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Adjuvant Therapy for Patients with Early Large Cell Lung Neuroendocrine Cancer: A National Analysis

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Abstract

Introduction—Current guidelines do not routinely recommend adjuvant therapy for resected stage I large cell lung neuroendocrine cancer (LCNEC). However, data regarding the role of adjuvant therapy in early LCNEC are limited. This National Cancer Database (NCDB) analysis was performed to improve the evidence guiding adjuvant therapy for early LCNEC.

Methods—Overall survival (OS) of patients with pathologic T1-2aN0M0 LCNEC who underwent surgery in the NCDB from 2003 to 2015 was evaluated with Kaplan-Meier and multivariable Cox proportional hazards analyses. Patients who died within 30 days of surgery and with >R0 resection were excluded.

Results—Of 2642 patients meeting study criteria, 481 (18%) received adjuvant therapy. Adjuvant chemotherapy in stage IB patients was associated with a significant increase in OS (hazard ratio [HR] 0.67; 95% confidence interval [CI] 0.50, 0.90). However, there was no significant difference in survival between adjuvant chemotherapy and no adjuvant therapy for stage IA LCNEC (HR 0.92; 95%CI 0.75, 1.11). Adjuvant radiation, whether alone or in combination with chemotherapy, was not associated with a change in OS. In subgroup analysis, patients receiving adjuvant chemotherapy following lobar resection for stage IB LCNEC had a significant survival benefit compared to patients not receiving adjuvant therapy.

Conclusion—In early stage LCNEC, adjuvant chemotherapy appears to confer an additional overall survival advantage only in patients with completely resected stage IB LCNEC and not for patients with completely resected stage IA LCNEC.

Introduction:

Large cell lung neuroendocrine cancer (LCNEC) is a subset of non-small cell lung cancer (NSCLC), and comprises about 2-4% of all lung cancer, with an estimated 4000 to 8000 cases a year [1,2]. LCNEC carries a poor prognosis, with an overall five-year survival of

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approximately 35% and disease-free survival of 25% [2–4]. There is a poor understanding of the biology of LCNEC, and consequently no consensus on the best treatment strategy [5].

The role of adjuvant therapy is unclear in early LCNEC. There are limited data from primarily small retrospective analyses demonstrating that following surgical resection of stage I to III LCNEC, use of adjuvant chemotherapy is associated with an improved 5-year survival ranging from 51–59% [6–9]. In addition, a small prospective trial of 15 patients who received adjuvant platinum and etoposide chemotherapy compared to a historical control group of 23 patients who received no adjuvant chemotherapy demonstrated a clear survival benefit across stage I to III with use of adjuvant chemotherapy [10]. The current National Comprehensive Cancer Network guidelines recommend consideration of adjuvant chemotherapy for high-risk stage IB NSCLC including poorly differentiated neuroendocrine tumors, but do not explicitly recommend adjuvant therapy for stage IA or stage IB LCNEC.

We performed a large nationwide retrospective cohort study using the National Cancer Database (NCDB) to evaluate the impact of adjuvant therapy on survival in patients with completely resected stage I LCNEC.

Methods:

National Cancer Database

The NCDB is a combined endeavor of the American Cancer Society and the American College of Surgeons Commission, and includes about 80% of newly diagnosed cancers annually across the United States and Puerto Rico collected by certified tumor registrars in 1500 hospitals nationwide [11,12].

Study Protocol

This study was approved by our Institutional Review Board. From the NCDB, all patients diagnosed with pathologic T1-2aN0M0 LCNEC from January 1, 2003 through December 31, 2015 were identified using International Classification of Diseases for Oncology, Third Edition (ICD-0-3) histology and topography codes. ICD-0-3 histology codes 8012/3 (large cell carcinoma, NOS), 8013/3 (large cell neuroendocrine carcinoma), and 8014/3 (large cell carcinoma with rhabdoid phenotype) were used. The cohort was limited to patients with pathologic T1-2a LCNEC who underwent a surgical intervention in accordance with the newest AJCC's eighth edition guidelines on lung cancer staging. Patients with node-positive disease (>N0), metastatic disease (M1), margin-positive resection (R1, R2, or unknown), unknown type of operation, and who died within 30 days of surgery were excluded (Fig. 1). The primary outcome of interest was overall survival (OS).

