



A new derivative of acetylsalicylic acid and carnosine: synthesis, physical and chemical properties, biological activity

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Abstract

Purpose The aim of this study was to create and assess biological activity of a new compound based on carnosine and acetylsalicylic acid (ASA) that will comprise antioxidant effect with antiplatelet activity, while simultaneously preventing side effects on the gastrointestinal tract.

Methods Salicyl-carnosine (SC) was synthesized by condensation of ASA and carnosine. Antioxidant activity was determined by spectrophotometric and chemiluminescence methods. Antiplatelet activity was carried out by the light transmission-aggregometry method using the inductor ADP. Chronic gastric ulcer in rats was modeled using glacial acetic acid.

Results Using SOD-like activity, iron-induced chemiluminescence, BaSO₄-activated respiratory burst, and evaluation of red blood cell structure stabilization during oxidative damage induced by sodium hypochlorite, it was shown that SC possesses antioxidant activity analogous, or better, than that of carnosine. Antiplatelet activity of SC was evaluated in the blood of healthy individuals, and was also shown to be comparable to, or exceeding that of ASA. Also SC demonstrates high resistance to hydrolysis by tissue and serum carnosinases. Most importantly, it was shown that SC has protected the gastric mucosa against the formation of stomach ulcerative lesions and promoted their epithelization, therefore overcoming the undesirable inherent side effects of ASA.

Conclusions SC preserves pharmacologically significant properties of ASA and carnosine while retaining an anti-ulcer activity and resistance to the carnosinase hydrolysis at the same time. These properties are particularly promising for the potential development of new anti-inflammatory and antithrombotic drugs.

Keywords Carnosine · Acetylsalicylic acid · Salicylic acid · Antioxidant · Antiplatelet action · Gastrointestinal ulcer

Abbreviations

ASA acetylsalicylic acid

CL chemiluminescence

COX cyclooxygenase

HPLC high performance liquid chromatography

HRMS high resolution mass spectrometry

LP lipoproteins

LPO lipid peroxidation

NBT nitroblue tetrazolium

NSAIDs non-steroidal anti-inflammatory drugs

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ROS	reactive oxygen species
SA	Salicylic acid
SC	salicyl-carnosine
SOD	Cu/Zn-superoxide dismutase
TEA	trimethylamine
TLC	thin layer chromatography
TCA	trichloroacetic acid
STC	Trolox-L-carnosine
RTC	(R)-Trolox-L-carnosine

Introduction

Salicylic acid (SA) and its derivatives have long been used in medicine as non-steroidal anti-inflammatory drugs (NSAIDs). The most well-known salicylate is acetylsalicylic acid (ASA, aspirin) [1, 2]. In addition to being used for its anti-inflammatory, antipyretic, and analgesic effects ASA is used in the prevention and treatment of cardiovascular diseases [2–6] due to its high ability to inhibit platelet aggregation. The anti-thrombotic effect of ASA is accounted to its acetyl group, which irreversibly inhibits cyclooxygenase 1 (COX-1) by means of acetylation and, as a consequence, suppresses thromboxane A2 formation [3].

The bioavailability of ASA is approximately 40–50% after oral administration in therapeutic doses. During this process ASA is converted to SA by deacetylation over the course of 15–20 min. The pharmacological action of the latter includes anti-inflammatory, antipyretic and analgesic effects [7–9].

The antioxidant activity, which is inherent to salicylates, is another area of interest, since inflammatory zones are characterized by the production of hydroxyl radicals (OH[•]). The effectiveness of OH[•] interceptors *in vivo* depends on their ability to bind metals of variable valence. At the same time, SA has two binding sites that ensure the formation of the corresponding Fe³⁺/Cu²⁺ salicylate complex in the inflammation area. Thus, ASA and SA appear to be more effective than such well-established OH[•] interceptors as ascorbate, glutathione, and cysteine. This is explained by two factors: high rate of OH[•] reduction, and the ability to create high concentrations in areas of inflammation [10–12].

Although ASA possesses a broad range of positive influences on inhibiting the development of oxidative stress, inflammation, and thrombocyte aggregation, its use is limited due to the presence of adverse side effects. Like other NSAIDs, ASA can exert both local (irritation of the mucous membrane) and systemic (reducing the synthesis of prostaglandins) damaging effects on the gastrointestinal tract mucous membrane after oral administration, and may also impair liver and kidney functions [3, 4].

The presence of side effects makes it expedient to modify salicylates while maintaining their main therapeutic effects.

One of the directions of research in increasing the effectiveness and lessening the side effects of ASA is the production of various derivatives of salicylic acid [4]. We hypothesized that the creation of a synthetic derivative of ASA and β-alanyl-L-histidine (carnosine), a natural antioxidant that has a broad spectrum of action [13, 14] and can prevent the formation of ulcers induced by the application of acetic acid [15], can improve the actions of both compounds, and attenuate the adverse effects. Disregarding the many positive actions of carnosine, and its lack of adverse side effects, its effectiveness is limited by both low lipophilicity and unavoidable hydrolysis, carried out by specific enzymes – serum and tissue carnosinases [16]. These features require the development of specialized medicine forms to protect carnosine from hydrolysis. The amino group of carnosine has been variously modified with the aim of obtaining carnosinase-resistant compounds with antioxidant activity. For example, carnosinase-resistant conjugates of carnosine with lipoic acid [17], Trolox (6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic acid) [18] and N-acetylcarnosine were created - the last was developed and successfully used in cataract treatment [19].

The creation of a carnosine conjugate with ASA could provide it protection from enzymes, increasing its bioavailability and improving its pharmacological characteristics, and simultaneously prevent adverse side effects of ASA on the gastrointestinal tract. The objective of our study was to obtain this conjugate, and to assess its biological activity - in particular, antioxidant, antiplatelet and anti-ulcer activities, as well as resistance to serum and tissue carnosinases.

