



# Pharmacodynamic Evaluation of Plasma and Epithelial Lining Fluid Exposures of Amikacin against *Pseudomonas aeruginosa* in a Dynamic *In Vitro* Hollow-Fiber Infection Model

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**ABSTRACT** Given that aminoglycosides, such as amikacin, may be used for multidrug-resistant *Pseudomonas aeruginosa* infections, optimization of therapy is paramount for improved treatment outcomes. This study aims to investigate the pharmacodynamics of different simulated intravenous amikacin doses on susceptible *P. aeruginosa* to inform ventilator-associated pneumonia (VAP) and sepsis treatment choices. A hollow-fiber infection model with two *P. aeruginosa* isolates (MICs of 2 and 8 mg/liter) with an initial inoculum of  $\sim 10^8$  CFU/ml was used to test different amikacin dosing regimens. Three regimens (15, 25, and 50 mg/kg) were tested to simulate a blood exposure, while a 30 mg/kg regimen simulated the epithelial lining fluid (ELF) for potential respiratory tract infection. Data were described using a semimechanistic pharmacokinetic/pharmacodynamic (PK/PD) model. Whole-genome sequencing was used to identify mutations associated with resistance emergence. While bacterial density was reduced by  $>6$  logs within the first 12 h in simulated blood exposures following this initial bacterial kill, there was amplification of a resistant subpopulation with ribosomal mutations that were likely mediating amikacin resistance. No appreciable bacterial killing occurred with subsequent doses. There was less ( $<5$  log) bacterial killing in the simulated ELF exposure for either isolate tested. Simulation studies suggested that a dose of 30 and 50 mg/kg may provide maximal bacterial killing for bloodstream and VAP infections, respectively. Our results suggest that amikacin efficacy may be improved with the use of high-dose therapy to rapidly eliminate susceptible bacteria. Subsequent doses may have reduced efficacy given the rapid amplification of less-susceptible bacterial subpopulations with amikacin monotherapy.

**KEYWORDS** amikacin, *Pseudomonas aeruginosa*, pharmacodynamics, ventilator-associated pneumonia

Sepsis or ventilator-associated pneumonia (VAP) caused by *Pseudomonas aeruginosa* is associated with a mortality of between 25 and 50% (1, 2). Furthermore, patients with carbapenem-resistant *P. aeruginosa* infections have an increased risk of death that

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may be attributed to increasing illness severity and delayed administration of appropriate antibiotic therapy (3–6). Despite a potential increased mortality with aminoglycoside monotherapy, at least 80% of *P. aeruginosa* isolates remain susceptible to aminoglycosides such as amikacin; therefore, they may be prescribed for empirical treatment as part of combination therapy to appropriately extend the spectrum of antibiotic activity in settings with increased resistance rates (3–6).

One potential contributing factor to the apparent reduced efficacy of aminoglycosides is suboptimal dosing. Achieving an aminoglycoside maximum concentration to MIC ( $C_{\max}/\text{MIC}$ ) ratio of  $\geq 10$  or an area under the concentration-time curve to MIC (AUC/MIC) ratio of  $\geq 150$  reduces mortality and hastens symptom resolution (7, 8). Importantly, the risk of resistance emergence and potential treatment failure may be increased when bacteria are exposed to a  $C_{\max}/\text{MIC}$  of  $< 6$  (9). Moreover, in patients infected with carbapenem-resistant, aminoglycoside-susceptible *Klebsiella pneumoniae*, aminoglycosides have been associated with favorable outcomes, particularly when a therapeutic aminoglycoside exposure may be possible at the site of infection (bloodstream, vascular catheters, soft tissues, and/or urinary tract) (10).

Aminoglycoside dose optimization must also consider the potential effect of the bacterial inoculum, the immune response, and the potential toxicity of the dosing regimen. Approximately one-third of patients with VAP have a bacterial burden exceeding  $10^8$  CFU/ml (11, 12). Reducing this bacterial burden to  $< 1 \times 10^6$  CFU/ml may enable rapid granulocyte-mediated bacterial clearance and enhance symptom resolution (11–13). These factors may be particularly important in patients with Gram-negative bacillary pneumonia for two reasons. First, amikacin penetration into the epithelial lining fluid (ELF), the site of infection, is only approximately 10% of the plasma  $C_{\max}$  (14). Second, there may be limited treatment options available for multidrug-resistant bacteria should aminoglycoside therapy fail.

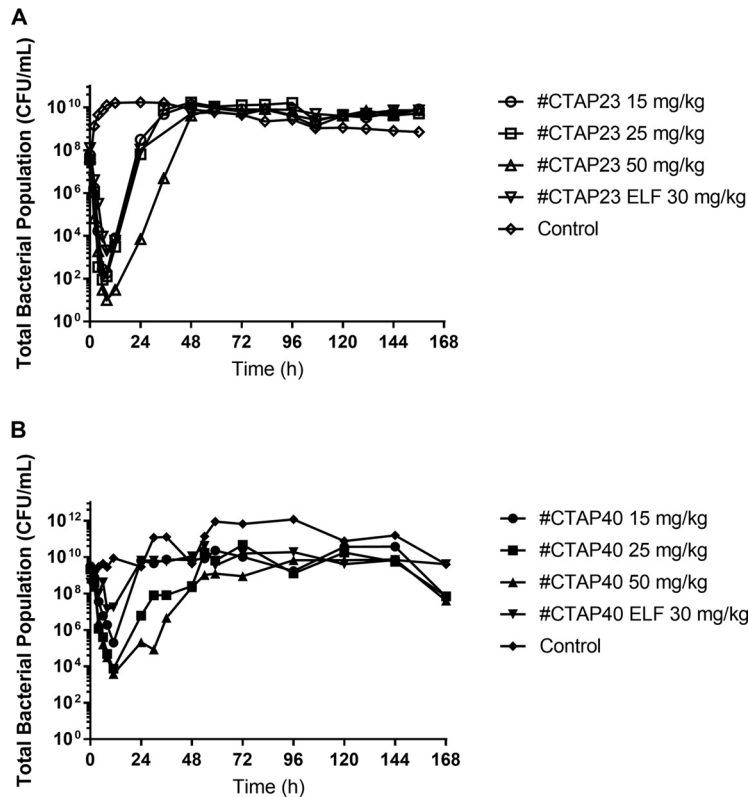
The aims of this study were 2-fold. First, to describe and quantify the time course of bacterial killing and emergence of resistance of two *P. aeruginosa* clinical isolates using the dynamic *in vitro* hollow-fiber infection model (HFIM) and semimechanistic mathematical modeling. Second, to determine amikacin dosing regimens that may enhance bacterial killing in both the bloodstream and ELF.

