


SARS-CoV-2: At the Crossroad Between Aging and Neurodegeneration

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In December 2019, a pneumonia outbreak associated with a novel form of human coronavirus was reported in Wuhan, Hubei province, China.^{1,2}

As the causative agent of coronavirus disease 2019 (COVID-19), the severe acute respiratory distress syndrome coronavirus 2 (SARS-CoV-2) is now responsible for the third coronavirus-associated pandemic in recent human history.^{3,4} The World Health Organization declared a public health emergency of international concern⁵ because of a growing number of deaths around the globe, as well as unprecedented economic and sociodemographic consequences.

SARS-CoV-2 is the seventh coronavirus known to infect humans.⁶ It belongs to the family of *Coronaviridae*, a group of large, enveloped, nonsegmented positive-sense RNA viruses. The family includes some of the less pathogenic viruses, like HKU and 229E,⁷ but also highly pathogenic ones, such as SARS-CoV and the Middle East respiratory (MERS)-CoV, which emerged in 2002 and 2012, respectively, causing substantial human morbidity and mortality.⁸ Even though shortly after its emergence it was broadly compared with the H1N1 influenza virus

(IAV), SARS-CoV-2 seems not to share molecular similarities with IAV. However, H1N1 and SARS-CoV show some resemblance regarding immune system activation. Both viruses induce alterations of epigenetic control mechanisms, allowing interferon-stimulated genes (ISGs) effector response, which provides the first defense against viral infection.⁹

The body of knowledge that the scientific community has gathered on SARS-CoV-2 is extremely recent, but is growing daily. Still, there are no antiviral treatments against this disease, nor are there vaccines for its prevention. The long term consequences of the infection on human health remain uncertain at this point. Nevertheless, some extrapolations can be made about the potential effects of the virus on cellular life span as well as on organismal health span. Here, we argue that SARS-CoV-2 infection may, in the long term, lead to accelerated aging phenotypes in survivors not only in affected tissues, but also in other organs, including the brain. Given that some of the effects could manifest months or years after infection, it will be necessary to follow carefully people affected by COVID-19. Keeping accurate registries may enable us to, in the future, establish connections with aging-associated disorders, such as Parkinson's disease (PD) and other neurodegenerative disorders.

Effects of SARS-CoV-2 on Aging Hallmarks

Although studies elucidating molecular details of SARS-CoV-2 infection are still missing, a recent study mapping the interactions between each viral protein and human proteome lends support to reasoning presented above.¹⁰ The study shows the interactions of

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SARS-CoV-2 proteins with human proteins from several aging-related pathways, like vesicle trafficking (Nsp6, Nsp7, Nsp10, Nsp13, Nsp15, Orf3a, E, and Orf8), lipid modifications (Spike), RNA processing and regulation (Nsp8, N), ubiquitin ligases (Orf10), and mitochondrial activity (Nsp4, Nsp8, and Orf9c).

Nucleocapsid protein (N) interacts with stress granule marker protein G3BP1, a protein whose antiviral activity is based on the induction of innate immune response.¹¹⁻¹³ Such interaction likely inhibits SG formation, thus leading also to manipulation of the host cell RNA biology and protein synthesis.¹⁴ The SARS-CoV-2 nucleocapsid protein also interacts with the mTOR translational repressor, LARP1.¹⁰ Importantly, all target proteins are expressed in both lungs as well as nonlung tissue. The available literature on cellular outcomes of SARS-CoV and IAV infections reveals frequent modulations of the pathways involved in cellular aging (reviewed in an earlier work¹⁵), thus supporting the potential involvement of SARS-CoV-2 in similar pathways (Fig. 1).

Protein homeostasis (proteostasis) is the result of coordinated networks that act to maintain a dynamic equilibrium among protein translation, folding, and clearance. It includes molecular chaperones, predominantly the heat shock proteins (HSPs), which enable the correct protein folding, native conformation maintenance, and cooperation with the protein degradation machinery. However, preservation of proteome stability is challenging given that cells are frequently exposed to stresses. A viral infection is one such example given that viruses hijack the host's cellular machinery to replicate efficiently. In particular, viruses apply several strategies to manipulate proteostasis pathways at different stages and take advantage for their cycle progression. During the early stages of H1N1 infection, Hsp40 associates with two subunits of viral RNA polymerase, thus enhancing its activity.¹⁶ Hsp40 mediates the translocation of the viral genome into the nucleus attributed to the interaction with the viral nucleoprotein (NP), which encapsulates the viral genome (Fig. 1).

