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Prenatal Exposure to a Mixture of Persistent Organic Pollutants (POPs) and Child Reading Skills at School Age

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Abstract

Background: Prenatal exposure to persistent organic pollutants (POPs) may affect child neurobehavior; however, exposures to mixtures of POPs have rarely been examined.

Methods: We estimated associations of prenatal serum concentrations of 17 POPs, namely 5 polybrominated diphenyl ethers (PBDEs), 6 polychlorinated biphenyls (PCBs),

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dichlorodiphenyldichloroethylene, dichlorodiphenyltrichloroethane, and 4 per- and polyfluoroalkyl substances (PFAS), with Wide Range Achievement Test-4 reading composite scores at age 8 years in 161 children from a pregnancy/birth cohort (HOME Study, 2003-present) in Cincinnati, OH. We applied 6 statistical methods: least absolute shrinkage and selection operator (LASSO), elastic net (ENET), Sparse Principal Component Analysis (SPCA), Weighted Quantile Sum (WQS) regression, Bayesian Kernel Machine Regression (BKMR), and Bayesian Additive Regression Trees (BART), to estimate covariate-adjusted associations with individual and their mixtures in multi-pollutant models.

Results: Both LASSO and ENET models indicated inverse associations with reading scores for BDE-153 and BDE-28, and positive associations for CB-118, CB-180, perfluoroctanoate (PFOA), and perfluorononanoate (PFNA). The SPCA identified inverse associations for BDE-153 and BDE-100 and positive associations for perfluoroctane sulfonate (PFOS), PFOA, and PFNA, as parts of different principal component scores. The WQS regression showed the highest weights for BDE-100 (0.35) and BDE-28 (0.16) in the inverse association model and for PFNA (0.29) and CB-180 (0.21) in the positive association model. The BKMR model identified BDE-100 and BDE-153 for inverse associations and CB-118, CB-153, CB-180, PFOA, and PFNA for positive associations. The BART method found dose-response functions similar to the BKMR model. No interactions between POPs were identified.

Conclusions: Despite some inconsistency among biomarkers, these analyses revealed inverse associations between prenatal PBDE concentrations and children's reading scores. Positive associations of PCB congeners and PFAS with reading skills were also found.

Keywords

Persistent organic pollutants (POPs); chemical mixtures; polybrominated diphenyl ethers (PBDEs); polychlorinated biphenyls (PCBs); per- and polyfluoroalkyl substances (PFAS); neurodevelopment

1. Introduction

Mounting evidence from epidemiological studies suggests that early life exposure to certain environmental chemicals adversely affects neurodevelopment. Persistent organic pollutants (POPs), including polybrominated diphenyl ethers (PBDEs), polychlorinated biphenyl ethers (PCBs), per- and polyfluoroalkyl substances (PFAS), dichlorodiphenyltrichloroethane (DDT) and its metabolite dichlorodiphenyldichloroethylene (DDE), are recognized for their potential role as neurotoxicants (Goodman et al., 2010; Lam et al., 2017; Liew et al., 2018; Polanska et al., 2013; Vuong et al., 2018). POPs are resistant to environmental degradation, accumulate in human tissue, have long biological half-lives, and can cross the placenta during gestation. Perturbations of programmed neuronal development and network connectivity by exogenous chemicals during this critical period of susceptibility can be detrimental and induce changes in neurodevelopment and behavior (Gore et al., 2014). Potential mechanisms of action include thyroid hormone disruption and affecting brain cells by inducing neuronal death, interfering with neurotransmitter synthesis, disturbing neuronal connectivity, and disrupting neural cell differentiation (Costa et al., 2014; Lee and Viberg, 2013; Moser et al., 2001; Reistad et al., 2013; Seegal, 1996; Slotkin et al., 2008).

Despite the critical need to examine mixtures of developmental neurotoxicants, a staggering majority of epidemiological studies investigating chemical exposures have utilized a singlepollutant approach. These studies examine chemicals in isolation rather than taking into account the totality of chemical exposures, which upon acting together may have additive, synergistic, antagonistic, or potentiating effects (Lazarevic et al., 2019). The development of statistical methodologies for multipollutant models has gained considerable traction recently given the compelling need for novel approaches. However, very few studies investigating POPs as potential neurotoxicants have applied advanced statistical methods to examine chemical mixtures (Braun et al., 2014; Forns et al., 2016; Hamra et al., 2019; Lenters et al., 2019; Zhang et al., 2017). Further, a majority of these studies utilized only one type of multi-pollutant statistical model to examine POP mixtures, with only one that employed three mixture statistical approaches (Forns et al., 2016). In addition, studies comparing results from various mixture approaches using data in real-world scenarios are insufficient. Environmental epidemiological studies stand at the precipice of great change in the examination of chemical mixtures, the enormity of which we have yet to even realize. The development of multi-pollutant statistical models currently exceeds its actual application in neurodevelopmental studies.

