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Genetics of Cerebral Small Vessel Disease

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Introduction

Cerebral Small Vessel Disease (SVD) refers to the sum of all pathological processes that affect small vessels of the brain, including small arteries, arterioles, capillaries, and small veins¹, as well as their interactions with perivascular structures. As such, SVD is the underlying pathology responsible for manifestations that are both common and diverse. Stroke, the second-leading cause of death and acquired disability worldwide, can be attributed to SVD in up to 20% of ischemic strokes and the vast majority of hemorrhagic strokes. SVD is also the most frequent pathology underlying vascular cognitive impairment and dementia as well as age-related depression and gait deterioration². Finally, SVD associates with observable neuroimaging features such as cerebral white matter lesions, lacunes of presumed vascular origin, cerebral microbleeds (CMBs), dilated perivascular spaces, and total cerebral atrophy^{1,3}. The prognostic relevance of some of these neuroimaging biomarkers is well established, being associated not only with higher risk of stroke and dementia⁴ but also with a decline in the ability to carry out daily activities¹.

Genetic investigation of both rare familial SVD syndromes as well as complex sporadic latelife disease is a promising approach to understanding and discovering novel treatments for SVD. Cerebrovascular disease of all causes is a highly heritable trait. A family history of stroke is associated with a 3-fold increase in risk⁵, and two main manifestations of SVD, SVD-stroke and white matter lesions, are 16% and 50% heritable, respectively^{6,7}. Further, monogenic disorders constitute up to 5% of all strokes overall⁸, and CADASIL, the most common familial stroke disorder, has SVD as a core manifestation.

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We aim to provide the reader with an overview of the genes and corresponding biological pathways that have been found to be implicated in rare and common forms of SVD. We have elected to categorize the literature by gene or genetic locus rather than symptoms, signs, or syndromes to highlight their contributions to new insights about the pathogenic basis of SVD. We have grouped genetic associations with SVD into two broad mechanistic categories: arteriolosclerosis and amyloidosis.

Loci discovered for monogenic SVD: arteriolosclerosis-related

NOTCH3 (19p13):

Among monogenic SVD, Cerebral Autosomal Dominant Arteriopathy with Subcortical Ischemic Strokes and Leukoencephalopathy (CADASIL) is the most common, with a prevalence of approximately 5 per 100,000 in Northern England⁹. The clinical presentation is highly variable with a syndromic constellation that can include migraine, psychiatric disorders, cerebrovascular events, and progressive dementia⁹. Stroke and transient ischemic attack are the most frequently reported symptoms, present in 85% of symptomatic individuals with an average age of onset of 46 years. Although ischemic manifestations (usually presenting as lacunar syndromes) are the most common, cases of subcortical hemorrhage and cerebral microbleeds have also been described¹⁰. MRI changes are considered hallmarks of the disease, present in all individuals that have received the diagnosis. These consist of MRI-based white matter hyperintensities (WMH) with a symmetric and diffuse pattern involving periventricular areas and centrum semiovale. Involvement of the external capsule and anterior temporal lobes increases the suspect for the disease⁹. CADASIL results from mutations in the *NOTCH3* gene (19p13), which encodes a transmembrane receptor expressed on vascular smooth muscle cells and pericytes^{11,12}. The relation between *NOTCH3* mutations and vascular smooth muscle cell pathology is confirmed by the derangement and accumulation of granular osmophilic material in the microvasculature. The typical CADASIL causing mutation impacts the number of cysteine residues, leading to misfolding of the receptor. Up to 65% of mutations are clustered in exon 4 of the gene¹³, but they can extend throughout exons 2-24. Sequencing of these regions is the appropriate method to confirm the diagnosis in patients with suggestive clinical presentation. Mutations not involving a cysteine residue or leading to loss-of-function have uncertain causative pathogenicity and pathological evaluation of skin biopsy is warranted in these cases¹³. Recent efforts from the Exome Aggregation Consortium (ExAC) have also shown that "classical" CADASIL mutations are more frequent than what expected from disease prevalence, suggesting the possibility that most mutations may lead to a milder phenotype, clinically concealed¹⁴. However, a clear genotype-phenotype correlation has not been found so far.

