REVIEW ARTICLE Engineering bionic T cells: signal 1, signal 2, signal 3, reprogramming and the removal of inhibitory mechanisms

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Gene engineering and combinatorial approaches with other cancer immunotherapy agents may confer capabilities enabling full tumor rejection by adoptive T cell therapy (ACT). The provision of proper costimulatory receptor activity and cytokine stimuli, along with the repression of inhibitory mechanisms, will conceivably make the most of these treatment strategies. In this sense, T cells can be genetically manipulated to become refractory to suppressive mechanisms and exhaustion, last longer and differentiate into memory T cells while endowed with the ability to traffic to malignant tissues. Their antitumor effects can be dramatically augmented with permanent or transient gene transfer maneuvers to express or delete/repress genes. A combination of such interventions seeks the creation of the ultimate bionic T cell, perfected to seek and destroy cancer cells upon systemic or local intratumor delivery.

Keywords: Adoptive cell therapy; T cell engineering; Cancer immunotherapy

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INTRODUCTION

Immunotherapy has emerged in recent decades as one of the most powerful strategies for cancer treatment. Among the different types of immunotherapy, immune checkpoint blockers (ICBs), such as PD-1/PD-L1 and CTLA-4 inhibitors, have stood out, showing unprecedented clinical benefit.¹ However, low response rates and progression after transient remission still represent major challenges. Along with ICBs, adoptive cell therapy (ACT) represents a cutting-edge cancer immunotherapy approach. ACT consists of the infusion of ex vivo expanded lymphocytes and exploits the antigen specificity of the adaptive immune system to direct T-cell effector functions against cancer cells. ACT strategies include the transfer of tumor-infiltrating lymphocytes (TILs) and the transfer of transgenic T cells engineered to express an exogenous T-cell receptor (TCR) or a chimeric antigen receptor (CAR) based on single-chain antibody recognition of surface proteins on cancer cells.^{[2](#page-8-0)} Cell therapy strategies based on NK cells are also being intensively investigated and are starting to show exciting preclinical and clinical results.^{[3,4](#page-8-0)}

Clinical trials using autologous TILs to treat metastatic melanoma patients have shown objective response rates of up to 50%.^{[5,6](#page-8-0)} However, the efficacy of TIL transfer in the treatment of other solid tumors has been more limited. Similar to TIL therapy, TCR-engineered ACT requires antigen presentation by the major histocompatibility complex (MHC); thus, efficacy depends on tumor MHC expression. To bypass MHC-dependent antigen presentation, CAR-T cells have been developed. CARs can virtually target any surface tumor cell antigen. In the clinic, CAR-T cells have shown impressive responses against hematological

malignancies, and CD19-targeting CARs are the only ACT-based approach thus far approved by the FDA/EMA. 7 7 The outcome of CAR therapy in hematological malignancies has revolutionized the field, but so far, it has not been successful in the treatment of solid tumors.

ACT is far from perfect. Engineering platforms can be used not only to confer antigen recognition specificity to T cells but also to build "the bionic T cell", meaning a better, stronger, and faster T cell for ACT.⁸ This review aims to discuss the basic principles of and barriers to ACT use in solid tumors and the ongoing cell and gene engineering strategies to enhance ACT approaches or limit side effects.

AN OVERVIEW OF T-CELL-MEDIATED IMMUNITY IN CANCER

 $CD8⁺$ cytotoxic T lymphocytes (CTLs) play an essential role in cancer immunity by specifically recognizing tumor-associated antigens (TAAs) presented by MHC-I molecules on cancer cells through their TCRs and by mediating cytotoxic responses against malignant cells. The ability of T cells to distinguish between selfantigens and tumor antigens is a hallmark of T cell-based ACT. Upon cognate antigen encounter, CTLs activate and release cytotoxic granules containing granzymes and perforin towards the target cell and produce proinflammatory effector Th1 cytokines such as IL-2, TNF, and IFN-ɣ.

To accomplish its effector function, a CTL should initially be activated in the lymph node (LN), migrate to the tumor, infiltrate the tumor parenchyma, interact with the target tumor cell and directionally degranulate. The presence of CTLs in the tumor

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microenvironment (TME) is currently explained using a cyclic model in which antigen-presenting cells (APCs), tumor cells, and T cells interact to establish an immune response.^{[9](#page-8-0)} According to this model, dendritic cells (DCs) infiltrate into the tumor tissue and become activated/mature, causing type I IFN secretion that results in the activation of BATF3-dependent cross-presenting migratory DCs, commonly regarded as type 1 conventional DCs (migratory cDC1s). Migratory DCs uptake TAAs and travel from the TME to the draining LNs, where they cross-present the TAAs to antigenspecific T cells, leading to T cell proliferation, activation and differentiation^{[10](#page-8-0)} and potentially conferring the ability to migrate to the TME in a CXCL9/10-dependent fashion. In addition to the recruitment of primed T cells from the dLNs to the TME, recent results suggest that tissue memory T cells may also contribute to the pool of T cell infiltration into tumors.^{[11](#page-8-0)}

