RESEARCH ARTICLE



Ameliorative effects of ascorbic acid on tolerance to drought stress on pepper (*Capsicum annuum* L) plants

Zahra Khazaei¹ · Behrooz Esmaielpour¹ · Asghar Estaji¹

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Abstract Drought stress is an important environmental stress that clearly affect biological systems of plants. There is a possibility that growth regulators are able to protect plants under drought conditions. Ascorbic acid (AsA) plays a particular role on growth of plants and protects cells from oxidative damage caused by environmental stresses. This study emphasized the impacts of AsA on improving the drought tolerance of the pepper plants. Based on a factorial arrangement in a completely randomized design, the experiment had two factors. The first factor was drought: irrigation within the field capacity, moderate stress (irrigation within the 60% field capacity) and severe stress (irrigation within the 30% field capacity). The second factor was AsA: 0 mM sprayed with distilled water, 0.5 mM and 1 mM. The experiment had three replications. Drought stress inhibited plant growth parameters including fruit number, height, weight, yield, chlorophyll a and b, total chlorophyll, carotenoid contents, it caused improvement in activity of catalase (CAT), peroxidase (POD), superoxide dismutase (SOD), proline content, anthocyanins, soluble sugars, malondialdehyde (MDA) and H₂O₂ in the leaves of sweet pepper. Application of AsA contributes to an increase in antioxidant enzymes activity such as SOD, CAT, POD and proline contents, chlorophyll a and b, total chlorophyll, carotenoids, soluble carbohydrates. However, it reduced the content of anthocyanins, MDA and H₂O₂. Based on this study, it can be suggested

Asghar Estaji a_estaji@ut.ac.ir that ascorbic acid adjusted antioxidant activity, especially after it has been subjected to drought stress.

Keywords Chlorophyll · Field capacity · Malondialdehyde · Superoxide dismutase

Introduction

Sweet pepper (*Capsicum* spp.) contains an incredible intra and inter-specific variety in color, shape, taste, fruit type and biochemical content (Sakaldas and Kaynas 2010). The fruits of pepper are an abundant sources of antioxidants nutrients such as provitamin A (carotenoids) which are important nutritional antioxidants in food (Yasuor et al. 2015). In various types of pepper, carotenoid pigments are responsible for yellow, orange and red colors. In the pepper fruits, levels of these compounds depend on many factors, including variety, maturity, growth and weather conditions (Hwang et al. 2012). However, this crop is particularly sensitive to soil water deficit. It is well-known that drought stress during the initial developmental and reproductive stages can reduce the number and size of buds and fruits (Campos et al. 2014).

Drought stress is a harmful non-biological factor that reduces growth and development of plants as well as yields (Rasheed et al. 2020). Most areas are classified as dry and semi-arid in Iran, therefore drought-resistant plants with high performance are essential (Ding et al. 2015). One of the most important scientific and economic issues in arid areas is to improve plant performance to mitigate the adverse conditions of drought (Penella et al. 2014).

Ascorbic acid (AsA) can improve plant growth and elevate yield through improvement of resistance to stress (Zhou et al. 2016). Also, AsA maintains plant's water at an

¹ Department of Horticultural Science, Faculty of Agriculture Science, University of Mohaghegh Ardabili, P.O. Box 56199-11367, Ardabil, Iran

optimal amount in conditions of drought stress (Noman et al. 2015). Previous study addressed that AsA is involved in multiple physiological and biochemical steps from seed germination until senescence plants, for example, oxidative stress, cell division and enlargement, flowering, growing fruit signaling, resistance against invading pathogens, increasing yield and stress tolerance in plants (Latif et al. 2016). In the past, the research has been conducted to confirm incremental effect of AsA on the growth and quality of fruit in plants, which can be pointed out to flame seedless grapevine by El-Sayed et al. (2000); mangoes by Ahmed (2001); Washington Navel orange by Ragab (2002); banana by Mostafa (2004); white flame seedless grapevines by Wassel et al. (2007). Moreover, Maksoud et al. (2009) has shown that foliar application of AsA elevates yield and quality of fruit of olive trees. Yousef et al. (2009) reported that a month before the harvest of olive trees, a 90 ml AsA foliar spray improved the chemical properties of the fruit and had a positive effect on the characteristics of olive oil. Production of reactive oxygen species under stress conditions increases and internal protective activities may be insufficient (Arafa et al. 2007). There are various advanced defense systems in plants (Dolatabadian et al. 2008) which contains non enzymatic antioxidant compounds (ascorbic acid, salicylic acid, glutathione, tocopherols, etc.) and antioxidant enzymes such as superoxide dismutase (SOD), peroxidase (POD), and catalase (CAT) for elimination of ROS (Mohammadi et al. 2020; Athar et al. 2008). Moreover, ASA in all plants exists as a natural antioxidant compound in normal conditions and under stress conditions would increase (Dolatabadian et al. 2008) and it plays a vital role in preserving the activity of enzymatic antioxidant like SOD, CAT, and POD (Arafa et al. 2007). The effect of AsA on the activity of antioxidant enzymes can be varied. Mekki et al. (2015) reported that AsA decreases the activities of SOD, CAT, of corn (Zea mays L) under drought stress and decreased hydrogen peroxide (H₂O₂) content and oxidative damage while Aroca (2006) confirmed that AsA increased the activity of SOD and Liu et al. (2014) explained that AsA increased the activity of POD in plums (Prunus domestica). It can be said that osmotic adjustment is an important process in postponing water stress, which takes place in conditions of water shortages through the accumulation of compatible solutes (Sun et al. 2013). Proline as an amino acid is one of the most important cytosolutes, and acts as a compatible solute and has been suggested as a general index for drought stress tolerance (Liu et al. 2011). Amin et al. (2009) reported that exogenous application of AsA under drought stress showed positive increase in proline content and led to stability of cell membrane and drought resistance. Therefore, since AsA is one of the most affordable plant growth regulators and has positive effects

