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19 cohort as well as DISCOVERY trial strive to generate evidence to determine the optimal treatment of COVID-19.

The ongoing climate change, disruption of natural ecosystems, and human migration guarantee that we remain at risk of pandemics in the foreseeable future. Knowledge generated now will not only help us fight the current pandemic, but our lessons will also prepare us to prevent and maybe better coordinate our response for the future pandemics. Our reliance on evidence-based medicine generated through RCTs is critical to ensure that we are prepared for what comes next.

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Migratory Pulmonary Infiltrates in a Patient With COVID-19 Infection and the Role of Corticosteroids



To the Editor: The emergence of novel coronavirus disease 2019 (COVID-19) has led to a global pandemic and has threatened the lives of millions of people. This disease is caused by the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) that results in respiratory failure, multiple organ dysfunction, and death.¹ Little is known about the spectrum of clinical presentations of COVID-19 in cancer patients.² Herein, we present a patient with chronic lymphocytic leukemia (CLL) who developed organizing pneumonia (OP) as a late manifestation of COVID-19 after an initial improvement who was successfully treated with corticosteroids.

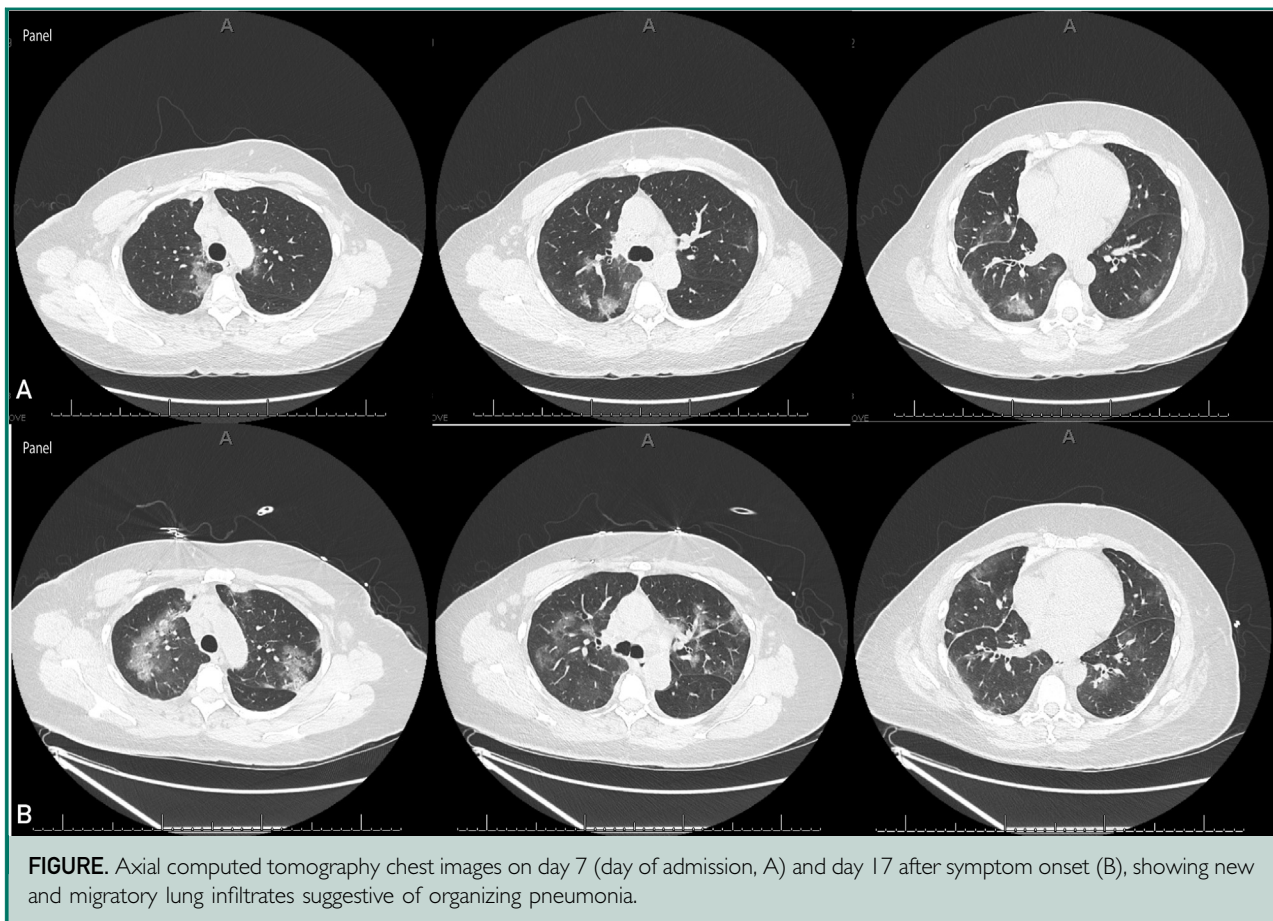
REPORT OF CASE

A 62-year-old woman with CLL, hypertension, and type 2 diabetes mellitus presented with low-grade fever, cough, and shortness of breath of 1-week duration. Her CLL was treated with rituximab initially that was switched to ibrutinib 3 months earlier but was discontinued a few days before her hospitalization due to palpitations and arthralgia. On admission, she was hypoxic, requiring supplemental oxygen at 2 L/min to

