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Cellular crosstalk in the development and regeneration of the respiratory system

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Abstract

The respiratory system, including the peripheral lungs, large airways and trachea, is one of the most recently evolved adaptations to terrestrial life. To support the exchange of respiratory gases, the respiratory system is interconnected with the cardiovascular system, and this interconnective nature requires a complex interplay between a myriad of cell types. Until recently, this complexity has hampered our understanding of how the respiratory system develops and responds to postnatal injury to maintain homeostasis. The advent of new single-cell sequencing technologies, developments in cellular and tissue imaging and advances in cell lineage tracing have begun to fill this gap. The view that emerges from these studies is that cellular and functional heterogeneity of the respiratory system is even greater than expected and also highly adaptive. In this Review, we explore the cellular crosstalk that coordinates the development and regeneration of the respiratory system. We discuss both the classic cell and developmental biology studies and recent single-cell

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analysis to provide an integrated understanding of the cellular niches that control how the respiratory system develops, interacts with the external environment and responds to injury.

When animals moved from a water-based environment to land, they had to evolve a system to derive oxygen from the air and dispose of waste gases such as carbon dioxide. The respiratory system in mammals is generally divided into the upper respiratory tract and the lower respiratory tract. The upper respiratory tract encompasses the nose or nostrils, nasal cavity, mouth and throat (pharynx) and terminates at the voice box (larynx). The lower respiratory tract consists of the trachea and the lungs, which are further subdivided into terminal and respiratory airways and the peripheral alveoli, where gas exchange occurs (Fig. 1a). Lungs are found in most terrestrial animals, including amphibians, birds, reptiles and mammals. Although lung structure differs between species, gas exchange with the cardiovascular system remains its core function. Coordinating the development and homeostasis of an organ as complex as the lungs requires critical cell-intrinsic changes and cell-cell interactions. To achieve this complexity, the mammalian lung undergoes a progressive developmental process starting with specification of the endoderm progenitors in the anterior foregut followed by postnatal maturation of the gas exchange interface. These processes are further defined by specific cellular and tissue developmental events such as proximal-distal patterning of the endoderm and mesenchyme to specify large and small airways, branching morphogenesis of the airways, which expands the respiratory tree, and postnatal alveologenesis, which subdivides the peripheral alveoli into a larger surface area for optimal gas exchange. To maintain its functions throughout animal life, the respiratory system is able to counter insults and injuries by mounting a regenerative response and repopulate the tissue with the different cell types. Defects in any of these processes can result in a severe reduction in respiratory function and can lead to various respiratory diseases (Supplementary Table 1). All of these compartments within the respiratory system contain distinct stem cell lineages critical for tissue regeneration after injury and in the context of chronic diseases.

In this Review, we focus on the development and regeneration of the spatially complex cellular micro-environments (niches) within the respiratory system, focusing on the lower respiratory tract, including the trachea and lungs. We explore how cellular crosstalk helps to define and generate the complex architecture of these niches in development and after injury. Recent technical innovations are highlighted and certain differences between the mouse and human respiratory systems are discussed to underscore where future investigations are needed to begin to address the lack of targeted therapies for lung disease.

Foregut

The portion of the gut tube that gives rise to several organs, including the oesophagus, stomach and the entire respiratory tract.

Mesenchyme

Mesoderm-derived cells and tissue.

Branching morphogenesis

The developmental process that generates the branched ductal tree-like structures observed in multiple organ systems, including lung, pancreas, kidney, liver, prostate gland, mammary gland and circulatory system. The process is characteristically marked by tube outgrowth and tip branching.

Pseudostratified epithelium

A single layer of epithelial cells all with contacts to the basal laminal surface but with different positions of nuclei, giving the appearance of stratified layers.

Cellular composition

The respiratory system in its totality is composed of multiple branched tissue systems, including the airways and blood vessels. While the branching patterns of these tissues differ between species, the general tissue organization is remarkably similar. The entire mammalian respiratory system is lined with epithelial cells. The larger airways of the respiratory system, including the trachea, are underlaid with bands of smooth muscle and in larger mammals, including humans and animals such as pigs and sheep, cartilaginous rings, both of which provide support and tone to airway flow. The branched structure of the airways is paralleled by the pulmonary vasculature, which eventually intersects with cells in the alveolus to form the gas diffusible interface.

Main epithelial cell types

The trachea and proximal airways in humans as well as in the mouse consist of a pseudostratified epithelium, which contains multiple cell lineages, including multiciliated cells, secretory cells, goblet cells and basal stem/progenitor cells (BSCs) (Fig. 1b,c). Functionally, multiciliated cells have cilia on the apical surface that shuttle inhaled particulates and mucus out of the airways in a retrograde manner. Mucus-producing goblet and secretory cells are a critical first line of defence for trapping inhaled particulates and microorganisms. BSCs act as resident stem cells for the trachea and proximal airways of the human respiratory system and the trachea and main stem bronchi of the mouse respiratory system, and they are capable of repopulating the pseudostratified epithelium during homeostasis and after injury. The trachea and airways are underlined with heterogeneous mesenchymal cell lineages, including cartilage around the trachea, smooth muscle and interstitial fibroblasts. These cells can act as niche-supporting cells to regulate the regenerative response of airway epithelium after injury^{1,2} (see later for further details).

Surfactant

A mixture of lipids and proteins that is secreted into the alveolar space to reduce surface tension and prevent lung collapse.

The alveoli are distinct in structure and development from the more proximal airways of the mammalian lung. The two major epithelial lineages within the alveoli are alveolar type 1 (AT1) and AT2 epithelial cells (also known as alveolar epithelial cells or pneumocytes; Fig. 2). AT1 cells are flattened and squamous. They comprise more than 95% of the gas exchange surface of the lung and intimately associate with the underlying endothelial capillary plexus (Fig. 2a) to form the thin gas diffusible interface. AT2 cells are cuboidal and produce pulmonary surfactant, which reduces surface tension to prevent alveolar collapse during respiration. Furthermore, AT2 cells can act as progenitors for AT1 cells in the adult lung and to a lesser extent during early postnatal lung maturation, when AT2 cells exhibit a final burst of proliferation^{3,4}. The underlying endothelial capillary plexus develops in the alveolar region through intussusceptive angio- genesis⁵. This process involves the spreading of a thin endothelial cell extension in which holes or pores form to bridge connections to other endothelial cells, resulting in a large web-like structure. In addition to epithelial and endothelial cells, the lung alveolus contains several mesenchymal cell lineages with distinct markers that support alveolar homeostasis and repair after injury^{1,3,6-8} (Fig. 2b; see also later).

The entire respiratory system is encased by a layer of mesothelium, which is related to tissues such as the epicardium, which lines the external surface of the heart. The mesothelium can generate certain populations of mesenchymal cells during development and is also a rich source of paracrine growth factors, including fibroblast growth factors (FGFs) and WNTs, which have an important role in patterning the airways and promoting mesenchymal cell proliferation and differentiation during respiratory system development⁹⁻¹². The role of mesothelium in adult respiratory system regeneration remains unclear.

Rare and novel epithelial cell types

The airway epithelium also contains a number of highly specialized and/or rare cell types, including the pulmonary neuroendocrine cells (PNECs), goblet cells (which are considered rare in the mouse but are abundant in the human airways), brush cells (also known as tuft cells) and ionocytes. Although the presence of some of these cell types was documented through histological techniques, newer cell-specific markers and genetic reporters have been essential in elucidating their functional significance.

PNECs appear throughout the large and small airways and are marked by expression of ASCL1, DLL1 and PGP9.5. In mice, PNECs are generally found in clusters at bronchiolar branch junctions, forming neuroepithelial bodies or as solitary cells in the upper airways and trachea (Fig. 1b,c). Unlike other epithelial cells, PNECs are innervated and can act as sensory cells within the airways. PNECs harbour secretory granules loaded with a variety of neurotransmitters in the form of amines and peptides, including calcitonin-gene-related peptide and γ -aminobutyric acid^{13,14}, and thus they are capable of connecting environmental sensation to neuropeptide and neurotransmitter outputs¹⁵. PNECs have been shown to critically modulate immune response to allergens and influence elevated mucus production^{13,16}.

More recently, single-cell RNA sequencing (see Box 1) has allowed further characterization of other airway cell lineages^{17,18}. Brush cells have a microtubule network extending to apical microvilli on the airway surface and express numerous G protein-coupled receptors, including taste receptors^{18,19}. Brush cells are also present in other mucosal tissues, including the intestine, where they act as a critical first-line innate immune defence against parasite infection, producing cytokines such as IL-25 (reFs^{20,21}).

Recently, two independent studies identified a rare cell type in the adult murine and human tracheal and proximal airways and termed these cells 'iono-cytes'. This cell type expresses high levels of the cystic fibrosis transmembrane conductance regulator gene (*CFTR*) transcript and derives from the basal cell lineage^{17,18}. Mutations in *CFTR* cause cystic fibrosis, which is associated with alterations in the viscosity of the airway mucus lining that lead to a predisposition for infections²². Owing to the unique characteristics of the pulmonary ionocytes, these new findings suggest that this cell type may be a major cellular player in cystic fibrosis. Furthermore, these studies likely represent just the beginning of a new era of mapping the cell lineages within the complex respiratory system of mammals.

In addition to the pseudostratified epithelium, airways feature unique structures known as submucosal glands (SMGs), which are tubule-acinar invaginations situated throughout the cartilaginous airways in the human respiratory system (in the mouse, SMGs are restricted to the uppermost part of the trachea). The SMGs consist of collecting ducts, ciliated ducts, myoepithelial cells and acini with serous cells and mucus-producing cells. Accordingly, by producing glandular fluids, SMGs are a companion to mucus-producing goblet cells. Myoepithelial cells are functionally required for the excretion of the glandular fluids into the airway by providing a contractile force that squeezes the acini. Notably, recent work demonstrated that myoepithelial cells can also proliferate, migrate to the airway surface and generate non-SMG luminal epithelial cells within the large airways in several models of proximal airway epithelial injury^{23,24}. These new observations suggest that the SMGs harbour reserve progenitor cells that can be evoked after severe airway injury to aid tissue repair.

