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Pre-treatment with microRNA-181a Antagomir Prevents Loss of Parvalbumin Expression and Preserves Novel Object Recognition Following Mild Traumatic Brain Injury

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Abstract

Mild traumatic brain injury (mTBI) can result in permanent impairment in memory and learning and may be a precursor to other neurological sequelae. Clinical treatments to ameliorate the effects of mTBI are lacking. Inhibition of microRNA-181a (miR-181a) is protective in several models of cerebral injury, but its role in mTBI has not been investigated. In the present study, miR-181a-5p antagomir was injected intracerebroventricularly 24 h prior to closed-skull cortical impact in young adult male mice. Paw withdrawal, open field, zero maze, Y maze, object location and novel object recognition tests were performed to assess neurocognitive dysfunction. Brains were assessed immunohistologically for the neuronal marker NeuN, the perineuronal net marker wisteria floribunda lectin (WFA), cFos, and the interneuron marker parvalbumin. Protein quantification was performed with immunoblots for synaptophysin and postsynaptic density 95 (PSD95). Fluorescent in situ hybridization was utilized to localize hippocampal miR-181a expression. MiR-181a antagomir treatment reduced neuronal miR-181a expression after mTBI, restored deficits in novel object recognition and increased hippocampal parvalbumin expression in the dentate gyrus. These changes were associated with decreased dentate gyrus hyperactivity indicated by a relative reduction in PSD95 and cFos expression. These results suggest that miR-181a inhibition may be a therapeutic approach to reduce hippocampal excitotoxicity and prevent cognitive dysfunction following mTBI.

Keywords

Mild traumatic brain injury; Parvalbumin; MicroRNA; Hippocampus; Novel object

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Introduction

Traumatic brain injury (TBI) affects up to 42 million people worldwide annually, with total medical costs in the USA estimated at \$76.5 billion dollars (Gardner and Yaffe 2015). In addition to the direct sequelae of TBI, recent evidence suggests TBI plays a role as a precursor to other common neurological diseases (Lowenstein et al. 1992). Injury from TBI extends beyond the primary site of injury to internal brain structures such as the hippocampus, which is selectively vulnerable to even mild head trauma (Tang et al. 1997). Learning and memory deficits have been linked to hippocampal dysfunction after a single, mild TBI (mTBI) event (Aungst et al. 2014). In addition to the immediate consequences of mTBI, cognitive and behavioral complications can persist for weeks or months following the initial injury. Interventions that reduce neuronal loss in the hippocampus and preserve cognitive function after mTBI are desperately needed.

One underlying cause of post-injury cognitive dysfunction is loss of fast-spiking inhibitory interneurons that express the calcium binding protein Parvalbumin (PVALB; Hsieh et al. 2017). Loss of PVALB + interneurons results in heightened stress responses (Taylor et al. 2013), reduced novel object exploration, and working memory deficits (Zhang and Reynolds 2002). Perineuronal nets (PNNs) are extracellular matrix proteins that envelop and stabilize a subset of PVALB + interneurons (Cabungcal et al. 2013). Loss of PNNs leads to the subsequent loss of PVALB + neurons (Cabungcal et al. 2013), resulting in impaired learning and memory retention (Hylin et al. 2013; Thompson et al. 2018), and an imbalance of excitatory/inhibitory activity in the hippocampus (Fasulo et al. 2017). TBI severity is directly linked to excessive levels of excitatory neurotransmitters, contributing to excitotoxicity (Palmer et al. 1993). However the underlying molecular mechanisms that regulate post-mTBI hippocampal excitotoxicity and resultant cognitive dysfunction remain a critical knowledge gap impeding the development of novel therapeutic interventions.

MicroRNAs (miRs) are short, noncoding RNAs that inhibit target gene translation *via* complimentary binding, and their expression has been shown to be altered after TBI (Redell et al. 2009). In particular brain-enriched miR-181a was observed to be acutely down-regulated acutely after mTBI, but elevated by 24 h post-injury (Redell et al. 2009). Elevations in miR-181a expression has been shown to contribute to cerebral injury, including after cerebral ischemia (Xu et al. 2015), epilepsy (Ren et al. 2016), in Parkinson's disease (Hegarty et al. 2018), and is associated with post-injury behavioral changes in rodents (Chandrasekar and Dreyer 2011). A member of the same miR family, miR-181c, shows the most change of all hippocampal miRs after TBI (Boone et al. 2017). However, whether miR-181a contributes to injury following mTBI, and whether inhibition is protective against mTBI-induced behavioral deficits, has not been previously investigated. Therefore, in the present study we assessed the effects of miR-181a inhibition on acute (6 h and 24 h) and long-term (28 d) hippocampal injury and behavioral outcomes after mTBI.

Methods

All experimental protocols using animals were approved by the Stanford University Animal Care and Use Committee and performed in accordance with NIH guidelines.

Experimental Timeline

Adult male C57/B6 mice (age 8–10 weeks, Jackson Laboratory, Bar Harbor, ME) were sorted into random groups by coin flip and were pre-treated 24 h prior to injury with either miR-181a antagomir or MM control. Tissue samples were collected at 6 h, 24 h, and 28 d after TBI. Behavioral assays and tissue collection for immunoblots were performed prior to, and 28 d after, mTBI (Fig. 1a).

Stereotactic Injection

MiR-181a antagomir or mismatch control was injected intracerebroventricularly (ICV) 24 h prior to injury according to dose/toxicity parameters experimentally determined previously (Ouyang et al. 2012). Briefly, mice were deeply anesthetized and placed in a stereotactic head frame and received a 20-min infusion of 6 μ l antagomir (3 pmol/g in 2 μ l H₂O, 4 μ l DOTAP; Roche Applied Science, San Francisco, CA) or mismatch control sequence into the left lateral ventricle (bregma: -0.58 mm; dorsoventral: 2.1 mm; lateral: 1.2 mm; Xiong et al. 2011). The cannula was removed, and the wound was then closed with bone wax.

