

THE ROLE OF HIGH FOLLICULAR LEVELS OF ANGIOTENSIN II AND VASCULAR ENDOTHELIAL GROWTH FACTOR IN ANTICIPATING THE DEVELOPMENT OF SEVERE OVARIAN HYPERSTIMULATION SYNDROME IN PATIENTS WITH PROPHYLACTIC CABERGOLINE THERAPY UNDERGOING AN *IN VITRO* FERTILIZATION PROCEDURE

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Abstract

Background and aims. Severe Ovarian Hyperstimulation Syndrome (OHSS) forms with very aggressive clinical evolution are still common, despite prophylactic measures. Besides the Vascular Endothelial Growth Factor (VEGF), there are other angiogenic factors, like Renin-Angiotensin-Aldosterone System (RAS), that might be associated with this disorder. Our study aims to evaluate the role of VEGF and Angiotensin II (ANG II) in the development of early severe OHSS, in high risk patients under prophylactic Cabergoline therapy.

Material and Methods. We recruited 192 patients undergoing *in vitro* fertilization (IVF) procedures with high risk for OHSS development. Out of these, 106 patients with OHSS were enrolled in the study, of which 28 subjects had a severe form of disease (group I), and 78 patients had a mild/moderate form (group II). We collected blood and follicular fluid from our study participants and determined serum and follicular VEGF and ANG II levels using Enzyme-Linked Immunosorbent Assay (ELISA) technique.

Results. Follicular VEGF, ANG II, and serum VEGF levels were significantly higher in group I *versus* group II. Serum VEGF titers were 645.97 *versus* 548.62 ($p = 0.0008$), follicular VEGF titers were 2919.52 *versus* 1093.68 ($p < 0.0001$), and follicular ANG II levels were 281.64 *versus* 65.76 ($p < 0.0001$). No significant differences have been shown between the two groups for serum ANG II levels.

Conclusion. Our study results provide evidence of a OHSS phenotype that is more prone to undergo severe clinical forms of disease, despite treatments with VEGF receptor blockers, and show that ANG II appears to play a major role alongside VEGF, in the development of these severe forms of disease.

Key words: Ovarian Hyperstimulation Syndrome; Vascular endothelial growth factor; Angiotensin, Cabergoline.

INTRODUCTION

The ovarian hyperstimulation syndrome (OHSS) is defined by a massive enlargement of the ovaries (stromal edema, luteum follicular cysts, necrotic focal areas, neo-vascularization), associated with acute, massive fluid transfer from the vascular sector to the third space, on account of the increased peritoneal capillaries permeability. It is a iatrogenic induced condition and it may have severe complications that can even lead to the patient's death. The use of Gonadotrophin Releasing Hormone (GnRh) antagonist protocol over GnRh agonists (AgGnRh) protocol, triggering ovulation with GnRH agonists and using the VEGF receptor blockers (Cabergoline), have greatly lowered the risk of complications (1,2). However, severe OHSS forms still occur and pose serious problems to practitioners in terms of finding the best therapeutic approach for these very aggressive forms of disease.

Previous studies have indicated that the major role in the OHSS pathogenesis is played by the alteration of vascular permeability induced by the Human Chorionic Gonadotropin (hCG), which is leading to massive fluid passage into the peritoneal cavity. Numerous vasoactive factors are involved in this process, such as: angiopoietin fibroblast growth factor, hypoxia inducible factor, plasminogen activator, platelet-derived growth factor, protein kinase transforming growth factor- β , VEGF receptor, urokinase-type plasminogen activator, ANG II, as well as other cytokines involved in angiogenesis (3,4). The VEGF involvement in the development of OHSS has been previously studied and is well documented. Thus, previous studies have reported increased serum VEGF levels in OHSS patients (5), increased VEGF

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production of granulosa cells after hCG stimulation (6), increased expression of peritoneal VEGF receptors after hCG stimulation (7). The peak VEGF-2 receptor expression was associated with a maximum increase in vascular permeability and the use of coasting (withholding the administration of FSH until estrogen levels decrease), led to a reduced expression of these receptors (8). Furthermore, the molecular mechanism through which the VEGF interferes with the remodeling of vascular endothelial cell junctions was previously described (9). The initiation of VEGF receptor blocker treatment (Cabergoline) greatly reduced the incidence of OHSS (10,11). However, there are disease forms where treatment is still ineffective, thus we assume that the pathogenetic equation of OHSS may include some other factors, which may enhance the classic pathogenetic pathways, or may indicate new ones.

