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Endothelin-1 and Diabetic Complications: Focus on the Vasculature

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Abstract

Diabetes is not only an endocrine but also a vascular disease. Cardiovascular complications are the leading cause of morbidity and mortality associated with diabetes. Diabetes affects both large and small vessels and hence diabetic complications are broadly classified as microvascular (retinopathy, nephropathy and neuropathy) and macrovascular (heart disease, stroke and peripheral arterial disease) complications. Endothelial dysfunction, defined as an imbalance of endothelium-derived vasoconstrictor and vasodilator substances, is a common denominator in the pathogenesis and progression of both macro and microvascular complications. While the pathophysiology of diabetic complications is complex, endothelin-1 (ET-1), a potent vasoconstrictor with proliferative, profibrotic, and proinflammatory properties, may contribute to many facets of diabetic vascular disease. This review will focus on the effects of ET-1 on function and structure of microvessels (retina, skin and mesenteric arteries) and macrovessels (coronary and cerebral arteries) and also discuss the relative role(s) of endothelin A (ET_A) and ET_B receptors in mediating ET-1 actions.

Keywords

cerebrovasculature; retina; diabetes; peripheral vasculature; endothelial function; endothelin; ET_A receptor; ET_B receptor; diabetic complications

1. Introduction

The incidence and prevalence of diabetes has risen steeply in the last decade [1, 2]. Not just the sheer number of patients but increased mortality and morbidity due to increased cardiovascular diseases associated with diabetes are of great concern [1]. The fact that there is an alarming increase in the number of younger patients diagnosed with type 2 diabetes intensifies this concern because development of these complications depend on the duration of the disease and the degree of glycemic control [2, 3]. While the ultimate goal is to prevent the development of diabetes and cure the disease, prevention and treatment of complications is equally important. Most if not all diabetic complications have a significant vascular component and hence traditionally classified as microvascular (nephropathy, retinopathy and

neuropathy) and macrovascular (heart disease, stroke and peripheral arterial disease) [3, 4]. Accumulating evidence suggest that small vessel disease is also important for heart disease, stroke and neurodegenerative diseases such as dementia and Alzheimer's disease in patients with diabetes [6–8]. Numerous studies have shown that glycemic control is an effective strategy in prevention and reduction of retinopathy and nephropathy, however, the impact of glycemic control on macrovascular complications and small vessel disease of the heart and brain is not known [3, 4]. There is a great need to develop new therapeutic approaches to reduce the burden of diabetic complications.

Endothelial dysfunction is a prominent feature of cardiovascular diseases and also plays an important role in both micro and macrovascular complications of diabetes [5, 6]. In early stages, the imbalance of increased vasoconstrictors like ET-1 and decreased bioavailability of vasodilator nitric oxide (NO) due to hyperglycemia-driven oxidative stress results in impaired vasorelaxation [7]. As the disease progresses, the prolonged loss of protective effects of NO and activation of the ET system leads to structural alterations, thrombosis and plaque development in the vessel wall [7, 8]. ET-1 is not only one of the most potent vasoconstrictors, but also stimulates proliferation of vascular smooth muscle cells (VSMCs), promotes fibrosis and inflammation [9]. These properties make ET-1 a likely candidate that play a major role in diabetic vascular complications. Given that the regulation of endothelial function may vary in different vascular beds, this review will briefly discuss the ET biology with relevance to diabetes and its complications and concentrate on our current understanding of the role of ET-1 on function and structure of multiple vascular beds including retinal, cerebral, coronary, mesenteric and peripheral circulation in diabetes.