Even though CTLs infiltrate the TME, T-cell activity is a tightly controlled process in which TAA presentation on MHC molecules by APCs or tumor cells (signal 1) is not enough to mount effective T-cell antitumor responses. Costimulatory signals (signal 2) provided by the B7 and TNFR protein families and cytokine stimulation (signal 3), including IL-12 and type I IFN cytokines, are required to cooperate with TCR signaling for full-blown T-cell activation. In addition, recent studies have reported a role for bystander T cells in antitumor immunity. These T cells are not specific for tumor antigens and may functionally contribute to tumor control.^{[12](#page-8-0)} Unlike T-cell activation, persistent antigen exposure to specific T cells in the TME causes the attenuation of T-cell effector function and proliferation, a set of features that resembles the T-cell inhibited phenotype previously reported
during chronic viral infections.^{[13](#page-8-0)} Such a dysfunctional state is characterized by the expression of inhibitory receptors (checkpoint receptors) such as PD1, CTLA-4, TIM-3, and LAG-3. 14 In addition, the loss of costimulatory molecules on T cells, such as the costimulatory receptor CD226, contributes to a dysfunctional T cell state.^{[15](#page-8-0)} CD226 acting in competition with the inhibitory checkpoint receptors TIGIT and CD96 expressed on tumor-specific T cells compete for binding to CD155. In fact, CD155 is a surface protein highly expressed on tumor cells. In this sense, the downregulation of CD226 expression unbalances the T cell costimulatory output in the TME and is likely to contribute to T-cell dysfunction.^{[16](#page-8-0)} This T-cell state has been termed T-cell exhaustion. This state arises as the result of transcriptional and epigenetic changes.^{[17](#page-8-0)} Checkpoints expressed as a result of exhaustion inhibit T-cell activity and ultimately contribute to cancer progression.

CTL priming bolsters an epigenetic and transcriptional differentiation process in which naïve T cells differentiate into shortlived effector cells (SLECs) or into memory precursor cells (MPECs). Memory T cells have a higher proliferative capacity, longer persistence, and a less differentiated phenotype than terminally differentiated effector T cells.^{[18](#page-8-0)} Based on the expression of CD45 alternative splicing isoforms RA and RO and homing receptors such as CD62L, CCR7 and CD103, memory T cells are classified as central (T_{CM}), effector (T_{EM}), and tissue-resident (T_{RM}) cells.^{[19](#page-8-0)} Memory $CDS⁺$ T cells are essential for acquired immunity by ensuring effector functions upon antigen restimulation. In this sense, the reprogramming of memory T cells is a source of specific CTLs that can eventually infiltrate the TME.

 $CD4⁺$ T cells that recognize helper epitopes presented by MHC class II molecules are also required to mount efficient antitumor immunity.^{[20](#page-8-0),[21](#page-8-0)} During CTL (CD8⁺) priming, CD4⁺ helper T cells contribute to optimal CTL differentiation to effector and memory cells by upregulating activating signals on DCs. These $CD4^+$ helper signals include CD40L-CD40-mediated DC licensing that causes IL-12 and IL-15 cytokine production as well as the upregulation of costimulatory receptors such as CD80 and CD70 on cDC1s.^{[22,23](#page-8-0)} In addition, $CD4⁺$ T cells may also directly contribute to the intrinsic properties of CTLs, such as enhancing their cytotoxic functions Engineering bionic T cells: signal 1, signal 2, signal 3, reprogramming. . . I Etxeberria et al.

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and trafficking potential. 24 Evidence for melanoma regression upon adoptive transfer of antitumor $CD4^+$ T cells has been reported.^{[25](#page-8-0)} In this regard, and in line with the reported antitumoral properties of the IL-9-producing Th9 $CD4^+$ T cell subset, 26 the adoptive transfer of tumor-specific Th9 cells outperformed Th1 and Th7 subsets in terms of antitumor efficacy and persistence in preclinical mouse models.²

BARRIERS TO T-CELL IMMUNITY IN CANCER

CTLs in solid tumors encounter a hostile tumor environment mainly characterized by (i) a tumor microenvironment physically protected by refractory endothelial cells,^{[28](#page-8-0)} cancer-associated fibroblasts (CAFs) 29 29 29 and an extracellular matrix that hinders CTL infiltration; (ii) a metabolically restricted hypoxic and acidic environment that hampers T-cell proliferation; and (iii) a proanergic environment caused by immunosuppressive cytokines, such as transforming growth factor β (TGF-β) and IL-10, and inhibitory direct cell contacts that include checkpoint ligation. In addition, intrinsic T-cell factors, such as suboptimal TCR signaling, contribute to the state of peripheral tolerance generation in the TME (Fig. [1](#page-2-0)). Indeed, tumor-infiltrating T-cells are often described to be in a state of exhaustion driven by epigenetic and transcriptional cues related to chronic antigen exposure and a tissue repair environment.

During tumor development, innate immune subsets comprising myeloid-derived suppressor cells (MDSCs), neutrophils, and macrophages are recruited to the TME and contribute to establishing a hostile immunosuppressive environment that favors tumor progression and impairs antitumoral immunity.^{[30](#page-8-0)} During their early transformation, tumor cells secrete immunosuppressive factors such as vascular endothelial growth factor (VEGF), TGF-β and indoleamine 2,3-dioxygenase (IDO); myeloid-cell and Tregrecruiting factors such as G-CSF and GM-CSF; the cytokines IL-1, IL-4, IL-6, IL-13, and IL-35; and the chemokines IL-8 and CCL2, among others.^{[31](#page-8-0)} MDSCs and macrophages, once in the TME, inhibit T cell immunity through a variety of mechanisms. The secretion of immunosuppressive cytokines such as IL-6, IL-10, and TGF-β in the TME directly inhibits T-cell function and recruits regulatory T cells (Tregs). Furthermore, MDSCs curtail the availability of essential amino acids for T-cell function in the TME by expressing IDO or arginase-1 enzymes. The secretion of reactive oxygen species (ROS) disturbs correct TCR function and IFN-γ secretion, while nitric oxide (NO) downregulates IL-2 mRNA stability and inhibits JAK-STAT signaling. In addition, MDSCs directly inhibit T cells by upregulating the expression of checkpoint ligands such as PD-L1 $³¹$ $³¹$ $³¹$ </sup>

