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## Ly6C<sup>Lo</sup> Monocyte/Macrophages are Essential for Thrombus Resolution in a Murine Model of Venous Thrombosis

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## Abstract

Venous thrombosis (VT) resolution is a complex process, resembling sterile wound healing. Infiltrating blood-derived monocyte/macrophages ( $Mo/M\Phi_s$ ) are essential for the regulation of inflammation in tissue repair. These cells differentiate into inflammatory (CD11b<sup>+</sup>Lv6C<sup>Hi</sup>) or proreparative (CD11b<sup>+</sup>Ly6C<sup>Lo</sup>) subtypes. Previous studies have shown that infiltrating Mo/MΦs are important for VT resolution, but the precise roles of different Mo/MΦs subsets are not well understood. Utilizing murine models of stasis and stenosis inferior vena cava thrombosis in concert with a Mo/MΦ depletion model (CD11b-diphtheria toxin receptor [DTR]-expressing mice), we examined the effect of Mo/M $\Phi$  depletion on thrombogenesis and VT resolution. In the setting of an 80 to 90% reduction in circulating CD11b+Mo/MΦs, we demonstrated that Mo/MΦs are not essential for thrombogenesis, with no difference in thrombus size, neutrophil recruitment, or neutrophil extracellular traps found. Conversely, CD11b+Mo/MΦ are essential for VT resolution. Diphtheria toxoid (DTx)-mediated depletion after thrombus creation depleted primarily  $CD11b^+Ly6C^{Lo}$  Mo/M $\Phi$ s and resulted in larger thrombi. DTx-mediated depletion did not alter CD11b<sup>+</sup>Ly6C<sup>Hi</sup> Mo/MΦ recruitment, suggesting a protective effect of CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦs in VT resolution. Confirmatory Mo/M $\Phi$  depletion with clodronate lysosomes showed a similar phenotype, with failure to resolve VT. Adoptive transfer of CD11b<sup>+</sup>Lv6C<sup>Lo</sup> Mo/MΦs into Mo/  $M\Phi$ -depleted mice reversed the phenotype, restoring normal thrombus resolution. These findings suggest that CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦs are essential for normal VT resolution, consistent with the known proreparative function of this subset, and that further study of Mo/M $\Phi$  subsets may identify targets for immunomodulation to accelerate and improve thrombosis resolution.

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## Keywords

venous thromboembolism; thrombosis; macrophages; monocytes; inflammation

## Introduction

Deep venous thrombosis (DVT) is a significant health care problem in the United States, with over 250,000 patients affected yearly, and at least 200,000 diagnosed with pulmonary embolism (PE).<sup>1</sup> The cornerstone of DVT therapy is anticoagulation.<sup>2</sup> While effective, the bleeding risks of all Food and Drug Administration-approved anticoagulants, including direct oral anticoagulants, are significant and many patients have contraindications to anticoagulation.<sup>3,4</sup> Nonanticoagulant therapies represent a potential ideal strategy to improve DVT outcomes.

Venous thrombosis (VT) is an inflammatory process.<sup>5-8</sup> Leukocytes, chemokines, plasminogen activators, matrix metalloproteinases (MMPs), and proinflammatory cytokines are all involved in the process of VT resolution and vein wall injury.<sup>5,7,9-13</sup> This process resembles sterile wound healing,<sup>14</sup> with phases of neutrophil (polymorphonuclear [PMN]) and monocyte/macrophage (Mo/MΦ) influx, followed by fibrosis.

Mo/MΦs are the primary leukocyte involved in VT resolution, 5,7,15,16 by clearance of apoptotic and necrotic cells and matrix debris, 14,17-19 profibrinolytic activity, and promotion of thrombus neovascularization. 11,20,21 Mo/MΦ are classified by their inflammatory or anti-inflammatory functions.<sup>22</sup> For example, cell surface CD11b<sup>+</sup>Ly6C<sup>Hi</sup>, CCR2<sup>2+</sup>, CX3CR1<sup>+</sup> antigen expression characterize classically activated, or proinflammatory Mo/MΦs. Conversely, cell surface CD11b<sup>+</sup>Ly6C<sup>Lo</sup>, CCR2<sup>-</sup>, CX<sub>3</sub>CR1<sup>2+</sup> antigen expression, characterize alternatively activated Mo/MΦs, with prohealing and inflammation-resolving activities.

Studying in vitro skewing of Mo/M $\Phi$ s into pure M<sub>1</sub> (proinflammatory) or M<sub>2</sub> (antiinflammatory) phenotypes is not translatable to in vivo leukocytes.<sup>23-25</sup>

Herein, we show that depletion of circulating CD11b<sup>+</sup>Ly6C<sup>+</sup> Mo/M $\Phi$ s impairs VT resolution, is associated with significantly reduced CD11b<sup>+</sup>Ly6C<sup>Lo</sup> but not CD11b + Ly6C<sup>Hi</sup> subtypes within the venous thrombus and adjacent vein wall, and resolution can be rescued with adoptive transfer of CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/M $\Phi$ s.

## **Materials and Methods**

#### Mice

Wild-type (WT) C57BL/6J, CD11b-DTR (C57BL/6 background), and mTmG mice (*Gt(ROSA)26Sortm4(ACTB-tdTomato,-EGFP)Luo/J*) were obtained from the Jackson Laboratory (Bar Harbor, Maine, United States). Tail clipping and standard polymerase chain reaction genotyping verified fidelity. All animals underwent procedures between 8 and 10 weeks of age with institutional animal care and use committee approval.

