TOPIC PAPER



Single institution followed by national implementation of systematic surgical quality control and feedback for radical prostatectomy: a 20-year journey

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Abstract

Purpose The demand for objective and outcome-based facts about surgical results after radical prostatectomy (RP) is increasing. Systematic feedback is also essential for each surgeon to improve his/her performance.

Methods RP outcome data (e.g., pT-stage and margin status) have been registered at Sahlgrenska University Hospital (SUH) since 1988 and patient-related outcome measures (PROM) have been registered since 2001. The National Prostate Cancer Registry (NPCR) has covered all Regions in Sweden since 1998 and includes PROM-data from 2008. Initially PROM was on-paper questionnaires but due since 2018 all PROMs are collected electronically. In 2014 an on-line "dashboard" panel was introduced, showing the results for ten quality-control variables in real-time. Since 2017 all RP data on hospital, regional, and national levels are publicly accessible on-line on "www.npcr.se/RATTEN".

Results The early PROM-data from SUH have been used for internal quality control. As national clinical and PROM-data from the NPCR have been made accessible on-line and in real-time we have incorporated this into our pre-existing protocol. Our data are now internally available as real-time NPCR reports on the individual surgeons' results, as well as ePROM data. We can compare the results of each surgeon internally and to other departments' aggregated data. The public can access data and compare hospital level data on "RATTEN".

Conclusions The process of quality control of RP locally at SUH, and nationally through the NPCR, has been long but fruitful. The online design, with direct real-time feedback to the institutions that report the data, is essential.

Keywords Prostate cancer \cdot Radical prostatectomy \cdot Quality control \cdot PROM

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Introduction

The methods for quality control of surgical procedures, such as radical prostatectomy, have dramatically changed over time. When Hugh H. Young described the radical prostatectomy procedure in four cases in 1905 [1], surgeons provided their own quality control, with no external validation. After the anatomic radical prostatectomy was described by Walsh and co-workers in the early 1980s [2], the number of prostatectomies soared and the need for systematic quality control became evident [3]. The principal goals of the procedure remain the same since Walsh's pioneering work, i.e., cancer control, urinary continence and preserved erectile function—"trifecta". However, patients and health care providers have often had to rely on the individual surgeons' self-claimed excellent results and results published by high-volume tertiary centres. Today, in the information era, and



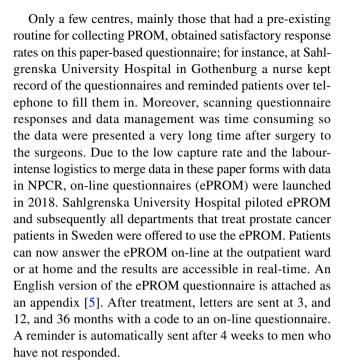
with increasing surgical volumes, this is clearly insufficient. Both patients and health care providers demand objective and outcome-based facts about surgical results. Moreover, for the individual surgeon, detailed feedback on their results to raise their self-knowledge from subjective high self-confidence to objective individual results regarding both cancer control and patient-reported outcomes measures (PROM) such as continence, erectile function and mental well-being is essential.

This paper describes the journey from local initiatives to a standardised nationwide quality-control system for radical prostatectomy patients in Sweden. This now enables detailed information for patients, public health care providers, decision makers and individual surgeons, and allows for benchmarking of both patient selection and the execution of this common surgical procedure.

Materials and methods

In 1987 the first regional prostate cancer registry started in the south-western region of Sweden. During the 1990s the number of regional registers of various aspects of prostate cancer care increased successively and these have been merged to the National Prostate Cancer Registry (NPCR). At Sahlgrenska University Hospital in Gothenburg, radical prostatectomy outcome data have been prospectively collected since 1988. PROM was added in January 2001. A baseline questionnaire was given to patients before surgery that included questions on continence, erectile function and inguinal hernia formation. Follow-up questionnaires were sent by mail at 3, 6, 12, 18, 24, and 36 months after surgery. Feedback from PROM-data was given to each individual surgeon regularly and were openly discussed within the group.

