

A novel PillCam Crohn's capsule score (Eliakim score) for quantification of mucosal inflammation in Crohn's disease

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Abstract

Introduction: Capsule endoscopy is an important modality for monitoring of Crohn's disease. Recently, a novel panenteric capsule, PillCam Crohn's (Medtronic, USA), was approved for use. No quantitative index of inflammation for this method is currently available. This sub-study of a prospective randomized controlled Comprehensive individualized pRoactive ThERapy of Crohn's Disease trial (CURE-CD) which aimed to compare the correlation and reliability of the novel PillCam Crohn's score with the existing small bowel capsule Lewis inflammatory score.

Methods: The study cohort included Crohn's disease patients in remission who were evaluated with PillCam Crohn's. Each result was independently reviewed by two experienced readers. Inflammation was scored in all studies using Lewis inflammatory score and PillCam Crohn's score (comprised of a sum of scores for most common and most severe lesions multiplied by percentage of segmental involvement + stricture score).

Results: Fifty-four PillCam Crohn's studies from 41 patients were included. The median Lewis inflammatory score was 225 for both readers. The median PillCam Crohn's score was six (0–14) and four (3–15) for readers 1 and 2, respectively. There was a high inter-rater reliability coefficient between the two readers for Lewis inflammatory and PillCam Crohn's score ($0.9, p < 0.0001$ for both). The correlation between PillCam Crohn's score and fecal calprotectin was stronger than for Lewis inflammatory score ($r = 0.32$ and 0.54 respectively, $p = 0.001$ for both).

Conclusions: The novel panenteric capsule score correlates well with the Lewis inflammatory score, has excellent reliability, and may be potentially more accurate in estimation of the panenteric inflammatory burden.

Keywords

Crohn's disease, PillCam Crohn's, treat to target, monitoring Crohn's disease, capsule endoscopy

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Key points

Summarize the established knowledge on this subject

1. Capsule endoscopy is one of the prime modalities to monitor Crohn's disease.
2. PillCam Crohn's is a novel panenteric capsule endoscope.
3. No quantitative score for PillCam Crohn's has been described.

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What are the significant and/or new findings of this study?

1. We describe a novel quantitative score for Crohn's capsule.
2. The score has excellent reproducibility and is well-correlated with the Lewis score and fecal calprotectin.

Introduction

Capsule endoscopy (CE) is one of the prime modalities for monitoring of Crohn's disease (CD). The main indications of CE in established CD include disease classification, monitoring for mucosal healing, and evaluation of unexplained symptoms and anemia.¹⁻⁵ In the recent European Crohn's and Colitis Organisation [ECCO] and the European Society of Gastrointestinal and Abdominal Radiology [ESGAR] guidelines, CE is recommended along with intestinal ultrasound and magnetic resonance enterography for initial evaluation and follow-up of established CD.² In a recent study, quantitative assessment of small bowel inflammation on CE was the most accurate predictor of relapse within two years in CD patients in remission.³ The Lewis score (LS) is a quantitative index of inflammation for CE, embedded in the software of the Medtronic capsules, that incorporates parameters of mucosal ulceration, edema, and stenosis.^{6,7}

Patients with CD are frequently required to undergo multiple diagnostic evaluations including ileo-colonoscopies, cross-sectional imaging, and CE. Thus, the concept of a "one-stop-shop" modality to evaluate the entire digestive tract is appealing to both patients and physicians. In recent years, several studies have described the use of the double-headed colon capsule for the evaluation of both small and large bowel in CD.⁸⁻¹⁰ Recently, a novel PillCam Crohn's (PCC) (Medtronic, Dublin, Ireland) was issued. PCC combines a long-lasting (up to 14 h) battery with two adjustable

frame-rate wide-angle cameras and novel software (Rapid 9) that allows for streamlined and efficient reading of CE images for both the small bowel and the colon¹¹ (see Figures 1 and 2). However, currently, no validated quantitative endoscopic index exists for PCC.

Thus, in the current study we aimed to create and evaluate a quantitative PCC score to monitor panenteric inflammation in CD.

