Delivery of Oligonucleotides to the Liver with GalNAc: From Research to Registered Therapeutic Drug

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Targeted delivery of oligonucleotides to liver hepatocytes using N-acetylgalactosamine (GalNAc) conjugates that bind to the asialoglycoprotein receptor has become a breakthrough approach in the therapeutic oligonucleotide field. This technology has led to the approval of givosiran for the treatment of acute hepatic porphyria, and there are another seven conjugates in registrational review or phase 3 trials and at least another 21 conjugates at earlier stages of clinical development. This review highlights some of the recent chemical and preclinical advances in this space, leading to a large number of clinical candidates against a diverse range of targets in liver hepatocytes. The review focuses on the use of this delivery system for small interfering RNAs (siRNAs) and antisense molecules that cause downregulation of target mRNA and protein. A number of other approaches such as anti-microRNAs and small activating RNAs are starting to exploit the technology, broadening the potential of this approach for therapeutic oligonucleotide intervention.

Oligonucleotide therapeutics are an emerging class of drugs that have tremendous potential for treating a wide range of diseases.¹ There are now nine marketed oligonucleotide products,² and nusinersen (Bio-gen/Ionis), which is used to treat spinal muscular atrophy, generated more than \$2 billion in sales in 2019. They are designed based on Watson-Crick base pairing and the sequence of the RNA associated with the disease. Modifications to internucleotide linkages and the ribose sugar are introduced to improve drug-like properties, including serum stability, protein binding, potency, and lower immunogenicity.^{3,4} A major challenge that has held back the therapeutic exploitation of oligonucleotides is their delivery to the diseased cells because the therapeutic RNA target is inside the cell. Oligonucleotides are large, generally negatively charged molecules that do not freely diffuse across cell membranes, unlike lipophilic small molecule drugs.⁵

This review focuses on a delivery solution termed *N*-acetylgalactosamine (GalNAc) and its exploitation by small interfering RNA (siRNA) and antisense oligonucleotides (ASOs), the two leading classes of oligonucleotide therapeutics.¹ The approach relies on the fact that liver hepatocytes express the asialoglycoprotein receptor (ASGPR), which binds and clears circulating glycoproteins in which the sialic acid residue has been removed to expose sugar residues.^{6,7} The ASGPR is a high-capacity, rapidly internalizing receptor with approximately 500,000 copies per hepatocyte. Trimeric GalNAc ligands for the ASGPR have been developed, and these were first utilized to deliver oligonucleotides to the liver more than 20 years ago.^{8,9} GalNAc conjugates bind to the ASGPR and are taken up in endosomes, where the conjugate dissociates from the receptor. Then, the GalNAc sugars and branches are very quickly lysed from the oligonucleotide before the oligonucleotide escapes to the cytoplasm by a still poorly understood mechanism. The approach for delivering ASOs and siRNAs is highlighted in Figure 1. Several excellent reviews have covered the early history of the field, and the reader is referred to these for more background details.^{3,10,11}

Following systemic administration, unconjugated ASOs distribute to the liver and other tissues,¹² so this raises the question regarding why has GalNAc made such a big impact on ASOs being developed for treating liver disease. A key paper was published in 2014 in which the cellular distribution in the liver in mice after treatment with either a non-conjugated or GalNAc-conjugated ASO to SRB1 was determined.¹³ The unconjugated ASO was predominantly (>70%) taken up by the non-parenchymal cellular faction of the liver while, in contrast, the GalNAc-SRB1 ASO was predominantly (>80%) taken up by the hepatocyte fraction of the liver. Thus, the attachment of the GalNAc moiety to the ASO led to targeted delivery to the hepatocytes and increased ASO drug levels in the hepatocytes by about 6- to 7-fold at equivalent doses (Figure 2). This increased delivery to the hepatocytes significantly contributed to the approximately 7-fold increase in potency in vivo (50% knockdown of liver SRB1 mRNA) compared to non-conjugated SRB1 ASO. Other ASO-GalNAc conjugates to hepatocyte targets, that is, FX1, A1AT, APOC3, and transthyretin (TTR), showed similar or slightly greater potency improvements up to 11-fold,¹³ demonstrating that this was a general property of GalNAc-ASO conjugates. This improvement in potency

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Figure 1. Targeted Delivery of siRNA and ASOs by GalNAc to Achieve Target mRNA and Protein Knockdown

in mice has translated very well to the clinic, with typically 10- to 30fold lower GalNAc-ASO doses being required for functional target knockdown compared to non-targeted ASOs.¹⁴

For siRNAs, which are double-stranded RNA and typically at least twice the size of ASOs and contain more negative charge, *in vivo* delivery has been achieved using lipid nanoparticles (LNPs).¹⁶ Indeed, patisiran, developed for the treatment of hereditary TTR amyloidosis, was the first siRNA drug to receive regulatory approval in 2018 and utilizes an LNP for liver delivery.¹⁷ GalNAc technology has been developed for therapeutic siRNAs and has now largely replaced LNP delivery for liver disease targets.^{10,11} Similar to ASO hepatocyte delivery, the importance of having a multivalent GalNAc to deliver siRNAs was reported by Nair et al.¹⁸ in 2014 where they demonstrated very effective knockdown in the livers of mice of both APOB100 and TTR mRNA by GalNAc-siRNA conjugates. Most siRNAs in the clinic for treatment of liver disease now use the GalNAc-targeting strategy, and Alnylam Pharmaceuticals, who have pioneered siRNA therapy, recently had their first GalNAc US Food and Drug Administration (FDA) drug approval, givosiran, for acute hepatic porphyria in