Statistical Analysis

Patients were stratified by type of adjuvant therapy received (surgery alone, chemotherapy alone, radiation alone, or chemotherapy with radiation). Comparisons between groups were performed with the Wilcoxon rank sum test for continuous variables and Pearson's chi-squared test for categorical and ordinal variables. Differences in median survival and five-year survival were evaluated with the Kaplan-Meier product-limit and log-rank tests. A Cox

proportional hazards regression model was used to further analyze survival. Variables included in the Cox model were determined to be clinically relevant *a priori*, and included type of adjuvant therapy, type of operation, age, sex, race, insurance type, and Charlson/Deyo comorbidity condition score (CDCC). A 1:1 propensity-score matched analysis was performed using the nearest-neighbor algorithm based on patient and tumor variables, limiting the analysis to patients who had been treated with a lobectomy or pneumonectomy, and stratifying patients by pathologic stage (stage IA and IB). All statistical analyses were performed with SPSS version 25 for Mac (IBM, Armonk, NY) and R version 3.5 for Mac (Vienna, Austria). A *p* value less than or equal to 0.05 was considered statistically significant.

Results:

A total of 2642 patients met study criteria (Fig. 1; Table 1). Of this cohort, 481 patients (18%) underwent adjuvant therapy of any kind, with the majority of patients (n=381; 79%) receiving chemotherapy alone. The characteristics of patients in the entire cohort are summarized in Table 1. The majority of patients were Caucasian, had government insurance, underwent a lobectomy, and had pathologic T1b or T1c disease. Patients undergoing adjuvant therapy were more likely to be younger, privately insured, and have a more advanced pathological T stage.

The median survival for patients in the cohort was 68 months (95% confidence interval [CI] 63, 72); patients who underwent adjuvant therapy had a median survival of 81 months (95%CI 68, 94), while those who did not had a survival of 65 months (95%CI 60, 70). Five-year OS was 53% (95%CI 51, 55) for the entire cohort. Univariable analysis demonstrated a significant increase in OS with the use of adjuvant therapy for stage I LCNEC compared to no adjuvant therapy (log-rank $p=0.002$).

When limiting the analysis to only patients with stage IA LCNEC, there was no significant survival benefit with adjuvant therapy compared to no adjuvant therapy (Fig. 2). However, there was a significant survival benefit associated with adjuvant therapy for stage IB (Fig. 3). The median survival and five-year OS for stage IA patients with adjuvant therapy was 73 months (95%CI 58, 88) and 56% (95%CI 50, 62), compared to 68 months (95%CI 63, 73) and 54% (95%CI 51, 56) for patients without adjuvant therapy, respectively. Stage IB patients with adjuvant therapy had a median and five-year OS of 86 months (95%CI 67, 104) and 62% (95%CI 54, 70), compared to 46 months (95%CI 37, 56) and 43% (95%CI 38, 48) for those without adjuvant therapy, respectively.

Multivariable Cox modeling demonstrated no significant survival advantage for adjuvant chemotherapy in stage IA (Table 2), but demonstrated a survival benefit for adjuvant chemotherapy in stage IB (Table 3). Notably, adjuvant radiation therapy alone and adjuvant chemoradiation were not associated with improved survival when compared to no therapy in the overall cohort and in stage IA; however, radiation alone was a weak independent predictor of mortality in stage IB (Tables 2–3).

Additionally, compared to wedge resections, lobectomy was a strong independent predictor of survival in both stages IA and IB (Tables 2–3). Of 431 patients undergoing wedge resections, only 17% received adjuvant therapy. Of 2087 patients undergoing lobectomy, 19% received adjuvant therapy. Of stage IB patients, only 23% of patients with wedge resections and 30% of patients with lobectomy received adjuvant chemotherapy ($p=0.325$). Given the significant survival advantage experienced by patients undergoing lobectomy compared to wedge resections, we performed a subgroup analysis of patients undergoing wedge resection alone, stratified by stage and administration of adjuvant therapy. In a multivariable Cox model, patients with stage IB LCNEC receiving a wedge resection and adjuvant chemotherapy experienced improved survival compared to those not receiving adjuvant therapy (HR 0.36; 95%CI 0.14, 0.94) (Table 5). In contrast, patients with stage IA LCNEC undergoing wedge resection with adjuvant therapy experienced no survival benefit compared to those who did not receive adjuvant therapy (HR 0.97; 95%CI 0.66, 1.41) (Table 4).