Methods

This was an ancillary project of the Comprehensive individualized pRoactive ThERapy of Crohn's Disease trial (CURE-CD). The CURE-CD trial is a prospective randomized controlled trial of CD patients in remission which aimed to evaluate a PCC-based treat-to-target strategy to prevent clinical relapse. Patient enrolled in the study are prospectively followed by serial PCC, intestinal ultrasound, magnetic resonance enterography (MRE), and fecal calprotectin. The complete protocol of the study is available online (NCT03555058; <https://clinicaltrials.gov/ct2/show/NCT03555058>).

The study was approved by the Sheba Medical Center Institutional Review Board (IRB) in 2018.

Study population

The study population includes adult CD patients in steroid-free clinical remission (Crohn's disease activity index (CDAI) of <150) with a duration of 3–24

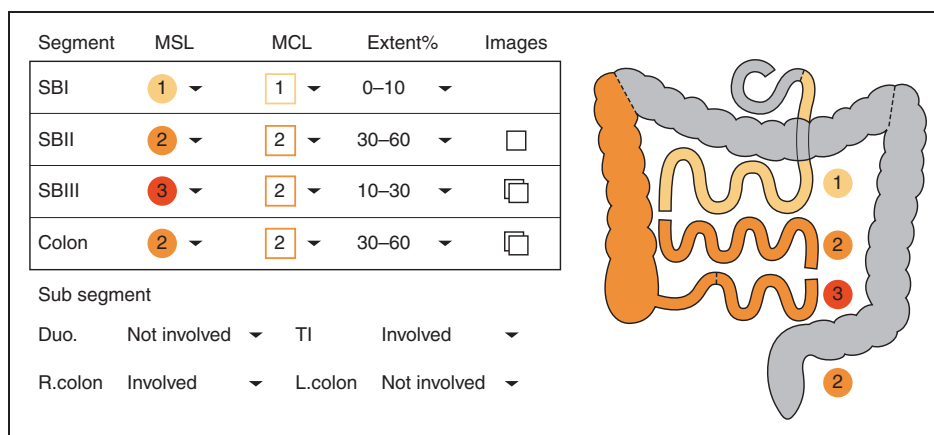


Figure 1. Gastro-intestinal (GI) map as produced by Rapid (Medtronic, Dublin, Ireland) for PillCam Crohn's capsule (PCC). MCL: most common lesion; MSL: most severe lesion; SBI: small bowel first tertile; SBII: small bowel second tertile; SBIII: small bowel third tertile.

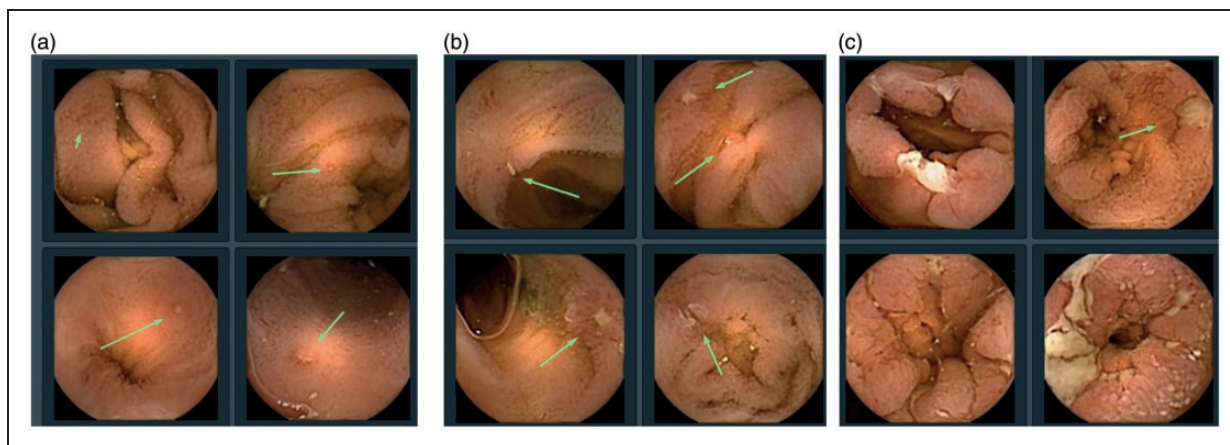


Figure 2. Severity of inflammatory lesions (source - Pillcam Crohn's capsule atlas, Rapid Reader version 9, Medtronic, Dublin, Ireland). (a) mild; (b) moderate; (c) severe.

months on a stable medication dose (for 60 days for thiopurines, methotrexate, infliximab, and vedolizumab, and 30 days for all other agents).

