

Advances in simultaneous PET/MR for imaging neuroreceptor function

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Abstract

Hybrid imaging using PET/MRI has emerged as a platform for elucidating novel neurobiology, molecular and functional changes in disease, and responses to physiological or pharmacological interventions. For the central nervous system, PET/MRI has provided insights into biochemical processes, linking selective molecular targets and distributed brain function. This review highlights several examples that leverage the strengths of simultaneous PET/MRI, which includes measuring the perturbation of multi-modal imaging signals on dynamic timescales during pharmacological challenges, physiological interventions or behavioral tasks. We discuss important considerations for the experimental design of dynamic PET/MRI studies and data analysis approaches for comparing and quantifying simultaneous PET/MRI data. The primary focus of this review is on functional PET/MRI studies of neurotransmitter and receptor systems, with an emphasis on the dopamine, opioid, serotonin and glutamate systems as molecular neuromodulators. In this context, we provide an overview of studies that employ interventions to alter the activity of neuroreceptors or the release of neurotransmitters. Overall, we emphasize how the synergistic use of simultaneous PET/MRI with appropriate study design and interventions has the potential to expand our knowledge about the molecular and functional dynamics of the living human brain. Finally, we give an outlook on the future opportunities for simultaneous PET/MRI.

Keywords

Dopamine, pharmacology, opioid, serotonin, simultaneous PET/MRI

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Introduction

Positron emission tomography (PET) is a non-invasive imaging technology with high sensitivity for tracing very low concentrations of radiolabeled molecules in the human body. This allows us to selectively image different targets, such as the distribution of receptors in the brain, and related biological processes *in vivo*. Magnetic resonance imaging (MRI) provides exquisite spatial and temporal resolution, in comparison to PET, with versatile imaging contrasts. Despite not having comparable molecular specificity to PET, functional MRI (fMRI) offers the sensitivity to detect small signal fluctuations based on hemodynamic responses in order to infer neuronal activity. With the introduction of PET/MR scanners (simultaneous or sequential), it has become possible to combine molecular target specificity with local brain function *in vivo* across not only spatial but also temporal scales.

Since its introduction almost a decade ago, approximately 70 simultaneous PET/MRI scanners¹ exist

across the globe and now serve as a valuable research tool. While PET/computed tomography (CT) is likely to remain a workhorse for diagnostic PET, PET/MRI has the potential to add clinical value in niche applications.^{2–4} In its infancy, the integration of PET and MRI required development of new hardware and software solutions: To date, the combined effort of research groups around the world has resolved many of the technical challenges, resulting in improved image

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quality of simultaneous PET/MRI of the brain.^{5–7} For example, in the absence of CT, new MR-based methods had to be developed for attenuation correction.⁸ Ladefoged et al.⁹ compared 11 different MR-based methods for attenuation correction of the brain and found that several of these methods performed comparable to the gold-standard CT-based attenuation correction.⁹ Furthermore, because head motion is a confounder in many imaging studies, MR-based motion correction of PET data has been developed.¹⁰ Continuous acquisition of MR sequences allows for tracking of motion, which can be applied during PET reconstruction.¹¹

As the exclusively available non-invasive tool to image neuroreceptors in the living brain, PET combined with fMRI has tremendous value in investigating neurotransmitter systems. The power of multi-modal imaging with PET/fMRI has the potential to inform about molecular and neural mechanisms underlying sensory stimuli, behavior, and cognition. Simultaneous rather than sequential PET/MRI increases reproducibility by decreasing potential confounds introduced by physiology, adaptation or biases. Our current limited knowledge about neurotransmission imbalance and how it can lead to neurologic or psychiatric disorders emphasizes the importance to improve and utilize *in vivo* imaging methods and models to elucidate this enigma.

While pharmacological PET is commonly used, especially to evaluate target engagement or dose-occupancy of new drugs, the field of pharmacological MRI (phMRI) is less established even though it can contribute important biological information about drug–receptor interactions.¹² The need for novel drugs to treat neurological and neuropsychiatric disorders is high but is challenged by being complex, costly and time-consuming.¹³ Drug-induced functional signaling measures together with receptor occupancy is how PET/MRI can help bridge the knowledge from *in vitro* to *in vivo* (pre-)clinical studies, thus being a valuable add-on in phase 0 drug studies. Overall, pharmacological PET/MRI provides a platform for characterizing both existing and novel drugs.^{14,15}

In this review, we first discuss considerations that should be made when designing dynamic, functional simultaneous PET/MRI studies. We then provide an overview that focuses on combined PET/MRI studies investigating neurotransmission, with emphasis on the dopamine, opioid, serotonin and glutamate neurotransmitter systems. Lastly, we highlight exciting advances and opportunities for further development of receptor-specific simultaneous PET/MRI.

Practical aspects of dynamic PET/MRI experiments

Thoughtful experimental design is critical before conducting any studies. In the following, we will touch upon questions and considerations that are important for dynamic and functional PET/MRI studies for neuroreceptor imaging (Table 1). Note that the following section is not a comprehensive review and thus references represent examples of the described method. Example study designs are also illustrated in Figure 1.

1. PET/MRI is a non-invasive imaging tool with strong translational value. PET imaging serves as a bridge from *in vitro* pharmacology to *in vivo* molecular readouts, whereas fMRI is an indicator of dynamic brain function with a close link to behavior. There are a wide range of potential opportunities for PET/MRI, such as investigating the coupling between drug binding and efficacy, relating neurotransmitter release to cognition and disease states, and linking receptor densities to behavioral phenotypes. Examples of interventions suitable for PET/MRI are amphetamine for studying neurotransmitter release,^{16–18} nicotine or marijuana smoking before or during a PET/MRI scan,¹⁹ and working memory tasks.²⁰

2a. We typically begin with choosing a PET radiotracer that is appropriate for a study since there are limited number of PET radiotracers that fulfill the criteria for successful radiotracers.²¹ Radiotracers exist for wide variety of targets in the brain, e.g. receptor, enzymes and misfolded proteins²² and development of new radiotracers is an active field of research. It is not within the scope of this review to give an overview of all available radioligands for neuroimaging targets and so we refer to several other excellent reviews on this topic.^{23–25} For receptor imaging, both agonist and

Table 1. Important considerations for dynamic functional PET/MRI experimental design.

1	What opportunities exist for PET/MR to give new insights into receptor biology?
2	Choice of (a) PET radiotracer based on target and (b) functional MRI techniques.
3	Which pharmacological, physiological, or behavioral interventions are appropriate for the scientific question?
4	(a) What is the optimal timing to introduce an intervention during the PET scan? (b) What is the optimal start and duration of the corresponding fMRI acquisition?
5	PET and MRI data analysis and quantification: Methods for integration of multi-modal data analysis.
6	Practical consequences for patients and personnel taking part in PET/MRI studies.

