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Next-generation sequencing analysis of each blastomere in good-quality embryos: insights into the origins and mechanisms of embryonic aneuploidy in cleavage-stage embryos

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Abstract

Purpose To explore the whole-chromosome status, origins, and mechanisms of chromosomal abnormalities in good-quality cleavage embryos using multiple annealing and looping-based amplification cycle (MALBAC) sequencing.

Methods The embryos studied came from7 patients (maternal aged 26–35) who had healthy birth from the same IVF cycles. These 21 frozen day 3 good-quality embryos were thawed and disaggregated into individual blastomere. Each blastomere was collected and analyzed by MALBAC sequencing.

Results Conclusive results were obtained from a high percentage of blastomeres (95.3%). A total of 46.6% of blastomeres were diploid, 53.4% were abnormal, and 28.0% had complex aneuploidy. Out of 21 embryos, 3 (14.3%) were normal and 18 (85.7%) were mosaics, showing the occurrence of mitotic errors; aneuploidy was confirmed in all cells of 4 of the 18 embryos, which showed the coexistence of meiotic errors. Conclusive results were obtained from all blastomeres of 15 embryos (71.4%, 15/21), which enabled us to reconstruct the cell lineage on the basis of the chromosomal content of the blastomeres in each division. There were 9 mitotic errors (8.7%, 9/103): nondisjunction accounted for 88.9% (8/9), and endoreplication accounted for 11.1% (1/9). **Conclusions** In good-quality embryos, there was a high rate and diverse array of chromosomal abnormalities. Morphological evaluation does not appear to assist in the reduction in meiotic errors from parental origins. Mitotic errors were common, and nondisjunction was found to be the main mechanism causing malsegregation during the cleavage divisions.

Keywords Cleavage embryo \cdot An euploidy \cdot Preimplantation genetic screening \cdot Multiple annealing and looping-based amplification cycles (MALBAC) \cdot Mosaicism

Introduction

Although in vitro fertilization (IVF) technology has rapidly developed, the success rate is still relatively low. The cleavage

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embryo implantation rate is approximately 36% [1]. The aneuploidy incidence in aborted fetuses is very high (> 50%) [2]. Chromosomal abnormalities in live-born infants primarily originate from meiotic errors. These data suggest that earlystage embryos suffer from a wide range of chromosomal abnormalities and that this might be one of the main causes of the negative outcomes following IVF. For many years, goodquality embryos, based on morphological criteria, including cell number, cell size, and fragmentation, have commonly been selected for transplantation. Understanding the types, incidence, and origin of aneuploidy in good-quality cleavage-stage embryos is of great importance.

The introduction of preimplantation genetic screening (PGS) made it possible to study the chromosomal condition of embryos [3]. Typically, fluorescence in situ hybridization (FISH) as the main method for PGS is performed to identify ploidy states of only 5–12 chromosomes. High-resolution methods for the complete karyotyping of a cell, such as

comparative genomic hybridization (CGH; including metaphase CGH and array CGH), single-nucleotide polymorphism (SNP) arrays, and next-generation sequencing (NGS), remedy the limitations of FISH. These methods enable the detection of 24 types of chromosome and chromosome breakage leading to segmental aberrations in one cell, and more abnormalities can be detected than with FISH. Multiple annealing and looping-based amplification cycles (MALBAC) is a newly developed amplification method that offers high genomic coverage with much reduced sequence-dependent bias [4]. MALBAC sequencing was introduced for genome detection of single gametes [5], single blastomeres [6], and several trophectoderm cells [7] and was validated to be an accurate and cost-effective method for whole-genome detection of embryos.

Although many cytogenetic studies using high-resolution methods demonstrated that aneuploidy and mosaicism were common and insinuated chromosome instability in IVF embryos [8–10], the exact whole-chromosome status of goodquality cleavage-stage embryos remains poorly defined. The majority of studies are performed on only single- or dualbiopsied blastomeres or on all blastomeres from discarded embryos. Moreover, the majority of the studied embryos were from women at risk of embryonic aneuploidy (such as those with advanced maternal age, recurrent implantation failure, and recurrent miscarriages) [11]. Only a few studies have obtained complete information on normally developing cleavage-stage embryos from young fertile women [12–14]. Two studies have provided information on every blastomere from good-quality embryos using metaphase CGH, which has a lower resolution than NGS [12, 13]. One study has performed array CGH testing of all blastomeres of high-quality embryos, but conclusive results were not obtained from a significant proportion of the blastomeres in this study [14].

