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# Direct Cytosolic Delivery of Proteins Through Co-Engineering of Proteins and Polymeric Delivery Vehicles

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# Abstract

Nanocarrier-mediated protein delivery is a promising strategy for fundamental research and therapeutic applications. However, the efficacy of current platforms for delivery into cells is limited by endosomal entrapment of delivered protein cargo, with concomitantly inefficient access to the cytosol and other organelles, including the nucleus. We report here a robust, versatile polymeric-protein nanocomposite (PPNC) platform capable of efficient (90%) delivery of proteins to the cytosol. We synthesized a library of guanidinium-functionalized poly(oxanorborneneimide) (PONI) homopolymers with varying molecular weights to stabilize and deliver engineered proteins featuring terminal oligoglutamate "E-tags". The polymers were screened for cytosolic delivery efficiency using imaging flow cytometry, with cytosolic delivery validated using confocal microscopy, and activity of the delivered proteins highly effective and tunable cytosolic delivery over a wide range of formulations, making them robust agents for therapeutic protein delivery.

# **Graphical Abstract**



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Supporting Information

The Supporting Information is available free of charge on the ACS Publications website.

## Keywords

protein delivery; polymer nanocarrier; direct cytosolic delivery; poly(oxanorbornene imide); protein engineering

# INTRODUCTION

Proteins play a critical role in many cellular processes, including cell signaling,<sup>1,2</sup> metabolism,<sup>3,4</sup> and development.<sup>5,6</sup> As a result, many disease states are linked to protein dysfunction or low levels of functional protein in the cell.<sup>7,8,9</sup> Several protein therapeutics have been approved by the FDA and utilized in clinical trials to combat diseases including cystic fibrosis,<sup>10</sup> cancers,<sup>11</sup> and hemophilia.<sup>12</sup> Recombinant proteins have also gained traction in recent years for treating human disease at a genetic level through CRISPR-Cas9,<sup>13,14</sup> zinc finger nucleases,<sup>15</sup> and other nuclease-guided techniques.<sup>16</sup> Recently, these approaches have shown efficacy for systemic administration *in vivo*, opening the door for a new range of therapies against human disease.<sup>17,18,19</sup>

The vast majority of potential applications for protein therapeutics require access to the cytosol, either for their activity or as a gateway to other organelles such as the nucleus.<sup>20,21</sup> The first barrier is the cell membrane that is virtually impermeable to large, highly charged species like exogenous proteins.<sup>21</sup> This barrier can be bypassed through use of carriers or tags that induce endosomal uptake. These strategies, however, lead to entrapment of payload in the endosomal/lysosomal pathway, with concomitantly low levels of active protein present in the cytosol.<sup>22,23,24,25</sup> The development of robust carrier systems for direct cytosolic protein delivery that are effective under biologically-relevant conditions is critical for the advancement of protein-based therapeutics to *in vitro, ex vivo, in vivo* and clinical settings.<sup>26,27,28</sup>

Recent studies have shown that protein-nanoparticle co-engineering provides vectors that can deliver proteins directly into the cytosol.<sup>29</sup> These systems use supramolecular assembly of oligo(glutamate)-tagged (E-tagged) proteins with arginine-functionalized gold nanoparticles to deliver a range of proteins *in vitro*.<sup>17,29,30</sup> More recently, these vectors have been used to deliver CRISPR-Cas9 machinery to macrophages *in vivo* and edit them with a high degree of specificity.<sup>17</sup> These self-assembled nanoscale platforms deliver protein cargo directly to the cytosol through a membrane fusion-type mechanism, avoiding issues associated with endosomal entrapment. The design, however, features two key limitations. First, clearance of the gold core from biological systems is quite slow, providing concerns over long-term effects.<sup>11</sup> Second, the isotropic gold particles employed feature inherent design space limitations relative to soft materials that impose concomitant restrictions on self-assembly and hence function..<sup>31</sup>

