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## **Engineered reproductive tissues**

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## **Abstract**

Engineered male and female biomimetic reproductive tissues are being developed as autonomous in vitro units or as integrated multi-organ in vitro systems to support germ cell and embryo function, and to display characteristic endocrine phenotypic patterns, such as the 28-day human ovulatory cycle. In this Review, we summarize how engineered reproductive tissues facilitate research in reproductive biology, and overview strategies for making engineered reproductive tissues that might eventually allow the restoration of reproductive capacity in patients.

> Individuals can face reproductive or endocrine failure because of genetic predisposition, age, iatrogenic effects of treatment or disease. Over a century of progress that began with advancements in reproductive tissue and reproductive organ transplantation, followed by technological developments at the interface of reproductive biology, materials science, bioengineering and advanced manufacturing, has resulted in engineered reproductive tissues that can restore and support normal organ function<sup>1,2,3,4,5,6,7,8,9,10,11,12,13,14,15,16,17,18,19,20</sup> (Table 1). Modern-engineered reproductive tissues and culture systems are enabling the increasingly physiological in vitro modelling of homeostasis, development, disease, pregnancy and aging. Engineered reproductive tissues are used for the efficient screening of new pharmacologic agents (for both therapeutic efficacy and toxicity), or are transplanted to restore damaged or diseased reproductive tissue. In this Review, we highlight recent progress in the development of engineering strategies employed in reproductive science and medicine, with a focus on biomaterials and microfluidic approaches that permit the generation of functional constructs at the tissue and organ levels for use in research and in clinical applications. Approaches at the cellular, molecular and genetic levels, such as the use of induced pluripotent stem cells<sup>21,22</sup>, the controlled delivery of drugs and other bioactive agents<sup>23,24,25,26,27</sup>, and the use of microfluidic devices in assisted reproductive technology<sup>28,29</sup>, have been discussed elsewhere.

> The female mammalian reproductive system consists of the ovaries, fallopian tubes (also called oviducts in non-primate species), uterus, cervix and vagina (Fig. 1). Sexual intercourse, fertilization, implantation and maintenance of a pregnancy to term all depend on

#### Contributions

T.K.W. conceived the project, supervised the work and edited the manuscript. E.S.G., H.B.R., M.E.E. and K.E.M. performed the literature review and wrote and revised the manuscript. E.S.G., H.B.R. and K.E.M. prepared the figures and tables.

the dynamic interactive physiology of the reproductive tract organs, which function in response to hormonal instructions produced by the ovaries, the pituitary gland and the hypothalamus throughout the ovulatory cycle<sup>30</sup> (Fig. 2a). The main components of the mammalian reproductive tract in males include the testes, epididymis, seminal vesicle, vas deferens, prostate gland and penis (Fig. 3). In contrast to the female ovulatory cycle, the reproductive endocrine cycle of the male is characterized by a daily rise and fall of testosterone, largely produced by the Leydig cells of the testes in response to pituitary and hypothalamic signals $30$  (Fig. 2b).

To date, knowledge regarding these tissues comes from studies using animal models and two-dimensional (2D) cell culture; however, these methods are far from ideal. First, although there are many similarities in mammalian reproductive biology across species, there are also a number of differences in terms of both reproductive physiology and pathophysiology. For example, regarding physiology, there are interspecies differences in receptor expression<sup>31</sup>, metabolism<sup>32</sup>, ovulation rate and cycle length<sup>33</sup>, ranging from four days in the mouse to 28 days in the human female. With respect to pathophysiology, there are a number of conditions, such as endometriosis or cervical cancer, for which there is no equivalent animal model. Second, in 2D culture, cells from reproductive tissues often lose some of their native properties, precluding the generalization of the results of in vitro experiments to the in vivo situation. For example, the epithelium of the female reproductive tract, like most epithelia, de-differentiates when cultured in vitro, becoming basal-like, and the cell–cell interactions necessary for ovarian follicle function are lost in 2D culture<sup>30</sup>. Similarly, Sertoli cells, the somatic epithelial cells that contribute to germ cell expansion and differentiation in the testis, also lose key expression markers and secretory profiles when cultured in 2D, a challenge that has been difficult to overcome, even with the use of genetically engineered Sertoli cells or other feeder cell types<sup>34</sup>. Third, both male and female reproductive organs and tissues produce and maintain hormone cycles that are critical for regulating numerous physiological processes within and beyond the reproductive tract. In the female, the uterus is dependent on the rise and fall of oestrogen and progesterone produced by the ovary in order to drive endometrial proliferation and subsequent shedding. Cycling ovarian hormones also influence the function of the fallopian tube; for example, progesterone decreases the beat frequency of fallopian tube cilia35. In the male, testosterone is required for the normal maintenance of epithelial cells in the prostate<sup>36,37,38</sup>. Testosterone induces fluid production in the seminal vesicles and is required for normal spermatogenesis<sup>39</sup>. Organs outside of the reproductive tract, such as the heart and bone, also respond to steroid hormones and, in turn, the reproductive tissues and organs respond to hormones produced by distant organs such as the thyroid, pituitary and pancreas. For example, the testis–bone–pancreas axis, which involves signalling through osteocalcin and insulin-like 3, remains poorly understood $40,41,42$ . Therefore, in vitro models that lack these hormonal factors do not fully capture the complexity of in vivo endocrine loops. Furthermore, owing to the complexity of the endocrine loops that occur throughout the female ovulatory cycle, biomedical research has historically focused on the 'simpler' male cycle<sup>43</sup>. Taken together, current approaches that rely on 2D in vitro monoculture and in vivo animal models to study the human reproductive tract have often fallen short of elucidating mechanistic answers and human-relevant findings. Developing advanced engineered solutions for reproductive science and medicine that

recapitulate both the tissue and organ environments as well as endocrine factors of the reproductive tract makes it possible to reintroduce variables that have thus far been missing. These solutions will facilitate in vitro drug screening and toxicity testing, tissue transplantation and ex vivo foetal development, and serve to fill knowledge gaps by providing effective models for the study of sex differences in health and disease.