Respiratory system development

Development of the respiratory tract is complex and involves concerted morphogenesis of the epithelium and the development of the mesenchyme (Fig. 3a,b). The lower respiratory tract is specified early in mammalian development, but the critical steps of alveolar maturation occur postnatally.

Lateral plate mesoderm

A portion of the primary germ layers of the embryo that resides on the periphery of the embryo and gives rise to the primordial mesoderm surrounding early lung endoderm.

β-Catenin

A critical protein in the WNT signalling cascade that is retained in the cytoplasm in unstimulated cells. on WNT- ligand stimulation, β-catenin translocates to the cell nucleus, where it cooperates with TCF/LeF proteins to promote WNT-target gene transcription.

Development of the lung epithelium during branching morphogenesis

The lung endoderm is specified in the ventral anterior foregut endoderm (AFE) at embryonic day 9.0 (E9.0) in the mouse and at approximately 4–5 weeks' gestation in the human. This specification step is noted by expression of the transcription factor NKX2.1 in the early endoderm progenitors on the ventral side of the foregut. Conversely, SOX2 expression, which is present throughout the foregut endoderm before respiratory system specification, becomes restricted to the dorsal AFE. Several studies have pointed to the necessity of WNT signalling for specification of lung endoderm progenitors within the AFE. WNT2 and WNT2b are expressed in the anterior lateral plate mesoderm and act redundantly to initiate the expression of NKX2.1 on the ventral side of the AFE through β-catenin activity^{25,26}. The proper expression of WNTs in the lateral plate mesoderm is regulated by the transcription factors OSR1, OSR2 and TBX5 (reFs^{27,28}). The early NKX2.1-positive respiratory primordium pushes ventrally and begins to pinch off and elongate into the future tracheal tube. Concomitantly, signalling pathways activated by growth factors such as FGF10 derived from the pulmonary mesenchyme promote its early outgrowth and differentiation^{29–32} (see also later). Rapidly after the formation of a distinct tracheal tube, the process of branching morphogenesis is initiated to create the extensive arborized network of airways, which is supported by the key morphogen sonic hedgehog (SHH), which is expressed in the respiratory endoderm. It has been shown that a ligand-receptor-based Turing model together with tissue geometry effects (influenced by the presence of the mesenchyme and tissue-specific expression of signalling ligands and receptors) can explain the formation of a distinct branching pattern downstream of signalling modules controlled by FGF10 and SHH³³.

In mice, the proximal-distal patterning of the airway endoderm is marked by distinct expression of SOX2 in the proximal airway epithelium and SOX9 and ID2 in the distal epithelium (Fig. 3a,c). By contrast, in the developing human lungs, SOX2 and SOX9 are coexpressed in the distal endoderm progenitors³⁴.

Cellular differentiation of the airway epithelium spans the developmental time between E9.5 and E16.5 in the mouse. Although the different epithelial lineages of the airways are not easily distinguished by morphology during early respiratory tract development, their presence can be detected through expression of distinct marker genes. As recently shown in mice, TRP63-positive basal cells are present early in development (E10.5). These cells are multipotent and capable of generating both proximal and distal epithelial lineages³⁵. Secretory cell lineage — marked by the expression of *Scgb3a2* — emerges in mice as early as E11.5 (reFs^{36,37}), whereas the presence of the multiciliated cell lineage marked by expression of the transcription factor FOXJ1 and the cilium protein β-tubulin is observed by

E14.5 (reF.³⁸). This is a brief overview of these early events in airway development, and readers are encouraged to explore more comprehensive reviews on this subject^{39–43}.

Turing model

A mathematical model of diffusion-driven instability that has been applied to biologically relevant simulations of ligand-driven morphogenetic events.

Chromatin remodelling complex

A complex of proteins that control accessibility of chromatin through modification of histones or DNA.

Multiple molecular pathways regulate cellular differentiation in the respiratory tract. SOX2 is essential for airway epithelial differentiation, and loss of its expression leads to failure of secretory and multiciliated cell differentiation^{44–46}. Notch signalling has a central role in balancing the differentiation of multiciliated versus secretory cell lineages within the developing airways. Notch signalling is required for secretory cell differentiation, and loss of Notch leads to airways populated by multiciliated cells and the absence of secretory cells⁴⁷. Conversely, activation of Notch leads to mucous cell metaplasia in the proximal airways of mice, which is associated with dramatic increases in the numbers of mucus-producing secretory cells⁴⁸. FOXJ1 is essential for differentiation of multiciliated epithelium in the airways⁴⁹.

There is now evidence that airway epithelial development is tightly coupled to epigenetic changes in chromatin. Loss of histone deacetylase 1 (HDAC1) and HDAC2 during mouse respiratory endoderm development leads to a loss of proximal airway epithelial differentiation, in part through activation of the morphogen BMP4, which promotes differentiation of the distal tip endoderm progenitors (destined for the peripheral lung) over proximal endoderm progenitors (destined for proximal airways)^{50,51}. A similar phenotype is observed on loss of the transcription regulatory protein SIN3A⁵². Since HDAC1, HDAC2 and SIN3A are all components of the NuRD chromatin remodelling complex, these studies suggest that epigenetic chromatin remodelling by the NuRD complex is critical for proximal endoderm progenitor differentiation during lung development. Furthermore, inactivation of the Polycomb repressor complex gene *Ezh2* during development leads to ectopic differentiation of TRP63-positive basal cells in the proximal airway epithelium^{50,51}.

Progression of branching morphogenesis terminates with the formation of distal alveoli. Alveolar epithelial lineages emerge from the *Sox9*-positive-*Id2*-positive distal tip endoderm in mice. Previous work using lineage tracing of *Id2*-positive cells during development indicated that before E13.5 these cells are multipotent and can give rise to both proximal and distal epithelial cell types⁵³. At E16.5, the differentiation of *Id2*-positive cells is restricted to distal alveolar cell fates. In mice, AT1 and AT2 cells mature just before birth, but the exact timing of AT1 and AT2 cell fate specification and their lineage relationship are active areas of study. Data from lineage tracing experiments with *Id2*-positive cells suggest a progressive lineage restriction model of alveolar epithelial cell fate commitment, whereby progenitors

give rise to AT2 cells, some of which later differentiate into AT1 cells⁵³. However, another study demonstrated the presence of a bipotent ‘alveolar epithelial progenitor’ (AEP) in late lung development at E18.3 that was capable of simultaneous generation of AT1 and AT2 cells⁵⁴. Recently, a study combining detailed single-cell RNA sequencing analysis along with novel lineage tracing models (Box 1) was used to show that AT1 and AT2 cells commit to their respective fates early in lung development⁵⁵. This period of AT1 and AT2 cell specification runs concurrently with other processes, such as branching morphogenesis and proximal-distal patterning of the airway endoderm, indicating that cell fate decisions in the lung endoderm occur far earlier than previously thought⁵⁵. In addition, there is evidence that mechanical cues have an important role in AT1 versus AT2 cell lineage specification during lung development. An important source of such forces is the inhalation of amniotic fluid, which occurs as a consequence of fetal breathing movements that start at around E16.5 in mice. This amniotic fluid inhalation was found to be required for proper AT1 cell fate specification⁵⁶. By contrast, differentiation into the AT2 lineage was shown to depend on cell protrusion out of the airway tubules towards the mesenchyme. This cell protrusion was associated with actomyosin-regulated reduction of the apical surface area of protruding cells, which protected the protruding cells from experiencing mechanical forces exerted by the inhaled amniotic fluid, thereby preventing acquisition of the AT1 cell fate⁵⁶.

Development of the lung mesenchyme

The morphogenesis of the lung epithelium occurs in concert with the specification of mesenchymal lineages. As soon as the early lung bud emerges from the anterior foregut, it becomes surrounded by lateral plate mesoderm, which will develop into the various mesenchymal lineages within the lungs and trachea. How the mesenchyme differentiates into mature lineages and how it influences the adjoining epithelium and endothelium to provide the diverse architectural niches in the adult lung is still elusive.

Recent studies using inducible cell lineage tracing strategies have begun to elucidate the spatial and temporal differentiation of mesenchymal cells during development. It has been revealed that the lung mesenchyme originates from a multipotent pool of progenitors that can generate both pulmonary and cardiovascular mesenchymal lineages and are thus called ‘cardiopulmonary progenitors’⁵⁷. As development progresses, cardiopulmonary progenitors lose their ability to contribute towards the cardiovascular lineages and ultimately differentiate into a unique mesenchymal lineage in anatomically distinct regions, associated with the conducting airways, large blood vessels or alveolar interstitium^{57,58}. In contrast to the epithelial lineages, mesenchymal cell lineages are difficult to discern by histology alone, making our understanding of possible heterogeneity within this compartment unclear.

The mesenchyme provides signalling factors, including FGFs, WNTs, bone morphogenetic proteins (BMPs), retinoic acid and transforming growth factor- β (TGF β), that promote branching morphogenesis, epithelial and endothelial differentiation and postnatal alveologensis^{29,32,59–61}. Early studies demonstrated that the mesenchyme surrounding the distal branching tips of the airways isolated from embryonic lung buds can stimulate lung branching^{62,63}. This distal mesenchyme expresses high levels of FGF10, which is necessary for and sufficient to promote lung branching^{29–32,64} (Fig. 3b,c). FGF10 signalling functions

in part by providing a key patterning and mitogenic signal to maintain distal endoderm expansion in the lung. Lineage mapping of FGF10-expressing cells demonstrates that at E11.5 they are capable of generating several mesenchymal cell types, including airway smooth muscle (ASM), vascular smooth muscle (VSM) and interstitial fibroblasts. However, by E15.5 they become committed to generating distal alveolar interstitial fibroblasts^{65,66}.