In the present study, we applied MALBAC sequencing to analyze the genomic status of all blastomeres of 21 goodquality cleavage embryos donated by couples who had healthy births from the same IVF cycles. The data in this article can provide insight into the cytogenetic constitution of day 3 good-quality embryos based on morphological characteristics and can define the types and frequencies of chromosomal abnormalities. The results can also shed light on the origins of aneuploidy, the mechanisms of chromosomal malsegregation, and the developmental potential of mosaic embryos.

Material and methods

Embryos

All embryos used in this study were surplus from IVF couples who had delivered babies from the same IVF cycle. The study was approved by the Institutional Review Board of the 3rd Affiliated Hospital of Guangxi Medical University. We obtained signed consent from all of the donors before the treatment. Seven couples donated 21 good-quality frozen cleavage-stage embryos. The mean age of the women was 29 (range 26 to 35) years. General information about the 7 couples is summarized in Table 1. All of the embryos were fertilized by intracytoplasmic sperm injection (ICSI) and exhibited two pronuclei on day 1, normally developed to good-quality cleavage-stage embryos (3–5 blastomeres on day 2, 6–10 equal-sized blastomeres with less than 20% fragmentation on day 3), and were cryopreserved by vitrified cryopreservation [15] (Table 2).

Cell isolation and lysis

Twenty-one embryos were thawed, and morphology grade was assigned. The embryos were incubated in 0.6% pronase for 2–3 min to remove the zona pellucida and then gently pipetted to disaggregate the blastomeres. Each blastomere was washed in two 30- μ l droplets of sterile phosphate-buffered saline and then placed into 5 μ l of lysis buffer (200 mM KOH) and stored at – 20 °C until experimentation.

MALBAC and NGS of single blastomeres

We used MALBAC (20) to amplify the whole genome of a single blastomere, which can generate the micrograms of DNA required for NGS. Then, the amplified genome was sequenced at ~ $0.04 \times$ depth on an Illumina HiSeq2500 platform. Therefore, approximately 40 million bases for each blastomere were sequenced, obtaining genomic coverage of 3% on average. The sequencing throughput achieved the standard for variation screening of chromosomal copy number (> $0.01 \times$ genome depth) and yielded reproducible copy number variation results with approximately 1 Mb of resolution to detect the variation [6].

 Table 1
 Information of donated couples

Couple	Age of woman	Cause of infertility	No. of donated embryos
Y	28	Male factor	1
L	28	Male factor	5
В	35	Male factor	1
W	26	Male factor	1
LX	29	Male factor	2
D	30	Male factor	3
Κ	27	Male factor	8

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 Table 2
 MALBAC-sequencing results of 169 analyzed blastomeres from 21 embryos