To address this research gap we used data from the Health Outcomes and Measures of the Environment (HOME) Study to investigate the associations between a mixture of 17 POPs and school age children's reading skills utilizing six developed statistical methods. While several neurodevelopmental domains are important for everyday functioning, including full scale IQ, executive function, and externalizing behaviors, fewer epidemiological studies have examined reading ability as a potential endpoint of neurotoxicity. Thus, we focused our analysis on reading abilities assessed at age 8 years, a time period when patterns of reading development are more distinctive with inter-individual variations (Verhoeven et al., 2011). No mixture statistical method is considered the gold standard. Thus, we compared six mixture statistical methods, including: 1) Least Absolute Shrinkage and Selection Operator (LASSO) (Tibshirani, 1996); 2) Elastic Net (ENET) (Zou and Hastie, 2005); 3) Sparse Principal Component Analysis (SPCA) (Zou et al., 2006); 4) Weighted Quantile Sum (WQS) regression (Carrico, 2013; Gennings et al., 2013); 5) Bayesian Kernel Machine Regression (BKMR) (Bobb et al., 2015); and 6) Bayesian Additive Regression Trees (BART) (Chipman et al., 2010). These statistical methods were selected based on their ability for chemical variable selection (LASSO, ENET, SPCA, WOS regression, BKMR, BART), analysis of the impact of a single chemical (LASSO, ENET, SPCA, WQS regression, BKMR, BART), assessment of interactions between chemicals (LASSO, ENET, BKMR, BART), assessment of joint effects (SPCA, WQS regression, BKMR, BART), and estimation of the cumulative impact of multiple chemicals on reading ability (SPCA, WQS regression, BKMR, BART) (Lazarevic et al., 2019). All selected methods can also handle highly correlated measurements of POPs to estimate associations with reading skills at age 8 years. We will compare the findings generated from the six selected mixture statistical methods in order to enhance our ability to identify the impact of a mixture of chemicals on child neurodevelopment while assessing the differences in the findings of the analyses.

2. Methods

2.1 Study population

We used data from an ongoing prospective pregnancy and birth cohort, the HOME Study (Cincinnati, Ohio, USA). Detailed recruitment, conducted from March 2003 to February 2006, and sample collection procedures were described previously by Braun et al. (2017). Of 468 pregnant women at 16±3 weeks of gestation enrolled in the study, 390 remained to deliver live singletons. We restricted our study dataset to 161 mother-child dyads who had complete information on 17 POPs: 5 major PBDE congeners, 6 major PCB congeners, 2 major organochlorine pesticides (OCPs: DDT and DDE), and 4 PFAS, potential confounding factors, as well as an assessment of reading ability at age 8 years. The study protocol was approved by the Institutional Review Board (IRB) at the Cincinnati Children's Hospital Medical Center (CCHMC). The Centers for Disease Control and Prevention (CDC) deferred to CCHMC IRB as the IRB of record.

2.2 Assessment of POP biomarkers

Women provided blood samples at 16 ± 3 weeks of gestation via venipuncture. Serum was separated and samples were stored at -80°C until analysis. Details regarding quantification procedures and lipid standardization have been previously described elsewhere (Phillips et al., 1989). Maternal serum was used to measure PBDEs, PCBs, and OCPs by using gas chromatography/isotope dilution high-resolution mass spectrometry (Jones et al., 2012; Sjodin et al., 2004). Maternal serum was also used to measure PFAS by using highperformance liquid chromatography-isotope dilution-tandem mass spectrometry (Kato et al., 2011). Concentrations less than the limit of detection (LOD) were replaced with LOD/V2 (Hornung and Reed, 1990). Concentrations of PBDEs, PCBs, and OCPs were lipidnormalized and given in ng/g lipid. PFAS concentrations were expressed as ng/mL. PBDEs, PCBs, and OCPs were quantified using serum collected at 16 weeks gestation. For a small number of women without serum at 16 weeks, PFAS were measured using serum at 26 weeks (n=11) or at delivery (n=3). If more than one PFAS measurement was available during pregnancy (n=35), an average was used. For the current analyses, we focused on the following chemicals: 1) PBDE congeners: BDE-28, BDE-47, BDE-99, BDE-100, BDE-153; 2) PCB congeners: CB-74, CB-99, CB-118, CB-138/158, CB-153, CB-180; 3) OCPs: DDT and DDE; and 4) PFAS: perfluorooctane sulfonate (PFOS), perfluorooctanoate (PFOA), perfluorohexane sulfonate (PFHxS), and perfluorononanoate (PFNA). POP biomarkers were log₁₀-transformed to reduce the influence of outliers and treated as continuous variables in statistical analyses.

2.3 Assessment of reading ability

We assessed children's reading ability using the Wide Range Achievement Test 4 (WRAT-4) at age 8 years (Wilkinson and Robertson, 2006), an assessment of fundamental academic skills that has high validity and reliability (Jastak and Jastak, 1965). HOME Study staff members were trained and certified by a developmental psychologist and administered the WRAT-4, which had a duration of 15-25 minutes. For our study, we examined the Reading Composite score, which is comprised of the two subtests Word Reading (letter and word

decoding) and Sentence Comprehension (ability of an individual to obtain meaning from words and to understand ideas and information in sentences).

2.4 Covariates

From a review of the literature, all models were adjusted for maternal age, race/ethnicity, education, household income at enrollment, marital status, serum cotinine, blood lead levels, fish consumption, maternal IQ, maternal depression (Beck et al., 1996), child sex, and the quality and quantity of the caregiving environment using Home Observation for Measurement of the Environment (HOME) scores at age 12 months (Caldwell and Bradley, 1984).