Controlled Cortical Impact

Closed head mTBI and sham procedures were performed as previously described with minor modifications (Luo et al. 2014; Sahbaie et al. 2018). To induce mTBI, a benchmark stereotaxic impactor (MyNeuroLab, St. Louis, MO, USA) actuator was mounted on a stereotaxic frame (David Kopf Instruments, Tujunga, CA, USA). Mice were placed in a foam mold held in the prone position on the stereotaxic frame after isoflurane anesthesia. The stereotaxic arm was adjusted at a 40° angle, head impact was at a fixed-point relative to the right eye and ear, corresponding to the S1 somatosensory cortex. The force of the impact delivered by the device was 5.8–6.0 m/s (Dwell time = 0.2 s), impact depth of 5 mm with a 5-mm tip. The mice recovered from anesthesia on a warming pad prior to returning to their home cages. No evidence of skull fracture were observed similar to previous reports using comparable head impact force (Luo et al. 2014; Zhang et al. 2016). Furthermore, there were no noticeable effects on lesion size at either 6 h, 24 h or 28 d post-TBI injury. Sham animals received anesthesia and were placed in the stereotactic frame, but the impact device was instead discharged in the air above the animal.

Mechanical Sensitivity Test

Mechanical sensitivity was assessed using nylon von Frey filaments (Stoelting Co., IL, USA) according to the “updown” algorithm developed by Chaplan et al. (1994). We have applied this technique previously to detect 50% withdrawal threshold in mice after injury (Sahbaie et al. 2014; Tajerian et al. 2015). After acclimating mice on the wire mesh platform inside plastic enclosures (10 cm radius), sequential fibers with increasing stiffness ranging from 0.004 to 1.7 g were applied to the plantar surface of a hind limb and left in place 5 s. When 4 fibers had been applied after the first response the testing terminated. Withdrawal of hind paw from the fiber was considered a response. If a response occurred after application of a fiber, then a more flexible fiber was applied; if no response was observed the next stiffest fiber was applied.

Open Field test, Zero Maze, and Memory Tests

All behavioral analysis was conducted by a blinded observer.

The open field arena (40 × 40 × 40 cm) was used to assess locomotion, object location and novel object recognition memory tests. The elevated zero maze was used to measure anxiety according to previously published methods (Tajerian et al. 2014). The zero maze was 60 cm from the floor, had an outer diameter of 60 cm and inner diameter of 50 cm, with two closed (15 cm tall walls) and open quadrants. Mice were randomly placed facing one of the closed quadrants at the beginning of the 5 min test. Total time spent in open and closed quadrants were recorded. Time spent in the open quadrants was compared across groups to measure anxiety.

For object location and novel object recognition memory experiments, mice were initially habituated to two identical objects after being placed in the middle of the open field arena, as previously described (Sahbaie et al. 2018; Zou et al. 2012). Next, during a 5-min trial one of the objects was moved to a novel location and exploratory behavior (investigation time) was recorded. After a 5-min period in home cages, mice were returned to the arena with one of the previous identical objects replaced with a novel one. The new object had a distinct shape and size difference from the identical object sets, and 5-min recordings were performed assessing exploratory behavior directed toward the objects.

Y-maze was used to assess working spatial memory. The arena consisted of 3 symmetrical arms (arms A, B, and C) at 120° angles with a dimension of 20 × 8 × 16 cm (L x W x H) for each arm. The mice were placed in the center of the arena, and arm entry was recorded for 10 min. Unique triad combination of consecutive arm entries was used as a measurement of spontaneous alternation behavior (Hughes 2004). All recordings from the above experiments were analyzed in real time by TopScan software (Clever System, USA).

Fluorescent in situ Hybridization and Immunohistochemical Labeling

Six mice from each group were deeply anesthetized and perfused with ice-cold saline, followed by 4% buffered paraformaldehyde. Brains were then removed and stored in formaldehyde for at least 3 days. A notch in the cortex was used to track the injured hemisphere. Brains were sectioned on a vibrating microtome at 50 μm. Sections were treated with 1% H₂O₂ for 10 min and blocked with Triton-100X with 5% horse serum overnight at 4 °C. Parvalbumin labeling was performed with 1:500 PBS/anti-sheep antibody (R&D Systems, Minneapolis, Cat. AF5058) and fluorescently stained with Alexa-594 goat-anti sheep secondary antibody (Invitrogen). Perineuronal nets were labeled with 1:500 fluorescein-tagged Wisteria Floribunda Lectin (Vector Labs, Burlingame, Ca, Cat. FL-1351). Six brain slices per animal were mounted on SuperFrost slides with ProLong Glass Antifade Mountant (ThermoFisher, Waltham, MA, Cat. P36980) and #1 coverslips. The expression of miR-181a-5p was determined by *fluorescent in situ hybridization* (FISH) in combination with IHC labeling for PVALB + neuron colocalization. A double FAM-labeled miR-181a-5p miRCURY LNA miRNA Detection Probe (Qiagen, cat# YD00619309-BED) was employed using a combined protocol described by Chaudhuri *et al.* and de Planell-Saguer *et al.* with minor modifications to disrupt the hybridization of miR-181a and antagomir (Datta

Chaudhuri et al. 2013; Planell-Saguer et al. 2010). Fluorescent optical sections were obtained using a Zeiss Imager M2 upright microscope at 200x magnification. A Z-stack was captured at steps of 2 μm for stereological counts of parvalbumin-expressing cells and perineuronal nets, as well as their overlap. Exposure and white/black balance were set to the same values in all images captured.

Cell Quantification

Cells were assessed stereologically by an observer blinded to conditions using Neurolucida™ (v2017, MicroBright-Field, Williston, VT) and recorded as belonging to one of three groups based on their location (Fig. 4b): the cornu ammonis-1 (CA1), including the molecular layers above the dentate gyrus (DG); the DG granule cell (GC) layer (including all cells that were only partially overlapping the granule cell layer), and the hilus/CA3c (i.e., cells that were entirely between the two GC layers). The process was repeated with PNNs and then again with both red and green channels to identify PVALB+/PNN colocalization. Neither PVALB or PNN staining showed differences between the contralateral and lateral hippocampal hemispheres, so both hemispheres were counted from four brain sections per animal and were averaged together to represent one animal. cFos showed strong hemisphere bias and was calculated as a ratio of contralateral and ipsilateral activation.