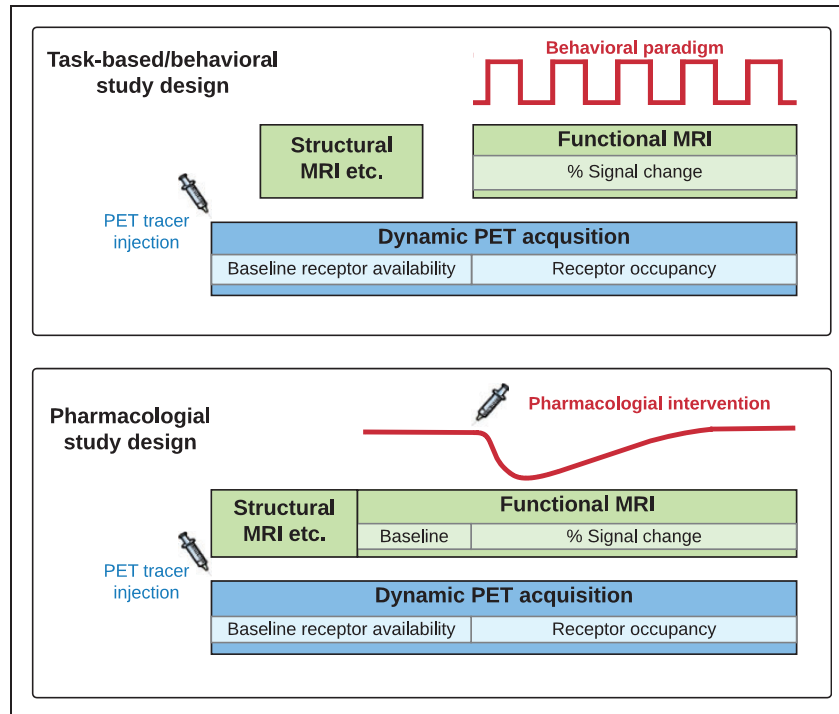


Figure 1. Schematic representation of example task-based/behavioral or pharmacological study designs. Lighter colors are examples of outcome measures from each imaging modality for receptor-binding radiotracers. PET: positron emission tomography; MRI: magnetic resonance imaging.

antagonist radiotracers can exist for the same target. Agonist radiotracers potentially offer the advantage of binding to activated (high-affinity state) receptors, whereas antagonist radiotracers bind to the total pool of receptors.^{26–28} If the study only aims at quantifying the availability of receptors, an antagonist radiotracer would be a good choice. However, if the study aims at quantifying the amount of endogenous transmitter release, agonist radiotracers have been shown to be more sensitive.^{29,30}

2b. A variety of fMRI techniques exist for addressing neuroscience questions. In particular, fMRI methods are commonly used to map the effects of explicit tasks and behaviors to corresponding cortical or subcortical areas. fMRI usually detects changes in hemodynamic responses based on blood oxygenated level dependent (BOLD) signals,^{31–33} cerebral blood flow (CBF),^{34–36} or cerebral blood volume (CBV)^{37–39} contrasts. While BOLD-fMRI offers the advantages of high sensitivity and ease of implementation over CBF- and CBV-fMRI, the BOLD signal reflects a composite change in CBF, CBV, and oxygen metabolism. CBF- and CBV-fMRI provide functional readouts based on single quantitative physiological parameter. However, CBF- and CBV-fMRI techniques usually require specialized pulse sequences, and careful optimization of sequence parameters is needed to achieve

sufficient imaging contrast. MR contrast agents have been used for CBV-fMRI to improve detection power,^{37,40} but the utilization of contrast agents may limit its application in human subjects.

Besides fMRI techniques for addressing the scientific questions, a high-resolution T1-weighted anatomical scan is usually required, for the purpose of performing an MR-based attenuation correction of the PET data or for delineating anatomical regions of interests (ROI).⁹ Alternatively, an ultrashort (or zero) echo time image can be used to derive an attenuation correction map.^{41–43} Both structural and functional MR images can also be used to perform MR-based motion correction of PET.¹⁰

3. An intervention can be pharmacological (e.g. drug injection),⁴⁴ physiological (e.g. hypo-/hypercapnic gas challenges)⁴⁵ or task-based/behavioral (e.g. sensory-motor stimuli or cognitive tasks).⁴⁶ The purpose of an intervention is usually to compare changes in imaging signals that change in time, i.e. before vs. after the intervention. Functional PET/MRI studies can also be carried out without any intervention (e.g. resting-state connectivity or baseline receptor availability), and serve to compare varying mental states, their connectivity patterns and underlying receptor distributions.^{47–49}

4a. The timing of any intervention needs careful consideration. For pharmacological challenges, the

time and drug administration route are tightly interlinked. The drug is most often administered orally or intravenously, although other options such as intranasal or intramuscular administration are possible.⁵⁰ The intervention can be given as a pretreatment before the start of the PET/MRI to allow for the plasma concentration to, e.g., reach maximal or stable levels. If the drug is administered during the scan as a within-scan challenge (preferably intravenously), it is possible to dynamically measure drug occupancy and time-dependent changes in drug-induced functional brain responses^{44,51} (Figure 1). In this scenario, it is important to first establish a stable baseline outcome measure prior to the time of challenge; methods for determining the exact timing of the introduction include realistic forward-model stimulations or analysis of real data in the absence of a challenge.⁵² A dynamic within-scan challenge offers the advantage of obtaining a baseline and dynamic changes due to an intervention in a single imaging session. However, this needs to be weighed against increased scan time, which may not be well tolerated by patients. In addition, the combination of long scan times and short-lived radiotracers will introduce noise to the PET images at late time points.

The type of radiotracer administration (either as a bolus injection or as a bolus followed by a constant infusion) is an important decision that goes hand in hand with the timing of the intervention. Conventionally, PET scans are performed with a single bolus injection. A different approach is to deliver the radioactive tracer as an infusion to achieve constant radioactivity levels in the ROI and in the plasma. A bolus-infusion approach is thought to provide better sensitivity for tracking dynamic changes in occupancy due to an intervention by providing continuous delivery of radioligand.⁵³ However, to date, no systematic study has directly compared a dynamic challenge with a bolus versus a bolus-infusion. The standard approach is to calculate the theoretical bolus-infusion scheme (K_{bol}) based on an initial bolus baseline study,⁵³ and the K_{bol} can then be further adjusted in repeated scans. It is important to note that the K_{bol} is region-specific, and therefore a uniform K_{bol} may not exist.

4b. Depending on the PET radiotracer and intervention chosen, the timing for introducing the fMRI sequence will vary. Unlike PET (as discussed in 4a), where a baseline outcome measure is obtained before interventions, the typical outcome measure for fMRI is percent signal changes (or activation maps based on statistical parametric mapping). A stable baseline signal is needed in order to calculate percent signal change or derive activation map based on general linear modeling (GLM). Pharmacological studies require a longer baseline (at least 10–15 min) to be collected before a drug challenge,¹² whereas task-based

fMRI has interleaved (e.g., an ON-OFF paradigm) baseline measurements. The total acquisition time for dynamic PET is on the order of 30–120 min, depending on the radionuclide and pharmacokinetics of the tracer. For simplified semi-quantification without the use of kinetic models, 20–40 min acquisition time is often sufficient once validated. For fMRI, the acquisition time can be short (5 min) or long (90 min) depending on the MR sequence and the chosen intervention. For task-based stimuli, the acquisition time can be on the shorter end (5–10 min), with repeated fMRI runs performed to increase statistical power (Figure 1). For pharmacological challenges (phMRI), the acquisition time is often longer (30–120 min), depending on pharmacokinetics and experimental design.

5. For PET data quantification, kinetic modeling should be applied, with the model choice depending on the radiotracer and possible intervention. The most common fMRI outcome measure is a relative change in hemodynamic parameters, although quantitative CBF and CBV can also be calculated. Both modalities need to use robust statistics for group-level analyses. Combining parameters across PET and fMRI can aid the modeling and the interpretation of imaging data.^{14,54} In the next section below, a brief overview of existing dynamic models for PET and fMRI analysis will be provided.

