Radiology: Cardiothoracic Imaging

Re: "International Expert Consensus Statement on Chest Imaging in Pediatric COVID-19 Patient Management: Imaging Findings, Imaging Study Reporting and Imaging Study Recommendations"

Article Type: Letter to the Editor

Corresponding Author:

Sarah M. Desoky, MD DABR
Chair, Thoracic Imaging Committee, Society for Pediatric Radiology
Associate Professor of Medical Imaging and Pediatrics
University of Arizona College of Medicine – Tucson
1501 N. Campbell Avenue
Tucson, AZ 85724
sdesoky@radiology.arizona.edu

Coauthors:

Savvas Andronikou, MD, MBBCh, PhD, FRCR, FCRad
Thoracic Imaging Committee, Society for Pediatric Radiology
Professor of Pediatric Radiology and Vice Chair of Clinical Research
The Children's Hospital of Philadelphia and Perelman School of Medicine, University of
Pennsylvania
3401 Civic Center Blvd
Philadelphia, PA 19104, USA

Alan S. Brody, MD
Thoracic Imaging Committee, Society for Pediatric Radiology
Chief, Thoracic Imaging
Professor of Radiology and Pediatrics
Cincinnati Children's Hospital and the University of Cincinnati College of Medicine
3333 Burnett Ave, MLC 5031
Cincinnati, OH 45229

Franz Wolfgang Hirsch, MD
Chair of the Cardiothoracic Imaging Taskforce of the ESPR
Chief of Department of Pediatric Radiology
Professor of Pediatric Radiology
University Leipzig
04103 Leipzig / Germany

Editor:

We are writing to express concerns about the recently published "International Expert Consensus Statement on Chest Imaging in Pediatric COVID-19 Patient Management" which has been widely disseminated. We would like to make readers aware of the following limitations.

The title and Methods section suggest the statement reflects a broad-based consensus representing more than author opinions. "Expert consensus statement" implies review by recognized organizations and widespread expert agreement, rather than 9 self-selected radiologists who conducted a literature review and participated in a single conference call. The authors state they are "current active members" of 6 international pediatric radiology societies, giving the impression that these organizations support their views; however, this manuscript was neither reviewed nor endorsed by the Society for Pediatric Radiology or the European Society of Paediatric Radiology. Collaborating with international societies would be prudent to avoid circulating potentially conflicting messages.

The manuscript contains recommendations that are unsupported. The authors recommend structured reporting, classifying findings as "typical", "indeterminate", and "atypical" for COVID-19. For chest radiographs (CXRs), the authors base their recommendations on a single published report of 10 cases¹. The authors include peribronchial thickening as a finding in the "indeterminate" category for CXRs, supported by a publication that reviewed only CT findings². Instead, larger collaborative studies of pediatric COVID-19 imaging should inform these recommendations. In a review of 91 pediatric COVID-19 patients (81 with CXRs), submitted to

Pediatric Radiology and under revision, the broad range of findings on CXR in COVID-19 did not allow such stratification of findings.

The manuscript contains unsupported statements that could affect decision-making and interpretation of imaging studies. "There are differences emerging in imaging features between pediatric and adult cases...of which both radiologists and referring physicians should be aware" suggests that knowledge of these differences is necessary to best care for children with COVID-19; however, insufficient data are provided to support this statement. A misleading statement on radiation risk, always a consideration when deciding whether to utilize CT, may result in inappropriate and potentially medically negligent care if it results in avoidance of advanced imaging in a potentially life-threatening illness due to fear of radiation.

References

- 1. Cai J, Xu J, Lin D, Xu L, Qu Z, Zhang Y, Zhang H, Jia R, Wang X, Ge Y, Xia A. A Case Series of children with 2019 novel coronavirus infection: clinical and epidemiological features. Clinical Infectious Diseases. 2020 Feb 28.
- 2. Chen A, Huang J, Liao Y, Liu Z, Chen D, Yang C, Yang R, Wei X. Differences in Clinical and Imaging Presentation of Pediatric Patients with COVID-19 in Comparison with Adults. Radiology: Cardiothoracic Imaging. 2020 Apr 6;2(2):e200117.