Couple	Embryo no.	D2 cell number (grade)	D3 cell number (grade)	MALBAC-sequencing results [no. of cells)
Y	1	4(II)	8 (II)	46,XY [3]
				51,XYY,+Y(×2),+3(×3),+9(×3),+13(×3), +17(×3) [2]
				41,X,-Y(×0),-3(×1),-9(×1),-13(×1),-17(×1) [2]
				$46,XY,+6q(q12\rightarrow q22.31,\sim 55M,\times 3)$ [1]
	2	4(II)	8 (II)	46,XX [8]
L	3	4(II)	8 (I)	46,XX [2]
				$46,XX,+17p(\text{pter} \rightarrow \text{p11.2},-23M,\times 3),-20(\text{p11.21} \rightarrow 22M,\times 1)[1]$
				qter,~36M,×1)[1] 46,XX,-17p(pter→p11.2,~23M,×1),+20(p11.1→qter,~32M,×3)[1]
				$46,XX,-9q(q21.11 \rightarrow qter,-67M,\times1)$ [1]
				$46,XX,-9q(q21.11 \rightarrow qter,-65M,\times 3)[1]$
				Complex abnormality[2]
L	4	3(II)	6 (II)	46,2Y,-X(×0) [1]
_		- ()		$46,XX,-16q(q11.2 \rightarrow qter,~43M,\times 0)$ [1]
				$46,XX,+16q(q11.2\rightarrow qter,\sim 43M,\times 4)$ [1]
				48,XX, +1(×4) [1]
				44,XX,-1(×0) ,+3q(q11.2→q13.33,~24M,×3) [1]
				44,XX,-1(×0) ,+13q(q13.1→q21.2,~30M,×3) [1]
L	5	4(I)	8 (I)	46,XX[5]
				46,XX,+5q(q22.3→qter,~66M,×3) [1]
				46,XX,-5q(q22.3 \rightarrow qter,~65M,×1) [1]
				46,XX,-1(p12→q24.2,~52M,×1) [1]
	6	4(II)	8 (II)	46,XX[2]
				46,XX,-X(p11.3→q13.1,~27M,×1) [1]
р	7	5(11)	7 (11)	Complex abnormality[5]
В	7	5(II)	7 (II)	46,XY[3] 48,XY,+8(×3) +20(×3)[1]
				46,X1,+6(-5)+20(-5)[1] 46,XY,-8(-1),+20(-3)[1]
				Complex abnormality[1]
				No result[1]
W	8	5(II)	8 (II)	46,XY[8]
LX	9	4(I)	8 (II)	46,XX[4]
				$46,XX,+15(\text{pter}\rightarrow\text{q}24.1,\sim45M,\times3)$ [1]
				$46,XX,+12(\text{pter}\rightarrow q12,\sim 45M,\times 3)$ [1]
				No result [2]
LX	10	4(I)	8 (II)	46,XY[7]
				$46,XY,-13q(q32.1 \rightarrow qter, \sim 20M, \times 1)[1]$
D	11	4(II)	8 (II)	45,XX,-16(×1)[7]
				$45,XX,-16(\times 1),-19(p13.11\rightarrow q13.2,\sim 24M,\times 1)[1]$
D	12	4(II)	8 (II)	Complex abnormality[7]
D	10			No result[1]
D	13	4(II)	8 (II)	46,XX[4]
				$46,XX,+9q(q21.11 \rightarrow qter, ~66M, \times 3)[1]$
				46,XX,-9(p13.3→qter,~100M,×1) [1] 45,XX,-17(×1)[1]
				$47, XX, +17(\times 1)[1]$ $47, XX, +17(\times 3)[1]$
К	14	3(II)	8 (II)	Complex abnormality[8]
K	15	3(II) 3(II)	8 (II)	46.XX[8]
K	16	4(II)	8 (I)	46,XX[4]
	10	.(1)	0 (1)	47,XX,+18(×3)[1]
				Complex abnormality[1]
				No result[2]
K	17	4(II)	8 (I)	46,XY[7]
				$46,XY,-4q(q12\rightarrow q22.2,\sim 40M,\times 1),+14(pter\rightarrow q23.3,\sim 43M,\times 3)[1]$
K	18	4(II)	10 (II)	46,XX[6]
				Complex abnormality[2]
				No result[2]
K	19	4(II)	8 (II)	44,XY,-2(×1),-12(×1)[6]
				Complex abnormality[2]
К	20	4(II)	8 (II)	45,XY,-16(×1)[4]
				Complex abnormality[4]
К	21	4(II)	10 (II)	46,XX[4]
				Complex abnormality[6]

Results

MALBAC-sequencing results

Altogether, 21 embryos were thawed, surviving with each blastomere intact. A total of 169 blastomeres were obtained. A total of 164 cells (97.0%, 164/169) were successfully amplified, and conclusive results, which were the results of ploidy determination by MALBAC sequencing, were obtained from 161 cells (95.3%, 161/169). Five cells (3.0%, 5/169) did not yield the expected amount of DNA, and 3 cells (1.8%, 3/169) did not provide analyzable results. Table 2 shows the MALBAC-sequencing results of each blastomere.