6. The magnetic field associated with PET/MR imaging may exclude certain patients if they have magnetic implants, pacemakers, etc. The magnetic field also requires that any equipment in the scanner room, such as an emergency bed, anesthesia or blood sampling machines must be non-magnetic. These changes in daily procedures and extra safety issues require additional training of personnel. For pediatric and geriatric patients, obtaining PET and MRI data in a single imaging session increases patient comfort and reduces the amount of ionizing radiation exposure (compared to PET/CT), as well as sedation in these fragile patient populations. Sequential same-day imaging on separate systems can also constitute a reliable and cost-effective alternative for non-fragile patient populations.^{55,56}

Dynamic models for PET receptor quantification and fMRI analysis

In simultaneous PET/MRI studies that explore temporal dynamics of signal changes and aim to draw comparisons between PET and fMRI signals, appropriate analysis techniques and models need to be considered. Absolute quantification of PET imaging data requires kinetic modeling, and changes in radiotracer signals are dependent on the pharmacokinetics of radiotracers, which tends to be on a slower timescale than typical

fMRI experiments. fMRI experiments typically employ block or event-related design techniques relying on repeated and short stimuli. Conversely, conventional competition or displacement studies in PET are geared at detecting changes over several tens of minutes or hours and are thus not optimized for fMRI experimental design. In this section, we summarize existing dynamic PET models and MR techniques that have been or can be used to evaluate simultaneous signal changes in time (Table 2 and 3).

PET dynamic kinetic models

The simplest way to analyze dynamic PET data is to calculate concentration ratios from raw time-activity curves. This has the advantage of staying as close as possible to the data, without introducing model biases. Yet, sensitivity to smaller changes and dynamic timecourses may be limited with this approach.

Several models have been proposed for estimating a temporal change in specific binding using kinetic modeling. To date, these types of modeling approaches have solely been developed for reference tissue models. Table 2 summarizes PET kinetic models from the literature that incorporate a time-dependent parameter in the context of a within-scan challenge. A time-dependent specific binding term was first proposed for the purpose of estimating displacement induced by a cognitive paradigm using [^{11}C]raclopride.⁵⁷ This kinetic modeling method is based on the simplified reference tissue model (SRTM⁵⁸) and fits the specific binding term (k_{2a}) with an exponential at the start of the challenge. The ntPET model⁵⁹ focuses on modeling endogenous dopamine release and the lp-ntPET model⁶⁰ enables linearization and a set of basis functions that model an assumed endogenous dopamine timecourse. Given the number of parameters to be fitted, noise levels and potential biases are an important consideration for these types of models. The extended SRTM (ESRTM)⁶¹ assumes a constant baseline binding rate which at intervention instantaneously changes to a new constant binding rate. To reduce bias introduced by assumptions on the specific binding dissociation rate constant (k_4) when converting the full reference tissue model (FRTM) to SRTM, the regularized FRTM (rFRTM⁶²) was introduced using an estimate for a realistic k_4 value. As a descriptive outcome parameter that captures the dynamic nature of these models, the “dynamic binding potential” or DBP ⁴⁴ was proposed as a time-varying description of binding potential, which can be compared to BP_{ND} . This description delineates that a time-dependent specific binding term is employed during the analysis. Finally, $DBP(t)$ enables the computation of changes in receptor occupancy over time that can be compared

to fMRI timecourses. We refer to Table 2 for features and limitations of each model.

fMRI and phMRI methods and analysis

Traditional fMRI studies use a task (e.g. finger tapping) or a cognitive challenge (e.g. working memory) to modulate neuronal activity and map the corresponding hemodynamic changes. This type of repeated stimulus that elicits repeated brain activation patterns has statistical advantages: A GLM is most often used to look for activation patterns at a voxelwise level and more repetitions of the same activation event lead to higher statistical power. In addition, these types of repeated challenges usually occur on the order to several seconds³³ (fast stimuli compared to PET) and thus are easily distinguishable from baseline drift in hemodynamic signals (such as BOLD, CBF or CBV). Table 3 provides an overview of commonly used fMRI methods and analysis approaches.

A slightly distinct form of fMRI that is of particular interest in the context of PET/fMRI neuroreceptor studies is the use of pharmacological challenges rather than a behavioral task – this type of fMRI is also referred to as phMRI¹². The analysis of phMRI uses similar tools as task-based fMRI but has important distinctions: GLM is also used as the basis for analysis but instead of fitting fast repeated patterns that are convolved with a hemodynamic response function, an analytical function such as a gamma-variate or sigmoidal curve is fitted to the signal.^{12,14} The choice of the best mathematical function is informed by knowledge about the pharmacokinetics of the drug and the fit to the data. Hemodynamic changes elicited through pharmacological challenges are often larger in magnitude compared to task-based fMRI, although they certainly depend on the type of drug and respective dose.⁴⁰

With slow-onset drugs, or non-intravenous administrations, a real difficulty in phMRI can be the differentiation of signal changes of interest from the baseline drift. Unlike in PET, fMRI analysis is usually not tailored to detect slower temporal changes, such as those caused by a pharmacological challenge or spontaneous fluctuation. While correction methods exist for correcting baseline drift,^{63,64} slow signal changes in fMRI can sometimes be difficult to be distinguished from signal drift. For this reason, arterial spin labeling (ASL, a technique for measuring changes in CBF) can be a good alternative for some studies: The upside is that baseline drift is taken out during subtraction of control and labelled images, yet this need to be weighed versus the downside of less signal to noise in ASL compared to BOLD. It is important to keep these analysis tradeoffs in mind when designing new experiments.

Table 2. Comparison of key models for PET quantification and fMRI analysis that capture time-dependent changes during a scan.

Name of PET model	Description	Key assumptions	Features	Limitations
SRTM-CR ⁶¹	A tissue concentration ratio method to compute changes in BP_{ND} , based on an initial estimate from SRTM.	Steady state of tracer kinetics is attained for a duration before and after an intervention.	Simple to compute. Close relation to the raw data.	Bias is unknown since the baseline parameter is derived from kinetic modeling and the post intervention parameter is based on raw data. Steady state needs to be achieved experimentally after the intervention.
ESRTM ⁶¹	A composite of two SRTM models with two BP_{ND} values as outcomes: One for the baseline, the other for the post-intervention.	Instantaneous change in BP_{ND} due to the intervention.	Simple to compute with two implementations of SRTM.	Not all interventions may cause an instantaneous change in binding potential, and last for the duration of the scan.
LSRRM ⁵⁷	Linear extension of SRTM that accounts for within-scan challenge by cognitive task or drug.	Instantaneous maximal change in BP_{ND} at onset of the intervention, which decays exponentially.	Only one additional model parameter.	The shape/timecourse of the intervention is assumed to follow an exponential function.
lp-ntPET ^{59,60}	Extension of LSRRM using gamma-variate basis functions, representing the timecourse of neurotransmitter release.	Basis functions are computed based on information content in time-activity curves and changes due to assumed endogenous dopamine release.	Data-driven approach. No assumptions about the shape/timecourse of the intervention.	Fitting of many parameters. Limited robustness of outcome measures in the context of noisy data. Model is tailored specifically for dopamine release.
SRTM2 with dynamic binding term to compute DBP_{ND} ^{44,51}	Linearized SRTM2 implemented with a time-dependent k_{2a} binding term. Combines elements from both LSRRM and lp-ntPET.	A priori knowledge or assumption about the shape/timecourse of the intervention.	Choice of analytical function for modeling the shape/timecourse of the intervention. Timecourse of occupancy can be computed from DBP_{ND} . Peak or average occupancy can be computed.	A priori information about the shape/timecourse of the intervention is needed.
rFRTM2 ⁶²	Regularized full reference tissue model.	Same as SRTM2, except for the instantaneous exchange between the tissue compartments: k_4 is not infinite.	Reduces some bias compared to the dynamic SRTM2, specifically in regions of small BP_{ND} values.	More complex computation with additional iterations to estimate k_4 required.

Effects of physiology on PET/MR signals after an intervention

An intervention designed to change receptor occupancy usually also induces changes in physiology. By nature of its measurement, fMRI signals either directly measure changes in physiology (CBF, CBV) or are influenced by a combination of physiological changes (BOLD). While a large body of research has shown the link between fMRI and neuronal activity,⁶⁵ combined PET has the potential to further aid in disentangling pure physiology from molecular and neural components.

