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Characterization of amyloid β fibril formation under microgravity conditions

Maho Yagi-Utsumi^{1,2,3}, Saeko Yanaka^{1,2,3}, Chihong Song⁴, Tadashi Satoh³, Chiaki Yamazaki⁵, Haruo Kasahara⁶, Toru Shimazu⁷, Kazuyoshi Murata⁴ and Koichi Kato^{1,2,3}✉

Amyloid fibrils are self-assembled and ordered proteinaceous supramolecules structurally characterized by the cross- β spine. Amyloid formation is known to be related to various diseases typified by neurodegenerative disorders and involved in a variety of functional roles. Whereas common mechanisms for amyloid formation have been postulated across diverse systems, the mesoscopic morphology of the fibrils is significantly affected by the type of solution condition in which it grows. Amyloid formation is also thought to share a phenomenological similarity with protein crystallization. Although many studies have demonstrated the effect of gravity on protein crystallization, its effect on amyloid formation has not been reported. In this study, we conducted an experiment at the International Space Station (ISS) to characterize fibril formation of 40-residue amyloid β ($A\beta(1-40)$) under microgravity conditions. Our comparative analyses revealed that the $A\beta(1-40)$ fibrilization progresses much more slowly on the ISS than on the ground, similarly to protein crystallization. Furthermore, microgravity promoted the formation of distinct morphologies of $A\beta(1-40)$ fibrils. Our findings demonstrate that the ISS provides an ideal experimental environment for detailed investigations of amyloid formation mechanisms by eliminating the conventionally uncontrollable factors derived from gravity.

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INTRODUCTION

Certain proteins are known to self-assemble into ordered supramolecular structures, such as filaments and even crystals, under specific physiological and pathological conditions^{1,2}. The cytoskeletons present in all cells are made of such filamentous proteins, which dynamically assemble and disassemble to control cell morphology, movement, and signaling in physiological processes^{1,3}. In contrast, filamentous protein aggregates known as amyloid fibrils are actively involved in pathological processes and are associated with various diseases, including neurodegenerative disorders and diabetes⁴⁻⁶. Each of these diseases is characterized by a specific amyloidogenic protein, but it has been suggested that a common molecular mechanism governs fibril formation across these diverse systems. Amyloids may also play a variety of functional roles in many organisms and have been regarded as potentially useful nanomaterials in recent years⁷⁻⁹. Therefore, a detailed characterization of the self-assembling mechanism of amyloid fibrils and the resulting morphology is essential for developing therapeutic strategies for amyloidosis and gaining the knowledge needed to create future nanomaterials.

Increasing evidence provided by cryo-electron microscopy (cryo-EM)¹⁰⁻¹² and solid-state NMR spectroscopy¹³⁻¹⁵ demonstrate that the morphology of amyloid fibrils is significantly affected by various solution conditions, such as protein concentration, ionic strength, pH, temperature, and pressure⁹. X-ray diffraction studies show that amyloid fibrils share similar structural features characterized by a cross- β spine: a double β -sheet with each sheet running parallel to the fibril axis^{16,17}. At the mesoscopic

level, however, amyloid fibrils formed under the same conditions show considerable morphological diversity^{10,11}. These molecular polymorphisms are supposed to be derived from differences in the number, relative orientation, and internal substructure of the protofilaments. Despite the cumulative structural data, a comprehensive understanding of the molecular mechanisms behind amyloid polymorphisms remains largely unexplored, as a variety of factors can influence the molecular assembly process.

Recent evidence suggests that amyloid formation and protein crystallization share phenomenological similarities during molecular assembly processes: both protein crystals and amyloid fibrils can form in a supersaturated solution via initial nucleation and subsequent growth despite their morphological differences¹⁸. In the case of protein crystallization, gravity notably influences the assembly process, as it causes sedimentation and convection flow, thereby perturbing microenvironments surrounding the crystal^{19,20}. Hence, protein crystals grown under microgravity conditions often exhibit increased size, integrity, and internal order. Such microgravity-grown crystals have been appreciated in crystallographic analyses because of their improved quality of diffraction to a higher resolution. In contrast, there is no report on the effect of gravity on amyloid fibril formation. In this study, we conducted the "Amyloid" experiment at the International Space Station (ISS) to characterize amyloid formation under a microgravity environment. We focused on amyloid β ($A\beta$) proteins, which are 40- or 42-amino-acid peptides cleaved from its precursor membrane protein by β - and γ -secretases²¹. The conversion of soluble monomeric $A\beta$ to aggregated toxic form,