2.5 Statistical Analyses

First, we approached our research question using the traditional single-pollutant approach, modeling each POP separately using multiple linear regression to estimate the association between individual POP concentrations and reading ability in school age children, with adjustment for covariates. We additionally implemented generalized additive models to assess whether relationships between the individual POPs and Reading Composite score were monotonic. We subsequently implemented six different statistical methods that accounted for the complete set of complex mixtures of POPs (Table 1). These methods included LASSO, ENET, SPCA, WQS regression, BKMR, and BART. LASSO and ENET are penalized regression methods that identify 'drivers' versus 'passengers' in the POP mixture by entering all chemicals into the same regression model. These methods minimize the sum of the squared residuals plus either the product of a constant λ_1 and the sum of the absolute value of regression parameter (LASSO) or the product of a constant λ_2 and the sum of squared regression parameter (ridge regression) or both (ENET). In addition, LASSO and ENET can shrink regression estimates to zero and they are robust to extreme correlations between predictors. LASSO and ENET analyses were performed by R package "glmnet," and the tuning parameter for ENET $\alpha = \lambda_1 / (\lambda_1 + \lambda_2)$ was chosen by a cross-validation using R package "caret." We ran the model 100 times and chose the best λ value that gave the lowest mean squared error, and used this λ value to rerun the model. For the subset of chemical identified by LASSO or ENET, we also constructed a multiple linear regression model with mutual adjustment of the chemicals to obtain estimates and 95% confidence intervals (Lenters et al., 2016).

For SPCA, the LASSO was incorporated into principal component (PC) analysis to impose a constraint on the chemicals to obtain sparse loadings. This method extracts a small number of PC scores from the higher dimensional set of POPs that explain most of the variability of the data by setting PCA loadings to zero. Identified PC scores were used as independent variables in the regression model with the reading scores. R package "elasticnet" was used for SPCA. In WQS regression, individual POPs were categorized into quartiles to obtain a weighted average of quartile scores in the regression. Weights were estimated to maximize the associations with WRAT-2's Reading Composite score and the weighted sum. Separate models for positive and negative associations were constructed to ensure non-negative weights. WQS regression estimates were calculated from 1000 bootstraps using the R

In BKMR, a nonparametric high-dimensional exposure-response function is constructed with kernel machine regression using component-wise or hierarchical variable selection with 10,000 iterations. Each component in the high-dimensional function is assigned a posterior inclusion probability (PIP). The BKMR can examine potential interactions between two chemicals when all other chemicals are held at the median levels. R package "bkmr" was used to construct BKMR models. Lastly, BART uses a sum of trees approach, with each POP contributing to the outcome a small and distinct amount of information as a simple weak learner. We imposed a prior regularizing the fit by keeping the individual POP effects small. To fit the model, we used a tailored version of Bayesian backfitting Markov Chain Monte Carlo (MCMC) method that interactively constructed and fit successive residuals. R package "bartMachine" was used for the BART analysis. We used R version 3.6.1 (R Core Team, Vienna, Austria) for the analyses and graphing.

3. Results

3.1 Study participants

Approximately 60% of the included HOME Study mothers identified as non-Hispanic white with an average age at delivery of 29 years. Educational attainment among study participants mainly consisted of mothers with at least some college or higher degree (>70%). Median concentrations of BDE-47, BDE-153, CB-118, CB-153, DDT, and DDE were 20.1, 4.6, 4.8, 10.7, 2.6, and 70.8 ng/g lipid, respectively (Supplemental Figure S1). HOME Study children's Reading Composite score had a mean \pm standard deviation (SD) of 108 \pm 15. Median concentrations of PFOS and PFOA were 12.7 and 5.2 ng/mL, respectively. In bivariate analyses, we identified 3 clusters within the 17 POPs, specifically among the PBDE congeners (r_p=0.45-0.93), PFAS (r_p=0.40-0.65), and between PCBs and OCPs (r_p=0.38-0.95) (Supplemental Figure S2). We also observed low to moderate correlation between chemical classes besides PCBs and OCPs. For example, between BDE-100 and CB-99 (r_p=0.20) and between BDE-28 and DDT (rp=0.29).

3.2 Identification of POPs in single-pollutant analyses

We observed inverse associations between prenatal BDE-47 (β =-6.1, 95% CI -12.0, -0.2), BDE-100 (β =-6.1, 95% CI -11.4, -0.7), and BDE-153 (β =-5.3, 95% CI -10.3, -0.3) and Reading Composite scores at age 8 years (Table 2). In contrast, PFOA (β =12.6, 95% CI 3.0, 22.2) and PFNA (β =16.7, 95% CI 4.8, 28.6) were positively associated with Reading Composite scores. While we did not observe statistically significant associations with PCBs, there was consistent directionality, suggesting positive associations between reading ability with PCBs. For instance, prenatal CB-153 (β =9.8, 95% CI -0.6, 20.2) and CB-180 (β =8.8, 95% CI -0.8, 18.5) were associated with higher Reading Composite scores. Generalized additive models of individual POPs and Reading Composite scores with covariate adjustment mainly suggested linear relationships, with some indication of some non-monotonic associations (Supplemental Figure S3).

3.3 Identification of POPs in multi-pollutant analyses

We applied LASSO to obtain a more parsimonious model that started with 17 POP biomarkers predictors of Reading Composite scores with covariate adjustment (Table 2). BDE-28 and BDE-153 showed inverse associations with reading ability. In contrast, CB-118, CB-180, PFOA, and PFNA had positive associations with the outcome. Results from ENET were similar to LASSO, with BDE-28 and BDE-153 selected as important predictors of lower reading ability, while PCBs and PFAS were associated with better reading abilities. The unpenalized regression estimates in the multiple linear models were slightly larger than LASSO or ENET estimates.