Biodistribution of phosphorothioated gapmer ASOs in mouse liver after a 3 mg/kg systemic injection

Figure 2. Biodistribution of ASOs in Mouse Liver after Systemic Injection

Ratios are based on data from Prakash et al.¹³ and corroborated by data from Watanabe et al.¹⁶

November 2019. As of February 2020, based on their website, they had another 10 GalNAc conjugates in various stages of clinical development and no additional LNP candidates, demonstrating the impact of GalNAc targeting on the field.¹⁹

This review summarizes some of the advances in GalNAc chemistry, preclinical models used to evaluate GalNAc conjugates, and pharmacokinetic (PK) and safety data, and it provides more details on the clinical experience with GalNAc conjugates, with a focus on information that has emerged during the last 2–3 years.

Advances in Chemistry Enabling GalNAc Delivery

The key breakthrough for the use of GalNAc as a delivery moiety for oligonucleotides was to apply extensive chemical modifications at the 2' position of the nucleotides and to replace phosphodiester bonds with phosphorothioate (PS) bonds in order to achieve *in vivo* activity.^{20,21} These modifications give the conjugates enough nuclease stability to reach the liver after intravenous (i.v.) or subcutaneous injection. Muthiah (Mano) Manoharan was pivotal in the development of GalNAc conjugates.²² He received the 2019 Oligonucleotide Therapeutics Society lifetime achievement award for his many contributions to oligonucleotide chemistry, including leading the team at Alnylam that developed the first human therapeutic applications of GalNAc-conjugated siRNA. The structures of the key chemical modifications used in GalNAc conjugates are shown in Figure 3.

siRNA Optimization

GalNAc-siRNA conjugates are generally made up of patterns of alternating of 2'-O-methyl and 2'-fluoro nucleotides with insertion of PS bonds at the extremities of the strands (Figure 3).⁴ In the first generation, siRNA GalNAc conjugates were only partially modified; however, more extensive modifications showed a higher potency and duration of action when tested *in vivo*.^{21,23} Alnylam estimated the hu-

man annual dose required for siRNAs targeting TTR to be 280-fold lower for vutrisiran, a second-generation siRNA that is fully modified and stabilized with PS bonds (called enhanced stabilization chemistry [ESC]), compared to the first-generation chemistry (called standard template chemistry [STC]) for revusiran. The modification of the 5' end of the antisense strand of siRNA using a stable phosphate analog, vinyl phosphonate, brought even more stability and potency for siRNA conjugates.²⁴ The 5' vinyl phosphonate protects the end of the siRNA from degradation while removing the need for the cell to phosphorylate the double strand prior insertion into the RNAinduced silencing complex (RISC). The latter benefit increased the potency of certain siRNAs conjugates by up to 10-fold.^{25,26} With the siRNA nucleotide content moving away from "natural" nucleotides, and the rise in potency and duration of action, a potential problem of safety came to mind. One of the concerns was that the 2'-fluoro nucleotide contained in the oligonucleotides could cause toxicity due to possible incorporation into genomic DNA and non-specific protein interaction.^{27,28} However, this has not been observed in vivo.²⁹ Furthermore, Foster et al.³⁰ showed that it was possible to reduce the content of 2'-fluoro nucleotides in siRNA to less than 20% for some sequences while maintaining siRNA activity in vivo. Another approach was chosen by Silence Therapeutics involving screening hundreds of modification patterns to identify patterns that used as little modification as possible while maintaining high nuclease stability.³¹ The higher potency achieved by the modified siRNA also decreases the chance of off-target toxicity by lowering the required dose. Alnylam has offered an elegant approach to off-target seed interaction by incorporating a glycerol nucleic acid (GNA) and named this new siRNA design ESC+. GNAs have lower affinity to the RNA target than do standard nucleotides, and introducing one at a specific position in the seed region was able to dramatically decrease the off-target toxicity of the sequence while maintaining high potency.^{32,33} The long-lasting efficacy of the modified siRNAs,

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Figure 3. Schemes of the Most Common Chemical Modifications Found in GalNAc Conjugates X and Z are commonly ethylene glycol or alkyl spacers. Y is a multifunctional moiety allowing branching of the cluster.

up to 3 months after a single-dose injection in non-human primates,³⁰ are a boon for the patient but also a safety concern if toxicity is encountered due to the drug. Chemists at Alnylam developed a siRNA "antidote" to increase the safety profile of siRNA drugs termed Reversir. These are short 9-mer LNA-PS-modified oligonucleotides conjugated to a GalNAc cluster designed to recognize and bind to the complementary, RISC-bound antisense strand of the siRNA. Injection of the Reversir 7 days after injection of GalNAc-siRNA to TTR was able to fully reverse the silencing of TTR back to normal in 4 days.³⁴