Embryonic ploidy

Among the 21 embryos, 9 embryos (42.9%, 9/21) were fertilized by Y sperm and 12 embryos (57.1%, 12/21) were fertilized by X sperm. Of the 21 embryos, 3 embryos (14.3%, 3/21) were normal diploid (embryos 2, 8, and 15), and 18 embryos (85.7%, 18/21) were mosaic; aneuploidy was confirmed in all cells of 4 of the 18 embryos (embryos 11, 14, 19, and 20), which showed the coexistence of meiotic errors. Among the remaining 14 (77.8%, 14/ 18) mosaic embryos, which consisted of normal blastomeres as well as blastomeres with either whole-chromosome or segmental aneuploids or both, 7 (38.9%, 7/18) were diploid/aneuploid mosaics (\geq 50%) (embryos 5, 9, 10, 13, 16, 17, and 18), 5 (27.8%, 5/18) were diploid/aneuploid mosaics (< 50%) (embryos 1, 3, 6, 7, and 21), and 2 were aneuploidy mosaics (11.1%, 2/18) (embryos 4 and 12) (Table 3).

Blastomere euploidy

Of the 161 analyzed blastomeres, 75 (46.6%, 75/161) were diploid. Forty-six (28.6%, 46/161) had only whole-chromosome abnormalities, out of which 12 (7.5%, 12/161) blastomeres had monosomy and 2 (1.2%, 2/161) blastomeres had trisomy. Nineteen (11.8%, 19/161) blastomeres contained only structural aberrations. Twenty-one (13.0%, 21/161) blastomeres contained structural aberrations coexisting with whole-chromosome abnormalities.

Table 3 The incidence rates of diploidy, Incidence	Embryo status	n (%)
aneuploidy, and mosaicism in 21	Diploid	3 (14.3)
embryos	Aneuploid	4 (19.0)
	Mosaic	14 (66.7)
	Diploid/aneuploid (≥ 50%)	7 (33.3)
	Diploid/aneuploid (< 50%)	5 (23.8)
	Aneuploid mosaic	2 (9.5)

Among the 86 an euploidy blastomeres, 26 (16.1%, 26/161) had whole or structural an euploidy of one chromosome, 15 (9.3%, 15/161) had an euploidy of two chromosomes, and 45 (28.0%, 45/161) had complex an euploidy.

The incidence of whole-chromosome aneuploidy

Sixty-seven (41.6%, 67/161) blastomeres were found to have whole-chromosome abnormalities distributed in 13 (61.9%, 13/21) embryos. Whole-chromosome aneuploidy was distributed at all autosomes (except for chromosomes 4 and 5) and sex chromosomes. The abnormal frequencies were not identical on different chromosomes (Fig. 1). The gain and loss of most chromosomes were approximately equal, but the loss of chromosomes 7, 9, 12, and 16 was significantly greater than their gain, and the situation was contradictory for chromosome 13.

The incidence of structural aberration

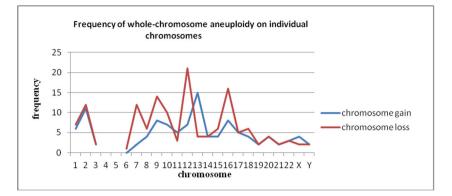
Forty (24.8%, 40/161) blastomeres were found to have structural aberrations, which were distributed in 16 (76.2%, 16/21) embryos. Out of a total of 92 unbalanced segments detected, 43 (46.7%, 43/92) were deletions and 49 (53.3%, 49/92) were duplications. Fifteen (16.3%, 15/92) were p segments, 44 (47.8%, 44/92) were q segments and 33 (35.9%, 33/92) were segments spanning the centromeric region. Structural aberrations were distributed on all chromosomes except chromosomes 21, 22, and Y. Figure 2 shows the frequencies on different chromosomes.

Cell lineage analysis

Among the 21 embryos, conclusive results from all blastomeres were obtained from 15 embryos. All embryos were evaluated daily after fertilization. Based on the information regarding their size and cell numbers, the number of cleavages they underwent can be estimated. Along with the chromosome content of each blastomere, the developmental history of each embryo can be reflected and the cell lineages of their day-by-day chromosomal status from zygote until day 3 can be reconstructed. The simplest possible mechanisms (either nondisjunction, anaphase lagging, chromosome breakage or endoreplication) were always chosen to explain the final outcome [16]. The supplemental figure shows the cell lineages of the 15 embryos.