2. The ET system

ET-1 is a potent vasoconstrictor and also stimulates cell proliferation [10]. ET-1 mediates its diverse effects via two distinct G protein-coupled receptor subtypes, ET_A and ET_B. As diagrammed schematically in Fig. 1, ET_A receptors, localized mainly on VSMCs of blood vessels, is responsible for the contractile and proliferative response to ET-1 [11]. The role of ET_B in vascular regulation is more complex. For instance, ET_B receptors located on endothelial cells mediate vasodilatation via the release of relaxing factors such as NO and prostacyclin(PGI₂). This receptor subtype can also lead to vasoconstriction when the receptors are located on VSMCs in certain vascular beds [11]. Thus, the net contractile effect of ET-1 depends mainly on overall ET receptor profile, defined as the relative density of ET_A and ET_B on smooth muscle cells to ET_B receptors on endothelial cells. This duality of function of ET-1 underscores the importance of binding and function of both ET receptor subtypes.

Several studies have suggested that endothelial ET_B receptors may be vasculoprotective [12–14]. First, selective blockade of ET_B receptors exacerbates ischemic brain damage [13]. Second, ET_B receptor deficiency augments neuronal damage upon exposure to hypoxia-ischemia *in vivo* [15]. Third, inhibition of the ET_B receptor system in a knock-out mouse model or pharmacological blockade by an ET_B antagonist leads to enhanced intimal hyperplasia observed in carotid arteries after injury induced by ligation [12]. Moreover, ET_B is involved in the clearance of ET peptides, since blockade of this receptor subtype leads to

increased plasma levels of ET-1 in animals and humans [10]. Activation of this receptor subtype on endothelial cells also exerts a negative feedback on ET-1 synthesis by endothelial cells [16]. Thus, any decrease in endothelial ET_B receptors would result in increased ET-1 biosynthesis, decreased clearance, and diminished production of NO and PGI₂, all of which result in unopposed ET_A activation. These studies clearly demonstrate favorable effects of ET_B receptor activation under normal conditions. However, the expression profile of ET_B receptors and ET receptor ratios may change and dictate detrimental effects of ET-1 in diabetes.

A potential role of ET-1 in various cardiovascular diseases such as hypertension and heart failure fueled the development of ET receptor antagonists as new line of therapeutics. Within five years of discovery of ET-1, an orally active ET receptor antagonist was reported and shortly after, bosentan, the dual ET_A and ET_B receptor antagonist, was introduced for the treatment of pulmonary hypertension. This was followed by a number of receptor subtype selective and nonselective (dual) antagonists [17]. Despite this rapid pace and accumulating evidence which show that ET-1 contributes to the development of various cardiovascular disorders and related complications, clinical trials with ET receptor antagonists in cardiovascular diseases have been rather disappointing [17]. Part of these negative results may stem from the complexity of ET receptor expression and interaction in various tissues under physiological and pathological conditions as briefly discussed above.

3. Diabetes and ET-1

Several lines of evidence suggest that the ET-1 system may contribute to diabetic vascular disease. Plasma ET-1 levels are elevated in patients with type 1 or type 2 diabetes [18–20]. A significant correlation has been observed between plasma ET-1 levels and diabetic complications. ET-1 levels are higher in patients with microalbuminuria, elevated glycosylated hemoglobin (Hb_{A1c}) concentrations retinopathy [18, 19].

In vitro studies also support possible upregulation of ET-1 by hyperglycemia and insulin [21, 22]. We have shown increased plasma and tissue ET-1 in type 2 diabetic Goto-Kakizaki (GK) rats [23]. In streptozotocin (STZ)-induced type 1 diabetes, mesenteric ET-1 levels are greater than those measured control animals [24]. Furthermore, elements that are required for ET-1 synthesis are upregulated in diabetes [25, 26, 27]. These studies suggest that the upregulation of ET-1 and its receptors may be involved in vascular complications of diabetes. Numerous studies have tested this hypothesis further using pharmacological interventions to block the activation of ET receptors as discussed below. Since the role of ET-1 in diabetic nephropathy has been the subject of several review articles [28–31], this review will focus on retinal, cerebral, coronary and peripheral vascular function and structure in diabetes.