Immunoblotting

Protein quantification was performed using 30 μg of protein/sample as previously described (Stary et al. 2017), using primary antibodies to β -tubulin (Abcam, Cat. ab6046), synaptophysin (Abcam, Cat. ab14692), and postsynaptic density 95 (Abcam, Cat. ab18258). Briefly, brain protein was isolated after perfusion with iced cold saline, then 30 μg of protein/sample was separated on a 4-10% Bis-Tris mini-gel (NP0304BOX, ThermoFisher Scientific), and electro-transferred to an Immobilon polyvinylidene fluoride membrane (IPVH00010, Millipore EMD Corp.). Membranes were blocked and incubated with the appropriate primary antibody overnight at 4 °C. Membranes were then washed and incubated with 1:15,000 IRDye conjugated secondary antibodies goat anti-mouse (LiCor, Lincoln, Nebraska, Cat. 925-32210) and goat anti-rabbit (LiCor, Lincoln, Nebraska, Cat. 925-32211). Immunoreactive bands were visualized using the LICOR Odyssey infrared imaging system. Densitometric analysis was performed by an observer blinded to treatment group using Image J software (v1.46, National Institutes of Health). The area under the densitometry curve was normalized to β -tubulin loading control and expressed as percentage of control. Four animals were used for each group.

Statistics

All statistics were performed with SPSS v22.0 (IBM). Group differences were analyzed with ANOVA when there were more than two groups, followed by examination of simple effects with independent-samples t tests. T tests were also used for two comparison groups. Error bars represent mean \pm SEM, $p < .05$ was considered significant.

In Silico Target Predictions

We performed a targeted in silico search for mmu-miR-181a-5p targets (TargetScan v7.2). Only gene targets with cumulative weighted context score ≥ -0.2 , or aggregate PCt ≥ 0.5 were included.

We identified 1001 initial targets (1001 transcripts, 1186 conserved sites, 433 poorly conserved sites). Experimentally confirmed miR-181a-5p targets BCL2, BCL2L11, PTPN22 and HIPK2 have low (under -0.2) context scores, but 0.5 or higher aggregate PCt. We used these criteria to refine our list to 490 putative miR-181a targets (Supplemental Table 1).

Results

Effect of miR-181a Antagomir on Behavioral Outcomes Following mTBI

Sham mice stereotactically injected with antagomir mismatched (MM) control did not differ from non-injected sham animals in any of the tests; therefore, only MM control is presented for comparison. The TBI allodynia profile did not differ between mice pre-treated with miR-181a antagomir (antagomir) from mice that received injections of vehicle (controls; $F[1,32] = 0.002$, $p = .969$, $partial \eta^2 < 0.001$; Fig. 1b). There were no differences between pre-treatment and MM controls for the Y Maze in unique combinations ($p = .216$), total entries ($p = .051$), or distance traveled ($p = .067$; Fig. 1c). In the Open Field Test, there were differences in total distance traveled ($F[2,27] = 35.62$, $p < .001$, $partial \eta^2 = 0.725$) time spent in the center ($F[2,27] = 5.226$, $p = .012$, $partial \eta^2 = 0.279$) and total entries into the center ($F[2,27] = 5.799$, $p = .008$, $partial \eta^2 = 0.30$) between treatment groups (Fig. 1d). Bonferroni post hoc analyses revealed antagomir treated mice traveled more total distance than TBI + MM ($p < .001$) mice, spent more time in the center than controls ($p = .013$), but not more than TBI + MM and made more bouts into the center compared to the MM control or TBI + MM groups ($p = .009$). There were differences between treatment groups in the Zero maze for time spent in the open arms, $F[2,27] = 5.027$, $p = .014$, $partial \eta^2 = 0.27$, but not for bouts into open arms [$F[2,27] = 2.41$, $p = .018$, $partial \eta^2 = 0.152$]. Bonferroni post hoc analysis showed that antagomir MM control animals spent less time in the open arms than mTBI animals (Fig. 1e). After mTBI, only MM control showed a preference for a familiar object in a novel location ($F[2,27] = 4.245$, $p = .025$, $partial \eta^2 = 0.239$), while mice treated with antagomir showed no increase over TBI + MM ($p > .99$; Fig. 1f). However, there were differences in the time spent investigating novel objects ($F[2,27] = 10.29$, $p < .001$, $partial \eta^2 = 0.43$). Bonferroni analysis revealed animals treated with miR-181a antagomir spent more time investigating a novel object with no difference to pre-injury levels ($p = .99$), while mismatch controls showed no such recovery ($p = .002$; Fig. 1g). Because the hippocampus is implicated in novel object recognition, we assessed for histological evidence of neuronal survivability and synaptic milieu with miR-181a inhibition.

Histological Observations

All histological observations were made from 6 mice from each group, 6 brain sections per animal, and were counted by blinded observers. Inter-rater reliability was high ($R^2 > 0.95$).

Cornu Ammonis-1 and Cortex

After 28 d of recovery, there was significant healing at the impact site. There were no quantitative differences in expression of NeuN + neurons, PVALB + neurons, or cFos expression between antagomir and mismatch control treatment groups in the CA1 or cortex at the site of impact (Fig. 2).

Dentate Gyrus Granule Cell Layer

Mild TBI resulted in an early, acute loss of PVALB expression from the GC layer at 6 h ($t[15] = 3.532$, $p = .003$, $Cohen's d = 1.77$) and continued at 24 h, however, had recovered by 28 d after injury ($p = .39$; Fig. 3c). PVALB + neuron count in the granule cell layer was unaffected by antagomir treatment ($F[1,30] = 0.660$, $p = .423$, $partial \eta^2 = 0.02$). PNN count was decreased by 24 h after mTBI in controls ($t[14] = 2.82$, $p = .012$, $Cohen's d = 1.09$); however, antagomir-treated animals did not display this loss and had significantly higher PNN expression at 24 h ($t[7] = 2.87$, $p = .019$, $Cohen's d = 2.53$; Fig. 3d). By 28 d after mTBI, no difference in PNN count was observed between treatments ($p = .103$). Antagomir-treated animals exhibited a significant decrease in activity (as assessed by cFos expression) in the GC layer from 6 to 24 h ($t[9] = 2.60$, $p = .029$, $Cohen's d = 1.64$; Fig. 3e), that was not observed in mismatch control-treated animals ($p = .107$). GC activity in the coup relative to the contracoup hippocampus was lower overall in the antagomir-treated animals at both 6 h ($t[7] = 4.43$, $p = .003$, $Cohen's d = 3.70$) and 24 h after mTBI ($t[6] = 5.28$, $p = .002$, $Cohen's d = 3.27$).