ASO Conjugate Optimization

Prior to GalNAc conjugation, ASOs were already delivered "naked" in vivo to achieve liver mRNA knockdown. Therefore, the modifications required for good in vivo potency for GalNAc conjugates were similar to unconjugated ASOs. ASO designs depend on their mechanism of action. If the ASO is used to achieve splice switching, the oligonucleotide will be fully modified with 2'-OMe or morpholinos with a high number of PS bonds. In contrast, if the ASO is designed to recruit RNase H to silence mRNA, they are called gapmers and have a central part of just PS-modified DNA and wings on either side containing both PS and modifications at the 2' position typically using locked nucleic acids (LNAs, cEt) or 2'-OMe/2'-MOE nucleotides (Figures 3 and 4). ASOs are taken up by cells without the need for transfection, and one of the identified mechanisms of uptake of PS ASOs is actually by interacting with the ASGPR.^{35–37} Furthermore, while the unconjugated ASOs are mainly delivered to the liver when injected systematically, the conjugation of a GalNAc cluster to the 5' end of an antisense increases the potency of 2'-OMe and 2'-MOE gapmer ASOs by 10-fold for hepatocyte targets in rodents.¹³ These advances have translated to improvements in potency up to 30-fold in the clinic.³⁸ A more recent study by Prakash et al.³⁹ in mice showed that GalNAc conjugation improved potency about 20-fold when LNA and cEt gapmers were used.

Cluster Optimization

The ASGPR is formed of two subunits, ASGR1 and ASGR2, assembled in a hetero-oligomer at different ratios.⁴⁰ The avidity of the receptor is dependent on the number of ligands attached to the receptor. The affinity of the ASGPR for a trimer of GalNAc is 1,000-fold higher than a dimer and 1,000-fold higher than a monomer, while a tetramer has just a slightly higher affinity for the receptor than a trimer.⁴¹ For this reason, the initial work on GalNAc-conjugated oligonucleotides focused on using a trivalent cluster with the presentation distance between sugar thought to be optimal at 15–20 Å between each GalNAc (Figure 4E).⁴²

In order to achieve this structure, two main strategies have been chosen. One way is to synthesize a trivalent cluster and then link it to the oligonucleotide either by post-synthesis conjugation (e.g., amide coupling, phosphoramidite coupling, or click chemistry) or by coupling the cluster to the solid support prior to the oligonucleotide synthesis (Figures 4A and 4C). Details of synthesis pathways and conjugation conditions can be found in several publications.^{13,18,43–48} The second approach to build the cluster is to add monomeric GalNAc sequentially during the oligonucleotide synthesis (Figures 4B and 4D). This latter approach offers more flexibility and is favored for non-trivalent cluster, and it benefits from the easy availability of the monomers. Both approaches have seen comparable activity in vivo, and the main concern when choosing one or the other is manufacturing. GalNAc clusters are preferentially attached to the 3' end of the sense strand for siRNA and to the 5' end of the ASOs. 5' GalNAc-conjugated ASOs show a slight potency advantage compare to 3' conjugation.^{46,49} However, overall GalNAc conjugates have shown

Figure 4. Examples of GalNAc Clusters in Use in Preclinical and Clinical Studies

Blue branches and circles are GalNAc clusters, green circles are 2'-fluoro nucleotides, yellow circles are 2'-O-methyl nucleotides, brown circles are 2'-methoxyethyl nucleotides, dark gray circles are bridged nucleic acids (LNA/cEt), white circles are DNA nucleotides, red circles are 5'-vinyl phosphonate, and light gray circles are either 2'-fluoro or 2'-O-methyl nucleotides. (A) siRNA GalNAc conjugate with a triantennary cluster (Alnylam). (B) siRNA GalNAc conjugate with sequential GalNAc on a tetraloop (Dicerna). (C) MOE Gapmer GalNAc conjugate with a triantennary cluster (IONIS, second generation). (D) LNA Gapmer GalNAc conjugate with a sequential cluster (Yamamoto). (E) Anatomy of a GalNAc cluster.

flexibility on the positioning of the cluster while maintaining either ASO or siRNA activity.^{44,49}

The flexibility observed in vivo for the placement and the shape of the cluster has also been observed for cluster valency. Dicerna's GalNAc platform, GalXC, uses a tetravalent cluster built up sequentially in a tetraloop.⁵⁰ Sharma et al.⁴⁸ showed that sequential tetravalent and trivalent clusters have the same tissue accumulation and activity in mice, but that the potency of siRNA conjugates with a divalent cluster was lower. However, Silence Therapeutics have presented data showing comparable in vivo potency for divalent GalNAc siRNA conjugates to tri-antennary GalNAc by changing the spacing of the GalNAc sugars.⁵¹ Double-stranded ASOs with two divalent clusters also show a higher potency than conjugation to a single tri-antennary cluster.35 For phosphorothioated ASOs, several studies found that divalent and trivalent GalNAc have comparable potency.35,52 The study on ASO conjugates published by Schmidt et al.³⁵ suggests that the high affinity of ASO with one GalNAc sugar on each end could be due to the conjugates binding two different receptors on the cell membrane. In short, while most conjugates use a trivalent GalNAc, it seems that in many cases a divalent GalNAc might be acceptable.

The GalNAc sugar is cleaved from the cluster branches in less than an hour after reaching the endosome by glycosidases, and the clusters arms are cleaved from the siRNA in 4 h (Figure 1).¹³ Therefore, a bio-cleavable linker for a GalNAc conjugate may not be required for optimal intracellular activity and could lead to reduced plasma stability of the conjugate. Yamamoto et al.⁴⁹ found that using an unstable

phosphodiester link between the oligonucleotide and GalNAc resulted in better activity than using stable PS bonds. However, Prakash et al.⁴³ did not observe any benefit by adding an additional deoxynucleotide linked with a phosphodiester cleavable moiety compared to a more stable hexylamine in ASO-GalNAc conjugates. Further work is required to address any benefits of cleavable over stable linkers.