Tregs are an immunosuppressive subset of $CD4^+$ T cells involved in maintaining peripheral tolerance that contribute in the TME to the development of CTL anergy. In the TME, Tregs inhibit CTL proliferation by expressing TGF-β, adenosine or IL-35 and hinder CTL homeostasis by consuming high concentrations of IL-2. 32 In addition, IL-10 secretion and surface expression of inhibitory ligands such as CTLA-4, LAG-3 or Nrp-1 impede proper T-cell priming by suppressing APC activation.³

AN OVERVIEW OF CURRENT ACT APPROACHES

ACT with tumor-infiltrating T lymphocytes (TILs)

ACT with TILs consists of ex vivo expansion of tumor-infiltrating T cells from resected tumor material and transfer in high numbers back into the same patient following a lymphodepletion regime³⁴ (Fig. [2](#page-2-0)). Lymphodepleting chemotherapy or total body irradiation (TBI) seeks to eliminate competition for homeostatic cytokines such as IL-15 and IL-7. Consistent with the presence of tumor-reactive T cells in the TME $₅$ ACT with TILs aims to expand the numbers of</sub> dysfunctional tumor-reactive T cells and reinvigorate them ex vivo. Moreover, preconditioning depletes Tregs in the patient.

Fig. 1 Barriers to endogenous and adoptive T-cell immunity in the tumor microenvironment. Main obstacles to adoptive T-cell therapy efficacy in the treatment of solid malignancies

Fig. 2 Current strategies of adoptive T-cell therapy. Main achievements and current limitations in the clinical development of adoptive T-cell therapy

The approach initially tested in metastatic melanoma patients by Dr. Rosenberg´s team at the surgery branch of the NCI achieved objective responses in up to 50% of metastatic skin melanoma patients, with all complete responses being remarkably durable.³⁵

The current standard TIL expansion protocol consists of the initial outgrowth, for approximately two weeks, of the bulk of T cells from the excised tumor material isolated by enzymatic digestion and cultured in the presence of high doses of IL-2. The T cells obtained are then activated/expanded in a rapid expansion protocol (REP) using soluble anti-CD3 mAb, irradiated allogenic or autologous feeder cells, and high concentrations of IL-2. The resulting cells (up to 1×10^{11} T cells) are then infused back into the patient previously treated with a course of nonmyeloablative lymphodepleting chemotherapy consisting of cyclophosphamide and fludarabine.³

The optimization of the standard TIL production protocol is an active field of investigation in which modifications to the different TIL production steps are being proposed.^{[37](#page-8-0)} Initial selection of tumor-reactive T cells from the bulk T cell population before culture is a promising strategy that has shown tumor regression in patients with epithelial cancers.^{[38](#page-8-0)} Tumor-cell reactive \overline{T} cells can be enriched by PD-1 39 and/or CD137 sorting.^{[40](#page-8-0)} Additionally, tumor-reactive T cells can also be found in the peripheral blood and identified based on PD-1 expression, thus potentially offering

a noninvasive source of tumor-specific T cells for ACT.^{[41,42](#page-8-0)} Another strategy for preselecting tumor-reactive T cells is based on MHCmultimer staining of previously known reactive peptides presented in an MHC allele-specific manner. 43 The benefits of preselecting tumor-reactive T cells include a reduction in the total number of infused cells to achieve responses and the possibility of the use of neoantigen-recognizing T cells. Neoantigens are antigenic peptides that arise from somatic mutations during cancer transformation. These T cells have been found in tumor masses^{[44](#page-8-0)} or in peripheral blood.⁴¹ In contrast to shared tumor antigens, such as cancer-testis or tissue-differentiation antigens, neoantigen-reactive T cells exclusively target tumor cells. Neoantigen-recognizing TCRs are not selected against in the thymus; therefore, high-affinity antigen receptors are present in the repertoire.

To avoid excessive differentiation to terminal effector T cells during the REP, the use of cytokines other than IL-2, such as IL-7, is being evaluated.^{[45](#page-8-0)} In addition, agonist CD137 mAb-mediated costimulation during TIL culture has resulted in better TIL yields with a less differentiated phenotype after REP.^{[46](#page-8-0)} Type I interferons are also attractive candidates to improve functional TIL culture yields.⁴

Lymphodepleting preconditioning regimens improve the persistence of the transferred cells by increasing the availability of the homeostatic cytokines IL-7 and IL-15.^{[48](#page-8-0)} Sustained IL-2 administration post-TIL infusion aims to foster the survival and proliferation of the transferred TILs.⁴⁹ Even though more aggressive lymphodepleting regimens combining chemotherapy with total body irradiation (TBI) result in higher IL-7 and IL-15 cytokine levels and better overall response rates in a cohort of metastatic melanoma patients, safety problems have been reported.^{[34](#page-8-0)}

Importantly, TIL therapy may benefit from combination strategies with immunostimulatory mAbs. TIL treatment in metastatic melanoma is being tested in combination with anti-PD1, anti-CD137, or anti-CTLA-4 mAbs. Pretreatment with the latter checkpoint inhibitors induces increased TIL cell infiltration, thereby enhancing recovery.^{[37](#page-8-0)} Immunostimulatory mAbs in ACT conceivably help to bypass the immunosuppressive TME, acting on both transferred and endogenous T-cells. In the case of anti-CTLA-4 mAb, they may also deplete Tregs. 50

TIL therapy has been mostly evaluated in metastatic skin melanoma, a tumor frequently characterized by high mutational burdens⁵¹ and an abundant presence of neoantigen-reactive T cells.⁴⁴ However, the efficacy of the approach on other solid tumors is less successful, with the exception of squamous
carcinoma of the cervix.⁵² Difficulties inherent to other tumor types are scant T-cell recovery with poorer tumor cell recognition.⁵³ Beyond metastatic melanoma and cervical carcinoma, TIL-based treatments are being evaluated in other tumors, such as metastatic uveal melanoma, 54 breast cancer 55 and ovarian cancer. 56