## **Engineered models of reproductive tissues and organs**

To understand the mechanisms of development, disease and normal function in reproductive systems, approaches leveraging biomaterials, tissue engineering and microfluidics have led to the creation of in vitro models of individual reproductive tissues and integrated tissue systems. Table 2 outlines the recent bioengineered systems recapitulating aspects of the male or female reproductive biology that are discussed in this Review.

#### **Hydrogel encapsulation**

Perhaps the most straightforward of recent developments is the encapsulation of reproductive cells and tissues within hydrogels for 3D in vitro culture (Fig. 4a). Hydrogels have a high degree of structural similarity to the native extracellular matrix (ECM) and have been widely used to encapsulate cells and tissues for tissue-engineering applications<sup>44,45,46</sup>. Hydrogels are composed of more than 90% water, permit efficient diffusion of nutrients and waste, and provide physical support and critical physical cues to encapsulated cells and tissues. The functional unit of the ovary, the ovarian follicle, is an example of a reproductive tract component whose function is highly dependent on physical cues from its microenvironment to maintain its cellular architecture. An ovarian follicle consists of a central oocyte surrounded by layers of hormone-producing somatic cells. Without this 3D architecture, the oocyte–somatic cell connections are lost, and the follicle dissociates and dies. Follicles have been encapsulated for in vitro 3D culture in natural hydrogels (such as collagen<sup>47</sup>, alginate<sup>14,16,48,49,50</sup>, fibrin<sup>51</sup> and hyaluronic acid<sup>52</sup>) and synthetic hydrogels (such as poly(ethylene glycol) $53$ ), and combinations thereof $54,55$ . This work established that when the 3D architecture is maintained in culture, follicles can survive and function autonomously, supporting hormone production, oocyte maturation and ovulation (independently of the hypothalamic–pituitary–ovarian  $axis$ )<sup>56,57</sup>. The hydrogel encapsulation technique has also been used to generate in vitro models of the testis using Matrigel<sup>58</sup>, agarose<sup>59</sup> or solubilized decellularized ECM $^{60}$ . In particular, a model was constructed using a three-layer gradient system composed of a layer of murine testicular-cell-laden Matrigel surrounded by two layers of cell-free Matrigel<sup>58</sup>. The testicular cells migrated within the Matrigel, forming organized testicular organoids with proliferating germ cells, a functional blood–testis barrier and a physiological response to retinoic acid, tumour necrosis factor, and retinoic acid inhibitors, thus creating a more physiological in vitro model than traditional 2D culture methods. Matrigel encapsulation has also been employed for the generation of human fallopian tube organoids<sup>61</sup>, and human umbilical vein endothelial cells, human endometrial stromal cells and trophoblast spheroids have been embedded within photocrosslinked gelatin methacrylate hydrogels to study decidualization and placentation, which are key phenomena of uterine physiology and early pregnancy $62$ . The development of hydrogel encapsulation techniques and their application to reproductive tissue culture have

enabled the creation of more physiologically relevant in vitro models that replicate the in vivo architecture necessary for normal function.

## **Decellularized ECM scaffolds**

In decellularization—commonly used in regenerative medicine—physical, enzymatic or chemical treatments are used to remove cellular material while the biochemical and structural features of the ECM (and thus its signalling roles) are preserved. Unlike cell surface markers, the biochemical components of the ECM are largely conserved between individuals and between species, thereby reducing the risk of a serious immune response when decellularized ECMs are transplanted $63$ . Methods for the decellularization of tissue have been applied to generate engineered ovarian<sup>64,65,66,67,68</sup>, uterine<sup>69,70,71,72,73,74</sup>, testis<sup>75,76,77,78</sup> and placenta<sup>79,80</sup> tissue (Fig. 4b). Non-tissue-specific, 'universal' decellularized ECMs, such as the human amniotic membrane, have also been used for the culture of murine ovarian follicles<sup>81</sup>.

Recellularized scaffolds have been transplanted to improve or restore tissue function in preclinical<sup>70</sup> and clinical studies<sup>82</sup>, and have also been used to study the molecular mechanisms of reproductive physiology. For example, a human decellularized endometrial scaffold was repopulated with primary epithelial and stromal cells in order to establish longterm cultures that respond to a 28-day ovulatory cycle<sup>72</sup>. In conventional 2D culture, endometrial cells tend to lose polarity and have altered gene expression and function with respect to the in vivo condition. Within the bioactive decellularized scaffold, however, the endometrial cells proliferate, survive throughout an extended culture period and retain their characteristic morphology and hormone responsiveness. In another example, human testis organoids were formed within a human testis decellularized scaffold $83,84,85$ . These organoids possessed spermatogonia (undifferentiated male germ cells) and secreted testosterone and inhibin B, two major markers of somatic cell function; however, it is unclear whether the tissue-specific decellularized scaffold provided a benefit (when compared to other ECMs) in terms of testicular tissue formation. For example, porcine spermatogonial stem cells have been successfully cultured on ECM scaffolds from various organ sources, suggesting that laminin, rather than testis-specific factors, is the most important environmental protein for undifferentiated germ cell expansion86. Human Sertoli cells have also been cultured on decellularized porcine testis ECM, suggesting that it might be feasible to use decellularized pig testis, or other sources of testis ECM, as a scaffold for future human testicular engineering<sup>57,77</sup>.