3.1. ET-1 and the retina

Endothelial cells as well as nonvascular cells in the retina produce ET-1 and also express ET receptors [8]. Studies have suggested that ET-1 impairs autoregulation of retinal blood flow which can cause hyperperfusion promoting formation of retinal microaneurysms and edema [32, 33]. On the other hand, it is also possible that ET-1-mediated vasoconstriction can

trigger a hypoxic state which later leads to pathological angiogenesis as seen in diabetic retinopathy. Deng et al had reported that there is an upregulation of ET-1 and ET_A receptors in the retina of type 1 diabetic rats and this was associated with increased resistivity index, an indicator of vasoconstriction. Treatment with the dual receptor antagonist bosentan prevented these changes [34]. The ET system was found to be upregulated in type 2 diabetes as well [35]. The same group recently reported that glucose-induced ET-1 expression is regulated by extracellular signal related kinase 5 (ERK5) in the endothelial cells and retina of diabetic rats [36]. An interesting recent study reported that ET_A receptor antagonism by atrasentan partially prevents diabetes-induced decrease in retinal flow rate and wall shear rate indicating that ET-1 mediates early decreases in blood flow [37]. It has to be recognized that all these intervention studies were performed in experimental models. In diabetic patients with retinopathy plasma ET-1 levels are increased [38], however, Ogata et al. reported lower vitreous ET-1 levels in patients with proliferative retinopathy [39]. Future studies are needed to prove causality and develop ET receptor antagonists as a therapeutic modality in diabetic retinopathy.

3.2. ET-1 and the cerebral circulation

Maintenance of cerebral blood flow across a wide pressure range is critical for brain perfusion and this is achieved by the regulation of vascular tone by myogenic, neuronal, and ligand-dependent mechanisms. However, alterations to this system may be detrimental and could contribute to cerebrovascular disease. While an acute interruption of cerebral blood flow may cause stroke, chronic impairment of perfusion is associated with neurodegenerative diseases like dementia and Alzheimer's disease, all of which are more common in patients with diabetes. Studies have demonstrated increased myogenic tone in experimental diabetes [40–42]. In addition to increased basal tone, cerebral arteries from diabetic animals exhibit diminished endothelium derived relaxation [40, 43, 44]. Increasing evidence suggests that ET-1 is involved in the pathology of cerebrovascular disease [45]. Contractile responses to ET-1 is augmented in the rat and rabbit basilar arteries of type 1 diabetic rats, respectively [46, 47], and augmented myogenic tone is decreased after ET receptor antagonism [40] in type 1 diabetes. We have shown that basilar arteries from GK rats, a model of type 2 diabetes, exhibit increased sensitivity to ET-1 [48]. Endothelium-dependent relaxation was also impaired in this model. ET_A receptor blockade restored relaxation to control values in the GK animals and selective ET_B blockade caused paradoxical constriction in diabetes. This study suggested that there may be an upregulation of VSMC ET_B receptors and that both endothelial and VSMC ET_B receptors are involved in the regulation of vascular function in diabetes. This study also prompted the question: "Is this paradoxical constriction mediated by activation of unoccupied ET_A receptors in the presence of an ET_B antagonist or is it due to the loss of vasculoprotective effects of ET_B receptors?" In a recent study, we used dual antagonist bosentan to address this issue and hypothesized that dual blockade is not as effective as selective ET_A antagonism since bosentan negates the beneficial effects of ET_B receptor activation [49]. In contrast to our hypothesis, we found dual antagonism to be as effective as selective ET_A blockade and concluded that when blocked simultaneously with the ET_A receptor, the ET_B receptor antagonism is protective by improving cerebrovascular dysfunction in diabetes.