ACT with engineered TCRs

A promising strategy to overcome some of the limitations of TIL therapy has been to redirect the specificity of T cells to selected tumor-associated antigens (TAAs) by means of gene transfer of high-affinity TCRs (Fig. [2\)](#page-2-0). Genetic engineering of T cells using viral-based vectors or nonviral gene-editing strategies has been exploited to confer the desired antigen specificities to T cells by inserting genes encoding TCRα and β chains, avoiding mispairing with endogenous TCR chains.^{[57](#page-9-0)} Advances in sequencing and prediction tools have expanded the possibilities to retrieve the sequence of a tumor-antigen-recognizing TCR derived from TILs or PBMCs from an HLA-matched donor. The TCR sequences are eventually gene transferred to dividing autologous PBLs in culture and infused back into a chemotherapeutically preconditioned patient.²

TAAs are a variable group of antigens presented by MHC molecules expressed on tumor cells. These targetable TAAs can be classified based on their expression selectivity among tissues and individuals. Tissue-differentiation antigens such as MART-1 and gp100 expressed in melanoma cells or CEA in colon cancer are shared antigens among patients and are expressed at least to some extent in nontransformed counterparts. The first clinical trials evaluating ACT with TCRs redirected towards these shared antigens resulted in frequent on-target/off-tumor toxicities as a consequence of the expression of the selected antigens in healthy nontransformed tissue.[58,59](#page-9-0)

Cancer germline antigens have also been found to be shared among tumors in different individuals and are considered tumorselective to a certain degree. These antigens are expressed by germline cells located in immune-privileged tissues that do not express MHC molecules and cancer cells.^{[60](#page-9-0)} This type of TAA that belongs to the cancer-testis family includes, among others, NY-ESO1, MAGE, BAGE or GAGE. ACT using NY-ESO1-targeting unmodified TCR T cells has shown responses in patients with melanoma and synovial sarcoma. 61 In addition, an affinityenhanced NY-ESO1 targeting TCR has been evaluated with no reported off-tumor toxicities. Objective responses with no toxicities were also seen when a MAGE-A3 targeting affinityenhanced TCR was used to treat several types of solid tumors.⁶ However, in other clinical trials evaluating an affinity-enhanced anti-MAGE-A3 TCR, severe neurological and cardiac toxicities occurred due to cross-reactivity with epitopes present in other proteins expressed in healthy tissues, such as the myocardial protein TITIN^{[63](#page-9-0)} or MAGE-A12, a protein expressed in a subset of neurons in the human brain.⁶⁴

Virus-derived antigens such as human papillomavirus (HPV) have also been exploited as targets for TCR redirected ACT approaches.^{[65](#page-9-0)} Of note, an ACT approach based on transducing a TCR targeting HPV-E7 has entered clinical trials to evaluate the safety and efficacy of the approach against several HPV-associated tumors, including cervical, vulvar, vaginal, penile, anal, and oropharyngeal cancer (NCT02858310).

Neoantigens result from somatic mutations and are thus exclusively expressed by cancer cells. These mutations can affect genes directly related to malignant transformation (driver mutations),⁶⁶ such as loss-of-function mutations in tumor suppressor genes or gain-of-function mutations in oncogenes. TCRs recognizing hot-spot mutations, prevalently shared among individuals, have been identified, including the mutated forms of $p53$, KRAS⁶⁶ or BRAF.^{[68](#page-9-0)} Importantly, TILs recognizing a KRAS mutation showed an outstanding clinical response in a patient with lung cancer. 69 These findings stress the clinical potential of TCRs targeting prevalent hot-spot mutations in oncogenes and tumor suppressor genes.^{[70](#page-9-0)} Serious biotechnological challenges exist for the deployment of the required technologies for such patienttailored approaches.

ACT with CAR-T cells

An alternative method to redirect T-cell specificity is engineering with chimeric antigen receptors (CARs) (Fig. [2](#page-2-0)). CARs consist of constructs encompassing an extracellular single-chain variable fragment (scFv) and an intracellular signaling motif from the CD3ξ chain (first-generation CARs) and a costimulatory domain derived from the cytoplasmic tails of CD28, 4-1BB (CD137), OX40 or ICOS (second- and third-generation CARs). 71 CARs are designed to confer T cells with antigen specificity in an MHC-independent manner, thus bypassing cancer intrinsic escape mechanisms based on MHC downregulation. In addition, the costimulatory domains ensure proper T-cell activation, proliferation, and persistence upon antigen encounter. In contrast to TCR-engineered T cells, CAR-T cells recognize only extracellular surface-expressed antigens.

The effectiveness and clinical potency of CAR-T cells have been widely evaluated against hematological malignancies in which an extracellular antigen expressed by malignant cells, such as CD19 and BCMA, has been targeted. Currently, CD19-targeting

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CAR-T cells are the only ACT-based option approved by the FDA.^{[7](#page-8-0)} Impressive effects against acute lymphoid leukemia and B-cell lymphomas have been reported. Other CAR-T cells targeting plasma cells, such as $BCMA⁷²$ $BCMA⁷²$ $BCMA⁷²$ are also under advanced clinical investigation. Beyond CD19 targeting, other surface B-cell antigens are being explored, such as CD22 and CD20. 73 73 73 Despite the clinical success of CARs against hematological malignancies, progression occurs due to targeted antigen loss or toxicities caused by cytokine release syndrome.[74](#page-9-0)

In contrast to the success against hematological malignancies, the efficacy of CAR-T cells in solid tumors has been rather limited. The presence of an immunosuppressive TME and difficulties in finding surface targets exclusively expressed on tumor cells are some of the limiting factors. CAR-T cells targeting mesothelin, CEA, ERBB2/HER2, Glypican-3, IL13R, or EGFRvIII to treat solid tumors have been proposed and are under clinical investigation.^{[75](#page-9-0)}