Moreover, Hsp40-NP interaction plays a role at the late stages of infection by inhibiting protein kinase R (PKR) activation, essential in the antiviral response of the host.^{17,18} Although previous studies have shown an adverse effect of Hsp70 in preventing the nuclear export of ribonucleoprotein in the H3N2 influenza virus,¹⁹ recent studies described that Hsp70 acts as a chaperon for viral polymerase.²⁰ Hsp90 is another target of the IAV infection strategy. After viral infection, Hsp90 relocates in the nucleus and positively regulates the activity and structure of viral RNA polymerase.^{21,22} HSPs are also negative regulators of cell death. Normally, Hsp70 directly binds Apaf-1, preventing the recruitment of procaspase-9 to the apoptosome. Using

a similar mechanism, Hsp90 inhibits Apaf-1 oligomerization and recruitment of procaspase. Both pathways block the initiation of apoptosis.^{23,24} During an infection, viruses can prevent the formation of these complexes, facilitating caspase cascade activation to induce apoptosis to spread infection and evade host immune response.

Moreover, the SARS-CoV virus uses the endoplasmic reticulum (ER) as a site for the synthesis and processing of viral proteins.²⁵ The infection with SARS-CoV induces the unfolded protein response (UPR) in the host cell. The SARS-CoV spike (S) protein activates the transcription of several UPR effectors, including glucose-regulated protein 78 (GRP78), GRP94, and C/EBP homologous protein. The spike protein accumulates in the ER, suggesting that it modulates the UPR explicitly to facilitate viral replication²⁵ (Fig. 1).

The potential for degrading and recycling their components provides cells with a powerful means of killing intracellular pathogens.²⁶ For this reason, autophagy represents an innate immune defense against viruses by delivering viruses and viral proteins to lysosomes for degradation. Therefore, viruses can interfere with protein degradation pathways to maintain the correct concentration and function of viral proteins. H1N1 blocks autophagic flux at early stages and leads to a decreased number of autophagosomes, whereas at the late stages, it inhibits autophagosome fusion with lysosomes.²⁷ However, for (+) strand RNA viruses, autophagosomes can facilitate assembly of replicase proteins. In this context, it has been shown that nonstructural protein (NSP) 6 of the avian coronavirus, infectious bronchitis virus, generates autophagosomes from the ER of the host cell²⁸ (Fig. 1). NSP6 protein limits autophagosome expansion, thus favoring coronavirus infection by impeding the delivery of viral components to lysosomes for degradation. SARS-CoV open reading frame 9b (ORF-9b) strongly induces the autophagy of the host cells.²⁹

H1N1 can hijack the host ubiquitin-proteasome system. Cells can ubiquitinate viral proteins to target them for degradation, but viruses present strategies to evade such response by inactivating host cell antagonists of viral replication.^{30,31} Such a scenario triggers alterations in proteostasis that may lead to the accumulation of toxic insoluble proteins.³² As a response to this stress, cells shut down the translation of housekeeping genes to conserve energy for the synthesis of stress response proteins.

SARS-CoV has been recognized to manipulate host cell mitochondria and mitochondrial function to avoid innate host immunity.²⁹ ORF-9b of SARS-CoV localizes to mitochondria and causes mitochondrial elongation by enhancing proteasomal degradation of dynamin-like protein 1, a human protein acting in