Measurements by PET itself, however, ideally should not depend on physiology. One of the main confounds that has been debated in the literature is the potential effects of blood flow changes on the delivery rate constant of radiotracers and thus PET outcome measures. This question has been investigated through simulations^{57,60} but the latest evidence has come from a simultaneous PET/MR study: Increases

in blood flow were induced using hypercapnia while observing dopamine receptor availability using PET radiotracers. No changes in PET signals were found despite very large changes in blood flow.⁴⁵

Truly integrated data analysis has the potential to explore multi-modal variables from simultaneous PET/MR studies. For example, measurements of blood flow can provide insights into delivery and washout of PET radiotracers. From a technical and practical perspective, data quality can be improved by integrating motion estimates from both modalities in the data reconstruction. Additional ideas are provided in the advances and opportunities section, highlighting the importance of methodological advances.

Pharmacological PET/MRI

In the following sections, we present simultaneous PET/MRI studies of neuroreceptor systems. The emphasis will be on the dopamine, opioid and serotonin systems because these neurotransmitter systems are

Table 3. Comparison of key models for PET quantification and fMRI analysis that capture time-dependent changes during a scan.

Functional MRI method	Description	Key assumptions	Features	Limitations
Functional MRI: block or event-related ^{21,33}	Task-based or repeated stimulus intervention assessed by a general linear model (GLM).	Shape of the hemodynamic response function due to neuronal activation.	Robust outcome measures together with appropriate statistics and with sufficient repetitions within an experiment.	Interventions that are long-lived may not be distinguishable from baseline. Physiological noise can be a barrier in certain cases.
Pharmacological MRI ¹²	Functional MRI with a pharmaceutical as the intervention.	Timecourse of the pharmacological intervention may be data-driven or based on knowledge from PK/PD.	Evaluation of hemodynamic changes due to a pharmaceutical.	Effects of drugs that have many targets may be more complex to interpret with phMRI alone.
Functional connectivity ¹³⁹	Resting-state or task-activated functional connectivity between brain regions with synchronous temporal activity or fluctuations.	Brain regions that display synchronous activity are functionally connected.	Mainly a data-driven approach with several analysis technique choices.	No directionality.

common targets for neurological and psychiatric therapeutics. For this reason, abundant literature describing pharmacology and *in vivo* imaging exist. Examples of simultaneous PET/MRI studies with acute exogenous drug challenges that induced changes in radiotracer binding and caused time-varying pharmacological MRI responses are shown in Figures 2 and 3.

The dopamine system

The neurotransmitter dopamine plays a key role in a number of neuromodulatory functions, including reward and attention. The vast majority of clinically approved therapeutic drugs in psychiatric and movement disorders target dopamine receptors. Radiotracers for the excitatory D₁-like receptors (D₁/D₅), the inhibitory D₂-like receptors (D₂/D₃/D₄) and the dopamine transporter exist and have been used to study receptor-specific function.⁶⁶ PhMRI studies together with microdialysis studies have shown that functional signals tightly correlate with dopamine release.^{12,67} Using simultaneous PET/MRI to study the dopamine system, advances have been made to understand the molecular component of fMRI and to characterize the downstream signaling of dopamine receptor binding, which is summarized below.

The most frequently employed radiotracer in the context of dopamine receptors is [¹¹C]raclopride,⁶⁸ an antagonist that targets D₂/D₃ receptors. This radiotracer is favored due to its ability to reliably quantify receptor availability in the striatum and its relatively fast kinetics. The first study that integrated dynamic PET and phMRI for mapping neuroreceptor function used a D₂/D₃ receptor antagonist drug challenge⁴⁴: [¹¹C] Raclopride was used both as a radiotracer and pharmacological challenge while acquiring PET and fMRI signals simultaneously, and demonstrated neurovascular coupling to any receptor occupancy for the first

time. Coupling between D₂/D₃ receptor occupancy and fMRI signal due to pharmacological injection of unlabeled raclopride was shown in anatomical space, in time and with dose.⁴⁴

As a counterpart to the antagonist effects, the functional effects of D₂/D₃-specific receptor agonists have been also been examined using simultaneous PET/fMRI. A study of the D₂/D₃ receptor agonist quinpirole demonstrated neurovascular coupling to receptor occupancy in anatomical space and with dose,¹⁴ similar to the antagonist challenge. However, the direction of the fMRI signal was shown to be the opposite to an antagonist challenge, i.e. receptor occupancy correlated with negative cerebral blood volume changes in striatal regions, consistent with the inhibitory nature of D₂/D₃ receptors (Figure 3). Discrepancies in dynamic timecourses between PET and fMRI due to the agonist drug challenge provided measures of receptor desensitization and internalization¹⁴ (Figure 3), a quantity not otherwise accessible *in vivo*.

The link between D₂ neuroreceptor distribution, drug action and brain function, evaluated as changes in CBF, was also investigated in the context of antipsychotics: Given a single effective dose of an antipsychotic, an increase in striatal CBF was found that could also be correlated with receptor distribution and *DRD2* mRNA expression profiles.⁶⁹ Consistent with other pharmacological studies, all four investigated antipsychotics showed a spatial neurovascular coupling to baseline receptor density profiles. A similar study that investigated seven clinical drugs relevant in psychiatry showed that coupling between receptors and neurovascular responses is applicable to several receptor targets. Distinct relationships were found between drug-induced CBF changes and a range of associated underlying receptor densities.⁷⁰

Simultaneous PET/fMRI in these pharmacological studies was critical in demonstrating neurovascular