## Venous Thrombosis Mouse Models

VT was formed via (1) generation of stasis by inferior vena cava (IVC) ligation or (2) generation of stenosis via partial ligation of the IVC.<sup>26</sup> Following laparotomy, VT was induced by infrarenal IVC ligation with a single 7–0 prolene suture with concurrent cauterization of lumbar and side branches; or in the case of the stenosis model, a prolene was tied around a 30-gauge needle adjacent to the IVC to produce turbulent flow and stenosis with side branch ligation, but without lumbar branch cauterization.<sup>26</sup>

## **NaCl and Diphtheria Toxin Injections**

Diphtheria toxin (*Corynebacterium diphtheria*, DTx) was obtained from Enzo Life Sciences, Inc. (Farmingdale, New York, United States), and 10 ng/g doses were injected intraperitoneal into CD11b-diphtheria toxin receptor (DTR) mice or WT mice.<sup>27</sup> CD11b-DTR mice were either injected 24 hours prior to IVC ligation (in experiments evaluating thrombogenesis) or were injected approximately 48 hours after IVC ligation and every 48 hours thereafter in experiments evaluating thrombosis resolution. Control CD11b-DTR mice were injected with equal volumes of 0.9% normal saline (NaCl) based on weight (10  $\mu$ L/g).

#### **IVC Harvest and Weight to Length Analysis**

Mice were euthanized on postoperative days 1, 2, and 8. Following euthanasia, the IVC/ thrombus was harvested from the abdominal cavity en bloc with bilateral iliac veins. The thrombus was then measured (cm) and weighed (g) for weight to length analysis.<sup>9-11</sup> For flow cytometry and histology, the IVC/thrombus was kept intact and either fixed in formalin for histology, or placed in Roswell Park Memorial Institute (RPMI) medium for cell extraction for flow cytometry.

## **Cell Extraction for Flow Cytometry**

IVC/thrombus samples placed in RPMI were minced with sharp Iris scissors and then enzymatically digested with Liberase (Sigma-Aldrich) and DNase I (Sigma-Aldrich) at 30° C for 30 minutes. After enzymatic digestion, the reaction was stopped with RPMI + fetal bovine serum (FBS) and samples were plunged with a 3 mL syringe  $\times$ 20 and filtered through a 100-µm filter. The resultant single cell suspensions were then washed in phosphate-buffered saline (PBS) and resuspended for surface staining. Peripheral blood was drawn via submandibular vein puncture or cardiac puncture and collected in ethylenediaminetetraacetic acid (EDTA)-coated tubes, red blood cells (RBCs) were lysed with RBC lysis buffer for 5 to 10 minutes at room temperature, remaining cells were washed with PBS, and resuspended for surface staining.

## Flow Cytometry/Fluorescent-Activated Cell Sorting

Single cell suspensions were plated in 96-well plates for flow staining. Cells were first stained with a Fixable LIVE/DEAD viability dye (Molecular Probes by Life Technologies; Ref. L34959; 1:1,000 dilution). Following viability staining, cells were washed in PBS and resuspended in flow buffer (PBS, FBS, NaN3, HEPES). Fc receptors were then blocked with anti-CD16/32 (BioXCell, Cat. CUS-HB-197, 1:200 dilution) for 10 minutes. Monoclonal antibodies for surface staining included: anti-CD3 (Biolegend, Cat. 100304, 1:400 dilution),

anti-CD19 (Biolegend, Cat. 115504,1:400 dilution), anti-Ter-119 (Biolegend, Cat. 116204, 1:400 dilution), anti-NK1.1 (Cat. 108704, 1:400 dilution), anti-Ly6G (Biolegend, Cat. 127604, 1:400 dilution), anti-CD11b (Biolegend, Cat. 101230, 1:400 dilution), anti-Ly6C (Biolegend, Cat. 128035, 1:400 dilution), and anti-F4/80 (Biolegend, Cat. 123121, 1:400 dilution) as previously described.<sup>25</sup> Following surface staining, cells were washed, and biotinylated antibodies were labeled with streptavidin–fluorophore (Biolegend, Cat. 405208, 1:1,000 dilution). Stained samples were then washed twice in flow buffer and acquired on a 3-Laser Novocyte Flow Cytometer (Acea Biosciences) or fluorescent-activated cell sorting (FACS) on a FACS Aria III Flow Sorter. FACsDiva Software (BD Biosciences) was used for flow sorting, and FlowJo version 10.0 (Tree Star) was used for flow cytometric analysis. Back gating of cell populations was performed to verify gating and purity.

## Hematology

Evaluation of complete blood cell count was performed as previously described.<sup>28,29</sup> A total of 100 uL of blood via submandibular was drawn into an EDTA Microvette tube (Sarstedt) or 500  $\mu$ L of blood was drawn via cardiocentesis (if terminal procedure). An aliquot of 10  $\mu$ L was used for analysis on an Element HT5 hematology analyzer (Heska), including white blood cell count, differential count (neutrophils, monocytes, and lymphocytes), RBC count, platelet count, and hematocrit.