ET-1 is not only a potent vasoconstrictor but also involved in vascular remodeling [12, 50]. We have reported that diabetes is associated with remodeling of middle cerebral arteries and this response is partially blocked by ET_A receptor antagonism suggesting that this may be a preventive therapeutic approach [23]. Given that genetic or pharmacological inhibition of ET_B receptors worsen vascular remodeling in a wire injury model, we hypothesized that diabetes decreases protective endothelial ET_B receptors contributing to vascular remodeling and antagonism of this receptor exacerbates changes in the vascular structure. To address this question, control and diabetic rats were treated with selective ET_B antagonist A192621 and dual antagonist bosentan for 4 weeks starting at the onset of diabetes. Endothelial and VSMC ET receptors were also quantified. VSMC ET_A and ET_B receptors were increased in diabetes and this was prevented by chronic bosentan treatment. In contrast to our hypothesis, diabetes did not influence endothelial ET_B receptors. Middle cerebral artery (MCA) wall thickness was also increased in diabetes. Selective ET_B receptor antagonism with A192621 blunted and combined ET_A and ET_B receptor blockade with bosentan completely attenuated this response (manuscript under review). On the other hand, A192621 treatment augmented remodeling in control animals indicating a physiological protective role for this receptor subtype. The finding that bosentan treatment prevents changes in ET receptor profile suggests that ET-1 has a positive feedback on the expression of its receptors in the cerebrovasculature underscoring the fact that the ET receptor antagonism may yield different results in healthy and diseased states.

3.3. ET-1 and mesenteric circulation

Since mesenteric arteries are considered to be resistance vessels contributing to the regulation of blood pressure, function and structure of mesenteric arteries in diabetes has been the subject of many studies. In an early study Makino et al. reported that in type 1 diabetes, plasma and tissue ET-1 levels are increased, and ET-1-induced contraction is reduced due to desensitization of the ET_A receptors [51, 52]. Other studies including our own have demonstrated increased sensitivity and reactivity to ET-1 in type 1 [53] and type 2 diabetes [54–59]. We have established that the mesenteric circulation in type 2 diabetic GK rats is hyperreactive to the potent vasoconstrictor ET-1 and shows impaired relaxation to ACh in an NO-dependent manner [58]. In a follow-up study, we tested the hypothesis that ET_A antagonism would improve vascular function by attenuating constrictor responses to ET-1 and improving relaxation governed by NO, whereas ET_B blockade would further exacerbate ET-1 vasoconstriction and decrease relaxation in a dose-dependent manner. As predicted, ET_A antagonism attenuated hyperreactivity in diabetes but results with ET_B receptor antagonism were not as clear. Selective blockade with a lower dose of A192621 augmented vasoconstriction in controls while it had no further effect on ET-1 hyperreactivity in diabetes suggesting that in control animals blockade of ET_B receptor worsens reactivity. The higher dose of A192621 showed an ET_A-like effect and decreased vasoconstriction in diabetes. These studies suggest an interaction between receptor subtypes and warrants further investigation.

Several studies suggest that ET-1 interacts with other contractile pathways to stimulate a hyperactive state in diabetes. In type 1 diabetes, ET-1 has been suggested to interact with thromboxane A₂ to mediate vasoconstriction in a vascular bed-specific manner [53].

Matsumoto et al. recently reported that short term angiotensin II receptor type1 receptor blockade normalizes the ET-1-mediated contractility in type 2 diabetes [60]. Same group also reported that MEK/ERK pathway mediated enhanced contraction to ET-1 in diabetes [54]. From a therapeutic stand point, it was suggested that peroxisome proliferator-activated receptor (PPAR) γ agonists (thiazolidinediones) that are heavily used to treat diabetes may improve vascular dysfunction by regulating ET-1 expression [55]. Interestingly, all the aforementioned studies so far have been conducted in male animals. Only one study investigated the vascular function in female diabetic mice and reported that ET-1-induced contractions are increased in female type 1 diabetic mice [61]. Given the differences in cardiovascular disease manifestation in males and females, it is of great interest to investigate gender differences in vascular dysfunction in diabetes in future studies.