Preclinical Evaluation of New GalNAc Conjugates

Recent preclinical development has built on and expanded from the early efforts of therapeutics for chronic hepatitis virus infection and rare genetic diseases (for reviews of early ASO and siRNA conjugates, see Springer and Dowdy¹⁰ and Huang¹¹).

Hepatitis B Virus Targeting

Current ASO and siRNA conjugates in the clinic targeting hepatitis B virus (HBV) sequences are described later, but new approaches continue to be developed. Roche recently reported development of a next-generation LNA ASO-GalNAc conjugate targeting viral mRNA.⁵³ Treatment with this conjugate in a mouse adeno-associated virus (AAV)-HBV model reduced expression of hepatitis B surface antigen below the limit of detection at the highest dose of 7 mg/kg injected subcutaneously and was sustained throughout the 15-day follow-up period. It remains to be seen how long beyond 15 days this effect will last and how the use of LNA chemistry will compare to the ASO and siRNA conjugates already in the clinic.

Genetic Disease

Genetic diseases continue to provide unique liver targets for rapid preclinical development due to well-defined genetics and pathways.

By targeting the liver-specific glycogen synthase GYS2 with a Gal-NAc-siRNA conjugate, a Dicerna study was able to show reduced accumulation of glycogen in wild-type and glycogen storage disease (GSD) mouse models.⁵⁴ Weekly subcutaneous injections of 10 mg/ kg normalized circulating liver enzymes and liver pathology in a GSD type III mouse model, including reversal of hepatomegaly and α-smooth muscle actin and sirius red fibrotic staining. Knockdown of GYS2 in a GSD type Ia mouse model also showed therapeutic benefit in restoring normal liver morphology, although the siRNA was delivered by an LNP in that experiment. By downregulating TMPRSS6, a negative regulator of hepcidin, which in turn negatively regulates iron absorption and recycling, Silence Therapeutics sought to treat iron overload disorders.⁵⁵⁻⁵⁷ Preclinical results showed a dose-dependent increase of hepcidin and reduction of serum iron after a single administration of 1 or 3 mg/kg GalNAc conjugate targeting TMPRSS6 in a mouse model of HFE^{-/-} hereditary hemochromatosis. Normalization of erythropoiesis and anemia was also demonstrated in a mouse model of β -thalassemia intermedia, and they also aim to use the same conjugate to treat transfusional iron overload associated with myelodysplastic syndrome. These examples show the potential for a single GalNAc conjugate to treat multiple genetic disorders by targeting a common factor involved in disease pathology. The use of already established mouse models of genetic diseases provides opportunities to rapidly evaluate the effects of these new therapeutics.

Non-alcoholic Fatty Liver Disease

Recent efforts have shown there is promise for GalNAc conjugate treatments for non-alcoholic fatty liver disease (NAFLD), the most common liver condition worldwide.58 GalNAc-siRNA or ASO conjugates targeting TAZ and STK25, factors shown to contribute to nonalcoholic steatohepatitis (NASH) progression, have been evaluated in mouse models of NASH.^{59,60} Doses of 12.5 mg/kg/week or less showed decreases in liver fat deposition and inflammation in both cases. An effort led by AstraZeneca used an ASO targeting a known genetic variant of the gene PNPLA3, which has been shown to contribute to NAFLD progression.⁶¹ This approach will allow for ease of identifying the target patient population by screening for the genetic variant. There has been concern that reduced ASGR expression in advanced liver disease will decrease the potency of Gal-NAc conjugates in NASH and hepatocellular cancer (HCC). Despite a reduction in ASGR expression greater than 50%, both GalNAcsiRNA and ASO conjugates have been shown to retain potency in mice models of HCC and fibrosis.⁶²⁻⁶⁴ With 40% of NASH patients developing fibrosis and up to 15% progressing to HCC, we would expect to see many more GalNAc conjugate approaches to treat advanced liver disease and HCC in the coming years.⁵⁸

Secreted Protein Modulation

Another active area of preclinical development takes advantage of the liver as a secretory organ, aiming to treat diseases that do not primarily affect the liver by modulating proteins secreted by hepatocytes. GalNAc-siRNA conjugates downregulating components of the complement system are already in late-stage trials, and more continue to be developed or tested in additional disease models. siRNA conjugates targeting MASP serine proteases have shown efficacy with 10 mg/kg dosing in mouse models of rheumatoid arthritis.^{65,66} The Alnylam complement C5 siRNA conjugate in the clinic has also been evaluated in rat models of myasthenia gravis, and an another targeting factor XII has been tested in models of hereditary angioedema.^{67,68} These conjugates have the advantage of strong target validation in the clinic from established inhibitors or antibody treatments. The hope is that the relatively infrequent subcutaneous dosing of GalNAc conjugates will provide a benefit over treatments that require infusions or more frequent dosing.