The Renin-Angiotensin System (RAS) is a hormone system playing major roles in controlling blood pressure and body fluid and electrolyte homeostasis. However, recent research suggests this system has consistent involvement in local processes including angiogenesis, fibrogenesis, and cellular proliferation. The complexity of the process is further increased by a great number of intermediate products proved to be biologically active (12). At the ovarian level the RAS acts via a specific local pathway, the Ovarian Renin-Angiotensin System (OVRAS), controlling the angiogenic, steroidogenic and apoptotic processes (13). The arguments to underlying RAS involvement, especially angiotensin II, at the ovarian site are diverse. Thus, messenger ribonucleic acid (mRNA) of the ANG II receptor was found in theca cells (14), while mRNA for Angiotensin I (ANG I) receptor was detected in granulosa and theca cells, or primary oocytes (15). Changes in the ANG I/ANG II receptors ratio were associated with follicular atresia or with the response to ovarian stimulation (16). The involvement of ANG II in the steroidogenesis processes was documented by the dose-dependent progesterone increase in hCG stimulated - human granulosa cell cultures, following ANG II administration (16). Moreover, previous research has indicated that the follicular fluid from patients undergoing IVF procedures contains increased levels of renin and angiotensin (ANG) (17).

This research study aims to evaluate the role of angiogenic factors VEGF and ANG II in the development of early severe OHSS in high risk patients under prophylactic VEGF receptor blockers therapy (Cabergoline).

MATERIAL AND METHODS

Study design and population sample

Within the Assisted Reproduction Department of the Obstetrics and Gynecology Clinic 1 (Cluj-Napoca, Romania), we conducted a panel study, between January 2016 and June 2018. All patients enrolled in the study provided written informed consent, prior to study participation and the research protocol was approved by the "Iuliu Hatieganu" University of Medicine Ethics Committee (Institutional Review Board (IRB), approval no. 221/10.05.2016).

We recruited patients undergoing IVF procedures who had clinical symptoms and biochemical tests results indicating a high risk for OHSS development. Patients were eligible for participation in the study if they had: 1) a plasma estradiol level above 3500 pg/mL on the day of hCG administration; and/or 2) developed 25 or more follicles larger than 14 mm in diameter; 3) more than 24 oocytes at pick-up; 4) symptoms such as nausea/vomiting or abdominal pain in the day of oocytes pick-up, or ascites. The criteria used for assigning patients to mild/moderate/severe OHSS were based on guidelines provided by the American Society for Reproductive Medicine (ASRM) (1). Patients less than 25 years old or over 37 years, with a body mass index (BMI) above 30 kg/m², were not eligible for participation in the study. We decided to exclude obese patients from the study group due to the inhomogeneity of the protocol related to increased dose requirements.

We initially identified 306 patients with high risk of developing OHSS; 114 patients (out of 306) did not participate in the study, either because they were not eligible (12 patients with PCOS under 25 years, 57 patients older than 37 years and 7 obese patients), or because they refused to participate (38 patients). Out of the 192 recruited study participants, 86 patients did not develop OHSS and were excluded from the study, while 106 patients who developed OHSS were divided into two groups: group I, comprising 28 patients with severe forms of disease, and group II comprising 78 patients with mild/moderate forms of disease (Fig. 1).