ENHANCING ACT BY GENE ENGINEERING

T-cell gene engineering to overcome the challenges faced by T-cell transfer is a rapidly expanding field of research.^{[74](#page-9-0)} Exploiting the knowledge of basic T-cell biology and the understanding of the guiding principles in cancer immunotherapy have fostered the development of new technical approaches to modify immune cell function.^{[76](#page-9-0)} Furthermore, toxicity concerns have led to the development of numerous approaches, including the incorporation of suicide genes, switch-mediated T-cell activation, or combinatorial antigen recognition to temporally, spatially, and functionally control the transferred T cells.^{[77](#page-9-0)} These gene-editing approaches are used to engineer T cells to modulate specific functions and build powerful "bionic T cells" for cancer treatment.^{[8](#page-8-0)}

REINFORCING THE THREE SIGNALS IN ACT

Signal 1—modulating TCR activity for ACT

A limiting factor for antitumor T cell immunity and ACT is the peripheral tolerance-inducing features present in the TME.^{[78](#page-9-0)} Additionally, T cells with high- to medium-affinity TCRs recognizing TAAs expressed during development or in normal tissues are often deleted during thymic selection or subjected to peripheral tolerance, thus reducing the endogenous tumor-recognizing T repertoire to low-affinity TCRs.[79](#page-9-0) To improve TCR-based approaches, affinity-augmented antigen receptors have been developed using vaccination strategies in HLA transgenic mice^{[80](#page-9-0)} or TCR mutagenesis followed by selection in functional screen-ings.^{[81](#page-9-0)} However, artificially enhancing TCR affinity can potentially generate unpredicted off-tumor cross-reactive TCRs. In concert, clinical trials evaluating the MAGE-A3 family targeting affinityenhanced TCR-engineered T cells resulted in severe off-tumor toxicities due to cross-reactivity.^{[63,82](#page-9-0)} In contrast to TCR affinity enhancement, the selection of neoantigen-targeting T cells for ACT approaches may offer an opportunity to overcome the TCR affinity barrier and, importantly, avoid on-target/off-tumor toxicities.^{[57](#page-9-0)}

Insufficient propagation and amplitude of the TCR signal upon antigen encounter restrains T-cell activation and effector functions. Thus, ways to intensify the TCR signal by modulating distal signaling mediators are being evaluated in ACT (Fig. 3). CISH is a member of the suppressor of cytokine signaling (SOCS) family. Its expression is induced upon TCR stimulation as well as by cytokines such as IL-2. CISH modulates TCR signaling by targeting the TCR intermediate PLC-γ1 for proteasomal degradation.^{[83](#page-9-0)} Genetic deletion, as well as the knockdown of CISH in tumorspecific $CD8⁺$ T cells, has improved T-cell functionality and

Signal 3: Cytokine boost

Fig. 3 Reinforcing the three signals in adoptive T-cell therapy. Potential mechanisms of intervention to make the most of the ACT by manipulating the to-be-infused cell product

antitumor immunity upon ACT in preclinical models.^{[83](#page-9-0)} Additionally, knocking down other TCR signaling mediators in tumorspecific $CDB⁺$ T cells, such as SHP-1,^{[84](#page-9-0)} DGKs,^{[85](#page-9-0)} PTPN22^{[86](#page-9-0)} or RASAL1, 87 has increased T cell antitumor responses upon ACT in preclinical models. These studies show the therapeutic potential of modulating TCR signaling to increase the functional avidity rather than the chemical affinity in tumor-specific T cells for ACT approaches. CRISPR/Cas9 screenings are used to identify previously unknown factors responsible for the downregulation of T-cell performance. [88](#page-9-0)-[91](#page-9-0)

Most of the gene-editing strategies used on T cells for ACT are based on knocking down the expression of candidate genes using short hairpin RNAs to achieve constitutive gene silencing. However, disrupting mutations of genes encoding TCR signaling mediators are often found in autoimmune conditions.^{[89](#page-9-0)} Thus, constitutive silencing of some of these targets on T cells may result in the development of unintended autoimmune side effects. As an alternative, transient modulation of T-cell function using $\frac{1}{2}$ siRNAs has been evaluated. $\frac{92}{2}$ $\frac{92}{2}$ $\frac{92}{2}$ Cbl-b is an E2 ubiquitin ligase that functions as a central modulator of T-cell responses by inhibiting signaling pathways including TCR and CD28.^{[93](#page-9-0)} Transient silencing of Cbl-b gene expression in tumor-specific T cells using siRNAs in preclinical ACT settings has shown increased antitumor activity.^{[94](#page-9-0)} This approach is currently being tested in a phase I clinical trial (NCT03087591).

In CAR-T cell approaches, affinity towards the targeted tumor antigen can be tuned by generating different s cFvs.^{[71](#page-9-0)} Of note, it has recently been reported that low-affinity scFvs in CARs against tumors with high surface expression of the antigen are sufficient to enable robust expansion of the CAR-T cells, with less serious adverse events.^{[95](#page-9-0),[96](#page-9-0)}

Signal 2—providing costimulation to transferred T cells

A major disadvantage of ACT in solid tumors is the presence of coinhibitory ligands and poor costimulatory signals in the TME that result in T-cell dysfunction and, ultimately, treatment failure. In the case of second- and third-generation CAR-T cells, the requirement for external T-cell costimulation for proper T-cell activation is met by the costimulatory motif within the CAR construct. The impact of several costimulatory signals has been evaluated in CAR-T cells, including FDA/EMA-approved CARs containing CD28 or CD137/4- 1BB motifs as well as ICOS, MYD88-CD40, CD27 or KIR2DS2 signaling motifs (reviewed in refs. $71,97$).