Dentate Gyrus Hilus/CA3c

Similar to the GC layer, we observed an early, acute decrease in PVALB expression at 6 h post-mTBI ($t[15] = 3.19$, $p = .006$, $Cohen's d = 1.55$) that persisted up to 28 d ($t[20] = 2.966$, $p = .008$, $Cohen's d = 1.27$; Fig. 3f). Despite this sustained loss, antagomir-treated animals exhibited significantly higher numbers of PVALB + neurons at 28 d compared to controls ($t[10] = 2.53$, $p = .030$, $Cohen's d = 1.46$). No differences between treatment groups were observed in PNN count or cFos activity (Fig. 3g–h).

Synaptic Connectivity

To examine changes in synaptic protein expression in the hippocampus, we quantified the expression of excitatory postsynaptic marker PSD95 and the general presynaptic marker synaptophysin between CA1 and DG (Fig. 4a). Both were unchanged in CA1 in both control and antagomir-treated groups when normalized to β -Tubulin (Fig. 4b-c). The DG demonstrated an overall decrease in PSD95 in the antagomir treated group at 28 d after mTBI compared to controls, suggesting fewer excitatory connections (Fig. 4b). Antagomir treatment also resulted in an increase in synaptophysin at 28 d, suggesting increased overall connectivity (Fig. 4c).

Cellular Localization of miR-181a Expression

The dentate gyrus 24 h post-mTBI exhibited a moderate amount of miR-181a expression (Fig. 5a) which coincides with previously reported findings (Redell et al. 2009). However, miR-181a was undetectable in antagomir-treated animals at 24 h (Fig. 5b). In MM control

animals, mTBI resulted did not result in miR-181a / PVALB colocalization in either the granule cell layer or the hilus/CA3c, suggesting miR-181a inhibition within PVALB + interneurons themselves was not the primary mechanism of action in hilar protection from excitotoxicity.

Discussion

In the present study, we demonstrate for the first time that inhibition of miR-181a protects against selective behavioral deficits after mTBI and improves the long-term PVALB expression of DG hilar interneurons. The most notable behavioral difference we identified in animals treated with miR-181a antagomir was increased time spent inspecting a novel object. The brain regions associated with novel object recognition remain controversial, although animals with hippocampal lesions perform poorly in the task (Broadbent et al. 2010). DG-specific knockdown of neurogenesis has been shown to disrupt novel object recognition (Jessberger et al. 2009). The DG receives afferent inputs primarily from entorhinal cortex (David G. Amaral et al. 2007), and disruption of μ opioid receptors in the DG impedes signaling from the lateral entorhinal cortex resulting in abolishment of novel object exploration (Hunsaker et al. 2007) and exacerbating injury from TBI (Hayes et al. 2009). Within the DG, the hilar subregion is specifically and particularly sensitive to mTBI, as evidenced by increased inflammation, neuronal loss, and alterations in synaptic transmission detected by electrophysiology (Hicks et al. 1993). Disruption of hilar interneurons' ability to provide inhibitory input has been linked to many other brain disorders (Lowenstein et al. 1992). Neurons in the hilus do not project to other areas of the hippocampus, but remain localized to the DG and CA3 (Amaral and Witter 1989). Neurons in the CA3c subregion of the hippocampus are heterogeneous in structure and function (Hunsaker et al. 2008), can project back into the DG hilus (Li et al. 1994), and are also susceptible to mTBI (Tang et al. 1997). Because the hilus and CA3c are difficult to differentiate both in fresh tissue and fixed sections, in the present study they were combined. However, it is possible these areas maintain unique responses to mTBI: they share a similar spatial environment, the physical forces from cortical impact are likely similar, and PVALB + interneurons in both regions receive similar afferent inputs from the DG granule cells.

The observations in the present study are similar to previous reports of PVALB + interneuron loss after TBI in the cortex (Hsieh et al. 2017), Hsieh et al. described post-TBI PVALB + neuron loss at four weeks followed by increased expression in markers of oxidative stress and loss of PNNs (Hsieh et al. 2017). The immediate loss and reappearance of PVALB expression are also consistent with previous observations in a model of cerebral ischemia demonstrating post-injury hippocampal PVALB expression loss and recovery (Johansen et al. 1990), PVALB functions to buffer an influx of calcium ions, and therefore protection by antagomir may have been mediated by calcium-mediated excitotoxic mechanisms. PNNs also work to protect PVALB + neurons from excitotoxicity that follows TBI (Hsieh et al. 2017). However, in the present study (where mTBI did not result in overt cortical lesions by 28 d of recovery) a difference in PNN expression was only observed in the GC layer at 24 h post-injury, when PVALB expression was at its lowest.

The protective effect of antagomir against mTBI may be secondary to decreased excitotoxic-mediated synaptic remodeling. Following TBI, inhibitory synapses are upregulated in the DG and play an important role in balancing excitatory/inhibitory signaling from the DG to CA3 (Reeves et al. 1997). Decreasing excitatory glutamatergic signaling is neuroprotective after TBI (Faden et al. 2001), and there is growing evidence that low doses of ethanol—a GABA channel modulator—can also protect against excitotoxicity after TBI (Janis et al. 1998; Türeci et al. 2004; Wang et al. 2012). Post-injury upregulation of the neuronal activity marker cFos occurs in the hippocampus after TBI in a time- and region-dependent manner (Raghupathi and McIntosh 1996), described as peaking from 2 to 6 h after injury and returning to baseline within 24 h (Yang et al. 1994). TBI-induced expression of cFos is highest in the dentate gyrus hilus (Czigner et al. 2004), and mild trauma results in a larger spike in cFos expression in the hippocampus *versus* more moderate injury, but this surge is not directly tied to neuronal loss (Phillips and Belardo 1992). In the present study, cFos was low at basal levels and almost undetectable in sham animals. We observed a relative decrease in cFos expression in the GC layer of antagomir treated mice, suggesting that lower activity levels did not trigger a cascade of excitotoxicity that affected PVALB expression, for example in the DG hilus. PNNs were not different in any brain area after 28 d, suggesting that PNNs may only protect against excitotoxicity in the early, acute stages post-injury after mTBI, while long-term PVALB expression differences may be secondary to alternative factors. Supporting this interpretation was our finding that miR-181a is localized in very few PVALB + interneurons themselves and may play a larger role through changing the physiology of afferent inputs to PVALB + interneurons rather than in the neurons themselves.