on plant growth at both conditions of stress and control, it can be used for increased resistance to drought stress in sweet pepper seedlings.

The objective of this study was to investigate the effect of a foliar spraying of AsA as agent to ameliorate the adverse effects of drought on growth, physiological and biochemical parameters of pepper seedlings.

Materials and methods

Plant materials and growth conditions

This research was carried out to assess influence of foliar application of different concentrations of AsA on biochemical and physiological attributes of sweet pepper (Capsicum annuum L.) under normal and drought conditions. The research was carried out in a greenhouse at the Faculty of Agriculture, University of Ilam. The study was conducted as a factorial experiment in a completely randomized design with two factors. The main factors were different levels of drought and AsA concentrations. Each treatment had three replications. It lasted 4 months, from seed cultivation to sampling. Seeds of sweet pepper were provided by the Faculty of Agriculture. The peppers seeds were surface sterilized with 1% sodium hypochlorite for 10 min before being washed with tap water for 1 min. Then, the seeds were sown in plastic pots that measured 20 cm in height and 23 cm in diameter. The pots were filling with a mixture of fine sand, sand, leaf mold and garden soil with a ratio of 1:1:1. After filling, each pot weighed 7 kg. The soil samples were analyzed for various soil properties (Table 1)

The average temperature and relative humidity during plant growth were 18/25 °C (day/night), and 60-70%,

Table 1 Physico-chemical properties of the experimental soil

Characteristics	Units	Values		
Moisture content	(%)	32		
Р	(ppm)	3.47		
Κ	(ppm)	33.63		
pH		7.3		
Sand	(%)	22 11		
Clay	(%)			
Silt	(%)	67		
Soil texture		Silty loam		
EC	(ds/m)	0.7		
Organic carbon	(%)	0.42		
Total N	(%)	0.04		

respectively. In the early stages of plant growth, irrigation was complete. A few drops of Tween-20 (polyoxyethylene sorbitan monolaurate) were added as a surfactant to a solution of AsA to increase adhesion between leaves. The AsA treatment started at the fourth leaf stage. AsA was used at the concentration of 0, 0.5 and 1 mM. The AsA was sprayed onto the leaves so that both sides of each leaf became completely wet. The foliar spray was applied twice. The first instance of application was 72 h before the drought stress treatment. Accordingly, 72 h after the first foliar spray, all plants were exposed to three levels of drought stress: stress-free conditions (full irrigation, i.e. the control group), moderate stress (60% of field capacity) and severe stress (30% of field capacity). The second spray was applied 2 weeks after the drought stress began. The drought stress treatments were maintained until the end of the experiment. All pots were weighed on a daily basis.

In this experiment, 27 sweet pepper plants were harvested at 80% maturity (in the green stage). Leaf samples consisted of three replicates. Each replicate was obtained from three pots, and therefore a total of 9 plants existed in each treatment group. The samples were immediately placed in liquid nitrogen after harvest. They were stored in the freezer (- 80 °C) before measuring the biochemical properties, the physiological features and the activity of antioxidant enzymes.

Determination of fruit yield

The factors such as drought stress, high temperature greenhouse and susceptibility of the cultivar reduced plant growth, and economic performance therefore, fruit storage in the greenhouse has not been possible. The fruit harvest was carried out at four times. Pepper fruits were collected when they were green and fully grown. At harvest time, weight and number per plant as well as the total weight of fruits per plant were recorded and the total yield was calculated.

Determination of lipid peroxidation

MDA was evaluated by the Zhao et al. (1993) method. For this purpose, 0.25 g of pepper leaf tissue at 5 ml of 1% tricyclic acetic acid (TCA) was crushed and centrifuged at 5000 g for 10 min at 4 °C, then 1 ml of supernatant and 4 ml of 20% TCA containing 0.5% thiobarbituric acid was mixed together and the mixture was exposed to a temperature of 95 °C at 30 min, the mixture was immediately cooled and read with a spectrophotometer at 450, 532, and 600 nm. To determine the MDA, the following equation was used: MDA (μ mol g⁻¹ FW) = 6.45(OD₅₃₂-OD₆₀₀)-0.56 OD₄₅₀

Estimation of soluble carbohydrates

Carbohydrates from pepper leaf tissue were extracted according to a method by Badour (1959). For this purpose, 1 ml of herbal extract and 9 ml of anthron sulfuric acid were mixed in a glass tube and heated to 100 °C at 7 min. The absorbance was read at 620 nm spectrophotometer. The results of this factor were presented as mg g⁻¹ dry weight.