Ethical approval

The study was approved by Sheba IRB committee on 30 November 2018 (approval number 4945-18-SMC). The study protocol conforms to the ethical guidelines of the 1975 Declaration of Helsinki as reflected in a priori approval by the institution's Human Research Committee. Written, informed consent was obtained from each patient included in the study

PCC procedure

Upon enrollment, eligible patients underwent patency capsule examination (Medtronic, Dublin Ireland). If the patency capsule was undetectable or was excreted within 30 h of ingestion, PCC was performed. PCC preparation included a clear liquid diet on the day prior to capsule swallowing and administration of a purgative sulfate-free polyethylene glycol electrolyte lavage (SF-ELS) solution (e.g. PEG, Fortrans, Solution Bohm) divided into two doses: 1.5 l on the evening before the examination and 1.5 l on the morning of the examination day. Following capsule ingestion, and depending on capsule progression through the digestive tract, subjects were required to take an additional volume of laxative in order to enhance capsule propulsion and maintain adequate cleansing of the colon. All subjects received the first dose of the additional laxative which consists of one sachet of PICO-SALAX (10 mg sodium picosulfate) diluted in 75 ml of water upon small bowel detection on

real-time viewer. If the capsule remained in the stomach for more than an hour after ingestion, metoclopramide 10 mg Per orum (PO) could be administered as per the investigators decision. If the PCC was not excreted within three hours of ingestion, a second sachet of PICO-SALAX was administered three hours after the first. If towards the end of the CE procedure (two hours after the second boost) the capsule was not excreted, the subjects were asked to use a 10 mg Bisacodyl suppository. All booster doses were followed by intake of one liter of water in the following hour. Clear liquid ingestion was permitted throughout the examination and preparation.

The patients were followed by PCC every six months. If no colonic disease was detected on the index PCC, subsequent examinations were performed without colonic cleansing.

To enhance patients' safety, in this particular study setting, patients in whom a severe stricture was disclosed on PCC after patency capsule (PC) passage were excluded from enrollment and further capsule examinations. In the absence of consensus scale definition for severity of intestinal strictures, a severe stricture was pragmatically defined for the purpose of this study as luminal narrowing not trespassed by the capsule within 30 min of its first visualization.

Endoscopic activity scoring

All studies were read using the Rapid PillCam Reader v.9.0 (Medtronic, Dublin, Ireland). The small bowel was scored using the LS using the automated calculator embedded in the software. Each small bowel tertile was scored individually. In addition, the left and the right colon were manually scored the

similar operators as those used for the small bowel LS (right and left colon). The small bowel LS was derived of the score of the tertile with the most significant disease involvement + stricture score. Cumulative small bowel LS (CSB-LS) was calculated as the summary of individual small bowel tertile scores + stricture score, and the cumulative panenteric LS (CPE-LS) as the summary of small bowel and colonic segments + stricture score (Table 1). Colonic and panenteric LS were not calculated if studies were performed without colonic preparation or if the capsule did not reach the colon.

Panenteric Crohn's capsule score (PCCS) was calculated using the reporting system embedded in the Rapid PillCam Reader v.9.0. The reporting system uses the following operators for each bowel segment (small bowel – three tertiles (SB1-3), left colon (LC), and right colon (RC)) (Table 1): most common lesion (graded by severity as 1–3), most severe lesion (graded by severity as 1–3), approximated disease extent. Examples of lesion severity and extent appear on Figures 1 and 2. The score was calculated for each segment, in addition to the entire PCCS small bowel (PCCS-SB) (a summation of three small bowel segmental scores, with an additional stricture score) and the PCCS (a summation of small bowel and colonic scores + stricture score). The detailed calculation of the scores appears in Table 1.

Bowel cleansing was evaluated as described in Table 2.