A disadvantage of decellularized tissue scaffolds is that their microarchitecture is 'locked in', which often makes it challenging to repopulate the scaffold with cells<sup>87</sup>. However, with respect to conventional or injection-based scaffold seeding, the seeding of a human decellularized ovarian scaffold was improved by using a rotational seeding method (a spinner flask)<sup>68</sup>. To mitigate this issue, decellularized ECM from various organ sources, including bovine ovary and uterus, has been milled into a powder and suspended in a biocompatible polymer matrix (made of poly(lactic-co-glycolic acid)), creating 'tissue papers' that can be cut, folded and sutured<sup>88</sup>. The ovary tissue paper is able to support murine ovarian follicle adhesion and viability and to function in vitro and maintain the

viability and function of non-human primate and human ovarian tissue for up to eight weeks<sup>88</sup>. Another strategy involves digesting decellularized tissue by using an acidic pepsin solution into tissue-specific hydrogels, which can then be used for cell encapsulation<sup>60</sup> or freeze-dried and chemically crosslinked prior to being seeded with a cell suspension<sup>89</sup>. The Leydig cells in porcine testicular organoids survived better in decellularized testis-derived hydrogels than in collagen gels, indicating the preservation of growth factors necessary for the maintenance of the testicular niche<sup>60</sup>. Decellularized ECM-derived materials are likely to take on a bigger role in reproductive tissue engineering, both as biomaterials in their own right and as templates for the design of increasingly instructive and biomimetic synthetic materials. In fact, analyses of the composition of decellularized ECM, as exemplified by proteomic analysis of decellularized porcine $90$  and human $91$  ovarian tissue, will enable the generation of synthetic matrices with bioinspired composition.

## **3D-printed scaffolds and bioprinting**

With 3D printing, materials can be fabricated with precise control of bulk geometry and of their internal pore architecture, thus allowing for sophisticated biomimicry and personalization (Fig. 4c). 3D printing of biological scaffolds refers to the printing of a cellfree scaffold that may be subsequently seeded with cells, whereas 3D bioprinting describes the process of depositing cell-laden 'bioinks' in precise 3D locations. 3D-printing technologies, materials and cell selection have been amply discussed $92,93$ . One example of 3D printing of reproductive tissue is the bioprosthetic ovary<sup>20.</sup> Murine follicles seeded into 3D-printed gelatin scaffolds with a tortuous (rather than grid-like) network of pores maintained the 3D architecture, survival and function (specifically, hormone production) of the follicles. A similar meshwork of interconnected pores—in this case, fabricated by electrospinning of polycaprolactone (PCL)—was also able to maintain the 3D architecture of porcine follicles<sup>94</sup>. For the testis, 3D-printed alginate scaffolds have been explored for organoid generation; however, a biomimetic morphology similar to the native testis was not observed<sup>95</sup>. Another example is an in vitro model of the placenta<sup>96,97</sup>—a transient organ that exchanges nutrients, waste and gas between the mother and the developing fetus and that secretes hormones that support pregnancy—used to elucidate the mechanisms of preeclampsia, a disease of poor placental development. By using extrusion-based 3D bioprinting, human trophoblast-laden gelatin methacrylate hydrogel bioinks can be printed alongside the cell-free bioinks to study trophoblast migration, an important step in placental development. Also, human mesenchymal stem cells derived from human endometrial biopsies have been bioprinted on top of conventional PCL meshes used in the treatment of pelvic organ prolapse. In comparison to cell-free meshes, the addition of the bioprinted endometrial stem cells resulted in improved tissue integration and in the maintenance of an anti-inflammatory macrophage phenotype98. The development of 3D printing and bioprinting for making personalized scaffolds with customized cell-specific niches will aid the development of clinical solutions for patients and the study of in vivo physiology.

#### **Scaffold-free approaches**

The traditional tissue-engineering paradigm involves cells, signals and a scaffold. Yet because scaffold materials can affect cellular behaviour, scaffold-free methods have emerged as an alternative (Fig. 4d). By relying on the self-assembly of cells, scaffold-free approaches

generate 3D multicellular aggregates that secrete their own matrices<sup>99,100,101</sup>. Several physiological models of cervical epithelium (such as primary human fibroblasts secreting a primarily collagen matrix to support epithelial differentiation<sup>102</sup> as well as cancerous and normal cervical models that use cell line cultures of human dermis from neonatal foreskin<sup>103</sup>) have used scaffold-free techniques. These models typically exhibit properties of epithelial differentiation, yet the overall epithelial thickness is reduced and the morphology of the epithelial cells resemble a neoplastic state, perhaps owing to sex mismatch between the cell source (male neonatal foreskin) and the target tissue (female cervix). These foreskinderived models have been used to study cervical infection, hormone regulation, epithelial– stromal interactions, neoplasia and cancer, yet they do not adequately represent cervical biology and ignore any effects of sex on disease progression.

In vitro models of human testicular organoids that perform testis-specific functions have also been created via scaffold-free approaches104. However, the morphology of these organoids does not resemble testicular tissue. In vitro testis tissues have also been created by using fish, murine and non-human-primate (marmoset) cells in suspension-based (non-adherent)  $3D$  culture<sup>105,106,107</sup>. Suspension culture models better mimic testicular architecture as they allow for the expansion of germ cells and the incorporation of somatic cells. However, nonhuman-primate experiments have not demonstrated spermatogenesis progression, only spermatogonial expansion, possibly suggesting that additional factors (in particular, more physiological microenvironments) are needed. Beyond their use as a scaffold, soluble human testis ECM has been used as a media additive for culturing human testicular organoids as a way to mimic the cues of the in vivo testis microenvironment without providing a structural scaffold on which to grow de novo tissues $108$ . Created via hanging drop culture, these organoids contain all major testis cell types, increased in size over three weeks of culture and showed an upregulation of post-meiotic germ cell gene transcription over the culture period. This organoid system has been used to study the persistence of the Zika virus within the different cell types of the testis $109$ . Furthermore, cell-adhesion-resistant microwell arrays have been used to induce self-assembly of organoids with reproducible and controllable diameters to generate models of endometria<sup>1110</sup> and testicular<sup>111,112</sup> tissues with in-vivo-like 3D organization.

#### **Microfluidic, co-culture and multi-tissue culture systems**

No reproductive tissue exists in isolation in vivo; this is especially true of the reproductive tract tissues, which are highly endocrine-active. These tissues, most notably the ovary and testis, secrete factors that influence the growth, differentiation and function of other tissues in the tract and in other organ systems. In order to understand the crosstalk between reproductive tissues, co-culture techniques, including microfluidic platforms (Fig. 5), have been used. Microfluidic culture systems allow for easy co-culture and for the addition or subtraction of media factors, such as pituitary or sex hormones, in order to replicate dynamic hormone cycles (such as the female ovulatory cycle) that are required for downstream tissue function (Fig. 5a). Microfluidic culture systems for the recapitulation of the physiology of tissue systems, often called 'organs-on-chips', also provide the benefits of prompt oxygen and nutrient delivery as well as waste removal and permit further mechanical input from fluid flow (including shear force, bulk flow and peristalsis-like contraction<sup>113,114,115</sup>).