Estimation of proline amount

The amount of free proline was measured according to method by Bates et al. (1973) in the plant. To begin, 0.2 g of leaves samples were crushed by a mortar and pestle, then homogenized by centrifugation at 18,000 g at 15 min. This was followed by adding 2 ml to the test tube containing 2 ml glacial acetic acid and freshly prepared acid ninhydrin solution (1.25 g ninhydrin dissolved in 20 ml 6 m orthophosphoric acid and 30 ml glacial acetic acid). Then test tubes were placed at 100 °C for 1 h and cooled at 25 °C. In the next steps, 4 ml of toluene were added to the contents of the test tube and vortexed at 20 s. The above test tubes were kept vertically at 10 min until phase separation. The absorbance was read at 520 nm. The content of proline presented as $\mu g g^{-1}$ fresh weight.

Determination of chlorophyll and carotenoids

Lichtenthaler (1987) method was used to measure chlorophyll and carotenoids. For this purpose, 0.2 g of fresh leaves of pepper was crushed using 15 ml of acetone 80% and filtered. The absorbance was read at 470, 663, 646 nm. Chlorophyll concentration was determined by the equation below:

Chlorophyll $a(\mu g/ml) = 12.21(A_{663}) - 2.81(A_{646})$ Chlorophyll $b(\mu g/ml) = 20.13(A_{646}) - 5.03(A_{663})$ Chlorophyll total($\mu g/ml$) = Chlorophyll a + Chlorophyll b Carotenoid($\mu g/ml$) = 11.75(A_{663} - 2.350A_{646})

Determination of anthocyanins

According to Wagner (1979) method, 0.1 g fresh leaf from the tip of the shoots and root ends was ground and centrifuged in 10 ml acidic methanol (99:1 methylic alcohol: HCl). Then, the resulting solution was kept overnight in the dark and read by the spectrophotometer at 550 nm.

Determination hydrogen peroxide

The extraction and estimation H_2O_2 was evaluated by Velikova et al. (2000). For this purpose, 0.2 g of pepper seedlings leaves was crushed in a mortar with 3 ml of 0.1% (w/v) trichloroacetic acid (TCA) and then centrifuged at 12000 × g for 15 min. 0.5 ml of phosphate buffer (pH 7.0) was added to 0.5 ml of supernatant and 1 ml of 1 M KI was mixed. The absorbance was read at 390 nm. The absorption rate was also expressed as μ mol g⁻¹ FW.

Determination of AsA content

AsA content of pepper leaves was estimated by a modified procedure following a method by Luwe et al. (1993). Initially, pepper leaf samples (0.5 g) were crushed in liquid nitrogen by mortar and pestle. They were homogenized in ice-cold trichloroacetic acid (TCA, 1% w/v). Then, the solution was centrifuged at 12,000 rpm for 20 min at a temperature of 4 °C. This was followed by adding 50 μ L potassium phosphate buffer mixture (0.95 ml, 100 mm, pH 7.0) and ascorbate oxidase (1 μ l of 1 μ l⁻¹ unit) to the supernatant. Eventually, the absorbance was read at 265 nm.

Enzyme extraction method

To begin, 0.5 g of Pepper leaves were added to 5 ml of 100 mM phosphate buffer (pH 7.8) containing 5% w/v PVP and 1 ml EDTA in a mortar kept on ice bath to be homogeneous. Then, it was centrifuged at 10,000 g for 30 min at 4 $^{\circ}$ C and assayed the activity of antioxidant enzymes (Zhang et al. 2009).

Determination of catalase (CAT) enzyme activity

Catalase activity was assessed by Dhindsa et al. (1981) method. For this purpose, 3 ml of reaction mixture contained 0.1 ml of herbal extract, 15 mM phosphate buffer (pH 7.0) and 15 mM H₂O₂. The reaction was initiated by adding herbal extract. The absorbance changes of the solution were read at 240 nm every 40 s. One unit of catalase enzyme activity was expressed as the amount of enzyme essential to reduce the absorption unit of 0.1 with an optical density of 240 nm min⁻¹.

Estimation of SOD enzyme activity

The SOD activity was evaluated by the Xu et al. (2008) method with some modification. In practice, 1000 μ l of enzymatic extracts with 2.465 ml of 55 mM methionine, 100 mM of phosphate buffer (pH 7.8), 300 ml nitrobluetetrasolium 0.75 mM and 60 μ l of 0.1 mM riboflavin

were placed in a test tube and incubated in fluorescence light (40 μ mol m⁻² s⁻¹) at 10 min. The absorbing solution read to 560 nm by a UV/visible spectrometer. One unit of SOD enzyme is determined as the amount of enzyme that inhibits 50% of photoreduction NBT.