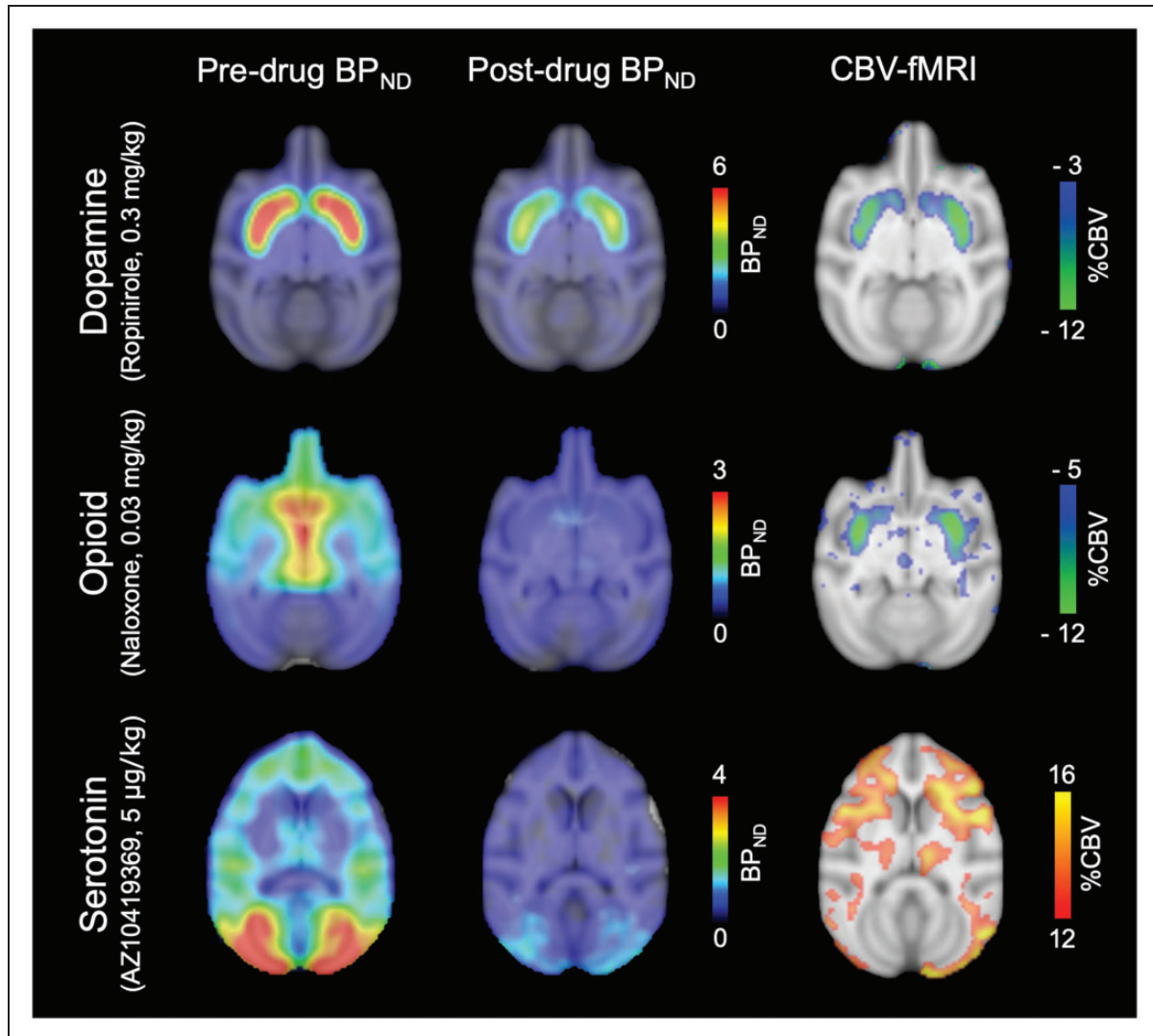


Figure 2. Pharmacological PET/fMRI maps from three different neurotransmitter systems in response to pharmacological challenges in non-human primates. For imaging the dopamine, opioid and serotonin systems, the radiotracers [^{11}C]raclopride, [^{11}C]carfentanil and [^{11}C]AZ10419369 were used, respectively. *Left and middle column:* Non-displaceable binding potential (BP_{ND}) maps are shown at baseline (pre-drug) and after administration of ropinirole, naloxone and AZ10419369, respectively. *Right column:* Voxelwise maps show simultaneously acquired peak percent cerebral blood volume (%CBV) changes due to the respective pharmacological challenges. Corresponding timecourses from the same experiments are shown in Figure 3.

coupling to dopamine receptor occupancies, and to decipher differential effects of dopaminergic drug function and receptor trafficking. Combined multi-modal imaging is likely going to deliver further insights into detailed dopamine receptor dynamics, adaptations and function in the living brain.

The opioid system

The opioid receptor (OR) system comprises mu- (MOR), delta- (DOR), kappa- (KOR), and orphan receptor subtypes with corresponding endogenous peptides endorphins, enkephalins and dynorphins. Because

of the significant role of ORs in mediating pain, addiction, placebo effects, as well as affective and reward processes, several OR-selective radiotracers have been developed. [^{11}C]carfentanil, a MOR agonist, has been widely used in human research because of its favorable kinetic properties. KOR-selective agonist and antagonist radiotracers were developed in the past few years resulting in ongoing preclinical and clinical studies investigating the KOR system.

Opioid antagonists, such as naltrexone, have been shown to attenuate reward properties possibly through opioid-mediated effects on the dopamine system. In a sequential PET/MRI study, a pharmacological

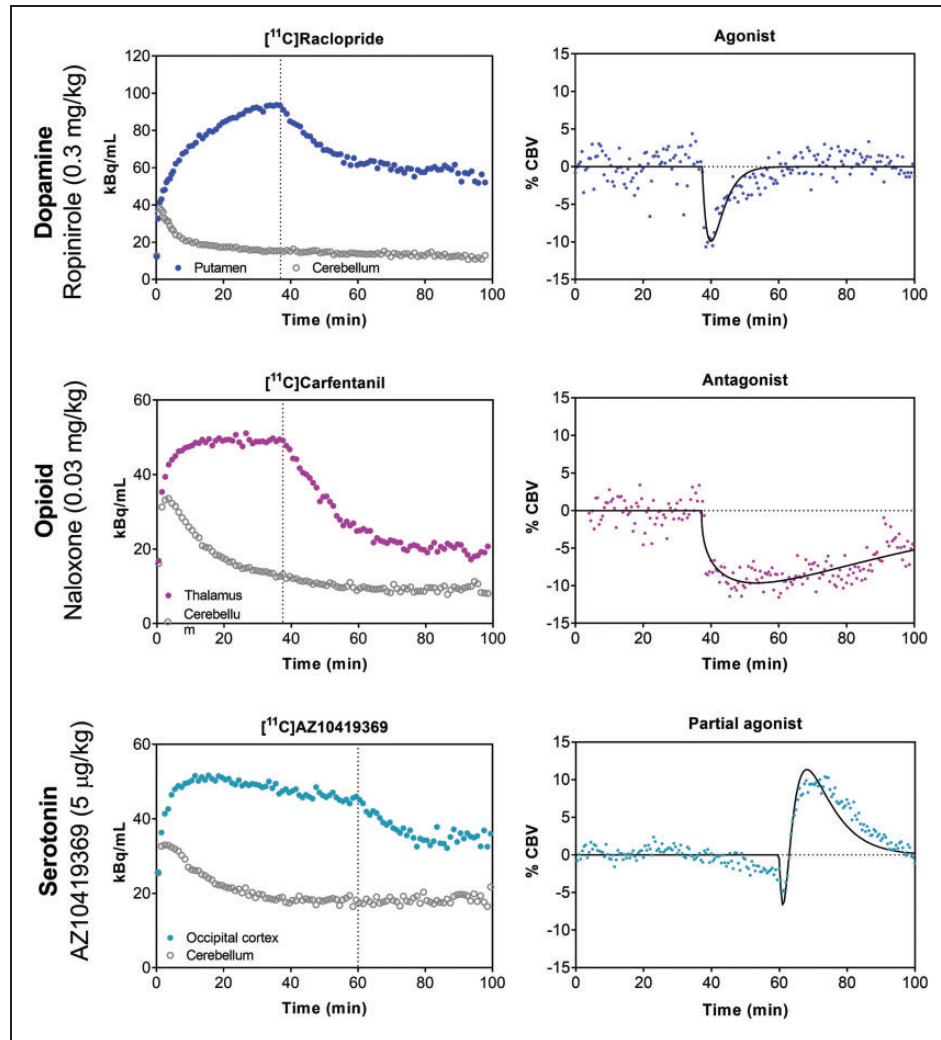


Figure 3. Examples of dynamic timecourses of simultaneous PET and fMRI experiments with pharmacological challenges. *Left column:* In all three cases, the radiotracer was administered as a bolus-infusion and a within-scan pharmacological challenge was injected at the dotted vertical line. *Right column:* Simultaneously acquired fMRI signals are shown as percent cerebral blood volume (%CBV). For the dopamine system, the D_2/D_3 receptor agonist ropinirole was used to displace [^{11}C]raclopride binding and elicited a short-lived negative %CBV response. For the opioid system, the μ -opioid receptor antagonist naloxone was used to displace [^{11}C]carfentanil binding and elicited a longer-lasting negative %CBV response. For the serotonin system, the 5-HT $_{1B}$ receptor partial agonist AZ10419369 was used to displace [^{11}C]AZ10419369 binding and elicited a biphasic %CBV response. Corresponding voxelwise maps to these timecourses are shown in Figure 2.

challenge experiment with the opioid inverse agonist GSK1521498 was performed in healthy subjects to evaluate whether naltrexone attenuates behavior-reinforcing effects.⁷¹ Both naltrexone and GSK1521498 showed a dose-dependent reduction in [^{11}C]carfentanil binding, confirming target engagement. However, only GSK1521498, but not naltrexone, showed significant attenuation of fMRI responses to palatable food stimuli in the amygdala. The lack of naltrexone-related modulation on fMRI signals was attributed to the generation of metabolites that complicate the pharmacodynamic profile of naltrexone.