Response:

Alexandra M. Foust, DO¹, Grace S. Phillips, MD², Winnie C. Chu, MD, FRCR³, Pedro Daltro, MD, PhD⁴, Karuna M. Das, MD⁵, Pilar Garcia-Pena, MD⁶, Tracy Kilborn, MD⁷, Abbey J. Winant, MD¹, Edward Y. Lee, MD, MPH^{1*}

¹Department of Radiology, Boston Children's Hospital, Harvard Medical School, 300 Longwood Avenue, Boston, MA 02115

²Department of Radiology, Seattle Children's Hospital, University of Washington School of Medicine, 4800 Sand Point Way NE, Seattle, WA, 98105

³Department of Imaging and Interventional Radiology, The Chinese University of Hong Kong, Prince of Wales

Hospital, Hong Kong, China

⁴Alta Exelencia Diagnostica and Department of Radiology, Clinica Diagnostico por Imagem (CDPI), Rio De

Janeiro, Brazil

⁵Department of Radiology, College of Medicine and Health Sciences, Al Ain, United Arab Emirates

⁶Department of Pediatric Radiology, University Hospital Materno-Infantil Vall d'Heborn, Barcelona, Spain

⁷Red Cross War Memorial Children's Hospital, University of Cape Town, Cape Town, South Africa

*Corresponding author

Edward Y. Lee, MD, MPH

Email: Edward.Lee@childrens.harvard.edu

Response

The COVID-19 pandemic brought unprecedented uncertainty. Such uncertainty is

particularly challenging for radiologists, who are on the front lines interpreting imaging studies

that play an essential role in managing pediatric patients with COVID-19. At the time that our

article was published at the end of April, and even now, only limited data related to the imaging

findings of pediatric COVID-19 were available, a limitation that is clearly stated in our article.

In this era of uncertainty due to COVID-19, there are various potential approaches to

creating resources in this uncharted territory. With limited data, one cautious approach may be

to wait for all scientific evidence. However, this would require standing still in the face of great

need, during a global health crisis. A different approach might be to face the uncertainty of

COVID-19 by investigating the next best practice, which may be, by many measures, a more

prudent alternative. Before submission of our article, we disclosed to the journal the lack of

endorsement by specific radiological societies. However, in the setting of limited data, widely

used textbooks [1, 2] as well as knowledge from investigators whose previous scientific work

focused on other coronavirus infections [3 - 5], are crucial to further our understanding of this

novel infection. Our article is a response to pleas from many struggling radiologists and clinicians for some guidance on the pediatric imaging findings of COVID-19, based on available resources and our collective experience with pediatric COVID-19 after extensive discussions among the authors.

Planning during uncertainty is particularly essential. Therefore, in collaboration with the World Federation of Pediatric Imaging (WFPI), the next step is already underway: to survey radiologists regarding the impact of COVID-19 on international pediatric radiology practices.

Updated information from recent publications and meta-analysis study results will be included for the additional refinement of our statement, as already mentioned in our article.

We also believe that success in this time of pandemic crisis and uncertainty requires collaborative efforts among international experts as well as local, national, and international societies. Such concerted efforts can strengthen our courage and conviction to overcome this unique challenge together.

References

- 1. Santos JF. Acute chest diseases: infection and trauma. In: Garcia-Pena P and Guillerman RP, eds. Pediatric chest imaging. 3rd ed. Berlin, Heidelberg; Springer, 2014; 267 284.
- 2. Liszewski MC, Laya BF, Zucker EJ, Restrepo R, Lee EY. Lung. In: Lee EY, ed. Pediatric thoracic imaging. 1st ed. Philadelphia, PA; Wolters Kluwer, 2019; 1 113.
- 3. Chu WC, Li Am, Ng AW, et al. Thin-section CT 12 months after the diagnosis of severe acute respiratory syndrome in pediatric patients. AJR Am J Roentgenol 2006; 186 (6): 1707 1714.
- 4. Das KM, Lee EY, Langer RD, Larsson SG. Middle East respiratory syndrome coronavirus: what does a radiologist need to know? AJR Am J Roentgenol 2016: 206 (6): 1193 1201.

5. Foust AM, Winant AJ, Chu WC, Das KM, Phillips GS, Lee EY. Pediatric SARS, H1N1, MERS, EVALI, and now coronavirus disease (COVID-19) pneumonia: what radiologists need to know. AJR Am J Roentgenol 2020; 30: 1 – 9.