Despite these well-characterized associations in monogenic disease, evidence from GWAS supporting the role of *NOTCH3* in sporadic SVD are lacking, with no recognized association between common *NOTCH3* variants and SVD manifestations¹⁵. Notably, a single GWAS study on WMH in healthy subjects did find associations between common variants on *EFEMP1* and higher WMH load¹⁶. The gene seems more involved in cell

survival through Notch signaling, which instead seems to be spared in CADASIL-causing mutations.

HTRA1 (10q26):

Following the characterization of CADASIL, an autosomal recessive cerebral arteriopathy with subcortical infarcts and leukoencephalopathy (CARASIL) has also been described. As the name implies, CARASIL bears some syndromic similarities with CADASIL but is transmitted following an autosomal recessive pattern. Clinical description of disease is based on a few cases, mostly of Japanese origin¹⁷. Compared to CADASIL, cognitive decline begins even earlier, and migraine is not common. In addition, gait disturbance (usually slowly progressive spasticity in the lower extremities), low back pain (spondylosis deformans) and alopecia are the most characteristic features. *HTRA1* is the gene mutated in the disease and its product is a serine protease involved in repression of transforming growth factor- β (TGF- β) signaling¹⁸.

A recent study found that common variants in the gene were associated with increased risk for SVD-stroke stroke¹⁹. Although these findings may suggest the involvement of the *HTRA1* also in the pathogenesis of sporadic SVD, the associations did not reach threshold for genome-wide significance.

Together, these studies have contributed to the "matrisome" hypothesis of the pathogenesis of SVD^{20} . The matrisome is comprised of proteins involved in processes that maintain tissue homeostasis. It has been proposed that agglomerations of defective NOTCH3 ectodomains lead to rearrangements in key proteins of the matrisome (such as tissue inhibitor of metalloproteinase 3 (TIMP 3) and vitronectin), and that *HTRA1* mutations impair TGF- β 1 signaling with an overall effect on pericyte proliferation and protein accumulation in vessel wall, metalloproteinase activity, blood brain barrier permeability and dysfunctional cerebral blood flow^{20,21}.

For completeness, we cited here another genetically determined form of microangiopathy with ischemic and hemorrhagic strokes, cognitive deterioration, and leukoencephalopathy on MRI scanning: cathepsin A-related arteriopathy with strokes and leukoencephalopathy (CARASAL)²².

a-GAL (Xq22):

Anderson-Fabry (a.k.a. Fabry) Disease is caused by insufficient activity of the enzyme alpha-galactosidase A (*a-GAL*) with subsequent accumulation of glycosphingolipids (mainly globotriaosylceramid and galactosylceramide) in multiple tissues. Given the pleiotropic manifestations of the disease, prevalence varies in specific at-risk populations compared to the general public. For example, in patients presenting with cryptogenic ischemic stroke and aged 18 to 55 years, 0.5% were found to carry a α -GAL mutation²³.

The classical presentation involves childhood neuropathy (including burning pain in the extremities and hypohydrosis), gastrointestinal symptoms (most commonly nausea, abdominal pain, and postprandial diarrhea), corneal opacities, hearing loss, and angiokeratoma²⁴. Stroke may result from either cardioembolism or direct vessel

involvement. Deposits of sphingolipids in vascular endothelia and smooth muscle cause vessel stenosis, occlusion, and dilation with a demonstrated change in regional cerebral perfusion²⁴. Up to 14% of known disease-causing carriers present with a late-onset phenotype. With advancing age and progression of glycosphingolipid accumulation, renal failure, heart disease and cerebrovascular disease manifest more prominently²⁴. Patients with Fabry disease have a 5.5–12.2-fold increased risk of stroke compared to the general population and have a mean age at first stroke of approximately 40 years. Most patients suffer from ischemic strokes, both of small and large vessel subtypes, but intracerebral hemorrhage (ICH) has also been described²⁵. Finally, a high burden of white matter lesions is frequently seen on MRI scans of patient's with Fabry disease, far in excess of agematched peers²⁶.

