

Fracture shortly before stroke in mice leads to hippocampus inflammation and long-lasting memory dysfunction

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Abstract

Cognitive impairment occurs in stroke and hip fracture patients. In mice, bone fracture (BF) exacerbates stroke-related neuronal damage and sensorimotor dysfunction. We hypothesize that BF exacerbates post-stroke cognitive impairment. Adult mice were randomly assigned into BF, stroke, BF+stroke (BF 6 h before stroke), and control (sham operated) groups. Memory function was evaluated weekly for eight weeks by Y maze test and at eight weeks post-surgeries by novel object recognition (NOR) test. The neuronal damage and inflammation in hippocampus were analyzed three days and eight weeks after the surgeries. In Y maze test, BF+stroke mice started making fewer alternations than controls two weeks after the surgeries. Significant difference between BF+stroke and stroke groups started at five weeks post-injury and continued to the end of the experiment. In NOR test, BF+stroke group spent less time on novel objective than that of other groups. Cx3cr1⁺ cells and CD68⁺ cells accumulated in the stratum lacunosum moleculare (SLM) on the ipsilateral side of stroke injury in stroke and BF+stroke mice. BF+stroke mice had a higher ratio of ipsilateral/contralateral Cx3cr1⁺ cell-density than that of stroke mice. Therefore, BF shortly before stroke exacerbates hippocampal inflammation and causes long-lasting memory dysfunction.

Keywords

Ischemic stroke, memory dysfunction, bone fracture, stroke recovery, neuroinflammation

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Introduction

Up to 5% of stroke victims sustain a bone fracture (BF).^{1–5} The risk of stroke doubles after hip fracture.^{6,7} In US, the hazard ratio of suffering from a hip fracture in the first 24 h after the stroke is increased by ~4-fold, when compared to a non-stroke population.⁷ Within the first year of hip surgery, about 4% patients will suffer from stroke. Currently in the US, there are six million hip fractures/year,^{6,8} that will increase with the population aging. As advanced age is a risk factor for both stroke and fracture, it is imperative to understand the neurobiologic underpinnings for the association of these two conditions on the trajectory of aged-related cognitive decline.

Stroke doubles the risk of developing dementia.⁹ About one-tenth of stroke patients develop new dementia soon after the onset of stroke, and over one-third became demented after a recurrent stroke.¹⁰ The mechanism of post-stroke dementia is not clear. It has been

suggested that a B-lymphocyte response to stroke contributes to dementia in some stroke patients.⁹

Cognitive impairment occurs in nearly half of hip fracture patients.¹¹ The elderly are at significant risk for long-term cognitive dysfunction after aseptic surgical trauma.^{12,13} Patients with metabolic syndrome, preexisting cognitive decline, such as Alzheimer's disease or at risk for developing it appeared to have a greater likelihood of having impaired cognitive function.^{14–17} Animal study showed that, in young adult mice, tibia fracture causes a short-term (<1 week)

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memory dysfunction.^{18,19} Post-tibia fracture, neuroinflammation and memory dysfunction are more severe in rats that have metabolic syndrome and can persist up to three months.¹⁶ We found in our previous studies that tibia fracture occurring either before or after pMCAO exacerbates infarct sizes and sensorimotor dysfunction.^{20–23} However, the impact of BF on post-stroke cognitive function has not been studied.

We tested our hypothesis that BF arguments hippocampal inflammation and enhances post-stroke cognitive dysfunction. To test this notion, we monitored memory function of mice subjected to tibia fracture 6 h before ischemic stroke for eight weeks. The tibia fracture was created under aseptic surgery conditions to prevent infection-induced inflammatory/immune responses. To prevent additional tissue damage caused by unstable fracture, a 0.38 mm stainless steel rod was inserted in tibial intramedullary canal through a 0.5 mm hole drilled in the proximal tibia just beneath and medial to the patellar tendon. To ensure the consistency of fracture site, the fibula and the muscles surrounding the tibia were isolated, the periosteum stripped over a distance of 10 mm circumferentially and an osteotomy was performed with scissors at the junction of the middle and distal third of the tibia. We found that BF caused long lasting cognitive dysfunction in stroke mice.

Materials and methods

Animals

C57BL/6J (WT) male mice were purchased from the Jackson Laboratory (Bar Harbor, ME, USA). Cx3cr1^{GFP/+}/Ccr2^{RFP/+} transgenic mice that have green fluorescent protein (GFP) gene knocked into one allele of Cx3cr1 gene and red fluorescent protein (RFP) gene knocked into one allele of Ccr2 gene were offered by Israel F. Charo at the University of California, San Francisco, and raised in the animal facility of Zuckerberg San Francisco General Hospital; 24 8–12 weeks old WT male mice and 24 8–12 weeks old male and female Cx3cr1^{GFP/+}/Ccr2^{RFP/+} mice were randomly assigned to 4 groups: (1) stroke [permanent occlusion of the distal middle cerebral artery (pMCAO)], plus sham tibia fracture (BF)], (2) BF (plus sham pMCAO), (3) BF+Stroke (BF 6 h before pMCAO). (4) control (Sham BF plus sham pMCAO). Brain samples were collected from these mice three days after surgeries. Additional 60 8–12 weeks old male and female WT mice were randomly assigned to above four groups for studying long-term (eight weeks after surgeries) cognitive function. Brain samples from these mice were collected eight weeks after the surgeries for analysis.