Another subgroup analysis was performed with patients receiving lobar resections alone, stratified by stage and receipt of adjuvant therapy. In multivariable analysis for patients receiving lobar resections for stage IA LCNEC, there was no difference in survival between patients who received adjuvant therapy and those who did not (HR 0.88; 95%CI 0.68, 1.13). In contrast, stage IB patients who underwent lobar resection experienced a significant survival benefit with adjuvant chemotherapy compared to no adjuvant therapy (HR 0.73; 95%CI 0.51, 1.05).

To minimize the imbalance between the groups of patients, a 1:1 propensity score-matched analysis was performed exclusively of patients undergoing lobar resections, stratified by pathologic stage. In 147 propensity score-matched pairs of patients with stage IA disease, adjuvant chemotherapy was not associated with a survival benefit compared to no adjuvant therapy in multivariable regression (Table 6). However, in 131 pairs of patients with stage IB disease, adjuvant chemotherapy was associated with an improvement in survival compared to no adjuvant therapy (HR 0.58; 95%CI 0.40, 0.84) (Table 7).

Comment:

We present the largest analysis, to our knowledge, of the effect of adjuvant therapy on survival in stage I LCNEC. In our NCDB study, the use of adjuvant chemotherapy was associated with improved survival overall in pathologic stage I LCNEC; however, the OS benefit was only significant in stage IB but not stage IA LCNEC. There was no survival advantage associated with receipt of adjuvant radiation, whether alone or in combination with chemotherapy.

Our study suggests a role for adjuvant chemotherapy in resected stage IB LCNEC, despite the conflicting and limited literature. The current NCCN guidelines [13] recommend consideration of adjuvant therapy in patients with ‘high risk’ features including poorly differentiated neuroendocrine histology and pathologic stage IB NSCLC, but do not explicitly recommend routine adjuvant therapy for LCNEC. Iyoda and colleagues report the only prospective trial comparing 15 patients who received cisplatin-etoposide for mostly

stage I LCNEC with a historic control group, finding an 89% five-year OS with adjuvant chemotherapy compared to 47% in the control group [14]. Several smaller retrospective cohort analyses have shown conflicting trends, with the largest European study in 2017 revealing no OS benefit with adjuvant chemotherapy including stage I LCNEC (adjusted HR 0.71; 95%CI 0.36, 1.41) [15], while other studies have demonstrated either a trend towards improved survival or no survival benefit in stage I disease [7,8,15–19]. A recent analysis of the NCDB by Kujtan and colleagues demonstrated a significant OS advantage for even stage IA LCNEC treated with adjuvant chemotherapy, although their study used a smaller population in an older version of the database, and also used the AJCC sixth and seventh edition staging coded by NCDB, which limit the interpretation of their findings [20]. Specifically, the sample size of stage IA patients in their study was approximately half the sample size of our analysis of patients with stage IA disease. Our analysis included a much larger number of patients and used the newest eighth edition of AJCC staging.

The genetic and histologic heterogeneity of LCNEC combined with its rarity likely accounts for the conflicting findings of the benefits of adjuvant therapy for this patient population. LCNEC has many histological variants and is often difficult to separate from SCLC or NSCLC, which presents a diagnostic challenge for pathologists [21]. Genomic analysis of LCNEC demonstrates transcription often similar to SCLC, with a high frequency of TP53 and RB1 mutations, but also reveals NSCLC-like populations expressing STK1, KRAS, and KEAP1 mutations [22–24]. In Rekhtman and colleagues' targeted genetic profile of LCNEC tumors, all patients who responded to adjuvant platinum-backbone chemotherapy had SCLC-like tumors, while those with NSCLC-like cancer did not respond to chemotherapy [22]. Prospective trials have not demonstrated a survival benefit for stage IB NSCLC treated with adjuvant platinum-based therapy [25–27], while adjuvant therapy has been associated with a survival benefit in small cell lung cancer [28]. Our analysis along with the existing literature on LCNEC therefore suggests that the most effective management for early LCNEC may be a customized approach to adjuvant therapy based on the genetic characteristics of individual patients aligning to SCLC-like or NSCLC-like behavior.