¹Exploratory Research Center on Life and Living Systems (ExCELLS), National Institutes of Natural Sciences, 5-1 Higashiyama, Myodaiji, Okazaki, Aichi 444-8787, Japan. ²Institute for Molecular Science (IMS), National Institutes of Natural Sciences, 5-1 Higashiyama, Myodaiji, Okazaki, Aichi 444-8787, Japan. ³Graduate School of Pharmaceutical Sciences, Nagoya City University, 3-1 Tanabe-dori, Mizuho, Nagoya, Aichi 467-8603, Japan. ⁴National Institute for Physiological Sciences, National Institutes of Natural Sciences, 5-1 Higashiyama, Myodaiji, Okazaki, Aichi 444-8787, Japan. ⁵JEM Mission Operations and Integration Center, Human Spaceflight Technology Directorate, Japan Aerospace Exploration Agency, 2-1-1 Sengen, Tsukuba, Ibaraki 305-8505, Japan. ⁶Kibo Utilization Center, Human Spaceflight Technology Directorate, Japan Aerospace Exploration Agency, 2-1-1 Sengen, Tsukuba, Ibaraki 305-8505, Japan. ⁷Technology and Research Promotion Department, Japan Space Forum, 3-2-1 Otemachi, Chiyoda-ku, Tokyo 101-0004, Japan. ✉email: kkatonmr@ims.ac.jp

such as oligomers and fibrils, is a crucial step in the development of Alzheimer's disease^{21,22}. Electron microscopy (EM) studies have shown that A β amyloid fibrils exhibit significant structural heterogeneity^{10,11,23–28} (Fig. 1). We compared the kinetics of A β fibrilization and the resulting molecular morphology under microgravity and on-the-ground conditions.

RESULTS

Amyloid formation under microgravity

A microgravity experiment on amyloid formation was conducted at the Japanese Experiment Module, KIBO, on the ISS from 16 December 2017 to 14 January 2018. Four sets of frozen samples of A β (1–40) solution were transferred to the ISS and stored at -95°C . All samples were simultaneously thawed by incubation at 2°C for 16 h. Subsequently, the samples were immediately transferred to an incubator set at 37°C and continuously incubated at 37°C to promote amyloid fibril formation. The recorded temperatures were downlinked at constant intervals to the Tsukuba Space Center (Tsukuba, Japan). The four sets of samples were transferred to -95°C cold stowage at different time intervals: 6 h, 1, 3, and 9 days after incubation at 37°C (Fig. 2). All sets of the samples

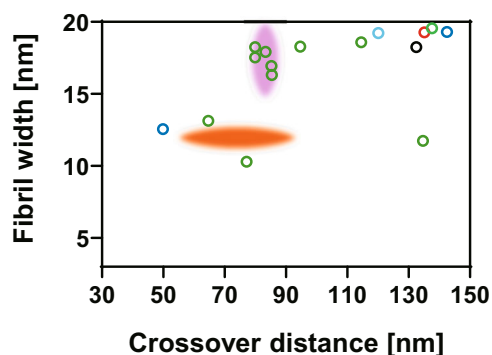


Fig. 1 Polymorphism of the A β (1–40) amyloid fibrils. Distributions of crossover distance and the maximum width of fibril segment between crossovers for the A β (1–40) amyloid fibrils previously reported. A β (1–40) amyloid fibrils prepared in 50 mM sodium borate, pH 7.8 at 4°C ²⁴ (black), in 50 mM sodium borate, pH 7.8 at 22°C ²⁵ (green and pink), in 50 mM sodium borate, pH 8.7 at 4°C ²⁷ (cyan), in 50 mM sodium borate, pH 9.0 at 20°C ²³ (red), in 50 mM Tris-HCl, pH 7.4 at room temperature²⁶ (blue), in PBS, pH 7.4 at 37°C ²⁵ (orange).

were stored at -95°C until they were returned to ExCELLS (Okazaki, Japan) after 10 days and kept at -80°C until used for experimental observations. All experimental procedures were performed smoothly on ISS-KIBO without accidents. Control sample sets were independently processed under the same conditions on the ground.