All experimental procedures were approved by the Institutional Animal Care and Use Committee

(IACUC) at the University of California, San Francisco, and conformed to National Institutes of Health guidelines. All surgeries were performed under anesthesia with 2% isoflurane inhalation and aseptic conditions. Buprenorphine (analgesia, 0.1 mg/kg of body weight) was given at the beginning of and 6 h after each surgery and as needed afterward. Rectal temperature was maintained at $37 \pm 0.5^\circ\text{C}$ using a thermal blanket during surgeries. The following experiments and data are reported following the ARRIVE guidelines for animal experimentation.

BF

BF was performed under aseptic surgical conditions using the method described previously.²² Under anesthesia, the mouse received an open tibia fracture of the right hind limb with an intramedullary fixation. After surgery, the mice were allowed to recover spontaneously from anesthesia in warmed cages. Control mice (BF sham) received hind limb hair shaving with the same amount and duration of anesthesia and analgesia as those of BF mice.

Permanent distal middle cerebral artery occlusion

Permanent occlusion of the left distal middle cerebral artery (MCA) was conducted as described previously.²² Briefly, a 1.0 cm skin incision was made from the left orbit to the ear, followed by a 2 mm² craniotomy to expose the MCA. The MCA was then permanently occluded by electrically coagulation just proximal to the pyriform branch. The surface cerebral blood flow was monitored by a laser Doppler flow-meter (Vasamedics, Little Canada, MN, USA). Mice were excluded if the reduction of surface cerebral blood flow in the ischemic core is <15% of the baseline or massive bleeding occurred. In this study, 8 mice were excluded and replaced by additional mice. Mice were allowed to recover from anesthesia in warmed and clean cages. Control mice (pMCAO sham) were subjected to craniotomy without arterial occlusion but with the same amount and duration of anesthesia and the same amount of buprenorphine as stroke mice. Mouse blood pressure was measured using CODA Non-Invasive Blood Pressure System (Kent Scientific Corporation, CT, USA), before and after anesthesia was applied, 10 min before and after pMCAO procedure, and after recovery. We did not detect any significant different between Stroke and Stroke+BF mice at any time point (two-way ANOVA, $P=0.99$ Supplementary Figure 1).

Y maze spontaneous alternation test

To assess the spatial memory and working memory, mice were placed in the center of a Y-shaped maze

(Stoelting, Chicago, IL) that have three white, opaque plastic arms set at a 120° angle from each other and allow to freely explore the three arms for 10 min until 20 entries have been achieved. The maze was sprayed with 70% ethanol, cleaned, and air-dried for 3 min between each test. The exploration processes were recorded by a video camera. Analysis was done by reviewing the videos. Over the course of multiple entries, normal mice will typically exhibit a tendency to visit a new arm in the maze rather than the recently visited arm. An entry was recorded when all four limbs of the mouse were within an arm. The number of arm entries and the number of alternative entries were recorded to determine the percentage of spontaneous alternations.

Novel object recognition test

Seven days prior to the test, the operator hand maneuvered the mice for 5 min each day. The novel object test consists of four days. In the first and second day, each mouse was allowed to explore freely a rectangular arena for 10 min. In the third day, two identical items were placed in the arena. Each mouse was allowed to explore the arena for 5 min. In the last day, one of the objectives was replaced with a different one. The exploration processes were recorded and analyzed using the Ethovision System (Noldus Information Technology Inc. Leesburg, VA, USA). The mice will spend more time exploring the novel object than the familiar one, if their memory is normal. If exploration time of all objects are same, it can be interpreted as a memory dysfunction.²⁴ The preference was determined by dividing the exploration time on the novel object with the whole exploration time. Mouse was excluded if the entire exploration time was less than 5 s. We have removed six mice from normal control group, three from stroke group and one from BF+Stroke group.

Histological and immunohistological stains

After the mice were anesthetized with isoflurane inhalation, the brains of WT mice were collected, frozen in dry ice, and cut into 20 µm thick sections (CM1900 Cryostat, Leica, Wetzlar, Germany). The Cx3cr1^{GFP/+}/Ccr2^{RFP/+} transgenic mice were perfused with 10% neutralized formalin fixation solution through the left ventricle before their brains were removed. The brain samples of Cx3cr1^{GFP/+}/Ccr2^{RFP/+} mice were further fixed in 10% neutralized formalin overnight at room temperature, and then frozen on dry ice before sectioned into 20 µm thick sections. Sections between bregma -1.22 and -2.18 mm were used for immunostaining and quantification.