Not only function but the structure of mesenteric arteries is dysregulated in diabetes [62]. Gilbert et al. reported that there is mast cell infiltration, vascular hypertrophy and increased growth factor expression in type 1 diabetes. They also showed that dual ET antagonism with bosentan significantly reduced vascular remodeling, matrix deposition and epidermal growth factor but not transforming growth factor expression [63]. Our results in type 2 diabetes demonstrated increased vascular remodeling indicated by greater media:lumen associated with increased collagen deposition [14]. ET_A receptor blockade prevented this increase whereas ET_B receptor antagonism caused further thickening of the medial layer. Accordingly, collagen deposition was reversed by ET_A receptor blockade but exacerbated with ET_B receptor antagonism. All together, these results suggest that ET-1 contributes to the remodeling of mesenteric resistance arteries in diabetes via activation of ET_A receptors and that ET_B receptors provide vasculoprotective effects. These findings also emphasize the differences in the ET system in different vascular beds. The same treatment with the ET_B receptor antagonist, as discussed above, did not worsen but blunted vascular remodeling in the cerebral circulation (manuscript under review). This may be due to the differences in ET receptor subtype distribution and highlights the complexities of using ET receptor antagonists in clinical studies.

3.4. ET-1 and coronary circulation

The role of ET-1 on coronary circulation and on heart function in diabetes also deserves mention. Kamata et al. investigated the responses to several vasoconstrictors in a type 1 model of diabetes using isolated perfused hearts and reported that coronary artery constriction to low concentrations of ET-1 is exaggerated in diabetes potentially due to the alterations in the voltage-gated calcium channels [64]. Another study reported increased sensitivity to ET-1 as well as a rapid vasoconstriction to big ET-1 in diabetic hearts [65]. Verma and colleagues studied vascular responses to ET-1 and provided evidence that coronary hyperreactivity to ET-1 is normalized in bosentan treated type 1 diabetic animals [66]. Another group also reported increased contractility to ET-1 that is associated with augmented protein kinase C(PKC) activation in again type 1 diabetes [67]. Katakam et al. extended these studies to an insulin resistance model. ET-1-induced vasoconstriction is reduced in obese Zucker rats and this stems from increased ET_B-mediated nitric oxide generation and uncoupling of calcium signaling [68].

As in other vascular beds, ET-1 signaling can contribute to structural changes in the coronary vascular bed. ET-1 is associated with the development of atherosclerosis via stimulation of VSMC growth, migration, matrix remodeling and growth factor expression [69–72]. Furthermore, the ET system is upregulated in atherosclerotic lesions in humans as well as in experimental models [73–76]. ET receptor antagonism markedly reduces atherosclerotic lesions in low density lipoprotein (LDL) receptor and Apo-E knock-out mice [77, 78]. Several studies investigated the distribution of ET receptors in the coronary circulation. Human right coronary artery has predominantly ET_A receptors [79–81]. On the other hand, left coronary artery has relatively greater number of ET_B receptors [82]. Interestingly, ET_B receptors are increased on atherosclerotic left anterior descending coronary artery [83]. Lee and colleagues reported that ET-1-mediated calcium signaling and tyrosine phosphorylation are increased in diabetic and dyslipidemic pigs with coronary artery disease. The same study also showed that statin treatment can inhibit ET upregulation and signaling [84]. Given that atherosclerotic coronary artery disease is increased up to 6-fold in patients with diabetes, ET-1 may be involved in the development of advanced atherosclerosis in diabetes.

Since this review focuses on the vasculature, ET-1 effects on cardiac myocytes and matrix are not discussed but it needs to be stated that ET-1 can also be involved in the development and progression of diabetic cardiomyopathy [45, 85–88]. A recent very interesting study reported that endothelial-cell derived ET-1 causes cardiac fibrosis via stimulation of the transition of endothelial cells to mesenchymal origin fibroblasts [89].

