#### **ORIGINAL ARTICLE**



# Nanobiotechnological modules as molecular target tracker for the treatment and prevention of malaria: options and opportunity

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#### **Abstract**

Malaria is one of the major infectious diseases that remains a constant challenge to human being mainly due to the emergence of drug-resistant strains of parasite and also the availability of drugs, which are non-specific for their pharmacodynamic activity and known to be associated with multiple side effects. The disease has acquired endemic proportions in tropical countries where the hygienic conditions are not satisfactory while the environmental conditions favor the proliferation of parasite and its transmission, particularly through the female anopheles. It is obvious that to square up the problems, there is a need for designing and development of more effective drugs, which can combat the drug-resistant strains of the parasite. Molecular biology of the parasite and its homing into host cellular tropics provide multiple drug targets that could judiciously be considered for engineering and designing of new generation antimalarial drugs and also drug delivery systems. Though the recent reports document that against malaria parasite the vaccine could be developed, nevertheless, due to smart mutational change overs by the parasite, it is able to bypass the immune surveillance. The developed vaccine therefore failed to assure absolute protection against the malarial infection. In the conventional mode of treatment antimalarial drugs, the dose and dosage regimen that is followed at large crops up the contraindicative manifestations, and hence compromising the effective treatment. The emerging trends and new updates in contemporary biological sciences, material sciences, and drug delivery domain have enabled us with the availability of a multitude of mode and modules which could plunge upon the nanotechnology in particular to treat this challenging infection. The nanotechnology-based option may be tuned or customized as per the requirements to mark and target i.e. the infected RBCs, for targeted drug delivery.

**Keywords** Malaria · Drug resistance · Vaccine · Nanobiotechnology · RBC · Plasmodium

#### Introduction

Malaria has a significant effect on mankind and remains one of the most serious and prevalent infectious diseases. Although various approaches have been adopted for the eradication of malaria, still it remains a major health concern, particularly where it acquires an endemic dimension. Thus, malaria has drawn the attention of many researchers,

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especially in developing countries. This is due to the death of the children, pregnant women, and HIV-infected patients due to malaria [1]. According to the WHO, the worldwide total number of 219 million cases of malaria were reported in 2017 and out of the reported cases, 435,000 clinical death occurred. Although the disease is reported worldwide, yet most affected areas are tropical and subtropical regions. The causative organism of malaria is a protozoan pathogen of Plasmodium species. Malaria in humans is caused by four species of Plasmodium, e.g., P. falciparum, P. vivax, P. malariae, and P. ovale. However, 5th species of Plasmodium is also reported, which normally infects animals; it is P. knowlesi. Malaria is transmitted by Plasmodium-infected female anopheles bites. Infected female anopheles injects sporozoite into the blood during its blood meal. Sporozoites travel through the vasculature from the skin and infect liver [2].



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The possibility of complete elimination and protection against malaria needs some effective antimalarial vaccine to be developed against the pre-erythrocytic stage of the cycle that may offer effective protection. The emergence of resistance against drugs and evasion of immune could lead to excessively high morbidity and mortality. It is not only drug resistance that is developed by the parasite but also pathogen borne toxicity; thus, they are a major concern. Other factors including patient compliance, misdiagnosis, incorrect dosing, poor drug quality, and poor living conditions taken together are responsible for the failure of malaria treatment. Therefore, this seems to be an imperative that delivery systems based on the current cutting edge technologies should be developed capable of circumventing the possibilities of drug resistance development. Because of various drawbacks of present malaria treatment as highlighted above, it is desirable that an attempt should be made to replace conventional monotherapy with combination therapy which reportedly reduces the occurrence of drug resistance. However, combination therapy too could not assure complete eradication of malaria infection [3]. Artemisinin-based combination therapies (ACT) have become a primary clinical choice which results in rapid clearance of parasite. The combination therapy, however, appears to be costly and also suffers some added side effects. It is also dependent on the socioeconomic condition, drug-drug interaction, drug-food interactions, lacking the drug quality distributed in the malarious region, and self-medication which add to the existing challenges. Nevertheless, gene sequencing of P. falciparum and advancement in malaria genetics present several novel molecular targets for effective drug designing and also for targeted drug delivery [4]. Currently, various pharmaceutical companies and research agencies are involved in the drug discovery and development process of antimalarial therapy, which could be accomplished with the advancements of novel drugs with better pharmacokinetic profile and costeffectiveness and also suitable for the children and pregnant women [3]. Figure 1 shows the schematic representation of drawbacks of current antimalarial drug therapy.

# Strategies for drug targeting

Drugs enter within the RBCs cell through diffusion across the cell membrane, which is composed of amphipathic lipids such as phospholipids and cholesterol organized in a bilayer. The erythrocytic membrane also contains proteins, which serve as receptors and transporters. Hence, antimalarial drugs can reach their target either by carrier-mediated transportation or diffusion through lipid membrane. Carrier-mediated transportation is referred to as facilitated diffusion in case energy is not utilized or active transport if energy is consumed in the process. Carrier-mediated transportation is saturable, subjected to inhibition and stereospecific. Uncharged chemicals exhibit

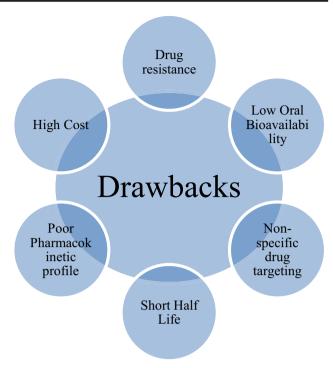


Fig. 1 Drawbacks of current antimalarial drug therapy

lipid-based diffusion; however, charged molecules are not able to cross the lipid membrane [5].

Plasmodium parasite resides within the RBCs thus escapes the host immune system. Therefore, to target the *Plasmodium*, the drug must cross various membranous barriers i.e. the RBCs membrane, parasitophorous vacuolar membrane, the plasma membrane of parasite, and depending on the targeting site i.e. food vacuolar membrane or apicoplast membrane. To achieve high parasite clearance rate, optimum plasma drug concentration should be attained at target, i.e., infected RBCs. Figure 2 represents the membranous systems required to be surpassed by the nanocarrier to reach the target site.