Statistical analysis

Descriptive statistics were presented as means ± standard deviations for continuous variables and percentages for categorical variables. Categorical variables were analyzed by chi square/Fisher's exact test and continuous variables-by Student *t*-test/Mann Whitney test as appropriate. We performed a Pearson correlation analysis for correlation capsule scores with each other and biomarker levels. For agreement between readers, Cohen's kappa was and interclass correlation (ICC) were performed. Correlation *r* values < 0.3 were considered as weak-to-low correlation, 0.3–0.49 as low-to-moderate, 0.5–0.69 as moderate, and ≥ 0.7 as strong correlation.¹² The Wilcoxon signed-rank test was performed to compare the individual scores between time-points. A univariate linear regression was performed to identify the Pillcam Crohn's capsule endoscope (PCCE) values that correspond to the segmental LS cut-off values of 135, 350, and 790. A two-tailed *p* value < 0.05 was considered statistically significant. The analysis was performed using IBM SPSS statistic (Version 22.0) (Armonk, New York, USA).

Table 1. Pillcam Crohn's disease capsule score.

A. Most common lesion (MCL)	
0 = none	
1 = mild	
2 = moderate	
3 = severe	
B. Most severe lesion (MSL)	
0 = none	
1 = mild	
2 = moderate	
3 = severe	
C. Extent of disease	
0 = none	
1 = 10–30%	
2 = 30–60%	
3 = 60–100%	
D. Stricture	
0 = None	
1 = One traversed	
2 = >1 traversed	
3 = Retention	

Segmental score = ((A+B)×C)+D	
Small bowel PCC (PCCS-SB) = SB1+SB2+SB3	
Panenteric PCC (PCCS) = SB1+SB2+SB3+RC+LC	

LC: left colon; PCC: PillCam Crohn's capsule; PCCS: panenteric Crohn's capsule score; RC: right colon; SB: small bowel.

Table 2. Cleanliness score for capsule endoscopy.

Poor – inadequate- precluding a complete examination (large amounts of fecal residue).
Fair – inadequate- but examination completed (enough feces or turbid fluid present to prevent a reliable exam).
Good – adequate with few liquids (small amounts of feces or turbid fluid not interfering with exam).
Excellent – no more than small bits of adherent feces.

Results

Patient characteristics

Forty-one patients CD patients in remission were enrolled and underwent 54 PCC examinations (41 at baseline, 9 at 6 months, and 4 at 12 months). The clinical characteristics of the included patients are described in detail in Table 3. Two patients were excluded from the study after the initial PCC due to small bowel strictures.

PCCE characteristics

Fifty-two (96.3%) of the capsules reached the cecum. Both of the capsules that did not reach the cecum while photographing were eventually excreted by the patient and did not result in capsule retention. Overall,

Table 3. Clinical and demographic characteristics of the included patients.

	<i>n</i>	%
Gender		
Female	14	34.1%
Male	27	65.9%
Age, years (median, IQR)	25	21–39
Current smoking	4	9.8%
Disease duration, years (median, IQR)	36	18–78
Disease location		
Small bowel	31	76.0%
Colon	1	2.4%
Small bowel and colon	9	22.0%
Disease phenotype		
Inflammatory	24	58.5%
Stenotic	11	26.8%
Penetrating	6	14.6%
Perianal disease	4	10.0%
Previous surgery	9	23.7%
Current medications		
None	14	34.1%
5-ASA	3	7.3%
Thiopurines	4	9.8%
Adalimumab	16	39.0%
Infliximab	5	12.2%
Vedolizumab	2	4.9%

IQR: interquartile range.

the colon was assessed on 40/54 (74%) PCCs. The rectum or toilet were reached in 38/41 (92.6%) of the capsules while photographing (95%), in one patient PCC stopped photographing in the left colon and in two patients in the terminal ileum. In an additional patient, the colon was not reviewed due to poor preparation

Out of 13 follow-up PCCs (6 and 12 months), the colon was reviewed in 2/14 patients, as in 11/13 patients no colonic disease was detected on the baseline PCC.

