



Arginine hypomethylation-mediated proteasomal degradation of histone H4—an early biomarker of cellular senescence

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Abstract

Senescence is accompanied with histones level alteration; however, the roles and the mechanisms of histone reduction in cellular senescence are largely unknown. Protein arginine methyltransferase 1 (PRMT1) is the major enzyme that generates monomethyl and asymmetrical dimethyl arginine. Here we showed that abrogation of PRMT1-mediated senescence was accompanied with decreasing histone H4 level. Consistently, under multiple classic senescence models, H4 decreasing was also been found prior to the other 3 core histones. Noticeably, asymmetric demethylation of histone H4 at arginine 3 (H4R3me2as), catalyzed by PRMT1, was decreased prior to histone H4. In addition, we showed that the PRMT1-mediated H4R3me2as maintained H4 stability. Reduction of H4R3me2as level increased the interaction between proteasome activator PA200 and histone H4, which catalyzes the poly-ubiquitin-independent degradation of H4. Moreover, H4 degradation promoted nucleosome decomposition, resulting in increased senescence-associated genes transcription. Significantly, H4 was restored by 3 well-informed anti-aging drugs (metformin, rapamycin, and resveratrol) much earlier than other senescence markers detected under H₂O₂-induced senescence. Thus, we uncovered a novel function of H4R3me2as in modulation of cellular senescence via regulating H4 stability. This finding also points to the value of histone H4 as a senescence indicator and a potential anti-aging drug screening marker.

Introduction

Cellular senescence is an irreversible cell cycle arrest process. Multiple factors can trigger senescence including

telomere shortening, oncogenic signaling, oxidative stress, and DNA damage [1]. Characteristic features of senescent cells include cell cycle arrest, active DNA damage response (DDR), enhanced senescence-associated secretory phenotype (SASP), senescence-associated β -galactosidase (SA- β -gal) activity, and chromatin structure changes. Chromatin structure change is partially mediated by altering its constitutive components such as histones. For example, late-passage cells senescence displays reduced levels of core H3 and H4 histone components of the nucleosome [2]. Furthermore, the loss of core histones with aging appears to be due to the gain of H3K27me3 mark at the promoter of histones genes in mammalian muscle stem cells [3]. This suggests that a shift of chromatin state at specific loci may precede the reduction of nucleosome occupancy during aging. Nucleosome occupancy decrease has also been demonstrated to be associated with global upregulation of gene expression with age in yeast and mammalian livers [4, 5], while ameliorating this loss in yeast extends lifespan [6]. Together, these data show that senescence is accompanied with histone level alteration; however, the roles and the

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mechanisms of histone reduction in cellular senescence are far from elucidated.

Histone tails protruding from the nucleosomes are targets for various post-translational modifications (PTMs), including phosphorylation, acetylation, methylation, and ubiquitylation [7]. Histone PTMs can directly influence the stability of histones. As reported, chronic oxidative stress enhances the H2AX interaction with the E3 ubiquitin ligase RNF168, promotes H2AX poly-ubiquitination and its degradation by the proteasome, and results in a steady decrease in H2AX protein level, which in turn enhances chemosensitivity in breast cancer patients [8]. In addition, phosphorylation of histones by Rad53 enhances excess (non-chromatin bound) histones associate with the ubiquitin-conjugating enzymes (E2) Ubc4 and Ubc5, as well as the ubiquitin ligase (E3) Tom1 promotes excess histones poly-ubiquitination and its degradation by the proteasome in yeast [9]. Moreover, special forms of proteasomes, which contain PA200/Bim10, specifically catalyze the acetylation-dependent, but not poly-ubiquitination-dependent, degradation of the core histones during somatic DNA damage response and spermatogenesis [10]. To date, whether histone arginine methylation influences the stability of histones remains elusive.

The protein arginine methyltransferases (PRMTs), a family of enzymes catalyzing arginine methylation, have been reported to methylate a variety of protein substrates in multiple cellular processes, including RNA processing, gene transcription, DNA damage repair, signal transduction and protein translocation [11]. PRMT1 is a predominant arginine methyltransferase in human, which mediates asymmetric dimethylation of histone H4 at arginine 3 (H4R3me2as), a critical modification for activating transcription [12, 13]. Studies over the past decades also linked PRMT1 to aging and cellular senescence. PRMT1 methylates FoxO and blocks its phosphorylation to reduce FoxO protein degradation, thus leading to life span extension of diapause-destined pupae [14]. PRMT1 can also methylate DAF-16, block its phosphorylation by AKT, increase the expression of longevity-related genes, leading to life span extension of *C. elegans* [15]. At the cellular level, significant reduction of PRMT1 and asymmetric arginine methylation was seen during senescence of WI-38 fibroblasts [16]. Our previous study also indicated that depletion of PRMT1 arrested breast cancer cell growth and induced cellular senescence [17]. However, the roles of PRMT1-mediated H4R3me2as in cellular senescence remain largely unknown.

The present study uncovered a novel mechanism for H4 stability regulation mediated by arginine methylation during senescence. Histone H4 degradation further promotes senescence-associated genes transcription, resulting in senescence. More importantly, we found that H4 also

rapidly responded to anti-aging drugs, and was restored by all the 3 anti-aging drugs used, much earlier than other senescence markers detected under H₂O₂-induced senescence. These results implicate that histone H4 is an early senescence-associated marker, and may become a potential anti-aging drug screening target.

Results

Depletion of PRMT1 induces fibroblasts senescence with reduction of histone H4

Our previous study showed that inhibition of PRMT1 arrested breast cancer cell growth and induced cellular senescence [17]. In this study, we further investigated the mechanisms of PRMT1-mediated H4R3me2as in human fibroblasts senescence regulation. We first examined the activity of senescence-associated β -galactosidase (SA- β -gal) in PRMT1 knockdown IMR90 cells. The results revealed a remarkably intensified SA- β -gal staining in PRMT1 knockdown cells compared with control cells (Fig. 1a). Meanwhile, depletion of PRMT1 significantly reduced Ki67 positive staining cells, accompanied with Cyclin A2 and Lamin B1 downregulation, and a concurrent p21 and γ -H2AX upregulation (Fig. 1b, c), which confirms that depletion of PRMT1 induces fibroblasts senescence. PRMT1 inhibition significantly decreased H4R3me2as level, together with a dramatic decline of H4 level while the other 3 core histones remained unchanged (Fig. 1c). Similar results were also seen in CRL-1474 human skin fibroblast cells (Fig. 1d and Supplementary Fig. 1). Taken together, these data indicate that inhibition of the PRMT1-induced fibroblasts senescence is accompanied with H4 reduction.

Reduction of histone H4 prior to the other 3 core histones during cellular senescence and aging

Since the senescence induced by PRMT1 inhibition occurred concurrently with reduction of H4, we next wondered if this is a common phenomenon in other senescence models. We tested this in replicative senescence by harvesting IMR90 cells every 5 population doublings (PDs) beginning with PD20. The proportion of cells positive for SA- β -gal activity remarkably increased and the Ki67 expression significantly reduced at PD40 (Supplementary Fig. 2a, b). Also, Cyclin A2 was reduced, while γ -H2AX and p21 were increased at PD35. Lamin B1 was reduced, while IL6 and p16 were increased at PD40. Significantly, H4 decreased from PD35, while the other 3 core histones were not found to be altered at PD35 but reduced at PD40 (Fig. 2a). Next, we used H₂O₂, Etoposide, and Ras, to trigger IMR90 fibroblast premature senescence. Cellular