Our study has several limitations. One, it is a retrospective analysis and is therefore subject to confounding not adjusted for in our study. Two, the NCDB provides incomplete information, and does not provide data about type of chemotherapy, dosage of therapy, and postoperative complications. The NCDB also does not supply information about recurrence, which would confound survival. It also only reports overall rather than disease-free survival, which is an important limitation in the external validity of the study. In a cancer that is difficult to diagnose based on pathologic features, the NCDB data likely also represent some tumors mis-diagnosed as LCNEC, and excludes others that should have been categorized as LCNEC. Finally, there is substantial selection bias that remains unaccounted for in this large nationwide analysis, because we are not privy to the reasons for important management decisions like choice of surgery, administration of adjuvant therapy, and type of therapy.

Our NCDB study demonstrates a significant improvement in overall survival for stage IB LCNEC treated with adjuvant chemotherapy compared to no adjuvant therapy. In patients with stage IA LCNEC, adjuvant therapy was not associated with a significant survival

benefit. While prospective, randomized data are needed to validate the findings of this study, the rarity of this cancer presents a challenge to conduct of prospective trials.

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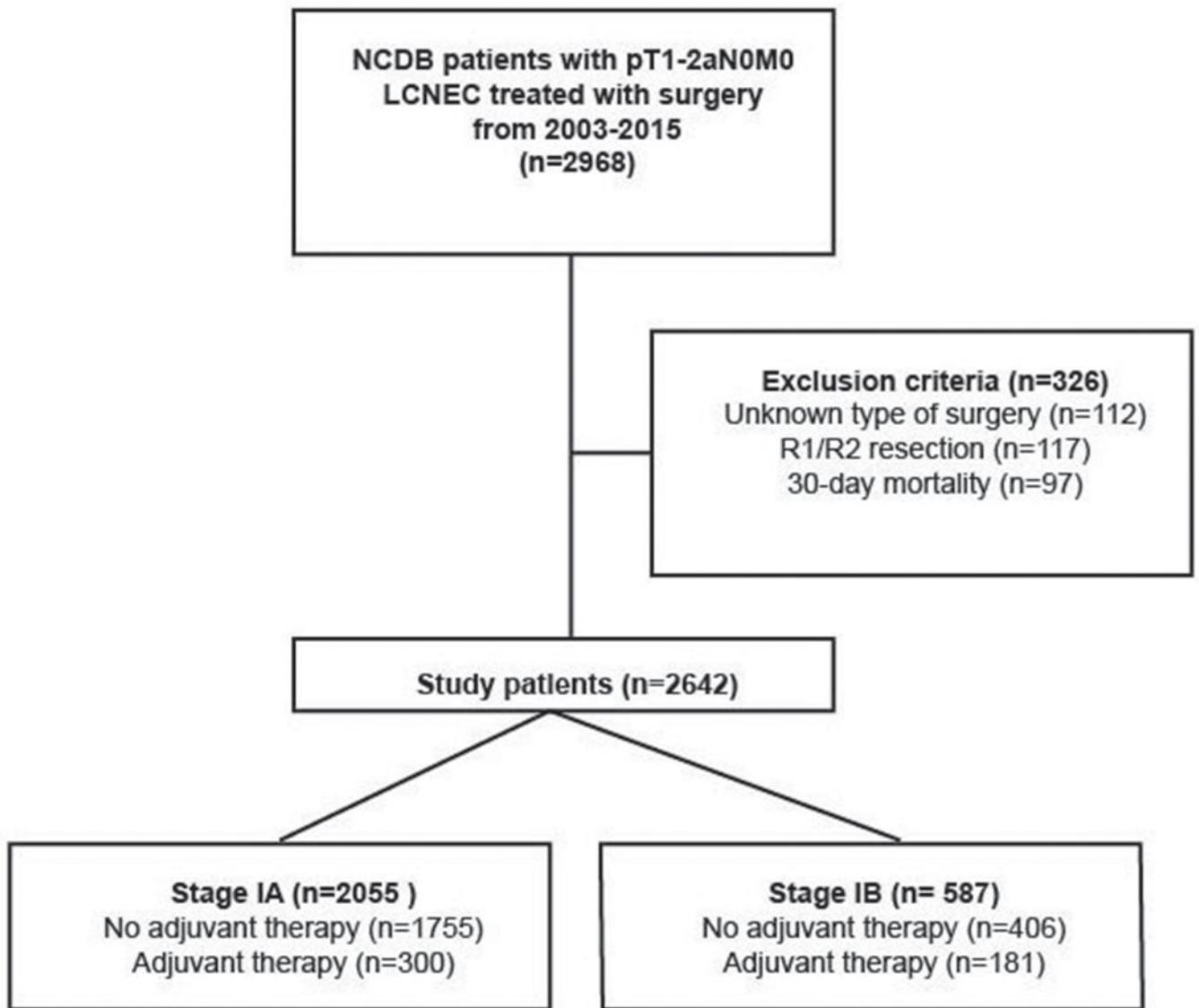
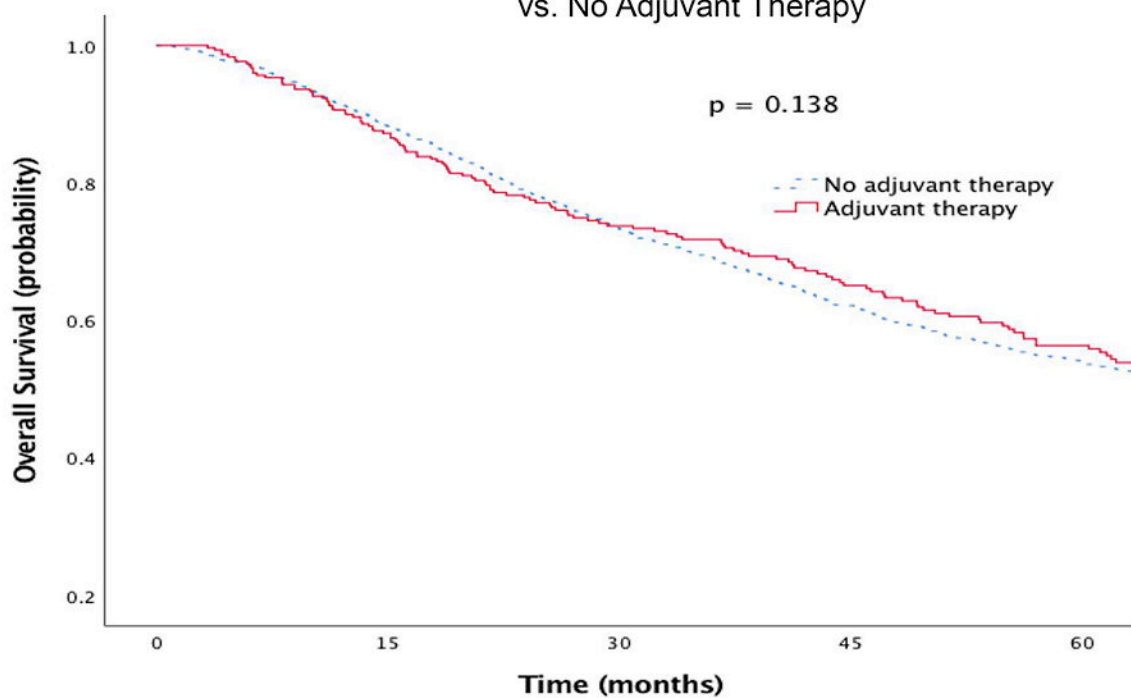


Figure 1.
Scheme of patient selection for this study.