SPCA identified 6 PC scores that explained 79% of the variation in serum POP concentrations. Of the identified PCs, PC5 had a statistically significant inverse association with the Reading Composite scores (β =–2.8, 95% CI –5.3, –0.2). BDE-153 and BDE-100 loaded strongly (loading>0.22) onto PC5, indicating that these two PBDE congeners were associated with lower reading scores (Table 3). However, a significant positive association with Reading Composite score was noted for PC3 (β =2.5, 95% CI 1.0, 4.0). This PC score explained the most variation in PFAS (loading>0.41), which suggests higher reading scores with increased prenatal PFAS concentrations.

We identified high weights for BDE-100 (35%) and BDE-28 (16%) with an estimate of - 2.6 (95% CI -5.4, 0.2) per WQS unit in the inverse association (Table 4). WQS analysis for the positive association identified high weights for PFNA (29%) and CB-180 (21%), with an estimate of 5.4 (95% CI 2.0, 8.9) per WQS unit.

In BKMR analysis with component-wise variable selection, the PIPs were high for all PBDE congeners, CB-118, CB-153, CB-180, PFOS, PFOA, and PFNA (>0.3, Table 5), with doseresponse patterns shown in Supplemental Figure S4. The conditional PIP for BDE-28, BDE-47, and BDE-99 was lower than other two congeners within the PBDE group in the hierarchical variable selection, so we retained BDE-153 and BDE-100 in a reduced BKMR model. Similarly, we retained PFOA and PFNA for the PFAS group. Hence, the reduced BKMR model involved seven POPs. In this reduced model, the component-wise variable selection PIPs were highest for BDE-153 (0.80), PFNA (0.79), and PFOA (0.82) (Supplemental Table S1). The hierarchical variable selection for the reduced BKMR model had an estimated group PIP of 0.91, 0.80, and 0.94 for PBDEs, PCBs, and PFAS, respectively. BKMR model examined 42 different bivariate exposure-response functions between the seven identified chemicals, estimating a single chemical's association while holding a second chemical fixed at the 10th, 50th, or 90th percentile (Figure 1). Inverse associations with two PBDE congeners and positive associations with PCB congeners and PFAS (PFNA and PFOA) were mainly parallel despite the increase in the concentration of the second chemical, suggesting that there is no synergistic or multiplicative interaction between the seven POPs in relation to the reading scores. Results for a change in the estimate of a single POP concentration from the 25th to the 75th percentile while holding all other POP concentrations at either the 25th, 50th or 75th percentile had similar conclusions (Supplemental Figure S5). With regard to the cumulative effect of simultaneous exposure to the seven identified POPs in the BKMR model, Figure 2 displays the overall risk summary of all seven predictors at a particular percentile compared with a reference while all

predictors are at the 50th percentile. Most of the seven POPs are contributing to better Reading Composite scores in this dataset. Therefore, the estimate increases with increasing percentiles of overall exposure.

In the BART analysis, the Partial Dependence Plots indicating dose-response pattern of POP exposures showed similar results to BKMR mixture analysis: inverse associations with PBDE congeners, and positive associations with PCB congeners and PFAS (Supplemental Figure S6). The variable selection "Local" procedure identified maternal IQ, maternal education, PFOS, CB-180, and PFOA above the individual thresholds of inclusion proportion (Supplemental Figure S7). BDE-153, CB-118, PFNA, and BDE-100 did not meet the thresholds but were among the top 10 variables with high inclusion proportion. The variable selection "Global Max" or "Global SE" procedures were more stringent, with maternal IQ meeting both thresholds and additionally maternal education and CB-180 meeting the threshold of "Global SE" procedure.

The results of the six mixture statistical methods are summarized in Table 6. Despite some inconsistency in individual chemicals, the methods identified inverse associations for BDE-28, BDE-100, and BDE-153, and positive associations for CB-118, CB-153, and CB-180. The findings of DDE and DDT were not remarkable. PFOA, PFNA, and to some extent, PFOS were positively associated with reading skills.

4. Discussion

We used 6 statistical approaches, namely LASSO, ENET, SPCA, WQS regression, BKMR, and BART, to examine chemical mixtures of 17 POPs during pregnancy in relation to reading skills at age 8 years in a sample of 161 mother-child dyads from the HOME Study. Findings across these multi-pollutant models were relatively consistent but not interchangeable. All mixture analyses revealed inverse associations between prenatal PBDEs and childhood reading skills at school age. We also noted better Reading Composite scores on the WRAT-4 with higher concentrations of PCBs and PFAS. The six statistical approaches have their own strengths and limitations, and multiple approaches may reveal different aspects of the associations between mixture exposure and the outcome.

Previously, the HOME Study and the Norwegian Human Milk Study (HUMIS) utilized frequentist shrinkage methods to examine chemical mixtures of POPs as neurotoxicants. In the HOME Study, a mixture of PBDEs and PCBs were investigated to determine the relationship with reading skills, Full Scale IQ, and externalizing problems in children at 8 years (Zhang et al., 2017). Findings from the LASSO method were similar to the present study's overall conclusions, with decrements in reading composite scores noted with increased prenatal PBDEs. Zhang et al. (2017) reported that higher PBDE serum concentrations were associated with lower FSIQ and more externalizing behavior problems in children. They additionally observed higher scores for WRAT-II and FSIQ with prenatal CB-118, CB-153, and CB-180. The elastic net regression models produced mixed results between studies. Lenters et al. (2019) examined a mixture of 27 POPs, including PCBs, OCPs, brominated flame retardants, and PFAS, measured in breastmilk and attention-deficit/ hyperactivity disorder (ADHD) in children ages 7-14 years using elastic net penalized

logistic regression models. They identified increased odds of ADHD in children with higher β -hexachlorocyclohexane (β -HCH) and PFOS and lower odds of an ADHD diagnosis with increased *p*,*p*'-DDT (Lenters et al., 2019).