Estimation of POD enzyme activity

POD activity was measured by the Zhou and Leul (1998) method. The reaction mixture contained 50 ml of enzyme extract, 0.4% H₂O₂, potassium phosphate buffer to pH 6.1 and 1% guaiacol. The absorbance was read at 470 nm. The activity of the enzyme was expressed as min⁻¹ g⁻¹ fresh at 25 ± 2 °C.

Statistical analysis

In this experiment, all data were analyzed by SPSS software 18.1 and Duncan's multiple range tests. The difference was considered P < 0.05. The analyses were carried out to determine significant differences between the means at a significance level of P < 0.05. Pearson's correlation between different concentrations of AsA and various levels of drought stress were calculated by SPSS software.

Results

Plant height

Drought stress and ascorbic acid treatments have affected plant height of pepper significantly (Table 2). A significant increase in plant height of pepper plant was observed when exposed to drought stress (Figs. 1, 2a).

Fruit yield

Both drought stress and ascorbic acid treatments have affected on fruits yield of pepper significantly (Table 2). The Ascorbic acid treatment showed that a significantly increased fruit yield of pepper during to drought stress (Fig. 2c).

Fruit yield component

The growth parameters of pepper plants were determined based on weight and number of fruit that showed significant variations due to AsA and drought levels. The pepper plants subjected to drought stress showed significant decrease of all morphological properties such as plant height, number of fruits and yield (Table 2). However, ascorbic acid significantly increased all the above parameters as compared with control plants and/or droughtstressed plants (Table 2). Table 2Means comparison ofascorbic acid and drought stresseffects on morphologicalparameters of pepper plants

Treatments	Plant height (cm)	Fruit number	Fruit weight (g)	Total yield (kg/plant)
Ascorbic acid				
Control	28.312 ^b	3.33b	1.39 ^b	6.65 ^c
0.5 mM	29.202 ^b	4.33 ^b	1.76 ^a	8.56 ^b
1 mM	34.088 ^a	5.88 ^a	1.80^{a}	12.14 ^a
Drought stress				
Control	35.40 ^a	6.88 ^a	3.20 ^a	7.31 ^a
60%	31.127 ^b	4.55 ^b	1.23 ^b	1.88 ^b
30%	25.07 ^b	2.11 ^c	0.70°	1.25 ^c

The same letters in each column indicate no significant difference at the 5% probability level in the Duncan test



Fig. 1 The effect of three concentrations of ascorbic acid treatments (0, 0.5 and 1 mM) on plant height of pepper

Leaf chlorophyll and carotenoids content

Chlorophyll a, b, total and carotenoids content of pepper leaves were significantly affected by drought stress and AsA. The obtained data (Table 3) demonstrated that drought stress significantly decreased the content of chlorophyll a, b, total chlorophyll and carotenoids. The ascorbic acid treatment significantly increased the leaf chlorophyll and carotenoids content of pepper plants exposed to severe drought (Table 3). The content of Chlorophyll a, b, total and carotenoid decreased by increasing of drought intensity and increased with raising AsA (Fig. 2d–g).

Anthocyanin content

The content of anthocyanin of plant leaves increased during drought stress. The foliar spray of ascorbic acid resulted in lesser anthocyanin (Table 3). Anthocyanin content significantly increased by increasing drought intensity and decreased with increasing AsA (Fig. 2h).

H₂O₂ content

The data of this study showed that drought stress effectively increased the leaf H_2O_2 contents as compared with control plants. Exogenous application of ascorbic acid decreased the H_2O_2 content in plants exposed to medium and severe drought stressed conditions (Table 4) and H_2O_2 content were raised with increasing of drought intensity and decreased with enhancing foliar spray AsA (Fig. 2j).

MDA

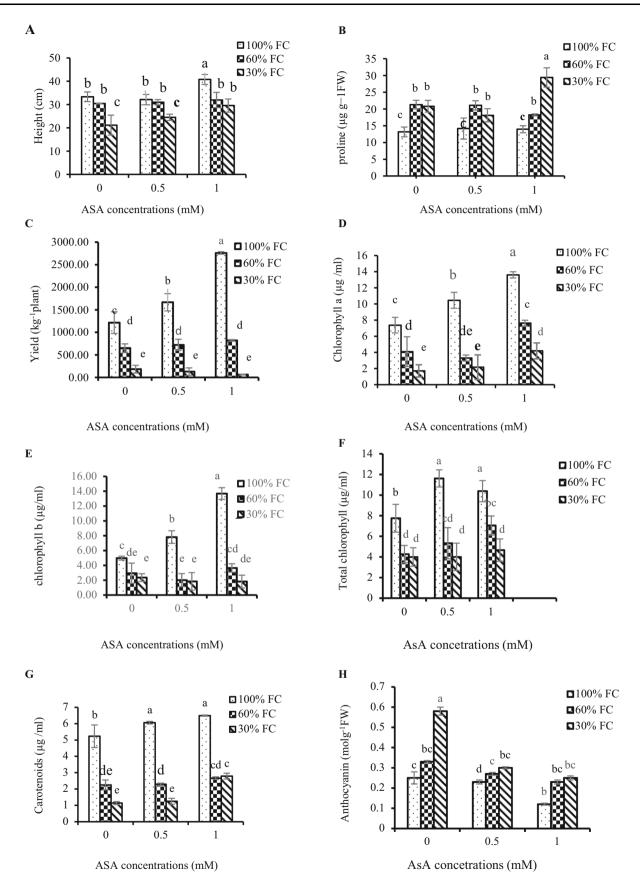
This study showed that drought stress effectively increased the leaf MDA contents as compared with control plants. Exogenous application of ascorbic acid decreased the MDA content in plants exposed to medium and severe drought stressed conditions (Table 4) and MDA content were raised with increasing of drought intensity and decreased with enhancing foliar spray of AsA (Fig. 2i).