Preorganization of charge on the nanoparticle surface was considered to be a key factor in enabling direct cytosolic delivery.<sup>30,32</sup> We hypothesized that the 'semi-arthritic' backbone of poly(oxanorbornene)imide (PONI) polymers<sup>33</sup> could replicate key functional aspects of the nanoparticle delivery systems and provide similar self-assembly and delivery capabilities while allowing for greater flexibility of design.<sup>34,35</sup> We report here the direct cytosolic

delivery of three E-tagged proteins across a wide range of working formulations using rationally designed cationic guanidinium-functionalized PONI homopolymers (Figure 1). These polymers self-assemble with E-tagged proteins to form discrete polymer-protein nanocomposites (PPNCs) that are stable under serum-containing conditions. The role of polymer length on overall delivery efficiency was established using flow cytometry of assemblies formed with E-tagged green fluorescent protein (GFP-E20), with the best results observed using 27K and 60K M<sub>w</sub> polymers. The ability of the PPNCs to deliver GFP-E20 to the cytosol was quantified using imaging flow cytometry, where significantly higher (over 90%) efficiency was found using the 60K Mw PONI polymer. The generalizability of this approach was demonstrated by the delivery of multiple E-tagged proteins, ranging from a dimeric fluorescent protein (tdTomato-E10) and a catalytically active endonuclease enzyme (Cre recombinase. Cre-E10) which retained its nuclease capability through the delivery process.

## **RESULTS AND DISCUSSION**

## Design and synthesis of polymers.

A library of guanidinium-functionalized homopolymers with varying molecular weight, ranging from ~8K to ~60K was prepared (Figure 2). Polymers were generated using ringopening metathesis polymerization (ROMP).<sup>36</sup> Norbornene/oxanorbornene-based polymers feature conformational restrictions reminiscent of the arranged surface of our previously reported arginine-functionalized gold nanoparticles.<sup>37,38,39</sup> Guanidinium moieties were selected as monomer functional groups because they have been previously shown to interact with proteins without causing denaturation, and to promote direct cytosolic entry.<sup>30</sup> PONI polymers were generated through polymerization of the protected monomer (Figure 2a) using 3rd generation Grubbs catalyst at room temperature in dichloromethane (CH<sub>2</sub>Cl<sub>2</sub>) (details of the synthetic procedure are provided in Supporting Information). The molecular weight and PDI of Boc-protected PONI were measured using gel permeation chromatography (GPC, polystyrene-calibrated) in tetrahydrofuran. Deprotection of Boc-protected PONI was performed in acidic condition to provide the PONI homopolymer, which is highly soluble in aqueous media. The purity of PONI was confirmed by proton nuclear magnetic resonance (1H-NMR). (Figure 2a and Supporting Figure S1–S8).

#### Polymer-protein PPNC formulation and characterization.

A series of PONI-GFP self-assembled structures were prepared and characterized for size and stability. GFPs featuring a 20-mer glutamate tag (E20-tag) at the C-terminus were expressed as previously reported.<sup>29,30</sup> Polymeric-protein nanocomposites (PPNCs) were then generated by mixing parametric ratios of GFP-E20 and PONI polymer, followed by incubation for 10 min at ambient temperature. Formulations are classified based on charge (Guan/E-tag) ratio of total polymeric guanidinium (Guan) to E-tag. The formation of discrete nanocomposites was observed using transmission electron microscopy (TEM, Figure 3a), with distribution quantified using dynamic light scattering (DLS) and characterized by zeta potential. (Figure 3b and Supporting Figures S11 and S16) Notably, when prepared in media containing 10% fetal bovine serum (FBS), PPNCs maintained a constant size without significant aggregation over a 24-hour period (Figure S12).

#### Quantification of cellular uptake/association of PPNCs using flow cytometry.

Cellular uptake of PPNCs was measured in HEK-293T cells using standard flow cytometry. The mean fluorescence intensity (MFI) values were used to assess uptake/association based on Guan/E-tag charge ratio. In these studies, GFP+ populations included cells that had internalized GFP-E20, as well as cells to which GFP-E20-PPNCs had simply associated with the cell surface. In brief, formulations were prepared as described in Supporting Information (Table S1-S4) and incubated with HEK-293T cells for 24 hours. All deliveries were performed in media containing 10% FBS. Negligible levels of toxicity were observed for all polymers upon incubation with mammalian cells at relevant working conditions (Figure S9-S10). After delivery, cells were trypsinized, fixed with 2% paraformaldehyde (PFA) solution, and resuspended in modified flow buffer prior to flow cytometry experiments (see SI). A summary of HEK-293T/PPNC association efficiencies for PONI homopolymers is shown in Figure 4, where MFI represents the GFP+ percentage of the cell population. Interestingly, PPNCs prepared from higher molecular weight PONI polymers (17K and above) showed increased MFI at Guan/E-tag charge ratios up to ~50, above which the association diminished significantly. Higher molecular weight PONI polymers also displayed a broader range of potentially effective charge ratios. The highest MFI was observed with PONI-60K with an MFI ~1.3 times larger than the next best PPNC formulation (PONI-27K).