### Histochemistry

Fresh tissue (IVC with thrombus intact) was fixed in 10% buffered formaldehyde for approximately 2 hours, transferred to 70% ethanol, and embedded in paraffin and mounted to slides in 5 µm tissue sections. Slides were deparaffinized and rehydrated in xylene and graded ethanol. For immunohistochemistry, heat-mediated sodium citrate method was used for antigen retrieval. Nonspecific binding sites were blocked with species-specific serum and antibody was applied for activated neutrophils using Ly6G (1:3000, BD Pharmingen, San Diego, California, United States), for proreparative Mo/MΦs using Arg1 (NBP1–54621, 1:1,000, Novus Biologicals, Centennial, Colorado, United States), and for recanalization channels using von Willebrand factor (vWF) (ab6994, 1:500, Abcam, Cambridge, Massachusetts, United States) staining. A peroxidase species-specific kit was used for secondary antibody. ImmPACT diaminobenzidine peroxidase substrate was applied, tissues were counterstained with hematoxylin, and cover slipped (Vector Laboratories, Inc., Burlingame, California, United States). Cells were quantified in a blinded fashion, with positive cells in five to eight high-power fields (magnification, 1,000×) radially around the IVC wall were counted and totaled.

Picro-Mallory stain from StainsFile (http://stainsfile.info/StainsFile/stain/fibrin/picromallory-2.htm) was performed on deparaffinized and rehydrated tissue slides. Fibrin, connective tissue (collagen), and erythrocytes were quantitatively analyzed using ImageJ (National Institutes of Health [NIH]).

Terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) staining was performed to formaldehyde fixed, deparaffinized tissue slides with Promega DeadEnd Fluorometric TUNEL system kit according to manufacturer's instructions. This was

followed with the addition of a 500-nM propidium iodide for 1 to 5 minutes as previously described.<sup>30</sup> Images were taken on Nikon E400 and analyzed with ImageJ software for percent area of each color at 100×. Ten pictures were taken per animal and analyzed of each vein wall with clot, and averaged for each mouse.

## Western Immunoblotting

Protein levels of fibrin, citrullinated histone-3 (cit-H<sub>3</sub>), plasminogen, and β-actin were measured by Western blot from thrombus tissue. Protein was isolated using RIPA buffer (ThermoScientific) with dissolved complete ULTRA mini proteinase tablets (Roche). Proteins were electrophoretically separated on NuPAGE 4–12% Bis-Tris gels (Invitrogen) and transferred onto polyvinylidene difluoride membranes (Millipore). Nonspecific binding was blocked with starting block (TBS) blocking buffer (ThermoScientific). Antibodies included: anti-H<sub>3</sub> (1/500 dil., Abcam), anti-fibrin (clone 59d8, 1/1,000 dil., gift of Dr. Charles Esmon), anti-β-actin (Santa Cruz, 1:20,000), anti-α5-integrin (Abcam, 1:500), antifibronectin (Abcam, 1:500), anti-laminin (Abcam 1:500), anti-uPAR (R&D Systems, 1:500), anti-interferon (IFN)- $\gamma$  (Abcam 1:500), and anti-plasminogen (Gene Tex, 1:1,000). Immunoreactive bands were visualized with SuperSignal West Pico Chemiluminescent Substrate (ThermoScientific), and densitometry was performed using ImageJ software. Optical densities were summed and normalized to β-actin.

## **Enzyme-Linked Immunosorbent Assays**

Thrombi were homogenized and sonicated and then centrifuged at 13,200 g for 30 minute. The supernatant was collected for enzyme-linked immunosorbent assay analysis. Thrombin– antithrombin (TAT) complex, plasminogen (My BioSource, San Diego, California, United States), was determined by commercially available kits according to the manufacturer's instructions. Plates were read on a Synergy 2 Plate Reader (Biotek, Winooski, Vermont, United States) at 450 nm.

## Magnetic-Activated Cell Sorting for Adoptive Transfer

For adoptive transfer experiments, magnetic-activated cell sorting (MACS) was used to further isolate CD11b<sup>+</sup> cells from donor animals to assure purity and simplify FACS. C57BL/6J and mTmG spleens were isolated from donor animals, immersed in RPMI, crushed and filtered through a 100-µm filter, passed through a Ficoll gradient, washed, and resuspended in MACS buffer. Single cell suspensions were then incubated with fluorescein isothiocyanate-labeled anti-CD3, anti-CD19, and anti-Ly6G (Biolegend) followed by antifluorescein isothiocyanate microbeads (Miltenyi Biotec; Cat. 130–042–401, 130–049–601). The suspension was then passed through a MACS column and flow-through was incubated with anti-CD11b microbeads (Miltenyi Biotec; Cat. 130–049–601). The flow-through was then passed through a separate column, flow-through eliminated, and then the column was purged to isolate non-neutrophil, non-T cell, non-B cell, and CD11b<sup>+</sup> cells for expedited FACS.

### **Adoptive Transfer**

Blood and splenic leukocytes from C57BL/6J and mTmG mice were passed through a Ficoll gradient, MACS sorted, and FACS sorted as described above. Isolated CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/ MΦs were then diluted in RPMI and approximately 100,000 cells/mouse were adoptively transferred via tail vein injection into CD11b-DTR mice treated with either DTx or NaCl 72 hours post-IVC ligation and 24 hours postinjection. For controls, an equal volume of RPMI was injected via tail vein. Confirmation of adoptive transfer was performed with flow cytometry as described above.