Materials and methods

Chemistry

General methods

Acetylsalicylic acid (Hebei Jiheng (Group) Pharmaceutical Co., Ltd., China), carnosine (Hamari Chemicals, Japan); triethylamine, pivaloyl chloride (Fluka, Germany); acetonitrile, diethyl ether (Chimmed, Russia) were used in the synthesis of salicyl-carnosine. All solvents were anhydrous. Ticlopidine hydrochloride and Trolox ((±)-6-Hydroxy-2,5,7,8-tetramethylchromane-2-carboxylic acid) (Sigma Aldrich, USA) were used for the comparison of biological properties. Preparative purification of the resulting compound was carried out on a LiChroprep RP-18 reverse phase column (Merck Millipore, USA) (column diameter 30 mm, column height 245 mm, gradient 0–30% ethanol, flow rate 300 ml/h). Control of synthesis and preparative purification of the obtained compound was carried out using thin layer chromatography (TLC) on silica gel plates Silufol UV 254 (Kavalier,

Czech Republic) with ninhydrin development. The solvent systems used and Rf values are presented in Table S1. Carnosine, acetylsalicylic (ASA) and salicylic acids (SA) were used as standards to identify the products of synthesis by Rf. The purity of the resulting compound was analyzed by means of high performance liquid chromatography (HPLC) on a MiliChrom-A02 chromatograph (Econova, Russia) with a spectrophotometric detector using a Prontosil 120 5C18aq reversed-phase column (75 × 2 mm) (BISCHOFF Chromatography, Germany). Analysis conditions: eluent A – 200 mM LiClO₄ + 5 mM HClO₄; eluent B – methanol; linear gradient 5–80% B for 16.5 min; flow rate 150 µl/min, column thermostat temperature – 30 °C; detector wavelength – 210 nm.

The spectral characteristic of the resulting compound was obtained at λ = 324 nm using an Ultrospec 3300 Pro spectrophotometer (Amersham Biosciences, USA). The starting and resulting compounds were dissolved in distilled water to a final concentration of 1 mM.

The melting point of the resulting compound was determined using a Boetius melting point apparatus (Boetius Franz-Kustner, Germany). The structure of the obtained compound was determined by mass spectrometry using the LCQ Advantage MAX system (Thermo Finnigan, USA) with electrospray ionization and syringe injection of samples at a concentration of 10 µg/ml in methanol.

¹H NMR spectra were obtained using a Bruker Avance 300 spectrometer (Bruker Daltonics Inc., USA) at a frequency of 300 MHz. ¹³C NMR spectra were obtained using a Bruker Avance 600 spectrometer at a frequency of 150 MHz.

High-resolution mass spectra (HRMS) were measured on a Bruker micrOTOF II focus LC-MS system using electrospray ionization (ESI). The measurements were carried out in positive ionization mode (voltage at the capillary interface – 4500 V); range of mass scanning (m/z) varied from 50 to 3000 Da; both external and internal calibrations were performed using a standard Electrospray Calibrant Solution (Fluka, USA). Analyte solutions in acetonitrile, methanol or water were used for syringe administration (flow rate 3 ml/min). Nitrogen was used as a dehydrator; capillary interface temperature was 180 °C. Highly purified compound was obtained by HPLC using a Reprosil pur C18aq, 5 µm column (20 × 150 mm) (Dr. Maisch HPLC GmbH, Germany). Gradient elution was used: eluent A – methanol-water-acetic acid (30:70:0.1), eluent B – methanol; linear gradient 0–100% B for 20 min; flow rate 20 ml/min; detector wavelength – 226 nm.

Synthesis of 2-[3-(2-hydroxy-benzoylamino)-propionylamino]-3-(1H-imidazol-4-yl)-propionic acid (salicyl-carnosine)

2.0 g (11.1 mmol) of acetylsalicylic acid were dissolved in 40 ml of acetonitrile, cooled to –5 °C, then 1.76 ml

(12.2 mmol) of triethylamine (TEA) were added to the solution and cooled to –30 °C, while stirring with a magnetic stirrer. 1.5 ml (12.2 mmol) of pivaloyl chloride were added to the cooled solution, stirred for 20 min at –10 °C with a magnetic stirrer, cooled to –30 °C, and mixed with a precooled carnosine solution. 2.5 g (11.1 mmol) of carnosine were dissolved in 7 ml of water and 14 ml of acetonitrile, 1.55 ml (11.1 mmol) of triethylamine were added, the mixture was cooled to –20 °C and mixed with the first solution 20 min later. The reaction mixture was held for 1 h at –10 °C and 12 h at 18–20 °C with magnetic stirring, and then evaporated on a rotary evaporator. The residue was dissolved in absolute methanol and precipitated with ethyl acetate. The resulting product was reprecipitated twice from absolute methanol with dry ether. The product was filtered by washing it repeatedly with dry ether on a filter [20].

The resulting compound was dried under vacuum over P₂O₅ to give 2.8 g of solid. According to the HPLC (LiChroprep RP-18 reverse phase column (Merck Millipore, USA), the content of the target compound in the precipitate equaled 22.3%. It was further purified by HPLC using a Prontosil 120 5C18aq reversed-phase column to give 96.7% pure target material (Fig. S1). MS-HPLC (m/z) [M-H] = 345 g/mol (Fig. S2).

Salicyl-carnosine was obtained as white powder: mp 167–168 °C, absorption wavelength λ = 324 nm (Fig. S3); ¹H-NMR (300 MHz, D₂O) δ 2.49–2.64 (m, 2H), 2.95–3.03 (m, 1H), 3.13–3.20 (m, 1H, J = 4.3 Hz), 3.51–3.63 (m, 2H), 4.48 (dd, 1H, J = 4.5 Hz), 6.90–6.97 (m, 2H), 7.06 (s, 1H), 7.41 (t, 1H, J = 7.7 Hz), 7.56 (d, 1H, J = 7.7 Hz), 8.19 (s, 1H) (Fig. S4); ¹³C-NMR (150 MHz, D₂O) δ 28.0, 36.1, 36.7, 54.4, 116.9, 117.9, 120.8, 129.1, 130.5, 133.7, 134.9, 158.0, 158.3, 170.2, 174.2, 177.1 (Fig. S5); HRMS (m/z) [M + H] – calcd. For C₁₆H₁₈N₄O₅ 347.1358; found 347.1350 (Fig. S6).