## RESULTS

***In vitro* susceptibility and mutational frequency studies.** The modal amikacin MIC for isolates CTAP23 and CTAP40 was 2 and 8 mg/liter, respectively. The mutation frequency for isolates CTAP23 and CTAP40 in the presence of 8 and 32 mg/liter of amikacin was  $6.77 \times 10^{-7}$  and  $1.05 \times 10^{-7}$ , respectively.

**Hollow-fiber infection model.** All intravenous amikacin dosing regimens against a simulated bloodstream *P. aeruginosa* infection resulted in a  $\geq 4$ -log reduction from the starting inoculum ( $10^8$  CFU/ml) during the first 8 h following the first dose of amikacin (Fig. 1). There was no appreciable difference in the rate or extent of bacterial killing between the 15, 25, and 50 mg/kg dosing regimens for isolate CTAP23 (MIC 2 mg/liter) (Fig. 1A). However, there was an approximate 1.5-log difference in the bacterial nadir between the 25 mg/kg and 50 mg/kg dosing regimens against isolate CTAP40 (MIC 8 mg/liter) (Fig. 1B). The total bacterial burden surpassed the baseline inoculum by 24 h for both isolates following administration of the 15 and 25 mg/kg dosing regimens. Only the 50 mg/kg dosing regimen for both isolates delayed the rate of bacterial regrowth, exceeding the baseline inoculum by 48 h (Fig. 1). Bacterial regrowth in the total population was mirrored by bacterial growth on amikacin-containing cation-adjusted Mueller-Hinton (CaMH) agar (Fig. 2). The MIC of the bacteria growing on amikacin-containing CaMH agar increased by a minimum of 8-fold after 7 days of amikacin administration for both isolates tested (Table 1).

A similar pattern was observed against the simulated ELF exposure. The total bacterial population was reduced by approximately 5 logs at 8 h after the initiation of the amikacin against isolate CTAP23 (MIC 2 mg/liter), which was followed by rapid



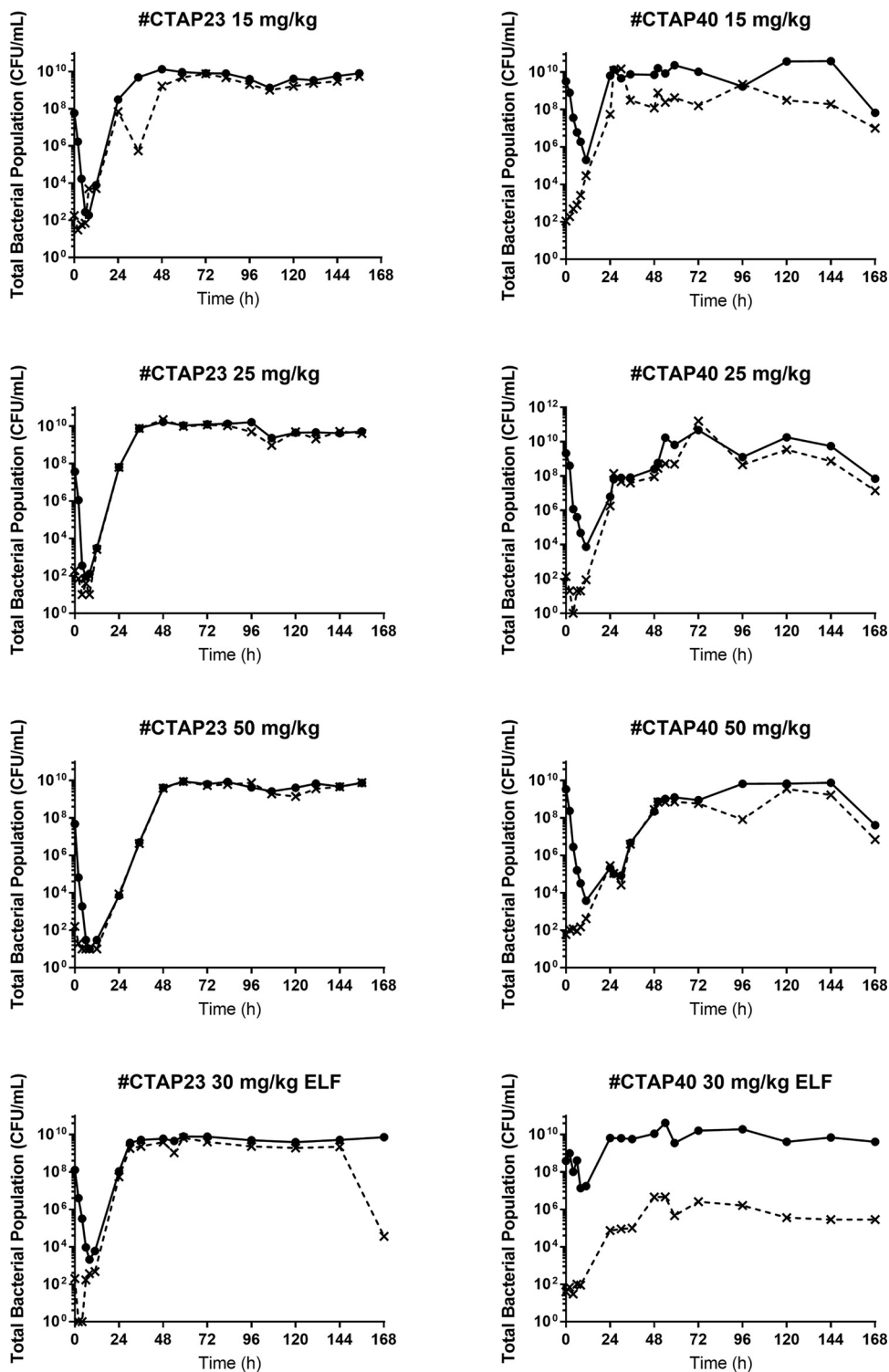
**FIG 1** Total bacterial population for different amikacin dosing regimen in either blood or the epithelial lining fluid (ELF) over 168 h for isolate CTAP23 (A) and isolate CTAP40 (B).

bacterial regrowth exceeding the baseline inoculum by 24 h, mirrored by growth on amikacin-containing CaMH agar (Fig. 1A; Fig. 2). Conversely, there was little appreciable bacterial killing against isolate CTAP40 (MIC 8 mg/liter), yet there was an increase in the growth on amikacin-containing CaMH agar (Fig. 2). There was no appreciable bacterial killing following subsequent dosing events after day 1 of amikacin in either the blood or ELF exposures in the HFIM. The observed amikacin concentrations for the simulated unbound plasma and ELF approximated the expected concentrations (graph A in Fig. 3 and 4).

