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ORIGINAL ARTICLE

Graded Cerebellar Lobular Volume Deficits in Adolescents and Young Adults with Fetal Alcohol Spectrum Disorders (FASD)

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Abstract

The extensive prenatal developmental growth period of the cerebellum renders it vulnerable to unhealthy environmental agents, especially alcohol. Fetal alcohol spectrum disorders (FASD) is marked by neurodysmorphology including cerebral and cerebellar volume deficits, but the cerebellar lobular deficit profile has not been delineated. Legacy MRI data of 115 affected and 59 unaffected adolescents and young adults were analyzed for lobular gray matter volume and revealed graded deficits supporting a spectrum of severity. Graded deficits were salient in intracranial volume (ICV), where the fetal alcohol syndrome (FAS) group was smaller than the fetal alcohol effects (FAE) group, which was smaller than the controls. Adjusting for ICV, volume deficits were present in VIIB and VIIIA of the FAE group and were more widespread in FAS and included lobules I, II, IV, V, VI, Crus II, VIIB, and VIIIA. Graded deficits (FAS *<* FAE) were consistently present in lobules VI; neither group showed volume deficits in Crus I or IX. Neuroradiological readings blind to diagnosis identified 20 anomalies, 8 involving the cerebellum, 5 of which were in the FAS group. We speculate that the regional cerebellar FASD-related volume deficits may contribute to diagnostically characteristic functional impairment involving emotional control, visuomotor coordination, and postural stability.

Key words: alcohol, cerebellum, FASD, gray matter, MRI

Introduction

The cerebellum has an extensive developmental growth period, which spans the early embryonic stages with growth spurts in [the second and third trimester of fetal development \(Sillitoe and](#page-17-0) Joyner 2007; [Dudek et al. 2018;](#page-15-0) [Lerman-Sagie et al. 2018;](#page-16-0) Haldipur [et al. 2019\). Postpartum, the cerebellum continues growth](#page-15-1) through neurogenesis and fiber tract extension, measured in vivo with MRI [\(Archibald et al. 2001;](#page-15-2) [Tiemeier et al. 2010;](#page-17-1) [Wierenga et al. 2014;](#page-17-2) [Mankiw et al. 2017;](#page-16-1) [Sullivan et al. 2019a\)](#page-17-3), contributing to far-reaching cerebello-cerebral neurocircuitry [\(Kelly and Strick 2003\)](#page-16-2). Presumably, at each developmental juncture, the ensuing cerebellum faces risk of genetic miscoding and unhealthy environmental agents. Among environmental hazards to prenatal development is prenatal alcohol exposure, [the cause of fetal alcohol spectrum disorders \(FASD\) \(Hoyme](#page-16-3) et al. 2005, [2016\)](#page-16-4) and the most prevalent preventable cause of intellectual disability (for reviews, [McGee and Riley 2006;](#page-16-5) [Wozniak et al. 2019\)](#page-17-4). Of brain structures affected in FASD, the cerebellum ranks second after the corpus callosum as the most [frequently aff licted regions \(Roebuck et al. 1998;](#page-15-3) Bookstein et al. 2002a; [Boronat et al. 2017;](#page-15-4) [Nguyen et al. 2017\)](#page-16-7). Although the cerebellum had traditionally been relegated to noncognitive,

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sensory, and motor functions, its contribution to higher-order cognitive and affective functions is now widely accepted [\(E et al. 2014;](#page-15-5) [Schmahmann 2019\)](#page-17-5). Further, structural (Stoodley [et al. 2016\) and functional imaging \(Krienen and Buckner 2009;](#page-17-6) [Stoodley et al. 2012;](#page-17-7) [Guell et al. 2018\)](#page-15-6) studies have identified differential relations between selective functions and lobules also observed in FASD youth, for example, between Crus I/II [activation and a spatial working memory task \(Gautam et al.](#page-15-7) 2015). A seminal study of eyeblink conditioning found that children with FAS were unable to learn the conditioned response despite successful performance by a comparison group in which three of four children with microcephaly were able to be conditioned [\(Jacobson et al. 2008\)](#page-16-9). Thus, disruption of cerebellar integrity may contribute to cognitive, motor, and affective sequelae of FASD [\(du Plessis et al. 2015;](#page-15-8) [Cheng et al. 2017\)](#page-15-9).

The cerebellum is a complex structure, comprising a bihemispheric cortex featuring 10 laterally oriented lobules and a midline vermis. Although clearly visible on MR images, the dense foliation of the gray matter presents a challenge for distinguishing gray matter and white matter tissue and for quantification of the individual lobules. Consequently, a common approach to account for potential regional differences in structure and function in the face of image resolution challenges has been to aggregate the lobules into three regions: anterior superior comprising lobules I–V; posterior comprising lobules VI, VIIB, Crus I, and Crus II; and inferior comprising lobules VIIA/B, IX, and X. This parcellation approach has yielded consistent findings, where the anterior region [\(Sowell et al. 1996;](#page-17-8) [O'Hare et al. 2005;](#page-16-10) [Cardenas et al. 2014\)](#page-15-10) showed the greatest volume deficits in FASD compared with controls, leaving the posterior and possibly the inferior regions relatively spared. The anterior region also subtends the lobules and vermis most often affected in adolescent heavy alcohol consumption [\(Sullivan et al. 2019a\)](#page-17-3) and adult alcohol use disorder [\(Sullivan et al. 2000,](#page-17-9) [2019b;](#page-17-10) Sawyer et al. [2016\). In FASD studies, cerebellar volume deficits occurred even](#page-17-11) in cases of prenatal alcohol exposure without facial dysmorphology, albeit exhibiting more modest deficits than observed in full-blown fetal alcohol syndrome (FAS) [\(Sowell et al. 1996\)](#page-17-8) (for review, [Nguyen et al. 2017\)](#page-16-7).