## **Statistical Analysis**

GraphPad Prism software version 6.0 was used to analyze the data. Data are presented as the mean  $\pm$  the standard deviation. Data was first analyzed for normal distribution and then statistical significance between multiple groups was determined using one-way analysis of variance followed by Newman–Keuls post hoc test. For all other single group comparisons if data passed normality test, we used two-tailed Student's *t*-test. Otherwise data were analyzed using Mann–Whitney *U*-test. All data are representative of at least two independent experiments. A *p*-value of less than or equal to 0.05 was considered significant.

## Results

## CD11b<sup>+</sup>Ly6C<sup>Hi</sup> Mo/MΦs Rapidly Accumulate following VT and Transition to CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Macrophages

The process of VT resolution resembles sterile wound healing in which Mo/M $\Phi$  influx plays a dichotomous role by both providing aid in thrombus resolution and by causing tissue destruction after VT. Thrombus resolution commences after day 4 involving multiple processes including fibrinolysis, neovascularization, and matrix changes.<sup>5,7</sup> Mo/MΦs are highly plastic in acute inflammation; a growing body of literature supports that an imbalance of pro- and anti-inflammatory Mo/MΦs may contribute significantly to several sterile inflammatory conditions.<sup>31-34</sup> To identify the kinetics of Mo/MΦ subsets after VT in our model, mice underwent induction of VT via IVC ligation and thrombosed vena cavas were processed for flow cytometry at days 1, 3, and 8 postoperatively. The gating strategy removed nonviable cells, doublets, and neutrophils (Ly6G<sup>-</sup>) and selected CD11b<sup>+</sup> cells (Fig. 1A). Proportions of identifiable CD11b<sup>+</sup>Lv6C<sup>Hi</sup> and CD11b<sup>+</sup>Lv6C<sup>Lo</sup> cells were determined as shown in the density plot (►Fig. 1B). Consistent with data from other organ systems,<sup>25,33</sup> and more recent data in VT from Schönfelder et al,<sup>35</sup> we found two distinct populations of CD11b<sup>+</sup>Ly6C<sup>Hi</sup> and CD11b<sup>+</sup>Ly6C<sup>Lo</sup> cells at each time point post-VT. The relative proportions of these myeloid subsets changed over time: within the first 72 hours CD11b<sup>+</sup>Ly6C<sup>Hi</sup> cells predominated; however, by day 8 CD11b<sup>+</sup>Ly6C<sup>Lo</sup> cells dominated. In addition to confirming the natural history of Mo/M $\Phi$  influx to the thrombosed vein, these data demonstrate the ability to track and compare these two cellular populations over time (►Fig. 1C).

## CD11b-DTR Mice Injected with DTx have Selective Depletion of Peripheral Blood Monocyte/Macrophages without Significant Effects on Circulating Neutrophils

To determine the role that Mo/M $\Phi$ s have during the pathophysiology of VT, we used a transgenic mouse with DTR expression restricted to CD11b+ cells (CD11b-DTR). CD11b-DTR mice were injected with either NaCl or DTx (10 ng/g) one time. Previous reports have shown that similar doses of DTx selectively deplete macrophages and circulating monocytes without altering neutrophils or lymphocytes.<sup>36</sup> To verify that macrophages were depleted, we isolated peripheral blood via submandibular vein puncture. Flow cytometric analysis showed that administration of DTx resulted in approximately 80% depletion of CD11b <sup>+</sup>Ly6C<sup>+</sup> cells (both Ly6C<sup>Lo</sup> and Ly6C<sup>Hi</sup> cells) for 24 to 36 hours following injection ( $\blacktriangleright$  Fig. 2A, B). With time, the circulating Mo/M $\Phi$ s returned. Peripheral blood neutrophil counts (CD11b<sup>+</sup>Ly6G<sup>+</sup>) and percentages were not affected by DTx injection in CD11b-DTR mice ( $\backsim$  Fig. 2C, D). Importantly, DTx injection in CD11b-DTR mice did not have a significant effect on several measures of platelet function or the inflammatory phenotype ( $\backsim$  Supplementary Figs. S1 and  $\backsim$ S2, available in the online version).

#### Reduction of CD11b<sup>+</sup>Ly6C<sup>+</sup> Mo/M $\Phi$ s Does Not Significantly Affect Venous Thrombogenesis

We next determined how depletion of  $CD11b^+Ly6C^+Mo/M\Phi s$  impacted thrombogenesis. Mo/MΦs were depleted by DTx administration 24 hours prior to VT creation, and then IVC/ thrombus was analyzed at 24 and 48 hours post-IVC ligation. We found no difference in thrombus size at 48 hours in DTx-treated mice, when compared with NaCl-treated controls in two models of VT (Fig. 3A, 48-hour data shown). Similarly, there was no difference at 24 hours (thrombus weight to length 0.01797  $\pm$  0.001209, *n* = 7 NaCl vs. 0.0181  $\pm$ 0.002248, n = 7, p = 0.96, stasis model, data not shown). In mice undergoing venous stasis, there was no significant difference in fibrin content detected by Picro-Mallory staining (►Fig. 3B, C) or by Western immunoblotting(►Fig. 3D). As Mo/MΦs may serve as a direct source of the plasminogen activator, urokinase-type plasminogen activator (uPA), or indirectly activate plasminogen via MMPs, we measured intrathrombus levels of plasminogen (Fig. 3E) and found no difference between the two groups. To evaluate neutrophil recruitment and/or neutrophil extracellular traps (NETs) release, we measured cit-H<sub>3</sub> by Western immunoblotting ( $\triangleright$  Fig. 3F) and identified Ly6G+ intrathrombus PMNs by immunohistochemistry and found no difference between the two groups (►Fig. 3G-I). While we cannot draw the conclusion that  $Mo/M\Phi s$  do not contribute to venous thrombogenesis, these data suggest that significant reduction of circulating Mo/M $\Phi$ s does not greatly alter qualitative thrombus formation.