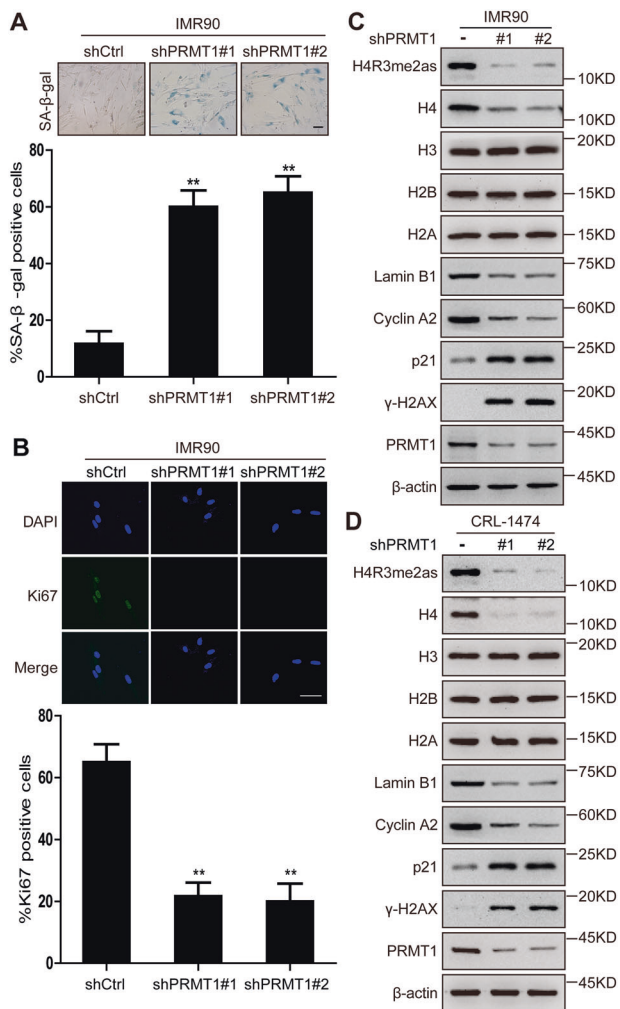


Fig. 1 Knockdown of PRMT1 promoted cellular senescence and decreased histone H4 level. **a** IMR90 cells were infected with control shRNA (shCtrl) or PRMT1 shRNA (shPRMT1#1 or #2) for 4 days, cells were subjected to SA-β-gal staining. Top panel showed the representative images. The percentage of SA-β-gal positive cells was calculated (lower). Scale bars: 100 μm. **b** IMR90 cells were infected with control shRNA (shCtrl) or PRMT1 shRNA (shPRMT1#1 or #2) for 4 days, expression of Ki67 was analyzed by immunofluorescence. Top panel showed the representative images. The percentage of the Ki67 positive cells was calculated (lower). Scale bars: 50 μm. **c** IMR90 cells were infected with control shRNA (shCtrl) or PRMT1 shRNA (shPRMT1#1 or #2) for 4 days, the level of PRMT1, CyclinA2, Lamin B1, p21, γ-H2AX, H2A, H2B, H3, H4, and H4R3me2as was detected by western blotting. **d** CRL-1474 cells were infected with control shRNA (shCtrl) or PRMT1 shRNA (shPRMT1#1 or #2) for 4 days, the level of PRMT1, Cyclin A2, Lamin B1, p21, γ-H2AX, H2A, H2B, H3, H4, and H4R3me2as was detected by western blotting. Each experiment was repeated at least 3 times. Error bars, mean ± SD, ***P* < 0.01.

senescence was assessed by SA-β-gal, Ki67, Lamin B1, Cyclin A2, γ-H2AX, IL6, p21, and p16 at indicated time points (Fig. 2b–d and Supplementary Fig. 2c–h). All the 3 classic premature senescence models displayed loss of H4 sooner than the other 3 core histones, similar to that seen

in spontaneous senescence (Fig. 2b–d). Further, we addressed whether these findings are relevant to normal human aging. We examined four core histones expressions in skin sections of eyelid from different normal donors (aged 24, aged 45, aged 50 and aged 52). Immunohistochemical staining revealed a reduction of H4 in relatively aged skin of eyelid (aged 50 and aged 52), while the other 3 core histones were not found to be altered (Fig. 2e). To investigate whether the reduction of H4 was specific to senescent cells, we also detected the level of histones under quiescence or apoptosis. IMR90 fibroblasts were kept under serum starvation to enter quiescence status, or treated with 200 μM Etoposide or 1.5 mM H₂O₂ for apoptosis. Under these conditions, the four core histones remained unaltered (Supplementary Fig. 3). These data suggest that the decline of H4 prior to other 3 histones is a part of the senescence program, irrespective of the senescence inducers, and this may implicate histone H4 as an early senescence-associated marker.

PA200-proteasome mediates histone H4 degradation during senescence

Having confirmed the H4 reduction during senescence, we next sought to gain insight into the mechanism underlying this phenomenon. We first detected H4 transcription level during senescence. We found that H₂O₂ treatment, Ras overexpression, or PRMT1 knockdown had little effect on the transcription level of H4 mRNA (Fig. 3a, b and Supplementary Fig. 4a), which suggests that H4 reduction might be regulated at the post-translational level. The lysosomes and proteasome mediate intracellular protein degradation. To test whether lysosomes are involved in processing of H4 during IMR90 senescence, we treated the cells with Bafilomycin A1 (Baf A1), an inhibitor of lysosome acidification. Bafilomycin A1 treatment did not antagonize the decrease of H4 (Fig. 3c, d and Supplementary Fig. 4b), which means that H4 reduction is lysosome-independent. Next, we treated IMR90 cells with proteasome inhibitor MG132. Results showed that H4 was modestly restored in IMR90 cells treated with H₂O₂ (Fig. 3e). Similar result was seen in IMR90 cells with Ras overexpression or PRMT1 depletion (Fig. 3f and Supplementary Fig. 4c), suggesting a proteasome-mediated H4 degradation. The proteasome is able to recognize and promote the degradation of protein in an ubiquitin-dependent or independent manner. Ubiquitin proteasome system catalyzes the great majority (at least 80%) of the protein degradation in mammalian cells. However, H4 ubiquitination was not increased under H₂O₂ treatment (Fig. 3g). Consistently, overexpression of Ras or depletion of PRMT1 did not change H4 ubiquitination level in IMR90 cells either (Fig. 3h and Supplementary Fig. 4d), which means that H4