Preclinical Pharmacokinetics

The pharmacokinetic properties of unconjugated oligonucleotides have been discussed in recent reviews, so this section focuses on the effect of GalNAc conjugation on the pharmacokinetic characteristics of oligonucleotide-based drugs.^{12,69} Subcutaneous delivery of GalNAc conjugates results in rapid absorption, with a T_{max} between 0.25 h and 1 h in mice, 1 and 4 h in monkeys, and 0.5 and 5 h in humans.^{70–72} The plasma half-life of GalNAc conjugates is relatively short due to rapid plasma clearance.^{71,73} GalNAc conjugation remains quite stable in the blood, but there is evidence that loss of GalNAc monomers occurs, and unconjugated oligonucleotide can be measured in the plasma.

The main driver of plasma clearance is tissue distribution, which increases moderately between doses of 1 and 3 mg/kg. However, at higher doses between 12 and 40 mg/kg, clearance decreases 3- to 5-fold.⁷⁰ Some data suggest that the reduced clearance at higher doses could be caused by saturation of the ASGPR and reduced hepatocyte-mediated clearance.⁷⁴ However, ASGPR saturation alone likely does not explain the full dynamics of plasma clearance. GalNAc-ASO conjugates may have increased liver uptake via stabilin receptors on nonparenchymal cells, and GalNAc-siRNA conjugates may have increased kidney clearance due to reduced plasma protein binding compared to ASOs.⁷⁵ It will be important for the field to understand how much these variables contribute to drug clearance and how they are affected by various diseases.

GalNAc-conjugated ASOs have considerably increased levels of plasma clearance when compared to unconjugated ASOs, leading to a 50-fold reduction in maximum plasma concentration (C_{max}) and area under the curve (AUC) exposures at 10% of the dose.⁷⁰ This improved targeting of the liver delivers substantial improvements in potency, allowing reduced dosing frequency at lower doses. The maximum pharmacodynamic (PD) effect is achieved up to 15 days after dosing and is durable, meaning that infrequent dosing regiments can be used.^{76,77} There is emerging evidence that the duration of effect is species-specific, with longer effects and increased potency in humans compared to non-human primates.

In addition to the liver, GalNAc-conjugated oligonucleotides also distribute to the kidney. At doses below 3 mg/kg, GalNAc conjugation increases the liver-to-kidney ratio. At higher doses, saturation of the

ASGPR diminishes liver uptake, and kidney uptake is proportionally increased. Cellular uptake results in removal of GalNAc, and unconjugated oligonucleotide is the major component found in tissues.^{71,73}

An understanding of GalNAc-conjugated oligonucleotide pharmacokinetics is vital to the design of studies with these molecules.

Safety Considerations of GalNAc

In general, toxicity of oligonucleotides will be caused by on-target exaggerated pharmacology, hybridization-mediated off-target effects, chemical modifications, or tissue accumulation of the drug. Hybridization-mediated off-target effects can be mediated by partial or seed region binding to off-target RNAs, with partial complementarity to the antisense strand.^{33,78} These compounds can be identified in early, high-dose toxicity screens and eliminated as candidate drugs. Systematic analysis of GalNAc-siRNA hepatotoxicity eliminated chemical modification as a cause of toxicity and indicated that seed region-mediated RNAi effects of the antisense strand were a major driver of hepatotoxicity.³³

Non-clinical toxicology has identified a number of pathological findings associated with subcutaneous administration of GalNAc-conjugated siRNAs to rats and monkeys that include hepatocellular vacuolation and hepatocellular single-cell necrosis. These reversible findings do not affect the no observed adverse effect level (NOAEL) unless they are severe and associated with elevated liver enzymes.^{77–79} Subcutaneous delivery of GalNAc siRNA results in drug accumulation in a number of tissues and is indicated by basophilic granules in proximal renal tubular cells of rats and hepatic Kupffer cells in monkeys, or vacuolation of lymph node macrophages and injection site mononuclear cells.^{77,78} These findings often show partial recovery.

Immunogenicity has not been seen for GalNAc siRNA but has been observed with GalNAc ASO. The anti-drug antibodies have a very limited effect on pharmacokinetics and appear to be binding rather than neutralizing.^{70,72,77}

GalNAc-conjugated oligonucleotides have demonstrated a favorable safety profile both preclinically and clinically, and the lower clinical doses required to deliver therapeutically beneficial doses of GalNAc conjugates improve the therapeutic window when compared to unconjugated oligonucleotides. One exception is revusiran, a GalNAc-conjugated siRNA targeting TTR. The phase 3 ENDEAVOUR trial of revusiran was terminated early because of an imbalance of deaths.⁸⁰ Although there was no direct evidence that this imbalance was related to revusiran, it was not possible to rule out a drug-mediated effect as the cause. Non-clinical toxicology of revusiran was unremarkable, with no dose-limiting toxicology in monkeys and reversible microscopic changes in rat liver that correlated with elevated clinical chemistry. The NOAEL was set at 30 mg/ kg in rats and 200 mg/kg in monkeys.⁷⁹ Post hoc analysis of the ENDEAVOR study revealed that patients who died on treatment were older (\geq 75 years of age) and had more severe disease. Revusiran is a first-generation GalNAc conjugate with reduced stability and potency compared with second-generation compounds with enhanced stabilization chemistry. Patients treated with revusiran received 28 g of compound per year compared to vutrisiran (new TTR siRNA-GalNAc conjugate in phase 3), which achieves similar pharmacodynamic effects with 100 mg/year. This 280-fold lower drug exposure may improve safety with second-generation chemistry, and this seems to be borne out by the clinical experience described below.⁸⁰