Inhibitory signaling balances the activity of excitatory input, and imbalances lead to dysfunction after TBI (Mtchedlishvili et al. 2010). In the present study, antagomir pre-treatment may have protected neurons in the hippocampus from excitotoxicity, resulting in long-term synaptic remodeling. In supporting this conclusion, PSD95 was found to be lower in the DG after treatment with antagomir, but synaptophysin expression was higher, suggesting higher overall synaptic density similar to patterns observed in hippocampal neurons after seizure injury (Jackson et al. 2012). PSD95 is a marker of glutamatergic synapses (Keith and El-Husseini 2008), so the increase in synaptic density may be from increased inhibitory connections, coinciding with increased expression of PVALB, though this must be confirmed by future experiments.

Although in the present study activity levels (measured by open field test and bouts into the center of the field) were significantly increased in antagomir-treated animals compared to controls, hyperactivity is a consequence of TBI (Pandey et al. 2009). Furthermore, increased activity and exploration of the center of an open field are used as correlates of non-depressive/anxious behavior in other contexts and are therefore difficult to interpret in this study because other measures of anxious behavior in the present study (elevated plus maze) were not significantly different.

Although we identified a putative therapeutic target from decreased activity and excitotoxicity, we did not explore individual targets of miR-181a. We identified 490 potential miR-181a targets *in silico* that pass rigorous parameters linked to biological

relevance and experimental data (Supplementary Table 1). The regulatory effects of miR-181a are cell type specific (Rippo et al. 2014) and result in myriad cellular changes through its interactions with downstream transcription factors (Kazenwadel et al. 2010) and cytokines (Bhushan et al. 2013; Zhao et al. 2012). The extent of miR-181a's cognitive effects in the adult brain has not been fully elucidated however, increased expression plays an important role in memory formation (Huang et al. 2015; Zhang et al. 2017), especially those related to fear (Xu et al. 2018) or reward (Chandrasekar and Dreyer 2009).

Another limitation of the present study is that miR-181a antagomir was only administered as pre-treatment, which is useful for elucidating cellular responses, but has little clinical relevance for most mTBI cases. MiR-181a has been shown to be dynamically regulated following TBI, with expression falling shortly after injury but elevating after 24 h (Redell et al. 2009), providing a potential post-injury treatment window to sustain miR-181a suppression. Concordantly, our prior studies in ischemic brain injury models have demonstrated treatment with miR-181a antagomir is an effective treatment when administered both pre-(Ouyang et al. 2012) and post-injury (Xu et al. 2015). Future studies will evaluate the effect of post-injury treatment after mTBI and also assess the effect on synaptic connectivity *via* electrophysiological studies.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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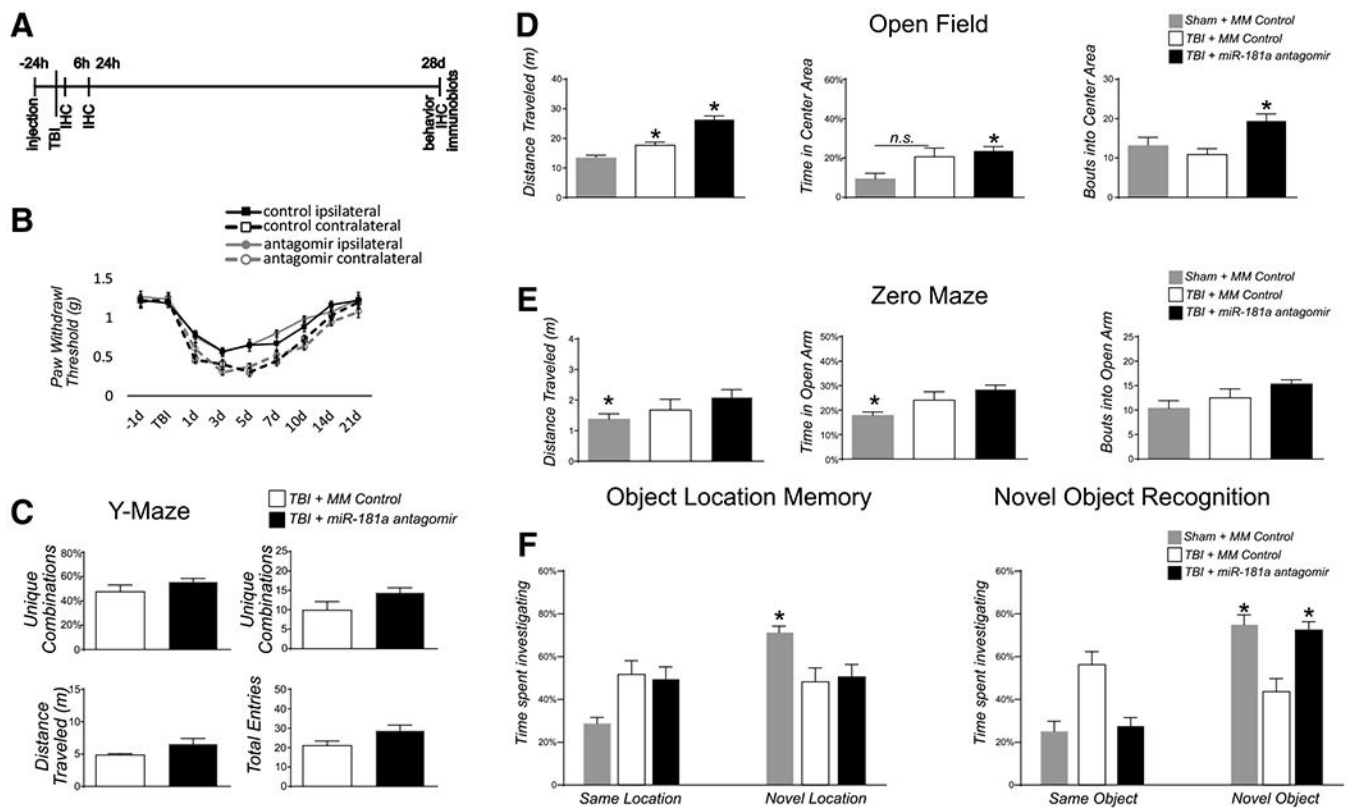