Seminal studies of FASD brain dysmorphology emanated from the efforts of the University of Washington Fetal Alcohol and Drug Unit directed by Dr. Ann Streissguth and analyzed by Dr. Fred Bookstein. Several of those quantitative MRI studies were based on three age- and sex-matched groups of unaffected controls, FAS, and fetal alcohol effects (FAE) (affected individuals without full-blown FAS signs—although this terminology is no longer used, this was the accepted nomenclature at the time these subjects were scanned), ages 13–37 years (e.g., Bookstein [et al. 2002a\). Observations included diagnostically graded shape](#page-15-3) [or volume anomalies of the corpus callosum \(Bookstein et al.](#page-15-3) 2002a, [2002b\)](#page-15-11) and a nongraded diagnostic (FAE + FAS=FASD) difference in morphology of the cerebellum, which resulted in a 75% accurate classification and correlated strongly with cerebellar size [\(Bookstein et al. 2006\)](#page-15-12). The cerebellar shape measurements used a set of landmarks derived from midsagittal images of the vermis that were projected to create a 3D rendering of triangulated surface points. The shape profiles of the cerebellar hemispheres were similarly measured. As concluded, the rate of cerebellar dysmorphology in this sample comported well with cerebellar and vermian dysplasia identified postmortem [\(Clarren et al. 1978\)](#page-15-13).

Recently, this MRI dataset collected at the University of Washington was made available to us for reanalysis with

currently available, automated quantification methods for more refined quantification of selective brain structures based on T1-weighted images. An initial paper from this second analysis wave used the FreeSurfer pipeline and atlas to quantify volumes [of subcortical structures and the total cerebellum \(Inkelis et al.](#page-16-11) 2020). Analysis identified volume deficits in the FASD group in corpus callosum, basal ganglia, and total cerebellum even following correction for differences in intracranial volume (ICV). Yet to be measured, however, were the individual cerebellar lobules, which differ in prenatal [\(Sillitoe and Joyner 2007;](#page-17-0) [Haldipur et al. 2019\)](#page-15-1) and postnatal [\(Mankiw et al. 2017;](#page-16-1) Sullivan [et](#page-16-12)[al.](#page-16-12)[2019a\)](#page-16-12)[developmental](#page-16-12)[allometry](#page-16-12)[and](#page-16-12)[function](#page-16-12)[\(Moore](#page-16-12)[et](#page-16-12)[al.](#page-16-12) 2017). Thus, the current effort used the University of Washington MRI data to segment the tissue constituents and parcellate the lobules of the cerebellum to question whether the FAE and FAS exhibited different patterns and extents of volume deficits of these cerebellar subregions.

Accordingly, we tested the following hypotheses: volume deficits would follow a stepwise pattern, where both the FAS and FAE groups would have deficits relative to controls; the FAS group would have deficits in more regions than the FAE group; the FAS volume deficits would be greater than those in the FAE group; and the pattern of deficits in the combined $FAE + FAS$ groups would be greater in earlier (anterior superior) than later (posterior) developing lobules. To assure replicability (cf., [Sullivan et al. 2019b\)](#page-17-10), we used two different cerebellar atlases to parcellate and measure lobular volumes: Ceres from volBrain [\[http://volbrain.upv.es\]](http://volbrain.upv.es) [\(Manjon and Coupe 2016;](#page-16-13) Romero et al. 2017; [Carass et al. 2018\) and spatially unbiased infratentorial](#page-17-12) template (SUIT), an open-source SPM toolbox [\[http://www.diedri](http://www.diedrichsenlab.org/imaging/propatlas.htm) [chsenlab.org/imaging/propatlas.htm\]](http://www.diedrichsenlab.org/imaging/propatlas.htm) [\(Diedrichsen et al. 2009\)](#page-15-15). Exploratory correlations examined relations of regional volumes among each other and with IQ scores. In addition, we summarize the findings from clinical radiological review of all MRIs.

Methods

Participants

The full cohort comprised three groups matched in age and sex: 59 controls, 59 FAE, and 61 FAS. All cohort members were identified, recruited, clinically and neuropsychologically examined, and diagnosed with informed consent under the direction of Dr. Ann Streissguth through the FAS follow-up study at the University of Washington [\(Bookstein et al. 2001,](#page-15-16) [2002a,](#page-15-3) [2002b;](#page-15-11) [Streissguth et al. 1991\)](#page-17-13). About half of the sample was clinically ascertained, and the rest were recruited through the FAS screen[ing study conducted on four Indian reservations \(Streissguth](#page-17-13) et al. 1991, p. 1961). Of the FASD participants, systematic diagnosis (conducted mainly by Dr. David Smith or Dr. Sterling Clarren), using 1994 criteria resulted in 61 meeting criteria for FAS and 59 meeting criteria for FAE. The data reported herein were collected between 1997 and 2000. Numerous other reports based on the [full or partial cohort have been published \(e.g.,](#page-15-3) Bookstein et al. 2002a; [Inkelis et al. 2020\)](#page-16-11).

As described by [Bookstein et al. \(2002a,](#page-15-3) p. 163), "A diagnosis of FAS entailed evidence of a compromised central nervous system (CNS), growth deficiency of prenatal origin, and the uniquely characteristic facial stigmata subsequent to heavy fetal alcohol exposure: short palpebral fissures, flat philtrum, thin upper vermilion, and flat midface. The related diagnosis of FAE was typically applied to patients with CNS compromise and a history of exposure without the full set of physical findings."

