

The role of erenumab in the treatment of migraine

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Abstract: Calcitonin gene related peptide (CGRP) monoclonal antibodies (mAbs) have been the first class of specifically developed preventive treatments for migraine. Clinical trials data suggest superiority of the CGRP mAbs to placebo in terms of prevention of migraine symptoms, migraine-specific quality of life and headache related disability. Treatment-related side effects overall did not differ significantly from placebo and discontinuation rate due to side effects has been low across the clinical trials, perhaps in view of their peripheral mode of action. Along with their route and frequency of administration, these novel class of drugs may constitute an improvement compared with the established arsenal of migraine treatments. Erenumab is a fully human antibody and the only mAb acting on the CGRP pathway by blocking its receptor. It is the first of the CGRP mAb class approved by the US Food and Drug Administration (May 2018) and the European Medicines Agency (July 2018). Erenumab exists in two different doses (70 mg and 140 mg) and it is administered with monthly subcutaneous injections. This review summarises erenumab pharmacological characteristics, clinical trials data, focusing on the potential role of this treatment in clinical practice.

Keywords: CGRP, chronic migraine, erenumab, migraine, monoclonal antibodies, atogepant, rimegepant

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Introduction

Migraine is a global disabling neurological disorder that manifests itself with recurrent episodes of head pain associated with symptoms of parasympathetic dysfunction and heightened sensitivities.¹ The pain phase is one of the phases that characterize a migraine episode. Prodromal, aura and post-dromal phases often complete the migraine cycle besides the head pain.² Neuroimaging research has unveiled brain networks that become dysmodulated during each of the migraine phases. Whether these brain changes initiate the migraine pain phase or whether the pain phase starts in the periphery with activation of trigeminovascular afferents is still a matter of debate.³ Activation of dural meningeal afferents results in secretion of peptides as pituitary adenylate cyclase activating polypeptide (PACAP), substance P (SP) and calcitonin gene related peptide (CGRP),⁴ the latter shown in pre-clinical and clinical experiments to

have a pivotal role in migraine pathophysiology. Based on these findings, drugs directed at modulating CGRP activity in migraine have emerged as particularly promising future treatments. CGRP receptor antagonists, which compete with endogenous CGRP at the receptor binding sites, have been developed in recent years and were demonstrated to be able to treat effectively acute migraine attacks. Other ways to modulate CGRP activity have been introduced recently through the development of monoclonal antibodies (mAb) against CGRP and the CGRP receptor.

Calcitonin-gene-related peptide

CGRP is found in two isoforms, α CGRP synthesized from CALC I, and β CGRP synthesized from CALC II.⁵ While α CGRP expression is prevalent in the peripheral nervous system and central nervous system (CNS), β CGRP is

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synthesized and released in the enteric nervous system.⁶ Within the CNS, CGRP is most abundant in the dorsal horn of the spinal cord,⁷ cerebellum,⁸ brainstem⁹ and several hypothalamic¹⁰ and thalamic nuclei.¹¹ CGRP binding sites are widely expressed throughout the brain.¹²

CGRP acts *via* a heterodimer receptor complex formed by calcitonin receptor-like receptor (CLR) and receptor activity modifying protein (RAMP)-1 (CLR/RAMP1).^{13,14} Functional CLR/RAMP1 receptors require intracellular interactions with receptor component protein. The CLR/RAMP1 is a G-protein coupled receptor that induces stimulation of adenylyl cyclase and production of cAMP. More recent work has confirmed that the amylin AMY1 receptor (CTR/RAMP1 heterodimer) can respond as well to CGRP as it does to amylin.^{15,16} Importantly, CGRP may exert its effects *in vivo* by activating both the CGRP and AMY1 receptors.

Within the trigeminal ganglion, the α -CGRP isoform is expressed in about 50% of neurons and is a key neuropeptide involved in both neural and vascular responses.^{17–19} CGRP immunoreactive dendrites that sprout from neurons of the ipsilateral first branch of the trigeminal nerve deepen into the walls of the major cerebral arteries in the Circle of Willis, and so are widespread in rostral cerebral circulation. Sensory terminals expressing CGRP are also abundant in the dura matter and the eye and have been demonstrated in the nasal mucosa, periodontium, gingivae and the retina.^{20–26}

CGRP is the most potent vasodilator when released peripherally, through direct activation of its receptor CLR/RAMP1 on smooth muscle cells.^{17,27} Its release from primary trigeminal afferents innervating blood vessels of the dura matter and the cerebral circulation is part of the main mechanism of trigeminovascular activation,¹⁷ which is believed to be involved in the pathophysiology of primary headaches.^{28,29} CGRP can also induce vasodilation indirectly by activating endothelium CLR/RAMP1, resulting in a rise in cAMP^{30,31} and subsequent nitric oxide (NO) production.³² Peripheral CGRP is also involved in mediating axon-reflex mechanisms and inflammation responses.^{33–35}

Centrally, CGRP is acting as a neuromodulator. On its own has either no effect on spontaneous neuronal firing or a slow excitatory effect on

non-nociceptive neurons.^{36,37} CGRP can also facilitate, inhibit or cause no changes to glutamate-evoked firing.^{37–40} Interestingly, CGRP was shown to facilitate nociceptive-evoked firing on second order trigeminocervical neurons and CGRP antagonists to inhibit nociceptive activity.^{37–40}

Rationale for developing erenumab

Erenumab is monoclonal antibody against the receptor of the neuropeptide CGRP which has been implicated in migraine pathophysiology. CGRP levels were found to be elevated during a migraine attack in plasma, saliva and CSF samples from patients.^{28,41–43} Intravenous infusion of CGRP has been shown to trigger a migraine-like attack without aura in about 60% of sufferers.⁴⁴ Triptans, 5-HT_{1B/D} receptor agonists and migraine specific treatments, have been shown to reduce CGRP plasma levels in migraine patients,⁴⁵ but not in healthy subjects^{43,46} and sumatriptan administration normalize CGRP levels, resulting in resolution of the attack.⁴⁷ Furthermore, experimental activation of trigeminal ganglion cells is known to result in the release of CGRP, which is dose-dependently inhibited by 5-HT_{1B/D} agonists, highlighting the trigeminal system as a key site that may be targeted by CGRP receptor antagonists and triptans.^{47,48}