In 2004 the preparations started for the first national prostate cancer guidelines. The guideline group saw the need for a national PROM questionnaire to enable comparisons between hospitals, but it took several years before agreement was reached on which questions to use. In 2008 the National Prostate Cancer Register (NPCR) of Sweden expanded the number of variables registered and incorporated the first version of a national PROM questionnaire for the assessment of side-effects and symptoms after curative treatment with either radiotherapy or surgery for non-metastatic PC [4]. The paper-based questionnaire was handed out to patients at the treating unit together with a stamped and addressed return envelope, in which to send it to the Regional Cancer Centre (North) in Umeå, where the data were optically scanned and stored. Follow-up questionnaires were subsequently sent directly to patients at 6 and 18 months and at 3 and 5 years after treatment.



In 2015 a specific radical prostatectomy register was introduced. The surgeons fill in an on-line form immediately after the procedure. The surgeons' identity is coded and the code key is kept at the department. Later, other staff report post-operative blood transfusion, any complications during the procedure and the final histology.

All units have on-line access to all of their own data and can compare the results for the individual surgeons at the clinic, and can also compare their results with other units' aggregated results and the national average. All data in NPCR can be presented for specific time periods and for specific groups of patients, defined by age, cancer characteristics, base-line erectile function, et cetera.

An on-line "dashboard" panel was introduced in 2014, which in real time shows the results for ten selected quality-control variables for the past 12 months [6]. The variables are chosen to represent pertinent aspects of the care provided and the level of performance for each indicator, based on aims set by the national steering board of the NPCR, is coded green (high level), yellow (intermediate level) or red (low level), to give an immediate overview of the unit's performance (Fig. 1). A similar dashboard for oncological prostate cancer services was introduced in 2015. The proportion of nerve-sparing procedures for low- and intermediate-risk tumours and the proportion of negative surgical margins for pT2 tumours are selected as important quality indicators and included on the urological "dashboard". As both overtreatment of low-risk prostate cancer and undertreatment of localised high-risk prostate cancer, the latter especially in elderly men, remain a problem, indicators of these parameters are also included in the dashboard [6, 7]. Once a parameter





Fig. 1 Screenshot from the National Prostate Cancer Registry's (NPCR's) on-line real-time "dashboard" showing the 10 selected quality control variables. The variables are chosen to represent pertinent aspects of the care provided and the level of performance for

each indicator, based on aims set by the national steering board of the NPCR, is coded green (high level), yellow (intermediate level) or red (low level), to give an immediate overview of the unit's performance



reaches a green, high level, of performance it can be changed by the national steering board to a different indicator where the level of performance on a national level is insufficient.

In 2017 another step forward was taken when NPCR made data publicly available on-line (www.npcr.se/ RATTEN) [8]. On this web-site radical prostatectomy data are now publicly available on national, regional and local levels for a given calendar year or merged for several years: The number and type (open, robotic) of procedures, the number of surgeons and how many prostatectomies each surgeon performed (Fig. 2), the number and proportion of nerve-sparing procedures and of pT2 tumours, and the number and proportion of specimens with cancer in the surgical margin, stratified by pT-stage (Fig. 3). Furthermore, data on various waiting times (e.g., from referral to diagnosis, from diagnosis to treatment), on diagnostics (e.g., distribution of risk classifications, number of needle biopsies) and on choice of primary treatment (e.g., active surveillance, surgery, radiotherapy or watchful waiting) are also published. All these data can be stratified according to cancer risk group. Individual surgeon's results are accessible only at their own department.

Parallel to the development of the national register data, Sahlgrenska University Hospital's efforts to secure quality control of radiology, pathology, and short-term complications/re-admittance rates have continued. Every second week there is a prostate MRI conference, where all scans for the next 2 weeks' cases are demonstrated and the surgical plan is discussed. All procedures are video recorded and saved in a shared data base, so that all surgeons can view each other's procedures and discuss complications and technical issues. Every other second week the surgeons meet with a pathologist who demonstrates all specimens with a pT3-4 cancer and/or a positive surgical margin. The degree of nerve sparing and other technical issues are discussed in the light of the preoperative information and the postoperative findings. As a complement to the NPCR a local re-admission registry is kept of all patients undergoing surgery at Sahlgrenska University Hospital. A local "re-admittance record" of all procedures performed at the department is also kept to identify any deviancy from the expected post-operative course.