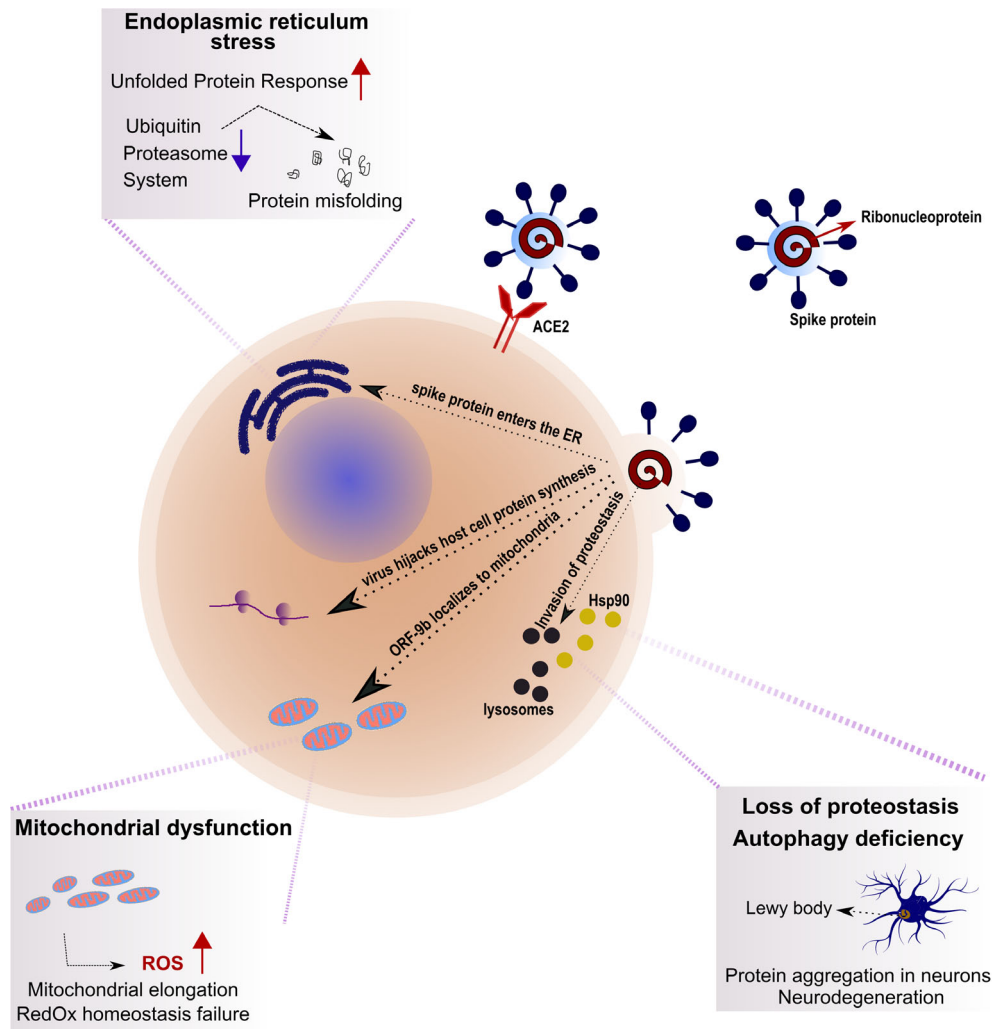


FIG. 1. Putative *modus operandi* of SARS-CoV-2. Upon binding to the angiotensin-converting enzyme 2 (ACE2) receptor, the virus enters the host cells and hijacks the cellular machineries for its own replication, affecting pathways relevant in the maintenance of cellular longevity. The virus seizes control over the host's Hsp90 (yellow circles) to enhance the function of its RNA polymerase. Lysosomal activity (black circles) is inhibited, leading to protein aggregation in target cells, including neurons, thus increasing the long-term likelihood of neurodegenerative diseases, such as PD. Viral ORF-9b localizes to mitochondria, propelling mitochondrial dysfunction, as well as an overall turmoil of redox homeostasis. The viral spike protein enters the ER and activates the UPR, which, together with the inhibition of the ubiquitin-proteasome system, leads to cell-wide protein misfolding. This model is based on literature currently available on SARS-CoV, SARS-Cov-2, and influenza A virus. [Color figure can be viewed at wileyonlinelibrary.com]

mitochondrial fission (Fig. 1). Moreover, ORF-9b targets the mitochondrial-associated adaptor molecule MAVS signalosome to suppress antiviral cellular signaling. Furthermore, SARS-CoV proteins—ORF-3a, ORF-3b, ORF-6, and ORF-7a—induce apoptosis of the host cell.³³ Another adaptive mechanism cells turn to during stress is the sequestration of misfolded proteins into stress granules. H1N1 displays the potential to inhibit the translation, as well as the stress granule formation, by phosphorylation of the host's eukaryotic translation initiation factor 2 α (eIF2 α). Given that viral replication depends on functional host translation machinery, many viruses bind PKR to prevent eIF2 α phosphorylation.³⁴ A myriad of cellular malfunctions triggers redox imbalance, increased reactive oxygen species (ROS) production,

as well as mitochondrial and lysosomal dysfunction. Finally, such a sequence of events creates a vicious circle by rendering the cells even less resistant to infection, which, in the long term, may lead to an increase in the biological age among COVID-19 survivors by accelerated aging of the immune system and affected tissues.