Lamellar body

A secretory lysosomal-related organelle in the alveolar type 2 cells that stores lung surfactant phospholipids and proteins.

As lung development proceeds, the ASM and VSM differentiate to surround the proximal airways and major blood vessels. ASM and VSM differentiation is controlled by endodermal expression of WNT7b and SHH in conjunction with an autocrine WNT2 signaling^{61,67,68} (Fig. 3c). Loss of WNT signalling in the lung mesenchyme results in impaired ASM differentiation⁶⁹, whereas loss of lung endoderm-derived WNT-ligand secretion results in the loss of tracheal cartilage formation and defective vascular development^{70,71}. Recent lineage tracing has implicated cells that respond to WNT and SHH but do not express FGF10 as primary ASM progenitors, showing that these cells are a different population from the one present in the distal tip mesenchyme⁶⁶. As the ASM envelops the branching tips and stalk of the primordial airways, it has been suggested that localized ASM emergence regulates bifurcation points during branching morphogenesis⁷². However, in the absence of ASM, proximal-distal patterning of the epithelium and branching morphogenesis appear to proceed relatively normally⁷³, indicating that other mechanisms for branching are at play.

Primordial lung mesenchyme also contributes to the establishment of the pulmonary vascular network, with cardiopulmonary progenitors giving rise to endothelial cells within the large blood vessels of the lungs⁵⁷. Of note, the distal capillary plexus arises from a VE-cadherin-positive endothelial cell population that exists in the lateral mesoderm and grows into the lung very early in development. How these two different endothelial cells intermix to form the complex pulmonary vascular network is unclear. However, SHH signalling appears to have an important role as *Shh*^{-/-} mouse mutants have defects in the vascular connection between the outflow tract of the heart and the pulmonary vasculature⁵⁷.

Cellular maturation during lung alveologenesis

The final but pivotal period for development of the lung occurs primarily during postnatal life. This phase, termed 'alveologenesis', proceeds rapidly in mice, peaking within postnatal days 7–10 with a full resolution into a mature organ by 4–6 weeks (postnatal days 30–42) after birth. In humans, lung alveologenesis begins at late gestation (36 weeks of pregnancy) and persists through at least the first decade of life^{74,75}. Alveologenesis involves extensive cellular and tissue remodelling that results in the creation of a large externalized gas exchange surface area⁷⁶. These remodelling processes include a final burst of AT2 cell proliferation, an increase in pulmonary surfactant production, extensive AT1 cell flattening and considerable mesenchymal differentiation (Fig. 3d,e).

In the final stages of embryonic development, the alveolar epithelial cells begin to exhibit some of their hallmark cellular and morphological characteristics, including extensive flattening of AT1 cells and expression of pulmonary surfactant proteins and lamellar body formation in AT2 cells. While expansion of AT1 cell number ceases within the first few days after birth in the mouse, AT1 cells progressively expand their coverage of the alveolar surface area. AT1 cell flattening marks the formation of the primitive air saccules in the distal tip of the branched airways starting between E17.5 and E18.5 in the mouse. This is controlled, in part, by epigenetic factors such as HDAC3-dependent repression of the microRNA miR17–92 cluster, which results in increased TGF β signalling to promote AT1 cell flattening^{77,78}. Correlating with their important cellular alignment with the pulmonary vascular capillary plexus, AT1 cells appear to be an important source of vascular endothelial growth factor A (VEGFA)⁷⁶. However, there is paucity of experimental data regarding which signals are necessary and sufficient to cause the vascular endothelial plexus to integrate closely with AT1 cells. Some insight into the molecular regulation of this process may be gleaned from findings showing that mutations in *FOXF1* lead to alveolar capillary dysplasia, characterized by the abnormal location of the capillaries in the central portion of the alveolar septa⁷⁹. Furthermore, in mice, endothelial cell-specific knockout of *Foxf1* impaired the formation of embryonic vasculature, including the pulmonary vascular plexus, which was accompanied by a decrease in vascular endothelial growth factor receptor signalling activity⁸⁰. In the gastrointestinal system *Foxf1* has been shown to be a direct target of SHH signalling through the binding of GLI2, one of the downstream transcription factors of the SHH pathway, to the *Foxf1* promoter⁸¹. Along with the role of SHH in regulating the early connection between the pulmonary vasculature and the outflow tract of the heart (see earlier), these data suggest that SHH is critical at multiple stages of lung development by coordinating formation of the blood-gas exchange niche.

During alveologenesis, AT2 cells produce the necessary components of the surfactant system as well as proliferate and increase in number. There is a dramatic increase in surfactant protein and lipid production starting at approximately E17.5 to prepare the lungs for postnatal respiration. Defects in this process can lead to immediate respiratory distress at birth and death. With use of a reporter mouse line for the WNT-target gene *Axin2*, it was shown that there is an increase in WNT responsiveness in the AT2 cell lineage after birth: at postnatal day 4 nearly half of all AT2 cells were shown to respond to WNT (AT2^{*Axin2*} cells)⁴. Stimulation of the WNT pathway increased AT2 cell proliferation and number, whereas loss of β -catenin resulted in aberrant differentiation of AT2^{*Axin2*} cells into AT1 cells and increase in AT1 cell number at the expense of AT2 cells⁴. These observations indicate that WNT signalling balances cell differentiation in the early postnatal lung, allowing production of AT2 cells required for alveolar maturation and homeostasis (Fig. 3e).

Defects in the development and proper formation of the lung alveoli lead to severe disease in humans, including bronchopulmonary dysplasia (BPD) (Supplementary Table 1). BPD can be caused by many different types of insult, including premature birth, and is typically treated with medications that increase airflow or reduce oedema and inflammation but also may require surfactant replacement or mechanical ventilation. Some common respiratory infections can also lead to BPD. Even if the immediate symptoms of BPD are alleviated, patients may exhibit long-term consequences, including respiratory insufficiency later in life.

These observations suggest that the alveologenesis stage of lung development can be perturbed and the plasticity between AT1 and AT2 cell fate may be exploited to treat BPD and repair epithelial injury.

Apart from the specification and maturation of AT1 and AT2 cells, alveologenesis critically depends on the concerted remodelling of the pulmonary mesenchyme, which is required for alveolar maturation. The onset of alveologenesis triggers the appearance of a population of mesenchymal cells expressing elastin and alpha smooth muscle actin (ACTA2), termed 'secondary crest myofibroblasts' (SCMFs). Primitive alveoli are divided by primary septae, which are tissue ridges consisting of mesenchymal and endothelial cells lined with AT1 cells. Soon after birth in mice, the SCMFs are localized along these septal ridges. SCMFs help divide the individual alveoli and their activity promotes the formation of secondary septae, which divide the alveoli further and increase the overall surface area⁸². Genetic disruption of pathways critical for SCMF formation results in alveolar simplification, marked by a characteristic loss of secondary septae. Current models suggest that the extensive deposition of the extracellular protein elastin by mesenchymal cells and myosin-dependent force generation by SCMFs are responsible for producing secondary septae from the bulb-like primitive alveoli (Fig. 3e). The result of this remodelling is an abundance of secondary septae throughout the alveolus that are lined by AT1 epithelial cells and intermixed with AT2 cells.

Several studies have pointed to an important role for platelet-derived growth factor (PDGF) ligands expressed by the alveolar epithelium in promoting SCMF development^{83–86} (Fig. 3e). Global inactivation of *Pdgfa* in mice results in simplified alveoli, as indicated by a loss of alveolar secondary septae⁸³. As shown in mice, during alveologenesis PDGF receptor- α (encoded by *Pdgfra*) is expressed in a subset of lung mesenchyme, including SCMF cells, and inactivation of this receptor or its ligand broadly in the mesenchyme and epithelium, respectively, resulted in simplified alveoli with perturbed SCMF formation^{82,84}. Together, these data indicate that PDGF signalling is required for alveolarization owing to, at least in part, its role in promoting SCMF maturation. Additionally, lineage tracing studies have demonstrated that SCMF fate is dependent on epithelial cell-derived SHH⁸⁷. As discussed earlier, SHH-responsive mesenchymal cells develop near the airways and major blood vessels, contributing to ASM, VSM and adjacent mesenchyme^{66,87}. However, during alveologenesis SHH-responsive cells were the primary contributors to SCMF fate⁸⁷. Consistent with these observations, SHH ligand expression is enriched in AT1 epithelial cells in the postnatal lung⁸⁸. Despite these insights, mechanistic data on how the cellular remodelling processes drive alveologenesis are still lacking, and further studies are needed to define the onset of mesenchymal cell heterogeneity as well as the critical signalling pathways involved in the communication between these cells and the adjacent epithelium and endothelium.

Homeostasis and regeneration

Compared with other barrier tissues exposed to the external environment with dedicated stem cells, such as the gastrointestinal tract and the skin, the airway and alveolar regions of the lung are relatively quiescent, exhibiting low cellular turnover and proliferation at

homeostasis. However, upon tissue damage, several types of stem and/or progenitor cells are engaged that have the capacity to self-renew and differentiate into multiple cell lineages (Figs 4,5). Our understanding of the behaviour of these different stem/progenitor cell lineages is informed by the different injury models and specific lineage tracing techniques (Box 1). Finally, there is emerging evidence of the importance of the stromal cells that support the epithelial niche, including both mesenchymal and endothelial cells, in the regeneration of the respiratory system.