A spin-off effect of the work with quality indicators, which also included pathologists and radiologists, was a mutual understanding of the need for standardising anatomic definitions. Based on a consensus between the pathology, radiology, and urology departments at Sahlgrenska University Hospital, a national template of the prostate was established in 2017 and is recommended in the national guidelines for prostate cancer care (Fig. 4).

Results

The early PROM-data from Sahlgrenska University Hospital have been used for internal quality control as well as identification of new potential complications from the start. In 2006 we could identify a 20% rate of inguinal hernia within 2 years after open radical prostatectomy [9], which was not a recognised complication at that time. In 2014 we analysed the inter-individual surgeon variability of oncologic and functional results and identified a greater heterogeneity within the group of surgeons than expected [10]. Initially, the internal reports were somewhat unstructured, but in 2015 a systematized feedback was introduced, with regular quarterly reports showing all individual surgeon's results for pT-stratified margin status and 3- and 12-month continence and erectile function.

The overall coverage of the NPCR has been very high in most clinics from the start in 2008 and is today as high as 98% [4]. Over the years we have incorporated the NPCR and ePROM into our pre-existing quality control protocol, and phased out the local paper-based PROM. The coverage of paper-based PROM has been relatively stable between 70 and 80% and this level has been maintained after the introduction of the ePROM. A work to identify which patients do not answer the ePROM and the reasons behind this is ongoing with the aim to increase the level of coverage to as near 100% as possible. Our data are now internally available as real-time NPCR reports on the individual surgeons' results, such as the proportions of nerve sparing for low- and intermediate-risk cancers and of positive margins (Fig. 5), as well as ePROM data for baseline, 3- and 12-months' continence and erectile function (Fig. 6). We can compare the results of each surgeon within the department and the department's aggregated data to other departments. The departments thus have access to more granulated and up-dated results than what is publicly available on RATTEN [8]. The publication of the data on this publicly available on-line platform has made comparison possible of results from different clinics by regional authorities, patient organisations and the general public. Some of the patient organisations are now organising seminars for their members on how to access the data to put pressure on the local clinic and health care providers to optimize their performance.

By use of the Sahlgrenska University Hospital' readmission register, we identified an increased rate of readmissions within 30 days of surgery from 6.5% in 2014 to 10.3% in 2016. An investigation group found that the increase in readmissions was mainly due to anastomotic leaks. The group reviewed the procedures videos together with the surgeons and identified some surgical steps for dissecting the apex and the urethra and suturing of the



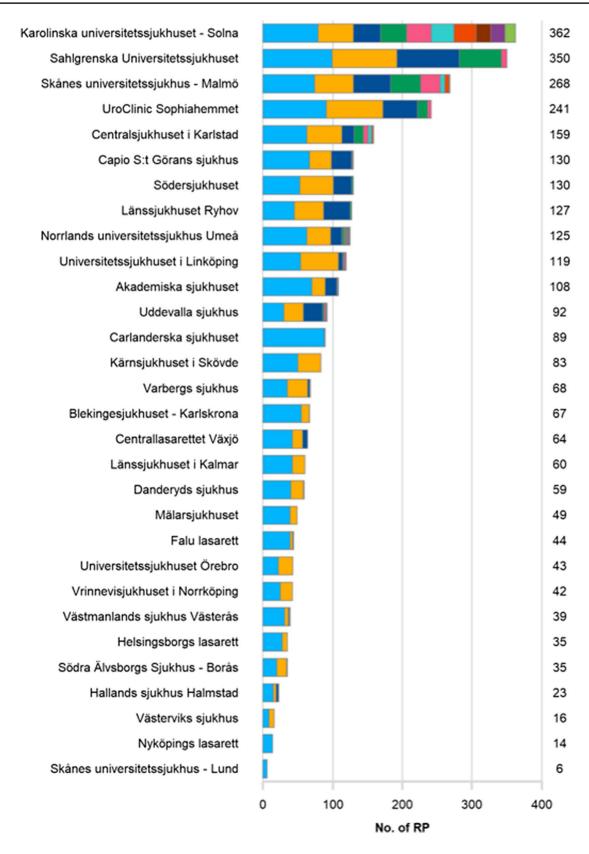
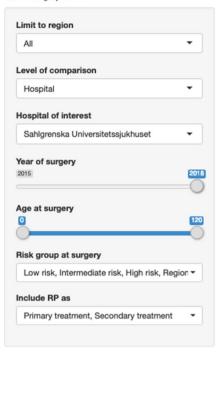