**Comparative genomic analysis.** There were no resistance genes or single nucleotide polymorphisms (SNPs) associated with amikacin resistance identified in the progenitor strains or isolates CTAP23 or CTAP40 prior to amikacin commencement. *De novo* SNPs within the *fusA* ( $FusA_{Leu464Val}$ ) and *rplB* ( $RplB_{Gly138Leu}$ ) genes were identified in isolates that were exposed to the 25 and 50 mg/kg daily dosing regimens, respectively, for isolate CTAP23 (Table 2). No SNPs were identified following exposure to amikacin at 15 mg/kg. SNPs were identified in the *algA* and *tuf1* ( $Tuf1_{Val21Leu}$ ) genes for isolate CTAP40 following exposure to amikacin, with a small baseline bacterial subpopulation containing an *algA* ( $AlgA_{Ala279Asp}$ ) SNP.

**Pharmacokinetic/pharmacodynamic modeling.** Pharmacodynamic parameter estimates are detailed in Table 3. The average total bacterial population Bayesian posterior (model fitted estimate for each individual experimental arm) correlation coefficient ( $R^2$ ) was 0.97 and 0.78 for isolates CTAP23 (Fig. 3) and CTAP40 (Fig. 4) simulated blood exposures, respectively. Similar results were found for the resistant bacterial population (average Bayesian posterior  $R^2$  0.97 and 0.95 for isolates CTAP23 and CTAP40, respectively).

Classification and regression tree (CART) analysis identified similar area under the concentration-time curve for the unbound fraction ( $fAUC$ ) and  $C_{max}$  of the unbound fraction ( $fC_{max}$ ) thresholds for bacterial stasis for both isolates over 24 h, correlating



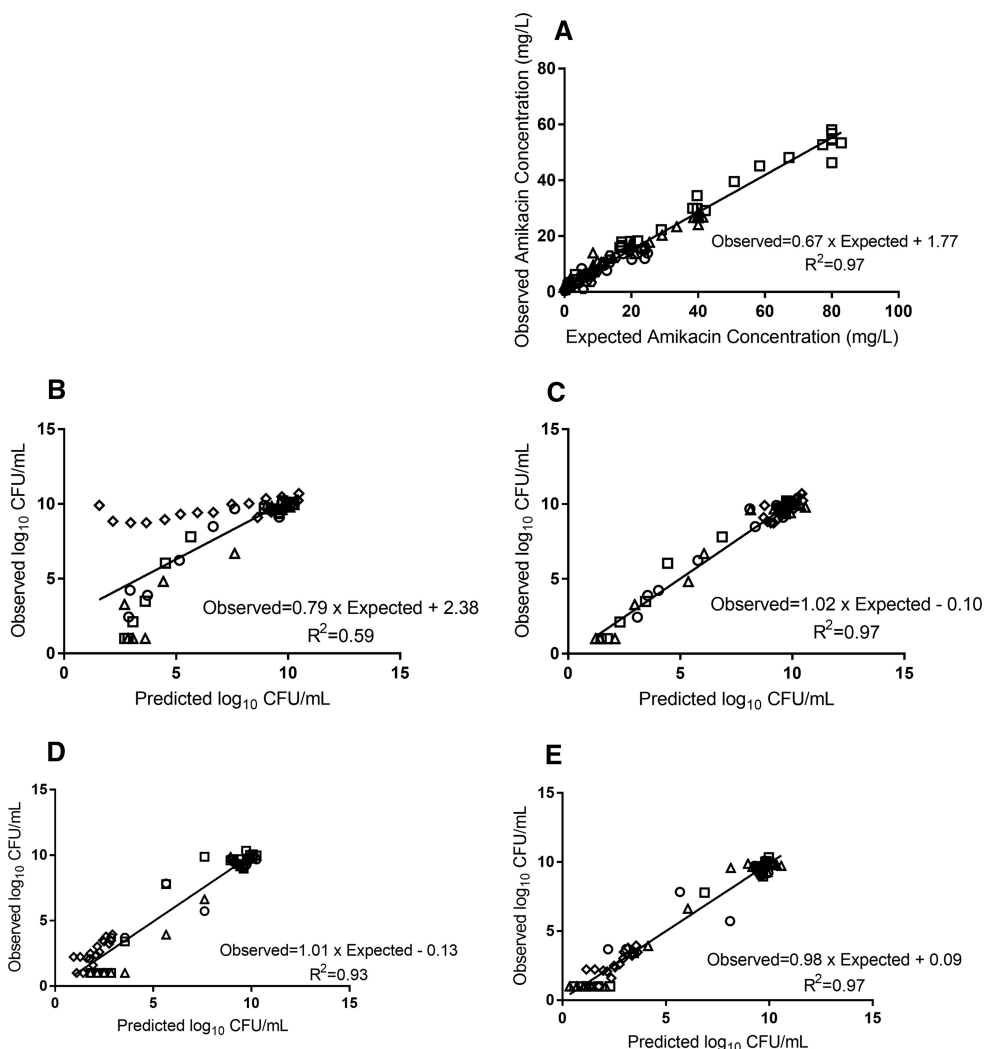
**FIG 2** Total bacterial population (filled lines) and resistant population (dashed lines) for isolates CTAP23 and CTAP40 in blood (amikacin dosing regimens of 15, 25, and 50 mg/kg) and epithelial lining fluid (amikacin dosing regimen of 30 mg/kg).

with a difference in the  $fAUC/MIC$  and the  $fC_{max}/MIC$  ratio relative to the MIC of the isolate (Table 4). However, no threshold was associated with a bacterial kill in the bloodstream of 1 or 2 logs over 24 h for isolate CTAP23. Amikacin-simulated  $fAUC$  and  $fC_{max}$  ELF exposures were increased relative to plasma for the same bacterial kill over