The drug targeting aims to achieve high drug concentration at the target site i.e. RBCs or liver cells to prevent the systemic side effects of the drug, caused by the non-specific biodistribution of drugs and able to enhance the drug efficacy. Nanocarriers are below < 1000 nm in size. They are essentially colloidal nanoparticles characterized by high surface area to volume ratio [6]. Nanocarriers should be designed appreciating some important parameters including plasma concentration which is directly proportional to the toxic effects of the drugs and efficacy that in turn directly correlates with the area under the curve (AUC). Thus, to alter the pharmacokinetic properties of the drug and achieve high drug concentration at the target site, these parameters become of paramount significance. PEGylated nanocarriers reportedly enhance the drug efficacy, reduce the dose of the drug, reduce the dosage frequency, and improve the AUC of the drug. The contact period or circulation time of nanocarrier is of importance in the treatment of malaria. Long circulation time enhances the



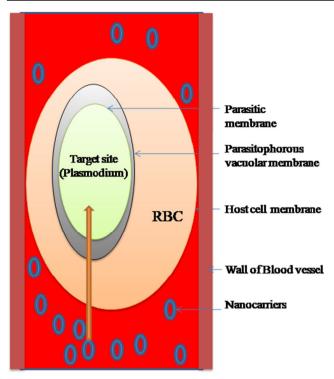


Fig. 2 Three membranous compartment system of the plasmoduim parasite via nanocarriers

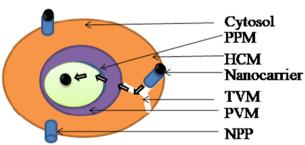
interaction between RBCs and nanocarriers, ultimately leading to iRBCs specific targeting and improved efficacy [7].

The exact mechanism by which nanocarrier contained antimalarials are delivered to the infected RBCs is not clear. There are two proposed mechanisms, referred to as the traditional sequence pathway and a parallel pathway. Infected RBCs become leakier as compared with the normal RBC to fulfill their nutritional requirements from the extra RBC environment (fluid). Nanocarrier which is of the

size below < 80 nm diameter may have direct access to the infected RBCs due to their leakiness. Thus, nanocarriers reach within the infected RBCs along with the contents. Selectivity could also be achieved by exploring this proposed mechanism because normal RBCs do not have a leaky membrane and hence a nanocarrier may enter directly into the infected RBCs only. Another proposed mechanism is membrane fusion, i.e., a drug bearing formulation fuses with iRBC membrane. There is a basic dissimilarity between these two pathways about the role of the cytosol of RBC. In the first proposed mechanism, nanocarrier is noticed to bypass the cytosol of RBC; in contrast, drug molecule passes through the cytosol in case of the second mechanism. New permeation pathways (NPP) are responsible for enhanced permeability of iRBCs to a small solute. Tubovesicular membrane (TVM) arises from the parasitophorous vacuolar membrane that extends up to RBC membrane [8] (Fig. 3). TVM is near NPP, so nanocarrier having a size below 80 nm may sink directly into parasite while escaping the cytosol of RBCs. The secondary mechanism involves membrane fusion and active targeting to the iRBCs. In this mechanism, the drug enters the parasite via cytosol of the iRBC [9].

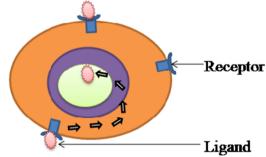
There are two strategies for targeting infected RBCs viz. passive targeting and active targeting. Passive drug targeting is achieved by the use of conventional nanocarriers, i.e., polymeric nanoparticles, liposomes, or long-circulating nanocarriers (PEGylated). Active drug targeting on the other hand is achieved by the surface activation of the nanocarriers by using specific ligands to the infected RBCs associated receptors such as ligands include carbohydrate, peptide, or antibodies and proteins [10]. Figure 4 diagrammatically represents the phenomenon of active and passive targeting.

# (a). Parallel pathway



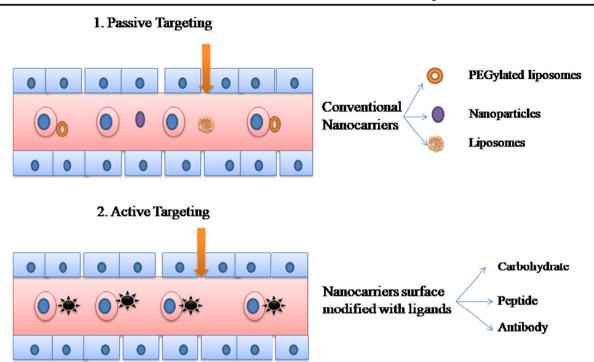
**Fig. 3** Diagrammatically presentation of the proposed mechanism for drug uptake. (a) Parallel pathway in which nanocarrier having size range of below 80 nm reaches directly to the parasite and escaping host cell cytoplam. This is due to the "leakiness" of the infected RBC membrane. New permeation pathways (NPP) arises on the host cell membrane (HCM), which is in close pruximity eith tubulovesicular network

# (b). Traditional sequence pathway



(TVN). TVN arises in the cytoplasm of RBC to access the nutrients from the extracellular medium. (b) Traditional sequence pathway: nanocarrier interacts with the receptor expressed on the iRBC membrane and then sequence crosses the host cell membrane (HCM), paracitophorous vacuolar membrane (PVM), and then parasite plasma membrane (PPM) to reach its target side





**Fig. 4** Strategies for drug targeting to the infected RBC. (1) Passive drug targeting achieved by conventional nanicarriers such as liposome, polymeric nanoparticles, and long-circulating nanocarriers (PEGylated), (2)

active drug targeting which is achieved by the nanocarriers modified with the ligands suvh as carbohydrate, protein, peptide, or antibodies

# Passive drug targeting

Nanocarrier-based passive targeting leads to accumulation of carrier drug in the reticuloendothelial system (RES) predominant organ. Such carriers are not specifically designed due to their defined size, charge, shape, and nature of material intercepted and captured by phagocytic cells of RES prominent organs and also circulatory phagocytic cells. The phenomenon has a unique spin-off in case of carcinoma where the leaky neovasculature exists. Due to leakiness of tumorassociated vessels, a nanocarrier retained at tumor site and thus yielding comparatively better therapeutic effects due to target accumulation of carrier and hence the drug. The permeation associated phenomenon may also operate in case of iRBCs which are leaky to meet out the requirements of nutrients specifically by needed parasite. However, no systematic studies are available in the literature on iRBCs membraneassociated that are pores, their size and their role in nutrients capture and supply. Nevertheless, the altered permeability phenomenon of iRBCs is well defined and determined that may subserve as a biomodule for passive drug targeting to such cellular destination [7].

Surface properties at large determine the internalization of the nanocarriers in the cells together with their circulation time in blood. Alteration of the surface properties of nanocarriers such as PEGylation prevents its opsonization and further clearance by the reticuloendothelial system (RES) [11]. PEGylation is the phenomenon where nanocarriers are modified with the covalent conjugation with polyethylene glycol (PEG). Moreover, circulation time also increases by an increase in the molecular weight of the PEG chain. PEGylation is used to overcome various drawbacks associated with the biopharmaceutical parameters of a drug/carrier such as pharmacokinetic properties, drug solubility, immunogenicity, and low retention time. It enhances the retention time of the nanocarrier in the blood which is a prerequisite in the case of malaria [12]. Raza et al. prepared the long circulatory liposomal formulation of maduramicin, which exhibited excellent growth inhibition of blood-stage P. falciparum parasite in culture and cures murine model of experimental malaria. They reported that maduramicin in the PEGylated liposomal formulation shows enhanced antiplasmodial activity in vitro compared with the plain maduramicin. It is active against a chloroquine-resistant murine model of malaria and devoid of toxic effects and could prevent the progression of the disease. It also displayed an extended plasma clearance rate, which enhances and favors drug accumulation particularly in infected RBCs [13]. Table 1 summarizes some of the antimalarial formulations which are based on passive drug targeting mechanism.