Fig. 2 Screenshot from "RATTEN". Number of radical prostatectomies per surgeon per hospital in 2018. Each colour in the hospitals' bar represents one surgeon



(a) Nerve sparing resection

Year of surgery: 2018.



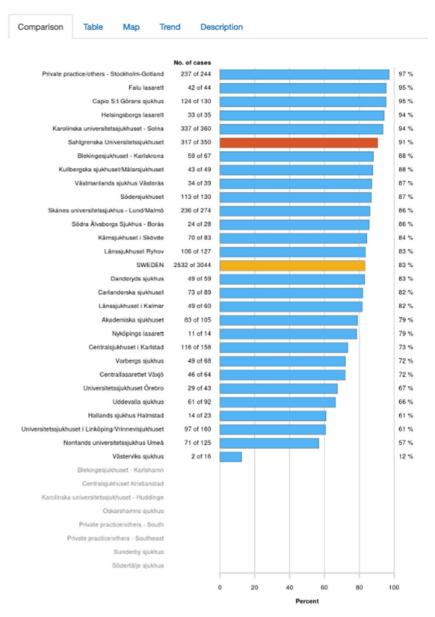


Fig. 3 Screenshots from "RATTEN". All risk groups are included. The Swedish national average is shown as a yellow bar and Sahlgrenska University Hospital is selected as the hospital of interest and is therefore shown as a red bar. Proportions of nerve-sparing proce-

dures per hospital (a), proportion of pT2 tumours (b), rate of negative surgical margins in pT2 specimens (c) and rate of negative surgical margins for all pT stages (d)

anastomosis that might have been the cause of the leaks. After a literature review a consensus decision was made by all surgeons to change the technique, which immediately led to a drop of the readmission rate to under 5% where it has remained.

After the introduction of the common prostate template in the National Guidelines for prostate cancer in 2017 it

has been successively incorporated at urology, pathology and radiology departments throughout Sweden. The rate of implementation has varied between departments, hospitals and regions throughout Sweden but we are now rapidly approaching a full incorporation in clinical use by most Swedish public prostate cancer care providers including surgeons, pathologists, and radiologists.



(b) Proportion pT2 after RP

Year of surgery: 2018. Comparison Table Man Trend Description Limit to region All versitetssjukhuset Örebro 31 of 39 Level of comparison 47 of 62 Centrallasarettet Växjö 76 % Hospital Private practice/others - Stockholm-Gotland 175 of 236 74 % 38 of 52 Danderyds siukhus 73 % Hospital of interest Capio S.1 Görans siukhus 94 of 129 73 % Sahlgrenska Universitetssjukhuset Varbergs sjukhus 37 of 51 73 % Nyköpings lasarett 10 of 14 71 % Year of surgery Kullbergska sjukhuset/Målarsjukhuset 71 % 2008 Västerviks slukhus 9 of 13 69 % Carlanderska sjukhuset 42 of 61 69 % Age at surgery Länsslukhuset Ryhov 77 of 113 68 % Länssiukhuset i Kalmar 38 of 58 66 % Skånes universitetssiukhus - Lund/Malmö 155 of 239 65 % Risk group at surgery SWEDEN 1703 of 2786 61 % 61 % Low risk, Intermediate risk, High risk, Region ▼ sitetssjukhuset i Linköping/Vrinnevisjukhuset Include RP as Akademiska sjukhuset 59 of 100 Västmanlands sjukhus Västeräs 23 of 39 59 % Primary treatment, Secondary treatment Karolinska universitetssiukhuset - Solna 191 of 330 58 % Centralsiukhuset i Karlstad 90 of 157 57 % Helsingsborgs lasarett 16 of 28 57 % Södra Álvsborgs Sjukhus - Borás 20 of 35 57 % Sahlgrenska Universitetssjukhuset 159 of 286 56 % 52 % Uddevalla sjukhus 46 of 91 Hallands sjukhus Halmstad 48 % 10 of 21 Kärnsjukhuset i Skövde 36 of 79 46 % Nordands universitetssiukhus Umeā 48 of 114 42 % Falu lasarett 18 of 44 41 % Blokingesiukhuset - Karlshamn Minska universitetssjukhuset - Huddinge Private practice/others - South Sunderby sjukhus Sõdertälje sjukhus 100