Fig. 1. Behavioral tests. **a** Experimental timeline: Stereotactic intracerebroventricular (ICV) injection of miR-181a-5p antagomir or mismatch control was performed 24 h prior to mild traumatic brain injury (mTBI). Animals were sacrificed at 6 h, and 24 h or 28 d post-mTBI and assessed for histopathological changes in hippocampus. Behavioral testing was performed prior to sacrifice at 28 d. Animals pretreated with miR-181a antagomir or mismatch control were assessed 28 d after mTBI for: **b** paw withdrawal reflex; **c** Y maze; **d** open field test; **e** zero maze and **f** novel object recognition and object location memory task. $n = 12$ per group, $*p < .05$, Error bars Mean \pm SEM

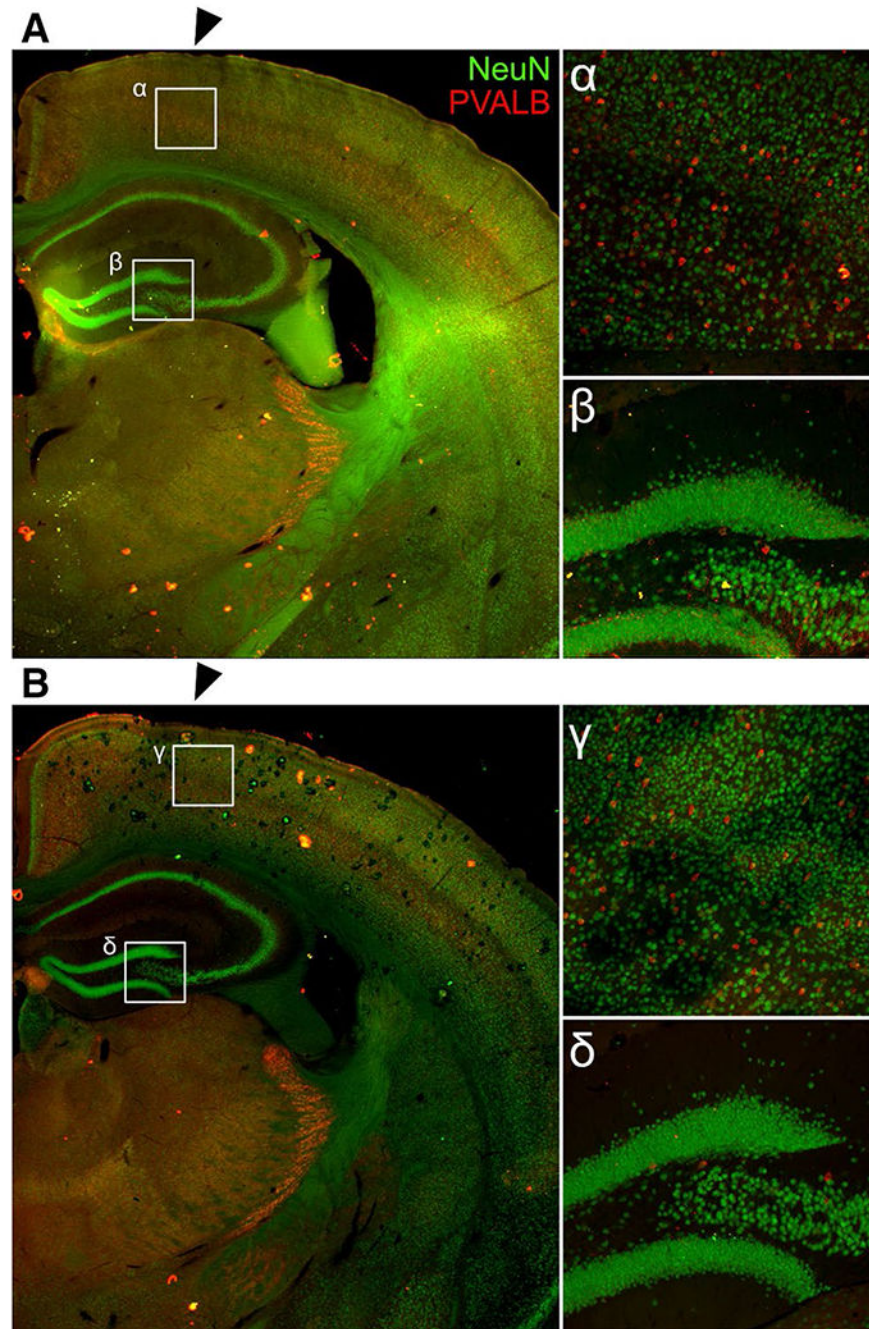


Fig. 2. Healing at the cortical impact site. There were no differences after 28 d of healing at the cortical impact site (black arrows) in number of NeuN + neurons, PVALB + neurons, or PNNs in TBI + MM Control (a) or TBI + 181a inhibitor (b). Magnified views of the cortex just below the impact site (α, γ) and the dentate gyrus/CA3c (β, δ)

