

Research Letter

# Continuing Medical Student Education During the Coronavirus Disease 2019 (COVID-19) Pandemic: Development of a Virtual Radiation Oncology Clerkship



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## Abstract

**Purpose:** Our institution cancelled all in-person clerkships owing to the coronavirus disease 2019 pandemic. In response, we designed a virtual radiation oncology medical student clerkship.

**Methods and Materials:** We convened an advisory panel to design a virtual clerkship curriculum. We implemented clerkship activities using a cloud-based learning management system, video web conferencing systems, and a telemedicine portal. Students completed assessments pre- and postclerkship to provide data to improve future versions of the clerkship.

**Results:** The virtual clerkship spans 2 weeks and is graded pass or fail. Students attend interactive didactic sessions during the first week and participate in virtual clinic and give talks to the department during the second week. Didactic sessions include lectures, case-based discussions, treatment planning seminars, and material adapted from the Radiation Oncology Education Collaborative Study Group curriculum. Students also attend virtual departmental quality assurance rounds, cancer center seminars, and multidisciplinary tumor boards. The enrollment cap was met during the first virtual clerkship period (April 27 through May 8, 2020), with a total of 12 students enrolling.

**Conclusions:** Our virtual clerkship can increase student exposure and engagement in radiation oncology. Data on clerkship outcomes are forthcoming.

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## Introduction

On March 15, 2020, Stanford School of Medicine, with the guidance from the Association of American Medical Colleges, suspended all on-site clinical clerkships because of the coronavirus disease 2019 (COVID-

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**Table 1** Sample student schedule for 2-week radiation oncology clerkship

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1:	8:00-8:30 AM	8:00-9:00 AM	7:30-10:30 AM	7:30-8:30 AM	8:00-9:00 AM
Lecture block	Orientation to the clerkship (FAC)	Cancer center seminar* or pediatric tumor board	Resident education†	Chart rounds‡	Resident education†
	8:30-9:00 AM	10:00-11:00 AM	10:30-11:30 AM	1:00-2:00 AM	9:00-10:00 AM
	History of radiation oncology (FAC)	Introduction to radiation for breast cancer (FAC)	Approach to clinic notes (FAC)	Basics of prostate cancer/brachytherapy (FAC)	Head and neck cancer and treatment planning (FAC)
	9:00-10:00 AM	11:00 AM to 12:00 PM	1:00-2:00 PM	4:30-6:00 PM	10:30-11:30 AM
	Introduction to radiation oncology (RES)	Radiation treatment planning (FAC and dosimetrist)	Virtual department tour (RES)	Head and neck tumor board	CyberKnife treatment planning (FAC)
	1:00-2:00 PM	2:00-3:00 PM	3:30-5:00 PM		1:00-2:00 PM
	Introduction to radiation physics (RES)	Thoracic tumor board	GI tumor board		CNS tumor board
Week 2:	Virtual clinic§	Virtual clinic§	Virtual clinic§	Virtual clinic§	Virtual clinic§
Virtual clinic and student talks	8:00-9:00 AM	8:00-9:00 AM	7:30-10:30 AM	7:30-8:30 AM	8:00-9:00 AM
	Lymphoma tumor board	Cancer center seminar* or pediatric tumor board	Resident education†	Chart rounds‡	Resident education†
		2:00-3:00 PM	3:30-5:00 PM	8:30-9:30 AM	8:30-9:30 AM
		Thoracic tumor board	GI tumor board	Journal club student talks	Journal club student talks
				4:30-6:00 PM	1:00-2:00 PM
				Head and neck tumor board	CNS tumor board

Abbreviations: CNS = central nervous system; FAC = faculty-led; GI = gastrointestinal; RES = resident-led.

\* Weekly seminar on an oncology topic given by faculty speakers from various departments in the cancer center.

† Scheduled didactics for residents; these are lectures on various disease-sites and radiation topics led either by faculty or residents.

‡ Chart rounds are weekly department quality assurance sessions where new patients' radiation treatment plans are reviewed.

§ Virtual clinic hours and days varied based on assigned faculty's clinical schedule.

19) pandemic. To provide alternative clinical learning opportunities, we created a virtual radiation oncology clerkship for Stanford medical students.

We aimed to fulfill the learning objectives of an in-person rotation in our department by leveraging a broad array of e-learning tools. We report here our experience with designing and implementing this virtual clerkship.