Fig. 3 (continued)

Data from NPCR have also been used as a base for concentration of prostate cancer surgery in the western region of Sweden. There are nine publicly funded hospitals in the region and historically eight of these performed radical prostatectomies. In 2010 a total of 475 publicly funded radical prostatectomies were performed in the region. The regional health care authorities then decided to concentrate the procedures to four hospitals to ensure an annual number of procedures of at least 50–100/centre. In

2018 these four hospitals performed a total of 563 radical prostatectomies.

Discussion

Many men have permanent side effects from prostate cancer surgery without benefitting from the procedure in terms of a prolonged life [11–13]. By excising periprostatic tissue widely we can increase the chance of



(c)

Positive/uncertain surgical margin after radical prostatectomy

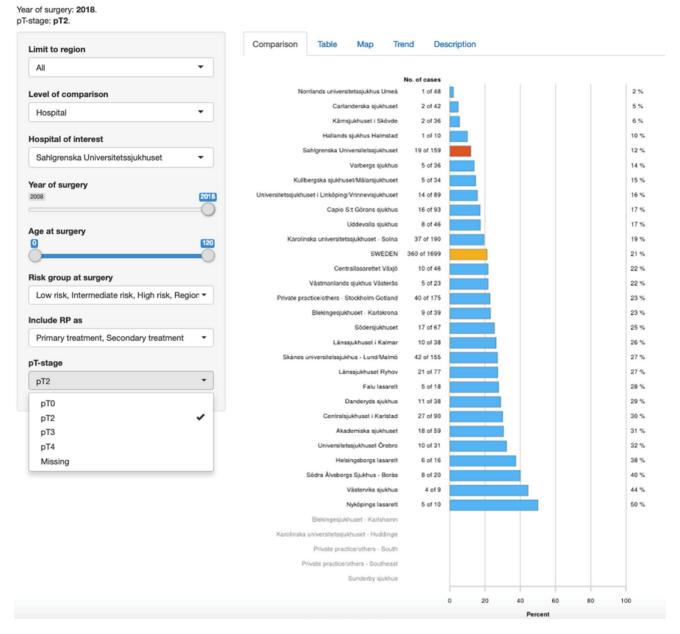


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removing the whole tumour and achieve negative surgical margins, but at the same time increase the risk of urinary and sexual dysfunction. Vice versa, sparing peri-prostatic tissue to maintain functional outcomes may result in a positive surgical margin. The provision of structured and detailed information about patient outcomes to the operating surgeons is likely to facilitate an optimal balance in the surgical planning and execution [14, 15]. However, issues related to the treatment choice have been shown

to be as important to the patient as the results of surgery [16]. It is therefore of utmost importance to properly select and implement adequate quality control indicators that not only include the objective clinical outcomes of surgery, but also waiting times, staging investigations, treatment information and access to cancer specialist nurses—and how they affect the patients, using patient-reported experience and outcome measures. These indicators need to be used by each surgical centre for local quality control