Further, "All potential subjects/patients were excluded who had AIDS, were taking neurotoxic medications, were legally blind, wore dental braces, had had psychological testing within the past year, or did not have English as their primary language. Additionally, potential normal subjects were excluded who had alcohol or drug problems, neurological problems, birth defects involving the brain, who reported hearing voices or seeing visions, who had a bachelor's degree or higher education, or whose biological mothers had a history of alcohol or drug problems or had a history of binge drinking around the time of their pregnancy with the subject" [\(Bookstein et al. 2002a,](#page-15-3) p. 165). It is likely that these exclusions were used to establish the control group to minimize the presence of neurodysmorphology attributable to known causes and to match the control group as closely as possible to the FAE and FAS groups.

Quality review of the MRI data for cerebellar quantification identified significant artifacts in five datasets precluding valid quantification: one male FAE, one male FAS, and two female FAS showed excessive movement; one female FAS had anomalous intensity contrast due to presence of numerous heterotopias. The final dataset used for cerebellar quantification comprised 59 controls (29 male, 30 female), 58 FAE (28 male, 30 female), and 57 FAS (29 male, 28 female) (Table 1). Although earlier reports on this dataset divided the groups by sex into two age cohorts (13.7–17.9-years old vs. 18.0–37.3 years), we considered this division arbitrary and treated age as a continuous variable in each diagnostic group.

Full scale, verbal, and performance intelligence quotients (IQ) from the Wechsler Adult Intelligence Scale-Revised (WAIS-R) [\(Wechsler 1981\)](#page-17-14) were available for all but one participant with FAE and one with FAS. The FAE and FAS groups achieved significantly lower scores than controls on all three IQ measures; although the scores were lower in the FAS than FAE group, the differences were not significant (Table 1), a finding that is consistent with prior neuropsychological studies in children of this population [\(Mattson et al. 1997\)](#page-16-14).

MRI Acquisition and Analysis

MRI analysis was performed objectively by computer and without supervision and thus blind to diagnosis. After processing, the images were reviewed blind for quantification quality. Native T1-weighted MRI legacy data were acquired on a 1.5 T GE Signa system (sagittal SPGR, TR = 29 ms, TE = 8 ms, flip angle = 45° , FOV = 220 mm, thick = 1.5 mm, slices = 124, matrix = 256 x 256)

[\(Bookstein et al. 2002a\)](#page-15-3). Native data (preserved as flat files without header information) were converted to nifti format for processing.

Each subject's data were analyzed online with Ceres from volBrain [\[http://volbrain.upv.es\]](http://volbrain.upv.es), which yielded total ICV plus segmentation of total cerebellar tissue volume, gray matter cerebellar volumes, a derived volume of white matter (total − gray matter = white matter) and parcellation of the gray matter into 12 lobules $(I + II, III, IV, V, VI, Cruz I, Cruz II, V IIB, VIIIA,$ VIIIB, IX, and X) plus the sum of volumes of I–IV for comparison with the SUIT atlas. In-house software extracted volumetric data from the downloaded Ceres result tables; rendering of Ceres fits was inspected for quality, and all images were acceptable. Included in the Ceres downloads were estimates of signal-to-noise ratio (SNR). In addition, Ceres provided an asymmetry index for each measure that was calculated as the difference between the right and left volumes divided by their mean (in percent).

After skull-stripping, inhomogeneity-correction, and ICV computation with the SRI24 pipeline [\(Rohlfing et al. 2010,](#page-16-15) [2014;](#page-17-15) [Pfefferbaum et al. 2016\)](#page-16-16), the T1 data were similarly analyzed with SUIT. The SUIT label atlas enabled identification and volumetry of total cerebellar tissue, gray matter, and white matter. Regional parcellation yielded volumes of the vermis and 10 lobules of the cerebellar hemispheres: I–IV, V, VI, Crus I, Crus II, VIIB, VIIIA, VIIIB, IX, and X.

To examine the extent of difference in ICV resulting from the Ceres and SUIT/SRI24 brain stripping, we correlated the ICVs estimated from each method. The correlations were nearly perfect: *r* = 0.997, confidence interval = 0.997 to 0.998.

Statistical Analysis

Statistical analysis was performed using R 3.5.1 [\[htpp://www.](htpp://www.r-project.org/) [r-project.org/\]](htpp://www.r-project.org/) on bilateral volumes, which were the sums of the left and right regional volumes. The primary statistic was a general linear model (lm) separately predicting the volume of each region as a function of diagnosis (control, FAE, and FAS) + ICV + sex + age with stepwise model selection by AIC to simplify the model. In addition, the estimated marginal means were extracted, and the model's residual values for each subject (adjusting for contributions of ICV, sex, and age but without the contribution of diagnosis) were retained. The mean value of the controls was added to each individual's residual for plotting on a meaningful scale. Interactions were also examined with the

Table 2 ICV from Ceres and SUIT analyses by diagnostic group and sex

Bold font = significant at $p \le 0.05$ level

†ICV for SUIT analyses was derived from the SRI24 atlas

model including the 24-, 2-way (group by sex and group by age), and 3-way (group by sex by age) interactions. The model outputs produced t and p significance values for each diagnostic group relative to the controls. To compare FAE to FAS, the model was rerun with FAS as the index level.

The model was applied to the Ceres- and SUIT-derived volumes separately. Family-wise Bonferroni corrections were applied for α = 0.05 with directional (one-tailed) testing of the overarching hypothesis predicting a graded effect: control *>* FAE *>* FAS for all tissue measures, and control *<* FAE *<* FAS for CSF measures. For the three total tissue volumes of Ceres, correction required *P* \leq 0.03; for the 13 Ceres lobules, *P* \leq 0.008. For the four total volumes of SUIT, correction required *P* ≤ 0.025; for the 11 SUIT lobules, $P \leq 0.009$.

Group differences in ICV were examined with an lm predicting ICV as a function of diagnosis $+$ sex $+$ age. Exploratory correlations examined relations of age and IQ with regional cerebellar volumes.