Changes in soluble carbohydrates contents

Drought significantly changed the concentration of soluble carbohydrates in pepper seedling. Soluble carbohydrates contents were increased by drought stress and ascorbic acid application further increased the soluble carbohydrates contents of plants exposed to medium and severe drought conditions (Table 4). In this experiment, with increase in both treatments, the carbohydrate solution was increased (Fig. 2k).

Proline

The results indicated that proline content was affected by drought and AsA foliar application (Table 4). The content of proline in free leaves increased with increasing drought stress in pepper, and its content increased significantly after application of ascorbic acid in leaves (Fig. 2b).



◄ Fig. 2 Interaction effects of drought stress and ascorbic acid treatment on a height, b proline, c yield, d chlorophyll a, e chlorophyll b, f total chlorophyll, g carotenoids, h anthocyanin in pepper leaves under drought stress, i MDA, j H₂O₂, k total soluble carbohydrates and I SOD, m CAT, n POD in pepper leaves under drought stress

Ascorbic acid

Drought stress significantly increased AsA content in sweet pepper plants when compared with control plants (Table 4). Accordingly, the amount of AsA increased by higher levels of drought stress. The exogenous application of AsA increased the AsA content in the stressed and nonstressed sweet pepper plants (Table 4). The interaction between drought stress and ascorbic acid showed that ascorbic acid content in sweet pepper plants increases in response to higher levels of drought stress and ascorbic acid.

Antioxidant enzyme activities

Drought stress and AsA influenced activities of antioxidant enzymes of pepper plant leaf. The results showed that

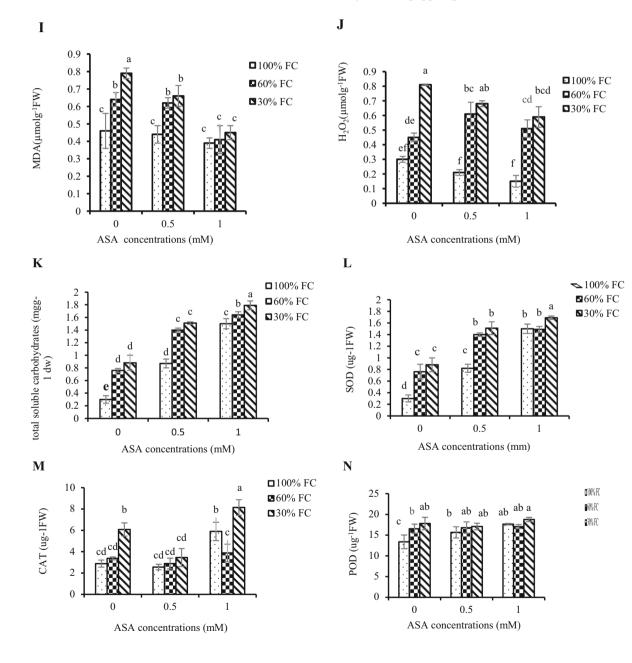


Fig. 2 continued

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Treatments	Chlorophyll a (µg/ml)	Chlorophyll b (µg/ml)	Total chlorophyll (µg/ml)	Carotenoids (µg/ml)	Anthocyanin (mol g^{-1} FW)				
Ascorbic ac	id								
Control	4.39 ^c	2.60 ^b	5.69 ^b	2.88 ^c	0.39 ^a				
0.5 mM	5.31 ^b	5.25 ^a	6.63 ^{ab}	3.20 ^b	0.27 ^b				
1 mM	8.48^{a}	5.85 ^a	7.37 ^a	3.98 ^a	0.20 ^c				
Drought stre	ess								
Control	10.48 ^a	7.78 ^a	8.66 ^a	5.93 ^a	0.25 ^c				
60%	5.01 ^b	3.55 ^b	6.36 ^b	2.40 ^b	0.3 ^{ab}				
30%	2.69 ^c	2.37 ^c	4.69 ^c	1.73 ^c	0.31 ^a				

Table 3 Mean comparison of ascorbic acid and drought stress effects on photosynthetic pigments of pepper plants

The same letters in each column indicate no significant difference at the 5% probability level in the Duncan test