Fabry disease is inherited in an X-linked pattern. Symptoms present earlier and are more severe in men, but up to 70% of women who have one altered copy of α -GAL also experience many of the classic features of the disorder. Several mutations (mostly missense or nonsense mutations) involving in the α -GAL gene have been reported, and while exon 7 contains ~22% of them, no clear enriched region for disease-causing mutations has been described²⁷. Enzymatic analysis performed by using plasma or leukocytes may show a deficiency of α -GAL in males and may be normal in female (heterozygote) patients. Confirmation by molecular genetic testing remains the gold-standard.

COL4A1 and COL4A2 (13q34):

Type IV collagen is a component of basement membranes in blood vessels in virtually all tissues throughout the body. It provides the substrate for basement membrane to interact with nearby cells, and plays a role in cell migration, proliferation, differentiation and angiogenesis. There are six human genes associated with collagen IV (*COL4A1-A6*). The collagen IV expressed in vascular basement membrane is a heterotrimer made from the combination of the transcribed products of *COL4A1* and *COL4A2*. Mutations in these genes are associated with small vessel disease in various organs, and penetrance is estimated to be nearly 100%²⁸.

Manifestations of *COL4A1* mutations range from rare classical syndromes with multiple highly-specific features to more common-appearing end organ events such as ICH. In general, clinical manifestations of *COL4A1* mutations occur in four domains: ocular, renal, muscle, and cerebral manifestations.

Cerebral SVD is described in more than half of individuals with *COL4A1* mutations. Essentially all established neuroradiologic markers of SVD have been reported: WMH affecting periventricular, subcortical and pontine regions usually bilateral and symmetrical with sparing of the temporal and occipital lobes and arcuate fibers; dilated perivascular spaces; lacunar infarcts; and microbleeds in both deep and lobar locations²⁹. WMH, present in up to 63.5% of patients in a study with a mean age at MRI of 30 years, are the most common manifestation³⁰. The second most common is stroke, specifically ICH but also ischemic. Both mouse experiments and clinical observation have linked *COL4A1* mutations to trauma-related ICH, suggesting that triggering events (such as birth or later head trauma)

result in recurrent intracerebral hemorrhages (ICH) in both young and old subjects with mutations²⁹⁻³¹.

One additional cerebral SVD-specific *COL4A1* syndrome, Pontine autosomal dominant microangiopathy and leukoencephalopathy (PADMAL), results from a slightly different pathogenic mechanism³². The causative mutation in the 3' untranslated region (3'UTR) of *COL4A1* alters a microRNA binding site and results in an over-expression of the gene, rather than a defect in protein folding. Patients with PADMAL present with dysarthria, ataxia, and stroke, as well as mood disturbance and dementia. As underlined by the name, the hallmark of the disease is involvement of the pons in all those affected. The definite diagnosis of a COL4A1-related disorder is made in a proband with suggestive findings and identification of a heterozygous pathogenic variant via sequence analysis of the gene.

More recently, large-scale genetic association studies have lent support to the hypothesis that variation in collagen type IV genes extends beyond rare Mendelian diseases. Two studies have identified common variants in *COL4A2* in association with lacunar ischemic stroke and deep ICH²⁰⁻³³. Further, a meta-analysis of combined healthy and stroke participants identified a common variant in COL4A2 in association with WMH burden⁷.

Most mutations associated with syndromic presentations impact α-helix domains, which are necessary for trimerization into collagen IV. Failure of this process leads to intra- and extracellular accumulation of defective collagen with consequent structural instability of basement membranes²⁸⁻³⁴, loss of vessel wall integrity, and increased BBB permeability³⁵. ER stress and activation of the unfolded protein response due to the high levels of misfolded collagen have been uncovered as additional cytotoxic ramifications that likely contribute to disease²⁸. In contrast, variants discovered in association with sporadic SVD have thus far been intronic in nature, and the mechanisms through which they contribute to disease remain unclear^{20,33}.

FOXC1 and FOXF2 (6p25):

Mutations in the Forkhead Box C1(*FOXC1*) gene lead to a clinical picture similar to *COL4A1* mutations with ischemic strokes and cerebral SVD with ocular involvement. The latter is represented by anterior segment abnormalities, which can coexist with other dysmorphisms in the Axenfeld-Rieger Syndrome (ARS). Classical neuroimaging features of SVD are present with WMH and lacunar infarcts of very early onset. Patients with missense and nonsense mutations of *FOXC1* were found to have all the neuroimaging spectrum of SVD. *FOXC1* is highly expressed in brain pericytes that are critical components of the BBB, and expression of the gene is crucial for endothelial cell proliferation and blood vessel stability³⁶.