After washing with phosphate-buffered saline (PBS), sections were stained with antibodies specific to CD68

(for activated microglia/macrophage, 1:50, AbD Serotec, MCA1957, Raleigh, NC, USA) or NeuN (for neuronal nuclei, 1:500, Millipore, Bedford, MA) at 4°C overnight and then with secondary antibody, Alexa Fluor 594-conjugated anti-rag IgG (1:500, Invitrogen, Carlsbad, CA, USA) at room temperature for 2 h. Negative controls were performed by omitting the primary or the secondary antibodies. Terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate (dUTP) nick end-labeling (TUNEL) assay was performed using the dedicated kit (ApopTag, Millipore, Burlington, MA, USA) following the manufacturer's instructions. Fluoro-Jade C (Millipore, Bedford, MA, USA) staining was performed according to the manufacturer instruction. Sections from the brains of the Cx3cr1^{GFP/+}/Ccr2^{RFP/+} transgenic mice were directly mounted with a mounting media containing DAPI (Wectashield HardSet Mounting Medium with Dapi, Vector Laboratories Inc, Burlingame, CA, USA).

Quantifying Cx3cr1⁺, Ccr2⁺ and CD68⁺ cells in the stratum lacunosum moleculare (SLM)

Cx3cr1⁺ and Ccr2⁺ cells in the SLM of the hippocampus were quantified in the areas showed in Figure 3(b) using the software Adobe Photoshop CS6 (version 13.0.1). Two coronal sections 200 µm apart that contain hippocampus were selected. The ratios of the density of Cx3cr1⁺ of ipsilateral/contralateral were calculated.

The Ccr2⁺ cells and CD68⁺ cell numbers in the SLM region were counted on two coronal sections 200 µm apart that contain hippocampus.

Quantifying the volumes of granular cell layer in hippocampus

Two representative sections 200 µm apart selected between bregma -1.888 mm to -2.155 mm were mounted with mounting medium that contains DAPI (Wectashield HardSet Mounting Medium with Dapi, Vector Laboratories Inc, Burlingame, CA, USA). GCL volumes were measured using the method described by Cavalieri principle.²⁵ Briefly, the GCL areas were delineated by red lines (Figure 6(a)) and measured using NIH Image J software (version 1.45 J). The GCL volume was calculated using the equation: $V = A \times T \times N \times n$ (V: volume, A: area, T: thickness of a single section, N: number of sections represented by one section, n: number of sections that GCL has). In this case, T = 20 µm, N = 10, n = 10. GCL volume = (area 1 + area 2) × 20 × (10/2).

Statistical analysis

All quantification analyses were performed by at least two researchers who did not know the group

assignment. Sample sizes were estimated according to our previous published effect sizes of infarct size and sensorimotor function in a similar model.^{20,22} Sample sizes for each experiments were indicated in the figure legends. Data are presented as mean \pm SD. All data were analyzed by one-way ANOVA followed by Tukey's multiple comparisons using GraphPad Prism 6, except Y-Maze and blood pressure, which were analyzed by two-way ANOVA followed by Tukey's multiple comparisons. A P value < 0.05 was considered to be significant.

Results

BF 6 h before stroke causes long-lasting spatial memory dysfunction

All mice generated in this study showed similar stroke-related brain injuries and sensorimotor dysfunction as we have showed in one of our previous papers that used same models.²² The BF+stroke mice had larger infarct sizes, more inflammatory cell infiltration in the peri-infarct region, and more severe sensorimotor dysfunction than stroke only mice.

In current study, we analyzed memory function using Y-Maze spontaneous alternation test weekly and novel objective recognition tested (NOR) at eight

weeks post-injuries. Sham operated mice were tested in parallel as control.

In Y-maze test, two-way ANOVA analysis showed that the differences among groups are significant ($P=0.045$). Tukey's multiple comparisons showed that mice subjected with BF or stroke alone performed similarly to that of normal mice at all-time points, while mice subjected to BF+stroke started to make fewer alternations than normal mice ($P=0.004$), BF ($P<0.001$) mice and stroke mice ($P=0.006$) two weeks after the surgeries (Figure 1(a)). The BF+stroke mice continuously made fewer alternations than control mice from three to eight weeks after the surgeries. Statistically significant differences between BF+stroke group and stroke group started in five weeks post-injury ($P=0.004$) and continued to the end of the experiment (eight weeks post-injury, $P<0.001$). All mice made similar number of entries at each time-points, indicating no movement deficit (Figure 1(b)). No difference was found between male ($n=8$) and female ($n=7$) mice in stroke group (two-way ANOVA: $P=0.43$, Figure 1(c)) and male ($n=10$) and female ($n=8$) mice in BF+stroke group in Y maze test (two-way ANOVA: $P=0.6$, Figure 1(d)) at base line and at all-time points examined post surgeries.

In NOR test, one-way ANOVA analysis showed that the differences among groups are significant ($P=0.0016$).