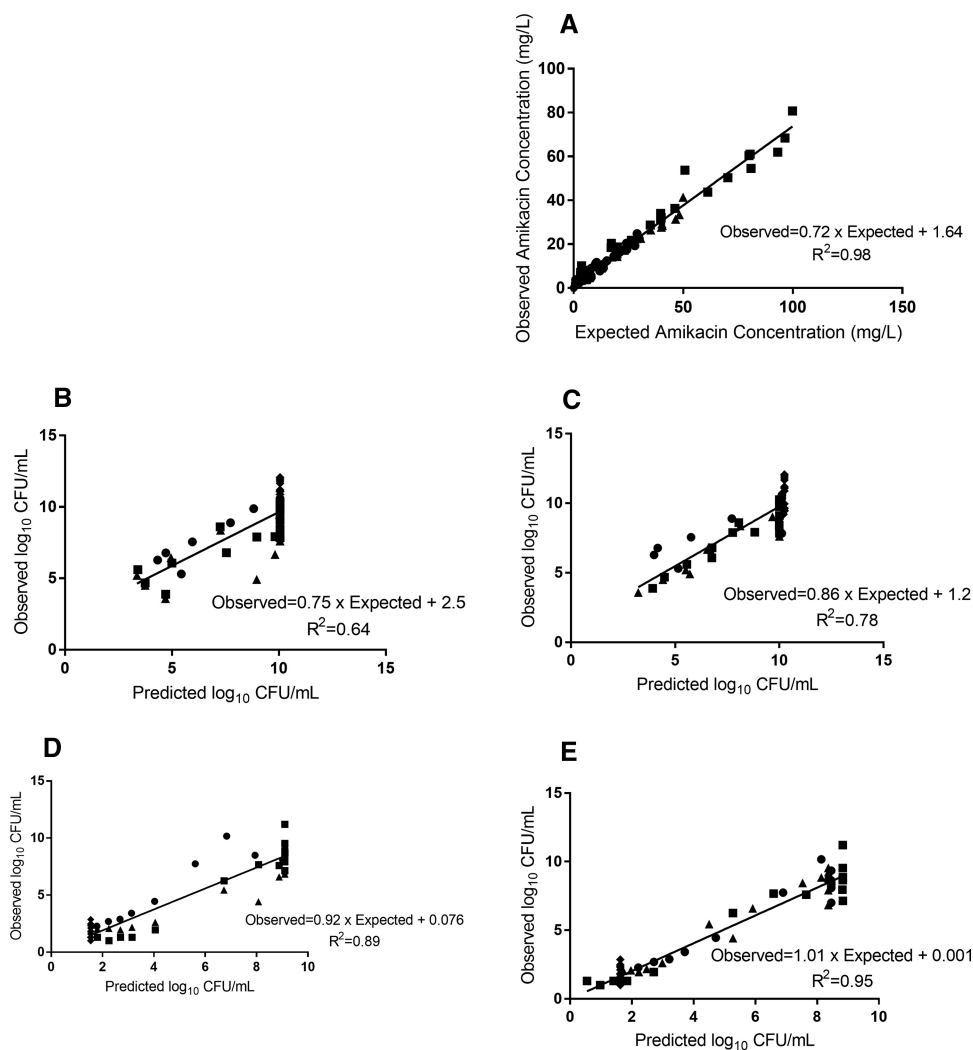
**TABLE 1** *Pseudomonas aeruginosa* amikacin MICs from isolates grown on amikacin-containing (4× baseline MIC) cation-adjusted Mueller-Hinton agar after the 7-day course

Isolate	Amikacin dose	MIC (mg/liter)
CTAP23	15 mg/kg	32
	25 mg/kg	32
	50 mg/kg	64
	30 mg/kg (ELF)	16
CTAP40	15 mg/kg	64
	25 mg/kg	128
	50 mg/kg	128
	30 mg/kg (ELF)	64

24 h and was increased for isolate CTAP23 (MIC 2 mg/liter) compared with isolate CTAP40 (MIC 8 mg/liter). The probability of achieving bacterial stasis, 1- and 2-log kill after 24 h was generally high in the ELF and the bloodstream when doses of ≥30 mg/kg were used (Table 5).



**FIG 3** Pharmacokinetic/pharmacodynamic model observed-predicted fit for isolate CTAP23. (A) Amikacin pharmacokinetic data. (B and C) Total bacterial population observed versus predicted values for the population (B) and posterior (C) estimates. (D and E) Resistant bacterial population observed versus predicted values for the population (D) and posterior (E) estimates. Doses of 15 mg/kg (circles), 25 mg/kg (triangles), and 50 mg/kg (squares); ELF exposure (hexagons); and control (diamonds).



**FIG 4** Pharmacokinetic/pharmacodynamic model observed-predicted fit for isolate CTAP40. (A) Amikacin pharmacokinetic data. (B and C) Total bacterial population observed versus predicted values for the population (B) and posterior (C) estimates. (D and E) Resistant bacterial population observed versus predicted values for the population (D) and posterior (E) estimates. Doses of 15 mg/kg (circles), 25 mg/kg (triangles), and 50 mg/kg (squares); ELF exposure (hexagons); and control (diamonds).

## DISCUSSION

This study investigated the bacterial killing and emergence of resistance of two susceptible *P. aeruginosa* isolates exposed to the expected pharmacokinetics of amikacin in blood and ELF. Following an initial bacterial kill of  $\geq 4$  logs within the first 8 h, there was extensive bacterial regrowth for both isolates, with negligible bacterial killing following the first dose. Our results support the current European Committee on Antimicrobial Susceptibility Testing (EUCAST) recommendation that aminoglycosides may be considered for short-term use in combination with another agent until the antibiotic susceptibilities are confirmed and that aminoglycoside dose optimization may enhance bacterial killing and enhance clinical outcomes (15).

In the current study, achieving a blood and ELF amikacin *fAUC* exposure of approximately  $>175$  (*fAUC*/MIC  $>21.87$ ) and  $>366$  mg · h/liter (*fAUC*/MIC  $>45.8$ ), respectively, may be sufficient to reduce the bacterial burden of some *P. aeruginosa* isolates to  $<10^6$  CFU/ml over 24 h. Such an exposure correlates to an amikacin dose of  $\geq 30$  mg/kg or  $\geq 50$  mg/kg daily for bloodstream or VAP infections, respectively, with susceptible *P. aeruginosa* pathogens in patients with normal creatinine clearance ( $\sim 100$  ml/min). However, this threshold may also vary between bacterial isolates, as the total bacterial

**TABLE 2** Variation identified in comparison to the initial starting strain in the isolates CTAP23 and CTAP40 lineages, where percentages reflect the prevalence of the mutation within the population<sup>a</sup>