Experimental animal models provide evidence for the relevance of CGRP signalling in migraine. Stimulation of the cat superior sagittal sinus led to increased release of CGRP and VIP (vasoactive intestinal peptide) levels while SP or neuropeptide Y levels remained unchanged.⁴⁹ Electrical stimulation of dura mater in rats caused a CGRP-related dilating effect of dural blood vessels which could be inhibited by administering a CGRP receptor antagonist (CGRP8-37).⁵⁰ Significant attenuation of the neurogenic meningeal vasodilator response was similarly seen with sumatriptan.⁵¹ Intravenous (iv) administration of CGRP also caused extracranial dural blood vessel dilation that was abolished by CGRP8-37. CGRP-induced dilation, however, was not abolished by sumatriptan, indicating that triptans act pre-junctionally to prevent CGRP release,⁵² rather than on the smooth muscles of the blood vessels.⁵¹ In the trigeminocervical complex, CGRP receptor antagonists inhibited trigeminovascular neurons activated by L-glutamate, demonstrating a possible central site of action for CGRP receptor antagonists.³⁹

Based on the above clinical and pre-clinical findings, drugs directed at modulating CGRP activity in migraine have emerged as particularly promising future treatments. CGRP receptor antagonists (gepants), which compete with endogenous CGRP at the receptor binding sites, have been developed as novel anti-migraine drugs and found to be effective in the acute treatment of migraine.⁵³ The initial development and trials of CGRP antagonists in migraine with olcegepant (BIBN4096BS), telcagepant (MK-0974) and MK-3207, demonstrated a good efficacy for these antagonists as acute treatments for migraine: intravenously administered olcegepant was significantly superior to placebo at 2h response rate,⁵⁴ oral telcagepant demonstrated a similar efficacy with zolmitriptan for the attack^{55,56} and the superiority of gepant MK-3207 over placebo on pain resolution within 2h after oral administration was demonstrated.⁵⁷ On the other hand, the safety profile of these molecules was rather unfavourable because of liver toxicity.⁵⁸

Currently, three more gepants are in development for the acute and preventive treatment of migraine that seem to have an advanced safety profile and hence no serious side effects related to liver toxicity: ubrogepant (MK-1602) in recent^{59–61} phase II and III trials demonstrated a positive effect regarding the two-hour pain freedom outcome without serious adverse events or relevant elevation of liver enzymes; rimegepant resulted in being superior to placebo in achieving headache freedom up to 24h post-dose with adverse events (AEs) of only mild or moderate intensity;⁶² atogepant proved to significantly reduce mean monthly migraine/probable migraine headache days and to be well tolerated, with no indications of hepatotoxicity.⁶³

Despite the enthusiasm for the newer gepants in the migraine treatment, there are still several points that need to be considered. Their short half-life limits their use as an acute treatment that needs to be taken as early as possible at the onset of a migraine attack. As with other acute medications, it remains uncertain if their overuse could lead to the development of medication overuse headache. At least with the older generation of gepants, overuse is a possibility given the increased levels of aminotransferase in patients using telcagepant daily for a week.⁶⁴ Atogepant, on the other hand, has a longer half-life than other gepants, and it is developed for migraine

prevention. Its use, however, will be also limited by the need of daily oral intake. Clinical experience with the use of current migraine preventives in chronic migraine (CM) shows a low percentage of long-term adherence and persistence to oral migraine-preventive medications.^{65,66}

An alternative method to modulate CGRP activity that has been introduced recently is through the development of mAbs against the CGRP receptor, and the CGRP ligand. These mAbs have now been studied in clinical trials for the preventive treatment of frequent episodic migraine (EM) and CM with promising results are now approved by the US Food and Drug Administration and the European Medicines Agency. Erenumab, unlike the other CGRP mAbs for migraine prevention, is a fully human monoclonal antibody built to interact with the CGRP receptor rather than the CGRP itself. Erenumab, and the other monoclonal antibodies currently tested in headaches, have some advantages over oral preventive treatment that make them better suited for migraine prophylaxis. The slow degradation and elimination of antibodies and their long half-life allows for longer dosing intervals. This is particularly interesting as adherence and persistence to oral preventives is very low among migraine patients in the long-term.^{65,66} An injectable treatment that can be self-administered may be also a more convenient treatment approach for both patients and treating physicians. Compared with the CGRP receptor antagonists for migraine prevention, their short half-life of typically a few hours will demand a daily intake, with a risk of low adherence and persistence in the long term.

Like other monoclonal antibodies, erenumab is not eliminated through hepatic, renal or biliary processes,⁶⁷ and hence it is linked with a reduced risk of drug-to-drug interactions. In addition, as mAbs are not degraded by the liver, the use of erenumab is not associated with hepatotoxicity. Hepatotoxicity was a significant problem with the use of the earlier gepants, MK-0974 and MK-3207, that led to their withdrawal from following trials.

Erenumab was hence developed as an alternative method to modulate the CGRP receptor activity, in a similar manner to CGRP antagonists, which will bypass issues such as, short-half life, overuse risk, risk of hepatotoxicity and adherence to therapy.