To better understand the microenvironment of the fallopian tube and oviduct during fertilization and embryo development, 3D co-culture methods that maintain epithelial polarity and differentiation are employed. Human fallopian tube epithelium has been cultured on a Transwell at the liquid–air interface, with hormonal cues provided by microfluidically connected murine ovarian follicles hormonally directed to mimic the human reproductive cycle116. In both cases, the researchers detected beating cilia and secreted factors in the culture medium, mimicking in vivo oviduct fluid. Fallopian tube epithelium that was co-cultured with hormone-secreting ovarian follicles showed cyclic differences in secreted factors and a thicker epithelium. Interestingly, the addition of fallopian tube epithelial cells to ovarian follicle cultures seemed to enhance ovarian function, as evidenced by the increased levels of progesterone secreted by the corpus luteum following ovulation, thus illustrating the importance of crosstalk between reproductive organs in reproductive processes. Co-cultures of bovine oviductal epithelium and embryos have revealed that crosstalk may involve signalling mediated by bone morphogenetic proteins (BMPs), a subfamily of growth factors in the transforming growth factor- $\beta$  superfamily<sup>117</sup>. The introduction of bovine sperm and oocytes in an oviduct-on-a-chip system capable of supporting fertilization, developed to study the oviduct microenvironment within a microfluidic culture system, showed the support of oocyte penetration as well as the prevention of polyspermy and parthenogenic activation, which are common occurrences in current in vitro fertilization (IVF) systems<sup>118</sup>. These advances have increased the understanding of the microenvironment of the fallopian tube during fertilization and of early embryo development, and may enable the creation of more physiologically accurate conditions for IVF and embryo culture.

Microfluidic technology has also been applied to the male's reproductive biology, for instance in the development of a microfluidic system for the culture of testis fragments from mice<sup>119</sup> (Fig. 5b). This system involves a testis culture chamber separated from dynamic media flow by a microporous membrane, to mimic the microcirculation–tissue relationship in the in vivo microenvironment of the testis. Whereas traditional interphase culture methods allow for tissue maintenance for extended time periods (up to 139 days), the use of microfluidic culture techniques enables functional maintenance for up to 180 days, with testosterone production in response to stimulation by the luteinizing hormone and production of sperm that resulted in the live birth of healthy mice after intracytoplasmic sperm injection<sup>119,120,121</sup>. This system used hydrostatic pressure to create continuous microfluidic flow for the duration of the culture, forgoing the need for pumps and power sources. Although in its current form the throughput of the system is limited, its development may improve the study of testis function and should stimulate the incorporation of male endocrine function into other in vitro systems.

The male endocrine cycle occurs on a much shorter time scale (one day) than that of the female's, which is characterized by continually changing levels of estradiol and progesterone across a 28-day cycle. The incorporation of microfluidic technology into the culture of integrated female reproductive tissues has led to systems that more accurately replicate the in vivo microenvironment and recreate the complex female endocrine cycle. The co-culture of human endometrial stromal cells and endothelial cells within a microfluidic environment has enabled the study of the crosstalk between the two uterine cell

types<sup>122</sup> (Fig. 3c). In this system, estradiol and progesterone were supplemented according to an idealized ovulatory cycle while only the endothelial cells were directly exposed to the shear stress of the flow of media, thus mimicking perivascular blood flow. The cultures were maintained for 28 days, during which decidualization was observed in the stromal cell population. Also, the endothelial cells responded positively to shear stress exposure, as evidenced by cytoskeletal alignment and the formation of tight junctions. In a dynamic culture system (named EVATAR) consisting of a series of fluidically connected wells containing microphysiological cultures of ovary, fallopian tube, endometrium, cervix and liver tissues<sup>18</sup>, ovulation occurred after supplementing a base 'universal media' with varying levels of the pituitary hormones follicle-stimulating hormone (FSH) and human chorionic gonadotropin (hCG). This also led to the production, by the ovary, of follicular and lutealphase estradiol-and-progesterone profiles according to an idealized 28-day human ovulatory cycle. Via the microfluidic dissemination of media, the cyclical ovarian hormone profile also informed tissue function in the system's fallopian tube, endometrium, cervix and liver tissues. Such an integrated tissue culture system provided an alternative way to study the endocrine loops of the reproductive tract in vitro.

Beyond the modelling of 'normal' reproductive biology, microfluidic systems can be used to model non-normal states and disease states. For example, during pregnancy, the endocrine milieu is altered when compared to the normal ovulatory cycle throughout gestation, owing to the continued maintenance of the progesterone-producing corpus luteum and the development of the placenta. There are a number of microfluidic models of the placenta (Fig. 3d)—the major endocrine organ responsible for maintaining pregnancy. These models typically consist of a membrane-separated co-culture of endothelial cells and placental trophoblasts as a simple recreation of the maternal–foetal interface<sup>123,124,125</sup>. Such placentaon-a-chip models have been used to study the transport of caffeine $126$ , antidepressants<sup>127,128</sup> nanoparticles<sup>129</sup> and the Zika virus<sup>130</sup> across the placental barrier. Also, a microfluidic invasion assay allowed the study of the migration of primary human trophoblasts, a critical component to placentation that, if irregular or inhibited, can lead to gestational disorders such as pre-eclampsia<sup>131</sup>.