Isolate and dose	<i>fusA_2_1390</i>	<i>rplB_413</i>	<i>rplB_412</i>	<i>algA_1_836</i>	<i>tuf1_1</i>
Isolate CTAP23					
Baseline	0%	0%	0%	ND	ND
15 mg/kg	0%	2%	2%	ND	ND
25 mg/kg	57%	4%	4%	ND	ND
50 mg/kg	0%	100%	100%	ND	ND
Isolate CTAP40					
Baseline	ND	ND	ND	13%	0%
15 mg/kg	ND	ND	ND	69%	55%
25 mg/kg	ND	ND	ND	98%	19%
50 mg/kg	ND	ND	ND	60%	0%

<sup>a</sup>ND, not detected.

burden within the first 12 h appears to be, in part, mediated by reducing the burden of the susceptible and intermediate-susceptibility bacterial populations by achieving the appropriate  $fAUC/MIC$  and/or  $fC_{max}/MIC$ . Thereafter, a resistant bacterial population against which amikacin has no effect may emerge. The emergence of resistance is likely dependent on the relative density of the intermediate/resistant subpopulation(s) in the initial total bacterial inoculum (the mutation frequency) and the propensity for mutations to occur that mediate emergence of resistance (16). At the high inoculum used in our study, it was expected based on the mutation frequency that a resistant subpopulation existed, which was subsequently amplified following amikacin administration. This may explain the differences in the identified thresholds for a 1- or 2-log reduction between the susceptible isolates used in this study, given that the relative susceptible/intermediate-resistant bacterial populations may differ between isolates. Our results are similar to that previously described against *P. aeruginosa* where a simulated gentamicin plasma with a  $C_{max}/MIC$  ratio of  $\geq 36$  was unable to suppress bacterial regrowth *in vitro* (9). However, against *Acinetobacter baumannii*, an amikacin  $C_{max}/MIC$  ratio of 20 suppressed bacterial regrowth, highlighting the variability in response to aminoglycoside exposure that may be, in part, determined by the inoculum size and preexisting intermediate-resistant subpopulations.

Higher ELF amikacin  $fAUC$  and  $fC_{max}$  exposures were required to achieve stasis, 1 and 2 logs of bacterial killing over 24 h, which may be related to the delayed and lower

**TABLE 3** Pharmacodynamic model parameter estimates<sup>a</sup>

Parameter	Abbreviation	Mean CTAP23 (SD)	Mean CTAP40 (SD)
Susceptible growth rate constant ( $\log_{10}$ CFU/ml/h)	$K_{gs}$	1.31 (0.11)	1.08 (0.20)
Intermediate growth rate constant ( $\log_{10}$ CFU/ml/h)	$K_{gr}$	0.40 (0.13)	0.60 (0.26)
Resistant growth rate constant ( $\log_{10}$ CFU/ml/h)	$K_{grr}$	0.69 (0.11)	0.55 (0.13)
Central compartment HFIM vol (liters)	$V_c$	0.32 (0.01)	0.26 (0.05)
Amikacin clearance (liters/h)	$C_l$	0.03 (0.00)	0.03 (0.00)
Susceptible killing rate constant ( $\log_{10}$ CFU/ml/h)	$E_{max,s}$	5.34 (1.50)	4.00 (3.01)
Intermediate killing rate constant ( $\log_{10}$ CFU/ml/h)	$E_{max,r}$	9.43 (3.19)	11.20 (2.10)
Amikacin conc. causing 50% $E_{max,s}$ (mg/liter)	$EC_{50s}$	11.61 (3.49)	11.10 (2.53)
Amikacin conc. causing 50% $E_{max,r}$ (mg/liter)	$EC_{50r}$	244.09 (149.73)	349.63 (79.19)
Susceptible Hill coefficient	$H_s$	6.00 (4.27)	11.04 (5.80)
Resistant Hill coefficient	$H_r$	3.42 (2.47)	7.71 (2.61)
Intermediate population initial condition (CFU/ml)	ICRe	211.05 (119.12)	320.48 (50.57)
Resistant population initial condition (CFU/ml)	ICRRe	29.46 (48.23)	25.81 (16.70)
Maximum substrate consumption	$Q_{max}$	0.81 (0.18)	0.59 (0.29)
Maximum available substrate	Substrate	$3.33 \times 10^{10}$ ( $2.22 \times 10^{10}$ )	$4.92 \times 10^{10}$ ( $2.75 \times 10^{10}$ )
Substrate conc. causing 50% $Q_{max}$	$Q_s$	$8.15 \times 10^5$ ( $9.61 \times 10^4$ )	$5.3 \times 10^5$ ( $1.69 \times 10^5$ )
Death rate constant susceptible population	$K_{ds}$	0.25 (0.15)	0.05 (0.04)
Death rate constant intermediate population	$K_{di}$	0.24 (0.18)	0.02 (0.03)
Death rate constant resistant population	$K_{dr}$	0.03 (0.02)	0.11 (0.32)

<sup>a</sup>The mean and standard deviation (SD) for each parameter and isolate were determined using the average and bootstrapped estimates, respectively, of the posterior model estimates for each dosing regimen.

**TABLE 4** Pharmacokinetic/pharmacodynamic exposures required for bacterial stasis, 1-log, and 2-log reduction in the total bacterial burden over 24 h<sup>a</sup>

Isolate	Infection site	Exposure target	Stasis (log <sub>10</sub> CFU/ml)	1-log kill (log <sub>10</sub> CFU/ml)	2-log kill (log <sub>10</sub> CFU/ml)
CTAP40	Blood	<i>f</i> AUC	108.81	124.70	174.95
		<i>f</i> AUC/MIC	13.60	15.59	21.87
		<i>f</i> C <sub>max</sub>	24.73	25.86	27.15
		<i>f</i> C <sub>max</sub> /MIC	3.09	3.23	3.39
	ELF	<i>f</i> AUC	328.21	342.69	366.42
		<i>f</i> AUC/MIC	41.03	42.84	45.80
		<i>f</i> C <sub>max</sub>	42.41	47.47	54.17
		<i>f</i> C <sub>max</sub> /MIC	5.30	5.93	6.77
CTAP23	Blood	<i>f</i> AUC	117.54	-	-
		<i>f</i> AUC/MIC	58.77	-	-
		<i>f</i> C <sub>max</sub>	26.41	-	-
		<i>f</i> C <sub>max</sub> /MIC	13.21	-	-
	ELF	<i>f</i> AUC	342.92	688.54	688.82
		<i>f</i> AUC/MIC	171.46	344.27	344.1
		<i>f</i> C <sub>max</sub>	47.04	42.40	47.81
		<i>f</i> C <sub>max</sub> /MIC	23.52	21.20	23.91

<sup>a</sup>-, no threshold was identified.