Development, pharmacokinetics and pharmacodynamics of erenumab

Erenumab (AMG 334) is a fully human monoclonal IgG2 antibody against the CGRP receptor developed specifically for the preventative treatment of migraine. Erenumab was produced in XenoMouse and immunized with purified polypeptides containing the N-terminal extracellular domains of human CRLR (amino acids 1–138 of GenBank accession no. AAA62158) and human RAMP1 (amino acids 1–117 of GenBank accession no. CAA04472). Erenumab selectively antagonises human and cynomolgus monkey CGRP receptor exhibiting >5000-fold higher selectivity compared with dog, rabbit and rat receptors.⁶⁸ Erenumab has been demonstrated *in vitro* to have a high affinity to human CGRP receptors (dissociation equilibrium constant $KD=20$ pM). It also exhibited >5000-fold higher selectivity for the CGRP receptor and had no activity even at very high concentration (10 μ M) on adrenomedullin, calcitonin and amylin receptors.⁶⁸ As far as mechanism of action is concerned, erenumab is thought to bind to the CGRP receptor in as gepants. Studies with CGRP antagonists demonstrated that the CGRP receptor subunit RAMP1 governs high-affinity binding and species selectivity.^{69,70}

Erenumab potently and competitively inhibited the binding of radiolabelled [125I]-CGRP to human CGRP receptors expressed in human neuroblastoma cell (SK-N-MC cells), with a K_i of 0.02 nM. Erenumab demonstrated a potent and full antagonistic effect in a competitive and reversible manner in a functional assay that assessed the reduction of cAMP production induced by erenumab this type of cells expressing CGRP receptor [half maximal inhibitory concentration (IC50) of 2.3 nM, maximal inhibition of 91.7%]. On the other hand, erenumab did not exhibit any agonist activity, even at the highest concentration tested (10 μ M).

The capsaicin-induced blood flow increase model is widely used to assess the effect of drugs on the reduction of CGRP-driven vasodilation and consequent increase in blood flow. Capsaicin is a TRPV1 receptor agonist, which induces the release of neuropeptides, including CGRP, from C-fibres. When injected in the skin, capsaicin induces a marked blood flow increase, driven by the release of local CGRP from peripheral sensory fibres, that can be measured with laser

doppler technology. In the capsaicin-induced blood flow increase model tested in monkeys, erenumab produced a dose-dependent reduction of capsaicin induced blood flow increase, with sustained maximal response at 4 days post-iv administration at doses of 3 mg/kg and higher. The resulting plasma concentration for monkeys dosed with 3 mg/kg iv on day 4 was approximately 36-fold in excess of the *in vitro* IC50.⁶⁸ Based on these outcomes, it was concluded that erenumab could reduce capsaicin-induced blood flow in humans at a dose around 4-fold in excess of the *in vitro* IC50 and have a maximal effect at a dose of 36-fold in excess of the *in vitro* IC50.⁶⁸ Erenumab was also found to be highly potent in inhibiting capsaicin-induced blood flow increase when injected subcutaneous (sc) in humans, with an IC50 of 255 ng/ml and non-linear PK.^{71,72} The non-linear PK suggests a decreased clearance of the mAb with increased dose⁷² as for other mAb therapeutics, in relation with to a target-mediated drug elimination. This suggests the presence of two parallel antibody elimination pathways with non-linear and linear clearance behavioural: the first is a rapid saturable elimination pathway related by degradation or internalization of the erenumab-receptor complex, while the second is a slow one, mediated by a non-specific mechanism in the hepatic reticuloendothelial system.^{72,73}

In a phase I study sc injection of 140 mg of erenumab in migraine patients, achieved 90–95% inhibition of capsaicin-induced blood flow increase after single and repeated injections. When erenumab was injected at >70 mg sc as a single dose, detectable serum levels were observed for at least 100 days post-dose. The maximum concentration of erenumab at 140 mg injected sc in migraine patients was detected at ~11 days post-first injection and at ~7 days post third injection.⁷¹ Based on PK modelling, the elimination half-life of erenumab for a typical 70-kg subject receiving 70 mg sc was estimated at ~21 days.⁷¹ The estimate of SC bioavailability for erenumab was calculated at 74%,⁷¹ which is similar to the bioavailability of other mAb therapeutics.⁷⁴

Interestingly, although erenumab potently inhibited the capsaicin-induced blood flow increase, the basal skin perfusion was not affected.⁷¹ In addition, in a small sample of healthy subjects and migraine patients, erenumab had no effect on

systolic or diastolic blood pressure on its own,⁷¹ or in combination with sumatriptan.⁷⁵ Together, these data suggest that although CGRP is a major vasodilator, it does not contribute to the basal vascular tone. Although more studies are needed, blockade of the CGRP receptor with erenumab may be lacking any cardiovascular risk under resting conditions.

Erenumab mechanism of action

Erenumab as a CGRP receptor mAb blocks the CLR/RAMP1 receptor and blocks the CGRP signalling pathway. Erenumab contains 1344 amino acids with a molecular weight of approximately 150 kilodalton (kDa); this large molecular weight precludes crossing of the blood brain barrier⁷⁶ and hence its mechanism of action is limited peripherally. Given that this is a systemic treatment, erenumab could block any CGRP receptor that can be accessed in the periphery. Its efficacy in migraine is mainly attributed to the blockage of CGRP receptors expressed in the trigeminal system – both fibres and ganglia. Erenumab alters the intracellular processing in those cells with a subsequent effect the reduction of CGRP-induced cAMP production.

cAMP is an important second messenger involved in intracellular signal transduction, activation of protein kinases and regulation of ion channels.^{77–79} Elucidating the role of the cAMP signalling pathway in migraine may be a field of interest for research of novel therapeutic strategies. Interestingly, cilostazol, a selective inhibitor of phosphodiesterase type 3 (an important cAMP degrading enzyme), has been shown to trigger migraine attacks in sufferers.^{80,81} Cilostazol-induced migraine attacks are thought to be a consequence of intracellular cAMP accumulation. In rodents, cilostazol induced c-fos expression in the trigeminal nucleus caudalis, light sensitivity and hyperalgesia.⁸²

Possible sites of action of mAbs relevant to migraine pathophysiology are the trigeminal ganglia, and in particular cells containing the CGRP receptor, and the trigeminal fibres expressing the CGRP receptor. Although migraine pathophysiology is no longer thought to involve vasodilation as a disease mechanism, erenumab actions on cerebral and meningeal blood vessels might play some role on the efficacy of this treatment in migraine.