Effect of microgravity on the amyloid formation

To investigate the effect of the microgravity environment on the macroscopic steps underlying the amyloid formation process of A β (1–40), a global analysis of the aggregation profiles of A β (1–40) incubated on the ISS and on the ground was performed using the amyloid-binding dye thioflavin T (ThT) as a fluorescent probe. As shown in Fig. 3, A β (1–40) incubated on the ISS formed ThT-reactive species at a much slower rate than that incubated on the ground. Although the increase in fluorescence reached a plateau after 3 days on the ground, it did not reach a plateau after 9 days under microgravity. Despite the limited data points, the fluorescence growth apparently exhibited a longer lag time before the rise and a more gradual increase, suggesting that microgravity slowed down both the nucleation and elongation steps.

Effect of microgravity on amyloid morphology

To investigate the potential effects of the microgravity environment on amyloid fibril structure, A β (1–40) fibril morphology between the microgravity-grown fibrils and the ground-grown

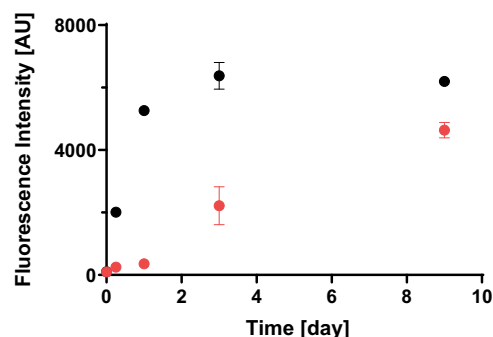


Fig. 3 Amyloid formation process of A β (1–40). A β (1–40) solutions were incubated at a concentration of $100\ \mu\text{M}$ under microgravity (red) and on the ground (black). Each intensity value is the mean \pm SD of the three values.

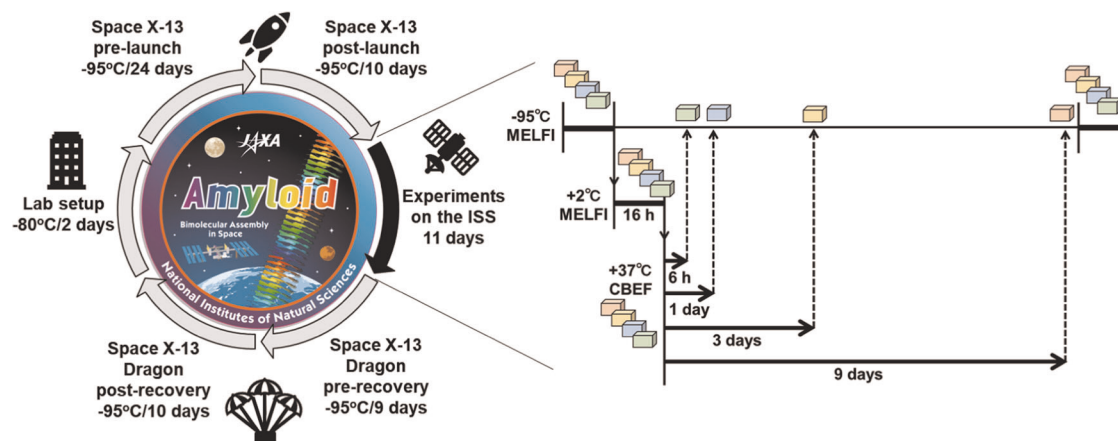


Fig. 2 Timeline and procedure of the microgravity experiments performed on the ISS. The frozen samples of A β (1–40) solution were transferred to the ISS and incubated at 37°C for varying time periods to promote amyloid fibril formation. After incubation, the samples were refrozen and returned to the lab for experimental observations.