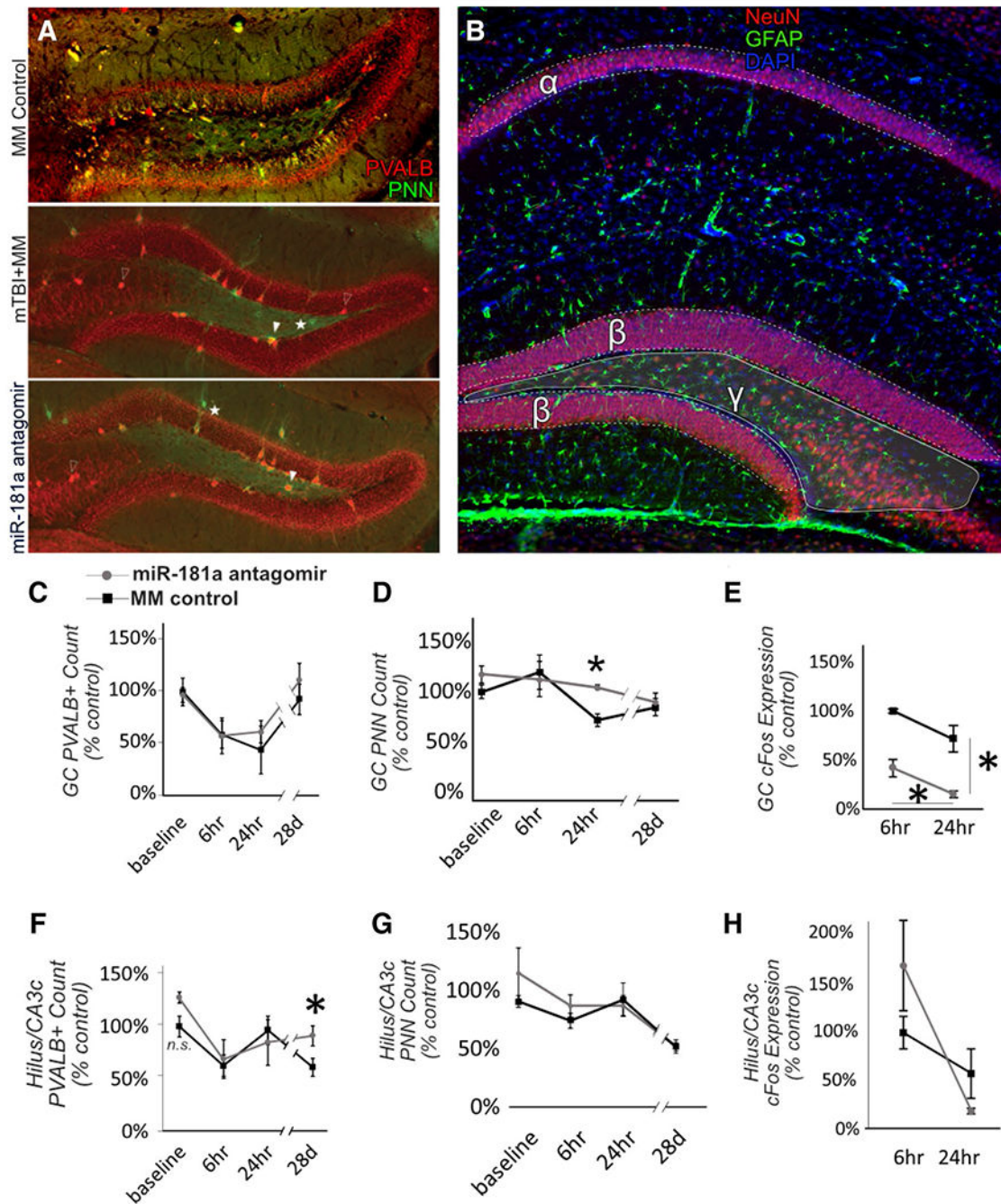


Fig. 3. Hippocampal histopathology. Examples of fluorescent immunohistochemistry for assessment of hippocampal parvalbumin positive (PVALB+) neurons and perineuronal nets (PNN) for MM controls, and 28 d after mTBI in animals pre-treated with either miR-181a antagonist or MM control (a). For all analyses, hippocampal subregions were defined as (α) cornu ammonis-1, (β) the granule cell layer of the dentate gyrus and (γ) the dentate gyrus hilus/cornu ammonis-3c (b). Antagonist treatment resulted in a slight increase in PVALB expression in the DG hilus/CA3c. Open arrow = PVALB + interneuron, closed arrow =

PVALB + PNN, Star = PNN only. Quantification of PVALB in the dentate gyrus (DG) granule cell (GC) layer (**c**) and in DG hilus/cornu ammonis-3c (CA3c, **f**). PNN quantification in GC layer (**d**) and hilus/CA3c (**g**) of DG. Neuronal activity in DG measured by cFos expression in GC layer (**e**) and hilus/CA3c (**h**). $n = 6$ per group, $*p < .05$, Error bars Mean \pm SEM