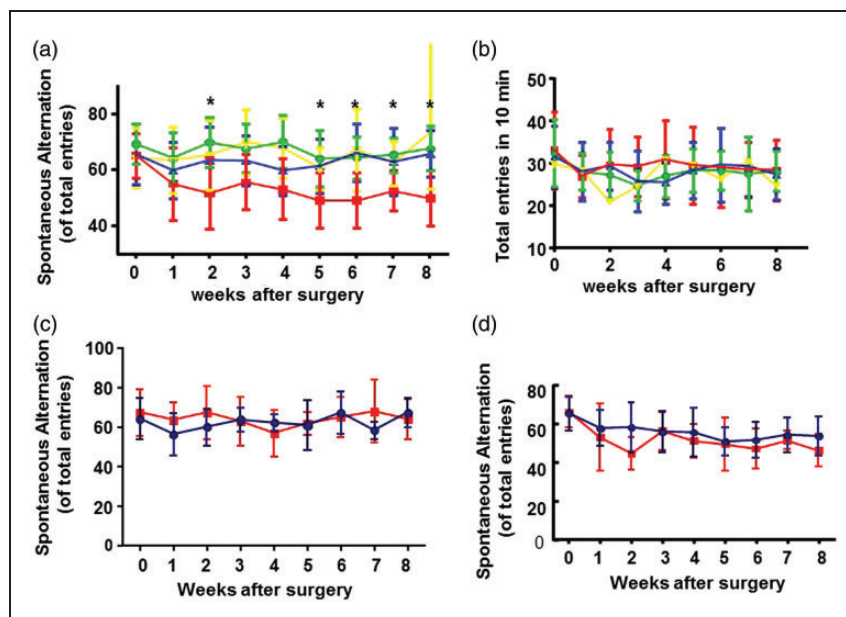


Figure 1. Mice subjected to BF+stroke made fewer alternations in Y-maze test than control mice and mice subjected to BF or stroke alone. (a) Percentage of spontaneous alternations before surgeries and one-to-eight weeks after surgeries. Green: BF group ($n=16$); Blue: stroke ($n=15$); Red: BF+stroke ($n=18$); Yellow: control ($n=11$). *indicate that the differences between stroke group and BF+stroke group are statistically significant. (b) Total entries of mice in 10 minutes testing period. (c) Comparison of the percentage of spontaneous alternations of male (Blue, $n=8$) and female (Red, $n=7$) mice in stroke group. (d) Comparison of the percentage of spontaneous alternations of male (Blue, $n=10$) and female (Red, $n=9$) mice subjected to BF and stroke.

Tukey's multiple comparisons showed that the stroke, BF and control mice used similar time to explore the novel object; however, the BF+stroke mice spent less time on the novel object than control mice ($P=0.002$) and mice in BF group ($P=0.03$, Figure 2(a)). Although BF+stroke mice trend toward spending less time on novel object than stroke mice ($P=0.28$), the difference did not reach statistical significance perhaps due to the limited sample size. The running distances (one-way ANOVA: $P=0.37$, Figure 2(b)) and velocities (one-way ANOVA: $P=0.28$, Figure 2(c)) are similar among groups. These data suggest that BF shortly before stroke causes long-lasting spatial memory dysfunction.

Cx3cr1⁺ cells accumulated in the hippocampal SLM ipsilateral to stroke injury in stroke- and BF+stroke-groups

Since previous studies showed that tibia fracture causes macrophage infiltration in the hippocampus,²⁶ we analyzed microglia and macrophage load in the hippocampus three days after injuries using *Cx3cr1*^{GFP/+}/*Ccr2*^{RFP/+} transgenic mice. We found accumulation of *Cx3cr1*⁺ cells in the alveus and SLMs ipsilateral to stroke injury of mice in stroke and BF+stroke groups (Figure 3(a)). Since the increase of *Cx3cr1*⁺ cells in the alveus was not consistent (Supplementary Figure 2) and not correlated with cognitive functions well, we only quantified the density of *Cx3cr1*⁺ cells in the areas defined in Figure 3(b)), that covers the SLM region. One-way ANOVA analysis showed that the differences among groups are significant ($P < 0.0001$). Tukey's multiple comparisons showed that the ratios of *Cx3cr1*⁺ cell-densities in ipsilateral versus contralateral side SLMs were higher in BF+stroke group than that in the control ($P < 0.001$), BF ($P < 0.001$), and stroke alone groups ($P=0.001$, Figure 3(c)). Mice subjected to stroke alone also have more *Cx3cr1*⁺ cells in the SLMs in the ipsilateral side of stroke injury than

control mice ($P=0.004$) and BF mice ($P=0.006$). The densities of *Cx3cr1*⁺ cells in BF group were equal on both sides of SLMs and were similar to that of control mice. The densities of *Cx3cr1*⁺ cells in SLMs in the contralateral side were similar among groups.

There is very few *Ccr2*⁺ cells in the SLM regions of control mice and only a small numbers of *Ccr2*⁺ cells were detected in mice subjected to surgeries. Mice subjected to stroke or BF+stroke had more *Ccr2*⁺ cells on both ipsilateral and contralateral SLMs than that of mice subjected to BF alone (one-way ANOVA: $P=0.0017$, Figure 4(a) and (b)). There was no difference between stroke and BF+stroke mice. The ratios of the numbers of *Ccr2*⁺ cells in the ipsilateral and contralateral side are similar among all groups (one-way ANOVA: $P=0.68$, Figure 4(c)).

More CD68⁺ cells were presented in the ipsilateral SLMs of mice subjected to stroke or BF+stroke

To test whether those *Cx3cr1*⁺ cells are activated microglia, the brain sections collected from WT male mice three days after the surgeries were stained with an antibody specific to CD68. One-way ANOVA analysis showed that the ratios of CD68⁺ cells between ipsilateral and contralateral sides were significantly different among groups ($P=0.0023$). Tukey's multiple comparisons showed that there were more CD68⁺ cells in the ipsilateral sides than contralateral sides of stroke mice ($P=0.02$) and BF+stroke mice ($P=0.06$). Few CD68⁺ cells were detected in SLMs of BF mice and the numbers of CD68⁺ cells were equal in on both sides of SLMs of BF mice (Figure 5).