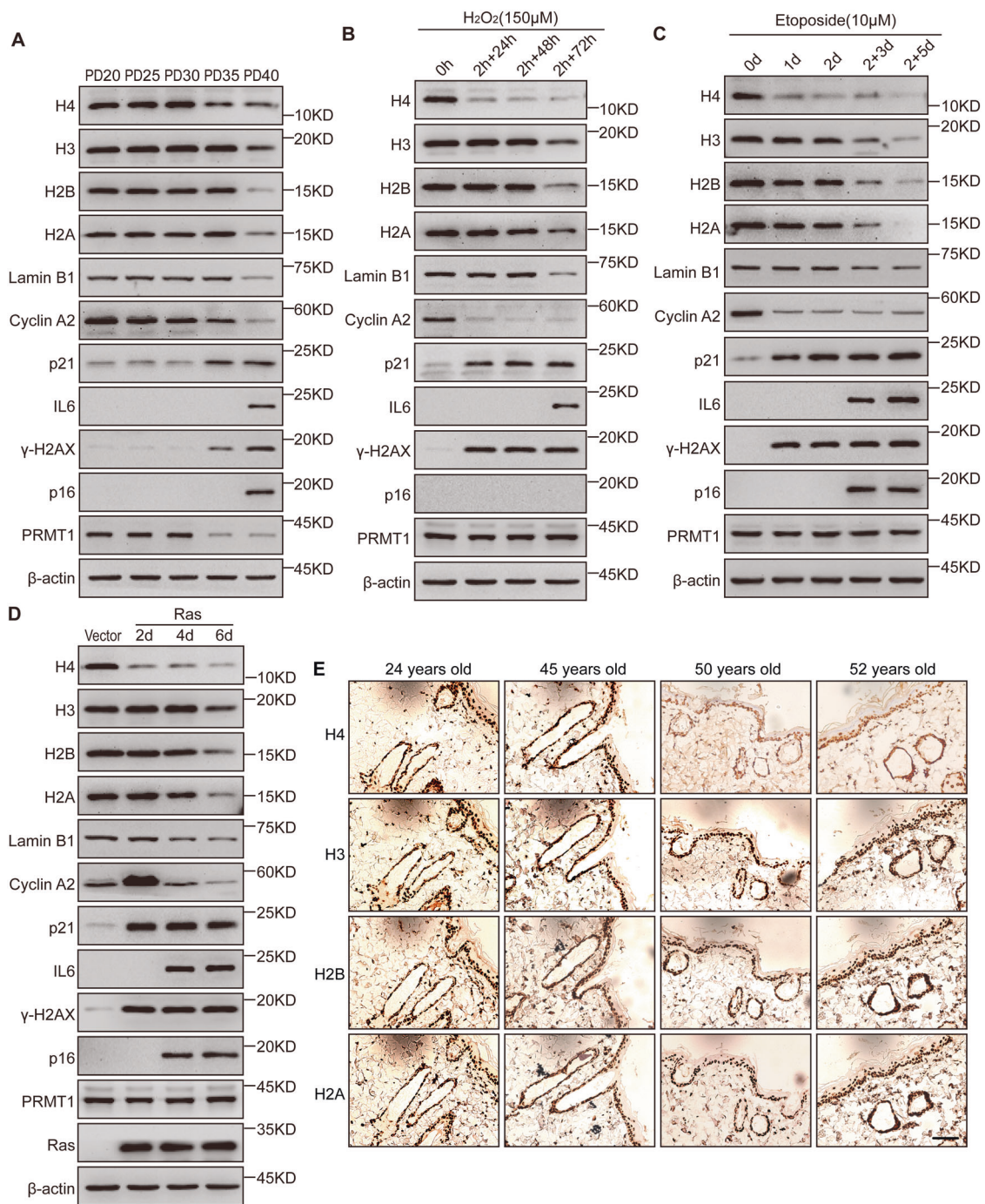


Fig. 2 Histone H4 prior decline in cellular senescence and skin aging in vivo. The level of PRMT1, Cyclin A2, Lamin B1, p21, γ -H2AX, IL6, p16, H2A, H2B, H3, and H4 was detected by western blotting in IMR90 cells of replicative senescence (a), oxidative stress

(H_2O_2) (b), DNA damage (Etoposide) (c) and oncogene (Ras) (d) induced cellular senescence at indicated time points. e Immunohistochemistry for core histones in paraffin sections of normal human skin. Scale bars: 100 μ m.

reduction is ubiquitin independent. In addition to ubiquitin-dependent protein degradation pathways, proteasome activator PA200 can form an 11 S regulatory particle to activate the 20 S proteasome. A previous study reported that PA200 specifically catalyzed the acetylation-dependent, but not poly-ubiquitination-dependent degradation of the core

histones during DNA damage repair and spermatogenesis [10]. This prompted us to investigate whether histone H4 degradation is mediated by PA200. Using co-immunoprecipitation assay, we did find that the interaction between PA200 and H4 was significantly increased under H_2O_2 treatment, Ras overexpression or PRMT1

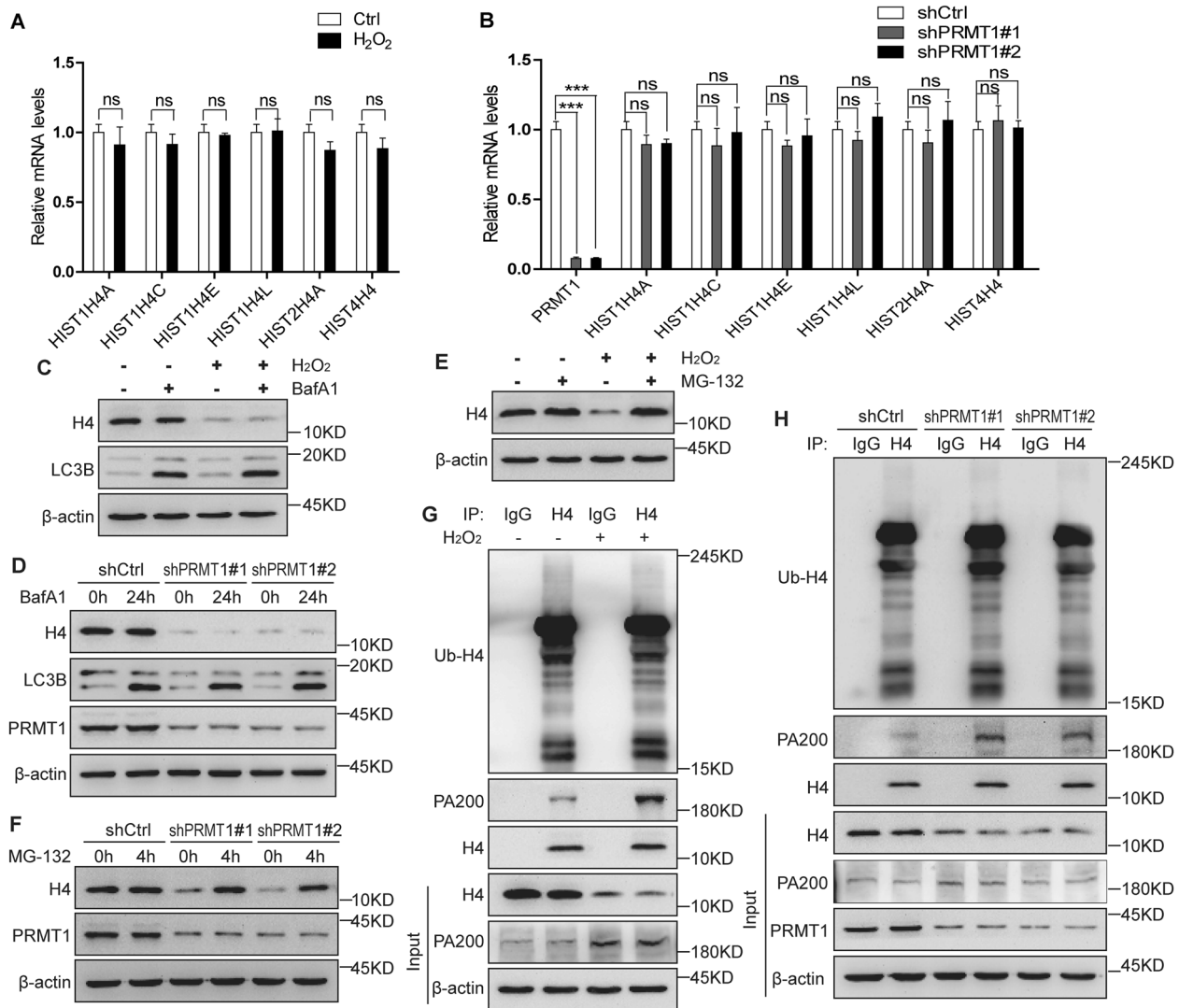


Fig. 3 PA200 is required for degradation of histone H4. IMR90 cells were treated with H₂O₂ for 2 h and then cultured with fresh complete medium for 24 h, H4 mRNA level was assessed by qPCR (a), added Bafilomycin A1 (100 nM) for 0 or 24 h, expression of H4 was detected by western blotting, LC3B was used as a positive control (c), added MG132 (20 μM) for 0 or 4 h, expression of H4 was detected by western blotting (e), endogenous H4-associated ubiquitination and PA200 after co-immunoprecipitation assay with anti-H4 antibody was detected by western blotting (g). IMR90 cells were infected with

control shRNA (shCtrl) or PRMT1 shRNA (shPRMT1#1 or #2) for 4 days, H4 mRNA level was assessed by qPCR (b), added Bafilomycin A1 (100 nM) for 0 or 24 h, expression of H4 was detected by western blotting, LC3B was used as a positive control (d), added MG132 (20 μM) for 0 or 4 h, expression of H4 was detected by western blotting (f), endogenous H4-associated ubiquitination and PA200 after co-immunoprecipitation assay with anti-H4 antibody was detected by western blotting (h). Each experiment was repeated at least three times. Error bars, mean ± SD, ns no significant, ****P* < 0.001.

depletion (Fig. 3g, h and Supplementary Fig. 4d), implicating that depletion of PRMT1, overexpressed Ras or H₂O₂ treatment promotes H4 degradation through increasing the interaction between PA200 and H4.