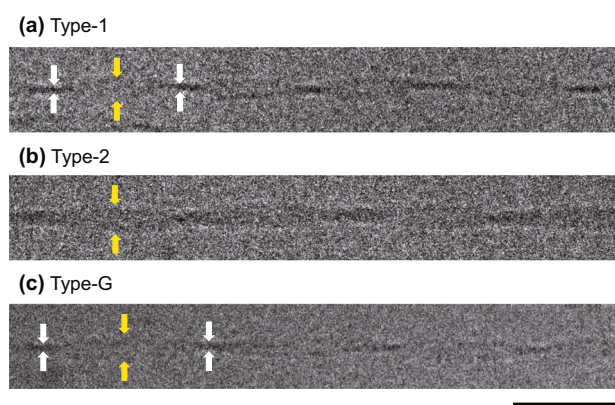


Fig. 4 Cryo-EM images of the A β (1–40) amyloid fibrils. Representative electron micrographs of **a** Type-1, **b** Type-2, and **c** Type-G fibrils. The narrowest points at crossovers and the widest points between crossovers are indicated by white and yellow arrows, respectively. Scale bar is 50 nm.

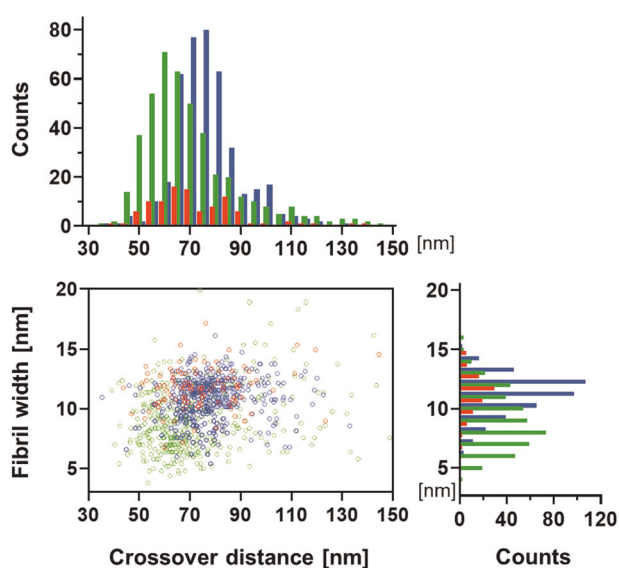


Fig. 5 Distribution of crossover distances and fibril widths (measured at the widest points between crossovers) for all three types of fibrils. Total counts of Type-1 (green), Type-2 (red), and Type-G (blue) were 433, 98, and 410, respectively. The images were analyzed using the Fiji software³⁸.

fibrils was compared using cryo-EM combined with 3D image reconstruction. The cryo-EM data revealed that the A β (1–40) solution incubated for 9 days under microgravity conditions contained well-separated, unbranched fibrils with periodic structures. Despite considerable morphological variations, the fibrils were found to be classified into two distinct types (termed hereinafter Type-1 and Type-2) in terms of fibril width at the crossovers (the narrowest fibril width indicated by white arrow in Fig. 4, Supplementary Fig. 1a). Type-1 fibrils, which made up ~80% of total fibrils, exhibited narrow widths (6–8 nm) at the crossover points, whereas Type-2 fibrils, which accounted for the remaining 20%, had broader widths (>10 nm) at the crossover points. Each type of fibril was further subdivided based on the maximum width of fibril segment between two crossovers (yellow arrow in Fig. 4, Supplementary Fig. 1a) and the crossover distance. Statistical analysis of the fibril morphology between Type-1 and Type-2 fibrils indicated that these two fibril types were essentially indistinguishable in the widest fibril width and crossover distance,