Within the trigeminal ganglia, erenumab may block CGRP receptors expressed on trigeminal neurons, mainly A δ -fibres, and on satellite glial cells. Activation of CGRP receptors on glutamate expressing trigeminal fibres (A δ -fibres) enhances the release of glutamate, contributing to peripheral and central sensitization.⁸³ Erenumab may block the CGRP-induced glutamate release from A δ -fibres and reduce the potential of peripheral and central sensitization. Erenumab may also block the CGRP-induced release of inflammatory mediators and signalling molecule NO from satellite cells, further inhibiting peripheral sensitization.^{84,85}

CGRP induced vasodilation is mainly through direct activation of CLR/RAMP1 on smooth muscle cells. Indirectly, CGRP induces vasodilation through endothelium NO-dependent pathways. Activation of endothelium CLR/RAMP1 by CGRP induce a rise in cAMP and NO production. The latter compound is able to spread into the smooth muscle cell, activate guanylate cyclase and induce relaxation. As NO is a signalling molecule its diffusion to nearby sensory fibres could activate the trigeminal system. Hence, there may be a role for erenumab in blocking vascular CGRP receptors. Certainly, erenumab can inhibit neurogenic vasodilation *via* the blockage of CGRP/CGRP receptor interactions on the smooth muscle, as shown in capsaicin-induced vasodilation studies.^{68,72}

Safety and tolerability of erenumab

The clinical evidence published so far showed a favourable safety and tolerability profile of erenumab. Treatment-related AEs were reported in about half of patients treated with three monthly erenumab injections across the pivotal clinical trials. The proportion of patients reporting AEs after 1 year of treatment was slightly higher in the CM population.⁸⁶ These AEs were predominantly of mild-moderate severity and they were rarely responsible for treatment discontinuation. The most common AEs ($\geq 2\%$) include: nasopharyngitis, injection site pain, upper respiratory tract infections, back pain, influenza, fatigue and constipation. Table 1 summarises the safety profile of erenumab compared with placebo in EM and CM. No significant differences in the percentage of occurrence and degree of severity of AEs between active drug and placebo were detected in both clinical trials and in two recently published meta-analyses.^{87,88}

Table 1. Erenumab adverse events in clinical trials.

Randomization	Phase II EM ⁸⁹			Phase III EM ⁹⁰		Phase III EM ⁹¹		Phase IIIb EM ⁹²		Phase II CM ⁹³				
	Placebo (n = 153)	7 mg (n = 108)	21 mg (n = 105)	70 mg (n = 106)	Placebo (n = 291)	70 mg (n = 286)	Placebo (n = 319)	70 mg (n = 314)	140 mg (n = 319)	Placebo (n = 124)	140 mg (n = 119)	Placebo (n = 281)	70 mg (n = 188)	140 mg (n = 187)
Adverse events	54%	50%	51%	54%	55%	63%	57%	55%	54%	55%	54%	39%	44%	47%
Serious adverse events	0	1%	0	1%	2%	2%	3%	2%	1%	2%	1%	2%	3%	1%
Adverse events leading to treatment discontinuation	1%	2%	2%	3%	<1%	3%	2%	2%	1%	0	0	<1%	0	1%
Adverse events occurring in >= 2% in at least one study														
Nasopharyngitis	8%	9%	5%	6%	6%	10%	10%	11%	10%	4%	4%	6%	3%	2%
Upper respiratory tract infection	2%	1%	2%	3%	5%	6%	7%	5%	0	3%	3%	1%	3%	3%
Sinusitis	/	/	/	/	2%	2%	2%	3%	/	/	/	/	/	/
Cough	2%	2%	1%	0%	/	/	/	/	/	/	/	/	/	/
Urinary tract infection	/	/	/	/	/	/	2%	2%	/	/	/	/	/	/
Constipation	/	/	/	/	2%	1%	2%	3%	/	/	/	<1%	0%	4%
Diarrhoea	3%	0	1%	1%	/	/	/	/	/	/	/	/	/	/
Nausea	1%	3%	1%	3%	5%	3%	2%	2%	/	/	/	2%	2%	3%
Fatigue	2%	5%	2%	4%	2%	4%	3%	2%	2%	2%	3%	/	/	/
Influenza	3%	1%	4%	1%	4%	4%	1%	3%	/	/	/	/	/	/
Back pain	3%	2%	4%	1%	/	/	2%	2%	2%	4%	2%	/	/	/
Neck pain	/	/	/	/	/	/	/	/	0	3%	3%	/	/	/
Arthralgia	3%	1%	0	1%	/	/	2%	2%	/	/	/	/	/	/
Muscle spasm/tightness	2%	0	0	0	/	/	/	/	/	/	/	1%	<1%	4%
Hypertension	/	/	/	/	/	3%	2%	0	/	/	/	/	/	/
Migraine	1%	1%	3%	3%	3%	2%	/	/	/	/	/	1%	2%	3%
Dizziness	/	/	/	/	/	/	/	/	2%	3%	3%	/	/	/
Injection site pain	3%	6%	5%	5%	4%	6%	3%	<1%	6%	6%	6%	1%	4%	4%

CM, chronic migraine; EM, episodic migraine; n, number.

*No statistically significant differences were demonstrated in terms of adverse events between placebo and erenumab across all studies.

Table 2. Non-cardiovascular physiological properties of CGRP in humans.