# DTx-Mediated Mo/M $\Phi$ Depletion Results in Impaired Venous Thrombosis Resolution by Selective Reduction of CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/M $\Phi$ s

We next evaluated whether depleting circulating CD11b<sup>+</sup> Mo/M $\Phi$ s following stasis VT would affect thrombus resolution. Unlike thrombogenesis, which is thought to be largely mediated by platelets, cellular adhesion molecules, PMNs, and erythrocytes in a cooperative fashion, the main cellular component in the resolving thrombus is the Mo/M $\Phi$ .<sup>16,37,38</sup> To allow for normal circulating cellular milieu during thrombogenesis, CD11b<sup>+</sup> Mo/M $\Phi$  depletion was initiated by intraperitoneal injection of DTx (or NaCl) after formation of

maximal thrombus size at 48 hours following IVC ligation and mice were reinjected every 48 hours thereafter until harvest. To confirm adequate depletion of CD11b<sup>+</sup> Mo/MΦs in thrombus and make comparisons with previously established proportions of CD11b<sup>+</sup>Ly6C<sup>Hi</sup> and CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦs in WT mice, IVC/thrombi were harvested at day 8 for flow cytometry and cell quantification. A significant decrease in IVC/thrombus CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦ counts was observed (►Fig. 4A), with no change in CD11b<sup>+</sup>Ly6C<sup>Hi</sup> Mo/MΦ counts (►Fig. 4B). Simultaneously, the relative percentages of CD11b<sup>+</sup>Ly6G<sup>+</sup> neutrophils at day 8 were not different in the IVC/thrombus (►Fig. 4C). A reduction of proreparative Mo/ MΦs was confirmed with immunohistochemical staining of Arg1 (antigen marker of CD11b +Ly6C<sup>Lo</sup> Mo/MΦs) demonstrated a paucity of positively staining cells in the DTx-treated mice (►Fig. 4D).

Thrombus resolution in mice with selective depletion of CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦs was grossly impaired ( $\blacktriangleright$  Fig. 4E). DTx alone did not influence thrombus resolution in WT mice treated in an identical fashion compared with treatment with NaCl (C57Bl/6 mice with NaCl treatment 0.017 g/cm ± 0.002 vs. with DTx treatment 0.015 ± 0.002, n = 6-8, p = 0.37). As a confirmatory experiment, a second technique of Mo/MΦ depletion using clodronate micelle injection confirmed these findings in C57BL/6J mice. CD11b<sup>+</sup>Ly6C<sup>+</sup> Mo/MΦs were depleted by approximately 30% in the treated mice compared with controls (liposomal micelle injections alone 42% ± 4 vs. clodronate lysosomes 30% ± 3, p = 0.06). A similar phenotype was observed with significantly impaired thrombus resolution at day 8 ( $\blacktriangleright$  Supplementary Fig. S3, available in the online version).

To explore the Mo/M $\Phi$  function altered by loss of CD11b<sup>+</sup>Ly6C<sup>Lo</sup> subset, we evaluated intrathrombus fibrinolysis, neovascularization, and clearance of necrotic cells. Monocytes/ macrophages can serve as a direct source of the plasminogen activator uPA and can indirectly serve to activate plasminogen; thus, we measured intrathrombus plasminogen and found it to be decreased by approximately 50% in the mice with fewer CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/ M $\Phi$ s ( $\blacktriangleright$  Fig. 4F). Correspondingly, serum plasminogen was reduced by 40%, (NaCl 8.66  $\pm$ 1.90 ng/mL, DTx 5.19  $\pm$  2.09 ng/mL, n = 5-7/group, p = 0.25). These findings correlated with a nonsignificant 40% decrease in fibrin deposition (Fig. 4G). TAT levels did not differ between the two groups (NaCl 44.3  $\pm$  12.4 vs. DTx 32.3  $\pm$  4.7 ratio to  $\beta$ -actin, n = 6-7, p = 0.40). Assessment of the thrombosed vein for gene and protein expression of certain factors associated with thrombus resolution showed several trends in proinflammatory factor reduction with DTx-treated CD-11b-DTR mice, and significantly decreased IFN- $\gamma$  protein levels (►Supplementary Figs. S4 and S5, available in the online version). Thrombus recanalization, as measured by vWF positively stained channels, was not affected by Mo/ MΦ depletion (►Fig. 4H). Necrotic cells, as measured by TUNEL staining, did not differ between the two groups ( $21.8 \pm 11.3$  vs.  $18.9 \pm 7.0$  pixels/hpf, n = 5-7, p = 0.46) suggesting no impairment in cellular debris clearance in the treated mice.