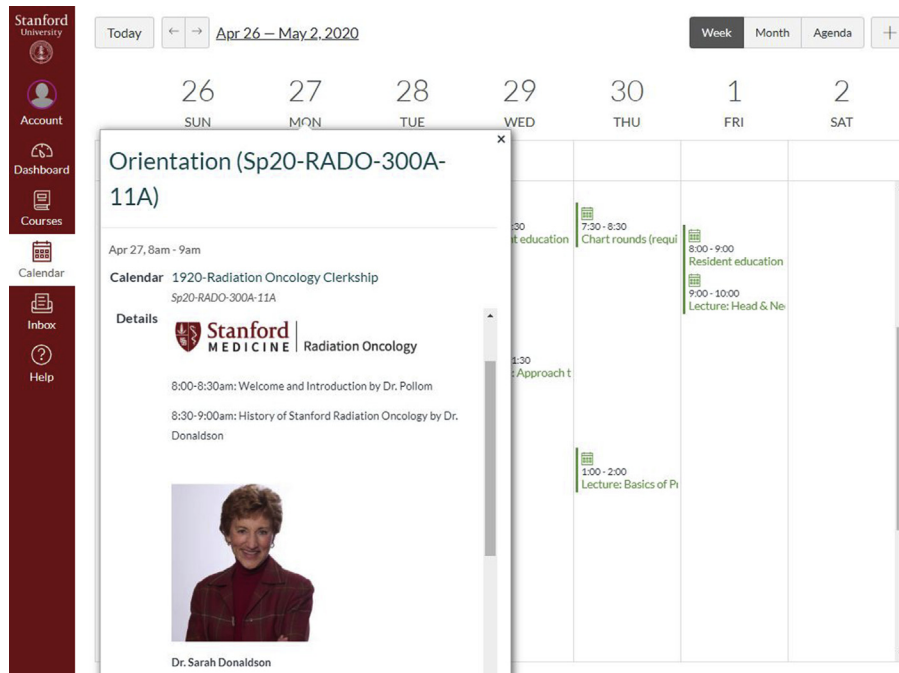
### Methods and Materials

We convened an advisory panel of key stakeholders, including the medical student clerkship director (Stanford), the residency program leadership (Stanford), the associate dean of medical school admissions (Stanford), the medical student clerkship coordinator (Stanford), and

other faculty and residents interested in medical education (remaining authors). The panel met weekly during the design phase to create course objectives and curriculum.

Canvas ([www.instructure.com](http://www.instructure.com)), Stanford's primary cloud-based learning management system, hosts the clerkship and provides the integrated calendaring and syllabus system, communication stream, built-in web conferencing functionality, and assignment modules. Synchronous didactic sessions, chart rounds, and tumor boards are held using Zoom or WebEx, commercially available video web conferencing systems. Virtual clinic visits are facilitated via a secure cloud-based telemedicine portal using Epic Systems, which allows remote multiparty connections.

The panel continues to meet weekly during the implementation phase of the clerkship to troubleshoot issues that arise. In addition, students are required to



**Figure 1** Front-end student view of virtual clerkship schedule on the Canvas web application. Students can directly access Zoom lectures and assignments using this interface.

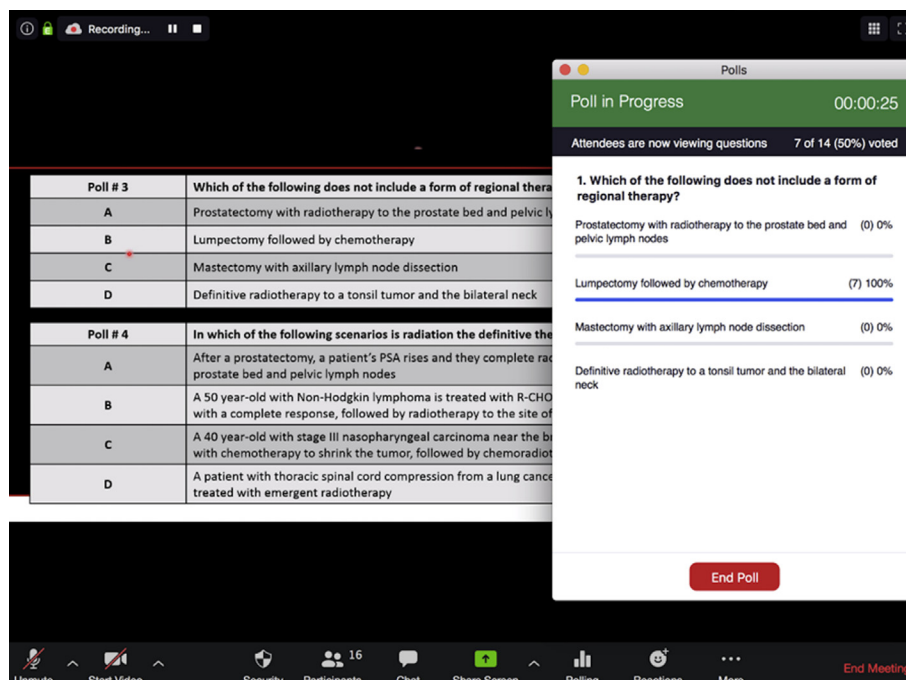
submit anonymized pre- and postclerkship assessments to provide data to improve future versions of this clerkship.

**Results**

Students attend didactic sessions led by faculty, residents, and dosimetrists during the first week of the

clerkship. During the second week, students participate in virtual clinics and give talks to the department (Table 1 and Fig 1).

Didactic sessions include lectures, case-based discussions, treatment planning sessions in Eclipse and Precision, and lectures adapted from the Radiation Oncology Education Collaborative Study Group curriculum



**Figure 2** Poll feature on the Zoom platform allows students to answer questions in real-time during synchronous didactic sessions.