BF+stroke mice have smaller GCL volume than that of control mice

To investigate if *Cx3cr1*⁺ cell accumulation causes neuronal death in the hippocampus, brain sections

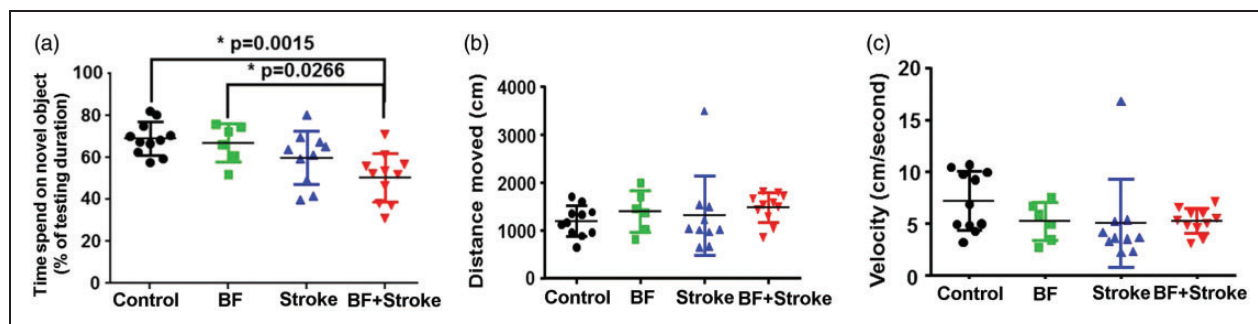


Figure 2. Mice subjected to BF+stroke spend less time than control and BF mice on novel objective. (a) Time that mice spend on novel objective. (b) Distance that mice moved during the test. (c) Running velocity of mice during the test. BF: $n=6$; Stroke: $n=10$; BF+Stroke: $n=11$; Control: $n=11$.

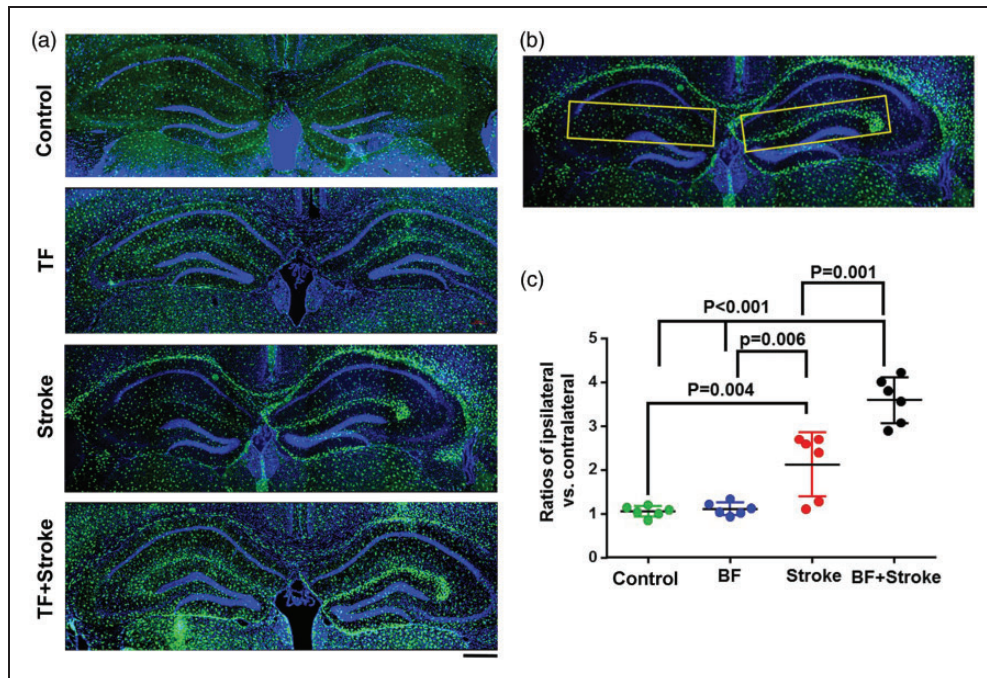


Figure 3. More Cx3cr1⁺ cells in the hippocampal SLMs region ipsilateral to stroke injury in stroke- and BF+stroke-groups. (a) Representative microscopic images. Microglia express GFP (green). The nuclei were counterstained by DAPI (blue). Scale bar: 400 μ m. (b) The areas in yellow boxes were used for quantifying Cx3cr1⁺ cells. (c) The ratios of Cx3cr1⁺ cells in SLMs of the ipsilateral versus contralateral sides of stroke injury. *n* = 6.