Additional evidence of the role of this gene in SVD comes from GWAS data examining *FOXC1* in 9,361 stroke-free subjects³⁶. In this study, three single nucleotide polymorphism (SNPs), all of which influence *FOXC1* transcript levels, were found to be associated with WMH burden. *FOXF2*, a paralogue of *FOXC1*, has also been identified in a GWAS of small-vessel stroke risk³⁷. The pathogenic pathway that links *FOXC1/FOXF2* genes to SVD may also include the *PITX2* (pituitary homeobox 2) gene, a developmental transcription factor

expressed in the neural crest³⁶. *PITX2* physically interacts with *FOXC1*, and variants in this gene are associated with increased risk for WMH. *PITX2* is well known for its strong associations with atrial fibrillation and cardioembolic stroke risk³⁶, and this linked pathway with FOXC1 could implicate a shared mechanism between these seemingly disparate etiopathology stroke mechanisms.

TREX1(3p21):

Retinal vasculopathy with cerebral leukodystrophy-like syndromes (RVCL) is a term that encompasses at least three previously described syndromes: cerebro-retinal vasculopathy (CRV), hereditary vascular retinopathy (HRV) and hereditary endotheliopathy with retinopathy, nephropathy, and stroke (HERNS). These syndromes share involvement of the retinal vasculature together with variable SVD features and nonuniform organ involvement with autoimmune features including systemic lupus³⁸. Patients from these groups have all exhibited C-terminal frame-shift mutations in *TREX1* (3p21), which encodes for a DNA exonuclease. Mutations in *TREX1* lead to impairment in the apoptosis and interferon pathways³⁹. RVCL patients exhibit the full spectrum of cerebral SVD with thickened vascular basement membrane and fibrinoid vascular necrosis. Neuroimaging demonstrates WMH, usually with punctate features, as well as ring-enhancing lesions that relapse and remit with time, and white matter calcifications. Neurological symptoms are less specific and include focal neurological deficits, migraine, cognitive impairment, psychiatric disturbances, and seizures³⁸.

Loci discovered for monogenic SVD: amyloid-related

The genes highlighted so far contribute to biological pathways that lead to the pathological arteriosclerotic changes of SVD. The other predominant pathological variant of SVD is cerebral amyloid angiopathy (CAA). This term summarizes the features characterized by deposition of amyloid fibrils in cortical and leptomeningeal arterioles and arteries. Both A β and non-A β cerebral amyloid angiopathy are found in ICH¹.

APP (21q21):

Mutations in the amyloid precursor protein gene (*APP*) gene lead to the Hereditary Cerebral Hemorrhage With Amyloidosis (HCHWA) syndrome⁴⁰. Impairment in gene function results in classical CAA pathology, with deposition of misfolded amyloid fibrils in the walls of cerebral arterioles. The clinical phenotype is characterized by development of lobar ICH, usually between ages 45 and 65, with neuroimaging variably revealing WMH, superficial siderosis, and multifocal lesions of both hemorrhagic and ischemic nature.

No variants in *APP* were found in a small sample of sporadic CAA-related ICH⁴¹ and published lobar ICH GWAS have not identified genome-wide associations for common variants at APP^{42} .

Loci discovered for sporadic SVD

Cerebral SVD is influenced by genetic and non-genetic exposures. Early epidemiological observations between family history and risk of stroke⁴³ have been reinforced by large-scale

genetic studies that have identified novel genes and potential mechanisms involved in SVD pathogenesis. Here we review the additional loci highlighted by the latest GWAS on three clinical manifestations and one neuroimaging features that are commonly used as markers of SVD, including SVD ischemic stroke, ICH, vascular dementia and WMH. GWAS loci do not automatically map onto specific genes, and so additional research will be needed to refine signals and identify which specific gene or genes at each location are responsible for the statistical association between variants and traits (Table 1). As such, we have categorized these associations by chromosome and genetic location rather than by nearby genes.