The airway niche and its response to injury

The murine trachea and conducting airways harbour two distinct progenitor cell populations, BSCs for the trachea and proximal airways and secretory (or club) cells in the bronchiolar airways (Figs 2,4). In the trachea, BSCs are marked by expression of TRP63 and keratin 5 (KRT5), and have the ability to self-renew as well as generate multiciliated and secretory cells. In homeostasis BSC proliferation is limited, but on exposure to chemical injury such as from sulfur dioxide, which destroys the luminal tracheal epithelia, the remaining BSCs increase their proliferation rates: they increase in number within the first 24 h and subsequently differentiate into multiciliated and secretory cells. In the mouse lower respiratory system, BSCs are found exclusively in the trachea and main stem bronchi. However, in humans, TRP63-KRT5 double-positive BSCs are found throughout most of the airway tree and therefore likely have a more pronounced role in maintaining and repairing the airway epithelium.

Naphthalene

An aromatic hydrocarbon that is metabolized to a toxic form by the airway epithelial club cell lineage in cells that express the enzyme CYP2F2. It is used to model club cell ablation.

Some airway injury models are tailored to kill specific cell types. For example, naphthalene treatment in mice results in the selective depletion of secretory cells, while multiciliated and neuroendocrine cells are mostly spared. In this model, rare surviving secretory cells that lack expression of the cytochrome P450 CYP2F2, which is required for processing naphthalene — referred to as ‘variant secretory cells’ — are capable of re-entering the cell cycle and repopulating the airways within several weeks^{89,90}. Whether secretory cells within the human lung also have similar regenerative capacity is unknown, but given the presence of BSCs throughout most if not all of the airway tree, it is unclear whether this function is required in any biologically relevant context.

Hippo signalling

A signalling pathway that controls nuclear translocation of the transcription co-activators YAP and TAZ and activation of their target genes that function as a key mechanoresponsive pathway.

The mechanisms that regulate the progenitor activity of basal and secretory cells are under active investigation. Homeostatic turnover of BSCs is regulated in part through steady-state

Basement membrane

A thin layer of extracellular matrix that provides support and separates epithelia from the surrounding tissue.

Bleomycin

A chemotherapeutic drug that elicits extensive DNA damage. It is used to model lung injury that is associated with severe damage to the epithelium accompanied by stimulation of a fibrotic response from the mesenchyme.

Diphtheria toxin

An exotoxin derived from bacteria that when expressed in a cell-specific manner leads to the selective ablation of that cell type.

The alveolar niche and its response to injury

As the functional unit of the lung, the alveolar compartment and its associated niche are indispensable for terrestrial life. As described already, the development of the alveolar compartment requires input from multiple cell types. The thin diffusible gas exchange interface, which is primarily composed of AT1 cells, pulmonary capillary endothelial cells (PCECs) and mesenchymal cells, appears extremely fragile at first glance. However, the alveolar niche responds robustly to injury and can regenerate in its entirety within a few weeks. We are now beginning to understand the cellular and molecular mechanisms that stimulate the varied epithelial, mesenchymal and endothelial cell responses to injury.

Within the alveolar epithelium, lineage tracing studies have shown that the AT2 cell population self-renews and differentiates into AT1 cells^{3,102}. This is true both in homeostasis and after injury, including lung regrowth after pneumonectomy as well as bleomycin-induced lung injury³. Similarly, specific ablation of AT2 cells via AT2-directed diphtheria toxin expression revealed that surviving AT2 cells can re-enter the cell cycle to repopulate lost AT2 cells³. A subset of AT1 cells also appear to be able to convert into the AT2 lineage after pneumonectomy in mice¹⁰³. These studies suggest that AT1 and AT2 cells both retain some level of plasticity that could be leveraged to promote a regenerative response.

Two groups have reported that WNT-responsive AT2 cells (AT2^{Axin2} cells), which are important for alveolo- genesis as discussed earlier, are also present in the mature adult lung^{7,104}. Influenza-mediated lung injury demonstrated that these AT2^{Axin2} cells proliferated in areas surrounding the most damaged regions of the lungs. They were also capable of generating a considerable number of AT1 cells after injury (Fig. 5a,b). Hence, these AT2^{Axin2} cells have been named ‘alveolar epithelial progenitors’ (AEPs)¹⁰⁴. Importantly, the AEP subset accounted for almost all of the AT2 cell proliferation observed after influenza injury, indicating that it is the primary cell lineage contributing to alveolar repair after severe injury. On the basis of transcriptome and open chromatin architecture data, AEPs exhibit a

unique transcriptional and epigenetic state compared with the AT2 population as a whole¹⁰⁴. Additional data indicate that mesenchymally derived FGF7 and FGF10 as well as WNT signalling regulate AEP self-renewal and differentiation into mature AT2 and AT1 cells^{7,104} (Fig. 5b).

In recent years, new murine reporter lines and Cre drivers have markedly aided the effort to resolve the identity of stromal cells residing in the alveolar compartment. Alveolar interstitial fibroblasts, identified with use of a nuclear-GFP reporter expressed from the endogenous *Pdgfra* promoter, were found juxtaposed to AT2 cells in the mouse lung^{3,8}. Historically, these alveolar mesenchymal cells have been characterized as lipid droplet-containing cells called lipofibroblasts^{105–107}. The *Pdgfra*-expressing mesenchyme was also shown to be important for AT2 growth in organoid assays (BOX 2) and has been referred to as PDGFRA-positive type 2-associated stromal cells (or TASCs)³.

More recent studies from multiple groups using a combination of lineage tracing, population-based RNA sequencing and single-cell RNA sequencing (Box 1) have resolved additional heterogeneity within the mesenchymal cell types in the lung. The *Pdgfra*-expressing mesenchyme is now demonstrated to comprise two distinct populations: a WNT-responsive (*Axin2*-reporter positive; referred to as Axin2-Pa) subpopulation and a *Wnt2*-expressing (referred to as Wnt2-Pa) subpopulation⁸. The Axin2-Pa cells are enriched with transcripts coding for regulators of extracellular matrix (ECM) production and for signalling molecules, including FGF7, IL-6 and BMP antagonists such as NBL1 and GREM2 (BMP — which derives from multiple cellular sources, including AT2 cells and mesenchymal cells^{6,8} — is known to inhibit self-renewal of AT2 cells at the expense of their differentiation towards the AT1 lineage). In addition, TASCs were shown to upregulate the BMP antagonist FSTL1 in response to pneumonectomy⁶.

Importantly, AT2 cells express the cognate receptors for FGF7 and IL-6. When tested in organoid cultures (Box 2), the Axin2-Pa cells but not the Wnt2-Pa cells preferentially promoted AT2 cell proliferation and differentiation into AT1 cells. Moreover, exogenous FGF7, IL-6 and GREM2 all promoted organoid formation from AT2 cells. On the basis of their unique functional phenotype and the close proximity to AT2 cells in situ, the Axin2-Pa mesenchymal cells were designated as mesenchymal alveolar niche cells (MANCs)⁸. In addition, it was shown that alveolar organoid formation from a mixed epithelial cell population composed of airway and alveolar cells was promoted by a mesenchymal cell population expressing LGR5 (reF.¹). It is still unclear whether these alveolar LGR5-positive cells have any overlap with the PDGFRA-expressing mesenchymal subsets.

Matrigel

A gelatinous mixture of extracellular protein matrix, including laminin, that is used for three-dimensional organoid cell cultures.

Damage- and pathogen-associated molecular patterns

Cellular and microbial by-products that stimulate an inflammatory response.

Innate lymphoid cells

A group of innate immune cells that do not express B or T cell receptors but that exhibit functions analogous to those of helper T cells. These cells are mainly found at mucosal surfaces, such as in the lungs, where they act as critical sentinel cells responding to pathogens and allergens.

M2-polarized macrophages

Macrophage subpopulation that is considered to be more anti-inflammatory in activity and that is typically associated with wound healing responses.

As discussed earlier, AT1 cells remain in close association with endothelial cells of the pulmonary capillary plexus. Following lung injury, this endothelial-AT1 cell interface needs to be re-established for proper respiration. While AT2 cells proliferate and differentiate into AT1 cells after pneumonectomy, proliferation in PCECs is also markedly increased¹⁰⁸. Ablation of the known PCEC mitogen receptors VEGFR2 and FGFR1 in endothelial cells resulted in a loss of PCEC proliferation as expected, but also led to concomitant reduction in AT2 cell proliferation¹⁰⁸. PCECs were shown to produce matrix metalloproteinase 14, which can liberate growth factors that stimulate AT2 cells from the alveolar ECM¹⁰⁸. Further work in ex vivo lung epithelial organoid co-cultures revealed that fetal lung endothelial cells could support the preferential outgrowth of distal epithelial organoids (Box 2), which is dependent on endothelial cell-produced thrombospondin 1 (reF.¹⁰⁹). Conversely, in chronic injury such as caused by repetitive bleomycin instillation, endothelium has been shown to activate Notch signalling in the surrounding mesenchyme, resulting in increased fibrogenic potential and a deleterious effect on lung regeneration¹¹⁰. Because endothelium is a major cellular component in the alveolar niche, further work is necessary to decipher the heterogeneity of endothelial cells and their specific actions in an injury response.

The regenerative potential in the lung is also greatly influenced by inflammatory responses after tissue injury. The necrotic cell death or viral propagation observed after acute injury will release damage- and pathogen- associated molecular patterns (DAMPs and PAMPs), which stimulate resident immune cell types such as type 2 innate lymphoid cells (ILCs) and alveolar macrophages. In injury models such as bleomycin-induced damage or influenza infection, the inflammatory response is profound, involving multiple immune cell types, and is generally considered a necessary process to restore homeostasis by removal of cellular and microbial by-products. After influenza infection, epithelial cells produce IL-33, which then stimulates ILC-derived expression of an epidermal growth factor family member, amphiregulin, which may act by directly stimulating epithelial cells after injury and without which pulmonary function — measured as blood oxygen saturation — is severely diminished¹¹¹. Furthermore, tissue damage, such as caused by pneumonectomy, induces

recruitment of monocytes to the alveolus, which depends on the secretion of the AT2-derived chemokine CCL2. In the alveolus, monocytes respond to type 2 ILC-derived IL-13 and give rise to M2-polarized macrophages, and this axis supports AT2 proliferation likely via mechanisms involving macrophage-mediated ECM remodelling¹¹². The response mediated by macrophages also has a direct effect on AT2 cell proliferation as well as growth in ex vivo organoid models. Together these studies underscore the importance of epithelial-immune cell crosstalk to coordinate a regenerative response in the lung.