# **Active drug targeting**

Nanocarriers are designed to enhance the efficacy of treatment wherein drug targeting is of particular importance. Active



**Table 1** Antimalarial formulation based on passive drug targeting mechanism

S. no.	Drug	Formulation	Comments	Reference
1.	Artemisinin	PEGylated liposome	AUC values enhanced; half-life of the drug-enhanced by greater than 5 times.	[14]
2.	Trans	PEGylated	Encapsulation efficiency	[15]
	platinum— chloroquine diphosphate dichloride (PtCQ)	neutral and cationic liposomes	$76.1 \pm 6.7\%$ for neutral liposomes, $70.4 \pm 9.8\%$ for cationic liposomes, good stability	
3.	Artesunate	PEGylated	PEGylated artesunate enhanced water solubility and circulation half-life in vivo with better activity.	[16]
4.	Dihydroartemisinin (DHA)	PEGylated lipid nanoemulsio- n	Nanoemulsion exhibits no hemolysis of the RBCs and exhibited rapid parasite clearance.	[17]
5.	Monensin	PEGylated liposome	Formulation shows higher efficacy as compared wih the free monensin in the <i>Plasmodium falciparum</i> 3D7 culture and mice model of <i>P. berghei</i> strains NK65 and ANKA exhibited better antiparasitic activity. Circulation half-life and in combination with free artemisinin exhibited greater parasite clearance, inhibited reoccurrence	[18]
6.	Artesunate	Nanocapsule	Artesunate-heparin conjugated nanocapsules (ART-HEP-NCPs) inhibited in vitro <i>P. falciparum</i> 3D7 and an extended circulation in blood.	[19]

drug targeting can restrict the non-specific distribution of drugs to the other organs and thus decreases the side effects. Currently, carrier-based drug targeting employing nanoparticles, liposomes, NLCs, nanoemulsions, nanocapsules, and cyclodextrin has been studied and exploited for malaria treatment. Apart from these specific ligands such as carbohydrates, antibodies, peptides, or protein have been conjugated with nanocarriers, which specifically present the delivery system to the target site. Thus, active drug targeting can maximize the therapeutic effects and seemingly emerge as a promising and attractive strategy [20].

Active targeting can be achieved by the use of carbohydrate as a ligand. An intracellular pathogen can impart various modifications in the host cell to ensure their development and survival. Blood stage of the *Plasmodium* parasite relies on glycolysis, as the main source of ATP production. Thus, glucose is a major need of the *Plasmodium* parasite and to fulfill its need hexose transporters 1 (PfHT1) are expressed on the surface of the iRBCs. PfHT1 and the mammalian glucose transporter (GLUT-1) are overexpressed on the infected erythrocyte, for increased uptake of glucose [21]. Shafi et al. use carbohydrates as a ligand to specifically target the infected RBCs. Dehydroascorbic acid (DHA) exhibits competitive behavior with glucose for GLUT-1 binding. They prepared chloroquine-loaded chitosan nanoparticle with 170–200 nm in size with 50–57% entrapment efficiency. CSN is superior

in terms of uptake and preferential targeting to the infected RBCs as compared with normal RBC. Parasite inhibition was achieved at 1 nM concentration, while free drug exhibited a comparative activity at 100 nM. It is convincing that specific targeting can reduce the dose and overcome the efflux-based drug resistance [22]. Table 2 summarizes some of the antimalarial formulations which are based on active drug targeting mechanism.

# Nanotechnology in the treatment of malaria

Targeted drug delivery systems can deliver the antimalarial drug selectively to the specific target, i.e., iRBCs. This is achieved by both active and passive targeting. As we discussed earlier, nanotechnology addresses various drawbacks including low oral bioavailability, short half-life, poor water solubility, the emergence of drug resistance, and nonspecific drug targeting. Nanosized carriers have drawn the attention of many researchers for their ability to minimize the side effects associated with conventional drug therapy. The goal of the nanocarriers is to protect the drug or vaccine against extracellular degradation and enhance target specific delivery thus decreasing the frequency of administration with improved efficacy and dosage regimen [30].



Table 2 Antimalarial formulation based on active drug targeting mechanism

S. no.	Drug	Formulation	Targeting organ	Receptor	Ligand	Comments	Reference
1.	Primaquine (PQ)	PEGylated galactosylated nanostructured lipid carriers (NLCs)	Liver	Asialoglycoprotein receptor (ASGP-R)	Galactose	Sustained drug release improved antiparasitic effect against chloroquine-resistant strain, selective accumulation of NLCs with contents in liver	[23]
2.	_	"PS specific peptide (PSP)"—conjugated liposomes (PSP-liposomes)	RBC	Phosphatidylserine (PS)	"PS specific peptide (PSP)"	Could deliver higher amount of drug to iRBCs, cause RBC eryptosis	[24]
3.	Chloroquine phosphate	Chitosan nanoparticles (CSN)	RBC	GLUT-1	Dehydroascorbic acid (DHA)	CSN better uptake with and preferential iRBCs targeting. At 1 nM could inhibit parasite proliferation	[22]
4.	Pyronaridine and atovaquone	Immunoliposome	RBC	Glycophorin A	Antibodies against glycophorin A	Immunoliposomal nanovector loaded with hydrophilic and lipophilic drugs exhibits significantly higher activity.	[25]
5.	Aminoquinoline and amino alcohol	ImmunoPEGliposomes	RBC	Glycophorin A	Mouse monoclonal IgG2b antihuman GPA (SM3141P) and rat monoclonal IgG2b antimouse TER-119 (AM31858PU-N)	Significant reduction in blood-stage parasitemia with significantly better effect than plain liposomes	[26]
6.	Artemisinin (ART)	TF-ART-NLCs	Brain (cere- bral malar- ia)	Transferrin receptor		NLCs entrapped ART could express higher toxicity on the U-87 MG cell line.	[27]
7.	Artemether	Glyceryl-dilaurate nanolipid carriers (GDL-NLCs)	RBC	Parasitic mitochondria	GDL	GDL-NLCs lead to the mitochondrial membrane polarization, Ca (2 <sup>+</sup> ) ion accumulation, ROS release, and stage-specific lysis of the infected RBCs resulted in iRBCs fast clearance. It could disrupt TVN and restore the flexibility of the infected RBCs.	[28]
8.	Chloroquine (CQ)	Solid lipid nanoparticle (SLN)	RBC	GAG-like receptors	Heparin	Resulted in better antiparasitic value against chloroquine-resistant with IC50 value of 4.72 ± 0.14	[29]

# The advantages of nanocarriers as drug delivery systems

- (a) Exhibit specific targeting leading to higher intracellular accumulation of drug(s).
- (b) A nanocarrier improves the pharmacokinetic profile of the drug-like oral bioavailability, plasma half-life,
- (c) Nanocarriers may increase the drug delivery exclusively
- (d) Nanocarriers could avert drug resistance.
- to the target site, minimizing the side effects.