Loci implicated in arteriolosclerosis-related SVD

SVD Ischemic stroke: The latest and largest GWAS of stroke has arisen from the MEGASTROKE collaboration, leveraging 67,162 stroke cases and 454,450 controls recruited from sites worldwide⁶. This study has reinforced the idea that most associations between variants and stroke risk are restricted to a specific etiological stroke subtype. In analyses restricted to SVD-stroke following standard subtyping criteria⁴⁶, MEGASTROKE reported associations with two loci at 16q24 and 2q33.

16q24: This locus was previously identified as associated with SVD stroke and other cerebral SVD-related phenotypes such as WMH⁴⁵. Gene-expression studies suggest that the lead variant driving this association impacts the expression levels of the nearby *ZCCHC14* gene in vascular cells, possibly through an effect on methylation. *ZCCHC14* encodes a zinc-finger protein with roles in in nucleic acid binding and regulation of DNA transcription⁴⁵. Its precise role in SVD remains unknown.

2q33: This region is known to be highly pleiotropic and has been found to be associated with SVD-stroke as well as WMH burden (see below)^{6,7}. Two of the genes implicated in driving this signal are *WDR12* and *ICA1L*. *WDR12* encodes the WD repeat domain 12 gene, a key component of the ribosome complex. Although the gene was first highlighted in GWAS of coronary artery disease⁴⁷, a recent meta-analysis failed to link variants in the gene with carotid intima-media thickness⁴⁸. Leading SVD-associated SNPs in *WDR12* may also exert their biological effect through the *ICA1L* (Islet Cell Autoantigen 1 Like) gene, as they appear to mediate expression of this gene in frontal cortex⁴⁹.

14q22: This locus was identified through MEGASTROKE analyses of variants with low allele frequency (<5%), which revealed an excess of such variants at 14q22 in participants with large-artery as well as SVD stroke⁵⁰. The *GCH1* gene (GTP cyclohydrolase 1) maps onto this locus but does not reach genome-wide significance in the standard GWAS. Nevertheless, this finding does raise interest in a novel pathway involved in tetrahydrobiopterin synthesis, which may lead to stroke via alterations in the nitric oxide signaling that requires this cofactor.

12q24: This locus was initially found to be associated with all ischemic stroke but not with any specific subtype³⁷. A more recent effort has since shown that the effect of variants at 12q24 is strongest for SVD strokes³⁷. Which gene among the several encoded at this locus is driving the observed association is uncertain, but fine-mapping analyses and testing of

variants with predicted protein-damaging results have raised evidence that the *SH2B3* gene may be the culprit⁶. *SH2B3* is involved in a range of signaling activities for growth factor and cytokine receptors and has previously been associated with coronary artery disease, endothelial cell migration, and atherosclerosis⁶. These findings align with established evidence linking shared genetic influence between large artery atherosclerosis and SVD strokes¹, and support a shared biological mechanism for atherosclerotic and arteriolosclerotic processes.

SVD-stroke is affected by higher disease heterogeneity compared to the other etiological stroke subtypes. This has led to an overdiagnosis and consequently a deflated heritability of SVD-stroke⁵¹. A better understanding of the genetic architecture of this complex disease can be achieved with a more detailed phenotyping of cases, for instance with neuroimaging⁵¹.

White matter hyperintensity—White matter hyperintensities are commonly defined as bilateral, typically symmetrical MRI signal abnormality on T2-weighted sequences³. Given the repeatedly demonstrated overlap between WMH and other more overt manifestations of cerebral SVD, they are considered a reliable biomarker⁴. GWAS of this trait have been performed within stroke as well as stroke-free populations, amid concern that WMH appearing in the presence of stroke may be pathogenically distinct from that which occurs in the aging non-stroke population.

<u>17q25 locus:</u> The 17q25 locus was identified in association with WMH burden in strokefree populations⁵². Among these, *ACOX1* (acyl-coenzyme A oxidase 1) and *UNC13D* (Unc-13 Homolog D) are also involved in adrenoleukodystrophy, a rare genetic disease characterized by the breakdown or loss of myelin. This observation reinforces the importance of these genes in the biology of cerebral white matter. Additionally, *ACOX1* is a key enzyme of the fatty acid beta-oxidation pathway. Involvement of the phosphorylation cascade in the pathogenesis of WMH is further supported by previously observed genetic associations between WMH burden and variants within the mitochondrial genome⁵³. *TRIM65 and TRIM47* (tripartite motif-containing genes) and *WBP2* (WW domain binding protein 2 gene) are also mapped on this region and have been confirmed in a separate study¹⁷. Proteins encoded by these genes are involved in a broad range of biological processes including apoptosis and transcription regulation.