Results

ICV measures showed a diagnostically graded effect, where control volumes were larger than FAE and FAS volumes (*P <* 0.0002) and FAE volumes were larger than FAS volumes $(P = 0.023)$. Notably, the mean \pm SD ICV derived from Ceres of the total control group was 1437.7 ± 146.4 cc, which comported with the ICV of 1430.5 ± 145.3 cc (*t* = 0.463, *P* = 0.645) in another sample

Figure 1. Violin plots of the ICV measured with Ceres (top) and with the SRI24 atlas used for the SUIT analysis (bottom) for each group by sex. Both analysis approaches identified graded effects, such that the ICVs of the controls were the largest, the FAS were the smallest, and the FAE fell between the extremes. Further, the female groups were smaller than the male groups. The overlying bars indicate significant differences, as noted in [Table 2.](#page-2-0)

of 283 male and 282 female, no-to-low alcohol drinking adolescents, and young adults (mean \pm age = 16.0 \pm 3.0, range = 12.0– 24.3 years) [\(Sullivan et al. 2019a\)](#page-17-3). Relevantly, the total cerebellar volume was highly correlated with ICV in each group: with the Ceres approach, control *r* = 0.744, *P* = 0.000; FAE *r* = 0.804, *P* = 0.000; FAS *r* = 0.666, *P* = 0.000; with the SUIT/SRI 24 approach, control *r* = 0.804, *P* = 0.000; FAE *r* = 0.851, *P* = 0.000; and FAS *r* = 0.753, $P = 0.000$.

Adjusting for group differences in ICV of the current diagnostic FAE and FAS groups by including ICV as a factor in the lm was effective in attenuating the influence of this diagnostic difference on the dependent variable as exemplified by the removal of

Cerebellar Volumes by Tissue Constituents: Ceres Atlas

Native (Uncorrected) Volumes

Volumes Adjusted for ICV, Age, and Sex with Means of the Controls Added to the Volumes

Figure 2. Top MRI example: axial, coronal, and sagittal slices of the cerebellum segmented using the Ceres atlas; brown = gray matter, green = white matter. Data plots: Violin plots of the total, gray matter, and white matter cerebellar volumes for the three groups. The top data are native (uncorrected) volumes, and the bottom data are volumes adjusted for ICV, age, and sex with the means of the controls added to the volumes for display. In general, each measure showed a graded effect: control *>* FAE *>* FAS. See Table 3 for statistics.

the correlations between residual total cerebellar volumes and ICV for each group: with the Ceres approach, control $r = 0.086$, *P* = 0.500; FAE *r* = 0.051, *P* = 0.703; FAS *r* = −0.087, *P* = 0.520; with the SUIT/SRI 24 approach, control *r* = 0.084, *P* = 0.618; FAE *r* = 0.019, *P* = 0.889; and FAS *r* = −0.068, *P* = 0.618. Further, as expected, ICVs were larger in male than female participants in each group [\(Table 2;](#page-2-0) [Fig. 1\)](#page-4-0). Consequently, ICV, sex, and age were entered as factors in all lm analyses testing for group differences,

Native volumes uncorrected for ICV												
	Controls (N=59)		FAE (N=58)		FAS (N=57)		Control vs. FAE		Control vs. FAS		FAE vs. FAS	
Ceres Region	Mean	SD	Mean	SD	Mean	SD		р		р		р
SNR fr	21.5020	2.7058	21.9047	2.8696	21.7535	3.8156	-0.7805	0.4367	-0.4082	0.6840	0.2398	0.8110
ICV (cc)	1437.7100	146.3937	1328.4419	156.5012	1255.0224	181.5021	3.8986	0.0002	5.9549	0.0000	2.3215	0.0221
Cerebellum (cc)												
Total	137.3741	14.2079	124.5129	13.4291	116.3196	16.4841	5.0327	0.0000	7.3577	0.0000	2.9194	0.0043
Gray matter	105.8834	11.7238	96.2680	11.4787	89.6237	12.7525	4.4826	0.0000	7.1422	0.0000	2.9350	0.0041
White matter	31.4907	3.6133	28.2449	2.8443	26.6959	4.2221	5.4039	0.0000	6.5613	0.0000	2.3034	0.0234
N=3 ROIs. alpha=.05. 1-tailed. p≤.03												
Lobules												
$1 - 11$	0.082	0.024	0.070	0.024	0.062	0.022	2.7238	0.0075	4.7756	5.39E-06	1.9598	0.0525
Ш	1.130	0.250	0.952	0.191	0.941	0.213	4.3121	0.0000	4.3832	2.64E-05	0.3091	0.7578
IV	4.264	0.673	3.867	0.653	3.457	0.718	3.2322	0.0016	6.2374	7.96E-09	3.2025	0.0018
H ₁	5.475	0.840	4.890	0.761	4.460	0.881	3.9521	0.0001	6.3496	4.63E-09	2.7988	0.0061
V	7.249	1.087	6.635	1.007	5.728	1.064	3.1707	0.0020	7.6139	8.41E-12	4.6903	0.0000
VI	17.257	2.610	16.225	2.502	14.246	2.343	2.1831	0.0311	6.5436	1.81E-09	4.3796	0.0000
Crus I	23.485	3.376	21.550	3.396	20.602	3.883	3.0900	0.0025	4.2615	4.28E-05	1.3929	0.1665
CrusII	14.849	2.051	13.363	2.409	12.165	2.299	3.5900	0.0005	6.6254	1.27E-09	2.7268	0.0074
VIIB	9.203	1.336	8.285	1.187	7.867	1.480	3.9304	0.0001	5.0984	1.41E-06	1.6689	0.0981
VIIIA	12.217	2.027	10.868	1.574	10.338	1.963	4.0262	0.0001	5.0719	1.54E-06	1.5940	0.1139
VIIIB	7.991	1.593	7.232	1.280	7.165	1.240	2.8439	0.0053	3.1220	0.0023	0.2838	0.7771
IX	6.560	1.208	5.787	1.230	5.773	1.329	3.4318	0.0008	3.3348	0.0012	0.0567	0.9549
x	1.258	0.212	1.115	0.184	0.983	0.236	3.8947	0.0002	6.5936	1.48E-09	3.3450	0.0011
$N=12$ BOIs alabe - OF 1 tailed as 008												

Table 3 Ceres-derived volumes: mean [±] SD raw volume and residual volume of ICV for each group and results from the full lm comparisons†

followed corrected for ICI

t color-filled p-value cells < .05; bold font p-values = significant by directional family-wise Bonferroni correction

which were considered significant with correction for multiple comparisons. Tables and figures provide specific statistical test results.