In group I, we included patients with severe signs and symptoms, such as: abdominal pain, persistent vomiting, oliguria, severe dyspnea, ascites, rapid weight gain (>1 kg in 24 h), severe hemoconcentration (hematocrit >55%), leucocyte count >25,000/mL, serum creatinine >1.6 mg/dL, Na <135 mEq/L, K >5 mEq/L, elevated liver enzymes, while in group II, we included patients with mild/moderate signs and

symptoms, such as: mild abdominal discomfort, and/or mild nausea/vomiting and diarrhea, mild dyspnea and/or enlarged ovaries >6 cm, and/or ascites visible on ultrasound, and or hemoconcentration (hematocrit >41), or elevated leucocyte count (>15,000/mL). The criteria for the severity of OHSS were based on the guidelines provided by the ASRM, adapted after Navot *et al.*, 1992 (1). In the selected study participants, prophylactic treatment with 0.5 mg Cabergoline for 7 days was started at the time of hCG administration.

OHSS treatment was adjusted according to the severity of each case and consisted in: volumetric rebalancing, administration of analgesics, antiemetics, prophylactic anticoagulation therapy, administration of albumin and, as a last therapeutic solution, culdocentesis.

Ovarian stimulation protocols, oocytes retrieval and embryo transfer

The starting gonadotrophin doses (urinary/recombinant FSH) were adjusted according to patient age, BMI, Antimullerian hormone (AMH) level, and previous IVF procedures. Patients received AgGnRh (Triptoreline, 0.1 mg) for down regulation in a long protocol, or Cetrorelix (Cetrotide, 0.25 mg or Orgalutran, 0.25 mg) in an antagonist protocol. Follicle sizes were evaluated on successive ultrasound examinations. At the time when three ovarian follicles larger than 17 mm were identified, hCG (Ovitrelle, 250 µg) was administered to enhance final oocyte maturation. At this point, patients eligible for the study received Cabergoline 0.5 mg daily for 7 days. Oocytes retrieval was performed at 34–38 h after hCG administration. The embryo transfer was performed on day three or five from oocytes retrieval, 1 to 3 embryos were transferred, and the remaining embryos were frozen. To provide the luteal phase support, progesterone was administered (Lutinus, intravaginal 100 mg three times/day). Pregnancy was diagnosed by serum Beta hCG testing at 14 days from oocytes retrieval.

Biological sampling and analysis

At the time of oocytes retrieval, we sampled 5 mL of blood by venipuncture, and 4 mL of follicular fluid from two mature follicles, carefully avoiding blood contamination. After oocyte isolation, the follicular fluid was centrifuged at 500 g for 10 min, transferred into sterile tubes, and then frozen at - 80°C until analysis.

Serum and follicular VEGF concentrations

were quantified using ELISA technique (Quantikine Human VEGF Immunoassay, R&D Systems, USA). The sensitivity of the assay was 7 pg/mL. Intra- and inter-assay coefficients of variability (CV) in serum samples were 4.5 and 7%, respectively. For the detection of VEGF in the follicular fluids, a 1:4 dilution was performed using the standard diluents provided with the kit, and run in duplicate.

Serum and follicular ANG II were quantified using the ELISA technique (Cloud –Clone Corp). The minimum detectable levels were typically less than 9.27 pg/mL. Intra-Assay: CV<10%. Inter-Assay: CV<12%. The samples were prepared and tested in duplicate.

Statistical analysis

Statistical analysis was performed using OpenEpi v.3.03 and StatsDirect v.2.7.2 statistical packages to generate descriptive statistics, Pearson (r) correlation coefficients and linear regression models. To test for normal distribution, the Shapiro-Wilk test was used. For variables with normal distribution, we used the t (Student) test, and for those with non-uniform distribution or ranks, the non-parametric Mann-Whitney (U) test. The statistical significance was defined as $\alpha = 0.05$ (5%), $\alpha = 0.01$ (1%) or $\alpha = 0.001$. To evaluate the correlation between two continuous variables, with normal (uniform) distribution, we used the Pearson (r) correlation coefficient and for variables with non-uniform distribution, the Spearman coefficient