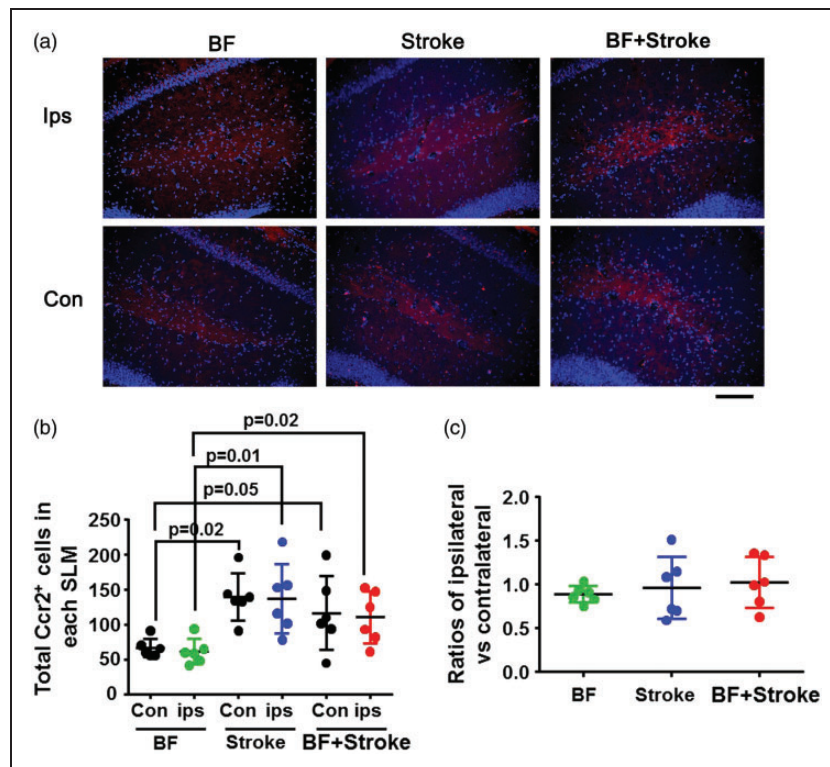


Figure 4. More Ccr2⁺ cells were detected in SLMs of stroke- and BF+stroke mice. (a) Representative microscopic images. Ccr2⁺ cells express RFP (red). The nuclei were counterstained by DAPI (blue). Scale bar: 100 μ m. (b) Quantification of total Ccr2⁺ cells in the SLM. (c) Ratios of Ccr2⁺ cells in SLMs ipsilateral versus contralateral to the stroke side. ips: ipsilateral; con: contralateral. *n* = 6.

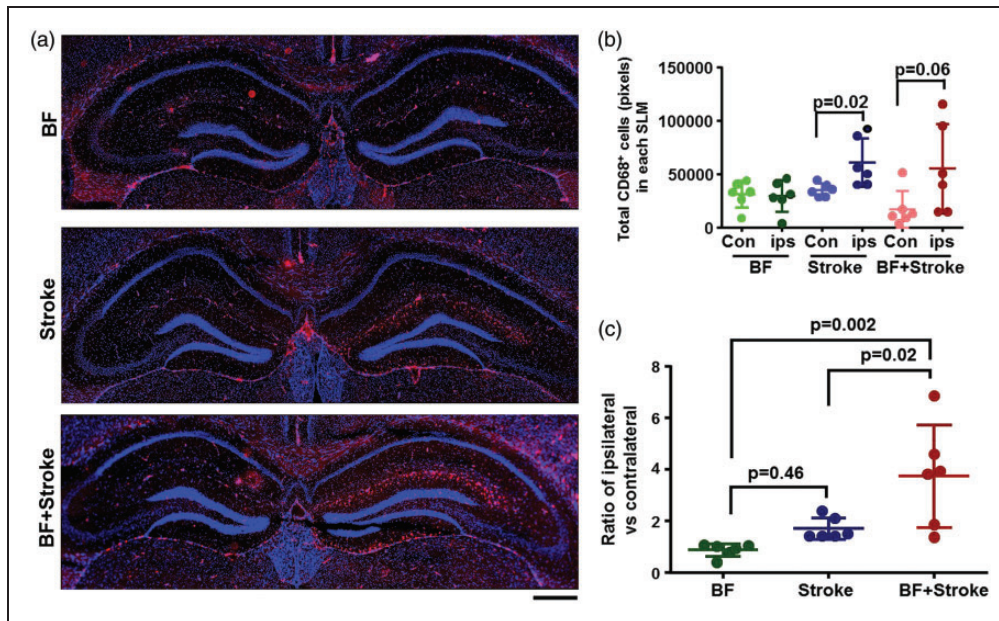


Figure 5. More CD68⁺ cells were detected in the ipsilateral SLMs of stroke- and BF+stroke mice. (a) Representative microscopic images. CD68⁺ cells were visualized by immunostaining using an anti-CD68⁺ antibody (red). The nuclei were counterstained by DAPI (blue). Scale bar: 400 μ m. (b) Quantification of total CD68⁺ cells in the SLM. (c) Ratios of CD68⁺ cells in SLMs ipsilateral versus contralateral to the stroke side. ips: ipsilateral; con: contralateral. $n = 6$.