Group Differences Based on Ceres Quantification

On average, the three groups did not differ in SNR estimates (Table 3). Native volumes unadjusted for ICV, age, or sex differences indicated marked deficits in the FAE and FAS groups separately in all cerebellar regions relative to controls (*P* = 0.008– 8.14^{e-12}) with all but one comparison meeting Bonferroni correction for multiple comparisons (FAE vs. control VI, *P* = 0.0311). Graded deficits (FAE *>* FAS *P* ≤ 0.008) were present in total cerebellar and total gray matter volumes [\(Fig. 2\)](#page-5-0) and gray matter volumes of lobules I-IV, IV, Crus II, and X with trends in lobules IV and V (Table 3).

Despite corrections for ICV, age, and sex, both the FAE and the FAS groups had significantly smaller, whole cerebellar volumes of gray matter, white matter, and total cerebellum than the control group ($P \le 0.044 - 0.0004$; [Fig. 2\)](#page-5-0). Although the FAS volumes were on average smaller than the FAE volumes, the differences between them were not significant, nor were any interactions with group and factors. Regional analyses identified significant gray matter volume deficits in the FAS group compared with controls in lobules I–II, IV, I–IV, V, VI, Crus II, VIIB, VIIIA, and X. Volume deficits in the FAE group were in lobules III and VIIIA. Further comparisons revealed significantly smaller volumes (with ICV adjustment) in FAS than FAE in lobules V and VI (Table 3; [Fig. 3\)](#page-7-0).

The Ceres asymmetry index revealed no group differences in regional asymmetry. On average, for all three groups, right hemisphere volumes were larger than the left of lobules I–II, Crus I, IX, and X, whereas left hemisphere volumes were larger than the right for VI, Crus II, VIIB, VIIIA, and the total cerebella [\(Fig. 4\)](#page-8-0).

Group Differences Based on SUIT Quantification

Native volumes using the SUIT analysis unadjusted for ICV, age, or sex differences revealed a similar pattern of volume deficits identified with the Ceres approach. The SUIT approach indicated marked deficits in the FAE and FAS groups separately in all cerebellar regions relative to controls $(P = 0.0011-4.37e^{-11})$ with all contrasts meeting Bonferroni correction for multiple

Cerebellar Parcellation from Ceres Pipeline

Volumes Adjusted for ICV, Age, and Sex with Means of the Controls Added to the Volumes

Figure 3. Top MRI example: coronal and sagittal views of the cerebellum parcellated using the Ceres atlas and pipeline. Data plot: Violin plots display volumes adjusted for ICV, age, and sex with the means of the controls added to the volumes for display. The greatest differences were between the control and FAS groups (green bars and green fills in the parcellated examples); additional differences were identified between controls and FAE (orange bar and orange fills in the parcellated examples); a few lobules were significantly smaller in the FAS than FAE group (blue bars and blue fills in the parcellated examples). See Table 3 for statistics.

comparisons. Graded deficits for tissue (control *>* FAE *>* FAS) and CSF volumes (control *>* FAE *>* FAS) were present in the four (gray matter, white matter, CSF, and total) whole cerebellar volumes (*P* ≤ 0.125) [\(Fig. 5\)](#page-10-0). Regionally, gray matter volumes of lobules V, VI, and X exhibited deficits (Table 4).

With adjustment for ICV, sex, and age, analysis based on the SUIT atlas revealed deficits in tissue volumes and CSF volumes in the FAS group in all four whole cerebellar volume measures. Deficits in the FAE group were for gray matter and total volumes. The CSF measure was unique to SUIT and revealed a graded effect trend, where FAS had smaller volumes than FAE (*P* = 0.0414; Table 4; [Fig. 5\)](#page-10-0).

Regional gray matter volumes, adjusted for ICV, sex, and age, were smaller in FAS than controls in all but two lobules (Crus I and IX) and were smaller than FAE in lobules VI and X. FAE volume deficits relative to controls were present in Crus II, VIIB, and VIIIA. In addition, volume deficits of the vermis were greatest for FAS but showed only a trend toward a graded effect of FAS *<* FAE (*P* = 0.0688) (Table 4; [Fig. 6\)](#page-11-0).

Correlations Between IQ and Cerebellar Metrics

Exploratory analyses examined potential relations between any of the three IQ scores (VIQ, PIQ, and FSIQ) and regional cerebellar volumes in the combined $FAE + FAS$ group and considered only correlations $P \le 0.017$ (two-tailed, required by Bonferroni correction for three comparisons). Only the PIQ-VIIB Ceres-based correlation reached significance (p=.0149). For SUIT, higher VIQs correlated with larger X volumes (*r* = 0.236, *P* = 0.0110), higher PIQs correlated with larger VIIB volumes (*r* = 0.305, *P* = 0.0010), and higher FSIQs correlated with larger VIIB volumes (*r* = 0.275, *P* = 0.0032) [\(Fig. 7;](#page-13-0) see Supplemental Table S1).