The 15 embryos underwent 103 mitotic divisions during the 3 culturing days. There were 9 (8.7%, 9/103) mitotic errors that led to whole-chromosome imbalances. The frequency of nondisjunctions was 7.8% (8/103), which was more than that of endoreduplication (1.0%, 1/103), and no anaphase lag was found. Chromosomal breakages leading to structural aberrations occurred in 17 (16.5%, 17/103) divisions.

Fig. 1 Frequency of wholechromosome aneuploidy on individual chromosomes



Discussion

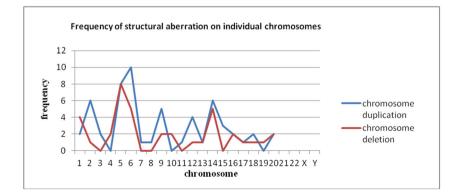
Understanding the whole genetic status of good-quality embryos based on morphological criteria that are selected for transplantation provides insight into the cause of the low utilization rate of IVF embryos and the origin and mechanisms of chromosomal abnormalities. To the best of our knowledge, this is the first study of the chromosomes of whole blastomeres in normally developing and good-quality embryos from young women using MALBAC sequencing. The strength of this study is that we obtained conclusive results from over 95.0% of the blastomeres studied, and conclusive results were obtained from all blastomeres in more than 70.0% of the embryos analyzed. Thus, our data present a more complete picture of the genomic status in good-quality embryos.

In our study, 46.6% of the blastomeres were chromosomally normal, which was in line with the rates reported by previous studies [17, 18]. Of the remaining blastomeres, 16.1% had whole or structural aneuploidy of one chromosome, 9.3% had aneuploidy of two chromosomes, and 28.0% had complex aneuploidy associated with a disturbance of cell division. Comparable data were obtained using CGH. Wells et al. [13] found that 56% of blastomeres were normal, 25% had aneuploidy of one chromosome, and 14% had aneuploidy of two or more chromosomes. In a study performing an SNP array [17], it was reported that 48% of blastomeres were euploid, 32% had one or two aneuploidies, and 20% carried complex aneuploidy in high-quality cleavage-stage embryos. The findings of Mertzanidou et al. [14] after array CGH analysis were comparable; they reported 55.7% diploid cells, 2.7% cells with two aneuploidies, and 11.4% cells with complex aneuploidies in good-quality cleavage-stage embryos.

For chromosomal mosaicism in cleavage-stage embryos, a systematic review on the chromosomal constitution of each cell from 815 cleavage embryos found that only 22% were diploid, 73% were mosaic, 59% were diploid-aneuploid mosaic, and 5% contained other abnormalities [19]. However, almost all of the studies in this review mainly used FISH to analyze spare embryos after IVF rather than embryos that were transferred or cryopreserved. Only a few studies have paid attention to the 24 chromosomes of whole blastomeres from high-quality embryos. Mertzanidou et al. [14] analyzed the chromosomal status of 66.7% (70/105) of blastomeres from 14 high-quality embryos using array CGH and showed 28.6% diploid embryos and 71.4% mosaic embryos. Chow et al. [18] obtained results from 92.8% (90/97) of blastomeres from 12 good-quality embryos using array CGH and found that 16.7% were diploid and 58.3% were diploid-aneuploid mosaic.

In the present study, we investigated all 24 chromosomes of whole blastomeres from 21 donated good-quality embryos and obtained conclusive results from 95.3% of blastomeres. Our results indicated that only 14.3% (3/21) of embryos were normal diploid, and 85.7% (18/21) of embryos had mosaicism. In the mosaic embryos, 12 diploid-aneuploidy embryos were observed, accounting for 57.1% of the total embryos.

Fig. 2 Frequency of structural aberration on individual chromosomes



Thus, the rate of diploid-aneuploidy embryos is consistent with expectations based on prior data, but the proportions of mosaicism are higher than those in previous studies. This finding may be associated with the detection of more chromosomes and more blastomeres in our study. The high rate of chromosomal mosaicism found in our study indicates that mitotic errors are common in good-quality cleavage embryos.