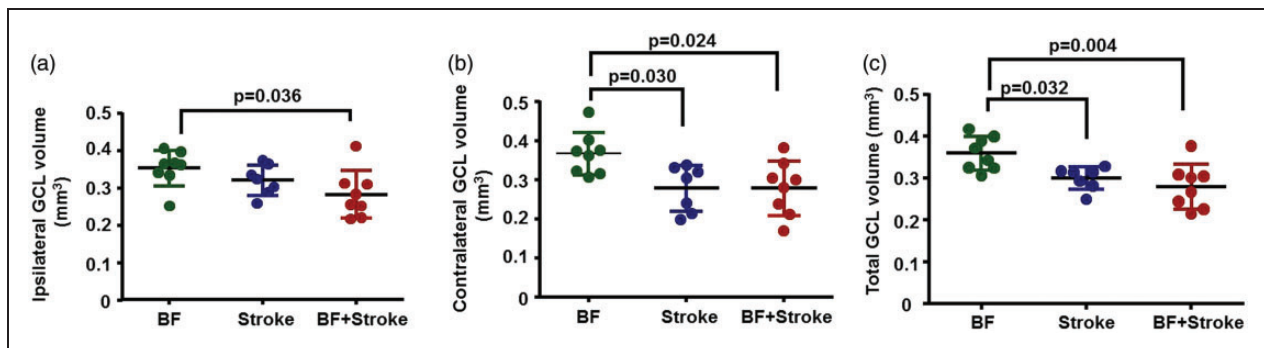


Figure 6. Stroke and BF+stroke mice had smaller GCLs than control mice eight weeks after injuries. (a) Quantification of ipsilateral GCL volumes. (b) Quantification of contralateral GCL volumes. (c) Quantification of total GCL volumes. BF: $n = 8$; stroke: $n = 7$; BF+stroke: $n = 8$.

were co-stained with an antibody specific to NeuN and Fluoro-Jade C or TUNEL. No degenerated neuron was detected in the hippocampi of brains collected three days or eight weeks after the injuries (Supplementary Figure 3). We then measured the GCL volume. The GCL volumes were similar among all groups both on ipsilateral and contralateral sides three days after the surgeries (one-way ANOVA: $P = 0.36$). However, at eight weeks after the surgery, one-way ANOVA analysis showed the volumes of ipsilateral GCLs were significantly different among groups ($P = 0.045$). Tukey's multiple

comparisons showed that the ipsilateral GCLs of BF+stroke mice were smaller than that of BF mice ($P = 0.036$, Figure 6(a)). One-way ANOVA analysis also showed the volumes of contralateral GCLs were significantly different among groups ($P = 0.014$). Tukey's multiple comparisons showed that both stroke ($P = 0.03$) and BF+stroke ($P = 0.024$) mice had smaller GCLs on the contralateral side (Figure 6(b)) and total GCLs (stroke versus BF: $P = 0.032$; BF+stroke versus BF: $P = 0.004$, Figure 6(c)) than that of BF mice. Thus, BF caused more severe atrophy of GCLs of stroke animals.

Discussion

In this study, we showed that tibia fracture shortly before ischemic stroke caused long-lasting (≥ 8 weeks) spatial memory dysfunction in young mice (8–10 weeks of age), which was associated with an accumulation of Cx3cr1⁺ and CD68⁺ cells in the hippocampal SLM region ipsilateral to the stroke injury, a phenomenon that has not been reported before.

Dementia and stroke often occur together, and the combination of these injuries significantly increases the mortality and the cost of care.^{27–29} Stroke survivors are more likely to develop cognitive dysfunction than the general population.^{29,30} The underlying mechanism(s) for this increased dementia risk is unknown. Doyle et al.⁹ demonstrated that the delayed cognitive impairment in patients and mice following stroke is associated with a B-lymphocyte-response. Using a mouse model of post-BF stroke, we noted in this study a remarkable increase of Cx3cr1⁺ and CD68⁺ cells in the hippocampal SLMs ipsilateral to stroke injury of mice three days after stroke or BF+stroke. The increases of Cx3cr1⁺ and CD68⁺ cells in the hippocampal SLMs ipsilateral to stroke injury could be due to the additional effect of BF on increase of blood–brain barrier permeability and the levels of cytokines in the hippocampus,²⁶ as we have observed an increase of extravascular IgG in the ipsilateral SLMs of BF+stroke mice (data not shown). Ccr2⁺ cells were increased in SLMs both ipsilateral and contralateral to stroke injury. These data suggest that augmented inflammation in hippocampus is one of the mechanisms that contribute to cognitive dysfunction of patients suffering from both injuries. We have showed in our previous study that reduction of systemic inflammation through depletion of macrophages, inhibition of the high-mobility group box chromosomal protein-1 (HMGB1),²⁰ or activation of $\alpha 7$ nicotinic acetylcholine receptor (nAChR)²¹ reduces neuroinflammation, infarct size and sensorimotor dysfunction in BF+stroke mice. Therefore, modulate inflammation might also reduce the memory dysfunction of BF+stroke mice.

Stroke and BF are risk factors for cognitive dysfunction. If these conditions present simultaneous, the individuals will have less optimal outcome. Stroke patients have an increased risk of BF.^{1–3,31} In US, compared to a non-stroke population, the hazard ratio of suffering from a hip fracture in the first 24 h after the stroke is increased by ~ 4 -fold.⁷ Within the first year of hip surgery, about 4% patients will suffer from stroke. Although stroke and BF have many common risk factors,^{5,32,33} strategies for preventing^{34,35} or treating stroke may adversely influence bone healing.² Understanding how these two conditions interact with each other will help to develop specific interventions to treat the patients.