Biology

Ethics of experiments

Each human subject had given their written informed consent to blood sampling for research.

All manipulations with animals were carried out according to the Guide for the Care and Use of Laboratory Animals – Russian Version, National Academy Press, Washington, DC, 1996). All efforts were made to minimize animal suffering and to reduce the number of animals used.

All studies were approved by the Research Center of Neurology Ethics Committee, ethical permission number 2–5/19 from 20.02.2019.

The superoxide scavenging activity

The superoxide scavenging activity of complexes of carnosine and the obtained compound with copper and zinc was determined by the slowdown in nitro blue tetrazolium (NBT) reduction rate during the generation of superoxide anion radical in the process of xanthine oxidation with xanthine oxidase [21].

The reaction system for superoxide induction contained sodium carbonate buffer (50 mM, pH 10.2), 0.1 mM EDTA, 0.1 mM xanthine, and 25 mM NBT. To obtain the complexes, solutions of carnosine and SC were mixed with solutions of CuSO_4 and ZnSO_4 (all components at a final concentration of 100 mM) and incubated for 10 min. The resulting solution was added to cuvettes with the superoxide induction system at a final concentrations of 2, 4, and 10 mM. The reaction was initiated by the addition of the enzyme.

SOD-like activity of the complexes was determined by the slowdown in the rate of optical density increase at 560 nm caused by the inhibition of NBT reduction, and was presented as percentage of the control samples value, which did not contain interceptors.

Antioxidant activity determination by iron-induced chemiluminescence method

To assess the antioxidant activity of SC *in vitro* we used a model of lipid peroxidation (LPO) initiated by Fe^{2+} ions in isolated low density and very low density serum lipoproteins (LP) obtained from healthy donors [22]. The method is based on the measurement of chemiluminescence (CL) parameters in a suspension of LP under oxidation by ferrous ions added in excess to the reaction medium [23]. The following kinetic parameters of CL were measured: rapid CL flare amplitude (h, mV) reflecting the stationary level of lipid hydroperoxides, duration of CL ignition latent period (lag-period, τ , s) characterizing LP resistance to oxidation, which depends on the ratio of pro- and antioxidants in reactionary system, and the maximum intensity of chemiluminescence (H, mV) reflecting LP oxidation capacity.

SC antioxidant effect was compared to that of carnosine, ASA and Trolox (an antioxidant, soluble vitamin E analogue). The compounds were added to the reaction mixture as aliquots of 10 mM stock solutions (pH 7.45) along with a compensating volume of phosphate buffer to obtain a final concentration of 500 μM in a final volume of 0,9 ml.

The reaction was started by the addition of FeSO_4 at a final concentration of 5 mM, and CL signal was recorded using a 1251 Luminometer (LKB-Wallac) at 37 °C while continuously stirring the solution, in 3 parallel samples for each compound (the mean value was used in the analysis).

The change in the studied parameters of the CL curve was expressed as a percentage of the control values in samples without test compounds.

Resistance to hydrolysis by tissue and serum carnosinases

Resistance of the obtained compound to hydrolysis by tissue and serum carnosinases (specific enzymes regulating the level of carnosine in the human and animal organisms and degrading it to β -alanine and L-histidine) was determined by estimating the concentration of histidine as a hydrolysis product, using the method proposed by Pegova et al. [24]. We used the dialysate of kidney tissue homogenate from 3 male Wistar rats as a source of tissue carnosinase. The experiment was conducted in accordance with ethics standards and the international requirements on laboratory animal handling. The enzyme was activated with MnCl_2 . To conduct the reaction, 20 μl of dialysate was added to 0.1 ml of the reaction sample (Tris-HCl buffer, 40 mM pH 8.0, 1 mM MnCl_2) and incubated for 1 h at 37 °C. The hydrolysis reaction was initiated by the addition of substrate (carnosine or the obtained compound) at a final concentration of 10 mM. After 3 h, the reaction was stopped by adding 0.3 ml of cold 96% ethanol. The protein precipitate was removed by centrifugation for 10 min at 3000 g. The hydrolysis products in the supernatant were then determined. A mixture of serum samples obtained from several donors was used as a source of serum carnosinase. Serum carnosinase was activated by incubation with 5 mM CdCl_2 at 37 °C for 30 min. Carnosine or SC were added to the samples at a concentration of 2 mM. Samples were incubated for 0, 30, 60, 120, and 180 min at 37 °C. Proteins were precipitated with 20% trichloroacetic acid (TCA), the precipitate was removed by centrifugation at 3500 g for 15 min, and the supernatant was used for analysis. Samples incubated without serum were used as the control. The content of SC and carnosine in the samples was determined by HPLC-mass spectrometry, as described above. The signal from the starting samples (0 min) containing carnosine and SC at a concentration of 2 mM in arbitrary units of integration was taken for 100%, the remaining samples were normalized to the peak area of the starting sample.

Luminol-dependent chemiluminescence response on BaSO_4 -activated respiratory burst of leukocytes

The model of luminol-dependent CL in human leukocytes was used for direct estimation of SC antioxidant activity *in vitro*. Leukocyte suspension was obtained from healthy donor heparinized blood (10 ml). Red blood cells underwent lysis by 5-fold volume hypotonic lysis solution (0,83% NH_4Cl) and leukocytes were washed twice in phosphate buffer (2.7 mM KCl, 136.7 mM NaCl, 1.5 mM KH_2PO_4 , pH = 8.1) and pelleted by centrifugation (500 g, 10 min, 4°C).

Cleansed leukocytes were resuspended in Hanks' Balanced Salt Solution (HBSS) (pH 7.4; final concentration 3–5·10⁶ cells per 1 ml) and refrigerated. Samples for respiratory burst measurement were prepared in the same saline solution in the presence of 100 μM luminol. Final cell concentration in a sample was 5·10⁵ cells/ml. After 1 min incubation at 37 °C, HBSS (as control) or the test compounds (diluted in HBSS) were added to the samples. After another minute CL response was induced by adding a suspension of BaSO₄ (2 mg per sample). CL was registered using a 1251 Luminometer (LKB, Wallac) at 37 °C with constant stirring [25].