Site of action	Physiological effects	Potential implications of CGRP antagonism
Immune system ^{94,95}	<ul style="list-style-type: none"> - Inhibition of antigen presenting cell activity and pro-inflammatory cytokine secretion - Inhibition Th1 over Th2 responses - Inhibition of chemotaxis 	<ul style="list-style-type: none"> - Immunogenic effect
Respiratory system ^{96,97}	<ul style="list-style-type: none"> - Promotion of mucus production and goblet cell hyperplasia - Modulation of local inflammatory responses and immune cells 	<ul style="list-style-type: none"> - Worsening of COPD and asthma
Gastrointestinal system ^{98,99}	<ul style="list-style-type: none"> - Inhibition of motility - Promotion of Somatostatin secretion - Promotion of blood flow and inhibition of acid secretion - Modulation of local inflammatory responses and immune cells 	<ul style="list-style-type: none"> - Constipation - Worsening of bowel inflammatory conditions - Worsening of gastritis and gastro-duodenal ulceration
Cutaneous tissue ^{100,101}	<ul style="list-style-type: none"> - Tissue repair mechanisms - Modulation of local inflammatory responses and immune cells 	<ul style="list-style-type: none"> - Delayed wound healing and scare formation - Worsening of dermatitis and improvement of psoriasis
Reproductive system ^{102,103}	<ul style="list-style-type: none"> - Erectile and sperm function - Effect on pituitary hormones 	<ul style="list-style-type: none"> - Erectile dysfunction - Infertility
Pregnancy ^{104,105}	<ul style="list-style-type: none"> - Uterine relaxation - Foetal growth - Placenta stabilization 	<ul style="list-style-type: none"> - Risk of miscarriage
Osteo-articular system ^{106,107}	<ul style="list-style-type: none"> - Inhibition of chondrocyte hypertrophic differentiation - Inhibition of osteoclasts - Activation of osteoblasts - Joint nerve sensitization 	<ul style="list-style-type: none"> - Worsening of osteoporosis - Improvement of arthritic-related joint pain

COPD, chronic obstructive pulmonary disease.

CGRP is a ubiquitous very potent vasodilatory peptide involved in several physiological functions. Table 2 summarises the pivotal role of CGRP in human physiology. In view of the multitude of important roles of CGRP, it would be critical to understand the short- and long-term effects of blockade of the CGRP pathway.

CGRP as a vasodilator is involved in cardiovascular regulation of blood pressure. It seems that its

role under physiological circumstances may be limited,¹⁰⁸ but it seems to have a compensatory effect during hypertensive states.¹⁰⁹ A recent analysis of the vascular adverse events across the four clinical trials of erenumab and their open-label extension conducted in 2443 patients, showed a similar incidence of vascular adverse events between erenumab and placebo treatments groups. Hypertension was reported in 0.1% of erenumab group and in 0.9% of placebo group.¹¹⁰

CGRP may have a protective role against ischemia by increasing cerebral blood flow.¹¹¹ CGRP appears to be able to reduce brain injury following a stroke.^{112,113} Furthermore, infusion of CGRP further has been shown to reduce vasospasm in patients with subarachnoid haemorrhage (SAH).^{114,115} A recent case of a thalamic infarction following a first dose of erenumab in a young adult migraineur has been described. Stroke onset occurred during a typical migraine and a vasospasm was the postulated mechanisms after several investigations were carried out.¹¹⁶

Although the clinical trials population did not experience an excess of cardiovascular side effects while exposed to erenumab, cardiovascular safety in patients with pre-existent cardiac issues was evaluated in only one randomized, double-blind, placebo-controlled study in which erenumab effect on treadmill test performances was evaluated in patients with stable angina pectoris. No differences were demonstrated between patients receiving erenumab or placebo. Despite the study was important for trying to address an important issue, serious concerns have been raised about the methodology and hence validity of the study findings,¹¹⁷ suggesting that this group of patients need to be assessed properly.

Limitations in the use of erenumab

Lack of efficacy against the amylin receptor

Recent studies suggest that CGRP acts on both the CLR/RAMP1 and CTR/RAMP1 (AMY1) receptor. This may have potential implications in the use of erenumab, a CGRP-receptor mAb, as released CGRP could still exert at least part of its effects through binding to the AMY1 receptor. Potentially, agents that block both receptors might be more effective to erenumab as well as antibodies against the CGRP ligand. Although no clinical trial ever directly compared erenumab with the CGRP mAbs, their efficacy in phase II/III studies appears to be similar. One could claim that the same limitation may apply to the small molecules of CGRP antagonists, however, if these are used at high concentrations, they show only limited selectivity between CGRP and AMY1 receptors.¹¹⁸

Anti-mAb antibodies

Unlike gepants, erenumab can trigger the immune system to produce anti-erenumab antibodies, and

there is a possibility that such antibodies could be neutralizing anti-drug antibodies, reducing the efficacy of erenumab. Although this possibility is reduced since erenumab is a human immunoglobulin, anti-drug antibodies have been reported in clinical trials. In the clinical trials of erenumab, including those with long-term treatment, 2–8% of patients developed anti-drug antibodies.^{90,91,93,119} Only a small percentage of patients were reported to have neutralising anti-erenumab antibodies at least on one occasion, but that did not seem to result in reduced efficacy or increased rate of adverse events. Long-term studies looking at anti-drug antibodies that may develop over a longer time of treatment, are needed.

How does erenumab compare with other CGRP antagonists?

Very limited data are available for the comparison of erenumab and CGRP antagonists, and these are mostly limited to the earlier oral gepants. Unlike telcagepant which was modestly selective over the AMY1 receptor, erenumab appears to be more specific over the CGRP receptor.^{15,120} As discussed earlier though, this may be a peculiarity of erenumab, as CGRP appears to act on both the CGRP and AMY1 receptor.¹⁵ In addition, erenumab appears to be more potent than telcagepant in competing with [125I]-CGRP binding (Ki of 0.02 nM *versus* 0.77 nM, respectively).⁶⁸ The higher affinity of erenumab may be attributed to the multiple surface binding interactions of the mAb with the CGRP receptor. In the capsaicin-induced blood flow increase studies in humans, erenumab displayed an IC₅₀ of 1.7 nM,⁶⁸ which was very similar to the potency of the CGRP antagonist MK-3207,¹²¹ but was significantly more potent than telcagepant which had an IC₅₀ of 101 nM.¹²² Interestingly, both erenumab and the small CGRP antagonists do not seem to affect resting tissue blood perfusion.

Beyond the pharmacodynamic and pharmacokinetic differences, the prolonged plasma half-life of erenumab allows longer dosing intervals and not daily intake like with CGRP antagonists used for prevention, a property that is expected to offer higher adherence to treatment. Of course, the nature of erenumab as a mAb limits its route of treatment as sc injections, compared with orally active CGRP antagonist. Of course, should side effects appear or treatment discontinuation is needed for any other clinical reason, for example, in pregnancy, the long

half-life of erenumab may come as a limitation compared with stopping an orally active CGRP antagonist. In addition, unlike the CGRP receptor antagonists, erenumab is not degraded by the liver, and hence is unlikely to show any hepatotoxicity compared with telcagepant and MK-3207.