Positive/uncertain surgical margin after radical prostatectomy

pT-stage: pT0 / pT2 / pT3 / pT4. Comparison Description Limit to region All Carlanderska slukhuset 8 of 60 13 % Level of comparison Capio S.t Görans siukhus 21 of 128 16 % Hospital 10 of 50 20 % Universitetssiukhuset i Linköping/Vrinnevisiukhuset Hospital of interest Sahlgrenska Universitetssjukhuset 64 of 286 22 % Sahlgrenska Universitetssjukhuset Blekingesiukhuset - Karlskrona 16 of 64 25 % Karolinska universitetssiukhuset - Solna 86 of 328 26 % Year of surgery Kullberaska siukhuset/Mälarsiukhuset 13 of 48 27 % 2008 Private practice/others - Stockholm-Gotland 65 of 236 28 % Centrallasarettet Växjö Age at surgery Uddevalla siukhus 120 Norrlands universitetssiukhus Umeå 35 of 114 31 % SWEDEN 852 of 2775 31 % Risk group at surgery Kärnsjukhuset i Skövde 25 of 79 32 % Helsingsborgs lasarett 9 of 28 32 % Low risk, Intermediate risk, High risk, Region ▼ 17 of 52 33 % 19 of 57 33 % Akademiska sjukhuset 34 of 100 34 % Primary treatment, Secondary treatment Hallands siukhus Halmstad 8 of 21 38 % pT-stage Lánssiukhusat Ryhov 45 of 113 40 % Skanes universitetssiukhus - Lund/Malmö 95 of 237 40 % pT0, pT2, pT3, pT4 Universitetssiukhuset Örebro 41 % pT2 Centralsjukhuset i Karlstad 65 of 156 рТ3 Södersjukhuset 56 of 127 pT4 Falu lasarett 21 of 44 48 % Missina Nyköpings lasarett 7 of 14 50 % Södra Álvsborgs Sjukhus - Borás 18 of 35 51 % 7 of 13 Karolinska universitetssjukhuset - Huddinge Private practice/others - South Private practice/others - Southeast Sunderby slukhus Södertälje sjukhus 100

Fig. 3 (continued)

and improvements on surgeon and department levels. To achieve this, the reports must be easily available without delay and fed back to the surgeons with relevant benchmarking comparisons. Furthermore, the use of the same instrument for quality control across institutions is obviously also important and in the past few years there have been initiatives for developing internationally uniform PROM questionnaires. The International Consortium for Health Outcome Measures (ICHOM) has suggested

a standardized set of patient-related health outcomes for tracking, comparing, and improving treatment value for localized and advanced prostate cancer [17, 18]. In the footsteps of these publications the "TrueNTH Global Registry" was established as an international registry monitoring care provided to men with localized prostate cancer, based on the ICHOM data fields and consisting of data from 25 different collecting centres, representing 113 sites in 13 countries [19]. A problem with this registry has been



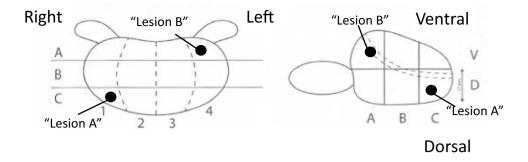


Fig. 4 Common template of the prostate used by urologists, pathologists and radiologists throughout Sweden. The location of a lesion is described by coordinates starting from right to left by a number

(1-4), followed from base to apex by a letter (A-C) and finally dorsal (D) or ventral (V). The location of "Lesion A" in the figure would be described as 1CD and "Lesion B" as 4AV

the differences in various variables between the local databases as well as with the ICHOM definitions. Variables such as treatment start dates correlated well and therefore had good coverage, whereas the definitions of complications and comorbidities had poor agreement between centres and thereby had low coverage in the new registry [19]. After the publication of these suggested ICHOM variables by Martin et al. and Morgans et al. an internal comparison to the NPCR variables were made [17, 18]. The NPCR steering group concluded that many of the new variables suggested by ICHOM agreed poorly with the variables that were used in Sweden since several years. The NPCR therefore decided not to change the currently used variables, as this would have made longitudinal national comparisons difficult.

Most existing PROM questionnaires used by ICHOM and others for follow-up after radical surgery for prostate cancer were recently reviewed by Protopapa et al., who concluded that the evidence is poor for that they are appropriate for assessing the outcome of individual patients in other domains than urinary and/or sexual function [20]. Hence, there is no evidence for that the data quality would be improved by changing currently used questionnaires. There is definitely a need for continuous validation and updating of the different existing questionnaires. As more and more PROM variables are being validated, a successive change towards evidence based and commonly shared variables is likely.

At Sahlgrenska University Hospital, the open and direct feedback of all prostate surgeons' results on positive surgical margins and functional PROM data have formed the base for a discussion within the group of surgeons how to improve the results and minimize the heterogeneity within the group with the aim to reduce the previously reported heterogeneous results for the individual surgeons [10].