Oxidative hemolysis of red blood cells

The blood of healthy donors stabilized with heparin (20 U/ml) was used as a source of red blood cells. It was diluted 10 times with physiological saline (145 mM NaCl) and stored at 37 °C for no longer than 4 h. Resistance of red blood cells to oxidative stress was determined from hemolysis kinetics registered by the change in the optical density at 630 nm. The measurements were carried out at 37 °C with continuous stirring. A suspension of red blood cells was diluted to a concentration of (5 ± 0.3) · 10⁶ cells / ml in a cuvette containing pyrophosphate buffer (10 mM, pH = 8.4, physiological solution). The cells were counted using a Goryaev's chamber. Oxidative stress was induced by 0.2 mM sodium hypochlorite. The procedure was carried out until the maximum level of hemolysis was reached.

The effects of SC, carnosine, ASA, and Trolox on red cell oxidative hemolysis were evaluated by:

- the decrease in hemolysis rate (v) determined from the slope of the tangent line;
- the increase in time required for half of the red blood cells to undergo hemolysis in comparison to control ($T_{0.5}$).

To record hemolysis kinetics, test compounds were added to the cuvette at a final concentration of 0.1 mM before the oxidation inductor. The measured parameters were expressed as a percentage of the control values in samples without test compounds [26].

At the end of recording red blood cells hemolysis caused by hypochlorite, a control determination of the reaction mixture pH was carried out in all samples. pH control (8.3–8.4) was necessary because hypochlorite effectiveness decreases in an acidic environment.

An in vitro study on platelet aggregation

An in vitro experiment on platelet aggregation analysis in the presence of the obtained compound was carried out by the light transmission-aggregometry method using the physiological inductor ADP at a concentration of 10 μM. Other

substances used for comparison were antiplatelet agents (acetylsalicylic acid and ticlopidine) and antioxidants (carnosine and Trolox). Platelets were obtained from donor blood (10 healthy individuals) according to a standard protocol. Quantitative measurement of platelet aggregation level was carried out by means of aggregometer graphical registration, optical density alterations were registered on a laser aggregometer (BIOLA Ltd., Russia) [27] via the turbidimetric method as described by Born G. (1961) [28].

Modeling of chronic gastric ulcer

Chronic gastric ulcer in rats was modeled according to the method proposed by Okabe et al. [29]. The experiments were carried out on 3 month old Wistar rats weighing 180–220 g. The animals were kept in a 12:12 h light-dark cycle at a temperature of 18–20 °C, with free access to food and water, according to generally accepted standards use of animals during experimental studies.

Ether anesthesia was used. For all operational manipulations, ether (3–5 ml per 1 kg of body weight) mixed with atmospheric air was applied through a mask. Before the surgery, rats were not fed for 18 h, while having free access to water.

The abdominal cavity was opened along the white line of the abdomen, and a ring with an inner diameter of 0.5 cm was placed on the serous membrane of the anterior wall of the stomach, with the application area chosen with the intent of avoiding large vessels. 0.03 ml of glacial acetic acid was added into the ring, and after 30 s, the remaining acid was removed with filter paper. The abdominal wall was closed layer by layer. Postoperative maintenance of the animals was carried out under normal conditions.

Four groups of 12 operated rats in each were used (Table 1). The first group (control) received saline (0.9% NaCl), the second – carnosine, the third – SC, and the fourth – ASA. Within each group, two different regimens of substance administration were tested. The substances were dissolved in saline and administered per os through a probe at a dose of 50 mg/kg body weight daily during either 1–5, or 1–10 days following the operation.

Statistical analysis

To determine the reliability of the differences Student's *t* test was used. Differences were considered reliable at $p < 0.05$. The results are presented as the mean ± standard deviation ($M \pm SD$) unless mentioned otherwise. Statistical evaluation of measuring ulcerative focus results was analyzed by factorial ANOVA followed by Tukey HSD test. Statistical processing was performed using "Statistica 13.0" software.

Table 1 The distribution of animals into groups according to the regimen of administration of studied compounds

Group number	Administered compound	Dose and group description	Regimen of administration (days after operation)
1	Saline (0,9% NaCl)	Control: 1.0 ml daily, per os, $n = 12$	1–5 1–10
2	Carnosine	50 mg/kg body weight daily, per os, $n = 12$	1–5 1–10
3	Salicyl-carnosine (SC)	50 mg/kg body weight daily, per os, $n = 12$	1–5 1–10
4	Acetylsalicylic acid (ASA)	50 mg/kg body weight daily, per os, $n = 12$	1–5 1–10

Results

Chemistry

Synthesis of salicyl-carnosine is shown in Fig. 1. During the first step, ASA was activated by reacting with pivaloyl chloride in the presence of triethylamine in acetonitrile at $-30\text{ }^{\circ}\text{C}$. The use of ASA, rather than salicylic acid, is necessary due to its high solubility in acetonitrile. Addition of the cooled carnosine aqueous acetonitrile solution to the prepared intermediate at the second step resulted in the formation of the target substance. SC was then purified by HPLC to obtain a sample of 96.7% purity that was then used in the biological experiments.