## Adoptive Transfer of CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/M $\Phi$ s Reverses Impaired VT Resolution in Mo/M $\Phi$ Depleted Mice

To determine the direct effects of repopulating intrathrombus  $CD11b^+Ly6C^{Lo}$  Mo/M $\Phi$ s, we subjected the CD11b-DTR mice to the same DTx dosing protocol as above with Mo/M $\Phi$ 

Page 9

depletion beginning at 48 hours after thrombus creation. We then performed adoptive transfer via tail vein injection of FACS sorted CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦs ( $1 \times 10^{6}$  cells) or RPMI vehicle control at 72 hours postthrombosis (24 hours post-DTx injection), with specimen harvest at day 8 ( $\blacktriangleright$  Fig. 5A). To confirm the presence of the adoptively transferred cells in the IVC/thrombus of our experimental mice, we used tdTomato<sup>+</sup> red ROSA<sup>mT/mG</sup> donor cells and processed IVC/thrombus for flow cytometric analysis ( $\blacktriangleright$ Fig. 5B). The relative percentages of CD11b<sup>+</sup>Ly6C<sup>Lo</sup> cells did not differ between NaCl:RPMI treated controls and DTx:Ly6C<sup>Lo</sup> injected adoptive transfer mice ( $\blacktriangleright$ Fig. 5C). Adoptive transfer of these CD11b<sup>+</sup>LyC6<sup>Lo</sup> Mo/MΦs improved VT resolution in DTx-treated mice, with a significant reduction in thrombus size, as compared with RPMI vehicle-injected DTx-treated mice ( $\blacktriangleright$ Fig. 5D).

## Discussion

In this report, we show that a reduction of circulating CD11b<sup>+</sup>Ly6C<sup>+</sup> monocytes does not appear to greatly impact qualitative venous thrombogenesis in two separate murine models. A reduction of the end effector Mo/M $\Phi$  (CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/M $\Phi$ ) does, however, significantly affect normal VT resolution. Moreover, CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/M $\Phi$ s are seemingly critical for this process, with adoptive transfer of these cells reversing the impaired resolution phenotype.

Multiple contributing factors to experimental venous thrombogenesis have been identified including chemokines, vWF, NETs, platelets, high mobility group box protein 1, and mast cell degranulation, among others.<sup>5,7,8,17,18,39-41</sup> Early cellular involvement of myeloid cells in either prothrombotic or antithrombotic roles is likely model dependent.<sup>37,42</sup> While others have shown Mo/MΦs may participate invenous thrombogenesis,<sup>37</sup> the CD11b<sup>+</sup>Ly6C<sup>+</sup> monocyte cell lineage has not been thoroughly investigated directly in this model to date. We used the two most common models of VT, the IVC stasis and stenosis techniques, and found that > 80% CD11b<sup>+</sup>Ly6C<sup>+</sup> depletion did not alter experimental thrombus formation as measured by VT size, fibrin, Ly6G<sup>+</sup> cells, and NETs markers. Consistent with the lack of effect on thrombogenesis was no effect of DTx-mediated depletion on circulating platelets, and several measures of platelet function.

Our data are also consistent with prior work in CCR2<sup>-/-</sup> mice, with no effect on VT size at day 2, suggesting a limited role for infiltrating Mo/MΦs in thrombogenesis.<sup>11</sup> Granted, even with this strongly suggestive data, it is not possible to completely exclude a role of Mo/MΦs in thrombogenesis as we did not completely ablate CD11b<sup>+</sup>Ly6C<sup>+</sup> cells with approximately 20% remaining as determined by flow cytometry. Interestingly, these findings are in contrast to other myeloid-lineage cells such as neutrophils which have been shown to contribute to pathologic VT via nuclear decondensation and NET formation,<sup>40</sup> and mast cells which have been shown to induce thrombosis via Weibel–Palade body secretion following histamine degranulation in the vein wall.<sup>41</sup>

This data supports the paradigm that VT resolution is similar to wound healing with infiltrating blood monocyte-derived macrophages characterized by an early preponderance of CD11b<sup>+</sup>Ly6C<sup>Hi</sup> inflammatory Mo/MΦs followed by a staged predominance of

proreparative CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦs.<sup>24,25,43</sup> It is likely, as has been previously shown, <sup>25,43</sup> that the CD11b<sup>+</sup>Ly6C<sup>Hi</sup> Mo/MΦs convert to CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦs in the resolving thrombus. The DTx method of depletion was associated with greater depletion of proreparative CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦs by DTx administration, as has been demonstrated in other models.<sup>44</sup> The underlying reason for the phenomenon is unclear. It may be that the conversion of LyC6<sup>Hi</sup> to LyC6<sup>Lo</sup> is impaired or delayed in the setting of DTx-mediated depletion.<sup>45,46</sup> Alternatively, although intrathrombus LyC6<sup>hi</sup> were not significantly fewer at 8 days, we speculate they may have been reduced at earlier time points, as the LyC6<sup>Hi</sup> are the first to be released from both the bone marrow and extramedullary sources.

As increased proportions of CD11b<sup>+</sup>Ly6C<sup>Hi</sup> Mo/MΦs have been associated with augmented inflammation and impaired wound healing in diabetes models,<sup>25</sup> it may be expected that increased proportion of CD11b<sup>+</sup>Ly6C<sup>Hi</sup> Mo/MΦs to the decreased CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/ MΦs resulted in delayed VT resolution. These data and others suggest a prolonged proinflammatory state is maladaptive, and results in impaired VT resolution. We have hypothesized that this may be driven by the local cytokine milieu generated by these cells. <sup>25,43</sup> We found IFN- $\gamma$  was reduced in the thrombosed vein tissue in DTx-depleted mice, suggesting this is downstream from the Mo/MΦ-mediated activities. Prior work from our laboratory suggested IFN- $\gamma$  was important in modulating MMP activity and early VT resolution.<sup>11</sup> Our findings here are corroborated by supplement prior work by Schönfelder et al, who demonstrated through a similar model that a reduction of IVC/thrombus neutrophils and a shift to CD11b<sup>+</sup>Gr-1<sup>-</sup> (CD11b<sup>+</sup>Ly6C<sup>Lo</sup>) Mo/MΦs resulted in accelerated VT resolution.<sup>35</sup>

