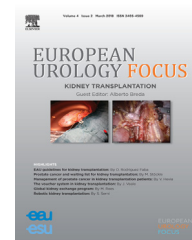




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Review – Kidney Cancer

COVID-19 and Kidney Disease: Molecular Determinants and Clinical Implications in Renal Cancer

Meredith Mihalopoulos^{a,†}, Navneet Dogra^{b,c,†}, Nihal Mohamed^a, Ketan Badani^{a,*},
Natasha Kyprianou^{a,c,d,*}

^a Department of Urology, Tisch Cancer Institute, Icahn School of Medicine at Mount Sinai, New York, NY, USA; ^b Department of Genomic Sciences, Icahn School of Medicine at Mount Sinai, New York, NY, USA; ^c Department of Pathology, Icahn School of Medicine at Mount Sinai, New York, NY, USA; ^d Department of Oncological Sciences, Icahn School of Medicine at Mount Sinai, New York, NY, USA

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Abstract

Context: The severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) pandemic that erupted in December 2019 has affected more than a million people from over 200 countries, claiming over 70 000 lives (by April 7, 2020). As the viral infection is driven by increased angiotensin-converting enzyme-2 (ACE2) expression, with the kidney exhibiting the highest expression, it is crucial to gain insights into the mechanisms underlying renal cell carcinoma (RCC) and coronavirus disease 2019 (COVID-19).

Objective: This study considers up-to-date information on the biological determinants shared by COVID-19 and renal disease, and aims to provide evidence-based recommendations for the clinical management of RCC patients with COVID-19.

Evidence acquisition: A literature search was performed using all sources (MEDLINE, EMBASE, ScienceDirect, Cochrane Libraries, and Web of Science). As of March 31, 2020, the Center for Disease Control reported that of the adults hospitalized for COVID-19 with underlying conditions in the USA, 74.8% had chronic renal disease.

Evidence synthesis: Evidence is discussed from epidemiological studies on SARS-CoV-2 pandemic and molecular studies on the role of kidney in facilitating routes for SARS-CoV-2 entry, leading to increased virulence of SARS-CoV-2 and clinical manifestation of symptoms in RCC.

Conclusions: This analysis will advance our understanding of (1) the molecular signatures shared by RCC and COVID-19 and (2) the clinical implications of overlapping signaling pathways in the therapeutic management of RCC and COVID-19 patients.

Patient summary: Amid the coronavirus disease 2019 (COVID-19) pandemic, patients diagnosed with renal cell carcinoma and infected with severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) may receive complimentary treatment modalities to enhance therapeutic response.

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[†] These authors share first coauthorship.

* Corresponding authors. Department of Urology, Icahn School of Medicine at Mount Sinai, 6th Floor, 1425, Madison Avenue, New York, NY 10029, USA. Tel.: +1 212 639 9371; Fax: +1 212 876-3246. E-mail addresses: ketan.badani@mountsinai.org (K. Badani), Natasha.Kyprianou@mountsinai.org (N. Kyprianou).

1. Introduction

In December 2019, a novel coronavirus (nCoV) outbreak emerged in the city of Wuhan, China. By the beginning of February 2020, The World Health Organization (WHO) formally named the disease triggered by 2019-nCoV as coronavirus disease 2019 (COVID-19). The Internal Committee of Taxonomy of Viruses then named the disease severe respiratory syndrome coronavirus 2 (SARS-CoV-2), another β -coronavirus cluster related to severe acute respiratory syndrome (SARS) of 2003 and Middle East respiratory syndrome (MERS) of 2012 [1,2]. As of April 7, 2020, the global pandemic had caused over 1.2 million cases and 72 000 deaths, with numbers rising each day [3].

While investigations are intensified as to the mechanisms of viral infectivity, person-to-person transmission of the virus includes droplet inhalation transmission and contact transmission through oral, nasal, and eye mucous membrane contacts [4]. Symptoms of virulence varies depending on the patient but often includes fever and dry cough, while others suffer from fatigue, dyspnea, nasal congestion, nausea, or diarrhea [5]. Cases can worsen and lead to acute respiratory distress syndrome (ARDS) or pneumonia. However, diagnosis is often complicated by a large portion of patients who are asymptomatic [6]. Those with pre-existing conditions, such as diabetes, hypertension, and pulmonary, cardiac, and kidney diseases are considered to be at a higher risk of developing severe disease [4,7–10]. Owing to the immense burden of the disease on the health, livelihood, and economics of the global population, it is crucial to consider the molecular aspects of the virus, its functional interaction with host cellular signaling, its association with certain comorbidities, and potential therapeutic strategies for the treatment of COVID-19.

As millions of cancer patients are fighting COVID-19, investigations into the incidence and clinical management of COVID-19 in patients with cancer, including renal cell carcinoma (RCC), are ongoing with intensity. This review aims to advance the current understanding of the impact of angiotensin-converting enzyme-2 (ACE2)-mediated SARS-CoV-2 infection on kidney function and the therapeutic targeting of underlying shared mechanisms of RCC and COVID-19.

2. Evidence acquisition

A literature search was performed using all sources (MEDLINE, EMBASE, ScienceDirect, Cochrane Libraries, and Web of Science). As of March 31, 2020, the Center for Disease Control (CDC) reported that, of the adults hospitalized for COVID-19 with underlying conditions in the USA, 74.8% had chronic renal disease.