Table 4 Means comparison of ascorbic acid and drought stress effects on biochemistry and physiological parameters of pepper plants

Treatments	Proline ($\mu g g^{-1}$ FW)	H ₂ O ₂ (µmolg ⁻¹ FW)	MDA (µmol g ⁻¹ FW)	Total soluble carbohydrates (mg g^{-1} DW)	ASA (µmol g ⁻¹ FW)	SOD (Ug ⁻¹ FW)	POD (Ug ⁻¹ FW)	CAT (Ug ⁻¹ FW)
Ascorbic ac	id							
Control	17.46 ^c	0.52 ^a	0.58 ^a	0.65 ^c	19.76 ^c	0.65 ^c	15.89 _b	2.96 ^c
0.5 mM	18.43 ^b	0.50 ^{ab}	0.57 ^{ab}	1.26 ^b	43.15 ^b	1.24 ^b	16.51 _b	4.12 ^b
1 mM	17.79 ^b	0.42 ^b	0.49 ^c	1.65 ^a	73.37 ^a	1.56 ^a	17.81 _a	6 ^a
Drought stre	ess							
Control	13.77 ^c	0.23 ^c	0.44 ^c	0.89 ^c	37.55°	0.87 ^c	15.44 ^c	3.38 ^b
60%	20.21 ^b	0.27 ^a	0.51 ^b	1.27 ^b	54.32 ^a	1.22 ^b	16.79 ^a	3.80 ^b
30%	22.78 ^a	0.55 ^b	0.69 ^a	1.39 ^c	44.41 ^b	1.36 ^a	17.88 ^a	5.89 ^a

The same letters in each column indicate no significant difference at the 5% probability level in the Duncan test

exogenous application of ascorbic acid and drought stress stimulated antioxidant enzymes activities in pepper leaves (Table 4). The activities of antioxidant enzymes were significantly increased with enhancing of drought stress intensity and ASA (Fig. 2l–n).

Correlation coefficient

Analyzing the coefficients of correlation between different traits involved in pepper production provides informative data about the relative effect of factors on each other. Correlation coefficients between the plant traits could determine whether selection for one trait may affect the other ones. Altogether, positive and negative correlations were found among different traits (Table 5). Meanwhile, correlation coefficient analysis was performed between morphological factors including plant height, fruit number, fruit weight, total yield which resulted in relatively high correlation. On the other hand, a significant positive correlation was obtained between proline, chlorophyll a, anthocyanin, carotenoids and also, there was significant negative correlation with H_2O_2 .

Meantime, we found positive main correlations between chlorophyll a, with chlorophyll b, carotenoids and as well as significant negative correlation with H_2O_2 .

In addition, chlorophyll b with total chlorophyll, carotenoids had a significant positive correlation and with hydrogen peroxide, anthocyanin, total soluble carbohydrates, CAT, POD, SOD, had a significant negative correlation. Also, total chlorophyll with carotenoids had significant positive correlation and this factor had significant negative correlation with hydrogen peroxide, anthocyanin, MDA, total soluble carbohydrates, CAT, POD, SOD and ultimately among enzymes, CAT enzyme with POD and SOD enzyme with total soluble carbohydrates and POD enzyme with SOD, total soluble carbohydrates significant positive correlations.

Discussion

Drought is one of the most important environmental stresses that inhibit the growth of the product and cause crop yield limitations of the product (Liu et al. 2016). Due

Table 5	Correlation	coefficients	(r)	among	pepper	seedlings traits	
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	Plant height (cm)	Fruit number	Fruit weight (g)	Total yield (kg)	Proline (µg g ⁻¹ I		Chla (µg/ 1l)	Chlb (µg/ ml)	Chlt (µg/ ml)
Plant height	1								
Fruit number	0.729**	1							
Fruit weight	0.747**	0.816**	1						
Total yield	0.681**	0.856**	0.954**	1					
Proline	0.609**	0.647**	0.750**	0.759**	1				
Chla	0.792**	0.854**	0.899**	0.888**	0.716**	1			
Chlb	0.148	0.28	0.496**	0.496**	0.158	0	.382*	1	
Chlt	0.204	0.315	0.416*	0.408*	0.147	0	.359	0.899**	1
Carotenoid	0.760**	0.783**	0.934**	0.919**	0.703**	0	.903**	0.545**	0.480*
Anthocyanin	0.450	0.277	0.239	0.185	0.489**	0	.331	- 0.568**	- 0.566**
MDA	- 0.167	- 0.126	- 0.344	- 0.284	- 0.291	_	- 0.288	- 0.140	- 0.499**
CAT	- 0.139	- 0.178	- 0.269	- 0.253	-0.008	_	- 0.119	- 0.427*	- 0.431*
POD	- 0.229	- 0.264	- 0.375	- 0.337	- 0.107	_	- 0.200	- 0.515**	- 0.630**
SOD	0.051	0.009	- 0.258	- 0.265	- 0.132	-	- 0.025	- 0.623**	- 0.626**
Total soluble	0.059	0.025	- 0.269	- 0.267	- 0.151	_	- 0.010	- 0.589**	- 0.573**
Carbohydrates									
H ₂ O ₂	- 0.759**	- 0.690**	- 0.834**	- 0.719**	- 0.819*	* _	- 0.487**	- 0.448*	- 0.902**
	Carotenoid (µg/ml)	Anthocyanin (mol g ⁻¹ FW)	MAD (μmol g ⁻¹ FW)	CAT (µg ⁻¹ FW)	$\begin{array}{c} POD \\ (\mu g^{-1} \ FW) \end{array}$	$\begin{array}{c} \text{SOD} \\ (\mu g^{-1} \text{ FW}) \end{array}$	Total solution carbohyd (mg g^{-1}	rates (I_2O_2 umol g ⁻¹ FW)
Plant height									
Fruit number									
Fruit weight									
Total yield									
Proline									
Chla									
Chlb									
Chlt									
	1								
Anthocyanin	0.218	1							
MDA	- 0.052	- 0.52	1						
CAT	- 0.115	0.499**	- 0.269	1					
POD	- 0.353	0.340	0.194	0.504**	1				
	- 0.245	0.387*	0.097	0.350	0.683**	1			
200									
SOD Total soluble	- 0.234	0.339	0.116	0.357	0.688**	0.988**	1		
	- 0.234	0.339	0.116	0.357	0.688**	0.988**	1		