In our study, among the 18 mosaic embryos, 4 embryos (embryos 11, 14, 19, and 20) had consistent aneuploidy of one or more chromosomes in all blastomeres, which can be assumed to also suffer from meiotic errors of paternal or maternal origins. Since an uploidy occurs relatively infrequently in spermatozoa [20, 21], the meiotic errors that occur during oogenesis may play a more important role. Maternal meiotic errors are well known to be positively correlated with advanced maternal age [22, 23]. Our studied embryos were donated from young patients (aged 26-35 years). Previous studies measured whole-chromosome aneuploidy in polar bodies and/or oocytes and showed aneuploidy rates of 3-20% for young women [5, 24]. The aneuploidy rate derived from meiotic errors found in our study is in agreement with that of previous studies about aneuploidy rates of gametes. The data are evidence that good-quality embryos still harbor meiotic errors from paternal or maternal origins. It may be that morphological evaluation does not appear to assist the reduction in embryos with meiotic errors, but this remains to be conclusively demonstrated.

The embryos used for this study were surplus good-quality embryos from the same IVF cycles that resulted in healthy births. In our reproductive center, the implantation rate in the frozen-thawed embryo cycle for young women is 36.1%, which is much higher than the percentage of normal diploid embryos in our study. Our observation suggests that some of the mosaic embryos could have implantation. Many studies have provided evidence that diploid-aneuploid mosaic embryos might undergo self-correction during their development [25-28]. Early cleavage embryos exhibit a high rate of mosaicism due to incomplete activation of the embryonic genome [29]. Once the embryo successfully activates its genome around the 4- to 8-cell stage, mechanisms by which diploid cells proliferate and allocate to the inner cell mass and by which aneuploid cells decrease through cell death or aneuploidy rescue have been suggested for the selection of diploid cells versus aneuploid cells during development. This brings up the question of which mosaic embryos will result in live birth. Bialanska et al. [30] suggested that the developmental potential of the pre-embryo might be impaired if the majority of its cells are abnormal. Therefore, it is reasonable to assume that embryos with less than 50% chromosomally abnormal blastomeres could be implanted. Previous research suggested that mosaic embryos affected by complex abnormalities might suffer reduced viability [31-33], as the presence of complex abnormalities in cells caused by a disturbance of replication and/or cell division might disrupt intercellular interactions, leading to failures in cellular reorganization and differentiation, which are necessary for embryo development. In our study, mosaic embryos 5, 9, 10, 13, and 17 had < 50% abnormal blastomeres, excluding complex abnormalities. Thus, the percentage of studied embryos with implantation potential, i.e., diploid and diploid-aneuploidy mosaics with < 50% abnormal blastomeres, was 38.1% (8/21), which was consistent with the implantation rate of frozen-thawed embryos. In contrast, > 60% of day 3 good-quality embryos consisting of chromosomal abnormalities due to meiotic and/or mitotic embryos always fail to develop.

In our hands, over 40% of the analyzed cells were found to have whole-chromosome abnormalities. The aneuploidy was distributed at all autosomes (except for chromosomes 4 and 5) and sex chromosomes, although the abnormal frequencies were not identical. The gains and losses of most chromosomes were approximately equal, which indicated that these chromosomes were involved in mitotic errors. However, the losses of chromosomes 7, 9, 12, and 16 were significantly greater than their gains and the situation was contradictory for chromosome 13. The loss or gain of these chromosomes was caused by the aneuploidy in almost all cells of some embryos. Thus, this finding might be the result of involvement in meiotic errors or in mitotic errors of the zygote. As previously reported, some types of aneuploidy displayed dramatic fluctuations in frequency as preimplantation development progressed [34, 35]. Aneuploidies involving larger chromosomes (such as chromosomes 1, 3, 4, 6, and 8) are not commonly seen in spontaneously aborted fetuses or in live births [2]. It can be reasonably deduced that some whole-chromosome aneuploidy would diminish as cleavage embryos developed.