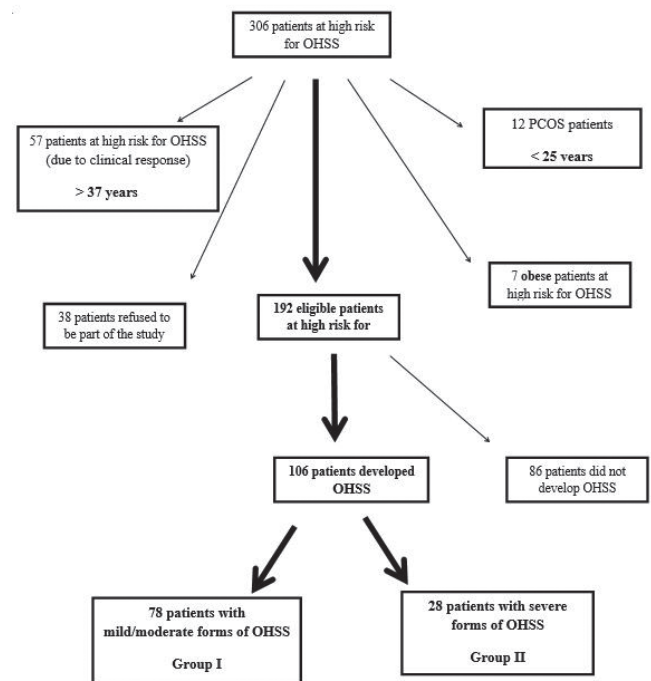


Figure 1. Recruitment description.

for rank correlation (ρ). The analysis of correlation coefficients followed the Colton rule. We used Excel 2010 (Microsoft Co., Redmond, Washington, USA) to generate the charts.

RESULTS

Study participants demographic and clinical characteristics are described in Table 1. There were no statistical differences regarding age, BMI, the type of suppression used (agonist *versus* antagonist), duration of stimulation, the FSH doses required, the number of embryos transferred, or pregnancy rates. However, there were statistically significant differences, with poor clinical relevance, in favor of group I for the antral follicle count > 14 mm (22.52 *versus* 20.92; $p = 0.03$), the number of oocytes retrieved (13.07 *versus* 11.99; $p = 0.01$), estradiol levels on the day of the hCG trigger administration (4168.33 *vs.* 3914.94 pg/mL; $p = 0.04$).

As regards the vasoactive parameters (Table 2), statistically significant differences were detected

for serum VEGF levels (645.97 *versus* 548.62 pg/mL; $p = 0.0008$), follicular VEGF levels (2919.52 *versus* 1093.68 pg/mL; $p < 0.0001$), follicular ANG II (281.64 *versus* 65.76 pg/mL; $p < 0.0001$), but not for serum ANG II levels. Also, we found a statistically significant correlation between follicular ANG II and VEGF levels ($p < 0.001$) (Fig. 2).

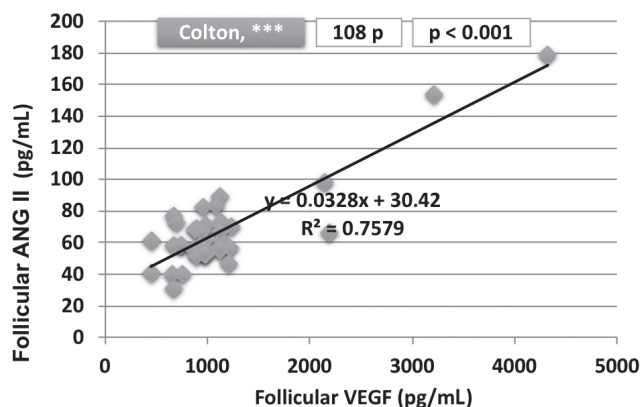


Figure 2. Correlation between follicular VEGF and ANG II levels.

Table 1. Demographic, clinical data and biochemical test results in study participants