Multiple regression using SUIT VIIB and X volumes to seek selective relations with PIQ yielded a significant \mathbb{R}^2 of 0.098 (P = 0.0035) and indicated a significant relation with VIIB $(t = 3.032, P = 0.0030)$ accounting for 6.5% of the variance over and above that observed with X ($t = 0.762$, $P = 0.448$), which accounted for 0.4%. Conversely, a multiple regression seeking a selective relation between VIIB or X and VIQ yielded an \mathbb{R}^2 of 0.072 (P $= 0.0155$) and indicated a significant relation with X (t = 2.162, $P = 0.328$), which accounted for 5.0% of the variance over and above that observed with VIIB ($t = 1.386$, $P = 0.1686$), which accounted for 1.6%.

Neuroradiological Readings

A clinical neuroradiologist (B.L.) reviewed all 179 MRI studies blind to diagnosis, including the five cases with excessive motion precluding unsupervised quantitative analysis. Review of the analyzed images indicated that the structural anomalies

Figure 4. Asymmetry measures produced by the Ceres pipeline of total (top) and lobular (bottom) volumes by group.

did not interfere with automatic parcellation of the cerebellar lobules. Visually identifiable structural abnormalities were detected in 4 of 59 control, 5 of 59 FAE, and 11 of 61 FAS cases (control vs. FAS χ^2 = 3.472, *P* = 0.031, one-tailed). Table 5 lists the abnormalities for each positive reading; [Figure 8](#page-14-0) displays examples of anomalies of cases included in quantitative analysis. The most common abnormalities were gray matter heterotopias and tonsillar ectopia. Of the 20 identified anomalies, 8 involved the cerebellum, with 5 of 11 in the FAS group 1 in the FAE group, and 2 of 4 in the controls.

Discussion

In general, the groups exposed to alcohol during prenatal development exhibited graded effects of cerebellar volume

Table 4 SUIT-derived volumes: mean [±] SD raw volume and residual volume of ICV for each group and results from the full lm comparisons†

t color-filled p-value cells ≤ .05; bold font p-values = significant by directional family-wise Bonferroni correctior

deficits, providing support for a spectrum based on severity and a diagnostic distinction of this legacy cohort. Compared with unaffected controls, both the FAE and the FAS groups had widespread cerebellar volume deficits, which extended to gray matter and white matter and to all hemispheric lobules without correction for their abnormally small ICVs. With ICV correction, the regional volume deficits were limited to lobules traditionally associated with gait and motor disturbance and cognitive and emotional processing, with evidence for selective regionally graded volume deficits. These findings refine previous reports on these data and provide novel results regarding regional and graded effects of prenatal alcohol exposure on this highly complex structure in adolescence and middle adulthood (cf., [Steele and Chakravarty 2018\)](#page-17-16) and potential substrates of impaired cognitive and motor functioning.

Because the analysis was based on legacy data, we had no control over any data acquisition parameters, which were suboptimal by today's standards yet adequate for analysis. A measurement complication stemmed from the highly foliated anatomy of the cerebellum, the quantification of which was challenged by image resolution. Consequently, we chose two leading cerebellar quantification approaches and atlases (Ceres: [Manjon and Coupe 2016;](#page-16-13) [Romero et al. 2017\)](#page-17-12) (SUIT: Diedrichsen et al. 2009, [2011\) to seek converging results to enhance](#page-15-15)

confidence in the findings and interpretations. Indeed, we recently compared these approaches along with a third, the Johns Hopkins atlas [\(Yang et al. 2016\)](#page-17-17), and found that all three approaches yielded similar results [\(Sullivan et al. 2019b\)](#page-17-10). For the current analysis, we chose to use the Ceres and SUIT approaches, which we considered would provide adequate opportunity for testing overlap and disparity. As observed, the two approaches yielded similar, albeit not perfectly overlapping, results noted in the following sections.

Graded Effects of Fetal Alcohol Exposure on ICV and Cerebellar Lobular Volumes

One of the major signs of FAS is abnormally small head size with extreme cases considered microcephalic. The current analysis indicated that the ICV of the FAE group was, on average, 92.4% (using the Ceres pipeline) to 92.6% (using the SRI24 atlas with SUIT) of the ICV of the controls, and FAS was 87.3% (Ceres) to 87.4% (SRI24/SUIT) of the controls. These volume estimates comport well with reports on other FASD cohorts of varying ages and subjected to a variety of analysis approaches, which indicated ICV deficits ranging from 11% [\(Astley et al. 2009\)](#page-15-18) to 13% [\(Cardenas et al. 2014\)](#page-15-10) to 15%

Cerebellar Volumes by Tissue Constituents: SUIT Atlas

Volumes Adjusted for ICV, Age, and Sex with Means of the Controls Added to the Volumes

Figure 5. Top MRI example: a coronal slice of the cerebellum segmented for gray matter, white matter, and CSF using the SRI24 atlas for SUIT analysis. Data plots: Violin plots of the total, gray matter, white matter, and CSF cerebellar volumes for the three groups. The top data are native (uncorrected) volumes, and the bottom data are volumes adjusted for ICV, age, and sex with the means of the controls added to the volumes for display. In general, each measure showed a graded effect: control *>* FAE *>* FAS. See Table 4 for statistics.