In a mixture analysis of 51 endocrine-disrupting chemicals in the HOME Study, Braun et al. (2014) utilized a two-stage semi-Bayesian model to estimate associations with autistic behaviors in children ages 4 and 5 years. Findings were mixed, with more autistic behaviors reported with higher concentrations of prenatal BDE-28 and *trans*-nonachlor and lower autistic behaviors observed with detectable levels of CB-178, β -HCH, and BDE-85 and increasing concentrations of PFOA. A Bayesian approach was also applied in the examination of 25 endocrine disrupting chemicals measured in maternal serum at 15-20 weeks gestation with autism spectrum disorder (ASD) and intellectual disability in the Early Markers for Autism study (Hamra et al., 2019). However, results did not support an association between any individual chemical and ASD or intellectual disability in the mixture analysis.

One study used ENET, PCA, and Bayesian model averaging (BMA) models to examine POPs as potential neurotoxicants (Forns et al., 2016). They reported that only p,p'-DDT was consistently identified across all three methods, where p,p'-DDT was associated with more behavioral problems at age 12 months in HUMIS infants in a mixture analysis of 24 POPs. However, in the present study we did not observe a consistent relationship between p,p'-DDT and reading abilities in school age children despite modest contribution to the inverse association WQS model.

Nevertheless, all six mixture methods applied in the present study revealed inverse associations between prenatal PBDEs and reading skills at age 8 years. While inverse associations for individual BDE congeners were not entirely consistent among approaches, taken together the results still support PBDEs' adverse role in the development of reading skills. Our current findings add to the growing evidence from epidemiological studies that have examined prenatal PBDEs in isolation and reported adverse neurodevelopment and behavior in children, including decrements in FSIQ, more hyperactivity and attention problems, and impairments in executive function (Lam et al., 2017; Vuong et al., 2018). Previously only the HOME Study investigated associations between PBDEs and reading ability in children, with reports of poorer reading scores with higher prenatal and postnatal concentrations (Liang et al., 2019; Zhang et al., 2017). While exact mechanisms of action for PBDE neurotoxicity remain unclear, toxicological studies have shown PBDEs disrupt thyroid hormones through competitive binding to transthyretin or directly interacting with thyroid hormone receptors, induce neuronal cell death via oxidative stress, disrupt signal transduction, interfere with calcium signaling and homeostasis, and decrease neuron and oligodendrocyte differentiation (Costa et al., 2014; Ibhazehiebo et al., 2011; Meerts et al., 2000; Richardson et al., 2008).

A small number of studies using conventional single pollutant models have examined PFAS and reading skills. While the C8 Health Project reported null associations between PFOA and reading skills at ages 6–12 years (Stein et al., 2013), we observed positive associations between prenatal and postnatal PFOA, PFOS, and PFNA concentrations and reading skills in

children at ages 5 and 8 years (Zhang et al., 2018). Our study showed that after considering joint exposures to several POPs, prenatal PFAS were consistently associated with improved reading abilities in children at age 8 years across all the applied statistical approaches. Our findings are biologically plausible given PFAS' classification as peroxisome proliferator-activated receptor-gamma (PPAR γ) agonists (Vanden Heuvel et al., 2006). PFAS may have neuroprotective effects that might alleviate inflammatory responses incurred from chronic and acute neurological insults (Kapadia et al., 2008). Moreover, protective associations have been reported in other studies, including the C8 Health Project, the Danish National Birth Cohort, the Taiwan Birth Panel Study, and Taiwan Early-Life Cohort, with regard to prenatal exposures and various neurodevelopmental domains (Fei and Olsen, 2011; Lien et al., 2016; Stein et al., 2013).

We also identified PCBs to be associated with better reading abilities, with fairly consistent results among mixture methods. The HOME Study previously reported similar findings utilizing LASSO (Zhang et al., 2017). However, Stewart et al. (2003) observed a significant inverse relationship between prenatal PCBs and word knowledge scores in children at ages 38 and 54 months. While PCB neurotoxicity has been reported in several studies in the Faroe Islands, Germany, Holland, Taiwan, and the United States (Schantz et al., 2003), studies from the Netherlands reported prenatal OH-PCBs were associated with optimal mental development and neurological functioning (Berghuis et al., 2014; Ruel et al., 2019). The positive associations observed in the present study may be due to residual confounding. The primary route of human exposure to PCBs is through ingestion of contaminated fish (Braun et al., 2014). Fish consumption can greatly benefit fetal neurodevelopment as it is the primary source of n-3 long-chain polyunsaturated fatty acid (PUFA) (Conway et al., 2018). Higher maternal n-3 PUFA status is associated with better language development in offspring (Strain et al., 2012; Strain et al., 2015). Further, PCB concentrations in the HOME Study are positively correlated with fish consumption. Although we adjusted for fish consumption during pregnancy, we do not have direct measurements of PUFA from HOME Study mothers.