	Group I – OHSS severe (n=28)			Group II – OHSS mild/moderate (n=78)			p value
	Mean ± Standard Deviation (SD)	Range (Minimum – Maximum)	Median	Mean ± SD	Range (Minimum – Maximum)	Median	
Age (years)	31.00 ± 3.45	24-37	30	30.74 ± 3.05	23-38	29	NS ^a
BMI (kg/m ²)	23.26 ± 1.53	21.7-27.9	23.5	23.75 ± 2.24	20.3-28.9	23.7	NS
Type of GnRh analogue Agonist / antagonist	12 / 16 0.75%			34 / 44 77.27			NS
Total doses of FSH (UI)	1709.26 ± 30	1200-2250	1700	1817.28 ± 41	1150-2650	1850	NS
Duration of stimulation (days)	10.63 ± 1.21	9-13	10	10.84 ± 0.98	9-13	11	NS
Estradiol concentration on the day of HCG administration (pg/mL)	4168.33 ± 471	3470-5100	3970	3914.94 ± 569	2890-5890	3900	0.04
No. of follicles > 14mm	22.52 ± 3.0	18-28	22	20.92 ± 3.7	12-31	21	0.03
No. of oocytes retrieved	13.07 ± 2.6	5-16	13	11.99 ± 2.38	4-18	12	0.01
No. of embryos transferred	1.8 ± 0.5	1-3	2	1.6 ± 0.4	1-3	2	NS
Clinical pregnancy (%)	42.8%			38.4%			NS

Table 2. Serum and follicular VEGF and ANG II levels measured in study participants

	Group I – OHSS severe (n=28)			Group II – OHSS mild/moderate (n=78)			p value
	Mean ± SD	Range (Minimum – Maximum)	Median	Mean ± SD	Range (Minimum – Maximum)	Median	
Serum VEGF (pg/mL)	645.97 ± 129.68	399.99-854.35	642.12	548.62 ± 126.46	321.90-879.92	551.84	0.0008
Follicular VEGF (pg/mL)	2919.52 ± 1692.40	768-6213	2976	1093.68 ± 675.40	452-4321	896	< 0.0001
Serum ANG II (pg/mL)	59.79 ± 16.78	36.46-95.60	54.84	56.35 ± 18.06	29.84-85.23	56.31	NS ^a
Follicular ANG II (pg/mL)	281.64 ± 181.47	57.89-649.65	234.23	65.76 ± 25.21	21.38-178.56	60.47	< 0.0001

a NS = no significance.

DISCUSSION

The focus of this study was to evaluate the main contributors to the development of severe clinical forms of OHSS. Our study results provide support for the association of severe OHSS and the number of follicles larger than 14 mm, the number of oocytes retrieved and the level of estradiol on the day of retrieval, as well as for the clear involvement of VEGF and ANG II in the development of these severe forms, as they were associated with higher follicular levels of either VEGF, ANG II, or both.

The increase in serum and follicular levels of VEGF and ANG II that we found in severe forms may indicate that in addition to the increase in the number of follicles, the follicular behavior might be impaired. At the time of oocytes retrieval, none of the patients had any signs of hemoconcentration/hypovolemia that could have triggered the renal production of ANG II. At the same time, the association of much elevated ANG II levels with severe disease forms may indicate the existence of OHSS variants, where direct antagonism of VEGF receptor is not sufficient to block the syndrome. Thus, we can speculate the implication of either a mechanism of additional potentiation of VEGF - ANG II line, or a distinct line of action of ANG II, in essence, indicating a particular phenotype of OHSS.

Starting from the terminology of the syndrome and considering the pathogenetic data that are describing the OHSS, we can assume that OHSS is a polymorphic disorder with incompletely understood mechanisms of action. The angiogenic factors play a central role in the unrolling of peri-ovulatory physiological events, and implicitly, in the development of this syndrome. The complexity of this process is due to the large number of actors involved, to the mechanisms developed for their biological validation, and to the numerous connections between these factors. Severe OHSS forms are a distinct group of diseases not only from the clinical implications point of view, but also from a pathogenetic perspective. Thus, previous study results have suggested that the development of these forms is not only the result of the excessive activation of a single pathogenetic pathway, but it also involves several pathogenetic pathways. If the implication of VEGF in the development of OHSS is indisputable, the part this factor is playing in triggering these severe forms is less clear. In this context, many studies have indicated that the development of severe forms of disease requires the implication of adjuvant factors, such as certain VEGF (19) or VEGF receptor polymorphisms (VEGFR1-519 and VEGF-405) (20),

cytokines (interleukin (IL) 2, IL6, IL8) or cytokine signaling (SOCS) proteins (21) and, last but not least, certain factors involved in angiogenesis (Pigment Epithelium-Derived Factor) (PEDF) (22). This is also the case of severe OHSS forms occurring in patients undergoing VEGF receptor blockers therapy. The most recent Cochrane review (2) reports a vigorous decrease in the number of OHSS cases, but a much lower impact on the severity of the syndrome.