The PRMT1-mediated H4R3me2as maintains histone H4 stability

Having shown that depletion of PRMT1 triggers H4 degradation, we ask what roles of H4R3me2as may play in maintaining H4 stability. We first detected changes of

H4R3me2as and H4 in IMR90 cells treated with H₂O₂. Results showed that H₂O₂ induced H4 degradation from 21 h, while H4R3me2as declined from 12 h after treatment (Fig. 4a). We then knocked down PRMT1 in IMR90 cells, and we found that H4R3me2as was reduced from the 2nd day and H4 begun to degrade from the 4th day (Fig. 4b). Next, we constructed lentiviral vectors containing shRNAs targeting the 3'UTR of PRMT1 to knockdown the endogenous PRMT1 in IMR90 cells. We transfected PRMT1 wild-type or PRMT1 enzymatic activity mutant (PRMT1G80R) into IMR90 cells with endogenous PRMT1

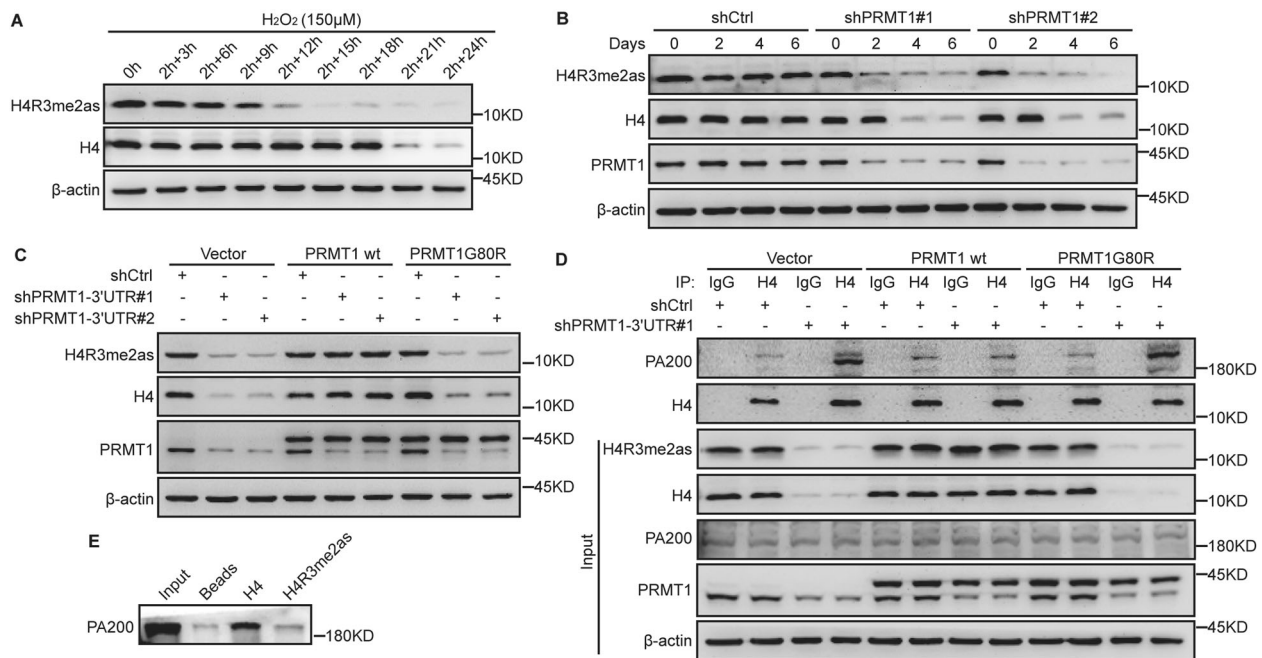


Fig. 4 Reduction of H4R3me2as was required for efficient histone H4 degradation. **a** IMR90 cells were treated with H_2O_2 for 2 h and then cultured with fresh complete medium for indicated time points, H4 and H4R3me2as levels were detected by western blotting. **b** IMR90 cells were infected with control shRNA (shCtrl) or PRMT1 shRNA (shPRMT1#1 or #2) for 2, 4, and 6 days, H4 and H4R3me2as levels were detected by western blotting. **c** IMR90 cells were infected with either 3×Flag-PRMT1 or 3×Flag-PRMT1mut; after 2 days cells were infected with control shRNA (shCtrl) or PRMT1-3'UTR shRNA (shPRMT1-3'UTR#1 or #2) for 4 days, H4, PRMT1,

and H4R3me2as levels were detected by western blotting. **d** MR90 cells were infected with either 3×Flag-PRMT1 or 3×Flag-PRMT1mut; after 2 days cells were infected with control shRNA (shCtrl) or PRMT1-3'UTR shRNA (shPRMT1-3'UTR#1) for 4 days, endogenous H4-associated PA200 after co-immunoprecipitation assay with anti-H4 antibody was detected by western blotting. **e** H4 peptides coupled to beads were incubated with IMR90 cells lysis in a peptide pull-down assay, and identified by western blotting with PA200 antibody. Each experiment was repeated at least three times.

knockdown, respectively. Western blots showed that restoration of PRMT1 expression in IMR90-shPRMT1-3'UTR cells inhibited H4 degradation (Fig. 4c), suggesting that H4R3me2as maintains H4 stability. Subsequently, we discovered that PRMT1 depletion increased association of PA200 with H4, which was alleviated by reconstituted expression of PRMT1 wild-type but not by PRMT1G80R (Fig. 4d). To further test whether H4R3me2as suppresses PA200 interaction with H4, we incubated streptavidin agarose beads, containing immobilized unmodified or asymmetric dimethylated biotinylated peptides of H4, with IMR90 cell lysates, and the results demonstrated that PA200 bound more efficiently to H4 peptides than asymmetric dimethylated at R3 of H4 peptides (Fig. 4e). Thus, the PRMT1-mediated H4R3me2as maintains histone H4 stability.