In Sweden, benchmarking between institutions has previously not been possible because of the low response rates of PROM. We hope that the recently launched nation-wide

ePROM will increase the response rate. The demand from patient organisations, politicians, health care authorities and the public to get data to compare different care providers will be a strong incentive to take part of the national quality control system.

"Third party assessment", i.e., independent staff assessing the outcome (not the operating surgeon) is essential to get unbiased data reported by the patients [21]. It is likely that the patients will be more truthful in their feedback if they do not directly hand over the evaluation to the person who performed the procedure. This has also been confirmed in cooperation and discussions with the patient's representatives that have been part of the PROM-process for many years. Therefore, the follow-up questionnaires are signed by a common regional representative in each of the six Swedish health care regions.

The national consensus to make aggregated and qualitycontrolled data on hospital level data publicly accessible has been well received by the profession, the patient organisations and the media. Data from "RATTEN" are now also staring to be used by media as well as patient organisations to put pressure on the health care authorities and the individual clinics to optimize the results of prostate cancer surgery in Sweden. Whether or not to also publicly publish individual surgeons' results is debated both in Sweden and internationally [22]. In the UK, each prostate cancer surgeon reports his/her results in a national, public database [23]. Arguments against open reporting include that it may lead to an aversion to take on more difficult cases, as these may "worsen" the surgeon's results, leading to a shift in case mix towards low-risk tumours where curative treatment is unlikely to be beneficial. It could also be debatable if the surgeon him/herself should be doing the reporting, as in the UK example. A way to avoid bias and case mix shift would be the patient-reported outcomes through a "third party assessment" as in the NPCR and to include indicators such as "proportion of low risk cancer managed with active surveillance" in the quality registry to ensure that the "wrong" patients are



Fig. 5 Screenshots from the National Prostate Cancer Registry's (NPCR's) on-line real-time reports showing the proportion of nerve-sparing procedures for low- and intermediate-risk cancers per surgeon at Sahlgrenska University Hospital (a) and the proportion of negative surgical margins for pT2 tumours per surgeon at Sahlgrenska University Hospital (b)

Report: npcr-treatment-rp_nervesparing

Define report parameter values		
Period from:	2018-01	
Period until:	2018-12	
Age from:	(no selection)	11
Age until:	(no selection)	11
Risk category:	Very low risk, Low risk(other), Low risk(missing), Intermediate risk	
Type of surgery:	Retropubic, Laparoscopic, Robot assisted, information missing	
	ОК	

Nerve sparing resection

Very low risk/ Low risk(other)/ Low risk(missing)/ Intermediate risk Period: 2018-01-01 – 2018-12-31



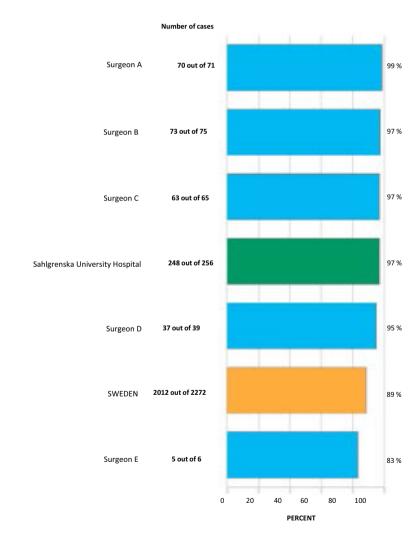




Fig. 5 (continued)

Report: npcr-treatment-rp_margin

Define report parameter values			
Period from:	2018-01	*	
Period until:	2018-12		
Age from:	(no selection)	-	
Age until:	(no selection)		
Risk category:	All		
pT stage:	pT2		
Type of surgery:	Retropubic, Laparoscopic, Robot assisted, information missing		
	O		

Proportion of cases with negative margins





14. How many pads do you use every day because of urinary leakage?

- 1) No pads
- 2) Less than 1 per 24 hours
- 3) Approximately 1 per 24 hours
- 4) Approximately 2 per 24 hours
- 5) Approximately 3-4 per 24 hours
- 6) Approximately 5 or more per 24 hours