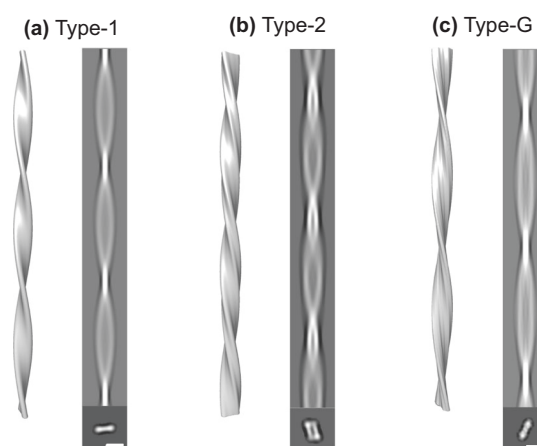


Fig. 6 3D image reconstruction of A β (1–40) amyloid fibrils. Side-view surface rendering of the fibril reconstruction (left), the reprojection (right, upper), and cross-section (right, lower) of the 3D reconstruction of **a** Type-1, **b** Type-2, and **c** Type-G. Scale bar is 10 nm.

	Type-1	Type-2	Type-G
Micrographs	29	12	23
Segment number	1452	404	774
Scale on specimens (Å/pix)	3.984	3.984	3.984
Box size (nm)	220	220	220
Helical rise (Å)	4.76	4.76	4.76
Crossover distance (nm)	68.0	65.0	75.0
Fibril width ^a (nm)	10.3	11.6	11.2
Cross-sectional area (nm ²)	126.69	277.28	152.98
Resolution (Å)	32	33	17

^aThe maximum width of fibril segment between crossovers.

despite a significant distribution shift regarding these geometrical parameters: The ranges of the widest fibril width and crossover distance were 3.8–22.5 nm and 39.3–148.7 nm for Type-1 and 6.8–17.2 nm and 43.9–144.5 nm for Type-2, respectively (Fig. 5). The mean values of the widest fibril width and crossover distance were 9.2 ± 2.7 nm and 73.4 ± 19.5 nm for Type-1 and 11.7 ± 1.8 nm and 74.7 ± 16.8 nm for Type-2, respectively, as mean \pm standard deviation.

In contrast, the A β (1–40) fibrils prepared on the ground belonged only to morphology similar to Type-1 with variations in the widest fibril width (10.7 ± 1.8 nm) and crossover distance (77.7 ± 12.8 nm). The ranges of the widest fibril width and crossover distance of these ground-grown A β (1–40) fibrils were 5.4–16.1 nm and 35.4–133.0 nm, respectively (Figs. 4 and 5). It should be noted that the distribution of these parameters was significantly shifted to larger values in the ground-grown A β (1–40) fibrils compared with the microgravity-grown Type-1 fibrils. Hereinafter, the morphological type of the A β (1–40) fibrils grown on the ground is referred to as Type-G.

3D reconstruction of amyloid fibrils

The 3D densities of typical amyloid fibrils with the highest incidence in Type-1, Type-2, and Type-G were reconstructed on the basis of the cryo-EM data (Fig. 6, Table 1). In each case, the 3D

reconstruction was performed helically, assuming twofold rotational symmetry around the fibril axis based on the raw image. Table 1 summarizes the details of the reconstruction and the properties of the reconstructed fibrils. The averaged 3D structures of Type-1 and Type-2 fibrils were 10.3 nm and 11.6 nm width, the crossover pitches were 68.0 nm and 65.0 nm, and the cross-section areas were 126.7 nm² and 277.3 nm², respectively. Type-G fibrils exhibited a width of 11.2 nm, a crossover pitch of 75.0 nm, and a cross-section area of 153.0 nm². Atomic force microscopy showed that all helical fibrils possessed a left-handed chirality (Supplementary Fig. 1b). The cross-sectional structures of Type-1 and Type-G fibrils exhibited a compact shape, while the cross-section of Type-2 accommodated a square trace with symmetrical orientation, suggesting their distinct differences in the relative orientation and internal substructure of protofilaments.