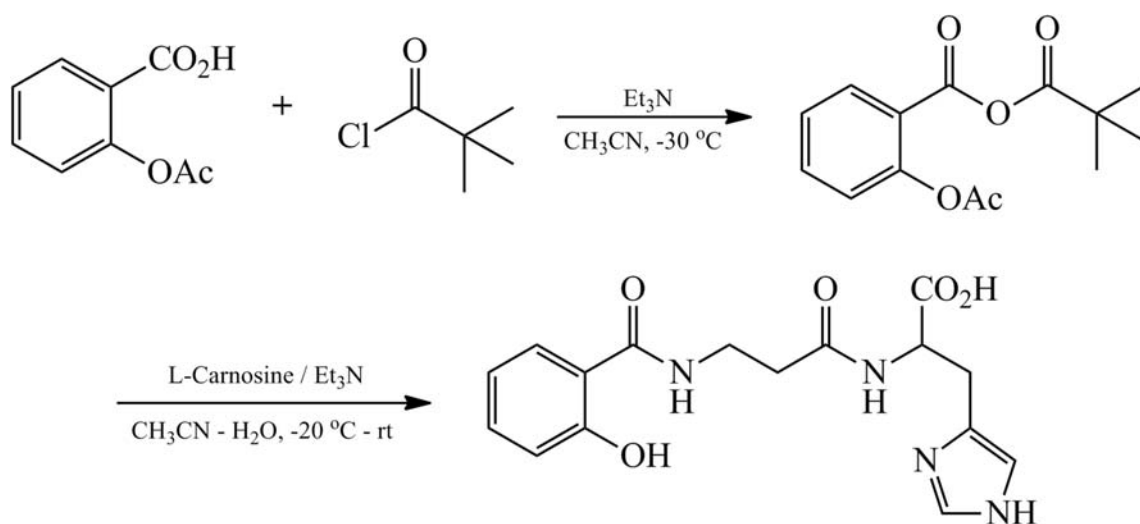
Superoxide scavenging activity

Superoxide scavenging activity of carnosine and SC complexes with CuSO_4 and ZnSO_4 appeared to be concentration-dependent. These complexes almost completely inhibited NBT reduction at 10 mM (100% inhibition). SC has appeared

to be 2.5 times more effective than carnosine at 4 mM (level of inhibition by SC – $69.2 \pm 3.0\%$; by carnosine – $27.5 \pm 2.6\%$, $p < 0.001$), while at 2 mM the superoxide scavenging activity of both compounds was similarly low (approximately 10%) (Fig. 2).

Chemiluminescence measurement of SC antioxidant activity

The effects of test compounds on CL parameters are shown in Table 2. The effect of the pre-formed lipoperoxides on oxidation for carnosine and SC was found to be comparable to that of Trolox: the intensity of rapid CL flare is reduced by 46%, 43% and 47% ($p < 0.05$), respectively (parameter h in the table). The duration of the oxidation lag phase is increased by 220%, 190% and 290% ($p < 0.001$) for carnosine, SC and Trolox, respectively (parameter τ in table). In addition, this parameter for SC was more than two times higher than for ASA. The ability of studied compounds to inhibit rapid CL flare development suggests their interaction with pre-existing hydroperoxides in the model system, while the increase in the CL latent period confirms their

**Fig. 1** Scheme of salicyl-carnosine synthesis. 1 – Acetylsalicylic acid (ASA), 2 – pivaloyl chloride, 3 – salicyl-carnosine (SC); Et_3N – trimethylamine, CH_3CN – acetonitrile

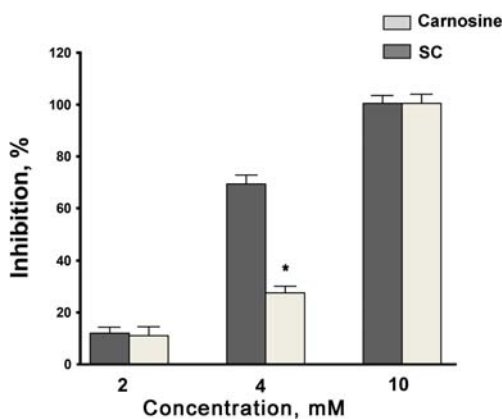


Fig. 2 Slowdown of nitro blue tetrazolium reduction rate in the xanthine/xanthine oxidase superoxide radical induction system caused by carnosine and salicyl-carnosine (SC) used at concentrations of 2, 4 and 10 mM (* $-p < 0.01$ compared to carnosine, t-test). $N = 10$ measurements on each concentration

direct action as intercepting antioxidants. Moreover, SC suppresses the oxidation of LP (maximum intensity of CL, parameter H in table) more efficiently than carnosine. At the same time, ASA has shown lower antioxidant activity in comparison to carnosine and SC, while Trolox has retained the greatest effect, known as “gold standard” in the study of the activity of natural antioxidants.

Resistance to hydrolysis by tissue and serum carnosinases

We evaluated SC's resistance to hydrolysis by tissue and serum carnosinases. Resistance of SC and free carnosine to hydrolysis by tissue carnosinase was determined by estimating the concentration of histidine as a hydrolysis product. Carnosine was completely hydrolyzed by the tissue carnosinase in 1 h, whereas SC did not undergo hydrolysis for three hours (Table 3).

The MS-HPLC method was used to determine the resistance of obtained compounds to the serum carnosinase - the dynamics of decrease in amounts of both substrates were measured. Carnosine was hydrolyzed with the serum carnosinase

Table 2 Changes in the parameters of iron-induced CL caused by the carnosine, salicyl-carnosine (SC), acetylsalicylic acid (ASA) and Trolox (final concentration 500 μ M)

Compound	CL parameter (% from control)		
	h	τ	H
Carnosine	54.0 \pm 2.5*	320.0 \pm 7.7*	92.0 \pm 4.0
SC	57.0 \pm 5.5*	290.0 \pm 6.1**	78.0 \pm 3.2**
ASA	70.0 \pm 4.8**	125.0 \pm 2.1**	89.0 \pm 3.4*
Trolox	53 \pm 1*	390 \pm 5.1**	8,5 \pm 1**

Results are expressed as mean \pm SEM. * – $p < 0.05$ as compared to control, # – $p < 0.05$ as compared to carnosine, t-test

by 86% in 1 h and completely in 2 h, whereas SC did not undergo hydrolysis over the course of 3 h (Fig. 3).

Thus, salicylic acid being attached to the alanine fragment has completely protected the carnosine derivative from hydrolysis, which increased its lifespan within the organism.