<u>6q25</u>: This locus was discovered in a recent GWAS that included both stroke-affected and stroke-free individuals, for a total of 11,226 cases⁵⁴. *PLEKHG1* maps on this locus and is part of a family of Rho guanine nucleotide exchange factors. The protein encoded by *PLEKHG1* has an intriguing role in the reorientation of cells in the vascular endothelium, suggesting that disruption responses to mechanical stress in endothelial cells may be involved in the formation of white matter lesions. The leading SNP associated with WMH at 6q25 has also been found increase SVD stroke risk by almost $10\%^{54}$.

<u>2p16</u>: This region was first identified in a large GWAS of WMH¹⁷, and subsequently independently validated⁵⁴. 2p16 contains the *EFEMP1* gene, which encodes for an extracellular matrix glycoprotein that has effects on vessel development and matrix metalloproteinase activity. These findings further support the role of the matrisome (see

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above) in the pathogenesis of SVD. *EFEMP1* is also uniquely upregulated in gliomas and exerts at least some of its function through Notch3 signaling, highlighting once again the shared pathologic processes in sporadic and familial SVD.

<u>5q14</u>: Common variants at 5q14 have been found in association with decreased white matter structural integrity as quantified via advanced neuroimaging techniques². Among the several genes that map onto this locus, the leading target of interest has been *VCAN* (Versican), which encodes for the homonym extracellular matrix proteoglycan. Involvement of *VCAN* bolsters the hypothesis of the matrisome's role in SVD pathogenesis, while simultaneously illustrating the utility of innovative biomarkers in GWAS of cerebral SVD.

Intracerebral hemorrhage—Non-traumatic ICH can be broadly divided into two categories, depending on the region of the bleeding: lobar (cerebral cortex with or without involvement of subcortical white matter) and non-lobar (basal ganglia, thalamus, cerebellum and brainstem).

<u>1q22</u>: GWAS for non-lobar ICH, classically considered to be hypertensive in nature and related to arteriolosclerotic risk factors rather than amyloid-related processes, have identified novel associations at $1q22^{42}$. Two genes map on this region. The first, *PMF1*, encodes Polyamine Modulated Factor 1 which is a key coactivator of DNA-transcription. The second, *SLC25A44*, encodes for Solute Carrier Family 25 Member 44, which is part of a family of mitochondrial carrier proteins. Whether one or both of these genes are involved in the pathogenesis of ICH, and the mechanism through which these genes may drive the development of SVD remains unclear. The locus has apparent pleiotropic associations with both WMH as well as all-cause ischemic stroke^{16,37}.

Additionally, recapitulating the epidemiologic association between non-lobar ICH and hypertension, a polygenic risk score for hypertension severity has also been shown to predict risk of non-lobar ICH⁵⁵. While this finding provides evidence for a direct causal link between hypertension and non-lobar ICH, it does not in itself provide novel insights into unappreciated disease mechanisms.

Vascular dementia—Though SVD is implicated in up to 45% of dementia², only one vascular dementia GWAS has been conducted to date. Using data from the population-based Rotterdam Study, a locus located on the X chromosome, close to the nuclear receptor for androgen (*AR*) gene (Xq12), was found to be associated with incident vascular dementia². This locus has not yet been replicated in other studies.

Beyond incident vascular dementia risk, a polygenic risk score developed in association with SVD stroke has been found to correlate with general cognitive abilities in adulthood, suggesting a shared genetic contribution to SVD and adult cognition⁵⁶. Furthermore, Alzheimer's Disease (AD) and SVD stroke have been found to exhibit shared genetic contributions⁵⁷, perhaps reflecting a co-contribution of genetic risk factors to commonly-encountered late-onset AD patients who share risk factors for both traits. Although a GWAS of neuropathological features showed that loci conferring risk for clinically-defined AD did not impact vascular brain injury phenotypes⁵⁸, meta-analysis of AD and SVD stroke have

identified an association at 17q25 near *ATP5H* (ATP Synthase Peripheral Stalk Subunit D). This gene codes for the mitochondrial adenosine triphosphate synthase that catalyzes mitochondrial ATP synthesis. These associations are supportive of the lipid transport pathway as likely mechanism shared among these traits⁵⁷.