Histone H4 degradation regulates the expression of the cell cycle inhibitor genes, SASP-related genes, and anti-apoptotic genes

The core histones, H2A, H2B, H3, and H4, form an octamer to pack DNA into the nucleosome. We next wondered

whether H4 degradation promoted nucleosome decomposition to cause a decrease in nucleosome occupancy. We performed MNase digestion to assess global changes in nucleosome abundance. The results showed that MNase digestion of chromatin resulted in attenuated amounts of the lower molecular weight DNA fragments, especially the 1st, 2nd, and 3rd smallest bands in H_2O_2 treatment or PRMT1 knockdown IMR90 cells (Fig. 5a, b). These reduced lower molecular weight DNA fragments reflect the nucleosome decomposition and nucleosome occupancy decrease caused by H4 degradation. It has also been demonstrated that nucleosome occupancy decrease leads to global upregulation of gene expression related with aging [4, 5]. To gain a better understanding of the gene expression pattern mediated by H4 degradation, we performed RNA-seq in H_2O_2 -treated IMR90 cells, and found remarkable changes of global gene expression in H_2O_2 -treated cells compared with that of the control cells (Fig. 5c, d and Supplementary Table 1). Among which, we focused on the expression of cell cycle inhibitor genes, SASP-related genes, and anti-apoptotic genes that play important roles during senescence. Moreover, the real-time qPCR results demonstrated that cell cycle inhibitor genes p21 and GADD45A, SASP-related genes FGF2, IL11,

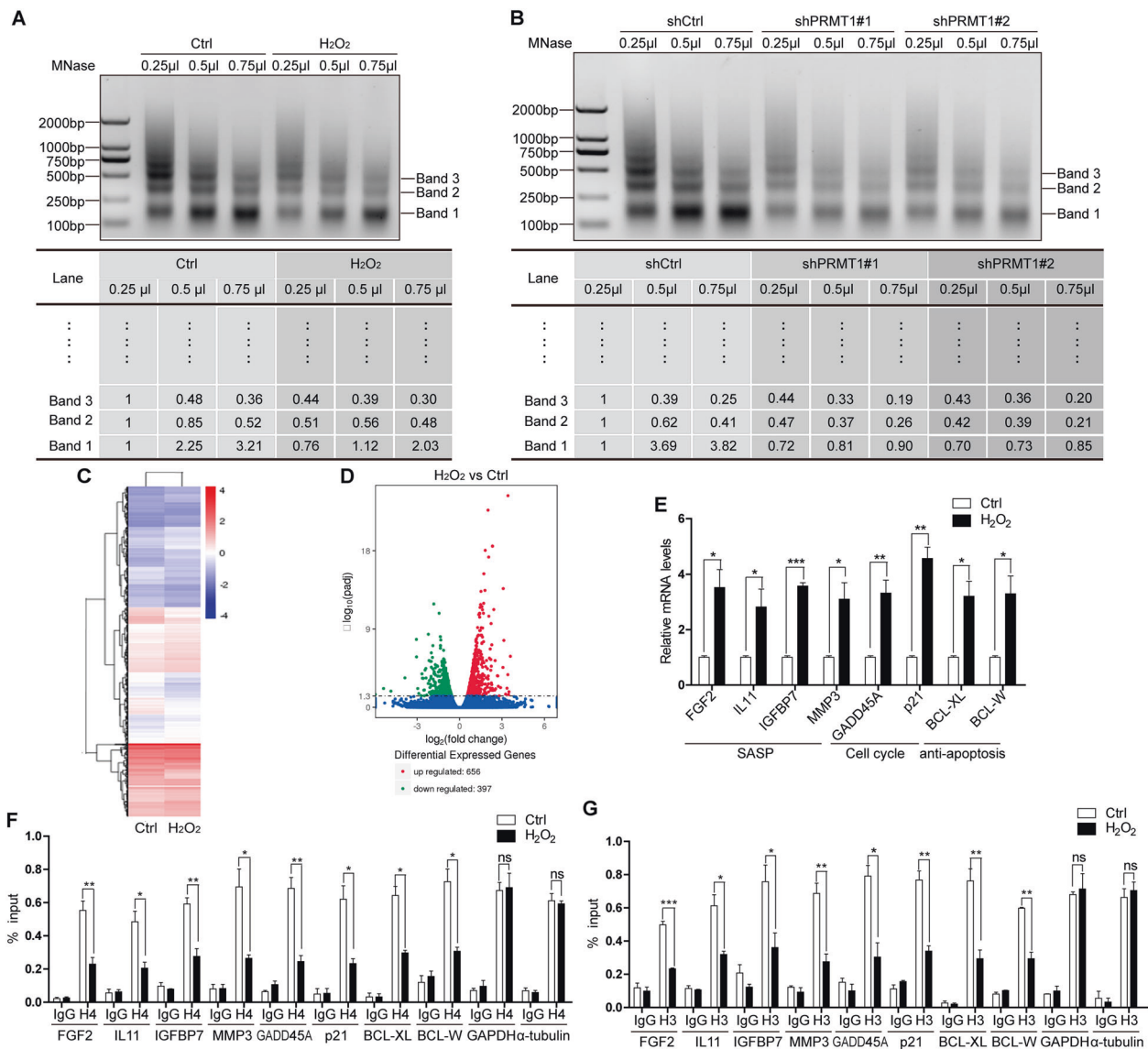


Fig. 5 Histone H4 degradation increased cell cycle inhibitor genes, SASP-related genes, and anti-apoptotic genes expression. **a** IMR90 cells were treated with H₂O₂ for 2 h and then cultured with fresh complete medium for 24 h, nuclei were isolated and analyzed in a MNase assay using three different doses of MNase. The band intensities quantified using ImageJ. **b** IMR90 cells were infected with control shRNA (shCtrl) or PRMT1 shRNA (shPRMT1#1 or #2) for 4 days, nuclei were isolated and analyzed in a MNase assay using three different doses of MNase. The band intensities quantified using ImageJ. **c** Heat map showed gene expression changes of 1053 genes as determined by RNA-seq in H₂O₂ treated IMR90 cells relative to control cells, $P < 0.01$. **d** Volcano Plot of 656 genes upregulated and

397 genes downregulated in H₂O₂ treated IMR90 cells compared with the control cells. **e** IMR90 cells were treated with H₂O₂ for 2 h and then cultured with fresh complete medium for 48 h, cell cycle inhibitor genes, SASP-related genes, and anti-apoptotic genes mRNA levels were assessed by qPCR. IMR90 cells were treated with H₂O₂ for 2 h and then cultured with fresh complete medium for 24 h, qChIP experiments for H4 (**f**) and H3 (**g**) to measure the levels of H4 and H3 at the promoter of cell cycle inhibitor genes, SASP-related genes, anti-apoptotic genes, and house-keeping genes. Each experiment was repeated at least three times. Error bars, mean \pm SD, * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$.

IGFBP7, and MMP3, anti-apoptotic genes BCL-XL and BCL-W exhibited a significant upregulation in H₂O₂ treatment or PRMT1 knockdown IMR90 cells (Fig. 5e and Supplementary Fig. 5a). Since H4 degradation can directly lead to nucleosome occupancy decrease, and is linked to transcriptional activation, we intended to determine whether histone H4 was lost at genes' promoter to active

transcription. qChIP assay also revealed a significant reduction in the enrichment of H4 and H3 at cell cycle inhibitor genes p21 and GADD45A, SASP-related genes FGF2, IL11, IGFBP7, and MMP3, anti-apoptotic genes BCL-XL and BCL-W in H₂O₂ treatment and PRMT1 knockdown IMR90 cells, while the enrichment of H4 and H3 at house-keeping genes GAPDH and α -tubulin promoter