Antioxidant activity of tested compounds during BaSO₄-activated respiratory burst of leukocytes

Trolox is known to be an effective ROS scavenger [30] and was therefore selected as a reference compound in this study. We first investigated the influence of Trolox in different concentrations on CL response of activated leukocytes. The concentration of Trolox that caused 51.9 \pm 0.9% ($p < 0.001$) inhibition of CL response (100 μ M) was chosen. Next the influences of carnosine, SC and ASA at the same concentration were studied.

The effects of tested compounds on luminescence response value are shown in Fig. 4. SC decreases BaSO₄-induced CL to 76.8 \pm 2.7% ($p < 0.01$), but not as effectively as Trolox does. At the same time, CL inhibiting effect was more expressed in SC than in its precursors carnosine (90.1 \pm 4.1, $p = 0.05$) and ASA (98.4 \pm 5.6, $p = 0.29$).

Red blood cell structure stabilization under oxidative stress

Carnosine was used as a reference substance in studying SC antihemolytic activity. It was shown in a preliminary experiment that 50% hemolysis inhibition is provided by carnosine at a concentration of 25 μ M. An equivalent concentration of SC, ASA and Trolox was used to evaluate their antihemolytic effect. The results of these studies are presented in Table 4.

All of the tested compounds did not induce hemolysis themselves. However, they slowed down the rate of oxidative hemolysis of human red blood cells. SC and carnosine at a concentration of 25 μ M demonstrated a strong and comparable inhibitory effect on red blood cell hemolysis caused by sodium hypochlorite, reducing hemolysis rate to 50 \pm 4% and 48 \pm 3% ($p < 0.001$), respectively, and increasing the time required for half of the red blood cells to undergo hemolysis to 227 \pm 24% and 223 \pm 14% ($p < 0.001$), respectively. ASA did not influence the measured parameters under these conditions. Trolox did not have an influence on hemolysis inhibition half-time (reducing it to 82 \pm 8%, $p < 0.05$) and have a slight effect on hemolysis rate (increasing it to 126 \pm 27%, $p = 0.07$).

An in vitro study on antiplatelet activity

After obtaining platelets from donors' venous blood according to standard procedure, antiplatelet activity of compounds was estimated. Aggregation of platelets was initiated by the addition of ADP solution. We used ASA as a test compound, since

Table 3 Rate of carnosine and salicyl-carnosine hydrolysis carried out by rat kidney carnosinase after 1 h of incubation

Substrate (10 mM)	Accumulation of histidine ($\mu\text{mol/g}$ of tissue per hour)	Relative hydrolysis rate (%)
Carnosine	31.6 ± 3.2	100.0 ± 2.4
Salicyl-carnosine (SC)	$0 \pm 0^*$	$0 \pm 0^*$

*– $p < 0.001$ as compared to carnosine. $N = 24$ (8 parallel samples of kidney dialysates from 3 rats)

it is known to be an effective antiplatelet drug. At first, ASA concentration that would provide 50% inhibition under standard conditions was estimated (Table 5).

For further studies 85 μM ASA (reducing aggregation to $52.5 \pm 6.1\%$, $p < 0.001$) was used to compare the antiplatelet effect of SC with the corresponding ability of other drugs at the same concentration. As it is demonstrated in Fig. 5, experiments on blood samples of 10 healthy subjects show that SC inhibited platelet aggregation as effectively as ticlopidine (a standard antiplatelet agent) and one of its precursors ASA and reduced it to $58.1 \pm 6.9\%$, $p < 0.001$. At the same time, SC demonstrated a more prominent effect than its other precursor, carnosine (77.3 ± 5.5 , $p < 0.05$). Trolox had no effect on platelet aggregation.

Chronic gastric ulcer lesion impediment

The administration of carnosine and SC at the stage of mucosal lesion formation and subsequent epithelialization provided an effective reduction of the lesion area compared to the control animals, which did not receive the studied compounds (Fig. 6). Factorial ANOVA showed the significant effect of injected substances in the experimental groups [$F(3,35) = 87.44$, $p < 0.0001$] and a factor of administration regimen - 5 or 10 days was discovered [$F(1,35) = 301.37$, $p < 0.0001$].

At the stage of mucosal lesion formation (1–5 days after the operation) in animals treated orally through a probe with SC or carnosine, at a daily dose of 50 mg/kg body weight, the lesion area was $61.0 \pm 6.6\%$, $p < 0.001$ and $83.8 \pm 4.8\%$, $p < 0.02$ respectively, as compared to the saline-treated control group taken for 100%. By the end of the experiment, on the 10th day of compound administration (epithelialization stage),

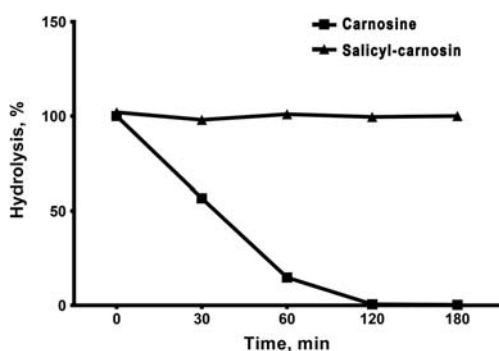


Fig. 3 Kinetics of SC and carnosine hydrolysis by serum carnosinase during 180 min. $N = 6$ samples on each time point

the lesion area in the carnosine-treated rats amounted to $96.5 \pm 11.2\%$, $p = 0.95$ of the control, and $77.2 \pm 12.9\%$, $p < 0.05$ for the rats treated with SC. Thus, SC contributes to a more rapid healing of the ulcer.

The administration of ASA at an early stage (1–5 days) has led to an increase of the lesion area by $25.7 \pm 6.2\%$, $p < 0.002$ as compared to the control animals, while suppressing the healing process and preventing epithelialization of the damaged gastric mucosa at subsequent stages. Near the end of experiment, the lesion area was 3.9 times more than the corresponding area of the ulcer in the control group ($281.3 \pm 20.9\%$, $p < 0.001$).