Quality of preparation. The quality of small bowel preparation was deemed good or excellent in 50/54 PCCs (94.4%). The quality of the preparation did not preclude capsule reading in any of the capsules. Out of 40 PCCs in which the colon was reviewed, the preparation was good or excellent in 30 (75%), fair in nine (22.5%), and poor (colon images could not be read) in one (2.5%).

Capsule activity scores

The median values of the endoscopic scores for both readers appear in Table 4.

The correlation between readers was excellent for LS ($r=0.93$), CSB-LS ($r=0.94$), CPE-LS ($r=0.95$), PCCS-SB and PCCS ($r=0.9$ for both), $p<0.001$ for

al correlations. There was a strong correlation between CSB-LS and PCC-SB for both readers ($r=0.8$ for reader 1 and $r=0.82$ for reader 2, $p<0.001$ for both), a moderate correlation between LS and PCC-SB for reader 1 and strong for reader 2 ($r=0.69$ and 0.80 , $p<0.001$, respectively). For panenteric scores, the correlation between PCCS and CPE-LS was moderate ($r=0.66$, $p<0.0001$) for reader 1 and strong ($r=0.74$, $p<0.0001$) for reader 2.

The agreement between the readers was strong (>0.9 for all scores) (Table 5). There was no significant difference between capsule scores obtained at baseline and after 6 months for patients who had >1 capsule endoscopy performed (Supplementary Material Table).

The correlation between endoscopic scores and C-reactive protein (CRP) was low or low-to moderate for all scores (see Table 5) with the strongest correlation obtained by PCCS for reader 1 ($r=0.47$, $p=0.001$). For fecal calprotectin (FCP), the correlation was stronger and statistically significant for all scores, with the best correlation obtained for PCCS ($r=0.55$ and 0.54 for readers 1 and 2 respectively, $p<0.001$ for both comparisons).

Agreement for clinically relevant cut-offs

For LS <135 , there was a moderate agreement between readers ($k=0.58$). For LS >135 and LS >350 , the agreement was strong ($k=0.88$ and 0.86 , respectively, $p<0.001$ for both comparisons).

We performed a univariate linear regression to calculate the PCCS-SB values that parallel the clinically relevant cut-off values of 135, 350, and 790. The regression was calculated for reader 2, as the correlation between the scores was stronger for reader 2 ($r=0.8$, $r^2=0.64$, $p<0.001$). The obtained regression equation was $PCCS-SB = 2.6 + (0.007) \times LS$. PCCS values were rounded off. Thus, the calculation of the cut-off values is LS 135 = 4, LS 350 = 5, LS 790 = 8.

Discussion

The current study is a validation of a quantitative activity score for the novel PillCam Crohn's CE by two independent experienced capsule readers. The reliability of the PCCs was excellent, and the correlation with fecal calprotectin is superior to that of the LS. CE is essential for both initial diagnosis and monitoring of established CD. The main indications for the use of CE in established CD include disease classification,¹³ monitoring for mucosal healing,¹⁴ evaluation of unexplained symptoms,^{15–17} and anemia.^{1,2,4} Panenteric capsule endoscopy provides an efficient, patient-friendly, option for comprehensive monitoring of the small bowel and the colon without the need for

Table 4. Correlations of capsule inflammatory scores.