ET-1 and peripheral circulation—Skin ulcerations and impaired wound healing are important clinical problems in diabetes. Microvascular disease is an important component of these issues. As recently reviewed by Kalani, the pathogenesis of diabetic skin microangiopathy is complex [7]. Reduced microvascular reactivity and increased blood flow through arteriovenous shunts impair nutritive capillary circulation. An intriguing study showed that ET_A receptor antagonism can increase nutritive skin microcirculation profoundly in patients with type 2 diabetes [90]. Augmented ET-1 vasoconstriction of precapillary resistance vessels has been suggested to increase capillary pressure leading to arteriovenous shunting. Therefore, a reduction in capillary pressure may improve this situation and increase nutritive capillary blood flow [91]. A pilot study investigated the potential use of ET receptor antagonism in patient with critical limb ischemia and showed that local infusion of ET_A receptor antagonist increased oxygen tension in the foot and toe circulation indicative of improved nutritive capillary blood flow [92]. A recent study reported decreased ET-1-mediated constriction in microvessels isolated from the chest wall skeletal muscle of diabetic patients undergoing coronary bypass surgery. Authors speculated this response may contribute to vasomotor dysfunction and subsequent tissue edema in patients with diabetes [93].

4. Conclusions

ET-1 is an important vasoactive factor with pleiotropic actions. This brief review summarizes our current understanding of ET-1 actions on function and structure of multiple vascular beds that are relevant to diabetic complications. While these mostly experimental studies

strongly suggest a role for ET-1 in the pathogenesis and progression of diabetic vascular disease and ET receptor antagonists may have important therapeutic applications, direct evidence would come from human studies with these antagonists. However, failed trials with ET receptor antagonists due to increased side effects prevent us from moving forward [94]. It is clear that ET receptor biology is quite complex and may differ in health and disease states. A better understanding of the ET receptors and interaction with other therapeutic targets for vascular disease such as statins, thiazolidones and angiotensin II receptor blockers may offer an alternative strategy.

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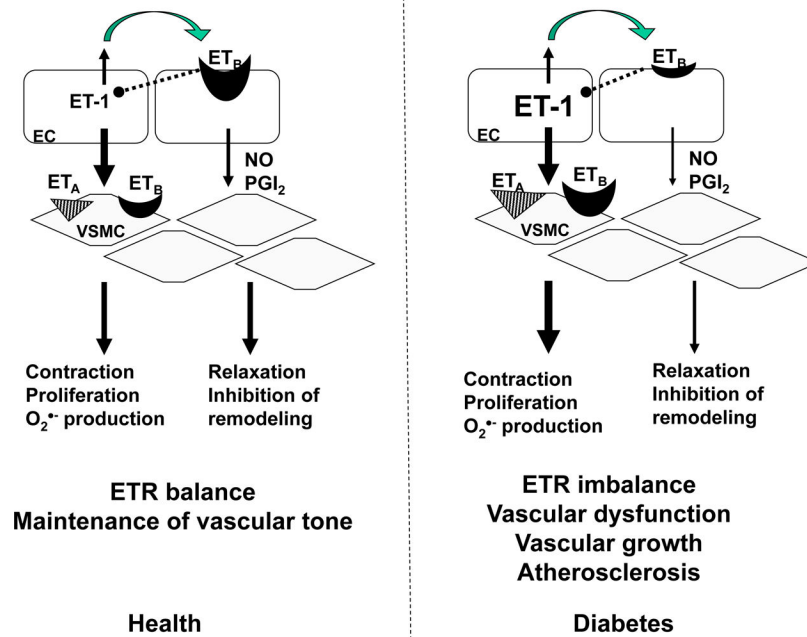
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**Fig 1.**

The vascular ET system. Under physiological conditions, majority (80%) of ET-1 produced by endothelial cells is secreted towards the underlying VSMC. The balance of EC ET_B and VSMC ET_A and ET_B receptors in healthy blood vessels is critical for regulation of vascular tone. In diabetes, ET-1 production as well as VSMC ET_A and ET_B receptors are increased favoring a more contractile and proliferative phenotype leading to complications of diabetes. EC, endothelial cells; NO, nitric oxide, O₂^{•-}, superoxide; PGI₂, prostacyclin; VSMC, vascular smooth muscle.