Discussion

A novel derivative of carnosine and ASA, salicyl- β -alanyl-L-histidine (salicyl-carnosine, SC), was obtained by coupling of an antiplatelet agent ASA with a natural antioxidant L-carnosine. In order to perform antioxidant properties of new compound, first we analyzed its SOD-like activity. It is known that Cu/Zn-SOD carries Cu and Zn in its active center, where these ions are coordinated to histidine [31]. It has been shown that carnosine complexes with zinc and copper are effective superoxide scavengers, that play an essential role in the

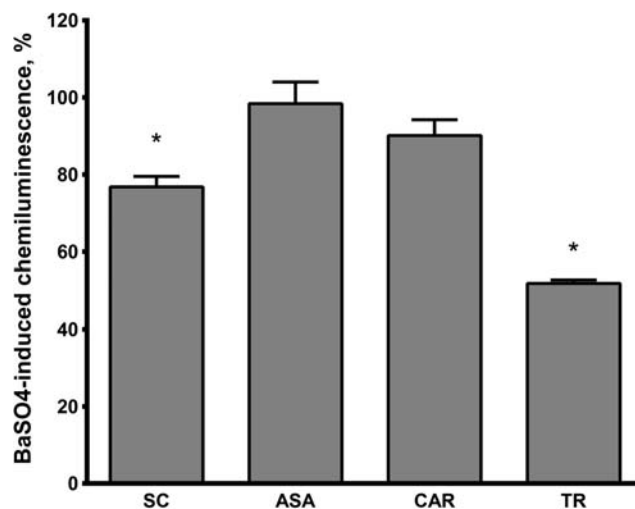


Fig. 4 Comparison of Trolox (TR), carnosine (CAR), SC and ASA effects on luminol-enhanced chemiluminescence of leukocytes induced by BaSO₄. The data are presented as percentage from control value without tested substances. (* – significant differences with $p < 0.05$ compared to control, t-test). N (in each group) = 10

Table 4 Effects of carnosine, salicyl-carnosine (SC), acetylsalicylic acid (ASA) and Trolox (final concentration 25 μ M) on kinetic parameters of red blood cells hemolysis caused by sodium hypochlorite (data presented as percentages of the control value without substances)

Compound	V of hemolysis, % from control	T _{0.5} of hemolysis, % from control
Carnosine	50 \pm 4*	223 \pm 14*
SC	48 \pm 3*	227 \pm 24*
ASA	100 \pm 7	99 \pm 10
Trolox	82 \pm 8*	126 \pm 27

* – $p < 0.05$ compared to control

antioxidant effect of this dipeptide in vivo [21]. Besides, carnosine derivatives are also suggested to manifest SOD-like activity. There are experimental data testifying the ability of SC – Cu/Zn ion complexes to demonstrate an effective superoxide scavenging activity. The resulting product demonstrated 2.5 greater SOD-like activity than carnosine. On one hand, SOD-like activity of SC is comparable to that of ASA [32], on the other, there is data showing that high doses of ASA can impair the antioxidant defenses of the cell [33]. SOD-like activity was also identified for copper-carnosine, copper-anserine and copper-homocarnosine complexes [34]. For ASA derivatives is also known, that 5-aminosalicylic acid have antioxidant activity [35, 36].

Furthermore, CL parameters of iron-induced lipoprotein peroxidation of SC revealed its high antioxidant activity. Antioxidant activity of SC in iron-induced lipoprotein peroxidation was comparable or exceeded the action of those of carnosine and ASA. Previously, together with “Hamari Chemicals, Ltd”, we synthesized several derivatives of carnosine with Trolox: (S)-Trolox-L-carnosine (STC), and (R)-Trolox-L-carnosine (RTC). It was shown that STC, RTC and Trolox suppressed oxidative hemolysis of red blood cells less efficiently than carnosine when taken in the same concentration. Both STC and RTC were resistant toward hydrolytic degradation by the human serum carnosinase. STC and RTC were concluded to demonstrate higher antioxidant capacity in the iron induced-CL model than their precursors, carnosine and Trolox [18]. The carnosine derivative SC, investigated in this study, is resistant to hydrolysis by tissue and serum carnosinases, possesses a high level of antioxidant activity, and effectively suppresses oxidative hemolysis of red blood

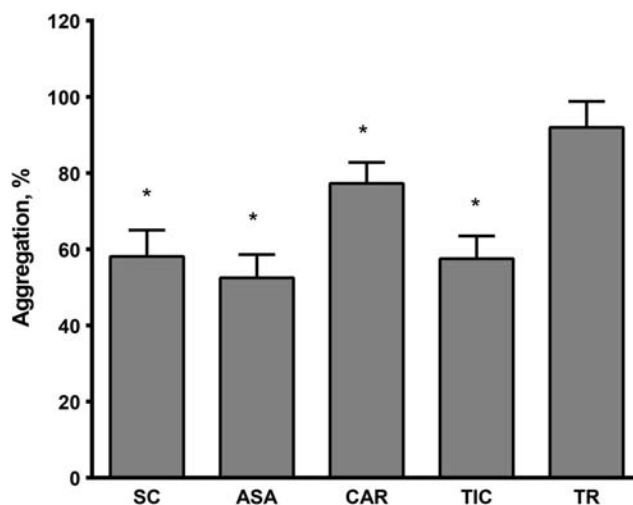
Table 5 Effect of acetylsalicylic acid (ASA) in various concentrations on ADP-induced platelet aggregation (data presented as percentages of the control value without ASA)

ASA concentration, μ M	Platelet aggregation (%)
8.5	92.4 \pm 11.2
85	52.5 \pm 6.1*
150	65.4 \pm 7.5*
500	38.1 \pm 2.9 [#]

* – $p < 0.05$, [#] – $p < 0.01$ as compared to control, t-test, N = 10

cells on a level comparable with carnosine. The carnosinase-resistance improved the bioavailability of carnosine and increased the duration of its pharmacological action in the organism.