Pathological tissue remodelling

Apart from physiological responses aimed at tissue regeneration, injury can also lead to a dysplastic cellular response in the mesenchyme and epithelium. Irreversible lung remodelling provoked by chronic injury and unchecked inflammation is considered to be a main driver of lung disease (Supplementary Table 1).

One notable pathological tissue remodelling occurring in the injured lung is tissue fibrosis. Fibrosis is marked by the accumulation of myofibroblasts (marked by the expression of ACTA2), which produce and remodel ECM, with consequent increases in collagen deposition. In the lung, unresolved fibrosis causes tissue scarring, thereby impairing lung compliance. One form of lung fibrosis in humans is idiopathic pulmonary fibrosis (IPF), which is a progressive disease of unknown cause. Owing to the lack of effective treatment, IPF has a high mortality rate.

Bleomycin-induced lung injury in mice has been used to evoke a transient fibrotic response that has some resemblance to the expansive fibrosis observed in IPF. However, it is important to note that most of the effects of the bleomycin-induced response resolve after a few months instead of progressing towards pathological fibrosis as seen in IPF. It is becoming increasingly apparent that epithelial dysfunction can result in a profound fibrotic response in the lung. As mentioned earlier, AT2 cells produce pulmonary surfactant, including surfactant lipoproteins such as the hydrophobic pulmonary surfactant-associated protein C (SP-C; encoded by *SFTPC*), which maintain the surface properties of surfactant. Expression of the *Sftpc* variant, *Sftpc*^{173T} — which results in impaired intracellular trafficking of the SP-C pro-protein and overall reduction in mature SP-C in the surfactant — leads to epithelial dysfunction and an overt pulmonary fibrosis phenotype in mice¹¹³. This paradigm has also been demonstrated in epithelial cell-specific telomerase-deficient mouse models, which have increased susceptibility to bleomycin-induced fibrosis. In line with this, it has been observed that cells derived from patients with IPF have shorter telomeres^{114–116}.

Lineage tracing in mice indicates that in the course of the fibrotic response in the lung the resident mesenchymal cells differentiate into myofibroblasts, and much work has been devoted to identifying the signalling pathways that trigger this switch¹⁰². The pathological myofibroblasts were traced back to SHH-responsive cells, which seem to originate from a perivascular mesenchymal cell type positive for PDGFR β ¹¹⁷. WNT signalling also has a role in the fibrotic response, as WNT-responsive mesenchymal cells, marked by *Axin2* expression and PDGFR β — referred to as ‘Axin2-positive myofibrogenic precursors’ or AMPs — generate most of the myofibroblasts in the lung after injury⁸ (Fig. 5c). In addition to Axin2-positive myofibrogenic precursors, PDGFRA-expressing mesenchymal cells, such

as MANCs also proliferate and generate myofibroblasts, but their contribution to this lineage appears to be less pronounced¹¹⁸. It has been shown that PCECs also respond to injury by upregulating the expression of the Notch ligand jagged 1, thereby stimulating Notch signalling in perivascular fibroblasts to induce myofibroblast differentiation¹¹⁰. A critical regulator of differentiation of fibroblasts is TGF β , which is activated by being released from its ECM-bound, latent form in the setting of injury. Activation of TGF β is mediated in part by adjacent cells expressing integrin α v β 6, and mice deficient in integrin α v β 6 fail to develop fibrosis in the bleomycin injury model¹¹⁹. In mice these fibrogenic responses are transient: the myofibroblasts are cleared and the fibrous tissue eventually resolves within 3 months of the initial injury¹²⁰. By studying this resolution phase, it was found that nuclear receptor peroxisome proliferator-activated receptor- γ may be an exploitable target to limit the myogenic differentiation of mesenchymal cells with the use of peroxisome proliferator-activated receptor- γ agonists¹²¹.

While such a deleterious pathological fibrotic response mediated by mesenchymal cells has been appreciated in the lung for many decades, it has recently become clear that aberrant responses of the epithelium due to acute injury can also lead to dysplastic and dysfunctional repair. Acute influenza injury can cause a dramatic expansion of KRT5-expressing cells in regions of severe damage^{122–124}. These KRT5-positive cells express other markers of BSCs, including TRP63 (see also earlier), and form clusters (pods) that appear to radiate out from the conducting airways and alveolar regions, thereby causing tissue keratinization and disturbing tissue architecture. Lineage tracing experiments revealed that these pods originate from a distal basal cell subset that expresses SOX2 and migrates from the more proximal airways to regions of massive epithelial destruction¹²⁵ (Fig. 5c). Although early studies suggested that these KRT5-expressing cells may act as progenitors supporting alveolar epithelial regeneration, recent work using more accurate cell lineage tracing techniques has shown that these cells do not generate normal resident epithelial cells. Such KRT5-positive cell pods can also be found in injured and diseased human lungs, where they appear to persist for many years^{126,127}. Mechanistically, formation of KRT5-positive pods was linked to hypoxia: severe lung injury leads to a loss of vasculature, which creates a hypoxic niche that supports the expansion of these cells¹²⁸. Such an epithelial response could be interpreted as an emergency repair system to prevent loss of tissue integrity after severe injury since the normal regenerative effects may take longer to occur. In other words, the keratinized epithelium found in the lung after dramatic acute injury could represent a dysplastic response to occupy the large voids created by tissue loss. Such a dysplastic response may cause long-term respiratory dysfunction if keratinized regions are not replaced with normal alveolar and airway tissue. Future studies to characterize the KRT5-positive pods and understand their formation may direct efforts on how to suppress or reverse this response. One possibility is to therapeutically improve endothelial cell survival to prevent hypoxia.

Conclusions and perspectives

Because of the inherent architectural complexity and cellular heterogeneity, the respiratory system, and the lungs in particular, have been difficult to study. Importantly, single-cell techniques and imaging strategies that have emerged in recent years (Boxes 1–3) have

greatly aided in expanding our understanding of this complex system on a cellular level. Findings within the last few years have revealed extensive cellular heterogeneity and have begun to provide a new road map of interactions between the different cell types and how they contribute to lung development and maintenance. Emerging single-cell technologies combined with computer algorithms that allow visualization of thousands of cellular transcriptomes will lead to many more exciting insights soon, including the ability to probe cellular heterogeneity as well as progenitor cell activity in human lung tissue (Box 3). This information will be highly valuable to gain a better understanding of complex diseases that are a consequence of a transcriptionally heterogeneous cellular milieu of the respiratory system. As these newer techniques and experimental designs bear fruit, our knowledge of this impressively complex organ will be further refined, opening up possibilities for efficient treatments of paediatric and adult lung diseases (Supplementary Table 1).

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Box 1 |**Advancements in technologies to study the lung**

New technologies that increase the resolution for dissecting differences on a cellular, transcriptional and epigenetic level will have a dramatic impact on our understanding of lung biology. moreover, studies aimed at identifying and confirming rare or unique cell types are becoming more abundant. New genetic mouse models are using combinatorial DNA recombination techniques, such as simultaneously using Cre and Flp recombinases to lineage trace rare cells that are uniquely identifiable by two marker genes⁵⁵. The use of single- cell RNA sequencing (scRNA-seq) techniques has identified multiple new epithelial and mesenchymal cell types in the mouse lung and the human lung. RNA sequencing of single cells derived from mouse lung mesenchyme demonstrated that there are at least five transcriptionally unique populations^{1,8,129}. Recent work using scRNA-seq shows that the human and mouse lung mesenchyme has conserved subsets that are anatomically distinct, residing near the proximal airways or distal alveoli¹³⁰. Furthermore, scRNA-seq has uncovered novel airway epithelial cell types such as ionocytes in the human and the mouse^{17,18}. Comparative scRNA-seq of normal and diseased lung tissue from transplant donors and transplant recipients with pulmonary fibrosis revealed unique transcriptional signatures in macrophages and epithelial cells¹³¹. There are now several initiatives, from the National Institutes of Health as well as private foundations, that support the procurement and sharing of lung-specific scRNA-seq datasets (lungmAP project) or whole organism scRNA-seq datasets (Tabula muris, a Chan Zuckerberg Initiative Mouse Atlas), which have become important resources for routine enquiry to generate hypotheses for future experiments^{132,133}. With the vast amount of data derived from scRNA-seq experiments, computational software has become necessary to process and analyse these data (to reduce their dimensionality) and these methods are constantly evolving¹³⁴. Computational methods can identify transitional cells using a pseudotemporal ordering of gene expression, thus revealing possible stem/progenitor cells and their lineage trajectories within an organ. These analyses would normally require more traditional experiments such as genetic lineage tracing, which are both labour-intensive and time-intensive. Given the lack of robust genetic techniques that can be applied to study human tissue, such new technologies will have a profound impact on our understanding of the unique characteristics of the human lung (see also Box 3).

Progress in imaging techniques has also been instrumental in increasing our understanding of lung cell biology. Higher-resolution and whole-mount imaging have demonstrated morphological changes in cells such as alveolar type 1 cells, revealing that they can span multiple alveoli in the adult lung⁷⁶. live imaging in lung explant cultures and intravital imaging by multiphoton microscopy have yielded new insights into the differentiation and morphology of early alveolar progenitors⁵⁶. Furthermore, the development of intravital imaging techniques for adult mice has demonstrated an important role of dendritic cells in air surveillance in the alveoli and implicated the lung as a critical reservoir for platelet production^{135,136}.