Clinical Experience with GalNAc Conjugates and the First Product Registration

A summary of the clinical status of GalNAc conjugates with either ASOs or siRNAs is shown in Table 1. The information was extracted from pipeline data on the websites of Alnylam, Ionis, Dicerna, Arrowhead Pharmaceuticals, Silence Therapeutics, and Arbutus Biopharma (accessed March 30, 2020). Based on this analysis, there are at least 29 different GalNAc conjugates in clinical development, of which about 55% are RNAi based and about 45% are ASO based. Arrowhead Pharmaceuticals have four additional siRNA conjugates in clinical development focused on liver-related targets using their targeted RNAi molecule (TRIM) platform. They have not publicly revealed the hepatocyte targeting ligand for all of these, although it seems very likely that they are using GalNAc targeting the ASGPR. The clinical trial for AMG-890 (ARO-LPA) describes it as a GalNAc conjugate. Additionally, in a presentation on their HBV drug using the platform TRIM in a phase 2 clinical trial (ARO-HBV/JNJ-3989), the drug was described as two siRNA triggers delivered with GalNAc.81-83 Indeed, GalNAc conjugates targeting HBV proteins and thus HBV inactivation/depletion are being widely explored, with Ionis/GSK, Alnylam, and Dicerna/Roche also having candidates in phase 1 or 2 clinical development (Table 1), with encouraging results being published.53,84,85

The first GalNAc conjugate to gain registration was Alnylam's Givlaari (givosiran) based on their ENVISION phase 3 data; it gained approval in the United States on November 20, 2019 and in the European Union on March 3, 2020. The siRNA in givosiran uses Alnylam's advanced ESC GalNAc technology (see Advances in Chemistry Enabling GalNAc Delivery) and targets aminolevulinate synthase 1 (ALAS1), which leads to downregulation of ALAS1 and prevents accumulation of neurotoxic δ -aminolevulinic acid and porphobilinogen that are associated with acute hepatic porphyria (AHP) attacks.⁸⁶ The ENVISION trial recruited 94 patients with AHP randomized 1:1 to givosiran (2.5 mg/kg quarterly for 6 months) or placebo and demonstrated a 74% mean reduction in rates of porphyria attacks compared to placebo. Half of the patients on givosiran were attackfree during the 6-month treatment period compared to just 16.3% in the placebo group. There was a small increase in adverse events in the givosiran group, including seven patients with liver enzyme (alanine aminotransferase [ALT]) rises \geq 3-fold the upper limit of normal (ULN). However, 93 out of 94 of the patients in the trial continued into the open-label extension period of the study where

Table 1. Summary of GalNAc-siRNA or GalNAc-ASO Conjugates in the Clinic from the Leading Oligonucleotide Platform Companies					
Clinical Phase	Company	Modality	Drug Name	Target	Lead Indication
Registered	Alnylam	siRNA	Givlaari	D-aminolevulinate synthase 1	acute hepatic porphyria
Submitted for registration	Alnylam	siRNA	lumasiran	glycolate oxidase 1	hyperoxaluria type 1
Submitted for registration	Alnylam/ Novartis	siRNA	inclisiran	PCSK9	hypercholesterolemia
Phase 3	Akcea/Ionis	ASO	AKCEA-TTR-L _{Rx}	transthyretin	TTR amyloidosis
Phase 3	Akcea/Ionis/Novartis	ASO	AKCEA-APO(a)-L _{Rx}	apolipoprotein(a)	cardiovascular disease
Phase 3	Alnylam/ Sanofi	siRNA	fitusiran	antithrombin	hemophilia/bleeding disorders
Phase 3	Alnylam	siRNA	vutrisiran	transthyretin	TTR amyloidosis
Phase 3	Dicerna	siRNA	nedosiran	lactate dehydrogenase	primary hyperoxaluria
Phase 2	Alnylam	siRNA	cemdisiran	complement C5	complement-mediated diseases
Phase 2	Akcea/Ionis	ASO	AKCEA-AOPCIII-L _{Rx}	apoC-III	cardiovascular disease
Phase 2	Ionis	ASO	IONIS-GHR-L _{Rx}	growth hormone receptor	acromegaly
Phase 2	Ionis	ASO	IONIS-PKK-L _{Rx}	prekallikrein	hereditary angioedema
Phase 2	Ionis	ASO	IONIS-TMPRSS6- L _{Rx}	transmembrane protease, serine 6	β-thalassemia
Phase 2	Akcea/Pfizer/Ionis	ASO	AKCEA-ANGPTL3-L _{Rx}	angiopoietin-like 3 protein	multiple lipid disorders
Phase 2	Ionis	ASO	IONIS-AGT-L _{Rx}	angiotensinogen	resistant hypertension
Phase 2	Ionis/Roche	ASO	IONIS-FB-L _{Rx}	complement factor B	Immunoglobulin A (IgA) neuropathy/age-related macular degeneration
Phase 2	Ionis/GSK	ASO	IONIS-HBV-L _{Rx}	HBV viral proteins	hepatitis B infection
Phase 2	Arrowhead/JNJ	siRNA	JNJ-3989(ARO-HBV)	HNV viral proteins	hepatitis B infection
Phase 1/2	Alnylam	siRNA	ALN-AAT02	AAT	α1 liver disease
Phase 1/2	Alnylam	siRNA	ALN-HBV02	HBV viral proteins	hepatitis B virus infection
Phase 1	Arrowhead/Amgen	siRNA	AMG-890 (ARO-LPA)	lipoprotein(a)	cardiovascular disease
Phase 1	Alnylam	siRNA	ALN-AGT	AGT	hypertension
Phase 1	Dicerna/Roche	siRNA	DCR-HBVS(RG6346)	HNV viral proteins	hepatitis B virus
Phase 1	Dicerna	siRNA	DCR-A1AT	SERPINA1	α1 anti-trypsin deficiency liver disease
Phase 1	Ionis/Bayer	ASO	IONIS-FX1-L _{Rx}	factor X1	thrombosis
Phase 1	Ionis/AstraZeneca	ASO	IONIS-AZ4-2.5L _{Rx}	not reported	cardiovascular disease
Phase 1	Ionis/AstraZeneca	ASO	ION839	not reported	NASH
Phase 1	Arbutus	siRNA	AB-729	viral protein	hepatitis B infection
Phase 1	Silence	siRNA	SLN-124	TMPRSS6	β-thalassaemia and MDS