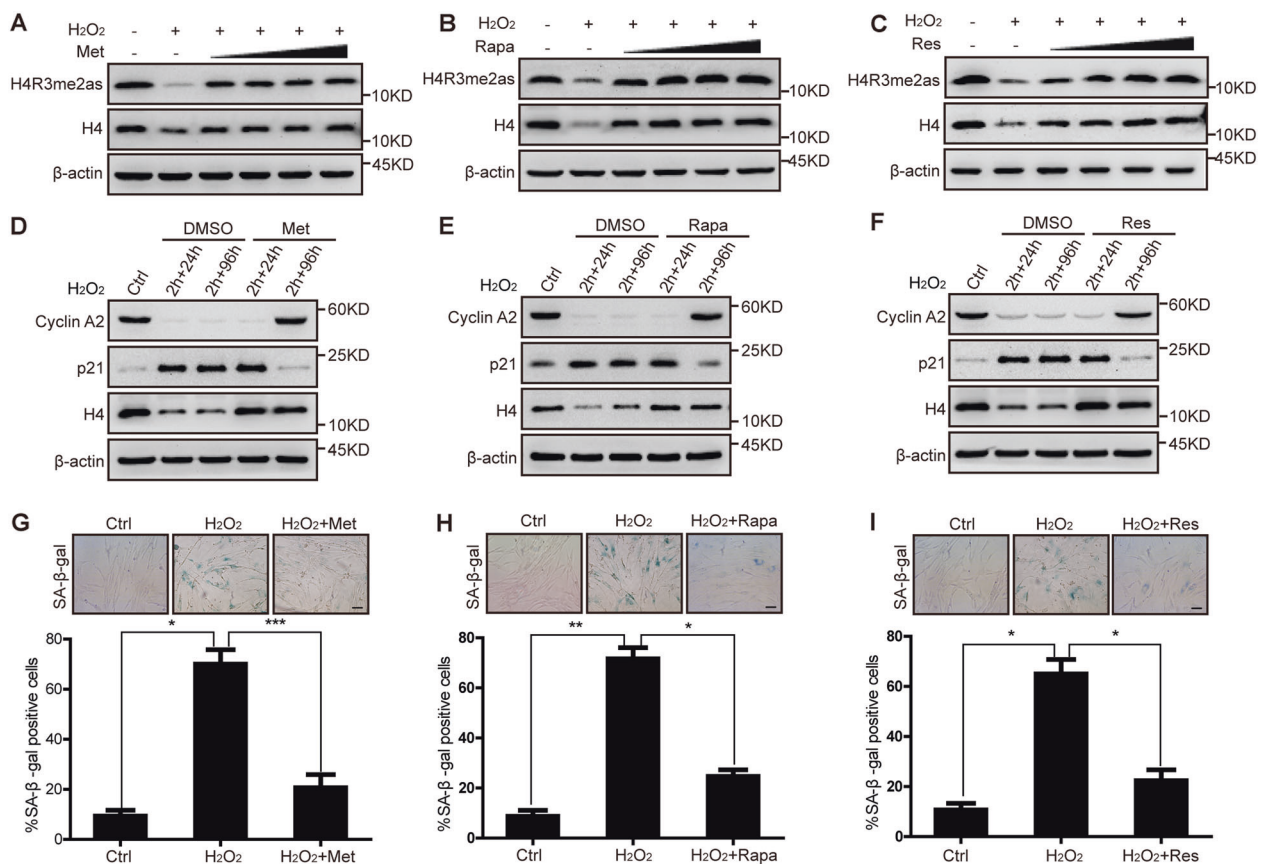


Fig. 6 Metformin (Met), Rapamycin (Rapa) and Resveratrol (Res) treatment restored H4 expression and alleviated cellular senescence by H₂O₂ treatment. IMR90 cells were treated with H₂O₂ for 2 h and then cultured with fresh complete medium added different concentrations of Met (100 μM, 200 μM, 500 μM and 1 mM) (a), Rapa (50 nM, 100 nM, 200 nM and 500 nM) (b) or Res (1 μM, 2 μM, 5 μM, and 10 μM) (c) for 24 h, H4 and H4R3me2as levels were detected by western blotting. IMR90 cells were treated with H₂O₂ for 2 h and then cultured with fresh complete medium added 100 μM Met (d), 50 nM

Rapa (e) and 1 μM Res (f) for 24 h and 96 h, expression of H4, Cyclin A2 and p21 was detected by western blotting. IMR90 cells were treated with H₂O₂ for 2 h and then cultured with fresh complete medium added 100 μM Met (g), 50 nM Rapa (h), and 1 μM Res (i) for 96 h, cells were subjected to SA-β-gal staining. Top panel showed the representative images. The percentage of SA-β-gal positive cells was calculated (lower). Scale bars: 100 μm. Each experiment was repeated at least three times. Error bars, mean ± SD, **P* < 0.05, ***P* < 0.01, ****P* < 0.001.

regions didn't change (Fig. 5g, h and Supplementary Fig. 5b, c). These results indicate that H4 and H3 enrichment was decreased at the promoters of cell cycle inhibitor genes, SASP-related genes, and anti-apoptotic genes. Based on these results, we speculated that the degradation of H4 occurred at senescence-associated gene regions, further promoted nucleosome decomposition and upregulated senescence-associated gene transcription.

Histone H4 as a potential anti-aging drug screening marker

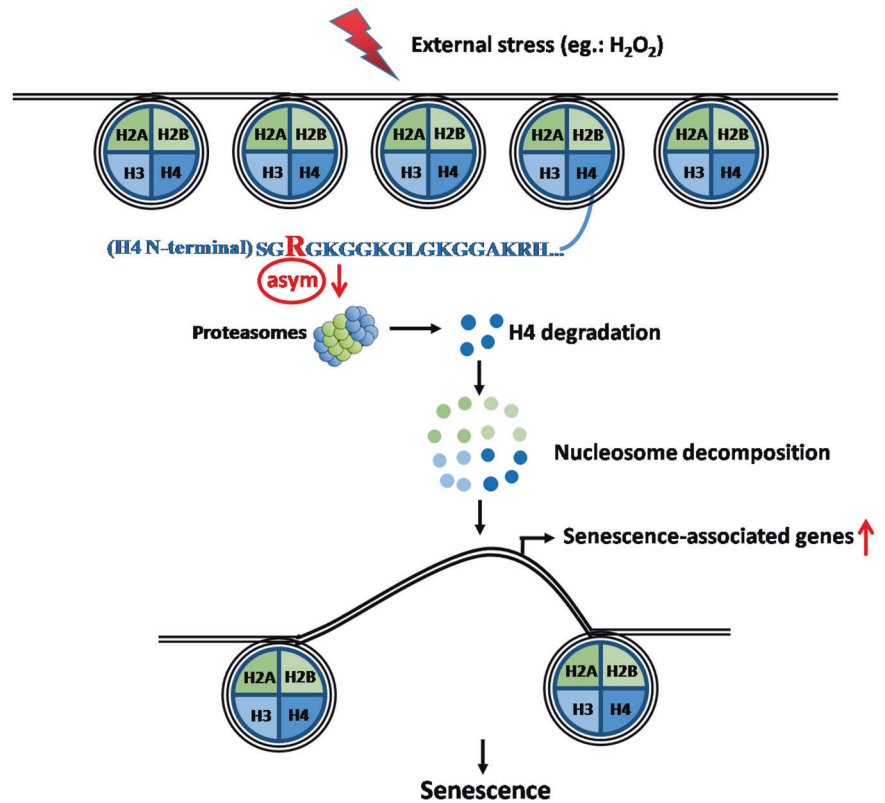
The above data have provided evidence that H4 degradation is an early senescence-associated indicator. An immediate intriguing application of this phenomenon is that H4 might be used as an anti-aging drug screening target. To substantiate this assumption, we tested 3 well-informed anti-aging drugs metformin, rapamycin, and resveratrol in

IMR90 cells under H₂O₂ treatment [18–20]. The results showed that H4 and H4R3me2as were all distinctly restored by all three anti-aging drugs at 24 h (Fig. 6a–c). Indeed, the three drugs all delayed H₂O₂-induced IMR90 cell senescence characterized by the reduced proportion of SA-β-gal positive cells, upregulation of Cyclin A2 and reduction of p21 at 96 h. Compared with SA-β-gal, Cyclin A2 and p21, H4 was significantly increased at 24 h after anti-aging drug treatment (Fig. 6d–i). Similar results were found in IMR90-Ras cells treated with metformin (Supplementary Fig. 6). These results support the notion that histone H4 may be a potential anti-aging drug screening marker.