- (e) The frequency of administration and duration of the treatment can be reduced.
- Particle aggregation or blockage of the fine blood capillaries does not occur and hence can be administered by the intravenous route.
- Nowadays, researchers from various multi- and interdisciplinary areas such as pharmacochemistry, toxicology, and pharmacology are involved in the development of the targeted drug delivery, which is based on the extensive research experience in the various fields, thus promising outcomes are expected [30].



The nanotechnology can be a boon in the treatment of malaria. The present review discusses various nanocarriers commonly used for targeted drug delivery to infected RBCs.

# Lipid-based drug delivery carriers

Lipid is a preferred choice as a drug vehicle due to its physiological compatibility. Lipid carriers include various ingredients like cholesterol, triglyceride, phospholipid, and fatty acid. Furthermore, lipid carriers offer various advantages over polymeric carriers such as the sustained release of the hydrophobic drugs, cost-effective, fewer chances of erosion of matrix, and most importantly the biocompatibility. The drug delivery systems that utilize various lipid carriers are liposomes, solid lipid nanoparticles (SLN) and nanostructured lipid carriers (NLCs), and self-microemulsifying drug delivery system (SMEDDS) [31].

# Liposome as a nanocarrier

Liposomes are the spherical vesicles made up of phospholipids assembled in the bilayers. Liposomes can be used for the encapsulation of single or more drugs. Due to their bilayer structure, hydrophobic drugs can be incorporated in the lipid bilayers while hydrophilic drugs in or within the aqueous core [32]. Plain liposome or PEGylated liposome is extensively studied as a nanocarrier for the treatment of malaria. Liposomes are superior to nanoparticles in regard to the therapeutic index of the antimalarial drugs. They could enhance the circulation time and decrease the intrinsic toxicity and immunogenicity. PEGylation as such offers an additional advantage of enhancing the circulation time of liposomes. Thus, liposomes attracted immense attention of researchers for their potential in the treatment of malaria.

Ismail and coworkers encapsulated artesunate and its derivative into the liposomes and administered by i.v. route. They exhibited excellent in vivo results. The dimerization and self-assembly strategies were used to prepare novel amphiphilic dimeric artesunate phospholipid (Di-ART-GPC) conjugate-based liposomes. This unique approach demonstrated appreciably high drug loading and better pharmacokinetic properties. The pharmacokinetic studies reveal that liposomes and conjugate have a greater retention time in the blood. Di-ART-GPC liposomes and conjugate exhibit IC50 value of 0.39 nM and 1.90 nM respectively and better in vitro antiplasmodial activities without causing hemolysis. Free ART- and conventional ART-loaded liposomes show IC50 value of 5.17 nM and 3.13 nM respectively. The liposomes could increase the extent of parasite eradication in P. berghei-infected mice in vivo and delayed recrudescence and enhanced survival as compared with the free artesunate [33].

Liposomes could also deliver both the hydrophilic and hydrophobic drugs simultaneously. In combination therapy, two different drugs with different modes of action can be administered simultaneously that reduce the occurrence of drug resistance and enhance the efficacy of treatment regimen. Biosca et al. have reported a immunoliposome-based nanocarrier that incorporates both hydrophilic and hydrophobic drugs. For targeting *Plasmodium*-infected RBCs, the gametocytes antibodies against glycophorin A were used. Gametocyte blocking drugs such as pyronaridine and atovaquone were co-encapsulated in the glycophorin A—targeted immunoliposomes. It exhibited significantly higher activity as compared with the free drug, in vitro resulting in 50% inhibition of the growth of the parasite [25].

Antimalarial activity of monensin was reported by the Rajendran et al. They prepared liposomes using soyaphosphatidyl choline cholesterol containing either stearylamine or phosphatidic acid and different mole fractions of distearoyl phosphatidylethanolamine-methoxy-PEG 2000. In vitro and in vivo activity of the developed formulation was studied on Plasmodium falciparum cultures and murine models of *Plasmodium berghei* respectively. It was found to be superior to free monensin when compared. The IC50 values of 0.74 nM and 0.39 nM for the SA liposome and SPC:Chol-liposome with 5 mol% DSPE-mPEG 2000 respectively were recorded, which was lower than the free monensin (3.17 nM), and it did not show hemolysis; thus antiplasmodial activity of SA liposome and SPC:Chol-liposome with 5 mol% DSPE-mPEG 2000 was greater than free monensin formulation. Long circulatory liposomes of the monensin with 5 mol% DSPE-mPEG 2000 in combination with free artemisinin show greater parasite clearance, recrudescence inhibition, and enhanced survival [18].

Apart from the treatment, the liposomal formulation can also be used in the diagnosis of cerebral malaria (CM). CM is a severe form of malaria which is caused by the P. falciparum. Misdiagnosis or late diagnosis often delays the treatment that leads to mortality. Thus, to overcome these issues, Portnoy et al. have prepared liposomes containing an FDA approved fluorescent dye indocyanine green (ICG) for the diagnosis of CM in a murine model. Emission intensities of the liposomal formulation were high as compared with the free ICG. ICG bearing liposomes showed higher emission in the brain of the infected mice as compared with the control mice and drug-treated mice. Histopathological analysis revealed that accumulation of formulation in the vasculature of the brain is due to extensive uptake of liposomes by the activated macrophages. Thus, it can be a valuable diagnostic tool and biomarker for early detection of CM [34].

Parnham et al. reported screening of the liposomes for toxicity. Potential toxicity of the liposomes can be due to the



metabolism of liposomal constituents. Various in vitro and in vivo tests such as thrombosis, hemolysis, cytotoxicity to L1210 mouse leukemia cells, platelet aggregation, phagocytic index, pyrogenicity, acute parenteral toxicity, and local tolerance have been carried out to rule out potential toxicity of liposomes. Hypersensitivity, however, still remains a possible toxicological risk with drugs that are administered repeatedly. However, in this context, liposomes offer various advantages over other carriers. Nevertheless, for research purposes, simple toxicity tests are sufficient; unfortunately, these simple toxicity tests are not sufficient at the advanced stages of malaria. Extensive testing of the liposomes reveals that it is safe for pharmaceutical use [35].

Liposomes are a well-established drug delivery system that could be tailored with various ranges, in terms of morphology and surface charge. They can be used for the encapsulation of hydrophilic/hydrophobic drugs. Liposomes can be formulated as a long circulatory carrier that has already exhibited better therapeutic outcomes. Thus, they hold great potential and promise to be an efficacious option adaptable for clinical application. Moreover, they should also be studied for the intrinsic toxicology in a systematic manner.

On the basis of studies as above, it can be appreciated that products based on phospholipids are a relatively safe therapeutic option and also they provide biochemically modulated targeting, wherein the lipid counterpart is an essential/nutritional and biochemical need of parasite. To thrive upon within infected RBCs, it is a prerequisite to uptake circulatory lipids drug conjugate, which leads to infected RBCs specific drug targeting. Product as well as a carrier i.e. liposomes are seemingly devoid of toxicological implications, and represent for scientifically well-founded strategies. Nevertheless, after systematic toxicological studies, it may become the clinical reality with better clinical results of the coming future.