Box 2 |**Lung organoids**

Organotypic cultures (organoids) are derived from primary tissue-resident progenitor cells, which are grown in a three-dimensional matrix allowing the cells to expand and differentiate into multiple cell types observed in the native tissues. The tracheal and lung epithelium rely on the progenitor cell activity of basal cells, secretory cells and alveolar type 2 (AT2) cell subsets such as alveolar epithelial progenitors to restore homeostasis after injury. Using lineage-specific reporter mice or specific antibody cocktails for human tissue, purified basal, secretory and AT2 cells can be isolated and propagated for several weeks and passages in cell culture^{3,98}. For organoid generation, these purified stem/progenitor cells are embedded in Matrigel, where they self-replicate and differentiate into other airway or alveolar lineages. AT2 cells must be combined with mesenchymal support cells (such as platelet-derived growth factor receptor- α -positive fibroblasts) to proliferate and establish organoids. This is in contrast to basal cells, which can form spheroids in conditions that do not require mesenchymal cell support⁹⁹. The actual structure of these organoids bears some resemblance to *in vivo* tissue organization, and certain cellular properties and functions can be recapitulated in these models. For instance, murine AT2 cells will self-renew and differentiate into flattened AT1 cells and the mesenchymal support cells will embed themselves within these organoids.

Lung organoids can be used for testing specific ligands and signalling regulators as well as the different niche-supporting cell types for their roles in modulating proliferation and differentiation of epithelial progenitor cells⁹². Future work should focus on further increasing the cellular complexity of organoids by incorporating other relevant cell types, such as lung macrophages and endothelial cells, to fully recapitulate aspects of the alveolar unit as it appears *in vivo*¹¹². Whether the complexity and functionality observed in mouse alveolar organoids can be fully reproduced using primary human cell organoids remains to be determined. Currently, organoids using cells from diseased human tissue, such as pulmonary fibrosis or lung cancer, can be used to interrogate how diseased cells signal to drive the pathology. These disease-oriented organoids are promising platforms for high-throughput drug screening for lung disease.

Box 3 |**Modelling the human lung**

For decades it has been known that the human respiratory system has unique structural differences from the mouse respiratory system. These differences are likely due to the physiological requirements to conduct gases to a vastly larger surface area in the human lungs than in the mouse lungs. It is hypothesized that these differences may underlie the pathophysiology of diseases such as chronic obstructive pulmonary disease, pulmonary hypertension and acute respiratory distress syndrome (Supplementary Table 1), none of which has a mouse model that captures the heterogeneous origin and phenotype of these conditions in the human lung. One notable difference in the architecture of the human distal airways is the presence of respiratory bronchioles. These structures do not exist in the rodent airways^{137,138}. Respiratory bronchioles form the direct connection between the conducting portion of the respiratory system and the gas exchange alveolar region. The cellular constituents in the respiratory bronchioles remain poorly understood, but recent evidence has shown that this portion of the airway system is particularly susceptible to damage associated with chronic lung diseases such as chronic obstructive pulmonary disease^{139–141}. While rodents are unlikely to provide an appropriate animal model to study structures such as respiratory bronchioles, other model animals, including ferrets, appear to contain these structures, providing a potential system to explore their development and function¹⁴².

Techniques such as RNA sequencing (both population-based and single-cell-based RNA sequencing; see also Box 1), generation of induced pluripotent stem cell (iPSC) models and the use of organoid cell culture (see also Box 2) will allow rigorous screening and validation of potential new cell types in the human respiratory tract.

For example, population RNA sequencing of mouse alveolar epithelial progenitors was used to identify cell-surface markers that were then used to isolate human alveolar epithelial progenitors, which displayed an enrichment for WNT responsiveness and unique capacity to form alveolar organoids¹⁰⁴. Identification of new, specific markers for the isolation of distinct subsets of stromal cells will allow researchers to further interrogate the complexity of intercellular interactions using human organoid models.

Building upon the discoveries made from mouse lung development, protocols have now been developed that allow the generation of iPSC-derived *NKX2-1*-expressing human-specific respiratory tract endoderm cells^{143,144}. Furthermore, the *NKX2-1*-expressing cells can be differentiated into cells that are phenotypically similar to distal alveolar type 2 cells as well as airway cells^{143,145}. The assays using differentiation of iPSCs will be an invaluable tool for modelling human genetic disorders, testing pharmacologic agents and modelling niche environments. Together, these model systems will be powerful tools for translating many of the novel findings from mouse experiments to relevant human diseases.

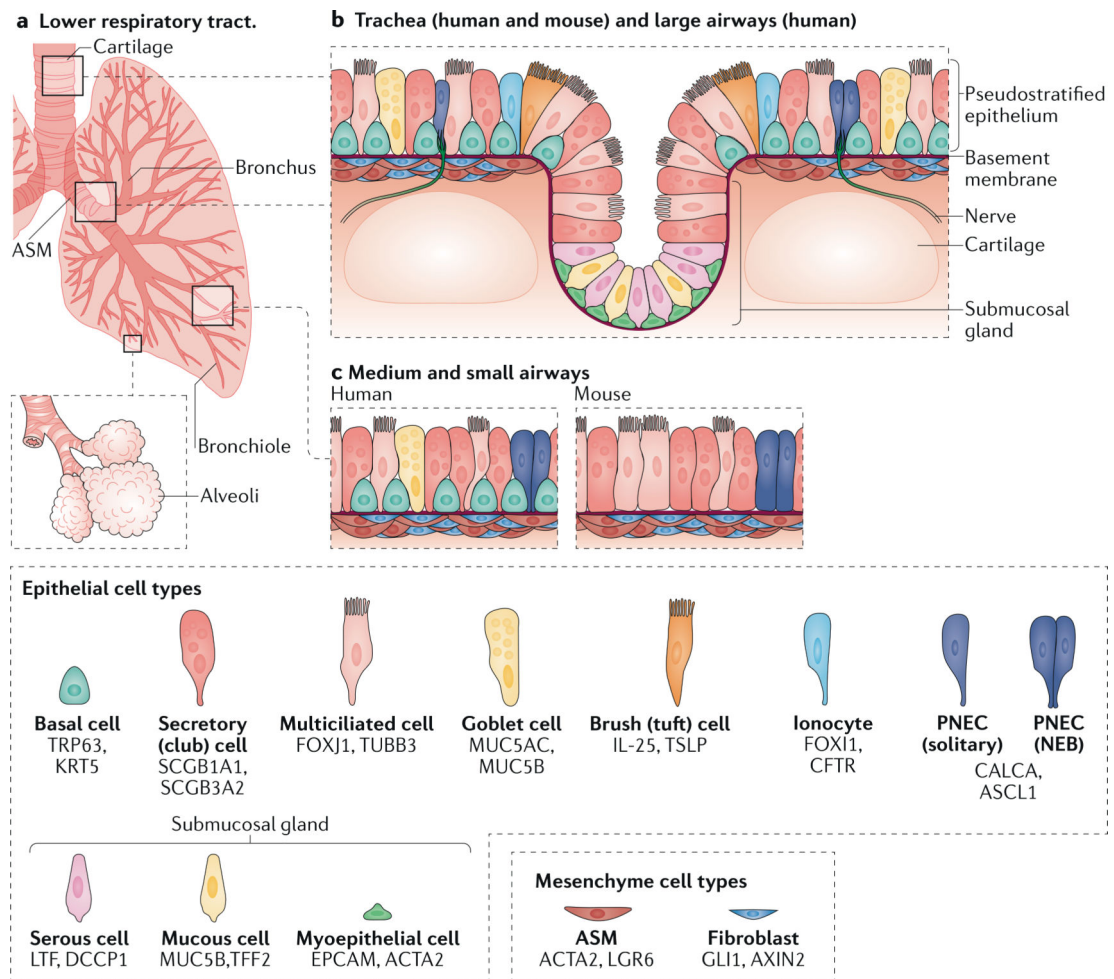


Fig. 1 | Cellular composition of airways.

a | The proximal region of the lower respiratory tract consists of the trachea, which proceeds distally to generate branching large and small airways, which terminate in alveoli. These airway tubes are wrapped by smooth muscle. **b,c** | Respiratory epithelium in the mouse and the human consists of many distinct cell types: goblet cells secrete mucus to entrap inhaled particulates; multiciliated cells expel the mucus together with the entrapped particulates; club cells are secretory cells that produce various factors with protective and immunomodulatory functions and also serve in detoxification of harmful substances; basal cells are progenitor cells for the airway epithelia; pulmonary neuroendocrine cells (PNECs; solitary as well as in clusters known as neuroendocrine bodies (NEBs)) probe the microenvironment to influence smooth muscle tone as well as regulate immune responses. There are also rare epithelial cell types, including brush (tuft) cells, which may serve an important role in regulating allergen driven type 2 immune responses, and the recently identified ionocytes, which appear to be a main source of cystic fibrosis transmembrane conductance regulator (CFTR) activity, thereby regulating mucus production (with a potential role in cystic fibrosis). Stromal cells such as airway smooth muscle (ASM), fibroblasts (sonic hedgehog responsive (*Gli1* positive) and WNT responsive (*Axin2* positive)) provide ligands and extracellular matrix that modulate airway epithelial cell

turnover and restrict airway tube diameter. The tracheal region and large airways in the human respiratory tract and the trachea in mice harbour cartilaginous rings and submucosal glands. The latter contain mucous cells, serous cells and myoepithelial cells and, together with goblet cells, are responsible for the production of luminal mucus together with goblet cells (panel **b**). Unlike in the human, mouse small airways do not contain basal or goblet cells (panel **c**). Key markers expressed in each cell type shown in panels **b** and **c** are indicated.