Loci implicated in amyloid-related SVD

Intracerebral hemorrhage:

APOE ε (19q13): APOE ε ² and ε ⁴ alleles represent the most powerful genetic risk factor for CAA-related ICH, and its effect size remains among the largest for any common allele on a sporadic human trait. The e4 allele is also a potent genetic risk factor for Alzheimer's Disease (AD). APOE epsilon alleles are a haplotype of two common variants, rs7412 and rs429358, which taken together define the epsilon allele status. Until recently, genome-wide genotyping arrays and imputation schema did not allow for the accurate capture of these two variants, and so published GWAS of CAA-related ICH have not demonstrated a signal in the APOE region⁴². Rather, dedicated studies of APOE have relied on direct genotyping of the APOE epsilon allele-defining variants and have demonstrated a strong and well-replicated signal^{44,59}. The differential mechanisms predisposing to parenchymal (AD) vs. vascular (CAA) localization of amyloid protein remains an active area of investigation. Beyond CAA, preliminary evidence suggests that APOE is also involved in arteriolosclerosis, providing a potential bridge between the pathophysiologic mechanisms described herein. In a metaanalysis combining general and high-risk populations, carriers of APOE \varepsilon 2 and/or \varepsilon 4 were found to have increased WMH load, consistent with a role in arteriolosclerosis in addition to established amyloid-related processes⁶⁰. Given the limited sensitivity and specificity, tests for APOE alleles are not indicated as screening or diagnostic procedures.

Mechanisms in Sporadic Small Vessel Disease

Dedicated post-GWAS studies are needed to functionally characterize the variants outline above in order to reliably identify the genes through which they exert their effects and link those effects to endophenotypes and biomarkers. Studies on hereditary forms of SVD and emerging associations in sporadic disease highlight possible pathological thematic pathways for non-amyloidogenic SVD (Figure 1). Orthogonal research approaches in model systems have converged on similar themes, and future research will increasingly rely on multidisciplinary approaches to functionally characterize genetic mechanisms of disease.

Collagen dysfunction:

Genetic mutations that alter the conformation of the chain of collagen lead to impaired deposition of collagen in vessel walls. This, in turn, results in weakening of basement membranes, loss of vessel wall integrity and increased BBB permeability³⁵. The discovery that common variants in *COL4A1/2* are associated with sporadic manifestations SVD²⁰, reinforces the hypothesis of this pathway in SVD.

Vessel integrity and the BBB:

Studies on *FOXC1* have suggested that impairment in BBB development and integrity may lead to the SVD spectrum. The gene is expressed in brain pericytes that are critical

components of the BBB and is crucial for endothelial cell proliferation and blood vessel stability³⁶. Mutations in the gene lead to the syndromic manifestations with SVD pathology and there are SNPs in the gene that are risk factor for SVD stroke and WMH³⁶. These results suggest that an impairment of the BBB may be a key component of the SVD pathogenesis.

Matrisome:

Thanks to genetic characterization of *NOTCH3*, the matrisome's role in disease has arisen to prominence, involving agglomerations of defective NOTCH3 ectodomain leading to derangements in tissue inhibitor of metalloproteinase 3 (TIMP 3) and vitronectin activity, with protein accumulation in vessel wall and dysfunctional cerebral blood flow²². Another protein that was found to aggregate with NOTCH3 is latent TGF-beta binding protein 1 (LTBP-1). This protein and its role in the pathway towards the vessel wall fibrosis is also suggested from the studies on CARASIL that showed that *HTRA1* mutations impair transforming growth factor beta 1 (TGF- β 1) signaling with effects on pericyte proliferation, metalloproteinase, blood brain barrier permeability²¹. Evidence from GWAS that support the role of *NOTCH3* in SVD manifestation is debatable with few underpowered studies that failed to find an association between common variants and SVD manifestations¹⁵.