DISCUSSION

In this study, we found significant differences in amyloid formation kinetics and fibril morphology between microgravity-grown and ground-grown A β (1–40) amyloids. To the best of our knowledge, this is the world's first observation of the effect of gravity on amyloid formation. Under microgravity conditions, A β (1–40) fibrilization occurred much more slowly than on Earth (Fig. 3). Intriguingly, a similar trend has been observed in protein crystallization, which often occurs more slowly under microgravity conditions than on the ground. Such a delay in crystallization has been primarily associated with the lack of convection effects under microgravity conditions²⁰. In this circumstance, the diffusion rate of macromolecules is so slow that a concentration gradient is generated, giving rise to protein-depletion zones around the nucleus and growing crystals even under supersaturation conditions. This causes a convection flow in the presence of gravity, agitating rapid crystal growth, though accompanied with lower orders and more defects. However, microgravity eliminates such convective mixing, often resulting in very slow crystal growth^{19,29–31}. In addition, the protein-depletion zone formed under microgravity can serve as a filter against larger impurities with much slower diffusion, such as protein aggregates, which potentially bind to the crystal surface and impair the quality of crystal^{32,33}. Therefore, the lack of convection mixing is advantageous in improving crystal integrity and size in microgravity conditions. It is conceivable that slower amyloid growth under microgravity conditions could also be attributed to suppression of the convective agitation.

Kinetic differences may have resulted in the observed morphological differences in A β (1–40) fibrils (Figs. 4–6). Namely, under the gravity-agitated condition, fibrils were formed by kinetically stable inter-protofilament interactions, whereas the slow but steady growth without the effects of convective instabilities could have promoted optimal intra- and inter-molecular interaction modes during fibril growth. This gave rise to unique fibrous species, i.e., Type-2 fibrils, which are characterized by more-extensive inter-protofilament interactions in comparison with Type-1 and Type-G, judging by the cross-sectional area of their amyloid core structures. In addition, both A β (1–40) fibrils that were grown on the ISS (Type-1 and Type-2) showed a tendency to adopt a more twisted structure, with a higher pitch than ground-derived Type-G fibrils (Fig. 6, Table 1). This may be also due to the lack of convection flows under microgravity conditions. In addition, the sedimentation effects under gravity conditions plausibly limit fibril morphology because the nuclei or growing fibrils come into contact with each other or with the bottom surface of the plate. In contrast, fibril precipitation is essentially abrogated under microgravity, resulting in unrestricted fibril growth.

This study demonstrates that the ISS provides an ideal experimental environment for studying amyloid formation

mechanisms by eliminating the conventionally uncontrollable gravity factor. The comparative analyses of amyloid fibril structures formed with and without gravity provide a deeper understanding of how microenvironmental factors surrounding assembling proteins affect fibril formation. Moreover, microgravity can offer unique opportunities for detailed observation of the earlier processes of amyloid formation, including nucleation and oligomer formation, since at least in A β (1–40), amyloid formation proceeds much more slowly in the absence of gravitational pull. By taking advantage of the microgravity experiments, systematic high-resolution analyses using isoforms and hereditary variants of A β are ongoing in our collaborative project. This series of studies will provide fundamental insights into the molecular mechanisms underlying amyloid formation and, more generally, the self-organization of biomacromolecules on Earth.

METHODS

Sample preparation

Synthetic A β (1–40) was purchased from Toray Research Chemicals Co., Ltd. A β (1–40) powder was dissolved at a concentration of 2 mM in 0.1% (v/v) ammonia solution, and diluted to a concentration of 0.1 mM with 20 mM sodium phosphate buffer (pH 8.0) containing 0.2 mM ethylenediaminetetraacetic acid (EDTA). Each sample was dispensed at 100 μ L per well into multiple wells (0.2 mL each) of a 96-well PCR plate (semi-skirted with upstand, 4titude, Ltd.). The top opening of the plate was sealed with a lid (Strips of 8 Flat Optical Caps, 4titude, Ltd.) and covered with Kapton tape (Nitto, Inc.). Sample preparation was performed on ice to prevent the formation of amyloid fibrils. The samples were frozen at –30 °C for 3 h, and then frozen at –80 °C for 16 h. Four plates were placed in one aluminum bag and sealed by Kapton tape. Totally eight bags (eight sets of samples) were prepared and stored at –80 °C until use.