Although done separately, this study is an example for the power of combining PET and fMRI data to quantify and characterize drug properties. Future experiments examining the temporal signal changes of both PET and fMRI may offer new insights into pharmacokinetics and pharmacodynamics (Figures 2 and 3).

Given the effectiveness of MOR agonists for pain management, it is surprising that only a few pharmacological PET (using [^{11}C]diprenorphine) and fMRI studies investigated the effects of MOR agonist/partial agonists on brain function in animal models or

humans.^{72–74} Preliminary studies by our group have identified paradoxical PET signals change induced by MOR agonists. We attribute the results to agonist-induced receptor trafficking such as receptor desensitization and internalization. Studies are currently ongoing to validate this hypothesis.⁷⁵ Concurrent PET and fMRI measurements may offer a new way to help differentiate drug-radiotracer competition vs. receptor trafficking.

The serotonin system

Serotonin (5-HT) is a neurotransmitter that signals through a total of 14 different receptors to modulate brain function. Here, we will focus on the 5-HT_{1A} and 5-HT_{1B} receptors, both of which have been tied to a variety of physiological and pathological processes, notably in anxiety, mood and cognition.^{76–80}

Two studies used simultaneous PET/MRI to characterize the functionality of 5-HT_{1A} and 5-HT_{1B} receptor drugs *in vivo*. Vidal et al.⁸¹ studied two selective and structurally related 5-HT_{1A} agonists (NLX-101 and NLX-112), which were shown to preferentially stimulate different signaling pathways *in vitro*.^{82,83} Significant positive and negative BOLD signal changes were found at low 5-HT_{1A} receptor occupancies (<20%) in 5-HT_{1A} receptor-rich areas of the cat brain. The spatial pattern of the drug-induced fMRI responses was compared between the two drugs to infer differential signaling patterns. The comparison of drug-induced BOLD signal changes was based on the administered dose (in mg/kg). However, given that the two agonists have different affinities for their respective targets, equal drug doses could result in different receptor occupancies. Hence, it would have been advantageous to compare the BOLD signal changes based on the measured 5-HT_{1A} receptor occupancy. This study highlights the fact that structurally very similar drugs can have differential effects *in vivo*, and it presents one example of how PET/MRI can be used to investigate functional selectivity of drugs quantitatively and *in vivo*. Hansen et al.¹⁵ used a partial agonist AZ-10419369 to investigate the functional consequences of activating the 5-HT_{1B} receptors. A dose-dependent effect of AZ10419369 on receptor occupancy (Figure 2) and a linear correlation between the drug dose and the peak changes in CBV was found. Taking advantage of the high temporal resolution and the long dynamic phMRI scans, it was possible to follow the functional effect of the drug: a bi-phasic response was observed with a short-lasting decrease in CBV and a longer lasting increase in CBV (Figure 3). The biphasic response was thought to be a combination of postsynaptic 5-HT_{1B} receptor activation and a 5-HT_{1B} receptor-mediated decrease in glutamate release,

respectively. These two studies show how simultaneous PET/MRI can inform us about different aspects of pharmacology – not just the functionality of the drugs but also the consequences of activation of different downstream mechanisms and how the temporal information of the phMRI response plays an important role in the interpretation of the drug responses.

Simultaneous PET/MRI can also be used to investigate the mechanism of action of existing drugs beyond target engagement. Citalopram, a serotonin transporter reuptake inhibitor, is a well-known treatment option for patients with major depressive disorder. In a simultaneous PET/MRI study, the effects of citalopram on functional connectivity⁸⁴ and serotonin transporter occupancy⁸⁵ were studied in healthy volunteers. The strength of this study is that the authors employ three different models to resting state fMRI analysis: (1) Modeling using individual plasma concentrations of citalopram, (2) a linear ramp function representing the infusion of citalopram or (3) modeling using individual changes in [¹¹C]DASB binding (i.e. transporter occupancy of citalopram). By employing these models, the authors are not only taking advantage of the spatial co-registration but more excitingly also the temporal information by which subjects may react differently in magnitude and timing to the drug intervention. Other examples of incorporating PET into fMRI analysis, are the studies of changes in functional connectivity following administration of MDMA (3,4-methylenedioxy-N-methylamfetamin, also known as ecstasy)⁸⁶ and lysergic acid diethylamide (LSD),⁸⁷ respectively. They used an *in vivo* serotonergic atlas⁸⁸ to inform the fMRI analysis about the distribution of various serotonergic receptors and transporter. Both studies find that the change in functional connectivity induced by the drugs can be explained through the binding to their respective targets. Although these two examples are not simultaneous PET/MRI studies, they combine information about neuronal activity, anatomy, specific serotonin receptor density, and advanced computational models to define new fingerprints of the drugs and potentially result in a better understanding of response to treatment.

PET/MRI of endogenous neurotransmitter release by pharmacological challenge or behavioral modulation

Endogenous neurotransmitter release can be induced not only by pharmacological challenges, but also through sensory-motor stimuli or behavioral tasks. While fMRI studies are widely used to localize areas of brain activity, PET studies, albeit smaller in numbers, have been used to pinpoint and quantify

neurotransmitter release. When used in isolation, each technique mainly provides correlational measurements to the task. The power of multi-modal imaging with PET/fMRI, however, is the potential to inform about molecular and neural mechanisms associated with a cognitive task. While such studies could theoretically be carried out sequentially, the uncertainty about robust reproducibility of an effect and potential changes in physiology are a major limitation, especially in complex cognitive tasks or when signal changes are small. The use of a hybrid PET/MR system decreases intrasubject variability by avoiding repeated measurements on separate imaging systems, as well as the accompanied attentional bias and adaptation, which would in turn directly affect task performance and hence brain activation.

The dopamine system

Since the neurotransmitter dopamine is involved in a vast range of behavioral or cognitive functions and is disturbed in brain dysfunction,^{89,90} it has been a target of interest in a range of functional imaging studies. Combined PET/fMRI studies that employ radiotracers targeting dopamine receptors can shed a light on the underlying molecular nature of fMRI signatures and provide mechanistic interpretation. In this section, we focus on studies that used combined PET/MRI in order to learn more about endogenous dopamine function and integrated information from both modalities.

Endogenous dopamine levels can be increased through stimulants, which stimulate the release of dopamine and/or block the reuptake of dopamine in the synapse. The effects of oral methylphenidate, which blocks the dopamine transporter, were investigated with the high affinity D₂/D₃ receptor radiotracer [¹⁸F]fallypride and functional connectivity in non-human primates.⁹¹ Methylphenidate decreased [¹⁸F]fallypride binding potential in the head of caudate, which was then shown to negatively correlate with dorsolateral prefrontal cortex, precuneus and hippocampus using functional connectivity. A similar negative relationship between dopamine release and functional connectivity was also demonstrated in healthy human volunteers after oral methylphenidate administration.⁹² As more studies investigate the consequences of dopamine release on functional networks, we may be able to determine whether dopamine is a major modulator in this context.

Dopamine levels have also been shown to be altered in several psychiatric disease states,^{93,94} although the exact mechanisms and functional consequences are still not understood. Specifically, amphetamine-induced dopamine release has been used as a model to ask the question whether the capacity to release

dopamine is altered.^{18,95,96} In PET/MRI studies that used sequential acquisitions in schizophrenia patients, the dopamine response was blunted and showed a significant association to working-memory BOLD activation in the prefrontal cortex.¹⁸ In a study with similar methodological approaches but in the context of major depressive disorder that used the D₃-preferring agonist radiotracer [¹¹C]PHNO, neither receptor availability nor dopamine release capacity showed correlations to a ventrostriatal BOLD response to reward prediction error.⁹⁶ Using a dual-tracer approach to measure both dopamine synthesis using [¹⁸F]DOPA and release capacity with [¹¹C]PHNO in healthy subjects, the former was associated with greater salience network connectivity, whereas dopamine release capacity was associated with weaker connectivity.⁴⁷ Overall, these findings demonstrate that altered dopamine release affects cortical function. Certainly, further investigations are needed to understand the intricacies of dopamine release and function in these complex disorders.