The inconsistencies among studies examining POP mixtures on neurodevelopment may be attributed in part to the differences in applied statistical approaches. Our study is among the most comprehensive to date, utilizing six multipollutant models, including frequentist shrinkage, variable selection, dimension reduction, and Bayesian methodologies. These models do overlap with some approaches that were previously used, such as LASSO, ENET, and a variant of SPCA, but not all. Secondly, using multi-pollutant models does not assume that humans are exposed to chemicals in isolation. However, the selection of chemicals included in mixture analyses differed among studies. We examined 17 POPs from four chemical classes, whereas the range of POPs and chemical classes that were examined in other mixture studies were between 8-52 POPs and 2-6 chemical classes. Concentrations of chemicals also varied between studies. For example, in the HOME Study, BDE-47 had a median of 20.1 ng/g lipid in serum compared to 1.0 ng/g lipid in breastmilk in HUMIS (Lenters et al., 2019). Third, while all POP mixture studies investigated the impact on neurodevelopment, the domain itself differed. Aside from Zhang et al. (2017), the neurodevelopmental outcomes studied included autistic behaviors, behavioral problems, and ADHD. Further, age of neurodevelopmental assessment between studies differed. Last,

covariate adjustment varied between studies, which depended on availability of covariate measurements as well as the population characteristics.

Our study had several strengths, including the prospective design and availability of many important confounders. We were able to adjust for maternal IQ, maternal blood lead level, serum cotinine, maternal depression, and sociodemographic factors, such as education, income, and marital status. We used of six statistical methods to examine POP mixtures. Currently there is no quintessential statistical method to examine chemical mixtures, because each methodology has its unique set of advantages and disadvantages. As such, we decided to examine POP mixtures on neurodevelopment employing approaches that allowed for chemical variable selection, interactions, and cumulative effect. The LASSO and ENET had the strength of dimension reduction to selected chemicals and the SPCA reduced the dimension to a few components that can be integrated in multiple linear models. The BKMR and BART models provided non-linear exposure-response pattern visualization, and the BKMR seemed more capable for bivariate interaction analysis. Both WQS and BKMR provided an assessment of cumulative effect in a comprehensible way for interpretation. With the understanding that no model itself is deemed superior, we would rather examine whether consistency in the identification of chemicals is present in our research question. Our overall conclusions are based on findings that were consistent across all our applied statistical approaches.

Our study had several limitations. Residual confounding cannot be excluded as with any epidemiological study. We do not have information on other factors that may have affected our exposures and outcome, such as measured maternal PUFA levels and school settings. Second, study attrition may have resulted in selection bias. Although, for the most part we did not observe significant differences in demographics and POP serum concentrations between children followed at age 8 years and those who were not (Table 7). Significantly higher concentrations of prenatal PFHxS was noted among mother-child dyads who were excluded $(2.3\pm3.4 \text{ ng/mL})$ from the analysis due to missing information compared to those included (1.7±1.4 ng/mL). Mothers excluded also had higher educational attainment and IQ compared to those included. Third, our modest sample size precluded us from examining potential interactions by sex using LASSO and ENET. Fourth, there was high correlation within PBDE congeners and within PCB congeners. Therefore, it is difficult to tease out associations of one congener from others in the same chemical group despite utilizing a mixture analysis. Fourth, when applying for these statistical methods, we were limited by the model assumptions and method constraints. LASSO and ENET might select chemicals without sufficient biological underpinnings, and SPCA was not a supervised approach and the relevance with the outcome might be compromised. These methods might be used as initial screening of chemicals in linear models, but the biological relevance and cumulative effects need to be confirmed by other models. The WQS had to split positive and negative models to assure positive weights, reducing its ability to estimate overall effect. BKMR might perform better with reduced chemical variables as constructing high-dimensional dose-response space was more complicated with a large amount of exposures. BART seemed to be stringent in selecting chemical variables and the interpretation of results was not straightforward for cumulative effects. More detailed summary of these method strengths and limitations can be found in a comprehensive review article (Lazarevic et al., 2019).

5. Conclusions

Analyses from six statistical methods examining chemical mixtures consistently identified inverse associations between maternal PBDE serum concentrations and children's reading skills in the HOME Study. In contrast, we observed positive associations between PCBs and PFAS and reading skills. Future studies examining POP mixtures on neurodevelopment should incorporate analytical approaches that are able to assess nonlinear dose response and effect measure modification by sex if they are adequately powered. Studies examining repeated postnatal exposures to POP mixtures are warranted to determine whether there are sensitive windows of susceptibility during childhood using methods like lagged kernel machine regression (LKMR) (Liu et al., 2018). For statistical method comparisons, we believe these methods are complementary rather than equal in utilization. LASSO and ENET can be used for screening chemicals from a large chemical mixture, WQS and BKMR can be used for cumulative effect estimation, and SPCA can be supplemented by a supervised approach like sparse partial least square regression method (Chun and Keles, 2010).

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Figure 1.

Bivariate exposure-response function showing a single predictor (Exposure 1) while the second predictor was fixed at 10th, 50th, or 90th percentile

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Figure 2.

Overall risk summary for Reading Composite score of all 7 predictors identified in BKMR analysis (BDE-100, BDE-153, CB-118, CB-153, CB-180, PFOA, and PFNA) at a particular percentile (from 25th to 75th at an interval of 5th) compared with a reference while all predictors are at 50th percentile

Table 1.

Statistical mixture methods addressing research questions

Research questions	LASSO and ENET	SPCA	wqs	BKMR	BART
Chemical variable selection	Х	X (PCs)	X (Weight)	X (PIP)	X (threshold)
Interactions	Х			Х	Х
Cumulative impact		Х	Х	Х	Х
Nonlinear dose response			Х	Х	Х

Abbreviations: PCs, Principal Components; PIP, Posterior Inclusion Probability

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Table 2.