The integration of fluidic forces with in vitro placental culture was a step forward in the developing of higher-quality placental models. In particular, compared to traditional static culture, these microfluidic models incorporate a shear stress component that is critical for the normal function of the placenta in vivo. In the EVATAR system, the initial endocrine state of pregnancy was recreated by maintaining levels of hCG in the media throughout the luteal phase (Fig. 3e). This resulted in both the maintenance of the corpus luteum of the ovulated follicle and the subsequent sustained production of progesterone. And in a microfluidic model of ovarian cancer in the peritoneal cavity during metastasis<sup>132</sup>, ovarian cancer spheroids were co-cultured in channels coated with human peritoneal mesothelial cells and exposed to shear stress, which has previously been shown to induce functional responses in ovarian cancer. Such microfluidic models, created on systems that capture complex tissue–tissue interactions, will produce cutting edge disease models that address the shortcomings of current in vitro and animal models of reproductive disease for disorders such as endometriosis, polycystic ovary syndrome and hypogonadism.

## **Applications of engineered tissues, organs and organ systems**

Engineered tissues, organs and organ system models have been used for a range of applications, in particular as in vitro models for toxicology and drug-discovery studies, as transplantated tissues to replace or restore damaged or diseased organs, and as devices to support ex vivo foetal development.

#### **In vitro toxicology testing and drug discovery**

Beyond the general use of engineered in vitro models for research purposes, the models can also be used in toxicology studies. For instance, encapsulated follicle cultures have been used to predict reproductive toxicity in vitro, as exemplified by the use of murine ovarian follicles encapsulated in a fibrin–alginate composite system for the high-throughput toxicity testing of doxorubicin<sup>133</sup>. Other studies have also shown that doxorubicin has a dosedependent toxicity on alginate-encapsulated murine ovarian follicles<sup>134</sup>, and human testis organoids respond in a dose-dependent fashion to four commonly used antimitotic chemotherapeutic drugs108. These testis organoid cultures showed IC50 values that were significantly higher than those seen in 2D cultures, which might reduce the number of false positive results. The testis organoid model was also amenable to cryopreservation via slow freezing and vitrification, which will likely be necessary in the banking of organoids for use in large-scale high-throughput toxicity testing  $108$ .

Beyond toxicology, in vitro tissue models can also be used to understand the mechanisms of action of drugs, or to screen for potential therapeutic agents. For example, 3D human endometrial tissue models have been used to understand the effects of the two commonly used fertility drugs levonorgestrel and mifepristone<sup>135</sup>. This model system could also be used both to study drug mechanisms and to discover new agents for fertility control. Engineered in vitro reproductive tissue models are also likely to take on a greater role in toxicology testing and drug discovery, especially in the testing of drug safety in pregnant women. Additionally, induced pluripotent stem cell (iPSC) technologies, which are becoming more accessible, will likely be incorporated into engineered reproductive tissue models for personalized medicine<sup>21,136</sup>.

#### **Ovarian tissue transplantation**

Ovarian tissue engineering is a promising strategy to treat both idiopathic and iatrogenic female infertility resulting from exposure to gonadotoxic chemotherapy and radiation therapy<sup>137</sup>. Despite numerous attempts to protect fertility in patients with cancer, the cryopreservation of ovarian tissue with subsequent transplantation is the only fertility preservation option available to pre-pubertal patients and to patients who cannot delay cancer treatment<sup>138,139,140</sup>. Although there have been more than  $130$  live births reported following the transplantation of cryopreserved ovarian tissue<sup>141</sup>, the technique is contraindicated for patients with cancers that have a moderate-to-high likelihood of ovarian metastasis because of the risk of reintroducing malignant cells leading to disease recurrence. The various biomaterial-engineering approaches described earlier may lead to new fertility restoration options that can avoid the need for the transplantation of intact tissue and that may thus mitigate this risk.

Engineered ovarian tissue has been transplanted in mice in many forms: as encapsulated follicles, as recellularized ovarian ECM scaffolds and as 3D-printed 'bioprostheses'. Transplanted encapsulated follicles grow and mature in vivo within Matrigel, collagen, fibrin, alginate (a natural hydrogel derived from algae) and poly(ethylene glycol) hydrogels142,143,144,145,146. Primordial follicles are even able to mature into antral follicles and produce steroid hormones when seeded into macroporous alginate scaffolds with affinity-bound BMP-4 (ref.  $147$ ). Furthermore, artificial follicles—multi-layered constructs composed of an inner core of granulosa cell and bone-marrow-derived mesenchymal-stemcell-laden alginate surrounded by a sheath of theca-cell-laden alginate—restore estradiol secretion for at least 90 days in ovariectomized mice and improve estrogen-deficiencyinduced uterine atrophy without causing endometrial hyperplasia, a precursor to cancer<sup>148</sup>. To test the preclinical safety of this strategy for restoring fertility in survivors of childhood cancer, donor follicles were isolated from a mouse with breast cancer, encapsulated in fibrin matrices (with or without vascular endothelial growth factor (VEGF)) and transplanted into ovariectomized mice $143$ . All mice receiving transplants resumed cycling, but live birth was only achieved in mice who received VEGF-containing fibrin matrices. This study showed the feasibility of reducing the risk of recurrent metastatic breast cancer by isolating and transplanting isolated follicles, rather than intact ovaries, from tumour-laden donor mice. Another method to reduce the risk of tumour recurrence when using cryopreserved ovarian tissue for auto-transplantation is to encapsulate the tissue in a biomaterial that can act as a barrier to impede the migration of any residual cancer cells out of the transplanted tissue and into the body. Because the biomaterial forms a barrier between the transplanted ovarian tissue and the rest of the body, this technique cannot be used to restore natural fertility; yet it can be used to restore physiologic endocrine function<sup>149</sup>.