3. Evidence synthesis

3.1. Mechanisms of SARS-CoV-2 infection

The novel zoonotic coronavirus (CoV) SARS-CoV-2 belongs to the subfamily Coronavirinae and genus *Betacoronavirus*. The

30 kb genome of SARS-CoV-2 is a single-stranded positive-strand RNA (+ssRNA; Fig. 1). Sixteen nonstructural proteins (NSPs; NSP1–16) derived from pp1a/pp1ab play specific roles in the replication of CoVs and in the formation of replication-transcription complex that facilitates synthesis of minus-strand messenger RNA called subgenomic RNAs (sgRNAs; Fig. 1). While NSPs are conserved among CoVs, there is diversity between structural proteins of CoVs, implicating their functional contribution to the infectivity, adaptation, and transmission. Based on phylogenetic and genomic analysis of the *Betacoronavirus* clusters, the SARS-CoV-2 is closely related to the β -coronaviruses bat-SL-CoV ZC45 and bat-SL-CoV ZXC2, and can cause infection of lower respiratory track and pneumonia in humans.

Structural Spike (S) proteins drive the entry of the CoVs SARS-CoV and SARS-CoV-2 into target host cells by engaging the cellular receptor ACE2. Analogous to SARS-CoV infection, interaction of the S protein of SARS-CoV-2 with cellular ACE2 facilitates the attachment of the virus to target cells [11]. This step is also functionally associated with the activation of cellular TMPRSS2, a type-II transmembrane serine protease that drives the entry of virus into the target cell and is regulated by androgens (Fig. 2). SARS-CoV infection is dependent on the proteolytic activity of TMPRSS2 and results in cleavage of SARS S protein at multiple sites [12]. Proteolytic cleavage of SARS S protein by TMPRSS2, known as S priming, mediates efficient virus-host cell fusion and decreases virus sensitivity to neutralizing antibodies [13].

The ACE2 enzyme plays an important role in the renin-angiotensin system (RAS), as it counteracts the effects of angiotensin (Ang) II, a vasoactive peptide responsible for vasoconstriction and aldosterone release systemically. Ang I is converted to Ang II by ACE. However, ACE2 depletes Ang I and II levels by directly catalyzing the compounds and converting Ang I to Ang 1–9 and Ang II to Ang 1–7, known vasodilators acting through receptor Mas (MasR) with anti-fibrotic, antiproliferative, and anti-inflammatory effects [7,14–18]. Angiotensin-converting enzyme inhibitors (ACEis), which block the conversion of Ang I to Ang II, and angiotensin receptor blockers (ARBs), which block the downstream interaction of Ang II with the Ang II type I (AT₁) receptor, are used to treat hypertension and other cardiovascular diseases [19]. While these treatments do not directly modulate ACE2, they cause an increase in ACE2 expression [20]. Other medications, such as thiazolidinediones and ibuprofen, are speculated to increase ACE2 levels also [21]. Further, ACE2 levels are elevated in patients with multiple cardiovascular conditions, diabetes, and hypertension, those who are at a greater risk of mortality in COVID-19 [15,21,22]. Thus, RAS inhibition may affect COVID-19 outcomes by decreasing the proinflammatory activity of Ang II or increasing the virulence of the virus in the heart and lungs due to the increased ACE2 expression [10].

Both ACE2 and TMPRSS2 are coexpressed on ciliated bronchial epithelial cells and type II pneumocytes, epithelia of small intestine, and podocytes and the border of proximal tubule cells of the kidney, thus making these organ sites easy routes for SARS-CoV and SARS-CoV-2 infection [23]. In

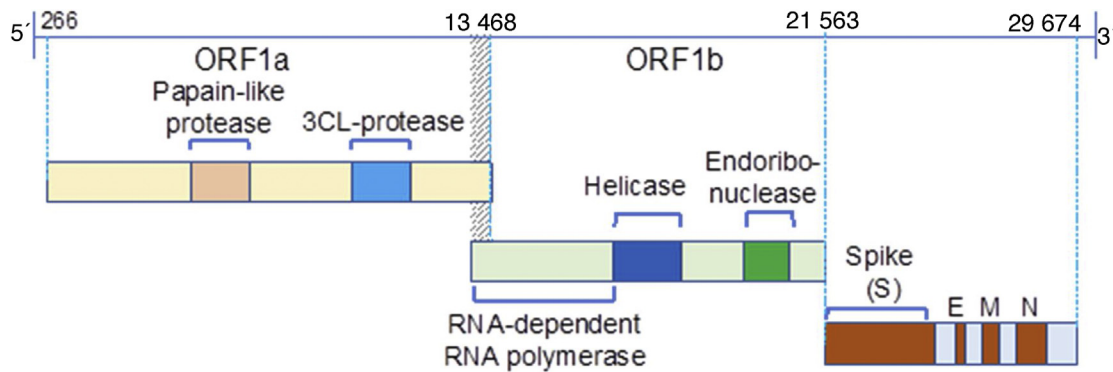


Fig. 1 – The SARS-CoV-2 genome. The 30 kb genome of 2019-nCoV is a single-stranded positive-strand RNA (+ssRNA). Only one-third of the genome serves as a template for four structural proteins that are functionally involved in the infection process. The four structural proteins include the membrane (M), spike (S), envelope (E), and nucleocapsid (N); all accessory proteins are derived from sgRNA and are critical for infection. 2019-nCoV = 2019 novel coronavirus; SARS-CoV-2 = severe acute respiratory syndrome coronavirus 2; sgRNA = subgenomic RNA.