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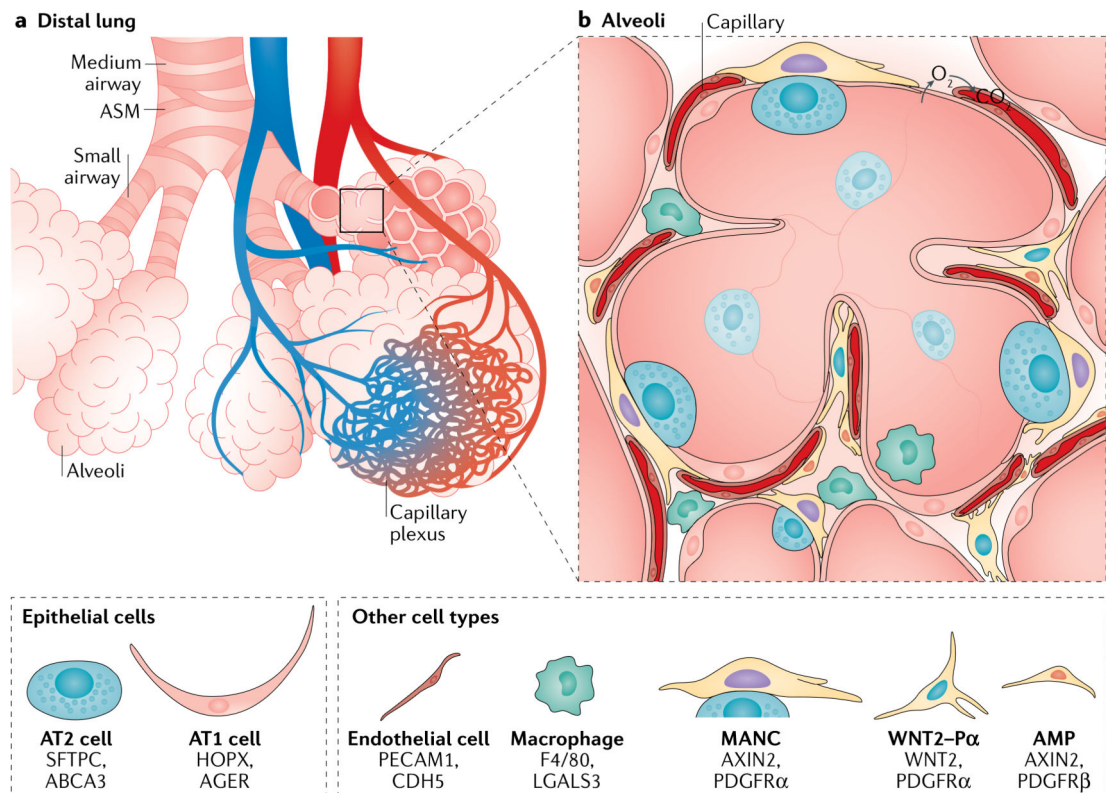


Fig. 2 | Cellular composition of alveoli.

a | The small airways terminate in alveolar sacs, where the inhaled air is circulated and oxygen-carbon dioxide gas exchange occurs within the capillary plexus. **b** | The alveolar niche is composed of alveolar type 1 (AT1) cells and alveolar type 2 (AT2) cells. AT1 cells are thin and elongated and cover the gas exchange surface area, remaining in close contact with the capillary plexus. AT2 cells produce pulmonary surfactant (stored in the lamellar bodies in the cytoplasm), which preserves surface tension of the alveolus to prevent collapse during breathing. Interstitial fibroblasts consisting of *Axin2*-positive myogenic precursors (AMPs), *Wnt2*-expressing platelet-derived growth factor- α (PDGFR α)-positive cells (WNT2-P α) and mesenchymal alveolar niche cells (MANCs) make up most of the alveolar mesenchyme. These cells largely support alveolar structure by producing extracellular matrix as well as expressing ligands that support epithelial cell proliferation and differentiation (see also Fig. 5). Additionally, there are sentinel immune cells such as alveolar and interstitial macrophages that constantly survey the alveolar microenvironment for harmful pathogens or particulates. ASM, airway smooth muscle.

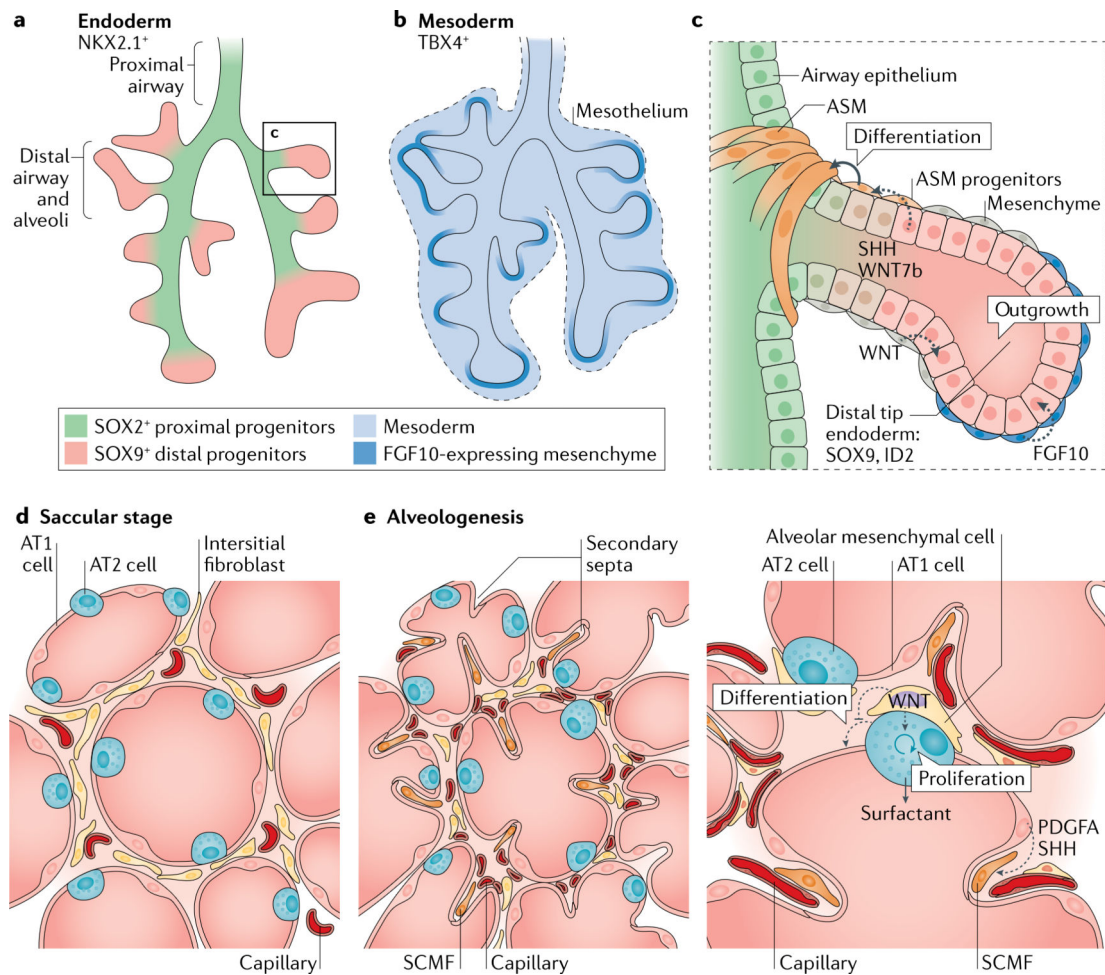


Fig. 3 | Respiratory tract development and endoderm-mesoderm interactions.

a | By embryonic day 12.5 in mouse the NKX2.1-positive endoderm expresses SOX2 and SOX9 in proximal and distal cells, respectively. At this point branching morphogenesis has begun and the endoderm projects outward towards the FGF10-expressing mesoderm (dashed outline; see panel **b**). **b** | The respiratory mesoderm, which is derived from cardiopulmonary progenitors and expresses TBX4, is shown encapsulated by mesothelium. Mesodermal cells express FGF10 in the regions adjacent to the distal tip endoderm. Primitive airway smooth muscle (ASM), tracheal cartilage and the vascular tree are being specified during this time. **c** | The distal tip endoderm expresses SOX9 and ID2. These cells respond to FGF10 and WNTs derived from the mesoderm, which together stimulate their outgrowth. In a feedback response, the endoderm expresses ligands, such as sonic hedgehog (SHH) and WNT7b, that stimulate the differentiation of the mesoderm to ASM. **d,e** | Alveogenesis starts with the formation of primitive alveoli, which are circular and bulb-like (saccular stage; from embryonic day 17.5 to postnatal day 5 in the mouse). These primitive alveoli form at the termini of the bronchial tree and harbour flattened alveolar type 1 (AT1) cells as well as alveolar type 2 (AT2) cells, which remain cuboidal. During the alveolar stage (postnatal days 5 to 30 in the mouse) the formation of secondary septae occurs. This remodelling process increases the total surface area of the lung alveolus and is thought to be driven by

mesenchymal cells, such as the secondary crest myofibroblasts (SCMFs). SCMFs are stimulated by epithelium-derived PDGFA and SHH. It is postulated that the contractile activity of the SCMFs physically shapes the alveolus. Additionally, WNT-responsive AT2 cells (AT2^{Axin2} cells) proliferate during this time (receiving WNT ligands from mesenchymal cells) and increase production of pulmonary surfactant, which is critical for the transition to air breathing. Furthermore, the capillary plexus becomes more closely aligned with AT1 cells during alveologenesis.