Alginate is a promising candidate biomaterial for use as a tissue barrier because it cannot be degraded by mammalian cells. As a hydrogel, alginate would enable the passive diffusion of nutrients to the transplanted tissue and the egress of hormones away from the graft while preventing the migration of tumour cells away from the transplant (and immune cells towards it). TheraCyte, an FDA-approved poly(tetrafluroethylene) membrane, has also been used to shield transplanted ovarian tissue from immune responses<sup>150</sup>. Transplanted follicles encapsulated in both alginate and TheraCyte restored endocrine function with a decrease in FSH levels in ovariectomized mice. Although these barrier devices prevent the release of mature oocytes, they are capable of supporting in vivo follicle maturation and are compatible with IVF. Another immune isolation strategy involves the use of poly-L-ornithine and alginate to reduce the risk of immune reactions against foreign granulosa and theca cells (the hormone-producing cells of the ovary). Multilayer hydrogel beads (two alginate layers, containing either granulosa or theca cells, separated by a poly-L-ornithine layer to provide additional immune isolation) were created to administer hormone-replacement therapy for post-menopausal women and cancer patients after exposure to gonadotoxic treatments<sup>151</sup>. These engineered constructs delivered stable levels of hormones for over 90 days that were sufficient for the maintenance of the mineral density of normal bone and of a healthy body composition in a murine model of menopause. Although similar biomaterials have been used in humans for the transplantation of pancreatic islets, further studies are needed to test the safety and effectiveness of such biomaterial barriers in humans<sup>152,153,154</sup>.

Recellularized ovarian ECM scaffolds have been transplanted into pre-pubertal ovariectomized mice, which mimic the physiology of young cancer survivors with premature ovarian failure. Following transplantation, the mice initiated puberty, with increasing levels of oestrogen and inhibin A20. First pregnancies and live births following IVF have been reported for women who had received minimally invasive transplantation of previously cryopreserved ovarian tissue with a commercially available decellularized ECM scaffold prepared from human cadaver  $\sin^{82}$  (trade name, Alloderm). In addition to live births, ovarian function was continuous for up to two years after transplantation, which indicates that ECM from non-tissue-specific sources may provide sufficient support for a functional transplant. The 3D-printed ovarian bioprosthetic also restored fertility and endocrine function in ovariectomized mice. Following transplantation, the follicle-seeded 3D-printed scaffolds became highly vascularized, resulting in live births through natural mating and in supported maternal lactation, which indicates that the 3D-printed bioprosthetic restored both physiological fertility (via ovulation through the porous scaffold) and endocrine function<sup>20</sup>. Recellularization of decellularized ovarian tissue and 3D-printed scaffolds may therefore be useful strategies to restore endocrine function after gonadotoxic therapy, thereby preventing sequelae of premature ovarian failure, such as osteopenia and cardiovascular disease. Although more research and development is needed before these approaches can become standard practice in humans, the recent animal work and the small pilot studies in humans<sup>82</sup> suggest that there will be new possibilities for restoring ovarian function in patients.

## **Testis tissue transplantation**

As with pre-pubertal females, there is a need for improved fertility preservation options for pre-pubertal males. Before the onset of puberty, the testis does not produce haploid, fertilitycompetent sperm for cryopreservation<sup>30</sup>. Therefore, cryopreservation of immature testicular tissue, although still an investigational technique, is the only available option for fertility preservation in this patient population<sup>155</sup>. In 1978, the first transplantation of an intact human testis carried out in identical twins (one of whom was born without testes) resulted in a live birth<sup>6</sup>. This study indicated that testicular transplantation could be a viable technique for fertility restoration. Unfortunately, existing protocols cannot cryopreserve intact testes; instead, only testicular tissue fragments are cryopreserved. In theory, fragments of cryopreserved immature testicular tissue can be subsequently thawed and transplanted to restore fertility; yet this procedure has not yet been performed in humans. Preclinical studies have achieved live offspring in autografted and xenografted testis fragments from rodents, pigs and non-human primates156,157,158. However, xenotransplantation of human testicular tissue or cells into rodent models often fails to maintain spermatogonia, and few studies in higher-mammal testicular transplant have observed the development of fully mature spermatocytes<sup>156,159,160,161,162</sup>. The principal challenges of human immature testicular tissue transplantation (ITT) are hypoxia and reperfusion injury, the maintenance of early spermatogonial populations and the poor or late neovascularization of the testicular graft<sup>163</sup>. Also, many of the same fundamental concerns of ovarian tissue transplantation also apply to ITT, including the reintroduction of malignant cells. A study of the in vitro production of haploid germ cells within cultured human immature testicular tissue suggested that in vitro maturation prior to transplantation may improve  $ITT<sup>164</sup>$ . The development of successful protocols for ITT, which will likely involve biomaterial scaffolds for the provision of an

appropriate niche for testicular cells, immunoisolation and ex vivo tissue maturation within microfluidic systems, will be critical for this patient population.

To date, the use of engineered biomaterials to improve transplant outcomes has been relatively unexplored for testis transplantation (compared to ovarian transplantation). Two studies have encapsulated testicular cells within Matrigel to promote vascularization<sup>158,165</sup>. As in previous reports wherein testicular cell pellets were transferred without a matrix<sup>166</sup>, the Matrigel-encapsulated testicular cells self-assembled into de novo seminiferous tubules; however, few germ cells were observed, suggesting that the technique cannot restore fertility. One study used hydrogels (alginate or fibrin) loaded with VEGF nanoparticles to encapsulate testicular tissue for transplantation as a mechanism to further promote vascularization<sup>23</sup>. After five days, grafts containing the VEGF nanoparticles displayed increased vascularity compared to the naked hydrogel and to unencapsulated grafts; however, this benefit disappeared 21 days post-transplantation.

As with ovarian bioprotheses, decellularized ECMs and scaffold fabrication technologies such as 3D-printing could be used for the design of a testis bioprosthesis. Such engineered biomaterials may mitigate the challenges associated with ITT by promoting angiogenesis and preserving spermatogonia. Similarly, as in vitro grown testicular tissues become more common, testicular organoids might provide an alternative to native tissue for transplantation. Additionally, biomaterials may improve spermatogonial stem cell transplantation into recipient seminiferous tubules, a promising fertility-preserving technique that has seen success in several mammalian research species<sup>157,167</sup>.