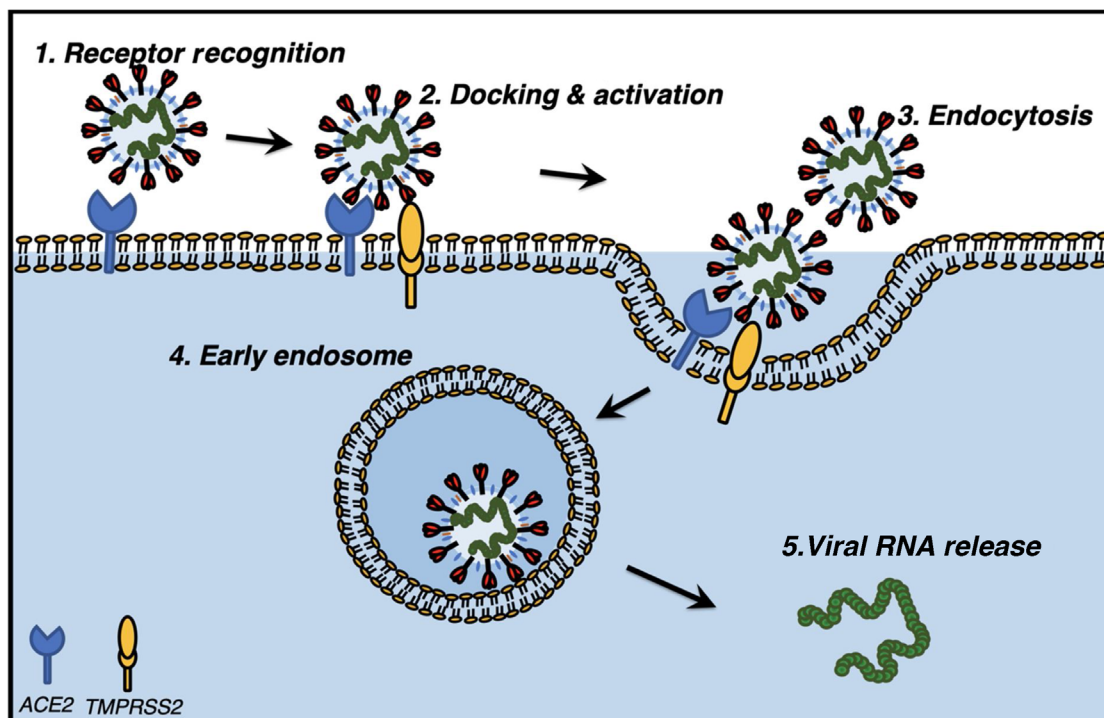


Fig. 2 – Molecular pathway of SARS-CoV-2 activation in host cells. Mechanism of docking and internalization of SARS-CoV-2 into host cells are facilitated by host cellular proteins. Docking and host cell entry of SARS-CoV-2 occur via virion-associated “spike protein” recognition and binding with the ACE2 receptor (1). Receptor recognition and ACE2 activation are assisted by transmembrane protein TMPRSS2 (2), which leads to endocytosis of virions (3) and early endosome formation (4), and ultimately responsible for the release of viral RNA into the cytoplasm of host cells causing virulence.

ACE2 = angiotensin-converting enzyme-2; SARS-CoV-2 = severe acute respiratory syndrome coronavirus 2; TMPRSS2 = type-II transmembrane serine protease 2.

particular, ACE2 expression is higher in the kidneys than in any other organ, with potentially 100 times higher expression than in the lungs [24]. Podocytes and proximal straight tubule cells of the kidney share similar homology and have highly enriched signatures for kidney disease-related signaling pathways [23]. It is therefore of critical importance to investigate the effects of SARS-CoV-2 on patients with prior kidney issues as well as assess the potential risk of developing kidney injury once infected with COVID-19.

3.2. Epidemiology of COVID-19 and cancer

The COVID-19 pandemic created unique circumstances and challenges for cancer patients, including patients with renal cancer and their clinical providers across the clinical care continuum and management trajectory (ie, cancer diagnosis, treatment, follow-up care, end of life). Epidemiological evidence so far indicates that cancer patients have a higher risk of contracting COVID-19, developing complications,

and deteriorating more rapidly [25]. Specifically, the mortality rate is significantly higher among SARS-CoV-2–infected patients with active cancer (28.6%) than in patients with other comorbidities. Older cancer survivors are more vulnerable to COVID-19 because of existing chronic, comorbid health conditions (diabetes, cardiovascular diseases, and respiratory diseases) [26]. Cancer patients presenting at clinics and hospitals for cancer care might have increased exposure to other infected patients and clinical care personnel, leading to increased risk of COVID-19, morbidity, and mortality.