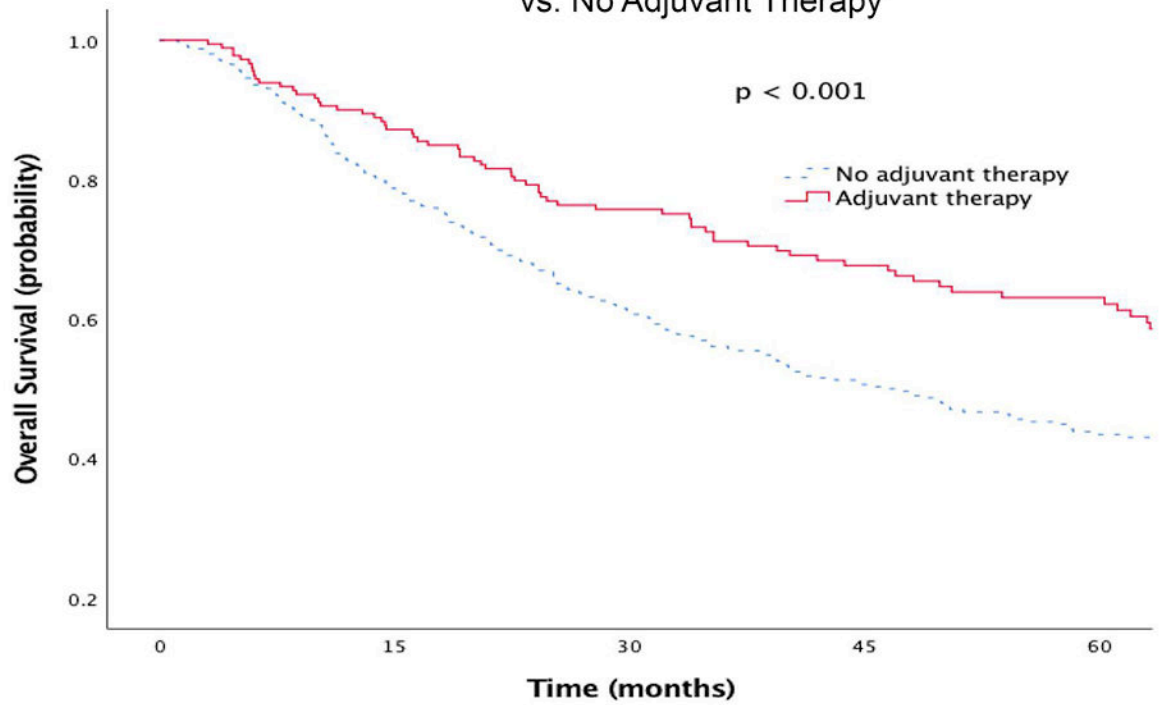
Overall Survival of Patients with Stage IA LCNEC Treated with Adjuvant vs. No Adjuvant Therapy



No. at risk	0	15	30	45	60
No adjuvant therapy	1755	1520	1154	857	631
Adjuvant therapy	300	256	190	148	114

Figure 2. Kaplan-Meier survival curves for patients with stage IA LCNEC treated with adjuvant vs. no adjuvant therapy

Overall Survival of Patients with Stage IB LCNEC Treated with Adjuvant vs. No Adjuvant Therapy



No. at risk	0	15	30	45	60
No adjuvant therapy	406	310	218	162	115
Adjuvant therapy	181	154	121	92	70

Figure 3. Kaplan-Meier survival curves for patients with stage IB LCNEC treated with adjuvant vs. no adjuvant therapy

Table 1.

Demographic characteristics of study patients

	No Adjuvant Therapy (n= 2161)	Adjuvant Therapy (n= 481)	p value
Age (years, median)	67.1	62.5	<0.001
Sex (female)	1067 (49.4%)	237 (49.3%)	0.967
Race			0.916
White	1935 (90.2%)	431 (90.2%)	
Black	179 (8.3%)	41 (8.6%)	
Other	32 (1.5%)	6 (1.3%)	
Year of diagnosis, median (inter-quartile range)	2008 (2005-2011)	2008 (2005-2010)	0.175
CDCC Score			0.287
0	923 (42.7%)	221 (45.9%)	
1	879 (40.7%)	192 (39.9%)	
2+	359 (16.6%)	68 (14.1%)	
Insurance status			<0.001
Private	628 (29.4%)	196 (41.0%)	
Government	1468 (68.8%)	270 (56.5%)	
None	37 (1.7%)	12 (2.5%)	
Facility location			0.694
Metro	1666 (77.1%)	374 (77.8%)	
Urban	351 (16.2%)	80 (16.6%)	
Rural	144 (6.7%)	27 (5.6%)	
Facility type			<0.001
Community cancer program	135 (6.3%)	53 (11.1%)	
Comprehensive community cancer program	972 (45.0%)	228 (47.7%)	
Academic/research program	795 (36.8%)	147 (30.8%)	
Integrated network cancer program	256 (11.9%)	50 (10.5%)	
Surgery			0.172
Wedge resection	357 (16.5%)	74 (15.4%)	
Segmental resection	81 (3.7%)	11 (2.3%)	
Lobectomy	1700 (78.7%)	387 (80.5%)	
Pneumonectomy	23 (1.1%)	9 (1.9%)	
Pathologic T stage			<0.001
Ia	156 (7.2%)	24 (5.0%)	
Ib	846 (39.1%)	126 (26.2%)	
Ic	753 (34.8%)	150 (31.2%)	
2a	406 (18.8%)	181 (37.6%)	
Unplanned 30-day readmission	95 (4.5%)	14 (3.0%)	0.151
Adjuvant therapy			
None	2161 (100%)		

