-way ANOVA with Tukey correction. For *ICAM1*, $P=0.0026$ D01 vs D190; for *VCAM1*, $P=0.0338$ D01 vs D85; for *MCP1*, $P=0.0026$ D01 vs D85 and $P=0.0474$ D85 vs D190; for *IL6*, $P=0.0234$ D01 vs D85 and $P=0.0006$ D01 vs D190 (black bars, D01; gray bars, D85; anthracite bars, D190; n=6; 6 h incubation). **B**, Glycolytic gene expression of *PFKFB3*, *SLC2A1*, and *PFKM* (*6-phosphofructokinase, muscle*) revealed a decrease after Lp(a) lowering in human serum (1:1 incubation with endothelial growth medium). Data were analyzed using repeated measures 1-way ANOVA with Tukey correction. For 6-phophofructo-2-kinase/fructose-2,6-biphosphatase (PFKFB3), $P=0.0196$ D01 vs D85 and $P=0.0276$ D01 vs D190 (n=6; 6 h incubation). **C**, MCP (monocyte chemoattractant protein 1)-1, IL (interleukin)-6, and IL-8 secretion in medium of ECs incubated with human serum before and after Lp(a) lowering. Data were analyzed using repeated measures 1-way ANOVA with Tukey correction. For MCP-1, $P=0.0180$ D01 vs D85 and $P=0.0017$ D85 vs D190; for IL-6, $P=0.0238$ D01 vs D85 (n=6; 18 h incubation). **D**, Lactate secretion in medium of ECs incubated with human serum before and after Lp(a)-lowering therapy. Data were analyzed using repeated measures 1-way ANOVA with Tukey correction. $P=0.0160$ D01 vs D85 (n=6; 18 h incubation). All data are mean±SEM. D01 indicates baseline; D85, day 85; D190, day 190; ICAM-1, intercellular adhesion molecule 1; and VCAM-1, vascular adhesion molecule 1. *$P<0.05$, **$P<0.005$, ***$P<0.0005$.

glycolysis through HIF1α-PFKFB3 and thereby affect endothelial inflammation. In summary, inhibiting PFKFB3 reduces the Lp(a)-induced glycolytic increase rendering ECs more quiescent.

CONCLUSIONS

In the present study, we demonstrate that Lp(a) activates the endothelium, mainly through its OxPL content, thereby

facilitating increased monocyte transmigration. Persistent EC activation is induced via PFKFB3-mediated increase of glycolysis. Inhibition of PFKFB3 abolishes the inflammatory potential of OxPLs associated with Lp(a). Since endothelial activation is a hallmark in several proatherogenic disease states, including diabetes mellitus, familial hypercholesterolemia, and rheumatoid arthritis,[41–43] selective endothelial targeting of PFKFB3-mediated glycolysis may offer a new target for future anti-inflammatory therapy in patients at increased cardiovascular risk.

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Disclosures

Supplemental Materials

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