We explored several myeloid cell-mediated mechanisms of VT resolution in experimental models of stasis VT.<sup>5,6</sup> We found the primary difference was significantly reduced plasminogen levels in CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦ-depleted mice compared with controls. This is supported by Singh et al, whereby uPA<sup>-/-</sup> mice had significantly larger VT, and they reversed the impaired VT resolution using a bone marrow chimera strategy, correlating with increased thrombus Mo/MΦs.<sup>20</sup> Others have shown that CCR2<sup>+</sup> cells (CD11b<sup>+</sup>Ly6C<sup>Hi</sup>) mediate fibrin clearance in a plasminogen-dependent manner—consistent with our data showing significantly larger thrombi and decreased plasminogen.<sup>47</sup>

We were surprised to find no difference in VT neovascularization and apoptosis, given that  $CCR2^{-/-}$  mice<sup>15</sup> demonstrated larger thrombi with decreased vWF + channels.<sup>11</sup> This phenomenon may be due to mouse genotype, differing myeloid cell influx based on chemotactic factors, or that a more dramatic depletion of myeloid cells is necessary to see the effect. Alternatively, since a significant portion of CD11b<sup>+</sup>Ly6C<sup>Hi</sup> cells remained in the thrombus in our model, these cells may direct neovascularization as well as other mechanisms of sterile inflammation.<sup>14</sup> These conclusions are supported by data from Nosaka et al, who demonstrated that IVC/thrombus Mo/MΦs are responsible for the secretion of MMP9 and vascular endothelial growth factor- $\alpha$  which contribute to VT resolution and neovascularization and this is highly dependent on the IFN- $\gamma$  pathway.<sup>48</sup> More investigation into the subtle functional differences in Mo/MΦ subsets is required to determine their discrete roles in VT resolution and neovascularization.

Important unanswered questions remain; first, does the Mo/MΦ influx direct the vein wall fibrosis that is inherent in VT resolution and is it the driver of postthrombotic syndrome? Preliminary data at a 14-day time point in the stasis model suggests reduced fibrosis following CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦ depletion, as determined by trichrome histologic measures (unpublished data). Consistent with this observation, CCR2<sup>-/-</sup> mice demonstrate reduced vein wall injury at day 21.<sup>30</sup> Second, does the mechanism of thrombogenesis determine Mo/MΦ phenotype? From prior work in an electrolytic induction model (EIM),<sup>16</sup> IVC thrombus Mo/MΦs seem to take on a more proinflammatory phenotype in a stasis model when compared with a flow model (IVC stenosis/EIM). Lastly, the translation of these data suggests that promoting a transition from CD11b<sup>+</sup>Ly6C<sup>Hi</sup> to CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦ influx, transforming CD11b<sup>+</sup>Ly6C<sup>Hi</sup> cells to CD11b<sup>+</sup>Ly6C<sup>Lo</sup> cells, or by blocking CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦ efflux.

In summary, CD11b<sup>+</sup>Ly6C<sup>+</sup> monocytes do not overtly impact venous thrombogenesis but their terminal effector cell CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/M $\Phi$ s are essential for normal VT resolution, perhaps mediated via IFN- $\gamma$ -directed proteolytic activity. Future investigations in this line of research may unveil novel targets for new, nonanticoagulant, immunotherapies for DVT/PE.

## **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### Conflict of Interest

P.H. reports grants from NIH, T32HL076123–14, grants from NIH, R01HL132988–03, during the conduct of the study. A.S.K. reports grants from NIH, T32HL076123–14, grants from Jobst Foundation, American Venous Forum, during the conduct of the study.

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### What is known about this topic?

- Ly6C+ peripheral blood monocytes differentiate into Ly6C<sup>Hi</sup> (proinflammatory) Ly6C<sup>Lo</sup> (prohealing) during wound healing and inflammatory states.
- Monocytes/macrophages are the primary leukocyte involved in the process of VT resolution, but role of distinct subtypes is unknown.

## What does this paper add?

- Monocyte/macrophage depletion does not affect normal thrombogenesis, but does result in impaired thrombus resolution.
- In "take away and give back" experiments, Ly6C<sup>Lo</sup> monocyte/macrophage subtype is found to be essential to venous thrombus resolution.



### Fig. 1.

Quantitative flow cytometry methodology to determine proportions and counts of CD11b  $^{+}Ly6C^{Hi}$  and CD11b $^{+}Ly6C^{Lo}$  monocyte/macrophages (Mo/M $\Phi$ s) in inferior vena cava (IVC)/thrombus following formation of venous thrombosis. (**A**) Gating strategy to isolate CD11b $^{+}Ly6C^{Hi}$  and CD11b $^{+}Ly6C^{Lo}$  Mo/M $\Phi$ s for quantification. (**B**) Density plots and (**C**) line graph of proportions of CD11b $^{+}Ly6C^{Hi}$  and CD11b $^{+}Ly6C^{Lo}$  Mo/M $\Phi$ s in C57BL/6 mice at days 1, 3, and 8 following the stasis model of venous thrombosis (n = 5 per group, repeated once).