maintain oxygen saturation, SpO₂ > 93%, and in atrial fibrillation with no hemodynamic instability. Laboratory studies were significant only for elevated C-reactive protein at 74 mg/L (normal <10 mg/L). Nasopharyngeal swab specimen for reverse transcriptase-polymerase chain reaction for SARS-CoV-2 was positive, but negative for other respiratory viruses. Computed tomography scan of the chest showed bilateral ground-glass opacities (Figure A). The patient was enrolled in the Mayo Clinic COVID-19 expanded access program for convalescent plasma (CCP) on day 9 of her illness and received one dose of CCP. The patient's respiratory status rapidly improved the day following CCP transfusion, maintaining SpO₂ on room air. After 3 days, the patient developed daily low-grade fevers and increasing shortness of breath requiring supplemental oxygen via nasal cannula. Infectious disease workup including blood cultures and fungal serum markers were negative. A repeat chest computed tomography, on day 17 of illness (Figure B), revealed new and migratory ground-glass opacities in both lungs that were consistent with an OP pattern. The patient was started on intravenous methylprednisolone at 1 mg/kg/d, which resulted in improvement in oxygenation and resolution of fever. She was discharged in stable condition after 7 days of corticosteroids.

DISCUSSION

Our case may present a rare clinical course of COVID-19. Given the radiological appearance of migratory lung infiltrates and rapid improvement with corticosteroids, we hypothesize that this is OP due to the associated hyper-inflammation phase commonly seen in the later stages of COVID-19.³ Moreover, acute fibrous and OP (a subtype of OP) are



described in COVID-19, which could be the case in our patient, although it cannot be confirmed without a tissue biopsy.⁴ Although we conjecture that this is likely the explanation in our case, other plausible mechanisms of OP in our patient are 1) an immune activation-like phenomenon following cessation of ibrutinib or 2) augmentation of immune response by convalescent plasma.⁵ Bruton's tyrosine kinase inhibitors are involved in toll-like receptor-mediated signaling and triggering of inflammatory cytokine and chemokine release.⁶ Ibrutinib, a highly potent inhibitor of Bruton's tyrosine kinase, is considered to protect against lung injury in COVID-19.⁶

Corticosteroids are not currently recommended in the management of hospitalized patients with

COVID-19 unless there is a separate indication such as asthma or chronic obstructive pulmonary disease or in intubated patients with acute respiratory distress syndrome.⁷ Organizing pneumonia as a delayed presentation of COVID-19 for which corticosteroids have significant benefit should be considered. Moreover, given the increasing use of convalescent plasma, OP as a possible downstream consequence should be investigated.

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Association of Obesity With More Critical Illness in COVID-19



To the Editor: In follow-up to a recent major state-of-the-art review on obesity and outcomes in severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) (coronavirus disease 19 [COVID-19]),¹ we have additional data regarding the relationship of obesity with outcomes in patients with COVID-19. Clearly, obesity and metabolic syndrome affect both innate and adaptive immunity, leading to increased infection severity.^{1,2}

This association is very important because current statistics indicate that three-fourths of the US population are either overweight or obese by body mass index (BMI; calculated as weight in kilograms divided by height in meters squared) criteria, and currently over 42% meet criteria for obesity by a BMI of 30 kg/m² or greater. More alarmingly, currently over 9% of the US population meet criteria for severe or morbid obesity (class III obesity) by a BMI of 40 kg/m² or greater.^{1,2} Certainly, many other countries

across the globe are experiencing marked increases in the prevalence and severity of obesity,^{1,2} which may be particularly problematic in COVID-19 and other such pandemics. We performed a rapid review and meta-analysis to evaluate whether obesity is associated with worse outcomes in patients with COVID-19.

The present study was conducted in accordance with the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) guidelines. We performed a comprehensive search in the MEDLINE and [medRxiv.org](https://medrxiv.org) databases for studies published between January 1, 2019, and May 31, 2020. The following key words were used for the search in different combinations: *coronavirus 2019*, *Covid-19*, *SARS-CoV2*, *obesity*, *body mass index*, and *outcomes*. Studies reporting the relationship between BMI (nonobese vs obese) and outcomes among hospitalized patients with COVID-19 were included for analysis. Three reviewers (A.S., A.G., A.R.) screened the study titles and abstracts for relevance, followed by full manuscript evaluation. The following data were collected from included studies: baseline characteristics, proportion of patients classified by BMI categories (<30 kg/m² vs >30 kg/m²), and percentage of hospitalized patients. The primary outcome was critical illness (need for intensive care unit [ICU] admission, invasive mechanical ventilation [IMV], or mortality) as defined per individual study protocol. We used Cochrane Review Manager 5.3 (Cochrane Collaboration) for study analysis. Pooled odds ratios and 95% CIs were calculated using random-effects models and the Mantel-Haenszel method. Heterogeneity was assessed using the *I*² statistic. The initial search resulted in 266