To reduce cancer patients' risk of exposure, difficult clinical decisions have to be made by physicians about for whom, how, and when to provide cancer treatment and follow-up care [27]. However, delays in cancer management might lead to missed opportunities for curative treatment and increased risks of cancer progression to metastasis, anxiety, and stress. For patients experiencing metastatic or recurrent cancer, considerations should include how such delays may lead to immediate need for hospital-based palliative care and symptom management [27]. For patients receiving treatment with chemotherapy or immunotherapy, or those who have undergone recent surgery, the risks are even higher because of the reduced immune system function. Reinforcement of the strict “stay at home” policy, although efficient in reducing the risk of exposure and contamination, is likely to increase patient clinical care (eg, managing disease and comorbidities), financial (eg, loss of job and medical insurance), and psychosocial (eg, social isolation, fear of contamination, stress, and anxiety) needs, thus worsening the quality of life and emotional well-being in a population already burdened by cancer and treatment impact.

To address some of these needs, several hospitals and clinics in the USA have adopted a telehealth care delivery approach; however, such shifts in care delivery approaches may pose significant challenges, especially for patients with limited access to Internet or computer skills [28]. For patients participating in cancer clinical trials, forced stay

home or quarantine complicates hospital attendance for repeat appointments and continuity in care, and when severe complications or emergencies occur, treatment delays or unavailability will have significant implication for the patient's health [29]. For renal cancer patients and patients with chronic renal disease in need of blood transfusion or kidney or transplant, care has to be taken to ensure the safety of blood or donor's organs [30].

3.3. Surgical management of RCC amid COVID-19

The goal of surgical treatment for RCC is twofold: the first is the removal of the renal tumor with negative surgical margins via either partial or radical nephrectomy based on the tumor characteristics of size and location. This can be accomplished via an open or minimally invasive (robotic) approach. The second goal is the preservation of renal function. Most guidelines agree that partial nephrectomy should be performed for the renal mass when feasible to maximally preserve kidney function and prevent end stage renal disease. The COVID-19 pandemic has transformed the way we are approaching the surgical treatment of kidney cancer. The recommendations to be followed to reduce this risk to hospital workers are summarized in Table 1.

3.4. COVID-19 impacts the kidney

3.4.1. Chronic renal injury

As of March 31, 2020, the CDC reported that of the adults hospitalized for COVID-19 with underlying conditions in the USA, 74.8% had chronic renal disease, but patients with chronic renal disease consisted of only 3% of total cases [26,31]. A study from Washington found that of 24 patients admitted to the intensive care unit (ICU), five (21%) had chronic kidney disease [32]. In the Lombardy region of Italy, of 1591 ICU patients with COVID-19 from 72 hospitals, 36 (3%) had chronic kidney disease. Various studies from Wuhan, China, investigating the early stages of the pandemic found that 2–4% of COVID-19 patients had chronic

Table 1 – Clinical recommendations to reduce transmission during renal surgery.

Surgical patient triage	Depending on local transmission patterns and hospital needs, lower-risk kidney tumors should be postponed, while larger and aggressive tumors should be treated as the risk of progression must be weighed against the risks of COVID-19.
COVID-19 testing	All patients planning to undergo surgery for kidney cancer should be tested prior to surgery, depending on local community access to testing.
COVID-19–positive patients	If the patient is COVID-19 positive, every effort should be made to delay surgery until full recovery of the patient and viral shedding risk is reduced.
Operating room personnel	Limit personnel in the operating room during surgery, allowing only essential personnel, and limit traffic in and out of rooms.
PPE	PPE is mandatory and should include N-95 masks to mitigate transmission risk.
Operating room risk reduction	Efforts should be made to reduce transmission during intubation and extubation, with only ESSENTIAL personnel present during these times. In addition, surgical transmission via surgical plume should be reduced by lowering cautery settings, application time, and total duration of tissue desiccation.
Special considerations for minimally invasive surgery	During minimally invasive surgery, CO ₂ pressure should be maintained as low as safely possible, and gas leak or release from ports during surgery should be minimized. Every effort should be made to suction any residual CO ₂ at the end of procedure prior to tumor extraction. A closed insufflation system should be used to reduce escape of CO ₂ into the OR. Filters vary in size; the smallest filter available should be implemented to the suction system.

COVID-19 = coronavirus disease 2019; OR = operating room; PPE = personal protective equipment.

renal failure [8,25,33]. However, in a larger study of 1099 cases from mainland China, only 0.7% of patients had chronic renal failure [5].

Others have cautioned against the risk of COVID-19 spread in hemodialysis (HD) centers [34–36]. In the USA specifically, 0.5 million individuals receive dialysis treatment and constitute a high-risk group for adult respiratory distress syndrome [36]. Basile et al [37] studied a single HD center in Renmin Hospital, Wuhan University. The authors found that 37 of 230 patients on HD and four of 33 staff members developed infections in a 1-mo span from mid-January to -February. Patients on HD with COVID-19 had less lymphopenia, lower serum levels of inflammatory cytokines, and milder clinical disease than other patients with COVID-19 infection. Although six patients on HD died from the CoV infection, the presumed causes of death were not related to pneumonia but rather to cardiovascular diseases, cerebrovascular issues, and hyperkalemia [37]. The emerging recommendations are that dialysis patients infected with COVID-19 should continue with their regimen and stay at their current center, in order to minimize the risk to other patients and healthcare personnel [34].