Discussion

In this study, we unveil a novel regulatory mechanism of PRMT1-mediated H4R3me2as in cellular senescence

Fig. 7 A proposed working model for histone H4 degradation in regulation of cellular senescence. In normal growing cells, PRMT1 mediated H4R3me2as maintains histone H4 stability and cell proliferation. When cells are exposed to the senescence signals, such as oxidative stress, DNA damage or hyperoncogenic signaling pressure, PRMT1 mediated H4R3me2as reduction leads to H4 degradation and further nucleosome decomposition, results in nucleosome occupancy decrease and activates senescence-associated genes transcription, thus promotes cellular senescence.



through affecting H4 stability. We propose a model in which external stress (e.g. H₂O₂) leads to the reduction of H4R3me2as, which enhances PA200 binding to H4 to catalyze the poly-ubiquitin-independent degradation of H4. H4 degradation further promotes the other 3 core histones disintegration, resulting in nucleosome occupancy decrease and activation of senescence-associated gene transcription, consequently resulting in cellular senescence (Fig. 7).

Evidence from this study demonstrated that H4 decreased earlier than the other 3 histones in all the senescence models tested (Fig. 2a–d). Our data are in support of the view that H4 reduction might be an early biomarker of cellular senescence. To validate this, we ectopically expressed H4 in IMR90 cells treated with H₂O₂ or over-expressed Ras to evaluate whether rescued H4 could delay senescence. However, ectopic H4 was also degraded under H₂O₂- or Ras-induced senescence (Supplementary Fig. 7a, b). Consistently, the senescence phenotype was not rescued (Supplementary Fig. 7a–d). Together, these data suggest that ectopic expression of H4 has little impact on cellular senescence because ectopic H4 was also degraded by H₂O₂ or Ras. In addition, overexpression of PRMT1 did not inhibit H4 degradation induced by H₂O₂ or Ras (Supplementary Fig. 8a, b). Also, overexpression of PRMT1 did not rescue H₂O₂- or Ras-induced senescence (Supplementary Fig. 8c, d). In these cases, we noticed that the level of global asymmetric methylation was decreased even in cells

ectopically expressed PRMT1 (Supplementary Fig. 7a, b and Supplementary Fig. 8a, b), indicating that ectopic PRMT1 was inhibited by H₂O₂ or Ras. In line with our finding, it has also been reported that PRMT1 is a redox-responsive enzyme. Oxidation at the two cysteine residues of PRMT1 to sulfenic acid potentially destabilizes dimerization, leading to diminished methyltransferase activity [21]. Based on the existing reports as well as our results, we hypothesized that PRMT1 enzyme activity was inhibited by H₂O₂ or other stimuli such as Ras. That is why the over-expressed H4 or PRMT1 is unable to reverse senescent phenotypes. However, the ectopically overexpressed wild-type PRMT1, but not the PRMT1 enzymatic activity mutant (PRMT1G80R), inhibits H4 degradation under knockdown the 3'UTR of PRMT1 (Fig. 4c). These results further confirmed our speculation that to response the rapid stimulus, the enzyme activity of PRMT1 is inhibited during premature senescence.

Cellular senescence is induced by a wide variety of conditions. Senescent cells display a number of characteristics that allow their identification both in vitro and in vivo. The currently well-accepted senescence biomarkers are as follows: a large and flattened morphology [22]; accumulation of lysosomal content [23]; presence of senescence-associated heterochromatin foci (SAHF) [24]; upregulation of cell cycle inhibitor genes [25]; expression of a secretory phenotype [26]; and positive staining for senescence-associated

β -galactosidase (SA- β -gal) [27]. To date, none of the characterized markers documented is 100% specific or unique to senescence. For example, the most commonly used biomarker of senescence, SA- β -gal, is not suitable for use in formalin-fixed paraffin-embedded clinical samples and might not be specific to senescence *in vivo*, making it unsuitable as a marker for clinical applications [28]. SASP is also well accepted as a characteristic of senescence. SASP has roles in the pathophysiological activity of senescent cells, but it is too unspecific and heterogeneous to be used as an unequivocal marker for senescence [29, 30], which are implicated in several biological processes, such as cancer progression [29]. Besides, some senescent cells do not secrete the typical range of SASP cytokines such as embryonic senescence [31]. The senescence phenotype is often characterized by the activation of a chronic DNA damage response (DDR). Induction of γ -H2AX nuclear foci is also commonly used as a marker of senescence [32]. However, DDR is also activated by a variety of DNA-damaging stimuli that do not lead cells into a senescent state, such as DNA repair and apoptosis [33]. Moreover, not all senescence programs are a consequence of DDRs. For cell cycle-related senescence markers, p16 is often used as a unique and specific marker [25]. However, p16 expression was not upregulated in some cellular senescence models, and our results revealed that the expression of p16 did not change under H₂O₂-induced cellular senescence (Fig. 2b). Above all, a major barrier to the development of senescence antagonism is the lack of a ‘gold standard’ marker of senescence to enable efficient detection and measurement *in vivo* and *in vitro*. Here we provide a novel senescence biomarker, histone H4, whose decline is earlier than the upregulation of p16 during senescence (Fig. 2a, c, d). Furthermore, the decline of H4 is also much earlier than the downregulation of Lamin B1 (Fig. 2a–d). In addition, H4 level is not decreased under apoptosis or quiescent condition (Supplementary Fig. 3). More importantly, H4 level is also reduced prior to the other 3 core histones during human skin aging (Fig. 2e), which suggests that histone H4 might be an early biomarker for cellular senescence both *in vitro* and *in vivo*.

This study also uncovers a role of the PRMT1-mediated H4R3me2as in regulating H4 stability. As H4R3 is also a substrate for PRMT5, which catalyze symmetric dimethylation of histone H4R3 (H4R3me2s) [34], we suspected whether a switch between PRMT5-mediated H4R3me2s and PRMT1-mediated H4R3me2as in coordination to maintain H4 stability. However, H4R3me2s level did not show remarkable change before H4 degradation under H₂O₂ treatment (Supplementary Fig. 9). Besides arginine methylation, a recent report shows that PA200 mediates proteasomal degradation of core histones through binding to acetylated core histones during DNA repair and spermatogenesis [10]. Moreover, reduction of H4 N-terminal K5/8/12acetylation

induces H4R3me2as deposition and rDNA silencing [35]. Based on the previous reports, we assessed the potential links between H4 acetylation and H4R3me2as. In contrast to these results, our results revealed that H4 acetylation was decreased prior to H4R3me2as under H₂O₂ treatment (Supplementary Fig. 9), which suggests additional posttranslational modifications of H4 may also be required to maintain H4 stability. Beside the crosstalk between H4 lysine acetylation and H4R3me2as, histone H4 serine 1 residue phosphorylation (H4S1ph) has also been reported to be negatively correlated with H4R3me2as during lung cancer progression [36]. Whether H4S1ph mediates crosstalk with H4R3me2as in regulating H4 stability needs further investigation.

In addition, we found that the anti-aging drugs, such as metformin, rapamycin, and resveratrol, all restored H4 expression at 24 h (Fig. 6a–c), much earlier than the well-known senescence markers SA- β -gal, suggesting that these drugs represses H4 degradation. For the mechanism that the anti-aging drugs repress H4 degradation, we have speculation as followed. First, the anti-aging drugs may enhance PRMT1 enzymatic activity and increase H4R3me2as level, which inhibit the interaction between PA200 and H4. Moreover, it has been reported that rapamycin binds to specific grooves on the α face region and interferes the binding of PA200-proteasome activator to the 20 S proteasome, which is essential for processing of poly-ubiquitin-independent substrates [37]. Whether metformin and resveratrol inhibit histone H4 degradation through regulating PA200-proteasome requires further study.

In summary, the present study unveils a novel function of the PRMT1-mediated H4R3me2as in modulation of cellular senescence via regulating H4 stability. Our findings also points to the value of histone H4 as an early senescence indicator and a potential anti-aging drug screening marker.