#### **Uterine tissue transplantation**

With advances in assisted reproductive technologies such as IVF, many women who struggle with infertility are able to get pregnant. However, in the case of absolute uterine factor infertility (owing to a missing uterus or to a non-functional uterus), gestational surrogacy has been the only option. The use of tissue-engineered uterine constructs for researching and treating absolute uterine factor infertility and other reproductive syndromes that affect uterine function has been explored. For example, decellularized uterine ECM was transplanted into murine uteri with artificially induced defects<sup>69</sup>. Uterine epithelial cells migrated into the decellularized ECM, forming an intact epithelial layer within a week. Stromal cell and myometrial cell migration and regeneration followed thereafter, indicating that the use of a decellularized matrix is a viable strategy for the repair and regeneration of uterine tissue near defect sites. In a rat model, recellularized uterine ECM scaffolds were used to repair defects in native uterine tissue in vivo and to support a healthy pregnancy<sup>70</sup>. Collagen scaffolds, loaded with human umbilical cord mesenchymal stem cells, have similarly been used to restore endometrial tissue structure and fertility in a murine uterine defect model<sup>168</sup>. Furthermore, the first whole reproductive organ of a large animal to undergo decellularization was a porcine uterus. The decellularized organ was then recellularized with primary human endometrial cells, providing proof-of-concept evidence that porcine scaffolds can support human endometrial regeneration and that recellularized ECM scaffolds may be a promising solution for uterine factor infertility<sup>71</sup>.

## **Cervicovaginal tissue transplantation**

Although rare, women without a functional cervix or vagina at birth (known as cervical or vaginal aplasia), which can be caused by Mayer-Rokitansky-Küster-Hauser syndrome and other various disorders, suffer from infertility. In a clinical study of 53 patients with this syndrome that used decellularized dermal ECM (a commonly used and commercially available 'universal' decellularized ECM) to reconstruct the vagina provided near-normal sexual function to all patients and improved their body image perception<sup>169</sup>. In another clinical study, decellularized porcine small-intestinal submucosa (another commonly used and commercially available 'universal' decellularized ECM) was used to reconstruct the cervix and vagina in women with missing or malformed anatomy170,171. All patients resumed menstruation, and the engineered cervix and vagina remained patent. To accelerate tissue regeneration further, the scaffolds were seeded with human bone marrow mesenchymal stem cells (induced to possess a vaginal epithelial phenotype) $172$  or with autologous cells from a vulvar biopsy<sup>125</sup> prior to transplantation. In the latter case, isolated epithelial and muscle cells expanded in culture, seeded onto the scaffolds and matured in an incubator prior to transplantation. For up to eight years following surgical transplantation, yearly biopsies revealed that the vaginal implants had normal structure and function. Decellularized ECM scaffolds have also been used to reconstruct human cervicovaginal tissue in clinical trials<sup>15</sup>, yet further work is necessary to understand the factors that accelerate tissue regeneration and support long-term function. For example, a case report described the use of a tilapia skin scaffold for vaginal reconstruction with the formation of a stratified squamous epithelium when assessed by histology at 180 days posttransplanation<sup>173</sup>.

## **Ex vivo foetal development**

An artificial uterus that is able to carry out uterine and placental functions ex vivo<sup>19,</sup> known as the 'biobag', supported foetal lambs for at least four weeks without organ failure. The biobag consisted of a pumpless arteriovenous circuit within a closed fluid environment with continuous fluid exchange, with blood flow driven by the foetal heart and accessed through umbilical vasculature. Another pumpless, perfusion-driven microfluidic device was integrated into a lung assist device to improve oxygenation status in preterm neonates $^{174}$ . Although the factors causing premature birth (such as cervical incompetency) are not completely understood, biobags and microfluidic lung assist devices could provide better outcomes in cases of premature birth.

## **Outlook**

Reproductive tissues can be engineered to serve as in vitro models for research and to replace or regenerate damaged tissues in order to restore reproductive function (fertility and endocrine function). Additionally, the use of biomaterials and advanced culture systems to create or model functional reproductive tissues ex vivo has resulted in significant advances in engineering reproductive phenomena at the cellular and molecular levels. However, one aspect of new biomaterials that is often overlooked is the potential for adverse effects on reproductive health, such as gamete development and quality. Biomaterials often contain plastics or leachates that may appear to be biocompatible with non-reproductive tissues but

are later found to exhibit reproductive toxicity<sup>175</sup>. It is thus necessary to ensure that tissue constructs, whether for reproductive or non-reproductive tissues, are assessed for their true biocompatibility, especially with the reproductive system. Moreover, with nearly 2% of Americans born through assisted reproductive technology since 1976 (ref.  $^{176}$ ), medical intervention to aid men and women with infertility is a reality. In future, the support of endocrine function in human beings living and working in space may be needed, and animal reproductive capacity may require the same interventions that are under consideration for human applications.

Even as new technologies develop, there should be close consideration of the ethics associated with interventions that challenge traditional notions of reproductive abilities<sup>177,178,179</sup>. New concerns will arise as gametes and niches in which gametes develop are created, and the existential questions associated with self and personhood will be debated. Because what will actually be developmentally possible in a laboratory setting and in the human context cannot be predicted, reproductive health ethics, law and religious beliefs need to be considered (as happened in the area of oncofertility<sup>178</sup>). Long-lasting transplantable reproductive tissues will likely require a combination of the strategies described in this Review: customized biomaterials, native matrix cues and sophisticated fabrication technologies capable of creating personalized bioprostheses. They will also require the involvement of medical ethicists and legal experts to ensure that future interventions are crafted in a manner consistent with human values and needs. Moreover, the created solutions should eliminate societal disparities<sup>180,181,182</sup> and ensure that the science is also informed by the people in whose interest the advances are being made<sup>177,183,184,185</sup>.

The development of fundamental new knowledge from the engineered approaches described here will hopefully enable the endocrine and fertility needs of existing patients and the people of tomorrow. After all, reproductive health is central to human persistence as a species.