The association between the RAS and OHSS was less investigated and there is only modest quality data available from case reports. The identification of increased ANG II, renin, pro-renin levels was initially considered to be associated with hypovolemia but, then, a growing body of literature reported that higher levels of ANG II and renin were found in ascites fluid than in serum (23, 24), thus proving evidence for the direct implication of the OVRAS system in the development of this pathology. Medication designed to block the RAS system in patients with OHSS, such as ANG Converting Enzyme (ACE) inhibitors or ANG II receptor antagonists, failed to completely shut down the process (25). Recent studies describe RAS as a complex system arranged on two main axes: one represented by the ACE/ANG II/ANG I receptor, and the other ACE 2/ANG 1-7/MAS receptor (26). The intermediate products ANG 1-7 have been shown to be biologically active, which renders it more difficult to quantify the process and to manage and control this system with appropriate medication (27). This study is, to the best of our knowledge, one of the first studies in our country showing elevated ANG II levels in the follicular fluid collected from OHSS patients.

Follicular production of cytokines/angiogenic factors is altered during ovarian stimulation procedures and VEGF is one of the factors with the most significant increase. Moreover, local hypoxia associated with disorders such as endometriosis (28) or PCOS (29), or other types of follicular dysfunctions described in poor responder patients (30), may induce elevated follicular VEGF levels. Both high and low follicular VEGF levels were reported in OHSS patients (31,32), thus confirming the polymorphic feature of this disease. Our results are consistent with those reported in previous studies. The mild forms of OHSS showed a certain tendency towards slightly elevated VEGF levels, however low levels were also recorded. On the other hand, high follicular levels were found almost exclusively in patients who developed severe forms of OHSS, specifically in patients with elevated ANG II levels. The association between the increased follicular

production of VEGF and the elevated concentrations of ANG II has not been previously evaluated in OHSS patients, but both the activation of ANG II receptor and the increased production of ANG II, as a result of endothelial cell cultures exposure to VEGF, have been reported in oncological diseases (33,34).

From a clinical point of view, patients with this OHSS phenotype (characterized by increased follicular levels of VEGF and ANG II) might be eligible for a more aggressive therapeutic approach, starting from increasing the Cabergoline doses, associating other drugs, postponing embryo transfer to a subsequent cycle, and eventually, even using ACE inhibitors.

The evaluation of follicular milieu without having specific monograms is not currently helpful for clinical decision making. However, on long-term, there is an urgent need to characterize this space in order to facilitate a much more consistent evaluation of follicular processes, which have an impact on oocyte quality and on the initiation of disorder such as PCOS and OHSS.

Our study has a number of limitations. It was a prospective study in nature, but we measured ANG II and VEGF levels at only a single time point, and have not monitored their levels in time. Another concern is that we have done an evaluation of the whole follicular milieu based on the extrapolation of the ANG II and VEGF levels measured in the follicular fluid extracted from three follicles, fact that may have entailed a risk of error. Also, the assessment of the full roles that the vasoactive factors are playing in the development of the severe forms of OHSS would have required a more extensive investigation into the control systems and into the factors that modulate vasoactive factors activity, which we have not performed here. Another important limitation of our study was that we did not include a control group in our assessment. Having a control group perhaps would have brought more insight into this pathogenetic process. Another concern related to this analysis was the limited statistical power, which may have restricted our ability to detect modest associations.

In conclusion, our study results provide evidence of an OHSS phenotype which is more prone to undergo severe clinical forms of disease, despite treatments with VEGF receptor blockers, and show that ANG II appears to play a major role alongside VEGF in the development of these severe forms of disease. These data underscore the need for a more extensive investigation (larger prospective cohort studies) to collect essential information necessary to create the

framework for a selective approach of these patients, with further decrease in OHSS morbidity, and to enable the opening of new research perspectives targeting the individualization of these disease forms, based on pathogenetic criteria.

Conflict of interest

The authors declare that they have no conflict of interest.

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