**Table 2** Course objectives and requirements

Course objectives	
•	Introduce students to the field of radiation oncology and the history of Stanford radiation oncology
•	Educate students on basic principles of radiobiology, medical physics, and general oncology along with multidisciplinary cancer management
•	Participate in the assessment of cancer patients and basic radiation treatment planning
Course requirements	
•	Complete pre- and postcourse self-assessments
•	Attend didactic sessions and complete postlecture assessments
•	Participate in virtual clinic and submit completed consult notes
•	Give a journal club talk to the department

material.<sup>1</sup> Faculty and resident speakers are encouraged to integrate Zoom features such as polling (Fig 2) and chat into their sessions to engage students. A resident moderator cohosts every session to help answer chat questions while the primary speaker leads the session. The sessions are password protected, require attendee registration to track attendance, and are recorded so that students can review the material later. In addition, medical students attend departmental quality assurance rounds, cancer center seminars, and multidisciplinary tumor boards that do not conflict with clerkship activities, which are all currently offered in a virtual environment.

For the virtual clinic experience, students are assigned to different services in teams of 2. Students work with the resident and faculty of their assigned service to see and present virtual clinic patients during the second week of the clerkship.

At the end of the clerkship, students give a virtual journal club talk to the department on a recently published oncology paper. Table 2 shows course objectives and requirements. The clerkship is graded on a pass or fail basis.

The enrollment cap was met during the first virtual clerkship period (April 27 through May 8, 2020), with a total of 12 students enrolling. Table 3 shows demographics and preclerkship self-assessment responses of the first cohort. Over half of the cohort (58%) was female. Only 1 student had prior exposure to radiation oncology.

## Discussion

We radically restructured our medical student clerkship program owing to the COVID-19 pandemic. To allow medical students to maximize their educational opportunities during these uncertain times, we created a virtual radiation oncology clerkship.

**Table 3** Preclerkship assessment responses of first virtual clerkship student cohort (total n = 12)

	No. (%)
Age, median (range)	27 (23-31)
Sex	
Female	7 (58.3%)
Male	5 (41.7%)
Race	
Asian	4 (33.3%)
Caucasian	6 (50.1%)
Black or African American	1 (8.3%)
Latino, or of Spanish origin	1 (8.3%)
Clinical experience	
First clinical year	12 (100%)
Second clinical year	-
Degree track	
MD	8 (66.7%)
MD/PhD	3 (25%)
Other	1 (8.3%)
First radiation oncology rotation	12 (100%)
Had prior exposure to radiation oncology	1 (8.3%)
Current interest in radiation oncology	
Not interested at all	1 (8.3%)
Would consider oncology but not necessarily radiation oncology	3 (25%)
Considering learning more about radiation oncology	8 (66.7%)
Considering applying to radiation oncology residency	-
Likely to apply to radiation oncology residency	-
Understands daily responsibilities of a radiation oncologist	
Strongly disagree	3 (25%)
Disagree	8 (66.7%)
Neutral	1 (8.3%)
Agree	-
Strongly agree	-
Motivations for enrolling in virtual clerkship	
Interest in radiation oncology	7 (58.3%)
Interest in learning with new technologies	7 (58.3%)
COVID-19 restrictions	12 (100%)

Abbreviation: COVID-19 = coronavirus disease 2019.

Medical students receive little exposure to radiation therapy although it is a key component of multidisciplinary cancer care. Of the approximately 90 medical students per graduating class at Stanford, only 4 Stanford medical students have rotated through our department from July 2018 to March 2020. Our virtual clerkship generated much more interest, with the enrollment cap met almost immediately after the course was offered. Given the paucity of competing in-person clerkships and limited choices, students taking our clerkship may not have the same level of interest in radiation oncology as prior rotating students who selected our clerkship. However, 67% of the cohort did

express interest in “learning more about radiation oncology,” with 92% having had no prior exposure to radiation oncology. Further, over half were women. This virtual clerkship broadened our reach, providing an important opportunity to address female trainee underrepresentation and declining overall numbers of applicants in radiation oncology.<sup>2,3</sup>

We included in our virtual clerkship educational activities that medical students have previously ranked as important and are key components of our 4-week in-person clerkship. These included structured didactics, treatment planning sessions, and the opportunity to (virtually) see and present clinic patients and give a formal talk.<sup>4-6</sup> Because our virtual clerkship can accommodate more students than an in-person clerkship, we divided the students into smaller teams assigned to specific services to preserve the important interpersonal components of an in-person clerkship.

Our virtual clerkship is currently offered through the end of June. We plan to present full results, with student and faculty feedback of the educational value of the clerkship, after several cohorts complete the clerkship. We will also examine how this clerkship ultimately affects recruitment to our specialty. Future efforts will focus on allowing students from other institutions to take the virtual clerkship. Having this option can increase access for students who may not be able to pursue an away rotation at our institution.<sup>7</sup>

COVID-19 has challenged us to adapt and innovate quickly in our daily work, which includes the education of our trainees. Our virtual clerkship can facilitate the integration of radiation oncology education into the medical

student curriculum and increase student exposure to our field and interest in radiation oncology as a career.

## Acknowledgments

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