Correlations												
	CRP	FCP	LS R1	LS R2	CSB-LS R1	CSB- LS R2	CPE-LS R1	CPE-LS R2	PCCS-SB R1	PCCS-SB R2	PCCS R2	PCCS R1
Median (IQR)	2.3 (0–5.6)	72 (30–236)	225 (135–600)	225 (0–981)	450 (225–921)	267 (0–1200)	225 (135–675)	225 (0–608)	6 (6–15)	4 (0–12)	4 (0–14)	6 (3–15)
CRP												
<i>r</i>	1.00	0.47	0.40	0.29	0.36	0.24	0.28	0.30	0.37	0.22	0.36	0.47
<i>p</i>		0.00	0.00	0.04	0.01	0.09	0.05	0.04	0.01	0.13	0.01	0.00
FCP												
<i>r</i>	0.47	1.00	0.38	0.32	0.39	0.35	0.33	0.40	0.50	0.45	0.54	0.55
<i>p</i>	0.00		0.01	0.02	0.00	0.01	0.02	0.00	0.00	0.00	0.00	0.00
LS R1												
<i>r</i>	0.40	0.38	1.00	0.93	0.95	0.88	0.84	0.85	0.69	0.71	0.72	0.61
<i>p</i>	0.00	0.01		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
LS R2												
<i>r</i>	0.29	0.32	0.93	1.00	0.93	0.94	0.84	0.88	0.77	0.80	0.78	0.66
<i>p</i>	0.04	0.02	0.00		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
CSB-LS R1												
<i>r</i>	0.36	0.39	0.95	0.93	1.00	0.95	0.84	0.84	0.81	0.83	0.84	0.72
<i>p</i>	0.01	0.00	0.00	0.00		0.00	0.00	0.00	0.00	0.00	0.00	0.00
CSB- LS R2												
<i>r</i>	0.24	0.35	0.88	0.94	0.95	1.00	0.77	0.83	0.83	0.87	0.85	0.70
<i>p</i>	0.09	0.01	0.00	0.00	0.00		0.00	0.00	0.00	0.00	0.00	0.00
CPE-LS R1												
<i>r</i>	0.28	0.33	0.84	0.84	0.84	0.77	1.00	0.95	0.56	0.49	0.64	0.66
<i>p</i>	0.05	0.02	0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	0.00
CPE-LS R2												
<i>r</i>	0.30	0.40	0.85	0.88	0.84	0.83	0.95	1.00	0.68	0.59	0.74	0.76
<i>p</i>	0.04	0.00	0.00	0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00
PCCS-SB R1												
<i>r</i>	0.37	0.50	0.69	0.77	0.81	0.83	0.56	0.68	1.00	0.90	0.92	0.91
<i>p</i>	0.01	0.00	0.00	0.00	0.00	0.00	0.00	0.00		0.00	0.00	0.00
PCCS-SB R2												
<i>r</i>	0.22	0.45	0.71	0.80	0.83	0.87	0.49	0.59	0.90	1.00	0.94	0.75
<i>p</i>	0.13	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		0.00	0.00
PCCS R2												
<i>r</i>	0.36	0.54	0.72	0.78	0.84	0.85	0.64	0.74	0.92	0.94	1.00	0.90
<i>p</i>	0.01	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		0.00
PCCS R1												
<i>r</i>	0.47	0.55	0.61	0.66	0.72	0.70	0.66	0.76	0.91	0.75	0.90	1.00
<i>p</i>	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	

CPE-LS: cumulative panenteric Lewis score; CRP: C-reactive protein; CSB-LS: cumulative Lewis score; FCP: fecal calprotectin; LS: Lewis score; PCCS: panenteric Crohn’s capsule score; R1/2: reader 1/2; SB: small bowel.

Table 5. Interclass correlations between two readers for endoscopic capsule scores.

	ICCs	95% CI	<i>p</i>	ICCa	95% CI	<i>p</i>
LS	0.94	0.89–0.96	<0.001	0.96	0.95–0.98	<0.001
PCCS-SB	0.9	0.84–0.93	<0.001	0.95	0.91–0.97	<0.001
PCCS	0.9	0.84–0.94	<0.001	0.95	0.91–0.97	<0.001

CI: confidence interval; ICCa: interclass correlation, average measures; ICCs: interclass correlation, single measures; LS: Lewis score; PCCS: panenteric Crohn’s capsule score; SB: small bowel.

additional endoscopic procedures. Several recent publications have described the use of a colonic capsule while disengaging its two-hour sleep mode (PillCam Colon Capsule 2) for the same purpose,^{8,10,18–20} however PillCam Crohn’s capsule represents a further evolution of this technology. The major upgrade

introduced in the PCCE is the completely redesigned reading system that was adjusted to facilitate and streamline the reading of CD images. The features of the new system include a new mode to describe and assess disease severity and extent as well as options to report and compare patient treatment over time

and review prior studies (Figures 1 and 2). In a recently published pilot study that included 41 patients, all performed procedure were successful and with no retention, with 83% reaching the toilet while photographing.¹¹