Peripheral trauma, including BF, can cause neuroinflammation and cognitive impairment.^{12,18} For the majority of patients, post-trauma or post-surgery neuroinflammation and cognitive decline resolve promptly with no sequelae. However, for patients with some risk factors, such as metabolic syndrome, Alzheimer's disease and aging, neuroinflammation can persist and cause persistent and even permanent cognitive dysfunction.¹⁷ Cognitive dysfunction increases the risk of mortality.³⁶

Animal studies show that tibia fracture increases circulating and hippocampal inflammatory cytokines and monocytes/macrophages that is associated with a short-term (< 7 days) memory dysfunction in young mice.^{18,19} Post-BF neuroinflammation and memory dysfunction are more severe in rats that have metabolic syndrome and can persist up to three months.¹⁶ Here we showed that the spatial memory dysfunction in mice subjected to stroke shortly after BF lasted beyond eight weeks, which is accompanied with an increase of activated microglia/macrophage in the hippocampus. Therefore, the augmented innate immune response from stroke could be one of the mechanisms for long-term cognitive dysfunction.

It has been shown that brain injury is more severe in the elderly after stroke and BF. In a rat forebrain ischemia model, older rats showed greater neocortical and striatal injury than younger rats.^{37,38} Stroke-induced neurogenesis is reduced in aged animals.³⁹ In addition, the aged brain has an activated basal state of low-grade chronic inflammation^{40,41} that may lead to more severe and persistent behavioral and cognitive deficits after stroke, and thereby impairing stroke recovery.^{42,43} We showed previously that the brain's angiogenic and neurogenic responses to vascular endothelial growth factor (VEGF) are reduced in aged mice,⁴⁴ which could contribute to impaired stroke recovery observed in old mice, and that compared with 3-month-old mice, 12-month-old mice have larger infarct size, more severe neuroinflammation and behavioral dysfunction after pMCAO.⁴⁵

Questions need to be investigated further. (1) The number of Cx3cr1⁺ cells and CD68⁺ cells was also increased in alveus in some stroke and BF+stroke mice. It is not clear if the accumulation of these cells in alveus has any functional means. (2) It is not clear why the volumes of GCLs were reduced in both stroke and BF+stroke mice eight weeks after the injuries, while the long-term memory dysfunction was only present in BF+stroke mice. (3) We could not detect any TUNEL or Fluoro-Jade C positive neuron in the hippocampus at three days and eight weeks after the injuries. It is not clear why the volumes of GCLs were reduced in both stroke and BF+stroke mice eight weeks after the injuries. The neuronal damage could

occur at those time points that we did not covered, or neuron regeneration was reduced after stroke and BF+stroke. (4) Compared to BF mice, stroke and BF+stroke mice had more Ccr2⁺ cells in both ipsilateral and contralateral SLMs. It is not clear if Ccr2⁺ accumulation has any roles in the reduction of GCL volumes. (5) As we have discussed in previous paragraph, inhibition of inflammatory through depletion of macrophage, HMGB1 antibody treatment or activation of nAChR reduces the negative impact of BF on stroke-related injuries, such as reduce infarct size, sensorimotor dysfunction and brain edema.^{21,23} We have not tested if these strategies also reduce the negative impact of BF on post stroke cognitive function yet. We will test them in our future studies.

Patients with both stroke and BF have less optimal outcomes than patients that have single injury. The strategies for preventing or treating stroke can worsen bone healing. Due to the absence of biologic understanding of the interaction of these two conditions, there are no specific interventions to prevent post-BF stroke, nor post-stroke BF. Advanced age is a risk factor for both stroke and BF. The neurobiologic underpinnings for the association of these two conditions include the trajectory of age-related cognitive decline. The increase of aging population in the US will increase the number of patients with both stroke and BF, as well as the burden of health care at both the individual and societal levels. Despite the growing prevalence of the number of patients with both injuries, few studies have been designed to address the impact of BF/surgery on stroke, which, if unabated, will lead to an increased burden of these illnesses on individual suffering and healthcare resources. In this study, we used aseptic tibia fracture to mimic long bone and hip fractures in human. We showed that mice subjected to BF shortly before stroke developed long-lasting memory dysfunction, which is associated with an increase of activated microglia/macrophages in the SLMs of hippocampi. Our data suggest that augmented innate immune response could be one of the underlying mechanisms. Therefore, inhibition of innate immune could be developed to prevent or alleviate the cognitive dysfunction of patients that suffer BF and stroke or stroke patients that will undergo elective hip surgery.

Acknowledgements

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Authors' contributions

ZL: concept and design, data acquisition, data analysis, manuscript drafting. MW: data acquisition, data analysis. HL: data acquisition, data analysis. KH: data acquisition, data analysis. LW: data acquisition, data analysis. MZ:

data acquisition, data analysis. HS: design, data analysis, manuscript revision, finalized manuscript.

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Declaration of conflicting interests

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Supplementary material

Supplementary material for this paper can be found at the journal website: <http://journals.sagepub.com/home/jcb>

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