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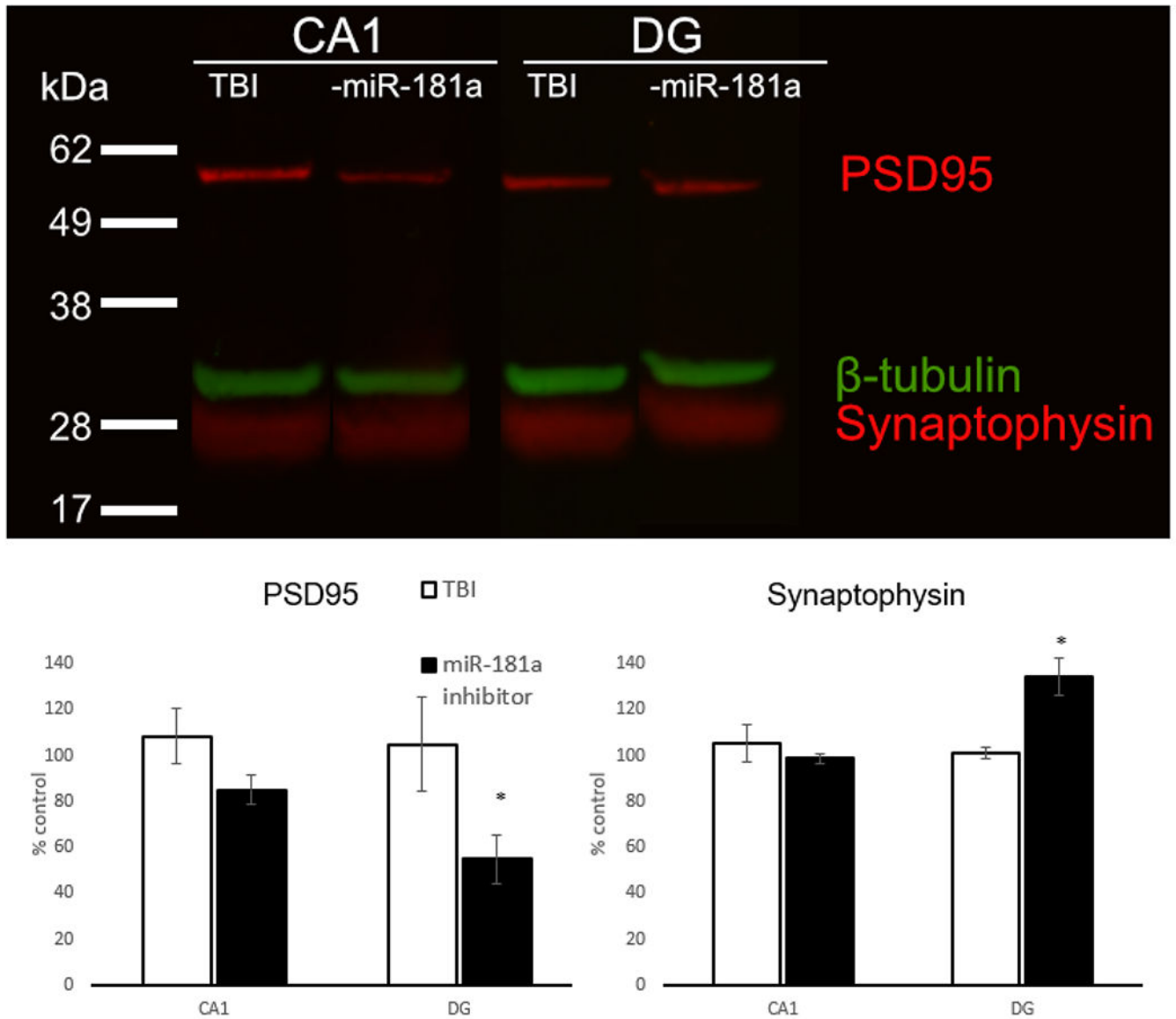


Fig. 4. Immunoblots. Hippocampal protein expression of postsynaptic density 95 (PSD95), synaptophysin, and β -Tubulin (a). Quantification of PSD95 (b) and synaptophysin (c) in the dentate gyrus and CA1. $n = 4$ per group, $*p < .05$, Error bars Mean \pm SEM

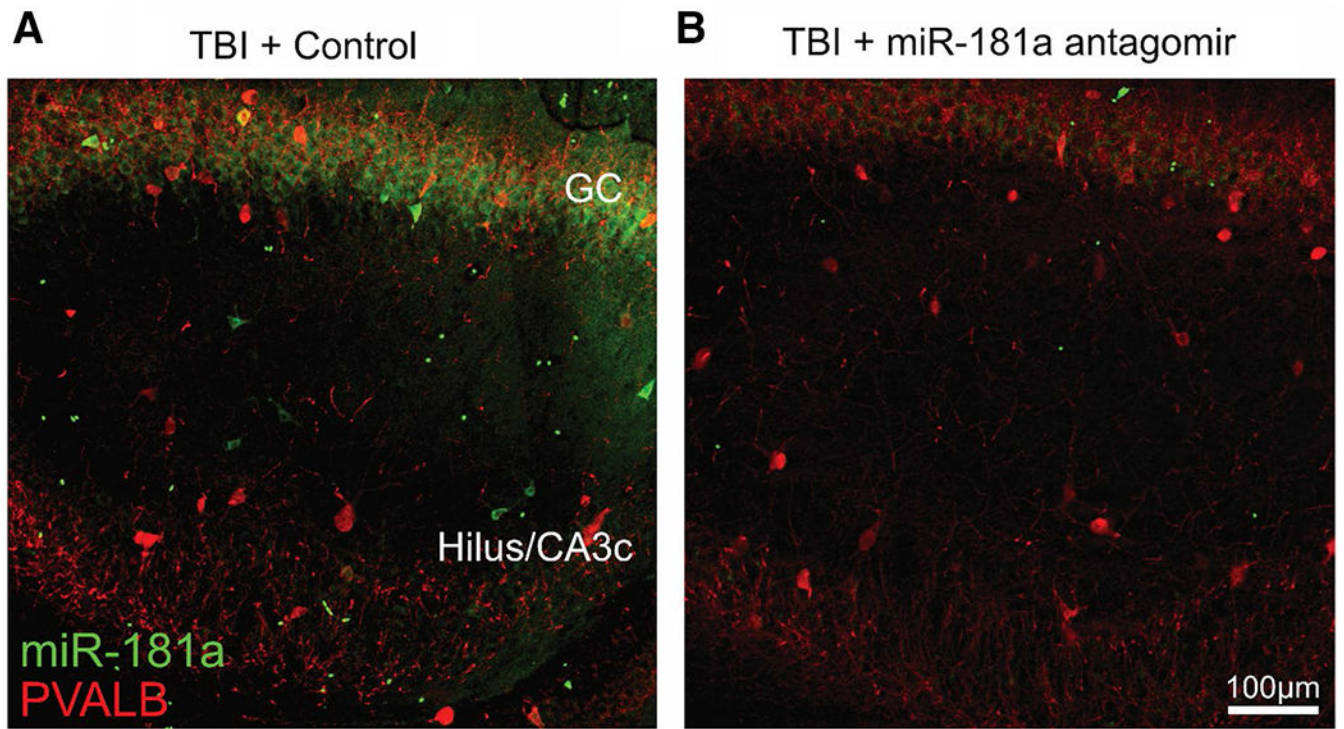


Fig. 5. Cellular localization of miR-181a expression in hippocampus. miR-181a expression in the DG GC and Hilus/CA3c at 6 h post-mTBI in MM control (a) and miR-181a-5p antagomir (b) treated animals