There are several studies that have investigated the involvement of endogenous dopamine release on cognitive functions.⁹⁷ In a multi-modal study using [¹¹C]raclopride, striatal dopamine release was detected during normal speaking and correlated to fMRI activity in the anterior putamen.⁹⁸ Since dopamine function is altered in aging, dopamine may also play a role in tuning striatal circuits to adjust cognitive flexibility.⁹⁹ Paired with behavioral interventions, PET/fMRI has the potential to elucidate the involvement of dopamine in cognition and its role in modulating distributed brain function and networks.

PET/MRI has also been used to study the relationship between baseline or altered dopamine receptor availability and modulation of functional networks. Using the D₁ radiotracer [¹¹C]NNC112 and a working memory task to modulate functional networks, correlations between striatal and cortical D₁ receptor availability and prefrontal connectivity were found to be positive during a task and negative at rest only for striatal D₁ receptor availability.²⁰ Using the D₂ radiotracer [¹¹C]raclopride, however, an increased striatal D₂ receptor availability correlated with decreased functional connectivity.¹⁰⁰ In a separate study, increased connectivity between striatal and extrastriatal D₂ receptor availability was determined in patients with schizophrenia with a high-affinity radiotracer.¹⁰¹ Whether the positive vs. negative correlations found in these studies are driven by excitatory vs. inhibitory dopamine projections, and correlate with behavioral measures,¹⁰² is an intriguing area of research. Due to whole-brain coverage that both PET and fMRI can provide, comparing striatal vs. extrastriatal or excitatory vs. inhibitory dopaminergic and functional network

modulations is an exciting research area that PET/MR can be used to expand to.

The opioid system

A few studies have investigated the effects of behavioral stimuli (such as pain, placebo, and reward) on modulating endogenous MOR release.^{46,103–106} Both simultaneous and sequential PET/fMRI have been used with a common goal of exploring the correlation of task-evoked fMRI response and the decrease in PET binding potential (as an indicator of endogenous opioid release). It was found that experimental pain and vicarious pain activate similar brain regions responsible for pain processing^{46,104} and positive correlation between colocalized fMRI and PET signal changes was found in the thalamus suggesting that pressure pain causes changes in opioid neurotransmission that contribute a significant component of the fMRI signal change in this region.⁴⁶ On the other hand, a negative correlation between cerebral MOR availability and BOLD responses was observed in sensorimotor regions, insula, and prefrontal cortex when seeing others in pain, suggesting that the endogenous opioid system also plays a role in vicarious pain.¹⁰⁴ In addition to pain, MOR is also believed to be involved in placebo analgesia and analgesic acupuncture.^{103,107} However, no correlation between fMRI and PET signal changes was reported in two studies investigating placebo analgesia in healthy volunteers and patients with migraine.^{103,107} A small cortical region in the orbital frontal cortex showed colocalized fMRI and PET signal changes (fMRI activation and reduction in PET binding potential as measured with [¹¹C]diprenorphine) to verum acupuncture but not placebo acupuncture.¹⁰³

Opioid receptors and peptides are abundantly expressed in the human reward and reinforcement circuit. Therefore, a few studies investigating the role of MOR system to reward stimuli have also been conducted.^{105,106} It has been shown that endogenous MOR availability is associated with anticipatory reward responses to palatable (versus non-palatable) foods. Furthermore, changes in MOR binding after aerobic exercise are associated with changes in brain responses to foods versus nonfoods, and to palatable versus nonpalatable foods as measured using fMRI.^{105,106}

These PET and fMRI studies using physiological challenges or behavioral tasks to induce endogenous opioid release have enhanced our understanding of the opioid systems in pain and reward processes. Future studies taking advantage of simultaneous PET/MRI capability to investigate the temporal evolution of PET and fMRI signal changes to challenges/behavioral tasks would be of great interest.

The serotonin system

While measurements of changes in endogenous neurotransmitter with PET have been successfully performed in the dopamine and opioid system, so far only two serotonergic radiotracers have shown the necessary sensitivity: [¹¹C]AZ10419369, a 5-HT_{1B} receptor partial agonist and [¹¹C]Cimbi-36, a 5-HT_{2A} receptor agonist.³⁰ To the best of our knowledge, only one simultaneous PET/MR study has been conducted including a task-based/behavioral intervention. In this study, subjects were presented with autobiographical images during the scan, and a subsequent increase in CBF and 5-HT release (as measured with [¹¹C]AZ10409369) was found. Changes in BP_{ND} and CBF were strongly correlated in the occipital cortex indicating that 5-HT signaling may be involved in the processing of visual stimuli and/or visual attention.¹⁰⁸ Simultaneous PET/MRI studies leveraging radiotracers that are sensitive to changes in endogenous 5-HT and appropriate interventions could give insight into the 5-HT's role in sensory and behavioral processing.

A few sequential PET/MRI studies are also worth mentioning because the experimental design would be interesting to translate into a simultaneous PET/MR imaging setting. For example, several studies have investigated the relationship between the 5-HT_{1A} receptor, in particular the autoreceptors located in the raphe nuclei, and emotional processing.^{109–112} A behavioral paradigm well-suited for simultaneous PET/MRI is the point-subtraction aggression paradigm (PSAP). The PSAP was used in a sequential PET/MR study to explore the link between amygdala reactivity to provocations and 5-HT_{1B} receptor binding in a cohort of men displaying a wide range of aggressive behavior.¹¹³ Investigating the 5-HT_{1A} and 5-HT_{1B} autoreceptors with behavioral paradigms in different patient populations or with pharmacological interventions could pinpoint 5-HT's role in emotional processing. Furthermore, this could inform about receptor subtype involvements and enable investigating time-scales of emotional processing and its regulation.

The glutamate system

As the main excitatory neurotransmitter in the human brain, glutamate is intimately involved in a multitude of homeostatic and cognitive functions. Given glutamate's vital role, observed correlations between decreased functional connectivity and reduced glutamate receptor availability are plausible,¹¹⁴ although other studies cross-validating this with PET/MRI are still in its infancy. From a technical perspective, magnetic resonance spectroscopy (MRS) is an established technique to image glutamate, glutamine and other

metabolites.¹¹⁵ Conversely, PET radiotracers that target the glutamate system are still relatively novel. Notwithstanding this, the potential to cross-validate and measure glutamate using PET/MRI is obviously an exciting arena for an integrated scanner. This has been exploited by evaluating metabotropic glutamate receptor subtype 5 (mGluR5) availability while measuring glutamate-to-glutamine ratio during recovery of sleep. Interestingly, prolonged wakefulness increased striatal glutamate while also elevating mGluR5 availability,¹¹⁶ thereby posing a question mark on a common interpretation of linking glutamate release with a reduction in metabotropic receptor availability. Another simultaneous PET/MRI study by Tuura et al.¹¹⁷ demonstrates an acute decrease in striatal glutamate after stimulation with N-acetyl-cysteine was observed with MRS, while no changes in mGluR5 availability were measured by PET. Certainly, the relationship between changes in glutamate as measured by MRS and mGluR5 availability is intriguing and likely to be the subject of future PET/MRS studies.