#### Nanostructured lipid carrier as a nanocarrier

As an alternative to the liposomes, emulsions, polymeric nanoparticles, and lipid nanocarriers have been explored as a drug delivery system. These are the 2nd generation lipid carriers, developed and studied to circumvent the drawbacks associated with solid lipid nanoparticles (SLNs). NLCs are promising carriers that can incorporate hydrophobic drugs and also they are biocompatible. The NLCs have superior characteristics as compared with other lipid formulations. NLCs are composed of a mixture of lipids as liquid and solid phases that form a liquid lipid matrix, where the drug is accommodated; and hence superior characters in terms of drug stability and release characteristics are achieved [35].

Lipids play a classical role in the life cycle of *Plasmodium*. Lipid metabolism is not significant in the normal RBCs while its demand is increased significantly in the case of iRBCs. In order to fulfill this demand, the uptake of the lipid occurs from the host. The normal RBCs and iRBCs can be distinguished based on their lipid requirement. Based on this principle, Jain et al. prepared a glyceryl-dilaurate nano lipid carriers (GDL-NLCs) for the delivery of antimalarials and tested them in a murine malaria model. Infected RBCs were selectively targeted and impaired by the GDL-NLCs. GDL was used as a targeting ligand GDL-NLCs was primarily accumulated within the mitochondria of the Plasmodium. This leads to the mitochondrial membrane polarization, Ca2+ ion accumulation, ROS release, and stage-specific lysis of the infected RBCs. GDL-NLCs also promoted the clearance of infected RBCs by the macrophages. It also disrupts the Plasmodium TVN, which is essential for the import of nutrients from the host. Optical trap studies demonstrated that GDL-NLCs restore the flexibility of the infected RBCs. The NLCs can entrap hydrophobic drugs and selectively target them to the iRBCs and hence may be a potent drug delivery carrier for the treatment of malaria [28].

Another study by Baruah et al. reports chloroquine-loaded NLCs. Chloroquine is the most widely used antimalarial for its various properties such as efficiency, stability, safety, and low cost. However, the emergence of resistance against chloroquine limits its uses. The CQ-NLCs could increase antimalarial efficacy with rapid parasitic clearance. Thus, loading of the antimalarials in the NLCs overcomes the drawbacks associated with the available conventional drugs [36].

Artemether-lumefantrine (ARM-LFN) is a WHOapproved fixed-dose combination which suffers oral bioavailability and solubility issues. The NLCs were prepared by Prabhu et al. to overcome these issues. WHO recommends the adult therapeutic dose of 80 mg for ARM and 480 mg for LFN (4 tablets) two times in a day. ARM-LFN NLCs were administered at the 1/5 of the conventional therapeutic dose (16 mg ARM and 96 mg LFN), which exhibited total parasite clearance and complete survival of P. berghei-infected mice. NLCs exhibited an increased efficacy at 1/10 daily dose of ARM-LFN. The 1/10 reduced the daily dose incorporated in two soft gelatin capsules. The capsule exhibits better stability at room temperature for a year. Thus, NLCs due to its biocompatible nature would be promising strategies for malaria therapy [37]. Table 3 summarizes some of the nanostructured lipid carrier-based antimalarial formulations.

The strategies and related literature reveal that NLCs are biocompatible and appropriate system for poorly water-soluble drugs. They have intrinsic targetability towards the cell i.e. iRBCs owing to their lipoidal nature, which satisfies the biochemical need of parasite. Thus, they may result in efficacious drug delivery system specifically suited to drugs which because of their solubility cannot be formulated in parenteral form or cleared fast by the circulation thus limited for their use. Nevertheless, such a system also needs elaborated studies relating to toxicology.



**Table 3** Nanostructured lipid carrier—based antimalarial formulations

Drug	Formulation	ROA	Comments	Reference
Artemether	NLC	Intranasal (i.n.)	Significantly high concentration attained in 6 h following administration i.n. route due to slow drug release	[36]
Artemether	NLC	i.v.	Exhibits greater ( <i>P</i> < 0.005) antimalarial activity than injectable marketed formulation, 60% survival rate was achieved after 31 days	[37]
Artemether-lumefantrine	NLC	Oral	Higher antimalarial activity in terms of parasitemia progression and period of survival	[38]
Artemether-lumefantrine	NLC	i.v.	Sustained drug release and complete parasitic clearance and reversal of symptoms of CM, with 100% survival in the mice infected with <i>P. berghei</i>	[39]
Artemether		i.v.	Cell line (HEK 293 T) cytotoxicity studies revealed that NLCs are non-toxic. Recrudescence of <i>Plasmodium</i> is prevented after the administration of the formulation. Apart from these, NLCs showed greater parasite clearance and better survival (60%) as compared with artemether solution (40%).	[40]

# Solid lipid nanoparticles as a nanocarrier

SLNs were developed as an alternative to lipid-based nanocarriers such as liposomes, emulsions, micelles, and polymeric nanoparticles. Various biocompatible lipids used in the preparation of SLNs include precirol, cetyl alcohol, compritol, glyceryl monostearate, cetyl palmitate, stearic acid, tristearin, and trimyristin. SLNs can be synthesized without using toxic organic solvents. Thus, SLNs meet the requirement of the optimum drug delivery system for the incorporation of the lipophilic and hydrophilic drugs [41].

Heparin-functionalized nanocarriers can selectively target the iRBCs. Incorporation of the heparin enhances the stealth character and efficiently allows to bypass the reticuloendothelial system vis-to-vis an enhanced targeting of drugs with increased uptake and accumulation in the iRBCs. Heparin also synergizes the action of antimalarial drugs due to its intrinsic antimalarial activity. Chloroquine-loaded heparin-surfaced functionalized SLNs were prepared by the Muga et al. and evaluated in vitro against chloroquine-sensitive and chloroquine-resistant *P. falciparum* strains. IC50 value of CQ-SLN and CQ-Hep-SLN was found to be  $4.72 \pm 0.14$  ng/mL and  $2.41 \pm 0.27$  ng/mL respectively. These findings suggest that SLNs have superior in vitro activity than chloroquine when tested on chloroquine-sensitive parasite [29].

Muller et al. reported in vitro cytotoxicity studies of the SLNs as a function of lipid matrix and surfactant. For the lipid matrix Dynasan 114 and compritol ATO 888 concentration is used and tween 80, poloxamers, sodium dodecyl

sulphate and soya lecithin is used as a surfactant. Cytotoxicity studies were carried out by measuring the viability of HL60 cells and human granulocytes. Chemiluminescence measurements were carried out to quantify the particle internalization. The results revealed that viability does not get affected by the nature of lipid. Following binding to the SLNs surface, the cytotoxic effect of surfactants such as poloxamer tends to decrease significantly. Thus, SLNs exhibited relatively low cytotoxicity as compared with other nanoparticles, i.e., polylactic/glycolic acid and polyalkylcyanoacrylate nanoparticles. Thus, SLNs demonstrated great potential as a drug carrier system for the intravenous administration [42].