	No Adjuvant Therapy (n= 2161)	Adjuvant Therapy (n= 481)	p value
Chemotherapy		381 (79.2%)	
Chemoradiation		54 (11.2%)	
Radiation		46 (9.6%)	

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Table 2.

Cox multivariable regression of independent predictors of survival in patients with stage IA LCNEC treated with or without adjuvant therapy

Predictor	Hazard Ratio	95% Confidence Interval		p-value
		Lower	Upper	
Age (per year)	1.02	1.02	1.03	< 0.001
Female sex	0.86	0.76	0.97	0.013
Race				
White	Ref	Ref	Ref	Ref
Black	0.79	0.62	1.02	0.066
Other	0.91	0.54	1.51	0.707
Charleson-Deyo Comorbidity Index				
0	Ref	Ref	Ref	Ref
1	1.14	1.00	1.30	0.058
2+	1.52	1.29	1.80	< 0.001
Year of diagnosis (per year)	0.99	0.96	1.01	0.183
Insurance status				
Private	Ref	Ref	Ref	Ref
Government	1.21	1.03	1.42	0.022
None	1.50	0.86	2.64	0.157
Facility location				
Metro	Ref	Ref	Ref	Ref
Urban	0.96	0.81	1.13	0.605
Rural	1.28	1.01	1.63	0.041
Facility type				
Community Cancer Program	Ref	Ref	Ref	Ref
Comprehensive Community Cancer Program	1.10	0.86	1.40	0.466
Academic/Research Program	0.99	0.77	1.27	0.913
Integrated Network Cancer Program	1.29	0.97	1.71	0.086
Surgery				
Wedge resection	Ref	Ref	Ref	Ref
Segmental resection	1.24	0.91	1.69	0.178
Lobectomy	0.72	0.62	0.83	< 0.001
Pneumonectomy	1.08	0.61	1.92	0.785
Adjuvant therapy				
None	Ref	Ref	Ref	Ref
Chemotherapy	0.92	0.75	1.13	0.429
Chemoradiation	1.34	0.88	2.05	0.169
Radiation	1.21	0.78	1.88	0.387

Table 3.

Cox multivariable regression of independent predictors of survival in patients with stage IB LCNEC treated with or without adjuvant therapy

Predictor	Hazard Ratio	95% Confidence Interval		p-value
		Lower	Upper	
Age (per year)	1.01	1.00	1.03	0.056
Female sex	0.92	0.73	1.15	0.445
Race				
White	Ref	Ref	Ref	Ref
Black	1.02	0.68	1.54	0.907
Other	0.39	0.12	1.29	0.124
Charleson-Deyo Comorbidity Index				
0	Ref	Ref	Ref	Ref
1	0.85	0.66	1.10	0.222
2+	1.26	0.93	1.71	0.131
Year of diagnosis (per year)	0.98	0.94	1.02	0.226
Insurance status				
Private	Ref	Ref	Ref	Ref
Government	1.81	1.34	2.45	< 0.001
None	1.04	0.44	2.46	0.925
Facility location				
Metro	Ref	Ref	Ref	Ref
Urban	1.07	0.81	1.41	0.653
Rural	0.95	0.61	1.50	0.835
Facility type				
Community Cancer Program	Ref	Ref	Ref	Ref
Comprehensive Community Cancer Program	0.76	0.49	1.18	0.216
Academic/Research Program	0.96	0.61	1.53	0.869
Integrated Network Cancer Program	0.99	0.59	1.65	0.963
Surgery				
Wedge resection	Ref	Ref	Ref	Ref
Segmental resection	1.38	0.70	2.71	0.355
Lobectomy	0.63	0.43	0.93	0.020
Pneumonectomy	0.53	0.20	1.38	0.191
Adjuvant therapy				
None	Ref	Ref	Ref	Ref
Chemotherapy	0.67	0.5	0.9	0.007
Chemoradiation	1.55	0.84	2.85	0.163
Radiation	2.05	1.03	4.07	0.041

Table 4.