The success of ICB therapy using mAbs depends on a pre-existing antitumor CD8⁺ T cell infiltrate,^{[98](#page-9-0)} a feature that can be circumvented in ACT approaches where T cells are administered exogenously. This suggests a potential synergistic combination between ICB therapy and ACT. T cells, when infused in ACT strategies, upregulate multiple inhibitory and costimulatory receptors. Blocking the PD-1/PD-L1 axis in ACT strategies enhanced the antitumor activity and increased the migration of the transferred cells to the TME in murine preclinical models.⁹ Similarly, CTLA-4 blockade alone^{[100](#page-9-0)} or in combination with PD-1/ PD-L1 blockade^{[101](#page-9-0)} improved T-cell therapy. As an alternative to ICB, agonistically triggering costimulatory receptors has also been evaluated in ACT settings. Preclinically, combinatorial strategies
using CD137/4-1BB,^{[102](#page-9-0)} OX40,^{[103](#page-9-0)} GITR^{[104](#page-9-0)} or CD40^{[105](#page-9-0)} targeting agonistic mAbs and ACT have resulted in increased antitumor Tcell responses in mice. Currently, multiple clinical trials are evaluating the combination of different ACT approaches and immune-stimulatory mAbs.

An alternative approach to providing T cell costimulation is to modify the transferred cells by genetic engineering strategies. These strategies aim to supply cells with intrinsic stimulatory capacities to make the use of systemic immunomodulatory mAbs unnecessary, thereby minimizing treatment-related toxicities (Fig. [3\)](#page-4-0). In the case of PD-1, its expression has been modulated in CAR-T cells by transducing a truncated form of the receptor to 581

act as a dominant-negative (DN) receptor or by shRNA-mediated silencing.^{[106](#page-9-0)} In addition, CRISPR-Cas9 deletion of PD-1 has also been used to improve CAR-T cell performance in antitumor responses preclinically.^{[107](#page-9-0)} This latter approach of using CRISPR-Cas9 technology to delete PD-1 has been used with NY-ESO1 TCR transduced T cells in a phase I clinical trial. Intriguingly, in this setting, PD-1 silencing did not result in increased T cell persistence, but the clinical feasibility of the gene-editing approach was convincingly shown.[108](#page-9-0) Regarding T cell-intrinsic costimulation, PSMA-targeting CAR-T cells have been transfected to overexpress CD80 and CD137L, resulting in increased antitumor activity in an autocrine and/or paracrine manner.¹⁰⁹ Furthermore, the retroviral gene delivery strategy to provide a T cell with CD137L overexpression is being evaluated in a phase I clinical trial using CD19-targeting CAR-T cells (NCT03085173).

Signal 3—cytokine boost in ACT

In addition to the insufficient costimulatory ligands in the TME, poor immune-stimulatory cytokine support limits the differentiation, expansion, and persistence of the transferred T cells. Standard TIL treatment protocols generally include exogenous administration of high doses of IL-2 to support the expansion and activity of the TIL product. However, IL-2 administration is associated with serious toxicities, including capillary leak syndrome and off-target deleterious consequences, such as the expansion of endogenous Tregs.^{[110](#page-10-0)} Furthermore, the short half-life of exogenously given recombinant cytokines, including IL-2, IL-7, IL-15 or IL-21, which are evaluated in ACT approaches, requires repeated high-dose administration to achieve clinical activity, often resulting in serious toxicities.^{[111](#page-10-0)} Of note, such toxicities are related to maximal concentrations administered intravenously, and lower concentrations via subcutaneous administration are being tested.^{[111](#page-10-0)}

To circumvent these limitations, different gene-editing strategies to provide more restricted cytokine stimulation to T cells are being developed in preclinical studies (Fig. [3](#page-4-0)). Genetic engineering of T cells with orthogonal IL-2 receptor pairs that do not interact with the natural cytokine was used to selectively deliver IL-2 stimulation to the transferred cells.^{[112](#page-10-0)} The approach aims to render exclusive orthogonal IL-2 sensitivity to the engineered T cells and to avoid systemic IL-2 detection, thereby resulting in no toxicities and enhanced antitumor efficacy in mouse models. Moreover, CAR-T cells engineered with a constitutive signaling IL-7 receptor showed improved antitumor activity and longer persis-tence in vivo in mouse models.^{[113](#page-10-0)}

Alternatively, genetic modifications of T cells to locally secrete cytokines are being evaluated. IL-12 is a Th1-promoting cytokine physiologically secreted by activated APCs that principally leads to IFN-γ secretion by T cells. Despite the potent antitumor activity of IL-12, the development of IL-12-based therapies has been overshadowed and limited by toxic side effects.¹¹⁴ To confine controlled and restricted IL-12 secretion to tumor-specific T cells, such T cells have been retrovirally transduced with a gene fragment consisting of a single-chain IL-12 variant under the control of an NFAT-binding promoter.^{[115](#page-10-0)} This construct restricts IL-12 secretion to tumor-specific transferred cells undergoing TCRmediated antigen stimulation. In mouse models of melanoma, the approach showed impressive antitumor efficacy with no apparent toxicity. However, in the subsequent clinical trial using TILs transduced with the inducible IL-12 construct, life-threatening toxicities and fatalities were reported that were attributable to leaky expression of IL-12.¹¹⁶ To further limit exposure to IL-12 only in the TME and to avoid systemic cytokine exposure, tumor-specific T cells have been transfected with a T cell activation-induced membrane-anchored version of IL-12.¹¹⁷ The membrane-anchored IL-12-producing T cells showed comparable antitumor efficacy to the secreted version with no systemic cytokine exposure and no toxicity, at least in mouse models. Beyond IL-12 genetically