SLNs can be explored for oral as well as parental administration; they may improve the solubility of poorly aqueous soluble drug and hence their bioavailability. Furthermore, they can be fabricated for active drug targeting in case they are designed for target-oriented drug delivery. The issue related to drug payload, plasma protein interaction, targetability, nonspecific accumulation in organs, circulatory half-life, dose computation, patient compliance, and toxicological implications is required to be studied.

# Self-microemulsifying drug delivery system as a nanocarrier

Self-emulsifying drug delivery system (SEDDS) is a stable mixture of active medicaments, surfactants, co-surfactant,



and oil. Although SMEDDS are the SEDDS, which are arranged in the form of fine oil globules in water (o/w) and droplets with a diameter smaller than 50 nm on mild agitation in the GI tract are produced. Poorly water-soluble drugs can be effectively delivered and also the system may prevent drug degradation in the GIT. SMEDDS provides the larger surface area for the diffusion of the drug [43].

Primaquine is a gametocytocidal which is used to prevent transmission of malaria by preventing the spread of malaria. Primaquine, however, has some drawbacks like short halflife (5.6 h), first-pass metabolism, and dose-dependent side effects such as leukocytosis, methanoglobenmia, leukocytopenia, and hemolytic anemia in G6PD-deficient patients. Thus, frequent administration of primaguine (PQ) is needed and sometimes it shows some severe adverse effects. To overcome these issues, PQ was encapsulated in the SMEDDS to achieve higher therapeutic efficacy. Chudiwal and coworkers delivered the primaguine (PQ) as a SMEDDS to enhance liver uptake and increase efficacy against the liver stages of P. vivax. Pharmacodynamic efficacy was evaluated by applying Peter's Four Day Suppressive Test in a murine model. SMEDDS show higher antimalarial efficacy than marketed formulations. Results of biodistribution studies suggest that SMEDDS are specifically targeted to the liver [44]. Thus, it is a suitable carrier for liver-stage malaria.

Another study was carried out by Bhandari et al. to enhance the oral bioavailability of the artemether and lumefantrine. SMEDDS could increase aqueous solubility, which led to enhanced absorption. Optimized formulation was adsorbed on the Neusilin US2® using a spray drying technique for conversion into solid SMEDDS. Ninety percent of the artemether and lumefantrine were released in 15 min in the dissolution media. Globule size of the SMEDDS was 67.74 nm. The formulation released the contents at a faster rate in vivo as compared with the marketed tablets [45].

Curcumin and artemisinin show poor aqueous solubility, which leads to poor oral bioavailability. SMEDDS significantly improve the solubility of curcumin (4.4 mg/3 mL) and artemisinin (73.4 mg/3 mL). The optimized formulation consisted of Tween 80, PEG 400, and oleic acid. The dissolution study reveals that curcumin and artemisinin dissolved up to 63.81% and 54.91% respectively in 1.2 pH within 1.5 h. These studies demonstrated that SMEDDS has potential as an alternative to the conventional formulation of curcumin and artemisinin [46].

SMEDDS could be administered orally for lymphatic transportation and absorption. The materials used in their preparation are at large FDA approved. Thus, after, appropriate toxicological studies such a system(s) could be explored for their clinical application.

Table 4 summarizes some of the self-emulsifying drug delivery system(s) (SEDDS)—based antimalarial formulations.



### **Polymer-based nanocarriers**

Polymer-based nanocarriers offer several advantages such as enhanced bioavailability, good biocompatibility, increased drug solubility, and reduced toxicity. Various polymer-based nanocarriers are polymeric nanoparticle, dendrimers, hydrogels, etc. [1].

Drug resistance is the major concern in the case of malaria; the nanotechnological attempts have been made to overcome chloroquine resistance. Dextran is a biopolymer which is approved by the US-FDA for i.v. administration. iRBCs allow access to the macromolecules as nutrients via the parasitophorous duct. Kashyap et al. prepared chloroquine dextrin nanoparticles (CHQ-DEX-NPs) by the solvent diffusion method, which are directly taken up by the iRBCs through parasitophorous duct arriving at a therapeutic concentration at the target side. IC50 value of the CHQ-DEX-NPs in sensitive 3D7 and resistant RKL9 *P. falciparum* strain was 0.031  $\mu$ g/mL and 0.13  $\mu$ g/mL, which is significantly less than 0.059  $\mu$ g/mL and 0.36  $\mu$ g/mL of free drug [51].

Helmut Ringsdorf was first to introduce a polymer-based delivery system. Low molecular weight drug or hydrophobic bioactive agents were covalently linked with a hydrophilic polymeric carrier. Currently, polymer-drug conjugates are being used as drug delivery systems. The targeting moiety and solubilizing agents are also incorporated into the polymerdrug carriers, which further enhance the therapeutic efficacy of the bioactive. Various drawbacks associated with the current antimalarial drugs include drug toxicity, multiple drug resistance, low bioavailability, poor water solubility, and biodegradability. A polymer-drug conjugate increases bioavailability and biodegradability. The polymer-based carriers could improve the water solubility of active medicament and could effectively deliver the bioactive(s) at the target site(s). Pharmacodynamics and pharmacological and pharmacokinetic properties of drugs thus got improved when administered as polymer-drug conjugate [52].

Alven et al. have combined antibiotics with antimalarials applying polymer-drug conjugation, which provided synergistic effects. They have conjugated and incorporated antibiotics and antimalarials together onto a polyaspartamide molecule. The conjugate formation was confirmed by FTIR, 1HNMR, SEM, and XRD pattern. The conjugate exhibited amorphous nature and drug was found to be associated with the polymer(s) in chemically conjugated form. The antimalarial activity against the asexual phase of Plasmodium was recorded with 35.6–99.9 of percentage inhibition when tested in varied concentrations, i.e., 1 to 5 µM. The antimalarial activity of the polymer-drug conjugate has been noticeably higher as compared with free drug. The resulted synergistic action confirmed a potentiating effect of the antibiotic. Thus, these findings suggest that polymer-drug conjugate could be an attractive alternative for malaria treatment [53].