## Quantification of nuclear localization by flow imaging cytometry.

The efficiency of cytosolic delivery was assessed using imaging flow cytometry,<sup>40</sup> allowing quantification of cytosolic GFP-E20 relative to surface-bound and endosomally-entrapped species. This technique provides large data sets that yield enhanced statistical power for cell analyses.<sup>41</sup> Results of this analysis are displayed in Figure 5, along with representative images of non-delivered, endosomally-entrapped, and nuclear-localized cells.

A robust flow imaging cytometry method was developed to reliably determine delivery efficiency at the single cell level. GFP will freely diffuse from the cytosol into the nucleus due to its small (~27 kDa) size.<sup>42</sup> Nuclear localization was thus used as a metric to distinguish cytosolic delivery of GFP, as described in the SI. These criteria were applied to the data as a series of gates, as visualized and discussed in Figure S13 and isolated the cell population with GFP-E20 delivered to the cytosol, as quantitatively displayed in Figure 5. Delivery efficiency was also compared with a commercially-available transfection kit under serum-free conditions (Figure S14). Cytosolic delivery was confirmed by confocal microscopy and revealed delivery consistent with the results obtained by imaging flow cytometry. Demonstrated in Figure 6a, both PONI-27K and PONI-60K demonstrated effective delivery with GFP fluorescence signal evenly distributed throughout the cytosol and the nucleus.

We further performed time-lapse imaging of delivery 5 h after initial incubation of PPNCs with HeLa cells. Notably, we observed a similar delivery phenomenon as in our previous reports; a single PPNC electrostatically associated with the cell membrane swiftly delivers its cargo inside, followed by green fluorescence spreading throughout the cytosol and nucleus, all within ~40 seconds (Figure 6b and Supporting Video S1). This rate of

fluorescence spread is too fast for endosomal uptake and escape for a protein with the size and charge of GFP, supporting the concept that delivery with the PPNC platform undergoes a membrane-fusion type mechanism, as opposed to an endocytosis-dependent pathway.<sup>43</sup>

We further investigated the delivery mechanism using three common small molecule inhibitors of cellular uptake. Cells were pretreated with either nystatin (an inhibitor of caveolae-mediated endocytosis), chlorpromazine (an inhibitor of clathrin-mediated endocytosis), or methyl- $\beta$ -cyclodextrin (a cholesterol depletion agent).

We found that while nystatin and chlorpromazine pretreatment affected delivery only negligibly, pretreatment with methyl- $\beta$ -cyclodextrin shut down delivery almost entirely (Figure S15). This result further supports the contention that delivery is dependent on membrane flexibility and the presence of cholesterol. In combination with our other results, these data support the ability of PPNC vehicles to deliver their protein cargo directly to the cytosol.

### Delivery of tdTomato and functional Cre recombinase.

We further demonstrated the generalizability of the PPNC delivery platform through delivery of an E-tagged dimeric protein. We observed that delivery efficiency was reliant solely on Guan/Etag ratio and was independent of E-tag length for lengths of E0 (wild-type), E10 and E20 (Figure S16). tdTomato-E10, a ~55 kDa (pI: ~6.3) was chosen as our model protein to provide consistent E-tag content.<sup>44</sup> As shown in Figure 7a, efficient PPNC-mediated delivery of tdTomato-E10 was evident at the same charge ratio as GFP-E20, reformulated for the shortened E-tag length.

We investigated if a functional enzyme would retain its enzymatic activity through the delivery process. The tyrosine recombinase enzyme Cre recombinase (~38.5 kDa, pI: ~9.6) has been extensively utilized as both a model and therapeutic protein in genetics research. The small size of Cre recombinase allows it to freely diffuse into the nucleus once present in the cytosol.<sup>42</sup> There, Cre recombinase catalyzes a site-specific recombination event between two DNA LoxP recognition sites. We employed a Cre-reporter HEK-293T cell line to provide a fluorescent readout of enzymatic activity.<sup>30</sup> These cells express dsRed fluorescent protein prior to recombination. Cre-mediated recombination excises the dsRed DNA element and proceeding STOP codon and triggers the expression of GFP. We performed PPNCmediated delivery of functional Cre-E10 to engineered HEK-293T using PONI-27K at a Guan/E-tag ratio of 10. PONI-27K was used in these studies as a representative delivery vehicle for its broad effective window. Media was changed after 24 hours, and cells were incubated an additional 24 hours to allow for total genetic recombination. Cells were analyzed by confocal microscopy and revealed a shift in fluorescence from dsRed to GFP corresponding to >90% of cells (Figure 7b and 7c). This result confirms the capability of PPNC delivery platforms to transport functional protein cargo directly to the cytosol and, indirectly, the nucleus.