Advances and opportunities for simultaneous PET/MRI

The reviewed literature in this article is meant to provide an overview of combined PET/MRI studies that investigate the dopamine, opioid, serotonin and glutamate systems. Continuing this line of work has tremendous potential, but it is equally important to enhance our *in vivo* understanding of other neurotransmitter systems, such as the acetylcholine or the GABA systems. We eagerly await studies on all neurotransmitter systems, and we encourage the continued discussion on optimized experimental designs, analysis methods and interpretation of data.

Novel MRI and PET techniques translatable for human use

To further advance the field of PET/MRI, it is important to continue developing new tools and methods that enable neuroscientific discovery and address clinical needs. Improved spatial and temporal resolution is of broad interest and can be achieved by, e.g., novel MR pulse sequences or novel PET radiotracer administration methods. This may enable detection of small signal changes due to small dose or efficacy of drugs, or possibly from small anatomical areas, such as small subcortical structures or laminar organization of the cortex.

Mapping neuronal activity based on glucose utilization with [¹⁸F]FDG is an established method from the 1980s for human brain mapping.¹¹⁸ Novel methods, based on continuous infusion of [¹⁸F]FDG, have been developed that allow PET/fMRI acquisitions with

repeated stimuli during one imaging session to infer dynamic changes in brain metabolism.^{119–124} To date, this has been mainly shown for selective sensory stimuli but this type of method may bring together cognitive neuroscience approaches from fMRI and PET measures of metabolism.

New MRI methods providing novel contrasts could offer additional neurochemical measurements that complement PET. Using PET and MRS, Brownell et al.¹²⁵ showed that the neurochemical changes following pharmacological degeneration of dopaminergic neurons are dynamic and complex. As another example, glutamate chemical exchange saturation transfer (CEST) MRI has demonstrated feasibility to map glutamate distribution in human subjects.^{126,127} However, how the total glutamate concentration (as measured by MRI/MRS) compares to the availability of glutamate receptor subtypes (as measured by PET) remains to be explored. Manganese-enhanced MRI has been translated to a PET imaging tool, which now allows for clinical studies exploring anatomy, functionality and connectivity.¹²⁸ Finally, combining receptor-specific PET/MRI with physiology or other (non)-invasive neuronal measurements in a trimodal approach, e.g. by adding electroencephalography (EEG),¹²⁹ may further expand our understanding of receptor-driven brain function.

Despite extensive efforts, there are still many receptors for which molecular imaging probes do not exist. Radiotracer development is, much like central nervous system drug development, a complex and costly process, but fortunately new radiotracers for existing and new targets continue to emerge.²² It will be exciting to see on how simultaneous PET/MRI can be used in a synergistic way to investigate other protein targets.

Interventions with novel pharmacological challenges

Pharmacological imaging enables us to translate knowledge about drug–receptor interactions from *in vitro* studies to *in vivo* systems. To date, the majority of drugs can be classified as antagonists or agonists, with a further subclassification into partial and inverse agonists. In recent years, we have learned that agonists can possess functional selectivity, i.e. agonists can exhibit a preference or bias for specific downstream mechanisms.¹³⁰ The above-mentioned drugs bind to orthosteric sites, yet, allosteric binding sites also exist for some targets. Studies investigating the *in vivo* behaviors of biased agonists and allosteric modulators are still awaiting.

Receptor conformation can be modulated by specific drugs and affect functional responses. Our understanding of how drugs affect receptor states and subsequent signaling pathways is still limited. Simultaneous PET/

MRI would be a powerful technique for investigating this plethora of receptor pharmacology.

Genetic manipulations of the central nervous system

The advancement of genetic and chemogenetic technologies, such as gene knock-in/knock-out animal models, gene-editing by CRISPR-Cas9, or pharmacogenetic approaches (Designer Receptors Exclusively Activated by Designer Drugs, DREADDs) has revolutionized how we can selectively silence or activate specific cell-types in the central nervous system.¹³¹ Combining these novel genetic tools with PET/MRI provides new opportunities to investigate neuronal circuits during selective activation or inhibition of specific cells. For example, a study has demonstrated that activating the serotonin-generating neurons induces different fMRI signal patterns compared to systematic administration of serotonin reuptake inhibitor.¹³² Chemogenetically silencing neurons that express endogenous KOR peptide precursors resulted in altered metabolic activity, as measured with [¹⁸F]FDG PET.¹³³ Using the CRISPR-Cas9 technique, modified antibodies equipped with a tag for site-specific bioconjugation of radioisotopes have been shown to reduce non-specific binding in excretion organs in preclinical PET imaging.¹³⁴ The CRISPR-Cas9 technique has also been applied to create a non-human primate model of autism spectrum disorder by disrupting the SHANK3 gene. The genetically modified non-human primate had no obvious difference in brain morphology; however, decreased metabolic activity was measured with [¹⁸F]FDG PET.¹³⁵ These early animal studies are excellent examples demonstrating the feasibility of integrating novel biological tools to precisely manipulate neuronal systems while monitoring the functional consequences *in vivo* using imaging methods.

Novel models for integrated PET and MRI data quantification

Quantification of dynamic PET and MRI data requires advanced models. However, to date, there are only a few examples that combine PET and MRI data within a given model. Scott et al. investigated the relationship between PET radiotracer delivery and quantitative CBF with ASL MRI. A modified SRTM was developed to reduce the acquisition time of [¹⁸F]florbetapir by exploiting the simultaneously acquired CBF data.⁵⁴ In this model, the CBF information is used to derive a delivery-related kinetic parameter by assuming linearity. By incorporating CBF information obtained by MRI, the authors demonstrated comparable PET outcome measures with 50% reduced PET scan time.

Novel models can also be created to infer biological phenomena. Sander et al.¹⁴ demonstrated that dynamic PET together with time-varying phMRI data can estimate receptor desensitization and internalization rates, a quantity not previously accessible *in vivo*. This and other types of adaptation mechanisms may also be influenced by acute versus chronic dosing schemes or routes of administration. New models that integrate information from PET can help differentiate how, e.g., D₁ versus D₂ receptor subtypes contribute to fMRI signals.⁵¹ Additional development of models incorporating temporal changes that exploit the simultaneity of PET and MRI signals is encouraged. These may inform us about more detailed pharmacokinetic profiles of administered drugs or represent the time-scales of downstream signaling pathways. Finally, machine learning tools may provide a powerful way of extracting maximal information from PET/MRI.¹³⁶

Creative experimental design to probe receptor systems interactions

Receptor systems do not work in isolation. When a pharmacological or behavioral intervention perturbs one neurotransmitter system, interconnected systems can be modulated at the same time. One example is amphetamine, a dopamine releaser and reuptake inhibitor, which also releases norepinephrine, serotonin and endogenous opioid peptides.^{17,137,138} Thus, caution should be exercised when interpreting the functional response to complex pharmacological challenges or behavioral tasks. While PET could quantify receptor occupancy when a selective radiotracer is used, fMRI responses may capture the combined downstream effects of multiple receptor systems. Despite this potentially painting a more complicated assessment, experiments can be designed in such a way to build a neurochemical connectome by using specifically targeted drugs,^{14,44} genetic animal models or stimulation of specific neuronal population.

Conclusion

Simultaneous PET/MRI is a powerful technique with a unique capacity to improve our understanding of the *in vivo* functionality of different pharmacological tools. Receptor-specific measures from multi-modal imaging studies have already advanced our understanding of networks and brain function. Taking advantage of temporal domains from simultaneous acquisitions has provided a window into molecular and brain functional dynamics, and future studies would benefit from further exploration of temporal dynamics in experimental design and analysis. Appropriate tools and powerful interventions can take us a step forward in

understanding endogenous neurotransmitter (dys)function in health and disease. Altogether, PET/MRI imaging is likely to play a key role in deciphering *in vivo* neurobiology through novel insights into receptor pharmacology, signaling pathways and brain function modulated by the plethora of neurotransmitters.

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