**Table 4** Self-emulsifying drug delivery system (SEDDS)—based antimalarial formulations

Drug	Formulation	ROA	Comments	Reference
Artemether	Solid dispersions and self-emulsified solid disper- sions	Oral	The solubility of artemether is enhanced.	[47]
β-Artemether	SMEDDS	Oral	The antimalarial activity was significantly enhanced ( <i>P</i> < 0.05) as compared with the marketed formulation (Larither®).	[48]
β-Artemether and lumefantrine	SMEDDS	Oral	SMEDDS shows superior antimalarial activity with 100% survival as compared with the innovator (Coartem®) formulation.	[49]
Artemether-lumefantrine	Solid SMEDDS	Oral	Optimized SMEDDS formulation at a low, medium, and high doses found to be superior in terms of reduction in parasitemia as well as mortality in comparison with the marketed tablet of equivalent dose.	[50]

Apart from the delivery system, polymer can also generate a potent immune effect by serving as an adjuvant. Scaria et al. have conjugated malaria antigen to a protein carrier, which provided on enhanced immunogenicity of the antigen. Malaria antigen is chemically conjugated with a carrier protein; this forms nanoparticles with greater immunogenicity. They used Pfs25 and Pfs230D1 malaria antigens separately linked to the carrier protein Exoprotein A (EPA) via thioester bond. These nanoparticles provide greater immunogenicity. Various conjugates have been reportedly prepared by using amide, glutaraldehyde, thioester, and ADH chemistry and characterized for Mw distribution, average Mw, and humoral immunogenicity evaluated in mice. The conjugate was 16-73 nm in size. These findings suggest that various carriers and appropriate chemistry can be used for protein-protein conjugation for effective vaccine development [54].

Polymer-based nanocarriers possess added advantages of in vivo drug release control, if they are appropriately sized and material is biodegradable could be further explored for clinical application. Nevertheless, size and surface charge are required to be evaluated for their role in nanotoxicological manifestation before they can be the acceptable drug delivery system.

Some of the polymeric-based nanocarriers are summarized in Table 5.

# Prodrugs as an antimalarial

Prodrugs are chemically altered inactive drug molecules, which require chemical or enzymatic biotransformation in the body, to release their active parent drug, at the site of action where therapeutic effect is needed. Prodrugs are classified as

carrier-linked prodrugs and bioprecursors. The pharmacologically active drug is attached to the carrier by a covalent bond, which is released under in vivo conditions. In contrast, bioprecursors are activated by the metabolic transformations of the functional group. Prodrug strategy is employed where a drug possesses a poor pharmacokinetic profile or where site-specific targeted delivery is needed. Various physicochemical, pharmacokinetic, and biopharmaceutical properties like solubility, chemical stability, bioavailability, permeability, and metabolism are improved by applying prodrug approach [59].

A study carried out by Ismail et al. seems to be an interesting strategy to target iRBCs. They have reported the liposome of dimeric artesunate phospholipid, where one molecule of phospholipid could deliver simultaneously two molecules of artesunate to the iRBCs. The hypothesis is based on the demand of the lipids, which are dramatically increased during the various biological processes of *Plasmodium* parasite. Hence, infected RBCs can be selectively targeted via this approach. Figure 5 shows a schematic representation of targeting iRBCs via prodrug approach [33].

Some of the important prodrugs of antimalarials are summarized in Table 6.

# Protein/nucleic acid-based drug delivery

Peptides exhibit high biocompatibility hence could be the material of choice for preparation of nano-drug delivery system. Curcumin is an antimalarial agent but due to its low solubility and less bioavailability, the in vivo efficacy of the curcumin is compromised. Alam and coworkers reported dehydrophenylalanine ( $\Delta Phe$ ) dipeptide—based self-



 Table 5
 Polymeric nanocarrier—

 based antimalarial formulations

Drug	Formulation	Comments	Reference
Chloroquine	Chitosan nanoparticles (Ch-NP)	Resulted in ROS-mediated 34 caspase activation, apoptosis in the liver during <i>Plasmodium berghei</i> NK65 infection. CS-TPP conjugation enhances the protective capacity of the CQ.	[55]
Chloroquine and azithromycin	Nanospheres	Combination therapy exhibits synergistic action against <i>Plasmodium</i> in vitro. The formulation could overcome the problem of drug resistance.	[56]
Bisphosphonates	Carbon nanospheres (CNSs)	Chloroquine conjugated bisphosphonates carbon nanospheres (CNSs) exhibited excessively high anti- parasitic activity parasite killing.	[57]
Artemisinin	Dimers and dendrimers	Antimalarial activity of the dimer and dendrimer was investigated in the <i>P. falciparum</i> 3D7 strain and human cytomegalovirus (HCMV) and found to be the most active compound as compared with artesunate, dihydroartemisinin, and chloroquine. Trimer is most active against HCMV in vitro replication and has a EC50 value of 0.026 μm.	[58]

assembled nanoparticles for the delivery of curcumin. For achieving efficient delivery of curcumin, different dipeptides such as phenylalanine- $\alpha$ , $\beta$ -dehydrophenylalanine (F $\Delta$ F), arginine- $\alpha$ , $\beta$ -dehydrophenylalanine (R $\Delta$ F), valine- $\alpha$ , $\beta$ -dehydrophenylalanine (V $\Delta$ F), and methonine- $\alpha$ , $\beta$ -dehydrophenylalanine (M $\Delta$ F) which were studies for the self-assembly and curcumin loading capacity reveal that out of them F $\Delta$ F nanotubes exhibit the highest loading capacity

nearly 68% w/w and an IC50 value of 3.0  $\mu$ M. Thus, curcumin-loaded F $\Delta$ Fnanoformulation shows greater parasite inhibition as compared with free curcumin in malaria-infected mice. The biocompatible short peptide-based nanoparticles appear to be an excellent carrier for the loading of hydrophobic antimalarials [62].

CM is one of the most severe forms of infection of *P. falciparum*. Microvesicles (MV) play an important role in

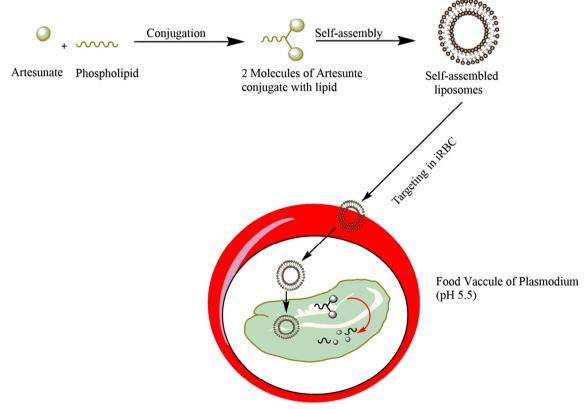


Fig. 5 Schematic representation of targeting RBC via prodrug approach



Table 6 Prodrug-based nanocarriers for malaria

Drug	Formulation	Prodrug	Target	Advantages	References
Endochin-like quinolones (ELQ-300)	_	Alkoxycarbonate ester prodrugs of ELQ-300	Cytochrome bc1 complex	Promising prodrug with enhanced physicochemical and metabolic properties and better potential for the clinical formulation	[60]
Artesunate	Liposomes	Dimeric artesunate phospholipid (Di-ART-GPC)	Parasitic mitochondria	Longer retention time in blood improved pharmacokinetic profile and enhanced uptake by infected RBCs. Enhanced parasite clearance tested in <i>P. berghei</i> —infected mice in vivo and enhanced survival as compared with free drug.	[33]
Artesunate (ART)	Nanocapsule	Artesunate-heparin conjugate (ART-HEP)	Parasitic mitochondria	Specifically, the target to iRBCs and ART-HEP-NCPs exhibits higher ART loading and enhanced half-life	[19]
3,5-Diaryl-2-aminopyrazine sulfone	-	3,5-Diaryl-2-aminopyrazine sulfoxide	Phosphatidylinositol 4-kinase (PI4K)	Prodrug did not improve in vivo efficacy but improved drug exposure with oral dosing and longer half-life is achieved.	[60]
bis-N-Alkylamidines		Amidoxime derivatives as a prodrug	Choline	Amidoxime prodrug significantly improves oral antimalarial activity.	[61]