*f*C<sub>max</sub> achieved in the ELF relative to the plasma amikacin concentrations following intravenous administration, given the expected pharmacokinetic hysteresis between the bloodstream and ELF. Moreover, there was little bacterial killing against isolate CTAP40 (MIC 8 mg/liter) following a simulated intravenous 30 mg/kg dose (Fig. 2), suggesting that amikacin monotherapy will have little efficacy against higher-MIC isolates.

The identified PK/PD targets identified in our study differ to those observed in clinical studies. A previous clinical study in critically ill patients receiving intravenous amikacin demonstrated an increased chance of microbial eradication and clinical cure in patients who achieved a C<sub>max</sub>/MIC of >10 (9). A separate study identified a *f*AUC/MIC of ≥150 mg · h/liter correlated with faster symptom resolution in patients with nosocomial pneumonia (7, 8). The identified PK/PD ratios from our simulations in this study and clinical studies may be challenging to achieve with doses of <30 mg/kg (17, 18). As such, high-dose amikacin therapy (>30 mg/kg) may be considered. Limited clinical data exist for such dosing regimens, but doses of ≥60 mg/kg have been used as part of salvage therapy in conjunction with renal replacement therapy to minimize the probability of toxicity in a small case series (19). Furthermore, the use of a single dose of amikacin in patients with severe sepsis or septic shock may mitigate the risk of nephrotoxicity, which is unlikely to occur for an aminoglycoside duration of <3 days (20). Nevertheless, the use of such high doses would place the patient within an amikacin *f*AUC exposure that has previously been associated with a significant probability of developing nephrotoxicity; however, this is confounded by the different aminoglycosides used and a prolonged treatment duration (21). This approach should be evaluated in a clinical trial to ensure that both the target PK/PD exposures are met and to assess the potential clinical utility of high dose, short duration therapy in terms of patient morbidity and mortality.

Despite the achievement of these targets, resistance may still emerge with amikacin monotherapy. Amikacin resistance was identified for both isolates receiving doses up to 50 mg/kg within 48 h of amikacin initiation. Mutations affecting the ribosomal binding unit (RplB<sub>Gly138Leu</sub>), elongation factors (FusA<sub>Leu464Val</sub> and Tuf1<sub>Val21Leu</sub>), and mucoidal phenotype (AlgA<sub>Ala279Asp</sub>) appear to mediate this resistance, which is consistent with a previous study with tobramycin with similar SNPs within the *rpIB* and *fusA* genes that likely inhibit aminoglycoside binding to the 30S ribosomal subunit (22). The relevance of the AlgA mutant is not currently known; however, alteration of alginate production may modify biofilm formation, a known potentiator of antibiotic resistance emergence (23). These mutations were associated with an increased MIC; however, the



**TABLE 5** Probability of achieving either bacterial stasis, a 1-log reduction, or 2-log reduction in the total bacterial population within 24 h of commencing intravenous amikacin

Isolate	Infection site	Dose in mg/kg	Renal function (ml/min)	Stasis (log <sub>10</sub> CFU/ml)	1-log kill (log <sub>10</sub> CFU/ml)	2-log kill (log <sub>10</sub> CFU/ml)
CTAP40	Blood	15	60	1	1	1
		30	60	1	1	1
		50	60	1	1	1
		15	100	1	0.99	0.89
		30	100	1	1	1
		50	100	1	1	1
		15	140	0.90	0.52	0.16
		30	140	1	1	1
		50	140	1	1	1
	ELF	15	60	0	0	0
		30	60	0.93	0.44	0.03
		50	60	1	1	1
		15	100	0	0	0
		30	100	0.41	0.03	0
		50	100	1	1	1
		15	140	0	0	0
		30	140	0.02	0	0
		50	140	1	1	1
CTAP23	Blood	15	60	1	0	0
		30	60	1	0	0
		50	60	1	0	0
		15	100	0.99	0	0
		30	100	1	0	0
		50	100	1	0	0
		15	140	0.69	0	0
		30	140	1	0	0
		50	140	1	0	0
	ELF	15	60	0	0	0
		30	60	0.57	0	0
		50	60	1	0	0
		15	100	0	0	0
		30	100	0.06	0	0
		50	100	1	0	0
		15	140	0	0	0
		30	140	0	0	0
		50	140	1	0	0

relative MIC increase was similar following each dosing regimen. Furthermore, a specific mutation was not often consistently identified for all resistant bacterial populations following a specific amikacin dosing regimen. This would suggest that there are either multiple smaller subpopulations or that alternative resistance mechanisms, such as amikacin efflux, exist (24). Nonetheless, given the likely *de novo* emergence of resistance, it is unlikely that subsequent amikacin doses will achieve appreciable further bacterial killing (24). These results would support the notion that amikacin may enhance initial bacterial killing but should be combined with a second agent either empirically or as directed therapy to ensure bacterial eradication and minimize the probability of treatment failure.

Our study is not without limitations. First, the lack of a simulated immune response *in vitro* limits the external validity when applying our results to clinical practice. Nonetheless, as previously discussed, optimizing bacterial killing *in vitro* may generalize to optimal clinical outcomes (25). Moreover, our *in vitro* model and subsequent dosing simulations may best represent an immunocompromised patient. Second, only two clinical *P. aeruginosa* isolates were tested, therefore our results may not generalize to other infecting isolates. Third, the amikacin ELF concentration-time curve is estimated from other aminoglycosides, which may not reflect the exposures achieved for amikacin. This approach may be reasonable given the lack of amikacin-specific data and similar chemical structures between aminoglycosides. Nonetheless, further research

detailing the ELF pharmacokinetics of amikacin over a dosing interval are required; thus our results should be considered useful for generating hypotheses. Fifth, we did not perform whole-genome sequencing (WGS) on the various phenotypically distinct colonies. This may mean that specific resistance mechanisms may not be appropriately identified if they are present in a sparsely represented bacterial subpopulation. Last, we did not simulate the ELF milieu, which is known to contain mucin and an acidic pH, factors that are known to impact aminoglycoside-mediated bacterial killing (26–29). The impact of mucin was considered by simulating the estimated unbound amikacin fraction.

Future amikacin intravenous administration may be with the use of a single high dose ( $\geq 30$  mg/kg) of the antibiotic for patients with either bloodstream infections or VAP from multiresistant pathogens, such as *P. aeruginosa*, to improve the probability of bacterial eradication. However, this must be balanced with ongoing review of the amikacin doses required for clinical effectiveness against *P. aeruginosa*, where doses may result in unacceptable toxicity and combinations with other active antipseudomonal agents are preferred. Given the likely low efficacy of bacterial killing in the ELF following intravenous administration, alternate amikacin administration routes, such as nebulized therapy, may be considered. Clinical trials are required to define the optimal dosing regimen of amikacin for difficult-to-treat infections, such as VAP.