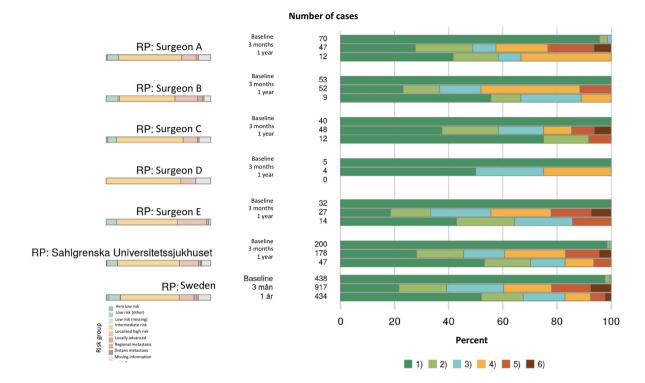


Fig. 6 Screenshot from National Prostate Cancer Registry's (NPCR's) on-line real-time report showing daily pad use for urinary leakage before and 3 and 12 months after surgery per surgeon at Sahlgrenska University Hospital compared with the hospital and national average. The colours of the bars to the left show the risk-group distri-

bution and of the bars to the right the continence, ranging from "No pad" (dark green) to "Around 5 or more pads per 24 h" (brown). All data in the report are from the ePROM questionnaire introduced in January 2018, hence the low number of patients who completed the 12 months questionnaire

not selected for surgery. Making individual surgeons' results available within the department is less controversial and considered crucial for quality improvement over time [14, 15].

The nationally accepted common prostate anatomy template rendering a common language used by the radiologist, the urologist and the pathologist alike to describe the exact location of a lesion for cognitive targeted biopsies, for the planning of surgery and for comparison of confirmed lesions on preoperative imaging and postoperative histopathology. This paves the ground for further quality improvement of future diagnostics and results. However, it is too soon to draw any firm conclusions on the effect of this.

The radical prostatectomy quality control journey in Sweden is far from finished or perfect, but it is our firm belief that it is on the right track. The process of building the NPCR, and achieving its high compliance rates has been long, but the momentum has always come from within: the profession's own drive for improvement. The online design, with real-time feedback to the reporting units, has provided an obvious benefit. Cooperating with the patients' organisations in this process, has been extremely valuable and should not be omitted in any such work.

Conclusions

The recipe for success in quality assurance is to choose adequate indicators, to present data in a reader-friendly manner actionable format, to dedicate enough time and resources to report data and to regularly analyse and discuss outcomes. If all these steps in the process are not well-executed, the gathering of the data is a waste of time, and surgeons will continue to believe that their results are better than they actually are.



Local and national efforts in Sweden to aggregate and feedback clinical and PROM data for the quality control of prostate cancer surgery have been successful. We argue that this has improved, and will continue to improve, the prostate cancer care for Swedish men.

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Author contributions JS: protocol/project development, data collection or management, data analysis, manuscript writing/editing. EA: data collection or management, manuscript writing/editing. IFL: data collection or management, manuscript writing/editing. PF: data collection or management, manuscript writing/editing. MF: data collection or management, manuscript writing/editing. JH: protocol/project development, data collection or management, manuscript writing/editing. AK: protocol/project development, data collection or management, manuscript writing/editing. KKM: data collection or management, manuscript writing/editing. PL: data collection or management, data analysis, manuscript writing/editing. PS: protocol/project development, data collection or management, data collection or management, manuscript writing/editing. PS: protocol/project development, data collection or management, manuscript writing/editing. MR: data collection or management, data collection or management, data analysis, manuscript writing/editing. MR: data collection or management, data analysis, manuscript writing/editing. MR: data collection or management, data analysis, manuscript writing/editing.

Compliance with ethical standards

Conflict of interest The authors have no disclosures or potential conflicts of interest regarding the subject of the article.

Ethical approval The study is covered by the Research Ethics Board in Uppsala approval number 2016-239. In NPCR, as in all other clinical cancer registries in Sweden, the legal aspect of registration is an opt-out procedure. Men are informed about registration to NPCR but there is no collection of informed consent. However, a man can select opt-out and his data will then not be used for studies such as the present.

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