Materials and methods

Cell cultures and treatment

All the cell lines (IMR90, CRL-1474, HEK-293T) were obtained from the American Type Culture Collection and cultured in Dulbecco’s modified Eagle’s medium (DMEM) supplemented with 10% (vol/vol) fetal bovine serum, and penicillin-streptomycin. IMR90 and CRL-1474 cultured at 37 °C, 5% CO₂, and 5% O₂. HEK-293T cultured at 37 °C, 5% CO₂. Cells were tested by a MycoBlue Mycoplasma Detector (Vazyme Biotech, Nanjing, China) to exclude *Mycoplasma* contamination before experiments.

For H₂O₂-induced premature senescence, the growing IMR90 cells were seed at a cell density of 1.5×10^6 in 100 mm dishes. On second day after seeding, the cells were incubated with the culture medium containing 150 μ M

concentrations of H₂O₂ for 2 h. After H₂O₂ treatment, the cells were washed twice with PBS and cultured with fresh complete medium for indicated times.

RNA extraction, RT-PCR and real-time PCR analysis

Total RNA was extracted from cells using the Trizol reagent (Takara, Dalian, China) following manufacturer's instructions. The cDNA was generated using the Reverse Transcription System (Promega). Real-time PCR was carried out on a Roche LightCycler 480 using SYBR Green Real-time PCR Master Mix (Roche). The β -actin was used as an internal control. The sequences of PCR primers were listed in Supplementary Table 2.

RNA-seq

Total RNA samples were isolated and prepared at the Novogene, Beijing. Facility for poly A library construction and sequencing on IlluminaHiSeq 2000. All raw RNA-sequencing reads were mapped to the human genome (hg19) with TopHat coupled with Bowtie 2 with default parameters. Transcriptomes were assembled and fragments per kilo-base per million reads for each gene were computed with Cufflinks. Differentially expressed genes were identified using log₂ fold change of fragments per kilo-base per million read values for all samples in pair-wise combinations. Raw and processed RNA-seq data have been deposited in the Gene Expression Omnibus GSE134088.

Plasmids and viral infection

The following vectors were used in this study: pCDH-CMV-3 \times Flag-RASG12V, pCDH-CMV-3 \times Flag-PRMT1, pCDH-CMV-3 \times Flag-PRMT1G80R, pCDH-CMV-H4. The control, PRMT1 and PRMT1-3'UTR short hairpin RNA plasmids were constructed in the pLKO.1-puro backbone. The lentivirus packaging vectors used were psPAX2 and pMD2.G. Generation of lentivirus in 293 T cells and transfection of lentiviral constructs into recipient cell lines were performed following manufacturer's instructions (Invitrogen). The sequences of shRNAs were described in Supplementary Table 3.

Western blotting

Cells were lysed in 1 \times Laemmli sample buffer and 5–20 μ g of protein was resolved by SDS-PAGE followed by transfer onto PVDF membrane and probing with antibodies. Antibodies used in this study are as follows: H2A (Cell Signaling Technology #12349), H2B (Abcam ab1790), H3 (Abcam ab1791), H4 (Abcam ab10158), β -actin (Sigma-Aldrich A1978), LC3B (Cell Signaling Technology #3868),

PA200 (Abcam ab181128), PRMT1 (Millipore #07-404), IL6 (Immunoway YT5348), Ras (Millipore #05-1027), Ki67 (GeneTex GTX16667), H4R3me2as (Active Motif 39705), p16 (Immunoway YT5664), Anti-acetyl-Histone H4 (Millipore #06-866), H4R3me2s (Active Motif 61187), Ubiquitin (Cell Signaling Technology #3933), γ -H2AX (Cell Signaling Technology #9718), Lamin B1 (Abcam ab16048).

Immunofluorescence

Cells were seeded on glass cover-slips in 12-well plates, left overnight before the treatment. Cells were fixed in 1% formaldehyde in culture medium for 10 min at 37 °C and permeabilized with 0.2% Triton X-100 in PBS for 10 min at room temperature. Cells were washed twice in PBS and blocked for 1 h with 5% BSA in PBS and then incubated with primary antibodies at 4 °C overnight, washed three times in PBS and incubated with secondary antibodies for 1 h at room temperature. Cell nuclei were counterstained with a 500 nM concentration of DAPI (Sigma). Photographs were taken using a confocal microscope (OLYMPUS).

Micrococcal Nuclease (MNase) assay

MNase assay was performed as described [38]. Briefly, 5 \times 10⁶ cells were resuspended in 300 μ l of HNB (15mM Tris-HCl, pH 7.6, 0.5 M sucrose, 60 mM KCl, 0.25 mM EDTA, 0.125 mM EGTA, 0.5% Triton X-100, 1 mM DTT, 0.5 mM PMSF). After 20 min incubation on ice, nuclei were isolated by centrifugation at 3000 rpm for 5 min. Nuclei were gently resuspended in 50 μ l of nuclear buffer (20 mM Tris-HCl, pH 7.6, 70 mM NaCl, 20 mM KCl, 5 mM MgCl₂, and 3 mM CaCl₂). Nuclei suspension was incubated with 0.25 μ l, 0.5 μ l, 0.75 μ l of micrococcal nuclease (Cell Signaling Technology #10011) at 37 °C for 10 min. The digestion was terminated by addition of EDTA and EGTA to a 5 mM final concentration each. The nuclear pellets were collected by centrifugation at 5000 rpm for 5 min, and resuspended in 200 μ l of lysis buffer (50 mM Tris-HCl, pH 7.6, 100 mM NaCl, 5 mM EDTA, 0.5% SDS) supplemented with RNase (Roche Applied Science, 100 μ g/ml). After incubation at 37 °C for 20 min, Proteinase K (Invitrogen, 200 μ g/ml) was added into the samples and incubated at 55 °C for 3 h. After phenol/chloroform extraction and ethanol precipitation, DNA was resuspended in H₂O. Equal amounts of DNA samples were separated on a 1.2% agarose gel and detected with ethidium bromide.

Chromatin immunoprecipitation-quantitative PCR

The chromatin immunoprecipitation (ChIP) Kit was purchased from Millipore (Cat No. 17-10086) and ChIP

experiments were carried out essentially in accordance with manufacturer's guidelines. Immunoprecipitated DNA was amplified with the designated primers on the Roche Light-Cycler480. The sequences of PCR primers were listed in Supplementary Table 2.

SA- β -gal staining

SA- β -gal staining was performed as described [39].

Co-IP assay

Co-IP assay was performed as described [39].

Peptide pull-down assays

Unmethylated and asymmetric dimethylated N-terminal biotinylated peptides containing 20 aa of histone H4, were synthesized by GL Biochem Ltd. (Shanghai, China), and purified by HPLC. The final products attained 95% purity and were confirmed by electrospray ionization-MS (ESI-MS). Peptide pull-down assay was performed as described [40].

Immunohistochemistry

Immunohistochemistry was performed on paraffin-embedded human skin sections of eyelid from plastic surgery of First Hospital of Jilin University. Formalin-fixed paraffin-embedded sections were deparaffinized and rehydrated by passage through xylene and a graded alcohol series. After antigen retrieval was performed by incubation in boiling citrate buffer, endogenous peroxidase activity was inactivated by treatment with 3% hydrogen peroxide. Sections were blocked in 5% serum for 1 h, and then incubated with primary antibody for 1.5 h at room temperature. Sections were then incubated in secondary antibody for 1 h at room temperature and the staining was visualized with DAB.

Statistical analysis

Data were compiled from at least three independent, replicate experiments. Data are presented as mean \pm SD. The paired Student's *t*-test (two-tailed) was used to calculate the statistical significance of differences between groups. The $p < 0.05$ was considered statistically significant. Statistical analysis was carried out using the GraphPad Prism software (GraphPad Software, La Jolla, CA, USA).

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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