the pathogenesis of CM as a marker of severity. These are the submicron vesicles (200-1000 nm diameter) released from the cells in the microvasculature such as platelets, endothelial cells, erythrocyte, and leucocytes. During CM, neurological symptoms are increased as the level of MV increases. MV analysis gives a strong basis, which helps to understand the pathophysiology of CM. miRNA is the small, non-coding single-stranded RNA, which helps to control 30% of protein-coding genes via post-transcriptional regulation and RNA silencing, microRNA within the MV showed to be dysregulated in malaria. Cohen et al. worked on the microRNA cargo of MV to understand the pathogenesis of CM. miRNA changes were recorded in CBA-infected mice with P. berghei ANKA strain and *P. yoelii*, which are responsible for severe malaria devoid of cerebral complications hence termed as non-CM. A comparison of the MV with healthy and CM mice for miRNA expression using microarrays was made. The results reveal that miRNA plays an important role in inflammation and dysregulation during CM, which is critical for the beginning of neurological syndrome through the regulation of downstream targets [63].

Clinical development of Pfs25 is hindered due to its limited immunogenicity. It is a transmission-blocking vaccine antigen candidate. Thus, to enhance its immunogenicity, recombinant polyhistidine-tagged Pfs25 is mixed with the preformed liposomes which contain cobalt porphyrin-phospholipid; thus at the time of immunization, nanoliposome antigen particleization (SNAP) 762 formation takes place. The antigen is stably presented on phospholipid bilayer, without covalent modification, and hence retains antigen conformation. The histidine-tagged *P. falciparum* polypeptide was found to

induce strong antibody production and could be useful in the preparation of multistage particulate vaccines using SNAP for immunization [64].

# Nanobiotechnology product in the market

RTS,S (Mosquirix<sup>TM</sup>) is the first licensed vaccine of malaria that is approved by the European Medicines Agency (EMA) for young children. RTS,S vaccine is active against *P. falciparum*, which is the most deadly parasite prevalent globally especially in the Africa region. The vaccine has been approved by the WHO for pilot production in the three African countries (Ghana, Kenya, and Malawi). RTS, S activates body immune system to fight against malaria, especially against *P. falciparum*. RTS,S is designed to arrest the *Plasmodium* life cycle (infection, maturation, and multiplication) in the liver [65].

In RTS,S vaccine "R" stands for central repeat region of *P. falciparum* circumsporozoite protein (CSP); "T" stands for a T cell epitope of circumsporozoite protein, and "S" stands for hepatitis B surface antigen (HBsAg). It forms a single fusion protein ("RTS") and it is further co-expressed within the yeast vector with free HBsAg. "RTS, S" particles are formed by the spontaneous assembly of the "RTS" fusion protein and free "S" protein. The vaccine also contains adjuvants to enhance the immunogenicity; here, AS01 is used as a adjuvant and hence referred as "RTS,S/AS01" [66].

Adjuvants are added to achieve the desired adaptive immune system. It is defined as functional excipients, possesses a heterogeneous group of compounds, and can be divided into



two broad category delivery systems or immunostimulators. Delivery systems include liposome, emulsion droplets, and immune-stimulating complexes (ISCOMs). Pattern-recognition receptors (PPRs) are expressed on the antigen-presenting cells (APCs), for which co-delivery of antigen on the immunostimulator acts as a ligand. Adjuvant based on the liposomes for subunit vaccine and as immunopotentiator is multifaceted and can be customized combining (a) changing lipid composition, (b) mode of antigen and immunostimulatory association, and (c) addition of immunostimulator. Liposomes act as an adjuvant by their ability to interact with the antigen-presenting cells and increase the exposure of immunostimulator and antigen to the APCs [67].

# **Future prospects of nanobiotechnology**

Nanobiotechnology is an emerging area of research and application being explored for its potential applications to obscure and address drug and drug delivery-related problems. Seemingly, it can improvise the existing conventional drug delivery modules and also it can improve the therapeutic outcome of the drug discernibly and may allow curtailing down the contraindicated manifestations well below the tolerable limits. Most of the nano biotechnological have demonstrated improved and effective performance at preclinical stages. However, the results at the end have been discouraging due to toxicological and interactive manifestations of such drug delivery systems. There appears to be a gap between preclinical and clinical phases inviting intensive, consistent, and sincere attention of researchers to logistically design and develop the systems for their safe and effective use. It is appreciated that the molecular interplay involved in the malaria parasite invasion and its subsequent proliferation and molecular mechanistic involved therein can open up the vistas of multiple options, opportunity, potential, and promises based on molecular events and judicious intervention thereon, which could only be possible through nanobiotechnological stratagems. The target (infected RBCs) could be selectively delivered with a load of drug which could not only eradicate the parasitemia but also the problem associated with drug resistance that emerges due to sub-therapeutic drug exposure. The nanobiotechnology may include the use of site-directing antibodies, aberrant and variant expression of protein determinant on infected cells, biodevices developed as a variant, and bioprocesses and also the smart material which could be developed by structuring a drug/drug(s) carrier selective or with proficiency to the target site. Adding to the proposed possibilities, the molecular modifications as nutrient-based prodrug and antimetabolites could be other possible diversities that can be brought in place in the designing, development, and tailoring of drug delivery systems for exclusive use in cell-selective targeted drug delivery.

#### **Conclusion**

Scientific innovations, development, and international collaboration have increased the ability for effective treatment of malaria and understanding of etiology at the molecular level. Nanobiotechnology provides various opportunities, which could improve conventional malaria therapy. Poor solubility, low oral bioavailability, toxicity, chemical instability, poor pharmacokinetic properties, the short half-life of the drug, drug resistance, and non-specific drug targeting are the main drawbacks of conventional therapy. However, nanobiotechnology overcomes the abovementioned shortcomings to some extent. The journey ahead is long to recognize an effective combination of molecules, which will enhance therapeutic indices and devoid of side effects. Safety and scalability are two important parameters for targeted antimalarial therapy. Liposomes, especially PEGylated liposomes, seem to be an effective drug delivery system for incorporating antimalarial drugs. The polymeric nanocarriers are less exploited for malaria. Surface modification of the nanocarriers may improve the drug targeting and efficacy of the treatment. The nanobiotechnology thus may help design the smart, well-tolerated, low cost, and effective therapeutic drug delivery systems for the complete eradication of malaria.

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#### Compliance with ethical standards

**Conflict of interest** The authors declare that there are no conflicts of interest.

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