Several quantitative inflammatory scores for CE have been developed over the years. The most frequently utilized is the LS⁶ that is embedded in the Rapid Reader software. LS addresses the parameters of mucosal appearance and ulceration (both longitudinal and circumferential extent) in each of the three small bowel segments (Figure). The LS is derived from the worst segmental score augmented by stricture score. Several important cut-off values were identified for LS. $LS < 135$ signifies normal colonic mucosa, while $LS > 790$ is deemed to represent moderate-to-severe inflammation.⁶ In clinical remission, patients with $LS > 350$ have a 10-fold risk of relapse in comparison to those with a lower LS.³ There are several limitations to the LS. Primarily, the score is not cumulative. In addition, the numerical value assigned to strictures is very high and it easily surpasses any value derived from inflammatory findings such as ulcers. The correlation of LS with fecal calprotectin is moderate at best as demonstrated in several studies.^{4,21,22} Interestingly, a modified “cumulative” variation of the score (a summation of segmental scores) does not perform differently from the “classic” LS for correlation with FCP.^{5,23} An additional CE score (capsule endoscopy Crohn’s disease activity index-CECDAI)²⁴ has also been developed; there is a strong correlation between CECDAI and LS and a similar correlation with FCP levels.²⁵

To date, no quantitative activity index was available for the PCC. In the current study, we developed a score that is based on the descriptive operators defined by the PCC reading software with a very simple and intuitive calculation (as described in the Methods section). The reliability of the score was excellent, and there was a significant correlation with the LS. The stronger correlation with FCP may be explained by the panenteric and cumulative nature of the score. Thus the PCC score may possibly be a more accurate surrogate of the true panenteric inflammatory burden.

Our study has several limitations. Primarily, the study cohort was comprised of patients in clinical remission, with a relatively low degree of mucosal inflammation. Furthermore, the proportion of patients with colonic disease was quite low. The number of subjects with repeated PCC examinations was quite low. Nevertheless, the main purpose of our study was to describe and evaluate the reliability of the novel PCC index; its performance for repeated evaluations will need to be evaluated in further detail in subsequent studies.

An additional limitation stems from the different methods of segmentation used by the small bowel capsules and the PCC. LS, designed for small bowel capsules, splits the small bowel into three equal segments using transit time. PCC software, on the other hand, approximates anatomical segmentation. The created tertiles do not necessarily overlap, potentially creating a measurable difference in individual tertile scores obtained by two systems. However we believe that this is a very minor limitation for all practical purposes, and this is confirmed by strong correlations of the total scores reported in this study.

One important limitation of the PillCam Crohn’s capsule is the need for vigorous colonic preparation, similar to the regimen used for colonic capsules.¹¹ Although the small bowel capsule is a very user-friendly modality,²⁶ extensive preparation used for the PCC may potentially hamper the patient’s willingness to undergo and repeat the procedure. In our study, colonic preparation was poor and precluded reading the images in only one patient. Moreover, in the current study we did not require colonic preparation in patients without colonic involvement on the initial examination; the main reason for this decision was the attempt to improve the patient experience. However, in the future we should consider evaluating a simpler and less rigorous cleansing protocol for PCCE.

Despite the aforementioned limitations, the PCC score proposed by our group provides a reliable, accurate, and user-friendly quantitative index for panenteric CE. Its usability, responsiveness to change, and predictive accuracy merits further prospective evaluation.

Author contribution

RE and UK reviewed the capsules. RE, SBH, UK, AL, SN, LS were involved in study design. All authors reviewed the manuscript and contributed valuable scientific input.

Declaration of conflicting interests

RE received consultant and speaker fees from Janssen, Abbvie, Takeda, and Medtronic. SB-H received consulting and advisory board fees and research support from AbbVie, Janssen, Takeda, and CellTrion and consulting and speaker fees from Pfizer, GlaxoSmithKline, and MSD. UK received speaker and consultant fees from Abbvie, Janssen, Medtronic, and Takeda, and research support from Takeda, Medtronic, and Janssen. BU received consultancy and lecture fees from Janssen Abbvie and Takeda. The remaining authors did not have any conflicts of interest to declare.

Ethics approval

The study was approved by Sheba Medical Center Ethics Review board.

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Informed consent

All the patients signed an informed consent form.

Supplemental material

Supplemental material for this article is available online.

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