[\(McGee and Riley 2006\)](#page-16-5). Earlier analysis of cerebellar morphometry on the current FASD cohort found deficits in its total volume that were greater in FAS than in nondysmorphic FASD cases (cf., [McGee and Riley 2006;](#page-16-5) [Norman et al. 2009\)](#page-16-17). Also consistent with other reports [\(Archibald et al. 2001;](#page-15-2) Roldan-Valadez et al. 2015; [Zhou et al. 2018\), asymmetry indices of the cerebellar](#page-17-18)

SUIT Parcellation of the Cerebellum

Figure 6. Top MRI example: coronal and sagittal views of the cerebellum parcellated using the SUIT pipeline. Data plot: Violin plots display volumes adjusted for ICV, age, and sex with the means of the controls added to the volumes for display. The greatest differences were between the control and FAS groups (green bars and green fills in the parcellated examples); additional differences were identified between controls and FAE (orange bar and orange fills in the parcellated examples); a few lobules were significantly smaller in the FAS than FAE group (blue bars and blue fills in the parcellated examples). See Table 4 for statistics.

hemispheres measured in the current cohort by the Ceres analysis did not differ between the affected groups and from controls.

In recognition of the challenges to delineate the highly foliated cerebellar lobules with further refinement by tissue constituent, we subjected these legacy data to two independent analysis approaches. Despite the lower magnet strength of 1.5 T compared with current standards of 3.0 T, the adequate image acquisition resolution enabled both analysis approaches to parcellate the cerebellum successfully. The resulting widespread volume deficits with graded effects subtended all measured lobules in both the FAE and FAS groups before applying ICV correction. With ICV correction, both approaches identified more affected lobules in the FAS than the FAE group, indicating graded volume deficit effects over and above global brain volume deficits. Regionally, both Ceres and SUIT found anterior superior volume deficits in the lobule complex of I–IV in the FAS group not present in the FAE group; deficits in lobules VIIB, VIIIA, VIIIB, and X in FAS; and absence of volume deficits in Crus I of either group. For FAE, both methods identified volume deficits in VIIIA and unexpectedly FAE *>* FAS graded effects in VI. Nonetheless, a few analysis approach measurement differences

also emerged with correction for ICV and multiple comparisons: Ceres found a graded effect in lobule V, whereas SUIT found a graded effect in lobule X.

Taken together, the anterior superior and inferior lobular volume deficits of the FAS group ref lected two earlier studies [of a prenatal alcohol exposure group ages 10–18 \(Cardenas et al.](#page-15-10) 2014) and 8–22-years old at MRI [\(Sowell et al. 1996\)](#page-17-8). Longitudinal ultrasound investigation found that the cerebellum grows [a surprising 500% from prenatal week 24 to 40 \(Koning et al.](#page-16-18) 2017; [Dudek et al. 2018;](#page-15-0) [Lerman-Sagie et al. 2018\)](#page-16-0). While the greatest growth occurs in the third trimester, the cerebellum is speculated to be vulnerable to teratogens throughout its prenatal development. The rhombic lip, a primary progenitor zone of the cerebellum, appears about 30 days after conception and continues the development and cell proliferation to the end of the second postnatal year [\(Haldipur et al. 2019\)](#page-15-1). Thus, we speculate that heavy alcohol exposure occurring during the first embryonic month, that is, prior to initiation of cerebellar development, could cause severe deletion or hypoplasia and suggest that insult severity is linked to timing of alcohol exposure, as is supported by the rodent literature [\(Clarren et al. 1988,](#page-15-19) [1992;](#page-15-20) Sulik [2005\). Regionally selective vermian damage, however, does also](#page-17-20)

occur in later cerebellar development. Depending on the timing and dose of alcohol exposure in early postnatal development, a period of rapid brain growth in rodents equivalent to that seen [in the third trimester in humans, Purkinje apoptosis \(Dikranian](#page-15-21) et al. 2005) was more likely to occur in cells that tended to mature early and were found in early-developing lobules, notably I, IX, and X [\(Bonthius and West 1990\)](#page-15-22). In other words, lobules showing the greatest alcohol-related damage were more mature at the time of exposure than the lobules (i.e., VI and VII) evidencing the least effects. Drawing from rodent studies, a speculation from a nonhuman primate model of FAS proffered that, given the prolonged development of Purkinje cells, the third trimester of pregnancy may be the most vulnerable to high alcohol exposure [\(Bonthius et al. 1996\)](#page-15-23). Further, in an ovine model of intermittent binge drinking that compared the first and third trimester of alcohol exposures, relative to controls, fetal sheep with the earlier insult had fewer Purkinje cells across all cerebellar vermis lobules, while the fetal sheep with third trimester exposure had fewer Purkinje cells only in the earlier maturing region of the vermis [\(Sawant et al. 2013\)](#page-17-21).

These prenatal injuries endure throughout postnatal life [\(Limperopoulos et al. 2014;](#page-16-19) [Moore and Riley 2015\)](#page-16-20) and are likely to cause, or at least contribute to, developmental cognitive and motor delay [\(Bolduc et al. 2011\)](#page-15-24) or behavioral problems associated with autism [\(Bolduc et al. 2012\)](#page-15-25) and attention deficit hyperactivity disorder [\(Coffin et al. 2005;](#page-15-26) Peadon and Elliott [2010\) that occur in FASD with greater than normal prevalence](#page-16-21) [\(Weyrauch et al. 2017;](#page-17-22) [Lange et al. 2018\)](#page-16-22).