3.4.2. Acute kidney injury

In the previous SARS and MERS-CoV epidemics, acute kidney injury (AKI) developed in 5–15% of cases and had a high mortality rate (60–90%) [34,38,39]. Kidney injury was also associated with an increased risk of death in patients with influenza A virus subtype H1N1 [40]. Similar results have been found for the current SAS-CoV-2 pandemic. In a post-partum study of patients from Wuhan from January to the beginning of March, Diao et al [9] showed that 27.06% (23/85) patients exhibited acute renal failure. However, another study conducted in a similar time frame in a hospital in Wuhan did not have anyone to develop or die of acute renal failure [33]. Several studies in China have tracked the development of AKI once admitted for COVID-19. A smaller study of 41 patients found that thee (7%) developed AKI. Other studies in Wuhan have found rates around 3–4% in a similar time frame [6,25]. One study of 1099 cases from mainland China showed that six (0.5%) COVID-19 patients developed AKI [5].

A recent clinical study with 701 patients from a hospital in Wuhan found that 5.1% of patients admitted for COVID-19 developed AKI [8]. The same study also reported that on admission, 43.9% of patients had proteinuria, 26.7% had hematuria, and 13–14% had elevated serum creatinine, elevated blood urea nitrogen (BUN), and estimated glomerular filtration rate under 60 ml/min. The study confirmed that elevated baseline serum creatinine, elevated baseline BUN, AKI stage, proteinuria, and hematuria were independent risk factors for in-hospital death. The incidence of AKI was significantly higher in patients with elevated baseline serum creatinine; 33.7% of these patients died in hospital, a significantly higher percentage than that of patients with normal creatinine levels. Computed tomography scans of kidneys also showed reduced density, suggestive of inflammation and edema [8].

Further evidence confirmed overlap of COVID-19 patients with renal dysfunction. In two hospitals in Wuhan, 59% of patients with COVID-19 had proteinuria, 44% had hematuria, 14% had increased BUN levels, and 10% had increased serum creatinine [24]—data that were validated in another hospital [33]. Individuals who developed AKI had a 5.3 times higher mortality risk than those without AKI, higher than that of comorbid chronic illness (1.5 times more) [24]. Clinical evidence from Shanghai revealed that ICU patients were more likely to have increased creatinine (15.8% vs 4.1%) and BUN (26.3% vs 5.7%) [41].

The high ACE2 expression in the kidney and the presence of fragments of CoV in the patient blood and urine implicate COVID-19 in the renal system [33,42]. Clinically, proteinuria in a large number of patients can be caused by virus-induced cytopathic effect on podocytes, as podocyte injury induces heavy proteinuria [43]. Increased creatinine levels could also indicate indirect effects on renal function caused by the virus, such as hypoxia, shock, and rhabdomyolysis [4,8]. Specifically, the effects of CoV-infected ACE2 can cause kidney damage through a heightened inflammatory response by depleting Ang 1–7 and Ang 1–9 levels. A systemic cytokine storm-induced inflammatory response can also cause multiple organ damage [42,44]. It is unlikely that kidney injury arises from deposition of immune complex of viral antigen or virus-induced specific immunological effector mechanisms because glomeruli microscopy imaging has appeared normal in COVID-19 patients [38].

3.4.3. Renal cancer

In addition to chronic and acute renal injury, renal cancer must also be assessed when evaluating the risk factors of developing severe COVID-19 infections. In the USA, nearly 60 000 individuals had RCC in 2018, although few studies have evaluated the incidence of renal cancer in COVID-19 cases [45]. Liang et al [46] found that 18 of 1590 cases had a history of cancer in hospitals throughout China, a rate higher than that of cancer in the overall Chinese population. Lung cancer was the most frequent type of cancer in the study population (28%), but one case had a history of RCC. Additionally, patients with cancer had a higher risk of severe complications than patients without cancer; cancer patients treated with chemotherapy or surgery had a higher risk of severe events than those not receiving treatment. These are important considerations in decision making regarding the clinical care of a cancer patient infected with the virus (Fig. 3).

3.5. Therapeutic management of RCC and COVID-19

3.5.1. Tyrosine kinase inhibitors and immune checkpoint inhibitors

A majority of cases with RCC are associated with the gene inactivation of von Hippel-Lindau, which normally regulates the levels of hypoxia-inducible factors. With the inactivation of this gene, the result is a subsequent downstream upregulation of hypoxia-inducible factors, which then causes angiogenesis and proliferation, mostly through the activation of the vascular endothelial growth factor receptor (VEGFR) [47]. Antiangiogenesis treatment of RCC includes