**High significant (1% level of probability)

to the osmotic effect of drought, it can be said that drought causes different responses in the cell such as inhibition of growth and synthesis of some non-toxic compounds, which are used to increase osmotic potential and metabolic processes, and ultimately increases the activity of some antioxidant enzymes (Turkan et al. 2005). Considering that the role of AsA in drought stress conditions in pepper plants is not known, therefore, it was decided in this research to investigate the physiological, biochemical and metabolic effects of ascorbic acid on pepper seedlings under drought stress conditions (Tables 2, 3 and 4). AsA is a water-soluble molecule and is well known as an antioxidant that helps to detoxify active oxygen in cell (Liu et al. 2014). Ascorbic acid spray reduces the effects of drought stress in plants such as closure of the stomata, absorbing nutrients, total chlorophyll, protein synthesis, transfusion, the process of photosynthesis and growth of plant (Hafez and Gharib 2016).

Drought stress can be assessed by its impacts on fruit morphological properties, plant height, fruit yield, leaf chlorophyll and carotenoids content and increase of MDA, H_2O_2 , soluble carbohydrates, proline, anthocyanin and antioxidant enzymes. In this study, it is found that AsA treatment could increase growth parameters and yield of pepper seedlings under drought stress (Table 2). The results of the recent study have been consistent with previous studies on olive trees as foliar spraying with ascorbic acid had favourable effects on growth characters and yield (El-Sayed et al. 2014).

Ascorbic acid in the pepper seedlings during the metabolic process in the plant is able to control the free radicals produced, which can increase plant resistance to stress and protect the side effects of the active oxygen (El-Sayed et al. 2014). Ragab (2002) also reported that ascorbic acid may be substituted for synthetic auxin. However, due to the effect of auxin, the role of ascorbic acid in plants can be explained. Cell membrane stability is an indicator of cellular damage caused by various biological stresses (Saneoka et al. 2004). Usually, MDA content reflects cell damage (Li et al. 2018) in plants. In the present study, drought stress significantly increased MDA content due to increased lipid peroxidation and cell membrane damage. However, AsA was able to significantly reduce these negative symptoms. By reducing the MDA concentration, AsA protects membranes from drought stress (Table 4). These results showed that AsA plays a role in maintaining cell membrane stability, and this is consistent with the findings for Hibiscus esculentus L. and Oryza sativa L. under drought (Amin et al. 2009; Guo et al. 2005).

The reduction of chlorophyll is common in drought stress conditions (Chen et al. 2016; Javadi et al. 2017), since there are several reports of the reduction of chlorophyll and carotene in environmental stresses (Aghaie et al. 2018; Koffler et al. 2014; Nxele et al. 2017). Reductions in chlorophyll content may be due to damage caused by tension in the biosynthesis of plant pigments or increased destruction pigmentation (Nematpour et al. 2020). Reducing photosynthetic pigments may result in increased synthesis of compatibility solutions, such as proline, because both of them are produced from similar precursors (Le Dily et al. 1993). One of the important antioxidant pigments in carotenoids is that they play a special protective role in stress conditions (Egert and Tevini 2002). Since carotenoid reduction is often associated with the destruction of chlorophyll pigments, it can be suggested that photodegradation and loss of photodegradation may be due to the destruction of carotene (Javadi et al. 2017). Our results are also consistent with the theory that shows the relationship between the photosynthetic pigment concentration: Chla, and total chla, as well as carotenoids in drought stress conditions. The concentration of photosynthetic pigments is strongly reduced under drought stress, although the use of appropriate concentrations of ascorbic acid decreases drought stress (Table 3).

