



Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus COVID-19. The COVID-19 resource centre is hosted on Elsevier Connect, the company's public news and information website.

Elsevier hereby grants permission to make all its COVID-19-related research that is available on the COVID-19 resource centre - including this research content - immediately available in PubMed Central and other publicly funded repositories, such as the WHO COVID database with rights for unrestricted research re-use and analyses in any form or by any means with acknowledgement of the original source. These permissions are granted for free by Elsevier for as long as the COVID-19 resource centre remains active.

Impact of COVID-19 on maternal and child health

Previous infectious outbreaks taught us how over-concentrating resources on one vertical programme can aggravate the epidemic of lives lost during childbirth. We applaud Timothy Robertson and colleagues¹ for raising the alarm on how history is repeating itself in this COVID-19 pandemic. Workforce reductions (as staff are quarantined, ill, or reallocated), interrupted supply chains, and decreases in service use are contributing to rising deaths.¹ We draw attention to additional concerns and the increased clinical complexity of maternity care in COVID-19 times, particularly in countries with fragile health systems and the highest maternal and child mortality.

Interim guidance released by WHO emphasises fewer clinic visits, early discharge, COVID-19 screening upon admission, and quarantining of suspects until proven negative.^{2,3} However, the response is undermined by low testing capacity, delays in obtaining results, constraints in infrastructure, and staffing shortages. Notably, because COVID-19 symptoms mimic obstetric emergencies, triaging women with concomitant complications might be delayed.² Moreover, the vertical COVID-19 response leaves women even more vulnerable to delays, neglect in isolation, and substandard management of life-threatening complications. WHO urges context-adaptation of their guidance and continuation of essential health services. However, low-income and middle-income countries (LMICs) often do not adapt guidance, because it is a complex and resource-consuming process when non-contextualised recommendations are far from achievable.⁴ In LMICs, health services offered are predominantly essential, and little can

be discontinued without catastrophic consequences.

We are concerned that this vertical COVID-19 response counteracts years of advocacy and arduously achieved health-system improvements for maternity care, with poor interim practice becoming institutionalised into a new, even lower “low normal”. To fulfil the complex demands of COVID-19 management while continuing essential reproductive health services, the number of maternity staff needs to be increased, capacitated, and provided with personal protective equipment, essential medicines, and access to integrated, relevant, and realistic guidelines on respectful maternity and COVID-19 services (appendix).

If we manage to integrate the COVID-19 response into essential care, health services everywhere even have a chance to become better, with improved hygiene measures as a new normal, and the WHO daily statistics on COVID-19 deaths could be expanded to include deaths from all causes, including maternal and perinatal mortality. Such an integrated response at regional, national, and international levels, within and beyond maternal health, could trigger long-term strengthening of fragile health-care systems. If we fail and let one disease over-influence care and further debilitate frail health systems, unacceptable suffering and premature deaths will follow.

We declare no competing interests. We would like to recognise the brave health-care providers serving on the frontlines, from whom we have learned. Also, thanks to Tarek Meguid for valuable inputs to this correspondence.

Copyright © 2020 The Author(s). Published by Elsevier Ltd. This is an Open Access article under the CC BY 4.0 license.

**Brenda Sequeira Dmello,
Natasha Housseine,
Thomas van den Akker,
Jos van Roosmalen, Nanna Maaløe
brenda.dmello@cgbt.or.tz*

Comprehensive Community Based Rehabilitation in Tanzania, Dar es Salaam 23310, Tanzania (BSD); Medical College, East Africa, Aga Khan University,

Dar es Salaam, Tanzania (BSD, NH); Global Health Section, Department of Public Health, University of Copenhagen, Copenhagen, Denmark (BSD, NM); Athena Institute, VU University, Amsterdam, Netherlands (TvdA, JvR); Department of Obstetrics and Gynecology, Leiden University Medical Center, Leiden, Netherlands (TvdA, JvR); and Department of Obstetrics and Gynecology, Hvidovre University Hospital, Hvidovre, Denmark (NM)

- 1 Robertson T, Carter ED, Chou VB, et al. Early estimates of the indirect effects of the COVID-19 pandemic on maternal and child mortality in low-income and middle-income countries: a modelling study. *Lancet Glob Health* 2020; **8**: e901–08.
- 2 WHO. Clinical Management of COVID-19—interim guidance 27 May. 2020. <https://www.who.int/publications-detail/clinical-management-of-covid-19> (accessed June 3, 2020).
- 3 WHO. Maintaining essential health services: operational guidance for the COVID-19 context—interim guidance 1 June. 2020. <https://www.who.int/publications-detail/10665-332240> (accessed June 3, 2020).
- 4 Maaløe N, Meguid T, Housseine N, Tersbøl P, Nielsen K. Lessons from the local adaptation of intrapartum clinical guidelines, United Republic of Tanzania. *Bull World Health Organ* 2019; **97**: 365–70.
- 5 Diop BZ, Ngom M, Biyong CP, Biyong JNP. The relatively young and rural population may limit the spread and severity of COVID-19 in Africa: a modelling study. *BMJ Glob Health* 2020; **5**: e002699.



Published Online
August 3, 2020
[https://doi.org/10.1016/S2214-109X\(20\)30328-4](https://doi.org/10.1016/S2214-109X(20)30328-4)

See Online for appendix