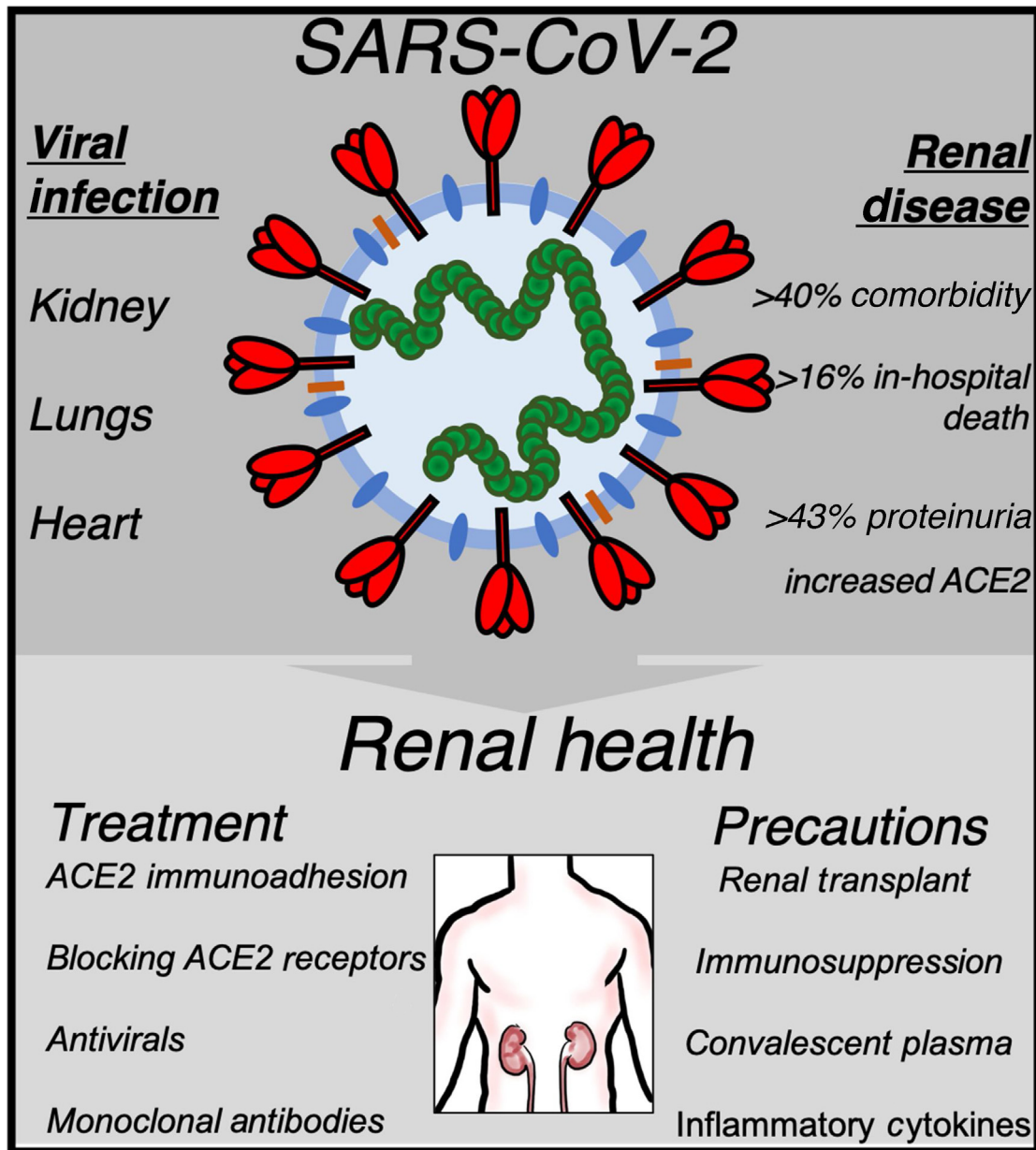


Fig. 3 – SARS-CoV-2 infection in renal disease and therapeutic targeting of RCC. The top panel shows an overview of the primary signaling targets of viral infection and their association with renal disease. The bottom panel shows a proposed schema of the current therapeutic management (blocking ACE2 receptor pathway and hence viral internalization into host cells) and prevention strategies (controlling inflammation and immunosuppression, and consequently cell response to virulence) for COVID-19 patients with underlying renal disease.

ACE2 = angiotensin-converting enzyme-2; COVID-19 = coronavirus disease 2019; SARS-CoV-2 = severe acute respiratory syndrome coronavirus 2.

the use of monoclonal antibodies that bind and deplete VEGF ligand, or bind to the VEGFR and tyrosine kinase inhibitors (TKIs) that block the intracellular domain of VEGFR. TKIs, specifically sunitinib and pazopanib, were first to be approved for frontline treatment of metastatic RCC (mRCC) [48].

The use of immune checkpoint inhibitors (ICIs) has become increasingly popular in the treatment of RCC. ICIs work to prevent the downregulation of cellular immune responses within tumors by targeting the interaction of programmed cell death protein (PD-1) and its ligand (PD-L1) and CTLA-4 and its ligand B7-CTLA-4 [49]. The standard

of care of mRCC following the approval of the Food and Drug Administration (FDA) and the European Medicines Agency is the combination of a TKI and an ICI, such as nivolumab plus ipilimumab, which provides the best response rate and survival [50–52]. There have also been proposals for other combinations, such as pembrolizumab plus axitinib and avelumab plus axitinib [53]. The efficacy of ICIs in conjunction with COVID-19 infection is under intense investigation. Recent evidence suggests that restoration of immunocompetence with ICIs impacts the development of cytokine release syndrome and contributes to the severity of COVID-19 and ARDS [54]. Additionally, CoV-related

interstitial pneumonia could be worsened by potential pneumological toxicity from anti-PD-1/PD-L1 ICI agents. However, discontinuation of ICIs in patients with COVID-19 infections is not recommended due to relatively better outcomes than in those patients who are immunosuppressed from chemotherapy [46,54]. In one case study, tocilizumab was used successfully to treat immune-related adverse events (irAEs), namely arthritis, in patients receiving ICI therapy. Tocilizumab, a monoclonal antibody against the interleukin (IL)-6 receptor, serves as a potential neutralizing antibody in treating COVID-19 [34]. This is of particular significance in the treatment of RCC patients with COVID-19 infection, as the treatment of ICIs and tocilizumab may overcome irAE side effects.