## MATERIALS AND METHODS

**Antimicrobial agents.** Amikacin analytical reference standards (Sigma-Aldrich, batch LRAA5755) were used for *in vitro* MIC susceptibility testing and preparing amikacin-containing CaMH agar plates. Commercially available amikacin vials (DBL amikacin sulfate 500 mg/2 ml, batch CO61221AA) stored at 4°C were used for hollow-fiber infection model (HFIM) dosing. Amikacin stock solutions were aseptically prepared in a class II biosafety cabinet by diluting amikacin with sterile distilled water and storing at  $-80^{\circ}\text{C}$ .

**Bacterial isolates.** Two clinical *P. aeruginosa* isolates (CTAP40 and CTAP23) were sourced from critically ill patients. Isolates were stored in CaMH broth with 20% glycerol vol/vol at  $-80^{\circ}\text{C}$  and were grown on CaMH agar and incubated at 37°C for 24 h prior to *in vitro* susceptibility testing and HFIM studies. A 0.5 McFarland bacterial suspension was prepared in sterile water using morphologically similar colonies and diluted in CaMH broth to the desired inoculum. For HFIM studies, bacteria were suspended in 40 ml of CaMH broth and incubated at 37°C with constant agitation for a duration of time based on previous growth curves to achieve a final inoculum of approximately  $10^8$  CFU/ml.

***In vitro* susceptibility testing.** Broth microdilution was performed in accordance with Clinical & Laboratory Standards Institute (CLSI) and the European Committee on Antimicrobial Susceptibility Testing (EUCAST) guidelines (30, 31). Briefly, a volume of bacteria suspended in CaMH broth (final inoculum  $5.5 \times 10^5$  CFU/ml) was added to a 96-well flat- or round-bottom plate containing serial 2-fold dilutions of amikacin in CaMH broth. Inoculated 96-well plates were incubated for 16 to 24 h at 37°C. Round-bottom plates were visually inspected for growth; the lowest amikacin concentration with no apparent growth was defined as the MIC. The MIC for the flat-bottom plates was determined using a Multiskan FC microplate photometer (Thermo Fisher Scientific, Finland), and defined as the concentration with an optical density (OD) ratio of  $<0.1$  of the growth control. The modal MIC of four replicates within an individual experiment for each method (CLSI and EUCAST) was selected as the isolate MIC.

**Mutation frequency.** A 10-ml culture of a  $10^2$  CFU/ml inoculum was incubated in CaMH broth for 24 h at 37°C. Quantitative culturing methods with diluted and undiluted samples were performed on the resultant bacterial growth using both standard CaMH agar and amikacin-containing CaMH agar (4-fold baseline MIC). The mutation frequency was taken as the ratio of the bacterial concentration growing on amikacin-containing plates to the initial inoculum after incubating for 48 h at 37°C.

**Hollow-fiber infection model.** The HFIM was assembled as described previously using FiberCell Systems polysulfone cartridges (C2011) in all experiments and conducted over 7 days (32, 33). One HFIM experiment was conducted for each dosing regimen and isolate combination with an initial bacterial concentration of  $1 \times 10^8$  CFU/ml.

Unbound amikacin blood exposures were simulated using the pharmacokinetic model derived by Romano et al., assuming an 80-kg patient with sepsis, a creatinine clearance of 100 ml/min, and 17% protein binding (34, 35). Amikacin dosing regimens of 15, 25, and 50 mg/kg once daily infused over 30 min were tested. High 50 mg/kg doses were also tested given that these doses have been previously used clinically (36). The ELF amikacin concentrations and resultant half-life in the HFIM apparatus were approximated using previous aminoglycoside ELF:serum ratios in conjunction with the established concentration-time curves for the blood amikacin exposure (14, 37, 38). In brief, the estimated unbound plasma concentration of amikacin was multiplied by the average ELF:serum penetration ratio (0.12, 0.3, 0.85, and 1.14) identified for other aminoglycosides (gentamicin and tobramycin) at the corresponding time points (0.5, 1, 2, and 4 h) (14, 37, 38). The ELF half-life (1.92 h) was derived from a noncompartmental analysis of the resultant concentration-time curve over the course of 24 h, which approximates that identified previously (39, 40). A mucin-bound fraction of 50% was assumed, representing a likely

worst-case scenario (26). An ELF amikacin exposure following an intravenous dose of 30 mg/kg once daily administered over 30 min was simulated.

Samples were periodically removed from the central compartment outlet at 0.25, 0.5, 0.45, 1, 2, 3, 4, 6, 8, 10, 12, 24, 25, 30, 36, 48, 49, 54, 60, 72, 73, 78, 84, 96, 120, 144, 145, and 156 h to determine the amikacin concentration for pharmacokinetic analysis. As the central compartment contents rapidly equilibrate with the hollow-fiber cartridge, the concentrations obtained in the central compartment reflect that in the hollow-fiber cartridge. Bacterial quantification was performed with periodic sampling at 0, 2, 4, 6, 8, 11, 24, 35, 48, 59, 72, 96, 120, 144, and up to 168 h from the cartridge extracapillary space. Samples were washed twice in phosphate-buffered saline to minimize antibiotic carry-over. A 100- $\mu$ l aliquot of an appropriately diluted bacterial suspension was manually plated onto CaMH agar and amikacin-containing CaMH agar (4-fold baseline isolate MIC). The limit of quantification was 2- $\log_{10}$  CFU/ml.

**Drug assay.** Amikacin was measured in CaMH broth by a validated liquid chromatography-mass spectrometry (LC-MS) method. Briefly, 50  $\mu$ l of a CaMH broth sample (neat or diluted) was combined with 50  $\mu$ l of water and 20  $\mu$ l of vancomycin (50 mg/liter) added as the internal standard. Amikacin was extracted using protein precipitation with 50  $\mu$ l of trichloroacetic acid (15%, vol/vol). Samples were centrifuged at 12,000  $\times g$  for 5 min and an aliquot of the supernatant (0.5  $\mu$ l) was injected onto a Nexera2 UHPLC system coupled to an 8030+ triple quadrupole MS detector (Shimadzu, Kyoto, Japan). Chromatographic separation was achieved using a Poroshell 120 HILIC column (Agilent, Santa Clara, USA) and a gradient of formic acid (0.2% [vol/vol]) and acetonitrile with 0.2% formic acid (vol/vol). Detection of amikacin and the internal standard was performed using an electrospray source in positive mode with optimized multiple reaction monitoring conditions for each analyte. Amikacin was monitored at three fragmentation ions (586.25  $\rightarrow$  163.10, 586.25  $\rightarrow$  264.15, and 586.25  $\rightarrow$  425.15) and vancomycin was monitored at two fragmentation ions (725.60  $\rightarrow$  144.10 and 746.10  $\rightarrow$  144.20).