There are three main mechanisms by which a gain and/or loss of whole chromosomes can occur in mitosis: anaphase lagging, nondisjunction, and endoreplication [36]. Studies observed a slight overrepresentation of monosomy from PGS data that detected one or two cells of an embryo and suggested that anaphase lagging accounted for the majority of mitotic errors during the cleavage stage, while nondisjunction occurred to a lesser extent [37]. Our data might appear controversial. In our study, there was an excess (18:2) showing single monosomy over single trisomy, but this excess was attributed to the repeat count of monosomy due to meiotic errors. As we obtained conclusive results from over 95% of the blastomeres from 21 embryos, in which intact genome information was obtained for each blastomere from 15 embryos, we reconstructed the cell lineages of the 15 embryos and deduced the cell divisions. Among the 15 embryos, we found 9 mitotic errors leading to whole-chromosome imbalance, out of which 8 were nondisjunction errors and 1 was an endoreplication error. One nondisjunction error was found at the zygote stage. In the other 6 embryos that lost the message of one or two cells, if a gain of a chromosome was observed in one blastomere, a loss of the corresponding chromosome would be detected in the sister blastomere. Even in the two sister blastomeres with complex abnormalities, the corresponding gain or loss of the chromosomes would also be detected. We can reasonably deduce that nondisjunction is the main mechanism for mitotic errors in day 3 good-quality embryos.

The introduction of high-resolution methods has enabled the detection of segmental chromosomal abnormalities. Prior data demonstrated that chromosomal structural aberrations were common in cleavage embryos. However, it should be noted that the frequency of structural aberrations is significantly different among studies, and the difference may be associated with the resolution of detection technology. Daphnis et al. [38], using CGH, reported that 28% of embryos carried chromosomal breakages with a resolution of approximately 40 Mb. Using SNP arrays with much higher resolution, Vanneste et al. [9] reported that 31-70% of embryos carried structural abnormalities. Mertzanidon et al. [14] performed array CGH and found that 29% of the blastomeres carried structural aberrations. In our study, we performed MALBAC sequencing, comparable with array CGH and array SNP, and found that 24.8% of cells had structural aberrations, which were distributed in 76.2% of good-quality embryos. A small excess of chromosome duplications (53.3%) compared with deletions (46.7%) and some types of chromosomal segments due to chromosomal breakages resulted in an unstable karyotype for acentric or dicentric chromosomes. All chromosomes (except 21, 22, and Y) participated in partial chromosomal breakages, although to different extents. The incidence of abnormalities increased for chromosomes 5, 6, and 14 compared with other chromosomes. The segmental aneuploidy observed in our study existed in a mosaic form, indicating that the aneuploidy originated during mitotic division and that rearrangement errors are a main factor for mitotic division. However, relatively little is known about their susceptibility, ultimate fate, and biological significance.

Of course, our study had limitations. First, the embryos in this study were frozen embryos. During the thawing process of the embryos in our study, each blastomere survived and was intact with a clear nucleus, and we analyzed the embryos shortly after thawing. Therefore, the influence of freezing-thawing on chromosomes may be small. Second, the IVF cycles all used ICSI for male factors. Although spermatozoa from men with severe oligoasthenoteratospermia have increased aneuploidy rates, the estimated aneuploidy rate is less than 5% [20, 21].

In conclusion, we have shown the most complete chromosome status of day 3 good-quality embryos from young women based on morphological criteria. A high rate and diverse array of chromosomal abnormalities were found. Goodquality embryos still harbor meiotic errors from paternal or maternal origins, and morphological evaluation does not appear to assist in the reduction in meiotic errors. During the first mitotic divisions in human preimplantation development, the checkpoint seems nonexistent, leading to chromosomal malsegregation and subsequent mosaicism [39-41]. The occurrence of mosaicism in > 50% of abnormal blastomeres or the occurrence of complex abnormalities plays an important role in embryo development retardation. Nondisjunction was found to be the main mechanism causing malsegregation. The common existence of mosaicism undermines the reliability of cleavage-stage PGS.

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Compliance with ethical standards The study was approved by the Institutional Review Board of the 3rd Affiliated Hospital of Guangxi Medical University. We obtained signed consent from all of the donors before the treatment.

Conflict of interest The authors declare that they have no conflict of interest.

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