Source: Alnylam, Ionis, Dicerna, Arbutus, Silence, and Roche pipeline website data accessed March 2020. Arrowheads ARO-AAT, ARO-APOC3, ARO-ANG3, and ARO-HSD use their TRIM (targeted RNAi molecule) technology but are not included since the exact nature of the liver-targeting conjugates for these molecules are not yet published but are assumed to be GalNAc targeting.

all patients received givosiran, indicating a manageable toxicity profile in this setting. $^{\rm 87}$

Two additional GalNAc conjugates from Alnylam have been submitted for registration. First, lumasiran is being developed for primary hyperoxaluria type 1 (PH1). This is a rare life-threatening disease that is characterized by the pathologic overproduction of oxalate by the liver that then accumulates in the kidneys, forming toxic calcium oxalate crystals that can lead to kidney failure.⁸⁸ Lumasiran targets HAO1 mRNA encoding glycolate oxidase in the liver, which is the key enzyme in the pathway of hepatic oxalate production. The ILLU-MINATE-A phase 3 study for lumasiran was a randomized, doubleblind, placebo-controlled study on approximately 30 patients with PH1. Patients were randomized 2:1 to lumasiran (3 mg/kg monthly for 3 months, followed by quarterly maintenance doses). Lumasiran met its primary endpoint, achieving a significant (p < 0.0001) reduction in 24-h urinary oxalate excretion averaged across months 3–6. There were no serious or severe adverse events, which is encouraging, although detailed data are still to be reported.⁸⁹ In January 2020, Alnylam reported that they had initiated a rolling submission for a new drug application (NDA) in the United States.⁹⁰

Second, inclisiran was developed by Alnylam and licensed to The Medicines Company, who led the clinical development. Following release of positive phase 3 data, an NDA was submitted in the United States in December 2019 and The Medicines Company was acquired

by Novartis for \$9.7 billion, with acquisition completed in January.⁹¹ Inclisiran targets proprotein convertase subtilisin/kexin type 9 (PCSK9) mRNA, leading to reduction of hepatic PCSK9 production. PCSK9 is a serine protease that binds to low-density lipoprotein (LDL) receptors and targets the receptor for lysosomal degradation. Blocking this pathway leads to increased LDL receptors and increased clearance of LDL cholesterol (LDL-C), thus reducing cardiovascular risks associated with elevated LDL-C.⁹² Three phase 3 trials (Orion 9, 10, and 11) were carried out and the data were published online in March 2020.^{93,94} In all three trials, after two doses (284 mg) spaced 3 months apart, twice-yearly subcutaneous dosing with inclisiran resulted in durable and potent LDL-C reductions versus placebo. The larger Orion 10 and 11 studies treated more than 3,000 patients with atherosclerotic cardiovascular disease who had elevated LDL-C. Patients were randomized in a 1:1 ratio to either receive inclisiran

Figure 5. Targeted Delivery of saRNA by GalNAc to Achieve Target mRNA and Protein Upregulation

or a placebo during 540 days. At day 510, inclisiran reduced LDL-C levels by approximately 50% in both Orion 10 and Orion 11 clinical trials (p < 0.001 versus placebo in both trials). Given that there are approximately 40 million patients in the United States who have been diagnosed with atherosclerotic cardiovascular disease (ASCVD) or familial hypercholesterolemia (FH), the patient population in Orion 9, inclisiran has the potential to benefit a very large patient population. While therapeutic antibodies are also available to block PCSK9 activity,⁹² the infrequent dosing of inclisiran alongside its good safety profile should enable it to complete effectively in this lipid-lowering market.