Adjusted regression coefficients and 95% CIs of POP serum concentrations modeled separately, in LASSO and Elastic Net (ENET) models, and in linear regression models using chemicals identified by LASSO and ENET models with mutual adjustment

Chemical	Modeled separately	LASSO	Linear regression after LASSO	ENET	Linear regression after ENET
Log10 PBDEs					
BDE-28	-5.72 (-11.95, 0.51)	-2.59	-3.64 (-10.91, 3.63)	-2.57	-5.03 (-16.73, 6.67)
BDE-47	-6.06 (-11.96, -0.17)				
BDE-99	-5.53 (-11.29, 0.22)				
BDE-100	-6.05 (-11.40, -0.69)			-0.30	2.05 (-11.45, 15.56)
BDE-153	-5.31 (-10.29, -0.33)	-4.70	-6.57 (-12.35, -0.79)	-4.64	-7.50 (-15.89, 0.90)
Log10 PCBs					
CB-74	5.22 (-6.16, 16.60)				
CB-99	4.43 (-5.52, 14.38)				
CB-118	7.80 (-0.51, 16.11)	4.78	6.34 (-2.64, 15.31)	4.88	6.29 (-2.72, 15.30)
CB-138_158	5.48 (-4.34, 15.30)				
CB-153	9.80 (-0.57, 20.16)				
CB-180	8.82 (-0.84, 18.48)	1.57	4.66 (-5.90, 15.22)	2.02	4.75 (-5.86, 15.37)
Log10 P,P'-DDE	1.01 (-8.69, 10.70)				
Log10 P,P'-DDT	2.47 (-8.01, 12.95)				
Log10 PFAS					
PFOS	7.00 (-2.89, 16.90)				
PFOA	12.59 (2.97, 22.21)	7.07	9.88 (-1.05, 20.81)	7.31	10.05 (-0.97, 21.07)
PFHxS	4.46 (-3.06, 11.97)				
PFNA	16.68 (4.77, 28.60)	11.07	13.81 (0.42, 27.20)	11.12	14.00 (0.51, 27.49)

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Adjusted for maternal age, race, education, household income, marital status, depression, serum cotinine, blood lead, fish consumption, IQ, and child sex and HOME score

Table 3.

Sparse PCA analysis results of 17 POPs serum concentrations in relation to Reading Composite Scores at age 8 years^a

Chemical	PC1	PC2	PC3	PC4	PC5	PC6
Log10 PBDEs						
1010101001						
BDE-28		0.490				
BDE-47		0.563				
BDE-99		0.511				
BDE-100		0.361			0.225	
BDE-153					0.890	-0.153
Log10 PCBs						
CB-74	0.401					-0.158
CB-99	0.424	0.062			-0.015	
CB-118	0.354	0.065			-0.226	-0.349
CB-138_158	0.441					0.016
CB-153	0.512					0.043
CB-180	0.276	-0.196			0.307	0.358
Log10 P,P'-DDE	0.037			0.559	0.088	0.221
Log10 P,P'-DDT				0.829	-0.037	-0.099
Log10 PFAS						
PFOS			0.552			
PFOA	-0.005		0.500	0.012		-0.079
PFHxS		-0.066	0.413		0.062	-0.572
PFNA		0.027	0.524			0.555
% variance explained	28.4	20.8	15.1	5.5	4.7	4.1
Cumulative %	28.4	49.2	64.3	69.8	74.5	78.6
Regression estimates	1.18	-0.51	2.48	-0.59	-2.77	1.39
with outcome	(-0.35, 2.71)	(-2.09, 1.07)	(0.96, 4.00)	(-3.07, 1.88)	(-5.32, -0.21)	(-1.19, 3.97)

Table 4.

Weighted quantile Sum (WQS) regression analysis results for maternal POP serum concentrations and child reading skills at age 8 years

Chemical	Inverse association with WQS	Positive association with WQS
WQS unit	-2.63 (-5.41, 0.15)	5.49 (2.04, 8.94)
	Average weight	Average weight
Log10 PBDEs		
BDE-28	0.157	0.000
BDE-47	0.033	0.000
BDE-99	0.078	0.001
BDE-100	0.354	0.000
BDE-153	0.102	0.003
Log10 PCBs		
CB-74	0.017	0.009
CB-99	0.022	0.011
CB-118	0.002	0.132
CB-138_158	0.007	0.013
CB-153	0.000	0.098
CB-180	0.006	0.214
Log10 P,P'-DDE	0.039	0.006
Log10 P,P'-DDT	0.139	0.005
Log10 PFAS		
PFOS	0.000	0.121
PFOA	0.007	0.035
PFHxS	0.035	0.062
PFNA	0.000	0.290

Adjusted for maternal age, race, education, household income, marital status, depression, serum cotinine, blood lead, fish consumption, IQ, and child sex and HOME score

Table 5.

Bayesian Kernel Machine Regression (BKMR) variable selection results of maternal POP serum concentrations and child reading skills at age 8 years

Chaminal	Posterior Inclusion Probabilities (PIP)	Posterior Inclusion Probabilities Hierarchical variable	
Chemical	Component-wise variable selection ^a	Group PIP	Conditional PIP
Log10 PBDEs			
BDE-28	0.330	0.845	0.111
BDE-47	0.368	0.845	0.125
BDE-99	0.316	0.845	0.068
BDE-100	0.360	0.845	0.212
BDE-153	0.504	0.845	0.485
Log10 PCBs			
CB-74	0.253	0.668	0.194
CB-99	0.253	0.668	0.092
CB-118	0.422	0.668	0.272
CB-138_158	0.221	0.668	0.065
CB-153	0.375	0.668	0.207
CB-180	0.331	0.668	0.170
Log10 P,P'-DDE	0.216	0.488	0.473
Log10 P,P'-DDT	0.255	0.488	0.527
Log10 PFAS			
PFOS	0.311	0.929	0.051
PFOA	0.543	0.929	0.394
PFHxS	0.172	0.929	0.023
PFNA	0.679	0.929	0.532

Adjusted for maternal age, race, education, household income, marital status, depression, serum cotinine, blood lead, fish consumption, IQ, and child sex and HOME score

^aShaded PIPs indicate chemicals included in the reduced BKMR model

Table 6.