## Fig. 2.

CD11b-diphtheria toxin receptor (DTR)/diphtheria toxoid (DTx) depletion timeline in peripheral blood CD11b<sup>+</sup>Ly6C<sup>2+</sup> monocytes. (**A**) Pseudo-color plots of CD11b<sup>+</sup>Ly6C<sup>+</sup> peripheral blood monocytes untreated, treated with NaCl, or treated with DTx (10 ng/g) at days 1–4 post-DTx injection. (**B**) Monocyte depletion timeline following treatment with DTx (n = 6 per group, repeated twice, \*p < 0.05, \*\*p < 0.01). (**C**) Circulating peripheral blood CD11b<sup>+</sup>Ly6G<sup>+</sup> neutrophil counts by flow cytometry 24 hours post-DTx injection (n = 10 per group, repeated once, NS). (**D**) Circulating peripheral blood CD11b<sup>+</sup>Ly6G<sup>+</sup> neutrophil timeline following DTx injection (n = 6 per group, repeated once, all time points NS).



#### Fig. 3.

Predepletion of circulating CD11b<sup>+</sup>Ly6C<sup>+</sup> monocyte/macrophages does not affect qualitative or quantitative thrombus formation by the stasis model of venous thrombosis (VT). Inferior vena cava (IVC) thrombus size (weight-to-length ratio [g/cm]) at (**A**) 48 hours following stasis (complete IVC ligation) and stenosis (partial IVC ligation) induced thrombosis (n = 7-10 per group, repeated once, all *p*-values = NS). Representative photo of thrombus in (**B**) NaCl and (**C**) diphtheria toxoid (DTx)-treated CD11b-diphtheria toxin receptor (DTR) mice at 4× with Picro-Mallory stain (fibrin stains red; red blood cells [RBCs] stain yellow; connective tissue stains blue, both photos of thrombus formed under completed IVC ligation). Levels of IVC thrombus (**D**) fibrin, (**E**) plasminogen, and (**F**) citrullinated H3 by Western immunoblotting at 48 hours normalized by ratio to β-actin with representative blots (n = 7-10 per group, repeated once, all *p*-values = NS). Representative immunohistochemical staining pictures of Ly6G+ neutrophils in (**G**) NaCl and (**H**) DTxtreated mice at 2 days post-thrombosis (*c*= 6–7 per group, NS).



## Fig. 4.

Depletion of inferior vena cava (IVC)/thrombus Mo/MΦs following stasis venous thrombosis depletes CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦs and impairs venous thrombus resolution. (**A**) CD11b<sup>+</sup>Ly6C<sup>Hi</sup> and (**B**) CD11b<sup>+</sup>Ly6C<sup>Lo</sup> Mo/MΦ counts by flow cytometry in IVC/ thrombus in NaCl and diphtheria toxoid (DTx)-treated CD11b-diphtheria toxin receptor (DTR) mice at day 8 poststasis thrombosis (n = 4-6 per group, repeated once, \*p < 0.05). (**C**) CD11b<sup>+</sup>Ly6G<sup>+</sup> neutrophils expressed as a percentage of CD11b<sup>+</sup> cells in IVC/thrombus in NaCl and DTx-treated CD11b-DTR mice at day 8 poststasis thrombosis (n = 2-6 per group [2 controls expired], NS). (**D**) Histogram of Arg1 positively staining cells in the IVC/ thrombus with representative immunohistochemical staining at 20× of Arg1 + cells (n = 3-4 per group, repeated once, \*p < 0.05). (**F**) Levels of IVC thrombus plasminogen and (**G**) fibrin by Western immunoblotting with representative blots (n = 6 per group, repeated once, \*p < 0.05). (**H**) Cell counts of von Willebrand factor (vWF) positively staining cells (n = 4, p = ns) and representative photomicrographs at 40× (n = 4 per group, NS).

Kimball et al.



## Fig. 5.

Impaired venous thrombosis (VT) resolution is reversible with adoptive transfer of CD11b<sup>+</sup> Ly6C<sup>Lo</sup> monocytes. (**A**) Schematic of experimental protocol with inferior vena cava (IVC) ligation at time 0, monocyte/macrophage depletion at day 2, harvest of CD11b<sup>+</sup>Ly6C<sup>Lo</sup> cells (n = 30), and adoptive transfer on day 3, with harvest of thrombus and vein wall on day 8. (**B**) Pseudo-color plots of adoptively transferred tdtomato<sup>+</sup>CD11b<sup>+</sup>Ly6C<sup>Lo</sup> monocyte/ macrophages in recipient CD11b-diphtheria toxin receptor (DTR) mice with positive and negative controls (AT, adoptive transfer). (**C**) IVC/thrombus CD11b<sup>+</sup>Ly6C<sup>Lo</sup> cells expressed as a percentage of live, lineage<sup>-</sup>, Ly6G<sup>-</sup>, CD11b<sup>+</sup> cells in NaCl + RPMI injected and diphtheria toxoid (DTx) + 1 × 10<sup>6</sup> CD11b<sup>+</sup>Ly6C<sup>Lo</sup> cell injected mice at day 8 post-VT (n = 2-6 per group [2 controls expired], NS). (**D**) IVC/thrombus weight-to-length ratio at day 8 in CD11b-DTR mice treated with DTx followed by adoptive transfer of 1 × 10<sup>6</sup>CD11b + Ly6C<sup>Lo</sup> cells or RPMI Vehicle 24 hours following initial DTx injection (n = 10 per group; representative of two independent experiments; \*\*p < 0.01).