The most advanced ASO-GalNAc conjugates in phase 3 trials (AKCEA-TTR- L_{Rx} and AK- $CEA-APO(a)-L_{Rx}$) were developed initially by Ionis and then by Akcea Therapeutics. Focusing on AKCEA-APO(a)-L_{Rx}, this Gal-NAc-ASO targets apolipoprotein(a), which when elevated is an independent, genetic risk factor for cardiovascular disease. Positive phase 2 trial data were published in January 2020 from a randomized, double-blind, placebo-controlled trial involving 286 patients with established cardiovascular disease and raised lipoprotein(a).95 Patients received a range of different doses and schedules of the drug. There was a dose-dependent decrease in lipoprotein(a) levels, and at 60 mg of AK-CEA-APO(a)-L_{Rx} given every 4 weeks, a 72% reduction in lipoprotein(a) levels was seen

versus just 6% seen in the placebo group (p < 0.001). There were no significant differences between any APO(a)- L_{Rx} dose and placebo with respect to platelet counts, liver and renal measures, or flu-like symptoms. The most common drug-related adverse events were injection-site reactions. In February 2019, Novartis exercised its option to license AKCEA-APO(a)- L_{Rx} (new name TQJ230), took over responsibility for worldwide development and commercialization, and have initiated a phase 3 trial giving 80 mg monthly by SC injection (Lp(a)HORIZON phase 3).⁹⁶ It is estimated that 20%–30% of people who suffer from cardiovascular disease have elevated lipoprotein(a), and so, similar to inclisiran, this drug may benefit a large patient population if the phase 3 trials are successful.

In summary, the first GalNAc-oligonucleotide conjugate is registered, there are seven other GalNAc-oligonucleotide conjugates either

submitted for approval or in phase 3 trials, and there at least a further 20 conjugates in earlier stage clinical trials. So far, the tolerance of these conjugates appears to be good, with occasional liver and injection site reactions appearing to be the most common adverse events. With this number of agents in clinical development it seems very likely that this will result in a robust flow of new oligonucleotide therapeutics reaching the market during the next few years, transforming the field and bringing oligonucleotides to the fore as a new class of therapeutic agents.

Future Prospects

While most GalNAc conjugates in preclinical development and certainly in clinical development are either siRNA or ASO based, other oligonucleotide platforms are also exploiting the technology for modulating hepatocyte targets. For example, Regulus Therapeutics developed GalNAc-conjugated anti-microRNAs (miRs) targeting microRNA-122 for the treatment of chronic hepatitis C virus infection and a microRNA-103/107 oligonucleotide that improved insulin sensitivity and glucose tolerance in animal models of NASH.⁹⁷ While both conjugates were halted in clinical development, Regulus indicated that they are continuing to exploit GalNAc targeting for liver projects.⁹⁸

MiNA Therapeutics are exploiting small activating RNAs (saRNAs) for RNA activation.⁹⁹ saRNAs, similar to siRNAs, are loaded into Ago2 but work in the nucleus, binding at the promoter region of the target gene to generate an RNA-induced transcriptional activation (RITA) complex that leads to new mRNA and increased protein (Figure 5).¹⁰⁰ The upregulation of hepatocyte nuclear factor 4- α (HNF4A) in primary rat hepatocytes using a GalNAc-HNF4A saRNA conjugate has been reported.¹⁰¹ Delivery of HNF4A saRNA to the liver using a dendrimer-based delivery vehicle has been shown to have activity in a high-fat diet model of NAFLD, and since GalNAc delivery should focus delivery to the hepatocytes, this could be an interesting opportunity for both fatty liver disease and cirrhosis.^{102,103}

A future breakthrough for GalNAc oligonucleotides will be the delivery of these drugs by oral rather than subcutaneous administration, particularly for use in chronic disease and in broad patient populations. Progress on this new mode of delivery has recently been reported by Ionis and Alnylam.^{104,105}

While most ligand-based approaches are utilizing GalNAc for delivery, other ligand-based delivery systems targeting oligonucleotides to extrahepatic tissues are emerging. For example, a GLP1R agonist peptide has been shown to effectively target an ASO to the GLP1R present on pancreatic insulin-secreting β cells, leading to target knockdown. This target knockdown was not seen with the free oligonucleotide or in GLP1R knockout pancreatic β cells.¹⁰⁶ This opens up the possibility of utilizing ligand targeting of oligonucleotides to restore functional islet mass in type 2 diabetes. The transferrin receptor is also gathering interest as a promising ligand target, and transferrin receptor (TfR)-antibody-siRNA conjugates have been able to

silence their target in skeletal and cardiac muscle after intravenous administration. $^{107}\,$

Another focus of research in the oligonucleotide field is to look at approaches to increase endosomal escape, given that this is seen as a rate-limiting step for many oligonucleotides, with less than 1% of drug escaping from the endosome.^{10,108,109} It has been speculated that the combination of high ASGR expression and rapid turnover in the hepatocyte provides increased opportunities for the rare endosomal membrane destabilization required for oligonucleotide release into the cytoplasm.¹¹⁰ There may be another unknown mechanism by which GalNAc conjugation improves endosomal escape, and deepening our understanding of escape dynamics could potentially increase the potency of GalNAc conjugates and enable the use of other suitable receptor targets for tissue-specific delivery of oligonucleotides.

In summary, the rapid emergence of a robust pipeline of GalNAc-targeted oligonucleotides for a wide range of liver-based diseases is a true game changer for the field of oligonucleotide therapeutics, and the findings from this work are starting to be exploited using other ligand-based delivery systems.

AUTHOR CONTRIBUTIONS

All authors have contributed to the writing of the manuscript. All authors read and approved the final manuscript.

CONFLICTS OF INTEREST

All authors are, at the time of writing this review, employees of MiNA Therapeutics.

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