Erenumab: clinical data in migraine

Episodic migraine

A dose-finding phase II clinical trial of erenumab *versus* placebo for the prevention of EM demonstrated that erenumab only at the dose of 70mg administered sc every 4weeks met the primary endpoint of reduction of mean monthly migraine days (MMD) from baseline compared with placebo in weeks 8–12 after randomization (-3.4 *versus* -2.3 $p < 0.021$). Furthermore, some secondary endpoints were also met, namely 50% responder rate (46% in the erenumab 70mg arm *versus* 30% in the placebo arm, $p < 0.011$) and reduction in headache days/month (-3.5 *versus* -2.4 $p < 0.022$). No significant differences emerged on migraine specific disability and quality of life scales. Frequency of occurrence of adverse events were comparable between active groups and placebo. Severe adverse events were not related to the treatment.⁸⁹ Subsequently two phase III and a phase IIIb trial tested the efficacy of erenumab in EM.^{90–92}

ARISE is the first phase III trial that demonstrated clinical superiority of erenumab 70mg/month compared with placebo in EM. Adults with EM aged between 18 and 65 years, with less than three previous preventive drugs failures, were randomized to placebo or erenumab 70mg/month for 12 weeks. After 12 weeks, MMD was significantly improved in the active arm than compared with the placebo arm (-2.9 *versus* 1.8 $p < 0.001$). Erenumab resulted in being superior to placebo in the proportion of patients, obtaining at least 50% reduction of MMD (39.7% *versus* 29.5% $p < 0.010$) and in reduction of migraine specific drug days/month (-1.2 *versus* 0.6 $p = 0.002$).⁹⁰

STRIVE was a 24-week long phase III trial testing efficacy of erenumab 70mg and 140mg/month *versus* placebo in EM. Adults with EM, with a maximum of two previous migraine preventive drug failures and no medication overuse, were randomized to either placebo, erenumab

70mg/month or erenumab 140mg/month. The trial demonstrated that from month 4 through month 6, erenumab led to a greater reduction in MMD from baseline compared with placebo (erenumab 70mg -3.2 and erenumab 140mg -3.7 *versus* -1.8 $p < 0.001$), a greater reduction in migraine specific painkiller days/month in both active treatment arms compared with placebo (erenumab 70mg -1.1 and erenumab 140mg -1.6 *versus* -0.2 $p < 0.001$). The results also showed a higher percentage of 50% responders in patients treated with erenumab compared with placebo (erenumab 70mg 43.3% and erenumab 140mg 50.0% *versus* 26.6% $p < 0.001$).⁹¹ The trials' methodological differences and efficacy endpoints are summarised in Table 3.

Long term data in episodic migraine

Long term data from the phase II trial were collected aiming to assess long-term safety of erenumab administered at the dose of 70mg/month for 5 years. The 1 year interim analysis conducted in 307 of the initial 472 patients' cohort showed a safety profile of erenumab similar to that in the double-blind phase and no new safety concerns had emerged. Only 13% ($n = 14/107$ participants) of participants discontinued erenumab due to adverse events. Participants exposed to erenumab 70mg for a year reported a mean reduction in MMD from 8.8 [Standard deviation (SD): 2.6] at baseline to 3.7 (SD: 4.0) at week 64, with a mean change from baseline of 5.0 days.⁸⁶

The three-year interim analysis of the same phase II trial assessed safety, tolerability and efficacy of erenumab at the increased dose of 140mg/month. At the time of this analysis 236 participants out of 383 who continued to the 1 year open label extension were included in this study. Out of the subjects who discontinued the trial for personal reasons, only one participant did so due to adverse events. Erenumab administered at the dose of 140mg demonstrated no new safety concerns including cardiovascular problems. The most frequent side effects reported in this study included viral upper respiratory tract and sinus infection, flu-like syndrome and back pain. Serious adverse events were rare and similar to the placebo group. No cases of hepatotoxicity were detected. Two patients on erenumab 140mg (0.8%) had increased liver enzymes. No efficacy outcomes were reported in this study.¹²³

Table 3. Methodologies and outcomes of clinical trials of erenumab in episodic migraine.

	ARISE ⁹⁰	STRIVE ⁹¹	LIBERTY ⁹²
Number of participants	577	955	246
Erenumab dose	70 mg	70 mg and 140 mg	140 mg
Number of preventive treatments failed	<3 treatments	<3 treatments	2–4 treatments
Trial duration	12 weeks	24 weeks	12 weeks
Change in mean MMD	-2.9 days	-3.2 days (70 mg) -3.7 days (140 mg)	-1.8 days
Therapeutic gain	-1.1 days	-1.4 days (70 mg) -1.9 days (140 mg)	-1.6 days
Change in acute medication days/month	-1.2	-1.1 (70 mg) -1.6 (140 mg)	-1.3
Rate of 50% responders	39.7%	43.3% (70 mg) 50.0% (140 mg)	30%
HIT-6	-4.9 (gain: -2.3)	Not used	Not used
Discontinuation rate due to side effects	1.8%	2.2% (70 mg) 2.2% (140 mg)	0%

MMD, monthly migraine days.

Chronic migraine

The safety and efficacy of erenumab in the prevention of CM were evaluated in a double-blind, placebo-controlled, phase II clinical trial.⁹³ Patients were randomized (3:2:2) to placebo, erenumab 70 mg or 140 mg and administered every 4 weeks for 12 weeks. The reduction in MMD from baseline to weeks 9–12 was the primary endpoint. Secondary endpoints included the percentage of participants achieving 50% reduction in MMD, change in the use of monthly acute migraine treatments and change in cumulative headache hours from baseline. The mean monthly migraine days at baseline ranged between 17.8 and 18.2 days. Erenumab 70 mg and 140 mg reduced monthly migraine days by 6.6 days compared with 4.2 days of placebo [95% confidence interval (CI) -3.5 to -1.4, $p < 0.0001$]. At the end of the double-blind treatment phase, 40% of patients in the erenumab 70 mg group and 41% of patients in the erenumab 140 mg group achieved a 50% or more reduction from baseline in monthly migraine days compared with 23% of patients in the placebo arm.