3.5.2. ACE inhibitors

RAS blockades, such as ACEis and ARBs, can potentially reduce cancer growth, lessen metastatic potential, and increase patient survival in RCC [55,56]. Lower expression of Ang II receptors yielded better survival in patients with clear cell RCC, and increased ACE activity has been associated with higher tumor grades [57,58]. While the decrease in degradation of bradykinin by ACEis may stimulate growth, survival, and migration of cancer cells, these effects must ultimately be offset by the decrease in angiogenic effects through the decreased VEGF expression due to decreased Ang II [55,56]. There is also the potential for Ang 1–7, increased with the use of ACEis, to have antitumor effects by decreasing cell migration and invasion of cancer cells and reducing tumor growth by decreasing VEGF [59–61]. Mechanistically, the therapeutic use of ACEis in RCC has significant implications in the treatment of RCC patients who are infected with COVID-19 (Fig. 2). There is the potential to increase an RCC patient's susceptibility to a more severe form of the disease due to increased ACE2 to which the virus can bind with the administration of ACEis.

3.5.3. Endothelin receptor antagonists

Endothelin receptor antagonists (ERAs) have been developed for the treatment of various cancers including renal cancer. The drugs decrease the effects of endothelin peptide isoform 1 (ET-1), which increases human tumor growth via activation of epidermal growth factor receptor, and direct angiogenic effects on endothelial cells through autocrine and paracrine pathways. In this way, ERAs have been shown to be effective cancer therapeutics [62]. ET-1 affects the kidney by binding to ET_A and ET_B G protein-coupled receptors, inducing sodium retention, inflammation, and fibrosis [63]. By mitigating these effects, ET_A receptor antagonists such as ERAs have been shown to be promising agents in the treatment of chronic kidney disease as well [62]. Consequential to its vasoconstrictive action, the endothelin axis usually affects portal arterial hypertension (PAH), and ERAs are a common treatment against PAH by reducing the vasoconstrictive effects of ET-1 [62]. There is then the potential of ERAs to help those with hypertension to defend themselves against COVID-19.

3.6. Stratification and screening COVID-19 patients using liquid biopsy

“Liquid biopsy” is a minimally invasive procedure and a powerful tool in obtaining a profile of the tumor pathology [64–66]. Exosomes, cell-free (cf) DNA/RNA, and circulating tumor cells (CTCs) are currently at the forefront of liquid biopsy research, while cf proteins and lipids are also gaining momentum, and various biosensing assays are being developed for their analyses [67,68]. Recent studies in RCC patients have utilized blood-based assays in combination with microRNA and/or protein biomarkers to provide tumor monitoring at high sensitivity and specificity [69]. Hence, RCC-associated biomarkers, which are found in circulating bodily fluids, are strong indicators of an unequivocal future of *NextGen-liquid biopsy* as novel tools for disease monitoring, biomarker discovery, and precision medicine. Recently, RCC-based liquid biopsy was validated and approved by the US FDA for the prognosis and diagnosis of the disease [70]. RCC-associated tumor-based CTCs and cfDNA are studied for their genomic and epigenomic landscape, providing vital information about tumor heterogeneity and tissue lineage [70]. Furthermore, two recent studies of several urinary- and serum-associated protein and RNA biomarkers in RCC, carbonic anhydrase IX (CAIX) and ceruloplasmin (CP), were found to be significantly increased in RCC patient's urinary exosomes while they remain the same in the control cohort [71]. Podocalyxin-like protein 1 (PODXL; expressed in podocytes) and aquaporin 1 (AQP1, a water channel) are proteins expressed by kidney and not significantly increased in RCC [71]. More recent evidence identified serum miR-378 and miR-451 as RCC biomarkers [69].

Evidence on SARS-CoV-2 assessment suggests that urine contains almost no detectable COVID-19 viral RNA load, and only a small amount of viral RNA copies are present in blood (current tool of diagnosis is a nasopharyngeal swab followed by a reverse transcriptase polymerase chain reaction) [72]. However, elevated serum creatinine, BUN, and hematuria shown during hospitalization of COVID-19 patients are associated with higher mortality, pointing to an indirect mechanism of kidney damage in COVID-19-infected patients [8]. This evidence supports that liquid biopsy-assisted stratification and screening of COVID-19 patients with pre-existing RCC must focus on monitoring RCC biomarkers before and after COVID-19 infection.

3.7. Treatment options to cure COVID-19

For several of the patients with renal disease and AKI, treatment course proceeds similarly to that of most COVID-19 cases, although we are following a learning curve. General management including quarantining, use of protective personal equipment, nutritional and fluid support, ICU admission when necessary, and other treatments for complications are essential for all cases. Continuous renal replacement therapy (CRRT) has been shown to be effective in those with renal issues as well as other patients for SARS, MERS, and sepsis [38,73]. CRRT is also being used in current

cases of COVID-19 [33], as are glucocorticoids, which when administered in low doses improved outcomes for SARS and MERS; however, these drugs at high doses are associated with high mortality due to inhibition of viral clearance and prolongation of the duration of viremia [34,74]. Additional therapeutic options effective in the treatment of COVID-19 patients are discussed below [75].