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engineered T cells, in an attempt to overcome toxicity limitations, inducible IL-18 secreting tumor-specific T cells have been tested in mouse models showing safety and enhanced antitumor responses. 118 In the CAR-T cell setting, multiple cytokineproducing CARs, so-called "armored" CAR-T cells, including IL-12,^{[119](#page-10-0)} IL-15¹²⁰ and IL-18,¹²¹ are being developed. Notably, in one study, CAR-T cells engineered to secrete IL-23 outperformed both IL-15- and IL-18-secreting CAR-T cells in terms of antitumor efficacy and better safety profiles.^{[122](#page-10-0)}

Recently, the idea of conferring transient IL-12 and CD137L expression by means of mRNA electroporation into tumor-specific $CD8⁺$ T cells has been tested.^{[123](#page-10-0)} This approach works well in mouse models, contingent on repeated administration. Importantly, the transient engineering strategy offers obvious safety advantages since it is extinguished over time.

Furthermore, the presence of immunosuppressive cytokines such as IL-4 or TGF-β in the TME limits the effective effector function of ACT cells, particularly in solid tumors. To reverse the inhibitory stimulus provided by IL-4, a chimeric cytokine receptor consisting of the extracellular motifs of the IL-4 receptor fused to the intracellular domain of the IL- 7 receptor has been developed.^{[124](#page-10-0)} In a subsequent study, a CAR-T cell with the IL-4R/IL-7R chimeric cytokine receptor was additionally provided with another chimeric construct recognizing TGF-β fused to 4-1BB intracellular signaling domains. This combination reverses the effect of the inhibitory cytokine and turns a negative factor into a costimulatory one.[125](#page-10-0) Another approach to confer TGF-β resistance to the transferred cells has been to express a dominant-negative TGF-β receptor II in CAR-T cells^{[126](#page-10-0)} or to knock down an endogenous TGF-β receptor II chain by CRISPR/Cas9.^{[127](#page-10-0)} Observations from the group of Richard Flavell in transgenic mice are very supportive of this approach.^{128,12}

TURNING DOWN T-CELL DIFFERENTIATION FOR ACT

T-cell differentiation status correlates with the outcome of ACT therapies. The infusion of highly differentiated effector cells with reduced proliferative capacity results in low T-cell persistence and poor memory formation that limits long-lasting antitumor activity.^{[130](#page-10-0)}

Gene engineering strategies to obtain less differentiated T cells with self-renewal capacity and effector functions for ACT are intensively being investigated (Fig. 4a). In line with this, retroviral transduction of c-Myb, a master regulator of T-cell stemness and memory differentiation, conferred transferred T cells a long life with a T_{CM} phenotype that resulted in greater antitumor control in mouse models.^{[131](#page-10-0)} Gene engineering expression of a membraneanchored form of IL-15 in CAR-T cells also contributed to the

Fig. 4 Modulating T cell differentiation, metabolism, and trafficking to enhance the efficacy of adoptive T-cell therapy. Immunobiological functions and features considered exploitable to enhance the efficacy of ACT by controlling a T-cell differentiation, b T-cell metabolism, and c T-cell trafficking and migration

development of long-term persisting T cells with a memory stem-cell phenotype and increased antitumor activity.^{[120](#page-10-0)}

An additional strategy to modulate T-cell differentiation involves the disruption of the transcriptional factors implicated in T-cell dysfunction and terminal differentiation. In broad terms, T-cell dysfunction is characterized by excessive effector differentiation, the upregulation of multiple inhibitory receptors, and diminished capacity to produce IL-2 and IFN-γ upon antigen reencounter. Multiple functional screening strategies knocking down candidate genes for T-cell activity or transcriptomic comparison analysis revealed potential targets involved in T-cell dysfunction. The silencing of these newly identified candidates in several ACT approaches, including NR4A,^{[132](#page-10-0)} TOX, and TOX2,^{[133](#page-10-0)} TET2,^{[134](#page-10-0)} Regnase1^{[135](#page-10-0)} or PTPN22,^{[136](#page-10-0)} has resulted in enhanced T cell function and long-lasting antitumor activity in preclinical models. Additionally, to avoid T-cell dysfunction, the overexpression of c-Jun caused reduced expression of markers of dysfunction and the upregulation of genes related to T-cell memory in CAR-T cells.¹³

In CAR-T cell settings, the intracellular motif of the CAR construct modulates the differentiation status of the T cells. Intracellular CD137/4-1BB-mediated costimulation leads to longer CAR-T cell persistence and memory differentiation in $CD8⁺$ T cells, whereas CD28 signaling results in more effector but shorter-lived antitumor activity.^{[138](#page-10-0)}

Aside from gene engineering, the preselection of T cells with stem-cell-like properties might yield greater persistence.^{[130](#page-10-0)}

OPTIMIZING T-CELL METABOLISM FOR ACT

The metabolic profile of T cells adapts to the cell-intrinsic requirements during the different phases of T-cell differentiation and activation. Naive and memory T cells rely on mitochondrial respiration (OXPHOS) and fatty acid oxidation (FAO) for homeostatic maintenance. In contrast, activated T cells upregulate aerobic glycolytic pathways to support the high energy demands necessary for proliferation and effector functions.^{[139](#page-10-0)} In cancer immunotherapy, T-cell differentiation status, function, and persis-tence correlate with cell metabolic fitness.^{[140](#page-10-0)} In solid tumors, the metabolically deprived TME characterized by low glucose availability, hypoxia, and acidic pH hinders T-cell activity and compromises antitumor responses. In this regard, gene engineering strategies to reprogram and optimize the metabolic activity of the transferred T cells to protect them from the metabolically hostile TME have only recently come under investigation (Fig. [4b](#page-6-0)).

