
ERRATUM

Effect of Aerobic Exercise Training With and Without Blood Flow Restriction on Aerobic Capacity in Healthy Young Adults: A Systematic Review with Meta-Analysis

The authors of “Effects of Aerobic Exercise Training With and Without Blood Flow Restriction on Aerobic Capacity in Healthy Young Adults: A Systematic Review with Meta-Analysis”¹ wish to correct an inconsistency regarding the conflict of interest statement for this manuscript. Co-author Johnny Owens owns Owens Recovery Science that profits from the sales of blood flow restriction equipment and professional certification courses. The remaining authors declare no conflicts of interest. The authors wish to apologize for this error.

REFERENCE

1. Formiga MF, Fay R, Hutchinson S, Locandro N, et al. Effects of Aerobic Exercise Training With and Without Blood Flow Restriction on Aerobic Capacity in Healthy Young Adults: A Systematic Review with Meta-Analysis. *Int J Sports Phys Ther.* 2020;15(2):175-187.