Our result is consistent with the previous reports on wheat, cauliflower and basil where the plants sprayed with ascorbic acid showed significant increase in photosynthetic pigments content compared with control (Athar et al. 2008; Latif et al. 2016; Khalil et al. 2010).

Many drought-tolerant plant species contain anthocyanins which are believed to act as osmoregulators under drought stress (Chalker-Scott 1999), therefore, plant tissues that usually contain anthocyanins are resistant to drought stress (Sherwin and Farrant 1998). For example, in a study, drought resistance of purple cultivar is better than that of green cultivar (Bahler et al.1991). Anthocyanins increase the drought resistance in plants through potential water stability. In this case, anthocyanins are assumed to interfere with the osmotic regulation of the plants (Choinski and Johnson 1993; Chalker-Scott 2002). In present study, the results showed that drought subjected pepper seedlings, contained higher anthocyanins. On the other hand, when ascorbate was applied, anthocyanins content was reduced (Table 4). The results of this study are consistent with the findings of Halimeh et al. (2013) in Dracocephalum moldavica under drought stress.

Low molecular organic compounds, such as soluble carbohydrates, proline and other amino acids, can regulate the osmotic potential of the cell to improve water absorption under drought stress (Esmaeilpour et al. 2016) and protect enzymes, biological membranes and photosynthetic apparatus against oxidative damage (Anjum et al. 2012).

Recent study showed that pepper seedlings responded to drought exposure with accumulation of proline and soluble carbohydrates (Table 4) and this achievement agrees with previous reports on rice (Guo et al. 2005). In the present study, soluble carbohydrates and proline in plants under both treatments were higher than controls (Table 4). During oxidative stress, the accumulation of proline content with ascorbic acid treatment was increased and enhanced resistance against losing leaf water and plant growth rate under stress conditions occurred (Tasgin et al. 2003; Yazdanpana et al. 2011).

Active oxygen species such as H_2O_2 , superoxide and singlet oxygen are produced due to water shortages in plants and have harmful effects on cell membrane stability and permeability (Ashraf et al. 2011). There are many reports that ascorbic acid is a free radical scavenger (Gill and Tuteja 2010). Due to lack of water, reactive oxygen species (ROS) are formed, resulting in damage to plants. The main source of ROS is the chloroplast of the plant cells, which causes the change in electron transfer redox and ultimately leads to the formation of oxygen species (Aghaie et al. 2018). Similar results as the elevation of H_2O_2 in pepper leaves under drought stress in comparison to control were recorded and application of AsA treatments reduced H_2O_2 in pepper leaves in drought-stressed plants (Table 4).

One of the general strategies for neutralizing the toxin in the plant is the use of several enzymatic and non-enzymatic methods that protect plants from damage caused by ROS (Sairam and Saxena 2000), including the superoxide dismutase enzyme (SOD) that converts superoxide to H_2O_2 , catalase and peroxidase enzymes which also reduces H_2O_2 to H_2O and O_2 (Kadkhodaie et al. 2013; Anjum et al. 2012). Therefore, detoxification of the enzyme in the plant is related almost to the activity of the SOD enzyme and then to the stimulation of other antioxidant enzymes (Alscher et al. 2002). In this study, the magnitude of the activity of the SOD enzyme in chilli peptides has been increased gradually, with the previous reports of increased activity of this enzyme in drought stress conditions in tomato (Tahi et al. 2008, Aghaie et al. 2018) and wheat (Csiszar 2005).

CAT enzyme is a key enzyme in the glutathioneascorbate cycle, which plays an important role in eliminating H₂O₂, which is caused by the SOD enzyme in various cell sections. The results indicate that the activity of the enzyme CAT also had similar changes in the activity of the SOD enzyme in pepper seedlings (Table 4). According to available evidence, these enzymes substantially detoxify H_2O_2 (Table 4). Ren et al. (2016) suggested that when plants are affected by drought stress, the catalase enzyme is responsible for the decomposition of H_2O_2 . When seedlings of pepper treated with AsA and drought, increased activity of SOD, CAT and POD enzymes, it was showed that AsA increased the activity of these three enzymes under drought stress (Table 4). In this study, it can be concluded that with increasing of AsA, the activity of SOD, CAT and POD enzymes and H₂O₂ levels in pepper leaves increased and decreased, respectively. Therefore, the use of foreign ascorbic acid can keep plants resistant to drought by eliminating active oxygen species (Table 4). According to studies conducted in the past show use of AsA increases the activity of enzymatic and non-enzymatic antioxidants to counteract the harmful effects of various environmental stresses (Hafez and Gharib 2016; Bai et al. 2013).

Conclusions

Statistical analysis of this study showed that drought stress increased ROS levels and had negative effects on plant growth factors, however, when drought stress was applied with AsA, plant growth was improved and ROS levels decreased. Drought stress increased the activity of SOD, CAT, POD enzymes and soluble carotenoids and carbohydrates in pepper seedlings, but the effect of both AsA treatments and drought increased the activity of antioxidant enzymes compared to drought stress alone. Therefore, by increasing the activity of antioxidant enzymes, it can stimulate tolerance to drought stress in pepper.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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