Calibration lines of amikacin were quadratic with 1/concentration<sup>2</sup> weighting from 0.2 to 10 mg/liter with a maximum deviation from the nominal concentration of 2.1%. Mean intrabatch accuracy and precision values were -6.2% and 8.3% at 0.8 and 8 mg/liter, respectively.

**Whole-genome sequencing.** Bacterial isolates for whole-genome sequencing were subcultured onto amikacin-containing (4 $\times$  baseline MIC) CaMH agar, as the resistant bacterial population profile may be transient without the presence of amikacin. Bacterial DNA was extracted without single colony purification to capture population diversity using the DNeasy UltraClean DNA extraction kit in accordance with the manufacturer's directions and quantified using spectrophotometry (NanoDrop; Thermo Fisher) and fluorometry (Qubit; Thermo Fisher). Paired-end DNA libraries were prepared using the Nextera kit (Illumina; Australia) in accordance with the manufacturer's directions. Sequencing was performed using the Illumina Mini-Seq (150-bp paired ends). Improved draft genome assemblies were constructed for the two progenitor strains, isolates CTAP23 and CTAP40, using the microbial genome assembler pipeline (MGAP v1.1) (41), and annotated using Prokka v1.12 (42). The comparative genomics pipeline, SPANDEX v3.2.1 (43), was used to determine genomic variation using either the isolate CTAP23 or isolate CTAP40 as the reference genome, depending on the lineage analyzed. Within-species mixtures were analyzed using the GATK v4.1.0.0 (44) to identify mutations with less than 100% allele frequency using the method outlined in Aziz et al. (45).

**Mathematical pharmacokinetic/pharmacodynamic modeling.** All HFIM data from simulated bloodstream exposures were comodeled using Pmetrics for R version 1.5.2 considering the results of the whole-genome sequencing study (46, 47). The final structural model is described by equations 1 to 5 that describe amikacin pharmacokinetics and bacterial growth of three subpopulations. Model diagnostics, including the Akaike-information-criteria, log-likelihood, coefficient of determination ( $R^2$ ) from the observed versus expected plots, and visual-predictive-checks were used to evaluate and compare models.

$$\frac{dAmk}{dt} = R(1) - \left( \frac{CL}{V_c} \times Amk \right) \quad (1)$$

$$\frac{dCFU_s}{dt} = K_{g_{max,s}} \times CFU_s \times \left( \frac{Q_{max} \times Sub}{Q_s + Sub} \right) - CFU_s \times K_{kill_{max,s}} \times \left( \frac{\frac{Amk^{H_s}}{V_c}}{EC50_s^{H_s} + \frac{Amk^{H_s}}{V_c}} \right) - K_{ds} \times CFU_s \quad (2)$$

$$\frac{dCFU_i}{dt} = K_{g_{max,i}} \times CFU_i \times \left( \frac{Q_{max} \times Sub}{Q_s + Sub} \right) - CFU_i \times K_{kill_{max,i}} \times \left( \frac{\frac{Amk^{H_i}}{V_c}}{EC50_i^{H_i} + \frac{Amk^{H_i}}{V_c}} \right) - K_{di} \times CFU_i \quad (3)$$

$$\frac{dCFU_r}{dt} = K_{g_{max,r}} \times CFU_r \times \left( \frac{Q_{max} \times Sub}{Q_s + Sub} \right) - K_{dr} \times CFU_r \quad (4)$$

$$\frac{dSub}{dt} = - \left( \frac{Q_{max} \times Sub}{Q_s + Sub} \right) \times (CFU_s + CFU_i + CFU_r) \quad (5)$$

Equation 1 describes amikacin elimination. Equations 2, 3, and 4 describe the bacterial growth, including the theoretical maximal bacterial density and amikacin-mediated killing of the susceptible,

intermediate and resistant bacterial populations, respectively. Equation 5 describes the consumption of an artificial substrate (Sub) required for sustained bacterial growth.

Amk, amount of amikacin (mg);  $R(1)$ , amikacin infusion rate (mg/h); CL, amikacin clearance; Vc HFIM, circuit volume;  $CFU_{s,i}$ ,  $CFU_{i,i}$ , and  $CFU_{r,i}$  represent the bacterial burden for the susceptible, intermediate, and resistant *P. aeruginosa* subpopulations, respectively (CFU/ml);  $K_{gmax,s,i}$ ,  $K_{gmax,i,i}$ ,  $K_{gmax,r,i}$  maximal growth rate constants for the susceptible, intermediate, and resistant *P. aeruginosa* subpopulations, respectively ( $\log_{10}$  CFU/ml/h);  $K_{killmax,s}$  and  $K_{killmax,i}$  the maximum rate of amikacin-mediated bacterial killing ( $\log_{10}$  CFU/ml/h); Kds, Kdi, and Kdr, intrinsic bacterial death rate constants for the susceptible, intermediate, and resistant subpopulations, respectively ( $\log_{10}$  CFU/ml/h);  $EC50_s$  and  $EC50_i$ , amikacin concentration producing half-maximal bacterial killing for the susceptible and intermediate subpopulations, respectively; Sub, amount of a fictitious substance required for bacterial growth; Qmax, maximum rate of substance use; Qs, 50% of maximal substance use; Hs and Hi, slope functions for the susceptible and intermediate subpopulations, respectively.

Monte Carlo dosing simulation studies ( $n = 1,000$ ) were performed using Pmetrics. Mean pharmacokinetic parameter estimates, as well as standard deviations of the clearance and volume of distribution, were obtained from the study conducted by Romano et al. (34) and applied to the simulations for the pharmacodynamic model. Mean value pharmacodynamic model parameters were estimated for specific isolates and were used for simulations. Moreover, different creatinine clearance values were used to describe patients with low, normal, and high renal amikacin clearance. The  $fAUC$  within the first 24 h was calculated employing Pmetrics, which included both the period of infusion and the monoexponential decay. Classification and regression tree analyses (CART) were used to determine the amikacin  $fAUC$  (mg · h/liter) achieving stasis, 1-log, and 2-log reduction in the bacterial concentration within the first 24 h.

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