Procedures for space experiments on ISS-KIBO

For the spaceflight experiments, four of eight bags (four sets of samples) maintained at –80 °C were launched by Space X-13 and transported to the ISS on 16 December 2017, and kept at –95 °C in the laboratory freezer (MELFI) in the Japanese experiment module KIBO (Fig. 2).

All four sets of samples were stored in another MELFI for 16 h at 2 °C for defrosting, and then operated at 37 \pm 0.5 °C to initiate the amyloid fibril formation in the Cell Biology Experiment Facility (CBEF). The sets of samples were taken out from the CBEF and immediately placed into MELFI at –95 °C after incubating for 6 h, 1, 3, and 9 days to stop further fibril formation. The samples were kept at –95 °C in MELFI until just before the Space X-13 Dragon vehicle departed. The frozen samples landed on the Pacific Ocean on 14 January 2018 using the Dragon capsule, was transported to ExCELLS (Okazaki, Japan) and stored at –80 °C until the experimental observations. A series of control experiments using the remaining four sets of samples were performed independently on the ground.

ThT assay

For the ThT assay, three samples from each set, which had been incubated at 37 °C for 6 h, 1, 3, and 9-days and then frozen, were stored at 4 °C for 17 h for thawing. Each sample solution was then dispensed at 100 μ L per well with 200 μ M of ThT into multiple wells of a clear-bottomed 96-well low-binding polyethylene glycol coating plate (Corning #3881). The sample plate was sealed with aluminum microplate sealing tape (Corning #6570). Fluorescence was measured immediately from the bottom of the plate at the excitation and emission wavelengths of 446 nm and 490 nm, respectively, by placing the 96-well plate at 25 °C under quiescent conditions in a plate reader (TECAN).

Cryo-EM

The A β (1–40) amyloid fibrils (0.1 mM) were diluted five times with 20 mM sodium phosphate buffer (pH 8.0) containing 0.2 mM EDTA and subjected to cryo-EM. A 2.5- μ L aliquot was placed on an R 1.2/1.3 Quantifoil grid (Quantifoil Micro Tools) pre-treated by a glow discharge. Plunge-freezing of the specimen was performed at 4 °C and 95% humidity using Vitrobot Mark-IV (Thermo Fisher Scientific). The frozen grids were kept in a cryo-

storage under liquid nitrogen until use. For data collection, the grid was loaded into a JEM2200FS electron microscope equipped with a 200-kV field emission electron source using a Gatan 626 cryo-specimen holder at liquid nitrogen temperature. EM images were acquired on a DE20 direct electron detector (Direct Electron LP) at a nominal magnification of $\times 30,000$, corresponding to 1.99 Å per pixel on the specimen. The images were corrected for beam-induced motion with dose-weighting using MotionCor2 software³⁴ in the Relion 3.0 software³⁵ and their contrast transfer functions were estimated using the CTFIND4 software³⁶. Micrographs were subjected to filament picking using e2helixboxer.py³⁷ after reducing the image size by two binning. Filament images were extracted in 128×128 squares overlapping adjacent boxes by 90%. After 2D classification, the good classes, containing 1145, 404, and 774 segments of Type-1, Type-2, and Type-G fibrils, respectively, were used to generate each 3D model in Relion by assuming helical symmetry. The details are summarized in Table 1.

Reporting summary

Further information on research design is available in the Nature Research Reporting Summary linked to this article.

DATA AVAILABILITY

The data sets generated and analyzed during the current study are available from the corresponding author on request.

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AUTHOR CONTRIBUTIONS

M. Y.-U., S.Y., C.Y., H.K., T. Shimazu, and K.K. designed the experiments. M.Y.-U., S.Y., C.Y., H.K., and T. Shimazu carried out the sample preparation. M. Y.-U. and S.Y. carried out the kinetics experiment on the ground. M.Y.-U., C.S., and K.M. carried out the cryo-EM experiments. M.Y.-U., S.Y., T.Satoh, and K.M. analyzed the kinetic and cryo-EM data. M.Y.-U. and K.K. wrote the paper.

COMPETING INTERESTS

The authors declare no competing interests.

ADDITIONAL INFORMATION

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Correspondence and requests for materials should be addressed to K.K.

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