Graded Effects in Clinically Detected Neurodysmorphology

Clinical neuroradiological readings of FASD cases commonly describe midline anomalies, most notably partial or complete agenesis of the corpus callosum, cavum septum pellucidum or vergae, or ventriculomegaly (e.g., [Swayze et al. 1997;](#page-17-23) Meintjes [et al. 2014\). An association of these midline features with facial](#page-16-23) features of FASD is consistent with those reported in animal models [\(Lipinski et al. 2012;](#page-16-24) [Birch et al. 2015\)](#page-15-27). Remarkably, however, structural anomalies occur with high prevalence even in otherwise healthy, asymptomatic study participants and are commonly referred to as "normal variants." Indeed, recent studies reported 4–19% incidence of structural anomalies in youth and young adults screened for neurological or psychiatric conditions (reviewed in [Sullivan et al. 2017\)](#page-17-24) [\(Morris et al. 2009;](#page-16-25) Gur et al. 2013; [Kaiser et al. 2015\). An example is from the National](#page-15-28) Consortium on Alcohol and Neurodevelopment in Adolescence (NCANDA) cohort of 833 youth, age 12–21-years old at baseline MRI [\(Brown et al. 2015;](#page-15-29) [Pfefferbaum et al. 2016\)](#page-16-16). Clinical readings revealed an 11.5% incidence of anomalies with 32.7% involving the cerebellum or cisterna magna [\(Sullivan et al. 2017\)](#page-17-24). In the current study, 8 of the 20 identified anomalies involved the cerebellum, mostly tonsillar ectopia, with the same percentage of positive readings in the FAS group (5 of 11) as in the controls (2 of 4). Although the genesis of tonsillar ectopia and even Chiari I malformations have been presumed to be a result of anomalous neurodevelopment, recent work provides evidence that elevated intracranial pressure could cause herniation of an otherwise normally developing tonsil [\(Ganesan et al. 2009;](#page-15-30) [Aiken et al. 2012\)](#page-14-1). By contrast, the greater incidence of gray matter heterotopias in the FAS (*N* = 4) and FAE (*N* = 1) groups compared with none in the controls is consistent with errant neuronal migration likely owing to excessive prenatal alcohol exposure, possibly compounded by tobacco or other drug use by the mother (for review, [Koning et al. 2017\)](#page-16-18).

Cognitive and Motor Correlates of Lobular Volume Deficits

Abnormal cerebellar morphometry occurs in a number of neurodevelopmental disorders in addition to FASD, including autism

Figure 7. Correlations between performance IQ scores and SUIT-based lobule VIIB volumes (top) and between verbal IQ scores and SUIT-based lobule X volumes (bottom).

[\(Allen et al. 2004\)](#page-15-31) and fragile X syndrome [\(Wang et al. 2017;](#page-17-25) [Sandoval et al. 2018\)](#page-17-26) and has been associated with selective cognitive [\(O'Hare et al. 2005\)](#page-16-10), cerebellar-mediated timing of finger tapping [\(du Plessis et al. 2015\)](#page-15-8), classical eyeblink conditioning [\(Jacobson et al. 2008\)](#page-16-9), and affect [\(Hoche et al. 2018\)](#page-16-27) disturbances in FASD. In functional imaging contexts, the finger tapping timing test and eyeblink conditioning implicated lateralized involvement of lobule VI, and finger tapping implicated Crus I among other cortical and cerebellar regions. In the current study, however, Crus I showed no volume deficit in either the FAE or FAS group, whereas VI showed a volume deficit but only in the more severely affected, FAS group. Thus, to the extent that the structural data of the current study are generalizable and apply to functional findings, it would suggest that a volume deficit in lobule VI may also have been associated with the functional activation deficits previously reported with that lobule.

In the current study, we found suggestive evidence for a double dissociation between smaller lobule VIIB volume and poorer PIQ scores and between smaller lobule X volume and poorer VIQ scores, and not the converse. Observations from lesion studies reveal associations between deficits in spatial orientation and construction as arising from lesions of [the inferior cerebellum including lobule VIIB \(Stoodley et al.](#page-17-6) 2016). The modest VIQ relation with lobule X, the floccular nodulus lobule often associated with balance, presents a greater interpretation challenge. Although lobule X is traditionally associated with vestibular functioning (reviewed in Stoodley [and Schmahmann 2010\), a recent study \(Jung et al. 2019\) found](#page-17-27) that larger volumes of right and vermian lobule X, among other regions, correlated significantly with several measures from the Wisconsin Card Sorting Test, which traditionally had been considered a classical test of prefrontal cortical function.

Limitations

Few studies are without limitations; ours have three salient ones. Firstly, as already discussed, the analysis used legacy data acquired two decades ago with desirable acquisition parameters of that time. Despite suboptimal acquisition by today's standards, postprocessing methods produced sound imaging data. Secondly, diagnostic and physiognomic criteria for identifying FAS and FAE have evolved since the original diagnoses were conducted. That said, the criteria applied 20 years ago were strict, and the graded effects detected in selective lobular volumes provide assurance for the FAE/FAS distinction. Nonetheless, the analysis would have been enhanced if specific facial and other diagnostic features were available for correlation. Thirdly, access to neuropsychological data was limited to the main indices of the WAIS, thereby restricting opportunities for testing associations and double dissociations between selective functions and specific lobular volumes.

Conclusion

In general, the groups exposed to alcohol during fetal development exhibited graded effects of cerebellar volume deficits, providing support for a spectrum based on severity and a diagnostic distinction. Further, the regional cerebellar FAE/FASrelated volume deficits may well contribute to diagnostically characteristic functional impairment involving emotional control, visuomotor coordination, and postural stability (for review [Mattson et al. 2001\)](#page-16-29). That most of the affected participants ranged from midadolescence to young adulthood of this legacy cohort provides evidence that the presumed prenatally alcoholinduced neuroanomalies are enduring [\(Moore and Riley 2015\)](#page-16-20), putting the FASD cohort at risk for exacerbated age-related declines [\(Lebel et al. 2012;](#page-16-30) [Hendrickson et al. 2018\)](#page-16-31).

Supplementary Material

[Supplementary material](https://academic.oup.com/cercor/article-lookup/doi/10.1093/cercor/bhaa020#supplementary-data) is available at *Cerebral Cortex* online.

Notes

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Control (7262): Tonsillar ectopia

FAS (7374): Tonsillar ectopia

FAS (9536): Cavum septum pellucidum

FAS (9539): Heterotopias, bilateral, nodular, subependymal (lateral ventricular) zone

Figure 8. Examples of structural anomalies listed in Table 5 identified by a clinical neuroradiologist (B.L.).

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