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#### **Fig. 1: The female reproductive tract.**

The female reproductive tract consists of the ovaries, fallopian tubes, uterus, cervix and vagina. The ovaries contain follicles—that is, cellular aggregates in which an oocyte is surrounded by hormone-producing granulosa cells. Each month, a cohort of quiescent follicles are activated and begin growth, ultimately resulting in the ovulation of a single oocyte. The oocyte travels through the fallopian tube where the ciliated epithelial cells generate a current that sperm swim against for fertilization. The next organ in the tract is the uterus, where embryo implantation occurs. The muscular layer of the uterus (myometrium) generates contractions. The cervix forms the boundary between the uterus and the vagina. The endocervix resembles the uterus histologically, while the ectocervix is more similar to the vagina. Developing technology for the female reproductive tract requires the understanding of the native tissue and of endocrine interactions.





**a,** The female hypothalamic–pituitary–gonadal axis cycles every 28 d in humans. Pulses of gonadotropin-releasing hormone (GnRH) from the hypothalamus drive the secretion of the gonadotropins FSH (grey) and luteinizing hormone (red) from the anterior pituitary. The gonadotropins instruct the female gonad (that is, the ovary) to produce estradiol (purple) and progesterone (green). **b**, The male hypothalamic–pituitary–gonadal axis cycles every 24 h in humans. GnRH pulses from the hypothalamus drive the secretion of FSH (grey) and luteinizing hormone (red) from the anterior pituitary. The gonadotropins stimulate production of testosterone (blue) by the Leydig cells of the male gonad (that is, the testis). Engineered reproductive tissue constructs aim to mimic the hormonal changes ex vivo or to restore the complex physiological interactions in vivo.



#### **Fig. 3: The male reproductive tract.**

The male reproductive tract consists of the testes, the epididymis, the vas deferens, the seminal vesicles, the prostate and the penis. The testis is composed of seminiferous tubules, which are lined with a layer of germ cells that give rise to spermatids. Within the seminiferous tubules, Sertoli cells support the developing gametes. Leydig cells, located between the tubules, secrete testosterone. The developing sperm travels out of the testis to the epididymis, then to the vas deferens, and is expelled through the penis. The prostate and seminal vesicles secrete fluid that makes up the semen. Engineering reproductive tissue involves the recapitulation of the complex cellular tissue and endocrine relationships that exist in the male reproductive tract towards developing in vitro models or making biomimetic organs for transplantation.

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**Fig. 4: Strategies for the use of engineered biomaterials in reproductive science and medicine. a**, Hydrogel encapsulation enables the in vitro culture of ovarian follicles and testicular cells in a manner that mimics their in vivo architecture. (i) 3D structure of the ovarian follicle (arrow) was maintained within collagen–alginate beads<sup>55</sup>. (ii) A three-layer gradient system consisting of testis-cell-containing Matrigel placed between two layers of cell-free Matrigel<sup>186</sup>. The gradient of cells promotes cellular reorganization into functional testicular organoids. **b,** Decellularization techniques for ovarian, uterine and testis tissues, for both basic research and transplantation. Following decellularization, tissue scaffolds can be (i) directly recellularized or (ii) further processed into other biomaterials. (i) Transplanted decellularized bovine ovary scaffolds (top) seeded with murine ovarian cells (bottom) to restore puberty in ovariectomized mice<sup>64</sup>. The numbers indicate visible pores where large

follicles resided and that are maintained following decellularization. (ii) Decellularized composite materials from a variety of organ sources. UTP, bovine uterus ECM; OTP, bovine ovary ECM; CTP, bovine collagen<sup>88</sup>. The composite materials are ideal surgical materials as they can be cut, folded, sutured and rolled, and can support cell adhesion and survival. **c**, 3D printing and bioprinting provide precise control in the construction of engineered scaffolds for reproductive tissues. (i) 3D-printed bioprosthetic ovaries restore both fertility and endocrine function after transplantation into ovariectomized mice<sup>20</sup>. A tortuous pore network (i) better maintains the ovarian-follicle (green) architecture within the 3D-printed gelatin scaffold (red) compared to a grid-like 90° pore network (ii). Scale bars, 100 μm. (iii) Bioprinted model of the placenta by using human trophoblast cells to study pre-eclampsia<sup>96</sup>. The 3D-printed spiral (blue) resembles the maternal spiral arteries, which trophoblasts invade during normal placentation. **d,** Scaffold-free approaches, including self-assembling organoids, cell sheets and differential cell layering, have been used to create 3D models of reproductive tissues. (i) Gross appearance of a disk-shaped, scaffold-free 3D cervical stromal equivalent, onto which primary human cervical cells were seeded so as to generate a 3D-human ectocervix model<sup>102</sup>. (ii) Bovine oviduct epithelial cells self-assembled to form floating vesicles with outward facing actively beating cilia (green; indicated by white arrows). Actin filaments appear in red; nuclei appear in blue<sup>118</sup>; yellow arrows indicate primary cilia and actin-rich secretory protrustions. (iii) By using the hanging-drop method, testicular organoids composed of all testicular cell subtypes were created. Spermatogonial stem cells appear in blue, Sertoli cells in yellow and Leydig cells in  $red^{108}$ .



## **Fig. 5: Microfluidic culture models of components of both the male and female reproductive tracts.**

**a,** The ovary, specifically the follicular microenvironment, can be recreated via microfluidic culture conditions (i; scale bar, 50 μm) within a microphysiological system (ii). The cultures were supplemented with the pituitary hormones FSH and hCG to recreate the estradiol and progesterone profiles of the human 28-d ovulatory cycle<sup>18</sup>. **b**, A simple two-channel microfluidic device enabled the long-term functional maintenance of ex vivo testis tissue<sup>119</sup>. **c,** A compartmentalized model of the human endometrium that includes both the endothelium and stroma exhibited a physiological response via prolactin production<sup>122</sup>. **d**, A two-channel microfluidic system modelled the placental barrier and displayed enhanced mass-transfer dynamics<sup>123</sup>. HUVEC, human umbilical vein endothelial cell.

## **Table 1**

Major technological advancements in reproductive science and medicine



Table 1 displays current trends in engineering reproductive tissues evolved from scientific and technological developments aimed to improve reproductive-health outcomes.

## **Table 2**

## Overview of recent literature in engineered reproductive tissues