Responders rate analysis in chronic migraine

The responder rate analysis has been considered a valid secondary endpoint outcome aiming to enforce the meaning of a reduction in mean migraine days, which has been used as a primary endpoint in all clinical trials testing the mAbs. This efficacy outcome is also useful in clinical practice to present to the patients the likely magnitude of effect of a treatment that they have been offered. A *post hoc* analysis of the overall population treated in the erenumab CM trial evaluated the 50% (pre-specified secondary endpoint), 75% (*post hoc* analysis), and 100% (*post hoc* analysis) reduction in MMD from baseline to Month 3. In addition, the percentage of patients with no response to treatment, defined as no change or worsening of MMD, was assessed. At month 3, 39.9% and 41.2% of patients on erenumab 70 and 140 mg, respectively, achieved 50% response *versus* placebo (23.5%). Similarly, at month 3, 17.0% and 20.9% of patients on erenumab 70 and 140 mg, respectively, achieved 75% response *versus* placebo (7.8%). The proportion of patients who achieved a 100% response at month 3 in the placebo, erenumab 70 mg, and 140 mg groups

were 0.4% (n=1/281), 4.3% (n=8/188), and 2.7% (n=5/187), respectively. Overall, 28.1%, 16.3% and 20.9% of patients reported no change/worsening in the placebo, erenumab 70 mg and 140 mg groups, respectively.¹²⁴

Chronic migraine and medication overuse

Evidence of efficacy of erenumab in patients with CM and medication overuse headache (MOH) come from a subgroup analysis of the phase II trial.¹²⁵ Of all participants, 41% fulfilled the criteria for MOH. At month 3, there was an average reduction of 6.6 migraine days with both erenumab doses compared with 3.5 days migraine days reduction in the placebo arm (treatment difference of -3.1 days, 95% CI -4.8 to -1.4). Furthermore, the $\geq 50\%$ responder rates in the MOH group were superior for the group treated with erenumab 70 mg (36%) and with 140 mg (35%), compared with the placebo group (18%). There was a significant reduction acute migraine-specific medication use days in the medication overuse subgroup treated with erenumab 70 mg (-5.4 days) and 140 mg (-4.9 days) compared with the placebo group (-2.1 days).

A significantly greater proportion of patients in the erenumab 70 mg and 140 mg groups transitioned from medication overusers to non-medication overusers at month 3, regardless of the abortive treatments overused (simple analgesics, triptans or combination). More than 50% of patients overusing simple analgesics or triptan switched to non-MOH already at month 1.

The reduction in migraine days and painkillers intake led to a reduction of the disability and to an improvement of the quality of life scores.¹²⁵

Difficult-to-treat migraine

Participants enrolled in the initial clinical trials of erenumab were naïve or almost naïve to treatments, which may reflect the population of migraine patients assessed in primary care but not in secondary or tertiary care, where either EM or CM patients are normally more difficult to treat. One study and two subgroup analysis of already published studies tried to address the question on whether erenumab was superior to placebo also in difficult-to-treat EM and CM patients.

A subgroup analysis of the STRIVE study assessed the effect of erenumab in EM patients who failed

≥ 1 or ≥ 2 preventive treatments. The analysis showed consistency of effect of erenumab regardless of the number of preventive treatment failures.¹²⁶ Subsequently, a clinical trial was specifically designed to assess the efficacy of erenumab 140 mg/month for three months *versus* placebo in patients who failed to respond or tolerate 2–4 preventive treatments. The LIBERTY trial included participants who had previously failed two (39%), three (38%) and four preventive medications (23%). At week 12 of the randomised phase, erenumab led 30% of the patients to at least 50% reduction in the mean number of monthly migraine days, compared with 14% in the placebo group [odds ratio 2.7 (95% CI 1.4–5.2); $p=0.002$].⁹² Despite being superior to placebo, the 50% responder rate of this trial was less impressive compared with the rate displayed in the other trials conducted in EM patients who failed two or less preventive treatments ($>40\%$). This discrepancy may confirm that patients who fail several previous preventive treatments are a more difficult to treat group. An open-label extension of this placebo-controlled trial phase was conducted to evaluate long-term safety and efficacy of erenumab in EM. The results of an interim analysis were presented during the 2019 European Headache Federation (EHF) conference in Athens. A total of 240 patients of the placebo-controlled trial continued in the open-label phase and were treated with erenumab 140 mg/month. In total, 202 patients completed a 52-week treatment and follow up. The analysis confirmed the efficacy of erenumab and displayed a slight improvement in the efficacy outcomes compared with the placebo-controlled phase with 48% of patients obtaining a 50% response rate and with a mean reduction in migraine days/month of 3.6 days/month. This improvement was translated into a reduction of migraine-related disability according to the Headache Impact Test (HIT-6) score and Migraine Physical Function Impact Diary-Every day activity domain (MPFID-EA) or physical-impairment domain (PI) score.¹²⁷

A subgroup analysis of the pivotal CM trial assessed the efficacy of erenumab in difficult-to-treat patients. The study included patients who failed at least one preventive drug (70%), at least two drugs (almost 50%) and at least three drugs (35%). For both dosages (but particularly for 140 mg), erenumab was superior to placebo in those who failed at least one treatment: erenumab 70 mg *versus* placebo -2.5 MMD, $p<0.001$;

erenumab 140 mg *versus* placebo -3.3 MMD, $p < 0.001$. Similar results were obtained by those who failed at least two treatments: erenumab 70 mg *versus* placebo, -2.7 migraine days, $p < 0.001$; erenumab 140 mg *versus* placebo -4.3 MMD, $p < 0.001$; and at least three treatments: erenumab 70 mg *versus* placebo, -2.5 MMD, $p < 0.005$; and erenumab 140 mg *versus* placebo, -4.1 MMD. This analysis supported the clinical usefulness of erenumab in difficult cases of CM which are often encountered in clinical practice.¹²⁸