Polymorphonuclear leukocytes are the first cells to appear at the site of an acute inflammatory response and have been implicated in a number of pathological processes involving inflammatory reactions (such as the period following a stroke). These cells, when stimulated, produce reactive oxygen metabolites (e.g. superoxide, hydroxyl radical, hydrogen peroxide and hypochlorite) [37]. This process is accompanied by increased consumption of molecular oxygen. Under such conditions, in the pharmacological treatment of chronic inflammatory disorders it is of interest to use NSAIDs and antioxidants that are able to react directly with these metabolites or to inhibit their generation in the respiratory burst by specific mechanisms, in addition to NSAID’s classical inhibition of cyclooxygenase [38]. Carnosine and other compounds containing imidazole and free amine sites have been proposed as protective agents against hypochlorous acid-mediated damage and may be able to limit hypochlorous acid-mediated oxidation in leukocytes [39]. SC at 0.1 mM decreases CL

**Fig. 5** The influence of salicyl-carnosine (SC), acetylsalicylic acid (ASA), carnosine (CAR), ticlopidine (TIC) and Trolox (TR) on ADP-induced platelet aggregation (the data are presented as percentages of the control value without tested substances, M \pm SEM); (* – $p < 0.05$ as compared to control, t-test). N (in each group) = 10

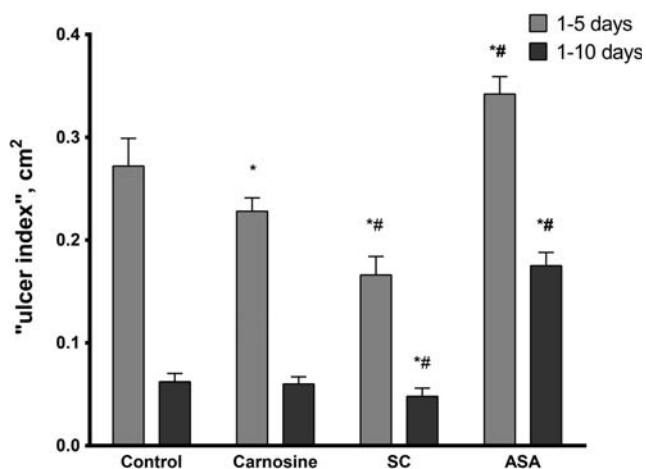


Fig. 6 Effect of carnosine, salicyl-carnosine (SC), and acetylsalicylic acid (ASA) on the healing of acetate ulcers on the anterior wall of the stomach in rats (* – $p < 0.05$ as compared with control; # – $p < 0.05$ as compared with carnosine). N (in each group) = 6. Data statistics were analyzed using factorial ANOVA followed by Tukey HSD test

response of activated leukocytes but not as effectively as Trolox does. At the same time, the CL inhibiting effect was more expressed in SC than in either of its precursors. Banbarek et al shown that ASA generate inhibition of luminal CL modulated by phorbol 12-myristate 13-acetate in neutrophils of horses which is dose-dependent (at concentrations 0.1–5 mM), but at the concentration of 0.1 mM it is not significant [40]. In present study, carnosine's inhibiting action at 0.1 mM was weak and ASA had no effect at all. Earlier we have shown that carnosine at higher concentrations (1.0–4.0 mM) suppresses luminol-dependent CL response to BaSO₄-activated respiratory burst of leukocytes on 36–61% [41]. Thus, SC proved to be effective at a lower concentration than carnosine and ASA.

One of the aims of this research is to avoid the derivative exhibiting a hemolytic effect. Furthermore, it is of interest to make a substance that will possess antihemolytic effects. Red blood cells are a convenient cellular model for studying oxidative damage mechanisms - oxidative hemolysis of red blood cells is widely used to evaluate antioxidant activity of natural antioxidants and chemical compounds [42]. In our study, SC's ability to stabilize red blood cell structure during oxidative damage caused by sodium hypochlorite was comparable to that of carnosine. ASA did not affect any of the hemolysis parameters.

We proved, that the antioxidant properties of SC are comparable to carnosine, and this provided a possibility to test the antiplatelet action characteristic of its precursor ASA. Analysis of platelet function, which is widely used for diagnostic work-up in patients with predisposition to thrombosis and cerebrovascular diseases, including evaluation of the antithrombotic therapy effectiveness [43], revealed that SC has inhibited platelet aggregation more effectively compared to carnosine and was comparable in

effectiveness with ASA and another antiplatelet agent ticlopidine. Previously, it has been shown that carnosine exerts a modulating effect by decreasing high and increasing low platelet aggregation, while having no effect in more than 50% of cases. Under the joint action of carnosine and ASA, mutual enhancement of effects was not found [44]. A more detailed study of the antiaggregation activity of SC in the blood of patients with high, normal and low rate of aggregation will be carried out at the next stage of the research.

One of the important side effects of ASA is the development of gastric ulceration and erosion [45]. As consequence, its modifications with a lessened, or absent, effect are in development. A novel ASA derivative with nano-hydroxyapatite (a kind of inorganic particle containing Ca²⁺), possessing anti-thrombotic properties comparable to ASA, and having much lower gastric mucosal damage than ASA, has been described [46]. It is known that carnosine possesses an anti-ulcer effect both on its own [15] and in bound form. Polaprezinc, a complex of carnosine with zinc, proved its protective effect against gastric damage induced by immersion stress, ischemia/reperfusion, ASA, ethanol, or histamine in many experimental models [47–50]. ASA is capable of inducing gastric damage, while carnosine has a reverse effect. Due to these properties, an investigation of the anti-ulcer action of SC was proposed, which has shown that SC not only lacked a negative effect on the acetic acid induced gastric ulcer model in rats, but protected the gastric mucosa against the formation of the stomach ulcerative lesions and promoted their epithelization, therefore overcoming this highly undesirable inherent side effect of ASA.

Conclusion

The biological evaluation of the derivative (salicyl-carnosine, SC) of carnosine and ASA revealed that SC has retained pharmacologically significant properties of its precursors (antioxidant and antiplatelet effects) but lacked ASA side effect (stomach ulceration) and was resistant to specific hydrolysis by serum and tissue carnosinases. The obtained results emphasize the importance of further study of the mechanisms of salicyl-carnosine action, its possible neuroprotective and anti-inflammatory properties and creating an antithrombotic drug based on it.

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Compliance with ethical standards

Conflict of interest The authors declare no conflict of interest.

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