Future Directions

Clarifying the genetic basis for SVD carries the potential for new treatments for cerebrovascular disease, which, given the high prevalence of SVD in the population, could have an enormous impact on stroke prevention and healthy aging. Because cerebral small vessel tissue is largely inaccessible for direct study in living humans, the human genetic approach is a crucial way to derive information on the processes that lead to disease and its clinical ramifications.

Incorporating the results of these genetic studies into an improved working model of SVD pathogenesis and progression requires a series of steps from initial statistical associations to testing in functional model systems. In the near term, genetic associations may also impact risk stratification or even patient selection for clinical trials through application of polygenic risk scores (PRS) or testing of specific high-impact variants such as *APOE* e4. In PRS, the small effects of many genetic variants across the genome are summed into an individualized score that reflects the cumulative genetic risk of a disease or trait. PRS have been shown to provide orthogonal information to identify individuals at highest risk for sporadic myocardial infarction⁶¹ at effect sizes that rival those for monogenic diseases. A similar polygenic risk approach may ultimately prove effective in modeling SVD, identifying subsets of individuals at highest risk for SVD stroke or ICH.

The inclusion of diverse ancestral backgrounds will be crucial to better understand the genetic architecture of complex diseases in general, to identify variants that may exert effects within specific racial or ethnic populations, and to improve our ability to map variants to genes through trans-ethnic fine mapping, which leverages differences in genetic linkage between diverse populations to refine the search for causal variants. Diverse

ancestries are also critical to developing clinically useful genetic tests whose results are interpretable for all patients rather than only specific well-represented populations.

Human genetics has identified key genes and pathways involved in the pathogenesis and progression of cerebral SVD. While important diagnostically in some cases, studies examining the genetic foundations of disease can also lead to the identification of novel therapeutic targets, predict potential adverse effects to specific treatments, and stratify individualized risk. As proof of concept potentially valid for other monogenic disorders, the discovery of the Notch3 signaling pathways in CADASIL has led to novel promising therapeutic strategies aimed to silence the mutated Notch3, such as short hairpin RNA use and cysteine-corrective *NOTCH3* exon skipping⁶².

Continued effort in this field holds great promise for improving the care of cerebral SVD in all its forms for the ultimate benefit of patients at risk for, or affected by, the disease.

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Figure 1:

Overview of pathological mechanisms that may be involved in cerebral small vessel disease (CSVD). Collagen dysfunction, distruption of vessel integrity, dissarangement of matrisome and increased permeability of blood brain barriers have been linked to genes and to macrosopic manifestations of CSVD, both in genetic epidemiology and studies on familial forms of the disease. The background color of genes and loci enlisted corresponds to at least one of the macroscopic manifestations of CSVD.

Table 1:

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Summary of established loci associated with SVD manifestations and their source of discovery

Genes and selected reference	Evidence from Mendelian and/or sporadic SVD manifestations	SVD manifestations	OR (95% CI) for the risk allele of the top SNP derived from GWAS
NOTCH3(19p13) ⁹	Mendelian disease	WMH, ischemic stroke, ICH	
HTRA1(10q26) ²⁰	both	MMH	
		Ischemic stroke	1.23(1.10–1.37)
a-GAL (Xq22) ²⁴	Mendelian disease	Ischemic stroke	
COL4A1/ COL4A2 (13q34) ²⁰	both	ICH	1.21(1.07–1.37)
		Ischemic stroke	1.17(1.11–1.24)
		ММН	1.09(1.04–1.15)
FOXC/FOXF2 (6p25) ³⁶	both	Ischemic stroke	1.08(1.02-1.14)
		ММН	
TREX1 (3p21) ³⁹	Mendelian disease	Ischemic stroke, WMH	
APP (21q21) ⁴⁰	Mendelian disease	ICH	
APOE e (19q13) ⁴⁴	both	ICH	1.51(1.23-1.85)
		WMH	1.63(1.004-2.64)
ZCCHC14 (16q24) ⁴⁵	sporadic disease	Stroke	1.16(1.10-1.22)
		WMH	1.10(1.05 - 1.16)
WDR12/ICA1L (2q33) ⁶	sporadic disease	Stroke	
		WMH	1.10(1.03–1.18)
PMF (11q22) ^{7,42}	sporadic disease	ICH	1.44(1.27–1.64)
		HMW	1.06(1.01 - 1.12)