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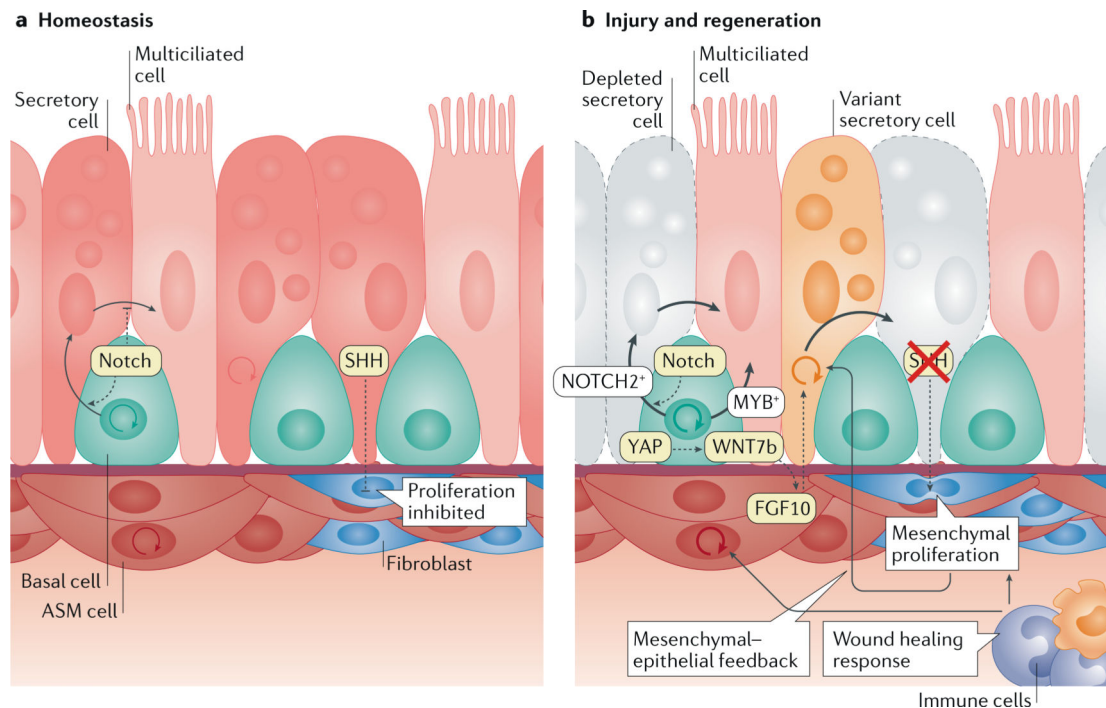


Fig. 4 | The airway niche turnover at homeostasis and in response to injury.

a | The turnover of the airway epithelium is low during homeostasis. Nevertheless, basal cells continuously self-renew at a low rate and preferentially differentiate towards the secretory cell lineage over the multiciliated cell lineage, which is regulated by Notch signalling within the basal cell population. Secretory cells have the capability to trans differentiate into multiciliated cells, which is inhibited by Notch signalling. The surrounding airway smooth muscle (ASM) tissue harbours *LGR6*-expressing cells that exhibit some homeostatic turnover. The epithelium secretes sonic hedgehog (SHH) to actively suppress the proliferation of peribronchiolar mesenchyme. **b** | Airway injury stimulates multiple cell types to regenerate the tissue. In response to tissue injury, basal cells are able to give rise to both secretory and multiciliated cells, likely reflecting the heterogeneity in the lineage (NOTCH2-expressing versus MYB-expressing subpopulations). Loss of SHH signalling between the epithelium and mesenchyme also relieves the block on mesenchymal cell proliferation. This loss of mesenchymal quiescence was shown to feedback on the epithelium and increase epithelial cell proliferation. In naphthalene injury models that mainly kill secretory cells (greyed-out cells) the spared or uninjured secretory cells (also referred to as ‘variant secretory cells’) proliferate and repopulate the lost secretory cells. Downregulation of Hippo signalling after airway injury causes YAP- mediated increase in epithelial WNT7b expression, which promotes FGF10 expression in the adjoining ASM. ASM-derived FGF10 then stimulates secretory cell proliferation and differentiation. Epithelial cell death induced by injury can also trigger a wound healing response that leads to the recruitment of inflammatory cells and subsequent expansion of mesenchymal cell populations.

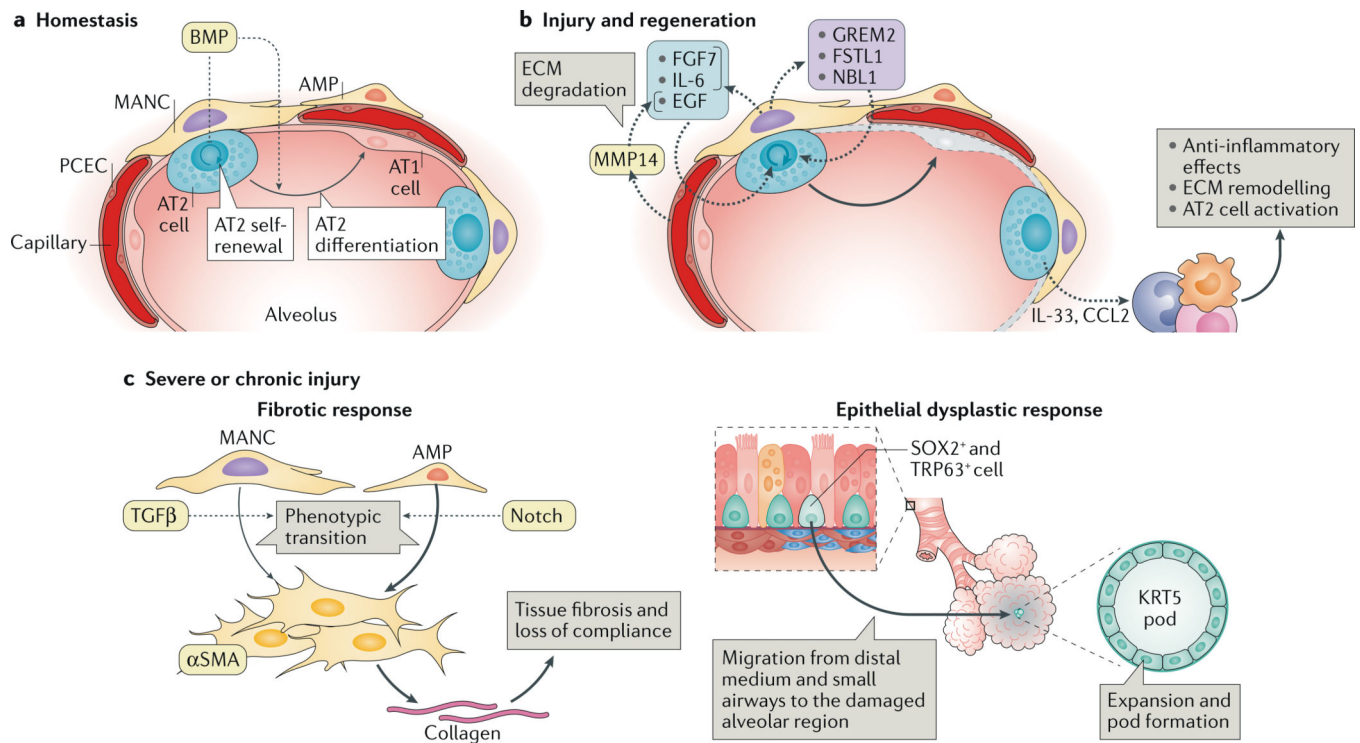


Fig. 5 | Response of the alveolar niche to tissue injury.

a | The alveolar niche has two types of epithelial cell: alveolar type 1 (AT1) cells and alveolar type 2 (AT2) cells. The latter includes a WNT-responsive AT2 subset of cells that have been shown to serve as alveolar epithelial progenitors. At homeostasis the alveolar epithelial progenitors self-renew and differentiate into AT1 cells. These processes are regulated by bone morphogenetic protein (BMP) signalling, which restricts AT2 self-renewal, favouring AT1 differentiation. The rates of this homeostatic cell turnover are generally low. The stromal population comprises platelet-derived growth factor receptor- α -expressing fibroblasts, such as mesenchymal alveolar niche cells (MANCs), which are situated next to AT2 cells and *Axin2*-positive myofibroblastic precursors (AMPs), which are sparsely located throughout the alveoli and near blood vessels. **b** | In response to tissue injury, the alveolar niche upregulates ligands that promote AT2 cell proliferation and differentiation into AT1 cells (which are predominantly lost in response to insults; indicated in grey). Pulmonary capillary endothelial cells (PCECs) have been shown to respond to injury by upregulating matrix metalloproteinase 14 (MMP14), which by digesting the extracellular matrix (ECM) releases epidermal growth factor (EGF)-like ligands that stimulate epithelial cell growth. Injury-activated MANCs promote AT2 proliferation and self-renewal by producing FGF7 and IL-6 as well as BMP antagonists such as NBL1, GREM2 and FSTL1. AT2 cell-produced chemokines and cytokines, including CCL2 and IL-33, recruit monocytes (which differentiate into macrophages) and innate lymphoid cells (ILCs). Innate lymphoid cells support epithelial regeneration in part by dampening the acute inflammatory responses and by modulating the polarization of macrophages to the alternative (M2) lineage, which promotes AT2 cell proliferation likely via mechanisms involving ECM remodelling. **c** | Severe or chronic lung injury can result in dysplastic responses — fibrosis (left) and generation of abnormal cell clusters (right) — that if left

unchecked will ultimately impair lung compliance and gas exchange. The fibrotic response is derived from fibroblasts — mostly AMPs and to a lesser extent MANCs — that proliferate on injury and transition into collagen-producing, alpha smooth muscle actin (α SMA)-positive myofibroblasts that deposit excessive amounts of ECM, which severely impairs lung compliance. A crucial signal for this myofibrogenic transition is provided by transforming growth factor- β (TGF β), which is derived from the surrounding ECM. In the setting of severe alveolar epithelial cell destruction, such as that triggered by influenza infection, distally located SOX2-positive and TRP63-positive basal cells migrate out of the distal medium and/or small airways to regions of injury in the alveoli and expand as KRT5-expressing epithelial-like pods that radiate out of the tissue. The formation of these pods responds to hypoxia and is thought to be an epithelial cell-derived wound healing response that maintains the tissue barrier but ultimately does not generate functional alveolar epithelium.

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