A Possible Connection With PD

Age-related loss of proteostasis has been strongly correlated with more severe consequences of IAV and SARS-CoV-2 in older adults. The loss of ability of properly activating stress response mechanisms in the elderly can lead to severe phenotypes, including a

decrease of protein solubility and accumulation of aggregates, such as those characteristic of various age-associated neurodegenerative disorders, including PD. Indeed, infection of dopaminergic cells expressing alpha-synuclein (aSyn), the major protein component of Lewy bodies and Lewy neurites, with the H1N1 influenza virus, resulted in the formation of aSyn aggregates, but not of tau or TDP-43, suggesting selectivity.²⁷ In this study, the molecular mechanisms pointed to H1N1-mediated blocking of autophagic flux, which has long been associated with aSyn accumulation in models of PD.

Interestingly, amantadine, an antiviral agent, is used in early and advanced PD to treat tremor.³⁵⁻³⁹ In addition, oseltamivir, an antiviral widely used to treat influenza, was reported to significantly improve parkinsonism, but, at the same time, to increase dyskinesia.⁴⁰ Although the risk for idiopathic PD does not seem to be increased because of previous influenza infections, parkinsonism may be linked with more recent infections.⁴¹

aSyn may play a role in inducing innate and adaptive immunity in PD.^{42,43} Therefore, investigating the molecular mechanisms connecting viral infections with alterations in cellular proteostasis pathways that may, in turn, potentiate aSyn aggregation could prove extremely valuable for the design of therapeutic strategies for PD and for adjusting therapies for PD patients who were infected by SARS-CoV-2.

Previous reports suggested a possible interaction of human CoV with the central nervous system, and with PD in particular.⁴⁴ Interestingly, intracerebral injection of IAV in mice results in the presence of the virus in the SN and hippocampus.⁴⁵

Importantly, aSyn was reported to act as an antiviral factor in neurons of patients with West Nile virus (WNV) encephalitis. In aSyn-knockout mice, the WNV infectious titer in the brain is increased by 5 orders of magnitude, and the rate of WNV-induced mortality is strongly aggravated. The cortical neurons of aSyn-knockout mice also exhibit an earlier increase in the amount of virus-induced caspase-3 after the onset of infection, thus triggering neuronal death by apoptosis at an earlier time point.⁴⁶

Mutations in the leucine-rich repeat kinase (LRRK2) are, so far, the most common genetic determinant of PD. Interestingly, mice expressing G2019S mutant LRRK2 exhibit increased mortality triggered by reovirus-induced encephalitis. Strikingly, brains from these animals contain higher levels of aSyn.⁴⁷

LRRK2 is present in many cell types in the immune system, and its expression is increased in pathogen-stimulated macrophages.⁴⁸ Previous research brought sufficient evidence to hypothesize that the role of LRRK2 in the immune system provides a “glue” connecting the immune system function with the

development and propagation of PD, as well as the biological age of the host cells.⁴⁸

Concluding Remarks

At this point, it is indisputable that SARS-CoV-2 is causing a global medical emergency that is taking a substantial number of lives every day. Yet, enormous efforts are being made by the scientific community to develop treatments and vaccines that would help treat and eradicate this virus. Several interventions have already been proposed, targeting viral progression. Extensive biochemical studies will be essential for targeted drug design, resonating with valuable work on *Coronaviridae* interactions with the host cell pathways.

However, when the pandemic is over, what will the consequences be to the health of survivors? The findings described so far on SARS-CoV-2 echo those with SARS-CoV and with H1N1 virus: Mitochondrial function, proteostasis, lipid metabolism, as well as stress responses are only some of the crucial cellular pathways affected by the infection. Strikingly, these processes also reverberate with multiple pathways relevant in cellular and organismal aging, and in neurodegenerative diseases such as PD, suggesting that accelerated aging in certain tissues might be a potential long-term complication of the SARS-CoV-2 infections. ■

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