3.7.1. Monoclonal antibodies

An important therapy in combating SARS-CoV-2 is a neutralizing antibody directed against the S protein of the virus (Fig. 1). There exists a neutralizing monoclonal antibody directed against the Ras-binding domain of the S protein of MERS-CoV, suggesting the potential to discover a similar antibody for SARS-CoV-2 [76]. There have been promising preliminary results for tocilizumab, a monoclonal antibody against the IL-6 receptor, but more work is necessary to understand the safety and efficacy of the antibody [34]. The development of neutralizing antibodies poses an issue in rapid treatment strategy, as traditional screen options may be too slow for the pandemic to ensure sufficient breadth of treatment [75].

3.7.2. Oligonucleotides

Targeting the SARS-CoV-2 viral RNA genome for degradation may hold a promise, but it is challenging during the current pandemic, considering that viral RNA sequence domains are not known and limited targeted delivery of the oligonucleotide to the lungs may limit the scale-up manufacturing of such drugs for a large population of infected individuals [75].

3.7.3. Repurposing current antivirals

The Chinese National Health Commission recommends interferon- α and lopinavir/ritonavir, HIV protease inhibitors, in the treatment of COVID-19, as these treatments have had some clinical efficacy in treating both SARS and COVID-19 [34,77]. Remdesivir, a drug that interacts with the viral polymerase, is clinically effective in treating MERS in mouse models and was effective in the treatment of a COVID-19 patient in the USA [75,78]. Further research efforts focus on drugs that inhibit endocytosis, as clathrin-dependent endocytosis mediates the entry of SARS-CoV-2 into cells. A low pH and pH-dependent endosomal cysteine proteases cathepsins also facilitate the entry of the virus [79]. Thus, lysosomotropic agents, such as the antimalaria drugs chloroquine and hydroxychloroquine, can accumulate intracellularly and neutralize the endosome-lysosomal acidic pH, blocking protease activity and inhibiting viral entry into the cell (Fig. 2). Endosome-lysosomal protease inhibitors such as E64d or chlorpromazine, a clathrin-mediated endocytosis inhibitor, can also block endocytosis directly [80].

3.7.4. Convalescent plasma antibody transfer

As tried during the 2014–2015 Ebola outbreak, the use of the plasma of a recovered patient can provide polyclonal antibodies to different viral antigens of SARS-CoV-2, which can help treat patients who contract the virus later by providing

a neutralizing effect and increasing the immune response of the patient. However, there are limitations in the speed and scope of such a development [75].

3.7.5. Blocking ACE2 receptors

A potential new strategy for drug development involves blocking the ACE2 receptor to inhibit the binding and subsequent entry of SARS-CoV-2 into cells. An antibody binding to the ACE2 protein blocks the entry of SARS effectively. Additionally, a small receptor-binding domain from the SARS S protein, which binds to the ACE2 receptor, has been shown to be effective in blocking the entry of SARS in cell culture [81].

3.7.6. ACE2 immunoadhesion strategy

A novel approach involves binding to the CoV itself through a soluble version of the ACE2 receptor, fused to an immunoglobulin Fc domain (ACE2-Fc) that binds to the S protein of SARS-CoV-2 and neutralizes the virus (Fig. 1). This methodology would allow for maximal breath, maximally engage the immune system to build lasting immunity, and decrease ACE2 levels in the lungs during infection, thus impacting acute respiratory distress pathophysiology [75]. Testing for the efficacy and safety of this novel therapeutic strategy is necessary, prior to clinical implementation.

3.8. Future directions

Through repurposing existing drugs such as ACEis and developing new antibodies to combat SARS-CoV-2, future clinical trials in COVID-19 patients battling RCC are a top priority in overcoming the pandemic (Fig. 3). Mechanistic exploitation of the baseline expression of ACE2 and TMPRSS2 in the lung epithelium and kidney tissue of RCC patients will lead to their therapeutic targeting and correlation with the therapeutic response. Whole-blood, whole-urine genomics have yet to be investigated in COVID-19 patients; of immediate clinical significance will be a study of cfDNA, CTCs, exosome-based biomarker's correlation, and their genomic landscape among RCC and COVID-19-positive patients to enable new insights into the downstream effect of viral damage on renal function. Liquid biopsy could be the most effective tool for early identification, intervention, and improved prognosis among RCC patients harboring SARS-CoV-2 infection. As research efforts escalate globally toward the eradication of COVID-19 in cancer patients, our team joins the battle, driven by science-based evidence to develop action guidelines and therapeutic strategies in the management of RCC patients diagnosed with COVID-19.

4. Conclusions

This analysis will advance our understanding of the molecular signatures shared by RCC and COVID-19, and the clinical implications of overlapping signaling pathways in the therapeutic management of RCC and COVID-19 patients.

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Study concept and design: Kyprianou, Badani.

Acquisition of data: Mihalopoulos, Dogra, Mohamed.

Analysis and interpretation of data: Mihalopoulos, Badani, Kyprianou.

Drafting of the manuscript: Mihalopoulos, Dogra, Mohamed, Badani.

Critical revision of the manuscript for important intellectual content: Kyprianou, Badani.

Statistical analysis: Mihalopoulos, Mohamed.

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