Migraine-related disability and quality of life scales in erenumab trials

The aim of migraine preventive treatments is ultimately to provide improvement of quality of life and to reduce migraine-related disability for sufferers. Several scales have been used in the erenumab clinical trial programmes to evaluate any change in quality of life and disability outcomes in migraine patients. The phase II trial in EM⁸⁹ the Migraine Disability Assessment Questionnaire (MIDAS), HIT-6 were used, along with the Patient Reported Outcomes Measurement Information System (PROMIS) and some domains of the Migraine-Specific Quality of Life Questionnaire (MSQ). However, the study was not designed to detect a significant difference for these endpoints. Hence, the main data on migraine-related disability and quality of life have come from ARISE and STRIVE trials. In the ARISE trial, the established HIT-6 (modified version), MIDAS and MSQ were used. Migraine-related physical impairment was tested using the Migraine Physical Function Impact Diary (MPFID-PI), and achievement of at least a 5-point reduction in monthly average Impact on Everyday Activities (MPFID-EA) domain score was considered clinically meaningful. There was no statistically significant difference in the two domains of the MPFID score between erenumab 70 mg and placebo. However, the improvements in MSQ and HIT-6 scores were statistically greater in the erenumab group than in placebo at month 3.⁹⁰

The migraine-related disability and quality of life measures utilised in the STRIVE trial include: MIDAS and HIT-6 score as well as the MSQ. Overall, erenumab treatment *versus* placebo resulted in a greater reduction in migraine-related disability. Separation between the erenumab and placebo groups occurred as early as month 1, and

reductions in scores remained consistently greater for erenumab throughout the 6 months of treatment. There was a reduction of the proportion of patients with severe and very severe migraine-related disability as per MIDAS in patients receiving erenumab 70 and 140 mg over months 4–6 compared with those receiving placebo.⁹¹ Similarly, erenumab treatment resulted in greater reductions of HIT-6 scores compared with placebo. There was no significant difference between the 70 mg and 140 mg doses. A clinically meaningful 5-point reduction (improvement) from baseline in HIT-6 over months 4–6 after receiving 70 mg and 140 mg was 56.4% and 49.7%, respectively, compared with placebo (39.9%). Moreover, in patients receiving both erenumab 70 mg and 140 mg, a clinically meaningful improvement of MSQ was evident.

Erenumab: future directions and conclusions

Findings from rigorous clinical trials have all pointed towards the clinical efficacy, safety and good tolerability of erenumab in the prevention of EM and CM.^{89–93,123,127}

These promising data will need to be confirmed in the real-world migraine population, which is considered often more difficult to treat compared with the clinical trials participants predominantly for two reasons: a greater number of preventive treatments failed and the greater number of comorbidities. Such data will also be relevant in the context of healthcare economic aspects. Indeed, the mAbs are considered costly treatments and, due to cost-effectiveness reasons, their use may be limited to CM instead of EM and to those CM who are refractory to medical treatments, having failed three classes of preventive medications. Indeed, initial cost-effective analysis conducted in the USA have concluded that erenumab may be a cost-effective approach in CM¹²⁹ but not in EM. In Europe, a recent cost analysis of erenumab and BoNT/A have highlighted that erenumab could be as cost-effective as BoNT/A either at a lower compared to the current one or in patients who failed to respond to BoNT/A.¹³⁰ Hence, future studies will need to establish the effectiveness of mAbs in this subgroup of complex CM refractory to medications.

At the time of writing, the only real-world report published so far on erenumab includes a small

cohort of migraine patients (13 episodic and 65 chronic) treated with erenumab 70mg/month for mostly 2 months. Results at 4 and 8 weeks showed a 50% response rate in the CM group of 68.2% after the first dose and of 87.5% after the second dose. The proportion of 75% responders was 40.5% and 37.5% after the first and the second dose, respectively. There was a clinically meaningful reduction of the HIT-6 score of almost 10 points after the first month and of almost 12 points after the second. The reduction in migraine days led to a reduction in painkillers intake in responders. Similar outcomes were noticed in the EM group. The treatment was overall tolerated well with only one patient reporting injection site pain.¹³¹

Migraine often occurs in comorbidity with other conditions including pain, sleep and psychiatric comorbidities.¹³² Patients with migraine and one or more of these comorbidities suffer from a high degree of disability and display a greater level of management complexity. Established migraine oral preventive treatments are normally chosen or dismissed based upon the presence and type of comorbidities. Studies that aim to test the efficacy of anti-CGRP mAbs in patients with migraine and other pain and psychiatric comorbidities will help clarifying the role of this class of medications in this complex population which is often found challenging to be managed both primary care and in specialist headache clinics.

The outcomes of clinical trials and the pharmacodynamic properties of erenumab suggest a quick onset of action, normally within 1–2 weeks. This drug property has led the EHF to recommend a 3-month trial of mAbs for 3 months before assessing their effectiveness.¹³³ Given the complexity and refractoriness of certain migraine patients seen in tertiary referral centres, it is plausible to postulate that a subgroup of these patients may need 6 months of treatment before assessing whether to continue or discontinue a treatment with erenumab. In patients obtaining a clinically meaningful response, it is unclear how long the therapy should be continued. In clinical practice, an attempt to stop preventive therapy, in order to evaluate if the improvement may be sustained and to minimize the risk of adverse events, can be made if migraines become infrequent and not debilitating. None of the trials assessed the persistency of effect and risk of rebound headache after erenumab discontinuation. Currently, the EHF guidelines suggest to evaluate possible

discontinuation after 6 or 12 months,¹³³ however, duration of trials with erenumab and the other mAbs may be dictated by the degree of response: 12 months in those with >50% response, which may no longer display a CM pattern, longer than 12 months in those with 30–50% response and 6 months in those with some degree of improvement but <30%. Post-market and real-world data will need to address these and other critical questions on this novel therapy to better shape the place of this novel treatment in the arsenal of medical options for migraine treatment.

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