Cox multivariable regression of independent predictors of survival in patients with stage IA LCNEC undergoing wedge resection

	Hazard Ratio	95% Confidence Interval		p-value
		Lower	Upper	
Age (years, median)	1.03	1.01	1.04	0.001
Sex (female)	0.80	0.64	1.01	0.05
Year of diagnosis, median (inter-quartile range)	1.00	0.96	1.04	0.82
CDCC Score (reference: 0)				
1	0.96	0.75	1.24	0.75
2+	1.51	1.11	2.04	0.008
Facility type (reference: non-academic)				
Academic/research program	0.95	0.74	1.21	0.65
Insurance type (reference: private)				
Government	1.00	0.72	1.37	0.98
No insurance	2.35	0.82	6.78	0.11
Tumor grade (reference: well differentiated)				
Poorly differentiated	0.43	0.10	1.85	0.26
Undifferentiated	0.34	0.08	1.48	0.15
Adjuvant therapy (reference: none)				
Chemotherapy	0.97	0.66	1.41	0.86

Table 5.

Cox multivariable regression of independent predictors of survival in patients with stage IB LCNEC undergoing wedge resection

	Hazard Ratio	95% Confidence Interval		p-value
		Lower	Upper	
Age (years, median)	0.97	0.92	1.02	0.24
Sex (female)	1.07	0.52	2.20	0.85
Year of diagnosis, median (inter-quartile range)	0.87	0.73	1.03	0.10
CDCC Score (reference: 0)				
1	0.38	0.14	1.01	0.05
2+	0.77	0.30	1.97	0.58
Facility type (reference: non-academic)				
Academic/research program	1.27	0.58	2.77	0.55
Tumor grade (reference: well differentiated)				
Poorly differentiated	0.13	0.01	1.51	0.10
Undifferentiated	0.10	0.009	1.15	0.06
Adjuvant therapy (reference: none)				
Chemotherapy	0.36	0.14	0.94	0.04

Table 6.

Cox multivariable regression of independent predictors of survival in propensity score-matched pairs of patients with stage IA LCNEC undergoing lobar resection

	Hazard Ratio	95% Confidence Interval		p-value
		Lower	Upper	
Age (years, median)	1.02	1.00	1.05	0.05
Sex (female)	0.88	0.61	1.26	0.48
Year of diagnosis, median (inter-quartile range)	0.96	0.90	1.03	0.25
CDCC Score (reference: 0)				
1	0.85	0.55	1.31	0.46
2+	1.36	0.84	2.20	0.22
Facility type (reference: non-academic)				
Academic/research program	0.73	0.48	1.10	0.13
Insurance type (reference: private)				
Government	1.46	0.95	2.25	0.09
No insurance	1.60	0.37	6.90	0.53
Tumor grade (reference: well differentiated)				
Poorly differentiated	1.15	0.15	8.67	0.89
Undifferentiated	0.91	0.12	6.89	0.92
Adjuvant therapy (reference: none)				
Chemotherapy	0.89	0.63	1.26	0.50

Table 7.

Cox multivariable regression of independent predictors of survival in propensity score-matched pairs of patients with stage IB LCNEC undergoing lobar resection

	Hazard Ratio	95% Confidence Interval		p-value
		Lower	Upper	
Age (years, median)	1.04	1.01	1.07	0.005
Sex (female)	0.99	0.67	1.45	0.95
Year of diagnosis, median (inter-quartile range)	0.99	0.92	1.06	0.69
CDCC Score (reference: 0)				
1	0.78	0.51	1.20	0.26
2+	1.10	0.64	1.92	0.73
Facility type (reference: non-academic)				
Academic/research program	0.71	0.44	1.14	0.15
Insurance type (reference: private)				
Government	1.15	0.71	1.86	0.57
No insurance	0.95	0.33	2.71	0.92
Tumor grade (reference: well differentiated)				
Poorly differentiated	2.09	0.27	16.4	0.48
Undifferentiated	2.75	0.35	21.7	0.34
Adjuvant therapy (reference: none)				
Chemotherapy	0.58	0.40	0.84	0.004