PKC1 is a carboxykinase that produces phosphoenolpyruvate, a metabolite of the glycolytic pathway that, in the presence of glucose, sustains intracellular Ca^{2+} and NFAT signaling upon TCR activation. To circumvent the glucose-deprived TME that limits aerobic glycolysis on activated T cells, retroviral overexpression of PKC1 on tumor-specific T cells results in the potentiation of antitumor responses against tumor models that reduce glucose tissue availability.¹⁴

In T cells, HIF-1α is the main transcriptional factor involved in the response to hypoxia, and its downstream target Glut1 facilitates glucose uptake, thus allowing glycolytic metabolism. In a hypoxic and glucose-deprived TME, T cells are found in a stressed metabolic state in which HIF-1α may counterproductively promote glycolysis and inhibit OXPHOS. Although conditional genetic deletion of HIF-1α in T cells leads to accelerated tumor growth and T-cell response impairment, 142 in an ACT approach, shRNA-mediated downregulation of HIF-1α in TAA-specific CD8⁺ cells reduced glycolysis and promoted FAO, resulting in enhanced antitumor activity of the T cells upon transfer to treat a melanoma preclinical model.^{[143](#page-10-0)}

In addition, TILs show a progressive reduction in mitochondrial mass and function mediated by the downregulation of PGC1α, the main transcriptional factor involved in orchestrating mitochondrial biogenesis. Retroviral transduction of TAA-specific T cells to overexpress PGC1α for ACT showed an enhanced mitochondrial mass and activity that resulted in higher memory formation, persistence, and antitumor immunity in vivo.^{[144,145](#page-10-0)}

Notably, CAR-T cells stimulated by a CD28 intracellular motif rely predominantly on glucose-based fast energy via anaerobic glycolysis and are reprogrammed towards effector differentiation. In contrast, CAR-T cells stimulated by the CD137/4-1BB motif upregulate FAO and mitochondrial respiration, which provide a sustained source of energy under mitochondrial stress conditions that support central memory differentiation, resulting in longer persistence.[146](#page-10-0) This parallels reported functions for CD137 costimulation in nontransduced T cells.^{[147,148](#page-10-0)}

STIMULATING EPITOPE SPREADING IN ACT

The loss of the target antigen or the downregulation of MHC-I expression by tumor cells represent cancer escape mechanisms hindering CAR-T and transgenic TCR cell-based therapies, in which a single antigen is targeted. Antigen escape may be prevented by engineering CARs that target multiple antigens.^{[149](#page-10-0)} In addition, boosting endogenous epitope spreading is a possibility. Epitope spreading is a phenomenon in which endogenous T cells recognizing epitopes different from those targeted by the transferred cells are expanded. This phenomenon provides another tool to prevent tumor escape by antigen loss. In line with this, constitutive expression of CD40L in CAR-T cells increased dendritic cell licensing and generated endogenous tumorrecognizing T cells that prevented the outgrowth of targeted antigen-negative tumor cells.^{[150](#page-10-0)} The approach resulted in greater antitumor efficacy in mouse tumor models and highlighted the importance of APC licensing and efficient cross-presentation processes^{[151](#page-10-0)} to recruit endogenous immune effectors and mount long-lasting antitumor responses (Fig. [4c](#page-6-0)). In the case of T cells transiently engineered to express IL-12 that were intratumorally injected, clear evidence for epitope spreading was documented.¹²³ This mechanism ensured long-term tumor control and was mediated by cDC1 cells known to excel in antigen crosspresentation to $CDB⁺$ T cells.^{[151](#page-10-0)}

DIRECTING T-CELL HOMING TO CANCER TISSUE IN ACT

In solid tumors, the standard protocol for ACT approaches is based on intravenous administration of T cells, in which the transferred cells have to migrate from the blood to the TME. One of the factors limiting the therapeutic outcome of ACT approaches is the low trafficking efficacy and penetrance into the TME.^{[28](#page-8-0)} Engineering strategies to improve the tumor homing of the transferred T cells to the malignant tissue are under investigation. The principal strategy relies on providing T cells with an exogenous chemokine receptor that recognizes tumor-associated chemokines (Fig. [4](#page-6-0)c).

Tumor cells abundantly secrete the chemokines CXCL1 and CXCL8, which are known to mediate CXCR1/2-dependent migration of monocytes and neutrophils. Importantly, T cells do not express CXCR1 or 2. Gene insertion of the CXCR2 receptor into tumor-specific T-cells before cell transfer enhanced T cell tumor homing and improved antitumor immune responses in mouse models following intravenous delivery.^{[152](#page-10-0)} Similar approaches targeting other tumor-associated cytokines, such as CCL2, by overexpressing CCR2 in T cells have also shown improved T-cell homing and subsequent enhanced antitumor responses.¹

An alternative way to increase T-cell infiltration has been to overexpress the T-cell recruiting chemokine CCL19 in CAR-T cells.[154](#page-10-0) The goal of this approach is to increase endogenous T-cell infiltration, and CCL19 may also serve as a calling signal for those transferred cells still on their way to the TME.

CONCLUDING REMARKS

Adoptive T-cell therapy for cancer is still in its infancy. The potential of cell and gene therapy together in this regard is magnificent. Several areas will be improved by biotechnology and customized cell therapy. Single-cell sequencing and microfluidics, improved T cell culture and reinvigoration techniques, and off-theshelf edited cultures of T cells will spearhead this progress. Intratumoral and repeated administration are clinically feasible.¹⁵ and dealing with cytokine release syndromes and other inflammatory complications are also workable in the clinic. To make the most ACT, we will probably need to combine several tools in our quest to build the best-performing bionic T cells.

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ADDITIONAL INFORMATION

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