Summary of the associations identified from different methods

Chemical	LASSO	Elastic Net	SPCA	WQS	BKMR	BART
Log10 PBDEs						
BDE-28	\downarrow	Ļ		Ļ		
BDE-47						
BDE-99				↓		
BDE-100			Ļ	\downarrow	Ļ	Ļ
BDE-153	\downarrow	Ļ	Ļ	\downarrow	Ļ	Ļ
Log10 PCBs						
CB-74						
CB-99						
CB-118	↑ (1	↑	↑	↑	↑
CB-138_158						
CB-153				↑	↑	↑
CB-180	↑ (↑		¢	¢	↑
Log10 P,P'-DDE						
Log10 P,P'-DDT				1		
Log10PFAS						
PFOS			↑	↑		↑
PFOA	↑ (1	↑		1	↑
PFHxS						
PFNA	1	1	↑	↑	↑	↑

Table 7.

Comparing maternal and child characteristics of participants included (n=161) and excluded (n=229) in the examination of prenatal POPs and reading ability at age 8 years, HOME Study^a

	Inc	luded	Exc	luded
	n	(%)	n	(%)
Maternal age, years				
<25	41	(25.5)	55	(24.1)
25-34	97	(60.3)	134	(58.8)
>35	23	(14.3)	39	(17.1)
Race/ethnicity				
Non-Hispanic White	96	(59.6)	141	(63.2)
Non-Hispanic Black and Others	65	(40.4)	82	(36.8)
Education				
High school or less	41	(25.5)	59	(26.5)
Some college or 2 year degree	46	(28.6)	47	(21.1)
Bachelor's	51	(31.7)	59	(26.5)
Graduate or professional	23	(14.3)	58	(26.0)
Parity				
Nulliparous	69	(42.9)	102	(45.1)
Primiparous	47	(29.2)	77	(34.1)
Multiparous	45	(28.0)	47	(20.8)
Mode of Delivery				
Vaginal	121	(75.2)	157	(68.9)
Cesarean	40	(24.8)	71	(31.1)
Breastfeeding current child				
No	29	(18.0)	42	(19.8)
Yes	132	(82.0)	170	(80.2)
Maternal Vitamin Use				
Daily	129	(80.1)	165	(74.0)
<daily< td=""><td>22</td><td>(13.7)</td><td>41</td><td>(18.4)</td></daily<>	22	(13.7)	41	(18.4)
Never	10	(6.2)	17	(7.6)
Maternal alcohol consumption				
Never	91	(56.5)	125	(56.1)
<1 per month	47	(29.2)	68	(30.5)
>1 per month	23	(14.3)	30	(13.5)
Maternal Smoking				
None	140	(87.0)	181	(79.4)
ETS	12	(7.5)	23	(10.1)
Active	9	(5.6)	24	(10.5)
Maternal BMI				
Underweight/Normal	61	(37.9)	104	(45.6)

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	Inc	Included		Excluded		
	n	(%)	n	(%)		
Overweight	59	(36.7)	69	(30.3)		
Obese	41	(25.5)	55	(24.1)		
Child Sex						
Male	68	(42.2)	114	(49.8)		
Female	93	(57.8)	115	(50.2)		
Marital Status						
Married	119	(73.9)	185	(83.0)		
Not Married	42	(26.1)	38	(17.0)		
	Mea	n (SD)	Mea	n (SD)		
Maternal Blood						
Lead ^b	0.7	(0.3)	0.8	3 (0.4)		
Maternal Serum						
DDT	3.1	(3.9)	4.0	(8.1)		
DDE	95.8	(188.3)	118.9	(207.4)		
BDE-28	1.7	1.7 (2.0)		(3.0)		
BDE-47	35.2	35.2 (49.3)		(103.4)		
BDE-99	8.4	8.4 (11.9)		(37.6)		
BDE-100	7.3	7.3 (11.6)		(18.0)		
BDE-153	10.6	10.6 (19.9)		(19.2)		
CB-74	3.2	3.2 (1.9)		(2.0)		
CB-99	3.3	3.3 (2.3)		(2.4)		
CB-118	6.0	6.0 (5.3)		(5.9)		
CB-138/158	9.7	9.7 (8.2)		5 (8.9)		
CB-153	13.5	(13.0)	14.9 (13.6			
CB-180	8.4	8.4 (9.9)		8.4 (9.9) 8.9 (7		(7.7)
ΣPCBs	53.4	53.4 (45.1) 52.		6 (39.4)		
PFOA	6.1	6.1 (3.8) 6.2 (2 (3.7)		
PFOS	13.	9 (7.9)	15.	0 (7.4)		
PFHxS	1.7	(1.4)	2.3	(3.4)		
PFNA	1.0	(0.4)	1.0	(0.4)		
Maternal IQ^{b}	105.	1 (14.7)	7) 108.4 (14.)			

Units: lead (µg/dL); OCPs, PBDEs and PCBs (ng/g lipid); PFAS (ng/mL) $\,$

^aPercentages may not add to 100% due to rounding.

 $^{b}_{p < 0.05}$