## CONCLUSION

In summary, we present here a robust method for direct cytosolic protein delivery using rationally designed cationic homopolymers and co-engineered E-tagged proteins. PPNCs demonstrate high versatility in their ability to deliver protein to the cytosol and nucleus under conditions varied by charge. This platform immediately provides a useful tool for protein delivery in *ex vivo* cell culture, for therapeutic studies, or *in situ* cell biology applications. PPNCs demonstrated efficient cytosolic delivery under a wide range of working formulations, as well as complete stability under serum-containing conditions, making them promising vehicles for protein delivery *in vivo*. We anticipate that these versatile PPNC systems will provide a functionalizable platform for therapeutic translation, with significant medical and diagnostic applications.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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## Figure 1.

Schematic depiction of PPNCs formation between PONI polymers and E-tagged protein. PPNCs were generated through self-assembly between the two components, with competent PPNCs delivering protein cargo directly to the cytosol. Scale bars = 100 nm.



### Figure 2.

(a) PONI-Guan homopolymer library prepared with a series of molecular weights ranging from ~8K to ~60K, with accompanying PDI. Values were determined by GPC. (b) Experimental overview for determining delivery effectiveness. Total MFI values narrow the screening window for subsequent imaging flow cytometry. GFP delivery was evaluated through cytosolic distribution and nuclear localization.



## Figure 3.

(a) Representative TEM images of PPNC structures reveal an average size of ~100-200 nm. PPNCs were formulated using PONI-60K with GFP-E20 at a Guan/E-tag ratio of 10. (b) Average size is confirmed by representative DLS spectrum (number) in PBS. Additional DLS data is available in Figure S11

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## Figure 4.

Overall MFI values for cell populations after incubation with PPNCs at varying Guan/E-tag ratios, as determined by flow cytometry (n=5). Higher molecular weight polymers exhibit significantly increased MFI values for all formulations.

# a) Cytosolic delivery Bright-field FITC TRITC Endocytosis Bright-field FITC TRITC No delivery b) PONI-60K PONI-8K PONI-17K PONI-27K 100 90 80 Cytosolic Delivery (%) 70 60 50 40 30 20 10 321 0 1 5 20 40 60 1 5 20 40 60 1 5 20 40 60 1 5 20 40 60 10 30 50 10 30 50 10 30 50 10 30 50 Guan/Etag Ratio

## Figure 5.

(a) Representative imaging flow cytometry images of cytosolic delivery, endocytosis, and undelivered cells (n=5). Channels displayed are bright-field, 488 nm (FITC, for GFP), and 633 nm (TRITC, for DRAQ5 nuclear stain). All images at 60x magnification. Scale bar =  $7\mu$ m. (b) Percentages of total cell populations with cytosolic delivery of GFP, as determined by flow imaging cytometry. Note the larger range of effective conditions for polymers with higher molecular weight.

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### Figure 6.

(a) Representative confocal images of PPNC-mediated delivery of GFP-E20. PPNCs were formed at a Guan/E-tag ratio of 10 and incubated with HEK-293T cells for 24h in the presence of 10% FBS. Scale bars = 50  $\mu$ m. (b) Still frames of delivery event from time-lapse imaging of GFP-E20 delivery to HeLa. T=0 corresponds to ~5 hours following initial incubation of PPNCs with cultured cells. Delivery event occurs within ~40 sec. Red arrow marks PPNC responsible for delivery event; other fluorescent assemblies are extracellular. Scale bars = 5  $\mu$ m.

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![](_page_14_Figure_2.jpeg)

### Figure 7.

Representative confocal images (40x) of (a) tdTomato-E10 delivery to HEK-293T using PONI-27k after 24h PPNC incubation, and (b) Cre-reporter HEK-293T cells after 24h PPNC incubation and an additional 24h growth period. Scale bars=20  $\mu$ m. (c) Percentage of GFP<sup>+</sup> cells, determined by analysis through ImageJ. Additional confocal images used for analysis are available in Figure S17.